

Inter-School Athletics Competition 2023-2024

HK Island & Kowloon

Division Three (Area 2) Final Results

Boys A Grade

wind speed : + 0.6

100m

1	Ng, Tsun Wang	CREATIVE	11.60
2	Chan Yuk Laam Lewis	HW	11.82
3	Lau Kam Keung	MS	12.02
4	Cai Ka Po	HS	12.20
5	You Kwan Ming	HW	12.23
6	Chow Tsz Kit	NWC	12.30
7	Xian Tsz Wik	MS	12.43

400m

1	Shi Jiahui	KTKLGSS	53.04
2	Lam Chun Ting	PLKNPL	55.74
3	Yau Yik Shan	LA	56.21
4	Nylander, Allan Axel Frank	CREATIVE	56.85
5	Hu Junyang	PTAL	57.82
6	Yang Sing Wing	SSS	57.94
7	Zhang Ka Ho	NWC	58.24
	Chen Tsz Ho	KTKLGSS	58.53

1500m

1	Sze Sum Tik	NAMS	4:29.80
2	Wan Yu Chiu	NAMS	4:42.20
3	Lo Chun Hei	KSYSS	4:45.28
4	Woo Alok	QES	4:45.45
5	Wong Man Leong Winston	QES	4:49.44
6	Mak Kwan Chuen	MKES	4:49.98
7	Yung Yui Hei Dominic	MFS	4:49.98
8	Kong King Yu	HTYC	4:59.28

wind speed : - 0.1

110m Hurdles

1	Lam Ho Yin	HW	18.43
2	Li Ho Yeung	HW	19.91
3	Cai Ka Ho	CCHK	20.17
4	Ahilan Sriram	PLKNPL	20.38
5	Pang Ho Chun Jacky	HWC	21.07
6	Wun Tsz Yu	LSTLKK	21.28
	Wong Chi Him	SKHTSK	25.17

wind speed : + 1.1

200m

1	Shi Jiahui	KTKLGSS	23.53
2	Pui Sze Long	CHC	23.87
3	Chan Yuk Laam Lewis	HW	24.10
4	Cai Ka Po	HS	24.41
5	Chan Tin Hang	HTYC	24.80
6	You Kwan Ming	HW	24.95
7	Lo Kwun Man	MS	26.00
8	Lau Kam Keung	MS	28.28

800m

1	Choi Kit Ting	JCGSS	2:14.34
2	Chan Ka Lok	HLC	2:15.72
3	Wang Yuanzheng	HW	2:16.67
4	Luo Tsz Hin	JCGSS	2:17.15
5	So Tsz Wai	PLKNPL	2:21.61
6	Wen Wenquan	KSYSS	2:21.93
7	Wang Yuanyi	HW	2:23.57
8	Hong Kuen Hon	CCHK	2:24.60

5000m

1	Sze Sum Tik	NAMS	16:58.42
2	Wan Yu Chiu	NAMS	18:05.93
3	Woo Alok	QES	18:28.16
4	Lo Chun Hei	KSYSS	18:28.16
5	Mak Kwan Chuen	MKES	18:49.90
6	Yung Yui Hei Dominic	MFS	18:51.24
7	Wong Kwan Yat	JCGSS	19:18.98
8	Lam Shing Chun	JCGSS	19:31.50

4x100m Relay

1		HW	47.15
2		MS	47.26
3		CHC	48.44
4		NWC	48.45
5		SPCC	48.84

4x400m Relay

1	KTKLGSS	3:46.55
2	NWC	3:47.83
3	HW	3:53.44
4	PLKNPL	3:55.98
5	QES	3:59.56
6	CREATIVE	4:00.77
7	HTYC	4:01.43
8	NAMS	4:09.30

High Jump

1	Leung Man Lap	MS	1.65
2	Li Shi Yuen	HTYC	1.65
3	Tse Chun Kit	HLC	1.65
4	Wai Lik Hang	LA	1.60
5	Wong Chi Him	SKHTSK	1.60
=6	Yang Michael	SBC	1.55
=6	Xie Yiming	LSTLKK	1.55
8	Leung Ching Hei	PLKNPL	1.55

