

# Inter-School Athletics Competition 2023-2024

## HK Island & Kowloon

### Division Three (Area 1) Final Results

#### Boys A Grade

wind speed : + 0.3

##### 100m

1	Chan Chun Lam	ASMS	11.37
2	Chan Ming Hang	K-LING	11.40
3	Tung Kiu Fung Paul	SJC	11.45
4	Leung Hiu Lung Alvin	PLKLFC	11.77
5	Lam Kin Ho	KHSS	11.83
6	Chen Sing Ming	PLKNO.1C	11.87
7	Ng Dawson	SKHLKY	11.87
8	Tsui Chak Yuen	K-LING	12.81

##### 400m

1	Lee Long Ching	GTEYC	54.29
2	Siu Tsz Hin Anson	PLKLFC	55.05
3	Li Jinwei	DMS-HW	55.93
4	Wong Ka Chun	ASMS	56.63
5	Ma Ka Chung	WYC	56.63
6	Xie Jinhan	DMS-HW	57.66
7	Yung Ka Chun	CPSS	59.09

##### 1500m

1	Lai Tin Long	SJA	4:23.64
2	Leung Tze Yui Darryl	SJC	4:26.63
3	Ma Chuanchao	CDGFSS	4:31.49
4	Liang Jiahao	ASMS	4:44.17
5	Zou Zehao	CCMFSS	4:49.02
6	Lo Hei	ASMS	4:50.81
7	Tse Yat Laam	SMHYC	4:55.75
8	Lai Ming Lok	LS	5:00.31

wind speed : + 0.5

##### 110m Hurdles

1	Chan Chun Lam	ASMS	15.08
2	Fu Yongqi	ASMS	15.12
3	Yu Chuhan	DMS-HW	16.49
4	Pan Shing Chi	LS	17.89
5	Wong Tsz Ho	WWS	18.36
6	Wong Kam Kwai	CPSS	19.55
7	Fu Owen	WWS	19.63

wind speed : + 0.8

##### 200m

1	Tung Kiu Fung Paul	SJC	23.20
2	Lam Kin Ho	KHSS	23.41
3	Chu Ho Hin	DMS-HW	23.71
4	Chen Sing Ming	PLKNO.1C	23.95
5	Leung Hiu Lung Alvin	PLKLFC	23.99
6	Wong Yan Ki	ASMS	24.33
7	Chan Kin Yung	DMS-HW	24.43
8	Zhang Hongyue	CCMFSS	24.85

##### 800m

1	Lai Tin Long	SJA	2:09.00
2	Liang Jiahao	ASMS	2:12.49
3	Leung Tze Yui Darryl	SJC	2:12.99
4	Su Junjie	ASMS	2:15.50
5	Cheung Chun Kit	LSTYKH	2:17.02
6	Xie Jinhan	DMS-HW	2:23.48
7	Lau Kwan Yuen	BHSS	2:28.52

##### 5000m

1	Ma Chuanchao	CDGFSS	18:37.72
2	Cheung Yat Hei	SJA	19:18.91
3	Lo Hei	ASMS	19:26.49
4	Chan Tsz Kin	SJA	19:32.85
5	Yeung Pun Yin	SJC	19:45.23
6	Yeung Ka Chun Alex	PTSS	19:49.59
7	Cheng Wai Tong	LSTYKH	20:27.78
8	Lin Bairui	LS	20:50.52

##### 4x100m Relay

1		ASMS	45.51
2		DMS-HW	45.55
3		K-LING	46.11
4		SJC	46.13
5		PLKLFC	46.32
6		SKHLKY	47.07
7		LS	47.67
8		PLKNO.1C	48.12

**4x400m Relay**

1	ASMS	3:46.58
2	CCMFSS	3:47.50
3	SJC	3:49.60
4	DMS-HW	3:51.82
5	CDGFSS	3:54.84
6	SJA	3:59.06
7	PTSS	4:01.02

**High Jump**

1	Wong Ching Hin	SJC	1.82
2	Pan Shing Chi	LS	1.76
3	Leung Ka Ho	PTSS	1.65
=4	Lau Hong	DMS-HW	1.65
=4	Lam Ka Ming	SJA	1.65
6	Li Hong Yuen	ASMS	1.65
7	Wu Chun Ngai	SKHLKY	1.60
8	Yu Chun Hei	KWSC	1.60

