

# Inter-School Athletics Championships 2007/2008

## HK Island & Kowloon

### Division Three (Area 4) Final Results

#### Boys A Grade

##### 100m

1	Sit Kam Kwan	LKYMS	11.84
2	Fong Kwok Leung	DMS-BW	11.86
3	Cheng Ho Laam	CSKMS	11.99
4	Poon Chi Long	SMS	12.03
5	Ho Chun Lok	YCKMC-2	12.10
6	Mitch Barker	HKIS	12.12
7	Zeng Yuhua	DMS-YW	12.14

##### 200m

1	Mitch Barker	HKIS	23.76
2	Sit Kam Kwan	LKYMS	23.89
3	Fong Kwok Leung	DMS-BW	24.06
4	Poon Chi Long	SMS	24.66
5	Leung Yik Long	LSTWCM	24.82
6	Lee Cham Sum	YCKMC-2	25.00
7	Chiu Kai Tung	MKES	28.66

##### 400m

1	Gianni Melwani	GSIS	54.92
2	Ku Hin Ting	LWSSS	56.27
3	Wong Fu Ho	YCKMC-2	56.57
4	Chang Kar Wang	LSTLKK	56.63
5	Ng Chok Shing	LYC	56.93
6	Chan Fai Tak	LYC	57.63
7	Cheung Man Kin	LKYMS	58.33
8	Lai Ping Kiu	LSTWCM	58.63

##### 800m

1	Kesheva Murthy	GSIS	2 : 13.34
2	Dylan Niskey	HKIS	2 : 13.70
3	Lam Hong Tai	CSKMS	2 : 15.75
4	Yip Sen	KLC	2 : 16.98
5	Shek Yiu Ching	LYC	2 : 17.98
6	Chan Fai Tak	LYC	2 : 19.14
7	Cheng Stanley	SKHTSK	2 : 19.31
8	Marc Nielson	GSIS	2 : 19.69

##### 1500m

1	Choi Yik Shing	MKES	4 : 38.53
2	Wong Chun Ho	HW	4 : 42.26
3	Chow Hoi Yeung	PLKCHYT	4 : 42.35
4	Wan Man Kin	LYC	4 : 42.36
5	Dylan Niskey	HKIS	4 : 49.09
6	Christoph Meysel	SKHTSK	4 : 54.59
7	Choi Ho Yin Benson	YCKMC-2	4 : 56.34
8	Chan Kwok Pui	MKES	4 : 57.12

##### 5000m

1	Choi Yik Shing	MKES	18 : 42.21
2	Chow Hoi Yeung	PLKCHYT	18 : 51.82
3	Wan Man Kin	LYC	18 : 52.36
4	Choi Ho Yin Benson	YCKMC-2	18 : 56.15
5	Chong Ho Chit	KLC	18 : 56.39
6	Chan Sai Hung	YCKMC-2	18 : 58.90
7	Chan Kwok Pui	MKES	19 : 57.28
8	Cho Ming Hei	KTMC	20 : 07.29

##### 110m Hurdles

1	Chan Kai Tik	ATS	16.91
2	Wong Kin Chung	QUALIED	16.93
3	Chung Kin Wai	LCD	17.65
4	An Fong Shuo Sean	WYHK	17.97
5	Lee Tsung Yu	CWCC	18.79
6	Ng Sik Fun	SMHYC	19.14
7	Leung Kai Yeung	CWCC	19.62
8	Chu Kong Fung	KTMC	19.87

##### 4x100m Relay

1		YCKMC-2	46.70
2		LKYMS	47.55
3		MKES	47.87
4		LSTWCM	48.19
5		CSKMS	48.21
6		LCD	48.29
7		KTMC	48.48
8		WYHK	48.49

**4x400m Relay**

1	GSIS	3 : 46.21
2	MKES	3 : 47.23
3	LKYMS	3 : 48.67
4	LYC	3 : 48.94
5	LWSSS	3 : 51.02
6	YCKMC-2	3 : 53.27
7	DMS-YW	4 : 00.87
8	SPETER	4 : 04.67

**High Jump**

1	Wong Kin Chung	QUALIED	1.86
2	Nicolas Festl	GSIS	1.77
3	Wong Fu Ho	YCKMC-2	1.73
4	Cheung Pan Pan	SMHYC	1.73
5	Law Yun Hei	SKHKH	1.69
6	Konrad Whittaker	GSIS	1.69
7	Chan Kai Tik	ATS	1.69
8	Lam Kwun Chuen	LYC	1.65

**Long Jump**

1	Tung King Wai	LKYMS	6.02
2	Wong Sung Tak	HKTKP	5.94
3	Ku Kin Ting	LWSSS	5.79
4	Chong Ping Yeung	LYC	5.75
5	Zeng Yuhua	DMS-YW	5.71
6	Wen Junjie	YCKMC-2	5.67
7	Lau Hon Lap	SKHKH	5.60
8	Cheung Pan Pan	SMHYC	5.57

**Triple Jump**

1	Tung King Wai	LKYMS	12.66
2	Cheuk Tsz Yeung	MKES	12.14
3	Zheng Ren Jie	HW	11.49
4	Leung Man Lung	ATS	11.45
5	Hui Fong Chun	CWCC	11.26
6	Chang Kar Wang	LSTLKK	11.25
7	Li Ka Kuen	LSTWCM	11.24
8	Lau Hon Lap	SKHKH	11.10

