

# Inter-School Athletics Competition 2023-2024

## HK Island & Kowloon

### Division One (Final Results)

#### Boys A Grade

wind speed : + 2.8

##### 100m

1	Johannsson Magnus Prostur	DBS	10.49
2	Chung Tsz Sing	LKYMS	10.65
3	Chan Chun Yu Lucas	WYK	10.90
4	Leung Ching Hang Wesley	DBS	11.00
5	Yeung Tsz Fung	LSC	11.03
6	Wan Fu Wang David	WYK	11.04
7	Chan Ho Jun	LSC	11.10
8	Ho Man Hin	LKYMS	11.15

##### 400m

1	Kwan Yik Yin	MSC	50.35
2	Lee Cheuk Hei	DBS	50.93
3	Chung Long Hei Cyrus	MSC	51.05
4	Wong Tsz Ngo	WYK	51.67
5	Lau Ka Lun Hamish	LSC	51.76
6	Leung Chun Wai Tony	LSC	53.08
7	Wong Wang Shun	WFN	53.34

##### 1500m

1	Mok Pak Fan	DBS	4:14.83
2	Chu Lok Yin Ryan	DBS	4:14.86
3	Tung Fu Shing	YCKMC	4:17.78
4	Rahuipreet-Raymond	YCKMC	4:21.63
5	Wong Pak Yiu Anson	MSC	4:23.12
6	Wong Kin Long	WYK	4:24.72
7	Loasby, Jiro Joey	WIS	4:27.69
8	Ruddell Jonte Li	CHECSS	4:31.29

wind speed : + 0.6

##### 110m Hurdles

1	Chau Ho Yin	LSC	14.22
2	Tsang Pui Tin	YCKMC	14.52
3	Lau Chun Hang	DBS	14.58
4	Hui Yik Yeung Colby	HPCCSS	14.65
5	Chan Ho Jun	LSC	14.70
6	Zheng Wang Kei	DBS	14.92
7	Pang Sung Him	YCKMC	15.24
8	Hui Ting Lok	WYHK	15.98

wind speed : + 0.8

##### 200m

1	Johannsson Magnus Prostur	DBS	21.50
2	Leung Ching Hang Wesley	DBS	21.87
3	Chung Tsz Sing	LKYMS	22.25
4	Chan Chun Yu Lucas	WYK	22.58
5	Yeung Tsz Fung	LSC	22.98
6	Wan Fu Wang David	WYK	23.56
7	Lau Ka Lun Hamish	LSC	23.72
8	Ho Man Hin	LKYMS	23.74

##### 800m

1	Hall, Tomas Zionede	WIS	1:59.28
2	Chu Lok Yin Ryan	DBS	1:59.31
3	Kwan Yik Yin	MSC	2:02.01
4	Ma Yung Sang	WYHK	2:03.21
5	Cheung Hoi Hin Onix	WYK	2:07.62
6	Lau Ho Yin	DBS	2:08.70
7	Fall, Gabriel Ahmet	WIS	2:10.99
8	Chen Shun Tin	YCKMC	2:12.04

##### 5000m

1	Mok Pak Fan	DBS	16:43.24
2	Wong Pak Yiu Anson	MSC	16:50.31
3	Rahuipreet-Raymond	YCKMC	17:01.05
4	Wong Kin Long	WYK	17:08.19
5	Loasby, Jiro Joey	WIS	17:13.87
6	Ruddell Jonte Li	CHECSS	17:58.39
7	Au Chun Ning Gabriel	DBS	18:36.55
8	Lo Wang Shing	SWC	18:42.08

##### 400m Hurdles

1	Lee Cheuk Hei	DBS	54.30
2	Chung Long Hei Cyrus	MSC	55.89
3	Tsang Pui Tin	YCKMC	56.63
4	Hui Yik Yeung Colby	HPCCSS	56.71
5	Wong Tsz Ngo	WYK	57.51
6	Tsang Man Chi	DBS	58.46
7	Fong Chun Kit Jacky	LSC	59.88
8	Cheung Chi Kit	YCKMC	1:00.85

**4x100m Relay**

1	DBS	41.9 HT
2	LSC	43.7 HT
3	YCKMC	43.7 HT
4	WYHK	44.3 HT
5	WYK	44.4 HT
6	HPCCSS	44.5 HT
7	LKYMS	44.7 HT

**4x400m Relay**

1	DBS	3:28.65
2	LSC	3:29.70
3	YCKMC	3:39.67
4	HPCCSS	3:41.28
5	WYK	3:41.74
6	WFN	3:42.20
7	MSC	3:43.57

**High Jump**

1	Lai Pak Hei	LSC	1.96
2	Pang Sung Him	YCKMC	1.93
3	Tsang Sze Kwan	YCKMC	1.84
4	Leung Kin Wang	DBS	1.81
5	Low Ho Lum	DBS	1.81
6	Chan Cheuk Yu	WFN	1.78
=7	Pong Hok Him	SSCS	1.75
=7	Chiu Chun Hoi	WFN	1.75

