

**The Hong Kong Schools Sports Federation**  
 Hong Kong Island and Kowloon Secondary Schools Regional Committee  
**Inter-School Athletics Competition**  
 Athletics Records (1951 - 2018)

(Last Updated : 9 April 2018)

Event	*	Grade	Record	Year	Holder	School	Remarks	
60m		Girls C	8.28	1979-1980	M. Tao	Diocesan Girls' School	Under 15 abolished in 1980-1981	
		Girls C	8.30	1973-1974	D. Chan	Island School	Under 15	
		Girls C	8.30	1972-1973	S. Friedman	King George V School	Under 15	
		Girls C	8.30	1971-1972	S. Friedman	King George V School	Under 15	
		Girls C	8.30	1964-1965	Mak Fung Ming	St. Stephen's Girls' College	Under 15	
		Girls C	8.30	1963-1964	Lo Wing Sim	Queen Elizabeth School	Under 15	
		Girls C	8.30	1963-1964	P. Baker	Diocesan Girls' School	Under 15	
		Boys D	8.50	1964-1965	Yim Ming Heng	Munsang College	Under 13	
	Boys D	8.50	1963-1964	P. Leadley	St. George's School	Under 13		
100m		Boys A	10.60	2017-2018	Tse Yee Hin Rico	St. Joseph's Anglo-Chinese School	Under 19	
		Boys A	10.73	2013-2014	Lee Chin Ting	STFA Cheng Yu Tung Secondary School	Under 19 Best Performance	
		Boys A	10.40	2007-2008	Lai Chun Ho	Diocesan Boys' School	Under 20	
		Boys A	10.51	1995-1996	Wong Man Lung	Wah Yan College (Kowloon)	Under 20	
		Boys A	10.74	1994-1995	Wong Man Lung	Wah Yan College (Kowloon)	Under 20	
		Boys A	10.80	1952-1953	S. Xavier	La Salle College	Under 20	
		Boys B	11.02	2016-2017	Ma Chi Fai	La Salle College	Under 16	
		Boys B	11.03	2007-2008	Ng Ka Fung	C&M Alliance Sun Kei Secondary School	Under 16	
		Boys B	11.04	2004-2005	Lai Chun Ho	Nam Wah Catholic Secondary School	Under 16	
		Boys B	11.43	2003-2004	Li Ka Yat	Pui Ching Middle School	Under 16	
		Boys B	11.52	1999-2000	Chan Lok Him	La Salle College	Under 16 Best Performance	
		Boys B	10.79	1995-1996	To Wai Lok	Diocesan Boys' School	Under 17	
		Boys B	11.07	1992-1993	Kevin Liu	La Salle College	Under 17	
		Boys B	11.15	1991-1992	Kevin Liu	La Salle College	Under 17	
		Boys B	11.19	1989-1990	Ku Wai Ming	St. Paul's College	Under 17	
		Boys B	11.19	1986-1987	Chau Wai Cheung	Delia Memorial School (Yuet Wah)	Under 17	
		Boys B	11.29	1979-1980	Yeung Ka Ming	Cheung Sha Wan Catholic Secondary School	Under 17	
		Boys B	11.30	1974-1975	Choi Wing Leung	Diocesan Boys' School	Under 17	
		*(1)	Boys B	11.60	1973-1974	Choi Wing Leung	Diocesan Boys' School	Under 17
			Boys B	11.50	1965-1966	David Lee	Diocesan Boys' School	Under 17
			Boys B	11.50	1963-1964	P. Chen	Diocesan Boys' School	Under 17
			Boys C	11.21	2008-2009	Wang Hao Yang	Diocesan Boys' School	Under 14
			Boys C	11.35	2007-2008	Tsu Ka Chon	La Salle College	Under 14
			Boys C	11.47	2007-2008	Li Lut Yin	La Salle College	Under 14
			Boys C	11.59	2006-2007	Tong Wai Chun	Diocesan Boys' School	Under 14
			Boys C	11.71	2003-2004	Chung Ho Bong	Diocesan Boys' School	Under 14
			Boys C	11.80	2002-2003	Cho Yat Nang	Ning Po No. 2 College	Under 14
			Boys C	11.87	2001-2002	Li Ka Yat	Pui Ching Middle School	Under 14
			Boys C	12.18	2000-2001	Tung Hing Lun	La Salle College	Under 14
			Boys C	12.19	1999-2000	Leung Sheung Yan	Diocesan Boys' School	Under 14 Best Performance
			Boys C	11.22	1990-1991	Kevin Liu	La Salle College	Under 15
			Boys C	11.52	1984-1985	Ho Kwok Wai	Yu Chun Keung Memorial College	Under 15
			Boys C	11.69	1983-1984	Ho Kwok Shu	Chong Gene Hang College	Under 15
			Boys C	11.75	1979-1980	Ng Kai Ho	Maryknoll Fathers' School	Under 15
			Boys C	11.92	1977-1978	Jerry Chang	Diocesan Boys' School	Under 15
			Boys C	12.00	1974-1975	Kung Wai Ling	Diocesan Boys' School	Under 15
		*(3)	Boys C	12.60	1967-1968	Hong Kam Cheung	King's College	Under 15
			Boys C	12.00	1964-1965	Augustin Sin	La Salle College	Under 15
			Boys D	13.60	1963-1964	Tam Man Tak	La Salle College	Under 13
			Girls A	11.85	2016-2017	Chan Pui Kei	Good Hope School	Under 19
			Girls A	12.55	2015-2016	Leung Yee Ting	Good Hope School	Under 19
			Girls A	12.62	2014-2015	Yeung Lok Hei Hazel	St. Paul's Convent School (Secondary Section)	Under 19
			Girls A	12.64	2013-2014	Chan Ka Sin	St. Clare's Girls' School	Under 19 Best Performance
		Girls A	11.99	2008-2009	Leung Hau Sze	Diocesan Girls' School	Under 20	
		Girls A	12.11	1994-1995	Wan Kin Yee	St. Stephen's College, Stanley	Under 20	
		Girls A	12.21	1993-1994	Wan Kin Yee	St. Stephen's College, Stanley	Under 20	
		Girls A	12.30	1985-1986	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 20	
		Girls A	12.41	1984-1985	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 20	
		Girls A	12.45	1983-1984	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 20	
		Girls A	12.53	1982-1983	Szeto Shuk Yee	New Method College (Kowloon)	Under 20	
		Girls A	12.60	1963-1964	Anna Hui	St. Stephen's Girls' College	Under 20	
		Girls B	11.89	2015-2016	Chan Pui Kei	Good Hope School	Under 16	
		Girls B	12.21	2004-2005	Natalie Armentrout	German Swiss International School	Under 16	
		Girls B	12.42	2002-2003	Pang Hok Man	Diocesan Girls' School	Under 16	
		Girls B	12.48	2001-2002	Pang Hok Man	Diocesan Girls' School	Under 16	

Event	*	Grade	Record	Year	Holder	School	Remarks	
100m		Girls B	12.75	2000-2001	Lai Tsui Shan	Heep Yunn School	Under 16	
		Girls B	13.06	1999-2000	Cheung Ka Wai	Heep Yunn School	Under 16 Best Performance	
		Girls B	12.29	1997-1998	Eleana Leung	Diocesan Girls' School	Under 17	
		Girls B	12.31	1988-1989	Phoebe Leung	Good Hope School	Under 17	
		Girls B	12.32	1987-1988	Phoebe Leung	Good Hope School	Under 17	
		Girls B	12.62	1979-1980	M. Hung	Maryknoll Convent School	Under 17	
		Girls B	12.86	1978-1979	Lok Suet Yee	Moral Training	Under 17	
		Girls B	12.90	1974-1975	S. Friedman	King George V School	Under 17	
		Girls B	13.00	1973-1974	P. Eden	Island School	Under 17	
		Girls B	13.10	1972-1973	F.Tung	Maryknoll Convent School	Under 17	
		Girls B	13.10	1972-1973	V.Neal	King George V School	Under 17	
		Girls B	13.10	1972-1973	C. O'Rourke	Island School	Under 17	
		Girls B	13.10	1962-1963	D. Carter	King George V School	Under 17	
		Girls C	12.48	2009-2010	Lo Ka Lam	Good Hope School	Under 14	
		Girls C	12.55	2003-2004	Poon Pak Yan	Good Hope School	Under 14	
		Girls C	12.85	2002-2003	Poon Pak Yan Aggie	Good Hope School	Under 14	
		Girls C	12.90	1999-2000	Lai Tsui Shan	Heep Yunn School	Under 14 Best Performance	
		Girls C	12.62	1986-1987	Phoebe Leung	Good Hope School	Under 15	
		Girls C	13.00	1972-1973	P. Eden	Island School	Under 15	
		Girls C	13.00	1972-1973	S. Friedman	King George V School	Under 15	
		Girls C	13.50	1971-1972	Lui Wai Bing	New Method College (Kowloon)	Under 15	
		Girls C	13.50	1971-1972	P. Eden	Island School	Under 15	
		Girls C	13.60	1967-1968	Susan Chao	Diocesan Girls' School	Under 15	
		Girls C	13.60	1966-1967	J. Wienphal	King George V School	Under 15	
		Girls C	13.70	1963-1964	E. Chan	Diocesan Girls' School	Under 15	
		Girls C	13.70	1960-1961	J. Peggs	King George V School	Under 15	
	200m		Boys A	21.91	2016-2017	Wong Cheuk Hei Herry	Yu Chun Keung Memorial College	Under 19
			Boys A	22.22	2014-2015	Lee Hong Kit	Diocesan Boys' School	Under 19
			Boys A	22.38	2013-2014	Lee Chin Ting	STFA Cheng Yu Tung Secondary School	Under 19 Best Performance
			Boys A	21.53	2006-2007	Lai Chun Ho	Diocesan Boys' School	Under 20
			Boys A	21.60	1996-1997	To Wai Lok	Diocesan Boys' School	Under 20
			Boys A	21.60	1963-1964	William Hill	Diocesan Boys' School	Under 20
		Boys A	21.80	1953-1954	S. Xavier	La Salle College	Under 20	
		Boys B	22.13	2009-2010	Chan Yan Lam	Diocesan Boys' School	Under 16	
		Boys B	22.50	2008-2009	Chan Yan Lam	Diocesan Boys' School	Under 16	
		Boys B	22.55	2004-2005	Lai Chun Ho	Nam Wah Catholic Secondary School	Under 16	
		Boys B	23.25	2002-2003	Cheng Ka Ming	St. Joan of Arc Secondary School	Under 16	
		Boys B	23.58	1999-2000	Chan Lok Him	La Salle College	Under 16 Best Performance	
		Boys B	22.32	1995-1996	To Wai Lok	Diocesan Boys' School	Under 17	
		Boys B	22.49	1993-1994	Leung Siu Pan	Diocesan Boys' School	Under 17	
		Boys B	22.50	1989-1990	Ku Wai Ming	St. Paul's College	Under 17	
		Boys B	22.77	1982-1983	Leung Wing Kwong	Rosaryhill School	Under 17	
		Boys B	23.00	1981-1982	Edwin Davison	King George V School	Under 17	
		Boys B	23.22	1979-1980	Ho Shu Chung	Diocesan Boys' School	Under 17	
		Boys B	23.57	1978-1979	Tsang Hing Tak	Pui Kiu Middle School	Under 17	
		Boys B	23.69	1976-1977	Michael Chan	La Salle College	Under 17	
		Boys B	23.70	1974-1975	F. Remedios	La Salle College	Under 17	
		*(1)	Boys B	24.60	1973-1974	M. Chan	La Salle College	Under 17
			Boys B	23.40	1965-1966	Yuen Kwong	Wah Yan College (Kowloon)	Under 17
			Boys B	24.20	1964-1965	Yuen Kwong	Wah Yan College (Kowloon)	Under 17
			Boys C	22.59	2007-2008	Chan Yan Lam	Diocesan Boys' School	Under 14
			Boys C	23.13	2006-2007	Chan Yan Lam	Diocesan Boys' School	Under 14
			Boys C	24.04	2002-2003	Lau Ho Chin	Diocesan Boys' School	Under 14
			Boys C	24.46	2001-2002	Li Ka Yat	Pui Ching Middle School	Under 14
			Boys C	24.86	2000-2001	Yu Ka Lung	St. Stephen's College, Stanley	Under 14
			Boys C	24.96	1999-2000	Tse Ho Fu	Cheung Sha Wan Catholic Secondary School	Under 14 Best Performance
			Boys C	23.00	1990-1991	Kevin Liu	La Salle College	Under 15
			Boys C	23.81	1985-1986	Chow Chak Kwan	Wah Yan College (Hong Kong)	Under 15
			Boys C	23.84	1984-1985	Ho Kwok Wai	Yu Chun Keung Memorial College	Under 15
			Boys C	23.97	1979-1980	Ng Kai Ho	Maryknoll Fathers' School	Under 15
			Boys C	24.30	1977-1978	Jerry Chang	Diocesan Boys' School	Under 15
		*(3)	Boys C	26.80	1967-1968	Gerald Cruz	La Salle College	Under 15
			Boys C	24.40	1964-1965	Augustin Sin	La Salle College	Under 15
			Boys D	28.60	1963-1964	P.Leadley	St. George's School	Under 13
			Boys D	28.60	1960-1961	Scourfield	St. George's School	Under 12
			Girls A	25.01	2017-2018	Chan Pui Kei	Good Hope School	Under 19
			Girls A	25.03	2016-2017	Chan Pui Kei	Good Hope School	Under 19
			Girls A	25.59	2015-2016	Poon Hang Wai	Good Hope School	Under 19
		Girls A	25.72	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School	Under 19	
		Girls A	26.31	2013-2014	Lo Ka Lam	Good Hope School	Under 19 Best Performance	
		Girls A	24.93	2006-2007	Leung Hau Sze	Diocesan Girls' School	Under 20	