**Shot Put**

1	Lam Kai Chun	KTMC	13.35
2	Marc Nielsen	GSIS	11.78
3	Chiu Man Ho	QUALIED	11.68
4	Insom Pramit	BCKSS	11.32
5	Wen Junjie	YCKMC-2	11.15
6	Liu Po Cheong	WYHK	10.97
7	Huang Jian Wen	MKES	10.68
8	Wan Kam Yeung	WYHK	10.47

**Discus**

1	Yan Tai Wai	WESLEY	31.44
2	Siu Sui Yuen	LCD	28.60
3	Yuen King Ho	NCC	27.43
4	Lam Ka Hei	YCKMC-2	26.29
5	Christopher To	GSIS	24.46
6	Ng Kwok Chun	HCSS	24.30
7	Chan Yuk Yu	LWSSS	23.44
8	Wan Kam Yeung	WYHK	23.39

**Javelin**

1	Wong Ka Chun	YCKMC-2	33.35
2	Li Wing Tat	MKIU	32.79
3	Chow Man Shun	LYC	32.14
4	Lam Wing Kam	QUALIED	30.37
5	Kwan Yu Kin	LSTLKK	30.22
6	Zhang Long	WYHK	29.03
7	Kong Shing Tung	LSTWCM	28.46
8	Lam Hip Hau	LSTWCM	27.57

**Boys B Grade****100m**

1	Wong Hao Keng	SMHYC	11.93
2	Zacarias Canga	DMS-BW	12.00
3	Wong Hong Yuen	KTMC	12.17
4	Luk Ka Long	MKES	12.18
5	Lau Yiu Wing	CNCMS	12.28
6	Lee Hang Kwai	PLKCHYT	12.40
7	Hon Chi Ho	CSS	12.44
8	Chan Kwan Shing	MKC	12.59

**200m**

1	Zacarias Canga	DMS-BW	24.63
2	Mo Wing Yin	SMS	24.66
3	Wong Hao Keng	SMHYC	24.90
4	Luk Ka Long	MKES	25.03
5	Anton Hinterhaeuser	GSIS	25.12
6	Yiu Ka Chun	LYC	25.45
7	Mak Ho Fung	ATS	25.54
8	Chan Kwan Shing	MKC	26.73

**400m**

1	Mo Wing Yin	SMS	55.56
2	Yu Mecco Ming Ho	SMS	57.08
3	Lin Kai Yip	CSS	57.36
4	Yuen Wang Hong	LWSSS	58.03
5	Ng Tik Lam	MKES	58.11
6	Ng Kwai Yim	QUALIED	58.15
7	Wong Ching Ching	CSKMS	58.75
8	Yuen Chi Lun	MKES	58.88

**1500m**

1	Liu Yik Hei	LKYMS	4 : 48.95
2	Zhan Qianying	YCKMC-2	4 : 50.91
3	Sze Chun Kit	MKC	4 : 53.85
4	Singh Michael Satwinder	DMS-BW	4 : 53.95
5	Wong Kai Cheung	SKHTSK	4 : 56.39
6	Christian Lioble	HKIS	4 : 57.30
7	Lo Cho Yi	YCKMC-2	5 : 02.13
8	Cheung Pak Ho	LYC	5 : 04.50

**4x100m Relay**

1		ATS	48.57
2		LYC	48.58
3		CSS	48.68
4		QUALIED	49.50
5		YCKMC-2	49.99
6		LA	50.61

**High Jump**

1	Marc Haeusler	GSIS	1.73
2	Yau Chi Kit	PLK1984	1.69
3	Hui Chun Yin	LA	1.61
4	Wang Yen Kuen	LCD	1.57
5	Ng Chi Hang	QUALIED	1.57
=6	Lau Ka Ho	SMHYC	1.53
=6	Pong Kwok Chi	LYC	1.53
8	Tong Hok Hung	HKTKP	1.53

**Triple Jump**

1	Lam Chun Tin	MKES	11.54
2	Chong Ka Ki	WESLEY	10.99
3	Hui See Nung	WYHK	10.47
4	Ching Tat Pang	LSTWCM	10.29
5	So Tsz Yin	WYHK	10.26
6	Wan Chun Kit	WESLEY	10.22
7	Chow Yip Chun	SKHTSK	10.12
8	Cheung Pui Yin	SMS	10.04

**Discus**

1	Fung Chong Yu Thaddeus	LA	33.65
2	Chan Ho Nam	YCKMC-2	28.48
3	Tai Chi Wing	LCD	27.23
4	Chung Kam Yat	CSS	25.64
5	Wong Pak Chuen	PLKCHYT	25.34
6	Ng Kwok Ho	LYC	25.24
7	Ko Cheuk Hei	QUALIED	23.98
8	Kwok Ka Lun	YCKMC-2	23.95