Long Jump

wind speed

1	Cheng Yau Ming	KSYSS	6.02	- 0.2
2	Chan Choi Hing	CHC	5.92	+ 1.6
3	Tsang Chun Yin Kenny	HW	5.81	- 0.1
4	Wong Tat Long	HW	5.66	+ 0.6
5	Siu Quinton	CHC	5.59	- 0.0
6	Lee Tsun Hin	PLKVKTC	5.56	+ 2.5
7	Kung Kit Man	SLCSS	5.55	+ 2.1
8	Pang Tsun Lam	NWC	5.53	+ 0.4

Triple Jump

wind speed

1	Tsang Chun Yin Kenny	HW	12.46	- 0.3
2	Li Kin Hung	KTKLGSS	11.90	+ 0.7
3	Tse Chun Kit	HLC	11.77	- 0.5
4	Xie Yiming	LSTLKK	11.66	- 0.6
5	Pui Sze Long	CHC	11.28	- 1.1
6	Chow Tsz Kit	NWC	11.26	- 0.3
7	Leung Ching Bon	HTYC	11.16	- 0.2
8	Ng Ching Hang	CHC	11.12	+ 0.6

Shot Put

1	Chan Yuk Kiu	MKES	10.60
2	Chen Fong Yam	KTKLGSS	10.56
3	Wong Pok Him	HW	10.53
4	Chiu Kin Hei Ethan	SPCC	10.35
5	Cai Hoi Chau	SPETER	10.29
6	Kan Tak Hei Max	HW	10.14
7	Chen Ngai Benedict	UCC-THT	10.00
8	Wong Yan Yin	SKHTSK	9.85

Discus

1	Tung Kui Kei	MFS	28.63
2	Ke Chun Wa	KTKLGSS	27.31
3	Chung Man Fung	CHC	25.92
4	Choi Chau Hin	SLCSS	25.71
5	Chan Ngai	LSTLKK	25.17
6	Chan Yuk Kiu	MKES	24.71
7	Xue Wentao	CHC	24.54
8	Chan Yin Sik	HS	23.90

Javelin

1	Ng Chi Chung Lucas	KTKLGSS	38.50
2	Lun Tsz Yat Matthew	UCC-THT	34.22
3	Lee Kin Fung	HWC	30.78
4	Wong Sze Yuen	LA	30.25
5	Chung Man Fung	CHC	29.79
6	Yip Yu Chung	SSS	29.15
7	Lee Pui Lam	CHC	28.75
8	Wong Shing Cheong Daniel	HTYC	26.63

Boys B Grade

wind speed : + 0.5

100m

1	Ho Ka Chun	MS	11.48
2	Cho Hin Man Hadden	SPCC	11.75
3	Yip Shing Chi Marc	VSA	11.86
4	Lai Yau Pak	CHC	12.15
5	Yan Kai Yin	SKHTSK	12.30
6	Huang Kam Po	CHC	12.33
7	Yau Wai Yin	VSA	12.55

wind speed : + 1.3

200m

1	Ho Ka Chun	MS	23.78
2	Yip Shing Chi Marc	VSA	24.04
3	Yang Tung Kit	CHC	24.53
4	Yan Kai Yin	SKHTSK	24.81
5	Guan Jiancheng	KTKLGSS	24.91
6	Huang Kam Po	CHC	25.24
7	Lam Pak Yan	MS	25.78
8	To Ian	LA	25.93

400m

1	Leung Wing Chit	SPCC	54.46
2	Zhu Zixi	SPCC	55.63
3	Yang Tung Kit	CHC	56.11
4	Mai Tsun Yin	MKES	57.31
5	Lai Jayden	PLKCKY	57.41
6	Tsai Sheung Ching	SKHTSK	57.51
7	Lam Pak Yan	MS	57.72
8	Wong Jing Lam	LA	59.11

800m

1	Leung Wing Chit	SPCC	2:12.22
2	Wong Chun Hei	MS	2:13.69
3	Zhu Zixi	SPCC	2:16.42
4	Wong Pui Yin Owen	PLKCKY	2:17.39
5	Chu Ho Ting	PLKNPL	2:22.49
6	Chan Taylor	CCHK	2:24.48
7	Tse Shun Hoi	NAMS	2:24.75
8	Yan Andy	CREATIVE	2:25.08

wind speed : + 1.4

1500m

1	Wong Chun Hei	MS	4:33.93
2	Wong Pui Yin Owen	PLKCKY	4:52.66
3	Woo Bono	QES	4:53.56
4	Yu Ka Long	SPCC	4:54.10
5	Chan Chi Yuen	MS	4:55.29
6	Wong Yik Chun	NWC	5:01.65
7	Lee Jasper	HW	5:04.65
8	Kwan Chi Ho Adrian	VSA	5:08.15

