

Inter-School Athletics Championships 2008/2009

HK Island & Kowloon

Division Three (Area 1) Final Results

Boys A Grade

100m

1	Tang Kwok Chi	DMS-HW	11.68
2	Cheung Kin Ho	HGSS	11.70
3	Hui Shu Fong	DMS-HW	12.05
4	Lam Chi Fung	BHNC	12.10
5	Wong Hoi Hong	HGC	12.15
6	Wong Kok Sum	CCSS	12.21
7	Chan Ka Leung	TKPK	12.27
8	So Ching On	KHSS	12.33

200m

1	Tang Kwok Chi	DMS-HW	24.47
2	Hui Shu Fong	DMS-HW	25.13
3	Chan Ka Leung	TKPK	25.20
4	Lo Ka Lok	HWC	25.34
5	Lee Hiu Fai	SYSS	25.40
6	Tsang Cheuk Wing	HGC	25.51

400m

1	Kwan Ping Cheong	KWSC	53.52
2	Tam Ka Chun	MCDHMC	55.11
3	Tsang Cheuk Wing	HGC	55.51
4	Luo Yuxiang	DMS-HW	56.87
5	Kwan Chun Kit	CCSC	57.27
6	Leung Chun Ting	MYC	58.87

800m

1	Kwan Ping Cheong	KWSC	2 : 8.14
2	Mak Ka Wo	KTGS	2 : 11.67
3	Wong Ka Ngo	KTKLGSS	2 : 12.22
4	Yau Ping Hang	DMS-HW	2 : 12.62
5	Chan Wai Yat	SKHLKY	2 : 15.12
6	Poon Wing Keung	TYH	2 : 16.09
7	Wong Ka Hung	DMS-HW	2 : 18.03
8	Chong Lai Wing	HWC	2 : 18.39

1500m

1	Ha Ming Yin	SYSS	4 : 33.99
2	Chan Pui Yuk	TKPK	4 : 35.72
3	Mak Ka Wo	KTGS	4 : 35.81
4	Yau Ping Hang	DMS-HW	4 : 48.86
5	Chong Lai Wing	HWC	4 : 55.99
6	Lee Chun Keung	MYC	5 : 0.50
7	Tam Ming Hong	NAMS	5 : 2.08
8	To Hing Chung	HWC	5 : 9.15

5000m

1	Chan Pui Yuk	TKPK	17 : 30.78
2	Ha Ming Yin	SYSS	18 : 35.02
3	Cheung Chung Shing	YCM	19 : 22.67
4	Li Man Hin	KWSC	19 : 36.91
5	Chiu Kam	KTKLGSS	20 : 9.30
6	Chan Wai Kit	TKPK	20 : 42.11
7	Tam Ming Hong	NAMS	21 : 1.51
8	Tam Hoi Ho	SYSS	21 : 4.41

110m Hurdles

1	Shum Chik Lai	QES	14.38
2	Wong Tsan Lung	LWFSS	16.47
3	Yu Kwan Ching	HWC	16.59
4	Lui Siu Ting	CCSS	16.68
5	Chan Chun Tat	CCSC	17.49
6	Hui Tak Lik	MCDHMC	17.93
7	Lo Yung Hong	SYSS	19.37

4x100m Relay

1	QES	46.26
2	HWC	47.28
3	KWSC	47.81
4	SYSS	47.85
5	BHJS	48.02
6	HGC	48.18
7	CCSC	49.13

4x400m Relay

1	BHJS	3 : 45.98
2	KTGS	3 : 48.24
3	TYH	3 : 49.43
4	CCSC	3 : 52.39
5	SYSS	3 : 53.83
6	NAMS	3 : 55.62
7	HWC	3 : 56.96
8	DMS-HW	3 : 56.98

High Jump

1	Pang Hiu Tang	BHJS	1.73
2	Lo Chun Wai	KTGS	1.70
3	Cheng Ki Fung	CCSC	1.70
4	Lau Fung	KTKLGSS	1.67
5	Chan Hiu Chun	CCSC	1.61
6	Ma Wang Chun	SYSS	1.58
7	Ngai Siu Chun	YCM	1.55
8	Wong Kit Lun	DMS-HW	1.55

Long Jump

1	Shum Chik Lai	QES	6.88
2	Wong Tsan Lung	LWFSS	5.77
3	Lam Chi Fung	BHNC	5.70
4	Lui Siu Ting	CCSS	5.70
5	Lo Chun Wai	KTGS	5.56
6	Tsang Wang Shing	QES	5.52
7	Fung Kai Shun	TYH	5.50
8	Chan Ka Lun	DMS-HW	5.45

Triple Jump

1	Chung Cheuk Wang	BHJS	12.68
2	To Yik Ming	KTGS	12.51
3	Cheng Piu	NAMS	12.18
4	Tam Ka Chun	MCDHMC	11.96
5	Tai Yuk Kwan	WWS	11.40
6	Fung Kai Shun	TYH	11.40
7	Lau Fung	KTKLGSS	11.34
8	Ip Chi Ming	TKPK	11.01

Shot Put

1	Kao Ting Pong	YCM	11.22
2	Tsang Pui Hung	SKHLKY	11.09
3	Kan Cheuk Nam	PLKLFC	10.84
4	Chan Chin Fai	KWSC	10.62
5	Yu Chun Yin	KWSC	10.53
6	Lo Or Wai	CCSS	10.34
7	Cheng Yuk Kwan	HGC	10.32
8	Wong Cheu Ming	KTKLGSS	10.21

Discus

1	Tsang Pui Hung	SKHLKY	33.63
2	Lo Or Wai	CCSS	26.10
3	Cheung Kin Ho	HGSS	25.94
4	Chan Chan Kwong	KTKLGSS	25.80
5	Chan Kwun Lam	HWC	25.61
6	Ip Kam Fai	CYT	24.93
7	Wang Chung Hoi	NAMS	24.27
8	Yu Chun Yin	KWSC	22.89

Javelin

1	Cheung Tak Wai	CCSS	34.59
2	Chan Chun Wa	TKPK	33.99
3	Chan Cheong Chun	TYH	33.49
4	Zhen Jinjun	NAMS	33.41
5	Chan Ming Kin	CCPASS	33.01
6	Chung Wai Cheung	NAMS	31.95
7	Wong Chik Lam	HWC	30.29
8	Kong Kwong Pan	QES	27.60

Boys B Grade**100m**

1	Mak Shing Hei	CYT	11.44
2	Choi Pui Fung	SYSS	11.86
3	Fong Lok Hang	CCSC	11.96
4	Wan Chi Ki	MCDHMC	12.01
5	Choi Ho Hin	PLKLFC	12.36
6	Pang Tsz Fung	BHJS	12.37
7	Li Ka Ho	KTKLGSS	12.44
8	Cheng Kin	PTSS	12.61

200m

1	Kwong Ming Kin	CCSC	23.90
2	Wan Chi Ki	MCDHMC	24.39
3	Lau Chun Wai	HGC	24.40
4	Hassan Abdul Rahma	CYT	24.42
5	Choi Pui Fung	SYSS	24.52
6	Chan Chi Chiu	HWC	24.85
7	Chan Tsz Hin	KHSS	25.22
8	Pang Tsz Fung	BHJS	25.41

400m

1	Kwong Ming Kin	CCSC	55.25
2	Wong Chun	HWC	56.02
3	Tsang Tsz Ki	LS	56.17
4	Tam Man Fung	BHJS	56.31
5	Ng Wing Tong	KTKLGSS	58.91
6	Ngo Yuen Yeung	KHSS	59.31
7	Yung Ka Yu	LWFSS	1 : 2.38

800m

1	Shau Hung Leung	CCPASS	2 : 16.11
2	Wong Chun	HWC	2 : 16.17
3	Chou Hoi Lam	NAMS	2 : 18.19
4	Chiu Yat Wai	CYT	2 : 18.93
5	Lam Long Wai	CCSC	2 : 21.31
6	Tang Ho Man	SKHLKY	2 : 21.63
7	Siu Man Kit	LCCS	2 : 21.82
8	Yeung Hong To	HWC	2 : 22.63

1500m

1	Shau Hung Leung	CCPASS	4 : 50.60
2	Lo Man Lap	HWC	4 : 51.23
3	Tang Ho Man	SKHLKY	4 : 52.56
4	Chow Ho Man	CCSC	4 : 53.22
5	Chiu Yat Wai	CYT	4 : 54.81
6	Lam Long Wai	CCSC	4 : 55.04
7	Siu Man Kit	LCCS	4 : 55.09
8	Chou Hoi Lam	NAMS	4 : 57.23

100m Hurdles

1	Au Chun	TYH	15.53
2	Mak Shing Hei	CYT	16.12
3	Ip Ka Long	HWC	16.25
4	Wong Ho Yuen	WWS	16.41
5	Yeung Ho Yin	TYH	16.46
6	Leung Chun Wai	PTSS	18.15

4x100m Relay

1		CYT	47.15
2		BHJS	47.97
3		MCDHMC	47.98
4		KHSS	48.07
5		HWC	48.54
6		SYSS	48.98
7		PTSS	49.28
8		KTKLGSS	49.39

4x400m Relay

1		HWC	3 : 49.84
2		CCSC	3 : 49.87
3		CCPASS	3 : 53.79
4		BHNC	3 : 53.89
5		NAMS	3 : 55.18
6		BHJS	3 : 57.61
7		WWS	3 : 59.68
8		CYT	4 : 2.20

High Jump

1	Fung Yik Hong	QES	1.80
2	Chan Lam Wah	BHNC	1.72
3	Hassan Abdul Rahma	CYT	1.72
4	Lau Chung San	LCCS	1.60
5	Tsoi Wing Hi	HGC	1.57
6	Yu Kin Ching	HWC	1.54
7	Hui Kwok Shing	KTKLGSS	1.54
=8	Shek Wai Kuen	DMS-HW	1.54
=8	Kong Puk Tat	KTKLGSS	1.54

Long Jump

1	Fong Lok Hang	CCSC	5.94
2	Fung Yik Hong	QES	5.60
3	Fung Yin Cheung	CYT	5.47
4	Li Tsz Wing	PLKNO.1C	5.33
5	Ho Kai Bong	BHJS	5.32
6	Leung King On	LSTYKH	5.29
7	Hui Ming Wai	CYT	5.12
8	Liu Yat Chi	HWC	5.12

Triple Jump

1	Cheng Chun Kit	SKHLKY	11.71
2	Yeung Hong To	HWC	11.45
3	Ho Kai Bong	BHJS	11.03
4	Chan Sze Hang	SKHLKY	10.92
5	Ho Cheuk Wun	TKPK	10.73
6	Hui Kwok Shing	KTKLGSS	10.68
7	Au Chun	TYH	10.66
8	Li Tsz Wing	PLKNO.1C	10.59

Shot Put

1	Fong Kwok San	LSTYKH	11.16
2	Cheung Yuen Kwan	NAMS	11.04
3	Cheung Wong Fai	SKHLKY	10.92
4	Tang Kit Chun	CCSS	10.39
5	Hai Wai Kit	LS	10.38
6	Chong Chi Kit	KTKLGSS	9.96
7	Chan Man Kuen	PTSS	9.91
8	Tsang Chiu Hung	PKSS	9.83

Discus

1	Yip Chiu Tat	NAMS	30.26
2	Cheung Wong Fai	SKHLKY	29.04
3	Chan Chun Hin	WWS	27.11
4	Deng Zhi Cheng	LWFSS	26.08
5	Chan Sze Hang	SKHLKY	25.71
6	Lai Ka Wai	KTGS	25.07
7	Chow Sung Yip	LCCS	24.96
8	Yau Chi Wing	SYSS	23.78

Javelin

1	Yip Chiu Tat	NAMS	31.54
2	Lam Yuek Fung	KTKLGSS	27.11
3	Cheng Tai Wai Davi	TYH	26.83
4	Lau Siu Ching	HGC	26.20
5	Leung Tsz Hin	LCCS	25.92
6	Cheung Jeese Nai Y	CCSS	25.74
7	Ching Tsz Ho	SKHLKY	23.50
8	Chong Wai Kit	KTKLGSS	20.50

Boys C Grade

100m

1	Tong Zhi Cai	QES	12.09
2	Yuen Tsz Tai	BHJS	12.19
3	Leung Hoi Man Victor	WWS	12.38
4	Chan Man Chun	PCCSS	12.53
5	Wong Felix Wing Ha	CREATIVE	12.60
6	Cheung Kai Wang	DMS-HW	12.65
7	Wong Tsz Hin	KTGS	12.68
8	Wong Wai Nok	CCSC	12.92

400m

1	Wong Kin Shing	CYT	59.90
2	Wong Wing Yiu	PLKNO.1C	1 : 1.05
3	Cheng Lo Wai	WWS	1 : 1.06
4	Ching Tsz Hei	CCSC	1 : 2.67
5	Law Ka Ngai	SYSS	1 : 6.45
6	Tsang Wai Lun	KHSS	1 : 9.17
7	Lau Chun He	KHSS	1 : 10.67
8	Leung King Hang	CYT	1 : 12.44

1500m

1	Tong Cheuk Him	KHSS	5 : 8.10
2	Yuen Ho Fai	LCCS	5 : 13.11
3	Lau Wai Hang	KHSS	5 : 14.29
4	Tong Tsz Fung	BHJS	5 : 16.98
5	Chan Kwok Hong	CYT	5 : 18.30
6	Chu Ho Pan	WWS	5 : 19.03
7	Cheung Ka Ho	PLKNO.1C	5 : 19.08
8	Ng Yun Lung	CCPASS	5 : 21.88

4x100m Relay

1		TKPK	51.29
2		BHJS	51.62
3		CCSC	52.02
4		SYSS	52.23
5		WWS	52.59
6		PTSS	54.32

High Jump

1	Fan Ho Yin	CYT	1.54
2	Wong Kin Shing	CYT	1.54
3	Au Man Cheuk	HWC	1.48
4	Ip Yau Yau	HWC	1.45
5	Leung Kai Lun	KTKLGSS	1.45
6	Chan Siu Hin	LCCS	1.45
7	Yiu Ka Leung	WWS	1.42
8	Yeung Hoi Wing	PTSS	1.39

Shot Put

1	Hsu Sai Yeung	HGC	10.46
2	Yip Chi Wing	LS	10.10
3	Chan Ka Chun	KTKLGSS	9.87
4	Mo Kee Fai Jess	TYH	9.43
5	Tung Wai Cheung	SYSS	8.99
6	Ng Lok Him	KTKLGSS	8.74
7	Tso Ming Chi	CCSC	8.73
8	Yiu King Fung	MCDHMC	8.31

200m

1	Tong Zhi Cai	QES	25.02
2	Yuen Tsz Tai	BHJS	25.41
3	Cheung Kai Wang	DMS-HW	26.28
4	Wong Felix Wing Ha	CREATIVE	26.37
5	Yau Ka Ho	PTSS	26.87
6	Wong Wai Nok	CCSC	26.97
7	Tse Tin Chi	SKHLKY	27.15

800m

1	Tsang Wai Lun	KHSS	2 : 24.88
2	Tong Cheuk Him	KHSS	2 : 26.09
3	Cheung Ka Ho	PLKNO.1C	2 : 27.64
4	Leung King Hang	CYT	2 : 27.68
5	Lam Ting Pong	HGC	2 : 28.22
6	Ching Tsz Hei	CCSC	2 : 29.73
7	Wu Chi Wa	CYT	2 : 34.31
8	Chan Ka Yin	KTGS	2 : 34.38

100m Hurdles

1	Chan Lok Hin	CYT	16.32
2	Leung Hoi Man Victor	WWS	16.51
3	Leung Hoi Fu	HWC	17.42
4	Yuen Ho Fai	LCCS	17.93
5	Chiu Pit Chun	WWS	17.96
6	Lau Chi Chung	KTKLGSS	19.17
7	Lam Ting Pong	HGC	19.30
8	Cheung Tsz Choi	KHSS	20.11

4x400m Relay

1		CYT	4 : 12.98
2		SYSS	4 : 13.21
3		WWS	4 : 13.76
4		KHSS	4 : 19.39
5		PLKLCF	4 : 26.05
6		PLKNO.1C	4 : 30.03
7		CCSC	4 : 30.40
8		PTSS	4 : 31.25

Long Jump

1	Yeung Hoi Wing	PTSS	4.99
2	Leung Hoi Fu	HWC	4.91
3	Cheung Wing Yip	CCSC	4.86
4	Lo Chi Fai	LWFSS	4.76
5	Wong Ka Wai	PTSS	4.66
6	Fan Ho Yin	CYT	4.55
7	Ng Ka Ho	SYSS	4.53
8	Ha Chun Yip	WWS	4.45

Discus

1	Chiu Pit Chun	WWS	27.13
2	Kung Wai Lun	CYT	24.38
3	Lun Ka Lok	CYT	23.52
4	Tsui Ting Yan	PLKNO.1C	22.50
5	Chow Man Kit	KHSS	21.67
6	Lau Chi Yan	QES	20.89
7	Pun Kwok Yung	NAMS	19.71
8	Ng Lok Him	KTKLGSS	19.61

Girls A Grade

100m

1	Hung Tsui Ying	HWC	13.68
2	Yeung Yin Ting	TYH	14.01
3	Wong Man Yan	LSTYKH	14.09
4	Ho Wai Yi	HWC	14.49
5	Leung Man Wah	OLC	14.57
6	Tam Wing Yan	DMS-HW	14.76

200m

1	Hung Tsui Ying	HWC	29.51
2	Yeung Yin Ting	TYH	30.26
3	Pau Wing Wa	WWS	30.50
4	Ho Wai Yi	HWC	30.79
5	Wong Hiu Tung	OLC	31.31
6	Tam Wing Yan	DMS-HW	31.42
7	Pang Wan Yee	WWS	31.64

400m

1	Chiu Sau Ying	LSTYKH	1 : 5.93
2	Ng Man Ying	MYC	1 : 9.26
3	Tsang Chi Mei	LSTYKH	1 : 9.36
4	Yau Wing Lai	DMS-HW	1 : 9.49
5	Chan Kai Ling	HGC	1 : 12.69
6	Wong Hiu Tung	OLC	1 : 13.19
7	Lam Ka Ying	CDGFSS	1 : 14.49
8	Li Yuen Ki Jessica	BHJS	1 : 16.42

800m

1	Ng Mo Yin	QES	2 : 51.23
2	Yau Wing Lai	DMS-HW	2 : 54.07
3	So Kit Ying	OLC	2 : 59.54
4	Yeung Yuen Mui	HWC	3 : 1.20
5	Au Tsz Yu	CDGFSS	3 : 1.57
6	Li Yuen Ki Jessica	BHJS	3 : 2.17
7	Leung Shuk Ying	NP2C	3 : 6.43
8	Lee Wai Fan	QES	3 : 7.27

1500m

1	Ng Mo Yin	QES	5 : 55.82
2	Leung Shuk Ying	NP2C	6 : 6.88
3	Chik Man	MYC	6 : 10.54
4	Cheung Wai Ting	CDGFSS	6 : 22.37
5	Gbadago Jemima Joy	DMS-HW	6 : 25.19
6	Tang Ee Sum Charis	TYH	6 : 26.16
7	Chan Hoi Yan	OLC	6 : 58.33
8	Choi Yuk Ki	LSTYKH	7 : 12.10

100m Hurdles

1	Wong Sze Man	LSTYKH	18.89
2	Chan Chung Yan	TOSS	19.08
3	Yau Wai Yin	HWC	19.40
4	Chung Fook Yu	HWC	19.58
5	Chung Pui Yan	CDGFSS	19.85
6	Tso Yuen Yan	OLRC	19.94
7	Yu Cheuk Kwan	OLC	22.28

4x100m Relay

1		WWS	57.47
2		TYH	58.00
3		YCM	59.56
4		DMS-HW	1 : 0.53
5		OLC	1 : 1.11
6		CCSC	1 : 1.46
7		NAMS	1 : 1.83

4x400m Relay

1		CDGFSS	4 : 50.57
2		HWC	4 : 51.53
3		DMS-HW	5 : 6.48
4		MYC	5 : 7.00
5		OLC	5 : 7.19
6		TNSS	5 : 12.05
7		NAMS	5 : 20.62
8		WWS	5 : 46.71

High Jump

1	Fong Ka Man	CCSS	1.44
2	Lo Lai Man	LSTYKH	1.38
=3	Au Tsz Kiu	OLC	1.29
=3	Li Wan Sze	TNSS	1.29
=5	Chan Ying	OLC	1.29
=5	Li Tsui Ping	CDGFSS	1.29
=7	So Cho Fei	LS	1.26
=7	Wong Ying Man	HWC	1.26

Long Jump

1	Wong Ho Ching	CCSC	4.30
2	Chan Chung Yan	TOSS	4.29
3	Leung Man Wah	OLC	4.28
4	Au Tsz Yu	CDGFSS	4.11
5	Ip Tan Hung	CDGFSS	4.08
6	Lam Chi Fan	CCSS	4.08
7	So Cho Fei	LS	3.99
8	Tso Yuen Yan	OLRC	3.91

Shot Put

1	Diu Hoi Yi Jessica	LS	8.06
2	Li Wan	NAMS	7.98
3	Fong Ka Man	CCSS	7.70
4	Tsang Hang In	HGC	7.13
5	Fung Hiu Tung	BHJS	6.75
6	Chong Ngai Lai	CDGFSS	6.74
7	Tang Hoi Ching	WWS	6.72
8	Tai Yee Wa	OLC	6.50

Discus

1	Siu Wing Yan	TNSS	21.90
2	Lee Siu Yin	HGC	21.65
3	Fung Hiu Tung	BHJS	21.63
4	Lau Shan Shan	CDGFSS	19.71
5	Tang Siu Man	OLC	19.69
6	Li Wan	NAMS	18.71
7	Tai Yee Wa	OLC	17.74
8	Chan Lai Kuen	LSTYKH	17.08

Javelin

1	Wong Ming Wai	CDGFSS	26.25
2	Lam Ka Ying	CDGFSS	21.98
3	Siu Wing Yan	TNSS	21.48
4	Tsoi Ching Ni	WWS	18.46
5	Tam Shuk Yee	CCSS	18.31
6	Wong Po Sze	DMS-HW	17.48
7	Chu Hoi Man	NAMS	16.84
8	Tsang Wing Shuen	PTSS	16.08

Girls B Grade**100m**

1	Lau Fan Hei	CDGFSS	13.10
2	Chan Hoi Hiu	TOSS	13.77
3	Cheng Sau Kan	LSTYKH	13.82
4	Tsang Siu Fung	NP2C	13.89
5	Ho Ka Wai	OLRC	13.92
6	Lee Kin Hung	HGC	13.97
7	Tsang Tsz Yan	BHNC	13.99
8	Wong So Ting Chris	TOSS	14.18

200m

1	Lau Fan Hei	CDGFSS	27.72
2	Tsang Tsz Yan	BHNC	28.77
3	Tsang Siu Fung	NP2C	28.79
4	Lee Kin Hung	HGC	29.83
5	Wong So Ting Chris	TOSS	29.85
6	Chan Hoi Hiu	TOSS	30.15
7	Chiu Ka Man	SKHLKY	30.19
8	So Long Hang	TNSS	30.37

400m

1	Ho Ka Wai	OLRC	1 : 6.10
2	Cheung Mei Chi	OLRC	1 : 9.78
3	Leung Hiu Tung	HGC	1 : 10.39
4	Tang Pui Yue	LCCS	1 : 10.86
5	Lee Pik Sim	WWS	1 : 12.99
6	Chung Hiu Ki	TNSS	1 : 13.52
7	Wong Hing Yee	LCCS	1 : 14.23
8	Tsang Wing Yan	NAMS	1 : 15.16

800m

1	Ho Ho Yan	KHSS	2 : 49.18
2	Tang Pui Yue	LCCS	2 : 49.26
3	Au Kit Ming	QES	2 : 50.73
4	Li Mei Yee	BHJS	2 : 50.84
5	Ho Hiu Yan	TNSS	2 : 55.60
6	Shiu Tsz Kwan	CDGFSS	2 : 55.65
7	Wong Hing Yee	LCCS	2 : 56.87
8	Wu Yue Wei	NAMS	2 : 57.28

1500m

1	Ho Ho Yan	KHSS	5 : 49.82
2	Au Kit Ming	QES	5 : 51.28
3	Hung Hoi Shan	HGC	6 : 1.90
4	Li Mei Yee	BHJS	6 : 4.96
5	Shiu Tsz Kwan	CDGFSS	6 : 5.68
6	Sit Ming Wai	MYC	6 : 13.63
7	Wu Yue Wei	NAMS	6 : 15.75
8	Ho Hiu Yan	TNSS	6 : 20.25

100m Hurdles

1	Yip Yee Lui	TOSS	17.61
2	Sung Hei Lam	OLRC	19.04
3	Choi Yu Ying	WWS	19.05
4	Chow Mei Hang	OLRC	19.22
5	Sin Mei Sze	OLC	19.70
6	Tang Pui Ni	CCSC	19.86
7	Luk Fei Man	CDGFSS	19.87
8	Poon Hoi Yan	HWC	19.92

4x100m Relay

1		TOSS	56.13
2		PKSS	56.94
3		HWC	57.24
4		OLRC	57.26
5		TNSS	58.72
6		NP2C	59.19
7		CCSC	59.73
8		CCSS	1 : 3.25

4x400m Relay

1		OLRC	4 : 43.91
2		CDGFSS	4 : 49.92
3		HGC	4 : 58.58
4		WWS	5 : 0.58
5		TNSS	5 : 1.19
6		LCCS	5 : 2.50
7		PLKLFC	5 : 2.78
8		NAMS	5 : 3.51

High Jump

1	Li Man Yee	PKSS	1.41
2	Yeung Tsz Ling	PKSS	1.38
3	Wong Man Yin	TOSS	1.35
4	Wong Pui Ki Peggy	CCSC	1.32
5	Yeung Hoi Ting	OLRC	1.29
6	Wong Chi Ying	OLC	1.26
=7	Kong Lai Wan	WWS	1.26
=7	Lai Kuan I	HWC	1.26

Long Jump

1	Cheng Sau Kan	LSTYKH	4.55
2	Yip Sui Man	NP2C	4.14
3	Chan Hiu Lam	PLKNO.1C	4.13
4	Ng Tsz Ching	PLKNO.1C	4.12
5	Leung Hiu Tung	HGC	4.11
6	Yip Ching Wan	QES	4.10
7	Sung Hei Lam	OLRC	4.06
8	Yu Ka Yan	HWC	4.02

Shot Put

1	Cheng Ka Yee	OLC	9.13
2	Ng Suet Ying	OLC	8.95
3	Choi Mei Kuen	NP2C	8.53
4	Yu Kam Lin	HGC	8.48
5	Ho Pui Ling	NAMS	8.30
6	Yuen Ching Wai	QES	8.02
7	Yeung Hoi Yan	HGC	7.99
8	Lau Ching Man	CCSS	7.71

Discus

1	Ho Pui Ling	NAMS	21.48
2	Tang Yik Ching	QES	21.20
3	Ng Suet Ying	OLC	20.29
4	Chan Ching Hang	TOSS	19.72
5	Ho Ying Ching	NAMS	19.10
6	Lam Man Ming	WWS	19.08
7	Cheng Ka Wing	BHJS	19.05
8	Hui Ka Yan	HGSS	17.37

Girls C Grade**100m**

1	Fatin Shahika B. R	OLRC	13.95
2	Cheung Hoi Ying	LCCS	14.04
3	Fung Hoi Yi	LCCS	14.05
4	Lai Hiu Ching	HGC	14.17
5	Ng Ka Man	TOSS	14.22
6	Li Ka Sin	LS	14.45
7	Tsang Tammi	PLKLFC	14.53
8	Kong Yee Ching	MCDHMC	14.89

200m

1	Fatin Shahika B. R	OLRC	29.17
2	Cheng Yi Ting	CCSC	29.33
3	Fung Hoi Yi	LCCS	29.41
4	Lai Hiu Ching	HGC	29.60
5	Ng Ka Man	TOSS	29.65
6	Lo Wai	CREATIVE	30.00
7	Li Ka Sin	LS	30.77
8	Kong Yee Ching	MCDHMC	30.85

400m

1	Cheng Yi Ting	CCSC	1 : 8.15
2	Tsang Tammi	PLKLFC	1 : 10.88
3	Lai Tsz Yan	TNSS	1 : 11.16
4	Kong Chak Ming	SKHLKY	1 : 12.11
5	Au Yee Hung	TNSS	1 : 13.90
6	Chan Wing Ki	LSTYKH	1 : 14.42
7	Lam Suet Ying	TOSS	1 : 15.03
8	Lau Ka Lee	KHSS	1 : 17.45

800m

1	Yung Ka Ka	LCCS	2 : 50.36
2	Lung Hong Ki	KHSS	2 : 54.69
3	Ho Shuk Man	HGC	2 : 55.19
4	So Yuen Ting	BHJS	2 : 56.76
5	Wong Pui Ki	TNSS	2 : 57.02
6	Chow Yeuk Nga	BHJS	2 : 59.82
7	Ng Hin Ting	LCCS	3 : 1.42
8	Chung Man Sze	OLRC	3 : 7.99

1500m

1	Yung Ka Ka	LCCS	6 : 20.11
2	Lung Hong Ki	KHSS	6 : 22.64
3	Lam So Fong	TYH	6 : 28.41
4	Wong Pui Ki	TNSS	6 : 31.91
5	Lau Hoi Yi	WWS	6 : 42.36
6	Siu Ching Kwan	HGC	6 : 52.00
7	Hui Yuen Ching	QES	6 : 57.66
8	Yip Hiu Ki	PTSS	6 : 57.84

100m Hurdles

1	Cheung Chung Yan	TOSS	18.77
2	Chak Long Ching	OLRC	19.62
3	Lee Tsz Ching	OLC	19.95
4	Kwok Man Wai	HWC	20.56
5	Kwok Hoi Ching	OLC	21.22
6	Ng Man Wai	OLRC	21.41
7	Ngan Wing Sze	HWC	21.51
8	Chung Lai Ching	WWS	22.55

4x100m Relay

1		OLRC	57.22
2		LCCS	58.55
3		TNSS	59.29
4		LS	1 : 0.10
5		CCSC	1 : 0.29
6		HWC	1 : 0.37
7		WWS	1 : 0.42

4x400m Relay

1		TNSS	4 : 55.84
2		PLKLCFC	4 : 57.28
3		OLC	5 : 1.53
4		TOSS	5 : 4.06
5		KHSS	5 : 5.44
6		SKHLKY	5 : 7.81
7		OLRC	5 : 7.88
8		TYH	5 : 10.38

High Jump

1	Chan Ching Yu	OLC	1.27
2	Wong Cheuk Yin	CREATIVE	1.24
3	Chan Wing Suen	CDGFSS	1.24
4	Chak Long Ching	OLRC	1.21
5	Yik Pui Sze	TNSS	1.21
6	Kwong Yan Ming	TOSS	1.18
7	Lam Long Chang	TOSS	1.18
8	Tai Yan Ning	PTSS	1.18

Long Jump

1	Wong To	OLC	4.05
2	Lam Ka Na	HWC	4.00
3	Chan Wing Suen	CDGFSS	3.70
4	Au Tsz Shan	OLRC	3.70
5	Kwok Wai Yan	LCCS	3.67
6	Kwong Yan Ming	TOSS	3.66
7	Wong Cheuk Yin	CREATIVE	3.64
8	Lam Man Wai	LSTYKH	3.60

Shot Put

1	Chan Yin	OLC	8.12
2	Ho Hui Ting	WWS	7.41
3	Chow Ho Yee	CCSC	7.36
4	Ng Yuk Shan	OLC	7.23
5	Chan Wai Ping	PCCSS	7.19
6	Sung Ka Man	LWFSS	6.96
7	Wong Hey Man	PTSS	6.92
8	Lam I Ting	LCCS	6.75

Discus

1	Hui Ying Ying	WWS	19.87
2	Wong Hei Man	PTSS	19.30
3	Ho Hui Ting	WWS	17.59
4	Cheng Cin Min Mich	PTSS	16.24
5	Chan Yin	OLC	16.05
6	Yeung Man Lai	LCCS	14.66
7	Lam Hoi Ling	OLRC	14.32
8	Wong Joe Yee	BHNK	13.87

***** The End *****

27	CCPASS	5		5
27	PKSS	4	1	5
29	BHNC	4		4
29	NAMS	3	1	4
31	KWSC	2	1	3
32	MYC			
32	LSTYKH			
32	CYC			
32	YCM			

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2008/2009
Division Three (Area One)25/02/2009