Event	*	Grade	Record	Year	Holder	School	Remarks	
200m		Girls A	25.25	1993-1994	Wan Kin Yee	St. Stephen's College, Stanley	Under 20	
		Girls A	25.29	1985-1986	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 20	
		Girls A	25.86	1983-1984	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 20	
		Girls A	26.01	1981-1982	To Moon Chi	Chan Shu Kui Memorial School	Under 20	
		Girls A	26.13	1979-1980	E. Buckley	King George V School	Under 20	
		Girls A	26.70	1965-1966	Anna Hui	St. Stephen's Girls' College	Under 20	
		Girls A	27.60	1963-1964	J. Peggs	King George V School	Under 20	
		Girls B	24.96	2015-2016	Chan Pui Kei	Good Hope School	Under 16	
		Girls B	25.22	2001-2002	Sarah Shuttleworth	King George V School	Under 16	
		Girls B	27.14	2000-2001	Joan Ng	Maryknoll Convent School	Under 16	
		Girls B	27.22	1999-2000	Cheung Ka Wai	Heep Yunn School	Under 16 Best Performance	
		Girls B	25.48	1987-1988	Phoebe Leung	Good Hope School	Under 17	
		Girls B	26.58	1982-1983	Ng Ka Yi	St. Catherine's School for Girls, Kwun Tong	Under 17	
		Girls B	26.80	1975-1976	Tse Wah Sau	Buddhist Wong Fung Ling College	Under 17	
		Girls B	26.90	1972-1973	V. Neal	King George V School	Under 17	
		Girls B	27.40	1971-1972	D. Noren	Hong Kong International School	Under 17	
		Girls B	27.60	1967-1968	A. Christian	Hong Kong International School	Under 17	
		Girls B	27.90	1965-1966	Tse Sin Sin	Kiangsu Chekiang College	Under 17	
		Girls B	28.10	1963-1964	M. Kemp	King George V School	Under 17	
		Girls C	25.85	2011-2012	Poon Hang Wai	Good Hope School	Under 14	
		Girls C	26.02	2008-2009	Yan Hoi Tung Abby	Maryknoll Convent School	Under 14	
		Girls C	26.07	2003-2004	Poon Pak Yan	Good Hope School	Under 14	
		Girls C	26.58	2002-2003	Natalie Armentrout	German Swiss International School	Under 14	
		Girls C	27.17	2000-2001	Pang Hok Man	Diocesan Girls' School	Under 14	
		Girls C	27.38	1999-2000	Pang Hok Man	Diocesan Girls' School	Under 14 Best Performance	
		Girls C	26.52	1989-1990	K. Vanden Bosch	King George V School	Under 15	
		Girls C	26.53	1986-1987	Phoebe Leung	Good Hope School	Under 15	
		Girls C	26.98	1978-1979	Szeto Shuk Yee	New Method College	Under 15	
		Girls C	27.44	1975-1976	E. Buckley	King George V School	Under 15	
		Girls C	27.60	1973-1974	L. Cahoon	Hong Kong International School	Under 15	
		Girls C	27.70	1972-1973	P. Eden	Island School	Under 15	
		Girls C	27.90	1967-1968	Pamela Ball	Island School	Under 15	
	400m		Boys A	49.92	2015-2016	Ajaz-UI-Haq	St. Margaret's Co-Educational English Secondary and Primary School	Under 19
		Boys A	50.32	2014-2015	Chan Ken	Diocesan Boys' School	Under 19	
		Boys A	51.03	2013-2014	Ajaz UI Haq	St. Margaret's Co-Educational English Secondary and Primary School	Under 19 Best Performance	
		Boys A	49.10	1963-1964	William Hill	Diocesan Boys' School	Under 20	
		Boys A	54.00	1953-1954	Leung Kam Boh	St. Joseph's College	Under 20	
		Boys A	54.00	1950-1951	Lo Wing Chuen	La Salle College	Under 20	
		Boys B	49.72	2009-2010	Chan Yan Lam	Diocesan Boys' School	Under 16	
		Boys B	50.06	2008-2009	Chan Yan Lam	Diocesan Boys' School	Under 16	
		Boys B	51.63	2007-2008	Daniel St. Paul	King George V School	Under 16	
		Boys B	52.74	2006-2007	Lau Tsz Wang	C&M Alliance Sun Kei Secondary School	Under 16	
		Boys B	52.77	2004-2005	Cheng Chi Kin	La Salle College	Under 16	
		Boys B	53.00	2002-2003	Cheng Ka Ming	St. Joan of Arc Secondary School	Under 16	
		Boys B	53.29	2001-2002	Wan Lap Tsun	Yu Chun Keung Memorial College	Under 16	
		Boys B	53.84	1999-2000	Chan Yuen Fung	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	50.25	1989-1990	Wong Wai Kuen	Diocesan Boys' School	Under 17	
		Boys B	51.55	1988-1989	Wong Pui Hung	Diocesan Boys' School	Under 17	
		Boys B	51.86	1981-1982	Edwin Davison	King George V School	Under 17	
		Boys B	52.19	1980-1981	Sung Ka Chun	Chan Sui Ki (La Salle) College	Under 17	
		Boys B	52.69	1979-1980	Yu Yee Yin	New Method College	Under 17	
		Boys B	52.80	1974-1975	F. Remedios	La Salle College	Under 17	
		*(1)	Boys B	54.40	1973-1974	F. Remedios	La Salle College	Under 17
			Boys B	53.20	1965-1966	Yuen Kwong	Wah Yan College, Kowloon	Under 17
			Boys B	54.60	1960-1961	R. To	Diocesan Boys' School	Under 17
			Boys C	51.23	2007-2008	Chan Yan Lam	Diocesan Boys' School	Under 14
			Boys C	52.91	2006-2007	Chan Yan Lam	Diocesan Boys' School	Under 14
			Boys C	55.28	2002-2003	Lau Ho Chin	Diocesan Boys' School	Under 14
			Boys C	57.11	2001-2002	Wong Man Chun	TWGHs Lui Yun Choy Memorial College	Under 14
			Boys C	57.27	2000-2001	Hung Ka Lung	Chong Gene Hang College	Under 14
			Boys C	58.84	1999-2000	Law Pak Kwan	TWGHs Lui Yun Choy Memorial College	Under 14 Best Performance
			Boys C	52.82	1993-1994	Au Ying Man	La Salle College	Under 15
			Boys C	53.82	1985-1986	Alan Lei	La Salle College	Under 15
			Boys C	54.34	1983-1984	Joseph Wong	Diocesan Boys' School	Under 15
			Boys C	54.36	1980-1981	Poon La Ming	La Salle College	Under 15
		Boys C	55.69	1979-1980	Li Siu Lung	Cheung Sha Wan Catholic Secondary School	Under 15	
		Boys C	56.30	1974-1975	F. Pereiria	La Salle College	Under 15	
		*(3)	Boys C	60.40	1967-1968	Adrian So	La Salle College	Under 15
		Boys C	57.80	1965-1966	Chiu Man Sang	Munsang College	Under 15	
		Boys C	59.00	1964-1965	Wan On	Tung Wah Hospital	Under 15	

Event	*	Grade	Record	Year	Holder	School	Remarks	
400m		Girls A	57.37	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School	Under 19	
		Girls A	59.70	2013-2014	Lam Christy Ho Yan	Diocesan Girls' School	Under 19 Best Performance	
		Girls A	58.10	2011-2012	Lui Lai Yiu	Pui Ching Middle School	Under 20	
		Girls A	58.29	1998-1999	Eleana Leung	Diocesan Girls' School	Under 20	
		Girls A	58.67	1994-1995	Wan Kin Yee	St. Stephen's College, Stanley	Under 20	
		Girls A	58.93	1989-1990	A. Noble	King George V School	Under 20	
		Girls A	59.64	1979-1980	E. Buckley	King George V School	Under 20	
		Girls A	60.40	1974-1975	A. Dewar	Island School	Under 20	
		Girls A	61.70	1968-1969	A. Chrisian	Hong Kong International School	Under 20	
		Girls A	74.40	1967-1968	Stella Lee	Diocesan Girls' School	Under 20	
		Girls B	57.29	2001-2002	Sarah Shuttleworth	King George V School	Under 16	
		Girls B	57.62	2000-2001	Sarah Shuttleworth	King George V School	Under 16	
		Girls B	1:04.78	1999-2000	Vivian Tse	Good Hope School	Under 16 Best Performance	
		Girls B	58.98	1988-1989	A. Noble	King George V School	Under 17	
		Girls B	58.99	1987-1988	A. Noble	King George V School	Under 17	
		Girls B	60.08	1984-1985	Alison Lees	King George V School	Under 17	
		Girls B	61.61	1983-1984	Alison Lees	King George V School	Under 17	
		Girls B	61.72	1979-1980	S. Torgersen	Hong Kong International School	Under 17	
		Girls B	62.70	1970-1971	C. Ross	King George V School	Under 17	
		Girls B	63.00	1967-1968	A. Christian	Hong Kong International School	Under 17	
		Girls C	58.78	1999-2000	Sarah Shuttleworth	King George V School	Under 14	
		Girls C	59.14	1986-1987	A. Noble	King George V School	Under 15	
		Girls C	1:00.18	1982-1983	Alison Lees	King George V School	Under 15	
		Girls C	1:03.74	1979-1980	S. Smith	King George V School	Under 15	
		Girls C	1:04.22	1978-1979	Chung Lai Lai	Bellios Public School	Under 15	
		Girls C	1:05.97	1977-1978	A. Murphy	Island School	Under 15	
	800m		Boys A	1:55.58	2015-2016	Leung Ho Chun	Wah Yan College (Kowloon)	Under 19
			Boys A	1:58.78	2014-2015	Lau Chak Kuen	Yu Chun Keung Memorial College	Under 19
			Boys A	2:02.95	2013-2014	Ross Mason	West Island School	Under 19 Best Performance
			Boys A	1:57.77	2011-2012	Lee Cho Wai Jimmy	Diocesan Boys' School	Under 20
		Boys A	1:57.89	2003-2004	Lau Tak Lung	Lingnan Hang Yee Memorial Secondary School	Under 20	
		Boys A	2:00.19	1991-1992	To Sze Wai	Chan Sui Ki (La Salle) College	Under 20	
		Boys A	2:00.79	1985-1986	Chung Chun Bong	Salesian English School	Under 20	
		Boys A	2:0.80	1980-1981	Howard Ackford	Island School	Under 20	
		Boys A	2:1.40	1960-1961	T. Robertson	King George V School	Under 20	
		Boys A	2:5.50	1952-1953	Lee Shu Chung	La Salle College	Under 20	
		Boys B	2:00.69	2012-2013	Yeung Chi Ho	Creative Secondary School	Under 16	
		Boys B	2:01.00	2010-2011	Li Tsz Hei	La Salle College	Under 16	
		Boys B	2:03.35	2007-2008	Ng Tak Wo	Choi Hung Estate Catholic Secondary School	Under 16	
		Boys B	2:04.87	2005-2006	Chan Shun Hong	Cheung Sha Wan Catholic Secondary School	Under 16	
		Boys B	2:06.17	2004-2005	Yeung Chi Wing	Lingnan Hang Yee Memorial Secondary School	Under 16	
		Boys B	2:06.67	2000-2001	Lau Tak Lung	Lingnan Hang Yee Memorial Secondary School	Under 16	
		Boys B	2:10.63	1999-2000	Lai Chun Man	Chong Gene Hang College	Under 16 Best Performance	
		Boys B	2:03.69	1992-1993	Lau Chun Yip	Lai Chack Middle School	Under 17	
		Boys B	2:04.62	1985-1986	Liam Shoridge	Island School	Under 17	
		Boys B	2:04.73	1982-1983	Poon Ka Ming	La Salle College	Under 17	
		Boys B	2:05.70	1981-1982	Poon Ka Ming	La Salle College	Under 17	
		Boys B	2:06.10	1979-1980	H. Ackford	Island School	Under 17	
		Boys B	2:07.90	1974-1975	Chan Chi Fung	Pui Ching Middle School	Under 17	
		* (1)	Boys B	2:10.70	1973-1974	Lui Yuen Yee	Maryknoll Fathers' School	Under 17
			Boys B	2:10.20	1972-1973	J. Ozorio	King George V School	Under 17
			Boys B	2:10.80	1971-1972	Leung Dip Choi	Diocesan Boys' School	Under 17
			Boys B	2:11.60	1969-1970	Ho Shing Cheong	Diocesan Boys' School	Under 17
			Boys B	2:12.60	1965-1966	Ngan Wai Kwong	Pui Kiu Middle School	Under 17
			Boys B	2:13.20	1964-1965	Chan Ka Kin	Perth Street	Under 17
			Boys C	2:08.20	2003-2004	On Sing Chuen	Diocesan Boys' School	Under 14
			Boys C	2:09.40	2002-2003	On Sing Chuen	Diocesan Boys' School	Under 14
			Boys C	2:16.15	2000-2001	Chan Ye Ko	La Salle College	Under 14
			Boys C	2:17.24	1999-2000	Lee Chak Yan	TWGHs Wong Fut Nam College	Under 14 Best Performance
			Boys C	2:08.46	1983-1984	Joseph Wong	Diocesan Boys' School	Under 15
			Boys C	2:09.95	1982-1983	R. Thatcher	Island School	Under 15
			Boys C	2:10.00	1980-1981	Poon Ka Ming	La Salle College	Under 15
		* (2)	Boys C	2:15.45	1979-1980	J. Lenell	Hong Kong International School	Under 15
			Boys C	2:11.17	1978-1979	William Lee	La Salle College	Under 15
			Boys C	2:15.60	1977-1978	Farkas	Island School	Under 15
			Boys C	2:16.20	1970-1971	Jeremy Ozorio	King George V School	Under 15
	* (3)	Boys C	2:26.20	1966-1967	Ng Yuen Ming	Diocesan Boys' School	Under 14	
		Boys C	2:19.50	1965-1966	Leslie Laing	Diocesan Boys' School	Under 15	
		Boys C	2:20.90	1964-1965	Wu Tak Sang	Kowloon Technical School	Under 15	