100m Hurdles

1	Liang Weijie	KTKLGSS	15.98
2	Chan Chak Fung	SBC	16.43
3	Lin Jing Hei Anson	HS	17.01
4	Li Tsz San	HWC	17.37
5	Luo King Hoi	MKES	17.59
6	Kwong Yau Lam	PLKNPL	17.60
7	Hui Tsun Hei	HLC	19.64
8	Li Wai Lung	LSTLKK	24.88

4x100m Relay

1		SPCC	46.93
2		MS	48.01
3		SKHTSK	48.41
4		MFS	48.97
5		KTKLGSS	49.25
6		PLKCKY	51.41
7		PLKNPL	52.78

4x400m Relay

1		SPCC	3:47.49
2		CHC	3:57.44
3		MS	3:58.61
4		PLKNPL	4:03.04
5		QES	4:05.16
6		SLCSS	4:05.33
7		NAMS	4:07.21
8		MFS	4:07.90

High Jump

1	Jiang Yuk Chun	HWC	1.87
2	Ng Tsz Chun	MS	1.71
3	Huang Hai Feng	PLKNPL	1.68
4	Wu Cheuk Wai	PLKTNK	1.65
5	Tsung Chi Kit	QES	1.60
6	Chiu Ka Ho	MKES	1.60
7	Lin Zheng Hong	PTAL	1.60
8	Chan Tsun Ting	HWC	1.55

Long Jump

				wind speed
1	Hui Ho Tai Brandon	EVANGEL	6.00	+ 0.5
2	Ho Wang Ho	SPCC	5.54	+ 0.2
3	Cheng Tsz Fuk	HS	5.53	+ 0.4
4	Cheung Kwing Chuen	HWC	5.51	+ 0.4
5	Chan Chun On	SLCSS	5.41	+ 1.0
6	Lam Pak Hei	MS	5.35	- 0.5
7	Lee Ho Kai	SPCC	5.31	+ 0.8
8	Chung Chiu Ming	MFS	5.26	+ 0.7

Triple Jump

			wind speed
1	Hui Ho Tai Brandon	EVANGEL	12.21 - 0.2
2	Tsai Sheung Ching	SKHTSK	11.93 + 0.3
3	Ng Tsz Chun	MS	11.66 - 0.0
4	Tsang Chun Shing	CHC	11.06 - 0.4
5	Chan Sze Nok	CHC	11.04 - 0.5
6	Lin Zheng Hong	PTAL	10.97 - 1.3
7	Chan Wai Sing	HWC	10.85 + 0.2
8	Chau Siu Him	PLKNPL	10.41 - 1.1

Shot Put

1	Choi Tsun Yin	HW	11.85
2	Cheung Yu	MS	11.68
3	Chen Nok Yin	NWC	10.96
4	Lau Chun Yin	PLKNPL	10.40
5	Chan Pit Chun	SSS	10.32
6	Yim Tsz Nok	SKHTSK	10.30
7	Ng Uen Hei	SPETER	10.13
8	Liu Xinhang	NAMS	9.98

Discus

1	Lu Ka Chun	CCCRSS	39.00
2	Cheung Yu	MS	38.84
3	Ho Shun Chi	HLC	32.28
4	Chung Tze Hei	PLKNPL	29.96
5	Yeung Ying Leong	HS	29.24
6	So Kam Fai	SPETER	29.09
7	Kwong Sze Ho	MS	28.40
8	Choi Tsun Yin	HW	27.30

Javelin

1	Yip Tsz Hin	NAMS	37.85
2	Hu Rain	PLKNPL	32.13
3	Chau Ho Ming	MS	31.88
4	Fong Tsz San	SLCSS	30.90
5	Ho Shun Chi	HLC	28.83
6	Wong Ho Yin	HWC	28.65
7	Kwan Pak Lai Sunny	LSTLKK	27.04
8	Lian Hoi Yuk	UCC-THT	26.16