Boys Overall Day 3

School		A	B	C	Total	
1	STFA CHENG YU TUNG SECONDARY SCHOOL	CYT	5	81	100	186
2	CCC HEEP WOH COLLEGE	HWC	57	88	39	184
3	CHEUNG CHUK SHAN COLLEGE	CCSC	43	75	54	172
4	BISHOP HALL JUBILEE SCHOOL	BHJS	52	59	49	160
5	SING YIN SECONDARY SCHOOL	SYSS	59	34	47	140
6	YCH WONG WHA SAN SECONDARY SCHOOL	WWS	8	29	74	111
7	KWUN TONG KUNG LOK GOVERNMENT SEC SCHOOL	KTKLGSS	39	42.50	27	108.50
8	CCC KEI HEEP SECONDARY SCHOOL	KHSS	6	26	70	102
9	SKH LEUNG KWAI YEE SECONDARY SCHOOL	SKHLKY	23	64	9	96
9	QUEEN ELIZABETH SCHOOL	QES	48	22	26	96
11	NEW ASIA MIDDLE SCHOOL	NAMS	37	54	4	95
12	TANG KING PO SCHOOL - KOWLOON	TKPK	43	14	32	89
13	DELIA MEMORIAL SCHOOL - HIP WOO	DMS-HW	68	4.50	11	83.50
14	KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS	60	12	10	82
15	THE MISSION COVENANT CHURCH HOLM GLAD COL	HGC	31	20	24	75
16	STEWARDS POOI TUN SECONDARY SCHOOL	PTSS		27	44	71
17	POH 80TH AN. TANG YING HEI COLLEGE	TYH	34	29	6	69
18	THE HK TAOIST ASSN CHING CHUNG SEC SCHOOL	CCSS	41	16	10	67
19	CCC KWEI WAH SHAN COLLEGE	KWSC	56	5	3	64
20	PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	—	18	40	58
21	YCH LAW CHAN CHOR SI COLLEGE	LCCS	3	29	24	56
21	MKCMF MA CHAN DUEN HEY MEMORIAL COLLEGE	MCDHMC	21	29	6	56
23	HK & KLN CHIU CHOW PUBLIC ASSN SEC SCHOOL	CCPASS	7	38	5	50

15 LS	6	2	3	10	21
16 CREATIVE	17	3			20
17 SKHLKY	8		5	6	19
18 TYH	7		7	2	16
19 LSTYKH	11		3		14
19 QES	11		3		14
21 KTGS	7				7
22 BHNK	6				6
22 PCCSS	6				6
24 LWFSS	5				5
24 PKSS	5				5
26 MCDHMC	2	1	1		4
26 NP2C	4				4
28 PLKNO.1C	3				3
29 KWSC	1				1
29 DMS-HW	1				1
29 HGSS	1				1
29 NAMS	1				1
33 MYC					
33 CCSS					
33 YCM					

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2008/2009
Division Three (Area One)25/02/2009

Girls Overall Day 3

School		A	B	C	Total
1 OUR LADY'S COLLEGE	OLC	77	44	73	194
2 OUR LADY OF THE ROSARY COLLEGE	OLRC	6	80	80	166
3 CARMEL DIVINE GRACE FOUNDATION SEC SCHOOL	CDGFSS	85.50	55	23	163.50
4 TAK NGA SECONDARY SCHOOL	TNSS	30.50	41	67	138.50
5 TAK OI SECONDARY SCHOOL	TOSS	16	68	51	135
6 YCH WONG WHA SAN SECONDARY SCHOOL	WWS	42	41.50	48	131.50
7 CCC HEEP WOH COLLEGE	HWC	71.50	27.50	28	127
8 YCH LAW CHAN CHOR SI COLLEGE	LCCS		37	76	113
9 THE MISSION COVENANT CHURCH HOLM GLAD COL	HGC	20	54	27	101
10 LOK SIN TONG YU KAN HING SECONDARY SCHOOL	LSTYKH	50	21	14	85
11 CHEUNG CHUK SHAN COLLEGE	CCSC	17	19	38	74

11	QUEEN ELIZABETH SCHOOL	QES	24	36	14	74
13	BISHOP HALL JUBILEE SCHOOL	BHJS	18	23	24	65
14	DELIA MEMORIAL SCHOOL - HIP WOO	DMS-HW	61	2	1	64
14	NEW ASIA MIDDLE SCHOOL	NAMS	26	37	1	64
16	POH 80TH AN. TANG YING HEI COLLEGE	TYH	38	1	16	55
17	NING PO NO. 2 COLLEGE	NP2C	12	37	4	53
18	CCC KEI HEEP SECONDARY SCHOOL	KHSS	—	21	31	52
19	PO KOK SECONDARY SCHOOL	PKSS	—	38	5	43
20	PO LEUNG KUK LAWS FOUNDATION COLLEGE	PLKLFC		12	27	39
21	ELCHK LUTHERAN SECONDARY SCHOOL	LS	15.50	1	21	37.50
22	STEWARDS POOI TUN SECONDARY SCHOOL	PTSS	3	3	31	37
23	THE HK TAOIST ASSN CHING CHUNG SEC SCHOOL	CCSS	26	9		35
24	CCC MING YIN COLLEGE	MYC	27	6		33
25	CREATIVE SECONDARY SCHOOL	CREATIVE	—	4	20	24
25	SKH LEUNG KWAI YEE SECONDARY SCHOOL	SKHLKY	—	5	19	24
27	PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	—	17	3	20
27	BUDDHIST HO NAM KAM COLLEGE	BHMK	2	12	6	20
29	VTC YEO CHEI MAN SENIOR SECONDARY SCHOOL	YCM	16	—	—	16
30	KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS		4	7	11
31	LKWFSL LAU WONG FAT SECONDARY SCHOOL	LWFSS	1	2	5	8
32	PO CHIU CATHOLIC SECONDARY SCHOOL	PCCSS			6	6
33	HOMANTIN GOVERNMENT SECONDARY SCHOOL	HGSS	1	2	1	4
33	MKMcF MA CHAN DUEN HEY MEMORIAL COLLEGE	MCDHMC			4	4
35	CCC KWEI WAH SHAN COLLEGE	KWSC			1	1

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day One: 10 February 2009

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 Event 1 Shot Put Girls C

Standard: 6.20 (3kg) Record: 10.59 (2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Chan Yin	OLC	8.12	Standard	9
2	Ho Hui Ting	WWS	7.41	Standard	7
3	Chow Ho Yee	CCSC	7.36	Standard	6
4	Ng Yuk Shan	OLC	7.23	Standard	5
5	Chan Wai Ping	PCCSS	7.19	Standard	4
6	Sung Ka Man	LWFSS	6.96	Standard	3
7	Wong Hey Man	PTSS	6.92	Standard	2
8	Lam I Ting	LCCS	6.75	Standard	1
	Hung Shuk Ling	HWC	6.67	Standard	
	Yau So Fan	TNSS	6.62	Standard	
	Cheng Sin Yee	TYH	6.54	Standard	
	Ng Sze Wing	BHJS	6.54	Standard	
	Leung Shui Yin	HGSS	6.50	Standard	
	Fong Miu Kwan	HWC	6.48	Standard	
	Hui Ying Ying	WWS	6.42	Standard	
	Pun Wai Yan	PTSS	6.42	Standard	
	Cheng Sze Ni	TOSS	6.35	Standard	
	Tang Pak Yan	PLKNO.1C	6.33	Standard	
	Chan Yim Kwai	CDGFSS	6.27	Standard	
	Wong Joe Yee	BHNC	6.13		
	Lui Man Ki	QES	6.01		
	Leung Holly	BHJS	6.01		
	Fu Yan	BHNC	5.95		
	Li Wing Yu	LSTYKH	5.93		
	Leong Pan Hiu	CCSC	5.84		
	Yip Kit Man	PCCSS	5.82		
	Tsang Hiu Ying	CDGFSS	5.75		
	Wong Ka Ying	KTGS	5.70		
	Leung Hei Wing	HGSS	5.69		
	Yan Sze Ting	LSTYKH	5.66		
	Ng Sze Man	CCSS	5.49		
	Yeung Ka Yan	HGC	5.48		
	Wong Chung Ping	QES	5.42		
	Lam Yin Shan	KWSC	5.38		
	So Po Ling	PLKNO.1C	5.31		
	Lam Hoi Ling	OLRC	5.19		
	Lam Tsz Yan	CCSS	4.99		
	Wong Wing Shan	DMS-HW	4.85		
	Man Tsz Ho	HGC	4.47		
	Tse Mei Kam	DMS-HW	4.19		
	Ng Tsz Ying	OLRC	4.18		
	Lau Hiu Ching	TOSS	3.74		
	Kong Hiu Nam	TNSS	3.59		
	Wu Sharon	CREATIVE		DN take part	
	Chan Lucy	KTGS		DN take part	
	Yeung Man Lai	LCCS		DN take part	
	Lee Man Lai	PLKLFC		DN take part	
	Poon Wing Hei	KWSC		DN take part	

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 Event 2 Long Jump Boys C

Standard: 4.00 Record: 6.25 (2006)

Position	Name	School	Result	Remark	Points
1	Yeung Hoi Wing	PTSS	4.99	Standard	9
2	Leung Hoi Fu	HWC	4.91	Standard	7
3	Cheung Wing Yip	CCSC	4.86	Standard	6

4	Lo Chi Fai	LWFSS	4.76	Standard	5
5	Wong Ka Wai	PTSS	4.66	Standard	4
6	Fan Ho Yin	CYT	4.55	Standard	3
7	Ng Ka Ho	SYSS	4.53	Standard	2
8	Ha Chun Yip	WWS	4.45	Standard	1
	Cheung Tsz Choi	KHSS	4.40	Standard	
	Ho Chun Hin	KHSS	4.39	Standard	
	Yeung Heng Feng	BHJS	4.38	Standard	
	Huang Tianlin	BHNC	4.36	Standard	
	Wan Chun Wai	TKPK	4.34	Standard	
	Yuen Ho Fung	PLKNO.1C	4.34	Standard	
	Cheng Hoi Kin	HWC	4.30	Standard	
	Ko Man Hin	TKPK	4.30	Standard	
	Chau Yiu Tung	MCDHMC	4.22	Standard	
	Lui Kwan	CCSC	4.19	Standard	
	Chan Lok Hin	CYT	4.16	Standard	
	Yau Shing Kit	KTGS	4.16	Standard	
	Wong Hon Man	BHJS	4.16	Standard	
	Lo Kwan Yau	SYSS	4.08	Standard	
	Li Ching	PKSS	4.06	Standard	
	Chow Tsz Yin	CCSS	4.00	Standard	
	Ho Yiu Wah	MCDHMC	3.95		
	Liang Genquan	BHNC	3.88		
	Tsoi Chak Fung	HGC	3.64		
	Lau Chi Yan	QES	3.49		
	Lo Ming Yin	SKHLKY	3.47		
	Wong Chun Ho	HGC	3.35		
	Chan Siu Hin	LCCS	3.05		
	Cheng Roy Yiu Lon	CREATIVE	3.02		
	Yu Ho Ching	PLKLFC	3.00		
	Lui Ching Ming	KWSC	2.98		
	Cheung Wai Man	LSTYKH	2.97		
	Lau Wai Chung	KTKLGSS	2.89		
	Lam Wai Lap	DMS-HW	2.89		
	Tsang Siu Cheung	LCCS	2.75		
	Yeung Yui For Micky	KTKLGSS	2.65		
	Wong Ka Chun	CCPASS	2.34		
	Yeung Yat Sing	KWSC		DN take part	
	Fung Ben Yi	CREATIVE		DN take part	
	Lau Chun Yin	CCPASS		No Mark	
	Cheung Yiu Man	QES		DN take part	
	Chan Tsz Kwan	WWS		DN take part	
	Chan Ka Yin	KTGS		DN take part	
	Cheung Chun Kam	PLKNO.1C		DN take part	
	Tsang Koon Ho	SKHLKY		DN take part	
	Wong Kai Chung	CCSS		DN take part	

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Event 3 High Jump Girls C
Standard: 1.15

Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Chan Ching Yu	OLC	1.27	Standard	9
2	Wong Cheuk Yin	CREATIVE	1.24	Standard	7
3	Chan Wing Suen	CDGFSS	1.24	Standard	6
4	Chak Long Ching	OLRC	1.21	Standard	5
5	Yik Pui Sze	TNSS	1.21	Standard	4
6	Kwong Yan Ming	TOSS	1.18	Standard	3
7	Lam Long Chang	TOSS	1.18	Standard	2
8	Tai Yan Ning	PTSS	1.18	Standard	1
	Chan Hiu Hang	LS	1.17	Standard	
	Fong Ying Ka	PKSS	1.17	Standard	
	Tang Wing Yan	LWFSS	1.15	Standard	
	Wan So Shan	WWS	1.15	Standard	
	Kaur Kulvinder	DMS-HW	1.12		
	Leung Kit Chi	OLC	1.12		
	Cheung Tsz Yan	PLKLFC	1.12		
	Chung Lai Ching	WWS	1.12		

Hau Ka Lam	CCSC	1.12	
Chan Leong Ka	TNSS	1.12	
Lui Cheuk Wing	PLKNO.1C		DN take part
Cheng Tin Lam	KHSS		DN take part
Lui Yeuk Lan	PLKNO.1C		No Mark
Wong Tseuk Ying	CDGFSS		DN take part
Yeung Yip Hung	HGSS		DN take part
Yip Hiu Ki	PTSS		No Mark
Chan Ka Yi	KTGS		No Mark
Ip Ming Yui	HWC		No Mark
Wu Sharon	CREATIVE		No Mark
Wong Nga Lee	LSTYKH		No Mark
Mai Shuyi	LWFSS		No Mark
Liu Yuen Wan	LSTYKH		No Mark
Leung King Wan	TYH		No Mark
Cheung Long Sze	PCCSS		No Mark
Choy Ching Yi	HGC		No Mark
Chan Ying Ying	HGC		No Mark
Heung Ka Lo	CCSS		No Mark
Lam King Ting	CCSS		No Mark
Chan Mei Shan	KTGS		No Mark
Leung Ka Wing	OLRC		No Mark
Mak Hiu Tung	LS		DN take part
Ku Sin Yi	HWC		No Mark

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Event 4 Discus Boys A

Standard: 20.00 (1.5kg)

Record: 45.44

(1987) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Tsang Pui Hung	SKHLKY	33.63	Standard	9
2	Lo Or Wai	CCSS	26.10	Standard	7
3	Cheung Kin Ho	HGSS	25.94	Standard	6
4	Chan Chan Kwong	KTKLGSS	25.80	Standard	5
5	Chan Kwun Lam	HWC	25.61	Standard	4
6	Ip Kam Fai	CYT	24.93	Standard	3
7	Wang Chung Hoi	NAMS	24.27	Standard	2
8	Yu Chun Yin	KWSC	22.89	Standard	1
	Hong Chun Yin	HGC	22.48	Standard	
	Lau Wai Tak	KTKLGSS	22.20	Standard	
	Lam Cho Wing	LSTYKH	22.09	Standard	
	Ko Wah Chun	KTGS	21.08	Standard	
	Cheung Ho Shing	LCCS	20.95	Standard	
	Kao Ting Pong	YCM	20.63	Standard	
	Cheng Yuk Kwan	HGC	20.53	Standard	
	Yeung Man Kong	KWSC	20.21	Standard	
	Chan Cheong Chun	TYH	19.94		
	Lam Hei	BHJS	19.69		
	Zhong Han Wei	TKPK	19.36		
	Leung Wang Hin	DMS-HW	19.27		
	Yang Miao Sen	TYH	18.84		
	Lau Kam Hung	CCSS	18.20		
	Sin Wai Kit	HWC	16.96		
	Chan Sing	SYSS	16.80		
	Ho Tak Yu	PCCSS	15.96		
	See Nang Hong	PCCSS		DN take part	
	Wong Man Lung	WWS		DN take part	
	Cheung Man Tat	LCCS		DN take part	
	Wong Chi Hang	SYSS		DN take part	
	Tam Chi Wai	BHJS		No Mark	
	Kan Cheuk Nam	PLKLFC		DN take part	
	Lee Chun Ting	KTGS		DN take part	
	Wong Shing Wing	HGSS		DN take part	
	Wong Kwok Leong	WWS		DN take part	
	Cheung Chun Yu	YCM		DN take part	

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Event 5 100m Hurdles Girls C

Standard: 24.00 (0.762m)

Record: 15.84

(2008) (0.762m)

Heat 1					Final Lane
1	Chak Long Ching	OLRC	20.47	Standard	3
2	Cheung Ka Yee	BHJS	22.45	Standard	
3	Leung On Yee	KTGS	23.23	Standard	
4	Chak Cheuk Sze	HGC	29.01		
5	Chan Leong Ka	TNSS	29.15		
6	Au Yeung Yan	CDGFSS	30.79		
7	Cheung Wing Ki	KWSC	40.27		

Heat 2					Final Lane
1	Ng Man Wai	OLRC	21.77	Standard	1
2	Kam Cheuk Wing	KWSC	23.01	Standard	
3	Choy Ching Yi	HGC	23.86	Standard	
4	Wong Pik Chu	CDGFSS	24.39		
5	Chan Tin Wing	TNSS	26.85		
6	Tsang Hiu Tung	BHJK		DN start	

Heat 3					Final Lane
1	Ngan Wing Sze	HWC	20.61	Standard	5
2	Kwok Hoi Ching	OLC	21.52	Standard	7
3	Wong Mei Kwan	WWS	25.73		
4	Mak Yeuk Hei	NP2C	25.92		
5	Lai Lok Chi	TOSS	36.78		
6	Wong Lok Yee	LSTYKH		DN start	

Heat 4					Final Lane
1	Cheung Chung Yan	TOSS	19.16	Standard	2
2	Lee Tsz Ching	OLC	20.50	Standard	4
3	Kwok Man Wai	HWC	20.69	Standard	6
4	Chung Lai Ching	WWS	22.37	Standard	8
5	Lau Ping Ping	BHJS	25.04		
6	Wong Wai Yu	TYH	27.39		

Event 6 100m Hurdles Girls B
 Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

Heat 1					Final Lane
1	Yip Yee Lui	TOSS	17.92	Standard	2
2	Chow Mei Hang	OLRC	19.42	Standard	3
3	Tang Pui Ni	CCSC	20.35	Standard	1
4	Poon Hoi Yan	HWC	20.44	Standard	8
5	Yeung Wai Ting	LCCS	23.69		
6	Tang Ah Li	DMS-HW	24.43		
7	Poon Yu Sheung	TNSS	25.10		
8	Lo Sin Yi	CDGFSS		DN start	

Heat 2					Final Lane
1	Luk Fei Man	CDGFSS	19.84	Standard	4
2	Tsoi Sin Yin	SKHLKY	21.45	Standard	
3	Ho Chun Yi	LCCS	21.74	Standard	
4	Ngai Man Ting	DMS-HW	27.65		
5	Cheung Tsz Kwan	TNSS		DN start	
6	Wong Yik ching	BHJS		DN start	
7	Chan Tin Yee	HWC		DN start	
8	Cheung Mei Yi	CCSC		DN start	

Heat 3					Final Lane
1	Choi Yu Ying	WWS	19.99	Standard	5
2	Sin Mei Sze	OLC	20.13	Standard	6
3	Liu Sui Chun	NP2C	21.12	Standard	
4	To Tam Yau	NAMS	21.23	Standard	
5	Huang Yan Ling	HGC	24.44		
6	Poon Fong Yi	KTGS	25.72		
7	Cheung Cheuk Yan	BHJS		DN start	
8	Fong Man Man	LSTYKH		DN start	

Heat 4					Final Lane
1	Sung Hei Lam	OLRC	20.18	Standard	7
2	Leung Pui Yan	OLC	21.18	Standard	
3	Lai Hiu Chui	HGC	22.65		
4	Ho Sin Man	NAMS	22.69		
5	Chan Isabella	WWS		DN start	

6	Leung Hiu Lam	KTGS	DN start
7	Hung Hiu Mei	NP2C	DN start
8	Wong Lai Ling	PTSS	DN start

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Event 7 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Heat 1				Final Lane
1	Au Tsz Kiu	OLC	21.56	Standard 8
2	Tsang Laicy	DMS-HW	22.01	Standard
3	Cheng Wai Sum	OLRC	22.62	
4	Tse Yin Wa Tracy	YCM	23.85	
5	Lee Suet Man	WWS		DN start
6	Ho Mimi	KWSC		DN start
7	Yau Yuen Kwan	NAMS		DN start
8	Chung Lai Kwan	PLKLFC		DN start

Heat 2				Final Lane
1	Wong Sze Man	LSTYKH	18.48	Standard 2
2	Chung Pui Yan	CDGFSS	19.67	Standard 4
3	Yau Wai Yin	HWC	20.24	Standard 5
4	Tso Yuen Yan	OLRC	20.34	Standard 6
5	Yu Cheuk Kwan	OLC	21.55	Standard 1
6	Lam Chi Fan	CCSS	24.29	
7	Wong Wai Man	WWS		DN start

Heat 3				Final Lane
1	Chan Chung Yan	TOSS	19.24	Standard 3
2	Chung Fook Yu	HWC	20.77	Standard 7
3	Lo Lai Man	LSTYKH	22.40	Standard
4	Chan Yuen Sin	DMS-HW	23.55	
5	Ng Yik Fung	CDGFSS	25.15	
6	Lee Siu Yin	HGC	31.03	
7	Sze Hiu Tung	KWSC		DN start

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Event 8 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Heat 1				SF	Lane
1	Yuen Ho Fai	LCCS	18.99	Standard	2 3
2	Hui Tsz Him	HWC	19.78	Standard	1 4
3	Lau Chi Chung	KTKLGSS	20.02	Standard	2 5
4	Wong Hon Man	BHJS	20.07	Standard	1 5
5	Tang Ho Fung	CYT	21.56		
6	Fung Hei Lam	SKHLKY	21.76		
7	Yip Ka Chun	HGC	21.85		
8	Yip Long Sang	BHNC	25.41		

Heat 2				SF	Lane
1	Leung Hoi Man Victor	WWS	17.71	Standard	1 2
2	Chan Lok Hin	CYT	18.18	Standard	2 2
3	Chan Ngai Wang	BHJS	19.71	Standard	1 3
4	Lam Ting Pong	HGC	19.94	Standard	2 4
5	Yau Heung Lam	PTSS	22.10		
6	Ho Kwok Fai	KTKLGSS	22.55		
7	Wong Ho Wang	KWSC		DN start	
8	Wong Sze Yin	CREATIVE		DN start	

Heat 3				SF	Lane
1	Cheung Tsz Choi	KHSS	20.21	Standard	1 6
2	Lee On Yat	PTSS	20.46	Standard	2 7
3	Chiu Pit Chun	WWS	21.02		2 1
4	Ma Cheuk Yin	TKPK	21.28		2 8
5	Cheung Hiu Chung	TYH	21.44		1 8
6	Lin Chak Pan	PLKLFC	21.50		
7	Sin Jeffrey	KWSC		DN start	

Heat 4				SF	Lane
1	Fung Cheuk Yin	CCSC	20.45	Standard	2 6
2	Chung Wai Lok	TKPK	20.48	Standard	1 7
3	Leung Hoi Fu	HWC	20.51	Standard	1 1
4	Ho Chi Ho	KHSS	21.64		

5	Au Chi Yu	PLKLCF	22.04	
6	Chan Wing Ho	TYH		DN start
7	Cheung Shing Hai	LCCS		DN start

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Event 9 100m Hurdles Boys B

Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Heat 1				SF	Lane
1	Mak Shing Hei	CYT	16.52	Standard	2 3
2	Lau Chun Wai	HGC	17.98	Standard	2 4
3	Leung Chun Wai	PTSS	18.57	Standard	1 6
4	Hau Wing Lun	LCCS	18.67	Standard	2 7
5	Tsoi Chun Ho	BHNC	18.76	Standard	1 7
6	Choi Ka Wai	CCSS		DN start	
7	Yip Kai Lam	SYSS		DN start	
8	Zeng Teng Ho	KHSS		DN start	

Heat 2				SF	Lane
1	Ngo Yuen Yeung	KHSS	18.01	Standard	2 5
2	Kwan Kin Sing	SYSS	19.00	Standard	1 1
3	Yeung King Lam	WWS	19.07	Standard	2 1
4	Wan Ho Chung Jeffrey	CCSC	19.86	Standard	
5	Yeung Sin Hang	TKPK	20.08		
6	Chiu Chi Man	CCSS	20.83		
7	Lu Yucheng	DMS-HW	21.79		
8	Cheung Lap Kan	LSTYKH		DN start	

Heat 3				SF	Lane
1	Wong Ho Yuen	WWS	17.45	Standard	1 4
2	Chow Cheuk Him	BHJS	19.15	Standard	2 8
3	Chu Ka Ming	TKPK	20.68		
4	So Ching Ho	KWSC	20.71		
5	Law Ming Wai	KTGS	21.27		
6	Kao Ping Fung	DMS-HW	21.58		
7	Yu Chun Yau	CCSC		DN start	

Heat 4				SF	Lane
1	Yeung Ho Yin	TYH	17.40	Standard	1 3
2	Kwok Tak Lun	BHJS	18.21	Standard	1 5
3	Fung Chun Kit	KWSC	18.67	Standard	2 6
4	Yu Kin Ching	HWC	19.46	Standard	1 8
5	Kong Man Hin	SKHLKY	19.52	Standard	
6	So Chun Ming	KTGS	20.87		
7	Lam Chak Kai	KTKLGSS		DN start	

Heat 5				SF	Lane
1	Au Chun	TYH	15.87	Standard	1 2
2	Ip Ka Long	HWC	16.07	Standard	2 2
3	Kim Chun Yin	PTSS	20.04		
4	Wong Kong Fu	BHNC	20.89		
5	Lau Siu Ching	HGC	21.21		
6	Kong Puk Tat	KTKLGSS	23.08		
7	Cheung Tsz Tsun	LCCS		DQ	

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Event 10 110m Hurdles Boys A

Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

Heat 1				Final Lane
1	Shum Chik Lai	QES	14.20	Standard 2
2	Liu Cheuk Lun	HGC	19.02	Standard
3	Chan Lam Ping	BHNC	19.40	Standard
4	Ng Ka Lok	HWC	19.61	Standard
5	Chow Kin Lung	YCM	23.56	
6	Chan Man Fat	KTKLGSS	24.79	
7	Lai Ming Pan	BHJS		DN start
8	Leung Chung Sing	KWSC		DN start

Heat 2				Final Lane
1	Yu Kwan Ching	HWC	16.06	Standard 3
2	Chan Ho Yin	YCM	19.74	Standard
3	Lo Kin Chung	LWFSS	20.13	Standard
4	Tin Kwan Lung	TKPK	21.95	

5	Lee Ka Chai	SYSS	24.86		
6	Yip Tak Chi	DMS-HW		DQ	
7	Tam Kwok Chiu	KHSS		DN start	
Heat 3				Final Lane	
1	Wong Tsan Lung	LWFFSS	16.82	Standard	4
2	Lui Siu Ting	CCSS	16.88	Standard	5
3	Chan Chun Tat	CCSC	17.93	Standard	6
4	Lo Yung Hong	SYSS	18.60	Standard	8
5	Chan Chun To	KTGS	20.05	Standard	
6	Lei Weipeng	DMS-HW	20.67		
7	Wong Yiu Sing	SKHLKY		DN start	
Heat 4				Final Lane	
1	Lee Chun Wai	CCPASS	18.17	Standard	7
2	Hui Tak Lik	MCDHMC	18.50	Standard	1
3	Tong Yik Tai	KTKLGSS	19.65	Standard	
4	Cheng Wan San	KWSC	21.14		
5	Yeung Man Ho	HGC	21.65		
6	Ng Sai Pui	BHJS	22.53		
7	Liu Tsz Hung	HGSS		DN start	

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Event 11 100m Girls C

Standard: 16.00

Record: 12.55 (2004)

Heat 1				SF	Lane
1	Cheung Hoi Ying	LCCS	14.49	Standard	2 2
2	Li Ka Sin	LS	14.57	Standard	3 2
3	Lam Wing Yee	LSTYKH	15.09	Standard	1 5
4	Chu Ling Fung	BHJS	15.43	Standard	3 6
5	Lee Tsz Ching	OLC	15.61	Standard	3 1
6	Yiu Wai Yan	HWC	16.03		
7	Chan Jacquelin	TNSS	16.13		
8	Ng Tsz Tim	HGSS		DN start	
Heat 2				SF	Lane
1	Kong Yee Ching	MCDHMC	14.98	Standard	2 4
2	Leung Nga Lam	TNSS	15.08	Standard	2 5
3	Cheng Yan Lam	BHJS	15.64	Standard	3 8
4	Tam Lai Chu	NP2C	18.30		
5	Ho Yee Wa	PCCSS		DN start	
6	Lee Pui Yu	KHSS		DN start	
7	Ho Tsz Shan	HGSS		DN start	
8	Kwok Man Wai	HWC		DN start	
Heat 3				Final Lane	
1	Wong Lik Ho	WWS	15.87	Standard	
2	Chan Hoi Yiu	NP2C	15.97	Standard	
3	Chan Tse Yan	QES	16.04		
4	Yiu Man Ting	PCCSS	16.12		
5	Tang Tsz Kwan	BHNC	16.68		
6	Hung Ming Hing	NAMS	17.80		
7	Fok Yuen Yan	KHSS		DN start	
Heat 4				SF	Lane
1	Ng Ka Man	TOSS	14.02	Standard	1 2
2	Suen Sin Ting	QES	14.84	Standard	1 4
3	Kong Chak Ming	SKHLKY	15.04	Standard	3 5
4	Chim Wai Lam	WWS	15.44	Standard	3 7
5	Tai Wai Shan	NAMS	15.57	Standard	1 1
6	Tong Tsz Huen	CCSC	15.61	Standard	2 1
7	Li Yan Yue	BHNC	15.73	Standard	1 8
Heat 5				SF	Lane
1	Chan Po Yee	SKHLKY	15.55	Standard	1 7
2	Yau Hoi Ying	PTSS	16.02		
3	Chong Ka Yan	TOSS	16.17		
4	Wong Yuet Yi	CCSC	16.62		
5	Tsang Ka Wing	DMS-HW	17.30		
6	Liu Tsz Yan	CCSS	18.95		
7	Sun Hiu Ting	TYH		DN start	
Heat 6				SF	Lane
1	Kwong Lok Yiu	PTSS	15.70	Standard	2 8

2	Sit Tsz Ning	PLKNO.1C	15.89	Standard		
3	Poon Sze Lok	CCSS	16.16			
4	Li Man	PKSS	16.29			
5	Tong Sze Sze	DMS-HW	16.48			
6	Kam Cheuk Wing	KWSC	16.99			
7	Chung Kit Man	TYH	17.67			

Heat 7					SF	Lane
1	Lai Hiu Ching	HGC	14.60	Standard	3	3
2	Lo Ka Wai	CDGFSS	15.31	Standard	1	6
3	Hon Pui Yee	PKSS	15.37	Standard	2	6
4	Yu Wai Kwan Alexandra	CREATIVE	15.75	Standard		
5	Lam Ka Man	OLRC	15.89	Standard		
6	Kwok Yuen Ching	PLKNO.1C	16.02			
7	Lam Wai Yi	KWSC	18.79			

Heat 8					SF	Lane
1	Fatin Shahika B. R.	OLRC	14.60	Standard	2	3
2	Tsang Tammi	PLKLFC	14.98	Standard	3	4
3	Yip Wai Ying	CDGFSS	15.45	Standard	2	7
4	Wong Fai Nga	CREATIVE	16.19			
5	Lui Wing Yiu	KTGS	16.77			
6	Lau Sze Ki	HGC	17.23			
7	Wong Sze Ki	LWFSS	18.06			

Heat 9					SF	Lane
1	Fung Hoi Yi	LCCS	14.66	Standard	1	3
2	Cheung Yee Tung	LSTYKH	15.89	Standard		
3	Ho Yeuk Lam	OLC	15.95	Standard		
4	Wong Pui Hang	LWFSS	16.33			
5	Chan Hiu Hang	LS	16.41			
6	Wong Gi Ting	KTGS		DN start		
7	Lo Pui Shuen	PLKLFC		DN start		

Event 12 100m Girls B

Standard: 15.50

Record: 12.21 (2005)

Heat 1					SF	Lane
1	Pang Pui Kwan	KTGS	14.22	Standard	3	5
2	So Long Hang	TNSS	14.76	Standard	3	7
3	Li Yuen Tung	PLKLFC	15.24	Standard	3	1
4	Ng Wai Yee	CDGFSS	15.34	Standard	2	8
5	Lee Man	LS	15.59			
6	Yung Huen Lui	LCCS	15.79			
7	He Mei Zen	LWFSS	16.27			
8	Wong Ho Ki	MCDHMC	16.29			

Heat 2					SF	Lane
1	Lau Fan Hei	CDGFSS	13.47	Standard	1	2
2	Tsang Tsz Yan	BHMK	14.20	Standard	3	4
3	Cho Lap Yin	TNSS	14.69	Standard	2	6
4	Lau Cheuk Yin	PLKLFC	15.62			
5	Leung Ka Wing	QES	15.63			
6	Lui Chun Yin	LWFSS	15.89			
7	Tsin Ka Yee	SKHLKY		DN start		
8	Chan Oi Ki	PCCSS		DN start		