**Long Jump**

				<u>wind speed</u>
1	Yeung Man Long	HPCCSS	7.03	+ 1.0
2	Zheng Wang Kei	DBS	6.71	+ 0.1
3	Chan Ka Shing	DBS	6.63	+ 0.5
4	Mok Nai Tin Victor	SMCESPS	6.55	- 1.1
5	Tsang Sze Kwan	YCKMC	6.40	- 0.2
6	Yiu Cho Yin George	MSC	6.36	+ 1.3
7	Tan Kwan Ho	WYHK	6.31	- 0.1
8	Chan Pok Him	HPCCSS	6.31	+ 1.2

**Triple Jump**

			<u>wind speed</u>
1	Chan Chung Yin	WYK	13.74 - 1.4
2	Hui Ting Lok	WYHK	13.70 - 1.2
3	Leung Kin Wang	DBS	13.68 - 2.0
4	Yiu Cho Yin George	MSC	13.44 + 0.0
5	Chan Pok Him	HPCCSS	13.15 - 1.9
6	Chan Ka Shing	DBS	12.99 - 1.6
7	Yeung Tin Long	LSC	12.80 - 2.4
8	Yau Tsan For Magnus	SJACS	12.69 - 0.4

**Shot Put**

1	Ng Sze Pang	LKYMS	13.92
2	Choi Hung Yun	CHECSS	12.78
3	Yung Ngai Tsun	HPCCSS	12.50
4	Yeung Ho Wan Owen	MSC	12.06
5	Tsang Cheung Yu	YCKMC	12.01
6	Sze Wai Shun	CSWCSS	11.81
7	Ng King Chung	WFN	11.76
8	Ku Hok Ching	DBS	11.31

**Discus**

1	Tsang Cheung Yu	YCKMC	41.43
2	Ng Sze Pang	LKYMS	41.01
3	Fung Ho Kwan Johnathan	WYHK	39.29
4	Yung Ngai Tsun	HPCCSS	38.93
5	Chen Chen	CSWCSS	38.74
6	Sze Wai Shun	CSWCSS	36.07
7	Wo Lok Hei	HPCCSS	35.23
8	Zhu Hui Fung	SWC	34.85

**Javelin**

1	Wong Yi Hin	DBS	51.24
2	Law Cheuk Hin	MSC	50.07
3	Chong Wing Yat Carlos	WYHK	49.53
4	Wong Kwong Lik Nicholas	DBS	47.16
5	Chu Yat Shun Anson	WYK	41.65
6	Ma Ming Sum	HPCCSS	41.40
7	Wong Wai Yin	HPCCSS	41.03
8	Tam Jeffrey Pok Hin	LKYMS	39.11

**Boys B Grade**wind speed : + 2.2**100m**

1	Koo Cheuk Fung Jasper	DBS	10.68
2	Wong Kwok Yau	WYK	11.04
3	Wong Lai Fung	LSC	11.14
4	Cheung Marcus	WFN	11.17
5	Yip Chun Ho	WYHK	11.21
6	Lam Ho Fung	WYK	11.32
7	Chow Tsz Ho	SWC	11.38
8	Leung Ching Shun Jensen	DBS	11.56

wind speed : - 0.7**200m**

1	Koo Cheuk Fung Jasper	DBS	22.39
2	Wong Kwok Yau	WYK	22.86
3	Yip Chun Ho	WYHK	23.33
4	Wong Lai Fung	LSC	23.36
5	Yeung Hoi To	LKYMS	23.41
6	Leung Ching Shun Jensen	DBS	23.49
7	Wu Pak Hang	LSC	23.57
8	Lam Ho Fung	WYK	23.58

**400m**

1	Yeung Hoi To	LKYMS	51.87
2	Chan Thomas Lok Hin	DBS	52.47
3	Leung Po Hong Cedric	WFN	52.95
4	Lau Chi Hong	WFN	52.97
5	Cheung Jun Jonathan	LSC	53.04
6	Cai Yundi Elliot	WYK	53.96
7	Tam Yuk Wang	SSCS	54.99
8	Xie Shing Chun	LKYMS	55.08