Boys C Grade

wind speed : + 1.0

100m

1	Du Zhongning	VSA	12.60
2	Li Wang Pok	CHC	12.66
3	Chan Chun Kin	CHC	12.78
4	Yeung Lok Hay Hase	PLKCKY	12.92
5	Wong Pak Yu	CCCRSS	12.98
6	Leung Aiden Wai Shun	SPCC	13.09
7	Sin Cheuk Hei Kingsley	UCC-THT	13.25
8	Lo Chung Tin	HTYC	13.25

wind speed : + 1.4

200m

1	Li Wang Pok	CHC	25.62
2	Du Zhongning	VSA	26.04
3	Chan Zi Tao	SLCSS	26.44
4	Lau Pak Shing	LSTLKK	26.66
5	Leung Aiden Wai Shun	SPCC	26.70
6	Sin Cheuk Hei Kingsley	UCC-THT	27.23
7	Chan Chun Kin	CHC	27.29
8	Lo Chung Tin Kwong	UCC-THT	27.29

400m

1	Lee Yik Kiu	HLC	1:00.50
2	Yang Zhili	HW	1:01.92
3	Fok Kin Yan	HWC	1:01.98
4	Koo Hoi Sing	MKES	1:02.96
5	Yeung Fu Kiu	CCHK	1:03.34
6	Wong King Wai	HS	1:04.71
7	Zheng Chi Hong	NWC	1:04.93
8	Kwan Chak Hei	LSTLKK	1:04.99

800m

1	Lai Kwong Yu	NWC	2:20.23
2	Wong Edison	SPCC	2:21.72
3	Lau Cheuk Long	SPCC	2:28.24
4	Fok Kin Yan	HWC	2:28.71
5	Kwok Ka Ho	SLCSS	2:29.01
6	Peng Chi Yuen Matthew	SKHTSK	2:31.50
7	Lau Yik Hei	HLC	2:32.36
8	Yeung Fu Kiu	CCHK	2:36.20

wind speed : + 1.1

1500m

1	Wong Edison	SPCC	4:41.06
2	Wong Hon Ting	NAMS	4:53.13
3	Lai Kwong Yu	NWC	4:55.64
4	Lau Yik Hei	HLC	5:01.66
5	Lau Cheuk Long	SPCC	5:10.98
6	Kwok Ka Ho	SLCSS	5:16.92
7	Sunar Deepson	PLKTNK	5:18.26
8	Peng Chi Yuen Matthew	SKHTSK	5:19.77

100m Hurdles

1	Wang Wai Ho	LSTLKK	16.08
2	Lee Yik Kiu	HLC	16.46
3	Chow Tin Nok	HWC	16.55
4	Kwan Chak Hei	LSTLKK	17.58
5	Chan Lai Yin	PLKNPL	17.67
6	Fung Tsz Hong	PLKNPL	17.89
7	Lee Cheuk Yin	HWC	19.05
8	Hung Hiu Yan David	MS	22.84

4x100m Relay

1		CHC	51.86
2		UCC-THT	52.06
3		VSA	52.46
4		SKHTSK	52.96
5		PLKNPL	53.12
6		MS	53.52
7		LA	53.99
8		HWC	56.50

4x400m Relay

1		NWC	4:14.85
2		SLCSS	4:19.42
3		SKHTSK	4:21.53
4		HS	4:22.05
5		PLKNPL	4:24.27
6		SPCC	4:26.99
7		HW	4:32.82

High Jump

1	Chow Tin Nok	HWC	1.72
2	Fong Chun Hei	LA	1.50
3	Lee Cheuk Yin	HWC	1.45
4	Wong Pak Lam	MFS	1.45
5	Sin Yan Ting	LSTLKK	1.40
6	Li Cheuk Fung	NWC	1.40
=7	Mak Hang Sang	MFS	1.35
=7	Ma Tsz Ho	SKHTSK	1.35

Long Jump

1	Wang Wai Ho	LSTLKK	5.37	+ 0.9
2	Zhou Shunyang	KTKLGSS	5.07	+ 0.7
3	Fung Tsz Hong	PLKNPL	4.94	+ 1.3
4	Wang, Ziyang	PLCKY	4.87	+ 0.3
5	Li Yuen Tung	HS	4.74	+ 0.8
6	Chung Man Ho	SKHTSK	4.64	+ 1.2
7	Au Joi Shan	LA	4.54	+ 1.0
8	Ng Chun Yin	HS	4.53	+ 0.8

