

Inter-School Athletics Championships 2008/2009

HK Island & Kowloon

Division Three (Area 4) Final Results

Boys A Grade

100m

1	Ip Hin Chi	SKHTSK	11.45
2	Fong Kwok Leung	DMS-BW	11.58
3	Poon Chi Long	SMS	11.64
4	Chan Chi Miu	KCC	11.65
5	Wong Hao Keng	SMHYC	11.68
6	Tsang Yuk Kwan Harry	KCC	11.84
7	Lam Wing Cheung	ATS	11.85
8	Cheng Pok Man	MKES	12.06

200m

1	Ip Hin Chi	SKHTSK	23.36
2	Lam Wing Cheung	ATS	23.85
3	Wong Hao Keng	SMHYC	23.89
4	Poon Chi Long	SMS	24.23
5	Yeung Chun Hing	LSTWCM	24.42
6	Lau Yiu Ting Tim	LCD	24.59
7	Cheung Ka Wai	KCC	24.75
8	Chiu Kai Tung	MKES	25.89

400m

1	Chung Tak Lun	LKYMS	53.30
2	Mo Wing Yin	SMS	53.33
3	Cheung Ka Ho	KCC	54.77
4	Cheung Man Hin	LKYMS	55.35
5	Gianni Mellwani	GSIS	55.89
6	Ng Tik Lam	MKES	56.21
7	Fong Kin Wing	SKHKH	56.95

800m

1	Ng Chung Yin	QUALIED	2 :	6.04
2	Chung Tak Lun	LKYMS	2 :	9.78
3	Fung Siu Tai	SKHTSK	2 :	12.53
4	Chui Ho Yin	ATS	2 :	12.54
5	Mang Kai Yuen	KCC	2 :	19.88
6	Lam Hong Tai	CSKMS	2 :	19.89
7	Yuen Chi Shing	MKES	2 :	20.41
8	Stefan Nigam	GSIS	2 :	21.13

1500m

1	Choi Yik Shing	MKES	4 :	27.37
2	Ng Chung Yin	QUALIED	4 :	28.67
3	Singh Michael Satwin	DMS-BW	4 :	45.59
4	Ng Tik Lam	MKES	4 :	46.54
5	Wong Hoi Lok Ricci	SKHKH	4 :	48.85
6	Choi Ho Yin Benson	YCKMC-2	4 :	51.44
7	Chan Yuk Kwan	LSTWCM	4 :	52.47
8	Wong Kai Cheung	SKHTSK	4 :	56.11

5000m

1	Choi Yik Shing	MKES	18 :	28.55
2	Zhan Qianying	YCKMC-2	18 :	39.30
3	Wong Wai Tung	CSKMS	18 :	43.15
4	Singh Michael Satwin	DMS-BW	19 :	2.81
5	Choi Ho Yin Benson	YCKMC-2	19 :	13.62
6	Mak Yui Kan	WYHK	19 :	14.45
7	Chan Yuk Kwan	LSTWCM	19 :	27.84
8	Chong Ho Chit	KLC	19 :	28.58

110m Hurdles

1	Yuen Wai Pan	QUALIED	15.16
2	Mak Chi Man	HCSS	15.44
3	Ching Tat Pang	LSTWCM	15.98
4	Lai Tze Fung	KLC	16.34
5	Chung Kin Wah	LCD	16.46
6	Chan Siu Wa	LA	16.61
7	Lam Chun Tin	MKES	16.69
8	Lui Shing Piu	BCKSS	17.17

4x100m Relay

1	LCD	47.00
2	MKES	47.17
3	ATS	47.65
4	KLC	48.13
5	KTMC	48.87

4x400m Relay

1	LKYMS	3 : 44.79
2	KCC	3 : 47.81
3	SKHTSK	3 : 47.90
4	MKES	3 : 51.77
5	GSIS	3 : 55.32
6	ATS	3 : 55.41
7	SMS	3 : 57.90

High Jump

1	Wong Kin Chung	QUALIED	1.88
2	Sajahan Sulaiman Sha.	DMS-BW	1.79
3	Law Yun Hei	SKHKH	1.75
4	Chan Chun Kit	HCSS	1.75
5	Mang Kai Yuen	KCC	1.71
6	Wong Hip Sang	SKHKH	1.71
=7	Hong Zhengong	DMS-YW	1.63
=7	Marc Hausler	GSIS	1.63

Long Jump

1	Tsui Yiu Hung	CCHK	6.36
2	Man Chun Kit	YCKMC-2	6.13
3	Ye Youjian	DMS-YW	6.03
4	Tung King Wai	LKYMS	5.94
5	Chan Chi Miu	KCC	5.93
6	Tam Kam Wing	KCC	5.88
7	Yin Ka Kin	LKYMS	5.88
8	Lui Shing Piu	BCKSS	5.77

Triple Jump

1	Ching Tat Pang	LSTWCM	12.59
2	Tung King Wai	LKYMS	12.36
3	Mo Wing Yin	SMS	12.31
4	Yeung Chun Hing	LSTWCM	12.26
5	Lam Chun Tin	MKES	11.82
6	Hong Zhengong	DMS-YW	11.67
7	Lui Ying Yeung	ATS	11.49
8	Lau Chi Yip	LCD	11.20

Shot Put

1	Lam Kai Chun	KTMC	12.37
2	Yuen King Ho	NCC	12.03
3	Marc Nielsen	GSIS	11.92
4	So Fong Man Nash	MKES	11.47
5	Fung Chong Yu Thadde	LA	11.30
6	Poon Chun Hei	HCSS	10.81
7	Maximilian Renger	GSIS	10.80
8	Man Chun Kit	YCKMC-2	10.60

Discus

1	Fung Chong Yu Thadde	LA	32.98
2	Yuen King Ho	NCC	28.88
3	So Fong Man Nash	MKES	27.60
4	Lam Ka Hei	YCKMC-2	25.64
5	Chong Chi Ho	SMS	25.43
6	Hu Siu Yuen	SMS	24.75
7	Chan Ho Nam	YCKMC-2	24.74
8	Yam Wai Kin	LSTLKK	24.65

Javelin

1	Tsui Yu Shiang	KCC	38.50
2	Wong Ka Chun	YCKMC-2	33.18
3	Li Wing Tat	MKIU	31.80
4	Kwan Yu Kin	LSTLKK	31.48
5	Yam Wai Kin	LSTLKK	31.42
6	Lau Chun Wa	MKES	28.68
7	Yip Hin Fung	KCC	27.87
8	Thapa Sanjaya	DMS-BW	27.37

Boys B Grade**100m**

1	Zacarias Canga	DMS-BW	11.95
2	Hon Chi Ho	CSS	12.03
3	Wu Hou Lam	KTMC	12.08
4	Lam Oscar Wang Chun	LSTLKK	12.18
5	Ng Kar Wang Frederic	YCKMC-2	12.19
6	Ho Chun Yin	LA	12.22
7	Mozar Tsang	GSIS	12.26

200m

1	Zacarias Canga	DMS-BW	23.98
2	Wu Hou Lam	KTMC	24.04
3	Ho Irvin	LA	24.65
4	Ng Kar Wang Frederic	YCKMC-2	24.67
5	Tsui Yuk Yin	SMS	24.88
6	Mozar Tsang	GSIS	24.91
7	Lam Oscar Wang Chun	LSTLKK	25.08
8	Yau Tsz Kit	QUALIED	25.50

400m

1	Tsui Ka Tsun	BCKSS	57.15
2	Yu Mecco Ming Ho	SMS	57.29
3	Ng Kwai Yim	QUALIED	57.36
4	So Chun Wing Clement	WYHK	57.85
5	Yip Wai Wah	CCHK	58.12
6	Lau Chun Wa	LSTWCM	58.86
7	Choi Ka Hong	SKHKH	59.60
8	Ip Kin Wang	CSKMS	1 : 1.70

1500m

1	Liu Yik Hei	LKYMS	4 : 46.01
2	Leung Man Chun	SKHKH	4 : 49.43
3	Yu Tsz Hin	SMS	4 : 51.92
4	Lam Vernon	WESLEY	4 : 54.75
5	Chien Yee Lee	CSKMS	5 : 0.67
6	Diu Siu Hong	PLKCHYT	5 : 0.74
7	Tang Tsz Chun	PLKCHYT	5 : 2.12
8	Wu Lam Lun	HKTKP	5 : 5.46

4x100m Relay

1		YCKMC-2	47.80
2		CSS	48.59
3		LSTWCM	48.62
4		SMS	49.31
5		LKYMS	49.33
6		LSTLKK	49.37
7		KTMC	49.77
8		BCKSS	50.27

High Jump

1	Chu Shing Yip	SMS	1.61
2	Lau Ka Ho	SMHYC	1.57
3	Yeung Yip Hang	HW	1.57
4	Gurung Sachin	DMS-BW	1.57
5	Michael Hinrichs	GSIS	1.57
6	Yau Chun Lung	QUALIED	1.53
7	Fung Kwok Cheung	SPETER	1.53
8	Tan Tak Po	CWCC	1.53

Triple Jump

1	Tai Ka Chun	KTMC	11.40
2	Cheung Pui Yin	SMS	11.33
3	Ng Yu Yeung Sunny	CSS	10.66
4	Leung Kwan Wai	KTMC	10.45
5	So Tsz Yin	WYHK	10.37
6	Chan Ming Chung	WYHK	10.25
7	Yau Kwok Chin	MKES	9.92
8	Fung Lok Cheong	KCC	9.85

Discus

1	Tang Chun Yuen	KTMC	32.44
2	Li Wong Kin	LSTWCM	29.14
3	Lam Chi Pang	WESLEY	26.56
4	Ngai Ka Ming	PLKCHYT	26.44
5	Brian Groebisch	GSIS	26.44
6	Lo Tak Ki	LCD	26.21
7	Wong Chun Man	KCC	26.20
8	Yeung Tin Long	SKHKH	25.68

800m

1	Yu Tsz Hin	SMS	2 : 16.83
2	Leung Man Chun	SKHKH	2 : 20.46
3	Tang Tsz Chun	PLKCHYT	2 : 21.09
4	Niklas Mundorf	GSIS	2 : 21.42
5	Leung William	WYHK	2 : 23.23
6	Lun Tin Wa	LSTWCM	2 : 23.99
7	Chan Tsz Him	WYHK	2 : 24.30
8	Chiu Ting Hin	LWSSS	2 : 24.51

100m Hurdles

1	Tong Ka Kit	LA	15.96
2	Chan Tsz Chung	CSKMS	15.97
3	Li Pan Shing	QUALIED	16.33
4	Chui Chun Kin	SPETER	16.54
5	Fung Ka Ho	LSTWCM	16.64
6	Cheung Pui Yin	SMS	16.89
7	Lau Kang Shing	CWCC	17.20
8	Yip Tsz Chun	LSTLKK	17.67

4x400m Relay

1		SMS	3 : 51.07
2		WYHK	3 : 54.45
3		LSTWCM	3 : 56.78
4		NCC	3 : 56.83
5		PLKCHYT	3 : 58.79
6		SKHKH	4 : 2.48
7		KCC	4 : 4.57
8		GSIS	4 : 8.68

Long Jump

1	Chen Zhan Tian	LSTLKK	5.89
2	Hon Chi Ho	CSS	5.75
3	Fok Ching Cheung	CCHK	5.65
4	Tan Tak Po	CWCC	5.19
5	Li Ching Hay	KTMC	5.17
6	So Tsz Yin	WYHK	5.17
7	Sachin Srivastava	GSIS	5.10
8	Yau Yin Fai	MKES	5.07

Shot Put

1	Michael Hinrichs	GSIS	11.54
2	Chong King Lun	LKYMS	11.21
3	Szeto Samane Alfa Ka	QUALIED	11.06
4	Lee Yun Loi	LSTLKK	10.91
5	Wun Wai Yin	CCHK	10.73
6	Ho Wai Kit	SKHTSK	10.70
7	Wong Kin Shing	HKTKP	10.65
8	Tsang Ho Tin	LSTWCM	10.51

Javelin

1	Lai Yik Wai	KTMC	31.98
2	Cheung Chi Him	LKYMS	29.19
3	Tang Chun Yuen	KTMC	27.95
4	Wong Chun Man	KCC	25.69
5	Ho Hiu Long	SPETER	24.86
6	Brian Groebisch	GSIS	23.53
7	Lam Chris	LCD	19.70
8	Ng Yuet Him	SKHKH	19.28

Boys C Grade

100m

1	Chang Che Jun	GSIS	12.47
2	Lai Ka Lun	LKYMS	12.54
3	Hui Lap Kei	PLKCHYT	12.55
4	Calvin Chow	GSIS	12.65
5	Kumar Rajin Labaro	DMS-BW	12.99
6	Ho Seong Tin	PLKCHYT	13.01
7	Chan Cho Ho	LKYMS	13.12
8	Cheng Ka Sing	SPETER	13.36

400m

1	Cheung Wing Shing	SMS	58.31
2	Yau Kwok Fung	SKHKH	1 : 0.36
3	Lui Wai Chun	CSS	1 : 0.63
4	Lee Ka Wah	LCD	1 : 1.00
5	Lui Yu Fung	CCHK	1 : 1.03
6	Lam King Hei	LA	1 : 2.38
7	Chan Wing Chi	CWCC	1 : 2.54
8	Yim Kai Wa	CSKMS	1 : 4.19

1500m

1	Yiu Marvin Long Yue	WYHK	5 : 8.51
2	Mak Hoi Kam	SMHYC	5 : 12.24
3	Luk Ning Hei	CSS	5 : 12.92
4	Leung Ho Shing	KTMC	5 : 13.71
5	Ng Ka Wing	PLKCHYT	5 : 13.92
6	Lee Tak Heung	LSTWCM	5 : 18.12
7	Yue Wing Chun	KTMC	5 : 20.22
8	Law Shing Cheong	SKHTSK	5 : 28.50

4x100m Relay

1		LKYMS	50.84
2		PLKCHYT	51.90
3		MKES	52.54
4		YCKMC-2	52.67
5		WESLEY	53.38
6		QUALIED	53.38
7		LSTWCM	53.86
8		KTMC	55.64

High Jump

1	Chau Man Chun	PLKCHYT	1.51
2	Moritz Ecknig	GSIS	1.48
3	Yau Kwok Fung	SKHKH	1.48
4	Lee Fu Wing	NCC	1.48
5	Denis Mundorf	GSIS	1.45
6	Fung Louis	QUALIED	1.42
7	Wan Chun Yin	CCHK	1.42
8	Chan Yiu Fai	HW	1.42

200m

1	Cheung Wing Shing	SMS	26.13
2	Lai Ka Lun	LKYMS	26.37
3	Chettiyar Nathan	DMS-BW	26.72
4	Ho Seong Tin	PLKCHYT	26.90
5	Yip Tsz Ho	SKHKH	27.02
6	Lui Wai Chun	CSS	27.15
7	Chan Cho Ho	LKYMS	27.74
8	Man Siu Kok	LA	27.81

800m

1	Mak Hoi Kam	SMHYC	2 : 26.71
2	Yue Wing Chun	KTMC	2 : 27.87
3	Denis Mundorf	GSIS	2 : 31.34
4	Ng Ka Wing	PLKCHYT	2 : 31.38
5	Kong Wing Yin	CWCC	2 : 31.99
6	Siu Pok	SMHYC	2 : 35.23
7	Yim Kai Wa	CSKMS	2 : 37.08
8	Brian Yim	GSIS	2 : 37.78

100m Hurdles

1	Sit Chung Hang	QUALIED	16.77
2	Tong Ka Chun Derek	LA	17.83
3	Lam Pui Ki	SMS	17.90
4	Leung Ho Shing	KTMC	18.73
5	Ku Tak Chun	WYHK	19.09
6	Leung Chun Yin	WESLEY	19.11

4x400m Relay

1		SMS	4 : 10.49
2		SMHYC	4 : 11.30
3		LA	4 : 19.32
4		GSIS	4 : 25.35
5		SKHTSK	4 : 26.21
6		CCHK	4 : 29.79
7		LSTWCM	4 : 31.13

Long Jump

1	Hui Lap Kei	PLKCHYT	5.24
2	Wong Kam Leung	QUALIED	5.00
3	Lee Kin Yeung	SKHTSK	5.00
4	Calvin Chow	GSIS	4.79
5	Lo Lai Man	LKYMS	4.77
6	Kumar Rajin Labaro	DMS-BW	4.75
7	Kwan Jeffrey	SMHYC	4.70
8	Li Chung Nam	YCKMC-2	4.63

Shot Put

1	Cheung Chiu Ng	LWSSS	10.42
2	Chui Ka Wai	ATS	10.34
3	Lam Hing To	WESLEY	9.60
4	Chow Tsun Kit	YCKMC-2	9.41
5	Sze Chin Yu	SMS	8.83
6	Leung Tat Chi	KCC	8.78
7	Yang Ka Ho	SMS	8.56
8	Tsang Chiu Yin	KTMC	8.19

Discus

1	Chow Tsun Kit	YCKMC-2	28.58
2	Lai Cheuk Hang	SMS	23.79
3	Chow Ka Keung	SMHYC	23.42
4	Tsang Yat Shing	WESLEY	21.64
5	Chau Tsz Wing	SMS	21.56
6	Ng Chi Chung	CWCC	21.10
7	Fung Wai Kuen	MKES	20.61
8	Tse Ka Lok	LCD	20.25

Girls A Grade**100m**

1	Tse Man Nga	CSS	14.08
2	Chung Wun Lo	PLKCHYT	14.15
3	Cheung Hoi Ling Jenn	KCC	14.21
4	Yiu Yee Man	SKHTSK	14.22
5	Chow Wing See	KLC	14.29
6	Lau Sui Ting	LYC	14.38
7	Duyan Arien Lovely T	DMS-BW	15.92

200m

1	Kung Hiu Ching	LSCC	28.62
2	Law Sin Lam	MKES	28.99
3	Chung Wun Lo	PLKCHYT	29.35
4	Wong Lo	LCD	29.52
5	Chow Wing See	KLC	30.04
6	Ng Hau Yan	DMS-YW	30.14
7	Cheung Hoi Ling Jenn	KCC	30.50
8	Yiu Yee Man	SKHTSK	32.51

400m

1	Cheung Hoi Kiu Jacqu	KCC	1 : 8.77
2	Chan Ka Hin	KLC	1 : 11.33
3	Lee Ka Wai	LSTLKK	1 : 11.66
4	Mak Hoi Kay Sarah	YCKMC-2	1 : 11.67
5	Chan Hoi Yan	LYC	1 : 12.39
6	Tsang Wing Hei	SMS	1 : 12.87
7	Ho Mei Han	WESLEY	1 : 20.29

800m

1	Cheung Lai Yan	KCC	2 : 51.33
2	Lui Wai Man	LYC	2 : 54.48
3	Yeung Hoi Ki	LSCC	2 : 55.97
4	Chan Heung To	SMHYC	2 : 56.18
5	Lam Tsz Ching	PTMS	3 : 3.43
6	Lam Janice Yuen Ying	WESLEY	3 : 3.67
7	Chan Tin Lai	KLC	3 : 4.41
8	Lai Man Kwan	TLGC	3 : 5.33

1500m

1	Lui Wai Man	LYC	6 : 0.24
2	Lee Ka Wai	LSTLKK	6 : 1.65
3	Chan Heung To	SMHYC	6 : 1.77
4	Leung Ka Wan	LSCC	6 : 22.33
5	Tsang Wing Hei	SMS	6 : 22.88
6	Lam Tsz Ching	PTMS	6 : 23.68
7	Lam Janice Yuen Ying	WESLEY	6 : 25.43
8	Man Po Ki	MKES	6 : 35.75

100m Hurdles

1	Lau Sui Ting	LYC	17.11
2	Cheung Yim To	MKES	18.62
3	Ng Yuk Yan	LSTWCM	19.04
4	Ying Nuen Yi Grace	LCD	19.51
5	Liu Pui Yan	LSTWCM	19.76
6	Chan Nga Man	PBSS	20.18
7	Chung Hoi Ching	LA	20.22
8	Yeung Lai Ting	KLC	20.66

4x100m Relay

1		LSCC	56.94
2		KCC	57.08
3		KLC	57.45
4		MKES	58.29
5		LCD	58.33
6		TLGC	58.48
7		LA	59.35
8		WESLEY	1 : 3.50

4x400m Relay

1		KCC	4 : 46.43
2		LSCC	4 : 59.73
3		QUALIED	5 : 1.52
4		LYC	5 : 4.15
5		CWCC	5 : 19.49
6		TLGC	5 : 22.00
7		PBSS	5 : 22.56
8		YCKMC-2	5 : 23.18

High Jump

1	Yau Ka Yi	TLGC	1.41
2	Mang Wing Yan	SPETER	1.38
3	Zhou Yan Lin	SMHYC	1.38
4	Cheung Hoi Kiu Jacqu	KCC	1.32
=5	Cheung Ka Wing	TLGC	1.32
=5	Liu Pui Yan	LSTWCM	1.32
7	Wong Yuk Yin	BCKSS	1.32
8	Chiu Tsz Ling	CSKMS	1.32

Long Jump

1	Kung Hiu Ching	LSCC	4.67
2	Law Sin Lam	MKES	4.59
3	Lai Wing Sze	YCKMC-2	4.43
4	Wong Lo	LCD	4.31
5	Lee Ming Yi	QUALIED	4.20
6	Wong Man Hei	TLGC	4.14
7	Lai Hui Lum Melanie	TLGC	4.07
8	Wan Wing Yan	KCC	4.03

Shot Put

1	Wong Ka Man	WESLEY	8.61
2	Shu Yun Ti	KCC	8.13
3	Sung Hau In	SKHTSK	7.66
4	Tsang Hop Chi	LCD	7.38
5	Chu Ting Ting	MKES	7.33
6	Chan Kin Man	SKHTSK	7.12
7	Sham Ho Yi Vicky	KCC	6.97
8	Chong Wing Li	MKES	6.94

Discus

1	Kwong Pui Shan	LCD	24.68
2	Wong Pui Yee	WESLEY	23.15
3	Tsang Hop Chi	LCD	21.51
4	Lee Hiu Ha	HW	20.19
5	Cynthia Ng Yu Sum	KCC	19.85
6	Chong Wing Li	MKES	19.77
7	Li Venus	LA	19.65
8	Yuen Wai Ki	WESLEY	17.18

Javelin

1	Chan Hoi Yan	LYC	22.81
2	Ng Yu Sum	KCC	20.39
3	Chan Wing Si	MKES	19.94
4	Kwan Ka Wing	SPETER	18.12
5	Chan Cheuk Wun	LSCC	17.89
6	Pang Wan Hiu	TLGC	16.61
7	Wong Sze Man	TLGC	16.15
8	Chu Ting Ting	MKES	16.12

Girls B Grade**100m**

1	Lok Ho Kwan	CWCC	14.25
2	Chen Tsz Ching	SKHTSK	14.29
3	Sit Ka Wun	LSCC	14.31
4	Chung Lei Kwan	CWCC	14.43
5	Sit Nau Ki	TLGC	14.54
6	Luk Wing Man	PTMS	14.77
7	Yue Xin Yi	PTMS	14.78
8	Mo Ching Yee	SMS	15.26

200m

1	Lok Ho Kwan	CWCC	29.33
2	Sit Ka Wun	LSCC	29.47
3	Wong Pik Ha	LKYMS	29.53
4	Tsoi Chung Yee	WESLEY	29.72
5	Chen Tsz Ching	SKHTSK	30.03
6	Lo Lee Shan	MKES	30.15
7	Chung Lei Kwan	CWCC	30.32
8	Lo Hiu Lam	PBSS	30.32

400m

1	Chan Lok Sam	SKHTSK	1 : 7.90
2	Sit Yuen Man	PTMS	1 : 8.13
3	Lo Hiu Lam	PBSS	1 : 9.43
4	Lam Hoi Man	LYC	1 : 10.52
5	Wong Sze Lai	DMS-YW	1 : 10.62
6	Tsang Hiu Tung	SKHKH	1 : 12.43
7	Chan Hoi Ching	PTMS	1 : 13.70
8	Chan Hoi Yee	SKHTSK	1 : 14.30

800m

1	Yue Hin Wing	PBSS	2 : 48.23
2	Chung Kwok Hoi	LYC	2 : 48.37
3	Siu Wai Yue	PTMS	2 : 50.35
4	Tsang Hiu Tung	SKHKH	2 : 50.38
5	Tong Pui Yin	SKHTSK	2 : 52.47
6	Chan Hung Wai	KCC	2 : 59.53
7	Chan Yu Yan	TLGC	2 : 59.56
8	Lo Lai Fan	TLGC	3 : 0.77

1500m

1	Chung Kwok Hoi	LYC	5 : 45.17
2	Leung Hoi Ling	SKHTSK	6 : 0.65
3	Wu Hoi Yan	CWCC	6 : 3.74
4	Siu Wai Yue	PTMS	6 : 10.18
5	Chu Dora King Suet	LA	6 : 15.55
6	Chan Hung Wai	KCC	6 : 16.36
7	Choi Wing Lam	WESLEY	6 : 28.57
8	Mok Oi Lam	SKHKH	6 : 33.22

100m Hurdles

1	Lam Hoi Man	LYC	18.19
2	Tse Sau Yan	CWCC	18.64
3	Chung Ka Yu	LYC	18.84
4	Sham Man Ting	LKYMS	19.16
5	Lui Suet Ying	PTMS	19.97
6	Cheng Chynna	LA	20.35
7	Chow Wing Yan	TLGC	20.39
8	Wong Wai Yan	MKES	21.72

4x100m Relay

1		CWCC	56.73
2		LYC	58.14
3		LKYMS	58.21
4		MKES	58.45
5		WESLEY	58.53
6		LSCC	58.70
7		LA	59.26
8		PTMS	59.60

4x400m Relay

1		PBSS	4 : 46.40
2		SKHTSK	4 : 47.16
3		PTMS	4 : 52.97
4		LYC	4 : 55.98
5		SMS	5 : 5.03
6		SKHKH	5 : 7.46
7		LSCC	5 : 8.82
8		KCC	5 : 12.99

High Jump

1	Sit Mau Ki	TLGC	1.54
2	Lui Suet Ying	PTMS	1.44
3	Hui Cheuk In	LA	1.41
4	Sham Man Ting	LKYMS	1.38
5	Tse Sau Yan	CWCC	1.35
6	Lai Sze Ki	LYC	1.35
7	Lo Kwok Yan	KCC	1.29
8	Lee Yuen Ying Janeve	LSTWCM	1.29

Long Jump

1	Yu Ka Kam	LYC	4.11
2	Yue Xin Yi	PTMS	4.02
3	Cheung Hoi Lam	TLGC	3.98
4	Tse Kit Yee	MKES	3.94
5	Lau Shu Yue	LSCC	3.91
6	Fung Long Ting	LSTLKK	3.88
7	Song Ming Jie	CWCC	3.86
8	Fong Yin Chu	MKES	3.86

Shot Put

1	Yip Po Yan	DMS-YW	10.24
2	Fung Long Yi	CWCC	9.81
3	Chow Lai Tung	LYC	8.81
4	Tai Hei Tung	WESLEY	8.48
5	Wong Wing Suet Racha	TLGC	8.43
6	Chan Hoi Ting	LSCC	8.37
7	Lau Pui Man	LSCC	8.27
8	Ng Hoi Ki	SMS	7.89

Discus

1	Yip Po Yan	DMS-YW	28.48
2	Fung Long Yi	CWCC	23.08
3	Au Hoi Tung	KCC	19.95
4	Leung Sze Ching	LSCC	18.92
5	Sin Lai Yan	SMS	18.35
6	So Wai Yan	TLGC	18.11
7	Sit Yuen Man	PTMS	18.02
8	Annie Lee	PBSS	16.76

Girls C Grade**100m**

1	Chua Yan Ching	PTMS	13.89
2	Law Hoi Kwan	CSS	14.00
3	Li Eunice	LA	14.35
4	Wong Ho Ting	PTMS	14.39
5	Ngai Yan Lok Rachel	LA	14.40
6	Tsui Suet Ying	LYC	14.49
7	Lee Sze Wing	SKHTSK	14.63
8	Lam Tsz Yan	CWCC	14.81

200m

1	Law Hoi Kwan	CSS	29.36
2	Ngai Yan Lok Rachel	LA	29.70
3	Tsui Suet Ying	LYC	30.14
4	Li Eunice	LA	30.18
5	So Ka Lai	LKYMS	30.79
6	Lee Sze Wing	SKHTSK	30.88
7	Lai Suet Fong	PLKCHYT	31.13
8	Wong Sze Man	PLKCHYT	31.69

400m

1	Chua Yan Ching	PTMS	1 : 5.14
2	Tse Tsz Shan Crystal LA		1 : 8.25
3	Suen Si Hui Victoria SKHTSK		1 : 11.13
4	Chu Tsz Yau	LA	1 : 11.30
5	Lam Hoi Ching	LYC	1 : 13.15
6	Tsai Lai Yan	LSTWCM	1 : 14.69
7	Pang Ho Yan	PTMS	1 : 16.19
8	Ip Kwok Hei	LSCC	1 : 18.43

800m

1	Suen Si Hui Victoria SKHTSK		2 : 55.67
2	Chan Lok Yi	PTMS	2 : 58.18
3	Chong Shuk Yin	PLKCHYT	2 : 59.44
4	Chiu Hin Well	LSCC	3 : 2.29
5	Law Wai Yi	CSKMS	3 : 2.66
6	Fu Wai Ying	SMS	3 : 4.66
7	Wong Sau Kuen	PLKCHYT	3 : 7.57
8	Tse Hoi Lam	LSCC	3 : 10.11

1500m

1	Chan Lok Yi	PTMS	6 : 8.20
2	Koo Ka Yiu	CWCC	6 : 13.61
3	Chan Hing Yan	WESLEY	6 : 14.31
4	Chan Yee Kiu	TLGC	6 : 15.08
5	Chong Shuk Yin	PLKCHYT	6 : 33.37
6	Fu Wai Ying	SMS	6 : 35.60
7	Mak Yuen Ching	LSTWCM	6 : 46.95
8	Chan Yuen Ying	LYC	6 : 47.82

100m Hurdles

1	Tse Tsz Shan Crystal LA		17.73
2	Lau Wai Yi	CWCC	19.17
3	Wong Ming Fong Chris LA		19.76
4	Leung Wing Yan	LSCC	20.32
5	Tsang Yau	LYC	20.34
6	Lam Hoi Ching	LYC	20.71
7	Ng Cheuk Yiu	LCD	20.87

4x100m Relay

1		LA	55.91
2		PTMS	57.42
3		LYC	58.01
4		LSCC	58.23
5		CSS	58.24
6		LKYMS	58.97
7		PLKCHYT	58.98
8		TLGC	59.38

4x400m Relay

1		LA	4 : 54.68
2		PTMS	4 : 57.55
3		SKHTSK	5 : 7.15
4		SMS	5 : 8.63
5		PLKCHYT	5 : 12.20
6		PBSS	5 : 17.14
7		LSCC	5 : 18.76
8		LYC	5 : 19.40

High Jump

1	Tsai Lai Yan	LSTWCM	1.36
2	Pau Cheuk Lam	LSTLKK	1.30
3	Tung Ching Yan	LYC	1.27
4	Tong Hiu Yan	CWCC	1.27
5	Or Ray Lon	LA	1.24
6	Wong Ho Yee	QUALIED	1.24
7	Wong Chi Yan	DMS-YW	1.21
8	Chow Shuk Wai	PBSS	1.21

Long Jump

1	Kam Man Lok	WESLEY	3.99
2	Ngan Sau Man	WESLEY	3.91
3	Yuen Ho Yiu	TLGC	3.90
4	Lua Shuk Ha	DMS-YW	3.90
5	Wong Kai Ying	PBSS	3.87
6	Lee Yee Tung	DMS-YW	3.87
7	Cameron Charlotte	HW	3.77
8	Lau Wai Yi	CWCC	3.74

Shot Put

1	Kwok Chi Ying	WESLEY	8.36
2	Cheung Ka Yan	LA	7.56
3	Li Yuk Ting	LCD	7.54
4	Tang Wai Yin	TLGC	7.49
5	Choy Heng Tung	LA	7.34
6	Lai Wing Yi	BCKSS	7.32
7	So Ching Ting	CWCC	7.28
8	Lam Lok Man	CWCC	7.27