**1500m**

1	Au Ho Chun	DBS	4:17.23
2	Lam Lok Shi	DBS	4:17.36
3	Chen Yik Fan	YCKMC	4:22.52
4	Szentes, Koppany	WIS	4:24.63
5	Chan Ka Hei Cyrus	CSWCSS	4:26.97
6	Chow Yik Ming	HPCCSS	4:39.83
7	Kao, Yuwei Ethan	WIS	4:41.95
8	Lo Ka Wai	CSWCSS	4:44.07

wind speed : + 1.1**100m Hurdles**

1	Lam Yu Hin	LSC	13.88
2	Wong Man Hong	WYK	14.03
3	Yee Ching Kwan	SWC	14.04
4	Au Kin Ping	HPCCSS	14.28
5	Chui Long Hei Rex	DBS	14.34
6	Chan Yat Hei	HPCCSS	14.54
7	Li Chun Hin	MSC	14.72

**4x400m Relay**

1		DBS	3:35.63
2		LSC	3:36.35
3		WYK	3:37.09
4		LKYMS	3:42.47
5		HPCCSS	3:43.79
6		WFN	3:45.83
7		SSCS	3:45.91
8		CSWCSS	3:48.29

**Long Jump**

1	Leung Tsz Hin Bosco	WYHK	7.07	+ 0.7
2	Poon Wai Sum	LSC	6.73	+ 0.0
3	Shing Ka Hei	DBS	6.37	+ 0.9
4	Cheung Marcus	WFN	6.22	- 0.7
5	Fu Kin Wang	LKYMS	6.17	+ 0.8
6	Ng Chi Tin	CSWCSS	6.07	+ 0.5
7	Chow Tsz Fung	CSWCSS	5.91	- 0.0
8	Au Yeung Tin	WYK	5.85	+ 0.4

**800m**

1	Wang Nok Wang	DBS	1:57.52
2	Chen Yik Fan	YCKMC	2:03.68
3	Sy Kwan Hon Johann	DBS	2:03.73
4	Ho Hoi Wai Howard	LSC	2:04.26
5	Tam Yuk Hon	SSCS	2:05.85
6	Xie Shing Chun	LKYMS	2:06.40
7	So Hoi Nok	WYHK	2:07.56
8	Cai Yundi Elliot	WYK	2:07.92

**3000m**

1	Wang Nok Wang	DBS	8:58.42
2	Szentes, Koppany	WIS	9:34.25
3	Au Ho Chun	DBS	9:34.26
4	Chan Ka Hei Cyrus	CSWCSS	9:50.55
5	Wong Cheuk Him	WYHK	10:23.14
6	Chow Yik Ming	HPCCSS	10:24.58
7	Law Tsun Lam	WYHK	10:32.74
8	Arai, Ryuto	WIS	10:36.06

**4x100m Relay**

1		LSC	43.65
2		DBS	43.84
3		WYHK	44.05
4		WYK	44.38
5		WFN	45.12
6		HPCCSS	46.10
7		SWC	46.22
8		CSWCSS	46.26

**High Jump**

1	Hui Chi Man	YCKMC	1.89
2	Tsang Hong Yat Arthur	CSWCSS	1.87
3	Fok Yui Chun	DBS	1.85
4	Cai Hiu Tung	HPCCSS	1.76
5	Cheung Jun Jonathan	LSC	1.73
6	Ng Wai Tsun	YCKMC	1.73
7	Chu To Isaac	DBS	1.70
8	Li Larry	WFN	1.65

**Triple Jump**

1	Leung Tsz Hin Bosco	WYHK	13.86	- 0.8
2	Au Yeung Tin	WYK	13.32	- 0.2
3	Poon Wai Sum	LSC	13.25	- 0.6
4	Chan Chun Yuen	WFN	13.19	- 1.0
5	Huang Chun Yu	DBS	12.41	- 0.8
6	Lau Kwok Hay	HPCCSS	12.35	- 2.2
7	Yau Hoi Tim	HPCCSS	12.22	- 0.9
8	Sze Jerry	CSWCSS	12.21	- 0.6

**Shot Put**

1	Zhang Weidong	CSWCSS	15.59
2	Yan Jason Tsz Shing	WFN	13.56
3	Siu Yuk Nam	LSC	13.50
4	Cheng Yat Fung	YCKMC	13.45
5	Wong Lok Yin	DBS	12.62
6	Lau Lap Yan	MSC	12.57
7	Wong Chin Yin	CSWCSS	11.97
8	Zhang Yuen Shek	LSC	11.89