Shot Put

1	Ng King To	MKES	9.13
2	Wang Wun Ming	HW	8.97
3	Ng Hiu Fung	MS	8.84
4	Lin Yin Yuk	SKHTSK	8.81
5	Poon Tsz Yiu	PLKNPL	8.43
6	Wu Lok Hei	CREATIVE	8.36
7	Cheung Lok Hei	PLKTNK	8.31
8	Chung Pak Ki	HWC	8.25

Discus

1	Zou Tony	PLKNPL	30.12
2	Zhang River	PLKNPL	27.26
3	Fok Sai Kit	HS	26.67
4	Chan Lok Shing	HTYC	26.38
5	Wong Ziyang	HLC	23.86
6	Ng Hiu Fung	MS	21.64
7	Lin Yin Yuk	SKHTSK	21.59
8	Ng Lai Kwai	SBC	20.34

Girls A Grade

wind speed : + 2.2

100m

1	Cheng Nok Ching	MSC	13.66
2	Yeung Sum Yau	UCC-THT	13.84
3	Wong Sze Yui	SCSG	14.21
4	Chan Yee Nam Nicole	PLKNPL	14.26
5	Yan Tsz Huen	MSC	14.42
6	Ekwegwo Michelle Grace N	SEKSS-WK	14.66
7	Lam Ka Lai	KTLS	14.72
8	Gan Ho Yan	SPCC	15.03

400m

1	Sy Mei Han Sabrina	PKMS	1:05.59
2	Cheng Miu Yan	UCC-THT	1:08.06
3	Kwok Yan Ling	MSC	1:08.67
4	Li Hoi Ming	QES	1:09.41
5	Ha Abby	MSC	1:09.42
6	Zhao Chung Yan	SPCC	1:12.93
7	Tse Tsz Ching	KTLS	1:13.70
8	Kwong Hoi Yi	LHYMSS	1:16.76

1500m

1	Tse Nok Hang	KTLS	5:19.47
2	Lam Hoi Ching	QES	5:26.19
3	Lo Hei Mung Hebe	PLKNPL	5:26.73
4	Chau Lok	VSA	5:39.26
5	Yeung Man Chi	MSC	5:43.58
6	Chu Hiu Lam	CS	5:58.94
7	Lau Hong Ching	PLKNPL	6:00.09
8	Cheung Hau Ning	LHYMSS	6:04.96

4x100m Relay

1		MSC	55.01
2		KTLS	57.36
3		UCC-THT	58.41
4		SCSG	59.24
5		SAGC	59.38
6		HW	59.47
7		MKES	1:00.62
8		LSCC	1:00.65

High Jump

1	Chan Joelie	MSC	1.45
2	Yip Hau Chee	SPCC	1.42
3	Chan Yee Nam Nicole	PLKNPL	1.36
4	Siu Yau	CCHK	1.36
5	Lam Pui Ying	LSCC	1.28
=6	Shiu Cho Ying	SAGC	1.23
=6	Chan Wing Kiu	HW	1.23
8	To Tung Ki	SKHTSK	1.23

wind speed : + 0.1

200m

1	Sy Mei Han Sabrina	PKMS	27.90
2	Cheng Nok Ching	MSC	28.66
3	To Yan Tung	LSCC	30.03
4	Wu Wai Ue	UCC-THT	30.91
5	Kong Pak Ue Anson	SAGC	30.91
6	Gan Ho Yan	SPCC	31.08
7	Ekwegwo Michelle Grace N	SEKSS-WK	31.96
8	Kuan Hoi Lam	SKHTSK	32.03

800m

1	Tse Nok Hang	KTLS	2:30.60
2	Lo Hei Mung Hebe	PLKNPL	2:42.07
3	Cheung Hau Ning	LHYMSS	2:44.77
4	Ip Ching	MSC	2:45.68
5	Chau Lok	VSA	2:48.26
6	Chung Cheuk Wing	MSC	2:48.64
7	Lau Hong Ching	PLKNPL	2:52.38
8	Lee Chung Yan	QES	2:53.79

wind speed : + 0.3

100m Hurdles

1	Yan Tsz Huen	MSC	18.26
2	Lo Ngo Yin Vincci	KTLS	18.94
3	Ng Yeuk Yin	MSC	19.22
4	Tsang Tsz Mak	KTLS	20.42
5	Yeung Tin Wing	SBC	20.49
6	Kwok Wai Man Angel	LHYMSS	21.55
7	Huang Kai Yee	LSTLKK	21.82