**800m**

1	Chan Kong	LYC	2 : 21.04
2	Yu Tsz Hin	SMS	2 : 21.68
3	Chan Yuk Kwan	LSTWCM	2 : 21.95
4	Yuen Chi Shing	MKES	2 : 22.48
5	Lau Yik Hei	LKYMS	2 : 23.42
6	Ng Ka Long	LWSSS	2 : 24.26
7	Wu Chun Ho	CWCC	2 : 27.88
8	Wu Kam Lun	HKTKP	2 : 29.97

**100m Hurdles**

1	Ching Tat Pang	LSTWCM	15.37
2	Tam Chun Ho	LYC	16.14
3	Li Pan Shing	QUALIED	16.33
4	Chow Tsz Ho	QUALIED	16.38
5	Chui Chun Kin	SPETER	17.26
6	Fung Ka Ho	LSTWCM	17.35
7	Siu Wai Kit	LKYMS	18.62

**4x400m Relay**

1		SMS	3 : 58.58
2		MKES	4 : 00.09
3		YCKMC-2	4 : 00.92
4		LWSSS	4 : 01.49
5		SKHKH	4 : 04.20
6		KTMC	4 : 08.58
7		PLKCHYT	4 : 14.26
8		HKTKP	4 : 15.16

**Long Jump**

1	Lee Hang Kwai	PLKCHYT	5.51
2	Hon Chi Ho	CSS	5.48
3	Chow Tsz Ho	QUALIED	5.42
4	Ng Ka Chun	LYC	5.28
5	Yam Siu Hong	CWCC	5.10
6	Chan Ping Piu	LYC	5.10
7	Mok Kin Ming	CSKMS	5.08
8	Chung Lik Ka	MSCHK	4.97

**Shot Put**

1	Leung Chun Ming	WYHK	10.96
2	Kan Tsang Kit	CSS	10.92
3	Poon Chi Chun	HCSS	10.62
4	Suen Lap Man	LWSSS	10.54
5	Chau Ka Ming	MKIU	10.49
6	Wong Kin Shing	MSCHK	10.46
7	Wu Kwong Ming	LYC	10.38
8	Lee Cheuk Hin	CWCC	10.29

**Javelin**

1	Chan Tak Chun	LYC	32.94
2	Lau Chun Wa	MKES	29.15
3	Tang Chun Yuen	KTMC	26.55
4	Pang Chun Wai	CNCMS	24.41
5	Tsang Chun Yeung	CSS	23.95
6	Thapa Sanjaya	DMS-BW	20.97
7	Foo Siu Chuen	LWSSS	20.90
8	Oliver De Candido	GSIS	20.75

## Boys C Grade

### 100m

1	Ng Kar Wang Frederick	YCKMC-2	12.62
2	Lam Oscar Wang Chun	LSTLKK	12.67
3	Tong Ka Kit	LA	12.80
4	Kwok Wai Yee	MKES	13.03
5	Cheung Wing Shing	SMS	13.04
6	Cheng Man Chung Calvin	WYHK	13.08
7	Leung Sin Hang	PLKCHYT	13.17

### 400m

1	Lo Hon Sum	LYC	1 : 00.92
2	Chau Hau Yin	LSTLKK	1 : 01.70
3	Lui Tin Long	CWCC	1 : 02.24
4	So Pok Chuen	SMS	1 : 02.89
5	Chan Ka Yau	LKYMS	1 : 03.39
6	Lam Kwok Wa	SMS	1 : 03.40
7	Cheung Yu Hin	LCD	1 : 03.73
8	Lo Hin Fung	ATS	1 : 05.76

### 1500m

1	Ho Kin Man	SMS	5 : 18.82
2	Chan Tsz Him	WYHK	5 : 21.65
3	Chiu Ting Hin	LWSSS	5 : 23.42
4	Wan Man Fai	LYC	5 : 25.65
5	Wesley Siu	HKIS	5 : 28.82
6	Wong Timothy Hin Shun	SMS	5 : 28.83
7	Or Ming Chun	MKES	5 : 33.03
8	Mok Ka To	KTMC	5 : 35.66

### 4x100m Relay

1		LSTLKK	50.44
2		WYHK	52.01
3		MKES	52.82
4		LKYMS	53.17
5		LYC	53.38
6		YCKMC-2	55.50

### High Jump

1	Wan Xiaohui	LWSSS	1.42
2	Chan Tsz Chun	KTMC	1.39
3	Chong Hoi Wai	WESLEY	1.36
4	Lam Pui Ki	SMS	1.36
5	Kow Ka Chun	KTSS	1.33
6	Wong Ka Chun	LYC	1.33
7	Wong Chi Fai	CSKMS	1.33
8	Kiang Yun Wing	CWCC	1.33

### 200m

1	Lam Oscar Wang Chun	LSTLKK	25.75
2	Cheng Man Chung Calvin	WYHK	26.44
3	Cheung Wing Shing	SMS	26.63
4	Chan Cho Ho	LKYMS	27.30
5	Leung Sin Hang	PLKCHYT	27.33
6	Lau Sing Wai	DMS-YW	27.34
7	Sze Yung Lok	WYHK	27.70
8	Tai Ka Chun	KTMC	28.14