**Discus**

1	Yip Tin Ching Walter	WYHK	49.11
2	Wong Cheuk Hei	DBS	41.80
3	Kan Ethan	YCKMC	41.22
4	Leung Tin Long	LSC	37.89
5	Cheung Chi Kit	LKYMS	37.72
6	Yan Jason Tsz Shing	WFN	37.22
7	Zhang Weidong	CSWCSS	35.88
8	Lau Lap Yan	MSC	35.21

**Javelin**

1	Kan Ethan	YCKMC	51.94
2	Yip Tin Ching Walter	WYHK	50.49
3	Wong Yat Long	DBS	43.91
4	Tong Kiu Him	HPCCSS	42.29
5	Leung Tin Long	LSC	38.06
6	Wu Shing Hei	HPCCSS	37.22
7	Lee Yat Hei	MSC	35.75
8	Lok Yong Heng	WYHK	34.82

**Boys C Grade**

wind speed : + 2.5

**100m**

1	Wong Sean	WYK	11.36
2	Lam Tsz Yiu	DBS	11.43
3	Cheung Hei Leuk	SWC	11.57
4	Chen Tsz Yuk Lemuel	LSC	11.60
5	Ng Tsz Tai	YCKMC	11.81
6	Wong Lok Man	LSC	11.87
7	Wong Lok Tin	HPCCSS	11.91
8	Leung Chun Yeung	SSCS	11.95

**400m**

1	Lau Hoi Tsun	DBS	53.50
2	Wong Kwok Man	WYK	53.58
3	Li Kai King Justin	WYK	54.13
4	Cheng Pok Man	YCKMC	55.54
5	Ho Kei Chung Eden	DBS	55.62
6	Liu Sung Him	WYHK	55.77
7	Hau Chit Long	HPCCSS	57.12
8	Chu Tsz Lok	WFN	1:14.58

**1500m**

1	Ting Ngai Chun	DBS	4:19.05
2	Wan Chak Yan	DBS	4:34.75
3	Li Shun Hang	HPCCSS	4:42.92
4	Ng Cheuk Him	WFN	4:43.60
5	Tobback, Ilias	WIS	4:45.05
6	Chan Hau Chun	LSC	4:47.75
7	Chan Tsz Long	SSCS	4:49.57
8	Yim Man Hei	SWC	4:49.60

wind speed : + 0.8

**200m**

1	Wong Kwok Man	WYK	23.83
2	Cheung Hei Leuk	SWC	23.93
3	Ng Tsz Tai	YCKMC	24.09
4	Chen Tsz Yuk Lemuel	LSC	24.13
5	Hui Ho Hin	DBS	24.27
6	Wong Lok Tin	HPCCSS	24.29
7	Leung Chun Yeung	SSCS	24.60
8	Erni Austin Hanzel	DBS	27.28

**800m**

1	Ting Ngai Chun	DBS	2:09.90
2	Cheng Pok Man	YCKMC	2:10.84
3	Chu Tsz Lok	WFN	2:13.25
4	Li Shun Hang	HPCCSS	2:14.69
5	Wan Chak Yan	DBS	2:15.32
6	Peng Zui Rui	WYHK	2:15.66
7	Ng Cheuk Him	WFN	2:17.24
8	Ling, Marcus Asher	WIS	2:17.39

wind speed : + 0.5

**100m Hurdles**

1	Wong Sean	WYK	13.94
2	Chan Yik Yi	HPCCSS	14.90
3	Tsoi Hon Kan Hanz	WFN	14.97
4	Fong Hei Kiu	DBS	15.31
5	Yip Yeung	LSC	15.35
6	Au Yeung Hey	LSC	15.50
7	Chui Yu Cheung	WFN	15.55

**4x100m Relay**

1	LSC	46.27
2	HPCCSS	46.41
3	WYK	48.02
4	SSCS	48.32
5	SWC	48.87
6	WFN	49.37
7	CSWCSS	49.59
8	SMCESPS	49.82

**4x400m Relay**

1	DBS	3:50.83
2	WYK	3:53.64
3	LSC	3:55.14
4	YCKMC	3:55.48
5	SSCS	4:02.07
6	WFN	4:03.04
7	HPCCSS	4:08.37
8	CSWCSS	4:11.00

**High Jump**

1	Tsoi Hon Kan Hanz	WFN	1.72
2	Wong Chak Sum	YCKMC	1.69
3	Wong Yin Pok	MSC	1.66
4	Lin Lucas	SSCS	1.63
5	Ngan Wai Lun	SMCESPS	1.63
6	Song Jia Jie Gavin	WFN	1.55
7	Li Cheuk Tai	YCKMC	1.55
8	Lee Tin Ho Avery	SSCS	1.55