Heat 3					SF	Lane
1	Tsang Siu Fung	NP2C	14.05	Standard	2	3
2	Chiu Ka Man	SKHLKY	14.53	Standard	2	5
3	Lai Kuan I	HWC	14.61	Standard	1	5
4	Shum Wing Yee	QES	15.24	Standard	2	1
5	Chim Wing Hei	BHJS	15.54			
6	Chong Yuet Yau	BHMK	15.68			
7	Leung Wing Kam	OLC	15.90			
8	Fung Wing See	PCCSS		DN start		

Heat 4					SF	Lane
1	Lau Mei Yee	WWS	14.68	Standard	1	6
2	Yeung Hoi Ting	BHJS	15.02	Standard	2	7
3	Yeung Sin Ting	PKSS	15.03	Standard	1	7
4	Mok Wing Nga	OLC	15.36	Standard	1	8
5	Yu Ka Yan	HWC	15.52			

6	Ng Hoi Tung	CCSS	15.53			
7	Tong Lim Yan	CREATIVE	16.93			
8	Ho King Ying	TYH	17.72			
Heat 5					SF	Lane
1	Yau Hiu Yan	WWS	14.19	Standard	2	4
2	Chan Hiu Lam	PLKNO.1C	15.30	Standard	3	8
3	Chan Wing Tung	CREATIVE	15.49	Standard		
4	Chan Lok Sze	CCSS	15.88			
5	Ng Hoi Ki	TYH	16.12			
6	Sze Chung Yi	NAMS	16.13			
7	Chan Hoi Ling	HGC	17.46			
Heat 6					SF	Lane
1	Lee Kin Hung	HGC	14.10	Standard	1	3
2	Wong So Ting Christine	TOSS	14.17	Standard	1	4
3	Yam Hei Tung	OLRC	14.70	Standard	3	6
4	Sang Ka Kei	PLKNO.1C	15.58			
5	Tuet Long Yen Nicole	LSTYKH	15.72			
6	Lee Hoi Yan	NAMS	15.82			
7	Siu Chui Shan	KWSC	15.91			
Heat 7					SF	Lane
1	Chan Hoi Hiu	TOSS	13.77	Standard	2	2
2	Ho Ka Wai	OLRC	13.83	Standard	3	2
3	Cheng Sau Kan	LSTYKH	13.97	Standard	3	3
4	Cheng Ya Yi Amie	PTSS	15.10	Standard	1	1
5	Wong Sze Nga	LCCS	15.42	Standard		
6	Wong Sum Yee	KWSC	15.83			
7	Chan Ka Kwan	KTGS	16.01			

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Event 13 100m Girls A

Standard: 15.30

Record: 12.11 (1995)

Heat 1					Final	Lane
1	Hung Tsui Ying	HWC	14.33	Standard	2	
2	Wong Man Yan	LSTYKH	14.45	Standard	4	
3	Wong Ming Wai	CDGFSS	15.27	Standard		
4	Wu Lisha	LWFSS	15.31			
5	Ho Pui Ying	YCM	15.94			
6	Lam Hiu Yi	PCCSS	16.32			
7	Chau Tsz Wai	HGC	18.58			
8	Lau Sze Tai	KTGS		DN start		
Heat 2					Final	Lane
1	Hansen Sirena Mary	DMS-HW	14.59	Standard	5	
2	Cheng Hau Yan	YCM	14.82	Standard	6	
3	Wong Wai Yin	TYH	15.65			
4	Yeung Ka Yiu	OLC	16.08			
5	Tang Lai Ching	NAMS	16.15			
6	Lui Ching Yee	KWSC		DN start		
7	Pau Wing Wa	WWS		DN start		
Heat 3					Final	Lane
1	Yeung Yin Ting	TYH	14.39	Standard	3	
2	Leung Man Wah	OLC	14.85	Standard	7	
3	Tam Wing Yan	DMS-HW	14.95	Standard	1	
4	Wong Ying Kwan	KWSC	15.62			
5	Chan Ka Yin	CCSS	16.42			
6	Chau Pui Yung	NAMS	18.04			
7	Lam Hoi Yan	WWS		DN start		
Heat 4					Final	Lane
1	Ho Wai Yi	HWC	15.25	Standard	8	
2	Ip Tan Hung	CDGFSS	15.31			
3	Kwok Ka Yiu	CCSS	15.58			
4	Yu Cho Ming	HGC	20.07			
5	Tong Mei Fung	LSTYKH		DN start		
6	Chong Chuen Yung	KTGS		DN start		
7	Chow Yee Ha	PCCSS		DN start		

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Event 14 Discus Girls B

Standard: 13.50 (1kg)

Record: 33.22 (2008) (1kg)

Position	Name	School	Result	Remark	Points
1	Ho Pui Ling	NAMS	21.48	Standard	9
2	Tang Yik Ching	QES	21.20	Standard	7
3	Ng Suet Ying	OLC	20.29	Standard	6
4	Chan Ching Hang	TOSS	19.72	Standard	5
5	Ho Ying Ching	NAMS	19.10	Standard	4
6	Lam Man Ming	WWS	19.08	Standard	3
7	Cheng Ka Wing	BHJS	19.05	Standard	2
8	Hui Ka Yan	HGSS	17.37	Standard	1
	Hui Shuk Man	TYH	16.76	Standard	
	Chung Wing Tung	OLC	16.43	Standard	
	Chow Tsz Yan	QES	16.40	Standard	
	Yuet Long Yen Nicole	LSTYKH	16.23	Standard	
	Wan Tsz Ning	LCCS	15.79	Standard	
	Cheng Pui See	TNSS	15.54	Standard	
	Fong Yin Lam	WWS	15.29	Standard	
	Lai Cho Yu	PTSS	15.26	Standard	
	Lo Lai Fong	HWC	15.04	Standard	
	Chang Ka Wai	LCCS	13.80	Standard	
	Lam Sze Sze	CCSS	13.36		
	Cheng Yu Kwan	TYH	13.24		
	Lee Suet Ying Brenda	PTSS	13.05		
	Lam Mei Mei	KTGS	12.87		
	Lam Tsz Lee	KTGS	12.83		
	Yip Tsoi Ni	BHNC	12.40		
	Kwok Yuen Tung	OLRC	12.09		
	Yu Kam Lin	HGC	12.08		
	Chu Shun Yan	LSTYKH	11.96		
	Wong Ki Sum	PLKNO.1C	11.73		
	Ma Oi Lam	BHNC	11.70		
	Lau Wing Yan	BHJS	11.59		
	So Yan Yi	CCSS	11.53		
	Fung Lai Yin	CDGFSS	11.32		
	Chen Man Hsuan	TNSS	11.15		
	Chan Hoi Ting	CDGFSS	11.13		
	Zhang Caimei	DMS-HW	9.76		
	Yu Cheuk Yee	HWC	8.98		
	Yam Hei Tung	OLRC	8.94		
	Cheung Sin Man	TOSS	8.90		
	Chan Oi Ki	PCCSS		DN take part	
	Li Nga Wing	KWSC		No Mark	
	Chan Wing Yu	KWSC		DN take part	
	Tsang Tsz Wun	PLKNO.1C		DN take part	
	Yeung Hoi Yan	HGC		No Mark	

Event 15 High Jump Girls A
Standard: 1.26 Record: 1.65 (2000)

Position	Name	School	Result	Remark	Points
1	Fong Ka Man	CCSS	1.44	Standard	9
2	Lo Lai Man	LSTYKH	1.38	Standard	7
3	Li Wan Sze	TNSS	1.29	Standard	6
3	Au Tsz Kiu	OLC	1.29	Standard	6
5	Li Tsui Ping	CDGFSS	1.29	Standard	4
5	Chan Ying	OLC	1.29	Standard	4
7	So Cho Fei	LS	1.26	Standard	2
7	Wong Ying Man	HWC	1.26	Standard	2
	Chung Fook Yu	HWC	1.25	Standard	
	Leung Yee Kwan	LSTYKH	1.25	Standard	
	Cheuk Yin Ping	WWS	1.23		
	Yu Cho Ming	HGC		No Mark	
	Luk Ka Tung	CDGFSS		No Mark	
	Lee Hoi Nam	HGC		No Mark	
	Shum Ka Yiu	LS		No Mark	
	Lam Lai King	WWS		No Mark	
	Ng Tsz Ying	KWSC		DN take part	

Wong Po Sze
Chan Yuen Sin

DMS-HW
DMS-HW

No Mark
No Mark

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Event 16 Shot Put Boys B
Standard: 9.20 (4kg)

Record: 14.70 (2003) (4kg)

Position	Name	School	Result	Remark	Points
1	Fong Kwok San	LSTYKH	11.16	Standard	9
2	Cheung Yuen Kwan	NAMS	11.04	Standard	7
3	Cheung Wong Fai	SKHLKY	10.92	Standard	6
4	Tang Kit Chun	CCSS	10.39	Standard	5
5	Hai Wai Kit	LS	10.38	Standard	4
6	Chong Chi Kit	KTKLGSS	9.96	Standard	3
7	Chan Man Kuen	PTSS	9.91	Standard	2
8	Tsang Chiu Hung	PKSS	9.83	Standard	1
	Yip Wui San	TKPK	9.67	Standard	
	Chow Ho Man	CCSC	9.67	Standard	
	Chau Ho Yin	HWC	9.66	Standard	
	Huang En Yi	PTSS	9.59	Standard	
	Chow Sung Yip	LCCS	9.55	Standard	
	Tsang Kok Ching	TKPK	9.48	Standard	
	Wong Kin Pok	HGSS	9.47	Standard	
	Ho Chai Leung	PLKNO.1C	9.36	Standard	
	Chan Yee Leung	TYH	9.28	Standard	
	Fung Kenneth	BHJS	9.18		
	Yan Yui Ham	CCSC	9.11		
	Lam Ka Ho	PKSS	9.11		
	Pui Chun Wai	KTGS	9.00		
	Lam Yuek Fung	KTKLGSS	8.96		
	So Chi Shing	CYC	8.83		
	Lee Cheuk Ming	HGC	8.82		
	To Long Yin	SYSS	8.81		
	Pun Tsz Ming	CCSS	8.79		
	Chan Lit Ho	BHNC	8.77		
	Kwan Tim Cheung	CCPASS	8.26		
	Chau Kai Him	WWS	8.25		
	Lam Chi San	LCCS	8.13		
	Choi Hiu Chun	BHJS	8.13		
	To Hing Lui	HWC	8.10		
	Hui Lok Chi	PLKNO.1C	7.90		
	Tam Chin Lung	BHNC	7.88		
	Wong Gavin Chun Ting	CREATIVE	7.58		
	Chung Chi Ho Kevin	TYH	7.42		
	Lai Tsz Him	CYT	7.22		
	Li Chaohao	DMS-HW	7.20		
	Yuen Man Chun	SYSS	7.19		
	Lo Ka Ho	CCPASS	6.74		
	Luk Kwun Lin	PLKLFC	6.66		
	Ho Ho Bun	CYT	5.83		
	Chau Ming Lok	KTGS		DN take part	
	Chan Chi Ho	HGC		DN take part	
	Lee Wai Yin	LSTYKH		DN take part	
	Lam Pak Kwan	KWSC		DN take part	
	Fung Rigel Derrick Adamos	KWSC		DN take part	
	Tsang Ying Tung	WWS		DN take part	

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Event 17 Long Jump Boys A
Standard: 5.10

Record: 7.07 (1981)

Position	Name	School	Result	Remark	Points
1	Shum Chik Lai	QES	6.88	Standard	9
2	Wong Tsan Lung	LWFSS	5.77	Standard	7
3	Lam Chi Fung	BHNC	5.70	Standard	6
4	Lui Siu Ting	CCSS	5.70	Standard	5
5	Lo Chun Wai	KTGS	5.56	Standard	4
6	Tsang Wang Shing	QES	5.52	Standard	3
7	Fung Kai Shun	TYH	5.50	Standard	2

8	Chan Ka Lun	DMS-HW	5.45	Standard	1
	Cheng Ki Fung	CCSC	5.41	Standard	
	Yeung Chi Man	YCM	5.38	Standard	
	Lin Yongle	MCDHMC	5.36	Standard	
	Lo Ling For	KHSS	5.33	Standard	
	Chuang Lung Wa	TYH	5.26	Standard	
	Lee Man Fai	WWS	5.26	Standard	
	Chan Chun Tat	CCSC	5.25	Standard	
	Lee Po Cheung	BHNC	5.21	Standard	
	Chan Tsz Ho	HGC	5.19	Standard	
	Lo Kin Chung	LWFSS	5.17	Standard	
	Chow Ka Ho	LSTYKH	5.15	Standard	
	Chan Ming Kin	CCPASS	5.14	Standard	
	To Yik Ming	KTGS	5.08		
	Lo Ka Kin	HWC	5.06		
	Hung Ka Chun	PLKLFC	5.02		
	Yuen Ka Tsun	HWC	4.89		
	Lam Kam To	PTSS	4.79		
	Ng Cheuk Hin	SYSS	4.77		
	Lee Ka Cheong	LSTYKH	4.76		
	Wong Ka Yin	DMS-HW	4.37		
	Lam Yan Shing	WWS	4.33		
	Kwan Lap Lun	KTKLGSS	4.28		
	Yeung Ka Ho	SYSS	4.08		
	Lo Wai Kit	BHJS	4.05		
	Chow Chi Ming	MYC	3.90		
	Wong Cheuk Yue	LCCS	3.46		
	Mok Ho Tung	TKPK	3.06		
	Yung Lik Ping	LCCS		DN take part	
	Kong Robin	PCCSS		DN take part	
	Lam Ka Man	PCCSS		DN take part	
	Chan Chin Fai	KWSC		DN take part	
	Fong Hiu Wing	KTKLGSS		No Mark	
	Chan Wa Cheong	KWSC		DN take part	
	Chung Cheuk Wang	BHJS		No Mark	
	Wong Wing Shing	SKHLKY		DN take part	
	Tsang Yu Ming	HGC		DN take part	
	Chan Pak Hin	YCM		DN take part	

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Event 18 100m Boys C

Standard: 14.00

Record: 11.35 (2008)

Heat 1

SF Lane

1	Yuen Tsz Tai	BHJS	12.60	Standard	2	2
2	Leung Hoi Man Victor	WWS	12.91	Standard	1	3
3	Wong Wai Nok	CCSC	13.08	Standard	2	5
4	Cheung Kai Wang	DMS-HW	13.27	Standard	1	6
5	Lo Chi Fai	LWFSS	14.01			
6	Chau Ka Ming	CCSS	14.20			
7	Yip Kwan Lok	CYT	14.51			
8	Yuen Chun Tung	PKSS		DN start		

Heat 2

SF Lane

1	Lee Chin Ting	CYT	13.06	Standard	2	4
2	Chui Ka Kin	CCSS	13.67	Standard	2	1
3	Kong Tung Hang	PLKNO.1C	14.01			
4	Chan Lok Pan Jedi	LWFSS	14.11			
5	Wong Yi Ho	HGC	14.24			
6	Cheung Ming Hong	CREATIVE	14.26			
7	Ip Yau Yau	HWC	14.43			

Heat 3

SF Lane

1	Wong Felix Wing Hay	CREATIVE	12.82	Standard	3	3
2	Ngai Wing Sing	TKPK	13.30	Standard	2	6
3	Choi Ming Hon	HGC	13.35	Standard	3	6
4	Chan Hoi Chun	HWC	13.77	Standard	1	8
5	Wong Yik Long	PLKNO.1C	14.32			
6	Yau Shing Kit	KTGS	15.77			
7	Chan Chi Him	CCPASS		DN start		

Heat					SF	Lane
4	1	Wong Tsz Hin	KTGS	13.06	Standard	3 4
	2	Chang Kin Kwan	TKPK	13.11	Standard	1 5
	3	Mak Wing Wing	PTSS	13.48	Standard	2 7
	4	Chau Yiu Tung	MCDHMC	13.80	Standard	
	5	Tsang Hei Nok	PLKLFC	14.05		
	6	Mok Hoi Sing	KTKLGSS	16.04		
	7	Chan Lok Tin	LCCS		DN start	

Heat					SF	Lane
5	1	Yau Ka Ho	PTSS	13.07	Standard	3 5
	2	Wu Chin Chung	MCDHMC	13.70	Standard	3 1
	3	Lam Chun Chung	SKHLKY	13.75	Standard	3 8
	4	Chan Jonathan	HGSS	13.76	Standard	2 8
	5	Chu Siu Chung	LCCS	14.03		
	6	Yu Ho Ching	PLKLFC	14.46		
	7	Yeung Yui For Micky	KTKLGSS	14.88		

Heat					SF	Lane
6	1	Tong Zhi Cai	QES	12.44	Standard	1 2
	2	Lo Ka Lok	KHSS	13.60	Standard	1 1
	3	Li Chi Hin	SKHLKY	14.25		
	4	Lui Chun Kit Kevin	HGSS	14.34		
	5	Lam Ka Lok	LSTYKH		DN start	
	6	Tam Chung Hin	PCCSS		DN start	
	7	Lo Kwan Yau	SYSS		DN start	

Heat					SF	Lane
7	1	Chan Man Chun	PCCSS	12.79	Standard	3 2
	2	Ho Chun Hin	KHSS	12.88	Standard	2 3
	3	Chan Wai Shing	SYSS	12.92	Standard	1 4
	4	Cheung Hiu Chung	TYH	14.28		
	5	Tsang Man Kit	BHNC	14.45		
	6	Wong Leung Shing	KWSC	14.78		
	7	Yu Chi Kin	LSTYKH	16.41		

Heat					SF	Lane
8	1	Au Yeung Wing Ho	BHNC	13.39	Standard	3 7
	2	Leung Cheuk Hang	BHJS	13.55	Standard	1 7
	3	Cheung Wing Yip	CCSC	13.82	Standard	
	4	Shum Tsun Lok	PKSS	13.99	Standard	
	5	Cheuk Wing Lok	WWS	14.52		
	6	Ngai Kai Chun	KWSC	15.33		
	7	Ho Sing Chung	TYH	16.00		

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Event 19 100m Boys B

Standard: 13.00

Record: 11.03 (2008)

Heat					SF	Lane
1	1	Fong Lok Hang	CCSC	12.21	Standard	1 2
	2	Lun Wai	CCSS	12.68	Standard	3 6
	3	Tse Siu Hang	HGC	12.98	Standard	
	4	Ha King Yin	TKPK	13.16		
	5	Chang Yue Lok	CREATIVE	13.26		
	6	Sam Chun Hin	PLKLFC	13.40		
	7	Kwok Pui Kuen	LCCS	13.46		
	8	Lung Ka Kit	KTGS	13.52		

Heat					SF	Lane
2	1	Wong Tsz Him	CCSS	12.81	Standard	1 1
	2	Chu Wing Hung	TKPK	12.81	Standard	1 7
	3	Lam Yung Wa	PCCSS	13.05		
	4	Tung Ho Kan	HGSS	13.07		
	5	Chan Cheuk Ming	LSTYKH	13.08		
	6	Doe Kin Hei	SYSS	13.13		
	7	Lam Tung Chun	PLKNO.1C	13.34		
	8	Chan King Chi	CREATIVE	13.49		

Heat					SF	Lane
3	1	Choi Pui Fung	SYSS	12.24	Standard	3 2
	2	Tsang Wing Hong	BHNC	12.68	Standard	2 6
	3	Yeung Ngan Yuen	BHJS	12.83	Standard	3 8
	4	Fong Kwok San	LSTYKH	13.05		

5	Mui Pei Tak	PCCSS	13.07			
6	Ip Sheung Ming	PLKNO.1C	13.11			
7	Li Kwan Long Felix	MCDHMC	13.31			
8	Chan Ho Tai	LS		DN start		
Heat 4					SF	Lane
1	Wan Chi Ki	MCDHMC	12.23	Standard	2	2
2	Pang Tsz Fung	BHJS	12.43	Standard	1	3
3	Chau Wing Cheong	WWS	12.87	Standard	2	8
4	Tsoi Chun Ho	BHMK	12.89	Standard		
5	Tsang Chung Ho	KTKLGSS	12.92	Standard		
6	Ng Kin Shing	LWFSS	13.00	Standard		
7	Wong Chin Ying	LS	13.03			
Heat 5					SF	Lane
1	Li Ka Ho	KTKLGSS	12.36	Standard	2	3
2	Damai Binod	DMS-HW	12.47	Standard	2	4
3	Tong Chun Hung	SKHLKY	12.89	Standard		
4	Ng Chi Lun	TYH	13.36			
5	Yan Sik Ming	LWFSS	13.45			
6	Man Yin Yuk	NAMS		DN start		
7	Yeung King Ho	WWS		DN start		
Heat 6					SF	Lane
1	Cheng Kin	PTSS	12.47	Standard	3	4
2	Lee Man Lung	SKHLKY	12.50	Standard	3	5
3	Chan Tsz Hin	KHSS	12.64	Standard	1	6
4	Shek Wai Kuen	DMS-HW	12.81	Standard	2	1
5	Chung Siu Kei	HWC	13.44			
6	Chung Wing Chung	TYH	13.70			
7	Yip Ho Yin	KWSC		DN start		
Heat 7					SF	Lane
1	Chan Man Wa	KHSS	12.54	Standard	2	5
2	Chan Chun Wai	PKSS	12.59	Standard	1	5
3	Yiu Chak Hung	HWC	12.72	Standard	2	7
4	Wong Sang Shun	KWSC	12.82	Standard	3	1
5	Au Chun Kit	PTSS	12.88	Standard	1	8
6	Lau Chin Yan	CYT	13.21			
7	So Chi Shing	CYC	13.82			
Heat 8					SF	Lane
1	Mak Shing Hei	CYT	12.30	Standard	3	3
2	Choi Ho Hin	PLKLCF	12.44	Standard	1	4
3	Tang Chi Fung	CCSC	12.71	Standard	3	7
4	Chan Ka Chun	LCCS	13.57			
5	Yeung Ka Lok	HGC	13.81			
6	Mok Chun Kit	CYC		DN start		
7	Huang Wai Kit	KTGS		DN start		

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Event 20 100m Boys A
Standard: 12.60

Record: 10.40 (2008)

Heat 1					SF	Lane
1	Hui Shu Fong	DMS-HW	12.33	Standard	1	4
2	Chow Tsz Ho	YCM	12.60	Standard	1	7
3	Tam Chi Kit	LWFSS	12.71		1	8
4	Cheung Chi San	CCSC	12.72			
5	Wong Kai Chun	HWC	13.26			
6	Lam Wing Ho	BHJS	13.42			
7	Lee Chun Ting	KTGS		DN start		
8	Yan Wai Hong	SKHLKY		DN start		
Heat 2					SF	Lane
1	Tang Kwok Chi	DMS-HW	11.95	Standard	2	2
2	Yeung Wai	KTGS	12.68		2	1
3	Ip Chun Kit Erico	YCM	12.69		2	8
4	Lo Ka Lok	HWC	12.95			
5	Tam Chun Man	KTKLGSS	13.15			
6	Ng Cheuk Hin	SYSS	14.18			
7	Tsang Yu Ming	HGC		DN start		
8	Wong Chak Hang	PCCSS		DN start		
Heat 3					SF	Lane

1	Wong Hoi Hong	HGC	12.21	Standard	2	3
2	Hui Tak Lik	MCDHMC	12.49	Standard	1	6
3	Man Wing Sum	PCCSS	12.56	Standard	2	7
4	Lui Ching Yu	KTKLGSS	12.64		1	1
5	Lo Yung Hong	SYSS	12.85			
6	Ng Man Leong	HGSS		DN start		
7	Cheng Kam Fai	PTSS		DN start		
8	Kwong Chi Ho	CCSS		DN start		

Heat 4					SF	Lane
1	Cheung Kin Ho	HGSS	11.85	Standard	1	2
2	Wong Kok Sum	CCSS	12.41	Standard	2	4
3	Cheng Shing Fu	KHSS	12.53	Standard	2	6
4	Chong Tong Fai	KWSC	12.75			
5	Lai Ka Fai	TYH	12.98			
6	Chan Tak Kit	WWS	13.56			
7	Lam Ka Chun	LSTYKH		DN start		

Heat 5					SF	Lane
1	Lam Chi Fung	BHNC	12.32	Standard	1	3
2	So Ching On	KHSS	12.47	Standard	2	5
3	Chan Ka Leung	TKPK	12.48	Standard	1	5
4	Lui Hon Kwan	LSTYKH	13.36			
5	Li Ka Tai	BHJS	13.79			
6	Leung Muk Yuen	WWS		DN start		
7	Ho Tsz Yeung	KWSC		DN start		

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Event 21 400m Girls C

Standard: 1:23.00 Record: 58.78 (2000)

Heat 1					SF	Lane
1	Au Yee Hung	TNSS	1:16.31	Standard	3	4
2	Wan Hei Tung	LCCS	1:18.74	Standard	2	7
3	Chan Lau Yu	QES	1:18.95	Standard	2	1
4	Tsang Wai Ping	PKSS	1:21.33	Standard	2	8
5	Kwok Hau Yi	LWFSS	1:31.23			
6	Chung Jessie	PLKNO.1C	1:37.13			
7	Kaur Kulvinder	DMS-HW		DN start		
8	Hui Un Ieng	CDGFSS		DN start		

Heat 2					SF	Lane
1	Lai Tsz Yan	TNSS	1:12.83	Standard	1	2
2	Tsang Tammi	PLKLFC	1:15.21	Standard	3	3
3	Chan Pui Lam	TYH	1:18.36	Standard	3	7
4	Law Wing Chi	CDGFSS	1:18.91	Standard	1	1
5	Yu Wai Kwan Alexandra	CREATIVE	1:21.84	Standard		
6	Kwok Lai Yee	PCCSS	1:21.91	Standard		
7	Leung Po Chu	LWFSS	1:30.57			
8	Chan Pik Chu	PLKNO.1C		DN start		

Heat 3					SF	Lane
1	Ngan Wing Sze	HWC	1:14.94	Standard	3	2
2	Ma Tsz Huen	TYH	1:17.52	Standard	1	6
3	Cheung Lok Yung	OLC	1:17.81	Standard	2	6
4	Pang Yee Tak	CREATIVE	1:22.30	Standard		
5	Lam Yan Yi	PCCSS	1:23.56			
6	Leung Bo Dan	WWS	1:28.30			
7	Lo Pui Shuen	PLKLFC		DN start		
8	Lau Ka Sin	KTGS		DN start		

Heat 4					SF	Lane
1	Lam Suet Ying	TOSS	1:15.97	Standard	1	4
2	Leung Sin Nga	OLRC	1:17.03	Standard	2	5
3	Lam Yee Sum	OLC	1:20.36	Standard	3	8
4	Lam Wai Yee	WWS	1:21.51	Standard	1	8
5	Tam Pui Ka	BHJS	1:22.41	Standard		
6	Wong Lok Yee	LSTYKH	1:23.40			
7	Chung Sui Lam	HWC	1:23.63			
8	Chan Po Man	KTGS	1:41.08			

Heat 5					SF	Lane
1	So Yuen Ting	BHJS	1:15.68	Standard	2	3
2	Fu Emily	KHSS	1:16.26	Standard	2	4

3	Chan Yin Ha	TOSS	1:18.13	Standard	3	6
4	Au Tsz Shan	OLRC	1:18.75	Standard	1	7
5	Chan Wing Ki	LSTYKH	1:19.84	Standard	3	1
6	Yeung Kam Tung	NAMS	1:27.30			
7	Wong Sin Lam	HGC	1:30.50			
8	Ho Tsz Shan	HGSS		DN start		
Heat 6					SF	Lane
1	Lau Ka Lee	KHSS	1:16.49	Standard	3	5
2	Luk Ka Ying	PTSS	1:17.41	Standard	1	5
3	Man Cheuk Sze	SKHLKY	1:22.31	Standard		
4	Wong Wing Sum	HGC	1:25.30			
5	Yip Pui Lam	BHNC	1:38.73			
6	Lam Wai Yi	KWSC		DN start		
7	Li Tsz Wa	MCDHMC		DN start		
Heat 7					SF	Lane
1	Cheng Yi Ting	CCSC	1:14.79	Standard	2	2
2	Kong Chak Ming	SKHLKY	1:15.75	Standard	1	3
3	Ng Hin Ting	LCCS	1:22.26	Standard		
4	Pun Wai Yan	PTSS	1:24.15			
5	Wong Hiu Lee	BHNC	1:28.29			
6	Hung Tsui Ying	QES		DN start		
7	Cheuk Hoi Ki	KWSC		DN start		

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Event 22 400m Girls B

Standard: 1:20.00

Record: 57.29 (2002)

Heat 1					SF	Lane
1	Tang Pui Yue	LCCS	1:12.18	Standard	3	2
2	Chung Hiu Ki	TNSS	1:15.97	Standard	1	4
3	Lam Ka Yan	CCSC	1:17.56	Standard	1	6
4	Wong Wing Lam	LWFSS	1:19.33	Standard	2	1
5	Yim Shuk Ching	PLKLFC	1:19.49	Standard	2	8
6	Tang Yik Ching	QES	1:24.75			
7	Chong Yuet Yau	BHNC	1:29.05			
8	Cheng Hiu Tung	PTSS	1:38.11			
Heat 2					SF	Lane
1	Tsao Sin Yee	PLKLFC	1:15.55	Standard	1	3
2	Lee Tsz Ching	TNSS	1:16.65	Standard	3	5
3	Chow Cheuk Lam	PLKNO.1C	1:18.50	Standard	2	6
4	Leung Ka Wing	QES	1:18.98	Standard	1	7
5	Tsang Wing Hei	HWC	1:19.20	Standard	1	1
6	Wong Sze Ting	PTSS	1:20.79			
7	Ai Ling Yu	DMS-HW		DN start		
8	Li Lam Wai	PCCSS		DN start		
Heat 3					SF	Lane
1	Cheung Mei Chi	OLRC	1:11.97	Standard	2	2
2	Ng Chor Yiu	CDGFSS	1:18.66	Standard	3	7
3	Tong Yu Ping	BHJS	1:21.50			
4	Wong Hoi Yuet	HWC	1:22.03			
5	Tang Ah Li	DMS-HW	1:27.09			
6	Cheng Pui Yi	PLKNO.1C	1:28.13			
7	Lai Tung Tung	PCCSS		DN start		
8	Lee Wing Yan	CCSS		DN start		
Heat 4					SF	Lane
1	Ho Ka Wai	OLRC	1: 6.56	Standard	1	2
2	Siu Shuk Fong	CDGFSS	1:16.01	Standard	2	4
3	Lau Cheung Yee	WWS	1:17.10	Standard	2	5
4	Wong Tsz Ching	BHJS	1:19.34	Standard	3	1
5	Yau Miu Ling	KTGS	1:22.14			
6	Chan Hiu Kwan	CCSS	1:23.24			
7	Ho Cheuk Wing	NAMS	1:23.31			
8	Tam Lok Ting	CREATIVE		DN start		
Heat 5					SF	Lane
1	Lee Pik Sim	WWS	1:13.30	Standard	3	3
2	Tsang Wing Yan	NAMS	1:17.22	Standard	1	5
3	Tin Shu Yong	OLC	1:18.62	Standard	3	6
4	Lui Kit Ting	HGC	1:30.14			

5	Yue Lap Shun	TKPK	1:10.08			
6	Ngan Yi Hing	BHJS	1:11.70			
7	Lei Weikun	DMS-HW	1:31.89			
8	Lam Faat Hing	CCPASS	1:32.70			
Heat 2					SF	Lane
1	Ching Tsz Hei	CCSC	1: 3.75	Standard	2	3
2	Chan Tsz Ho	TKPK	1: 4.39	Standard	1	4
3	Lee Chi Hang	BHJS	1: 6.17	Standard	1	1
4	Au Man Cheuk	HWC	1: 6.33	Standard	2	1
5	Yip Wai Hang	CCSS	1: 9.02	Standard		
6	Wong Ho Yin	CCPASS	1: 9.20	Standard		
7	Tsang Tsz On	HGC	1:14.98			
8	Yuen Ka Chun	CREATIVE	1:27.09			
Heat 3					Final	Lane
1	Cheng Hoi Kin	HWC	1: 7.24	Standard		
2	Cheung Ming Hong	CREATIVE	1: 8.79	Standard		
3	Chu King Sing	LCCS	1:10.15			
4	Lo Ming Yin	SKHLKY	1:10.67			
5	Cheung Ka Lun	KTGS	1:12.65			
6	Wong Tse Lung	HGC	1:25.90			
7	Yuen Ho Fung	PLKNO.1C		DN start		
Heat 4					SF	Lane
1	Wong Wing Yiu	PLKNO.1C	1: 5.12	Standard	2	4
2	Chan Yu Cheong	SKHLKY	1: 6.69	Standard	2	8
3	Au Chi Yu	PLKLFC	1: 6.72	Standard	1	8
4	Lau Yat Wai	KTGS	1:11.03			
5	Lau Tin Foong	LCCS	1:17.60			
6	Wong Ka Wai	PTSS		DN start		
7	Chan Siu On Collins	TYH		DN start		
Heat 5					SF	Lane
1	Chung Wing Sing	PLKLFC	1: 5.85	Standard	1	7
2	Chiu Kwan Pang	HGSS	1: 9.20	Standard		
3	Chan Tsz Hin	TYH	1:10.78			
4	Ngai Tsz Hin	PCCSS	1:11.71			
5	Ng Tik Man	PTSS		DN start		
6	Tang Pok Him	KTKLGSS		DN start		
7	Huang Zhao Peng	KWSC		DN start		
Heat 6					SF	Lane
1	Law Ka Ngai	SYSS	1: 4.17	Standard	1	3
2	Yi Chun Wa	PCCSS	1: 5.17	Standard	2	5
3	Leung King Hang	CYT	1: 5.25	Standard	1	5
4	Chung Pui Kwan	LSTYKH	1:10.39			
5	Wong Ho Wang	KWSC		DN start		
6	Yip Long Sang	BHNC		DN start		
7	Ip Wai Ho	KTKLGSS		DN start		
Heat 7					SF	Lane
1	Wong Kin Shing	CYT	1: 2.19	Standard	1	2
2	Lau Chun He	KHSS	1: 5.67	Standard	2	6
3	Wong Kin Wai	SYSS	1: 5.74	Standard	2	7
4	Lau Ka Yip	LSTYKH	1:11.98			
5	Lau Fei Lung	LWFSS	1:16.50			
6	Ho Tsz Hin	WWS		DN start		
7	Wong Tin Ho	BHNC		DN start		