Event	*	Grade	Record	Year	Holder	School	Remarks	
800m		Girls A	2:17.06	2014-2015	Chan Yee Ki	Diocesan Girls' School	Under 19	
		Girls A	2:21.06	2013-2014	Chan Yee Ki	Diocesan Girls' School	Under 19 Best Performance	
		Girls A	2:17.41	2011-2012	Chan Yee Ki	Diocesan Girls' School	Under 20	
		Girls A	2:18.30	1993-1994	Chan Man Yee	Heep Yunn School	Under 20	
		Girls A	2:20.78	1989-1990	A. Noble	King George V School	Under 20	
		Girls A	2:22.80	1980-1981	G. Simpson	St. George's School	Under 20	
		Girls A	2:24.96	1979-1980	S. Robertson	Island School	Under 20	
		Girls A	2:28.60	1978-1979	Ko Kit Fong	Heung To Middle School (Tai Hang Tung)	Under 20	
		Girls A	2:35.29	1977-1978	E. Sweitzer	Hong Kong International School	Under 20	
		Girls A	2:39.57	1975-1976	L. Everett	St. George's School	Under 20	
		Girls A	2:46.90	1974-1975	Betsy Templeton	Hong Kong International School	Under 20	
		Girls B	2:15.76	2000-2001	Sarah Shuttleworth	King George V School	Under 16	
		Girls B	2:16.76	1999-2000	Amie Shuttleworth	King George V School	Under 16 Best Performance	
		Girls B	2:15.44	1995-1996	Alli Li	Good Hope School	Under 17	
		Girls B	2:18.92	1994-1995	Alli Li	Good Hope School	Under 17	
		Girls B	2:21.51	1990-1991	S. Van Tassel	King George V School	Under 17	
		Girls B	2:22.60	1987-1988	A. Noble	King George V School	Under 17	
		Girls B	2:23.25	1979-1980	G. Simpson	St. George's School	Under 17	
		Girls B	2:27.13	1977-1978	Sara Robertson	Island School	Under 17	
		Girls B	2:34.19	1975-1976	Sara Robertson	Island School	Under 17	
		Girls C	2:19.72	1999-2000	Sarah Shuttleworth	King George V School	Under 14	
		Girls C	2:21.54	1989-1990	S. Van Tassel	King George V School	Under 15	
		Girls C	2:25.49	1986-1987	A. Noble	King George V School	Under 15	
		Girls C	2:27.65	1983-1984	Karen Griffiths	Island School	Under 15	
		Girls C	2:29.26	1981-1982	G. Tully	Island School	Under 15	
		Girls C	2:38.85	1980-1981	H. Cleland	St. George's School	Under 15	
	1500m		Boys A	4:06.23	2015-2016	Wong Tsz To	Diocesan Boys' School	Under 19
			Boys A	4:10.38	2013-2014	Harry Loasby	West Island School	Under 19 Best Performance
			Boys A	4:05.76	2003-2004	Lau Tak Lung	Lingnan Hang Yee Memorial Secondary School	Under 20
			Boys A	4:08.99	1983-1984	David Cowan	South Island School	Under 20
			Boys A	4:11.87	1981-1982	Greg Smith	Hong Kong International School	Under 20
			Boys A	4:16.02	1979-1980	David Williams	King George V School	Under 20
			Boys A	4:17.10	1970-1971	G. Horstead	Island School	Under 20
		Boys A	4:18.10	1968-1969	A. Koperberg	Hong Kong International School	Under 20	
		Boys A	4:26.40	1957-1958	A. Morris	Diocesan Boys' School	Under 20	
		Boys A	4:27.10	1952-1953	Lee Shu Chung	La Salle College	Under 20	
		Boys B	4:12.07	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School	Under 16	
		Boys B	4:15.13	2013-2014	Wong Tsz To	Diocesan Boys' School	Under 16	
		Boys B	4:18.96	2009-2010	Wong Perry	La Salle College	Under 16	
		Boys B	4:19.04	2002-2003	Ricco Chan	La Salle College	Under 16	
		Boys B	4:24.15	2001-2002	Ricco Chan	La Salle College	Under 16	
		Boys B	4:26.21	1999-2000	Patrick Drabczynski	The South Island School	Under 16 Best Performance	
		Boys B	4:18.43	1982-1983	David Cowan	South Island	Under 17	
		Boys B	4:22.47	1979-1980	Tang Chi Chung	Chong Gene Hang College	Under 17	
		Boys B	4:28.30	1974-1975	Chu Wai Hung	Diocesan Boys' School	Under 17	
		*(1)	Boys B	4:40.80	1973-1974	Lui Yuen Yee	Maryknoll Fathers' School	Under 17
			Boys B	4:33.40	1965-1966	Ngan Wai Kwong	Pui Kiu Middle School	Under 17
			Boys B	4:46.00	1964-1965	Chan Wai Keung	Hong Kong Sea School	Under 17
			Boys C	4:31.24	2007-2008	Wong Perry	La Salle College	Under 14
			Boys C	4:31.24	2007-2008	Chung Man Kin	Wah Yan College (Kowloon)	Under 14
			Boys C	4:34.52	2007-2008	Chan Long Ting	NLSI Lui Kwok Pat Fong College	Under 14
			Boys C	4:34.55	2005-2006	Ng Tak Wo	Choi Hung Estate Catholic Secondary School	Under 14
			Boys C	4:35.54	2003-2004	On Sing Chuen	Diocesan Boys' School	Under 14
			Boys C	4:37.62	2000-2001	Chan Ye Ko	La Salle College	Under 14
			Boys C	4:52.36	1999-2000	Martin Sayer	King George V School	Under 14 Best Performance
			Boys C	4:29.96	1995-1996	Chor Pak Hoo	St. Joseph's College	Under 15
			Boys C	4:31.16	1988-1989	James Savage	German Swiss	Under 15
			Boys C	4:32.20	1980-1981	Norvel Hope	King George V School	Under 15
			Girls A	4:53.27	2014-2015	Chan Yee Ki	Diocesan Girls' School	Under 19
			Girls A	4:59.06	2013-2014	Chan Yee Ki	Diocesan Girls' School	Under 19 Best Performance
			Girls A	4:54.07	2012-2013	Chan Yee Ki	Diocesan Girls' School	Under 20
			Girls A	5:04.95	2006-2007	Yiu Kit Ching	Good Hope School	Under 20
			Girls A	5:05.98	1996-1997	Alli Li	Good Hope School	Under 20
			Girls A	5:32.92	1995-1996	Cheng Yuen Ting	Diocesan Girls' School	Under 20
			Girls B	4:52.83	2017-2018	Wright Cade Cameron	St. Stephen's Girls' College	Under 16
			Girls B	4:52.98	1999-2000	Amie Shuttleworth	King George V School	Under 16 Best Performance
			Girls B	5:24.36	1998-1999	Joanna Mok	Heep Yunn School	Under 17
			Girls B	5:25.88	1996-1997	Kay Wong	Diocesan Girls' School	Under 17
			Girls B	5:50.34	1995-1996	Michelle Wong	Good Hope School	Under 17
		Girls C	4:59.56	2016-2017	Wright Cade Cameron	St. Stephen's Girls' College	Under 14	

Event	*	Grade	Record	Year	Holder	School	Remarks	
1500m		Girls C	5:02.16	2002-2003	Maria Masden	Island School	Under 14	
		Girls C	5:06.25	2001-2002	Yiu Kit Ching	Good Hope School	Under 14	
		Girls C	5:16.35	2000-2001	Catherine Moore	Island School	Under 14	
		Girls C	5:19.24	1999-2000	Mak So Ning	Diocesan Girls' School	Under 14 Best Performance	
		Girls C	5:15.85	1998-1999	Rita Chung	Maryknoll Convent School	Under 15	
		Girls C	5:25.32	1997-1998	Jennifer Chu	Good Hope School	Under 15	
		Girls C	5:30.16	1996-1997	Jennifer Chu	Good Hope School	Under 15	
	Girls C	5:47.74	1995-1996	June Au	Good Hope School	Under 15		
3000m		Boys B	9:06.64	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School	Under 16	
		Boys B	9:10.79	2013-2014	Wong Tsz To	Diocesan Boys' School	Under 16	
		Boys B	9:24.23	2010-2011	Chan Hon Man	La Salle College	Under 16	
		Boys B	9:32.04	2009-2010	Wong Perry	La Salle College	Under 16	
		Boys B	9:38.11	2002-2003	Ricco Chan	La Salle College	Under 16	
		Boys B	9:52.85	2001-2002	Ricco Chan	La Salle College	Under 16	
		Boys B	10:09.05	2000-2001	Chan Chi Man	Kwun Tong Maryknoll College	Under 16	
		Boys B	10:35.78	1999-2000	Wong Shue Ming	La Salle College	Under 16 Best Performance	
		Boys B	9:23.19	1993-1994	C. McMath	King George V School	Under 17	
		Boys B	9:42.80	1990-1991	J. Carter	King George V School	Under 17	
		Boys B	9:45.44	1989-1990	Pang Cheuk Sum	St. Stephen's Boys' College	Under 17	
	Boys B	9:47.63	1988-1989	Robert Tallach	King George V School	Under 17		
5000m		Boys A	15:37.60	2017-2018	Tse Chun Yin	Diocesan Boys' School	Under 19	
		Boys A	15:46.41	2015-2016	Wong Tsz To	Diocesan Boys' School	Under 19	
		Boys A	15:58.43	2013-2014	Shuen Chun Kit	Diocesan Boys' School	Under 19 Best Performance	
		Boys A	15:52.64	2010-2011	Yuen Ho Yin	Diocesan Boys' School	Under 20	
		Boys A	15:55.85	1981-1982	Greg Smith	Hong Kong International School	Under 20	
		Boys A	16:31.70	1980-1981	P. Spowage	King George V School	Under 20	
		Boys A	16:58.52	1979-1980	J. Lutz	Hong Kong International School	Under 20	
		Boys A	17:14.63	1978-1979	J. Lutz	Hong Kong International School	Under 20	
		Boys A	17:18.67	1977-1978	Pang Kwok Fai	Pui Kiu Middle School	Under 20	
		Boys A	17:26.28	1976-1977	E. Honig	King George V School	Under 20	
	Boys A	17:27.60	1974-1975	T. Ord	Island School	Under 20		
80m Hurdles	*(3)	Boys C	14.10	1966-1967	Sal Rayman	Diocesan Boys' School	Under 14	
		Boys C	12.00	1964-1965	Wan On	Tung Wah Hospital	Under 15	
		Girls A	12.80	1967-1968	Pamela Baker	Diocesan Girls' School	Under 20	
		Girls A	13.50	1963-1964	C. Cheng	Diocesan Girls' School	Under 20	
		Girls B	13.10	1966-1967	P. Baker	Diocesan Girls' School	Under 17	
		Girls B	14.00	1962-1963	C. Cheng	Diocesan Girls' School	Under 17	
100m Hurdles (0.914m)		Boys B	13.25	2016-2017	Wong Lok Hei Addis	Cheung Sha Wan Catholic Secondary School	Under 16	
		Boys B	13.52	2015-2016	Cheng Yat Long	Diocesan Boys' School	Under 16	
		Boys B	13.54	2007-2008	Lui Chun Yan	Chong Gene Hang College	Under 16	
		Boys B	13.69	2005-2006	Wong Ho Hay	Chong Gene Hang College	Under 16	
		Boys B	14.02	2004-2005	Lau Wing Hang	Diocesan Boys' School	Under 16	
		Boys B	14.11	2003-2004	Ryu Long	Island School	Under 16	
		Boys B	14.21	2002-2003	Cheung Tak Chuen	Yu Chun Keung Memorial College	Under 16	
		Boys B	14.41	2000-2001	Chan Siu Chung	Wah Yan College (Kowloon)	Under 16	
		Boys B	14.54	1999-2000	Belly Chan	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	13.45	1996-1997	Chan Jason	Diocesan Boys' School	Under 17	
		Boys B	13.78	1987-1988	Wong Siu Kei	Delia Memorial School (Yuet Wah)	Under 17	
		Boys B	13.89	1986-1987	Kwong Ka Kit	Chan Sui Ki (La Salle) College	Under 17	
		Boys B	14.04	1981-1982	Katsumi Maki	King George V School	Under 17	
		Boys B	14.42	1980-1981	Chan Chun Kwok	La Salle College	Under 17	
		Boys B	14.46	1979-1980	Wong Kwok Chun	Pui Ching Middle School	Under 17	
		Boys B	14.64	1975-1976	Lee Wing Hong	Pui Ching Middle School	Under 17	
		*(1)	Boys B	14.80	1973-1974	A. Gada	Diocesan Boys' School	Under 17
			Boys B	14.70	1970-1971	Glen Leonard	King George V School	Under 17
		Boys B	14.80	1966-1967	Kwan Sea King	Munsang College	Under 17	
		Boys B	15.00	1965-1966	Chiu Man Chee	Diocesan Boys' College	Under 17	
100m Hurdles (0.838m)		Boys C	13.57	2008-2009	Liu Chung Lung	St. Joseph's Anglo-Chinese School	Under 14	
		Boys C	13.62	2007-2008	Lau Ho Tung	La Salle College	Under 14	
		Boys C	14.08	2006-2007	Lui Chun Yan	Chong Gene Hang College	Under 14	
		Boys C	14.45	2004-2005	Chou Yi	Diocesan Boys' School	Under 14	
		Boys C	14.69	2002-2003	Lau Wing Hang	Diocesan Boys' School	Under 14	
100m Hurdles (0.762m)		Boys C	14.70	2000-2001	Tung Hing Lun	La Salle College	Under 14	
		Boys C	15.20	1999-2000	Chiu Ho Wai	Diocesan Boys' School	Under 14 Best Performance	
100m Hurdles (0.838m)		Boys C	14.00	1989-1990	Ma Kin Kwok	Chan Sui Ki (La Salle) College	Under 15	
		Boys C	14.25	1980-1981	Liao Sik Cheung	Maryknoll Fathers' School	Under 15	
		Boys C	14.82	1979-1980	Liao Sik Cheung	Maryknoll Fathers' School	Under 15	
		Boys C	15.25	1977-1978	Leung Kim Yui	Heung To Middle School (Tai Hang Tung)	Under 15	
		Boys C	15.40	1975-1976	Leung Kim Yui	Heung To Middle School (Tai Hang Tung)	Under 15	
	Boys C	16.20	1974-1975	Chan Chun Hung	Ying Wa College	Under 15		

