

All HK Inter-Secondary Schools Competition BOCHK Rugby Sevens Cup 2023-2024

Girls Senior Grade – Regulations

Date :

All HK Inter-Secondary Schools Competition – 28th Oct 2023 to 25th Nov 2023

1. System of Competition

Week 1 - 3 : Pool Games

The third and fourth ranking of each pool will be allotted to compete in the Bowl/Shield Final (9th – 16th Standings).

The first and second ranking of each pool will be allotted to compete in the Cup/Plate Final (1st – 8th Standings).

Week 4 : Knock Out Round, Semi Final and Final

2. Rules

Unless otherwise stated, the Laws of the Game by World Rugby with the Seven-a-side and Under 19 laws variations shall be applied.

3. Game Time

- 7-minute halves with a 1-minute break.

4. Classification of Teams :

- 3 points shall be awarded for a win, 1 point for a draw, 0 point for a loss, and -3 point for a forfeit/fail to take part (score as 28:0).
- Teams should be ready to play and fill out the team sheet before the start of each match, a walkover shall be awarded if a full team fails to commence at the scheduled time.
- No extra time in the preliminary round. In the event of a tie in total points, higher ranking shall be awarded to the team with a larger point difference in score;
- Should the tie persist, the "For" points shall be awarded with higher ranking;
- Should the tie persist, the winner of the match in which the two tied teams have played each other shall be awarded with a higher ranking;
- Should the tie persist, the winner will be determined by the toss of a coin.

5. Knockout Finals and Extra Time Period :

- In case of a draw in knockout stages, teams will be given a 1 minute break, the match shall continue with extra period of 5 minutes by using the Golden Goal Method, where the first team to score “points” will become the winner of the match.
- If the tie persists after the extra period, the first team that scored during regular period will be declared the winner of the match.
- In the case of another draw, the winner will be determined by the toss of a coin.

6. Kick Offs :

- First named team in accordance with the schedule will kick off the match.

7. Teams

- Due to the safety reason, an age banding of no more than 4 years biological age difference applies to all competitions of different grade. Students born on or after the particular year inside the parentheses listed below are NOT allow to take part in the competition respectively.
- Boys League – A Grade (on or after 2009),
B Grade (on or after 2012) and
C Grade (on or after 2014).
- Girls League – Senior Grade (on or after 2012) and
Junior Grade (on or after 2014).
- Each team shall consist of 12 players with 7 players on the field, and 5 reserve players. There must be at least 5 players present before the start of a match.
- Reserve players must wear the vest as provided at the reserve stand for identification.
- No limitation on substitutions and only be made when the ball is dead and with permission of the referee.

8. Reporting

- All players must produce their 2023-2024 Student Registration Cards when reporting.
- Teams should be ready to play and submit their TEAM SHEET to Competition Organizer 20 minutes before the competition, if a full team fails to commence at the scheduled time shall lead to a walkover.

9. Yellow card & Red card:

- Yellow Card: When a player has been cautioned and temporarily suspended for two minutes in a game the referee will show that player a yellow card. A player receives 2 yellow cards during same match, which equals to a red card, he/she will be sent off and suspended for the next match.
- Red Card: When a player has been sent off in a game, the referee will show that player a red card. And that player will be suspended for the next game.
- Suspension: When a player has received 3 yellow cards in accumulation, he / she will be suspended for the next game.

10. Uniform

- All players must wear SAME STYLE and SAME COLOUR shirts bearing school name/abbreviation/badge, each player shall be numbered at the back of his/her shirts.
- If a team fails to dress in uniformed shirts, all players must wear the playing shirts as provided by the organizer
- In case of clash of colour between competing teams, the team that requires change of shirts (provided by organizer) will be determined by the toss of coin.

11. Equipment

- All safety or protective gear used by players must be IRB/World Rugby approved.
- The organizer/referee has the right to suspend one's participation if a player fails to wear a mouth guard.

12. Protest

- The decision of the referees shall be final and no appeal will be accepted.