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Event 25 400m Boys B

Standard: 1:03.00

Record: 51.63 (2008)

Heat 1					SF	Lane
1	Lam Tak Yee	LCCS	1: 0.60	Standard	3	7
2	Mo Ho Kwan	PTSS	1: 2.42	Standard		
3	Kwok Chu Leung	CCSS	1: 3.04			
4	Shum Kai Fung	KHSS	1: 3.27			
5	Mak Ting Fung	PLKLFC	1: 5.05			
6	Yip Ka Chun	TKPK	1: 6.03			
7	Hung Shun On	LSTYKH		DN start		
8	Lu Yucheng	DMS-HW		DN start		
Heat 2					SF	Lane

1	Chong Hiu Fung	KTGS	1: 1.49	Standard	2	1
2	Tsang Ka Wai	SYSS	1: 2.83	Standard		
3	Yip Kwok Loen	CCSC	1: 3.88			
4	Wong Cheuk Yin	LWFSS	1: 4.03			
5	Ang Pok Man	CCSS	1: 4.34			
6	Li Koon Fung	CREATIVE	1: 6.95			
7	Lau Chi Chung	TKPK		DN start		
8	Lam Chi Ming	PCCSS		DN start		
Heat 3					SF	Lane
1	Kwong Ming Kin	CCSC	55.96	Standard	1	2
2	Tam Man Fung	BHJS	57.74	Standard	3	2
3	Yung Ka Yu	LWFSS	58.03	Standard	3	3
4	Tsang Tsz Ki	LS	58.41	Standard	2	3
5	Law Cho Kam	SYSS	59.21	Standard	1	4
6	O Pui Kwan	PCCSS	59.80	Standard	2	5
7	Liu Julio	KTGS	1: 2.45	Standard		
8	Ng Ki Wang	CREATIVE	1:15.77			
Heat 4					SF	Lane
1	Woo Chun Yin	SKHLKY	1: 1.25	Standard	1	7
2	Ng Cheuk Hin	BHJS	1: 1.84	Standard	3	8
3	Ng Sai Wing	PLKNO.1C	1: 1.95	Standard	2	8
4	Lee Ho Ching	HGSS	1: 7.95			
5	Hui Ping Kwan	MCDHMC		DN start		
6	Ho Man	WWS		DN start		
7	Chan Tsz Tsun	KWSC		DN start		
Heat 5					SF	Lane
1	Li Man	NAMS	59.33	Standard	2	4
2	Law Ting Tak	WWS	59.79	Standard	3	5
3	Chan Tsz Chun	SKHLKY	1: 0.27	Standard	1	6
4	Au Ho Kun	PLKNO.1C	1: 4.19			
5	Chan Kit Lung	HGSS		DN start		
6	Chan Yung Chuen	TYH		DN start		
7	Wong Sang Shun	KWSC		DN start		
Heat 6					SF	Lane
1	Wong Chun	HWC	56.63	Standard	2	2
2	Chan Lam Wah	BHNC	59.06	Standard	1	3
3	Chan Chun Wai	PKSS	1: 1.36	Standard	1	1
4	Leung Hing Lun	CCPASS	1: 4.44			
5	Chow Ka Shing	NAMS	1: 8.90			
6	Chan Fei Yeung	KTKLGSS	1:17.49			
7	Chan Chin Yu	TYH		DN start		
Heat 7					SF	Lane
1	Leung Chi Hang	BHNC	59.92	Standard	1	5
2	Hui Ming Wai	CYT	1: 0.50	Standard	2	6
3	Ng Wing Tong	KTKLGSS	1: 0.53	Standard	3	6
4	Lee Cheuk Yin	CCPASS	1: 0.62	Standard	2	7
5	Chu Wai Hin	MYC	1: 3.12			
6	Liu Yat Chi	HWC	1: 4.61			
7	Wong Ka Po	HGC	1:15.75			
Heat 8					SF	Lane
1	Ngo Yuen Yeung	KHSS	59.48	Standard	3	4
2	Lau Chun Hei	LCCS	1: 1.62	Standard	3	1
3	Lam Yuk Kwan	CYT	1: 2.10	Standard	1	8
4	Cheung Cheuk Ho	PTSS	1: 3.04			
5	Liu Tat Shing	HGC	1: 4.04			
6	Chiu Lok Hin	PLKLFC	1: 6.29			
7	Li Chaohao	DMS-HW		DN start		

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Event 26 400m Boys A

Standard: 1:01.00

Record: 49.10 (1964)

Heat 1					SF	Lane
1	Tam Ka Chun	MCDHMC	56.39	Standard	2	2
2	Tsang Cheuk Wing	HGC	57.25	Standard	2	3
3	Yeung Chi Man	YCM	58.59	Standard	1	4
4	Leung Chun Ting	MYC	59.17	Standard	2	5
5	Tong Yik Tai	KTKLGSS	59.50	Standard	1	5

6	Li Ka Tai	BHJS	1: 2.97			
7	Ng Yat Kui	WWS	1: 6.64			
8	Chow Chun Fung	CCPASS	1: 8.24			
Heat 2				SF	Lane	
1	Ho Fu Hong	KTGS	59.94	Standard	1	6
2	Ho Wing Nam	MYC	1: 0.19	Standard	2	6
3	Wong Kwok Lee	SYSS	1: 1.20		2	8
4	Liu Chun Hoe Aaron	YCM	1: 1.49			
5	Or Chun Kin	LCCS	1:13.59			
6	Chong Chun Sang	SKHLKY		DN start		
7	Yau Ka Lap	HWC		DN start		
Heat 3				SF	Lane	
1	Kwan Chun Kit	CCSC	59.06	Standard	2	4
2	Lam Tsz Yeung	KTGS	1: 0.65	Standard	1	1
3	Heung Ho Yin	HWC	1: 0.67	Standard	2	1
4	Yip Wing Pong	SYSS	1: 2.99			
5	Kwong Chi Ho	CCSS		DN start		
6	Lam Hon	PCCSS		DN start		
7	Tung Ming Fung	SKHLKY		DN start		
Heat 4				SF	Lane	
1	Cheung Chi Ngo	CCSC	1: 0.19	Standard	2	7
2	Wong Wai Fung	NAMS	1: 0.47	Standard	1	7
3	Cheung Tak Kai	CCSS	1: 1.48		1	8
4	Hung Ka Chun	PLKLFC	1: 6.33			
5	Lau Fuk Chuen	DMS-HW	1:13.55			
6	Chan Wai Fung	KWSC		DN start		
7	Yu Yiu Ming	PCCSS		DN start		
Heat 5				SF	Lane	
1	Kwan Ping Cheong	KWSC	54.61	Standard	1	2
2	Luo Yuxiang	DMS-HW	58.44	Standard	1	3
3	Cheung Krittin	BHJS	1: 2.58			
4	Chung Chuen Kwan	WWS	1: 5.75			
5	Fong Hiu Wing	KTKLGSS	1:30.11			
6	Lam Hiu Kang	HGC		DN start		
7	Zeng Jing Hua	NAMS		DN start		

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Event 27 Shot Put Girls A

Standard: 6.30 (4kg) Record: 11.14 (1996) (4kg)

Position	Name	School	Result	Remark	Points
1	Diu Hoi Yi Jessica	LS	8.06	Standard	9
2	Li Wan	NAMS	7.98	Standard	7
3	Fong Ka Man	CCSS	7.70	Standard	6
4	Tsang Hang In	HGC	7.13	Standard	5
5	Fung Hiu Tung	BHJS	6.75	Standard	4
6	Chong Ngai Lai	CDGFSS	6.74	Standard	3
7	Tang Hoi Ching	WWS	6.72	Standard	2
8	Tai Yee Wa	OLC	6.50	Standard	1
	So Tim Yi	HWC	6.37	Standard	
	Chan Lai Kuen	LSTYKH	6.30	Standard	
	Wong Ying Kwan	KWSC	6.22		
	Lau Shan Shan	CDGFSS	6.21		
	Shek Wai Yin	YCM	6.19		
	Choi Sze Wing	DMS-HW	5.64		
	Wu Ching Han	CCSS	5.55		
	Leung Shui Fan	KWSC	5.50		
	Cheung Wing Yi	LSTYKH	5.38		
	Tin Kit Ching	HGSS	5.03		
	Cheng Mei Wan	DMS-HW	4.87		
	Mok Yuk Yu	HGC	2.33		
	Kwok Hiu Shan	PTSS		DN take part	
	Tin Lee Lai	PTSS		DN take part	
	Wong Tak Man	WWS		DN take part	
	Chan Wing Lam	PLKLFC		DN take part	
	Cheng Man Han	CCSC		DN take part	
	Lee Wing Tung	OLC		DN take part	
	Ho Tsz Wai	YCM		DN take part	

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Event 28 Discus Boys C
Standard: 15.00 (1kg)

Record: 36.84 (2004) (1kg)

Position	Name	School	Result	Remark	Points
1	Chiu Pit Chun	WWS	27.13	Standard	9
2	Kung Wai Lun	CYT	24.38	Standard	7
3	Lun Ka Lok	CYT	23.52	Standard	6
4	Tsui Ting Yan	PLKNO.1C	22.50	Standard	5
5	Chow Man Kit	KHSS	21.67	Standard	4
6	Lau Chi Yan	QES	20.89	Standard	3
7	Pun Kwok Yung	NAMS	19.71	Standard	2
8	Ng Lok Him	KTKLGSS	19.61	Standard	1
	Chan Yin Lung	BHJS	19.38	Standard	
	Yeung Yiu Kwong	PTSS	18.71	Standard	
	Lau Yik Shing	TKPK	18.61	Standard	
	Kwan Man Hong	KWSC	17.82	Standard	
	Lam Pok Man	PTSS	17.60	Standard	
	Lee Kong Chuen	PLKNO.1C	17.38	Standard	
	Lau Wai Chung	KTKLGSS	17.11	Standard	
	Lau Wai Hang	KHSS	16.88	Standard	
	So Man On	BHNS	16.80	Standard	
	Tse Chin Sing	HGSS	16.76	Standard	
	Lu Jian Feng	KWSC	16.45	Standard	
	Tse Yam Chi	HGSS	16.40	Standard	
	Li Chi Chun	KTGS	16.33	Standard	
	Yau Man Lai	CREATIVE	14.71		
	Kan Ho Hin	BHJS	14.58		
	Poon Ho Yan	HWC	14.05		
	Cheuk Ho Yin	LSTYKH	13.99		
	Cheung Man Yau	PKSS	13.99		
	Wong Tsz Lung	HGC	13.11		
	Lam Kwok Keung	LCCS	12.78		
	Leung Chun Yin	HGC	12.73		
	Wu Kwok Hin	LSTYKH	12.70		
	Tong Yuk Choi	KTGS	11.21		
	Cheng Sing Yuen	HWC	11.11		
	Leung Cheuk Long	LCCS		DN take part	
	Mo Kee Fai Jess	TYH		DN take part	
	Kam Chun Sing	QES		DN take part	
	Pang Chi Fung	TYH		DN take part	
	Tse Kai Fei	TKPK		DN take part	
	Yu Kai Hin	WWS		DN take part	

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Event 29 Triple Jump Boys B
Standard: 9.50

Record: 13.53 (2006)

Position	Name	School	Result	Remark	Points
1	Cheng Chun Kit	SKHLKY	11.71	Standard	9
2	Yeung Hong To	HWC	11.45	Standard	7
3	Ho Kai Bong	BHJS	11.03	Standard	6
4	Chan Sze Hang	SKHLKY	10.92	Standard	5
5	Ho Cheuk Wun	TKPK	10.73	Standard	4
6	Hui Kwok Shing	KTKLGSS	10.68	Standard	3
7	Au Chun	TYH	10.66	Standard	2
8	Li Tsz Wing	PLKNO.1C	10.59	Standard	1
	Cheng Kin	PTSS	10.06	Standard	
	Yeung Tak Luk	KTGS	10.02	Standard	
	Tse Ka Ho	PTSS	9.99	Standard	
	Tsui Hei Yu	BHJS	9.96	Standard	
	Ip Hon Pan	SYSS	9.90	Standard	
	Yeung Kuen Sum	KTKLGSS	9.82	Standard	
	Chu Wing Hung	TKPK	9.81	Standard	
	Li Man	NAMS	9.79	Standard	
	Chan Yuk Ho	WWS	9.58	Standard	
	Lau Chung San	LCCS	9.55	Standard	
	He Jinhong	NAMS	9.48		

Cho Sze Chai	LCCS	9.41	
Leung Sui Wang	KTGS	9.35	
Man Yat Chun	PLKNO.1C	9.19	
Ho Yiu Kin	CCPASS	9.16	
Chung Siu Kei	HWC	8.85	
Yeung Chun Chit	SYSS	8.77	
Chan Kin Wai	QES	8.62	
Ho Chun Yu	CCPASS	8.14	
Chan Chak Kwan	HGC	7.50	
Ng Ka Kin	HGC	7.35	
Ho Man	WWS		DN take part
Lo Kwong Yui	TYH		DN take part

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Event 30 High Jump Boys A

Standard: 1.55 Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Pang Hiu Tang	BHJS	1.73	Standard	9
2	Lo Chun Wai	KTGS	1.70	Standard	7
3	Cheng Ki Fung	CCSC	1.70	Standard	6
4	Lau Fung	KTKLGSS	1.67	Standard	5
5	Chan Hiu Chun	CCSC	1.61	Standard	4
6	Ma Wang Chun	SYSS	1.58	Standard	3
7	Ngai Siu Chun	YCM	1.55	Standard	2
8	Wong Kit Lun	DMS-HW	1.55	Standard	1
	Yu Kwan Ching	HWC	1.54	Standard	
	Liu Cheuk Lun	HGC	1.52		
	Ko Wai Man	HGC	1.52		
	Ip Chi Ming	TKPK		DN take part	
	Wong Chun Him	KTKLGSS		DN take part	
	Leung Chi Hung	LS		DN take part	
	Hung Chi Fung	TYH		DN take part	
	Lee Shing Wai	HGSS		DN take part	
	Ng Ka Yee	KTGS		No Mark	
	Chen Jinrong	CCPASS		No Mark	
	Lam Chak Sin	KWSC		DN take part	
	Ma Ka Wai	KWSC		DN take part	
	Luo Yuxiang	DMS-HW		No Mark	
	Lui Yuk Sing	SYSS		No Mark	
	Tam Lok Kei	LCCS		No Mark	
	Au Yuen Chiu	CCSS		No Mark	
	Lai Chi Keung	CCSS		No Mark	
	Chan Hoi Kit	HWC		No Mark	
	Kwok Hin Lung	YCM		No Mark	

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Event 31 200m Boys A

Standard: 26.50 Record: 21.53 (2007)

Heat					SF	Lane
Heat 1						
1	Tang Kwok Chi	DMS-HW	24.28	Standard	1	2
2	So Ching On	KHSS	25.33	Standard	1	4
3	Chan Ka Leung	TKPK	25.36	Standard	2	4
4	Chow Tsz Ho	YCM	25.57	Standard	2	5
5	Wong Kai Chun	HWC	25.70	Standard	1	6
6	Cheung Chi San	CCSC	25.97	Standard	2	1
7	Yeung Ka Ho	SYSS	26.71			
8	Chow Chun Fung	CCPASS		DN start		
Heat 2					SF	Lane
1	Wong Ting Tat	YCM	24.78	Standard	2	2
2	Lee Hiu Fai	SYSS	25.65	Standard	1	5
3	Tsang Yeuk Sing	MCDHMC	25.85	Standard	2	6
4	Lam Man Wai	CCSC	25.86	Standard	2	7
5	Lo Ka Lok	HWC	26.14	Standard	2	8
6	Chui Pui Leung	KTGS	28.25			
7	Yan Wai Hong	SKHLKY		DN start		
8	Law Ting Hong	PCCSS		DN start		
Heat 3					SF	Lane

1	Wong Kok Sum	CCSS	25.92	Standard	1	7
2	Yeung Wai	KTGS	26.38	Standard		
3	Chong Tong Fai	KWSC	26.38	Standard		
4	Ho Wing Nam	MYC	26.58			
5	Tam Chun Man	KTKLGSS	27.47			
6	Chan Kong Chun	MCDHMC		DN start		
7	Yu Yiu Ming	PCCSS		DN start		
8	Lam Hiu Kang	HGC		DN start		
Heat 4					SF	Lane
1	Tsang Cheuk Wing	HGC	24.88	Standard	2	3
2	Lui Ching Yu	KTKLGSS	26.37	Standard		
3	Lai Ka Fai	TYH	26.97			
4	Chow Chi Ming	MYC	27.58			
5	Lam Wing Ho	BHJS	27.73			
6	Chan Tak Kit	WWS		DN start		
7	Chan Kwan Kin	HGSS		DN start		
8	Chan Wai Fung	KWSC		DN start		
Heat 5					SF	Lane
1	Hui Shu Fong	DMS-HW	25.08	Standard	1	3
2	Tam Chi Kit	LWFSS	25.97	Standard	1	1
3	Cheung Krittin	BHJS	26.19	Standard	1	8
4	Cheng Shing Fu	KHSS	26.28	Standard		
5	Leung Muk Yuen	WWS	27.57			
6	Hui Kwan Kit	PTSS		DN start		
7	Lee Lai Ting	TKPK		DN start		

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Event 32 200m Boys B

Standard: 27.00

Record: 22.55 (2005)

Heat 1					SF	Lane
1	Hassan Abdul Rahman	CYT	24.65	Standard	3	2
2	Chan Man Wa	KHSS	25.83	Standard	3	4
3	Au Chun Kit	PTSS	26.60	Standard	3	8
4	Tang Ki Tsun	LCCS	27.10			
5	Tsoi Wing Hi	HGC	27.52			
6	Ang Pok Man	CCSS	28.05			
7	Sam Chun Hin	PLKLFC	28.08			
8	Wong Chun Yin	CYC	34.79			
Heat 2					SF	Lane
1	Lau Chun Wai	HGC	23.91	Standard	1	2
2	Ho Ching Sum	PLKLFC	26.00	Standard	2	5
3	Lam Tak Yee	LCCS	26.27	Standard	2	6
4	Tang Chi Fung	CCSC	26.31	Standard	3	7
5	So Chun Ming	KTGS	27.34			
6	Chiu Chi Man	CCSS	27.37			
7	Wan Chi Pan	TKPK		DN start		
8	Chan King Chi	CREATIVE		DN start		
Heat 3					SF	Lane
1	Kwong Ming Kin	CCSC	24.74	Standard	3	3
2	Leung King On	LSTYKH	26.00	Standard	3	5
3	Yeung Ngan Yuen	BHJS	26.58	Standard	2	1
4	Lam Yung Wa	PCCSS	27.00	Standard		
5	Doe Kin Hei	SYSS	27.04			
6	Li Koon Fung	CREATIVE	27.88			
7	Lung Ka Kit	KTGS	28.07			
8	Lee Ka Shing	TKPK		DN start		
Heat 4					SF	Lane
1	Choi Pui Fung	SYSS	24.64	Standard	2	2
2	Pang Tsz Fung	BHJS	25.78	Standard	2	4
3	Cheong Kwan Ho	MCDHMC	26.51	Standard	1	1
4	Mui Pei Tak	PCCSS	26.58	Standard	3	1
5	Cheung Ho Yin	PLKNO.1C	26.75	Standard		
6	Chan Cheuk Ming	LSTYKH	27.39			
7	Cheung Wang Tung	LS	36.36			
8	Tung Ho Kan	HGSS		DN start		
Heat 5					SF	Lane
1	Wan Chi Ki	MCDHMC	24.98	Standard	2	3

2	Chau Wing Cheong	WWS	26.68	Standard	1	8
3	Tong Chun Hung	SKHLKY	27.39			
4	Deng Zhi Cheng	LWFSS	28.18			
5	Tam Chin Lung	BHNC	31.50			
6	Au Ho Kun	PLKNO.1C		DN start		
7	Pak Chi Ho	NAMS		DN start		
Heat 6					SF	Lane
1	Lee Man Lung	SKHLKY	26.28	Standard	3	6
2	Chu Wai Ho	KTKLGSS	26.43	Standard	1	7
3	Tse Kai Kam	NAMS	26.73	Standard		
4	Fung Chun Kit	KWSC	26.96	Standard		
5	Ng Chi Lun	TYH	27.02			
6	Leung Chi Hang	BHNC	27.34			
7	Yeung King Ho	WWS		DN start		
Heat 7					SF	Lane
1	Chan Chi Chiu	HWC	25.07	Standard	1	3
2	Li Ka Ho	KTKLGSS	26.32	Standard	2	7
3	Damai Binod	DMS-HW	26.75	Standard		
4	Wan King Yiu	PKSS	27.12			
5	Chan Yung Chuen	TYH	27.66			
6	Wong Yi Wang	MYC	27.88			
7	Pang Yu Hin	KWSC	28.06			
Heat 8					SF	Lane
1	Chan Tsz Hin	KHSS	25.63	Standard	1	4
2	Yiu Chak Hung	HWC	26.09	Standard	1	5
3	Lee Cheuk Yin	CCPASS	26.12	Standard	1	6
4	Lau Chin Yan	CYT	26.66	Standard	2	8
5	Chau Tsz Ho	PKSS	27.23			
6	Cheung Cheuk Kuen	PTSS	27.86			
7	Zhong Hiaxuan	DMS-HW	30.15			

Event 33 200m Boys C

Standard: 29.50

Record: 22.59 (2008)

Heat 1					SF	Lane
1	Chan Wai Shing	SYSS	27.17	Standard	3	5
2	Chau Ka Ming	CCSS	28.98	Standard		
3	Au Yeung Wing Ho	BHNC	29.85			
4	Lau Kwun Pong	CYT	31.34			
5	Ngai Kai Chun	KWSC	33.13			
6	Lee Fuk Yiu	KTKLGSS	37.31			
7	Cheng Kin Chun	LSTYKH		DN start		
8	Li Tsz Ching	PCCSS		DN start		
Heat 2					SF	Lane
1	Cheung Kai Wang	DMS-HW	27.01	Standard	1	4
2	Law Ka Ngai	SYSS	27.95	Standard	2	7
3	Cheung Tak Yan	CCSS	28.47	Standard	1	8
4	Lau Fei Lung	LWFSS	28.71	Standard		
5	Li Chung Hin	WWS	29.40	Standard		
6	Yip Kwan Lok	CYT	29.56			
7	Lo Ka Lok	KHSS	29.65			
8	Ng Chung Tsun	LSTYKH	31.60			
Heat 3					SF	Lane
1	Chan Chi Him	CCPASS	27.77	Standard	3	7
2	Leung Cheuk Hang	BHJS	28.02	Standard	1	7
3	Ng Tsz Lung David	CCSC	28.42	Standard	3	8
4	Cheuk Wing Lok	WWS	29.48	Standard		
5	Lau Chun He	KHSS	29.61			
6	Lam Chun Fai	TKPK	30.13			
7	Yuen Ka Chun	CREATIVE	33.08			
8	Tong Ka Ho	KTGS		DN start		
Heat 4					SF	Lane
1	Yuen Tsz Tai	BHJS	25.77	Standard	1	2
2	Wong Felix Wing Hay	CREATIVE	26.08	Standard	3	2
3	Wong Wai Nok	CCSC	26.63	Standard	2	3
4	Wong Tsz Hin	KTGS	26.97	Standard	1	3
5	Chang Kin Kwan	TKPK	27.33	Standard	2	5

6	Hui Tsz Him	HWC	28.03	Standard	1	1
7	Ng Kwan Po	HGC	28.44	Standard	2	8
8	Wong Ho Yin	CCPASS	36.48			
Heat 5					SF	Lane
1	Wong Wing Yiu	PLKNO.1C	27.14	Standard	3	4
2	Wu Chin Chung	MCDHMC	27.41	Standard	1	5
3	Choi Ming Hon	HGC	27.72	Standard	3	6
4	Chan Hoi Chun	HWC	28.14	Standard	2	1
5	Lam Chun Chung	SKHLKY	28.26	Standard	3	1
6	Chan Jonathan	HGSS	29.05	Standard		
7	Chan Lok Tin	LCCS	29.86			
Heat 6					SF	Lane
1	Tong Zhi Cai	QES	25.82	Standard	2	2
2	Tse Tin Chi	SKHLKY	27.65	Standard	1	6
3	Mak Wing Wing	PTSS	27.68	Standard	2	6
4	Hui Kin Sing	HGSS	28.68	Standard		
5	Tsang Hei Nok	PLKLFC	28.96	Standard		
6	Lee Jin Ching	PLKNO.1C	29.10	Standard		
7	Chu Siu Chung	LCCS	30.00			
Heat 7					SF	Lane
1	Chan Man Chun	PCCSS	26.60	Standard	3	3
2	Yau Ka Ho	PTSS	27.08	Standard	2	4
3	Liang Genquan	BHNC	29.07	Standard		
4	Lin Chak Pan	PLKLFC	30.33			
5	Yuen Chung Hei	KTKLGSS	32.37			
6	Ho Sing Chung	TYH	32.57			
7	Wong Leung Shing	KWSC		DN start		

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Event 34 200m Girls A

Standard: 33.00

Record: 24.93 (2007)

Heat 1					Final	Lane
1	Hansen Sirena Mary	DMS-HW	30.76	Standard		5
2	Wong Hiu Tung	OLC	31.96	Standard		7
3	Pang Wan Yee	WWS	32.27	Standard		8
4	Leung Ming Shan	YCM	32.30	Standard		
5	Tang Lai Ching	NAMS	33.88			
6	Wong Wai Yin	TYH	35.91			
7	Lui Ching Yee	KWSC		DN start		
Heat 2					Final	Lane
1	Yeung Yin Ting	TYH	30.26	Standard		3
2	Pau Wing Wa	WWS	30.52	Standard		4
3	Tam Wing Yan	DMS-HW	32.15	Standard		1
4	Wong Ho Ching	CCSC	32.55	Standard		
5	Chong Ki Ki	CDGFSS	33.35			
6	Cheng Hau Yan	YCM		DN start		
7	Li Heung Ping	KWSC		DN start		
Heat 3					Final	Lane
1	Ho Wai Yi	HWC	31.21	Standard		6
2	Luk Ka Tung	CDGFSS	32.76	Standard		
3	Leung Cho Kwan	CCSS	40.76			
4	Tsang Wai Kwan	HGC	42.15			
5	Lee Ka Yan	LCCS		DN start		
6	Chong Chuen Yung	KTGS		DN start		
7	Wong Sze Man	LSTYKH		DN start		
Heat 4					Final	Lane
1	Hung Tsui Ying	HWC	29.68	Standard		2
2	Wu Lisha	LWFSS	32.82	Standard		
3	Yeung Ka Yiu	OLC	34.33			
4	Chau Tsz Wai	HGC	40.59			
5	Kwan Ka Yi	HGSS		DN start		
6	Chiu Sau Ying	LSTYKH		DN start		

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Event 35 200m Girls B

Standard: 33.00

Record: 25.22 (2002)

Heat 1					SF	Lane
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1	Lee Kin Hung	HGC	29.80	Standard	2	3
2	So Long Hang	TNSS	30.83	Standard	3	4
3	Chan Hoi Hiu	TOSS	31.03	Standard	3	5
4	Hui Yuen Wai	CCSC	33.20		2	8
5	Tong Lim Yan	CREATIVE	37.18			
6	Chan Sen	LWFSS		DN start		
7	Ng Hoi Ki	TYH		DN start		
8	Law Nga Wing	PTSS		DN start		
Heat 2					SF	Lane
1	Wong So Ting Christine	TOSS	30.66	Standard	1	3
2	Chow Mei Hang	OLRC	31.15	Standard	2	5
3	Chan Wing Tung	CREATIVE	33.22		1	8
4	Cheng Ya Yi Amie	PTSS	33.39			
5	Lee Ka Wing	LWFSS	33.75			
6	Poon Yu Sheung	TNSS	33.96			
7	Wong Suet Kwan	LCCS	34.64			
8	Lai Pui Ki	PLKNO.1C		DN start		
Heat 3					SF	Lane
1	Tsang Siu Fung	NP2C	28.89	Standard	1	2
2	Li Yuen Tung	PLKLFC	31.39	Standard	1	6
3	Hung Shan Ni	LCCS	32.17	Standard	3	7
4	Ng Wai Yee	CDGFSS	32.31	Standard	2	7
5	Tsang Wing Hei	HWC	32.65	Standard	2	1
6	Yuen Mei Chi	LSTYKH	33.36			
7	Yeung Hoi Ting	OLRC	33.38			
8	Ng Tsz Ching	PLKNO.1C	35.13			
Heat 4					SF	Lane
1	Lau Fan Hei	CDGFSS	29.56	Standard	3	2
2	Man Chui Yan	HWC	31.16	Standard	1	5
3	Lau Cheuk Yin	PLKLFC	32.38	Standard	1	7
4	Yip Tin Wai	LS	32.84	Standard	3	1
5	Ho Ka Yee	LSTYKH	36.75			
6	Poon Fong Yi	KTGS		DN start		
7	Wong Sze Wing	PCCSS		DN start		
8	Lee Wing Yan	CCSS		DN start		
Heat 5					SF	Lane
1	Pang Pui Kwan	KTGS	29.68	Standard	3	3
2	Chiu Ka Man	SKHLKY	30.81	Standard	1	4
3	Chan Hoi Yik	CCSS	32.90	Standard	3	8
4	Tin Shu Yong	OLC	33.91			
5	Lai Ka Wai	NAMS	34.44			
6	Cheung Ka Ki	BHJS	34.61			
7	Fung Wing See	PCCSS		DN start		
8	Wong Ho Ki	MCDHMC		DN start		
Heat 6					SF	Lane
1	Tsang Tsz Yan	BHNC	29.33	Standard	2	2
2	Yeung Sin Ting	PKSS	32.04	Standard	3	6
3	Leung Wing Kam	OLC	32.44	Standard	1	1
4	Chim Wing Hei	BHJS	33.38			
5	Chan Tsz Yan	NAMS	33.50			
6	Lee Nga Ting	QES	34.08			
7	Wong Sum Yee	KWSC	35.65			
8	Lau Mei Yee	WWS		DN start		
Heat 7					SF	Lane
1	Yau Hiu Yan	WWS	30.82	Standard	2	4
2	Yip Ching Wan	QES	31.91	Standard	2	6
3	Lam Lok Yan	MYC	33.41			
4	Chan Shek Ling	CCSC	33.79			
5	Wong Ship	BHNC	38.13			
6	Chan Hoi Ling	HGC	45.13			
7	Siu Chui Shan	KWSC		DN start		

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Event 36 200m Girls C

Standard: 34.00

Record: 26.07 (2004)