**Long Jump**

			wind speed
1	Lee Tsz Him	PLKLCF	5.98 + 1.0
2	Lee Hau Yin	CPSS	5.71 + 1.8
3	Pang Cheuk Lok	PLKLCF	5.61 + 1.6
4	Chung Tsz Tsun	LS	5.58 + 0.4
5	Chen Benito	DMS-HW	5.56 + 0.7
6	Lin Hansen	ASMS	5.42 + 0.7
7	Huang Kam Wang	ASMS	5.39 + 1.8
8	Lau Chun Chuen	SJC	5.35 + 0.3

**Triple Jump**

			wind speed
1	Fu Yongqi	ASMS	12.15 - 0.7
2	Lau Chun Chuen	SJC	11.83 - 0.5
3	Chui Yik Hei	SJA	11.52 - 1.2
4	Chan Wai Chi	SJC	11.48 - 1.2
5	Chung Tsz Tsun	LS	11.34 - 1.9
6	Huang Kam Wang	ASMS	11.18 - 1.8
7	Chen Haoheng	DMS-HW	11.18 - 1.1
8	Wan Kwun Sum	KTGS	10.59 - 0.0

**Shot Put**

1	Kwok Ming Lung Alex	SSCC	10.31
2	Liang Kin Yu	SHSS	10.10
3	Cheung Man Hei	PTSS	10.02
4	Tan Wing Hin	SMHYC	9.88
5	Tsang Chiu Yan	PLKNO.1C	9.87
6	Han Ruilin	ASMS	9.78
7	Tsien Lok Yung	HGSS	9.77
8	Wong Ho Lun	SMHYC	9.76

**Discus**

1	Kwok Ming Lung Alex	SSCC	28.90
2	Tan Wing Hin	SMHYC	27.18
3	Huang Ziyu	DMS-HW	25.53
4	Fan Kwok To	SJA	25.06
5	Au Chun To	K-LING	24.91
6	Au Kwan Ho	WWS	24.77
7	Wu Ka Kit	MKC	24.41
8	Wu Kok Sheung	PYSS	24.14

**Javelin**

1	Leung Keng Shing	PYSS	42.64
2	Li Ho Yin	WWS	33.69
3	So Ka Ho	WWS	33.59
4	Mak Siu Wai	SJA	31.45
5	Chan Cheuk Yin	SJC	29.80
6	Chow Chun Hei	SJC	29.21
7	Lu Qiyao	DMS-HW	28.99
8	Kee Chi Kiu	SJA	28.50

**Boys B Grade**

wind speed : + 0.9

**100m**

1	Chow Ho Ting	CDGFSS	11.99
2	Zhou Jiahui	DMS-HW	12.06
3	Tang Ho Ching	LS	12.23
4	Tang Chi Kit	K-LING	12.37
5	Tam Chung Hang	LKPFC	12.38
6	Wu Ming Fung	ASMS	12.48
7	Fong Pak Lam	WYC	12.52
8	Ye Cho Kin	CPSS	12.56

wind speed : + 0.9

**200m**

1	Tang Ho Ching	LS	24.50
2	Chow Ho Ting	CDGFSS	25.04
3	Tang King Long	SHSS	25.20
4	Chen Man Hei	SKWEGSS	25.32
5	Ye Cho Kin	CPSS	25.43
6	Tang Chi Kit	K-LING	25.48
7	Chen Tim Long	K-LING	25.63
8	Wu Ming Fung	ASMS	26.04

**400m**

1	Tang King Long	SHSS	56.55
2	Luo Haoxiang	CPSS	56.60
3	Chung Tsz Shing	LKPFC	56.93
4	Tsoi Chin Ming	SKWEGSS	57.60
5	Kuang Ho Fung	LKPFC	58.37
6	Poon Chun Sing	MKC	58.69
7	Chen Tim Long	K-LING	58.74
8	Law Sze Yuen	WYC	59.45

**800m**

1	Hui Tsun Ming	DMS-HW	2:17.41
2	Mo Aojie	ASMS	2:20.89
3	Kwan Ho Hin	SHSS	2:22.98
4	Chen Tsz Lok	PTSS	2:23.27
5	Fong Tsz Long Jose	SJC	2:23.64
6	Chung Tsz Shing	LKPFC	2:24.43
7	Tang Zilin	PTSS	2:26.54
8	Wu Ming Fung	SJC	2:27.91

wind speed : + 0.1

**1500m**

1	Hui Tsun Ming	DMS-HW	4:51.14
2	Kwan Ho Hin	SHSS	4:54.33
3	Ng Tsz Hei	CPSS	4:57.37
4	Mo Aojie	ASMS	4:59.05
5	Chen Tsz Lok	PTSS	5:08.67
6	Lam Chin Tsun Simpson	DMS-HW	5:11.69
7	Tang Zilin	PTSS	5:11.80
8	Chen Shui Chak	LS	5:15.56