**Long Jump**

				<u>wind speed</u>
1	Fung Ballard	WFN	5.83	+ 3.6
2	Leung Sui Ting Moses	DBS	5.65	+ 2.5
3	Yip Chung Yin Holdyn	WFN	5.64	+ 4.2
4	Kwok Yuk Lam	LSC	5.61	+ 2.7
5	Cheng Yik Chi	LSC	5.40	+ 2.5
6	Lo Hau Ming	WYHK	5.32	+ 2.5
7	Cheung Tin Chun Cavin	HPCCSS	5.30	+ 3.9
8	Ng Tsz Yin	CHECSS	5.27	+ 2.5

**Shot Put**

1	Siu Hoi Wang Ian	DBS	11.09
2	Lee Wing To	YCKMC	10.92
3	Wong Chun Wing	DBS	10.66
4	So Ho Ming	LKYMS	9.80
5	Peng Siyu	LSC	9.73
6	Hui Siu Yau	SSCS	9.44
7	Chen Jinglin	CHECSS	9.44
8	Chan Yin Ming	LSC	9.29

**Discus**

1	Ou Chun Ngai	WYHK	40.96
2	Lee Wing To	YCKMC	38.18
3	Chan Ka Hei	DBS	34.13
4	Zhang Hoi Man Kevin	DBS	29.74
5	Lau Shing Cheung	HPCCSS	28.87
6	Peng Leung Ho	LSC	28.05
7	Tong Chun Kit	SWC	27.49
8	Chong Ho Ming	CSWCSS	25.55

**Girls A Grade**

wind speed : + 2.6

**100m**

1	Pak Hoi Man Chloe	DGS	11.67
2	Yu Pui Yi	GHS	11.91
3	Li Tsz To	HKUGA	12.00
4	Ho Chan Hung	HKUGA	12.22
5	Yau Sin Ting Nicole	SPCS	12.39
6	Shum Man Huen	WFN	12.63
7	Lam Yin Tung	DGS	12.71
8	Kwok Yee Ki	PCMS	13.01

wind speed : + 0.9

**200m**

1	Li Tsz To	HKUGA	25.07
2	Yau Sin Ting Nicole	SPCS	25.14
3	Chow Chi Kiu	DGS	25.82
4	Wong Wan Chi	HKUGA	25.89
5	Shum Man Huen	WFN	26.59
6	Kwok Yee Ki	PCMS	26.86
7	Kwok Hiu Yan Serene	HYS	26.99
8	Woo Joy Hei	GHS	27.29

**400m**

1	Karlsson Jane Christa Ming Suet	DGS	56.3 HT
2	Chow Chi Kiu	DGS	58.5 HT
3	Chan Lok Ching	HKUGA	1:00.1 HT
4	Choi Season	GHS	1:00.9 HT
5	Magrath, Naia Mei	WIS	1:01.0 HT
6	Ku Lok Yin	HYS	1:01.1 HT
7	Kwok Hiu Yan Serene	HYS	1:01.6 HT
8	Woo Joy Hei	GHS	1:04.3 HT

**800m**

1	Karlsson Jane Christa Ming Suet	DGS	2:20.88
2	Wong Wan Ki	GHS	2:22.44
3	Choi Season	GHS	2:26.65
4	Chan Lok Ching	HKUGA	2:27.02
5	Ku Lok Yin	HYS	2:29.08
6	Pudwill, Christine Vipa	WIS	2:30.20
7	Wong Jit	DGS	2:41.00
8	Leung Shun Ching	HYS	2:44.50

wind speed : + 1.7

**1500m**

1	Wong Wan Ki	GHS	5:08.24
2	Wong Jit	DGS	5:15.60
3	Ho So Yu	DGS	5:17.92
4	Kwok Sze Ming	HYS	5:18.77
5	Pudwill, Christine Vipa	WIS	5:39.21
6	Man Sum Yi Shari	GHS	5:47.58
7	Li Christina	HYS	6:03.17
8	Leung Hun Sum	SSGC	6:19.04

**100m Hurdles**

1	Pak Hoi Man Chloe	DGS	13.68
2	Yu Pui Yi	GHS	13.97
3	Lie Hiu Yee	GHS	15.47
4	Mok Nga Ki	SPCS	16.47
5	Lam Hei Yu Anson	DGS	16.74
6	Tam Tsz Wing	WFN	16.80
7	Leung Shun Ching	HYS	17.63
8	Chan Cheuk Kwan	SPCS	17.84

**4x100m Relay**

1		HKUGA	48.36
2		DGS	48.39
3		GHS	50.16
4		HYS	52.76
5		SPCS	54.58
6		MCS	57.39
7		WFN	59.85

**4x400m Relay**

1		DGS	4:05.89
2		HYS	4:13.51
3		GHS	4:18.10
4		WFN	4:32.69
5		WIS	4:39.82
6		MCS	4:43.81
7		SSGC	4:46.77
8		PCMS	4:49.77