Heat 1					SF	Lane
1	Li Ka Sin	LS	30.71	Standard	2	3

2	Cheung Hoi Ying	LCCS	31.73	Standard	2	5
3	Lam Wing Yee	LSTYKH	31.80	Standard	1	5
4	Fok Yuen Yan	KHSS	32.26	Standard	3	7
5	Cheung Ho Ching	TNSS	32.61	Standard	2	1
6	Cheng Yan Lam	BHJS	32.67	Standard	3	8
7	Yiu Wai Yan	HWC	34.26			
8	Mok Hoi Man	HGSS		DN start		
Heat 2					SF	Lane
1	Kong Yee Ching	MCDHMC	31.18	Standard	2	4
2	Wong Ka Yan	LS	32.17	Standard	2	6
3	Leung Nga Lam	TNSS	32.54	Standard	1	1
4	Lau Ka Lee	KHSS	32.92	Standard	2	8
5	Tang Tsz Kwan	BHNC	34.24			
6	Lam Ka Na	HWC	34.57			
7	Kwok Lai Yee	PCCSS	36.47			
Heat 3					Final Lane	
1	Tong Tsz Huen	CCSC	33.24	Standard		
2	Yip Pui Man	WWS	33.62	Standard		
3	Chan Lau Yu	QES	33.75	Standard		
4	Ting Sze Yan	PTSS	33.79	Standard		
5	Chan Hoi Yiu	NP2C	33.80	Standard		
6	Li Yan Yue	BHNC	34.50			
7	Cheung Long Sze	PCCSS	35.64			
Heat 4					SF	Lane
1	Cheng Yi Ting	CCSC	30.30	Standard	3	3
2	Suen Sin Ting	QES	31.67	Standard	3	5
3	Chan Yin Ha	TOSS	32.06	Standard	1	6
4	Chim Wai Lam	WWS	32.67	Standard	3	1
5	Chan Po Po	SKHLKY	34.16			
6	Li Shu Lan	PTSS	34.38			
7	Tong Sze Sze	DMS-HW	35.21			
Heat 5					SF	Lane
1	Ng Ka Man	TOSS	29.84	Standard	2	2
2	Yip Wai Ying	CDGFSS	31.61	Standard	3	4
3	Chan Po Yee	SKHLKY	32.48	Standard	1	7
4	Poon Sze Lok	CCSS	35.08			
5	Tang Tsz Ching	TYH	36.60			
6	Chan Pik Man	PLKNO.1C		DN start		
7	Tse Mei Kam	DMS-HW		DN start		
Heat 6					SF	Lane
1	Lai Hiu Ching	HGC	30.20	Standard	3	2
2	Lo Wai	CREATIVE	30.83	Standard	1	3
3	Lo Ka Wai	CDGFSS	32.46	Standard	2	7
4	Cheung Tsz Yan	PLKLFC	35.98			
5	Ma Tsz Huen	TYH		DN start		
6	Kwok Yuen Ching	PLKNO.1C		DN start		
7	Chan Wai In	KWSC		DN start		
Heat 7					SF	Lane
1	Leung Ka Wing	OLRC	32.20	Standard	3	6
2	Chin Wai Yee	KTGS	35.43			
3	Wong Fai Nga	CREATIVE	35.67			
4	Chak Cheuk Sze	HGC	36.28			
5	Yu Siu Man	KWSC	39.83			
6	Chan Ming Man Michelle	PLKLFC	43.51			
7	Cheung Lok Yung	OLC		DN start		
Heat 8					SF	Lane
1	Fatin Shahika B. R.	OLRC	29.75	Standard	1	2
2	Fung Hoi Yi	LCCS	30.91	Standard	1	4
3	Lam Man Wai	LSTYKH	33.23	Standard	1	8
4	Tam Pui Ka	BHJS	34.41			
5	Fung Ka Yan	LWFSS	36.09			
6	Chan Po Man	KTGS		DN start		
7	Wong To	OLC		DN start		

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Event 37 1500m Boys C

Standard: 5:55.00

Record: 4:31.24 (2008)

Heat 1					Final Lane
1	Lau Wai Hang	KHSS	5:18.51	Standard	2
2	Chu Ho Pan	WWS	5:27.83	Standard	4
3	Tong Tsz Fung	BHJS	5:30.31	Standard	5
4	Cheung Ka Ho	PLKNO.1C	5:32.67	Standard	8
5	Ng Yun Lung	CCPASS	5:34.43	Standard	11
6	Wu Chi Wa	CYT	5:38.01	Standard	12
7	Chau Chi Fung	SKHLKY	5:40.84	Standard	
8	Lee On Yat	PTSS	6: 6.07		
9	Cheung Chun Yiu	SYSS	6:10.65		
10	Yeung Ka Wai	PCCSS	6:12.90		
11	Chan Sai Ho	CCSS	6:21.23		
12	Yeung Man Ki	TYH	6:35.54		
13	Chan Hong Nam	BHNC	6:42.16		
14	Chan Ming Chung	HGC	6:46.14		
15	Kwok Wai Yin	KWSC		DN finish	

Heat 2					Final Lane
1	Tong Cheuk Him	KHSS	5:17.42	Standard	1
2	Yuen Ho Fai	LCCS	5:24.46	Standard	3
3	Wong Chi Cheong	KTKLGSS	5:31.65	Standard	6
4	Tang Ho Lun	PTSS	5:52.38	Standard	
5	Or Cheuk Hin	PCCSS	5:57.69		
6	Lei Hung Kit	TKPK	5:58.70		
7	Poon Lik Shing	SKHLKY	5:58.73		
8	Ma Hiu Tung	LWFSS	6: 2.56		
9	Lau Wang Chi	SYSS	6: 5.87		
10	Tse Wing Ho	CCSS	6:15.08		
11	Ng Ka Wai	QES	6:21.81		
12	Cheng Sing Yuen	HWC	7: 0.16		
13	Wong Chun Yiu	HGC	7: 0.72		
14	Cheung Wing Hin	TYH		DN finish	

Heat 3					Final Lane
1	Chan Kwok Hong	CYT	5:31.93	Standard	7
2	Wong Chung Hang	HWC	5:33.84	Standard	9
3	Wong Sing Yu	LCCS	5:33.88	Standard	10
4	Chan Tsz Ho	TKPK	5:38.24	Standard	
5	Chan Chak Young	BHJS	5:39.36	Standard	
6	Tang Chi Ho	PLKNO.1C	5:44.19	Standard	
7	Chung Wing Sing	PLKLFC	5:45.82	Standard	
8	Sze Yuen Fai	PKSS	5:46.12	Standard	
9	Leung Ming Ho	KTKLGSS	5:57.01		
10	Wong Ka Chun	CCPASS	5:57.87		
11	Yiu Ka Ho	QES	6: 3.66		
12	Au Hoi Cheung	WWS	6: 4.17		
13	Wong Kwok Lai Irvin	BHNC	6: 7.57		
14	Lam Ka Shing	KWSC		DN start	

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Event 38 1500m Boys B
Standard: 5:30.00

Record: 4:19.04 (2003)

Heat 1					Final Lane
1	Tang Ho Man	SKHLKY	5: 5.51	Standard	10
2	Tam Man Fung	BHJS	5: 7.85	Standard	
3	Chan Cheuk Nam	NAMS	5: 9.87	Standard	
4	Ching Kwan Lok	TKPK	5:10.38	Standard	
5	Fu Wing Sing	CCPASS	5:11.06	Standard	
6	Yan Kai Tik	PTSS	5:11.75	Standard	
7	Lee Ka Leong	TYH	5:12.08	Standard	
8	Chu King Long	LWFSS	5:12.89	Standard	
9	Law Wai Ho	SYSS	5:14.76	Standard	
10	Leung Chi Ho	HWC	5:17.78	Standard	
11	Cheung Nok Chi	PLKNO.1C	5:18.29	Standard	
12	Tse Ka Shing	MYC	5:27.11	Standard	
13	Chim Ho Man	CREATIVE	5:30.78		
14	Chau Kwan Hung	PKSS	5:40.80		
15	Wong Yiu Cho	CCSS	6:23.09		
16	Cheng Sheung Hin	KWSC		DN start	

17	Lee Hong Yuen	KHSS		DN start	
18	O Pui Kwan	PCCSS		DN start	
19	Wu Ka Ming	HGSS		DN start	
Heat 2					Final Lane
1	Shau Hung Leung	CCPASS	4:58.15	Standard	1
2	Chou Hoi Lam	NAMS	4:59.34	Standard	3
3	Lam Long Wai	CCSC	5: 2.31	Standard	6
4	Lam Po Sang	KTGS	5: 4.60	Standard	7
5	Siu Man Kit	LCCS	5: 5.12	Standard	9
6	Ng Sing Lung	PTSS	5: 5.92	Standard	11
7	Cuan Chahui	LS	5:10.32	Standard	
8	Mok Kwai Yu	WWS	5:14.47	Standard	
9	Wong Hok Hang	CYT	5:15.23	Standard	
10	Chan Ho Hin	KTKLGSS	5:22.42	Standard	
11	Shum Chi Sang	KHSS	5:24.50	Standard	
12	Kwan Man Chun	PKSS	5:27.24	Standard	
13	Wong Ka Kit	QES	5:31.79		
14	Chim Fung Fei	LWFSS	5:32.82		
15	Lam Chun Kit	HGC	5:44.15		
16	Cheung Kwok Piu	CCSS	6:13.55		
17	Cheng Man Yuen	CYC		DN start	
18	Wong Chun Wai	PLKNO.1C		DN start	
19	Tin Chun Man	PLKLFC		DN start	

Heat 3					Final Lane
1	Lo Man Lap	HWC	4:59.14	Standard	2
2	Chiu Yat Wai	CYT	4:59.71	Standard	4
3	Chow Ho Man	CCSC	5: 1.06	Standard	5
4	Ng Hing Yeung	SYSS	5: 4.99	Standard	8
5	Li Ka Shun	BHJS	5: 6.37	Standard	12
6	Wong Yip Choi	BHNS	5:10.08	Standard	
7	Chan Tsz Chun	SKHLKY	5:13.52	Standard	
8	Li Chung Wang	WWS	5:14.21	Standard	
9	Chung Cheuk Ki	PLKLFC	5:17.21	Standard	
10	Chong Hiu Fung	KTGS	5:29.47	Standard	
11	Lai Chi Hin	TYH	5:32.71		
12	Tang Tsz Man	LCCS	5:34.19		
13	Cheung Hing Wa	QES	5:39.57		
14	Lam Chun Man Austin	KTKLGSS	5:43.21		
15	Ho Po Chuen	TKPK	5:48.95		
16	Qian Yan Jun	HGC	5:56.69		
17	Yu Sin Hang	MYC	6:17.27		
18	Lee Kin Tak	CYC		DN start	
19	Fong Tin Kin	KWSC		DN finish	

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Event 39 1500m Boys A

Standard: 5:18.00

Record: 4:05.76 (2004)

Heat 1					Final Lane
1	Yau Ping Hang	DMS-HW	4:57.58	Standard	5
2	To Hing Chung	HWC	4:59.47	Standard	6
3	Wong Ka Hung	DMS-HW	5: 5.91	Standard	8
4	Tam Ming Hong	NAMS	5: 7.90	Standard	10
5	Chan Tsz Hin	BHJS	5: 8.77	Standard	11
6	Wong Chun Kit	TYH	5:11.79	Standard	
7	Tam Hoi Ho	SYSS	5:12.78	Standard	
8	Chan Chun Ho	KTGS	5:13.16	Standard	
9	Chan Wai Kit	TKPK	5:16.24	Standard	
10	Wong Moon Fu	CCSS	5:24.63		
11	Tam Lok Kei	LCCS	5:30.91		
12	Ho Cheuk Hin	MYC	6: 5.95		
13	Chan San Yuen	CCPASS	6:16.62		
14	Lam Cheuk Ngai	KWSC		DN start	
15	Chan Kam Wing	PCCSS		DN start	
16	Cheng Yuk Tai	HGC		DN start	
17	Fu Chi Cheung	WWS		DN start	
18	Liu Sze Ming	KTKLGSS		DN start	
19	Chong Chun Sang	SKHLKY		DN start	

Heat 2				Final Lane
1	Chan Pui Yuk	TKPK	4:37.96	Standard 1
2	Ha Ming Yin	SYSS	4:41.99	Standard 2
3	Mak Ka Wo	KTGS	4:43.85	Standard 3
4	Lee Chun Keung	MYC	4:54.96	Standard 4
5	Wong Ka Ngo	KTKLGSS	5: 4.02	Standard 7
6	Chong Lai Wing	HWC	5: 7.26	Standard 9
7	Li Man Hin	KWSC	5:11.44	Standard 12
8	Luk Siu Hang	BHJS	5:20.59	
9	Chung Chuen Kwan	WWS	5:28.18	
10	Cheung Kim Shing	LWFSS	5:32.15	
11	Chan Chun Pang	CCPASS	6:14.52	
12	Or Chun Kin	LCCS	6:19.00	
13	Yu Ho Yin	HGSS		DN start
14	Wong Shu Wing	LS		DN start
15	Chan Wai Yat	SKHLKY		DN start
16	Lau Lik Man	PCCSS		DN start
17	Chan Chin Man	HGC		DN start
18	Tsang Tsz Him	TYH		DN start

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Event 40 4x400m Relay Girls C

Standard: 5:40.00 Record: 4:16.63 (2008)

Heat 1				Final Lane
1		TNSS	5:13.72	Standard 3
2		OLC	5:26.31	Standard 6
3		TYH	5:28.85	Standard 8
4		BHJS	5:32.28	Standard
5		LCCS	5:41.84	
6		NAMS		DN start
7		BHNS		DN start

Heat 2				Final Lane
1		KHSS	5:11.50	Standard 2
2		OLRC	5:28.48	Standard 1
3		CREATIVE	5:29.20	Standard
4		WWS	5:32.72	Standard
5		PCCSS		DN start
6		MYC		DN start

Heat 3				Final Lane
1		SKHLKY	5:20.56	Standard 4
2		TOSS	5:23.37	Standard 5
3		PTSS	5:31.24	Standard
4		LSTYKH	5:48.00	
5		PLKNO.1C	6:18.51	
6		CCSS		DN start

Heat 4				Final Lane
1		PLKLFC	5:28.32	Standard 7
2		QES	5:37.63	Standard
3		CDGFSS	5:37.86	Standard
4		KTGS	5:38.84	Standard
5		HGC	5:40.26	
6		HWC		DN start

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Event 41 4x400m Relay Girls B

Standard: 5:30.00 Record: 4:18.98 (2004)

Heat 1				Final Lane
1		OLRC	4:52.39	Standard 2
2		CDGFSS	5: 4.06	Standard 3
3		TNSS	5: 9.37	Standard 5
4		WWS	5:11.39	Standard 7
5		NAMS	5:19.84	Standard 8
6		BHJS	5:22.59	Standard
7		KTGS	5:40.11	
8		LSTYKH	5:44.21	

Heat 2				Final Lane
1		HGC	5: 6.65	Standard 4

2	TOSS	5:22.76	Standard	
3	QES	5:30.73		
4	OLC	5:38.04		
5	CCSS		DN start	
6	BHNK		DN start	
7	MYC		DQ	
Heat 3				Final Lane
1	LCCS	5:10.91	Standard	6
2	PLKLCF	5:11.67	Standard	1
3	HWC	5:31.18		
4	PLKNO.1C	5:41.26		
5	PTSS	5:44.59		
6	TYH	6:18.11		
7	CREATIVE		DN start	

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 Event 42 4x400m Relay Girls A
 Standard: 5:30.00 Record: 4:13.62 (2007)

Heat 1				Final Lane
1	HWC	5: 0.70	Standard	2
2	CDGFSS	5: 2.07	Standard	3
3	DMS-HW	5:12.69	Standard	4
4	MYC	5:16.37	Standard	5
5	TNSS	5:31.08		7
6	WWS	5:45.90		8
7	BHJS		DN start	
8	TYH		DQ	
Heat 2				Final Lane
1	OLC	5:20.50	Standard	6
2	NAMS	5:37.36		1
3	HGC	6: 0.77		
4	PTSS	6: 2.46		
5	LCCS		DN start	
6	LSTYKH		DN start	
7	CCSS		DN start	

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Two: 19 February 2009

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 Event 1 Long Jump Girls C
 Standard: 3.40

Record: 5.33 (2008)

Position	Name	School	Result	Remark	Points
1	Wong To	OLC	4.05	Standard	9
2	Lam Ka Na	HWC	4.00	Standard	7
3	Chan Wing Suen	CDGFSS	3.70	Standard	6
4	Au Tsz Shan	OLRC	3.70	Standard	5
5	Kwok Wai Yan	LCCS	3.67	Standard	4
6	Kwong Yan Ming	TOSS	3.66	Standard	3
7	Wong Cheuk Yin	CREATIVE	3.64	Standard	2
8	Lam Man Wai	LSTYKH	3.60	Standard	1
	Sit Tsz Ning	PLKNO.1C	3.55	Standard	
	Lo Karen	CCSC	3.55	Standard	
	Lee Yuen Ying	TOSS	3.53	Standard	
	Cheung Yuet Yee	LCCS	3.49	Standard	
	Ngan Ki Lam	LSTYKH	3.47	Standard	
	Kwong Lok Yiu	PTSS	3.47	Standard	
	Law Tsz Yan	BHJS	3.45	Standard	
	Au Yeung Yan Wah	BHJS	3.42	Standard	
	Tsang Ka Wing	DMS-HW	3.41	Standard	
	Tai Wai Shan	NAMS	3.39		
	Lam Wai Yee	WWS	3.38		
	Chan Hiu Tung	PTSS	3.37		
	Leung Sin Nga	OLRC	3.37		
	Man Cheuk Sze	SKHLKY	3.35		
	Yiu Kuen	NAMS	3.24		
	Yip Yu Kwan	NP2C	3.20		
	Lee Yeuk Lam	HGC	3.05		
	Chan Tin Wing	TNSS	3.04		
	Fung Ka Yan	LWFSS	3.01		
	Leung Kai Chuen	BHNC	2.94		
	Tang Wing Yan	LWFSS	2.84		
	Yik Pui Sze	TNSS	2.74		
	Tang Yan Wa	PLKNO.1C	2.71		
	Cheung Sin Kei	BHNC	2.66		
	Lau Sze Ki	HGC	2.64		
	Chan Fung Loi	CDGFSS	2.60		
	Wong Lik Ho	WWS	2.54		
	Cheung Ka Yee	KWSC	2.43		
	Lui Ka Ki	KWSC		No Mark	
	Wong Hiu Ming	HWC		DN take part	
	Lai Ching Yin	OLC		DN take part	
	Chan Yuen Him	KTGS		DN take part	
	Leung Man Yin	CCSS		DN take part	
	Yeung Man Yee	CCSS		DN take part	
	Wong Wui Yee	KTGS		DN take part	
	Tang Tsz Ching	TYH		No Mark	
	Chung Kit Man	TYH		No Mark	

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 Event 2 Shot Put Girls B
 Standard: 6.80 (3kg)

Record: 11.68 (2005) (3kg)

Position	Name	School	Result	Remark	Points
1	Cheng Ka Yee	OLC	9.13	Standard	9
2	Ng Suet Ying	OLC	8.95	Standard	7
3	Choi Mei Kuen	NP2C	8.53	Standard	6
4	Yu Kam Lin	HGC	8.48	Standard	5
5	Ho Pui Ling	NAMS	8.30	Standard	4
6	Yuen Ching Wai	QES	8.02	Standard	3

7	Yeung Hoi Yan	HGC	7.99	Standard	2
8	Lau Ching Man	CCSS	7.71	Standard	1
	Cheng Pui See	TNSS	7.48	Standard	
	Cheng Ka Wing	BHJS	7.45	Standard	
	Chan Ching Hang	TOSS	7.40	Standard	
	Chan Pak Kei	NAMS	7.35	Standard	
	Lam Ho Man	CCSC	7.26	Standard	
	Chan Tsz Ching	LSTYKH	7.15	Standard	
	Chen Man Hsuan	TNSS	6.95	Standard	
	Kong Pui Lin	KTGS	6.90	Standard	
	Lam Man Ming	WWS	6.85	Standard	
	Wan Tsz Ning	LCCS	6.80	Standard	
	Lee Ting Yin	LCCS	6.61		
	So Yan Yi	CCSS	6.58		
	Lo Wing Tung	PKSS	6.57		
	Chan Wai Ki	PCCSS	6.39		
	Lau Ho Ying	BHNC	6.36		
	Chiu Kwai Kei	QES	6.24		
	Sang Ka Kei	PLKNO.1C	6.23		
	Lam Mei Mei	KTGS	6.23		
	Pau Wing Tung	WWS	6.15		
	Zhang Caimei	DMS-HW	5.98		
	Lai Cho Yu	PTSS	5.92		
	Cheng Ka Lai	BHNC	5.90		
	Yeung Hung Ting	NP2C	5.89		
	Lee Suet Ying Brenda	PTSS	5.89		
	Lo Lai Fong	HWC	5.84		
	Mo Manni	CDGFSS	5.79		
	Wong Ching Wun	PLKNO.1C	5.75		
	Yu Cheuk Yee	HWC	5.56		
	Cheng Yu Kwan	TYH	4.96		
	Chung Lok Yan	LSTYKH	4.94		
	Cheung Sin Man	TOSS	4.86		
	Au Yeung Wing Yin	HGSS	4.68		
	Tam Tsz Yan	DMS-HW	4.65		
	Lau Hoi Ying	OLRC	4.33		
	Kwok Yuen Tung	OLRC	3.69		
	Tsang Long Yu	CREATIVE		DN take part	
	Hui Shuk Man	TYH		DN take part	
	Luk Fei Man	CDGFSS		DN take part	
	Leong Pui Kuen	KWSC		DN take part	
	Leung Sin Yi	PCCSS		DN take part	
	Hui Ka Yan	HGSS		DN take part	
	Chan Wing Yu	KWSC		DN take part	
	Chiu Pui Kwan	BHJS		DN take part	

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Event 3 Discus Boys B

Standard: 22.00 (1kg)

Record: 47.19

(2006) (1kg)

Position	Name	School	Result	Remark	Points
1	Yip Chiu Tat	NAMS	30.26	Standard	9
2	Cheung Wong Fai	SKHLKY	29.04	Standard	7
3	Chan Chun Hin	WWS	27.11	Standard	6
4	Deng Zhi Cheng	LWFSS	26.08	Standard	5
5	Chan Sze Hang	SKHLKY	25.71	Standard	4
6	Lai Ka Wai	KTGS	25.07	Standard	3
7	Chow Sung Yip	LCCS	24.96	Standard	2
8	Yau Chi Wing	SYSS	23.78	Standard	1
	Lee Kin Hei	HGSS	23.09	Standard	
	Choi Hiu Chun	BHJS	22.91	Standard	
	Lam Chun Man Austin	KTKLGSS	22.78	Standard	
	Cheung Man Yiu	QES	22.28	Standard	
	To Hing Lui	HWC	22.04	Standard	
	Leung Wai Ho	LCCS	21.88		
	To Hon Man	BHNC	21.04		
	Tsang Kok Ching	TKPK	19.94		
	Chan Yee Leung	TYH	19.70		

Hung Yat Chun	CCSS	19.26	
Lam Chak Kai	KTKLGSS	19.00	
Kwan Tim Cheung	CCPASS	18.95	
Lui King Shing	PLKNO.1C	18.44	
Chow Yee	KTGS	18.37	
Yip Wui San	TKPK	18.35	
Yam Chun Kit	HGC	18.34	
Law Tin Hen	CREATIVE	17.54	
Fung Kenneth	BHJS	17.00	
Chan Man Kuen	PTSS	16.43	
Lo Ka Ho	CCPASS	14.47	
Ling Tsz Hang	CYT	14.37	
Leung Yiu Sing	CCSS	14.08	
Chan Chun Hin	CYT	12.26	
Ng Ki Wang	CREATIVE	10.95	
Chung Chi Ho Kevin	TYH		DN take part
Chan Chi Ho	HGC		DN take part
Lee Wai Yin	LSTYKH		DN take part
Wong Kin Pok	HGSS		DN take part
Fung Rigel Derrick Adamos	KWSC		DN take part
Tai Chung Yin	PTSS		DN take part
Suen Ka Chun	KWSC		DN take part
Lee Tsz Hong	WWS		No Mark
Ip Ka Long	HWC		DN take part
Ng Hon Lam	PLKNO.1C		DN take part
Chan Ka Kit	SYSS		DN take part

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Event 4 Triple Jump Boys A

Standard: 10.80

Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Chung Cheuk Wang	BHJS	12.68	Standard	9
2	To Yik Ming	KTGS	12.51	Standard	7
3	Cheng Piu	NAMS	12.18	Standard	6
4	Tam Ka Chun	MCDHMC	11.96	Standard	5
5	Tai Yuk Kwan	WWS	11.40	Standard	4
6	Fung Kai Shun	TYH	11.40	Standard	3
7	Lau Fung	KTKLGSS	11.34	Standard	2
8	Ip Chi Ming	TKPK	11.01	Standard	1
	Kwan Lap Lun	KTKLGSS	10.70		
	Chuang Lung Wa	TYH	10.50		
	Wong Cheuk Ho	HGC	10.43		
	Ng Ka Yu	HGC	10.27		
	Kwok Chi Fu	SYSS	10.00		
	Lee Cheuk Kwan	WWS	9.82		
	Wong Kit Lun	DMS-HW	9.67		
	Ngai Chung Hang	HWC	9.67		
	Lee Hiu Fai	SYSS	9.60		
	Wong Wing Shing	SKHLKY		DN take part	
	Lam Kam To	PTSS		DN take part	
	Lee Chun Wai	CCPASS		No Mark	
	Lai Chi Wai	DMS-HW		DN take part	
	Tai Man Kit	SKHLKY		DN take part	

=====
Event 5 High Jump Girls B

Standard: 1.20

Record: 1.66 (2004)

Position	Name	School	Result	Remark	Points
1	Li Man Yee	PKSS	1.41	Standard	9
2	Yeung Tsz Ling	PKSS	1.38	Standard	7
3	Wong Man Yin	TOSS	1.35	Standard	6
4	Wong Pui Ki Peggy	CCSC	1.32	Standard	5
5	Yeung Hoi Ting	OLRC	1.29	Standard	4
6	Wong Chi Ying	OLC	1.26	Standard	3
7	Lai Kuan I	HWC	1.26	Standard	2
7	Kong Lai Wan	WWS	1.26	Standard	2
	Lai Pui Ki	PLKNO.1C	1.25	Standard	

Ng Siu Mui	DMS-HW	1.23	Standard
Ng Hoi Kwan	OLC	1.23	Standard
Tsang Wing Lam	OLRC	1.23	Standard
Yuen Ching Wai	QES	1.23	Standard
Wan Ka Wing	TNSS	1.23	Standard
Tsao Sin Yee	PLKLFC	1.20	Standard
Chow Cheuk Lam	PLKNO.1C	1.20	Standard
Cheung Chui Yan	LCCS	1.17	
Lau Cheung Yee	WWS	1.17	
Suen Yan Ting	BHJS	1.17	
Cheng Siu Yu	HWC	1.17	
Ho Ting Yan	CREATIVE		No Mark
Ma Cho Yi	TOSS		No Mark
Cheung Mei Yi	CCSC		DN take part
Wu Kwan	LSTYKH		DN take part
Leung Shuk Yee	LSTYKH		No Mark
Wong Sin Lin	CDGFSS		No Mark
Wong Kwan Yi	CDGFSS		DN take part
Ng Ting Ting	PTSS		DN take part
Leung Lok Yi	PTSS		DN take part
Wong Chung Yan	BHJS		No Mark
Wong Siu Sze	HGC		No Mark
Li Wing Yee	KWSC		DN take part
Liu Laura	KWSC		DN take part
Chan Nga Lee	CCSS		No Mark
Lam Mana	NP2C		No Mark
Mok Hiu Laam	TNSS		No Mark
Tam Shuk Yi	HGC		No Mark

=====
Event 6 100m Hurdles Girls C
Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

=====
Event 7 100m Hurdles Girls B
Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

=====
Event 8 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

=====
Event 9 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Semi-Final 1				Final Lane
1	Leung Hoi Fu	HWC	17.23	3
2	Leung Hoi Man Victor	WWS	18.67	5
3	Cheung Tsz Choi	KHSS	20.65	8
4	Chan Ngai Wang	BHJS	20.83	
5	Wong Hon Man	BHJS		
6	Hui Tsz Him	HWC		
7	Cheung Hiu Chung	TYH		
8	Chung Wai Lok	TKPK		

Semi-Final 2				Final Lane
1	Chan Lok Hin	CYT	16.20	2
2	Yuen Ho Fai	LCCS	18.15	4
3	Lau Chi Chung	KTKLGSS	18.97	6
4	Chiu Pit Chun	WWS	19.18	7
5	Lam Ting Pong	HGC	19.42	1
6	Ma Cheuk Yin	TKPK	21.40	
7	Lee On Yat	PTSS	21.99	
8	Fung Cheuk Yin	CCSC	23.79	

=====
Event 10 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Semi-Final 1				Final Lane
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1	Au Chun	TYH	15.40	2
2	Yeung Ho Yin	TYH	16.40	5
3	Wong Ho Yuen	WWS	17.13	6
4	Leung Chun Wai	PTSS	17.92	1
5	Kwok Tak Lun	BHJS	18.55	
6	Yu Kin Ching	HWC	18.93	
7	Tsoi Chun Ho	BHNC	19.13	
8	Kwan Kin Sing	SYSS	20.66	
Semi-Final 2				Final Lane
1	Mak Shing Hei	CYT	16.00	3
2	Ip Ka Long	HWC	16.05	4
3	Lau Chun Wai	HGC	17.53	7
4	Ngo Yuen Yeung	KHSS	18.04	8
5	Hau Wing Lun	LCCS	18.37	
6	Yeung King Lam	WWS	19.04	
7	Chow Cheuk Him	BHJS	19.45	
8	Fung Chun Kit	KWSC		

=====
Event 11 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

=====
Event 12 1500m Boys C
Standard: 5:55.00 Record: 4:31.24 (2008)

Final				Points
1	Tong Cheuk Him	KHSS	5: 8.10	9
2	Yuen Ho Fai	LCCS	5:13.11	7
3	Lau Wai Hang	KHSS	5:14.29	6
4	Tong Tsz Fung	BHJS	5:16.98	5
5	Chan Kwok Hong	CYT	5:18.30	4
6	Chu Ho Pan	WWS	5:19.03	3
7	Cheung Ka Ho	PLKNO.1C	5:19.08	2
8	Ng Yun Lung	CCPASS	5:21.88	1
9	Wong Sing Yu	LCCS	5:28.34	
10	Wong Chung Hang	HWC	5:29.52	
11	Wu Chi Wa	CYT	5:29.96	
12	Wong Chi Cheong	KTKLGSS	5:52.69	

=====
Event 13 1500m Boys B
Standard: 5:30.00 Record: 4:19.04 (2003)

Final				Points
1	Shau Hung Leung	CCPASS	4:50.60	9
2	Lo Man Lap	HWC	4:51.23	7
3	Tang Ho Man	SKHLKY	4:52.56	6
4	Chow Ho Man	CCSC	4:53.22	5
5	Chiu Yat Wai	CYT	4:54.81	4
6	Lam Long Wai	CCSC	4:55.04	3
7	Siu Man Kit	LCCS	4:55.09	2
8	Chou Hoi Lam	NAMS	4:57.23	1
9	Ng Sing Lung	PTSS	5: 8.10	
10	Lam Po Sang	KTGS	5:11.47	
11	Ng Hing Yeung	SYSS	5:14.22	
12	Li Ka Shun	BHJS		

=====
Event 14 1500m Boys A
Standard: 5:18.00 Record: 4:05.76 (2004)

Final				Points
1	Ha Ming Yin	SYSS	4:33.99	9
2	Chan Pui Yuk	TKPK	4:35.72	7
3	Mak Ka Wo	KTGS	4:35.81	6
4	Yau Ping Hang	DMS-HW	4:48.86	5
5	Chong Lai Wing	HWC	4:55.99	4
6	Lee Chun Keung	MYC	5: 0.50	3
7	Tam Ming Hong	NAMS	5: 2.08	2

8	To Hing Chung	HWC	5: 9.15	1
9	Chan Tsz Hin	BHJS	5:12.31	
10	Wong Ka Hung	DMS-HW	5:24.18	
11	Wong Ka Ngo	KTKLGSS		
12	Li Man Hin	KWSC		

=====
Event 15 100m Girls C

Standard: 16.00 Record: 12.55 (2004)

Semi-Final 1				Final Lane
1	Ng Ka Man	TOSS	14.48	3
2	Fung Hoi Yi	LCCS	14.48	4
3	Suen Sin Ting	QES	15.08	
4	Lo Ka Wai	CDGFSS	15.25	
5	Lam Wing Yee	LSTYKH	15.38	
6	Chan Po Yee	SKHLKY	15.73	
7	Li Yan Yue	BHNC	15.83	
8	Tai Wai Shan	NAMS		

Semi-Final 2				Final Lane
1	Fatin Shahika B. R.	OLRC	14.23	2
2	Cheung Hoi Ying	LCCS	14.59	5
3	Kong Yee Ching	MCDHMC	14.91	8
4	Leung Nga Lam	TNSS	14.95	
5	Yip Wai Ying	CDGFSS	15.02	
6	Hon Pui Yee	PKSS	15.18	
7	Tong Tsz Huen	CCSC	15.72	
8	Kwong Lok Yiu	PTSS	16.05	

Semi-Final 3				Final Lane
1	Li Ka Sin	LS	14.70	6
2	Lai Hiu Ching	HGC	14.72	7
3	Tsang Tammi	PLKLFC	14.84	1
4	Chu Ling Fung	BHJS	15.13	
5	Kong Chak Ming	SKHLKY	15.36	
6	Lee Tsz Ching	OLC	15.68	
7	Cheng Yan Lam	BHJS	15.78	
8	Chim Wai Lam	WWS	16.12	

=====
Event 16 100m Girls B

Standard: 15.50 Record: 12.21 (2005)

Semi-Final 1				Final Lane
1	Lau Fan Hei	CDGFSS	13.27	2
2	Wong So Ting Christine	TOSS	14.00	6
3	Lee Kin Hung	HGC	14.11	7
4	Lai Kuan I	HWC	14.56	
5	Yeung Sin Ting	PKSS	15.07	
6	Mok Wing Nga	OLC	15.13	
7	Cheng Ya Yi Amie	PTSS	15.36	
8	Lau Mei Yee	WWS		