**100m Hurdles**

1	Lam Tsz San Sunny	SKHLKY	16.55
2	Deng Chao Man	LS	17.09
3	Wong Yik Chung	CDGFSS	17.99
4	Lin Longyu	CPSS	19.20
5	Law Sze Yuen	WYC	19.30
6	Chan Hei Yiu	K-LING	19.73
7	Woo Kai Nam	SJC	19.74
8	Liang Yujun	ASMS	19.82

**4x100m Relay**

1		SJC	48.50
2		LSTYKH	48.89
3		LS	49.33
4		DMS-HW	49.35
5		CDGFSS	50.25
6		ASMS	50.65

**4x400m Relay**

1		LKPFC	3:59.40
2		DMS-HW	4:00.09
3		PTSS	4:05.07
4		CPSS	4:05.38
5		CDGFSS	4:05.91
6		SHSS	4:08.26
7		MKC	4:14.80

**High Jump**

1	Wong Wing Nok	SJC	1.59
2	Chan Ka Nam Karsten	PLKLFC	1.56
3	Yung Tsz Ho	SMHYC	1.50
4	Song Pak Kiu	LS	1.50
5	Wong Pak Yin	LSTYKH	1.45
=6	Chow Wai Kai	SMHYC	1.45
=6	Li Cheuk Yip	CSS	1.45
=8	Chan Pak Yu Kenderick	WYC	1.45
=8	Ng Tsz Hin	PTSS	1.45

**Long Jump**

				wind speed
1	Lo Chun Wang	SJC	6.22	+ 0.9
2	Chen Shui Chak	LS	5.40	+ 0.9
3	Ling Chi Fung	GTEYC	5.34	+ 0.6
4	Cheng Shing Hin	KTGS	5.18	+ 1.0
5	Lo Ching Fung	SJC	5.05	+ 1.7
6	Cheng Tsz Hin	SKWEGSS	5.01	+ 1.5
7	Li Yun Tao	PLKNO.1C	4.94	+ 0.3
8	Yuen Lok Tin	PLKLFC	4.93	- 0.0

**Triple Jump**

			wind speed
1	Mak Shun Ho	LS	11.14 - 1.7
2	Lo Ching Fung	SJC	10.56 - 0.4
3	Fong Tsz Kit	PTSS	10.32 - 1.5
4	Chong Chun Wai	ASMS	10.16 - 0.9
5	Wong Hoi Kei	LS	10.15 - 1.4
6	Pang Kin Long	CDGFSS	9.86 - 1.5
7	Yam Lok Yin Andre	SJC	9.50 - 1.2
8	Shih Ka Wai	WWS	9.48 - 0.9

**Shot Put**

1	Tsang Ching Kit	CPSS	10.99
2	Obedoza Andrie Rylee	DMS-HW	10.93
3	Zhou Tsun Ho	KTGS	10.57
4	Ma Kai Chun	LS	9.95
5	Deng Jinhao	KTGS	9.92
6	Wong Chun Yiu	LSTYKH	9.91
7	Ho Ngo Tung	PLKLFC	9.88
8	Tai King Hung Carson	WYC	9.69

**Discus**

1	Obedoza Andrie Rylee	DMS-HW	32.71
2	Shek Ka Ho	SJC	32.67
3	Lo Chun Yin	PTSS	29.14
4	Ng Cheuk Yin	SKHLKY	27.62
5	Kwok Hiu Chun	SJA	27.58
6	Wong James Yu San	SJC	26.72
7	Tsang Ching Kit	CPSS	24.79
8	Siu Chun Kit	BHSS	24.27

**Javelin**

1	Lo Chun Yin	PTSS	33.87
2	Wing Shun Kwan	SJC	31.26
3	Wong Chun Yiu	LSTYKH	29.57
4	Fong Tsz Kit	PTSS	29.40
5	Wong Sau Tai	CDGFSS	29.24
6	Li Wing Chiu	CDGFSS	28.26
7	Woo Ho Wai	BHSS	28.04
8	Song Pak Kiu	LS	26.20