4x400m Relay

1		QES	4:39.23
2		MSC	4:41.55
3		UCC-THT	4:47.81
4		KTLS	4:50.66
5		PKMS	4:55.63
6		PLKNPL	4:56.72
7		LHYMSS	5:04.33
8		HW	5:11.55

Long Jump

1	Yeung Sum Yau	UCC-THT	4.79	+ 0.8
2	Wong Sze Yui	SCSG	4.72	+ 1.0
3	Kwok Yan Ling	MSC	4.70	+ 0.4
4	Chan Wing Kiu	HW	4.45	+ 0.5
5	Hui Ngo Yau	HW	4.30	+ 0.7
6	Huang Chui Yu	SLCSS	4.18	+ 0.8
7	Chu Ka Ying	SAGC	4.15	+ 0.1
8	Ke Ying Ying	HTYC	3.86	+ 1.1

Shot Put

1	Tang Wing Yan	LSTLKK	8.75
2	Wong Yi Lin	HLC	8.20
3	Tsang Lok Yin	SAGC	8.18
4	Chan Tin Yi	PKMS	7.75
5	Lam Chi Wing	HW	7.36
6	Zhu Ying Ying	PKMS	7.35
7	Ng Choi Lan Victoria	QES	7.31
8	Fong Suet Yi	UCC-THT	7.31

Discus

1	Wong Yi Lin	HLC	23.52
2	Yeung Ka	UCC-THT	21.08
3	Tsang Lok Yin	SAGC	19.80
4	Ko Hui Ting	LHYMSS	19.62
5	Chung Ying Hei	HS	19.23
6	Ng Yan Yi	MS	19.15
7	Woo Ka Lam	PLKNPL	18.20
8	Chow Oi Ling	HWC	17.92

Javelin

1	Yu Yi Kiu	VSA	31.89
2	Tang Wing Yan	LSTLKK	25.78
3	Lai Yuet Ka	SBC	24.51
4	Cheung Cheuk Wing Deborah	KTLS	23.33
5	Lam Ki Yan	MS	22.61
6	Chan Tin Yi	PKMS	21.78
7	Wong Wing Sze	SAGC	19.56
8	Cheng Tsz Yu Purple	QES	18.75

Girls B Gradewind speed : + 0.1**100m**

1	Wong Hei Ching	MSC	13.86
2	Kam Chun Nga Miya	VSA	14.03
3	Leong Sum Yin	MS	14.11
4	Chu Tak Sheung	HS	14.34
5	Wong Sze Ki	PKMS	14.48
6	Chan Yuet Ching	PKMS	14.49
7	Kwan Leanne Hei Yi	SPCC	14.63
8	Hui Angelina Ayuka	VSA	14.81

400m

1	Chiu Suet Ching	PKMS	1:10.25
2	Chiu Sophia Yin Ting	SPCC	1:11.19
3	Yeung Tsz Kiu Evana	SPCC	1:12.59
4	Wong Yat Sum	MSC	1:12.87
5	Mui Theodora	MSC	1:13.89
6	Wong Meyan	CS	1:14.12
7	Yeung Wing Yu	NAMS	1:14.69
8	Chun Ka Yan	KTLS	1:16.02

1500m

1	Lin Sheng Lan	PKMS	6:11.90
2	Ng Wing Yin Jodi	MSC	6:13.49
3	Chung Sze Ching	CS	6:13.84
4	Yeung Tsz Kiu Evana	SPCC	6:14.00
5	Chung Sze Ching	MFS	6:23.85
6	Wu Madeleine Sookie	VSA	6:25.67
7	Wu Chun Yuet	SBC	6:29.12
8	Xu Zihan	PLKNPL	6:29.84

wind speed : + 0.4**200m**

1	Leong Sum Yin	MS	29.23
2	Chu Tak Sheung	HS	29.96
3	Chiu Sophia Yin Ting	SPCC	29.97
4	Lin Ue Shan	KTLS	30.00
5	Law Tiana	SPCC	30.42
6	Chiu Suet Ching	PKMS	30.74
7	Tse, Lok Ying Tammy	PLKCKY	31.47
8	Cheng Nok Tung	MSC	31.57