Semi-Final 2				Final Lane
1	Chan Hoi Hiu	TOSS	13.90	3
2	Tsang Siu Fung	NP2C	13.96	4
3	Chiu Ka Man	SKHLKY	14.57	
4	Cho Lap Yin	TNSS	14.72	
5	Yeung Hoi Ting	BHJS	15.01	
6	Shum Wing Yee	QES	15.20	
7	Ng Wai Yee	CDGFSS		
8	Yau Hiu Yan	WWS		

Semi-Final 3				Final Lane
1	Ho Ka Wai	OLRC	13.97	5
2	Cheng Sau Kan	LSTYKH	14.11	1
3	Tsang Tsz Yan	BHNC	14.19	8
4	So Long Hang	TNSS	14.45	
5	Yam Hei Tung	OLRC	14.79	
6	Li Yuen Tung	PLKLFC	15.13	
7	Chan Hiu Lam	PLKNO.1C	15.29	
8	Pang Pui Kwan	KTGS		

=====
 Event 17 100m Girls A

Standard: 15.30 Record: 12.11 (1995)

=====
 Event 18 100m Boys C

Standard: 14.00 Record: 11.35 (2008)

Semi-Final 1

Final Lane

1	Tong Zhi Cai	QES	12.33	2
2	Leung Hoi Man Victor	WWS	12.82	6
3	Cheung Kai Wang	DMS-HW	12.89	8
4	Chang Kin Kwan	TKPK	12.95	
5	Chan Wai Shing	SYSS	13.14	
6	Leung Cheuk Hang	BHJS	13.24	
7	Chan Hoi Chun	HWC	13.53	
8	Lo Ka Lok	KHSS	13.75	

Semi-Final 2

Final Lane

1	Yuen Tsz Tai	BHJS	12.33	3
2	Wong Wai Nok	CCSC	12.84	7
3	Ho Chun Hin	KHSS	13.00	
4	Lee Chin Ting	CYT	13.11	
5	Chui Ka Kin	CCSS	13.50	
6	Mak Wing Wing	PTSS	13.65	
7	Chan Jonathan	HGSS	13.77	
8	Ngai Wing Sing	TKPK		

Semi-Final 3

Final Lane

1	Wong Felix Wing Hay	CREATIVE	12.75	4
2	Chan Man Chun	PCCSS	12.75	5
3	Wong Tsz Hin	KTGS	12.84	1
4	Yau Ka Ho	PTSS	13.10	
5	Choi Ming Hon	HGC	13.40	
6	Au Yeung Wing Ho	BHNC	13.41	
7	Lam Chun Chung	SKHLKY	14.06	
8	Wu Chin Chung	MCDHMC	14.11	

=====
 Event 19 100m Boys B

Standard: 13.00 Record: 11.03 (2008)

Semi-Final 1

Final Lane

1	Fong Lok Hang	CCSC	12.13	4
2	Pang Tsz Fung	BHJS	12.29	6
3	Choi Ho Hin	PLKLFC	12.33	7
4	Chan Tsz Hin	KHSS	12.47	
5	Chan Chun Wai	PKSS	12.56	
6	Wong Tsz Him	CCSS	12.62	
7	Chu Wing Hung	TKPK	12.74	
8	Au Chun Kit	PTSS	13.00	

Semi-Final 2

Final Lane

1	Wan Chi Ki	MCDHMC	12.13	5
2	Li Ka Ho	KTKLGSS	12.37	1
3	Chan Man Wa	KHSS	12.55	
4	Tsang Wing Hong	BHNC	12.66	
5	Yiu Chak Hung	HWC	12.69	
6	Chau Wing Cheong	WWS	12.89	
7	Damai Binod	DMS-HW	12.92	
8	Shek Wai Kuen	DMS-HW	13.04	

Semi-Final 3

Final Lane

1	Mak Shing Hei	CYT	11.90	2
2	Choi Pui Fung	SYSS	12.07	3
3	Cheng Kin	PTSS	12.42	8
4	Lun Wai	CCSS	12.54	
5	Yeung Ngan Yuen	BHJS	12.71	
6	Lee Man Lung	SKHLKY	12.76	
7	Tang Chi Fung	CCSC	12.92	
8	Wong Sang Shun	KWSC	13.38	

=====

Event 20 100m Boys A

Standard: 12.60

Record: 10.40 (2008)

Semi-Final 1

Final Lane

1	Cheung Kin Ho	HGSS	11.95
2	Hui Shu Fong	DMS-HW	12.21
3	Chan Ka Leung	TKPK	12.22
4	Lam Chi Fung	BHNC	12.28
5	Hui Tak Lik	MCDHMC	12.66
6	Tam Chi Kit	LWFSS	12.75
7	Chow Tsz Ho	YCM	12.79
8	Lui Ching Yu	KTKLGSS	12.85

Semi-Final 2

Final Lane

1	Tang Kwok Chi	DMS-HW	11.97
2	Wong Hoi Hong	HGC	12.42
3	Wong Kok Sum	CCSS	12.42
4	So Ching On	KHSS	12.43
5	Yeung Wai	KTGS	12.68
6	Cheng Shing Fu	KHSS	12.69
7	Man Wing Sum	PCCSS	12.84
8	Ip Chun Kit Erico	YCM	

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Event 21 Long Jump Boys B

Standard: 4.80

Record: 6.59 (2008)

Position	Name	School	Result	Remark	Points
1	Fong Lok Hang	CCSC	5.94	Standard	9
2	Fung Yik Hong	QES	5.60	Standard	7
3	Fung Yin Cheung	CYT	5.47	Standard	6
4	Li Tsz Wing	PLKNO.1C	5.33	Standard	5
5	Ho Kai Bong	BHJS	5.32	Standard	4
6	Leung King On	LSTYKH	5.29	Standard	3
7	Hui Ming Wai	CYT	5.12	Standard	2
8	Liu Yat Chi	HWC	5.12	Standard	1
	Cheung Ho Yin	PLKNO.1C	5.11	Standard	
	Wong Tsz Him	CCSS	5.09	Standard	
	Chan Kin Wai	QES	5.08	Standard	
	Ku Ho Ting	SYSS	5.07	Standard	
	Chan Chi Chiu	HWC	5.04	Standard	
	Lun Wai	CCSS	5.03	Standard	
	Tsang Wing Hong	BHNC	5.03	Standard	
	Wong Chin Ying	LS	5.00	Standard	
	Hui Chung Kin Derek	BHJS	4.97	Standard	
	Zou Yueqiang	PTSS	4.96	Standard	
	Wong Chin Hang	SYSS	4.96	Standard	
	Ng Kin Shing	LWFSS	4.94	Standard	
	Kong Man Hin	SKHLKY	4.91	Standard	
	Pak Chi Ho	NAMS	4.90	Standard	
	Fung Ko Ho	PKSS	4.88	Standard	
	Hung Chun Kit Henson	LS	4.85	Standard	
	Chu Wai Hin	MYC	4.84	Standard	
	Yeung Ka Shing	SKHLKY	4.82	Standard	
	Ng Kam Wing	WWS	4.81	Standard	
	Wan Ho Chung Jeffrey	CCSC	4.74		
	Lee Ka Shing	TKPK	4.72		
	Yeung Chun Ho	LCCS	4.71		
	Mak Ting Fung	PLKLFC	4.71		
	Chong Wai Kit	KTKLGSS	4.70		
	Lau Chun Hei	LCCS	4.59		
	Wu Ka Ming	HGSS	4.45		
	Chu Wai Ho	KTKLGSS	4.44		
	Ng Chi Ki	TYH	4.42		
	Yeung Ka Lok	HGC	4.38		
	Yeung Ho Yin	TYH	4.35		
	Chan Siu Hong	TKPK	4.27		
	Shek Kai Fung	CREATIVE	4.21		
	Zhong Hiaxuan	DMS-HW	4.12		

Chan Lit Ho	BHNK	4.05	
Wong Chun Wing	KTGS	4.03	
Tse Siu Hang	HGC	3.97	
Man Yin Yuk	NAMS	3.20	
Kao Ping Fung	DMS-HW	2.66	
Liu Julio	KTGS		DN take part
Mok Chun Kit	CYC		DN take part
Wong Chun Yin	CYC		DN take part
Cheung Lap Kan	LSTYKH		DN take part
Law Tin Hen	CREATIVE		No Mark
So Ching Ho	KWSC		DN take part
Kam Chun Yin	PTSS		DN take part
Suen Ka Chun	KWSC		DN take part
Ho Yiu Kin	CCPASS		No Mark
Lin Pak Lim	PCCSS		DN take part
Au Ka Kin	PCCSS		DN take part
Mok Tsz Chung	WWS		DN take part

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Event 22 400m Girls C

Standard: 1:23.00 Record: 58.78 (2000)

Semi-Final 1

Final Lane

1	Lai Tsz Yan	TNSS	1:11.53	2
2	Kong Chak Ming	SKHLKY	1:13.35	5
3	Lam Suet Ying	TOSS	1:15.46	8
4	Ma Tsz Huen	TYH	1:16.71	
5	Law Wing Chi	CDGFSS	1:17.54	
6	Au Tsz Shan	OLRC	1:17.81	
7	Luk Ka Ying	PTSS	1:18.78	
8	Lam Wai Yee	WWS		

Semi-Final 2

Final Lane

1	Cheng Yi Ting	CCSC	1:12.27	3
2	So Yuen Ting	BHJS	1:15.67	
3	Cheung Lok Yung	OLC	1:16.30	
4	Fu Emily	KHSS	1:16.40	
5	Chan Lau Yu	QES	1:17.30	
6	Wan Hei Tung	LCCS	1:17.70	
7	Leung Sin Nga	OLRC	1:18.22	
8	Tsang Wai Ping	PKSS	1:18.81	

Semi-Final 3

Final Lane

1	Tsang Tammi	PLKLFC	1:12.85	4
2	Au Yee Hung	TNSS	1:13.42	6
3	Lau Ka Lee	KHSS	1:14.96	7
4	Chan Wing Ki	LSTYKH	1:15.30	1
5	Chan Yin Ha	TOSS	1:15.61	
6	Chan Pui Lam	TYH	1:17.93	
7	Ngan Wing Sze	HWC	1:17.97	
8	Lam Yee Sum	OLC		

=====
Event 23 400m Girls B

Standard: 1:20.00 Record: 57.29 (2002)

Semi-Final 1

Final Lane

1	Ho Ka Wai	OLRC	1: 7.66	2
2	Chung Hiu Ki	TNSS	1:14.31	6
3	Tsang Wing Yan	NAMS	1:15.17	1
4	Tsao Sin Yee	PLKLFC	1:16.81	
5	Leung Ka Wing	QES	1:16.83	
6	Lam Ka Yan	CCSC	1:18.21	
7	Chan Shek Ling	CCSC	1:22.35	
8	Tsang Wing Hei	HWC		

Semi-Final 2

Final Lane

1	Cheung Mei Chi	OLRC	1:11.51	3
2	Leung Hiu Tung	HGC	1:13.37	5
3	Lau Cheung Yee	WWS	1:17.17	
4	Siu Shuk Fong	CDGFSS	1:18.17	
5	Wong Wing Lam	LWFSS	1:21.15	

6	Lam Lok Yan	MYC	1:21.57
7	Chow Cheuk Lam	PLKNO.1C	1:22.73
8	Yim Shuk Ching	PLKLFC	

Semi-Final 3

Final Lane

1	Tang Pui Yue	LCCS	1:11.59	4
2	Lee Pik Sim	WWS	1:14.84	7
3	Wong Hing Yee	LCCS	1:16.75	8
4	Ng Chor Yiu	CDGFSS	1:17.30	
5	Tin Shu Yong	OLC	1:17.59	
6	Wong Tsz Ching	BHJS	1:20.09	
7	Wong Ka Yee	TOSS	1:20.13	
8	Lee Tsz Ching	TNSS		

Event 24 400m Girls A

Standard: 1:20.00 Record: 58.29 (1999)

Event 25 400m Boys C

Standard: 1:10.00 Record: 51.23 (2008)

Semi-Final 1

Final Lane

1	Wong Kin Shing	CYT	1: 0.77	2
2	Law Ka Ngai	SYSS	1: 3.28	5
3	Tsang Wai Lun	KHSS	1: 4.14	1
4	Leung King Hang	CYT	1: 4.91	8
5	Chung Wing Sing	PLKLFC	1: 5.14	
6	Au Chi Yu	PLKLFC	1: 5.32	
7	Chan Tsz Ho	TKPK	1: 5.39	
8	Lee Chi Hang	BHJS		

Semi-Final 2

Final Lane

1	Cheng Lo Wai	WWS	1: 2.85	3
2	Wong Wing Yiu	PLKNO.1C	1: 2.96	4
3	Ching Tsz Hei	CCSC	1: 3.54	6
4	Lau Chun He	KHSS	1: 4.03	7
5	Au Man Cheuk	HWC	1: 5.00	
6	Wong Kin Wai	SYSS	1: 6.18	
7	Chan Yu Cheong	SKHLKY	1: 8.53	
8	Yi Chun Wa	PCCSS	1: 8.72	

Event 26 400m Boys B

Standard: 1:03.00 Record: 51.63 (2008)

Semi-Final 1

Final Lane

1	Kwong Ming Kin	CCSC	57.04	3
2	Chan Lam Wah	BHNC	58.64	8
3	Chan Chun Wai	PKSS	58.75	
4	Chan Tsz Chun	SKHLKY	59.85	
5	Law Cho Kam	SYSS	1: 0.25	
6	Leung Chi Hang	BHNC	1: 0.81	
7	Lam Yuk Kwan	CYT	1: 1.08	
8	Woo Chun Yin	SKHLKY	1: 2.09	

Semi-Final 2

Final Lane

1	Wong Chun	HWC	56.98	2
2	Tsang Tsz Ki	LS	57.37	4
3	Hui Ming Wai	CYT	59.95	
4	Li Man	NAMS	1: 0.20	
5	Lee Cheuk Yin	CCPASS	1: 0.47	
6	Ng Sai Wing	PLKNO.1C	1: 1.38	
7	Chong Hiu Fung	KTGS	1: 2.81	
8	O Pui Kwan	PCCSS		

Semi-Final 3

Final Lane

1	Tam Man Fung	BHJS	57.40	5
2	Ngo Yuen Yeung	KHSS	57.92	6
3	Yung Ka Yu	LWFSS	57.94	7
4	Ng Wing Tong	KTKLGSS	58.45	1
5	Ng Cheuk Hin	BHJS	59.81	
6	Lau Chun Hei	LCCS	1: 0.23	

7 Law Ting Tak WWS 1: 0.74
 8 Lam Tak Yee LCCS 1: 2.88

=====
 Event 27 400m Boys A

Standard: 1:01.00 Record: 49.10 (1964)

 Semi-Final 1

Final Lane

1	Kwan Ping Cheong	KWSC	54.03	2
2	Yeung Chi Man	YCM	58.43	6
3	Luo Yuxiang	DMS-HW	58.63	7
4	Wong Wai Fung	NAMS	1: 0.03	
5	Lam Tsz Yeung	KTGS	1: 0.25	
6	Cheung Tak Kai	CCSS	1: 1.56	
7	Tong Yik Tai	KTKLGSS	1: 2.28	
8	Ho Fu Hong	KTGS		

Semi-Final 2

Final Lane

1	Tsang Cheuk Wing	HGC	56.39	3
2	Tam Ka Chun	MCDHMC	57.39	4
3	Leung Chun Ting	MYC	58.42	5
4	Kwan Chun Kit	CCSC	58.82	1
5	Ho Wing Nam	MYC	58.89	8
6	Heung Ho Yin	HWC	1: 1.05	
7	Cheung Chi Ngo	CCSC	1: 8.49	
8	Wong Kwok Lee	SYSS		

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 Event 28 Discus Girls A

Standard: 15.00 (1kg) Record: 36.15 (2005) (1kg)

Position	Name	School	Result	Remark	Points
1	Siu Wing Yan	TNSS	21.90	Standard	9
2	Lee Siu Yin	HGC	21.65	Standard	7
3	Fung Hiu Tung	BHJS	21.63	Standard	6
4	Lau Shan Shan	CDGFSS	19.71	Standard	5
5	Tang Siu Man	OLC	19.69	Standard	4
6	Li Wan	NAMS	18.71	Standard	3
7	Tai Yee Wa	OLC	17.74	Standard	2
8	Chan Lai Kuen	LSTYKH	17.08	Standard	1
	Leung Man Yuk	QES	16.94	Standard	
	Siu Ying	PTSS	14.61		
	Tam Yun Wa	KWSC	14.57		
	Lui Pui Chi	YCM	13.83		
	Chung Nga Sze	LWFSS	13.45		
	Choi Sze Wing	DMS-HW	12.77		
	Chan Suet Mei	LSTYKH	12.23		
	Cheng Mei Wan	DMS-HW	11.13		
	Lui Nga Ling	KWSC	10.76		
	Lam Yiu Yvonne	WWS		DN take part	
	Mok Yuk Yu	HGC		No Mark	
	Fong Ka Yi	KTGS		DN take part	
	Tin Lee Lai	PTSS		DN take part	
	Lo Tsz Yu	PCCSS		DN take part	
	So Tim Yi	HWC		DN take part	
	Yeung Yuen Mui	HWC		DN take part	
	Wong Tak Man	WWS		DN take part	
	Kwok Pui Man	PCCSS		DN take part	
	Hui Sin Ni	CDGFSS		DN take part	
	Ho Tsz Wai	YCM		DN take part	
	Chan Wing Lam	PLKLFC		DN take part	

Event 29 200m Girls C

Standard: 34.00 Record: 26.07 (2004)

 Semi-Final 1

Final Lane

1	Fatin Shahika B. R.	OLRC	29.51	2
2	Fung Hoi Yi	LCCS	30.09	4
3	Lo Wai	CREATIVE	30.37	7
4	Lam Wing Yee	LSTYKH	31.78	

5	Leung Nga Lam	TNSS	32.01	
6	Chan Po Yee	SKHLKY	33.20	
7	Chan Yin Ha	TOSS		
8	Lam Man Wai	LSTYKH		
Semi-Final 2				Final Lane
1	Ng Ka Man	TOSS	29.86	3
2	Li Ka Sin	LS	30.68	1
3	Kong Yee Ching	MCDHMC	31.11	8
4	Lo Ka Wai	CDGFSS	31.63	
5	Cheung Hoi Ying	LCCS	32.12	
6	Cheung Ho Ching	TNSS	32.21	
7	Lau Ka Lee	KHSS		
8	Wong Ka Yan	LS		
Semi-Final 3				Final Lane
1	Lai Hiu Ching	HGC	30.21	5
2	Cheng Yi Ting	CCSC	30.33	6
3	Yip Wai Ying	CDGFSS	31.23	
4	Suen Sin Ting	QES	31.63	
5	Leung Ka Wing	OLRC	31.65	
6	Cheng Yan Lam	BHJS	33.19	
7	Fok Yuen Yan	KHSS		
8	Chim Wai Lam	WWS		

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Event 30 200m Girls B

Standard: 33.00

Record: 25.22 (2002)

Semi-Final 1				Final Lane
1	Tsang Siu Fung	NP2C	29.01	3
2	Chiu Ka Man	SKHLKY	29.87	6
3	Wong So Ting Christine	TOSS	30.00	7
4	Li Yuen Tung	PLKLFC	31.82	
5	Leung Wing Kam	OLC	32.23	
6	Lau Cheuk Yin	PLKLFC	32.56	
7	Chan Wing Tung	CREATIVE	33.62	
8	Man Chui Yan	HWC		
Semi-Final 2				Final Lane
1	Tsang Tsz Yan	BHNC	29.40	4
2	Lee Kin Hung	HGC	29.79	5
3	Chow Mei Hang	OLRC	31.02	
4	Yip Ching Wan	QES	31.85	
5	Tsang Wing Hei	HWC	32.09	
6	Hui Yuen Wai	CCSC	33.86	
7	Ng Wai Yee	CDGFSS		
8	Yau Hiu Yan	WWS		
Semi-Final 3				Final Lane
1	Lau Fan Hei	CDGFSS	28.44	2
2	Chan Hoi Hiu	TOSS	30.36	1
3	So Long Hang	TNSS	30.37	8
4	Yeung Sin Ting	PKSS	30.89	
5	Hung Shan Ni	LCCS	32.22	
6	Chan Hoi Yik	CCSS	33.10	
7	Yip Tin Wai	LS		
8	Pang Pui Kwan	KTGS		

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Event 31 200m Girls A

Standard: 33.00

Record: 24.93 (2007)

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Event 32 200m Boys C

Standard: 29.50

Record: 22.59 (2008)

Semi-Final 1				Final Lane
1	Yuen Tsz Tai	BHJS	25.59	3
2	Cheung Kai Wang	DMS-HW	26.55	4
3	Wu Chin Chung	MCDHMC	26.98	1
4	Tse Tin Chi	SKHLKY	27.26	8
5	Leung Cheuk Hang	BHJS	27.69	

6	Hui Tsz Him	HWC	27.69	
7	Wong Tsz Hin	KTGS	28.35	
8	Cheung Tak Yan	CCSS	28.36	
Semi-Final 2				Final Lane
1	Tong Zhi Cai	QES	25.28	2
2	Wong Wai Nok	CCSC	26.80	6
3	Yau Ka Ho	PTSS	26.92	7
4	Chang Kin Kwan	TKPK	27.33	
5	Law Ka Ngai	SYSS	27.54	
6	Chan Hoi Chun	HWC	27.96	
7	Ng Kwan Po	HGC	28.67	
8	Mak Wing Wing	PTSS	28.70	
Semi-Final 3				Final Lane
1	Wong Felix Wing Hay	CREATIVE	26.58	5
2	Chan Wai Shing	SYSS	27.53	
3	Wong Wing Yiu	PLKNO.1C	27.81	
4	Choi Ming Hon	HGC	28.08	
5	Chan Chi Him	CCPASS	28.09	
6	Lam Chun Chung	SKHLKY	28.42	
7	Ng Tsz Lung David	CCSC	28.44	
8	Chan Man Chun	PCCSS		

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Event 33 200m Boys B

Standard: 27.00

Record: 22.55 (2005)

Semi-Final 1				Final Lane
1	Lau Chun Wai	HGC	24.39	4
2	Chan Chi Chiu	HWC	24.92	6
3	Chan Tsz Hin	KHSS	25.57	1
4	Yiu Chak Hung	HWC	25.96	
5	Lee Cheuk Yin	CCPASS	26.08	
6	Chau Wing Cheong	WWS	26.56	
7	Chu Wai Ho	KTKLGSS	26.61	
8	Cheong Kwan Ho	MCDHMC		
Semi-Final 2				Final Lane
1	Wan Chi Ki	MCDHMC	24.34	2
2	Choi Pui Fung	SYSS	24.48	5
3	Pang Tsz Fung	BHJS	25.67	8
4	Yeung Ngan Yuen	BHJS	26.12	
5	Lau Chin Yan	CYT	26.51	
6	Li Ka Ho	KTKLGSS	26.54	
7	Ho Ching Sum	PLKLFC	26.59	
8	Lam Tak Yee	LCCS	27.41	
Semi-Final 3				Final Lane
1	Kwong Ming Kin	CCSC	24.36	3
2	Hassan Abdul Rahman	CYT	25.27	7
3	Chan Man Wa	KHSS	25.77	
4	Au Chun Kit	PTSS	25.91	
5	Lee Man Lung	SKHLKY	26.24	
6	Tang Chi Fung	CCSC	26.84	
7	Mui Pei Tak	PCCSS	26.86	
8	Leung King On	LSTYKH		

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Event 34 200m Boys A

Standard: 26.50

Record: 21.53 (2007)

Semi-Final 1				Final Lane
1	Tang Kwok Chi	DMS-HW	24.68	2
2	Hui Shu Fong	DMS-HW	25.16	4
3	So Ching On	KHSS	25.54	7
4	Lee Hiu Fai	SYSS	25.58	1
5	Wong Kok Sum	CCSS	26.06	
6	Tam Chi Kit	LWFSS	26.42	
7	Cheung Krittin	BHJS	27.17	
8	Wong Kai Chun	HWC		
Semi-Final 2				Final Lane
1	Wong Ting Tat	YCM	25.09	3

2	Chan Ka Leung	TKPK	25.27	6
3	Tsang Cheuk Wing	HGC	25.27	5
4	Lo Ka Lok	HWC	25.80	8
5	Chow Tsz Ho	YCM	25.90	
6	Lam Man Wai	CCSC	26.00	
7	Tsang Yeuk Sing	MCDHMC	27.06	
8	Cheung Chi San	CCSC		

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Event 35 Discus Girls C

Standard: 12.00 (1kg) Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Hui Ying Ying	WWS	19.87	Standard	9
2	Wong Hei Man	PTSS	19.30	Standard	7
3	Ho Hui Ting	WWS	17.59	Standard	6
4	Cheng Cin Min Michelle	PTSS	16.24	Standard	5
5	Chan Yin	OLC	16.05	Standard	4
6	Yeung Man Lai	LCCS	14.66	Standard	3
7	Lam Hoi Ling	OLRC	14.32	Standard	2
8	Wong Joe Yee	BHNC	13.87	Standard	1
	Fu Yan	BHNC	13.45	Standard	
	Cheng Sze Ni	TOSS	13.43	Standard	
	Cheng Sin Yee	TYH	13.18	Standard	
	Chan Ying Sin Melody	LSTYKH	12.89	Standard	
	Tsang Kam Ting	HGC	12.85	Standard	
	Lau Yin Fan	QES	12.58	Standard	
	Mak Hiu Ying	KTGS	12.37	Standard	
	Chu Wing Tung	QES	12.35	Standard	
	Leung Holly	BHJS	12.18	Standard	
	Chan Wai Ping	PCCSS	11.87		
	Man Tsz Ho	HGC	11.47		
	Ko Yan Tung	KTGS	11.07		
	Lam Nga Yan	CDGFSS	10.52		
	Lam I Ting	LCCS	10.24		
	Tong Oi Ping	TOSS	10.06		
	Ng Tsz Ying	OLRC	9.93		
	Ng Yuk Shan	OLC	9.63		
	Poon Wing Hei	KWSC		DN take part	
	Lam Yin Shan	KWSC		DN take part	
	Yan Sze Ting	LSTYKH		No Mark	
	Wong Wing Shan	DMS-HW		No Mark	
	Ng Sze Wing	BHJS		DN take part	
	Ng Wing Sum	TYH		No Mark	
	Ho Hiu Mei	HWC		DN take part	
	Wong Hiu Ming	HWC		DN take part	
	Chan Wing Sze	CCSS		DN take part	
	Wong Ka Man	CCSS		DN take part	
	Lee Man Lai	PLKLFC		DN take part	
	Yiu Ka Ying	CDGFSS		No Mark	
	Cheung Tsz Ying	TNSS		DN take part	
	Lai Wing Lam	TNSS		DN take part	

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Event 36 Long Jump Girls A

Standard: 3.80 Record: 5.66 (2007)

Position	Name	School	Result	Remark	Points
1	Wong Ho Ching	CCSC	4.30	Standard	9
2	Chan Chung Yan	TOSS	4.29	Standard	7
3	Leung Man Wah	OLC	4.28	Standard	6
4	Au Tsz Yu	CDGFSS	4.11	Standard	5
5	Ip Tan Hung	CDGFSS	4.08	Standard	4
6	Lam Chi Fan	CCSS	4.08	Standard	3
7	So Cho Fei	LS	3.99	Standard	2
8	Tso Yuen Yan	OLRC	3.91	Standard	1
	Li Wan Sze	TNSS	3.85	Standard	
	Pun Hiu Ming	NP2C	3.84	Standard	
	Leung Wai Kuen	HGSS	3.82	Standard	

Lau Lee Lee	LSTYKH	3.75	
Leung Hiu Yin	KWSC	3.72	
Tsang Laicy	DMS-HW	3.51	
Sin Hoi Ki	CCSC	3.51	
Chan Po King	CCSS	3.42	
Li Mei Ching	MYC	3.39	
Chan Ying	OLC	3.30	
Lau Lai Ka	KWSC	3.02	
Lee Hoi Nam	HGC	3.00	
Lu Wenhua	DMS-HW	2.59	
Yau Yu Ting	LWFSS	2.56	
Chung Lai Kwan	PLKLFC	2.54	
Tsang Chun Yi	LSTYKH		DN take part
May Pui Yi	HGC		DN take part
Mo Sui Ping	HWC		No Mark
Tsang Wing Shuen	PTSS		DN take part
Ng Mei Kwan	MYC		No Mark
Yau Yuen Kwan	NAMS		DN take part
Cheuk Yin Ping	WWS		DN take part
Lau Sze Tai	KTGS		DN take part
Pang Wan Yee	WWS		DN take part

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Event 37 High Jump Boys C

Standard: 1.30

Record: 1.72 (2008)

Position	Name	School	Result	Remark	Points
1	Fan Ho Yin	CYT	1.54	Standard	9
2	Wong Kin Shing	CYT	1.54	Standard	7
3	Au Man Cheuk	HWC	1.48	Standard	6
4	Ip Yau Yau	HWC	1.45	Standard	5
5	Leung Kai Lun	KTKLGSS	1.45	Standard	4
6	Chan Siu Hin	LCCS	1.45	Standard	3
7	Yiu Ka Leung	WWS	1.42	Standard	2
8	Yeung Hoi Wing	PTSS	1.39	Standard	1
	Lok Ting Hin	SYSS	1.33	Standard	
	Wong Yau Ming	CCSC	1.33	Standard	
	Fung Cheuk Yin	CCSC	1.33	Standard	
	Chiu Wing Hei Alex	WWS	1.33	Standard	
	Li Tsz Fung	CCSS	1.33	Standard	
	Wu Cheuk Nam	LCCS	1.33	Standard	
	Li Ka Wing	HGSS	1.30	Standard	
	Tsang Fan Ho	HGSS	1.30	Standard	
	Yau Heung Lam	PTSS	1.30	Standard	
	Liu Chin Tong	PKSS	1.27		
	Li Man Chun	PCCSS	1.27		
	Chan Hau Chung	TKPK	1.27		
	Lai Cheuk Hei Henry	KTGS	1.27		
	Tam Chung Hin	PCCSS		DN take part	
	Lau Ping Cheung	BHJS		No Mark	
	Ng Chun Lung	HGC		No Mark	
	Lee Ngo Tin	BHJS		No Mark	
	Zee Hon Lin	HGC		No Mark	
	Chan Wing Ho	TYH		DN take part	
	Hon Wan Hin	PKSS		No Mark	
	Lee Jung Jen	KTKLGSS		No Mark	
	Chan Ngo Chit	TYH		DN take part	
	Chin Siu Chung	KTGS		DN take part	
	Chan Shui Fung	TKPK		No Mark	
	Chan Ka Chun	CCSS		No Mark	

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Event 38 Shot Put Boys A

Standard: 8.80 (5kg)

Record: 15.30 (2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Kao Ting Pong	YCM	11.22	Standard	9
2	Tsang Pui Hung	SKHLKY	11.09	Standard	7
3	Kan Cheuk Nam	PLKLFC	10.84	Standard	6

4	Chan Chin Fai	KWSC	10.62	Standard	5
5	Yu Chun Yin	KWSC	10.53	Standard	4
6	Lo Or Wai	CCSS	10.34	Standard	3
7	Cheng Yuk Kwan	HGC	10.32	Standard	2
8	Wong Cheu Ming	KTKLGSS	10.21	Standard	1
	Zhen Jinjun	NAMS	9.80	Standard	
	Ko Wah Chun	KTGS	9.77	Standard	
	Kong Kwong Pan	QES	9.70	Standard	
	Chan Man Pui	SYSS	9.62	Standard	
	Chan Chi Yeung	CCSS	9.23	Standard	
	See Nang Hong	PCCSS	9.06	Standard	
	Ng Sai Yin	KTKLGSS	8.99	Standard	
	Wong Fung	SYSS	8.98	Standard	
	Ip Kam Fai	CYT	8.93	Standard	
	Leung Wang Hin	DMS-HW	8.80	Standard	
	Hong Chun Yin	HGC	8.70		
	Lei Weipeng	DMS-HW	8.65		
	Mui Cheong Chor	KTGS	8.45		
	Yang Miao Sen	TYH	8.37		
	Wong Chik Lam	HWC	8.36		
	Tam Chi Wai	BHJS	8.19		
	Sau Kin On	WWS	7.50		
	Lo Hin Sum	BHJS	7.25		
	Wong Ho Yee	TYH	6.43		
	Wong Kwok Leong	WWS		DN take part	
	Cheung Man Tat	LCCS		DN take part	
	Lee Ka Cheong	LSTYKH		DN take part	
	Tam Kan Sing	CCPASS		No Mark	
	Lui Hong Chiu	PCCSS		DN take part	
	Tai Ho Hoi	LS		DN take part	
	Lam Cho Wing	LSTYKH		DN take part	
	Wang Chung Hoi	NAMS		DN take part	
	Cheung Chun Yu	YCM		DN take part	