Discus

1	Koo Ka Yiu	CWCC	20.89
2	Li Yuk Ting	LCD	18.96
3	Law Wai Sum	LSTWCM	18.95
4	Chan Ka Wing	LSCC	17.54
5	Kwok Chi Ying	WESLEY	17.17
6	Tsoi Yung Yung	LYC	16.33
7	Wu Tin Wing	LKYMS	15.96
8	Tse Sum Yi	HW	15.27

***** The End *****

HONG KONG SCHOOLS SPORTS FEDERATION
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Boys A Grade

Day 3

School	Day 2	DC	110mH	400m	100m	5000m	LJ	800m	200m	4x100	4x400	Total
1 MKES	42	7	2	3	1	11	1	2	1	14	10	94
2 KCC	32	1		6	8		9	4	2		14	76
3 LKYMS	18			14			9	7			18	66
4 ATS	19	2			2	1		5	7	12	6	54
5 YCKMC-2	21	9				13	8					51
6 LSTWCM	30	1	6			4	1		4			46
7 SKHTSK	8	1			9			6	9		12	45
8 SMS	13	9		7	6				5		4	44
9 QUALIED	24		9					9				42
9 LCD	15		4			1	1		3	18		42
11 DMS-BW	22				7	6						35
12 GSIS	19.50	1		4				1			8	33.50
13 KTMC	21	1				2				8		32
14 KLC	9	1	5			2				10		27
15 HCSS	17		7				1					25
16 SKHKH	20			2		1	1					24
16 SMHYC	11	1			4		2		6			24
18 LSTLKK	20	2										22
19 LA	7	10	3				1					21
20 DMS-YW	10.50	1					8					19.50
21 CCHK	8						11					19
22 NCC	10	8										18
23 CSKMS	5					7		3				15
24 WYHK	7					5	2					14
25 MKIU	11	1					1					13
26 CSS	8											8
26 HW	7	1										8
28 SPETER	7											7
29 BCKSS	2		1			1	2					6
30 PLKCHYT	3	1										4
30 WESLEY	3	1										4
32 HKT KP	1						1					2

27	MKES	8								8
28	ATS	7								7
29	LWSSS	5			1					6
29	SKHTSK	6								6
31	DMS-YW	4								4
32	KTSS	2								2
33	CNCMS	1								1
33	HCSMS	1								1
35	KLC									
35	HCSS									
35	MKIU									
35	MCSF									

HONG KONG SCHOOLS SPORTS FEDERATION
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Boys C Grade Day 3

School	Day 2	100mH	400m	100m	800m	200m	DC	4x100	4x400	Total
1 SMS	17	6	9			9	13		18	72
2 PLKCHYT	36			9	5	5		14		69
3 GSIS	33			14	7		1		10	65
4 SMHYC	24				12		8		14	58
5 LKYMS	14			9		9		18		50
6 KTMC	26	5			7		2	2		42
7 YCKMC-2	20						11	10		41
8 LA	17	7	3			1			12	40
8 WESLEY	23	3					6	8		40
10 QUALIED	21	9						6		36
11 CSS	17		6			3				26
11 SKHKH	14		7			4	1			26
11 WYHK	22	4								26
14 LSTWCM	16						1	4	4	25
15 DMS-BW	14			4		6				24
15 CWCC	14		2		4		4			24
15 MKES	9						3	12		24
18 SKHTSK	15								8	23
19 LWSSS	20									20
19 CCHK	10		4						6	20

21	ATS	17		1	18
22	LCD	10	5	2	17
23	KCC	10		1	11
24	CSKMS	7	1	2	10
24	HW	8		2	10
26	HKTKP	7			7
26	NCC	7			7
28	BCKSS	4		1	5
29	DMS-YW	4			4
29	HCSS	4			4
29	LSTLKK	4			4
29	MKIU	4			4
33	SPETER	2	1		3
34	KLC				
34	CNCMS				
34	HCSMS				
34	KTSS				
34	MCSF				

HONG KONG SCHOOLS SPORTS FEDERATION
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Boys Overall

Day 3

School		A	B	C	Total	
1	ST. MARK'S SCHOOL	SMS	44	93	72	209
2	LEE KAU YAN MEMORIAL SCHOOL	LKYMS	66	46	50	162
3	GERMAN SWISS INTERNATIONAL SCHOOL	GSIS	33.50	52	65	150.50
4	KWUN TONG MARYKNOLL COLLEGE	KTMC	32	76	42	150
5	LST WONG CHUNG MING SECONDARY SCHOOL	LSTWCM	46	57	25	128
6	YU CHUN KEUNG MEMORIAL COLLEGE NO. 2	YCKMC-2	51	35	41	127
7	MU KUANG ENGLISH SCHOOL	MKES	94	8	24	126
8	QUALIED COLLEGE	QUALIED	42	32	36	110
9	KIANGSU CHEKIANG COLLEGE	KCC	76	22	11	109
10	PO LEUNG KUK CELINE HO YAM TONG COLLEGE	PLKCHYT	4	34	69	107
11	SKH ST. MARY'S CHURCH MOK HING YIU COLLEGE	SMHYC	24	18	58	100
12	SKH KEI HAU SECONDARY SCHOOL	SKHKH	24	45	26	95
13	WAH YAN COLLEGE - HONG KONG	WYHK	14	54	26	94
14	HKCCCU LOGOS ACADEMY	LA	21	31	40	92

15	DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	35	26	24	85
16	CLEMENTI SECONDARY SCHOOL	CSS	8	46	26	80
17	ABERDEEN TECHNICAL SCHOOL	ATS	54	7	18	79
18	TWGHs LEE CHING DEA MEMORIAL COLLEGE	LCD	42	16	17	75
19	SKH TANG SHIU KIN SECONDARY SCHOOL	SKHTSK	45	6	23	74
20	THE METHODIST CHURCH HK WESLEY COLLEGE	WESLEY	4	21	40	65
21	LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK	22	37	4	63
22	COGNITIO COLLEGE - HONG KONG	CCHK	19	20	20	59
23	CHAN SHU KUI MEMORIAL SCHOOL	CSKMS	15	21	10	46
23	NEWMAN CATHOLIC COLLEGE	NCC	18	21	7	46
25	HONG KONG CHINESE WOMEN'S CLUB COLLEGE	CWCC		20	24	44
26	HOLY CARPENTER SECONDARY SCHOOL	HCSS	25		4	29
26	HON WAH COLLEGE	HW	8	11	10	29
28	DELIA MEMORIAL SCHOOL - YUET WAH	DMS-YW	19.50	4	4	27.50
29	CNEC LAU WING SANG SECONDARY SCHOOL	LWSSS	1	6	20	27
29	CCC KUNG LEE COLLEGE	KLC	27	—	—	27
29	HHCKLA BUDDHIST CHING KOK SECONDARY SCHOOL	BCKSS	6	16	5	27
32	HONG KONG TANG KING PO COLLEGE	HKTKP	2	17	7	26
33	ST. PETER'S SECONDARY SCHOOL	SPETER	7	15	3	25
34	MAN KIU COLLEGE	MKIU	13		4	17
35	HKJCC CHAN NAM CHEONG MEMORIAL SCHOOL	CNCMS	1	1		2
35	KOWLOON TONG SCHOOL (SECONDARY SECTION)	KTSS		2		2
37	HUI CHUNG SING MEMORIAL SCHOOL	HCSMS		1	—	1
37	MARYKNOLL COLLEGE (SENIOR FORM)	MCSF	1	—	—	1

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Girls A Grade Day 3

School	Day 2	100mH	400m	100m	JV	800m	200m	1500m	4x100	4x400	Total
1 KCC	35		9	6	9	9	2		14	18	102
2 LSCC	24				5	6	9	6	18	14	82
3 MKES	26	7			9		7	2	10		61
4 LYC	7	9	4	3	10	7		10		10	60
5 TLGC	32.50				7	1		1	6	6	53.50
6 LCD	33	5					5		8		51
7 KLC	10	1	7	4		2	4		12		40
8 WESLEY	25		2			3		3	2		35

9	QUALIED	13							12		25
10	SMHYC	10			5		7				22
11	LSTLKK	6		6				8			20
11	SKHTSK	14			5		1				20
13	LSTWCM	8.50	10					1			19.50
14	YCKMC-2	10		5					2		17
15	LA	10		2					4		16
15	SPETER	10			6						16
17	PLKCHYT	2			7		6				15
18	CWCC	6							8		14
19	PTMS	5				4		4			13
19	PBSS	6		3					4		13
21	CSS	1			9						10
22	SMS	1		3				5			9
23	DMS-YW	5					3				8
23	HW	7						1			8
25	DMS-BW	5			2						7
26	LKYMS	5									5
27	BCKSS	4									4
27	HCSS	4									4
29	CSKMS	2									2
30	LWSSS										
30	CCHK										
30	KTSS										
30	MKIU										
30	MCSF										
30	SKHKH										

HONG KONG SCHOOLS SPORTS FEDERATION
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Girls B Grade		Day 3									
School	Day 2	LJ	100mH	400m	100m	800m	200m	1500m	4x100	4x400	Total
1 LYC	26	10	15	5		7		10	14	10	97
2 CWCC	36	3	7		14		11	7	18		96
3 PTMS	27	8	4	9	5	6		6	2	12	79
4 SKHTSK	11	2		10	7	4	4	8		14	60
5 LSCC	27	5			6		7	1	6	4	56

6	TLGC	32	8	2	4	3	1				50
7	PBSS	15			6	9	1		18		49
8	LKYMS	12	1	5			6		12		36
9	LA	20		3				5	4		32
10	MKES	8	8	1			3	1	10		31
10	WESLEY	14	1				5	3	8		31
12	DMS-YW	25			4			1			30
12	KCC	21				3		4	2		30
14	SKHKH	9	1		3	5		2	6		26
14	SMS	16			1			1	8		26
16	LSTLKK	8	4								12
17	CSS	5	2								7
18	BCKSS	5	1								6
19	LSTWCM	5									5
20	CSKMS	3									3
20	HW	3									3
20	SMHYC	2	1								3
20	LCD	3									3
24	PLKCHYT	2									2
24	QUALIED	1						1			2
26	LWSSS							1			1
26	DMS-BW	1									1
26	MKIU		1								1
26	SPETER	1									1
30	KLC										
30	CCHK										
30	HCSS										
30	KTSS										
30	MCSF										
30	YCKMC-2										

HONG KONG SCHOOLS SPORTS FEDERATION
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Girls C Grade Day 3

School	Day 2	100mH	SP	400m	100m	800m	200m	1500m	4x100	4x400	Total
1 LA	22	15	13	12	10		12		18	18	120
2 PTMS	15			11	14	7		10	14	14	85

3 LYC	27	7	1	4	3	6	2	12	2	64	
4 WESLEY	34		11				7			52	
5 CWCC	29	7	5		1		8			50	
6 LSCC	21	5	2	1		6		10	4	49	
7 SKHTSK	10			6	2	9	3		12	42	
8 PLKCHYT	12		1			8	3	5	4	8	41
9 TLGC	19		6					6	2		33
10 CSS	8				7		9		8		32
11 LSTWCM	24		1	3				3			31
12 SMS	13					3		4	10		30
13 LCD	18	2	8					1			29
14 PBSS	17								6		23
15 LKYMS	12						4		6		22
16 HW	13		1								14
17 DMS-YW	13										13
18 LSTLKK	11										11
19 QUALIED	8							1			9
19 SKHKH	8		1								9
21 CSKMS	3					4					7
21 BCKSS	3		4								7
21 YCKMC-2	6		1								7
24 KCC	4										4
24 SMHYC	4										4
26 LWSSS	3										3
27 MKES	1							1			2
27 SPETER	2										2
29 DMS-BW	1										1
29 MKIU	1										1
31 KLC											
31 CCHK											
31 HCSS											
31 KTSS											
31 MCSF											

HONG KONG SCHOOLS SPORTS FEDERATION
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School		A	B	C	Total
1 TWGHS LUI YUN CHOY MEMORIAL COLLEGE	LYC	60	97	64	221
2 LEUNG SHEK CHEE COLLEGE	LSCC	82	56	49	187
3 POOI TO MIDDLE SCHOOL	PTMS	13	79	85	177
4 HKCCCU LOGOS ACADEMY	LA	16	32	120	168
5 HONG KONG CHINESE WOMEN'S CLUB COLLEGE	CWCC	14	96	50	160
6 TRUE LIGHT GIRLS' COLLEGE	TLGC	53.50	50	33	136.50
7 KIANGSU CHEKIANG COLLEGE	KCC	102	30	4	136
8 SKH TANG SHIU KIN SECONDARY SCHOOL	SKHTSK	20	60	42	122
9 THE METHODIST CHURCH HK WESLEY COLLEGE	WESLEY	35	31	52	118
10 MU KUANG ENGLISH SCHOOL	MKES	61	31	2	94
11 PRECIOUS BLOOD SECONDARY SCHOOL	PBSS	13	49	23	85
12 TWGHS LEE CHING DEA MEMORIAL COLLEGE	LCD	51	3	29	83
13 ST. MARK'S SCHOOL	SMS	9	26	30	65
14 LEE KAU YAN MEMORIAL SCHOOL	LKYMS	5	36	22	63
15 PO LEUNG KUK CELINE HO YAM TONG COLLEGE	PLKCHYT	15	2	41	58
16 LST WONG CHUNG MING SECONDARY SCHOOL	LSTWCM	19.50	5	31	55.50
17 DELIA MEMORIAL SCHOOL - YUET WAH	DMS-YW	8	30	13	51
18 CLEMENTI SECONDARY SCHOOL	CSS	10	7	32	49
19 LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK	20	12	11	43
20 CCC KUNG LEE COLLEGE	KLC	40	—	—	40
21 QUALIED COLLEGE	QUALIED	25	2	9	36
22 SKH KEI HAU SECONDARY SCHOOL	SKHKH		26	9	35
23 SKH ST. MARY'S CHURCH MOK HING YIU COLLEGE	SMHYC	22	3	4	29
24 HON WAH COLLEGE	HW	8	3	14	25
25 YU CHUN KEUNG MEMORIAL COLLEGE NO. 2	YCKMC-2	17		7	24
26 ST. PETER'S SECONDARY SCHOOL	SPETER	16	1	2	19
27 HHCKLA BUDDHIST CHING KOK SECONDARY SCHOOL	BCKSS	4	6	7	17
28 CHAN SHU KUI MEMORIAL SCHOOL	CSKMS	2	3	7	12
29 DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	7	1	1	9
30 HOLY CARPENTER SECONDARY SCHOOL	HCSS	4			4
30 CNEC LAU WING SANG SECONDARY SCHOOL	LWSSS	—	1	3	4
32 MAN KIU COLLEGE	MKIU		1	1	2
33 COGNITIO COLLEGE - HONG KONG	CCHK	—			
33 KOWLOON TONG SCHOOL (SECONDARY SECTION)	KTSS				
33 MARYKNOLL COLLEGE (SENIOR FORM)	MCSF		—	—	

HONG KONG SCHOOLS SPORTS FEDERATION
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 Division Three (Area Four)
 Day One: 11 February 2009

=====
 Event 1 110m Hurdles Boys A
 Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

Heat					SF	Lane
1	Ching Tat Pang	LSTWCM	16.14	Standard	2	3
2	Ghulam Abbas	DMS-BW	18.54	Standard	2	6
3	Tsui Wai Him	ATS	20.02	Standard		
4	Lo Cheuk Nam	KCC	20.32			
5	Fong Chung Ho	HW		DN start		
6	Ng Sik Foon	SMHYC		DN start		
7	Wong Kin Chung	QUALIED		DN start		
8	Tang Wing Kei	HKTKP		DN start		

Heat					SF	Lane
1	Yuen Wai Pan	QUALIED	14.99	Standard	1	2
2	Tasawar Usman	DMS-BW	19.05	Standard	2	7
3	Tam Kam Wing	KCC	20.00	Standard		
4	Chan Cheung Ho	LCD	20.46			
5	Tang Chi Ho	CSKMS	23.69			
6	Wu Man Lung	HW		DN start		
7	Pang Ho Chun	HKTKP		DN start		
8	Lee Hon Yip	CCHK		DN start		

Heat					SF	Lane
1	Chung Kin Wah	LCD	17.53	Standard	1	4
2	Chan Yui Ming	WYHK	19.30	Standard	1	1
3	Leung Chi Kwan	CSKMS	19.81	Standard	1	8
4	Lau Wun Cheung	DMS-YW	20.15	Standard		
5	Li Sze Man	CCHK	20.26	Standard		
6	Lam Wai Sheung	SKHKH	20.51			
7	Ng Kwok Hung	BCKSS	20.70			
8	Tam Wai Lun	YCKMC-2		DN start		

Heat					SF	Lane
1	Lai Tze Fung	KLC	17.00	Standard	1	3
2	Lui Shing Piu	BCKSS	17.66	Standard	2	4
3	Cheung Cheuk Yiu	WYHK	18.05	Standard	1	5
4	Chan Siu Wa	LA	18.42	Standard	1	6
5	Chu Kong Fung	KTMC	19.16	Standard	1	7
6	Kwok Ho Hin	LSTLKK	20.89			
7	Yuen Chi Lun	MKES		DN start		
8	Law Yun Hei	SKHKH		DN start		

Heat					SF	Lane
1	Mak Chi Man	HCSS	15.78	Standard	2	2
2	Lam Chun Tin	MKES	17.72	Standard	2	5
3	Ng Sik Chuen	SMHYC	19.35	Standard	2	1
4	Li Zhixiong	LSTLKK	19.47	Standard	2	8
5	Lam Tsz Kin	KTMC	20.84			
6	Ko Shun Leung	ATS	22.03			
7	Pang Hok Yiu	LSTWCM		DN start		
8	Hui Ying Kit	SMS		DQ		

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 Event 2 High Jump Girls C
 Standard: 1.15 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Tsai Lai Yan	LSTWCM	1.36	Standard	9
2	Pau Cheuk Lam	LSTLKK	1.30	Standard	7
3	Tung Ching Yan	LYC	1.27	Standard	6
4	Tong Hiu Yan	CWCC	1.27	Standard	5
5	Or Ray Lon	LA	1.24	Standard	4
6	Wong Ho Yee	QUALIED	1.24	Standard	3
7	Wong Chi Yan	DMS-YW	1.21	Standard	2

8	Chow Shuk Wai	PBSS	1.21	Standard	1
	Koon Wing Kiu	LYC	1.18	Standard	
	Chi Yan Yue	BCKSS	1.18	Standard	
	Lam Ying Ying	QUALIED	1.18	Standard	
	Chow Hiu Tung	WESLEY	1.15	Standard	
	Leung Ching Lam	TLGC	1.15	Standard	
	Hui Nga Chi	LCD	1.15	Standard	
	Ng Wai Ying	LCD	1.12		
	Law Ming Wai	CWCC	1.12		
	Wong Ka Ching	KCC	1.12		
	Jim Man Loi	TLGC	1.12		
	Lee Sin Yu	PBSS	1.12		
	Chon Tsz Ying	HW	1.12		
	Chow Hoi Ching	MKES		No Mark	
	Lee Wing Yan	DMS-YW		No Mark	
	Yeung Hiu Lun	SMHYC		No Mark	
	Rai Pratista	DMS-BW		No Mark	
	Khalid Mashal Islam	DMS-BW		No Mark	
	Chan Ka Ching	BCKSS		No Mark	
	Ip Tuen Shun	PTMS		DN take part	
	Lee Ying Hung	PTMS		DN take part	
	Chiu Hin Well	LSCC		No Mark	
	Kwok Lai Yu	LSCC		No Mark	
	Shek Yuen Shum Eunice	CSS		No Mark	
	Leung Wai Yan	CSS		No Mark	
	Lai Sheung Yu	WESLEY		No Mark	
	Ho Yan Yee	SMHYC		No Mark	
	Law Yan Ling Joyce	LA		DN take part	
	Chan Wing Ching	LSTWCM		No Mark	
	Wan Pak Kei	KCC		DN take part	
	Yim Mong Yan	SMS		No Mark	
	Yau Man Ka	SMS		No Mark	

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Event 3 Triple Jump Boys B

Standard: 9.50

Record: 13.53 (2006)

Position	Name	School	Result	Remark	Points
1	Tai Ka Chun	KTMC	11.40	Standard	9
2	Cheung Pui Yin	SMS	11.33	Standard	7
3	Ng Yu Yeung Sunny	CSS	10.66	Standard	6
4	Leung Kwan Wai	KTMC	10.45	Standard	5
5	So Tsz Yin	WYHK	10.37	Standard	4
6	Chan Ming Chung	WYHK	10.25	Standard	3
7	Yau Kwok Chin	MKES	9.92	Standard	2
8	Fung Lok Cheong	KCC	9.85	Standard	1
	Lau Chun Wa	LSTWCM	9.77	Standard	
	Yam Siu Hong	CWCC	9.77	Standard	
	Kwok Ki Wai	SKHKH	9.74	Standard	
	Yau Yin Fai	MKES	9.70	Standard	
	Wong Ka Ming	CSS	9.61	Standard	
	Chen Chuang Huang	HW	9.40		
	Lam Hong Wa	LSTLKK	9.39		
	Sachin Srivastava	GSIS	9.35		
	Tse Pak Lai	HKTKP	9.29		
	Wong Yui	LCD	9.16		
	To Ying Tik	LSTLKK	9.10		
	Choy Tsz Leung Sidney	ATS	9.05		
	Chan Hing Chun Ricker	KCC	9.03		
	Leung Wai Fai	WESLEY	8.94		
	Leung Wing Hang Terence	ATS	8.92		
	Chu Ka Fai	CSKMS	8.92		
	Ma Wai Yan	SMS	8.74		
	Chan Ka Ho	CSKMS	8.60		
	Cheung Wai Yiu	LCD	8.03		
	Lu Qisen	SMHYC		DN take part	
	Chan Chun Kit	SKHKH		DN take part	
	Liu Yik Hei	LKYMS		No Mark	

Law Tung	CWCC	DN take part
Mui Shu Sing	LSTWCM	No Mark
Huen Chun Hung	LWSSS	DN take part
Leung Ko Shu	SMHYC	DN take part
Yu Ho Kan	LA	DN take part
Lee Ka King	LKYMS	DN take part
Li Ka Chun	WESLEY	No Mark
Tam Sheung Wai	LA	DN take part
Benjamin Witting	GSIS	DN take part
Dollano Al Christian	DMS-BW	DN take part
Tong Hok Hung	HKTKP	No Mark
Atikur Rehman	DMS-BW	DN take part

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Event 4 Long Jump Boys C

Standard: 4.00

Record: 6.25 (2006)

Position	Name	School	Result	Remark	Points
1	Hui Lap Kei	PLKCHYT	5.24	Standard	9
2	Wong Kam Leung	QUALIED	5.00	Standard	7
3	Lee Kin Yeung	SKHTSK	5.00	Standard	6
4	Calvin Chow	GSIS	4.79	Standard	5
5	Lo Lai Man	LKYMS	4.77	Standard	4
6	Kumar Rajin Labaro	DMS-BW	4.75	Standard	3
7	Kwan Jeffrey	SMHYC	4.70	Standard	2
8	Li Chung Nam	YCKMC-2	4.63	Standard	1
	Xavier Leung	GSIS	4.55	Standard	
	Lee Ka Wah	LCD	4.51	Standard	
	Chan Kwun Ho	MKES	4.50	Standard	
	Tsoi Kam Chung	MKIU	4.50	Standard	
	Chan Cheng Kit	LWSSS	4.45	Standard	
	Chan Yue Kan	KTMC	4.44	Standard	
	Lam Hing To	WESLEY	4.40	Standard	
	Ho Wai Ka	HCSS	4.40	Standard	
	Ho Tak Wah	YCKMC-2	4.39	Standard	
	Suen Man Yuen	CWCC	4.35	Standard	
	Ng Ka Ho	WESLEY	4.35	Standard	
	Ng Heung Man	KTMC	4.26	Standard	
	Sit Chung Hang	QUALIED	4.25	Standard	
	Pang Yue Hin	HKTKP	4.17	Standard	
	Pang Chun Fung	ATS	4.14	Standard	
	Anthony Miguel Garcia	LCD	4.13	Standard	
	Lam King Hei	LA	4.13	Standard	
	Wong Yat Long	KCC	4.13	Standard	
	Lam Wing Kin	CCHK	4.13	Standard	
	Lee Ming Fai	CSKMS	4.11	Standard	
	Yeung Chak Fung	LKYMS	4.10	Standard	
	Tang Ming Ho	CSS	4.10	Standard	
	Hui Tak Leung	CWCC	4.08	Standard	
	Chiu Chun Ting	WYHK	4.07	Standard	
	Chan Tung Tat	HW	4.05	Standard	
	Chan Kwan Yiu	ATS	4.00	Standard	
	Tong Ho Yin	CCHK	4.00	Standard	
	Kong Chun Sing	SMS	3.98		
	Woo Lynus Mason Chi Tung	WYHK	3.98		
	Cheng Ka Wai	SMHYC	3.86		
	Cheung Kin Wa	MKES	3.74		
	Poon Tseung Chun	LSTWCM	3.71		
	Dou Xiang Dong	MKIU	3.68		
	Wong Chung Hing	NCC	3.65		
	Ho Ho Yan Hanry	LA	3.52		
	Choi Chun Nam	SMS	3.49		
	Liu Man Ki	LWSSS	3.47		
	Mok Pui Lam	KCC	3.24		
	Ng Kam Yuen	CSKMS	3.21		
	Mok Chiu Man	LSTWCM		DN take part	
	Chow Hiu Chun	NCC		DN take part	
	Tse Wing Lam	SKHTSK		DN take part	

Chan Sze Ho	HW	No Mark
Lai Hok Yin	DMS-YW	DN take part
Au Chun Hing	DMS-YW	DN take part
Lui Siu Keung	LSTLKK	No Mark
Shivadarjee Anup	DMS-BW	DN take part
Li Yu Shing	KTSS	No Mark
Char Ho Fai	SKHKH	No Mark
Mak Chi Chung	SKHKH	DN take part
Lo Chun Hin Johannes	CSS	DN take part
Tsang Hon Cheung	LSTLKK	No Mark

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Event 5 Shot Put Girls A
Standard: 6.30 (4kg)

Record: 11.14 (1996) (4kg)

Position	Name	School	Result	Remark	Points
1	Wong Ka Man	WESLEY	8.61	Standard	9
2	Shu Yun Ti	KCC	8.13	Standard	7
3	Sung Hau In	SKHTSK	7.66	Standard	6
4	Tsang Hop Chi	LCD	7.38	Standard	5
5	Chu Ting Ting	MKES	7.33	Standard	4
6	Chan Kin Man	SKHTSK	7.12	Standard	3
7	Sham Ho Yi Vicky	KCC	6.97	Standard	2
8	Chong Wing Li	MKES	6.94	Standard	1
	Li Venus	LA	6.89	Standard	
	Hon Yuen Yee	PTMS	6.87	Standard	
	Lam Mui Ting	LKYMS	6.74	Standard	
	Xie Yuehao	HCSS	6.58	Standard	
	Maghinang Franselaine A	DMS-BW	6.57	Standard	
	Leung Ut I	TLGC	6.35	Standard	
	Chung Mei Kwan	SMHYC		No Mark	
	Yeung Chun Miu	QUALIED		DN take part	
	Huang Man Kei Mendy	CWCC		DN take part	
	Lam Sze Ling	DMS-YW		No Mark	
	Feng Jiahuan	HCSS		No Mark	
	Cheng Shuk Ching	SPETER		No Mark	
	Li Shuwen	LSTLKK		No Mark	
	Tam Wai Kei	LYC		No Mark	
	Tam Wai Ling	LYC		No Mark	
	Wu Ming Yao	SMHYC		No Mark	
	Chow Chui Yan	MKIU		DN take part	
	Tong Hiu Tsing	LCD		No Mark	
	Chan Yuet Ling	CWCC		No Mark	
	Wong Lok Yi	LA		DN take part	
	Lee Chui Wan	WESLEY		No Mark	
	Tong Shuk Yee	PBSS		No Mark	
	Mak Wing Yan	LKYMS		DN take part	
	Chau Wai Ha	PTMS		No Mark	
	Mahwash	DMS-BW		No Mark	
	Ng Nga Wun	LSCC		No Mark	
	Fan Tsz Ying	LSCC		No Mark	
	Chow Yi Man	CSS		No Mark	
	Chang Wing Hung	CSS		No Mark	
	Lau Bo Yin	TLGC		No Mark	
	Kwok Chi Shaw Rawls	SPETER		No Mark	
	Wong Mei Ling	MCSF		DN take part	
	Choi Pui Yau	LSTWCM		No Mark	
	Ho Ka Yan	KLC		DN take part	
	Li Ka In	MCSF		No Mark	
	Or Pui Hung	LSTWCM		DN take part	
	Cheung Oi Lam	YCKMC-2		DN take part	
	Wong Ling Ling	YCKMC-2		No Mark	
	Chau Hoi Kwan	HW		DN take part	
	Lee Hiu Ha	HW		DN take part	
	Tong Chun Yu	PBSS		No Mark	

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Event 6 Discus Girls B
Standard: 13.50 (1kg)

Record: 33.22 (2008) (1kg)

Position	Name	School	Result	Remark	Points
1	Yip Po Yan	DMS-YW	28.48	Standard	9
2	Fung Long Yi	CWCC	23.08	Standard	7
3	Au Hoi Tung	KCC	19.95	Standard	6
4	Leung Sze Ching	LSCC	18.92	Standard	5
5	Sin Lai Yan	SMS	18.35	Standard	4
6	So Wai Yan	TLGC	18.11	Standard	3
7	Sit Yuen Man	PTMS	18.02	Standard	2
8	Annie Lee	PBSS	16.76	Standard	1
	Tsui Wing Shuen	TLGC	16.61	Standard	
	Tsoi Chung Yee	WESLEY	16.56	Standard	
	Ng Hoi Ki	SMS	16.47	Standard	
	Ng Cheuk In	SKHTSK	16.13	Standard	
	Chang Wun Yee	LSTLKK	15.88	Standard	
	Lau In Tung	SKHKH	15.79	Standard	
	Wong Yan Ting	LCD	15.75	Standard	
	Leung Ki Yan	PTMS	15.70	Standard	
	Yiu Wing Yi	SKHKH	15.65	Standard	
	Chan Hiu Man Mandy	HW	15.48	Standard	
	Wong Yee Ching	PBSS	15.10	Standard	
	Chan Uen Lam	KCC	14.76	Standard	
	Yeung Ngai	LYC	14.64	Standard	
	Chan Ka Yiu	CSKMS	14.63	Standard	
	Yeung Nok Yan	LA	14.35	Standard	
	Lee Yuen Ying Janever	LSTWCM	13.99	Standard	
	Song Ming Jie	CWCC	13.62	Standard	
	Tam Wing Kei	LA		No Mark	
	Lai Lok Yan	HW		No Mark	
	Kwok Yik Ling	CSKMS		No Mark	
	Li Lai Fun	BCKSS		DN take part	
	Chu Hiu Wing	WESLEY		No Mark	
	Yeung Tsz Yan	CSS		DN take part	
	Nau Pui Ying	LCD		No Mark	
	Chan Wing Sze	SMHYC		No Mark	
	Ma Hiu Yi	MKES		No Mark	
	Chan Yan Mei	MKES		No Mark	
	Tse Wing Yan	LSCC		No Mark	
	Ngan Wing Yan	SMHYC		No Mark	
	Wong Pui Ying	BCKSS		No Mark	
	Yam Ka Yee	CSS		No Mark	
	Kaur Rupinder	DMS-BW		No Mark	
	Dasu Babbel Preet	DMS-BW		No Mark	
	Feng Jiahua	HCSS		No Mark	
	Lan Hiu Nam	KTSS		No Mark	
	Ma Wing Ki	KTSS		No Mark	
	Ng Wing Hang	LSTWCM		No Mark	
	Chow Lai Tung	LYC		No Mark	