### 800m

1	So Pok Chuen	SMS	2 : 28.21
2	Ho Kin Man	SMS	2 : 28.23
3	Lo Hon Sum	LYC	2 : 29.84
4	Leung William	WYHK	2 : 30.03
5	Chan Tsz Him	WYHK	2 : 30.08
6	Chiu Ting Hin	LWSSS	2 : 33.02
7	Tang Ngai Ki	LYC	2 : 33.09
8	David Buhr	GSIS	2 : 39.22

### 100m Hurdles

1	Lam Ming Tsun	LYC	17.97
2	Tai Ka Chun	KTMC	18.09
3	Lam Pui Ki	SMS	18.52
4	Luk Jason Siu Ting	LSTLKK	18.54
5	Lai Yiu Tak	LCD	19.06
6	Lau Ka Ngai	CWCC	19.43
7	Avtar Singh	DMS-BW	20.17

### 4x400m Relay

1		SMS	4 : 13.87
2		WYHK	4 : 19.00
3		WESLEY	4 : 27.37
4		CWCC	4 : 28.63
5		PLKCHYT	4 : 28.68
6		GSIS	4 : 32.49
7		KTMC	4 : 32.54
8		ATS	4 : 33.43

### Long Jump

1	Hui See Fun	WYHK	4.90
2	Li Ching Hay	KTMC	4.68
3	Nikolas Schmidbauer	GSIS	4.67
4	Hui Chin Yeung	KTSS	4.62
5	Yu Kwong Sang	MKES	4.56
6	Wong Timothy Hin Shu	SMS	4.47
7	Yip Tim Kwok	MKIU	4.45
8	Chan Ming Chung	WYHK	4.42

**Shot Put**

1	Szeto Samame Alfa Kai	EQUALIED	9.82
2	So Stephen Chun Yee	WYHK	9.39
3	Kow Ka Chun	KTSS	8.23
4	Yeung Ka Ho	SMS	8.20
5	Ng Chun Chiu	PLK1984	8.09
6	Tong Ka Kit	LA	8.05
7	Chan Tsz Yu	ATS	7.92
8	Lam Wing Po	YCKMC-2	7.91

**Discus**

1	Szeto Samame Alfa Kai	EQUALIED	26.66
2	Cheng Man To	MSCHK	24.09
3	Lam Wing Po	YCKMC-2	22.61
4	Lam Wut Fung	LSTWCM	22.30
5	Or Wing Chun	MKES	22.08
6	Chan Tsz Yu	ATS	21.27
7	Tang Kwan Ho	WESLEY	20.23
8	Lam Kwok Wa	SMS	19.93

**Girls A Grade****100m**

1	Lee Ming Yi Priscilla	YCKMC-2	14.07
2	Ying Kwan Yi	LCD	14.42
3	Yip Yuk Ting	MKES	14.50
4	Lok Wing Yan	LSTWCM	14.62
5	Wong Man Hei	TLGC	14.68
6	Wong Sze Long	HW	14.69
7	Lee Tsz Yan	TCGSS	15.01
8	Chow Tsz Ying	LSTWCM	15.07

**200m**

1	Tsoi Chung Yee	WESLEY	29.53
2	Yip Yuk Ting	MKES	29.66
3	Kaur Jaswinder	DMS-BW	30.37
4	Lok Wing Yan	LSTWCM	30.84
5	Cheung Lai Yan	KCC	31.10
6	Tang Mung Ting	PBSS	31.49
7	Chow Tsz Ying	LSTWCM	31.71
8	Hui Yin Hung	MKES	31.80

**400m**

1	Cheung Hoi Kiu Jacqueli	KCC	1 : 07.56
2	Lo Ka Yan	LSCC	1 : 09.13
3	Tsang Wing Hei	SMS	1 : 11.56
4	Lam Man Yee	PBSS	1 : 11.89
5	Chan Hoi Yan	LYC	1 : 12.55
6	Lai Yuk Ying	SMHYC	1 : 12.58
7	Hui Yin Hung	MKES	1 : 15.95
8	Duyan Arien Lovely T.	DMS-BW	1 : 20.11

**800m**

1	Chau Ming Sha	TCGSS	2 : 46.89
2	Yeung Pui Man	LSCC	2 : 51.85
3	Wong Yuk Sui	TCGSS	2 : 56.51
4	Chan Yu Yan	TLGC	2 : 57.65
5	Dorine Klapholz	HKIS	2 : 59.60
6	Chan Heung To	SMHYC	3 : 02.11
7	Lau Hiu Tung	TLGC	3 : 05.34
8	Wong Ho Wai	SKHTSK	3 : 05.99

**1500m**

1	Yeung Pui Man	LSCC	5 : 59.32
2	Chung Kwok Shuen	LYC	6 : 24.51
3	Chan Lai Yu	WESLEY	6 : 29.14
4	Chan Hei Man	HW	6 : 30.64
5	Tsang Wing Hei	SMS	6 : 33.68
6	Cheung Yu Chun	LA	6 : 34.84
7	Mak Hui Ying	SMHYC	6 : 36.33
8	Lui Jennifer Wai Yin	CSKMS	6 : 44.20