800m

1	Lin Sheng Lan	PKMS	2:56.37
2	Ng Wing Yin Jodi	MSC	2:58.05
3	Yeung Wing Yu	NAMS	2:59.91
4	Lok Suet Ching	PLKNPL	3:00.60
5	Wong Ching Chi Doris	HWC	3:00.85
6	Wong Yi Lam	KTLS	3:02.21
7	Tang Tsz Tung	KTLS	3:02.51
8	So Chun Ki Megan	HTYC	3:02.75

wind speed : - 0.9**100m Hurdles**

1	Tam Nga Yu	SPCC	18.29
2	Liu Hiu Tao	MSC	18.38
3	Chan Tsz Yau	HWC	18.50
4	Lau Suet Yan	HWC	19.27
5	Lin Tsz Hei	VSA	19.52
6	Choi Miriam	PKMS	19.72
7	Chui Yuet Long	LSCC	19.75
8	Lee Hoi Lam	LSCC	20.41

4x100m Relay

1	MSC	56.39
2	VSA	56.50
3	SPCC	56.69
4	PKMS	57.74
5	PLKCKY	58.67
6	LSCC	59.30
7	HS	59.48

4x400m Relay

1	MSC	4:54.69
2	SPCC	4:57.32
3	PKMS	5:03.49
4	KTLS	5:04.49
5	VSA	5:06.14
6	LHYMSS	5:06.64
7	MS	5:09.50
8	PLKNPL	5:21.64

High Jump

1	Tse, Lok Ying Tammy	PLKCKY	1.38
=2	Lin Ue Shan	KTLS	1.38
=2	Lau Suet Yan	HWC	1.38
4	Tsui Hui Yee Hannah	VSA	1.38
5	Lai Nga Wing	KTLS	1.30
6	Ip Wing Kiu	SPCC	1.25
7	Yan Wai Yan	SAGC	1.25
8	Cheung Hoi Yau Natalie	MSC	1.25

Long Jump

				<u>wind speed</u>
1	Wong Hei Ching	MSC	5.22	+ 1.0
2	Kwan Leanne Hei Yi	SPCC	4.51	+ 3.6
3	Wong Sze Ki	PKMS	4.48	+ 1.7
4	Li Lok Hei	MS	4.40	+ 0.7
5	Chan Tsz Yau	HWC	4.34	+ 1.0
6	Wong Yui	CS	4.31	+ 2.3
7	Wu Season	PKMS	4.13	+ 0.5
8	Kam Chun Nga Miya	VSA	4.11	+ 1.2

Shot Put

1	Tsui Yee Ting	KTLS	9.49
2	Choi Kwan Yuk	SICSS	9.36
3	Wong Tsz Ying	MSC	9.32
4	Chun Ka Yan	KTLS	8.73
5	Au Yin Lam	CCCRSS	8.50
6	Yau Hiu Wai Brianne	PKMS	8.19
7	Chan Ka Lam	HWC	7.91
8	Lam Sze Wing	PLKNPL	7.82

Discus

1	Sun Kit Yiu	HS	21.48
2	Au Yin Lam	CCCRSS	21.42
3	Lai Nga Wing	KTLS	20.60
4	Tang Wing Sze	LSTLKK	20.57
5	Chan Ka Lam	HWC	19.85
6	Yuen Cheuk Wai	HTYC	18.85
7	Lam Tin Sum Tina	SAGC	18.53
8	Hung Sin Yan	CCCRSS	18.42

Girls C Gradewind speed : + 0.7**100m**

1	Sun Hiu Ching Alicia	SPCC	13.65
2	Cheung Yan Tung	EVANGEL	13.73
3	Chan Hong Yau	SPCC	13.93
4	Cheung Yuet	MSC	14.18
5	Ng Cheuk Hei	VSA	14.30
6	Ng Ming Lam	LSCC	14.64
7	Li Tsz Ching	HLC	14.82
8	Chan Tsz Yan	MS	14.87

wind speed : + 0.9**200m**

1	Cheung Yan Tung	EVANGEL	27.74
2	Sun Hiu Ching Alicia	SPCC	27.87
3	Ku Wing Ching Jasmine	SPCC	29.15
4	Fong Yuen Sum	MSC	29.29
5	Chong Hei Yu	PLKNPL	29.72
6	Wong Yuet Ching	MS	30.09
7	Chan Tsz Yan	MS	30.62
8	Ho Cheuk Lam Chloe	MSC	30.73