Event 7 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Heat					SF	Lane
Heat 1						
1	Chui Chun Kin	SPETER	16.54	Standard	2	2
2	Tong Ka Kit	LA	17.35	Standard	1	3
3	Cheung Pui Yin	SMS	17.89	Standard	1	5
4	Yip Tsz Chun	LSTLKK	18.40	Standard	2	6
5	Yuen Yan	WYHK	19.78	Standard		
6	Sze Cheung Yiu	WESLEY	26.51			
7	Yip Cheuk Kei	LWSSS		DN start		
8	Leung Ho Ching	MKES		DN start		
Heat 2					SF	Lane
1	Ma Wai Yan	SMS	17.88	Standard	2	4
2	Yeung Ching Kwan	LA	19.09	Standard	2	1
3	Chan Ming Chung	WYHK	19.33	Standard		
4	Su Bangde	KTSS	21.38			
5	Jonas Klebsch	GSIS	21.96			

6	Luk Sin Ting Jason	LSTLKK	23.28			
7	Yu Chun Keung	LSTWCM		DN start		
Heat 3						
1	Li Pan Shing	QUALIED	15.99	Standard	1	2
2	Fung Ka Ho	LSTWCM	16.72	Standard	2	3
3	Ma Man Hong	SKHKH	19.60	Standard		
4	Ng Wai Cheong	ATS	21.15			
5	Cheuk Shui San	HW		DN start		
6	Cheng Yin Hang	HCSMS		DN start		
7	Christian Apenbrink	GSIS		DN start		
Heat 4						
1	Chan Chun Kit	SKHKH	17.94	Standard	1	6
2	Sze To Wai Kin	SMHYC	19.33	Standard		
3	Chan Tsz Chun	KTMC	20.08			
4	Chan Ka Ho	CSKMS	20.17			
5	Wong Cheuk Wai	HCSMS	20.26			
6	Lui Man Chi	ATS	20.57			
7	Yeung Yip Hang	HW		DN start		
Heat 5						
1	Chan Tsz Chung	CSKMS	17.47	Standard	1	4
2	Avtar Singh	DMS-BW	20.09			
3	Yip Ka Man	MKIU	20.38			
4	Ip Bruce	YCKMC-2	20.96			
5	Tai Ka Chun	KTMC	21.26			
6	Fung Yiu Hong	HKTKP	22.81			
7	Lee Chun Hing	SMHYC		DN start		
Heat 6						
1	Tse Pak Lai	HKTKP	18.73	Standard	2	7
2	Lau Ka Ngai	CWCC	18.97	Standard	1	1
3	Cheung Tsz Fung	LKYMS	19.15	Standard	1	8
4	Lai Tsz Him	KCC	20.13			
5	Thapa Maikal	DMS-BW	21.05			
6	So Wai Man	YCKMC-2	21.35			
7	Tsang Tsz Lung	LCD	21.59			
Heat 7						
1	Lau Kang Shing	CWCC	17.88	Standard	2	5
2	Siu Wai Kit	LKYMS	18.79	Standard	1	7
3	Chui Yat Tim	LWSSS	19.12	Standard	2	8
4	Sze Siu Yam	DMS-YW	20.09			
5	Chik Tsz Chung	MKES	21.09			
6	Li Ka Fai	KCC		DN start		
7	Lam Hiu Kit	LCD		DN start		

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Event 8 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Heat 1						
1	Xavier Leung	GSIS	19.06	Standard	2	4
2	Tam Ho Fung Kevin	LA	19.15	Standard	1	5
3	Tam Curtis Jude Kwan Lung	DMS-BW	20.33	Standard	1	8
4	Cheng Yuk Pan	LSTWCM	20.56	Standard		
5	Chu Pak Fai Derek	CWCC	21.06			
6	Ng Ka Lun	SMS	23.55			
7	Chow Kin Yip	LKYMS		DN start		
8	Leung Ho Chun	HKTKP		DN start		
Heat 2						
1	Lam Pui Ki	SMS	18.24	Standard	2	2
2	Tang Chun Hang Alexander	WYHK	19.29	Standard	2	6
3	Tong Ka Chun Derek	LA	20.04	Standard	1	1
4	Lee Kwan Yiu Derek	CWCC	20.32	Standard	2	8
5	Mark Ching Ho	LKYMS	21.21			
6	Ng Ming Fung	KTMC	23.91			
7	Yu Ho Yin	LSTWCM		DN start		
8	Chan Wai Hung	LSTLKK		DN start		
Heat 3						
1	Sit Chung Hang	QUALIED	18.57	Standard	2	3
2	Leung Ho Shing	KTMC	18.69	Standard	1	3

3	Ku Tak Chun	WYHK	19.13	Standard	2	5
4	Ho Kit Sum Jason	CSKMS	21.79			
5	Cheung Kin Wa	MKES		DN start		
6	Kwok Ching	SKHKH		DN start		
7	Choi Kit	LSTLKK		DN start		
8	Chan Can Xi	HW		DN start		

Heat 4 SF Lane

1	Fung Ka Wing	CSKMS	19.56	Standard	2	7
2	Yeung Kei Hong	WESLEY	20.20	Standard	2	1
3	Ho Sin Hang	SMHYC	22.41			
4	Leung Wing Nam	KCC	23.33			
5	Ng Wai Lok	LCD	24.31			
6	Lui Shing Ho	SKHKH		DN start		
7	Li Pak Hang Patrick	HW		DN start		

Heat 5 SF Lane

1	Jerry Chang	GSIS	17.75	Standard	1	2
2	Leung Chun Yin	WESLEY	18.86	Standard	1	4
3	Shivadarjee Anup	DMS-BW	19.24	Standard	1	6
4	Wong Ivan	LCD	20.02	Standard	1	7
5	Lai Wai Hin	KCC	21.87			
6	Lau Kin Hang	SMHYC		DN start		
7	Wong Ka Chi	YCKMC-2		DN start		

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Event 9 100m Hurdles Girls A

Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Heat 1 SF Lane

1	Sham Man Wai	LKYMS	20.36	Standard	2	7
2	Lai Hui Lum Melanie	TLGC	20.54	Standard	2	1
3	Ho Man Yee	MKES	21.24	Standard		
4	Kwan Ka Wing	SPETER	21.41	Standard		
5	Au Wai Ki	HW		DN start		
6	Chan Shuk Ling	PBSS		DN start		
7	Zhou Yan Lin	SMHYC		DN start		

Heat 2 SF Lane

1	Yeung Lai Ting	KLC	19.48	Standard	2	3
2	Chan Nga Man	PBSS	19.91	Standard	2	4
3	Lai Ming Hin	LYC	20.70	Standard		
4	Chong Kan	CWCC	21.26	Standard		
5	Lau Wing Yan	WESLEY	38.78			
6	Luk Chui Ting	LCD		DN start		
7	Wong Tsz Lam	LSCC		DN start		

Heat 3 SF Lane

1	Lau Sui Ting	LYC	17.34	Standard	1	2
2	Ying Nuen Yi Grace	LCD	19.51	Standard	1	3
3	Ng Yuk Yan	LSTWCM	19.60	Standard	1	4
4	Au Hiu Yin	LSCC	20.17	Standard	1	6
5	Wong Ka Yi	CWCC	20.43	Standard	1	1
6	Ng Shan Yiu	WESLEY	20.67	Standard	1	8
7	Chung Mei Chun	QUALIED	20.86	Standard		

Heat 4 SF Lane

1	Chung Hoi Ching	LA	19.99	Standard	2	5
2	Liu Pui Yan	LSTWCM	20.09	Standard	1	5
3	Chan Pui Kei	QUALIED	20.27	Standard	2	6
4	Mak Hoi Ning	PTMS	26.94			
5	Cheung Ka Man	KTSS		DN start		
6	Wong Pui	KCC		DN start		

Heat 5 SF Lane

1	Cheung Yim To	MKES	18.99	Standard	2	2
2	Kaur Manpreet	DMS-BW	20.42	Standard	1	7
3	Yan Ka Lun Karen	KCC	20.60	Standard	2	8
4	Lo Yuen Man	PTMS	22.35	Standard		
5	Ma Kei Man	SMHYC	23.17			
6	Lai Man Kwan	TLGC	23.86			

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Event 10 100m Hurdles Girls B

Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

Heat 1					SF	Lane
1	Sham Man Ting	LKYMS	19.46	Standard	2	3
2	Tam Yu Chin	CWCC	21.28	Standard	2	6
3	Tse Shuk Hei	LSCC	21.86	Standard	2	1
4	Kwok Sin Yee	PBSS	22.26		2	8
5	Lam Ka Man	SPETER	26.65			
6	Ng Wing Yan	KTSS	27.16			
7	Or Wing Man	LCD		DN start		

Heat 2					SF	Lane
1	Chun Wing	PBSS	20.82	Standard	1	5
2	Lau Shu Yue	LSCC	20.84	Standard	1	6
3	Yeung Ying Ching	SPETER	25.28			
4	Leung Cho Yee	HCSS	31.95			
5	Poon Wai Yan	LCD		DN start		
6	Sie Tik Yan	SMS		DN start		
7	Li Hui Fei	HW		DN start		

Heat 3					SF	Lane
1	Chung Ka Yu	LYC	19.08	Standard	2	2
2	Chin Hiu Nam	PTMS	21.31	Standard	2	7
3	Ngai Wing Lam	PLKCHYT	23.57			
4	Goraya Mandeep Kaur	DMS-BW	23.58			
5	Yan Tsz Kiu	SKHKH	25.12			
6	Yeung Yee Ting	SMS	29.85			
7	Cheng Kit Man	LSTWCM		DN start		

Heat 4					SF	Lane
1	Lam Hoi Man	LYC	17.89	Standard	1	2
2	Lui Suet Ying	PTMS	19.71	Standard	1	4
3	Naveed Yusra	DMS-BW	21.33	Standard	1	7
4	Wong Bernice Hoi Tai	TLGC	22.27		1	8
5	Cheung Wing Sze	MKES	23.79			
6	Chung Mei Ling	SMHYC	24.28			
7	Kan Yu Ching	LA		DN start		

Heat 5					SF	Lane
1	Tse Sau Yan	CWCC	19.53	Standard	1	3
2	Wong Wai Yan	MKES	20.28	Standard	2	4
3	Chow Wing Yan	TLGC	20.42	Standard	2	5
4	Cheng Chynna	LA	21.47	Standard	1	1
5	Chong Yin Fan	KTSS	23.17			
6	Yau Pui Sin	LKYMS	24.61			
7	Ng Siu Shun	DMS-YW		DN start		

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 Event 11 100m Hurdles Girls C
 Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)
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Heat 1					Final	Lane
1	Leung Wing Yan	LSCC	20.90	Standard	8	
2	Law Ming Wai	CWCC	22.10	Standard		
3	Lee Sin Yu	PBSS	22.95	Standard		
4	Manan Zubaria	DMS-BW	24.23			
5	Lam Ching Leung	LKYMS	26.41			
6	Lam Yai Hei	MKES	26.91			
7	Hsu Ka Sui	KTSS	30.45			
8	Kwan Wai Wai Maggie	LSTWCM		DN start		

Heat 2					Final	Lane
1	Lau Wai Yi	CWCC	20.48	Standard	6	
2	Ng Cheuk Yiu	LCD	20.50	Standard	7	
3	Tsang Yau	LYC	20.69	Standard	1	
4	Ramsay Nicole	PBSS	22.93	Standard		
5	Wong Ka Yan	TLGC	25.15			
6	Lam Ching Man	SMS	26.27			
7	Li Bui Yan	PTMS		DN start		

Heat 3					Final	Lane
1	Wong Ming Fong Christy	LA	19.67	Standard	3	
2	Wan Hiu Long	TLGC	19.81	Standard	4	
3	Lam Hoi Ching	LYC	19.93	Standard	5	
4	Li Wai Yi	LCD	21.03	Standard		

5	Wong Hiu Yan	SMS	21.86	Standard	
6	Cameron Charlotte	HW		DN start	
7	Cho Kei Yuet	PTMS		DN start	
Heat 4					Final Lane
1	Tse Tsz Shan Crystal	LA	17.51	Standard	2
2	Lau Tsz Ying	LKYMS	22.46	Standard	
3	Wong Ching Man	SKHKH	24.96		
4	Cheung Ching Yi	KTSS	29.01		
5	Limbu Prechana	DMS-BW	29.52		
6	Choi Tsz Ching	LSCC		DN start	
7	Chon Tsz Ying	HW		DN start	

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Event 12 400m Girls A

Standard: 1:20.00

Record: 58.29 (1999)

Heat 1					SF	Lane
1	Li Jiahui	HCSS	1:16.81	Standard	2	5
2	Chan Wing Han	PBSS	1:18.47	Standard	1	6
3	Ho Mei Han	WESLEY	1:20.32		1	7
4	Chan Shuk Ki	HW	1:22.21		1	8
5	Chung Mei Kwan	SMHYC	1:28.30			
6	Sung Pui Ling	LSTWCM		DN start		
7	Wong Tsz Lam	LSCC		DN start		
8	To Yuen Ting	LCD		DN start		

Heat 2					SF	Lane
1	Tsang Wing Hei	SMS	1:15.02	Standard	2	4
2	Yeung Hoi Ki	LSCC	1:19.57	Standard	2	6
3	Pang Yu Tung	TLGC	1:21.81		2	8
4	To Yuet Ching	YCKMC-2	1:27.78			
5	Li Ki Yan	SKHTSK		DN start		
6	Meneses Rachel Ann Yez	DMS-BW		DN start		
7	Wong Pui	KCC		DN start		

Heat 3					SF	Lane
1	Cheung Hoi Kiu Jacqueline	KCC	1:10.69	Standard	1	2
2	Mak Hoi Kay Sarah	YCKMC-2	1:14.14	Standard	2	3
3	Wong Sze Man	TLGC	1:17.44	Standard	1	5
4	Chang Hang Lei	MKES	1:24.79			
5	Hung Ka Ming	LSTLKK	1:27.72			
6	Ngai Ka Yue	PTMS		DN start		
7	Sumaira Ramzan	DMS-BW		DN start		

Heat 4					SF	Lane
1	Lee Ka Wai	LSTLKK	1:13.06	Standard	2	2
2	Chan Ka Hin	KLC	1:14.38	Standard	1	3
3	Lai Ming Hin	LYC	1:20.09		2	7
4	Choi Shuk Kei	MKES	1:24.16			
5	Chan Wing Yan Joanne	PTMS	1:28.34			
6	Lam Sze Ling	DMS-YW	1:33.24			
7	Chiu Tsz Ling	CSKMS		DN start		

Heat 5					SF	Lane
1	Chan Hoi Yan	LYC	1:14.76	Standard	1	4
2	Tam Pui Yu	SMHYC	1:20.93		1	1
3	Chan Wai Yee	PBSS	1:21.03		2	1
4	Chan Wing Yi	WESLEY	1:24.60			
5	Shi Yuk Yung	LCD	1:26.51			
6	Yip Hei Wan	LSTWCM	1:35.28			
7	Ng Sum Ping	CSS		DN start		

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Event 13 400m Girls B

Standard: 1:20.00

Record: 57.29 (2002)

Heat 1					SF	Lane
1	Wong Mei Yin	PLKCHYT	1:15.14	Standard	2	4
2	Liu Chee Yin	WESLEY	1:15.97	Standard	3	4
3	Kwok Tsz Yan	PBSS	1:16.17	Standard	3	5
4	Tsui Cheuk Yiu	LYC	1:17.71	Standard	3	7
5	Chan Hiu Ching	CSS	1:18.07	Standard	1	7
6	Chu Dora King Suet	LA	1:19.13	Standard	3	1

7	Sin Sonia	YCKMC-2		DN start		
Heat 2						
1	Lam Hoi Man	LYC	1:12.79	Standard	SF 2	Lane 2
2	Lo Hiu Lam	PBSS	1:14.19	Standard	2	3
3	Lau Sin Ting	LSCC	1:19.31	Standard	2	8
4	Lam Kit Ying	WESLEY	1:21.25			
5	Cheung Wing Ki	LCD	1:21.33			
6	Lee Chun Yin	SMHYC	1:24.63			
7	Wong Lai Man	LSTWCM	1:25.91			
Heat 3						
1	Chan Lok Sam	SKHTSK	1:13.56	Standard	SF 3	Lane 2
2	Lam Ching Yi	LSCC	1:21.14			
3	Fu Ying Tung	KCC	1:24.89			
4	Tse Yee Ting	LCD	1:26.16			
5	Chan Lai Hin	SMHYC	1:38.87			
6	Lau Yan Ling	LSTWCM	1:39.40			
7	Ma Wing Ki	KTSS		DN start		
Heat 4						
1	Chan Hoi Ching	PTMS	1:15.02	Standard	SF 1	Lane 4
2	Leung Choi Yu	SKHKH	1:16.76	Standard	1	6
3	Mo Chor Hei	KCC	1:17.77	Standard	2	7
4	Chan Hoi Yee	SKHTSK	1:18.61	Standard	1	1
5	Mak Yee Kan	TLGC	1:19.81	Standard	1	8
6	Wong Suet Ip	CCHK	1:21.44			
7	Law Miu Nam	KTSS		DN start		
Heat 5						
1	Sit Yuen Man	PTMS	1:10.64	Standard	SF 1	Lane 2
2	Tsang Hiu Tung	SKHKH	1:13.91	Standard	3	3
3	Chiu Hoi Yan	TLGC	1:18.91	Standard	2	1
4	Yeung Yee Ting	SMS	1:22.43			
5	Ho Ka Yee	LSTLKK	1:23.11			
6	Lee Ka Ying Janice	CWCC	1:26.41			
7	Amreen	DMS-BW		DN start		
Heat 6						
1	Chu Man Ting	SMS	1:16.51	Standard	SF 2	Lane 5
2	Wong Yuk Fung	MKES	1:17.42	Standard	3	6
3	Servanes Valirie	LSTLKK	1:19.24	Standard	3	8
4	Kong In Yee	CWCC	1:21.12			
5	Lau Siu Hung	LKYMS	1:29.98			
6	Ansari Uzma	DMS-BW		DN start		
7	Lee Chi Wai	CSKMS		DN start		
Heat 7						
1	Wong Sze Lai	DMS-YW	1:14.90	Standard	SF 1	Lane 3
2	Lau Hin Tung Crystal	HW	1:16.53	Standard	1	5
3	Hui Ying Hung	MKES	1:16.99	Standard	2	6
4	Lui Tin Ching	LA	1:23.95			
5	Ching Fong Kwan	CSS	1:30.18			
6	Choi Ho Yi	LKYMS		DN start		
7	Tsang Wing Sze	PLKCHYT		DN start		

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Event 14 400m Girls C

Standard: 1:23.00

Record: 58.78 (2000)

Heat 1						
1	Tsai Lai Yan	LSTWCM	1:14.87	Standard	SF 3	Lane 3
2	Ip Kwok Hei	LSCC	1:16.13	Standard	1	3
3	Chan Yee King	MKES	1:18.30	Standard	2	5
4	Lui Pui Shan	PBSS	1:20.20	Standard	1	7
5	Lee Sze Man	LCD	1:22.58	Standard		
6	Tang Ho Man Rachel	QUALIED	1:24.45			
7	Man Tsz Ching	KCC	1:35.75			
8	Limbu Prechana	DMS-BW	1:38.82			
Heat 2						
1	Pang Ho Yan	PTMS	1:16.97	Standard	SF 1	Lane 4
2	Yung Kam Yiu	PBSS	1:19.11	Standard	2	6
3	Chow Carey Kwan Hei	QUALIED	1:22.73	Standard		
4	Cabuhat Princess Nicole	VDMS-BW	1:22.80	Standard		

5	Lai Wing Kei	TLGC	1:23.49			
6	Fok Hoi Ting	SPETER	1:23.97			
7	Lau Wai Na	SKHKH	1:24.90			
Heat 3					SF	Lane
1	Chua Yan Ching	PTMS	1: 5.87	Standard	1	2
2	Law Wing Lam	SKHKH	1:19.93	Standard	3	7
3	Yuen Ho Yiu	TLGC	1:21.51	Standard	3	8
4	Yiu Tsz Kwan	LYC	1:22.04	Standard		
5	Lee Chin Ching Neomi	HW	1:22.30	Standard		
6	Cheung Hiu Ying	DMS-YW	1:39.30			
7	Ip Yuk Shan	BCKSS	1:54.01			
Heat 4					SF	Lane
1	Lam Hoi Ching	LYC	1:17.09	Standard	2	4
2	Wong Sau Kuen	PLKCHYT	1:17.63	Standard	3	5
3	Law Wai Yi	CSKMS	1:19.91	Standard	3	6
4	Fung Hiu Laam	HW	1:20.48	Standard	2	1
5	Tsang Ka Yi	LKYMS	1:24.00			
6	Lau Hiu Ching	CWCC	1:25.99			
7	Wong Ching Hei	DMS-YW	1:27.13			
Heat 5					SF	Lane
1	Suen Si Hui Victoria	SKHTSK	1:15.60	Standard	2	3
2	Chong Yuet Ching	LKYMS	1:17.48	Standard	3	4
3	Tsang Sin Yi	PLKCHYT	1:20.23	Standard	1	1
4	Au Hoi Ting	CWCC	1:21.64	Standard	2	8
5	Lee Wing Ki	YCKMC-2	1:24.88			
6	Mok Tsz Wai	CSKMS	1:35.48			
7	Sze Rong Rong Winnie	KTSS	1:35.48			
Heat 6					SF	Lane
1	Chu Tsz Yau	LA	1:14.71	Standard	3	2
2	Lee Malissa	SKHTSK	1:18.85	Standard	1	5
3	Ngan Sau Man	WESLEY	1:18.89	Standard	1	6
4	Ng Sin Man	YCKMC-2	1:23.96			
5	Fung Yu Yan	CSS	1:24.96			
6	Ng Tsoi Yiu	SMHYC	1:25.35			
7	Wong Sze Yin	KTSS	1:50.16			
Heat 7					SF	Lane
1	Tse Tsz Shan Crystal	LA	1: 9.30	Standard	2	2
2	Au Chui Yiu	WESLEY	1:20.16	Standard	2	7
3	Cheung Siu Yee	SMS	1:21.04	Standard	3	1
4	Cheng Wing Sze	SMHYC	1:24.62			
5	Ou Jia Lin	CSS	1:27.04			
6	Natalie Sung	LWSSS	1:32.78			
7	Chan Ka Yi	LSTLKK		DN start		
Heat 8					SF	Lane
1	Chow Hei Nok Hilary	SMS	1:21.77	Standard	1	8
2	Or Tsz Ching	LSCC	1:25.16			
3	Hui Nga Chi	LCD	1:26.60			
4	Lam Angela	KCC	1:28.46			
5	Wong Man Ki	LSTWCM	1:31.34			
6	Cheng Chui Yuk	LSTLKK	1:32.09			
7	Yeung Wing Yin	MKES		DN start		

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Event 15 400m Boys A

Standard: 1:01.00

Record: 49.10 (1964)

Heat 1					SF	Lane
1	Cheung Ka Ho	KCC	55.50	Standard	1	2
2	Chung Tak Lun	LKYMS	56.12	Standard	2	3
3	Chu Shing Wai	KLC	58.19	Standard	2	6
4	Chan Cheung Ho	LCD	1: 1.56			
5	Badere John Lester T	DMS-BW	1: 2.34			
6	Tat Chi Chung	QUALIED	1: 3.28			
7	Chan Shan Tai	HKTKP		DN start		
8	Wong Chung Ho	HW		DN start		
Heat 2					Final	Lane
1	Chan Yau Lam Franky	HW	1: 0.14	Standard		
2	Lam Man Yu	LSTWCM	1: 0.56	Standard		

3	Sin Man Kit	KCC	1: 3.03			
4	Mohammad Naveed	DMS-BW	1: 6.09			
5	Wu Hoi Chun	CNCMS	1: 7.92			
6	Lam Cho Hong	MKES	1: 9.31			
7	Lee Siu Kan	HKTKP		DN start		
8	Si Siu Piu	WESLEY		DN start		
Heat 3				SF	Lane	
1	Ng Tik Lam	MKES	57.44	Standard	2	5
2	Tang Sheung Chi	LSTWCM	59.17	Standard	1	1
3	Loong Tsz Kin	YCKMC-2	1: 1.13			
4	Yip Chun Fat	DMS-YW	1: 4.46			
5	Pang Chun Wai	CNCMS		DN start		
6	Tang Tung Hei Johnson	WYHK		DN start		
7	Yu Yee Fat	WESLEY		DN start		
8	Ngai Ka Chun	SPETER		DN start		
Heat 4				SF	Lane	
1	Wong Fu Ho	YCKMC-2	57.29	Standard	2	4
2	Cheng Tsz Ho	SPETER	1: 0.10	Standard		
3	Ngai Fung	DMS-YW	1: 0.61	Standard		
4	Wong Tse Cheong	CSKMS	1: 6.07			
5	Wong Chi Man	NCC	1: 6.74			
6	Ching Tsz Kin	SMHYC	1: 7.19			
7	Ng Chi Hin	WYHK		DN start		
Heat 5				SF	Lane	
1	Lawrence Dear	GSIS	57.56	Standard	1	6
2	Ho Chun Wai	ATS	59.03	Standard	1	7
3	Wong Kai Cheung	SKHTSK	1: 2.85			
4	Wong Pui Kei	KTSS	1: 6.20			
5	Lau Kwan Sing	CSKMS	1: 9.35			
6	Lau Pak Hin	LWSSS		DN start		
7	Wu Zhong Yuen	SMHYC		DN start		
Heat 6				SF	Lane	
1	Gianni Mellwani	GSIS	56.65	Standard	1	3
2	Fong Kin Wing	SKHKH	58.38	Standard	2	7
3	Chan Ming Kwan	CSS	59.20	Standard	2	1
4	Cheung Mun Hey	ATS	59.57	Standard	1	8
5	Liu Long San	SKHTSK		DN start		
6	Ho Ming Lok	MCSF		DN start		
7	Chow Hiu Fai Jeffrey	LA		DN start		
Heat 7				SF	Lane	
1	Lao Ka Chun	LSTLKK	59.24	Standard	2	8
2	Wong Shun Ho	KTMC	1: 0.28	Standard		
3	Fung Tsun Ming	SMS	1: 1.78			
4	Chan Lung Faat	CSS	1: 2.12			
5	Ha Ting Fung	MCSF		DN start		
6	Wong Tsz Yeung	HCSS		DN start		
7	chen Zhiming	MKIU		DN start		
Heat 8				SF	Lane	
1	Mo Wing Yin	SMS	56.04	Standard	2	2
2	Chang Kar Wang	LSTLKK	56.91	Standard	1	4
3	Cheung Man Hin	LKYMS	57.50	Standard	1	5
4	Leung Kwun Hung	KTMC	59.94	Standard		
5	Wong Pak Yeung	KLC	1: 0.51	Standard		
6	Mak Chi Man	HCSS		DN start		
7	Kan Chi To	LCD		DN start		

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Event 16 400m Boys B

Standard: 1:03.00

Record: 51.63 (2008)

Heat 1				SF	Lane	
1	Ip Kin Wang	CSKMS	1: 2.27	Standard	3	7
2	Lam Kwok Wing	SKHKH	1: 2.96	Standard	1	1
3	Yu Wai Kit	SMHYC	1: 3.09		3	1
4	Pang Chi Fung Adrian	WYHK	1: 3.67			
5	Luk Siu Ting Jason	LSTLKK	1: 5.08			
6	Lee Tsz Kit	HW	1:11.13			
7	Kasper Kwan	GSIS	1:12.09			

8	Tsoi Kung Ming	HKTKP		DN start		
Heat 2						
1	Ng Kwai Yim	QUALIED	57.56	Standard	SF 1	Lane 2
2	So Chun Wing Clement	WYHK	59.62	Standard	2	3
3	Lau Ka Ho	SMHYC	1: 2.15	Standard	2	6
4	Cheuk Shui San	HW	1: 3.01		2	1
5	Law Chak Lam	MKES	1: 3.27		1	8
6	Leung Kwan Wai	KTMC	1: 4.61			
7	Chu Cho Tik	CSS	1: 8.44			
8	Gurung Rohit	DMS-BW		DN start		
Heat 3						
1	Yip Wai Wah	CCHK	59.44	Standard	SF 3	Lane 3
2	Wong Wai Hin	ATS	1: 0.25	Standard	1	4
3	Cheung Chun Wai	CSS	1: 1.07	Standard	2	5
4	Chow Lok Ting	QUALIED	1: 3.12		3	8
5	Leung Carlyle York	KTMC	1: 3.59			
6	Chan Nok Yin	MKES	1: 6.39			
7	Liang Weifu	YCKMC-2	1: 6.58			
8	Limbu Shilas	DMS-BW		DN start		
Heat 4						
1	Nip Kin Ho	NCC	1: 0.96	Standard	SF 3	Lane 5
2	Ng Kwok Fai	KCC	1: 2.84	Standard	1	7
3	Chan Ka Yau	LKYMS	1: 3.39			
4	To Hin Lam Barley	YCKMC-2	1: 4.99			
5	Cheung Wai Po	ATS	1: 7.78			
6	Chan Hok Fung	CWCC	1: 8.84			
7	Yip Yan Tai	DMS-YW	1:12.83			
8	Ng Chun Hang	CNCMS		DN start		
Heat 5						
1	Poon Ka Wing	KCC	59.90	Standard	SF 1	Lane 3
2	Fung Wai Kin	LKYMS	1: 0.70	Standard	3	4
3	Ng Siu Hong	LCD	1: 4.66			
4	Sze Siu Yam	DMS-YW	1: 6.35			
5	Chan Yuen Pang	BCKSS	1: 6.91			
6	Lau Ka Hing	LWSSS	1:11.10			
7	Kao Long Hei	CWCC		DN start		
8	Koo Ho Yin	NCC		DN start		
Heat 6						
1	Tsui Ka Tsun	BCKSS	58.96	Standard	SF 2	Lane 2
2	Lau Chun Wa	LSTWCM	1: 0.52	Standard	2	4
3	Tsang Tsz Lung	LCD	1: 1.68	Standard	1	6
4	Chan Hing Yip	WESLEY	1: 3.94			
5	Chan Yeuk San	LA	1: 4.44			
6	Wu Junming	KTSS	1: 6.65			
7	Hui Ho Hei	SKHTSK	1: 8.77			
Heat 7						
1	Chau Kin Wa	PLKCHYT	1: 1.19	Standard	SF 1	Lane 5
2	Chu Shing Yip	SMS	1: 2.19	Standard	3	6
3	Lam Ka Man	LSTWCM	1: 4.38			
4	Chan Hiu Lung	KTSS	1:16.16			
5	Tsang Chun Heng	WESLEY		DN start		
6	Li Hang Chon	SKHTSK		DN start		
7	Mok Men Tsung	LA		DN start		
Heat 8						
1	Yu Mecco Ming Ho	SMS	59.03	Standard	SF 3	Lane 2
2	Jack Rawson	GSIS	1: 2.46	Standard	2	7
3	Choi Ka Hong	SKHKH	1: 3.15		2	8
4	Lee Wing Ho	PLKCHYT	1: 3.74			
5	Chan Wai Chau	LSTLKK	1: 6.46			
6	Lam Ka Wai	CSKMS	1:10.74			
7	Chiang Yat Chun	HKTKP		DN start		

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Event 17 400m Boys C

Standard: 1:10.00

Record: 51.23 (2008)