**100m Hurdles**

1	Ying Kwan Yi	LCD	18.33
2	Wong Lai Heung	LSTWCM	19.20
3	Ng Yuk Yan	LSTWCM	19.48
4	Wong Tsz Ting	LSCC	19.54
5	Lai Sau Ling	LKYMS	19.77
6	Leung Sun Ching Paula	PBSS	19.83
7	Cheung Yip Ki	TCGSS	20.09
8	Lee Ka Kiu	KCC	20.12

**4x100m Relay**

1		TCGSS	56.87
2		LSTWCM	57.21
3		MKES	57.75
4		LCD	58.02
5		TLGC	58.10
6		PBSS	58.40
7		SKHKH	58.97
8		HW	1 : 06.32

**4x400m Relay**

1		KCC	4 : 47.15
2		TCGSS	4 : 59.55
3		CSKMS	5 : 00.49
4		LYC	5 : 01.68
5		PBSS	5 : 07.92
6		TLGC	5 : 08.43
7		LSCC	5 : 15.52
8		SMHYC	5 : 18.65

**High Jump**

1	Cheung Hoi Kiu Jacqueli	KCC	1.38
2	Lam So Yee	LYC	1.35
3	Zhou Yanlin	SMHYC	1.32
4	Choi Wing Yee Katherine	KCC	1.32
5	Wong Ka Man	WESLEY	1.32
6	Ng Wing Nga	TCGSS	1.29
7	Yau Ka Yi	TLGC	1.29

**Long Jump**

1	Chau Ming Sha	TCGSS	4.63
2	Lee Ming Yi Priscill	YCKMC-2	4.45
3	Wong Man Hei	TLGC	4.33
4	Lo Ka Yan	LSCC	4.30
5	Lai Wing Sze	YCKMC-2	4.28
6	Man Po Ki	MKES	4.10
7	Cheung Yip Ki	TCGSS	3.99
8	Lee Man Shu	SKHKH	3.96

**Shot Put**

1	Suen Hoi Yi	SMS	8.11
2	Wong Ka Man	WESLEY	8.03
3	Wong Yee Man	YCKMC-2	7.76
4	Wong Wing Yin	WESLEY	7.61
5	Ku Mai Ling	LYC	7.24
6	Tsang Hop Chi	LCD	7.07
7	Chan Hoi Ting	LSCC	7.06
8	Lee Li	TCGSS	6.99

**Discus**

1	Kwok Pui Yiu	TCGSS	25.12
2	Kwong Pui Shan	LCD	22.91
3	Wong Wing Yin	WESLEY	22.12
4	Lam Miu Ting	LKYMS	21.86
5	Suen Hoi Yi	SMS	21.32
6	Lee Hiu Ha	HW	19.58
7	Wong Pui Yee	WESLEY	19.33
8	Ku Mai Ling	LYC	19.16

**Javelin**

1	Sham Wing Pui	WESLEY	28.09
2	Kwok Pui Yiu	TCGSS	26.02
3	Chan Sin Yi	TLGC	22.64
4	Chan Cheuk Wun	LSCC	21.51
5	Tang Man Yee	QUALIED	21.10
6	Chan Ching Man	SKHKH	20.28
7	Tsang Pui Man	LYC	20.16
8	Chan Hoi Yan	LYC	19.58

**Girls B Grade****100m**

1	Lai Man Ting	QUALIED	14.26
2	Lau Hoi Yi	LYC	14.49
3	Lam Yan Lok	LSCC	14.58
4	Chung Lei Kwan	CWCC	14.59
5	Chan Ka Lo	TCGSS	14.74
6	Chung Wun Lo	PLKCHYT	14.75
7	Tse Wai Pui	LWSSS	15.09
8			

**200m**

1	Lai Man Ting	QUALIED	29.18
2	Chung Lei Kwan	CWCC	29.91
3	Law Sin Lam	MKES	30.01
4	Lok Ho Kwan	CWCC	30.20
5	Tse Wai Pui	LWSSS	30.75
6	Lo Hiu Lam	PBSS	30.79
7	Chung Wun Lo	PLKCHYT	30.90
8	Ng Hau Yan	DMS-YW	31.58

**400m**

1	Chin Naomi Wing Yan	KCC	1 : 11.09
2	Lam Hoi Man	LYC	1 : 11.40
3	Lo Hiu Lam	PBSS	1 : 11.49
4	Chow Yin Man	TCGSS	1 : 11.92
5	Lam Cho Yin	PBSS	1 : 12.89
6	Leung Hoi Ki	LSCC	1 : 12.92
7	Hung Tsz Ki	TCGSS	1 : 16.19
8	Wan Ka Yi Kathy	SMS	1 : 17.76

**800m**

1	Anthea Wong	HKIS	2 : 44.87
2	Lui Wai Man	LYC	2 : 51.94
3	Cheung Yee Ka Miriam	SMS	2 : 55.92
4	Chow Yin Man	TCGSS	2 : 57.35
5	Chan Sum Yan	SKHTSK	2 : 57.62
6	Otani Nao	KCC	2 : 58.48
7	Cheng Chor Ting	QUALIED	3 : 04.16
8	Chin Kwan Yiu	HKIS	3 : 04.55