**Boys C Grade**

wind speed : + 0.5

**100m**

1	Chui Ching Kiu Arthur	SJC	12.30
2	Gong Ching Hoi	KTGS	12.55
3	Au Yeung Chun Tung	SKHLKY	12.83
4	Yu Tsz Hei	PLKNO.1C	12.84
5	Chen Mingxuan	WYC	13.05
6	Cheung Cho Hin Cayden	SJC	13.07
7	Cruz Alexander Lambino	DMS-HW	13.44
8	Cheng Ka Hing	CSS	13.44

wind speed : + 1.1

**200m**

1	Chui Ching Kiu Arthur	SJC	24.89
2	Gong Ching Hoi	KTGS	26.04
3	Chen Mingxuan	WYC	26.64
4	Au Yeung Chun Tung	SKHLKY	26.65
5	Chan Lok Hei	LS	27.04
6	Cruz Alexander Lambino	DMS-HW	27.46
7	Yip San Yip	SMHYC	27.54
8	Ng Ka Chun	WYC	27.64

**400m**

1	Fong Ho Tak	CPSS	1:01.19
2	Wong Chi Hung	KTGS	1:01.43
3	Cheng Ka Hing	CSS	1:01.54
4	Leung Man Cheuk	PTSS	1:03.20
5	He Chi Ngai	ASMS	1:03.77
6	Cheng Tik Tung	PTSS	1:04.50
7	Kwok Siu Wun	WWS	1:04.64
8	Cheung Po Yin	LS	1:05.00

**1500m**

1	Tong Wing Hei Moses	PTSS	5:07.93
2	Wong Lok Wang	LSTYKH	5:13.84
3	Sasaki Yu	SJC	5:14.40
4	Ku Yu Him Joseph	SHSS	5:15.25
5	Chau Cheuk Yin Desmond	SJC	5:17.91
6	Chan Lok Hei	LS	5:18.61
7	Wong Shing Hin	LS	5:26.21
8	Le Hong Duy Khang	DMS-HW	5:26.39

**4x100m Relay**

1		KTGS	51.74
2		PTSS	51.77
3		SKHLKY	52.72
4		LWFSS	53.27
5		SMHYC	53.74
6		CDGFSS	54.38
7		K-LING	59.16

**High Jump**

1	Hui Wang Tik Andy	LS	1.53
2	Chan Zed	PLKLFC	1.47
3	Chong Cheng Jun	PTSS	1.45
4	Liu Chun Hung	PTSS	1.40
5	Ng Man Chun	CDGFSS	1.40
6	Ou Chun Sing Jason	HGSS	1.35
7	Liu Sing Yu	LSTYKH	1.35
8	Woo Ting Hong	GTEYC	1.30

**Shot Put**

1	Wen Chi Sing	LS	9.83
2	Liu Sing Yu	LSTYKH	9.34
3	Li Pei Ru	SKHHCSS	9.32
4	Yip Ho Hong	CSS	9.24
5	Lau Hoi Sing	SMHYC	9.08
6	Yan Ho Ming	WWS	8.95
7	Yip Chun Hin	K-LING	8.80
8	Chen Shi Zhe	PTSS	8.40

**800m**

1	Tong Wing Hei Moses	PTSS	2:34.09
2	Wong Lok Wang	LSTYKH	2:35.84
3	Ku Yu Him Joseph	SHSS	2:37.98
4	Le Hong Duy Khang	DMS-HW	2:39.93
5	Chun Cheuk Long	PLKLFC	2:41.04
6	Fong Tsz Yuk	CPSS	2:42.00
7	Sasaki Yu	SJC	2:42.43
8	Au Yeung Ching Ho	LS	2:43.75

wind speed : + 0.4

**100m Hurdles**

1	Tam Yat Long	LSTYKH	16.71
2	Zhang Chen Ming	PTSS	18.58
3	He Tsz Hin	SMHYC	19.25
4	Yu Yu Tsun	LS	19.46
5	Chong Cheng Jun	PTSS	19.60
6	Tsang Cheuk Lam	PLKLFC	20.35
7	Chung Hei Chung	GTEYC	20.77

**4x400m Relay**

1		PTSS	4:13.61
2		DMS-HW	4:19.00
3		KTGS	4:28.60
4		LS	4:28.92
5		CPSS	4:29.68
6		GTEYC	4:31.50
7		K-LING	4:40.18
8		SJA	5:08.84