Heat 1						
1	Brian Yim	GSIS	1: 4.41	Standard	SF 3	Lane 4

2	Chan Leung Sing Jaco	SMS	1: 8.33	Standard		
3	Ho Chun Hei	PLKCHYT	1: 9.63	Standard		
4	Tang Hin Lun	QUALIED	1:11.77			
5	Wong Tsz Long	ATS	1:16.51			
6	Tsang Chun Yui	LWSSS		DN start		
7	Au Chun Hing	DMS-YW		DN start		
8	Lo Lai Man	LKYMS		DN start		
Heat 2					SF	Lane
1	Cheung Wing Shing	SMS	58.76	Standard	1	2
2	Lee Ka Wah	LCD	1: 3.20	Standard	2	2
3	Wong Heung Yin	SKHTSK	1: 4.31	Standard	2	4
4	Lai Chun Fai	LKYMS	1: 6.06	Standard	2	6
5	Kwan Jeffrey	SMHYC	1: 7.85	Standard	3	1
6	Thomas Baer	GSIS	1: 9.75	Standard		
7	Lam King Ho	LWSSS	1:14.30			
8	Tong Chun Kit	WESLEY	1:14.41			
Heat 3					SF	Lane
1	Ng Chi Fai	MKES	1: 4.23	Standard	1	4
2	Tai Ka Long	LSTWCM	1: 5.47	Standard	1	5
3	Wong Chi Keung	SMHYC	1: 6.26	Standard	3	6
4	See Shing Hei	WESLEY	1: 9.01	Standard		
5	Siu Chun Kit	SKHKH	1:10.48			
6	Kwok Pun Ho	LCD	1:10.74			
7	Chan Cho Ping	KTMC	1:13.44			
8	Yau Yiu Hei	SKHTSK		DN start		
Heat 4					SF	Lane
1	Yau Kwok Fung	SKHKH	1: 3.79	Standard	3	3
2	Yam Kin Ho	KTMC	1: 5.93	Standard	1	6
3	Ho Tsz Lun	CCHK	1: 6.29	Standard	3	7
4	Poon Tseung Chun	LSTWCM	1: 8.22	Standard		
5	Chan Yin Ha Martin	CWCC	1: 9.44	Standard		
6	Tang Wan Kai	HKTKP	1:13.48			
7	Lin Wei Feng	LSTLKK	1:14.94			
Heat 5					SF	Lane
1	Lui Yu Fung	CCHK	1: 4.02	Standard	1	3
2	Chan Wing Chi	CWCC	1: 6.50	Standard	2	7
3	Tang Ka Chun	CSKMS	1: 7.99	Standard	3	8
4	Ho Wai Ka	HCSS	1: 9.99	Standard		
5	Tang Wan Kit	HKTKP	1:12.90			
6	Li Chun Yin	LSTLKK	1:18.52			
7	Wong Tsz Fung	KCC	1:23.30			
Heat 6					SF	Lane
1	Yim Kai Wa	CSKMS	1: 3.89	Standard	2	3
2	Lam King Hei	LA	1: 5.20	Standard	2	5
3	Lau Tik Chi	HW	1: 8.78	Standard		
4	Lee Kin Ho	WYHK	1:10.97			
5	Chu Shing Yiu	NCC	1:14.53			
6	Lam Hiu Yu	KCC	1:23.84			
7	Mirza Zain Shafiq	DMS-BW		DN start		
Heat 7					SF	Lane
1	Lui Wai Chun	CSS	1: 3.61	Standard	3	2
2	Tam Curtis Jude Kwan Lung	DMS-BW	1: 6.91	Standard	1	1
3	Ho Tak Wah	YCKMC-2	1: 7.18	Standard	2	1
4	Chong Lap Fung Justin	WYHK	1: 8.03	Standard	2	8
5	Tong Ka Chun Derek	LA	1: 8.18	Standard	1	8
6	Chow Hin Chun	NCC	1:17.54			
7	Li Yu Shing	KTSS	1:24.08			
Heat 8					SF	Lane
1	Luk Ning Hei	CSS	1: 4.70	Standard	3	5
2	Chow Tsz Ngo	DMS-YW	1: 6.87	Standard	1	7
3	Yick Chung Faat	ATS	1:12.51			
4	Tam Chin Hung	PLKCHYT	1:13.16			
5	Siu Long Sing	QUALIED	1:23.03			
6	Yip Long Sing	KTSS		DN start		
7	Kwong Ka Ki	YCKMC-2		DN start		

Standard: 22.00 (1kg)

Record: 47.19

(2006) (1kg)

Position	Name	School	Result	Remark	Points
1	Tang Chun Yuen	KTMC	32.44	Standard	9
2	Li Wong Kin	LSTWCM	29.14	Standard	7
3	Lam Chi Pang	WESLEY	26.56	Standard	6
4	Ngai Ka Ming	PLKCHYT	26.44	Standard	5
5	Brian Groebisch	GSIS	26.44	Standard	4
6	Lo Tak Ki	LCD	26.21	Standard	3
7	Wong Chun Man	KCC	26.20	Standard	2
8	Yeung Tin Long	SKHKH	25.68	Standard	1
	Lam Kwok Wa	SMS	25.43	Standard	
	Lo Hon Piu	DMS-YW	25.18	Standard	
	Law Chong Yin	HCSMS	24.84	Standard	
	Tsang Chun Yeung	CSS	24.80	Standard	
	Lam Wing Po	YCKMC-2	24.70	Standard	
	Wat Hon Chung	ATS	24.16	Standard	
	Kow Ka Chun	KTSS	23.58	Standard	
	Szeto Samane Alfa Kai Fei	QUALIED	23.26	Standard	
	Lam Siu Hei	YCKMC-2	23.24	Standard	
	Kwok Chun Ho	SKHKH	23.10	Standard	
	Cheng Wai Keung	LSTWCM	22.44	Standard	
	Lee King Long	CWCC	22.40	Standard	
	Tai Chi Wing	LCD	22.27	Standard	
	Chan Jeffrey Roy	HW	22.16	Standard	
	Chow Ka Ming	LKYMS	22.12	Standard	
	Ho Wai Kit	SKHTSK	21.86		
	Tam Wai Lam	KTMC	21.33		
	Fan Kam Man	CSKMS	20.94		
	Yuen Kit Pang	LSTLKK	20.82		
	Wong Tsan San	BCKSS		No Mark	
	Tang Wing Ho	QUALIED		DN take part	
	Lee Yun Loi	LSTLKK		No Mark	
	Tan Yao Wei	DMS-YW		No Mark	
	Villanueva Joseph S C	DMS-BW		No Mark	
	Lau Tsun Yip	BCKSS		No Mark	
	Yu Kit Wing	MKES		DN take part	
	Kyaw Sett Aung	DMS-BW		DN take part	
	Cheung Chi Him	LKYMS		No Mark	
	Chu Ka Kwan	CSS		DN take part	
	Chan Wai Chun	SMHYC		No Mark	
	Leung Ho Piu	CSKMS		No Mark	
	Tang Kwan Ho	WESLEY		DN take part	
	Tam Chun Hong	CWCC		No Mark	
	Ng Pak Hin	MKES		No Mark	
	Tam Wing Hang	SMHYC		No Mark	
	Siu Kin To	KTSS		No Mark	
	Kwong Cheong Kwan	HW		DN take part	
	Tong Chak Fai	NCC		No Mark	
	Lo Ka Kin	KCC		No Mark	
	Wong Timothy Hin Shun	SMS		No Mark	
	Ng Yu Hin	NCC		No Mark	
	Lee Tung Ming	HCSMS		DN take part	
	Luk Eloem	GSIS		No Mark	
	Tang Ho Tin	ATS		No Mark	
	So Stephen Chun Yee	WYHK		No Mark	
	Ng Ka Yeung	WYHK		No Mark	

Event 19 High Jump Boys C

Standard: 1.30

Record: 1.72

(2008)

Position	Name	School	Result	Remark	Points
1	Chau Man Chun	PLKCHYT	1.51	Standard	9
2	Moritz Ecknig	GSIS	1.48	Standard	7
3	Yau Kwok Fung	SKHKH	1.48	Standard	6
4	Lee Fu Wing	NCC	1.48	Standard	5
5	Denis Mundorf	GSIS	1.45	Standard	4

6	Fung Louis	QUALIED	1.42	Standard	3
7	Wan Chun Yin	CCHK	1.42	Standard	2
8	Chan Yiu Fai	HW	1.42	Standard	1
	Ho Kit Sum Jason	CSKMS	1.41	Standard	
	Leung Ka Wai	ATS	1.39	Standard	
	Lai Wai Hin	KCC	1.36	Standard	
	Yang Ka Ho	SMS	1.36	Standard	
	Lam Pui Ki	SMS	1.36	Standard	
	Wong Ming Tak Derek	LA	1.36	Standard	
	Tam Ho Fung Kevin	LA	1.33	Standard	
	Wong Ming Chuen	SMHYC	1.33	Standard	
	Chau Chung Yin	LWSSS	1.30	Standard	
	Li Ka Chun	QUALIED	1.30	Standard	
	Ng Ming Fung	KTMC	1.30	Standard	
	Leung Sik To	YCKMC-2	1.27		
	Li Pak Hang Partick	HW	1.27		
	Cheng Wing Kwong	WYHK	1.27		
	Lam Wing Kin	CCHK	1.27		
	Yeung Chak Fung	LKYMS	1.27		
	Randawa Jatinderpal Singh	DMS-BW	1.27		
	Kong Chun Ho	LCD		DN take part	
	Mai Hing Yung	LCD		No Mark	
	Chung Tin Ho	HKTKP		DN take part	
	Lee Tsun Ming	CSS		No Mark	
	Wong Tsz Wai	LSTWCM		DN take part	
	Li Jintu	CWCC		No Mark	
	Tang Ming Ho	CSS		No Mark	
	Tsang Yiu Ming	CWCC		DN take part	
	Tai Ka Long	LSTWCM		No Mark	
	Mak Chun Yin	KTMC		No Mark	
	Leung Chun Yin	WESLEY		No Mark	
	Yiu Marvin Long Yue	WYHK		No Mark	
	Wong Wan Lung	SMHYC		DN take part	
	Lee Tsz Hou	HKTKP		DN take part	
	Yam Hon Ming	KCC		No Mark	
	Le Chuong	NCC		No Mark	
	Choi Kit	LSTLKK		DN take part	
	Wong Chung Ting	LSTLKK		DN take part	
	Ng Ka Ho	WESLEY		No Mark	
	Shahid Apnan Iqbal	DMS-BW		DN take part	
	Huen Siu Ming	SPETER		DN take part	
	Lui Shing Ho	SKHKH		DN take part	
	Wong Lap Chun Roger	ATS		No Mark	

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Event 20 100m Girls A

Standard: 15.30

Record: 12.11 (1995)

Heat 1

					SF	Lane
1	Chow Wing See	KLC	14.42	Standard	3	3
2	Lee Ming Yi	QUALIED	14.53	Standard	1	4
3	Lau Yuen Yee	LA	15.34		3	8
4	Kwong Sin Yu Ruby	SPETER	15.50			
5	Tang Kit Yee	SKHKH	15.87			
6	Tam Ching Yi	DMS-YW	16.20			
7	Lo Ha Mung	PTMS		DN start		

Heat 2

					SF	Lane
1	Lau Sui Ting	LYC	14.53	Standard	2	4
2	Cheung Yim To	MKES	14.87	Standard	2	5
3	Mak Hoi Ning	PTMS	15.11	Standard	3	7
4	Li Chun Ping	DMS-YW	15.68			
5	Ng Yau Ching	BCKSS	16.43			
6	Au Wai Ki	HW	16.97			
7	Wong Hoi Yan	LSTWCM		DN start		

Heat 3

					SF	Lane
1	Wong Ka Man	WESLEY	14.36	Standard	2	2
2	Tang Mung Ting	PBSS	15.07	Standard	2	6
3	Man Po Ki	MKES	15.20	Standard	1	7

4	Cheung Ka Wing	TLGC	15.25	Standard	2	1
5	Leung Won Lam	LYC		DN start		
6	Wong Sze Long	HW		DN start		
7	Wong Choi Yung	BCKSS		DN start		
Heat 4					SF	Lane
1	Chung Wun Lo	PLKCHYT	14.45	Standard	1	3
2	Wong Man Hei	TLGC	15.09	Standard	3	6
3	Ng Shan Yiu	WESLEY	15.49		1	8
4	Lo Man Ting	YCKMC-2	15.77			
5	Chan King Yu	LCD	15.80			
6	Liang Jianran	HCSS	15.83			
7	Chan Chung Kei	PBSS	15.99			
Heat 5					SF	Lane
1	Tse Man Nga	CSS	14.22	Standard	1	2
2	Yiu Yee Man	SKHTSK	14.38	Standard	3	2
3	Wan Wing Yan	KCC	15.15	Standard	2	7
4	Oi Yan Yan Amanda	LCD	15.43		2	8
5	Chan Lee Shan	HCSS	15.62			
6	Yip Lee Kam	SMHYC	17.62			
7	Au Ka Li	MCSF		DN start		
Heat 6					SF	Lane
1	Cheung Hoi Ling Jennifer	KCC	14.42	Standard	2	3
2	Duyan Arien Lovely T	DMS-BW	14.74	Standard	3	4
3	Tam Siu Ling	SMHYC	15.21	Standard	1	1
4	Poon Kit Yee	LSCC	16.11			
5	Tsai Lai Ka	MKIU	16.73			
6	Lau Chui Ting	LSTLKK		DN start		
7	Yung Wan Ting	MCSF		DN start		
Heat 7					SF	Lane
1	Ho Yun Wa	LSCC	14.75	Standard	3	5
2	Tang Oi Ying	KLC	14.97	Standard	1	5
3	Chung Ling Ka Nicole	LA	15.03	Standard	1	6
4	Chan Tsz Wing	SPETER	15.27	Standard	3	1
5	Liu Kelley	LSTLKK	15.93			
6	Yu Kam Fung	MKIU	16.56			
7	Sharma Jyoti	DMS-BW	16.71			

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Event 21 100m Girls B

Standard: 15.50

Record: 12.21 (2005)

Heat 1					SF	Lane
1	Sit Ka Wun	LSCC	14.82	Standard	2	3
2	Poon Kwai Yi	KCC	15.34	Standard	3	6
3	Chow Wing Yan	TLGC	15.54		2	1
4	Ng Ka Ling	SPETER	15.80			
5	Cheung Wing Sze	MKIU	15.92			
6	Ip Sze Man	SMHYC	16.03			
7	Ho Ngai Yin	SKHTSK	16.14			
8	Choi Kwan Yi	HCSS	16.18			
Heat 2					SF	Lane
1	Chung Lei Kwan	CWCC	14.63	Standard	2	2
2	Chen Tsz Ching	SKHTSK	14.70	Standard	3	2
3	Sit Nau Ki	TLGC	14.85	Standard	1	4
4	Yue Xin Yi	PTMS	15.00	Standard	3	4
5	Yim Oi Ching	SPETER	16.16			
6	Chow Duen Nam	SKHKH	16.41			
7	Wong Yuen Han	SMS	16.95			
8	Ali Shanzeen Shahzad	DMS-BW		DN start		
Heat 3					SF	Lane
1	Lok Ho Kwan	CWCC	14.40	Standard	1	2
2	Luk Wing Man	PTMS	14.78	Standard	3	3
3	Lam Miu Tung	LYC	14.99	Standard	2	4
4	Mo Ching Yee	SMS	15.11	Standard	1	5
5	Naveed Yusra	DMS-BW	15.87			
6	Law Yan Yi	SKHKH	15.98			
7	Ho Ka Yee	LSTLKK	16.20			
8	Chan Wing Tung	CSKMS	16.87			

Heat 4					SF	Lane
1	Ng Yan Yi	LKYMS	15.03	Standard	3	5
2	Fong Yin Chu	MKES	15.45	Standard	1	7
3	Nam Ching Yan	LA	15.72		2	8
4	Chan Ka Yiu	CSKMS	16.06			
5	Chan Wing Yiu	LSTLKK	18.11			
6	So Chor Yu	DMS-YW		DN start		
7	Li Hui Fei	HW		DN start		
8	Lau Hoi Yi	LYC		DN start		

Heat 5					SF	Lane
1	Tse Kit Yee	MKES	15.09	Standard	2	5
2	Chan Long Pui Abi	LA	15.15	Standard	1	6
3	Chan Tsz Ying	LWSSS	15.56		3	1
4	Fung Yee Ling	BCKSS	15.74		1	8
5	Au Tsz Huen	WESLEY	15.93			
6	Kwok Hiu Kwan	CSS	16.15			
7	Chu Wai Ni	DMS-YW	16.24			
8	Chong Yin Fan	KTSS	18.18			

Heat 6					SF	Lane
1	Ho Tsz Tung	BCKSS	15.41	Standard	3	7
2	Ng Ka Man	CSS	15.53		1	1
3	Mok Yuen Tung	LCD	15.86			
4	Lam Wing Ka	PBSS	16.24			
5	Lui Ming Yin	KTSS	17.55			
6	Cheng Kit Man	LSTWCM		DN start		
7	Chan Hiu Ying	WESLEY		DN start		

Heat 7					SF	Lane
1	Lam Yan Lok	LSCC	14.84	Standard	1	3
2	Cheung Lok Yee Eleanor	KCC	15.20	Standard	2	6
3	Kwok Sin Yee	PBSS	15.42	Standard	2	7
4	Tsang Chi Heung	LCD	15.69		3	8
5	Wong Tse Yin	LSTWCM	15.79			
6	Cheung Hiu Man	HCSS	15.86			
7	Wong Sin Ying	SMHYC	16.64			

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Event 22 100m Girls C

Standard: 16.00

Record: 12.55 (2004)

Heat 1					SF	Lane
1	Hung Pui Shan	SKHTSK	15.36	Standard	1	1
2	Lam Hannah	LSCC	15.57	Standard		
3	Jiang Ying Xue	CWCC	15.65	Standard		
4	Chan Yuet Ling	SMS	15.98	Standard		
5	Leung Ka Hei	SMHYC	16.21			
6	Tse Chui Ying	LSTWCM	16.23			
7	Fu Ching Yee	PBSS	17.32			
8	Sin Cheuk Yiu	KCC		DN start		

Heat 2					SF	Lane
1	Lam Tsz Yan	CWCC	14.82	Standard	3	4
2	Chow Wah Yi	LSCC	14.95	Standard	1	5
3	Lui Ki Ki	SMS	15.30	Standard	2	7
4	Mau Chui Yi	LSTLKK	15.60	Standard		
5	Cheung Ka Man	SMHYC	15.75	Standard		
6	Chan Cho Ying	LSTWCM	15.77	Standard		
7	Wong Kai Ying	PBSS	15.80	Standard		
8	Chiu Ka Yu	KCC	16.33			

Heat 3					SF	Lane
1	Li Eunice	LA	14.58	Standard	1	3
2	Wong Ho Ting	PTMS	14.68	Standard	1	4
3	Yuen Yin Ting Eileen	TLGC	15.44	Standard	3	1
4	Lee Man Chung	HW	15.76	Standard		
5	Ng Wing Shan	SPETER	15.88	Standard		
6	Kwong Wing Han	LSTLKK	17.70			
7	Lam Kit Ying	HCSS		DN start		
8	Lui Wing Yan	MKIU		DN start		

Heat 4					SF	Lane
1	Chua Yan Ching	PTMS	13.66	Standard	1	2

2	Ngai Yan Lok Rachel	LA	14.11	Standard	3	2
3	Tang Wai Yin	TLGC	15.13	Standard	2	6
4	Wai King Chi Candace	HW	15.35	Standard	1	7
5	Lai Ka Po	SPETER	15.45	Standard	3	8
6	Tang Ho Man Rachel	QUALIED	15.73	Standard		
7	Dyogi Zynia Joyce Sicat	DMS-BW	16.91			
8	Fung King Yiu	MKIU		DN start		

Heat 5					SF	Lane
1	Ng Chung Ting	LYC	15.54	Standard	1	8
2	Cheung Shuk Fan	YCKMC-2	15.69	Standard		
3	Chan Kit Yan	BCKSS	15.82	Standard		
4	Wong Natalie	LCD	15.95	Standard		
5	Yau Tsz Yan	LKYMS	16.07			
6	Manan Zubaria	DMS-BW	16.44			
7	Chan Kin Ting	MKES	16.65			
8	Wong Wai Ning	CSKMS	17.65			

Heat 6					SF	Lane
1	Tsui Suet Ying	LYC	14.37	Standard	3	3
2	So Ka Lai	LKYMS	14.77	Standard	2	4
3	Shea Wai Ying	YCKMC-2	14.85	Standard	2	5
4	Ng Cheuk Yiu	LCD	15.48	Standard	2	8
5	Kwok Sin Yi	BCKSS	15.57	Standard		
6	Yip Ho Yan	CSKMS	15.86	Standard		
7	Tso Suet Ying	MKES	16.05			
8	Yu Wing Sze	DMS-YW	16.89			

Heat 7					SF	Lane
1	Kwok Ming Wai	PLKCHYT	14.83	Standard	3	5
2	Wong Wan Yu	CSS	15.38	Standard	2	1
3	Lydia Man	LWSSS	15.67	Standard		
4	Chow Hoi Ting	SKHKH	15.70	Standard		
5	Kam Man Lok	WESLEY	15.84	Standard		
6	Wong Chi Yan	DMS-YW	16.61			
7	Cheung Ching Yi	KTSS	16.73			

Heat 8					SF	Lane
1	Law Hoi Kwan	CSS	13.93	Standard	2	2
2	Lee Sze Wing	SKHTSK	14.51	Standard	2	3
3	Lai Suet Fong	PLKCHYT	14.99	Standard	1	6
4	Li Lok Man	SKHKH	15.16	Standard	3	6
5	Yung Man Yam Audrey	WESLEY	15.20	Standard	3	7
6	Sze Rong Rong Winnie	KTSS	17.43			
7	Ada Chik	LWSSS		DN start		

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Event 23 100m Boys A

Standard: 12.60

Record: 10.40 (2008)

Heat 1					SF	Lane
1	Chan Chi Miu	KCC	11.96	Standard	3	4
2	Lo Chun To	MKIU	12.12	Standard	1	5
3	Mak Hoi Shing	LSTWCM	12.25	Standard	2	6
4	Wong Tung Kin	PLKCHYT	12.49	Standard	2	8
5	Mak Chun Kit	HW	12.69			
6	Chan Kai Lung	HCSMS	14.29			
7	Chong Fa Kit	WESLEY		DN start		
8	Singh Chohan Harmanpreet	DMS-BW		DN start		

Heat 2					SF	Lane
1	Fong Kwok Leung	DMS-BW	11.70	Standard	2	2
2	Tsang Yuk Kwan Harry	KCC	11.89	Standard	1	4
3	Chan Sze Ki	SMHYC	12.24	Standard	1	6
4	Lai Guo Dong	HW	12.48	Standard	3	1
5	Ho Chun Yin	WESLEY	12.51	Standard		
6	Lee Yin Hing Hiko	LCD	12.69			
7	Ngan Shui Mun	LSTWCM	12.79			
8	Fung Chun Sang	HCSMS		DN start		

Heat 3					SF	Lane
1	Wong Hao Keng	SMHYC	11.73	Standard	3	2
2	Lau Yiu Ting Tim	LCD	11.96	Standard	2	4
3	Li Zi Jian	NCC	12.41	Standard	1	1

4	To Chun Him	YCKMC-2	12.74			
5	Ye Youpai	DMS-YW	13.02			
6	Chan Kwong Wai	CSKMS	13.27			
7	Lam Shu Wing	SPETER		DN start		
8	Wong Wing Hong	HKTKP		DN start		
Heat 4					SF	Lane
1	Chiu Kai Tung	MKES	12.10	Standard	2	5
2	Shek Wai Hung	NCC	12.26	Standard	3	6
3	Ng Ting Wai David	CSKMS	12.35	Standard	3	7
4	Ng Wai Chung	SPETER	12.49	Standard	3	8
5	Tang Kin Wai	CCHK	12.50	Standard		
6	Leung Ka Wai	YCKMC-2	12.70			
7	Ye Youjian	DMS-YW	13.23			
8	Wu Tat Chiu	HKTKP		DN start		

Heat 5					SF	Lane
1	Ip Hin Chi	SKHTSK	11.60	Standard	1	2
2	Cheng Pok Man	MKES	12.02	Standard	3	5
3	Cheung Chi Hou	CSS	12.42	Standard	2	1
4	Tsui Yiu Hung	CCHK	12.58	Standard		
5	Yau Fung Shing	SKHKH	12.79			
6	So Samuel Chun Yiu	WYHK		DN start		
7	Au Ka Chun	MCSF		DN start		
8	Patrick Buchholtz	GSIS		DN start		

Heat 6						Final Lane
1	Cheung Yiu Kok	SKHKH	12.58	Standard		
2	Choy Siu Cheung	CSS	12.65			
3	Alexandre Hui Bon Hoa	GSIS	12.75			
4	Kwok Pui Kwan	LSTLKK	13.00			
5	Tai Sau Yat	LA	13.80			
6	Lam Ka Long	MCSF		DN start		
7	Tang Tung Hei Johnson	WYHK		DN start		

Heat 7					SF	Lane
1	Man Shun Shing	LKYMS	12.49	Standard	1	8
2	Mak Ho Fung	ATS	12.51	Standard		
3	Tong Chun Sin	KLC	12.61			
4	Wong Hong Yuen	KTMC	12.66			
5	Chen Haojie	HCSS	12.67			
6	Jian Yong Pei	LSTLKK	12.69			
7	Hui Ying Kit	SMS		DN start		

Heat 8					SF	Lane
1	Lam Wing Cheung	ATS	11.77	Standard	3	3
2	Poon Chi Long	SMS	11.82	Standard	2	3
3	Yuen Wai Pan	QUALIED	11.86	Standard	1	3
4	Wan Ka Fai	KTMC	12.36	Standard	2	7
5	He Wen Xin	HCSS	12.40	Standard	1	7
6	Chu Shing Wai	KLC	12.57	Standard		
7	Fung Wing Hang	LKYMS		DN start		

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Event 24 100m Boys B

Standard: 13.00

Record: 11.03 (2008)

Heat 1					SF	Lane
1	Mozar Tsang	GSIS	12.23	Standard	1	4
2	Ho King Fung	SKHKH	12.57	Standard	3	1
3	Lo Kwok Shing	SMHYC	12.68	Standard	2	8
4	Leung Siu Lun	SMS	12.80	Standard		
5	Cheng Man Chung Calvin	WYHK	12.92	Standard		
6	Lee Chak Shing	CSKMS	13.16			
7	Yau Kwok Chin	MKES	13.43			
8	Chan Hau Yin	LSTLKK		DN start		

Heat 2					SF	Lane
1	Lam Oscar Wang Chun	LSTLKK	12.21	Standard	1	3
2	Tse Ting Hin	WYHK	12.61	Standard	3	8
3	Koo Ho Yin	NCC	12.81	Standard		
4	Chan Ho Nam	CWCC	12.81	Standard		
5	Zhang Jiahui	CSKMS	12.85	Standard		
6	Chan Chun Kit	KTMC	13.30			

7	Chow Wa Wai	HW		DN start		
8	Chau Siu Pan	HCSS		DN start		
Heat 3					SF	Lane
1	Wu Hou Lam	KTMC	11.98	Standard	3	2
2	Mo Ho	CSS	12.28	Standard	2	5
3	Lee Kwok Wai	NCC	12.32	Standard	1	5
4	Yau Tsz Kit	QUALIED	12.36	Standard	2	6
5	Kam Ngai	HCSS	13.22			
6	Gee Hin Long	HW	14.06			
7	Gu Liu Quan	CWCC		DN start		
8	Lai Ho Tin	ATS		DN start		
Heat 4					SF	Lane
1	Hon Chi Ho	CSS	11.95	Standard	2	2
2	Li Ka Fai	YCKMC-2	12.24	Standard	2	4
3	Lau Yiu Wing	CNCMS	12.28	Standard	3	5
4	Law Chi Hung	ATS	12.49	Standard	1	7
5	Lee Markus	LA	12.85	Standard		
6	Han Jonathan Yuchen	KCC	13.02			
7	Sharma Subham	DMS-BW	13.49			
Heat 5					SF	Lane
1	Zacarias Canga	DMS-BW	11.92	Standard	1	2
2	Ng Kar Wang Frederick	YCKMC-2	12.15	Standard	3	3
3	Ho Chun Yin	LA	12.35	Standard	1	6
4	Lam Chun Kin	LKYMS	12.98	Standard		
5	Law Hoi Kin	MKIU	13.01			
6	Chung Calvin Ho Fung	KCC	13.06			
7	Pan Kuan Cheng	CNCMS	13.13			
Heat 6					SF	Lane
1	Fung Wai Kin	LKYMS	12.27	Standard	3	4
2	Chui Chun Kin	SPETER	12.52	Standard	2	1
3	Lam Ching Fai	LWSSS	12.84	Standard		
4	Yip Ka Man	MKIU	13.07			
5	Chong King Fai	BCKSS	13.43			
6	Lau Ka Wo	DMS-YW	13.79			
7	Lai Kwong Yuen	HCSMS		DN start		
Heat 7					SF	Lane
1	To Yat Long	BCKSS	12.79	Standard	1	8
2	Chu Man Ching	LCD	12.98	Standard		
3	Chan Chau Wah	LWSSS	13.04			
4	Chan Tai Keung	HKTKP	13.08			
5	Su Bangde	KTSS	13.28			
6	Li Ka Chun	WESLEY	13.37			
7	Lai Chun Wai	DMS-YW	14.09			
Heat 8					SF	Lane
1	Ko Ka Fai	LSTWCM	12.39	Standard	3	6
2	Lee Sing Yuen	LCD	12.46	Standard	2	7
3	Hingley James Philip	SKHTSK	12.90	Standard		
4	Tang Wing Fai	HKTKP	12.91	Standard		
5	Hui Chin Yeung	KTSS	13.09			
6	Sze Cheung Yiu	WESLEY	13.56			
7	Kwok Yin Ting	PLKCHYT	14.08			
Heat 9					SF	Lane
1	Ching Tat Fei	LSTWCM	12.21	Standard	2	3
2	Tsui Yuk Yin	SMS	12.46	Standard	3	7
3	Harri Turnbull	GSIS	12.52	Standard	1	1
4	Sze To Wai Kin	SMHYC	12.93	Standard		
5	Chan Tsz Ki	SKHKH	13.08			
6	Yeung Ka Ming	MKES	13.19			
7	Cheung Ying Fung	SKHTSK	13.29			

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Event 25 100m Boys C

Standard: 14.00

Record: 11.35 (2008)

Heat 1					SF	Lane
1	Hui Lap Kei	PLKCHYT	12.86	Standard	2	2
2	Chan Cho Ho	LKYMS	12.88	Standard	3	3
3	Ng Tun Yu Anthony	SPETER	13.33	Standard	2	6