**High Jump**

1	Yang Zhichu	DGS	1.54
2	Siu Brianna	HKUGA	1.51
=3	Kok Chin Wai Jovita	DGS	1.51
=3	Poan Tsz Nam	GHS	1.51
5	Chow Sylvia	GHS	1.48
6	Lok Tsz Ching	HYS	1.48
7	Lam Yu Ching	WFN	1.40
8	Wong Pleroma Kaka	KGV	1.40

**Long Jump**

1	Lie Hiu Yee	GHS	5.84	+ 1.3
2	Yang Zhichu	DGS	5.46	+ 0.4
3	Chow Sylvia	GHS	5.42	+ 1.3
4	Lam Hei Yu Anson	DGS	5.16	+ 1.1
5	Chui Wing Lam Rainie	HYS	4.84	+ 1.8
6	Tam Tsz Wing	WFN	4.64	+ 1.0
7	Tam Wing Yu	SPCS	4.52	+ 0.4
8	Hui Cyrene	MCS	4.50	- 0.3

**Shot Put**

1	Hong Wing Lam Chloe	DGS	10.69
2	Cheung Hoi Yan	DGS	9.93
3	Iu Choi Wan	HYS	9.88
4	Chung Yan Ting Jennifer	GHS	9.80
5	Lee Ching Yan Stephanie	SPCS	9.31
6	Poon Suen Man	GHS	8.86
7	Wu Pak Shun	SSGC	7.98
8	Yeung Karin	SPCS	7.55

**Discus**

1	Man Ho Lam Hina	DGS	32.93
2	Cheung Hoi Yan	DGS	28.62
3	Fung Long Ching	GHS	28.28
4	Poon Suen Man	GHS	25.80
5	Lin Hui Yee	SPCS	25.76
6	Mak Wan Ki	HYS	24.23
7	Gee Sze Hang	PCMS	20.81
8	Ho Lok Sum	HYS	19.75

**Javelin**

1	Hui Cyrene	MCS	42.86
2	Tse Sau Lam Bernice	DGS	34.44
3	Chung Yan Ting Jennifer	GHS	34.44
4	Wong Lok Yung	DGS	34.22
5	Lin Hui Yee	SPCS	31.95
6	Kwok Huen	HYS	29.21
7	Pun Tsz Yin	GHS	28.96
8	Chan Yuen Yau Evelyn	PCMS	25.17

## Girls B Grade

wind speed : + 1.7

### 100m

1	Wong Wing Tung	HYS	12.08
2	Yip Man Yan	HKUGA	12.11
3	Hui Ching Grace	HYS	12.50
4	Ng Yuen Fan	DGS	12.51
5	Chan Hui Wing Nuria	MCS	12.59
6	Lee Yee Ching	SPCS	12.61
7	Sum Hei Lam Nicole	DGS	12.62
8	Yu Tsz Lam	GHS	12.62

### 400m

1	Lee Tsz Yiu	GHS	59.93
2	Sum Hau Kiu	HYS	1:00.80
3	Chan Ching Man	HKUGA	1:01.19
4	Lai Tsz Sen	WFN	1:01.24
5	Tseng Hailey	DGS	1:02.46
6	Lau Valerie	HYS	1:02.50
7	Cheuk Nim Yan	DGS	1:02.85
8	Chen Wing Yeuk	PCMS	1:05.67

### 1500m

1	Man Lai Ki Nicole	HYS	5:08.58
2	Chan Pak Yin Katie	GHS	5:13.79
3	Guan Tsz Yin	HYS	5:15.06
4	Chan Mei Yan	DGS	5:18.11
5	Lam Tsz Yee	GHS	5:23.20
6	Ho So Wai	DGS	5:26.97
7	Mcmahon, Tea Susie	WIS	5:30.31
8	Ng Sum Yau Isa	HKUGA	5:38.46

### 4x100m Relay

1		HYS	48.66
2		DGS	49.70
3		GHS	51.23
4		HKUGA	51.29
5		SPCS	51.98
6		MCS	54.49
7		WFN	55.23
8		SSGC	55.38

### High Jump

1	Woo Sum Yau	GHS	1.58
2	Yiu Hong Ching Katelyn	DGS	1.55
3	Chan Sze Ching	GHS	1.55
4	Kwok Cho Sze Leann	MCS	1.55
5	Law Yi Ting	DGS	1.49
6	Yeung Lok Yee Jasmine	SPCS	1.46
7	Poulton, Siena Mai De Vere	TSIS	1.43
8	Choy Ceci	HYS	1.35

wind speed : + 1.4

### 200m

1	Yip Man Yan	HKUGA	24.88
2	Ng Yuen Fan	DGS	26.23
3	Chan Hui Wing Nuria	MCS	26.32
4	Hui Ching Grace	HYS	26.57
5	Sum Hei Lam Nicole	DGS	26.70
6	So Sin Hau Hilary	HYS	26.93
7	Yu Tsz Lam	GHS	26.98
8	Chan Ching Man	HKUGA	27.18