**Long Jump**

1	Zhang Chen Ming	PTSS	5.25	+ 1.0
2	Liu Chun Hung	PTSS	5.12	+ 2.7
3	Cheung Cho Hin Cayden	SJC	5.01	+ 2.7
4	Mak Piu Ho	LWFSS	4.81	+ 1.7
5	Tsang To Man	SKHLKY	4.75	- 0.0
6	Pang Yin Kwong	ASMS	4.47	+ 1.1
7	Kwok Siu Wun	WWS	4.45	+ 0.3
8	Wu Yu To	PYSS	4.41	+ 1.2

**Discus**

1	Lau Hoi Sing	SMHYC	28.94
2	Wen Chi Sing	LS	26.42
3	Yip Ho Hong	CSS	23.56
4	Lam Siu Yik	CSS	23.43
5	Cheng Tik Tung	PTSS	23.26
6	Chen Shi Zhe	PTSS	23.26
7	Lan Matthew	SICC	20.32
8	Huang Tsun Hong	MKC	19.29

## Girls A Grade

wind speed : + 0.0

### 100m

1	Wong Kun	ASMS	13.44
2	Wong Wai Ching	WWS	13.48
3	Tam Lam Lam	LKPFC	14.07
4	Fong Hei Ching	LYC	14.15
5	Lo Ka Ling	PTSS	14.37
6	Fong Chi Yan Jillian	LS	14.71
7	Siew Lok Yiu	RC	15.09

### 400m

1	Lu Cho Lam	ASMS	1:09.87
2	Foo Wing Sze	LS	1:12.67
3	Chim Oi Yan	LYC	1:12.78
4	He Hei Yu	MKC	1:14.57
5	Chan Gen Yuet	PTSS	1:15.24
6	Kiu Sze Ching	SJA	1:15.84
7	Tsoi Yee Lam	SJA	1:16.29

### 1500m

1	He Hei Yu	MKC	
2	Lee Ji Kei	ASMS	
3	Chow Tsz Ki	PTSS	
4	Tang Yuet Yau Annabelle	SJA	
5	Zhou Nuoyang	KTS	
6	Hung Jolie	PLKLFC	
7	Hu Wai Chung	LS	
8	Feng Wing Ki	KTGS	

### 4x100m Relay

1		LYC	56.69
2		PTSS	56.91
3		NP2C	58.36
4		PLKLFC	59.00
5		K-LING	59.47
6		LS	1:02.32

### High Jump

1	Leung Hoi Yiu	SKHLKY	1.42
2	Wong Cheuk Tung	PLKLFC	1.42
3	Lui Kam Kei	NP2C	1.34
4	Lin Hoi Lam	LS	1.31
=5	Wong Hok Chi Maris	PTSS	1.28
=5	Kiu Sze Ching	SJA	1.28
7	Li Rourou	LS	1.28
8	Luo Yingsha	CSS	1.23

wind speed : + 0.5

### 200m

1	Wong Wai Ching	WWS	28.40
2	Wong Kun	ASMS	28.43
3	Fong Hei Ching	LYC	29.27
4	Tam Lam Lam	LKPFC	29.44
5	Lo Ka Ling	PTSS	30.14
6	Cheung Cheuk Hang	LYC	31.03
7	Ho Ka Yi	KTGS	31.58

### 800m

1	Chui Lok Yee	KTGS	2:54.37
2	Lee Ji Kei	ASMS	2:59.56
3	Luo Yingsha	CSS	3:02.91
4	Foo Wing Sze	LS	3:04.09
5	Law Pui Lam	TOSS	3:04.71
6	Chan Gen Yuet	PTSS	3:05.87
7	Khan Hadia	DMS-BW	3:06.57
8	Tang Yuet Yau Annabelle	SJA	3:06.79

wind speed : + 1.5

### 100m Hurdles

1	Lu Cho Lam	ASMS	17.46
2	Lam Ashley Gwyneth	PTSS	17.97
3	Seyed Ahamed Saleena	DMS-BW	19.76
4	Kuang Lai Yin	LS	20.08
5	Tse Wing Ching	NP2C	20.79
6	Wu Ching Ting	CDGFSS	21.49
7	Chen Baoyi	ASMS	21.82