4	Mak Chun Kit	WESLEY	13.57	Standard	2	8
5	Leung Tsz Kin	YCKMC-2	13.73	Standard		
6	Zhang Jinglie	CSS	13.91	Standard		
7	Lai Hok Yin	DMS-YW	13.93	Standard		
8	Ku Tsz Wa	LCD	14.14			
Heat 2					SF	Lane
1	Lai Ka Lun	LKYMS	12.86	Standard	3	2
2	Cheng Ka Sing	SPETER	13.04	Standard	2	4
3	Kam Yat Ming	WESLEY	13.25	Standard	2	5
4	Ho Seong Tin	PLKCHYT	13.38	Standard	3	7
5	Li Chung Nam	YCKMC-2	13.43	Standard	1	1
6	Lai Yiu Tak	LCD	13.63	Standard		
7	Lee Kin Yeung	SKHTSK	13.65	Standard		
8	Lo Chun Hin Johannes	CSS		DN start		
Heat 3					SF	Lane
1	Calvin Chow	GSIS	12.89	Standard	2	3
2	Chan Chun Wing	SKHTSK	13.26	Standard	1	6
3	Chan Chong Kit	LWSSS	13.53	Standard	3	1
4	Chan Yiu Ming	MKIU	13.58	Standard		
5	Wong Wing Keung	SMHYC	13.80	Standard		
6	Wong Lok Hang	HKTKP	14.01			
7	Fung Ki Man	KTSS	16.25			
8	Kwok Ching	SKHKH		DN start		
Heat 4					SF	Lane
1	Chang Che Jun	GSIS	12.95	Standard	1	3
2	Lau Sze Shing	SMHYC	13.01	Standard	1	4
3	Tsoi Kam Chung	MKIU	13.14	Standard	3	4
4	Lui Yee Pang	HKTKP	13.26	Standard	1	5
5	Yip Tsz Ho	SKHKH	13.44	Standard	2	1
6	Wong Tin Pui	LWSSS	13.89	Standard		
7	Lui Siu Keung	LSTLKK	14.07			
8	Yuen Ka Kit	KTSS	17.40			
Heat 5					SF	Lane
1	Au Yeung Siu Chun	WYHK	13.40	Standard	1	7
2	Yu Cheuk Hin Jimmy	LSTWCM	13.62	Standard		
3	Chan Wai Hung	LSTLKK	13.64	Standard		
4	Suen Man Yuen Michael	CWCC	13.89	Standard		
5	Lee Ho Keung	HCSS	13.90	Standard		
6	Yip Chung Wan	KTMC	13.97	Standard		
7	Leung Ming Pok Billy	SMS	14.51			
8	Hui Huen Hang Hyman	LA		DN start		
Heat 6					SF	Lane
1	Wong Sing Ping	CWCC	13.34	Standard	3	6
2	Chettiyar Nathan	DMS-BW	13.39	Standard	2	7
3	Man Siu Kok	LA	13.54	Standard	3	8
4	Tang Chun Hang Alexander	WYHK	13.61	Standard		
5	Ng Tsz Chung	LSTWCM	13.83	Standard		
6	Li Tsun Hin	SMS	13.85	Standard		
7	Tang Cheuk Hang	KTMC	13.94	Standard		
8	Wong Kin Shing	NCC	14.76			
Heat 7					SF	Lane
1	Kumar Rajin Labaro	DMS-BW	12.81	Standard	1	2
2	Wong Yiu Hei	ATS	13.72	Standard		
3	Leung Ka Wing	NCC	13.93	Standard		
4	Kwok Kam Ting	QUALIED	13.96	Standard		
5	Lai Hiu Man	CSKMS	14.30			
6	Chan Chee Lok Denis	HW	15.17			
7	Leung Wing Nam	KCC	17.54			
8	Fung Wing Yin	MKES		DN start		
Heat 8					SF	Lane
1	Wan Kwan To	BCKSS	13.19	Standard	3	5
2	Mark Oh	KCC	13.57	Standard	1	8
3	Wong Kam Leung	QUALIED	13.65	Standard		
4	Chan Kwun Ho	MKES	13.69	Standard		
5	Fung Tsz Kin	ATS	13.85	Standard		
6	Chan Yiu Fai	HW	14.27			
7	Lee Ming Fai	CSKMS	14.97			

8 Chau Chi Pang DMS-YW 16.31

Event 26 200m Girls A

Standard: 33.00

Record: 24.93 (2007)

Heat 1

SF Lane

1	Kung Hiu Ching	LSCC	28.30	Standard	1	2
2	Ng Chi Ting	DMS-YW	32.96	Standard		
3	Chang Hang Lei	MKES	35.86			
4	Chan Yik Kwan	WESLEY	36.39			
5	Yip Hei Wan	LSTWCM	38.40			
6	Mak Hoi Ki	SKHKH		DN start		
7	Leung Won Lam	LYC		DN start		
8	Wong Choi Yung	BCKSS		DN start		

Heat 2

SF Lane

1	Law Sin Lam	MKES	29.43	Standard	2	2
2	Chung Wun Lo	PLKCHYT	29.78	Standard	2	3
3	Chan Lee Shan	HCSS	32.20	Standard	2	7
4	Ho Yun Wa	LSCC	32.20	Standard	2	6
5	Cheung Hiu Tan	KCC	33.41			
6	Wong Sze Long	HW		DN start		
7	Chan Wai Yee	PBSS		DN start		
8	Wong Hoi Yan	LSTWCM		DN start		

Heat 3

SF Lane

1	Wong Lo	LCD	30.02	Standard	1	3
2	Cheung Hoi Ling Jennifer	KCC	31.12	Standard	1	5
3	Lau Wing Yi	HW	32.33	Standard	1	1
4	Lai On Heng	TLGC	32.47	Standard	2	1
5	Li Jiahui	HCSS	33.87			
6	Wu Wai Ting	SMHYC	34.16			
7	Chan Chung Kei	PBSS	34.44			
8	Wu Ka Yi	PTMS		DN start		

Heat 4

SF Lane

1	Yiu Yee Man	SKHTSK	30.05	Standard	1	4
2	Ying Nuen Yi Grace	LCD	33.22			
3	Keawkhamjeen Vaewwara	DMS-BW	34.34			
4	Lau Lee Hang	SMHYC	34.62			
5	Chan Wan Sze	TLGC	36.87			
6	Chan Tsz Wing	SPETER		DN start		
7	Lo Ha Mung	PTMS		DN start		
8	Yung Wan Ting	MCSF		DN start		

Heat 5

SF Lane

1	Kaur Manpreet	DMS-BW	32.15	Standard	1	6
2	Wong Lai Shan	KLC	32.31	Standard	1	7
3	Wu Sui Sin	LSTLKK	32.67	Standard	1	8
4	Chung Hoi Ching	LA	32.69	Standard		
5	So Wai Man	LKYMS	32.71	Standard		
6	Kwong Sin Yu Ruby	SPETER		DN start		
7	Kong Wing Sze	CSKMS		DN start		
8	Tsai Lai Ka	MKIU		DN start		

Heat 6

SF Lane

1	Chow Wing See	KLC	30.31	Standard	2	4
2	Ng Hau Yan	DMS-YW	30.37	Standard	2	5
3	Ng Chun Yin	LSTLKK	32.53	Standard	2	8
4	Chan Ka Lam	LYC	33.85			
5	Tse Man Nga	CSS		DN start		
6	Chan Wing Yi	WESLEY		DN start		
7	Lau Yuen Yee	LA		DN start		
8	Yu Kam Fung	MKIU		DN start		

Event 27 Javelin Boys A

Standard: 22.00 (700gm)

Record: 60.43 (2007) (700gm)

Position	Name	School	Result	Remark	Points
1	Tsui Yu Shiang	KCC	38.50	Standard	9
2	Wong Ka Chun	YCKMC-2	33.18	Standard	7
3	Li Wing Tat	MKIU	31.80	Standard	6

4	Kwan Yu Kin	LSTLKK	31.48	Standard	5
5	Yam Wai Kin	LSTLKK	31.42	Standard	4
6	Lau Chun Wa	MKES	28.68	Standard	3
7	Yip Hin Fung	KCC	27.87	Standard	2
8	Thapa Sanjaya	DMS-BW	27.37	Standard	1
	Lam Wing Yam	QUALIED	26.75	Standard	
	Wong Chi Chung	CSS	25.51	Standard	
	Pang Chun Wai	CNCMS	25.26	Standard	
	Lee Sik On	LSTWCM	24.71	Standard	
	Ngok Yuk Yu	HCSS	23.53	Standard	
	Singh Sonitinder	DMS-BW	23.31	Standard	
	Chong Fa Kit	WESLEY	21.99		
	Ng Pit Yan	MKES	21.92		
	Li Ka Wai	NCC	21.86		
	Szeto Chung Yin	LKYMS	21.29		
	Wong Lum Hin Henry	LA	21.19		
	Lam Wai Yiu	KTMC	20.81		
	Cheng Tsun Hin Nicholas	WYHK	19.75		
	Hung Siu Wai	LCD	19.44		
	Oliver De Candido	GSIS	19.34		
	Lam Kai Chun	KTMC	17.37		
	Hu Siu Yuen	SMS	16.78		
	Choy Hiu Yik	CSKMS	16.78		
	Ho Ji Fung Brandon	WYHK		No Mark	
	Li Chung Yin	SPETER		DN take part	
	Kwok Tsan Ho	BCKSS		DN take part	
	Lam Fu Shing	HCSMS		DN take part	
	James Morgan	GSIS		DN take part	
	Tse Pan Pan	SMHYC		No Mark	
	Sin Kong Sang	QUALIED		DN take part	
	Cheung Yau Lo	SPETER		DN take part	
	Chung Kam Yat	CSS		DN take part	
	Wong Wai Him	LCD		No Mark	
	Fung Wing Hang	LKYMS		DN take part	
	Wong Tse Cheong	CSKMS		DN take part	
	Cheung Wing Keung	SMHYC		No Mark	
	Wan Chun To	LSTWCM		DN take part	
	Chen Ka Kui	MCSF		DN take part	
	Leung Ka Wai	YCKMC-2		No Mark	
	Wu Hoi Chun	CNCMS		No Mark	

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Event 28 Shot Put Boys B

Standard: 9.20 (4kg)

Record: 14.70

(2003) (4kg)

Position	Name	School	Result	Remark	Points
1	Michael Hinrichs	GSIS	11.54	Standard	9
2	Chong King Lun	LKYMS	11.21	Standard	7
3	Szeto Samane Alfa Kai Fei	QUALIED	11.06	Standard	6
4	Lee Yun Loi	LSTLKK	10.91	Standard	5
5	Wun Wai Yin	CCHK	10.73	Standard	4
6	Ho Wai Kit	SKHTSK	10.70	Standard	3
7	Wong Kin Shing	HKTKP	10.65	Standard	2
8	Tsang Ho Tin	LSTWCM	10.51	Standard	1
	Lee King Long	CWCC	10.38	Standard	
	Tai Chi Wing	LCD	10.28	Standard	
	Tam Wai Lam	KTMC	10.04	Standard	
	Yeung Tin Long	SKHKH	9.99	Standard	
	Arthur Rhomberg	GSIS	9.97	Standard	
	Chow Ka Ming	LKYMS	9.91	Standard	
	Mak Yip Ho	HKTKP	9.83	Standard	
	Lee Chun Kit	CSKMS	9.78	Standard	
	Lo Hon Piu	DMS-YW	9.78	Standard	
	Lam Kwok Wa	SMS	9.75	Standard	
	Leung Chun Ming Jeremy	WYHK	9.72	Standard	
	Leung Chi Hang	SKHKH	9.64	Standard	
	Wong Hon Sum	HW	9.61	Standard	
	Ngai Ka Ming	PLKCHYT	9.51	Standard	

Cheung Ka Chun	WESLEY	9.46	Standard
Kwok Chun Kit	CCHK	9.45	Standard
Cheng King Wa	NCC	9.44	Standard
Tan Yao Wei	DMS-YW	9.41	Standard
Wong Man Lung	CSKMS	9.26	Standard
Kow Ka Chun	KTSS		No Mark
Siu Kin To	KTSS		No Mark
Wong Tsan San	BCKSS		No Mark
Liang Jiye	KCC		No Mark
Singh Gagandeep	DMS-BW		DN take part
Chan Wai Chun	SMHYC		No Mark
Lai Chun Lam	SMHYC		No Mark
Tsoi Wu Wong	KTMC		No Mark
Chik Yiu Nam	WESLEY		No Mark
Au Wing Kit	BCKSS		No Mark
Ng Chun Kit	CWCC		DN take part
Chu Ka Kwan	CSS		DN take part
Lai Si Lok	CSS		No Mark
Chung Kam Fai	LSTLKK		No Mark
Tang Sai Hong	LA		DN take part
Law Chong Yin	HCSMS		No Mark
Yau Chun Hung	LSTWCM		No Mark
Lam Siu Hei	YCKMC-2		No Mark
Lam Wing Po	YCKMC-2		No Mark
Lau Chung Ming	HW		DN take part
De Jesus Mark Jason G	DMS-BW		DN take part
Tsoi Kim Ming	SMS		No Mark
Ng Pak Hiu	MKES		No Mark
Lee Cheuk Fung	SPETER		DN take part
Choi Hang Kwun	LCD		No Mark
Hong Chun Kit	MKIU		DN take part
Ting Chun Hei	MKIU		DN take part
Lee Man Kit	ATS		No Mark
Li Ka Ho	ATS		No Mark
So Pui Ming	KCC		No Mark
Ng Ka Yeung	WYHK		No Mark

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Event 29 Long Jump Girls A

Standard: 3.80 Record: 5.66 (2007)

Position	Name	School	Result	Remark	Points
1	Kung Hiu Ching	LSCC	4.67	Standard	9
2	Law Sin Lam	MKES	4.59	Standard	7
3	Lai Wing Sze	YCKMC-2	4.43	Standard	6
4	Wong Lo	LCD	4.31	Standard	5
5	Lee Ming Yi	QUALIED	4.20	Standard	4
6	Wong Man Hei	TLGC	4.14	Standard	3
7	Lai Hui Lum Melanie	TLGC	4.07	Standard	2
8	Wan Wing Yan	KCC	4.03	Standard	1
	Tse Hei Tung	LSCC	3.98	Standard	
	Chung Mei Chun	QUALIED	3.98	Standard	
	Liang Jianran	HCSS	3.91	Standard	
	Lee Ching Yung	PBSS	3.90	Standard	
	Keawkhamjeen Vaewwara	DMS-BW	3.89	Standard	
	Cheng Wai Chun	PBSS	3.86	Standard	
	Wong Yuk Yin	BCKSS	3.83	Standard	
	Ng Hau Yan	DMS-YW	3.83	Standard	
	Ho Ka Yan	CWCC	3.76		
	Wong Pui Yee	WESLEY	3.68		
	Li Chun Ping	DMS-YW	3.68		
	So Wai Man	LKYMS	3.66		
	Sung Pui Ling	LSTWCM	3.62		
	Ng Yuk Yan	LSTWCM	3.60		
	Ngai Ka Yue	PTMS	3.58		
	Lau Lai Yin Vanessa	KCC	3.58		
	Lau Wing Yi	HW	3.56		
	Shi Yuk Yung	LCD	3.53		

Chan Yik Kwan	WESLEY	3.47	
To Man	CWCC	3.47	
Yeung Lai Ting	KLC	3.45	
Choi Kwan Yuet	KLC	3.44	
Tang Kit Yee	SKHKH	3.37	
Kang Wing Man	SMHYC	3.34	
Li Shuk Ching	BCKSS	3.34	
Ho Kei Yung	MKES	3.26	
Wong Pui Fong	LYC	3.25	
Lin Sau Yung	SMHYC	3.19	
Chan Ka Lam	LYC	2.90	
Kong Wing Sze	CSKMS		DN take part
Wu Ka Yi	PTMS		DN take part
Sham Man Wai	LKYMS		DN take part
Cheng Shuk Ching	SPETER		No Mark
Cheung Ka Man	KTSS		DN take part
Ale Jilina	DMS-BW		DN take part
Ip Ling Sum	LA		No Mark

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Event 30 High Jump Boys A

Standard: 1.55

Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Wong Kin Chung	QUALIED	1.88	Standard	9
2	Sajahan Sulaiman Shah	DMS-BW	1.79	Standard	7
3	Law Yun Hei	SKHKH	1.75	Standard	6
4	Chan Chun Kit	HCSS	1.75	Standard	5
5	Mang Kai Yuen	KCC	1.71	Standard	4
6	Wong Hip Sang	SKHKH	1.71	Standard	3
7	Marc Hausler	GSIS	1.63	Standard	2
7	Hong Zhengong	DMS-YW	1.63	Standard	2
	Lam Shing	HW	1.59	Standard	
	Ng Chun Nam	QUALIED	1.59	Standard	
	Ma Hong Hang	MKIU	1.55	Standard	
	Chow Chun Ting	KCC	1.55	Standard	
	Wong Fu Ho	YCKMC-2	1.55	Standard	
	Leung Chin Wai	MCSF	1.55	Standard	
	Tong King Ho	LCD	1.55	Standard	
	Chui Chung Cheung	BCKSS	1.51	Standard	
	Lui Wai Hang	SMHYC	1.51	Standard	
	Chung Wai Tak	HKTKP		DN take part	
	Kwok Pui Kwan	LSTLKK		DN take part	
	Lee Siu Kan	HKTKP		DN take part	
	Wang Yen Kwen	LCD		No Mark	
	Aunario Jan Carl	DMS-BW		DN take part	
	Wong Chi Kuen	MKES		No Mark	
	Yuen Chi Lun	MKES		DN take part	
	Kwok Ka Wing Calvin	WYHK		DN take part	
	Cheung Chiu Kwan	LSTLKK		No Mark	
	Lee King Hong	ATS		DN take part	
	Siu Hoi Hung	WESLEY		No Mark	
	Cheung Wing Keung	SMHYC		No Mark	
	Yu Yee Fat	WESLEY		DN take part	
	Nicolas Festl	GSIS		DN take part	
	Cheung Yeung	NCC		No Mark	
	Leung Tik Shun	NCC		DN take part	
	Au Chun Hing	KTMC		No Mark	
	Fong Tsz Long	ATS		DN take part	
	Chan Shui Ming	CSS		DN take part	
	Lam Chi Nam	CSS		No Mark	
	Tsang Ka Hin	CSKMS		No Mark	
	Wong Chung Yin	LSTWCM		No Mark	
	Pang Hok Yiu	LSTWCM		DN take part	
	Lo Ka Wang Kelvin	LA		No Mark	
	Li Junjie	MKIU		No Mark	
	Chung Pak Hang	YCKMC-2		No Mark	
	Lam Shu Wing	SPETER		DN take part	

Lai Long Yin

HW

DN take part

Event 31 200m Girls B

Standard: 33.00

Record: 25.22

(2002)

				SF	Lane
Heat 1					
1	Chung Lei Kwan	CWCC	30.07	Standard	2 2
2	Wong Pik Ha	LKYMS	30.41	Standard	3 2
3	Chen Tsz Ching	SKHTSK	31.75	Standard	2 6
4	Mo Ching Yee	SMS	31.75	Standard	3 6
5	Wong Wai Yan	MKES	33.46		
6	Cheung Hoi Lam	TLGC	33.89		
7	Ng Ka Ling	SPETER		DN start	
8	Goraya Mandeep Kaur	DMS-BW		DN start	
Heat 2					
1	Lok Ho Kwan	CWCC	29.46	Standard	1 2
2	Lo Lee Shan	MKES	30.62	Standard	3 3
3	Lui Tin Ching	LA	31.58	Standard	1 5
4	Cheng Yuen Ting	LSTLKK	32.90	Standard	3 8
5	Kwan Ka Wan	SPETER	35.09		
6	Gurung Manoj	DMS-BW		DN start	
7	Chan Man Sheung	CSS		DN start	
8	Choi Ho Yi	LKYMS		DN start	
Heat 3					
1	Chun Ka Yu	LYC	30.90	Standard	2 4
2	Hui Cheuk In	LA	31.05	Standard	3 5
3	Chan Wing Yiu	LSTLKK	32.71	Standard	3 1
4	Ng Siu Shun	DMS-YW	33.40		
5	Lau Hin Tung Crystal	HW	35.43		
6	Ng ka Man	CSS		DN start	
7	Chan Hiu Ying	WESLEY		DN start	
Heat 4					
1	Tsoi Chung Yee	WESLEY	30.67	Standard	2 3
2	Wong Sze Lai	DMS-YW	30.79	Standard	1 3
3	Fung Sze Wing	LSCC	32.14	Standard	3 7
4	Chen Xiu Hui	LYC	32.38	Standard	1 1
5	Chan Tsz Ying	LWSSS	33.53		
6	Cheung Wing Ki	LCD	33.61		
7	Chan Ka Yi	BCKSS	35.90		
Heat 5					
1	Sit Ka Wun	LSCC	30.95	Standard	3 4
2	Lam Cho Yin	PBSS	31.62	Standard	1 6
3	Chiu Hoi Ting	BCKSS	32.34	Standard	1 7
4	Cheung Hiu Tung	KTSS	33.44		
5	Tse Yee Ting	LCD	33.45		
6	Siu Kam Fung	LSTWCM	35.91		
7	Fung Kit Yan	KCC		DN start	
Heat 6					
1	Lo Hiu Lam	PBSS	30.87	Standard	1 4
2	Luk Wing Man	PTMS	31.21	Standard	2 5
3	Poon Kwai Yi	KCC	32.40	Standard	2 1
4	Wong Tse Yin	LSTWCM	33.85		
5	Wong Sin Ying	SMHYC	36.98		
6	Lui Ming Yin	KTSS	37.19		
7	Ma Yee Lam	SKHKH		DN start	
Heat 7					
1	Chin Hiu Nam	PTMS	32.25	Standard	2 7
2	Cheung Suet Man	HCSS	33.04		2 8
3	Sie Tik Yan	SMS	33.08		1 8
4	Leung Choi Yu	SKHKH	33.18		
5	Chan Tsz Ching	SKHTSK	33.82		
6	Ip Sze Man	SMHYC	34.20		
7	Mak Yee Kan	TLGC	34.56		

Event 32 200m Girls C

Standard: 34.00

Record: 26.07

(2004)

					SF	Lane
Heat 1						
1	Li Eunice	LA	30.71	Standard	2	3
2	Fung Uen Ying	LSCC	32.43	Standard	1	5
3	Liu Wai Sze	PBSS	33.63	Standard	2	8
4	Tse Chui Ying	LSTWCM	35.18			
5	Hui Nga Yan	SMS	36.02			
6	Ngan Ka Ling	LSTLKK	38.23			
7	Lui Wing Yan	MKIU		DN start		
8	Sin Cheuk Yu	KCC		DN start		
Heat 2						
1	Ngai Yan Lok Rachel	LA	29.69	Standard	2	2
2	Chan Mong Yi	SMS	32.56	Standard	2	6
3	Mau Chui Yi	LSTLKK	33.09	Standard	1	1
4	Sit Ka Wing	LSCC	33.88	Standard	1	8
5	Chan Cho Ying	LSTWCM	33.90	Standard		
6	Lui Pui Shan	PBSS	34.02			
7	Lee Tsz Ching	KCC	35.30			
8	Fung King Yiu	MKIU		DN start		
Heat 3						
1	Chan Sze Yui	TLGC	32.78	Standard	3	7
2	Yiu Wing Yu	PTMS	33.59	Standard	3	1
3	Wong Natalie	LCD	34.45			
4	Lee Hiu Man	SPETER	36.04			
5	Ng Ka Wai	MKES	36.81			
6	Kaur Rajvir	DMS-BW	37.23			
7	Tsang King Hei	BCKSS	39.58			
8	Lee Man Chung	HW		DN start		
Heat 4						
1	Yuen Yin Ting Eileen	TLGC	32.37	Standard	2	5
2	Lee Lok Yi	PTMS	32.55	Standard	1	6
3	Kwan Yi Ki	BCKSS	34.45			
4	Fok Hoi Ting	SPETER	35.24			
5	Li Wai Yi	LCD	35.90			
6	Tso Suet Ying	MKES		DN start		
7	Dyogi Zynia Joyce Sicat	DMS-BW		DN start		
8	Wai King Chi Candace	HW		DN start		
Heat 5						
1	Wong Sze Man	PLKCHYT	31.75	Standard	3	5
2	Chan Cheung Tin	LYC	32.59	Standard	3	6
3	Chow Hoi Ting	SKHKH	33.48	Standard	2	1
4	Au Kai Sze	DMS-YW	36.84			
5	Lin Sai Wai	CSKMS	40.07			
6	Yau Tsz Yan	LKYMS		DN start		
7	Ho Cheuk Woon	YCKMC-2		DN start		
Heat 6						
1	Tsui Suet Ying	LYC	30.37	Standard	3	2
2	So Ka Lai	LKYMS	31.26	Standard	1	3
3	Lai Suet Fong	PLKCHYT	31.48	Standard	1	4
4	Shea Wai Ying	YCKMC-2	31.56	Standard	2	4
5	Li Lok Man	SKHKH	32.94	Standard	2	7
6	Lua Shuk Ha	DMS-YW	34.52			
7	Mok Tsz Wai	CSKMS	38.53			
Heat 7						
1	Lee Sze Wing	SKHTSK	30.48	Standard	3	3
2	Yip Tsz Ying	CSS	31.66	Standard	3	4
3	Yung Man Yam Audrey	WESLEY	33.07	Standard	1	7
4	Chu Kong Wa	CWCC	33.60	Standard	3	8
5	Teng Man Ching	SMHYC	37.98			
6	Wong Sze Yin	KTSS	38.31			
7	Ada Chik	LWSSS		DN start		
Heat 8						
1	Law Hoi Kwan	CSS	29.30	Standard	1	2
2	Ip Tse Yan	CWCC	33.96	Standard		
3	Yang Tin Wai	SMHYC	35.02			
4	Lai Sheung Yu	WESLEY	35.29			
5	Joyoine Ho	LWSSS	35.66			
6	Hsu Ka Sui	KTSS	36.63			

7 Lee Karen Ka Yan		SKHTSK	DN start		
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Event 33 200m Boys A					
Standard: 26.50		Record: 21.53	(2007)		

Heat 1				SF	Lane
1	Wong Hao Keng	SMHYC	24.44	Standard	1 2
2	Chiu Kai Tung	MKES	24.79	Standard	1 4
3	Cheung Ka Wai	KCC	24.95	Standard	1 5
4	Cheung Cheuk Yiu	WYHK	25.49	Standard	2 8
5	Mak Hoi Shing	LSTWCM	25.98	Standard	
6	Chan Tsz Lok	WESLEY	27.24		
7	Singh Chohan Harmanpreet	DMS-BW		DN start	
8	Chan Yau Lam Franky	HW		DN start	
Heat 2				SF	Lane
1	Lam Wing Cheung	ATS	24.56	Standard	2 2
2	Yeung Chun Hing	LSTWCM	24.58	Standard	2 3
3	Hui Ka Hung	CCHK	25.46	Standard	1 7
4	Ng Wai Chung	SPETER	25.84	Standard	
5	Ho Chun Yin	WESLEY	25.86	Standard	
6	Fong Chung Ho	HW	26.28	Standard	
7	Chui Hoi Tung	DMS-YW		DN start	
Heat 3				SF	Lane
1	Poon Chi Long	SMS	24.83	Standard	2 4
2	Mak Ho Fung	ATS	25.40	Standard	2 7
3	Mok Kin Ming	CSKMS	25.82	Standard	
4	Ting Kam Chung	DMS-YW	25.91	Standard	
5	Yeung Ka Tsun	YCKMC-2	27.20		
6	Wong Pui Kei	KTSS	27.24		
7	Yeung Tin Ngo	NCC	28.45		
Heat 4				SF	Lane
1	Ip Hin Chi	SKHTSK	24.64	Standard	1 3
2	Marc Hausler	GSIS	25.90	Standard	
3	Tam Wai Lun	YCKMC-2	26.95		
4	Chan Kai Lung	HCSMS		DN start	
5	Chen Zhiming	MKIU		DN start	
6	Lam Wai Sheung	SKHKH		DN start	
7	He Haijian	CSKMS		DN start	
Heat 5				SF	Lane
1	Lo Chun To	MKIU	25.46	Standard	1 1
2	Choy Siu Cheung	CSS	25.97	Standard	
3	Yau Fung Shing	SKHKH	26.29	Standard	
4	Lao Ka Chun	LSTLKK	26.46	Standard	
5	Wong Hon Lap	HCSMS		DN start	
6	Au Ka Chun	MCSF		DN start	
7	Lukas Vogy	GSIS		DN start	
Heat 6				Final Lane	
1	Cheung Chi Hou	CSS	25.65	Standard	
2	He Wen Xin	HCSS	25.69	Standard	
3	Lee Ka Ho	KTMC	26.61		
4	Lee Yin Hing Hiko	LCD		DN start	
5	Mak Wai Kit	HKTKP		DN start	
6	Jian Yong Pei	LSTLKK		DN start	
7	Lam Ka Long	MCSF		DN start	
Heat 7				SF	Lane
1	Lau Yiu Ting Tim	LCD	24.88	Standard	2 5
2	Yip Ka Kin	LKYMS	25.35	Standard	2 6
3	Wong Tung Kin	PLKCHYT	25.48	Standard	2 1
4	Wan Ka Fai	KTMC	25.56	Standard	1 8
5	Tong Chun Sin	KLC	25.78	Standard	
6	Wong Tsz Yeung	HCSS	31.54		
7	Lim Sai Kit	HKTKP		DN start	
Heat 8				SF	Lane
1	Cheung Man Hin	LKYMS	25.07	Standard	1 6
2	Luk Ka Long	MKES	25.81	Standard	
3	Leung Ho Cheung	WYHK	26.69		
4	Lui Yu Piu	KCC	27.39		

5	Ching Tsz Kin	SMHYC	29.07		
6	Singh Gurjit	DMS-BW		DN start	
7	Lai Tze Fung	KLC		DN start	

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Event 34 200m Boys B

Standard: 27.00

Record: 22.55 (2005)

Heat 1

					SF	Lane
1	Yau Tsz Kit	QUALIED	25.41	Standard	1	4
2	Cheng Man Chung Calvin	WYHK	26.46	Standard	3	8
3	Yu Tak Yan	NCC	26.53	Standard	1	8
4	Lui Tin Long	CWCC	27.05			
5	Lee Chak Shing	CSKMS	27.51			
6	Umar Farooq	DMS-BW		DN start		
7	Chan Chun Kit	KTMC		DN start		
8	Chow Wa Wai	HW		DN start		

Heat 2

					SF	Lane
1	Wu Hou Lam	KTMC	24.23	Standard	1	2
2	Zacarias Canga	DMS-BW	24.50	Standard	2	2
3	Lee Kwok Wai	NCC	25.77	Standard	1	6
4	Yau Chun Tung	CSS	27.83			
5	Gee Hin Long	HW	29.63			
6	Tse Ting Hin	WYHK		DN start		
7	Lau Yiu Wing	CNCMS		DN start		
8	Go Liu Quan	CWCC		DN start		

Heat 3

					SF	Lane
1	Ng Kar Wang Frederick	YCKMC-2	24.73	Standard	3	2
2	Ho Irvin	LA	25.58	Standard	3	5
3	Mo Ho	CSS	26.09	Standard	3	6
4	Lai Tsz Him	KCC	26.41	Standard	3	1
5	Lai Chun Wai	DMS-YW	29.15			
6	Pan Kuan Cheng	CNCMS		DN start		
7	Lai Ho Tin	ATS		DN start		

Heat 4

					SF	Lane
1	Law Chi Hung	ATS	25.38	Standard	1	3
2	Ho Chun Yin	LA	25.86	Standard	2	6
3	Lai Wai Chun	YCKMC-2	26.47	Standard	2	8
4	Lau Sing Wai	DMS-YW	26.93	Standard		
5	Kung Wing Piu	LKYMS	28.28			
6	Ieong Yiu Hoi	BCKSS		DN start		
7	Leung Pak Shing	KCC		DN start		

Heat 5

					SF	Lane
1	Siu Wai Kit	LKYMS	26.23	Standard	2	7
2	Chan Chau Wah	LWSSS	26.78	Standard		
3	Lam Chin Fung	BCKSS	27.22			
4	Cheung Ying Fung	SKHTSK	27.25			
5	Wu Junming	KTSS	27.98			
6	Lee Tung Ming	HCSMS		DN start		
7	Law Hoi Kin	MKIU		DN start		

Heat 6

					SF	Lane
1	Hui Chin Yeung	KTSS	26.24	Standard	1	7
2	Wu Kam Lun	HKTKP	26.37	Standard	1	1
3	Chau Kin Wa	PLKCHYT	26.65	Standard		
4	Lam Ching Fai	LWSSS	27.06			
5	Chu Man Pang	LCD	27.15			
6	Lau Siu Tung	SKHTSK		DN start		
7	Lam Chi Pang	WESLEY		DN start		

Heat 7

					SF	Lane
1	Lee Sing Yuen	LCD	25.53	Standard	2	4
2	Lau Ka Hei	LSTWCM	25.56	Standard	3	4
3	Tang Wing Fai	HKTKP	26.13	Standard	3	7
4	Lee Wing Ho	PLKCHYT	27.80			
5	Tsai King Hung	WESLEY	27.80			
6	Wong Ho Ming	SKHKH	28.19			
7	Chau Hau Yin	LSTLKK		DN start		

Heat 8

					SF	Lane
1	Lam Oscar Wang Chun	LSTLKK	24.92	Standard	3	3

2	Tsui Yuk Yin	SMS	25.26	Standard	2	3
3	Mozar Tsang	GSIS	25.68	Standard	2	5
4	Ho King Fung	SKHKH	26.39	Standard	2	1
5	Ching Tat Fei	LSTWCM	27.44			
6	Koon Shing Chung	MKES	29.28			
7	To Chun Lam	SMHYC		DN start		
Heat 9					SF	Lane
1	Harri Turnbull	GSIS	25.76	Standard	1	5
2	Leung Siu Lun	SMS	26.91	Standard		
3	Lau Ka Wai	CSKMS	26.94	Standard		
4	Law Chak Lam	MKES	27.43			
5	Kam Ngai	HCSS	27.62			
6	Chow Lok Ting	QUALIED		DN start		
7	Zhi Hao Qiang	SMHYC		DN start		