Event	*	Grade	Record	Year	Holder	School	Remarks
100m Hurdles (0.762m)		Girls A	14.30	2015-2016	Yuen Wing Nam	Diocesan Girls' School	Under 19
		Girls A	14.55	2014-2015	Yuen Wing Nam	Diocesan Girls' School	Under 19
		Girls A	14.70	2013-2014	Leung Hoi Yin	Diocesan Girls' School	Under 19 Best Performance
		Girls A	14.24	2007-2008	Poon Pak Yan	Good Hope School	Under 20
		Girls A	14.30	2006-2007	Leung Hiu Yee	Pui Ching Middle School	Under 20
		Girls A	15.17	2005-2006	Natalie Armentrout	German Swiss International School	Under 20
		Girls A	15.41	2003-2004	Leung Hiu Tung	Heep Yunn School	Under 20
	Girls A	16.01	2002-2003	Ng Shuk Shan	Heep Yunn School	Under 20	
100m Hurdles (0.838m)		Girls A	14.39	1987-1988	Chan Sau Ying	Delia Memorial School (Mei Foo)	Under 20
		Girls A	15.54	1983-1984	Cheung Suet Yee	Princeton College - Tse Wan Shan	Under 20
		Girls A	15.80	1974-1975	V. Neal	King George V School	Under 20
		Girls A	16.30	1973-1974	V. Neal	King George V School	Under 20
		Girls A	18.60	1972-1973	K. Langs	Island School	Under 20
100m Hurdles (0.762m)		Girls B	14.42	2015-2016	Wu Yi Lam	Good Hope School	Under 16
		Girls B	14.66	2005-2006	Leung Hiu Yee	Pui Ching Middle School	Under 16
		Girls B	15.28	2002-2003	Leung Hiu Tung	Heep Yunn School	Under 16
		Girls B	16.08	1999-2000	Samantha Chong	Maryknoll Convent School	Under 16 Best Performance
100m Hurdles (0.838m)		Girls B	15.38	1986-1987	Chau Sau Ying	Delia Memorial School (Yuet Wah)	Under 17
		Girls B	15.84	1984-1985	Alison Lees	King George V School	Under 17
		Girls B	16.58	1983-1984	Alison Lees	King George V School	Under 17
		Girls B	17.89	1982-1983	Angel Koo	Tak Oi Secondary School	Under 17
100m Hurdles (0.762m)		Girls B	15.80	1980-1981	Shum Yuet Mei	St. Margaret's Co-Educational English Secondary and Primary School	Under 17
		Girls B	15.91	1978-1979	Kwan Wai Pui	Heung To Middle School (Tai Hang Tung)	Under 17
		Girls B	17.20	1977-1978	Kwan Wai Pui	Heung To Middle School (Tai Hang Tung)	Under 17
		Girls B	17.53	1976-1977	F. Harding	Island School	Under 17
100m Hurdles (0.762m)		Girls C	15.23	2014-2015	Wu Yi Lam	Good Hope School	Under 14
		Girls C	15.84	2007-2008	Hui Cheuk Yee	Good Hope School	Under 14
		Girls C	15.96	2003-2004	Kwok Ching Yin	Diocesan Girls' School	Under 14
		Girls C	16.32	2002-2003	Ip Hong Tung Ariene	Good Hope School	Under 14
		Girls C	16.55	2000-2001	Chung Fei Ting	Diocesan Girls' School	Under 14
		Girls C	17.04	1999-2000	Maria Richardson	King George V School	Under 14 Best Performance
		Girls C	15.66	1986-1987	Ho Fung Yee	Delia Memorial School (Yuet Wah)	Under 15
		Girls C	16.15	1982-1983	Alison Lees	King George V School	Under 15
		Girls C	16.98	1980-1981	V. Baldwin	Island School	Under 15
		Girls C	17.49	1976-1977	Kwan Wai Pai	Heung To Middle School (Tai Hang Tung)	Under 15
	Girls C	18.13	1975-1976	F. Harding	Island School	Under 15	
110m Hurdles (0.914m)		Boys A	13.63	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)	Under 19
		Boys A	13.86	2014-2015	Cheung Wang Fung	Wah Yan College (Kowloon)	Under 19
		Boys A	14.33	2013-2014	Cheung Wang Fung	Po Kok Secondary School	Under 19 Best Performance
		Boys A	14.18	2011-2012	Lai Ho Tat	Chong Gene Hang College	Under 20
		Boys A	14.20	2008-2009	Shum Chik Lai	Queen Elizabeth School	Under 20
		Boys A	14.22	2006-2007	Lau Wing Hang	Diocesan Boys' School	Under 20
		Boys A	14.32	2003-2004	Leung Ka Hei	Munsang College	Under 20
		Boys A	14.88	2002-2003	Chan Wai Lun Belly	Diocesan Boys' School	Under 20
110m Hurdles (0.991m)		Boys A	14.57	1996-1997	Lau Tak Kwai	St. Stephen's College, Stanley	Under 20
		Boys A	14.95	1981-1982	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 20
		Boys A	15.47	1979-1980	Hwu Kin Chung	Oberlin College	Under 20
		Boys A	15.66	1978-1979	Kwan Hing Man	Maryknoll Fathers' School	Under 20
		Boys A	15.70	1960-1961	C. Wong	Diocesan Boys' School	Under 20
		Boys A	17.50	1951-1952	A. Collaco	La Salle College	Under 20
110m M. Hurdles		Boys B	16.50	1960-1961	R. To	Diocesan Boys' School	Under 17
400m Hurdles (0.838m)		Boys A	52.86	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)	Under 19
		Boys A	53.95	2014-2015	Cheung Wang Fung	Wah Yan College (Kowloon)	Under 19
		Boys A	56.16	2013-2014	Wong Yiu Man	Diocesan Boys' School	Under 19 Best Performance
		Boys A	54.28	2003-2004	Fung Chun Yu	Yu Chun Keung Memorial College	Under 20
		Boys A	56.26	2002-2003	Leung Ka Hei	Munsang College	Under 20
400m Hurdles (0.914m)		Boys A	54.27	1996-1997	Tang Hon Sing	Diocesan Boys' School	Under 20
		Boys A	55.60	1988-1989	Cheung Bun	Delia Memorial School (Yuet Wah)	Under 20
		Boys A	56.82	1979-1980	Tan Chun Ming	Oberlin College	Under 20
		Boys A	57.36	1976-1977	Lau Chi Keung	Diocesan Boys' School	Under 20
		Boys A	57.50	1974-1975	Chan Yeuk Yung	Diocesan Boys' School	Under 20
		Boys A	58.90	1972-1973	Au Yiu Hing	Ying Wa College	Under 20
High Jump		Boys A	2.01m	2017-2018	Lam Hin Chak Timothy	La Salle College	Under 19
		Boys A	1.98m	2015-2016	Yang Qiyu	Wah Yan College (Kowloon)	Under 19
		Boys A	1.96m	2014-2015	Cheung Ho Hin	CCC Heep Woh College	Under 19
		Boys A	1.90m	2013-2014	Lo Kan Mo	Diocesan Boys' School	Under 19 Best Performance
		Boys A	2.04m	1997-1998	Chan Ming Sang	St. Stephen's College, Stanley	Under 20
		Boys A	2.03m	1996-1997	Chan Kiu Ching	CMA Prevocational School	Under 20
		Boys A	2.03m	1995-1996	Wan Tat Yung	Diocesan Boys' School	Under 20
		Boys A	2.02m	1993-1994	Marc Chenn	Hong Kong International School	Under 20
		Boys A	2.00m	1980-1981	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 20
		Boys A	1.90m	1979-1980	Fung Chi Wah	St. Stephen's College, Stanley	Under 20

Event	*	Grade	Record	Year	Holder	School	Remarks	
High Jump		Boys A	1.85m	1978-1979	Leung King Wai	Cheung Sha Wan Catholic Secondary School	Under 20	
		Boys A	1.85m	1978-1979	Kwan Leung Hung	Maryknoll Fathers' School	Under 20	
		Boys A	1.85m	1978-1979	Boris Chiao	Pui Ching Middle School	Under 20	
		Boys A	6'00"	1974-1975	Lo Tak Keung	Pui Kiu Middle School	Under 20	
		Boys A	5'11"	1970-1971	Tso Shiu Wai	Diocesan Boys' School	Under 20	
		Boys A	5'8.5"	1963-1964	M. De Souza	La Salle College	Under 20	
		Boys A	5'7.5"	1937-1938	Huang Wee Tong	St. Joseph's College	Under 20	
		Boys B	1.96m	2015-2016	Lam Hin Chak Timothy	La Salle College	Under 16	
		Boys B	1.90m	2014-2015	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Sec School	Under 16	
		Boys B	1.89m	2013-2014	Wong Hok Kan	Cheung Sha Wan Catholic Secondary School	Under 16	
		Boys B	1.88m	2010-2011	Lo Lok Hang	Carmel Divine Grace Foundation Sec School	Under 16	
		Boys B	1.87m	2009-2010	Yau Tze Ching	Diocesan Boys' School	Under 16	
		Boys B	1.86m	2006-2007	Pang Ying Kit	La Salle College	Under 16	
		Boys B	1.82m	1999-2000	Wong Lap Chi	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	2.04m	1994-1995	Wan Tat Yung	Diocesan Boys' School	Under 17	
		Boys B	1.97m	1991-1992	Marc Chenn	Hong Kong International School	Under 17	
		Boys B	1.92m	1990-1991	Chu Ki Cheong	Diocesan Boys' School	Under 17	
		Boys B	1.88m	1983-1984	Yeung Hon Man	CMA Prevocational School	Under 17	
		Boys B	1.87m	1982-1983	Lee Wai Lun	La Salle College	Under 17	
		*(2)	Boys B	1.86m	1979-1980	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 17
			Boys B	6'3"	1973-1974	Kwan Pak Hung	Pui Ching Middle School	Under 17
			Boys B	5'7"	1972-1973	C.Y. Lam	St. Louis School	Under 17
			Boys B	5'7"	1965-1966	Hui Biu Shak	Bernard	Under 17
			Boys B	5'5"	1963-1964	Heung Cheuk Ying	Clementi Secondary School	Under 17
			Boys C	1.86m	2012-2013	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Sec School	Under 14
			Boys C	1.76m	2009-2010	Lo Kan Mo	Diocesan Boys' School	Under 14
			Boys C	1.75m	2008-2009	Yeung Pak Hei	Wah Yan College (Kowloon)	Under 14
			Boys C	1.72m	2007-2008	Lau Ho Tung	La Salle College	Under 14
			Boys C	1.71m	2005-2006	Pang Ying Kit	La Salle College	Under 14
			Boys C	1.70m	2002-2003	Ng Shun Ho	TWGHs Lui Yun Choy Memorial College	Under 14
			Boys C	1.65m	2001-2002	Lung Ngai	Chong Gene Hang College	Under 14
			Boys C	1.64m	2000-2001	Lun Tat Ming	SKH Leung Kwai Yee Secondary School	Under 14
			Boys C	1.55m	1999-2000	Shum Kan Ping	Choi Hung Estate Catholic Secondary School	Under 14 Best Performance
			Boys C	1.55m	1999-2000	Hui Ka Wai	La Salle College	Under 14 Best Performance
			Boys C	1.55m	1999-2000	Tao Dao Shen	St. Stephen's College, Stanley	Under 14 Best Performance
			Boys C	1.55m	1999-2000	Kwok Wai Lun	St. Joan of Arc Secondary School	Under 14 Best Performance
			Boys C	1.83m	1995-1996	Leung Tsz Ki	Diocesan Boys' School	Under 15
			Boys C	1.82m	1993-1994	Chan Kiu Ching	CMA Prevocational School	Under 15
			Boys C	1.81m	1992-1993	Wong Wing Kai	Cheung Sha Wan Catholic Secondary School	Under 15
			Boys C	1.80m	1987-1988	Ng Mike Junior	Diocesan Boys' School	Under 15
			Boys C	1.78m	1979-1980	Li Siu Lung	Cheung Sha Wan Catholic Secondary School	Under 15
			Boys C	1.63m	1978-1979	Mak Yim Fai	Choi Hung Estate Catholic Secondary School	Under 15
			Boys C	5'4"	1974-1975	Wong Tat Ming	Pui Ching Middle School	Under 15
			Boys C	5'1"	1971-1972	Shiu Hong Chung	New Method College (Kowloon)	Under 15
			Boys C	5'0"	1968-1969	Adrian So	La Salle College	Under 15
			Boys C	4'8"	1967-1968	Adrian So	La Salle College	Under 15
		*(3)	Boys C	4'8"	1966-1967	Chan Kai Kwong	Diocesan Boys' College	Under 14
			Boys C	4'10"	1965-1966	Chan Lap Keung	Pui Kiu Middle School	Under 15
			Boys C	4'10"	1964-1965	Joseph Chan	La Salle College	Under 15
			Boys D	4'5"	1959-1960	J. Wing Man	Pui Kiu Middle School	Under 12
			Girls A	1.73m	2017-2018	Cheung Ching Laam Priscilla	Heep Yunn School	Under 19
			Girls A	1.67m	2016-2017	Wong Yuen Nam	Diocesan Girls' School	Under 19
			Girls A	1.67m	2015-2016	Wong Yuen Nam	Diocesan Girls' School	Under 19
			Girls A	1.63m	2014-2015	Tang Tiffany Yi Ching	Diocesan Girls' School	Under 19
			Girls A	1.53m	2013-2014	Kuchta Nathalie	Creative Secondary School	Under 19 Best Performance
			Girls A	1.68m	2010-2011	Fung Wai Yee	Sacred Heart Canossian College	Under 20
			Girls A	1.65m	1999-2000	Choi Erin Camille	Diocesan Girls' School	Under 20
			Girls A	1.64m	1988-1989	Au Yeung Pui Shan	Delia Memorial School (Mei Foo)	Under 20
			Girls A	1.63m	1987-1988	Tong Ka Man	Delia Memorial School (Hip Wo)	Under 20
			Girls A	1.61m	1981-1982	Lo Lai Pik	Homantin Government Secondary School	Under 20
		Girls A	1.58m	1980-1981	Lo Lai Pik	Homantin Government Secondary School	Under 20	
		Girls A	1.58m	1980-1981	G. Simpson	St. George's School	Under 20	
		Girls A	1.55m	1979-1980	K. Thornburrow	Island School	Under 20	
		Girls A	1.55m	1979-1980	Kan Sau Ching	New Method College	Under 20	
		Girls A	4'11.4"	1952-1953	J. Hart	King George V School	Under 20	
		Girls B	1.75m	2009-2010	Fung Wai Yee	Sacred Heart Canossian College	Under 16	
		Girls B	1.66m	2003-2004	Lam Lai Shan	Good Hope School	Under 16	
		Girls B	1.60m	2002-2003	Lam Lai Shan Sandra	Good Hope School	Under 16	
		Girls B	1.60m	2002-2003	Chan Ling	Heep Yunn School	Under 16	
		Girls B	1.50m	2001-2002	Ng Chin Wai Judith	Diocesan Girls' School	Under 16	