### 4x400m Relay

1		KTGS	4:52.79
2		ASMS	4:57.41
3		LS	5:03.60
4		MKC	5:08.35
5		PTSS	5:09.31
6		CDGFSS	5:14.05
7		SJA	5:16.05
8		K-LING	5:42.38

### Long Jump

1	Li Ka Man	ASMS	4.45	+ 0.5
2	Lam Ashley Gwyneth	PTSS	4.29	+ 0.3
3	Wong Cheuk Tung	PLKLFC	4.29	+ 1.0
4	Chow Tsz Ki	PTSS	4.25	+ 2.4
5	Choi Tsz Yan	K-LING	4.22	+ 1.4
6	Chu Wing Yan	CDGFSS	4.07	+ 1.4
7	Ka Man Yu	BHSS	3.97	+ 0.6
8	Tse Wing Ching	NP2C	3.87	+ 1.4

**Shot Put**

1	Tam On Ki	HGSS	9.97
2	Yip Tsz Ying	LYC	7.60
3	Bertes Krystelle Justo	KWSC	7.35
4	Wong Wui Lam	KTGS	7.01
5	Catapang Jacyl Angela Quitua	DMS-BW	6.92
6	Chan Lok Yiu	PLKLFC	6.83
7	Leung Hayley Hang Yu	SMHYC	6.82
8	Yeung Cheuk Ying	WYC	6.42

**Discus**

1	Tam On Ki	HGSS	28.74
2	Chan Ying	LS	22.56
3	Leung Wing Yi Chole	YCKMC	22.47
4	Li Yee Tung	WWS	19.60
5	Rai Gauravi	DMS-BW	18.74
6	Au Karin	CSS	18.74
7	Jim Yu Ching	OLC	17.35
8	Ho Yoshino	KTS	16.96

**Javelin**

1	Leung Wing Yi Chole	YCKMC	34.58
2	Chan Ying	LS	22.76
3	Au Karin	CSS	22.14
4	Jim Yu Ching	OLC	21.39
5	Tang Wai Yi	BHSS	20.46
6	Chen Wenya	SKHHCSS	18.64
7	Lau Yan Lui	LYC	18.19
8	Hui Mei Ki Maggie	LWFSS	16.51

**Girls B Grade**

wind speed : + 0.5

**100m**

1	Tse Ka Yiu	GTEYC	13.26
2	Chan Tsz Yu	ASMS	13.49
3	Biswakarma Nicolette Ashley	SJA	13.72
4	Ng Tsz Tung	NP2C	13.79
5	Tang Oi Shuen	LKPFC	14.00
6	Chau Sum Yi	TOSS	14.14
7	Ajonuma Precious Chioma Bargamento	DMS-BW	14.17
8	Choi Wing Chi	LS	14.51

**400m**

1	Yu Cheng Io	ASMS	1:06.83
2	Cheung Hoi Man	GTEYC	1:06.97
3	Tam Wing Hei	SKHSBS	1:08.34
4	Tam Hei Tung	LS	1:10.66
5	Lo Hoi Yi	SMHYC	1:13.68
6	Choi Hiu Yan	SMHYC	1:14.04
7	Ma Bernice Wing Tung	WYC	1:14.21
8	Huang Weiting	LWFSS	1:15.22

**1500m**

1	Yeung Yuet Naomi	LS	6:18.25
2	Tsui Hei Tung	LS	6:22.82
3	Lai Pui See	CSS	6:23.29
4	Ho Cheuk Kiu	LYC	6:25.58
5	Ng Hong Ting	K-LING	6:40.18
6	Lee Wing Sum	LWFSS	6:45.60
7	Lee Shan Qing	K-LING	6:46.03
8	Yeung Yanny	BHSS	7:00.65

wind speed : - 0.1

**200m**

1	Tse Ka Yiu	GTEYC	28.02
2	Biswakarma Nicolette Ashley	SJA	28.58
3	Yu Cheng Io	ASMS	28.65
4	Tang Oi Shuen	LKPFC	29.50
5	Chau Sum Yi	TOSS	29.95
6	Choi Wing Chi	LS	30.32
7	Zhang Yin Hei Carol	BHSS	30.73
8	Lin Hei Tung Anisa	LYC	31.18