**1500m**

1	Lauren Dinwiddle	HKIS	6 : 02.22
2	Cheung Yee Ka Miriam	SMS	6 : 04.31
3	Lui Wai Man	LYC	6 : 06.63
4	Wu Hoi Yan	CWCC	6 : 22.13
5	Chu Dora King Suet	LA	6 : 31.28
6	Lau Ka Man	LCD	6 : 36.74
7	Ho Nim Wah	MKC	6 : 37.69
8	Wong Yee Ting	TCGSS	6 : 58.59

**100m Hurdles**

1	Lam Hoi Man	LYC	18.64
2	Ying Nuen Yi Grace	LCD	19.11
3	Tse Sau Yan	CWCC	19.12
4	Sham Man Ting	LKYMS	19.72
5	Cheung Ka Man	KTSS	19.83
6	Yip Wan Nung	TCGSS	20.20
7	Lai Hui Lum Melanie	TLGC	20.29
8	Yiu Ka Ki	TCGSS	20.86

**4x100m Relay**

1		TCGSS	55.97
2		CWCC	57.53
3		QUALIED	58.57
4		LSCC	58.84
5		LCD	59.04
6		KCC	59.14
7		LA	59.52
8		TLGC	1 : 00.03

**4x400m Relay**

1		LYC	4 : 59.52
2		TCGSS	5 : 04.39
3		LSCC	5 : 05.42
4		SMS	5 : 06.17
5		SKHTSK	5 : 06.48
6		PBSS	5 : 07.11
7		KCC	5 : 12.45

**High Jump**

1	Tse Sau Yan	CWCC	1.35
2	Chan Ko Sze	LSCC	1.32
3	Lam Sin Yee	LYC	1.29
4	Chan Toi Ying	QUALIED	1.26
5	Lo Kwok Yan	KCC	1.26
6	Mak Ching Man	TCGSS	1.23
7	Kong Yuk Kei	WESLEY	1.23
8	Cheung Kit Sze	CSS	1.23

**Long Jump**

1	Wan Wing Yan	KCC	4.43
2	Law Sin Lam	MKES	4.39
3	Yiu Ka Ki	TCGSS	4.18
4	Cheung Tsz Yu	MSCHK	4.16
5	Ng Hau Yan	DMS-YW	4.14
6	Yip Wan Nung	TCGSS	4.13
7	Lam Yan Lok	LSCC	4.13
8	Lai Hui Lum Melanie	TLGC	4.00

**Shot Put**

1	Fung Long Yi	CWCC	9.29
2	Wong Cho Wing	LSCC	8.97
3	Chow Lai Tung	LYC	8.77
4	Shu Yun Ti	KCC	8.53
5	Wong Yuen Shan	CSKMS	8.23
6	Kwok Yik Ling	CSKMS	7.67
7	Lau Pui Man	LSCC	7.55
8	Wong Lok Yi	LA	7.51

**Discus**

1	Chan Ka Lo	TCGSS	22.11
2	Wong Cho Wing	LSCC	19.74
3	Fung Long Yi	CWCC	19.59
4	Tsang Pui Sze	PBSS	19.46
5	Au Hoi Tung	KCC	17.88
6	Chu Long Hei	LA	17.42
7	Kwok Yik Ling	CSKMS	16.79
8	Cheng Tsz Yan	TCGSS	16.78

**Girls C Grade****100m**

1	Law Hoi Kwan	CSS	14.22
2	Chong Hei Man	TCGSS	14.36
3	Tang Wai Yin	TLGC	14.37
4	Sit Ka Wun	LSCC	14.51
5	Sit Mau Ki	TLGC	14.78
6	Lee Wai In	TCGSS	14.85
7	Lee Sze Wing	SKHTSK	15.13
8	Chen Tsz Ching	SKHTSK	18.03

**200m**

1	Law Hoi Kwan	CSS	29.50
2	Sit Ka Wun	LSCC	30.47
3	Lo Lee Shan	MKES	30.60
4	Chen Tsz Ching	SKHTSK	30.73
5	Chong Hei Man	TCGSS	31.23
6	Cheng Wing Sze	YCKMC-2	31.45
7	Lee Sze Wing	SKHTSK	31.61

**400m**

1	Tsang Wing Sze	PLKCHYT	1 : 10.45
2	Chung Kwok Hoi	LYC	1 : 12.65
3	Chan Lok Sum	SKHTSK	1 : 13.26
4	Tong Pui Yin	SKHTSK	1 : 13.54
5	Chan Shuk Ling	PBSS	1 : 14.99
6	Chun Ka Yu	LYC	1 : 15.36
7	Ma Kin Yue	TCGSS	1 : 15.70
8	Chan Mong Yi	SMS	1 : 16.58

**800m**

1	Chung Kwok Hoi	LYC	2 : 49.83
2	Mari MacDonald	HKIS	2 : 51.34
3	Tsang Hiu Tung	SKHKH	2 : 58.18
4	Cheung Siu Yee	SMS	3 : 00.38
5	Tong Pui Yin	SKHTSK	3 : 02.10
6	Tsang Wing Sze	PLKCHYT	3 : 03.53
7	Ng Wing Yee	TCGSS	3 : 04.71
8	Tsang Sin Yi	PLKCHYT	3 : 04.87

