

Inter-School Athletics Championships 2011-2012

Instruction on the Use of Wan Chai Sports Ground

Heads of schools and teachers in charge of Athletics please read the following information carefully and pass the information to officials, competitors and spectators who will attend the Inter-School Athletics Championships to be conducted in the Wanchai Sports Ground.

1. **Safety Precaution**

Competitors must leave the **FIELD** as soon as they finish their events.

Accidents can occur in Javelin and Discus events. Teachers-in-charge must emphasize to their athletes that the area around the Javelin Runway and Discus circle should be kept clear at all times. Competitors must station in the waiting area and can only enter the throwing area after their numbers are called.

Competitors participating in middle or long distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.

2. Spectators are NOT allowed to enter the competition area.

3. All warm up should be done in the warm up track area.

4. Nobody will be allowed to go inside the field (grass area) except appointed officials & competitors of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or students of a school do not follow this regulation, the school concerned is liable to disqualification.

5. The Federation wishes to emphasize that every precaution has been taken against possible risk, damage and injury to all concerned but this relies heavily on the co-operation of participating schools to point out the importance of safety to their teachers and students.

6. **Car Park Arrangement**

Limited parking will be available. These parking facilities will be offered to members of the Management Committee, guests and officials by prior application. Parents, spectators must use other public car park. Staff of Wanchai Sports Ground will man the Car Park to make sure that only authorized cars can go into the Sports Ground.

7. **Record Keepers' Office**

The Record Keepers' Office is located on the ground floor of the Sports Ground. Nobody will be allowed to enter the room without permission of the Convenor of the meet.

8. **Shoes for competition**

(A) Ordinary Training shoes or P.E. rubber shoes

(B) Spikes shoes: (i) Track event: spikes maximum length up to 7mm.

(ii) Field event: spikes maximum length up to 9mm.

Competitors failing to observe the rules concerning the use of spikes will not be allowed to compete.

9. **Refreshment Kiosk**

The kiosk in Wanchai Sports Ground has the franchise to sell refreshment items inside the Sports Ground. Neither food nor drink may be brought into the ground for sale, resale or free distribution.