Event	*	Grade	Record	Year	Holder	School	Remarks	
High Jump		Girls B	1.46m	2000-2001	Ng Chin Wai Judith	Diocesan Girls' School	Under 16	
		Girls B	1.46m	2000-2001	Jacqueline Tong	Marymount Secondary School	Under 16	
		Girls B	1.46m	2000-2001	Chan Shun Chun	Pool To Middle School	Under 16	
		Girls B	1.45m	1999-2000	Lai Hiu Yeung	Diocesan Girls' School	Under 16 Best Performance	
		Girls B	1.61m	1985-1986	Tong Ka Man	Delia Memorial School (Yuet Wah)	Under 17	
		Girls B	1.60m	1984-1985	Tong Ka Man	Delia Memorial School (Yuet Wah)	Under 17	
		Girls B	1.53m	1981-1982	Loong Man Mei	Homantin Government Secondary School	Under 17	
		Girls B	1.53m	1980-1981	Jane Lam	Diocesan Girls' School	Under 17	
		Girls B	1.52m	1979-1980	Lo Lai Pik	Homantin Government Secondary School	Under 17	
		Girls B	4'10.5"	1965-1966	P. Baker	Diocesan Girls' School	Under 17	
		Girls B	4'7"	1962-1963	D. Carter	King George V School	Under 17	
		Girls C	1.66m	2006-2007	Wong Siu Ping	Heep Yunn School	Under 14	
		Girls C	1.54m	2004-2005	Chong Siu Yin	Good Hope School	Under 14	
		Girls C	1.53m	2001-2002	Lam Lai Shan	Good Hope School	Under 14	
		Girls C	1.52m	2000-2001	Chan Ling	Heep Yunn School	Under 14	
		Girls C	1.49m	1999-2000	Chan Ling	Heep Yunn School	Under 14 Best Performance	
		Girls C	1.49m	1999-2000	Chow Tsz Tung	Diocesan Girls' School	Under 14 Best Performance	
		Girls C	1.49m	1999-2000	Ng Chin Wai	Diocesan Girls' School	Under 14 Best Performance	
		Girls C	1.57m	1983-1984	Tong Ka Man	Delia Memorial School (Yuet Wah)	Under 15	
		Girls C	1.55m	1980-1981	J. Pavri	Island School	Under 15	
		Girls C	1.46m	1979-1980	Cheung Sau Mei	Pui Kiu Middle School	Under 15	
		Girls C	1.45m	1978-1979	Kwan Wai Pai	Heung To Middle School (Tai Hang Tung)	Under 15	
		Girls C	1.43m	1977-1978	Sabrina Chan	Sacred Heart Canossian College	Under 15	
		Girls C	4'8"	1964-1965	P. Baker	Diocesan Girls' School	Under 15	
Long Jump		Boys A	7.36m	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School	Under 19	
		Boys A	7.34m	2014-2015	Lau Hin Hei	Pui Ching Middle School	Under 19	
		Boys A	6.94m	2013-2014	Lau Kin Hei	Pui Ching Middle School	Under 19 Best Performance	
		Boys A	7.64m	2012-2013	Chan Ming Tai	Diocesan Boys' School	Under 20	
		Boys A	7.27m	2011-2012	Chan Ming Tai	Diocesan Boys' School	Under 20	
		Boys A	7.07m	1980-1981	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 20	
		Boys A	6.87m	1979-1980	Kwan King Hung	Oberlin College	Under 20	
		Boys A	6.71m	1976-1977	Kung Wai Ling	Diocesan Boys' School	Under 20	
		Boys A	21'11"	1933-1934	Ong Cheng Su	Diocesan Boys' School	Under 20	
		Boys B	6.92m	2008-2009	Pang Ying Kit	La Salle College	Under 16	
		Boys B	6.59m	2007-2008	Pang Ying Kit	La Salle College	Under 16	
		Boys B	6.55m	2004-2005	Lau Wing Hang	Diocesan Boys' School	Under 16	
		Boys B	6.26m	2002-2003	Wong Hon Leung	Diocesan Boys' School	Under 16	
		Boys B	6.17m	2001-2002	Tsui Yuk Wo	Diocesan Boys' School	Under 16	
		Boys B	6.14m	2000-2001	Chan Tung Chi	Mongkok Workers' Children School	Under 16	
		Boys B	5.94m	1999-2000	Lam Yat Ching	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	6.61m	1996-1997	Ngan Ho Yin	Kwun Tong Maryknoll College	Under 17	
		Boys B	6.51m	1989-1990	Tam Chi Kit	Moral Training English College	Under 17	
		Boys B	6.44m	1983-1984	Chan Chi Yuen	CMA Prevocational School	Under 17	
		Boys B	6.38m	1979-1980	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 17	
		Boys B	6.23m	1978-1979	Pang Kwan Lung	Chan Sui Ki (La Salle) College	Under 17	
		* (1)	Boys B	20'2.5"	1973-1974	Lee Chi Wai	Maryknoll Fathers' School	Under 17
			Boys B	20'8"	1966-1967	Peter Wong	La Salle College	Under 17
			Boys B	20'7"	1963-1964	Heung Cheuk Ying	Clementi Secondary School	Under 17
			Boys C	6.27m	2017-2018	Law Ngai Him	CMA Secondary School	Under 14
			Boys C	6.25m	2005-2006	Pang Ying Kit	La Salle College	Under 14
			Boys C	5.92m	2001-2002	Cheung Fei Fan	Pentecostal School	Under 14
			Boys C	5.65m	2000-2001	Yu Ka Lung	St. Stephen's College, Stanley	Under 14
			Boys C	5.44m	1999-2000	Yu Ka Lung	St. Stephen's College, Stanley	Under 14 Best Performance
			Boys C	6.18m	1991-1992	Lau Luk	St. Stephen's College, Stanley	Under 15
			Boys C	6.00m	1983-1984	Chui Ka Tim	St. Stephen's College, Stanley	Under 15
			Boys C	5.89m	1980-1981	Tsui Wai Hong	St. Louis School	Under 15
			Boys C	5.85m	1979-1980	Cheung Ting Shing	Pui Ching Middle School	Under 15
			Boys C	19'0"	1969-1970	Lai Man Kwong	Tung Wah Hospital	Under 15
		* (3)	Boys C	15'3.5"	1966-1967	Ng Ka Shing	Queen's College	Under 14
			Boys C	18'6"	1962-1963	Lee Hon Man	Workers' Children Secondary School	Under 15
			Boys D	14'10.5"	1963-1964	Wong Siu Ming	Workers' Children Secondary School	Under 13
			Girls A	5.63m	2014-2015	Yiu Hoi Yan	Sacred Heart Canossian College	Under 19
			Girls A	5.31m	2013-2014	Chan Ka Sin	St. Clare's Girls' School	Under 19 Best Performance
			Girls A	5.70m	2008-2009	Wong Hiu Yan	Diocesan Girls' School	Under 20
			Girls A	5.66m	2006-2007	Wong Hiu Yan	Diocesan Girls' School	Under 20
			Girls A	5.63m	2002-2003	Lai Tsui Shan	Heep Yunn School	Under 20
			Girls A	5.51m	1997-1998	Chan Yi Ki	Heep Yunn School	Under 20
		Girls A	5.47m	1989-1990	Chan Sau Ying	Delia Memorial School (Mei Foo)	Under 20	
		Girls A	5.36m	1981-1982	Lee Chun Nei	Kei Chi Secondary School	Under 20	
		Girls A	16'10.5"	1963-1964	Anna Hui	St. Stephen's Girls' College	Under 20	
		Girls B	5.61m	2013-2014	Wong Yuen Nam	Diocesan Girls' School	Under 16	
		Girls B	5.51m	2012-2013	Chan Ying Sinn	St. Paul's Convent School (Secondary Section)	Under 16	
		Girls B	5.47m	2005-2006	Wong Hiu Yan	Diocesan Girls' School	Under 16	
		Girls B	5.45m	2004-2005	Poon Pak Yan	Good Hope School	Under 16	

Event	*	Grade	Record	Year	Holder	School	Remarks	
Long Jump		Girls B	5.33m	2000-2001	Lai Tsui Shan	Heep Yunn School	Under 16	
		Girls B	5.03m	1999-2000	Sandra Frankland	King George V School	Under 16 Best Performance	
		Girls B	5.26m	1979-1980	Li Chun Nei	Kei Chi Secondary School	Under 17	
		Girls B	5.13m	1978-1979	Jennifer Osborne	Hong Kong International School	Under 17	
		Girls B	16'0.5"	1961-1962	Anna Hui	St. Stephen's Girls' College	Under 17	
		Girls C	5.43m	2008-2009	Wu Hoi Ting Dianna	Diocesan Girls' School	Under 14	
		Girls C	5.33m	2007-2008	Elite Mok	Sacred Heart Canossain College	Under 14	
		Girls C	5.18m	2004-2005	Wong Hiu Yan	Diocesan Girls' School	Under 14	
		Girls C	5.00m	2003-2004	Wong Hiu Yan	Diocesan Girls' School	Under 14	
		Girls C	4.91m	2002-2003	Yu Yeuk Ki	Heep Yunn School	Under 14	
		Girls C	4.90m	1999-2000	Lai Tsui Shan	Heep Yunn School	Under 14 Best Performance	
		Girls C	5.18m	1998-1999	Wong Shiu Man	Diocesan Girls' School	Under 15	
		Girls C	5.11m	1986-1987	Chan Yeuk Yung	Delia Memorial School (Yuet Wah)	Under 15	
		Girls C	5.10m	1985-1986	Donstance Chun	Good Hope School	Under 15	
		Girls C	5.08m	1983-1984	Tse Mei Sze	Maryknoll Convent School	Under 15	
		Girls C	5.03m	1979-1980	D. Moore	King George V School	Under 15	
		Girls C	4.68m	1978-1979	Mylene Yeung	King George V School	Under 15	
		Girls C	4.68m	1978-1979	Szeto Shuk Yee	New Method College	Under 15	
		Girls C	15'3.5"	1974-1975	M. Hsu	Maryknoll Convent School	Under 15	
		Girls C	15'3"	1973-1974	L. Cahoon	Hong Kong International School	Under 15	
	Girls C	15'0"	1963-1964	Lo Wing Sim	Queen Elizabeth School	Under 15		
Triple Jump		Boys A	14.82m	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School	Under 19	
		Boys A	14.47m	2015-2016	Ko Ho Long	St. Joseph's Anglo-Chinese School	Under 19	
		Boys A	14.24m	2014-2015	Ko Ho Long	St. Joseph's Anglo-Chinese School	Under 19	
		Boys A	13.32m	2013-2014	Ng Siu On	Wah Yan College (Hong Kong)	Under 19 Best Performance	
		Boys A	14.93m	1987-1988	Tam Chung Ying	Diocesan Boys' School	Under 20	
		Boys A	14.42m	1981-1982	Chan Ka Chiu	Choi Hung Estate Catholic Secondary School	Under 20	
		Boys A	14.17m	1978-1979	Chan Wai Cheung	Pui Kiu Middle School	Under 20	
		Boys A	44'9.5"	1974-1975	Wong Wai Man	Wah Yan College (Kowloon)	Under 20	
		Boys A	44'4"	1968-1969	Sin Kam Chuen	Munsang College	Under 20	
		Boys A	43'5"	1965-1966	K. Wang	Diocesan Boys' School	Under 20	
		Boys A	43'4"	1959-1960	T. S. Wong	Diocesan Boys' School	Under 20	
		Boys B	13.67m	2008-2009	Pang Ying Kit	La Salle College	Under 16	
		Boys B	13.53m	2005-2006	Ng Ka Wai	Wah Yan College (Kowloon)	Under 16	
		Boys B	13.40m	2002-2003	Wong Hon Leung	Diocesan Boys' School	Under 16	
		Boys B	12.65m	2001-2002	Fung Chun Yu	Yu Chun Keung Memorial College	Under 16	
		Boys B	12.41m	1999-2000	Lau Chun Ting	Islamic Kasim Tuet Memorial College	Under 16 Best Performance	
		Boys B	14.07m	1986-1987	Chau Wai Sheung	Delia Memorial School (Yuet Wah)	Under 17	
		Boys B	14.07m	1986-1987	Tam Chung Ying	Diocesan Boys' School	Under 17	
		Boys B	13.55m	1983-1984	Chan Chi Yuen	CMA Prevocational School	Under 17	
		Boys B	13.40m	1982-1983	Chan Chi Yuen	CMA Prevocational School	Under 17	
	Boys B	13.29m	1979-1980	Simon Ho	La Salle College	Under 17		
	*(1)	Boys B	41'7.5"	1973-1974	To Tak Keung	Pui Kiu Middle School	Under 17	
	Boys B	41'8"	1971-1972	Pius Lee	La Salle College	Under 17		
	Boys B	40'11"	1965-1966	Chan Chi Sheng	Pui Kiu Middle School	Under 17		
	Boys B	38'11"	1960-1961	Wong Wai Chow	Pui Kiu Middle School	Under 17		
Shot Put (5kg)		Boys A	15.48m	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College	Under 19	
		Boys A	14.79m	2013-2014	Ngan Tsz Cheung	Chan Sui Ki (La Salle) College	Under 19 Best Performance	
		Boys A	15.30m	2006-2007	Yu Chi Siu	Choi Hung Estate Catholic Secondary School	Under 20	
		Boys A	15.24m	2005-2006	Chiu Lap San	Diocesan Boys' School	Under 20	
		Boys A	15.03m	2003-2004	Chiu Lap San	Diocesan Boys' School	Under 20	
		Boys A	14.22m	2002-2003	Yu Shing Chor	Chong Gene Hang College	Under 20	
Shot Put (12lbs.=5.44kg)		Boys A	49'9.5"	1958-1959	L. Bautigam	King George V School	Under 20	
		Boys A	43'5.75"	1952-1953	Robert Wong	St. Stephen's	Under 20	
Shot Put (8lbs.13oz=4kg)		Boys B	16.33m	2012-2013	Yu Chung Yau	Choi Hung Estate Catholic Secondary School	Under 16	
		Boys B	14.70m	2002-2003	Yu Chi Siu	Choi Hung Estate Catholic Secondary School	Under 16	
		Boys B	14.17m	2000-2001	Choi Tung Yin	La Salle College	Under 16	
		Boys B	13.69m	1999-2000	Choi Tung Yin	La Salle College	Under 16 Best Performance	
		Boys B	15.51m	1989-1990	Ho Chi Wai	Chan Shu Kui Memorial School	Under 17	
		Boys B	15.09m	1984-1985	Ng Kwok Hung	Chan Sui Ki (La Salle) College	Under 17	
		Boys B	14.75m	1981-1982	Patrick Mohamed	Diocesan Boys' School	Under 17	
		*(2)	Boys B	14.01m	1979-1980	David MacQuarrie	South Island School	Under 17
		Boys B	14.05m	1976-1977	Chan To Wang	Queen Elizabeth School	Under 17	
		Boys B	13.74m	1975-1976	Ho Chun Wing	Diocesan Boys' School	Under 17	
		Boys B	41'1.25"	1974-1975	Ho Chun Wing	Diocesan Boys' School	Under 17	
		*(1)	Boys B	40'6"	1973-1974	Ho Chun Wing	Diocesan Boys' School	Under 17
	Boys B	47'3.75"	1950-1951	Wong Shiu Tin	St. Stephen's	Under 17		
Shot Put (8lbs.13oz=4kg)		Boys C	14.33m	2013-2014	Sit Wai Lok	TWGHs Wong Fut Nam College	Under 14	
		Boys C	13.52m	2008-2009	Cheung Yat Lun	St. Joseph's Anglo-Chinese School	Under 14	
		Boys C	12.38m	2003-2004	Wong Wai Hang	Chong Gene Hang College	Under 14	
		Boys C	11.71m	1999-2000	Tse Lo Ming	Cheung Sha Wan Catholic Secondary School	Under 14 Best Performance	