**800m**

1	Tam Wing Hei	SKHSBS	2:49.77
2	Ho Cheuk Kiu	LYC	2:52.03
3	Tam Hei Tung	LS	2:52.71
4	Yeung Yuet Naomi	LS	2:53.79
5	Lai Pui See	CSS	2:57.79
6	Cheng Jasmine	OLC	2:58.28
7	Lau Yee Tung Macy	LYC	3:01.39
8	Chan Man Hei	LKPFC	3:04.18

wind speed : + 0.9

**100m Hurdles**

1	Chan Tsz Yu	ASMS	17.43
2	Fung Hoi Yan	OLC	19.53
3	Wong Tsz Yu	CDGFSS	19.78
4	Wen Yu Kit	NP2C	19.80
5	Cheung Sum Yuet	OLC	19.81
6	Chow Lok Yin Blue	LYC	20.36
7	Wong Hin Yu	LS	20.36
8	Ajonuma Precious Chioma Bargamento	DMS-BW	22.66

**4x100m Relay**

1	ASMS	56.94
2	NP2C	57.67
3	GTEYC	57.80
4	WYC	58.97
5	BHSS	59.86
6	SMHYC	1:00.16
7	WWS	1:00.52
8	TOSS	1:01.04

**4x400m Relay**

1	LS	4:48.13
2	OLC	5:01.05
3	SJA	5:12.19
4	SMHYC	5:12.86
5	LYC	5:16.09
6	SKWEGSS	5:17.73
7	K-LING	5:23.58
8	TOSS	5:24.39

**High Jump**

1	Lee Sze Hei Heidi	RC	1.47
2	Leung Hoi Tung	WWS	1.41
3	Chan Hiu Ying	TOSS	1.35
4	Wong Tsz Yu	CDGFSS	1.32
5	Tang Suet Yin	SMHYC	1.32
6	Tam Wang Yue	OLC	1.26
7	Choi Ho Po Gospel	WYC	1.26
8	Wong Hin Yu	LS	1.23

**Long Jump**

				<u>wind speed</u>
1	Leung Hoi Ki	PLKNO.1C	4.56	+ 0.1
2	Lee Sze Hei Heidi	RC	4.41	+ 0.5
3	Choi Ho Po Gospel	WYC	4.25	+ 0.4
4	Ng Shin Tung	LSTYKH	4.24	- 0.0
5	Cheung Wing Tung	PLKLFC	4.04	- 0.2
6	Cheng Hei Man	ASMS	3.93	+ 1.2
7	Yau Tsz Hei	GTEYC	3.88	+ 1.6
8	Tam Hei Man	CDGFSS	3.81	+ 1.2

**Shot Put**

1	Chiu Hoi Lam	LYC	8.90
2	Chan Hoi Yan	SKWEGSS	8.35
3	Lam Yik Huen	GTEYC	8.18
4	Li Cheuk Wing	LYC	8.09
5	Zhong Ka Yi	LS	7.63
6	Hung Yuk Ying	SJA	7.43
7	Ho Hoi Ching	SKWEGSS	7.26
8	Yan Ka Tai	SHSS	7.21

**Discus**

1	Hung Yuk Ying	SJA	21.50
2	Lam Yik Huen	GTEYC	19.76
3	He Zi Xuan	LS	18.11
4	Yau Hoi Ying	MKC	16.28
5	Chow Zi Yuet Jemima	SMHYC	16.10
6	Fung Yan Yan	K-LING	15.28
7	Zhong Ka Yi	LS	15.15
8	Li Cheuk Wing	LYC	15.07

**Girls C Grade**wind speed : + 1.0**100m**

1	Lau Tsz Ching	YCKMC	14.04
2	Shih Hiu Ying	LYC	14.30
3	Wong Pui Tung	BHSS	14.30
4	Lee Yuen Ying	LYC	14.36
5	Fung Tsz Kiu	PLKLFC	14.57
6	Ng Yeuk Lam	SMHYC	14.90
7	Cheuk Tsz Ying	MKC	15.01
8	Lam Lok Yi	TOSS	15.01

wind speed : - 0.3**200m**

1	Hu Sing Yu Doris	HA	28.88
2	Shih Hiu Ying	LYC	29.69
3	Ho Sze Ching	GTEYC	30.68
4	Cheung Wan Yan	SMHYC	31.08
5	Tang Cheuk Lam	LYC	31.24
6	Singleton, Maisy B Laurina	SJA	31.39
7	Ng Yeuk Lam	SMHYC	31.47
8	Hau Tsz Ting	PLKNO.1C	32.17

