

# All HK Inter-Secondary Schools Competition BOCHK Rugby Sevens Cup 2023-2024

## Girls Junior Grade – Regulations

### Date :

All HK Inter-Secondary Schools Competition – 24<sup>th</sup> Feb to 27<sup>th</sup> Apr 2024

### 1. System of Competition

Week 1 - 2 : Pool Games

- The first and second ranking of each pool will be allotted to compete in the Cup Quarter Final
- Third place of each pool will be allotted to one group and compete in the playoff for the last two Cup Quarter Final spots.
- Fourth place will be allotted to compete in the Bowl Quarter Final and the fifth place of each pool will be allotted to compete in the Shield Final

Week 3 - 5 : Knock Out Round, Semi Final and Final

### 2. Rules

All events will be held in accordance with the Try Rugby 7s rules.

[https://www.hkrugby.com/images/Try\\_Rugby\\_Rules\\_revised-2\\_10Aug\\_230811\\_161330.pdf](https://www.hkrugby.com/images/Try_Rugby_Rules_revised-2_10Aug_230811_161330.pdf)

### 3. Game Time

- 7-minute halves with a 1-minute break.

### 4. Classification of Teams :

- 3 points shall be awarded for a win, 1 points for a draw, 0 point for a loss, and -3 point for a forfeit/fail to take part (score as 28:0).
- Teams should be ready to play and fill out the team sheet before the start of each match, a walkover shall be awarded if a full team fails to commence at the scheduled time.
- No extra time in the preliminary round. In the event of a tie in total points, higher ranking shall be awarded to the team with a larger point difference in score;
- Should the tie persists, the “For” points shall be awarded with higher ranking;
- Should the tie persists, the winner of the match in which the two tied teams have played each other shall be awarded with a higher ranking;
- Should the tie persists, the winner will be determined by the toss of a coin.

## **5. Knockout Finals and Extra Time Period :**

- In case of a draw in knockout stages, teams will be given a 1 minute break, the match shall continue with extra period of 5 minutes by using the Golden Goal Method, where the first team to score “points” will become the winner of the match.
- If the tie persists after the extra period, the first team that scored during regular period will be declared the winner of the match.
- In the case of another draw, the winner will be determined by the toss of a coin.

## **6. Kick Offs :**

- First named team in accordance with the schedule will kick off the match.

## **7. Teams**

- Each team shall consist of 12 players with 7 players on the field, and 5 reserve players. There must be at least 5 players present before the start of a match.
- Reserve players must wear the vest as provided at the reserve stand for identification.
- No limitation on substitutions and only be made when the ball is dead and with permission of the referee.

## **8. Reporting**

- All players must produce their 2023-2024 Student Registration Cards when reporting.
- Teams should be ready to play and submit their TEAM SHEET to Competition Organizer 20 minutes before the competition, if a full team fails to commence at the scheduled time shall lead to a walkover.

## **9. Yellow card & Red card:**

- Yellow Card: When a player has been cautioned and temporarily suspended for two minutes in a game the referee will show that player a yellow card. A player receives 2 yellow cards during same match, which equals to a red card, he/she will be sent off and suspended for the next match.
- Red Card: When a player has been sent off in a game, the referee will show that player a red card. And that player will be suspended for the next game.
- Suspension: When a player has received 3 yellow cards in accumulation, he / she will be suspended for the next game.

## **10. Uniform**

- All players must wear SAME STYLE and SAME COLOUR shirts bearing school name/abbreviation/badge, each player shall be numbered at the back of his/her shirts.
- If a team fails to dress in uniformed shirts, all players must wear the playing shirts as provided by the organizer
- In case of clash of colour between competing teams, the team that requires change of shirts (provided by organizer) will be determined by the toss of coin.

## **11. Equipment**

- All safety or protective gear used by players must be IRB/World Rugby approved.
- The organizer/referee has the right to suspend one's participation if a player fails to wear a mouth guard.

## **12. Protest**

- The decision of the referees shall be final and no appeal will be accepted.