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Event 35 200m Boys C
Standard: 29.50

Record: 22.59 (2008)

Heat 1					SF	Lane
1	Chan Cho Ho	LKYMS	27.01	Standard	3	2
2	Ho Seong Tin	PLKCHYT	27.24	Standard	1	3
3	Lai Yiu Tak	LCD	27.52	Standard	2	4
4	Kam Yat Ming	WESLEY	28.43	Standard	2	7
5	Moritz Ecknig	GSIS	28.72	Standard	2	1
6	Lai Cheuk Yin	LWSSS	29.38	Standard		
7	Chan Kui Yat	SKHTSK	29.66			
8	Chan Tsz Kin	SMS	34.49			
Heat 2					SF	Lane
1	Cheung Wing Shing	SMS	26.33	Standard	1	2
2	Lai Ka Lun	LKYMS	26.70	Standard	2	2
3	Chan Chun Wing	SKHTSK	27.07	Standard	3	3
4	Wong Wing Keung	SMHYC	28.64	Standard	1	1
5	Shiu Tsz Chun	LWSSS	28.74	Standard	3	1
6	Leung Hiu Fai	HKTKP	29.33	Standard		
7	Chan Yiu Ming	MKIU	29.41	Standard		
8	Maximilian Schwarze	GSIS	32.07			
Heat 3					SF	Lane
1	Lau Sze Shing	SMHYC	27.68	Standard	3	5
2	Yu Cheuk Hin Jimmy	LSTWCM	29.26	Standard		
3	Cheng Ting Hin	CWCC	29.48	Standard		
4	Chung Yan Hong	KTMC	29.70			
5	Wong Lok Hang	HKTKP	29.71			
6	Wong Hung For	MKES		DN start		
7	Wong Ki Ying	LSTLKK		DN start		
8	Chow Ka Jing Eric	SKHKH		DN start		
Heat 4					SF	Lane
1	Lui Yu Fung	CCHK	27.62	Standard	3	4
2	Yip Tsz Ho	SKHKH	27.99	Standard	1	6
3	Hui Carlson	WYHK	29.27	Standard		
4	Kwok Ka Man	KTMC	29.50	Standard		
5	Hung Chun Kit	LSTWCM	29.95			
6	Wong Chung Ting	LSTLKK	31.01			
7	Fung Wing Yin	MKES		DN start		
8	Chan Wing Chi	CWCC		DN start		
Heat 5					SF	Lane
1	Au Yeung Siu Chun	WYHK	28.38	Standard	3	7
2	Lee Ho Keung	HCSS	28.47	Standard	1	7
3	Chu Hou Hei	LA	28.97	Standard	1	8
4	Ng Kam Yuen	CSKMS	30.50			
5	Mak Ho Yin	HW	31.19			
6	Cheung Hauzing William	KCC	36.10			
7	Wong Kin Shing	NCC		DN start		
Heat 6					SF	Lane
1	Chettiyar Nathan	DMS-BW	27.32	Standard	1	4
2	Man Siu Kok	LA	27.91	Standard	1	5
3	Tse Wang Hin	ATS	29.26	Standard		
4	Chan Chee Lok Denis	HW	29.67			

5	Lai Hiu Man	CSKMS	29.93			
6	Liu Ho Sing	KCC	31.04			
7	Liu Pak Wai	NCC	35.32			
Heat 7						
					SF	Lane
1	Wan Kwan To	BCKSS	27.91	Standard	2	5
2	Wong Yiu Hei	ATS	28.27	Standard	3	6
3	Lee Cham Ho	YCKMC-2	28.76	Standard	3	8
4	Mirza Zain Shafiq	DMS-BW	28.86	Standard	2	8
5	Yip Kin Fung	QUALIED	29.07	Standard		
6	Zhang Jinglie	CSS	29.63			
7	Yuen Ka Kit	KTSS		DN start		

Heat 8						
					SF	Lane
1	Lui Wai Chun	CSS	27.09	Standard	2	3
2	Wong Lyson	PLKCHYT	28.25	Standard	2	6
3	Yeung Kei Hong	WESLEY	28.98	Standard		
4	Lin Pengwei	YCKMC-2	29.40	Standard		
5	Ku Tsz Wa	LCD	29.52			
6	Leung Tak Yung	DMS-YW	33.29			
7	Xip Long Sing	KTSS		DN start		

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Event 36 1500m Boys A

Standard: 5:18.00

Record: 4:05.76 (2004)

Heat 1						
					Final	Lane
1	Singh Michael Satwinder	DMS-BW	4:41.50	Standard	2	
2	Ng Chung Yin	QUALIED	4:41.96	Standard	3	
3	Chan Yuk Kwan	LSTWCM	4:51.73	Standard	4	
4	Wong Hoi Lok Ricci	SKHKH	4:53.79	Standard	5	
5	Lai Chun Yin	SMHYC	4:54.65	Standard	7	
6	Wong Kai Cheung	SKHTSK	4:56.83	Standard	8	
7	Mak Yui Kan	WYHK	5: 8.81	Standard		
8	Ip Ka Ngai	LCD	5:11.44	Standard		
9	Tsui Ting Hin	SPETER	5:12.78	Standard		
10	Wong Kang Wai	KTMC	5:15.89	Standard		
11	Lee Chun Lam Ronald	LA	5:17.88	Standard		
12	Wong Sai Yim	CSS	5:44.88			
13	Li Kit Wing	LSTLKK	6:24.58			
14	Tong Hak Ming	KCC		DN start		
15	Chan Ka Ki	HW		DN start		
16	Marc Glockner	GSIS		DN start		
17	Tsang Chun Shing	MCSF		DN start		

Heat 2						
					Final	Lane
1	Fung Siu Tai	SKHTSK	4:54.18	Standard	6	
2	Leong Yau Fai	KLC	4:57.44	Standard	9	
3	Zhan Qianying	YCKMC-2	4:57.92	Standard	10	
4	Ng Tik Lam	MKES	4:58.67	Standard	11	
5	Chun Yau Pong	CSS	5: 1.08	Standard		
6	Ip Ka Lik	LCD	5:13.97	Standard		
7	Sebastian Gross	GSIS	5:14.02	Standard		
8	Chan Ho Lun	ATS	5:15.99	Standard		
9	Wong Wai Tung	CSKMS	5:25.64			
10	Shum Tai Fung	LKYMS	5:26.83			
11	Lo Chung Lam	KCC	5:27.98			
12	Shek Chun Kit	SKHKH	5:33.00			
13	Poon Lo Wa	SMHYC		DN start		
14	Leung Chi Wing	NCC		DN start		
15	Sum Ho Yin	CNCMS		DN start		
16	Tsang Chi Wa	MCSF		DN start		
17	Lui Wai Kit	HKTKP		DN start		

Heat 3						
					Final	Lane
1	Choi Yik Shing	MKES	4:39.00	Standard	1	
2	Choi Ho Yin Benson	YCKMC-2	4:59.27	Standard	12	
3	Cheung Fu Shiu	CCHK	5: 0.76	Standard		
4	Chui Ho Yin	ATS	5: 1.51	Standard		
5	Chong Ho Chit	KLC	5: 2.48	Standard		
6	Ng Chun Yu	WYHK	5: 3.87	Standard		
7	Wong Ka Hei	HKTKP	5: 7.64	Standard		

8	Wong Chung Yiu	LSTWCM	5:21.18	
9	Wong Chun Man	BCKSS	5:21.59	
10	Po Cheuk Yin	SPETER	5:27.28	
11	Cheuk Kai Kam	CCHK	5:27.63	
12	Lau Kwan Sing	CSKMS	5:30.17	
13	Leung Hok Pan	KTMC	5:31.97	
14	Kwong Ka Wai	LSTLKK	5:58.66	
15	Chui Sing Hoi	CNCMS	6:23.85	
16	Wai Chun Ki	NCC		DN start
17	Rai Pratap	DMS-BW		DN finish

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Event 37 1500m Boys B
Standard: 5:30.00

Record: 4:19.04 (2003)

Heat 1				Final Lane	
1	Ng Chun Wing	KCC	5:11.99	Standard	11
2	Lam Cheuk Fung	SKHKH	5:15.98	Standard	
3	Wong Wei Fung	LCD	5:17.21	Standard	
4	Chan Tsz Him	WYHK	5:19.63	Standard	
5	Yeung Yat Ming	SMHYC	5:20.92	Standard	
6	Lau Yin Tsun	SKHTSK	5:21.27	Standard	
7	Luk Hon Him	NCC	5:21.40	Standard	
8	Kwok Fung Lam	HKTKP	5:22.34	Standard	
9	Ho Kin Yeung	KTMC	5:24.33	Standard	
10	Tsoi Sai Lung	WESLEY	5:25.16	Standard	
11	Lars Schkade	GSIS	5:25.88	Standard	
12	Yu Kin To	QUALIED	5:28.17	Standard	
13	Lai Check Hang Jeffrey	CWCC	5:38.13		
14	Chan Hong To	LSTWCM	5:39.76		
15	Lee Man Wai	CSS	5:41.51		
16	Lau Sze Ting	LSTLKK	5:54.12		
17	Gurung Rohit	DMS-BW		DN start	
18	Fan Man Hei	BCKSS		DN start	
19	Fung Cheuk Hei	HW		DN start	

Heat 2				Final Lane	
1	Liu Yik Mei	LKYMS	4:48.22	Standard	1
2	Yu Tsz Hin	SMS	4:52.38	Standard	2
3	Leung Man Chun	SKHKH	4:54.00	Standard	3
4	Lam Vernon	WESLEY	5: 1.31	Standard	5
5	Diu Siu Hong	PLKCHYT	5: 6.60	Standard	7
6	Lun Tin Wa	LSTWCM	5: 7.91	Standard	8
7	Choi Chin Wan	LA	5:20.58	Standard	
8	Mak Nelson Nga Long	WYHK	5:28.99	Standard	
9	Mok Ka To	KTMC	5:32.44		
10	Chan Ho Nam	CWCC	5:38.36		
11	Lo Kal Vin	ATS	5:42.81		
12	Lo An Yao	CSS	5:46.95		
13	Ng Ka Long	YCKMC-2	5:46.96		
14	Kwok Chun To	LCD	5:51.35		
15	Tsoi Joey	SMHYC	5:52.35		
16	Yeung Wing Kuen	MKES	6:58.01		
17	Choi Wai Chun	CCHK		DN start	
18	Yeung Ka Ho	CNCMS		DN start	
19	Lam Chak Yin	SKHTSK		DN start	

Heat 3				Final Lane	
1	Tang Tsz Chun	PLKCHYT	4:59.56	Standard	4
2	Chiu Ting Hin	LWSSS	5: 6.29	Standard	6
3	Wu Lam Lun	HKTKP	5: 9.51	Standard	9
4	Chien Yee Lee	CSKMS	5:10.09	Standard	10
5	David Buehr	GSIS	5:15.04	Standard	12
6	Ho Kin Man	SMS	5:18.94	Standard	
7	Wong Wai Hin	ATS	5:23.79	Standard	
8	Yee Felix Login	LA	5:34.13		
9	Tsui Ki Fan	CCHK	5:37.46		
10	Ma Chi Hang	BCKSS	5:47.94		
11	Lee Hiu Cheung Edmond	NCC	5:55.29		
12	Wong Zi Hin Marcus	MKES	6: 0.40		

13	Chan Yun Charles	KCC	6: 3.27	
14	Leung Wing Hang	LKYMS	6: 9.75	
15	Ng Tsz Lok	LSTLKK	6:18.41	
16	Chan Ching Pong	CSKMS	6:32.59	
17	Yeung Ka Ngai	CNCMS		DN start
18	Limbu Shilas	DMS-BW		DN finish
19	Lau Tak Yan	YCKMC-2		DN start

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 Event 38 1500m Boys C

Standard: 5:55.00

Record: 4:31.24 (2008)

 Heat 1 Final Lane

1	Yiu Marvin Long Yue	WYHK	5:18.91	Standard	1
2	Yue Wing Chun	KTMC	5:22.30	Standard	2
3	Lee Tak Heung	LSTWCM	5:28.45	Standard	5
4	Ng Ka Wing	PLKCHYT	5:29.19	Standard	7
5	Lam Chun	MKES	5:35.30	Standard	12
6	Leung Ho Fai	CSS	5:39.26	Standard	
7	Yan Yet Hei Joshua	LA	5:42.18	Standard	
8	Cheung Tsun Hang	WESLEY	5:44.06	Standard	
9	Wong Chak Lam	KCC	5:50.00	Standard	
10	Li Man Hon	LSTLKK	6: 4.37		
11	Leung Shing Him	HW	6: 4.99		
12	Chan Kelvin	LCD	6: 7.70		
13	Lee Fu Wing	NCC	6: 8.83		
14	Chu Siu Chung	CSKMS	6:15.18		
15	Rai Hari Kaji	DMS-BW	6:22.75		
16	Law Chung Kei	LKYMS		DN start	
17	Jasper Stassen	GSIS		DN start	
18	Fung Ki Man	KTSS		DN start	
19	Ho Chun Yin	LWSSS		DN start	

Heat 2 Final Lane

1	Luk Ning Hei	CSS	5:24.91	Standard	3
2	Leung Ho Shing	KTMC	5:28.81	Standard	6
3	Ngo Sung Pui	BCKSS	5:31.30	Standard	8
4	Fung Kwun Lun	HW	5:33.93	Standard	10
5	Lam Chi Ho	LSTWCM	5:35.39	Standard	
6	Chan Tsz Ho	YCKMC-2	5:41.23	Standard	
7	Wan Yiu Pang	QUALIED	5:43.33	Standard	
8	Lo Siu Hong	LKYMS	5:49.59	Standard	
9	Hau Kwan Chak	HKTKP	5:50.98	Standard	
10	Kwok Ho Yin	ATS	5:56.56		
11	Tsoi Kin Lam	SKHKH	5:57.17		
12	Cham Yik Hang	LA	5:58.59		
13	Ng Chun Wai	PLKCHYT	6: 4.27		
14	Chiu Chi Long	SMS	6:12.35		
15	Lau Ka Po	SMHYC	6:12.79		
16	Chong Tak Chun	CWCC	6:24.57		
17	Lam Ki Chun	NCC	7: 4.38		
18	Mok Ka Wai	CNCMS		DN start	
19	Wu Kam Kwan Wesley	SKHTSK		DN start	

Heat 3 Final Lane

1	Mak Hoi Kam	SMHYC	5:25.03	Standard	4
2	Law Shing Cheong	SKHTSK	5:32.69	Standard	9
3	Thomas Baer	GSIS	5:34.29	Standard	11
4	Lui Yee Pang	HKTKP	5:38.35	Standard	
5	Yuen Sung Kit	SKHKH	5:42.43	Standard	
6	Kwok Kin Kwan	WYHK	5:44.36	Standard	
7	Ng Chi Fai	MKES	5:46.31	Standard	
8	Kwong Wing Yin	CWCC	5:50.26	Standard	
9	So Tsz Hin	ATS	5:56.87		
10	Chan Chung Sing Ugo	SMS	5:59.16		
11	Lo Yui Long	LCD	6: 1.27		
12	Sham Yiu Yeung	YCKMC-2	6: 2.56		
13	Ho Hei Man	WESLEY	6: 2.67		
14	Li ka Chun	QUALIED	6:37.12		
15	Lee Siu Hei	KCC		DN start	

16	Yau Hang Wa	LSTLKK	DN start
17	Ng Tsz Yeung	CSKMS	DN start
18	Wong Wai Shun	CNCMS	DN start
19	Ting Yat Hong	BCKSS	DN start

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Event 39 4x100m Relay Girls A

Standard: 1:02.00 Record: 48.49 (2008)

Heat 1				Final Lane
1	KLC	59.62	Standard	5
2	DMS-YW	1: 1.47	Standard	
3	LYC	1: 3.87		
4	PTMS	1: 3.93		
5	CSKMS		DN start	
6	SMS		DN start	
7	HW		DN start	
8	QUALIED		DN start	

Heat 2				Final Lane
1	MKES	59.19	Standard	4
2	WESLEY	59.94	Standard	1
3	LSTWCM	1: 1.64	Standard	
4	PBSS	1: 2.48		
5	HCSS	1: 2.53		
6	YCKMC-2		DN start	
7	CSS		DN start	
8	SMHYC		DQ	

Heat 3				Final Lane
1	LSCC	58.36	Standard	2
2	KCC	58.42	Standard	3
3	TLGC	59.74	Standard	6
4	LA	59.75	Standard	7
5	LCD	1: 0.17	Standard	8
6	LSTLKK	1: 1.53	Standard	
7	DMS-BW		DQ	
8	MCSF		DN start	

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Event 40 4x100m Relay Girls B

Standard: 1:03.00 Record: 49.52 (2007)

Heat 1				Final Lane
1	LYC	58.59	Standard	3
2	LSCC	59.24	Standard	4
3	BCKSS	1: 1.52	Standard	
4	KCC	1: 2.13	Standard	
5	LSTWCM		DN start	
6	DMS-YW		DN start	
7	SKHKH		DN start	

Heat 2				Final Lane
1	MKES	59.92	Standard	6
2	PTMS	59.97	Standard	7
3	TLGC	1: 0.63	Standard	
4	SMS	1: 2.31	Standard	
5	PBSS	1: 2.92	Standard	
6	SMHYC	1: 5.69		
7	KTSS	1: 9.29		

Heat 3				Final Lane
1	CWCC	57.42	Standard	2
2	LKYMS	1: 0.17	Standard	1
3	LA	1: 0.54	Standard	8
4	SKHTSK	1: 1.14	Standard	
5	HCSS	1: 5.15		
6	CSKMS		DN start	

Heat 4				Final Lane
1	WESLEY	59.57	Standard	5
2	LCD	1: 1.63	Standard	
3	LSTLKK	1: 2.58	Standard	
4	CSS	1: 2.84	Standard	

5 HW DN start
6 DMS-BW DN start

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Event 41 4x100m Relay Girls C

Standard: 1:05.00

Record: 51.46 (2006)

Heat 1 Final Lane
1 LA 56.51 Standard 2
2 LSCC 59.82 Standard 5
3 KCC 1: 3.37 Standard
4 LSTWCM 1: 3.83 Standard
5 SMHYC 1: 4.94 Standard
6 DMS-BW 1:11.57
7 PBSS DQ

Heat 2 Final Lane
1 LYC 59.55 Standard 3
2 PTMS 1: 0.03 Standard 6
3 TLGC 1: 1.20 Standard 8
4 LCD 1: 3.23 Standard
5 HW 1: 3.55 Standard
6 MKES 1: 6.24
7 DMS-YW DQ

Heat 3 Final Lane
1 LKYMS 1: 1.06 Standard 1
2 SKHKH 1: 1.55 Standard
3 YCKMC-2 1: 1.95 Standard
4 CSKMS 1: 7.04
5 KTSS 1: 7.85
6 SKHTSK DQ

Heat 4 Final Lane
1 CSS 59.81 Standard 4
2 PLKCHYT 1: 0.44 Standard 7
3 CWCC 1: 1.63 Standard
4 LWSSS 1: 2.94 Standard
5 WESLEY 1: 3.39 Standard
6 SMS 1: 3.59 Standard

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area Four)
 Day Two: 20 February 2009

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 Event 1 Long Jump Boys B
 Standard: 4.80 Record: 6.59 (2008)

Position	Name	School	Result	Remark	Points
1	Chen Zhan Tian	LSTLKK	5.89	Standard	9
2	Hon Chi Ho	CSS	5.75	Standard	7
3	Fok Ching Cheung	CCHK	5.65	Standard	6
4	Tan Tak Po	CWCC	5.19	Standard	5
5	Li Ching Hay	KTMC	5.17	Standard	4
6	So Tsz Yin	WYHK	5.17	Standard	3
7	Sachin Srivastava	GSIS	5.10	Standard	2
8	Yau Yin Fai	MKES	5.07	Standard	1
	Kwok Ki Wai	SKHKH	5.05	Standard	
	Yam Siu Hong	CWCC	5.03	Standard	
	Wong Hok Pan	KTMC	5.03	Standard	
	Hui See Fun	WYHK	5.02	Standard	
	Poon Lap Kan	LSTLKK	4.97	Standard	
	Lee Hiu Kwan Edward	NCC	4.87	Standard	
	Wong Timothy Hin Shun	SMS	4.85	Standard	
	Diu Siu Hong	PLKCHYT	4.85	Standard	
	Chan Chuang Huang	HW	4.80	Standard	
	Hingley James Philip	SKHTSK	4.79		
	Yu Chun Kin	SMHYC	4.76		
	Cheung Yu Hin	LCD	4.76		
	Fung Lok Cheong	KCC	4.73		
	Zhi Hao Qiang	SMHYC	4.73		
	Lai Wai Lun	SKHKH	4.73		
	Chan Chun Shing	ATS	4.71		
	Wong Ho Yin	YCKMC-2	4.70		
	Niklas Mundorf	GSIS	4.67		
	Wong Tse Lam	SMS	4.64		
	Mui Shu Sing	LSTWCM	4.62		
	Ho Wing Chuan	BCKSS	4.57		
	Kung Wing Piu	LKYMS	4.54		
	Lam Ka Wai	CSKMS	4.54		
	Lee Markus	LA	4.50		
	Chik Tsz Chung	MKES	4.45		
	Choi Shun Fung	ATS	4.45		
	Chong Hoi Wai	WESLEY	4.39		
	Wong Ngai Chun	BCKSS	4.30		
	Au Wan Foon	MKIU	4.24		
	Wong Ka Long	HKTKP	4.19		
	Yu Ho Kan	LA	4.14		
	Wu Chun Fai	CSS	4.09		
	Lau Sing Wai	DMS-YW	4.06		
	Chan Hing Chun Ricker	KCC	4.02		
	Chu Man Ching	LCD	3.99		
	Ng Siu Lung	DMS-YW	3.93		
	Huen Chun Hung	LWSSS	3.83		
	Chan Hiu Pan	MKIU	3.77		
	Leung King Cheung	HW	3.50		
	Lee Ka King	LKYMS		DN take part	
	Tsang Chun Heng	WESLEY		DN take part	
	Lam Ka Man	LSTWCM		DN take part	
	Fang Zhen Feng	CSKMS		DN take part	
	Limbu Rahul	DMS-BW		DN take part	
	Wan Xiaohui	LWSSS		DN take part	
	Gurung Sachin	DMS-BW		DN take part	
	Li Pan Shing	QUALIED		DN take part	
	Hui Hok Ping	CCHK		DN take part	

Wong Kin Shing
Nip Kin Ho

HKTKP
NCC

DN take part
DN take part

=====
Event 2 Shot Put Boys C
Standard: 7.50 (4kg)

Record: 12.38 (2004) (4kg)

Position	Name	School	Result	Remark	Points
1	Cheung Chiu Ng	LWSSS	10.42	Standard	9
2	Chui Ka Wai	ATS	10.34	Standard	7
3	Lam Hing To	WESLEY	9.60	Standard	6
4	Chow Tsun Kit	YCKMC-2	9.41	Standard	5
5	Sze Chin Yu	SMS	8.83	Standard	4
6	Leung Tat Chi	KCC	8.78	Standard	3
7	Yang Ka Ho	SMS	8.56	Standard	2
8	Tsang Chiu Yin	KTMC	8.19	Standard	1
	Stefan Linke	GSIS	8.02	Standard	
	Tsang Yat Shing	WESLEY	8.01	Standard	
	Urchekeo Adrian L	DMS-BW	7.92	Standard	
	Li Tsz Yin	CSS	7.88	Standard	
	Mak Ho Yin	HW	7.73	Standard	
	Fung Wai Kuen	MKES	7.69	Standard	
	Tse Ka Lok	LCD	7.61	Standard	
	Zhu Wanqi	CSKMS	7.58	Standard	
	Hon Chung Lai	KTMC	7.57	Standard	
	Cheng Yui Hin	LSTLKK	7.56	Standard	
	Cheung Wai Pak	LSTWCM		No Mark	
	Leung Chi Hang	LSTWCM		DN take part	
	Yip Ka Leung	YCKMC-2		No Mark	
	Shiu Cheuk Hin	CSKMS		No Mark	
	Maximilian Klare	GSIS		No Mark	
	Lam Wong Chi	SPETER		No Mark	
	Su Hum Wai Henry	CWCC		No Mark	
	Tung Man Yin Jonathan	CSS		No Mark	
	So Hin Yan	MKIU		No Mark	
	Magallanes Harold Bill	KCC		DN take part	
	Lok Chun Him	HW		No Mark	
	Wong Yiu Man	SPETER		DN take part	
	Chui Ho Sing	ATS		No Mark	
	Kwok Tsun Kit	WYHK		DN take part	
	Tang Chi Lok Andrew	WYHK		No Mark	
	Lo Siu Fung	HKTKP		DN take part	
	Chan Hin Tung	HKTKP		No Mark	
	Tse Sze Long	LWSSS		No Mark	
	Ng Chi Chung	CWCC		No Mark	
	Chan David	PLKCHYT		No Mark	
	Chow Wang Hung	QUALIED		DN take part	
	Pang Cheuk Fai	LA		DN take part	
	Cheung Ching Yuen	SMHYC		No Mark	
	Chan Chi Kok	SMHYC		No Mark	
	Chan Hei Yuen Oscar	LA		DN take part	
	Yeung Ho Wan	PLKCHYT		No Mark	
	Ho Man Pan	BCKSS		No Mark	
	Wong Kwan Ming	BCKSS		No Mark	
	Yau Pui Sun	NCC		DN take part	
	Yao Xinguo	NCC		DN take part	
	Ma Ching Hung	MKIU		No Mark	
	Hui Kam Chuen	LSTLKK		DN take part	
	Chan Wun Lung	DMS-YW		No Mark	
	Wong Ka Tung	LCD		No Mark	
	Iqbal Aman	DMS-BW		No Mark	
	Hui Ngan Tung	SKHKH		DN take part	
	Ho Chin Cheung	SKHKH		No Mark	
	Kam Wai Lun	LKYMS		No Mark	
	So Wai Hon	LKYMS		DN take part	

=====
Event 3 Discus Girls A
Standard: 15.00 (1kg)

Record: 36.15 (2005) (1kg)

Position	Name	School	Result	Remark	Points
1	Kwong Pui Shan	LCD	24.68	Standard	9
2	Wong Pui Yee	WESLEY	23.15	Standard	7
3	Tsang Hop Chi	LCD	21.51	Standard	6
4	Lee Hiu Ha	HW	20.19	Standard	5
5	Cynthia Ng Yu Sum	KCC	19.85	Standard	4
6	Chong Wing Li	MKES	19.77	Standard	3
7	Li Venus	LA	19.65	Standard	2
8	Yuen Wai Ki	WESLEY	17.18	Standard	1
	Shu Yun Ti	KCC	17.11	Standard	
	Cheung Sin Yee	LSCC	16.97	Standard	
	Yuen Ling Khloe	QUALIED	16.74	Standard	
	Wong Ling Ling	YCKMC-2	16.19	Standard	
	Chiang Kwok Heung	LKYMS	16.05	Standard	
	Lam Mui Ting	LKYMS	16.04	Standard	
	Li Ka Yi	QUALIED	16.03	Standard	
	Pang Wan Hiu	TLGC	15.85	Standard	
	Chan Kin Man	SKHTSK	15.63	Standard	
	Chu Tania Tin Wing	LA	15.42	Standard	
	Ho Ka Yan	CWCC	15.40	Standard	
	Ng Nga Wun	LSCC	15.25	Standard	
	Li Shuwen	LSTLKK	15.16	Standard	
	Chow Tseung Man	TLGC	15.15	Standard	
	Feng Jiahuan	HCSS		No Mark	
	Mahwash	DMS-BW		No Mark	
	Chow Chui Yan	MKIU		DN take part	
	Yip Lee Kam	SMHYC		No Mark	
	Chan Yuet Ling	CWCC		No Mark	
	Ng Yau Ching	BCKSS		No Mark	
	Pui Tsz King	SMHYC		No Mark	
	Chan Wing Si	MKES		No Mark	
	Chau Wai Ha	PTMS		No Mark	
	Chi Hiu Tung	PTMS		No Mark	
	Tong Chun Yu	PBSS		No Mark	
	Cheung Ching Yu	PBSS		No Mark	
	Cheng Lok Yu	CSS		No Mark	
	Wong Sze Yee	CSS		No Mark	
	Tamura Miharu	DMS-BW		No Mark	
	Yip Wai Han	HCSS		DN take part	
	Or Pui Hung	LSTWCM		No Mark	
	Lui Fanny	KLC		No Mark	
	Li Tsz Ki	KLC		No Mark	
	Tsang Chui Ying	MCSF		DN take part	
	Wong Mei Ling	MCSF		DN take part	
	Cheung Oi Lam	YCKMC-2		No Mark	
	Hung Sin Ying	LYC		No Mark	
	So Tsz Wai	HW		DN take part	
	Tam Wai Ling	LYC		No Mark	

Event 4 High Jump Girls B

Standard: 1.20 Record: 1.66 (2004)

Position	Name	School	Result	Remark	Points
1	Sit Mau Ki	TLGC	1.54	Standard	9
2	Lui Suet Ying	PTMS	1.44	Standard	7
3	Hui Cheuk In	LA	1.41	Standard	6
4	Sham Man Ting	LKYMS	1.38	Standard	5
5	Tse Sau Yan	CWCC	1.35	Standard	4
6	Lai Sze Ki	LYC	1.35	Standard	3
7	Lo Kwok Yan	KCC	1.29	Standard	2
8	Lee Yuen Ying Janever	LSTWCM	1.29	Standard	1
	Lam Foon Foon	BCKSS	1.28	Standard	
	Siu Tsz Lok	TLGC	1.28	Standard	
	Cheung Kit Sze	CSS	1.23	Standard	
	Yeung Ying Ching	SPETER	1.23	Standard	
	Ho Ka Yee	LSCC	1.23	Standard	

Ng Ho Chi	SMHYC	1.20	Standard
Tse Sau Man	CWCC	1.20	Standard
Wong Wai Shan Bianca	PTMS	1.17	
Wu Chengshi	LSTLKK	1.17	
Lau Chun Mui	LSTWCM	1.17	
Lau Choi Ling	LSCC	1.17	
Lo Lee Shan	MKES	1.17	
Ho Tsz Tung	BCKSS	1.17	
Lee Hoi Yan	PBSS	1.17	
Or Wing Man	LCD		No Mark
Ma Miu Ching	KCC		No Mark
Lam Sin On	WESLEY		No Mark
Yau Pui Sin	LKYMS		DN take part
Chan Kit Ying	LCD		No Mark
Shiu Ho Ting	WESLEY		DN take part
Chow Sze Kwan	SMHYC		No Mark
Ma Yee Lam	SKHKH		DN take part
Ho Tsz Huen	SMS		No Mark
Wong Man Yi	SMS		No Mark
Yue Hin Wing	PBSS		No Mark
Law Wing Ting	HW		No Mark
Vega Gershwin Polo	DMS-BW		No Mark
Farah Nawaz	DMS-BW		DN take part
Cheung Wing Sze	MKES		No Mark
Kong Hoi Yee	LYC		No Mark
Lee Dan Tung	CSS		DN take part
Lam Ka Man	SPETER		No Mark

=====
Event 5 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

Semi-Final 1				Final Lane
1	Yuen Wai Pan	QUALIED	14.97	2
2	Lai Tze Fung	KLC	16.92	6
3	Chung Kin Wah	LCD	17.31	7
4	Chan Siu Wa	LA	17.70	8
5	Cheung Cheuk Yiu	WYHK	17.96	
6	Chu Kong Fung	KTMC	18.68	
7	Chan Yui Ming	WYHK	19.06	
8	Leung Chi Kwan	CSKMS	19.94	