### 800m

1	Lee Tsz Yiu	GHS	2:29.29
2	Lai Tsz Sen	WFN	2:30.05
3	Lau Valerie	HYS	2:31.28
4	Man Lai Ki Nicole	HYS	2:32.51
5	Cheuk Nim Yan	DGS	2:34.66
6	Law Mei Hang	GHS	2:36.42
7	Chan Mei Yan	DGS	2:37.71
8	Mcmahon, Tea Susie	WIS	2:39.27

wind speed : + 1.7

### 100m Hurdles

1	Wo Hoi Yiu Richelle	DGS	14.32
2	So Sin Hau Hilary	HYS	15.32
3	Sum Hau Kiu	HYS	15.42
4	Chan Cheuk Ying	WFN	16.66
5	Wong Ming Kit	GHS	16.80
6	Ho Tsz Ling	GHS	17.29
7	Au Wai Ching Nicole	PCMS	17.31
8	Fong Hei Man Tiffany	DGS	18.48

### 4x400m Relay

1		DGS	4:15.61
2		GHS	4:21.96
3		HYS	4:24.82
4		WFN	4:27.58
5		SPCS	4:33.19
6		HKUGA	4:34.74
7		WIS	4:39.79
8		MCS	4:46.34

### Long Jump

1	Wong Wing Tung	HYS	5.38	<u>wind speed</u> + 1.3
2	Lee Yee Ching	SPCS	5.33	+ 0.5
3	Chan Sze Ching	GHS	5.26	+ 1.5
4	Ng Hei Yin	DGS	5.19	+ 0.6
5	Cheung Ka Yu Casey	HKUGA	5.06	+ 1.2
6	Wong Ming Kit	GHS	4.85	- 0.2
7	Fong Hei Man Tiffany	DGS	4.72	+ 0.3
8	Ku Sin Yau Ashley	SSGC	4.61	+ 0.2

**Shot Put**

1	Lui Pak Yi	WFN	10.74
2	Lin Ching Tung	PCMS	9.98
3	Ip Charmaine Chi Maan	GHS	9.89
4	Chan Tung Yan Samantha	GHS	9.76
5	Leung Wa Yan	HYS	9.69
6	Cheung Tsz Yuet	SSGC	9.31
7	Sze Hiu Tung	DGS	9.21
8	Lee Phyllis	DGS	8.93

**Discus**

1	Lui Pak Yi	WFN	30.15
2	Poek Ying Lam	GHS	27.05
3	Tang Yat Sum Samantha	DGS	25.13
4	Chan Tung Yan Samantha	GHS	24.37
5	Li Yi Suen Annabel	HKUGA	23.99
6	Pau Ching Yi	DGS	23.31
7	Hung On Kiu	HYS	23.00
8	Lin Ching Tung	PCMS	22.47

**Javelin**

1	Poek Ying Lam	GHS	38.73
2	Ho Ching Yin	WFN	36.87
3	Ma Yung Wai Jocelyn	DGS	36.47
4	Lee Phyllis	DGS	30.86
5	To Lok Yee	SPCS	28.80
6	Tang Sum Yuen	HYS	28.71
7	Chung Cheuk Wing	GHS	28.48
8	Cheung Hoi Ching	SPCS	26.63

**Girls C Grade**wind speed : - 2.1**100m**

1	Wu Sien Yan Bernice	PCMS	12.91
2	Liu Hui Yuet	GHS	12.95
3	Tsui Hoi Ching	HKUGA	12.97
4	Ho Pik Man Karina	GHS	13.19
5	Ko Yui Ching	HYS	13.23
6	Li Man Ching	DGS	13.29
7	Chui Hei Man	DGS	13.48
8	Ng Wing Kiu	HKUGA	13.51

**400m**

1	Cheng Tsz Yan	HYS	59.26
2	Yip Yik Tung	DGS	1:00.79
3	Lee Fay Yee	GHS	1:01.88
4	Fan On Wing	GHS	1:02.67
5	Tsang Alana	HKUGA	1:02.85
6	Lo Lok Tung	HYS	1:02.96
7	Chen Qinuo Kelly	DGS	1:03.35
8	Lo Wing Huen	PCMS	1:10.76