**1500m**

1	Kathy Ng	HKIS	5 : 57.12
2	Mak Yuen Ching	LSTWCM	6 : 24.50
3	Koo Ka Yiu	CWCC	6 : 25.99
4	Cheung Siu Yee	SMS	6 : 26.84
5	Chan Yuen Shan	LWSSS	6 : 28.93
6	Chong Shuk Yin	PLKCHYT	6 : 30.10
7	Chow Ching Lam	TCGSS	6 : 38.13
8	Sze Yuet Hang	QUALIED	6 : 46.37

**100m Hurdles**

1	Chun Ka Yu	LYC	19.14
2	Fong Kai Man	TCGSS	20.26
3	Chow Wing Yan	TLGC	20.49
4	Song Ming Jie	CWCC	20.51
5	Wong Wai Yan	MKES	20.52
6	Wan Hiu Long	TLGC	21.09
7	Kan Ka Yan	CWCC	21.09
8	Ng Cheuk Yiu	LCD	21.65

**4x100m Relay**

1		TCGSS	57.55
2		TLGC	58.13
3		LYC	58.49
4		LSCC	58.83
5		SKHTSK	58.84
6		MKES	59.21
7		LKYMS	59.90
8		CSS	59.92

**4x400m Relay**

1		SMS	5 : 01.96
2		LYC	5 : 06.92
3		SKHTSK	5 : 07.70
4		WESLEY	5 : 08.97
5		TCGSS	5 : 09.22
6		PLKCHYT	5 : 12.79
7		HKIS	5 : 15.81
8		CWCC	5 : 24.47

**High Jump**

1	Sit Mau Ki	TLGC	1.46
2	Tam Tavipakee	TCGSS	1.36
3	Lo Lee Shan	MKES	1.33
4	Tsai Lai Yan	LSTWCM	1.33
5	Chong Chi Yin Grace	SMS	1.27
6	Li Tsz Ling	TCGSS	1.21
7	Au Hiu Yin	LSCC	1.21
=8	Tse Sau Man	CWCC	1.18
=8	Chen Xiu Hui	LYC	1.18

**Long Jump**

1	Li Tsz Ling	TCGSS	4.14
2	Tang Wing Yee	SKHTSK	3.92
3	Chan Tin Yan	YCKMC-2	3.76
4	Yuen Ho Yiu	TLGC	3.73
5	Fong Yin Chu	MKES	3.73
6	Puk Pui Ying	TCGSS	3.61
7	Wong Kai Ying	PBSS	3.58
8	Hung Pui Shan	SKHTSK	3.51

**Shot Put**

1	Cheung Sau Yan	LYC	9.69
2	Lee Mo Yung	PLK1984	7.38
3	Lam Lok Man	CWCC	7.11
4	Wu Tin Wing	LKYMS	6.91
5	Cheng Yi	TCGSS	6.86
6	Leung Flora	LSCC	6.85
7	Ho Wing Sze	TCGSS	6.79
8	Yam Ka Yee	CSS	6.69

**Discus**

1	Cheung Sau Yan	LYC	18.83
2	Ko Ka Lai	LSCC	17.91
3	Cheng Yi	TCGSS	17.67
4	So Wai Yan	TLGC	16.65
5	Wong Yee Ching	PBSS	16.56
6	Koo Ka Yiu	CWCC	15.78
7	Ma Miu Chong	KCC	15.22
8	Wong Wai Yee	PBSS	13.94

\*\*\*\*\* The End \*\*\*\*\*







36 MKC	1	1
36 NCC	1	1
38 KLC		
38 CNCMS		
38 HCSMS		
38 MCSF		

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Championships 2007/2008  
Division Three (Area Four)28/02/2008

Boys Overall Day 3

School		A	B	C	Total
1 TWGHS LUI YUN CHOY MEMORIAL COLLEGE	LYC	63	79.50	57	199.50
2 YU CHUN KEUNG MEMORIAL COLLEGE NO. 2	YCKMC-2	96	51	31	178
3 MU KUANG ENGLISH SCHOOL	MKES	77	64	35	176
4 ST. MARK'S SCHOOL	SMS	12	58	100	170
5 WAH YAN COLLEGE - HONG KONG	WYHK	28	33	91	152
6 LEE KAU YAN MEMORIAL SCHOOL	LKYMS	76	21	27	124
6 GERMAN SWISS INTERNATIONAL SCHOOL	GSIS	77	27	20	124
8 QUALIED COLLEGE	QUALIED	32	45	25	102
8 KWUN TONG MARYKNOLL COLLEGE	KTMC	27	31	44	102
10 CNEC LAU WING SANG SECONDARY SCHOOL	LWSSS	35	39	24	98
11 LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK	18	3	57	78
12 ABERDEEN TECHNICAL SCHOOL	ATS	23	37	17	77
13 LST WONG CHUNG MING SECONDARY SCHOOL	LSTWCM	31	33	12	76
14 PO LEUNG KUK CELINE HO YAM TONG COLLEGE	PLKCHYT	15	32	24	71
15 HONG KONG CHINESE WOMEN'S CLUB COLLEGE	CWCC	16	17	37	70
16 CLEMENTI SECONDARY SCHOOL	CSS	3	61	4	68
17 TWGHS LEE CHING DEA MEMORIAL COLLEGE	LCD	25	17	17	59
17 THE METHODIST CHURCH HK WESLEY COLLEGE	WESLEY	11	15	33	59
19 DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	23	28	4	55
20 HKCCCU LOGOS ACADEMY	LA	4	33	15	52
21 CHAN SHU KUI MEMORIAL SCHOOL	CSKMS	31	14	3	48
22 SKH ST. MARY'S CHURCH MOK HING YIU COLLEGE	SMHYC	16	23.50	3	42.50
23 HONG KONG INTERNATIONAL SCHOOL	HKIS	29	5	7	41
24 SKH TANG SHIU KIN SECONDARY SCHOOL	SKHTSK	12	15	7	34
25 SKH KEI HAU SECONDARY SCHOOL	SKHKH	12	17	4	33
26 HONG KONG TANG KING PO COLLEGE	HKTKP	11	15	6	32
27 HON WAH COLLEGE	HW	23	3	3	29
28 KOWLOON TONG SCHOOL (SECONDARY SECTION)	KTSS	2	—	23	25
29 DELIA MEMORIAL SCHOOL - YUET WAH	DMS-YW	16	1	6	23
29 PO LEUNG KUK 1984 COLLEGE	PLK1984	—	12	11	23
31 MAN KIU COLLEGE	MKIU	11	5	4	20
31 CCC KUNG LEE COLLEGE	KLC	20	—	—	20
33 ST. PETER'S SECONDARY SCHOOL	SPETER	6	8	4	18