Event	*	Grade	Record	Year	Holder	School	Remarks	
Shot Put (8lbs.13oz=4kg)		Boys C	13.47m	1987-1988	Ho Chi Wai	Chan Shu Kui Memorial School	Under 15	
		Boys C	13.29m	1986-1987	Chau Chin Pang	The Mission Covenant Church Holm Glad College	Under 15	
		Boys C	13.08m	1985-1986	Jonathan Ellis	St. George's School	Under 15	
		Boys C	12.46m	1983-1984	Shum Siu Chung	La Salle College	Under 15	
		Boys C	11.67m	1982-1983	James Jackson	King George V School	Under 15	
Shot Put (6lbs.=2.72kg)		Boys C	15.72m	1979-1980	P. Mohamed	Diocesan Boys' School	Under 15	
		Boys C	14.55m	1977-1978	Leung Yiu Wah	Heung To Middle School (Tai Hang Tung)	Under 15	
		Boys C	13.94m	1975-1976	Wong Wai Ha	Pui Kiu Middle School	Under 15	
		*(3)	Boys C	36'7.5"	1966-1967	Anthony Ching	La Salle College	Under 14
		Boys C	43'9.75"	1964-1965	J. Lucht	King George V School	Under 15	
Shot Put (8lbs.13oz=4kg)		Girls A	10.58m	2017-2018	Cheung Yuet Ting	YCH Law Chan Chor Si College	Under 19	
		Girls A	10.49m	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College	Under 19	
		Girls A	10.38m	2014-2015	Foo Hoi Yi Heidi	YCH Law Chan Chor Si College	Under 19	
		Girls A	9.35m	2013-2014	Yau Ching	Diocesan Girls' School	Under 19 Best Performance	
		Girls A	12.86m	2011-2012	Ho Yin Chiu	Good Hope School	Under 20	
		Girls A	11.27m	2010-2011	Ho Yin Chiu	Good Hope School	Under 20	
		Girls A	11.17m	2009-2010	Chan Yuen Ting	St. Stephen's Girls' College	Under 20	
		Girls A	11.14m	1995-1996	Hung Lai Hong	Diocesan Girls' School	Under 20	
		Girls A	10.75m	1986-1987	Malina Ngai	Maryknoll Convent School	Under 20	
		Girls A	10.25m	1978-1979	Chan Oi Ki	St. Margaret's Co-Educational English Secondary and Primary School	Under 20	
		Girls A	9.39m	1976-1977	M. Bouriscot	King George V School	Under 20	
		Girls A	29'11"	1974-1975	T. To	Diocesan Girls' School	Under 20	
		Girls A	29'7.25"	1973-1974	T. To	Diocesan Girls' School	Under 20	
		Girls A	28'0.5"	1971-1972	L. Migo	King George V School	Under 20	
		Girls A	27'11.75"	1969-1970	D. Murphy	Hong Kong International School	Under 20	
Shot Put (6lbs.=2.72kg)		Girls A	33'7"	1968-1969	D. Murphy	Hong Kong International School	Under 20	
		Girls A	33'5.5"	1967-1968	Sandra Silva	St. Paul's Convent School (Secondary Section)	Under 20	
		Girls A	32'8"	1966-1967	Lao Suet Ngo	Pui Kiu Middle School	Under 20	
		Girls A	31'0.25"	1965-1966	Lao Suet Ngo	Pui Kiu Middle School	Under 20	
Shot Put (3kg)		Girls B	12.25m	2008-2009	Ho Florence	Good Hope School	Under 16	
		Girls B	11.68m	2004-2005	Lee Ka Shun	Hotung Secondary School	Under 16	
		Girls B	10.99m	2003-2004	Lee Ka Shun	Hotung Secondary School	Under 16	
		Girls B	10.09m	1999-2000	Chung Yuen Yi	Heep Yunn School	Under 16 Best Performance	
Shot Put (8lbs.13oz=4kg)		Girls B	10.42m	1985-1986	Malina Ngai	Maryknoll Convent School	Under 17	
		Girls B	10.20m	1984-1985	Malina Ngai	Maryknoll Convent School	Under 17	
		Girls B	9.82m	1982-1983	Sonja Leggett	Hong Kong International School	Under 17	
		Girls B	9.60m	1978-1979	Lam Wun Kuk	Chan Shu Kui Memorial School	Under 17	
		Girls B	9.23m	1977-1978	Chan On Kee	St. Margaret's Co-Educational English Secondary and Primary School	Under 17	
		Girls B	8.87m	1976-1977	Chan On Kee	St. Margaret's Co-Educational English Secondary and Primary School	Under 17	
		Girls B	8.484m	1975-1976	A. Boursicot	King George V School	Under 17	
		Girls B	25'1"	1974-1975	Felicia Chan	Diocesan Girls' School	Under 17	
Shot Put (7lbs.=3.18kg)		Girls B	32'6.5"	1973-1974	Chan Dor Mi	Heung To Middle School	Under 17	
		Girls B	31'2.75"	1972-1973	T. To	Diocesan Girls' School	Under 17	
		Girls B	30'8"	1971-1972	T. To	Diocesan Girls' School	Under 17	
		Girls B	29'4.5"	1969-1970	L. Migo	King George V School	Under 17	
Shot Put (6lbs.=2.72kg)		Girls B	33'7.5"	1965-1966	J. Apps	King George V School	Under 17	
Shot Put (3kg)		Girls C	10.59m	2003-2004	Woo Wing Tung	Diocesan Girls' School	Under 14	
		Girls C	9.33m	2002-2003	Lee Ka Shun	Hotung Secondary School	Under 14	
		Girls C	9.12m	1999-2000	Jenny Chung	Good Hope School	Under 14 Best Performance	
Shot Put (6lbs.=2.72kg)		Girls C	11.50m	1980-1981	Sonja Leggett	Hong Kong International School	Under 15	
		Girls C	33'0.25"	1974-1975	P. Hazelhof	Island School	Under 15	
		Girls C	31'5.75"	1969-1970	Bonnie Tse	Sacred Heart Canossian College	Under 15	
		Girls C	28'9"	1968-1969	Bonnie Tse	Sacred Heart Canossian College	Under 15	
		Girls C	27'8"	1966-1967	C. McCausland	King George V School	Under 15	
Discus (1.5kg)		Boys A	49.69m	2015-2016	Tsoi Kin San	Diocesan Boys' School	Under 19	
		Boys A	44.65m	2013-2014	So Ka Ming	Chong Gene Hang College	Under 19 Best Performance	
		Boys A	47.86m	2009-2010	Lee Yat Kam	Chong Gene Hang College	Under 20	
		Boys A	45.44m	1986-1987	Ng Yuk Chung	Hon Wah College	Under 20	
		Boys A	43.14m	1981-1982	Lee Yik Kit	St. John's Coed College	Under 20	
		Boys A	42.42m	1980-1981	Lau Hoi Yee	Diocesan Boys' School	Under 20	
		Boys A	41.49m	1977-1978	Ho Chu Wing	Diocesan Boys' School	Under 20	
		Boys A	133'4"	1963-1964	L. Harvey	King George V School	Under 20	
Discus (1kg)		Boys B	54.18m	2014-2015	Tsoi Kin San	Diocesan Boys' School	Under 16	
		Boys B	51.51m	2012-2013	Chau Lam Sing	St. Joseph's Anglo-Chinese School	Under 16	
		Boys B	50.67m	2010-2011	Tam Man Lit	CMA Secondary School	Under 16	
		Boys B	47.19m	2005-2006	Lee Yat Kam	C&M Alliance Sun Kei Secondary School	Under 16	
		Boys B	47.18m	2001-2002	Ko Tha Fung	Diocesan Boys' School	Under 16	
		Boys B	45.56m	1999-2000	Ko Tha Hin	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	49.80m	1987-1988	Michael Woolsmith	Diocesan Boys' School	Under 17	