**1500m**

1	Kong Jerika	DGS	5:15.32
2	Poon Sum Yuet	GHS	5:15.40
3	Cheng Ho Ka	GHS	5:15.50
4	Yuen Yi Amanda	DGS	5:21.69
5	Ackber Bertha	SPCS	5:25.78
6	Ip Heung Ching	HYS	5:26.30
7	Lam Tsz Ying	PCMS	5:35.53
8	Ng Yuet Hei	HYS	5:38.35

wind speed : + 0.5**200m**

1	Cheng Tsz Yan	HYS	25.93
2	Lee Fay Yee	GHS	26.39
3	Tsui Hoi Ching	HKUGA	26.50
4	Yip Yik Tung	DGS	26.88
5	Ng Wing Kiu	HKUGA	27.48
6	Ho Pik Man Karina	GHS	27.65
7	Wu Sien Yan Bernice	PCMS	27.70
8	Chui Hei Man	DGS	27.71

**800m**

1	Fan On Wing	GHS	2:26.67
2	Lo Lok Tung	HYS	2:29.24
3	Kong Jerika	DGS	2:29.25
4	Chen Qinuo Kelly	DGS	2:29.88
5	Poon Sum Yuet	GHS	2:31.25
6	Ip Heung Ching	HYS	2:35.30
7	Ackber Bertha	SPCS	2:41.90
8	Lam Tsz Ying	PCMS	2:43.68

wind speed : + 1.4**100m Hurdles**

1	Vong Shu Wing Annette	DGS	15.47
2	Wong Ho Ching Emily	GHS	15.65
3	Ng Wing Kiu Nikita	GHS	16.03
4	Hung Hok Wai Audrey	HYS	16.20
5	So Clara Wincy	PCMS	17.26
6	Ho Ka Ying	PCMS	17.71
7	Yau Jasmine Hiu Tung	SPCS	18.02
8	Li Man Ching	DGS	20.50



**4x100m Relay**

1	HYS	49.99
2	HKUGA	50.84
3	DGS	51.51
4	GHS	51.58
5	PCMS	53.79
6	SPCS	53.87
7	WFN	56.30
8	KGV	56.70

**4x400m Relay**

1	DGS	4:09.45
2	GHS	4:11.01
3	HYS	4:29.16
4	KGV	4:36.91
5	HKUGA	4:42.05
6	TSIS	4:43.61
7	PCMS	4:44.45
8	SSGC	4:48.74

**High Jump**

1	Wong Ho Ching Emily	GHS	1.55
2	Lui Yui Ching Karis	DGS	1.55
3	Kwong Hay Tung Hayden	DGS	1.53
4	Lam Pui Shan	WFN	1.50
5	Lai Yat Yiu Haley	GHS	1.50
6	Hung Hok Wai Audrey	HYS	1.41
7	Wong Tim Ching Kiana	PCMS	1.38
8	Hui Lok Ching	HYS	1.30

**Long Jump**

				<u>wind speed</u>
1	Lai Yat Yiu Haley	GHS	5.13	+ 0.6
2	Wong Yat Yee	GHS	5.07	- 0.4
3	Chan Sum Yi Alice	DGS	5.01	- 0.0
4	Chiu Chloe Sik Ji	KGV	4.94	- 0.0
5	Tsang Alana	HKUGA	4.71	- 0.1
6	Fung Wing Kiu	DGS	4.67	+ 0.9
7	Hui Lok Ching	HYS	4.46	- 0.3
8	Xue Runhe Rachel	HKUGA	4.45	- 0.2

**Shot Put**

1	Chan Wing Shuen	GHS	9.38
2	Cheng Wing Ka	HYS	9.11
3	Wong Ching	WFN	9.04
4	Ho Ka Ki	DGS	8.83
5	Yao Wanxia	GHS	8.78
6	Yeung Yan Yu Erica	HKUGA	8.62
7	Leung Sze Yin	HYS	7.87
8	Lee, See Wing Kourtney	TSIS	7.77

**Discus**

1	Leung Wing Tung	SPCS	25.07
2	Cheng Wing Ka	HYS	24.16
3	Yeung Yan Yu Erica	HKUGA	24.00
4	Chan Wing Shuen	GHS	23.74
5	Tsiang Hiu Lam Candice	HYS	23.34
6	Wong Ching	WFN	22.75
7	Lau I Shun	DGS	22.53
8	Lee, See Wing Kourtney	TSIS	20.84

\*\*\*\*\* The End \*\*\*\*\*