Semi-Final 2				Final Lane
1	Mak Chi Man	HCSS	15.42	3
2	Ching Tat Pang	LSTWCM	15.97	4
3	Lam Chun Tin	MKES	16.80	5
4	Lui Shing Piu	BCKSS	17.65	1
5	Tasawar Usman	DMS-BW	18.32	
6	Ghulam Abbas	DMS-BW	18.36	
7	Li Zhixiong	LSTLKK	18.58	
8	Ng Sik Chuen	SMHYC	19.36	

=====
Event 6 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Semi-Final 1				Final Lane
1	Li Pan Shing	QUALIED	15.73	2
2	Tong Ka Kit	LA	16.31	4
3	Chan Tsz Chung	CSKMS	16.49	5
4	Cheung Pui Yin	SMS	16.97	7
5	Chan Chun Kit	SKHKH	18.14	
6	Lau Ka Ngai	CWCC	18.58	
7	Cheung Tsz Fung	LKYMS	18.74	
8	Siu Wai Kit	LKYMS		

Semi-Final 2				Final Lane
1	Chui Chun Kin	SPETER	16.28	3
2	Fung Ka Ho	LSTWCM	16.75	6
3	Lau Kang Shing	CWCC	17.53	1
4	Yip Tsz Chun	LSTLKK	17.78	8

5	Ma Wai Yan	SMS	17.87
6	Chui Yat Tim	LWSSS	18.71
7	Tse Pak Lai	HKTKP	18.73
8	Yeung Ching Kwan	LA	23.80

=====
Event 7 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Semi-Final 1				Final Lane
1	Jerry Chang	GSIS	17.94	2
2	Leung Ho Shing	KTMC	18.38	4
3	Tam Ho Fung Kevin	LA	18.40	5
4	Tong Ka Chun Derek	LA	18.72	7
5	Leung Chun Yin	WESLEY	18.89	1
6	Shivadarjee Anup	DMS-BW	19.08	
7	Tam Curtis Jude Kwan Lung	DMS-BW	20.01	
8	Wong Ivan	LCD	22.90	

Semi-Final 2				Final Lane
1	Lam Pui Ki	SMS	17.98	3
2	Sit Chung Hang	QUALIED	18.60	6
3	Ku Tak Chun	WYHK	19.06	8
4	Tang Chun Hang Alexander	WYHK	19.26	
5	Xavier Leung	GSIS	19.77	
6	Fung Ka Wing	CSKMS	20.09	
7	Lee Kwan Yiu Derek	CWCC	20.49	
8	Yeung Kei Hong	WESLEY	23.31	

=====
Event 8 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Semi-Final 1				Final Lane
1	Lau Sui Ting	LYC	17.00	2
2	Ng Yuk Yan	LSTWCM	19.10	3
3	Ying Nuen Yi Grace	LCD	19.44	6
4	Liu Pui Yan	LSTWCM	19.60	7
5	Au Hiu Yin	LSCC	19.77	
6	Ng Shan Yiu	WESLEY	20.28	
7	Kaur Manpreet	DMS-BW	20.79	
8	Wong Ka Yi	CWCC		

Semi-Final 2				Final Lane
1	Cheung Yim To	MKES	19.14	4
2	Chung Hoi Ching	LA	19.24	5
3	Chan Nga Man	PBSS	19.70	1
4	Yeung Lai Ting	KLC	19.75	8
5	Yan Ka Lun Karen	KCC	20.15	
6	Chan Pui Kei	QUALIED	20.27	
7	Lai Hui Lum Melanie	TLGC	20.80	
8	Sham Man Wai	LKYMS		

=====
Event 9 100m Hurdles Girls B
Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

Semi-Final 1				Final Lane
1	Lam Hoi Man	LYC	18.23	2
2	Tse Sau Yan	CWCC	18.83	3
3	Lui Suet Ying	PTMS	20.26	1
4	Cheng Chynna	LA	20.30	8
5	Chun Wing	PBSS	20.31	
6	Lau Shu Yue	LSCC	20.79	
7	Wong Bernice Hoi Tai	TLGC	21.91	
8	Naveed Yusra	DMS-BW		

Semi-Final 2				Final Lane
1	Chung Ka Yu	LYC	18.98	4
2	Sham Man Ting	LKYMS	19.44	5
3	Chow Wing Yan	TLGC	19.94	6
4	Wong Wai Yan	MKES	20.08	7
5	Tam Yu Chin	CWCC	20.34	

6	Tse Shuk Hei	LSCC	20.99
7	Chin Hiu Nam	PTMS	22.54
8	Kwok Sin Yee	PBSS	23.27

=====
Event 10 100m Hurdles Girls C
Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

=====
Event 11 400m Girls A
Standard: 1:20.00 Record: 58.29 (1999)

Semi-Final 1			Final Lane	
1	Cheung Hoi Kiu Jacqueline	KCC	1:10.08	2
2	Chan Ka Hin	KLC	1:14.06	5
3	Chan Hoi Yan	LYC	1:14.98	7
4	Ho Mei Han	WESLEY	1:17.05	1
5	Wong Sze Man	TLGC	1:17.46	8
6	Chan Wing Han	PBSS	1:18.59	
7	Chan Shuk Ki	HW	1:18.67	
8	Tam Pui Yu	SMHYC	1:21.43	

Semi-Final 2			Final Lane	
1	Mak Hoi Kay Sarah	YCKMC-2	1:12.39	3
2	Lee Ka Wai	LSTLKK	1:12.95	4
3	Tsang Wing Hei	SMS	1:14.87	6
4	Yeung Hoi Ki	LSCC	1:17.67	
5	Lai Ming Hin	LYC	1:19.69	
6	Chan Wai Yee	PBSS	1:20.42	
7	Li Jiahui	HCSS	1:25.22	
8	Pang Yu Tung	TLGC	1:25.87	

=====
Event 12 400m Girls B
Standard: 1:20.00 Record: 57.29 (2002)

Semi-Final 1			Final Lane	
1	Sit Yuen Man	PTMS	1:11.82	4
2	Chan Hoi Yee	SKHTSK	1:12.64	6
3	Wong Sze Lai	DMS-YW	1:13.90	1
4	Chan Hoi Ching	PTMS	1:14.13	8
5	Leung Choi Yu	SKHKH	1:16.28	
6	Lau Hin Tung Crystal	HW	1:17.13	
7	Mak Yee Kan	TLGC	1:19.78	
8	Chan Hiu Ching	CSS		

Semi-Final 2			Final Lane	
1	Lo Hiu Lam	PBSS	1:11.42	3
2	Lam Hoi Man	LYC	1:12.63	5
3	Wong Mei Yin	PLKCHYT	1:15.32	
4	Chu Man Ting	SMS	1:15.69	
5	Yeung Chiu Kuen	TLGC	1:16.19	
6	Mo Chor Hei	KCC	1:18.68	
7	Hui Ying Hung	MKES	1:25.04	
8	Lau Sin Ting	LSCC		

Semi-Final 3			Final Lane	
1	Chan Lok Sam	SKHTSK	1:10.16	2
2	Tsang Hiu Tung	SKHKH	1:13.62	7
3	Kwok Tsz Yan	PBSS	1:14.33	
4	Liu Chee Yin	WESLEY	1:15.78	
5	Tsui Cheuk Yiu	LYC	1:15.91	
6	Chu Dora King Suet	LA	1:18.74	
7	Wong Yuk Fung	MKES	1:19.14	
8	Servanes Valirie	LSTLKK		

=====
Event 13 400m Girls C
Standard: 1:23.00 Record: 58.78 (2000)

Semi-Final 1			Final Lane	
1	Chua Yan Ching	PTMS	1: 6.08	2
2	Ip Kwok Hei	LSCC	1:15.38	7

3	Pang Ho Yan	PTMS	1:16.06	8
4	Lui Pui Shan	PBSS	1:16.35	
5	Lee Malissa	SKHTSK	1:17.50	
6	Ngan Sau Man	WESLEY	1:18.38	
7	Chow Hei Nok Hilary	SMS	1:19.95	
8	Tsang Sin Yi	PLKCHYT	1:21.13	
Semi-Final 2				Final Lane
1	Tse Tsz Shan Crystal	LA	1: 9.43	3
2	Suen Si Hui Victoria	SKHTSK	1:12.14	4
3	Lam Hoi Ching	LYC	1:14.77	6
4	Chan Yee King	MKES	1:17.50	
5	Yung Kam Yiu	PBSS	1:18.37	
6	Au Chui Yiu	WESLEY	1:18.38	
7	Fung Hiu Laam	HW	1:21.60	
8	Au Hoi Ting	CWCC		
Semi-Final 3				Final Lane
1	Chu Tsz Yau	LA	1:14.70	5
2	Tsai Lai Yan	LSTWCM	1:15.70	1
3	Chong Yuet Ching	LKYMS	1:16.39	
4	Wong Sau Kuen	PLKCHYT	1:17.24	
5	Law Wing Lam	SKHKH	1:18.44	
6	Cheung Siu Yee	SMS	1:18.91	
7	Law Wai Yi	CSKMS	1:20.85	
8	Yuen Ho Yiu	TLGC	1:21.91	

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Event 14 400m Boys A

Standard: 1:01.00 Record: 49.10 (1964)

Semi-Final 1				Final Lane
1	Cheung Ka Ho	KCC	55.91	4
2	Gianni Mellwani	GSIS	56.56	6
3	Cheung Man Hin	LKYMS	57.02	1
4	Chang Kar Wang	LSTLKK	57.50	
5	Lawrence Dear	GSIS	57.73	
6	Ho Chun Wai	ATS	58.56	
7	Cheung Mun Hey	ATS	1: 0.10	
8	Tang Sheung Chi	LSTWCM		
Semi-Final 2				Final Lane
1	Chung Tak Lun	LKYMS	54.37	2
2	Mo Wing Yin	SMS	55.71	3
3	Ng Tik Lam	MKES	56.46	5
4	Fong Kin Wing	SKHKH	56.94	7
5	Wong Fu Ho	YCKMC-2	57.04	8
6	Chu Shing Wai	KLC	58.58	
7	Chan Ming Kwan	CSS	59.60	
8	Lao Ka Chun	LSTLKK		

=====
Event 15 400m Boys B

Standard: 1:03.00 Record: 51.63 (2008)

Semi-Final 1				Final Lane
1	Ng Kwai Yim	QUALIED	58.08	3
2	Wong Wai Hin	ATS	1: 1.01	
3	Chau Kin Wa	PLKCHYT	1: 1.05	
4	Tsang Tsz Lung	LCD	1: 1.06	
5	Law Chak Lam	MKES	1: 2.25	
6	Lam Kwok Wing	SKHKH	1: 3.54	
7	Poon Ka Wing	KCC	1: 5.47	
8	Ng Kwok Fai	KCC		
Semi-Final 2				Final Lane
1	Tsui Ka Tsun	BCKSS	57.83	2
2	So Chun Wing Clement	WYHK	58.73	5
3	Lau Chun Wa	LSTWCM	58.89	6
4	Choi Ka Hong	SKHKH	1: 0.01	8
5	Cheung Chun Wai	CSS	1: 0.81	
6	Cheuk Shui San	HW	1: 1.38	
7	Lau Ka Ho	SMHYC	1: 1.80	

4	Ho Yun Wa	LSCC	14.95
5	Wong Man Hei	TLGC	15.25
6	Lau Yuen Yee	LA	15.36
7	Chan Tsz Wing	SPETER	15.65
8	Mak Hoi Ning	PTMS	

=====
Event 18 100m Girls B

Standard: 15.50

Record: 12.21 (2005)

Semi-Final 1

Final Lane

1	Lok Ho Kwan	CWCC	14.39	2
2	Sit Nau Ki	TLGC	14.64	6
3	Mo Ching Yee	SMS	14.96	8
4	Lam Yan Lok	LSCC	14.99	
5	Chan Long Pui Abi	LA	15.12	
6	Fong Yin Chu	MKES	15.38	
7	Fung Yee Ling	BCKSS	15.41	
8	Ng Ka Man	CSS	15.66	

Semi-Final 2

Final Lane

1	Sit Ka Wun	LSCC	14.48	3
2	Chung Lei Kwan	CWCC	14.60	5
3	Tse Kit Yee	MKES	14.98	
4	Cheung Lok Yee Eleanor	KCC	15.17	
5	Lam Miu Tung	LYC	15.40	
6	Chow Wing Yan	TLGC	15.55	
7	Nam Ching Yan	LA	15.77	
8	Kwok Sin Yee	PBSS	18.46	

Semi-Final 3

Final Lane

1	Chen Tsz Ching	SKHTSK	14.56	4
2	Yue Xin Yi	PTMS	14.89	7
3	Luk Wing Man	PTMS	14.95	1
4	Poon Kwai Yi	KCC	15.10	
5	Ng Yan Yi	LKYMS	15.30	
6	Chan Tsz Ying	LWSSS	15.64	
7	Ho Tsz Tung	BCKSS	15.69	
8	Tsang Chi Heung	LCD	15.96	

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Event 19 100m Girls C

Standard: 16.00

Record: 12.55 (2004)

Semi-Final 1

Final Lane

1	Chua Yan Ching	PTMS	13.98	2
2	Wong Ho Ting	PTMS	14.44	6
3	Li Eunice	LA	14.47	7
4	Lai Suet Fong	PLKCHYT	15.03	
5	Chow Wah Yi	LSCC	15.04	
6	Hung Pui Shan	SKHTSK	15.07	
7	Wai King Chi Candace	HW	15.19	
8	Ng Chung Ting	LYC	15.44	

Semi-Final 2

Final Lane

1	Law Hoi Kwan	CSS	14.07	3
2	Lee Sze Wing	SKHTSK	14.63	1
3	So Ka Lai	LKYMS	14.80	
4	Shea Wai Ying	YCKMC-2	14.92	
5	Tang Wai Yin	TLGC	15.01	
6	Ng Cheuk Yiu	LCD	15.04	
7	Wong Wan Yu	CSS	15.16	
8	Lui Ki Ki	SMS	15.27	

Semi-Final 3

Final Lane

1	Ngai Yan Lok Rachel	LA	14.12	4
2	Tsui Suet Ying	LYC	14.43	5
3	Lam Tsz Yan	CWCC	14.69	8
4	Kwok Ming Wai	PLKCHYT	14.79	
5	Li Lok Man	SKHKH	15.20	
6	Yuen Yin Ting Eileen	TLGC	15.26	
7	Yung Man Yam Audrey	WESLEY	15.36	
8	Lai Ka Po	SPETER	15.49	

=====
 Event 20 100m Boys A

Standard: 12.60

Record: 10.40 (2008)

 Semi-Final 1

Final Lane

1	Ip Hin Chi	SKHTSK	11.48	2
2	Tsang Yuk Kwan Harry	KCC	11.90	1
3	Yuen Wai Pan	QUALIED	12.07	
4	Lo Chun To	MKIU	12.26	
5	Chan Sze Ki	SMHYC	12.36	
6	Man Shun Shing	LKYMS	12.38	
7	Li Zi Jian	NCC		
8	He Wen Xin	HCSS		

Semi-Final 2

Final Lane

1	Poon Chi Long	SMS	11.51	3
2	Fong Kwok Leung	DMS-BW	11.73	4
3	Chiu Kai Tung	MKES	12.10	
4	Lau Yiu Ting Tim	LCD	12.22	
5	Wan Ka Fai	KTMC	12.40	
6	Cheung Chi Hou	CSS	12.43	
7	Mak Hoi Shing	LSTWCM	12.55	
8	Wong Tung Kin	PLKCHYT	12.79	

Semi-Final 3

Final Lane

1	Lam Wing Cheung	ATS	11.77	5
2	Wong Hao Keng	SMHYC	11.78	6
3	Chan Chi Miu	KCC	11.89	7
4	Cheng Pok Man	MKES	12.06	8
5	Shek Wai Hung	NCC	12.24	
6	Ng Ting Wai David	CSKMS	12.38	
7	Ng Wai Chung	SPETER	12.56	
8	Lai Guo Dong	HW		

=====
 Event 21 100m Boys B

Standard: 13.00

Record: 11.03 (2008)

 Semi-Final 1

Final Lane

1	Zacarias Canga	DMS-BW	11.95	3
2	Lam Oscar Wang Chun	LSTLKK	12.13	6
3	Ho Chun Yin	LA	12.15	1
4	Mozar Tsang	GSIS	12.22	8
5	Law Chi Hung	ATS	12.60	
6	Harri Turnbull	GSIS	12.70	
7	To Yat Long	BCKSS	12.83	
8	Lee Kwok Wai	NCC		

Semi-Final 2

Final Lane

1	Hon Chi Ho	CSS	12.10	5
2	Ching Tat Fei	LSTWCM	12.23	
3	Li Ka Fai	YCKMC-2	12.33	
4	Lee Sing Yuen	LCD	12.37	
5	Mo Ho	CSS	12.39	
6	Chui Chun Kin	SPETER	12.45	
7	Yau Tsz Kit	QUALIED	12.56	
8	Lo Kwok Shing	SMHYC	12.79	

Semi-Final 3

Final Lane

1	Wu Hou Lam	KTMC	11.83	2
2	Lau Yiu Wing	CNCMS	11.95	4
3	Ng Kar Wang Frederick	YCKMC-2	12.13	7
4	Ko Ka Fai	LSTWCM	12.30	
5	Tsui Yuk Yin	SMS	12.36	
6	Fung Wai Kin	LKYMS	12.37	
7	Tse Ting Hin	WYHK	12.55	
8	Ho King Fung	SKHKH	12.62	

=====
 Event 22 100m Boys C

Standard: 14.00

Record: 11.35 (2008)

 Semi-Final 1

Final Lane

1	Chang Che Jun	GSIS	12.69	3
2	Kumar Rajin Labaro	DMS-BW	12.93	7
3	Lau Sze Shing	SMHYC	13.16	
4	Au Yeung Siu Chun	WYHK	13.30	
5	Li Chung Nam	YCKMC-2	13.38	
6	Chan Chun Wing	SKHTSK	13.41	
7	Lui Yee Pang	HKTKP	13.51	
8	Mark Oh	KCC	14.24	
Semi-Final 2				Final Lane
1	Hui Lap Kei	PLKCHYT	12.79	4
2	Calvin Chow	GSIS	12.86	6
3	Cheng Ka Sing	SPETER	13.08	1
4	Ng Tun Yu Anthony	SPETER	13.17	
5	Yip Tsz Ho	SKHKH	13.20	
6	Chettiyar Nathan	DMS-BW	13.21	
7	Kam Yat Ming	WESLEY	13.23	
8	Mak Chun Kit	WESLEY	13.64	
Semi-Final 3				Final Lane
1	Lai Ka Lun	LKYMS	12.61	2
2	Chan Cho Ho	LKYMS	12.86	5
3	Ho Seong Tin	PLKCHYT	13.10	8
4	Wong Sing Ping	CWCC	13.21	
5	Tsoi Kam Chung	MKIU	13.30	
6	Man Siu Kok	LA	13.41	
7	Chan Chong Kit	LWSSS	13.50	
8	Wan Kwan To	BCKSS	13.57	

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Event 23 Triple Jump Boys A

Standard: 10.80

Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Ching Tat Pang	LSTWCM	12.59	Standard	9
2	Tung King Wai	LKYMS	12.36	Standard	7
3	Mo Wing Yin	SMS	12.31	Standard	6
4	Yeung Chun Hing	LSTWCM	12.26	Standard	5
5	Lam Chun Tin	MKES	11.82	Standard	4
6	Hong Zhengong	DMS-YW	11.67	Standard	3
7	Lui Ying Yeung	ATS	11.49	Standard	2
8	Lau Chi Yip	LCD	11.20	Standard	1
	Chan Pik Shan	SKHKH	11.16	Standard	
	Ngai Fung	DMS-YW	11.04	Standard	
	Chow Chun Ting	KCC	10.95	Standard	
	Ng Ting Wai David	CSKMS	10.93	Standard	
	Zheng Ren Jie	HW	10.86	Standard	
	Chan Fong Ho Ambrose	KCC	10.81	Standard	
	Chang Kar Wang	LSTLKK	10.81	Standard	
	Hui See Nung	WYHK	10.74		
	Hui Ka Hung	CCHK	10.71		
	Yuen Chi Shing	MKES	10.61		
	Wong Kai Mei	HKTKP	10.61		
	Cheng Tim Kai	ATS	10.55		
	Lau Hon Lap	SKHKH	10.48		
	Wong Wai Lok	WYHK	10.39		
	Tong King Ho	LCD	10.36		
	Chu Kong Fung	KTMC	10.27		
	Chu Kim Po	HKTKP	10.24		
	Wong Sai Yim	CSS	9.92		
	Chow Yip Chun	SKHTSK	9.81		
	Man Hok Chiu	SMHYC	9.78		
	Cheung Chi Ho	CWCC	9.60		
	Chui Chung Cheung	BCKSS	9.33		
	Stefan Nigam	GSIS	9.21		
	Sze Lok Yi	CWCC	9.14		
	Sharma Sachin	DMS-BW	9.12		
	Lalchan Daud	DMS-BW		DN take part	
	Chong Ka Ki	WESLEY		DN take part	
	Li Xitian	LSTLKK		DN take part	

Saurabh Srivastava	GSIS	DN take part
Kong Kwai Ching	KTMC	No Mark
Lam Hong Tai	CSKMS	No Mark
Chow Ka Fai	LKYMS	DN take part
Yiu Po Kit	CSS	DN take part
Chan Fai Kin	MCSF	DN take part
Lau On Ki	MCSF	DN take part
Yeung Ka Tsun	YCKMC-2	DN take part
Lam Shing	HW	DN take part
Li Chit Ho	QUALIED	No Mark

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 Event 24 800m Girls A
 Standard: 3:16.00

Record: 2:18.30 (1994)

Heat 1					Final Lane
1	Lui Wai Man	LYC	2:53.15	Standard	2
2	Lam Janice Yuen Ying	WESLEY	3: 0.56	Standard	4
3	Chan Tin Lai	KLC	3: 0.56	Standard	5
4	Lam Tsz Ching	PTMS	3: 1.76	Standard	6
5	Cheng Chor Ting	QUALIED	3:18.24		
6	Tam Pui Yu	SMHYC	3:18.34		
7	Wong On Yi	LSTWCM		DN start	
8	Ng Sum Ping	CSS		DN start	
9	Chan Shuk Ki	HW		DN start	
10	Li Ki Yan	SKHTSK		DN start	
11	Tahir Sidera	DMS-BW		DN start	
12	Ip Sin Ying Vanessa	LCD		DN start	

Heat 2					Final Lane
1	Cheung Lai Yan	KCC	2:52.51	Standard	1
2	Chan Heung To	SMHYC	2:58.06	Standard	3
3	Lai Man Kwan	TLGC	3: 4.00	Standard	8
4	Chan Wing Han	PBSS	3: 5.52	Standard	10
5	Leung Ka Wan	LSCC	3: 7.19	Standard	11
6	Chan Ka Hin	KLC	3:12.75	Standard	12
7	Hung Sin Ying	LYC	3:20.09		
8	Hung Ka Ming	LSTLKK	3:20.48		
9	Yip Hiu Wing	PTMS	3:20.53		
10	Lau Wing Chi	BCKSS	3:36.73		
11	Chan Hei Man	HW		DN start	
12	Ming Cho Yee	LCD		DN start	

Heat 3					Final Lane
1	Yeung Hoi Ki	LSCC	3: 1.94	Standard	7
2	Mak Hoi Kay Sarah	YCKMC-2	3: 4.05	Standard	9
3	Choi Shuk Kei	MKES	3:20.18		
4	Li Shuk Ching	BCKSS	3:28.33		
5	Pang Chun Fong	LSTWCM	3:35.60		
6	Cheung Ching Yu	PBSS	3:39.57		
7	Huang Po Wa	WESLEY	3:47.91		
8	Luo Jiahui	HCSS		DN start	
9	Ng Chun Yin	LSTLKK		DN start	
10	Law Shui Ki	TLGC		DN start	
11	Yu Sze Lok Olive	KCC		DN start	

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 Event 25 800m Girls B
 Standard: 3:18.00

Record: 2:15.76 (2001)

Heat 1					Final Lane
1	Tong Pui Yin	SKHTSK	3: 2.93	Standard	8
2	Tsui Cheuk Yiu	LYC	3: 6.26	Standard	10
3	Fan Wai Yan	PTMS	3: 7.67	Standard	11
4	Lo Lai Fan	TLGC	3: 7.73	Standard	12
5	Wong Ching Yi	CWCC	3: 9.94	Standard	
6	Wong Mei Yin	PLKCHYT	3:11.64	Standard	
7	Lee Lok Sze	WESLEY	3:14.81	Standard	
8	Ho Kuen Men Esther	LA	3:17.28	Standard	
9	Lau Ka Man	LCD	3:19.02		
10	Chan Wing Yin	PBSS	3:19.54		

11	Chui Ho Ting Kristy	CSS	3:24.68		
12	Wong Cho Wing	LSTLKK	3:36.63		
13	Cheung Hiu Ying	DMS-YW	3:41.10		
14	Yip Wai Sze	LCD	3:54.75		
15	Chan Yee King	MKES		DN start	
Heat 3					
					Final Lane
1	Suen Si Hui Victoria	SKHTSK	3: 2.99	Standard	2
2	Yung Yeuk Yu	LA	3: 5.17	Standard	3
3	Fu Wai Ying	SMS	3:12.69	Standard	8
4	Lui Ting Yuk	LSTWCM	3:15.69	Standard	
5	Tsang Ka Yi	LKYMS	3:15.80	Standard	
6	Yiu Wing Yu	PTMS	3:18.54	Standard	
7	Fung Yu Yan	CSS	3:19.61	Standard	
8	Fung Hiu Laam	HW	3:26.22		
9	Lam Wing Mei	CWCC	3:28.25		
10	Lam Angela	KCC	3:31.72		
11	Wong Wai Kwan	SMHYC	3:35.67		
12	Kwong Pui Yee	LCD	3:38.32		
13	Au Ka Po	QUALIED	3:45.66		
14	Chiu Lok Man	CSKMS		DN start	

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Event 27 Discus Girls C

Standard: 12.00 (1kg)

Record: 29.90

(2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Koo Ka Yiu	CWCC	20.89	Standard	9
2	Li Yuk Ting	LCD	18.96	Standard	7
3	Law Wai Sum	LSTWCM	18.95	Standard	6
4	Chan Ka Wing	LSCC	17.54	Standard	5
5	Kwok Chi Ying	WESLEY	17.17	Standard	4
6	Tsoi Yung Yung	LYC	16.33	Standard	3
7	Wu Tin Wing	LKYMS	15.96	Standard	2
8	Tse Sum Yi	HW	15.27	Standard	1
	Choy Heng Tung	LA	15.09	Standard	
	Wong Wing Sum	KCC	15.07	Standard	
	Cheung Ka Yan	LA	14.93	Standard	
	Wong Choi Hung Janet	HW	13.87	Standard	
	Lo Lam Shan	SMS	13.87	Standard	
	Man Tsz Ching	KCC	13.82	Standard	
	Ko Suen Ki	LKYMS	13.19	Standard	
	Lee Lok Yi	PTMS	13.14	Standard	
	Chan Lok Ting	LSCC	12.73	Standard	
	Wong Sze Ying	LYC	12.68	Standard	
	Man Hei Yin	TLGC	12.67	Standard	
	Ng Man Man	MKES		DN take part	
	Yau Ching	SMS		No Mark	
	Aisha Fiaz	DMS-BW		DN take part	
	Tsui Hei Yin	HCSS		No Mark	
	Tam Kam Tai	SMHYC		No Mark	
	Leung Kai Yau	LCD		No Mark	
	Tan Yin Lin	HCSS		No Mark	
	Lai King Yiu	PTMS		DN take part	
	Khalid Mashal Islam	DMS-BW		DN take part	
	Muhammad Mariam Kosar	QUALIED		DN take part	
	Teng Man Sin	SMHYC		No Mark	
	Ma Wai Ying	TLGC		No Mark	
	Chan Wai Ling	SKHKH		No Mark	
	Au Wing Sze	MKES		No Mark	
	Chan Hiu Tung	YCKMC-2		No Mark	
	Wong Ngai Shan	WESLEY		No Mark	
	So Ching Ting	CWCC		No Mark	
	Chan Yuk Fung	PBSS		No Mark	
	Yeung Wai Ying	PBSS		No Mark	

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Event 28 Shot Put Girls B

Standard: 6.80 (3kg)

Record: 11.68

(2005) (3kg)

Position	Name	School	Result	Remark	Points
1	Yip Po Yan	DMS-YW	10.24	Standard	9
2	Fung Long Yi	CWCC	9.81	Standard	7
3	Chow Lai Tung	LYC	8.81	Standard	6
4	Tai Hei Tung	WESLEY	8.48	Standard	5
5	Wong Wing Suet Rachael	TLGC	8.43	Standard	4
6	Chan Hoi Ting	LSCC	8.37	Standard	3
7	Lau Pui Man	LSCC	8.27	Standard	2
8	Ng Hoi Ki	SMS	7.89	Standard	1
	Kwok Yik Ling	CSKMS	7.78	Standard	
	Yu Shan	TLGC	7.61	Standard	
	Leung Oi Yee	PBSS	7.59	Standard	
	Wong Yuen Shan	CSKMS	7.52	Standard	
	Lau Yuk Yan	LYC	7.51	Standard	
	Tsang I Tung	CWCC	7.46	Standard	
	Chow Tsz Yan	PTMS	7.22	Standard	
	Chang Wun Yee	LSTLKK	7.11	Standard	
	Ng Yan Yi	LKYMS	7.11	Standard	
	Lau In Tung	SKHKH	7.08	Standard	
	Yeung Nok Yan	LA	7.07	Standard	
	Chan Uen Lam	KCC	7.01	Standard	
	Tsoi Man Kit	HW	6.81	Standard	
	Law Yan Yi	SKHKH	6.80	Standard	
	Wong Wai Shan Bianca	PTMS		No Mark	
	Wong Lai Ping	LKYMS		No Mark	
	Fung Cheuk Chi	WESLEY		No Mark	
	Ma Hiu Yi	MKES		No Mark	
	Tam Wing Kei	LA		No Mark	
	Wong Ching Man	MKIU		No Mark	
	Tang Sze Hoi	SMS		No Mark	
	Tsui Hiu Yan	CSS		No Mark	
	Wong Lok Yee	HW		No Mark	
	Yam Ka Yee	CSS		No Mark	
	Nau Pui Ying	LCD		No Mark	
	Chung Mei Ling	SMHYC		No Mark	
	Ngan Wing Yan	SMHYC		No Mark	
	Liu Suet Yee	BCKSS		No Mark	
	Shum Sze Man	BCKSS		No Mark	
	Tong Oi Ning	LCD		No Mark	
	Cheong Ho Wing Suzanne	LSTLKK		DN take part	
	Chau Wai Ling	SKHTSK		No Mark	
	Wong Yee Ching	PBSS		No Mark	
	Cheung Lok Yee Eleanor	KCC		No Mark	
	Wang Minting	DMS-YW		DN take part	
	Ng Wing Hang	LSTWCM		No Mark	
	Paclibar Katrina Meryl N	DMS-BW		DN take part	
	Limbu Susan	DMS-BW		DN take part	
	Feng Jiahua	HCSS		No Mark	
	Lau Ching Yee	KTSS		DN take part	
	Wong Ka Man	LSTWCM		No Mark	
	Iu Chung Fong	MKES		No Mark	
	Shek Hiu Yan	SPETER		DN take part	

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Event 29 800m Boys A

Standard: 2:30.00

Record: 1:57.89 (2004)

Heat 1

Final Lane

1	Lai Chun Yin	SMHYC	2:19.57	Standard	3
2	Yuen Chi Shing	MKES	2:21.25	Standard	4
3	Mang Kai Yuen	KCC	2:24.40	Standard	7
4	Chan Ka Ki	HW	2:28.21	Standard	
5	Ho Chun Wai	ATS	2:30.44		
6	Wong Ka Wa	LKYMS	2:36.32		
7	Wong Shek Kui Max	KLC	2:36.76		
8	Kwok Chi Keung	CWCC	2:58.61		
9	Tang Chi Ho	CSKMS		DN start	
10	Choi Chi Hin	HKTKP		DN start	