Event	*	Grade	Record	Year	Holder	School	Remarks	
Discus (1kg)		Boys B	49.51m	1986-1987	Tao Tsz Hing	Delia Memorial School (Yuet Wah)	Under 17	
		Boys B	47.90m	1985-1986	Alan Armstong	King George V School	Under 17	
		Boys B	46.44m	1981-1982	Vincent Lee	La Salle College	Under 17	
		Boys B	46.20m	1979-1980	Lee Yik Kit	Pui Kiu Middle School	Under 17	
		Boys B	44.80m	1978-1979	Lee Yik Kit	Pui Kiu Middle School	Under 17	
		Boys B	42.69m	1975-1976	Ho Chun Wing	Diocesan Boys' School	Under 17	
		Boys B	135'2"	1974-1975	Ho Chun Wing	Diocesan Boys' School	Under 17	
		*(1)	Boys B	119'11.5"	1973-1974	R. Abbas	Diocesan Boys' School	Under 17
			Boys B	140'6.5"	1971-1972	Ho Wai Keung	Queen's College	Under 17
			Boys B	122'3"	1960-1961	B. Bangchong	Diocesan Boys' School	Under 17
			Boys C	43.58m	2008-2009	Chan Ngan Chuen	Hoi Ping Chamber of Commerce Sec School	Under 14
			Boys C	36.84m	2003-2004	Wong Wai Hang	Chong Gene Hang College	Under 14
			Boys C	36.10m	2001-2002	Lam Pang Wai	Chong Gene Hang College	Under 14
			Boys C	34.24m	2000-2001	Chan Sui Chung	La Salle College	Under 14
			Boys C	33.75m	1999-2000	Sun Tin Ho	La Salle College	Under 14 Best Performance
			Boys C	40.28m	1983-1984	Chan Man Hung	Pui Kiu Middle School	Under 15
			Boys C	37.14m	1982-1983	Richard Chow	La Salle College	Under 15
			Boys C	34.40m	1981-1982	Leung Yat Wah	Diocesan Boys' School	Under 15
			Girls A	35.01m	2014-2015	Foo Hoi Yi Heidi	YCH Law Chan Chor Si College	Under 19
			Girls A	31.89m	2013-2014	Chang Lok Yi	Diocesan Girls' School	Under 19 Best Performance
			Girls A	39.30m	2009-2010	Woo Wing Yan	Good Hope School	Under 20
			Girls A	38.06m	2008-2009	Woo Wing Yan	Good Hope School	Under 20
			Girls A	36.15m	2004-2005	Chan Yu Ning	Heep Yunn School	Under 20
			Girls A	34.58m	1987-1988	Malina Ngai	Maryknoll Convent School	Under 20
			Girls A	34.20m	1986-1987	Malina Ngai	Maryknoll Convent School	Under 20
			Girls A	97'7"	1960-1961	C. Moth	King George V School	Under 20
			Girls B	38.34m	2017-2018	Chan Janice	Good Hope School	Under 16
			Girls B	34.17m	2016-2017	Chan Janice	Good Hope School	Under 16
			Girls B	33.37m	2013-2014	Lau Cheuk Ting Courtney	Good Hope School	Under 16
			Girls B	33.22m	2007-2008	Woo Wing Yan	Good Hope School	Under 16
			Girls B	32.88m	2002-2003	Chan Yue Ning	Heep Yunn School	Under 16
			Girls B	28.54m	2000-2001	Barbara Kwok	Maryknoll Convent School	Under 16
			Girls B	25.89m	1999-2000	Chung Yuen Yi	Heep Yunn School	Under 16 Best Performance
		Girls B	32.60m	1985-1986	Malina Ngai	Maryknoll Convent School	Under 17	
		Girls B	32.06m	1984-1985	Malina Ngai	Maryknoll Convent School	Under 17	
		Girls B	28.70m	1983-1984	Kiang Shuk Yee	Pui Kiu Middle School	Under 17	
		Girls B	28.60m	1976-1977	L. Burbidge	King George V School	Under 17	
		Girls B	83'4"	1966-1967	A. Apps	King George V School	Under 17	
		Girls C	29.90m	2001-2002	Chan Yu Ning	Heep Yunn School	Under 14	
		Girls C	23.00m	2000-2001	Lo Sin Yuk	Hong Kong True Light College	Under 14	
		Girls C	22.60m	1999-2000	Cheng Hiu Man	Hong Kong True Light College	Under 14 Best Performance	
		Girls C	27.84m	1990-1991	Candy Lau	Good Hope School	Under 15	
		Girls C	26.04m	1986-1987	Carmen Kee	Good Hope School	Under 15	
		Girls C	25.63m	1983-1984	Malina Ngai	Maryknoll Convent School	Under 15	
		Girls C	22.68m	1981-1982	Celini Lam	Maryknoll Convent School	Under 15	
Javelin (700gm)		Boys A	62.06m	2016-2017	Lam Ming Yiu	Diocesan Boys' School	Under 19	
		Boys A	58.79m	2015-2016	Lam Ming Yiu	Diocesan Boys' School	Under 19	
		Boys A	56.84m	2013-2014	Fong Kai Chuen	La Salle College	Under 19 Best Performance	
		Boys A	60.43m	2006-2007	Yu Chi Siu	Choi Hung Estate Catholic Secondary School	Under 20	
		Boys A	59.62m	1996-1997	Grant Kahler	Hong Kong International School	Under 20	
		Boys A	54.44m	1983-1984	John Evans	King George V School	Under 20	
		Boys A	52.34m	1979-1980	P. Kerjam	King George V School	Under 20	
		Boys A	51.75m	1975-1976	S. Chalmers	King George V School	Under 20	
	Boys A	169'2.5"	1964-1965	A. Tebbutt	King George V School	Under 20		
Javelin (600gm)		Boys B	56.91m	2016-2017	Chien Jonathan Shou Zheng	La Salle College	Under 16	
		Boys B	52.55m	2014-2015	Lam Ming Yiu	Diocesan Boys' School	Under 16	
		Boys B	51.63m	2007-2008	Hui Wai Hei	Diocesan Boys' School	Under 16	
		Boys B	50.21m	2006-2007	Ng Kwok Cheung	CMA Secondary School	Under 16	
		Boys B	47.18m	2000-2001	Cheung Yi Yin	Chong Gene Hang College	Under 16	
		Boys B	39.89m	1999-2000	Wong Yuk Man	Chong Gene Hang College	Under 16 Best Performance	
		Boys B	59.06m	1991-1992	David Leventhal	Hong Kong International School	Under 17	
		Boys B	52.44m	1990-1991	Teoh Yuen Bun	Diocesan Boys' School	Under 17	
		Boys B	51.40m	1986-1987	Tang Lok Man	Chan Shu Kui Memorial School	Under 17	
		Boys B	47.22m	1982-1983	Lam Kin Wai	CMA Prevocational School	Under 17	
		Boys B	46.80m	1980-1981	G. Tabori	King George V School	Under 17	
		*(2)	Boys B	44.06m	1979-1980	Tim Abearn	Hong Kong International School	Under 17
			Boys B	46.98m	1976-1977	Ronnie Chan	Diocesan Boys' School	Under 17
			Boys B	143'2.5"	1973-1974	A. Jesu	King George V School	Under 17
			Boys B	151'1.5"	1969-1970	Sonny L. Souza	La Salle College	Under 17
		Boys B	144'9.75"	1961-1962	Chan Koon Tai	Pui Kiu Middle School	Under 17	
		Girls A	47.16m	2013-2014	Lau Hei Ting	Good Hope School	Under 19 New Record	

Event	*	Grade	Record	Year	Holder	School	Remarks
Javelin (600gm)		Girls A	41.52m	2012-2013	Lau Hei Ting	Good Hope School	Under 20
		Girls A	41.39m	2008-2009	Woo Wing Tung	Diocesan Girls' School	Under 20
		Girls A	39.88m	2003-2004	Lau Chi Kay	Diocesan Girls' School	Under 20
		Girls A	38.48m	1993-1994	Florence Lai	Diocesan Girls' School	Under 20
		Girls A	37.80m	1984-1985	Alice Tai	Diocesan Girls' School	Under 20
		Girls A	32.74m	1980-1981	M. Lee	King George V School	Under 20
		Girls A	105'6.25"	1973-1974	B. Ware	Hong Kong International School	Under 20
		Girls A	84'1.5"	1970-1971	L. Z. Von Behren	Hong Kong International School	Under 20
		Girls A	80'60"	1967-1968	S. Carte	Hong Kong International School	Under 20
		Girls B	42.92m	2011-2012	Lau Hei Ting	Good Hope School	Under 16
		Girls B	42.10m	2010-2011	Lau Hei Ting	Good Hope School	Under 16
		Girls B	38.45m	2005-2006	Woo Wing Tung	Diocesan Girls' School	Under 16
		Girls B	36.49m	2002-2003	Lau Janice Chi Kay	Diocesan Girls' School	Under 16
		Girls B	32.62m	2001-2002	Lau Janice Chi Kay	Diocesan Girls' School	Under 16
		Girls B	30.33m	1999-2000	Chan Art Yin	Heep Yunn School	Under 16 Best Performance
		Girls B	37.41m	1998-1999	Cheung Wai Yin	Heep Yunn School	Under 17
		Girls B	35.28m	1996-1997	Cheung Wai Yin	Heep Yunn School	Under 17
		Girls B	33.50m	1983-1984	Tai Miu Kuen	Diocesan Girls' School	Under 17
		Girls B	29.66m	1980-1981	Krista Ma	Diocesan Girls' School	Under 17
		Girls B	27.78m	1979-1980	Margaret Keenan	Hong Kong International School	Under 17
		Girls B	27.70m	1976-1977	L. Burbidge	King George V School	Under 17
		Girls B	89'7.5"	1966-1967	S. Carte	King George V School	Under 17
	Cricketball		Boys C	87.42m	1979-1980	Watt Tilling	Hong Kong International School
		Boys C	77.41m	1975-1976	Steve Hu	La Salle College	Under 15
		Boys C	242'9"	1970-1971	Arnalds Xavier	La Salle College	Under 15
*(3)		Boys C	194'6.5"	1966-1967	Sonny Souza	La Salle College	Under 14
		Boys C	229'3.5"	1965-1966	Krishna Ale	St. George's School	Under 15
		Boys C	227'6.5"	1964-1965	J. Lucht	King George V School	Under 15
		Boys D	194'2.5"	1962-1963	J. Lucht	King George V School	Under 13
		Girls A	191'8"	1960-1961	Liu Kay	St. Stephen's Girls' College	Under 20 abolished in 1966/67 season
		Girls B	185'4"	1965-1966	C. Nelson	King George V School	Under 17 abolished in 1966/67 season
		Girls B	165'5.75"	1964-1965	C. Zimmerman	King George V School	Under 17
		Girls C	64.02m	1977-1978	M. Lee	King George V School	Under 15 abolished in 1980/81 season
		Girls C	60.88m	1976-1977	M. Lee	King George V School	Under 15
		Girls C	55.4m	1975-1976	M. Lee	King George V School	Under 15
		Girls C	174'0.75"	1972-1973	C. Forary	Hong Kong International School	Under 15
		Girls C	168'5"	1968-1969	Joely Saunders	Hong Kong International School	Under 15
		Girls C	161'7"	1966-1967	Monique Yeh	Diocesan Girls' School	Under 15
	Girls C	159'5"	1962-1963	D. Van Schultz	King George V School	Under 15	
4x100m Relay		Boys A	42.16	2016-2017	Tsoi Hong Yuen Ma Ka Ho Lo Tsz Yuen Fong Leong Sing	Diocesan Boys' School	Under 19
		Boys A	42.32	2014-2015	Nip Ho Tin Lee Hong Kit Chung Cheuk Hei Chau Yung Ho Michael	Diocesan Boys' School	Under 19
		Boys A	42.72	2013-2014	Choi Wun Ting Martin Nip Ho Tin Lee Hong Kit Wong Tsz Hin	Diocesan Boys' School	Under 19 Best Performance
		Boys A	42.04	2012-2013	---	Diocesan Boys' School	Under 20
		Boys A	42.55	2009-2010	---	Chong Gene Hang College	Under 20
		Boys A	42.63	1995-1996	---	St. Stephen's College, Stanley	Under 20
		Boys A	42.73	1994-1995	---	Diocesan Boys' School	Under 20
		Boys A	43.44	1989-1990	---	Diocesan Boys' School	Under 20
		Boys A	43.90	1987-1988	---	Diocesan Boys' School	Under 20
		Boys A	44.20	1967-1968	---	Diocesan Boys' School	Under 20
		Boys A	44.70	1965-1966	---	Diocesan Boys' School	Under 20
		Boys A	48.80	1963-1964	---	Diocesan Boys' School	Under 20
		Boys B	43.73	2012-2013	Pun Tak Cheung Lee Hong Kit Nip Ho Tin Chau Yung Ho Michael	Diocesan Boys' School	Under 16
		Boys B	44.20	2011-2012	---	Diocesan Boys' School	Under 16
		Boys B	44.23	2010-2011	---	Diocesan Boys' School	Under 16
		Boys B	44.68	2008-2009	---	La Salle College	Under 16
		Boys B	44.99	2004-2005	---	La Salle College	Under 16
		Boys B	45.14	2003-2004	---	Diocesan Boys' School	Under 16
		Boys B	45.65	2001-2002	---	Diocesan Boys' School	Under 16
	Boys B	45.94	2000-2001	---	Diocesan Boys' School	Under 16	

Event	*	Grade	Record	Year	Holder	School	Remarks		
4x100m Relay		Boys B	46.23	1999-2000	---	La Salle College	Under 16 Best Performance		
		Boys B	44.11	1990-1991	---	Diocesan Boys' School	Under 17		
		Boys B	44.28	1988-1989	---	Diocesan Boys' School	Under 17		
		Boys B	44.84	1986-1987	---	La Salle College	Under 17		
		Boys B	44.91	1985-1986	---	Diocesan Boys' School	Under 17		
		Boys B	45.17	1981-1982	---	Diocesan Boys' School	Under 17		
		Boys B	45.71	1979-1980	---	Diocesan Boys' School	Under 17		
		Boys B	46.05	1978-1979	---	CMA Prevocational School	Under 17		
		*(1)	Boys B	46.70	1973-1974	---	Diocesan Boys' School	Under 17	
			Boys B	46.00	1971-1972	---	St. Joseph's Anglo-Chinese School	Under 17	
			Boys B	46.30	1966-1967	---	La Salle College	Under 17	
			Boys B	46.80	1965-1966	---	Wah Yan College (Kowloon)	Under 17	
			Boys B	46.80	1951-1952	---	Diocesan Boys' School	Under 17	
			Boys C	45.50	2007-2008	Wong Hung Yiu Lau Ho Tung Li Lut Yin Tsu Ka Chon	La Salle College	Under 14	
			Boys C	46.63	2006-2007	---	Chong Gene Hang College	Under 14	
			Boys C	46.89	2004-2005	---	Diocesan Boys' School	Under 14	
			Boys C	47.20	2002-2003	---	La Salle College	Under 14	
			Boys C	47.67	2001-2002	---	Chong Gene Hang College	Under 14	
			Boys C	48.92	1999-2000	---	Diocesan Boys' School	Under 14 Best Performance	
			Boys C	45.63	1991-1992	---	Diocesan Boys' School	Under 15	
			Boys C	46.21	1990-1991	---	Diocesan Boys' School	Under 15	
			Boys C	46.68	1986-1987	---	La Salle College	Under 15	
			Boys C	47.20	1985-1986	---	Diocesan Boys' School	Under 15	
			Boys C	47.31	1983-1984	---	La Salle College	Under 15	
			Boys C	47.54	1982-1983	---	Diocesan Boys' School	Under 15	
			Boys C	47.98	1979-1980	---	Diocesan Boys' School	Under 15	
			Boys C	48.44	1977-1978	---	Diocesan Boys' School	Under 15	
			*(3)	Boys C	52.10	1966-1967	---	La Salle College	Under 14
			Boys C	48.70	1964-1965	---	La Salle College	Under 15	
			Boys D	55.90	1964-1965	---	La Salle College	Under 13	
			Girls A	48.92	2017-2018	Chu Pui Ching Wu Yi Lam Chan Kar Wing Chan Pui Kei	Good Hope School	Under 19	
			Girls A	49.31	2016-2017	Chan Pui Kei Chan Kar Wing Leung Yee Ting Cheung Ching Ting	Good Hope School	Under 19	
			Girls A	49.87	2015-2016	Cheung Ching Ting Leung Yee Ting Kwok Tsz Kiu Yue Ya Xin	Good Hope School	Under 19	
			Girls A	50.61	2014-2015	Lo Heng Yan Poon Hang Wai Wong Yeuk Tung Tanya Yue Ya Xin	Good Hope School	Under 19	
			Girls A	50.93	2013-2014	---	Good Hope School	Under 19 Best Performance	
			Girls A	48.49	2007-2008	---	Good Hope School	Under 20	
			Girls A	50.18	2006-2007	---	Good Hope School	Under 20	
			Girls A	50.39	2003-2004	---	Diocesan Girls' School	Under 20	
			Girls A	51.14	2002-2003	---	Good Hope School	Under 20	
			Girls A	51.21	1996-1997	---	Good Hope School	Under 20	
			Girls A	51.36	1987-1988	---	Good Hope School	Under 20	
			Girls A	52.04	1985-1986	---	Good Hope School	Under 20	
			Girls A	52.23	1984-1985	---	St. Catherine's School for Girls, Kwun Tong	Under 20	
			Girls A	52.74	1980-1981	---	New Method College	Under 20	
			Girls A	52.80	1973-1974	---	King George V School	Under 20	
			Girls A	52.90	1971-1972	---	Island School	Under 20	
			Girls A	52.90	1968-1969	---	Hong Kong International School	Under 20	
			Girls A	53.80	1952-1953	---	King George V School	Under 20	
			Girls B	49.44	2014-2015	Au Ka Wing Leung Nga Ching Wong Yuen Nam Lam Yan Tung	Diocesan Girls' School	Under 16	
			Girls B	49.52	2006-2007	---	Diocesan Girls' School	Under 16	
		Girls B	50.27	2005-2006	---	Diocesan Girls' School	Under 16		
		Girls B	50.92	2004-2005	---	Good Hope School	Under 16		
		Girls B	51.22	2003-2004	---	Heep Yunn School	Under 16		
		Girls B	51.54	2002-2003	---	Good Hope School	Under 16		
		Girls B	51.61	2001-2002	---	Diocesan Girls' School	Under 16		
		Girls B	51.98	1999-2000	---	Heep Yunn School	Under 16 Best Performance		
		Girls B	51.37	1992-1993	---	Good Hope School	Under 17		
		Girls B	51.43	1987-1988	---	Good Hope School	Under 17		
		Girls B	51.49	1985-1986	---	Maryknoll Convent School	Under 17		