**400m**

1	Hu Sing Yu Doris	HA	1:07.27
2	Chan Mei Lam	GTEYC	1:11.93
3	Fung Ching Hay	GTEYC	1:12.38
4	Yim Sum Yu	LYC	1:12.64
5	Chen Zixin	TOSS	1:13.79
6	Tang Tsz Ching	LS	1:14.08
7	Hui Haidee	TOSS	1:18.36
8	Huang Yee Ting	LYC	1:18.55

**800m**

1	Mok Hoi Ting	PTSS	2:51.08
2	Wong Kok Yuet	PLKLFC	2:52.78
3	Wong Hoi Man	PTSS	2:55.74
4	Yau Wing Tung	GTEYC	2:57.19
5	Wu Yuet Yee	DMS-HW	2:59.28
6	Kie Wing	GTEYC	3:01.94
7	Chan Ip Kwan	LS	3:03.55
8	Tse Hei Tung	LS	3:11.03

wind speed : + 0.5

**1500m**

1	Mok Hoi Ting	PTSS	6:07.28
2	Wong Hoi Man	PTSS	6:16.82
3	Wu Yuet Yee	DMS-HW	6:20.53
4	Li Zi Xin	CSS	6:27.50
5	Leung Tsz Yu	TOSS	6:33.55
6	Tang Tsz Ching	LS	6:34.27
7	Fan Ya Han	GTEYC	6:36.44
8	Chow Yee Tak	GTEYC	6:36.82

**100m Hurdles**

1	Chan Mei Lam	GTEYC	19.33
2	Lee Hei Man	LYC	19.44
3	Hau Tsz Ting	PLKNO.1C	20.31
4	Chen Yanmei	LWFSS	21.26
5	Chan Ip Kwan	LS	21.51
6	Chan Tsz Yan	GTEYC	21.81
7	Xu Ling Xi	WWS	22.01
8	Yau Chung Ki	CDGFSS	23.17

**4x100m Relay**

1		PLKLFC	57.25
2		LYC	58.04
3		TOSS	1:00.38
4		PLKNO.1C	1:01.12
5		ASMS	1:01.41
6		K-LING	1:01.52
7		PTSS	1:02.20
8			

**4x400m Relay**

1		GTEYC	4:57.38
2		LS	5:03.34
3		PTSS	5:05.28
4		TOSS	5:07.05
5		LYC	5:15.24
6		SMHYC	5:19.59
7		LWFSS	5:27.17
8		CDGFSS	5:33.70

**High Jump**

1	Yiu Sum Yu	DMS-BW	1.34
2	Ho Sze Ming	GTEYC	1.27
3	Lau Deborah Cheuk Yin	PLKLFC	1.24
4	Mak Ka Wun	LS	1.18
=5	Wong Kok Yuet	PLKLFC	1.18
=5	Wong Suet	LYC	1.18
7	Zhu Yin Lam	PLKNO.1C	1.18
8	Tsang Oi Man	GTEYC	1.18

**Long Jump**

				wind speed
1	Lau Tsz Ching	YCKMC	4.84	+ 1.0
2	Lam Lok Yi	TOSS	4.23	+ 2.2
3	Liang Zhiqi	NP2C	4.07	+ 1.2
4	Lee Hei Man	LYC	4.03	+ 0.2
5	Chen Yanmei	LWFSS	4.02	+ 1.1
6	Wong Pui Tung	BHSS	3.98	+ 2.0
7	Tsang Oi Man	GTEYC	3.96	+ 2.0
8	Mok Wing Ki	PTSS	3.86	+ 2.0

**Shot Put**

1	Ding Wing Sum	YCKMC	8.16
2	Lo Lok Yee	WWS	7.63
3	Lam Ka Ching	GTEYC	7.23
4	Tetteh Keilla Adjoa-Kaa	MKC	7.00
5	Wong Sze Ham	GTEYC	6.98
6	Choi Yee Ching	PTSS	6.77
7	Lam Yan Ping	LWFSS	6.67
8	Sugatan Junelyn Mae Vitobina	DMS-BW	6.67

**Discus**

1	Mak Ka Wun	LS	
2	Yip Chui Yi Elaine	PTSS	
3	Lam Ka Ching	GTEYC	
4	Lo Lok Yee	WWS	
5	Wong Sze Ham	GTEYC	
6	Lum Tsz Ching	PTSS	
7	Wong Hing Yiu	PLKLFC	
8	Mok Fong Ting	KTGS	

\*\*\*\*\* The End \*\*\*\*\*