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Event 39 800m Boys C

Standard: 2:45.00

Record: 2:08.20 (2004)

Heat 1

Final Lane

1	Tsang Wai Lun	KHSS	2:29.43	Standard	1
2	Cheung Ka Ho	PLKNO.1C	2:35.82	Standard	6
3	Cheng Lo Wai	WWS	2:37.64	Standard	9
4	Ng Yun Lung	CCPASS	2:41.50	Standard	
5	Tang Ho Lun	PTSS	2:41.99	Standard	
6	Chan Chak Young	BHJS	2:42.34	Standard	
7	Chan Shui Fung	TKPK	2:43.98	Standard	
8	Wong Kwok Lai Irvin	BHNC	2:54.15		
9	Tse Wing Ho	CCSS	3: 2.89		
10	Leung Ho Wai Justin	CREATIVE	3:10.04		
11	Ho Tsz Kit	PLKLFC		DN start	
12	Lam Ka Shing	KWSC		DN start	
13	Chong Ho Man	TYH		DN start	

Heat 2

Final Lane

1	Ching Tsz Hei	CCSC	2:34.26	Standard	4
2	Wong Chi Cheong	KTKLGSS	2:37.26	Standard	8
3	Sze Yuen Fai	PKSS	2:39.54	Standard	11
4	Wong Chung Hang	HWC	2:41.11	Standard	
5	Tang Tsz Fung	BHJS	2:42.81	Standard	
6	Lei Hung Kit	TKPK	2:43.93	Standard	
7	Chan Tsz Hin	TYH	2:47.45		
8	Lau Tin Foong	LCCS	2:48.44		
9	Yip Wai Hang	CCSS	2:56.62		
10	Yu Bei Ping	CREATIVE	2:56.94		
11	Chan Hong Nam	BHNC	2:59.39		
12	Kwok Wai Yin	KWSC		DN start	
13	Cheuk Yuk Ming	PLKLFC		DN start	

Heat 3

Final Lane

1	Leung King Hang	CYT	2:34.58	Standard	5
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2	Chan Ka Yin	KTGS	2:39.64	Standard	12
3	Wong Sing Yu	LCCS	2:39.67	Standard	
4	Leung Ming Ho	KTKLGSS	2:46.39		
5	Ng Hin Fung	HWC	2:46.80		
6	Ng Ka Wai	QES	2:50.27		
7	Lui Shing Hong	HGC	2:50.72		
8	Ma Hiu Tung	LWFSS	2:52.79		
9	Lau Wang Chi	SYSS	2:56.32		
10	Chan Kwan Ching	SKHLKY	3: 0.10		
11	Lam Wai Lap	DMS-HW		DN start	
12	Law Wai Lam	CCSC		DN start	
Heat 4					Final Lane
1	Lam Ting Pong	HGC	2:31.08	Standard	2
2	Tong Cheuk Him	KHSS	2:31.78	Standard	3
3	Tang Chi Ho	PLKNO.1C	2:36.79	Standard	7
4	Wu Chi Wa	CYT	2:39.34	Standard	10
5	Ng Yat Hin	KTGS	2:39.72	Standard	
6	Chu Ho Pan	WWS	2:40.41	Standard	
7	Fan Chung Hang	PTSS	2:42.07	Standard	
8	Yiu Ka Ho	QES	2:46.89		
9	Lei Weikun	DMS-HW	2:47.94		
10	Lau Chun Yin	CCPASS	2:48.37		
11	Poon Lik Shing	SKHLKY	2:52.62		
12	Cheung Chun Yiu	SYSS	2:54.07		

Event 40 800m Boys B

Standard: 2:30.00

Record: 2:03.35 (2008)

Heat 1					Final Lane
1	Cheung Ming Kwan	PKSS	2:29.08	Standard	
2	Lee Hong Yuen	KHSS	2:29.55	Standard	
3	Law Ting Tak	WWS	2:31.82		
4	Ng Hing Yeung	SYSS	2:32.52		
5	Chan Ka Lun	NAMS	2:34.13		
6	Ching Kwan Lok	TKPK	2:36.35		
7	Chim Ho Man	CREATIVE	2:41.78		
8	Lai Ying Kin	CCSS	2:45.99		
9	To Hon Man	BHNC	2:46.37		
10	Wong Tsz Fung	PTSS	2:51.91		
11	Ng Kwan Lam	PLKNO.1C	2:56.59		
12	Cheng Sheung Hin	KWSC		DN start	
13	Ng Chun Wing	LCCS		DN start	
14	Li Ka Kuen	TYH		DN start	

Heat 2					Final Lane
1	Wong Chun	HWC	2:20.12	Standard	1
2	Chou Hoi Lam	NAMS	2:20.13	Standard	2
3	Tang Ho Man	SKHLKY	2:21.35	Standard	3
4	Siu Man Kit	LCCS	2:22.07	Standard	5
5	Law Cho Kam	SYSS	2:22.96	Standard	7
6	Wong Yip Choi	BHNC	2:25.38	Standard	11
7	Lam Yuk Kwan	CYT	2:26.99	Standard	
8	Ng Sing Lung	PTSS	2:27.85	Standard	
9	Ng Sai Wing	PLKNO.1C	2:28.48	Standard	
10	Shum Kai Fung	KHSS	2:31.27		
11	Tse Chi Pang	CCSS	3: 0.69		
12	Wong Tsz Fung	KWSC		DN finish	
13	Wong Ka Kit	QES		DN start	
14	Ng Ka Kin	HGC		DN start	

Heat 3					Final Lane
1	Chiu Yat Wai	CYT	2:21.40	Standard	4
2	Yeung Hong To	HWC	2:22.87	Standard	6
3	Cheng Chun Kit	SKHLKY	2:25.34	Standard	10
4	Fu Wing Sing	CCPASS	2:28.63	Standard	
5	Chan Fei Yeung	KTKLGSS	2:31.67		
6	Liu Tat Shing	HGC	2:32.39		
7	Yu Sin Hang	MYC	2:34.20		
8	Leung Chun Kit	BHJS	2:35.50		

9	Cheung Hing Wa	QES	2:40.12		
10	Choi Cheuk Fun	CCSC	2:48.43		
11	Yuen Pak Ho	KTGS		DN start	
12	Lam Chi Ming	PCCSS		DN start	
13	Wong Tsz Hin	CYC		DN start	
Heat 4					Final Lane
1	Shau Hung Leung	CCPASS	2:23.01	Standard	8
2	Lam Long Wai	CCSC	2:24.23	Standard	9
3	Chau Kwan Hung	PKSS	2:26.18	Standard	12
4	Lam Po Sang	KTGS	2:27.45	Standard	
5	Li Chung Wang	WWS	2:28.91	Standard	
6	Yung Ka Yu	LWFSS	2:29.23	Standard	
7	Chan Ho Hin	KTKLGSS	2:30.15		
8	Ho Po Chuen	TKPK	2:38.83		
9	Siu Kai Yin	MYC	2:40.55		
10	Wong Gavin Chun Ting	CREATIVE	2:41.23		
11	Lam Ho Cheung	PLKLFC	2:58.64		
12	Li Ka Shun	BHJS		DN start	
13	Chan Chin Yu	TYH		DN start	

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Event 41 800m Boys A

Standard: 2:30.00

Record: 1:57.89 (2004)

Heat 1					Final Lane
1	Wong Ka Ngo	KTKLGSS	2:20.55	Standard	5
2	Chong Lai Wing	HWC	2:21.25	Standard	7
3	Leung Tsz Hong	CCSS	2:23.70	Standard	10
4	Wong Ka Hung	DMS-HW	2:24.22	Standard	11
5	Ching Sai Chung	LCCS	2:28.21	Standard	
6	Chan Wai Wa	YCM	2:32.60		
7	Lam Cheuk Ngai	KWSC	2:33.43		
8	Leung Chun Ting	MYC	2:37.39		
9	Chan Chin Man	HGC	2:38.73		
10	Lee Po Cheung	BHNC	2:44.80		
11	Mak Chi Ho	SKHLKY	2:46.32		
12	Tam Kan Sing	CCPASS	2:56.36		
13	Kwan Chun Kit	CCSC		DN start	

Heat 2					Final Lane
1	Kwan Ping Cheong	KWSC	2:17.42	Standard	1
2	Chan Wai Yat	SKHLKY	2:19.28	Standard	2
3	Poon Wing Keung	TYH	2:19.58	Standard	4
4	Lam Tsz Yeung	KTGS	2:27.00	Standard	12
5	Yu Shing To	SYSS	2:27.96	Standard	
6	Cheung Chi Ngo	CCSC	2:30.69		
7	Chan Lam Ping	BHNC	2:39.12		
8	Ho Cho Fan	MYC	2:40.89		
9	Chen Jinrong	CCPASS	2:43.94		
10	Yau Ka Lap	HWC	3: 1.51		
11	Lui Tung Fai	YCM		DN start	
12	Fu Chi Cheung	WWS		DN start	

Heat 3					Final Lane
1	Mak Ka Wo	KTGS	2:19.43	Standard	3
2	Yau Ping Hang	DMS-HW	2:21.16	Standard	6
3	Lui Yuk Sing	SYSS	2:21.45	Standard	8
4	Zeng Jing Hua	NAMS	2:21.87	Standard	9
5	Wong Moon Fu	CCSS	2:33.45		
6	Lai Lai Fai	HGC	2:40.22		
7	Ng Yat Kui	WWS	2:41.29		
8	Cheung Ho Shing	LCCS	2:41.49		
9	Tsui Kai Sang	LSTYKH		DN start	
10	Law Chun Wai	LWFSS		DN start	
11	Tsang Tsz Him	TYH		DN start	
12	Ma Pui Chung	KTKLGSS		DN start	

=====
Event 42 800m Girls C

Standard: 3:20.00

Record: 2:19.72 (2000)

Heat 1					Final Lane
1	Lung Hong Ki	KHSS	3: 2.59	Standard	3
2	Ng Hin Ting	LCCS	3: 9.73	Standard	7
3	Chow Yeuk Nga	BHJS	3:11.70	Standard	8
4	Ting Sze Yan	PTSS	3:15.62	Standard	11
5	Wen Jiaying	OLRC	3:15.69	Standard	12
6	Law Wing Chi	CDGFSS	3:16.16	Standard	
7	Lai Ka Ying	PKSS	3:16.20	Standard	
8	Lau Hoi Yi	WWS	3:16.23	Standard	
9	Au Yee Hung	TNSS	3:16.93	Standard	
10	Hui Yuen Ching	QES	3:18.17	Standard	
11	Wong Wui Yee	KTGS	3:19.81	Standard	
12	Lee Tsz Ying	LSTYKH	3:40.50		
13	Ngan Pik Chun	LWFSS	3:46.19		
14	Yu Siu Man	KWSC		DN start	
15	Lam Yan Yi	PCCSS		DN start	
16	Chow Kuk Ying	BHNC		DN start	

Heat 2					Final Lane
1	Yung Ka Ka	LCCS	2:58.25	Standard	1
2	Wong Pui Ki	TNSS	3: 2.19	Standard	2
3	So Yuen Ting	BHJS	3: 3.96	Standard	4
4	Chung Man Sze	OLRC	3: 8.05	Standard	5
5	Tsang Wai Ping	PKSS	3:11.93	Standard	9
6	Chan Pui Lam	TYH	3:19.66	Standard	
7	Cheung Yuen Man	KTGS	3:20.38		
8	Yuen Ka Yee	PTSS	3:20.83		
9	Chung Sui Lam	HWC	3:22.23		
10	Wu Wing Yan	LSTYKH	3:22.28		
11	Chung Hou Gwen	OLC	3:23.54		
12	Lau Hiu Ching	TOSS	3:26.18		
13	Siu Ching Kwan	HGC	3:26.58		
14	Cheuk Hoi Ki	KWSC		DN start	
15	Fung Hiu Shan	CREATIVE		DN start	
16	Hung Po Yan	PLKNO.1C		DN start	

Heat 3					Final Lane
1	Ho Shuk Man	HGC	3: 8.10	Standard	6
2	Chan Po Po	SKHLKY	3:14.01	Standard	10
3	Lam So Fong	TYH	3:20.28		
4	Chung Ching Yan	CREATIVE	3:26.07		
5	Lam Yat Ching	TOSS	3:29.39		
6	Wong Sam Yin	PLKLFC	3:31.36		
7	Hung Tsui Ying	QES	3:33.22		
8	Yip Wing Ching	HWC	3:35.11		
9	Wong Sze Ting	NP2C	3:36.10		
10	Lau Yeuk Ting	OLC	3:43.88		
11	Lam Kwai Ho	BHNC	4:12.52		
12	Lau Pui Shan	LWFSS		DN start	
13	Chu Wai Ling	PCCSS		DN start	
14	Leung Bo Dan	WWS		DN start	
15	Wu Wei Shan	CDGFSS		DN start	
16	Lee Tsz Yan	PLKNO.1C		DN start	

=====
Event 43 800m Girls B

Standard: 3:18.00

Record: 2:15.76 (2001)

Heat 1					Final Lane
1	Ho Ho Yan	KHSS	2:48.45	Standard	1
2	Au Kit Ming	QES	2:52.98	Standard	2
3	Wu Yue Wei	NAMS	2:53.16	Standard	3
4	Ho Hiu Yan	TNSS	2:57.54	Standard	5
5	Shiu Tsz Kwan	CDGFSS	2:59.32	Standard	8
6	Wong Hing Yee	LCCS	3: 4.28	Standard	11
7	Tam Tsz Yan	DMS-HW	3:10.11	Standard	
8	Li Chui Ha	PKSS	3:10.47	Standard	
9	Chan Isabella	WWS	3:11.81	Standard	
10	Yung Tsz Wing	TOSS	3:12.06	Standard	
11	Yu Wing Wing	HWC	3:23.49		

12	Leung Nga Sze	BHNC	3:25.61		
13	Ip Siu Ying	PTSS	3:32.03		
14	Hon Victoria	KWSC	3:33.89		
15	Wong Ka Put	LSTYKH		DN start	
16	Yau Hei Yu	PLKNO.1C		DN start	
Heat 2					Final Lane
1	Tang Pui Yue	LCCS	2:56.33	Standard	4
2	Poon Hoi Yan	HWC	2:58.64	Standard	6
3	Sit Ming Wai	MYC	2:58.85	Standard	7
4	Lau Hiu Yan	BHJS	3: 7.82	Standard	
5	Lee Wing Mui	PTSS	3:10.19	Standard	
6	Fong Yin Lam	WWS	3:11.24	Standard	
7	Wang Chun Ning	OLC	3:16.99	Standard	
8	Yau Miu Ling	KTGS	3:18.09		
9	Lo Tik Sze	PLKNO.1C	3:20.91		
10	Wong Wan Yin	LSTYKH	3:35.32		
11	Cheng Man Lei	HGC	3:36.50		
12	Yip Tsz Yung	OLRC	3:39.87		
13	Chung Wing Yee	BHNC	3:45.92		
14	Tang Yuen Yee Winnie	CREATIVE		DN start	
15	Lee Wing Ho	KWSC		DN start	
16	Lee Tsz Ching	TNSS		DN start	

Heat 3					Final Lane
1	Li Mei Yee	BHJS	2:59.63	Standard	9
2	Chan Hiu Kwan	CCSS	3: 4.19	Standard	10
3	Tsang Wing Yan	NAMS	3: 4.34	Standard	12
4	Siu Shuk Fong	CDGFSS	3:10.69	Standard	
5	Lee Ting Yat	KHSS	3:13.63	Standard	
6	Tang Sze Sze	OLRC	3:19.97		
7	Loong Ka Yan	MYC	3:21.30		
8	Chung Man Ching	QES	3:25.56		
9	Kwok Wing Lam	LWFSS	3:28.91		
10	Ma Cho Yi	TOSS		DN start	
11	Au Che Yan	OLC		DN start	
12	Li Lam Wai	PCCSS		DN start	
13	Lai Yuen Yin	KTGS		DN start	
14	Tsang Long Yu	CREATIVE		DN start	
15	Hung Hoi Shan	HGC		DN start	
16	Ai Ling Yu	DMS-HW		DN start	

=====
Event 44 800m Girls A

Standard: 3:16.00

Record: 2:18.30 (1994)

Heat 1					Final Lane
1	So Kit Ying	OLC	3: 4.05	Standard	3
2	Yeung Yuen Mui	HWC	3: 4.65	Standard	4
3	Leung Shuk Ying	NP2C	3: 5.44	Standard	5
4	Au Tsz Yu	CDGFSS	3: 5.50	Standard	6
5	Chan Kai Ling	HGC	3: 6.59	Standard	7
6	Lee Wai Fan	QES	3: 6.80	Standard	8
7	Ip Wing Yu	NAMS	3: 7.77	Standard	9
8	Lam Ka Wai	TYH	3:13.07	Standard	12
9	Chik Man	MYC	3:16.43		
10	Ip Sze Lam	DMS-HW	3:25.87		
11	Yau Yu Ting	LWFSS	3:29.82		
12	Lau Sau Ting	BHNC	3:33.93		
13	Hung Ching Yan	WWS		DN start	
14	Hung Sze Ching	KWSC		DN start	
15	So Wing Yan	LSTYKH		DN start	

Heat 2					Final Lane
1	Ng Mo Yin	QES	2:56.87	Standard	1
2	Yau Wing Lai	DMS-HW	3: 1.03	Standard	2
3	Li Yuen Ki Jessica	BHJS	3: 8.70	Standard	10
4	Cheung Wai Ting	CDGFSS	3:10.59	Standard	11
5	Chiang Yi Ling	BHNC	3:13.78	Standard	
6	Ng Mei Kwan	MYC	3:18.07		
7	Chan Hoi Yan	OLC	3:23.93		

8	Lee Lok Yi	LWFSS	3:36.15	
9	Li Ka Yan	HGC	3:49.87	
10	Tsang Kim Kei	LSTYKH		DN start
11	Ling Ho Yi	HWC		DN start
12	Ho Mimi	KWSC		DN start
13	Suen Hiu Lam	KTGS		DN start
14	Ma Ka Yi	TYH		DN start
15	Lee Oi Yan	WWS		DN start

=====
 Event 45 4x100m Relay Boys C

Standard: 56.00

Record: 45.05 (2008)

Heat 1				Final Lane
1	TKPK	52.23	Standard	3
2	PTSS	53.13	Standard	6
3	SYSS	53.17	Standard	7
4	KTKLGSS	54.72	Standard	
5	CCSS	55.14	Standard	
6	PCCSS	57.87		
7	CREATIVE	59.10		
Heat 2				Final Lane
1	QES	52.12	Standard	2
2	BHJS	52.68	Standard	5
3	WWS	53.23	Standard	1
4	KHSS	55.40	Standard	
5	LSTYKH	57.67		
6	KTGS		DQ	
7	SKHLKY		DQ	
Heat 3				Final Lane
1	CCSC	52.52	Standard	4
2	HWC	54.59	Standard	
3	HGC	54.81	Standard	
4	BHNC	58.52		
5	KWSC	1: 4.64		
6	TYH		DQ	
Heat 4				Final Lane
1	CYT	53.27	Standard	8
2	PLKNO.1C	55.31	Standard	
3	LCCS	57.54		
4	NAMS		DN start	
5	PLKLFC		DN start	
6	DMS-HW		DN start	

=====
 Event 46 4x100m Relay Boys B

Standard: 52.00

Record: 44.99 (2005)

Heat 1				Final Lane
1	CYT	48.22	Standard	3
2	CCSS	50.04	Standard	
3	PKSS	50.48	Standard	
4	PLKLFC	50.62	Standard	
5	CCSC	51.23	Standard	
6	LCCS	52.25		
7	CREATIVE	53.68		
8	KTGS	54.18		
Heat 2				Final Lane
1	BHJS	48.17	Standard	2
2	MCDHMC	48.55	Standard	4
3	SYSS	49.18	Standard	1
4	TKPK	50.71	Standard	
5	PLKNO.1C	51.56	Standard	
6	BHNC	51.80	Standard	
7	HGC		DQ	
8	PCCSS		DN start	
Heat 3				Final Lane
1	KTKLGSS	48.85	Standard	6
2	NAMS	51.12	Standard	

3	QES	52.43		
4	LSTYKH		DN start	
5	WWS		DQ	
6	DMS-HW		DQ	
7	LS		DQ	
Heat 4				Final Lane
1	KHSS	48.63	Standard	5
2	PTSS	49.16	Standard	7
3	HWC	49.29	Standard	8
4	SKHLKY	49.96	Standard	
5	KWSC	50.42	Standard	
6	TYH	54.01		
7	CYC		DN start	

=====
Event 47 4x100m Relay Boys A
Standard: 49.50 Record: 42.63 (1996)

Heat 1				Final Lane
1	HGC	47.88	Standard	4
2	DMS-HW	47.90	Standard	5
3	SYSS	48.51	Standard	7
4	KTKLGSS	49.21	Standard	
5	WWS	49.37	Standard	
6	PTSS		DN start	
7	TYH		DN start	
8	YCM		DQ	

Heat 2				Final Lane
1	HWC	47.65	Standard	3
2	KWSC	48.41	Standard	6
3	CCSS	50.35		
4	KTGS	51.35		
5	MCDHMC		DQ	
6	LSTYKH		DN start	
7	TKPK		DN start	

Heat 3				Final Lane
1	QES	46.17	Standard	2
2	BHJS	48.68	Standard	1
3	CCSC	48.73	Standard	8
4	HGSS	49.09	Standard	
5	NAMS		DN start	
6	PCCSS		DN start	
7	SKHLKY		DN start	

=====
Event 48 4x100m Relay Girls C
Standard: 1:05.00 Record: 51.46 (2006)

Heat 1				Final Lane
1	LCCS	59.46	Standard	3
2	HWC	1: 0.81	Standard	7
3	OLC	1: 0.92	Standard	1
4	TNSS	1: 0.94	Standard	8
5	NP2C	1: 1.83	Standard	
6	QES	1: 2.13	Standard	
7	BHNC	1: 3.78	Standard	

Heat 2				Final Lane
1	CCSC	1: 0.41	Standard	4
2	WWS	1: 0.55	Standard	5
3	DMS-HW	1: 7.98		
4	TYH	1:13.97		
5	SKHLKY		DN start	
6	PCCSS		DN start	
7	NAMS		DN start	

Heat 3				Final Lane
1	OLRC	58.20	Standard	2
2	BHJS	1: 2.64	Standard	
3	PTSS	1: 2.88	Standard	
4	CCSS		DN start	

5	CREATIVE		DQ	
6	PLKNO.1C		DN start	
7	TOSS		DQ	
Heat 4				Final Lane
1	LS	1: 0.72	Standard	6
2	LSTYKH	1: 1.66	Standard	
3	HGC	1: 2.81	Standard	
4	KTGS	1: 4.07	Standard	
5	KWSC	1: 7.61		
6	CDGFSS		DQ	

=====
Event 49 4x100m Relay Girls B
Standard: 1:03.00 Record: 49.52 (2007)

Heat 1				Final Lane
1	HWC	57.93	Standard	3
2	PKSS	58.46	Standard	4
3	TNSS	59.94	Standard	7
4	CDGFSS	1: 1.44	Standard	
5	LSTYKH	1: 1.71	Standard	
6	WWS	1: 2.24	Standard	
7	KTGS		DQ	

Heat 2				Final Lane
1	TOSS	56.02	Standard	2
2	NP2C	59.10	Standard	5
3	NAMS	1: 1.25	Standard	
4	HGC	1: 1.55	Standard	
5	BHNC	1: 3.56		
6	QES		DQ	
7	OLC		DN start	

Heat 3				Final Lane
1	CCSC	1: 0.66	Standard	1
2	CCSS	1: 1.05	Standard	8
3	LCCS	1: 1.80	Standard	
4	BHJS	1: 2.00	Standard	
5	DMS-HW	1: 4.72		
6	MYC	1: 5.06		
7	TYH	1: 5.77		

Heat 4				Final Lane
1	OLRC	59.83	Standard	6
2	CREATIVE	1: 1.11	Standard	
3	KWSC	1: 5.03		
4	PTSS	1: 5.36		
5	PLKNO.1C		DN start	
6	PCCSS		DN start	

=====
Event 50 4x100m Relay Girls A
Standard: 1:02.00 Record: 48.49 (2008)

Heat 1				Final Lane
1	LSTYKH	55.99	Standard	2
2	CCSC	1: 2.90		8
3	TNSS	1: 5.65		
4	HGC	1:10.21		
5	HWC		DN start	
6	CCSS		DN start	
7	PCCSS		DN start	
8	CDGFSS		DQ	

Heat 2				Final Lane
1	WWS	57.72	Standard	3
2	TYH	57.95	Standard	4
3	DMS-HW	1: 0.53	Standard	5
4	YCM	1: 0.55	Standard	6
5	OLC	1: 1.31	Standard	7
6	NAMS	1: 1.41	Standard	1
7	KWSC		DN start	

=====

Event 51 4x400m Relay Boys C

Standard: 4:45.00

Record: 3:46.84 (2008)

Heat			Final Lane
Heat 1			
1	WWS	4:24.26	Standard 3
2	KHSS	4:25.25	Standard 4
3	TYH	4:47.27	
4	BHJS	4:49.73	
5	CCSS	5: 4.29	
6	KWSC		DN start
7	LSTYKH		DN start
Heat 2			Final Lane
1	CYT	4:18.91	Standard 2
2	CCSC	4:26.41	Standard 5
3	CCPASS	4:49.02	
4	HGC	5: 9.01	
5	KTGS		DN start
6	HWC		DN start
Heat 3			Final Lane
1	PLKLFC	4:27.66	Standard 6
2	PLKNO.1C	4:29.09	Standard 7
3	LCCS	4:42.67	Standard
4	TKPK	4:45.66	
5	BHNK	4:46.64	
6	NAMS		DN start
Heat 4			Final Lane
1	SYSS	4:30.00	Standard 1
2	PTSS	4:34.62	Standard 8
3	SKHLKY	4:44.99	Standard
4	CREATIVE	4:50.65	
5	KTKLGSS	4:59.85	
6	PCCSS		DN start

Event 52 4x400m Relay Boys B

Standard: 4:20.00

Record: 3:37.67 (2008)

Heat			Final Lane
Heat 1			
1	HWC	3:55.67	Standard 2
2	CCPASS	4: 3.60	Standard 1
3	KTGS	4: 6.68	Standard
4	SKHLKY	4: 9.29	Standard
5	PTSS	4:15.48	Standard
6	QES	4:18.89	Standard
7	CCSS	4:48.51	
Heat 2			Final Lane
1	CCSC	3:59.17	Standard 3
2	BHJS	4: 3.38	Standard 7
3	LCCS	4: 5.34	Standard
4	TYH	4:15.76	Standard
5	HGSS	4:20.95	
6	PLKLFC	4:22.75	
7	HGC		DN start
Heat 3			Final Lane
1	BHNK	4: 1.50	Standard 4
2	NAMS	4: 1.79	Standard 5
3	CYT	4: 1.86	Standard 6
4	PLKNO.1C	4:11.66	Standard
5	SYSS	4:13.58	Standard
6	LSTYKH		DN start
7	PCCSS		DN start
Heat 4			Final Lane
1	WWS	4: 5.19	Standard 8
2	KTKLGSS	4:13.38	Standard
3	MYC	4:15.37	Standard
4	TKPK	4:22.17	
5	CREATIVE	4:30.79	
6	KWSC		DN start

=====
Event 53 4x400m Relay Boys A

Standard: 4:05.00

Record: 3:26.60 (1989)

Heat 1

Final Lane

1	TYH	3:53.88	Standard	2
2	HWC	3:56.85	Standard	4
3	SYSS	4: 0.93	Standard	6
4	YCM	4: 9.01		
5	KTKLGSS	4:14.77		
6	LCCS	4:30.81		
7	PTSS		DN start	

Heat 2

Final Lane

1	KTGS	3:54.55	Standard	3
2	NAMS	4: 1.66	Standard	7
3	CCSS		DN start	
4	KWSC		DN start	
5	SKHLKY		DN start	
6	LSTYKH		DN start	
7	PCCSS		DN start	

Heat 3

Final Lane

1	BHJS	4: 0.39	Standard	5
2	DMS-HW	4: 2.18	Standard	1
3	CCSC	4: 7.32		8
4	MYC	4: 7.81		
5	HGC	4:19.35		
6	WWS	4:27.54		
7	CCPASS	4:31.23		

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Three: 25 February 2009

=====
 Event 1 High Jump Boys B
 Standard: 1.45

Record: 1.86 (2007)

Position	Name	School	Result	Remark	Points
1	Fung Yik Hong	QES	1.80	Standard	9
2	Chan Lam Wah	BHMK	1.72	Standard	7
3	Hassan Abdul Rahman	CYT	1.72	Standard	6
4	Lau Chung San	LCCS	1.60	Standard	5
5	Tsoi Wing Hi	HGC	1.57	Standard	4
6	Yu Kin Ching	HWC	1.54	Standard	3
7	Hui Kwok Shing	KTKLGSS	1.54	Standard	2
8	Shek Wai Kuen	DMS-HW	1.54	Standard	1
8	Kong Puk Tat	KTKLGSS	1.54	Standard	1
	Ng Ka Chun	KHSS	1.51	Standard	
	Chan Ka Ho	BHJS	1.51	Standard	
	Yeung Chun Ho	LCCS	1.51	Standard	
	Yeung Ho Tien	TKPK	1.51	Standard	
	Li Ming Ming	CCSC	1.48	Standard	
	Ho Cheuk Wun	TKPK	1.45	Standard	
	Leung Hing Lun	CCPASS	1.42		
	Yu Rongyan	LS	1.42		
	Fung Yin Cheung	CYT	1.42		
	Lui Shing Fung	CCSC	1.42		
	Shum Tsz Fung	KWSC		DN take part	
	Fong Lei Ching	SYSS		No Mark	
	Lo Kwong Yui	TYH		DN take part	
	Chan Ka Lok	TYH		DN take part	
	Wong Tsz Fung	KWSC		DN take part	
	Chang Yue Lok	CREATIVE		DN take part	
	Shek Kai Fung	CREATIVE		DN take part	
	Ho Chun Yu	CCPASS		No Mark	
	Liu Wai Lun	WWS		No Mark	
	Wong Kong Fu	BHMK		No Mark	
	Wong Ka Po	HGC		No Mark	
	Cheung Chun Yat	KTGS		DN take part	
	Lau Yung To	WWS		No Mark	
	Ng Chun Wing	HWC		DN take part	
	Tsang Tsz Chun	PLKLFC		DN take part	
	Chung Cheuk Ki	PLKLFC		No Mark	
	Huang Wai Kit	KTGS		DN take part	
	Lee Wai Lok	PTSS		No Mark	
	Au Yeung Tsz Fung	SYSS		DN take part	
	Ng Chun Fai Jeffrey	BHJS		DN take part	
	Lai Ka Ming	CCSS		No Mark	
	Cheung Kwok Piu	CCSS		No Mark	

=====
 Event 2 Long Jump Girls B
 Standard: 3.60

Record: 5.47 (2006)

Position	Name	School	Result	Remark	Points
1	Cheng Sau Kan	LSTYKH	4.55	Standard	9
2	Yip Sui Man	NP2C	4.14	Standard	7
3	Chan Hiu Lam	PLKNO.1C	4.13	Standard	6
4	Ng Tsz Ching	PLKNO.1C	4.12	Standard	5
5	Leung Hiu Tung	HGC	4.11	Standard	4
6	Yip Ching Wan	QES	4.10	Standard	3
7	Sung Hei Lam	OLRC	4.06	Standard	2
8	Yu Ka Yan	HWC	4.02	Standard	1
	Li Man Yee	PKSS	3.84	Standard	
	Lui Chun Yin	LWFSS	3.81	Standard	

Cho Lap Yin	TNSS	3.77	Standard
Yip Yee Lui	TOSS	3.70	Standard
Wu Yee Ching	OLC	3.70	Standard
Ng Hoi Tung	CCSS	3.68	Standard
Tam Lok Ting	CREATIVE	3.65	Standard
Chung Miu Ling	KTGS	3.63	Standard
Ng Lai Pik	NAMS	3.61	Standard
Mok Wing Nga	OLC	3.60	Standard
Yu Wing Wing	HWC	3.58	
Choi Yu Ying	WWS	3.56	
Wong Wai Man	LCCS	3.49	
Leung Suet Man	CCSS	3.47	
Lau Sau Wan	BHNC	3.43	
Mok Hiu Laam	TNSS	3.43	
Lung Tsz Ki	QES	3.28	
Leung Pui Kuen	KWSC	3.27	
Ngai Man Ting	DMS-HW	3.24	
Lui Ho Ying	LCCS	3.20	
Ho King Ying	TYH	3.16	
Chan Ka Kwan	KTGS	3.13	
Lau Hoi Ying	OLRC	3.08	
Lai Hiu Chui	HGC	2.90	
Ho Lok Hang	TOSS	2.85	
Pau Wing Tung	WWS	2.78	
Ng Siu Mui	DMS-HW	2.51	
Wong Pui Ki Peggy	CCSC	2.51	
Law Nga Wing	PTSS		DN take part
Chow Hiu Yi	CDGFSS		DN take part
Wong Ka Yi	MYC		DN take part
Law Wan Ying	NAMS		No Mark
Tang Yuen Yee Winnie	CREATIVE		DN take part
Yuen Mei Chi	LSTYKH		DN take part
Cheung Cheuk Yan	BHJS		DN take part
Li Wing Yee	KWSC		DN take part
Chan Cheuk Ting	CDGFSS		DN take part
Ng Ting Ting	PTSS		DN take part
Yim Shuk Ching	PLKLCF		DN take part
Lee Jianna	BHJS		DN take part
Wong Ship	BHNC		No Mark