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33 DMS-BW  
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33 DMS-YW  
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33 HCSS  
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33 MKIU  
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33 MCSF  
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HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Championships 2007/2008  
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Girls Overall Day 3

School		A	B	C	Total
1 TACK CHING GIRLS' SECONDARY SCHOOL	TCGSS	100	96	110	306
2 TWGHS LUI YUN CHOY MEMORIAL COLLEGE	LYC	46	84	93.50	223.50
3 LEUNG SHEK CHEE COLLEGE	LSCC	56	76	48	180
4 TRUE LIGHT GIRLS' COLLEGE	TLGC	55	15	66	136
5 KIANGSU CHEKIANG COLLEGE	KCC	61	59	7	127
6 HONG KONG CHINESE WOMEN'S CLUB COLLEGE	CWCC		81	40.50	121.50
7 ST. MARK'S SCHOOL	SMS	27	33	44	104
8 MU KUANG ENGLISH SCHOOL	MKES	44	16	35	95
9 PRECIOUS BLOOD SECONDARY SCHOOL	PBSS	38	33	22	93
10 SKH TANG SHIU KIN SECONDARY SCHOOL	SKHTSK	3	18	68	89
11 THE METHODIST CHURCH HK WESLEY COLLEGE	WESLEY	60	4	22	86
12 TWGHS LEE CHING DEA MEMORIAL COLLEGE	LCD	44	24	8	76
13 LST WONG CHUNG MING SECONDARY SCHOOL	LSTWCM	51	1	21	73
14 QUALIED COLLEGE	QUALIED	5	50	8	63
15 HONG KONG INTERNATIONAL SCHOOL	HKIS	6	22	31	59
16 YU CHUN KEUNG MEMORIAL COLLEGE NO. 2	YCKMC-2	30	—	18	48
17 PO LEUNG KUK CELINE HO YAM TONG COLLEGE	PLKCHYT	—	8	34	42
18 LEE KAU YAN MEMORIAL SCHOOL	LKYMS	15	9	17	41
19 CLEMENTI SECONDARY SCHOOL	CSS	—	3	31	34
20 CHAN SHU KUI MEMORIAL SCHOOL	CSKMS	17	14	2	33
21 SKH ST. MARY'S CHURCH MOK HING YIU COLLEGE	SMHYC	24	2	4	30
22 HKCCCU LOGOS ACADEMY	LA	4	21	3	28
23 HON WAH COLLEGE	HW	20		7	27
24 SKH KEI HAU SECONDARY SCHOOL	SKHKH	12	2	12	26
25 CNEC LAU WING SANG SECONDARY SCHOOL	LWSSS		14	10	24
26 DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	14	2		16
27 DELIA MEMORIAL SCHOOL - YUET WAH	DMS-YW		10		10
27 KOWLOON TONG SCHOOL (SECONDARY SECTION)	KTSS	—	9	1	10
27 PO LEUNG KUK 1984 COLLEGE	PLK1984	—	1	9	10
30 MUNSANG COLLEGE - HONG KONG ISLAND	MSCHK		7	1	8
30 ST. PETER'S SECONDARY SCHOOL	SPETER	4	1	3	8
32 CCC MING KEI COLLEGE	MKC	1	3	2	6
33 LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK		3	1	4
34 CCC KUNG LEE COLLEGE	KLC	3	—	—	3

34	HOLY CARPENTER SECONDARY SCHOOL	HCSS	3		3
36	MARYKNOLL COLLEGE (SENIOR FORM)	MCSF	1	-	1
36	MAN KIU COLLEGE	MKIU	1		1
36	HHCKLA BUDDHIST CHING KOK SECONDARY SCHOOL	BCKSS		1	1