Event	*	Grade	Record	Year	Holder	School	Remarks	
4x100m Relay		Girls B	52.40	1972-1973	---	King George V School	Under 17	
		Girls B	52.50	1970-1971	---	Island School	Under 17	
		Girls B	53.00	1965-1966	---	Diocesan Girls' School	Under 17	
		Girls B	55.50	1960-1961	---	St. George's School	Under 17	
		Girls C	50.59	2014-2015	Tang Vanessa Yik Ching Tsang Pak Chi Kwok Hui Man Natalie Leung Wing Hei	Diocesan Girls' School	Under 14	
		Girls C	50.95	2009-2010	---	Diocesan Girls' School	Under 14	
		Girls C	51.10	2008-2009	---	Diocesan Girls' School	Under 14	
		Girls C	51.46	2005-2006	---	Good Hope School	Under 14	
		Girls C	51.99	2002-2003	---	Good Hope School	Under 14	
		Girls C	52.28	1999-2000	---	Heep Yunn School	Under 14	
		Girls C	52.55	1990-1991	---	Good Hope School	Under 15	
		Girls C	52.77	1981-1982	---	King George V School	Under 15	
		Girls C	53.63	1978-1979	---	King George V School	Under 15	
		Girls C	53.70	1972-1973	---	King George V School	Under 15	
		Girls C	54.30	1971-1972	---	Island School	Under 15	
		Girls C	54.60	1970-1971	---	Island School	Under 15	
	Girls C	55.10	1968-1969	---	Island School	Under 15		
	Girls C	55.40	1963-1964	---	Diocesan Girls' School	Under 15		
4x400m Relay		Boys A	3:25.68	2017-2018	Chan Hiu Hei Ma Chi Fai Fung Sheung Wai Martin Chan Ching Fung	La Salle College	Under 19	
		Boys A	3:28.46	2015-2016	Cheung Wang Fung Leung Ho Chun Chan Yik Long Cheng Chi Tim	Wah Yan College (Kowloon)	Under 19	
		Boys A	3:30.44	2014-2015	Chan Ken Wong Yiu Man Ng Kun Lung Chan Ka Man	Diocesan Boys' School	Under 19	
		Boys A	3:35.28	2013-2014	Wong Yiu Man Chan Ken Ho Kwong Ho Chan Ka Man	Diocesan Boys' School	Under 19 Best Performance	
		Boys A	3:26.60	1988-1989	---	Delia Memorial School (Yuet Wah)	Under 20	
		Boys A	3:29.97	1986-1987	---	Diocesan Boys' School	Under 20	
		Boys A	3:30.90	1980-1981	---	Oberlin College	Under 20	
		Boys A	3:33.73	1979-1980	---	King George V School	Under 20	
		Boys A	3:33.90	1963-1964	---	Diocesan Boys' School	Under 20	
		Boys B	3:33.81	2017-2018	Fung Chi Lok Tse Cheuk Hin Yau Tse Ho Colin Wong Ching Hoi	Wah Yan College (Kowloon)	Under 16	
		Boys B	3:34.89	2015-2016	Chan Ching Fung Ma Chi Fai Chan Chun Hei Fung Sheung Wai Martin	La Salle College	Under 16	
		Boys B	3:36.46	2008-2009	Ogurusu Yasumasa Chan Cheuk Fung Chan Tsz Him Chan Yan Lam	Diocesan Boys' School	Under 16	
		Boys B	3:37.67	2007-2008	---	King George V School	Under 16	
		Boys B	3:38.96	2002-2003	---	La Salle College	Under 16	
		Boys B	3:43.65	2001-2002	---	La Salle College	Under 16	
		Boys B	3:45.81	2000-2001	---	Diocesan Boys' School	Under 16	
		Boys B	3:47.46	1999-2000	---	Diocesan Boys' School	Under 16 Best Performance	
		Boys B	3:35.20	1988-1989	---	Diocesan Boys' School	Under 17	
		Boys B	3:37.30	1987-1988	---	Diocesan Boys' School	Under 17	
		Boys B	3:38.00	1981-1982	---	King George V School	Under 17	
		*(2)	Boys B	3:40.43	1979-1980	---	Island School	Under 17
		Boys B	3:39.98	1978-1979	---	Cheung Sha Wan Catholic Secondary School	Under 17	
		Boys B	3:44.20	1974-1975	---	La Salle College	Under 17	
		*(1)	Boys B	3:47.80	1973-1974	---	La Salle College	Under 17
		Boys B	3:45.40	1972-1973	---	Diocesan Boys' School	Under 17	
		Boys B	3:46.00	1965-1966	---	Diocesan Boys' School	Under 17	
		Boys B	3:53.20	1949-1950	---	La Salle College	Under 17	
		Boys C	3:45.03	2014-2015	Ma Kenneth Chun Hei Lam Ansen Ng Wing Ho Lau Chung Kei	Diocesan Boys' School	Under 14	
		Boys C	3:46.84	2007-2008	Chan Yan Lam Chau Tsz Him Chan Tsz Fung Lai Chun Ting	Diocesan Boys' School	Under 14	
		Boys C	3:47.59	2006-2007	---	Diocesan Boys' School	Under 14	
		Boys C	3:54.16	2003-2004	---	Diocesan Boys' School	Under 14	
		Boys C	3:55.79	2002-2003	---	La Salle College	Under 14	

Event	*	Grade	Record	Year	Holder	School	Remarks
4x400m Relay		Boys C	4:00.08	2001-2002	---	SWCS Chan Pak Sha School	Under 14
		Boys C	4:00.65	2000-2001	---	La Salle College	Under 14
		Boys C	4:05.24	1999-2000	---	La Salle College	Under 14 Best Performance
		Boys C	3:45.82	1983-1984	---	Diocesan Boys' School	Under 15
		Boys C	3:47.07	1981-1982	---	King George V School	Under 15
		Boys C	3:49.96	1979-1980	---	Cheung Sha Wan Catholic Secondary School	Under 15
		Boys C	3:55.80	1974-1975	---	Diocesan Boys' School	Under 15
		Boys C	4:3.70	1973-1974	---	Diocesan Boys' School	Under 15
		Boys C	4:3.90	1972-1973	---	Diocesan Boys' School	Under 15
		Girls A	4:07.82	2014-2015	Chan Tak Yan Lee Suet Ying Chan Yee Ki Lam Christy Ho Yan	Diocesan Girls' School	Under 19
		Girls A	4:13.61	2013-2014	---	Diocesan Girls' School	Under 19 Best Performance
		Girls A	4:04.82	2012-2013	---	Diocesan Girls' School	Under 20
		Girls A	4:09.77	2008-2009	---	Diocesan Girls' School	Under 20
		Girls A	4:13.62	2006-2007	---	Diocesan Girls' School	Under 20
		Girls A	4:15.05	1998-1999	---	Diocesan Girls' School	Under 20
		Girls A	4:18.00	1986-1987	---	King George V School	Under 20
		Girls A	4:22.18	1979-1980	---	Island School	Under 20
		Girls A	4:23.06	1978-1979	---	King George V School	Under 20
		Girls A	4:35.54	1977-1978	---	Island School	Under 20
		Girls A	4:40.91	1976-1977	---	King George V School	Under 20
		Girls A	4:42.88	1975-1976	---	King George V School	Under 20
		Girls B	4:11.21	2013-2014	---	Good Hope School	Under 16
		Girls B	4:13.61	2011-2012	---	Diocesan Girls' School	Under 16
		Girls B	4:14.24	2010-2011	---	Diocesan Girls' School	Under 16
		Girls B	4:15.05	2009-2010	---	Heep Yunn School	Under 16
		Girls B	4:15.21	2008-2009	---	Heep Yunn School	Under 16
		Girls B	4:18.98	2003-2004	---	Heep Yunn School	Under 16
		Girls B	4:19.87	2001-2002	---	Heep Yunn School	Under 16
		Girls B	4:22.59	2000-2001	---	Diocesan Girls' School	Under 16
		Girls B	4:25.41	1999-2000	---	King George V School	Under 16 Best Performance
		Girls B	4:14.19	1994-1995	---	Good Hope School	Under 17
		Girls B	4:19.77	1991-1992	---	Hong Kong International School	Under 17
		Girls B	4:22.16	1983-1984	---	King George V School	Under 17
		Girls B	4:22.36	1981-1982	---	King George V School	Under 17
		Girls B	4:24.37	1978-1979	---	King George V School	Under 17
		Girls B	4:31.92	1977-1978	---	Island School	Under 17
	Girls B	4:40.97	1975-1976	---	Island School	Under 17	
	Girls C	4:15.44	2016-2017	Mak Wing Ting Ho Kin Ling Lo Cheuk Yat Fong Ching	Heep Yunn School	Under 14	
	Girls C	4:16.63	2007-2008	---	Heep Yunn School	Under 14	
	Girls C	4:19.49	2002-2003	---	Good Hope School	Under 14	
	Girls C	4:21.62	2001-2002	---	Good Hope School	Under 14	
	Girls C	4:25.89	1999-2000	---	Diocesan Girls' School	Under 14 Best Performance	
	Girls C	4:18.93	1982-1983	---	King George V School	Under 15	
	Girls C	4:25.66	1981-1982	---	King George V School	Under 15	
	Girls C	4:34.40	1980-1981	---	Island School	Under 15	

#### Note

- (1) Height restriction of Boys B grade was changed from 5'6" to 5'7" from 1973-1974 season onwards.
- (2) Height restriction was abolished in 1979-1980 season.
- (3) Age restriction for Boys C grade during 1966-1967 season was under 14 years; while before & after that period was under 15 years.
- (4) Boys D Age limit was under 12 and Height restriction was 4'9" or under from 1956-1961. They were changed to under 13 and 4'10" or under from 1962-1965.
- (4) Machine Timing introduced from 1965-1966 season onwards.
- (5) Use of Tartan all weather track & Photo Finish Timing in Wanchai Sports Ground as from 1978-1979 season.



## Age & Height Restriction

In 1950s, students were divided into Senior (A), Intermediate (B) & Junior (C) grades with respective age & height restriction. Senior grade was under 20 years of age without any height limit. Intermediate & Junior grades were under 17 & 15 with height restriction of under 5'2" & 4'10" respectively. Junior grade was further sub-divided into C grade & Midget (D) grades in 1956. The 4 grade system lasted for 10 years, and in 1966, D grade competition was abolished & replaced by Primary School competition.

Height restriction for Girls was abolished in 1960 while boys have to wait until 1979 when all height restriction was relaxed.

The following table illustrates the consequences of age & height restriction as from 1952.

Grade	Season		Age Limit	Height Limit
Boys A	2013-2014	to now	under 19	no restriction
	2012-2013	& * before	under 20	
Boys B	1999-2000	to now	under 16	no restriction
	1978-1979	to 1998-1999	under 17	5'7" (1.70m) or under
	1963-1964	to 1977-1978		5'4" or under
	1955-1956	to 1962-1963		5'2" or under
	1954	to 1955		Missing Information
	1953	to 1954		
1952	to 1953	under 17	5'4" or under	
Boys C	1999-2000	to now	under 14	no restriction
	1978-1979	to 1998-1999	under 15	5'4" (1.60m) or under
	1967-1968	to 1977-1978	under 14	
	1966	to 1967	under 15	5' or under
	1963-1964	to 1964-1965		4'10" or under
	1955-1956	to 1962-1963		
1954-1955	& * before			
Boys D	1961-1962	to 1964-1965	under 13	4'10" or under
	1955-1956	to 1960-1961	under 12	
Girls A	2013-2014	to now	under 19	no restriction
	2012-2013	& * before	under 20	
Girls B	1999-2000	to now	under 16	no restriction
	1960-1961	to 1998-1999	under 17	5'4" or under
	1955-1956	to 1959-1960		5'2" or under
1954-1955	& * before			
Girls C	1999-2000	to now	under 14	no restriction
	1963-1964	to 1998-1999	under 15	
	1960-1961	to 1962-1963	under 14	5'2" or under
	1958-1959	to 1959-1960	under 15	5' or under
	1955-1956	to 1957-1958		4'10" or under
1954-1955	& * before			

### Remarks:

\* Missing Information