=====
Event 3 Shot Put Boys C
Standard: 7.50 (4kg)

Record: 12.38 (2004) (4kg)

Position	Name	School	Result	Remark	Points
1	Hsu Sai Yeung	HGC	10.46	Standard	9
2	Yip Chi Wing	LS	10.10	Standard	7
3	Chan Ka Chun	KTKLGSS	9.87	Standard	6
4	Mo Kee Fai Jess	TYH	9.43	Standard	5
5	Tung Wai Cheung	SYSS	8.99	Standard	4
6	Ng Lok Him	KTKLGSS	8.74	Standard	3
7	Tso Ming Chi	CCSC	8.73	Standard	2
8	Yiu King Fung	MCDHMC	8.31	Standard	1
	Chow Man Kit	KHSS	8.16	Standard	
	Lai Samuel Dic Sum	CCSC	8.14	Standard	
	Wong Kai Chung	CCSS	7.99	Standard	
	Lee Hung Kei	KTGS	7.91	Standard	
	So Siu Laam	HGC	7.87	Standard	
	Lun Ka Lok	CYT	7.85	Standard	
	Cheung Ka Long	NAMS	7.78	Standard	
	Lam Fai Tat	TKPK	7.78	Standard	
	Tse Chin Sing	HGSS	7.77	Standard	
	Ng Kai Him	HGSS	7.76	Standard	
	Kung Wai Lun	CYT	7.75	Standard	
	Lau Chi Wai	KHSS	7.64	Standard	
	Kwan Man Hong	KWSC	7.61	Standard	
	Wong Ming Kin	LCCS	7.59	Standard	
	Sung Ka Hei	PKSS	7.56	Standard	

Kan Ho Hin	BHJS	7.43	
Lau Yik Shing	TKPK	7.41	
Chan Yin Lung	BHJS	7.38	
Chan Yu Chung	WWS	7.23	
Pang Chi Fung	TYH	7.23	
Shek Chak Ngan	CCSS	7.20	
Kong Yat Man	SKHLKY	7.05	
Wu Kwok Hin	LSTYKH	7.04	
Yen Chun Lung	WWS	7.03	
Lam Pok Man	PTSS	6.94	
Law Chung Ming	PTSS	6.89	
So Man On	BHJK	6.82	
Wong Chun Sing	KTGS	6.72	
Cheuk Ho Yin	LSTYKH	6.69	
Poon Ho Yan	HWC	6.62	
Yip Man Hin	LCCS	6.33	
Lin Ho Yin	SYSS	4.68	
Yau Man Lai	CREATIVE	4.65	
Pun Kwok Yung	NAMS		DN take part
Or King Yuk	KWSC		DN take part
Kong Chun Kit	PLKNO.1C		DN take part
Yu Bei Ping	CREATIVE		DN take part
Tsui Ting Yan	PLKNO.1C		DN take part
Ng Ka Ho	HWC		No Mark
Kam Chun Sing	QES		DN take part

=====
Event 4 Javelin Boys A

Standard: 22.00 (700gm) Record: 60.43 (2007) (700gm)

Position	Name	School	Result	Remark	Points
1	Cheung Tak Wai	CCSS	34.59	Standard	9
2	Chan Chun Wa	TKPK	33.99	Standard	7
3	Chan Cheong Chun	TYH	33.49	Standard	6
4	Zhen Jinjun	NAMS	33.41	Standard	5
5	Chan Ming Kin	CCPASS	33.01	Standard	4
6	Chung Wai Cheung	NAMS	31.95	Standard	3
7	Wong Chik Lam	HWC	30.29	Standard	2
8	Kong Kwong Pan	QES	27.60	Standard	1
	Chan Chan Kwong	KTKLGSS	25.25	Standard	
	Wong Chun Fong	YCM	24.09	Standard	
	Fung Shing Yan	PCCSS	23.40	Standard	
	Lai Chi Shing	LCCS	23.07	Standard	
	Sin Tak Ming	YCM	22.69	Standard	
	Chan Tsz Ki	QES	22.29	Standard	
	Mok Ka Kit	LCCS	19.74		
	Chan Ka Yu	HGC	18.45		
	Wong Cho Leong	WWS	17.68		
	Wong Wai Faat	HGC	16.39		
	Ngai Ying Yiu	KTKLGSS	14.65		
	Sin Wai Kit	HWC	12.99		
	Ma Ka Wai	KWSC		DN take part	
	Wong Wai Ming	KWSC		DN take part	
	Lam Hon	PCCSS		DN take part	
	Ho Man Lung	WWS		DN take part	
	Poon Wing Keung	TYH		DN take part	

=====
Event 5 200m Girls C

Standard: 34.00 Record: 26.07 (2004)

Final			Points	
1	Fatin Shahika B. R.	OLRC	29.17	9
2	Cheng Yi Ting	CCSC	29.33	7
3	Fung Hoi Yi	LCCS	29.41	6
4	Lai Hiu Ching	HGC	29.60	5
5	Ng Ka Man	TOSS	29.65	4
6	Lo Wai	CREATIVE	30.00	3
7	Li Ka Sin	LS	30.77	2

8	Kong Yee Ching	MCDHMC	30.85	1
=====				
Event 6	200m Girls B			
Standard:	33.00	Record:	25.22	(2002)

Final				Points
1	Lau Fan Hei	CDGFSS	27.72	9
2	Tsang Tsz Yan	BHNC	28.77	7
3	Tsang Siu Fung	NP2C	28.79	6
4	Lee Kin Hung	HGC	29.83	5
5	Wong So Ting Christine	TOSS	29.85	4
6	Chan Hoi Hiu	TOSS	30.15	3
7	Chiu Ka Man	SKHLKY	30.19	2
8	So Long Hang	TNSS	30.37	1
=====				
Event 7	200m Girls A			
Standard:	33.00	Record:	24.93	(2007)

Final				Points
1	Hung Tsui Ying	HWC	29.51	9
2	Yeung Yin Ting	TYH	30.26	7
3	Pau Wing Wa	WWS	30.50	6
4	Ho Wai Yi	HWC	30.79	5
5	Wong Hiu Tung	OLC	31.31	4
6	Tam Wing Yan	DMS-HW	31.42	3
7	Pang Wan Yee	WWS	31.64	2
8	Hansen Sirena Mary	DMS-HW		
=====				
Event 8	200m Boys C			
Standard:	29.50	Record:	22.59	(2008)

Final				Points
1	Tong Zhi Cai	QES	25.02	9
2	Yuen Tsz Tai	BHJS	25.41	7
3	Cheung Kai Wang	DMS-HW	26.28	6
4	Wong Felix Wing Hay	CREATIVE	26.37	5
5	Yau Ka Ho	PTSS	26.87	4
6	Wong Wai Nok	CCSC	26.97	3
7	Tse Tin Chi	SKHLKY	27.15	2
8	Wu Chin Chung	MCDHMC		
=====				
Event 9	200m Boys B			
Standard:	27.00	Record:	22.55	(2005)

Final				Points
1	Kwong Ming Kin	CCSC	23.90	9
2	Wan Chi Ki	MCDHMC	24.39	7
3	Lau Chun Wai	HGC	24.40	6
4	Hassan Abdul Rahman	CYT	24.42	5
5	Choi Pui Fung	SYSS	24.52	4
6	Chan Chi Chiu	HWC	24.85	3
7	Chan Tsz Hin	KHSS	25.22	2
8	Pang Tsz Fung	BHJS	25.41	1
=====				
Event 10	200m Boys A			
Standard:	26.50	Record:	21.53	(2007)

Final				Points
1	Tang Kwok Chi	DMS-HW	24.47	9
2	Hui Shu Fong	DMS-HW	25.13	7
3	Chan Ka Leung	TKPK	25.20	6
4	Lo Ka Lok	HWC	25.34	5
5	Lee Hiu Fai	SYSS	25.40	4
6	Tsang Cheuk Wing	HGC	25.51	3
7	So Ching On	KHSS		
8	Wong Ting Tat	YCM		
=====				

Event 11 100m Hurdles Girls C
Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

Final				Points
1	Cheung Chung Yan	TOSS	18.77	9
2	Chak Long Ching	OLRC	19.62	7
3	Lee Tsz Ching	OLC	19.95	6
4	Kwok Man Wai	HWC	20.56	5
5	Kwok Hoi Ching	OLC	21.22	4
6	Ng Man Wai	OLRC	21.41	3
7	Ngan Wing Sze	HWC	21.51	2
8	Chung Lai Ching	WWS	22.55	1

Event 12 100m Hurdles Girls B
Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

Final				Points
1	Yip Yee Lui	TOSS	17.61	9
2	Sung Hei Lam	OLRC	19.04	7
3	Choi Yu Ying	WWS	19.05	6
4	Chow Mei Hang	OLRC	19.22	5
5	Sin Mei Sze	OLC	19.70	4
6	Tang Pui Ni	CCSC	19.86	3
7	Luk Fei Man	CDGFSS	19.87	2
8	Poon Hoi Yan	HWC	19.92	1

Event 13 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Final				Points
1	Wong Sze Man	LSTYKH	18.89	9
2	Chan Chung Yan	TOSS	19.08	7
3	Yau Wai Yin	HWC	19.40	6
4	Chung Fook Yu	HWC	19.58	5
5	Chung Pui Yan	CDGFSS	19.85	4
6	Tso Yuen Yan	OLRC	19.94	3
7	Yu Cheuk Kwan	OLC	22.28	2
8	Au Tsz Kiu	OLC		

Event 14 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Final				Points
1	Chan Lok Hin	CYT	16.32	9
2	Leung Hoi Man Victor	WWS	16.51	7
3	Leung Hoi Fu	HWC	17.42	6
4	Yuen Ho Fai	LCCS	17.93	5
5	Chiu Pit Chun	WWS	17.96	4
6	Lau Chi Chung	KTKLGSS	19.17	3
7	Lam Ting Pong	HGC	19.30	2
8	Cheung Tsz Choi	KHSS	20.11	1

Event 15 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Final				Points
1	Au Chun	TYH	15.53	9
2	Mak Shing Hei	CYT	16.12	7
3	Ip Ka Long	HWC	16.25	6
4	Wong Ho Yuen	WWS	16.41	5
5	Yeung Ho Yin	TYH	16.46	4
6	Leung Chun Wai	PTSS	18.15	3
7	Lau Chun Wai	HGC		
8	Ngo Yuen Yeung	KHSS		

Event 16 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

Final				Points
1	Shum Chik Lai	QES	14.38	9
2	Wong Tsan Lung	LWFSS	16.47	7
3	Yu Kwan Ching	HWC	16.59	6
4	Lui Siu Ting	CCSS	16.68	5
5	Chan Chun Tat	CCSC	17.49	4
6	Hui Tak Lik	MCDHMC	17.93	3
7	Lo Yung Hong	SYSS	19.37	2
8	Lee Chun Wai	CCPASS		

=====
 Event 17 800m Girls C
 Standard: 3:20.00 Record: 2:19.72 (2000)

Final				Points
1	Yung Ka Ka	LCCS	2:50.36	9
2	Lung Hong Ki	KHSS	2:54.69	7
3	Ho Shuk Man	HGC	2:55.19	6
4	So Yuen Ting	BHJS	2:56.76	5
5	Wong Pui Ki	TNSS	2:57.02	4
6	Chow Yeuk Nga	BHJS	2:59.82	3
7	Ng Hin Ting	LCCS	3: 1.42	2
8	Chung Man Sze	OLRC	3: 7.99	1
9	Wen Jiaying	OLRC	3:10.30	
10	Ting Sze Yan	PTSS	3:20.17	
11	Chan Po Po	SKHLKY	3:25.37	
12	Tsang Wai Ping	PKSS		

=====
 Event 18 800m Girls B
 Standard: 3:18.00 Record: 2:15.76 (2001)

Final				Points
1	Ho Ho Yan	KHSS	2:49.18	9
2	Tang Pui Yue	LCCS	2:49.26	7
3	Au Kit Ming	QES	2:50.73	6
4	Li Mei Yee	BHJS	2:50.84	5
5	Ho Hiu Yan	TNSS	2:55.60	4
6	Shiu Tsz Kwan	CDGFSS	2:55.65	3
7	Wong Hing Yee	LCCS	2:56.87	2
8	Wu Yue Wei	NAMS	2:57.28	1
9	Tsang Wing Yan	NAMS	3: 0.12	
10	Poon Hoi Yan	HWC	3: 1.59	
11	Sit Ming Wai	MYC	3: 1.87	
12	Chan Hiu Kwan	CCSS	3:14.20	

=====
 Event 19 800m Girls A
 Standard: 3:16.00 Record: 2:18.30 (1994)

Final				Points
1	Ng Mo Yin	QES	2:51.23	9
2	Yau Wing Lai	DMS-HW	2:54.07	7
3	So Kit Ying	OLC	2:59.54	6
4	Yeung Yuen Mui	HWC	3: 1.20	5
5	Au Tsz Yu	CDGFSS	3: 1.57	4
6	Li Yuen Ki Jessica	BHJS	3: 2.17	3
7	Leung Shuk Ying	NP2C	3: 6.43	2
8	Lee Wai Fan	QES	3: 7.27	1
9	Ip Wing Yu	NAMS	3: 9.71	
10	Cheung Wai Ting	CDGFSS	3:16.92	
11	Lam Ka Wai	TYH	3:17.07	
12	Chan Kai Ling	HGC		

=====
 Event 20 800m Boys C
 Standard: 2:45.00 Record: 2:08.20 (2004)

Final				Points
1	Tsang Wai Lun	KHSS	2:24.88	9

2	Tong Cheuk Him	KHSS	2:26.09	7
3	Cheung Ka Ho	PLKNO.1C	2:27.64	6
4	Leung King Hang	CYT	2:27.68	5
5	Lam Ting Pong	HGC	2:28.22	4
6	Ching Tsz Hei	CCSC	2:29.73	3
7	Wu Chi Wa	CYT	2:34.31	2
8	Chan Ka Yin	KTGS	2:34.38	1
9	Cheng Lo Wai	WWS	2:34.39	
10	Wong Chi Cheong	KTKLGSS	2:35.57	
11	Sze Yuen Fai	PKSS	2:37.62	
12	Tang Chi Ho	PLKNO.1C		

=====
Event 21 800m Boys B

Standard: 2:30.00 Record: 2:03.35 (2008)

Final				Points
1	Shau Hung Leung	CCPASS	2:16.11	9
2	Wong Chun	HWC	2:16.17	7
3	Chou Hoi Lam	NAMS	2:18.19	6
4	Chiu Yat Wai	CYT	2:18.93	5
5	Lam Long Wai	CCSC	2:21.31	4
6	Tang Ho Man	SKHLKY	2:21.63	3
7	Siu Man Kit	LCCS	2:21.82	2
8	Yeung Hong To	HWC	2:22.63	1
9	Law Cho Kam	SYSS	2:23.24	
10	Cheng Chun Kit	SKHLKY	2:24.04	
11	Wong Yip Choi	BHNC	2:24.79	
12	Chau Kwan Hung	PKSS	2:29.51	

=====
Event 22 800m Boys A

Standard: 2:30.00 Record: 1:57.89 (2004)

Final				Points
1	Kwan Ping Cheong	KWSC	2: 8.14	9
2	Mak Ka Wo	KTGS	2:11.67	7
3	Wong Ka Ngo	KTKLGSS	2:12.22	6
4	Yau Ping Hang	DMS-HW	2:12.62	5
5	Chan Wai Yat	SKHLKY	2:15.12	4
6	Poon Wing Keung	TYH	2:16.09	3
7	Wong Ka Hung	DMS-HW	2:18.03	2
8	Chong Lai Wing	HWC	2:18.39	1
9	Lam Tsz Yeung	KTGS	2:18.81	
10	Lui Yuk Sing	SYSS	2:18.82	
11	Leung Tsz Hong	CCSS	2:20.54	
12	Zeng Jing Hua	NAMS	2:26.55	

=====
Event 23 100m Girls C

Standard: 16.00 Record: 12.55 (2004)

Final				Points
1	Fatin Shahika B. R.	OLRC	13.95	9
2	Cheung Hoi Ying	LCCS	14.04	7
3	Fung Hoi Yi	LCCS	14.05	6
4	Lai Hiu Ching	HGC	14.17	5
5	Ng Ka Man	TOSS	14.22	4
6	Li Ka Sin	LS	14.45	3
7	Tsang Tammi	PLKLFC	14.53	2
8	Kong Yee Ching	MCDHMC	14.89	1

=====
Event 24 100m Girls B

Standard: 15.50 Record: 12.21 (2005)

Final				Points
1	Lau Fan Hei	CDGFSS	13.10	9
2	Chan Hoi Hiu	TOSS	13.77	7
3	Cheng Sau Kan	LSTYKH	13.82	6
4	Tsang Siu Fung	NP2C	13.89	5

5	Ho Ka Wai	OLRC	13.92	4
6	Lee Kin Hung	HGC	13.97	3
7	Tsang Tsz Yan	BHNC	13.99	2
8	Wong So Ting Christine	TOSS	14.18	1

=====
Event 25 100m Girls A

Standard: 15.30 Record: 12.11 (1995)

Final				Points
1	Hung Tsui Ying	HWC	13.68	9
2	Yeung Yin Ting	TYH	14.01	7
3	Wong Man Yan	LSTYKH	14.09	6
4	Ho Wai Yi	HWC	14.49	5
5	Leung Man Wah	OLC	14.57	4
6	Tam Wing Yan	DMS-HW	14.76	3
7	Hansen Sirena Mary	DMS-HW		
8	Cheng Hau Yan	YCM		

=====
Event 26 100m Boys C

Standard: 14.00 Record: 11.35 (2008)

Final				Points
1	Tong Zhi Cai	QES	12.09	9
2	Yuen Tsz Tai	BHJS	12.19	7
3	Leung Hoi Man Victor	WWS	12.38	6
4	Chan Man Chun	PCCSS	12.53	5
5	Wong Felix Wing Hay	CREATIVE	12.60	4
6	Cheung Kai Wang	DMS-HW	12.65	3
7	Wong Tsz Hin	KTGS	12.68	2
8	Wong Wai Nok	CCSC	12.92	1

=====
Event 27 100m Boys B

Standard: 13.00 Record: 11.03 (2008)

Final				Points
1	Mak Shing Hei	CYT	11.44	9
2	Choi Pui Fung	SYSS	11.86	7
3	Fong Lok Hang	CCSC	11.96	6
4	Wan Chi Ki	MCDHMC	12.01	5
5	Choi Ho Hin	PLKLCFC	12.36	4
6	Pang Tsz Fung	BHJS	12.37	3
7	Li Ka Ho	KTKLGSS	12.44	2
8	Cheng Kin	PTSS	12.61	1

=====
Event 28 100m Boys A

Standard: 12.60 Record: 10.40 (2008)

Final				Points
1	Tang Kwok Chi	DMS-HW	11.68	9
2	Cheung Kin Ho	HGSS	11.70	7
3	Hui Shu Fong	DMS-HW	12.05	6
4	Lam Chi Fung	BHNC	12.10	5
5	Wong Hoi Hong	HGC	12.15	4
6	Wong Kok Sum	CCSS	12.21	3
7	Chan Ka Leung	TKPK	12.27	2
8	So Ching On	KHSS	12.33	1

=====
Event 29 Javelin Boys B

Standard: 18.00 (600gm) Record: 51.63 (2008) (600gm)

Position	Name	School	Result	Remark	Points
1	Yip Chiu Tat	NAMS	31.54	Standard	9
2	Lam Yuek Fung	KTKLGSS	27.11	Standard	7
3	Cheng Tai Wai David	TYH	26.83	Standard	6
4	Lau Siu Ching	HGC	26.20	Standard	5
5	Leung Tsz Hin	LCCS	25.92	Standard	4
6	Cheung Jeese Nai Yan	CCSS	25.74	Standard	3

7	Ching Tsz Ho	SKHLKY	23.50	Standard	2
8	Chong Wai Kit	KTKLGSS	20.50	Standard	1
	Leung Ka Ho	WWS	20.35	Standard	
	Chau Ho Yin	HWC	17.91		
	Lee Cheuk Ming	HGC	17.78		
	Yip Ka Wai	PTSS	16.95		
	Ho Ho Wai	PTSS	16.69		
	Tang Kit Chun	CCSS	16.26		
	Liu Sum Hon	TKPK	16.16		
	Ng Koon Lung	TYH	15.99		
	Man Yat Chun	PLKNO.1C	15.91		
	Ling Tsz Hang	CYT	15.41		
	Lai Tsz Him	CYT	13.87		
	Leung Chi Ho	HWC	13.46		
	Situ Jiancheng	PLKNO.1C		DN take part	
	Mak Yu Hin	QES		DN take part	
	Or Tak Shing	LCCS		No Mark	
	Tse Kai Kam	NAMS		No Mark	
	Doan Quang Viet	PCCSS		DN take part	
	Ho Ka Kit	PCCSS		DN take part	
	Lee Tsz Hong	WWS		DN take part	

=====
Event 30 5000m Boys A

Standard: 22:00.00

Record: 15:55.85 (1982)

Final

				Points
1	Chan Pui Yuk	TKPK	17:30.78	9
2	Ha Ming Yin	SYSS	18:35.02	7
3	Cheung Chung Shing	YCM	19:22.67	6
4	Li Man Hin	KWSC	19:36.91	5
5	Chiu Kam	KTKLGSS	20: 9.30	4
6	Chan Wai Kit	TKPK	20:42.11	3
7	Tam Ming Hong	NAMS	21: 1.51	2
8	Tam Hoi Ho	SYSS	21: 4.41	1
9	Ma Pui Chung	KTKLGSS	21:16.15	
10	Chow Yun Sang	HGSS	21:25.13	
11	To Hing Chung	HWC	21:57.33	
12	Chan Tsz Hin	BHJS	22: 0.86	
13	Wong Chun Kit	TYH	22:17.30	
14	Ching Sai Chung	LCCS	22:41.15	
15	Lau Wai Yin	PCCSS	23:50.71	
16	Chan Ka Keung	NAMS	24:19.49	
17	Tong Chun Yuen	TYH	25:32.48	
18	Chan Chun Pang	CCPASS	26:15.40	
19	Chan San Yuen	CCPASS	27: 5.86	
20	Ho Cheuk Hin	MYC		
21	Luk Siu Hang	BHJS		
22	So Wang Tak	PCCSS		
23	Wong Cheuk Wah	QES		
24	Lai Chi Wai	DMS-HW		
25	Lee Chun Keung	MYC		
26	Liu Chun Hoe Aaron	YCM		

=====
Event 31 400m Girls C

Standard: 1:23.00

Record: 58.78 (2000)

Final

				Points
1	Cheng Yi Ting	CCSC	1: 8.15	9
2	Tsang Tammi	PLKLFC	1:10.88	7
3	Lai Tsz Yan	TNSS	1:11.16	6
4	Kong Chak Ming	SKHLKY	1:12.11	5
5	Au Yee Hung	TNSS	1:13.90	4
6	Chan Wing Ki	LSTYKH	1:14.42	3
7	Lam Suet Ying	TOSS	1:15.03	2
8	Lau Ka Lee	KHSS	1:17.45	1

=====
Event 32 400m Girls B

Standard: 1:20.00 Record: 57.29 (2002)

Final				Points
1	Ho Ka Wai	OLRC	1: 6.10	9
2	Cheung Mei Chi	OLRC	1: 9.78	7
3	Leung Hiu Tung	HGC	1:10.39	6
4	Tang Pui Yue	LCCS	1:10.86	5
5	Lee Pik Sim	WWS	1:12.99	4
6	Chung Hiu Ki	TNSS	1:13.52	3
7	Wong Hing Yee	LCCS	1:14.23	2
8	Tsang Wing Yan	NAMS	1:15.16	1

Event 33 400m Girls A

Standard: 1:20.00 Record: 58.29 (1999)

Final				Points
1	Chiu Sau Ying	LSTYKH	1: 5.93	9
2	Ng Man Ying	MYC	1: 9.26	7
3	Tsang Chi Mei	LSTYKH	1: 9.36	6
4	Yau Wing Lai	DMS-HW	1: 9.49	5
5	Chan Kai Ling	HGC	1:12.69	4
6	Wong Hiu Tung	OLC	1:13.19	3
7	Lam Ka Ying	CDGFSS	1:14.49	2
8	Li Yuen Ki Jessica	BHJS	1:16.42	1

Event 34 400m Boys C

Standard: 1:10.00 Record: 51.23 (2008)

Final				Points
1	Wong Kin Shing	CYT	59.90	9
2	Wong Wing Yiu	PLKNO.1C	1: 1.05	7
3	Cheng Lo Wai	WWS	1: 1.06	6
4	Ching Tsz Hei	CCSC	1: 2.67	5
5	Law Ka Ngai	SYSS	1: 6.45	4
6	Tsang Wai Lun	KHSS	1: 9.17	3
7	Lau Chun He	KHSS	1:10.67	2
8	Leung King Hang	CYT	1:12.44	1

Event 35 400m Boys B

Standard: 1:03.00 Record: 51.63 (2008)

Final				Points
1	Kwong Ming Kin	CCSC	55.25	9
2	Wong Chun	HWC	56.02	7
3	Tsang Tsz Ki	LS	56.17	6
4	Tam Man Fung	BHJS	56.31	5
5	Ng Wing Tong	KTKLGSS	58.91	4
6	Ngo Yuen Yeung	KHSS	59.31	3
7	Yung Ka Yu	LWFFSS	1: 2.38	2
8	Chan Lam Wah	BHNC		

Event 36 400m Boys A

Standard: 1:01.00 Record: 49.10 (1964)

Final				Points
1	Kwan Ping Cheong	KWSC	53.52	9
2	Tam Ka Chun	MCDHMC	55.11	7
3	Tsang Cheuk Wing	HGC	55.51	6
4	Luo Yuxiang	DMS-HW	56.87	5
5	Kwan Chun Kit	CCSC	57.27	4
6	Leung Chun Ting	MYC	58.87	3
7	Yeung Chi Man	YCM		
8	Ho Wing Nam	MYC		

Event 37 1500m Girls C

Standard: 7:10.00 Record: 5:02.16 (2003)

Event 40 Javelin Girls A

Standard: 15.00 (600gm)

Record: 39.88

(2004) (600gm)

Position	Name	School	Result	Remark	Points
1	Wong Ming Wai	CDGFSS	26.25	Standard	9
2	Lam Ka Ying	CDGFSS	21.98	Standard	7
3	Siu Wing Yan	TNSS	21.48	Standard	6
4	Tsoi Ching Ni	WWS	18.46	Standard	5
5	Tam Shuk Yee	CCSS	18.31	Standard	4
6	Wong Po Sze	DMS-HW	17.48	Standard	3
7	Chu Hoi Man	NAMS	16.84	Standard	2
8	Tsang Wing Shuen	PTSS	16.08	Standard	1
	Tang Hoi Ching	WWS	15.77	Standard	
	Siu Ying	PTSS	15.09	Standard	
	Lau Yuen Yi	OLC	14.84		
	Lui Pui Chi	YCM	14.71		
	Lung Wing Yi	MCDHMC	14.19		
	Lam Pui Yan	OLC	13.58		
	Lu Wenhua	DMS-HW	11.24		
	Ng Yan Ling	LWFSS	10.94		
	Wong Ying Man	HWC	10.87		
	Cheng Wai Sum	OLRC	10.57		
	Tsang Wai Kwan	HGC	7.10		
	Lo Tung Yi	KWSC		DN take part	
	Leung Shui Fan	KWSC		No Mark	
	Tsang Hang In	HGC		No Mark	
	Chan Ka Yin	CCSS		DN take part	
	Lam Wing Ki	LSTYKH		DN take part	
	Cheung Wai Yee	TYH		DN take part	
	Mau Man Kwan	NAMS		No Mark	

Event 41 4x100m Relay Boys C

Standard: 56.00

Record: 45.05

(2008)

Final			Points
1	TKPK	51.29	18
2	BHJS	51.62	14
3	CCSC	52.02	12
4	SYSS	52.23	10
5	WWS	52.59	8
6	PTSS	54.32	6
7	QES		
8	CYT		

Event 42 4x100m Relay Boys B

Standard: 52.00

Record: 44.99

(2005)

Final			Points
1	CYT	47.15	18
2	BHJS	47.97	14
3	MCDHMC	47.98	12
4	KHSS	48.07	10
5	HWC	48.54	8
6	SYSS	48.98	6
7	PTSS	49.28	4
8	KTKLGSS	49.39	2

Event 43 4x100m Relay Boys A

Standard: 49.50

Record: 42.63

(1996)

Final			Points
1	QES	46.26	18
2	HWC	47.28	14
3	KWSC	47.81	12
4	SYSS	47.85	10
5	BHJS	48.02	8
6	HGC	48.18	6

7 CCSC 49.13 4
8 DMS-HW

=====
Event 44 4x100m Relay Girls C
Standard: 1:05.00 Record: 51.46 (2006)

Final			Points
1	OLRC	57.22	18
2	LCCS	58.55	14
3	TNSS	59.29	12
4	LS	1: 0.10	10
5	CCSC	1: 0.29	8
6	HWC	1: 0.37	6
7	WWS	1: 0.42	4
8	OLC		

=====
Event 45 4x100m Relay Girls B
Standard: 1:03.00 Record: 49.52 (2007)

Final			Points
1	TOSS	56.13	18
2	PKSS	56.94	14
3	HWC	57.24	12
4	OLRC	57.26	10
5	TNSS	58.72	8
6	NP2C	59.19	6
7	CCSC	59.73	4
8	CCSS	1: 3.25	2

=====
Event 46 4x100m Relay Girls A
Standard: 1:02.00 Record: 48.49 (2008)

Final			Points
1	WWS	57.47	18
2	TYH	58.00	14
3	YCM	59.56	12
4	DMS-HW	1: 0.53	10
5	OLC	1: 1.11	8
6	CCSC	1: 1.46	6
7	NAMS	1: 1.83	4
8	LSTYKH		

=====
Event 47 4x400m Relay Boys C
Standard: 4:45.00 Record: 3:46.84 (2008)

Final			Points
1	CYT	4:12.98	18
2	SYSS	4:13.21	14
3	WWS	4:13.76	12
4	KHSS	4:19.39	10
5	PLKLFC	4:26.05	8
6	PLKNO.1C	4:30.03	6
7	CCSC	4:30.40	4
8	PTSS	4:31.25	2

=====
Event 48 4x400m Relay Boys B
Standard: 4:20.00 Record: 3:37.67 (2008)

Final			Points
1	HWC	3:49.84	18
2	CCSC	3:49.87	14
3	CCPASS	3:53.79	12
4	BHNC	3:53.89	10
5	NAMS	3:55.18	8
6	BHJS	3:57.61	6
7	WWS	3:59.68	4
8	CYT	4: 2.20	2

=====
Event 49 4x400m Relay Boys A
Standard: 4:05.00 Record: 3:26.60 (1989)

Final			Points
1	BHJS	3:45.98	18
2	KTGS	3:48.24	14
3	TYH	3:49.43	12
4	CCSC	3:52.39	10
5	SYSS	3:53.83	8
6	NAMS	3:55.62	6
7	HWC	3:56.96	4
8	DMS-HW	3:56.98	2

=====
Event 50 4x400m Relay Girls C
Standard: 5:40.00 Record: 4:16.63 (2008)

Final			Points
1	TNSS	4:55.84	18
2	PLKLFC	4:57.28	14
3	OLC	5: 1.53	12
4	TOSS	5: 4.06	10
5	KHSS	5: 5.44	8
6	SKHLKY	5: 7.81	6
7	OLRC	5: 7.88	4
8	TYH	5:10.38	2

=====
Event 51 4x400m Relay Girls B
Standard: 5:30.00 Record: 4:18.98 (2004)

Final			Points
1	OLRC	4:43.91	18
2	CDGFSS	4:49.92	14
3	HGC	4:58.58	12
4	WWS	5: 0.58	10
5	TNSS	5: 1.19	8
6	LCCS	5: 2.50	6
7	PLKLFC	5: 2.78	4
8	NAMS	5: 3.51	2

=====
Event 52 4x400m Relay Girls A
Standard: 5:30.00 Record: 4:13.62 (2007)

Final			Points
1	CDGFSS	4:50.57	18
2	HWC	4:51.53	14
3	DMS-HW	5: 6.48	12
4	MYC	5: 7.00	10
5	OLC	5: 7.19	8
6	TNSS	5:12.05	6
7	NAMS	5:20.62	4
8	WWS	5:46.71	2