

HONG KONG SCHOOLS SPORTS FEDERATION
HK and Kowloon Secondary Schools Regional Committee
Inter-School Athletics Championships 2011/2012
Division Three (Area 4) Time Table

This time table serves only as a guide and are subject to change if the Management Committee deems it necessary.

Athletes are advised to arrive at the Sports Ground at least 1 hour before the scheduled time of their events. Events may held ahead or behind the scheduled time subject to the flow of competition.

Day One : 1st February 2012

Venue : Wanchai Sports Ground

<u>No.</u>	<u>Time</u>	<u>Event</u>	<u>Grade</u>	<u>Heat</u> /	<u>Final</u>
	8:15am	Officials Report (工作人員報到)			
1	8:30am	110m Hurdles (欄)	Boys A	"	
2		High Jump (跳高)	Girls C		"
3		Triple Jump (三級跳遠)	Boys B		"
4		Long Jump (跳遠)	Boys C		"
5		Shot Put (鉛球)	Girls A		"
6		Discus (鐵餅)	Girls B		"
7		100m Hurdles (欄)	Boys B	"	
8		"	Boys C	"	
9	9:00am	"	Girls A	"	
10		"	Girls B	"	
11		"	Girls C	"	
12	9:30am	400m	Girls A	"	
13		"	Girls B	"	
14		"	Girls C	"	
15	10:30am	"	Boys A	"	
16		"	Boys B	"	
17		"	Boys C	"	
18	10:45am	Discus (鐵餅)	Boys B		"
19		High Jump (跳高)	Boys C		"
20	11:20am	100m	Girls A	"	
21		"	Girls B	"	
22		"	Girls C	"	
23	11:45am	"	Boys A	"	
24		"	Boys B	"	
AM	25	"	Boys C	"	
PM	26	1:30pm	200m	Girls A	"
	27		Javelin (標槍)	Boys A	"
	28		Shot Put (鉛球)	Boys B	"
	29		Long Jump (跳遠)	Girls A	"
	30		High Jump (跳高)	Boys A	"
	31		200m	Girls B	"
	32		"	Girls C	"
	33	2:20pm	"	Boys A	"
	34		"	Boys B	"
	35		"	Boys C	"
	36	2:45pm	1500m	Boys A	"
	37		"	Boys B	"
	38		"	Boys C	"
	39	3:45pm	4x100m Relay (接力)	Girls A	"
	40		"	Girls B	"
	41		"	Girls C	"

----- **End of Day One** -----

Day Two : 6th February 2012
 Venue : Wanchai Sports Ground

<u>No.</u>	<u>Time</u>	<u>Event</u>	<u>Grade</u>	<u>Heat</u>	<u>Semi-Final</u>	<u>Final</u>
	8:15am	Officials Report (工作人員報到)				
1	8:30am	Long Jump (跳遠)	Boys B			"
2		Shot Put (鉛球)	Boys C			"
3		Discus (鐵餅)	Girls A			"
4		High Jump (跳高)	Girls B			"
5	8:30am	110m Hurdles (欄)	Boys A		"	
6		100m Hurdles (欄)	Boys B		"	
7		"	Boys C		"	
8		"	Girls A		"	
9		"	Girls B		"	
10		"	Girls C		"	
11	8:50am	400m	Girls A		"	
12		"	Girls B		"	
13		"	Girls C		"	
14	9:20am	"	Boys A		"	
15		"	Boys B		"	
16		"	Boys C		"	
17	9:50am	100m	Girls A		"	
18		"	Girls B		"	
19		"	Girls C		"	
20		"	Boys A		"	
21		"	Boys B		"	
22		"	Boys C		"	
23	10:00am	Triple Jump (三級跳遠)	Boys A			"
24	10:15am	800m	Girls A	"		
25		"	Girls B	"		
26		"	Girls C	"		
27	10:45am	Discus (鐵餅)	Girls C			"
28		Shot Put (鉛球)	Girls B			"
29	11:00am	800m	Boys A	"		
30		"	Boys B	"		
AM	31	"	Boys C	"		
PM	32	1:00pm	Shot Put (鉛球)			"
	33	Javelin (標槍)	Boys B			"
	34	High Jump (跳高)	Girls A			"
	35	Long Jump (跳遠)	Girls C			"
	36	1:00pm	200m		"	
	37	"	Girls B		"	
	38	"	Girls C		"	
	39	1:20pm	"		"	
	40	"	Boys B		"	
	41	"	Boys C		"	
	42	1:30pm	1500m			"
	43	"	Boys B			"
	44	"	Boys C			"
	45	2:00pm	4x400m Relay (接力)		"	
	46	"	Girls B	"		
	47	"	Girls C	"		
	48	3:00pm	"	"		
	49	"	Boys B	"		
	50	"	Boys C	"		
	51	4:00pm	4x100m Relay (接力)		"	
	52	"	Boys B	"		
	53	"	Boys C	"		

----- End of Day Two -----

Final : 9th February 2012
 Venue : Wanchai Sports Ground

<u>No.</u>	<u>Time</u>	<u>Event</u>	<u>Grade</u>	<u>Final</u>
	8:15am	Officials Report (工作人員報到)		
1	8:30am	100m Hurdles (欄)	Girls C	"
2		Discus (鐵餅)	Boys A	"
3		High Jump (跳高)	Boys B	"
4		Long Jump (跳遠)	Girls B	"
5		Shot Put (鉛球)	Girls C	"
6		100m Hurdles (欄)	Girls B	"
7		"	Girls A	"
8		"	Boys C	"
9		"	Boys B	"
10		110m Hurdles (欄)	Boys A	"
11	9:00am	400m	Girls C	"
12		"	Girls B	"
13		"	Girls A	"
14		"	Boys C	"
15		"	Boys B	"
16		"	Boys A	"
17	9:30am	100m	Girls C	"
18		"	Girls B	"
19		"	Girls A	"
20		"	Boys C	"
21		"	Boys B	"
22		"	Boys A	"
23	10:00am	5000m	Boys A	"
24	10:30am	Long Jump (跳遠)	Boys A	"
25		Discus (鐵餅)	Boys C	"
26		800m	Girls C	"
27		"	Girls B	"
28		"	Girls A	"
29		"	Boys C	"
30		"	Boys B	"
31		"	Boys A	"
32	11:00am	200m	Girls C	"
33		"	Girls B	"
34		"	Girls A	"
35		"	Boys C	"
36		"	Boys B	"
AM	37	"	Boys A	"
PM	38	1:00pm	Javelin (標槍)	Girls A
	39	1500m	Girls C	"
	40	"	Girls B	"
	41	"	Girls A	"
	42	1:30pm	4x100m Relay (接力)	Boys C
	43	"	Boys B	"
	44	"	Boys A	"
	45	"	Girls C	"
	46	"	Girls B	"
	47	"	Girls A	"
	48	2:00pm	4x400m Relay (接力)	Boys C
	49	"	Boys B	"
	50	"	Boys A	"
	51	2:30pm	"	Girls C
	52	"	Girls B	"
	53	"	Girls A	"

Prize Presentation (頒獎)