400m

1	Wong Yuet Ching	MS	1:07.04
2	Chan Hong Yau	SPCC	1:08.02
3	Fong Yuen Sum	MSC	1:08.56
4	Siu Ho Kiu	KTLS	1:10.07
5	Kei Tung	SKHTSK	1:11.05
6	Ho Cheuk Lam Chloe	MSC	1:12.13
7	Tse Hiu Huen	UCC-THT	1:13.60
8	Lui Hang Yi	PKMS	1:14.07

800m

1	So Hei Shun	MSC	2:46.72
2	Loong Sze Wai Jasmine	KTLS	2:49.52
3	Kwok Tsz Yau	QES	2:49.57
4	Lan Jasmine Lauren	SPCC	2:51.33
5	Cheung Sin Tung	SPCC	2:54.21
6	Cheung Hoi Ching	MSC	2:55.22
7	Kwong Ka Ki	LHYMSS	2:59.23
8	Cheng Ho Shan	HTYC	3:01.39

wind speed : + 1.1

1500m

1	So Hei Shun	MSC	5:47.55
2	Lai, Hou Yan Tara	PLKCKY	5:47.58
3	Cheung Sin Tung	SPCC	6:00.82
4	Kwok Tsz Yau	QES	6:11.25
5	So Cheuk Ying	SCSG	6:11.59
6	Loong Sze Wai Jasmine	KTLS	6:13.80
7	Lee Selina	SLCSS	6:18.02
8	Lan Jasmine Lauren	SPCC	6:23.97

100m Hurdles

1	He Wing Hei	LSTLKK	17.24
2	Li Tsz Ching	HLC	17.64
3	Lo Joy Ching	MSC	18.02
4	Ling Yu Yi	KTLS	19.85
5	Chan Tsz Yiu	HS	20.03
6	Wong Chi Yan	SPCC	20.09
7	Chan Sum Yau Charlotte	VSA	20.15
8	Lee Ka Ying	NWC	20.24

4x100m Relay

1		SPCC	55.19
2		MSC	57.28
3		EVANGEL	57.73
4		MS	58.27
5		KTLS	58.65
6		LSCC	1:02.94
7		VSA	1:04.73

4x400m Relay

1		MSC	4:53.61
2		LHYMSS	4:56.91
3		SPCC	4:57.84
4		KTLS	5:03.37
5		QES	5:05.27
6		PLKCKY	5:14.14
7		SLCSS	5:15.28
8		HTYC	5:19.64

High Jump

1	Kwan Maia	MSC	1.37
=2	Yeung Hei Yu	KTLS	1.30
=2	Leung Tsz Ying Regina	SAGC	1.30
4	Lee Ming Ki	SPCC	1.30
5	Lam Wing Tung	NAMS	1.25
6	Huen Cheuk Man	MS	1.25
7	Cheung Han Yun	LSCC	1.25
8	Chan Man Lai	HWC	1.20

Long Jump

				wind speed
1	Cheung Yuet	MSC	4.84	+ 1.6
2	Chan Yin Lam Sevina	MS	4.48	+ 2.1
3	Chan Sum Yau Charlotte	VSA	4.36	+ 0.9
4	He Wing Hei	LSTLKK	4.34	+ 0.6
5	Hui Wing Yan Melanine	SPCC	4.29	+ 0.3
6	Kwan Maia	MSC	4.27	+ 0.7
7	Ng Cheuk Hei	VSA	4.20	+ 2.0
8	Xie Susan	SPCC	4.02	+ 1.2

Shot Put

1	Chan Sze Yau	MSC	8.40
2	Choi Yan Ching	SKHTSK	7.94
3	Lin Chi Jung	UCC-THT	7.68
4	Leung Hiu Ying	PLKNPL	7.66
5	Yang Yingxin	SAGC	7.22
6	Ng Wah Yan	MMWC	6.98
7	Law Yun Lam	UCC-THT	6.97
8	Chang Ka Lee Kelly	LSCC	6.87

Discus

1	Choi Yan Ching	SKHTSK	18.66
2	Yeung Hei Yin	MSC	18.16
3	Choi Abigail	CCCRSS	17.41
4	Yang Yingxin	SAGC	16.41
5	Kwan Tsz Sum	LHYMSS	16.41
6	Liang Ho Ching	HWC	15.62
7	Tan Suet Ying	HTYC	15.22
8	Lin Yik Ham	PLKNPL	14.39

***** The End *****