11	Law Man Hin	LSTLKK		DN start	
12	Fong Kin Wing	SKHKH		DN start	
13	Marc Nielsen	GSIS		DN start	
Heat 2					Final Lane
1	Chung Tak Lun	LKYMS	2:15.40	Standard	1
2	Chui Ho Yin	ATS	2:17.29	Standard	2
3	Stefan Nigam	GSIS	2:26.19	Standard	9
4	Lam Hong Tai	CSKMS	2:26.96	Standard	12
5	Lo Cho Yi	YCKMC-2	2:29.67	Standard	
6	Yau Wai Chung	MKES	2:33.86		
7	Li Kit Wing	LSTLKK	2:40.83		
8	Yip Sen	KLC	2:47.76		
9	Lee Shui Fung	CWCC	2:49.67		
10	Wong Ka Hei	HKTKP		DN start	
11	Ngai King Shing	SKHKH		DN start	
12	Wu Zhong Yuen	SMHYC		DN start	
13	Sin Man Kit	KCC		DN start	

Heat 3					Final Lane
1	Ng Chung Yin	QUALIED	2:21.58	Standard	6
2	Cheung Fu Shiu	CCHK	2:26.20	Standard	10
3	Chan Ming Kwan	CSS	2:28.36	Standard	
4	Chi Wai Ching	LCD	2:28.68	Standard	
5	Zhan Qiankun	YCKMC-2	2:30.42		
6	Fong Man Chung	WYHK	2:31.83		
7	Lam Man Yu	LSTWCM	2:34.51		
8	Wong Shun Ho	KTMC	2:34.88		
9	Tsui Ting Hin	SPETER	2:35.26		
10	Cheng Stanley	SKHTSK		DN start	
11	Chow Hiu Fai Jeffrey	LA		DN start	
12	Ng Wai Cheong	WESLEY		DN start	

Heat 4					Final Lane
1	Fung Siu Tai	SKHTSK	2:21.28	Standard	5
2	Ip Ka Lik	LCD	2:25.72	Standard	8
3	Po Cheuk Yin	SPETER	2:26.92	Standard	11
4	Leung Kwun Hung	KTMC	2:27.13	Standard	
5	Fong Kwok Chung	CCHK	2:31.26		
6	Fung Tsun Ming	SMS	2:33.53		
7	Wong Ka Ho	BCKSS	2:36.42		
8	Wong Chung Yin	LSTWCM	2:37.00		
9	Hui Wing Ken	WYHK		DN start	
10	Chun Yau Pong	CSS		DN start	
11	Wai Chun Ki	NCC		DN start	
12	Ho Ming Lok	MCSF		DN start	

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Event 30 800m Boys B

Standard: 2:30.00

Record: 2:03.35 (2008)

Heat 1					Final Lane
1	Chan Tsz Him	WYHK	2:26.33	Standard	6
2	Chiu Ting Hin	LWSSS	2:26.92	Standard	7
3	Luk Hon Him	NCC	2:27.53	Standard	11
4	Ng Chun Wing	KCC	2:28.22	Standard	
5	Lee Chak Yin	PLKCHYT	2:31.13		
6	Lau Cheuk Hin	HKTKP	2:40.08		
7	Chan Hok Fung	CWCC	2:41.19		
8	Poon Man Cheuk	HW	2:44.82		
9	Yeung Ho Yin	CNCMS	2:46.96		
10	Fung Cheuk Yee	LKYMS	2:47.78		
11	Chan Ching Pong	CSKMS	2:50.17		
12	Cheung Wai Yiu	LCD	3: 3.27		
13	Hussain Saddam	DMS-BW		DN start	
14	Gilles Stassen	GSIS		DN start	
15	Lau Sze Ting	LSTLKK		DN start	

Heat 2					Final Lane
1	Leung William	WYHK	2:25.91	Standard	5
2	Li Ching Hay	KTMC	2:26.96	Standard	8
3	Hung Cheung Hong Ivan	LA	2:29.29	Standard	

7	Ng Chun Wai	PLKCHYT	2:42.91	Standard	
8	Yuen Tin Long	LWSSS	2:46.20		
9	Lo Siu Hong	LKYMS	2:46.86		
10	Tong Chun Kit	WESLEY	2:46.86		
11	Leung Shing Him	HW	2:47.57		
12	Leung Tak Yung	DMS-YW	3:11.49		
13	Wong Chak Lam	KCC		DN start	
14	Yau Hang Wa	LSTLKK		DN start	

Heat 3 Final Lane

1	Ng Ka Wing	PLKCHYT	2:30.50	Standard	3
2	Yan Yet Hei Joshua	LA	2:38.09	Standard	9
3	Yue Wing Chun	KTMC	2:38.68	Standard	11
4	Cheung Tsun Hang	WESLEY	2:41.16	Standard	
5	Li Kwun Kiu	CSS	2:43.34	Standard	
6	Yuen Sung Kit	SKHKH	2:46.17		
7	Lau Tik Chi	HW	2:47.69		
8	Wong Shun	SMS	2:50.35		
9	Kwok Pun Ho	LCD	2:53.09		
10	Cheung Siu Hin	CNCMS	2:54.36		
11	Lee Tak Heung	LSTWCM	2:55.88		
12	Chu Ho Yin	SKHTSK	3: 8.24		
13	Kwok Tsun Kit	WYHK	3:10.53		

Heat 4 Final Lane

1	Siu Pok	SMHYC	2:35.22	Standard	5
2	Chow Ka Hin	YCKMC-2	2:38.42	Standard	10
3	Lam Chi Ho	LSTWCM	2:39.50	Standard	
4	Siu Chun Kit	SKHKH	2:41.71	Standard	
5	Yam Kin Ho	KTMC	2:42.31	Standard	
6	Lin Chi Lam	CWCC	2:46.41		
7	Wan Yiu Pang	QUALIED	2:48.41		
8	Tang Wan Kai	HKTKP	2:50.87		
9	Suen King San	SMS	3: 8.33		
10	Lo Hin Hang	ATS		DN start	
11	Yau Pui Sun	NCC		DN start	
12	Yeung Pui Fatt	SKHTSK		DN start	
13	Wong Sin Tat	CSS		DN start	

=====
Event 32 Shot Put Boys A

Standard: 8.80 (5kg) Record: 15.30 (2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Lam Kai Chun	KTMC	12.37	Standard	9
2	Yuen King Ho	NCC	12.03	Standard	7
3	Marc Nielsen	GSIS	11.92	Standard	6
4	So Fong Man Nash	MKES	11.47	Standard	5
5	Fung Chong Yu Thaddens	LA	11.30	Standard	4
6	Poon Chun Hei	HCSS	10.81	Standard	3
7	Maximilian Renger	GSIS	10.80	Standard	2
8	Man Chun Kit	YCKMC-2	10.60	Standard	1
	Tang Man Ho	KCC	10.33	Standard	
	Kwok Ka Lun	YCKMC-2	10.06	Standard	
	Li Ka Ho	WYHK	9.83	Standard	
	Singh Karnbeer	DMS-BW	9.70	Standard	
	Cheung Man Hon	LKYMS	9.70	Standard	
	Sze Yin Ting	ATS	9.63	Standard	
	Suen Lap Man	LWSSS	9.62	Standard	
	Chau Tin Long	WYHK	9.59	Standard	
	Kan Tsang Kit	CSS	9.45	Standard	
	Poon Lo Wa	SMHYC	9.44	Standard	
	Wong Man Chiu	QUALIED	9.43	Standard	
	Li Wing Tat	MKIU	9.42	Standard	
	Wong Pak Chuen	PLKCHYT	9.40	Standard	
	Ngok Yuk Yu	HCSS	9.38	Standard	
	Kwan Yu Kin	LSTLKK	9.33	Standard	
	Li Zhixiong	LSTLKK	9.26	Standard	
	Chung Chun Kwan	WESLEY	9.25	Standard	
	Chong Chi Ho	SMS	9.24	Standard	

Yeung Xiao Xing	HW	9.20	Standard
Hung Siu Wai	LCD	9.07	Standard
Lau Yuk Lun	LKYMS	9.06	Standard
Yeung Cheuk Yuk	SMHYC	9.04	Standard
Lau Chun Kit	ATS	9.02	Standard
Thapa Bikash	DMS-BW		DN take part
Kuet Tsz Hang	HKTKP		No Mark
Ip Wai Leung	DMS-YW		No Mark
Lam Cho Ho	DMS-YW		DN take part
Lui Tsz Kin	CNCMS		No Mark
Tang Ho Yin	CNCMS		No Mark
Chiu Man Ho	QUALIED		DN take part
Chu Hung Sang	KTMC		No Mark
Lam Lo Chiu	KCC		DN take part
Huang Jian Men	MKES		DN take part
Kwok Chi Keung	CWCC		No Mark
Li Ka Wai	NCC		DN take part
Wan Tsun Kan	CWCC		DN take part
Ho Siu Nam	WESLEY		No Mark
Nam Tai Ho	LA		No Mark
Chau Ka Ming	MKIU		No Mark
Leung Wing Kit	HKTKP		DN take part
Chiu Wang Leung	CSKMS		DN take part
Lam Ming Fai	LSTWCM		No Mark
Ngan Shui Mun	LSTWCM		No Mark
Chau Ming Yeung	KLC		DN take part
Wu Chun Ho	MCSF		DN take part
Lam Kin Yeung	SKHKH		DN take part
Cheng Tsan Piu	SKHKH		No Mark
Li Yun Tai	LCD		No Mark
Cheung Yau Lo	SPETER		DN take part
Yu Cheuk Him	HW		DN take part

=====
Event 33 Javelin Boys B

Standard: 18.00 (600gm)

Record: 51.63

(2008) (600gm)

Position	Name	School	Result	Remark	Points
1	Lai Yik Wai	KTMC	31.98	Standard	9
2	Cheung Chi Him	LKYMS	29.19	Standard	7
3	Tang Chun Yuen	KTMC	27.95	Standard	6
4	Wong Chun Man	KCC	25.69	Standard	5
5	Ho Hiu Long	SPETER	24.86	Standard	4
6	Brian Groebisch	GSIS	23.53	Standard	3
7	Lam Chris	LCD	19.70	Standard	2
8	Ng Yuet Him	SKHKH	19.28	Standard	1
	Cheung Ka Chun	WESLEY	19.01	Standard	
	Ng Chun Kit	CWCC	18.61	Standard	
	Hung Cheung Hong Ivan	LA	18.54	Standard	
	Yuen Tsz Wa	SKHKH	18.43	Standard	
	Leung Shing For	YCKMC-2	17.57		
	So Stephen Chu Yee	WYHK	17.44		
	Tsang Chun Yeung	CSS	16.80		
	Lee Chu Kit	CSKMS	16.77		
	Tse Yat Wong	SMHYC	16.71		
	Yu Mecco Ming Ho	SMS	16.31		
	Rong Hao Hui	LKYMS	15.80		
	Poon Lap Kan	LSTLKK	14.72		
	Choi Hang Kwun	LCD	14.70		
	David Buehr	GSIS	14.30		
	Fan Kam Man	CSKMS	13.72		
	Lai Kwong Yuen	HCSMS		DN take part	
	Lo Ka Kin	KCC		No Mark	
	Singh Gagandeep	DMS-BW		DN take part	
	Lee Ka Ho	CSS		No Mark	
	Cheng Chor Tung	LSTWCM		No Mark	
	Wan Kin Pong	SMHYC		No Mark	
	Maguigao Paolo A G	DMS-BW		DN take part	

Chong Hoi Wai	WESLEY	No Mark
Leung Kai Hang	YCKMC-2	No Mark
Ng Tsz Lok	LSTLKK	No Mark
Chan Yan Chak	LSTWCM	No Mark
Wong Tsz Lam	SMS	No Mark
Tam Chun Hong	CWCC	DN take part
Chak Ho Cheung	LA	DN take part
Leung Chun Ming Jeremy	WYHK	DN take part
Wong Cheuk Wai	HCSMS	DN take part

=====
Event 34 High Jump Girls A

Standard: 1.26 Record: 1.65 (2000)

Position	Name	School	Result	Remark	Points
1	Yau Ka Yi	TLGC	1.41	Standard	9
2	Mang Wing Yan	SPETER	1.38	Standard	7
3	Zhou Yan Lin	SMHYC	1.38	Standard	6
4	Cheung Hoi Kiu Jacqueline	KCC	1.32	Standard	5
5	Cheung Ka Wing	TLGC	1.32	Standard	4
5	Liu Pui Yan	LSTWCM	1.32	Standard	4
7	Wong Yuk Yin	BCKSS	1.32	Standard	2
8	Chiu Tsz Ling	CSKMS	1.32	Standard	1
	Lo Yuen Man	PTMS	1.31	Standard	
	Wong Ka Yi	CWCC	1.26	Standard	
	Lin Sau Yung	SMHYC	1.26	Standard	
	Au Hiu Yin	LSCC	1.23		
	Chong Kan	CWCC	1.23		
	Wong Pui Fong	LYC	1.23		
	Cheng Wing Yan	PTMS	1.23		
	Lam Chung Yi	LYC		No Mark	
	Chung Ling Ka Nicole	LA		DN take part	
	Ale Jilina	DMS-BW		No Mark	
	Tahir Sidera	DMS-BW		DN take part	
	Lo Yu Ting	LSCC		No Mark	
	Ngai Ching Nga	WESLEY		DN take part	
	Lau Yu Tung	PBSS		No Mark	
	Tam On Wing	WESLEY		DN take part	
	Lau Vincy Wing Sze	PBSS		No Mark	
	Cheung Lai Yan	KCC		No Mark	

=====
Event 35 Long Jump Girls C

Standard: 3.40 Record: 5.33 (2008)

Position	Name	School	Result	Remark	Points
1	Kam Man Lok	WESLEY	3.99	Standard	9
2	Ngan Sau Man	WESLEY	3.91	Standard	7
3	Yuen Ho Yiu	TLGC	3.90	Standard	6
4	Lua Shuk Ha	DMS-YW	3.90	Standard	5
5	Wong Kai Ying	PBSS	3.87	Standard	4
6	Lee Yee Tung	DMS-YW	3.87	Standard	3
7	Cameron Charlotte	HW	3.77	Standard	2
8	Lau Wai Yi	CWCC	3.74	Standard	1
	Tsoi Man Tsik	QUALIED	3.64	Standard	
	Chow Yan Lam	LA	3.63	Standard	
	Chow Pui Yin	YCKMC-2	3.62	Standard	
	Au Ka Nam	MKIU	3.60	Standard	
	Kwan Wai Wai Maggie	LSTWCM	3.59	Standard	
	Wai Hiu Tung	PTMS	3.57	Standard	
	Chow Wan Yi	LSCC	3.57	Standard	
	Shum Sin Cheuk	PTMS	3.55	Standard	
	Kwok Wing Ki	LCD	3.52	Standard	
	Hung Pui Shan	SKHTSK	3.50	Standard	
	Ma Shuk Ting	LSCC	3.50	Standard	
	Cheung Ka Man	SMHYC	3.49	Standard	
	Chow Hiu Ching	LCD	3.46	Standard	
	Shek Yuen Shum Eunice	CSS	3.45	Standard	
	Chun Yuen Lam	LSTLKK	3.42	Standard	

Yip Tsz Ying	CSS	3.36	
Cheung Yuen Ching	CWCC	3.31	
Ng Tsz Wing	CCHK	3.29	
Ng Chung Ting	LYC	3.27	
Yang Tin Wai	SMHYC	3.25	
Wong Ka Man	SMS	3.25	
Tsang King Hei	BCKSS	3.24	
Chi Yan Yue	BCKSS	3.22	
Li Kar Yee	CCHK	3.19	
Yip Ho Yan	CSKMS	3.15	
Wong Wai Ning	CSKMS	3.11	
Leung Shuk Fong	LYC	3.04	
Lam Ching Leung	LKYMS	2.93	
Lam Stephanie Hiu Yan	SKHTSK	2.72	
Wong Ming Fong Christy	LA	2.65	
Wong Ka Ching	KCC	2.61	
Chau Tsz Ching	SMS	2.55	
Lau Tsz Ying	LKYMS	2.53	
Chiu Ka Yu	KCC		DN take part
Bilan Jeulianne Bautista	DMS-BW		No Mark
Diesta Jeanalene	DMS-BW		DN take part
Ngo Oi Suet	TLGC		DN take part
Tong Chi Chui	SKHKH		No Mark
Wong Man Ki	LSTWCM		No Mark
Chow Hoi Ching	MKES		No Mark
Tse Wai Lam	YCKMC-2		DN take part
Ip Cheuk Kwan	SKHKH		DN take part
Shek Wing Ki	HW		No Mark
Cheung Lai Man	MKES		No Mark
Chow Shuk Wai	PBSS		No Mark

Event 36 200m Girls A

Standard: 33.00

Record: 24.93 (2007)

Semi-Final 1

Final Lane

1	Kung Hiu Ching	LSCC	28.56	2
2	Wong Lo	LCD	29.40	4
3	Yiu Yee Man	SKHTSK	30.05	6
4	Cheung Hoi Ling Jennifer	KCC	30.17	7
5	Wong Lai Shan	KLC	32.93	
6	Lau Wing Yi	HW	33.11	
7	Kaur Manpreet	DMS-BW		
8	Wu Sui Sin	LSTLKK		

Semi-Final 2

Final Lane

1	Law Sin Lam	MKES	29.31	3
2	Chung Wun Lo	PLKCHYT	29.52	5
3	Chow Wing See	KLC	30.28	1
4	Ng Hau Yan	DMS-YW	30.57	8
5	Chan Lee Shan	HCSS	31.73	
6	Ho Yun Wa	LSCC	31.86	
7	Lai On Heng	TLGC	32.91	
8	Ng Chun Yin	LSTLKK		

Event 37 200m Girls B

Standard: 33.00

Record: 25.22 (2002)

Semi-Final 1

Final Lane

1	Lok Ho Kwan	CWCC	29.46	2
2	Lo Hiu Lam	PBSS	31.02	8
3	Lam Cho Yin	PBSS	31.25	
4	Lui Tin Ching	LA	31.79	
5	Chiu Hoi Ting	BCKSS	32.42	
6	Chen Xiu Hui	LYC	32.43	
7	Wong Sze Lai	DMS-YW		
8	Sie Tik Yan	SMS		

Semi-Final 2

Final Lane

1	Tsoi Chung Yee	WESLEY	29.64	3
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2	Chen Tsz Ching	SKHTSK	30.49	7
3	Chung Lei Kwan	CWCC	30.65	1
4	Luk Wing Man	PTMS	31.54	
5	Chin Hiu Nam	PTMS	31.69	
6	Poon Kwai Yi	KCC	31.85	
7	Chun Ka Yu	LYC		
8	Cheung Suet Man	HCSS		
Semi-Final 3				Final Lane
1	Wong Pik Ha	LKYMS	30.01	4
2	Lo Lee Shan	MKES	30.41	5
3	Sit Ka Wun	LSCC	30.45	6
4	Hui Cheuk In	LA	31.34	
5	Mo Ching Yee	SMS	31.43	
6	Fung Sze Wing	LSCC	32.07	
7	Chan Wing Yiu	LSTLKK	32.53	
8	Cheng Yuen Ting	LSTLKK	32.86	

=====
Event 38 200m Girls C

Standard: 34.00 Record: 26.07 (2004)

Semi-Final 1				Final Lane
1	Law Hoi Kwan	CSS	29.34	2
2	So Ka Lai	LKYMS	30.57	6
3	Lai Suet Fong	PLKCHYT	31.03	1
4	Fung Uen Ying	LSCC	31.68	
5	Lee Lok Yi	PTMS	31.94	
6	Mau Chui Yi	LSTLKK	32.30	
7	Yung Man Yam Audrey	WESLEY	33.34	
8	Sit Ka Wing	LSCC	33.68	

Semi-Final 2				Final Lane
1	Ngai Yan Lok Rachel	LA	29.44	3
2	Li Eunice	LA	30.51	5
3	Shea Wai Ying	YCKMC-2	31.44	
4	Liu Wai Sze	PBSS	31.83	
5	Li Lok Man	SKHKH	32.14	
6	Chow Hoi Ting	SKHKH	32.27	
7	Yuen Yin Ting Eileen	TLGC	32.30	
8	Chan Mong Yi	SMS	32.32	

Semi-Final 3				Final Lane
1	Tsui Suet Ying	LYC	30.42	4
2	Lee Sze Wing	SKHTSK	30.78	7
3	Wong Sze Man	PLKCHYT	31.17	8
4	Chan Cheung Tin	LYC	31.32	
5	Yip Tsz Ying	CSS	31.49	
6	Chu Kong Wa	CWCC	33.36	
7	Chan Sze Yui	TLGC	34.06	
8	Yiu Wing Yu	PTMS	34.63	

=====
Event 39 200m Boys A

Standard: 26.50 Record: 21.53 (2007)

Semi-Final 1				Final Lane
1	Ip Hin Chi	SKHTSK	23.61	2
2	Wong Hao Keng	SMHYC	24.05	4
3	Chiu Kai Tung	MKES	24.09	5
4	Cheung Ka Wai	KCC	24.62	1
5	Cheung Man Hin	LKYMS	25.07	
6	Hui Ka Hung	CCHK	25.08	
7	Lo Chun To	MKIU	25.17	
8	Wan Ka Fai	KTMC		

Semi-Final 2				Final Lane
1	Lam Wing Cheung	ATS	24.04	3
2	Poon Chi Long	SMS	24.14	6
3	Yeung Chun Hing	LSTWCM	24.51	7
4	Lau Yiu Ting Tim	LCD	24.89	8
5	Yip Ka Kin	LKYMS	24.95	
6	Wong Tung Kin	PLKCHYT	25.51	

7 Mak Ho Fung ATS 25.75
8 Cheung Cheuk Yiu WYHK

=====
Event 40 200m Boys B

Standard: 27.00

Record: 22.55 (2005)

Semi-Final 1

Final Lane

1 Wu Hou Lam KTMC 24.07
2 Yau Tsz Kit QUALIED 25.31
3 Law Chi Hung ATS 25.39
4 Yu Tak Yan NCC 25.81
5 Harri Turnbull GSIS 25.93
6 Lee Kwok Wai NCC
7 Wu Kam Lun HKTKP
8 Hui Chin Yeung KTSS

2

8

Semi-Final 2

Final Lane

1 Zacarias Canga DMS-BW 24.32
2 Mozar Tsang GSIS 24.92
3 Tsui Yuk Yin SMS 25.09
4 Ho Chun Yin LA 25.47
5 Lee Sing Yuen LCD 25.70
6 Ho King Fung SKHKH 26.03
7 Lai Wai Chun YCKMC-2 26.14
8 Siu Wai Kit LKYMS

3

6

1

Semi-Final 3

Final Lane

1 Ho Irvin LA 24.72
2 Lam Oscar Wang Chun LSTLKK 24.86
3 Ng Kar Wang Frederick YCKMC-2 25.03
4 Lau Ka Hei LSTWCM 25.38
5 Tang Wing Fai HKTKP 25.91
6 Cheng Man Chung Calvin WYHK 26.11
7 Lai Tsz Him KCC
8 Mo Ho CSS

4

5

7

=====
Event 41 200m Boys C

Standard: 29.50

Record: 22.59 (2008)

Semi-Final 1

Final Lane

1 Cheung Wing Shing SMS 26.07
2 Ho Seong Tin PLKCHYT 26.83
3 Chettiyar Nathan DMS-BW 27.02
4 Yip Tsz Ho SKHKH 27.20
5 Man Siu Kok LA 27.48
6 Lee Ho Keung HCSS 27.64
7 Wong Wing Keung SMHYC 28.59
8 Chu Hou Hei LA 28.66

3

4

5

7

8

Semi-Final 2

Final Lane

1 Lai Ka Lun LKYMS 26.02
2 Lui Wai Chun CSS 27.04
3 Wong Lyson PLKCHYT 27.65
4 Lai Yiu Tak LCD 27.81
5 Wan Kwan To BCKSS 27.85
6 Kam Yat Ming WESLEY 28.04
7 Moritz Ecknig GSIS 28.41
8 Mirza Zain Shafiq DMS-BW 28.55

2

6

Semi-Final 3

Final Lane

1 Chan Cho Ho LKYMS 27.21
2 Lui Yu Fung CCHK 27.57
3 Wong Yiu Hei ATS 28.06
4 Au Yeung Siu Chun WYHK 28.38
5 Lee Cham Ho YCKMC-2 28.59
6 Shiu Tsz Chun LWSSS 29.83
7 Chan Chun Wing SKHTSK
8 Lau Sze Shing SMHYC

1

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Event 42 1500m Boys A

Standard: 5:18.00

Record: 4:05.76 (2004)

Final				Points
1	Choi Yik Shing	MKES	4:27.37	9
2	Ng Chung Yin	QUALIED	4:28.67	7
3	Singh Michael Satwinder	DMS-BW	4:45.59	6
4	Ng Tik Lam	MKES	4:46.54	5
5	Wong Hoi Lok Ricci	SKHKH	4:48.85	4
6	Choi Ho Yin Benson	YCKMC-2	4:51.44	3
7	Chan Yuk Kwan	LSTWCM	4:52.47	2
8	Wong Kai Cheung	SKHTSK	4:56.11	1
9	Zhan Qianying	YCKMC-2	5: 0.30	
10	Lai Chun Yin	SMHYC		
11	Leong Yau Fai	KLC		
12	Fung Siu Tai	SKHTSK		

Event 43 1500m Boys B
Standard: 5:30.00 Record: 4:19.04 (2003)

Final				Points
1	Liu Yik Mei	LKYMS	4:46.01	9
2	Leung Man Chun	SKHKH	4:49.43	7
3	Yu Tsz Hin	SMS	4:51.92	6
4	Lam Vernon	WESLEY	4:54.75	5
5	Chien Yee Lee	CSKMS	5: 0.67	4
6	Diu Siu Hong	PLKCHYT	5: 0.74	3
7	Tang Tsz Chun	PLKCHYT	5: 2.12	2
8	Wu Lam Lun	HKTKP	5: 5.46	1
9	Chiu Ting Hin	LWSSS	5: 8.55	
10	David Buehr	GSIS	5:15.79	
11	Ng Chun Wing	KCC		
12	Lun Tin Wa	LSTWCM		

Event 44 1500m Boys C
Standard: 5:55.00 Record: 4:31.24 (2008)

Final				Points
1	Yiu Marvin Long Yue	WYHK	5: 8.51	9
2	Mak Hoi Kam	SMHYC	5:12.24	7
3	Luk Ning Hei	CSS	5:12.92	6
4	Leung Ho Shing	KTMC	5:13.71	5
5	Ng Ka Wing	PLKCHYT	5:13.92	4
6	Lee Tak Heung	LSTWCM	5:18.12	3
7	Yue Wing Chun	KTMC	5:20.22	2
8	Law Shing Cheong	SKHTSK	5:28.50	1
9	Thomas Baer	GSIS	5:33.93	
10	Lam Chun	MKES	5:39.24	
11	Ngo Sung Pui	BCKSS	5:44.48	
12	Fung Kwun Lun	HW		

Event 45 4x400m Relay Girls A
Standard: 5:30.00 Record: 4:13.62 (2007)

Heat 1				Final Lane
1	LYC	5: 8.83	Standard	3
2	QUALIED	5:10.23	Standard	5
3	YCKMC-2	5:30.65		7
4	PTMS	5:35.79		
5	SMS		DN start	
6	CSKMS		DN start	
Heat 2				Final Lane
1	WESLEY	5:32.68		
2	SMHYC	5:39.47		
3	LCD	5:46.96		
4	LSTWCM	5:58.79		
5	CSS		DN start	
6	DMS-YW		DN start	
Heat 3				Final Lane

1	KCC	4:55.47	Standard	2
2	LSCC	5: 9.35	Standard	4
3	CWCC	5:27.59	Standard	6
4	TLGC	5:31.93		1
5	PBSS	5:31.98		8

=====
Event 46 4x400m Relay Girls B

Standard: 5:30.00 Record: 4:18.98 (2004)

				Final Lane
Heat 1				
1	SKHTSK	4:53.14	Standard	2
2	LYC	5: 4.79	Standard	5
3	WESLEY	5:15.85	Standard	
4	LA	5:23.09	Standard	
5	LSTWCM	5:27.42	Standard	
6	MKES	5:32.85		
7	CCHK	5:35.65		
8	CSS	5:40.99		

				Final Lane
Heat 2				
1	KCC	5:14.64	Standard	1
2	LSCC	5:14.89	Standard	8
3	CWCC	5:15.33	Standard	
4	TLGC	5:16.10	Standard	
5	DMS-YW	5:27.31	Standard	
6	QUALIED	5:41.15		
7	LCD	6: 1.43		

				Final Lane
Heat 3				
1	PBSS	4:54.98	Standard	3
2	PTMS	5: 3.49	Standard	4
3	SKHKH	5: 9.31	Standard	6
4	SMS	5:13.55	Standard	7
5	LWSSS	5:37.98		
6	SMHYC	5:52.06		
7	CSKMS		DN start	

=====
Event 47 4x400m Relay Girls C

Standard: 5:40.00 Record: 4:16.63 (2008)

				Final Lane
Heat 1				
1	PTMS	5: 4.37	Standard	2
2	LYC	5:21.15	Standard	7
3	PBSS	5:24.38	Standard	8
4	TLGC	5:29.17	Standard	
5	QUALIED	5:44.59		
6	SKHKH	5:45.60		
7	MKES	6:31.43		

				Final Lane
Heat 2				
1	PLKCHYT	5:17.18	Standard	4
2	SMS	5:21.60	Standard	1
3	LKYMS	5:42.37		
4	CCHK	5:51.98		
5	HW		DN start	
6	CSKMS		DN start	

				Final Lane
Heat 3				
1	CWCC	5:24.65	Standard	
2	WESLEY	5:30.85	Standard	
3	CSS	5:44.56		
4	DMS-YW	6:11.91		
5	SMHYC		DQ	
6	YCKMC-2		DN start	

				Final Lane
Heat 4				
1	LA	5:11.18	Standard	3
2	SKHTSK	5:19.29	Standard	5
3	LSCC	5:19.94	Standard	6
4	LSTWCM	5:42.05		
5	LCD	6: 1.26		
6	KCC		DN start	

=====
 Event 48 4x400m Relay Boys A
 Standard: 4:05.00 Record: 3:26.60 (1989)

			Final Lane	
Heat 1				
1	SKHTSK	3:55.49	Standard	6
2	CCHK	4: 0.52	Standard	
3	SPETER	4: 1.12	Standard	
4	WYHK	4: 9.99		
5	HW		DN start	
6	CSKMS		DN start	
7	NCC		DN start	

			Final Lane	
Heat 2				
1	GSIS	3:55.54	Standard	7
2	ATS	3:59.40	Standard	8
3	YCKMC-2	4: 0.74	Standard	
4	LSTLKK	4: 2.14	Standard	
5	SKHKH	4:10.29		
6	CWCC	4:31.94		
7	CSS		DN start	

			Final Lane	
Heat 3				
1	LKYMS	3:51.51	Standard	3
2	KTMC	3:53.71	Standard	5
3	SMS	3:58.78	Standard	1
4	LCD	4: 4.31	Standard	
5	BCKSS	4: 5.68		
6	DMS-BW		DN start	
7	MCSF		DN start	

			Final Lane	
Heat 4				
1	KCC	3:49.61	Standard	2
2	MKES	3:52.15	Standard	4
3	LSTWCM	4: 1.23	Standard	
4	SMHYC	4: 6.23		
5	DMS-YW		DQ	
6	WESLEY		DN start	
7	HKTKP		DN start	

=====
 Event 49 4x400m Relay Boys B
 Standard: 4:20.00 Record: 3:37.67 (2008)

			Final Lane	
Heat 1				
1	PLKCHYT	4: 2.91	Standard	4
2	WYHK	4: 3.05	Standard	5
3	LA	4: 9.38	Standard	
4	KTMC	4:10.31	Standard	
5	CSS	4:11.58	Standard	
6	HW		DN start	
7	DMS-YW		DN start	

			Final Lane	
Heat 2				
1	KCC	4: 9.07	Standard	8
2	LKYMS	4:10.15	Standard	
3	SMHYC	4:11.12	Standard	
4	HKTKP	4:11.14	Standard	
5	ATS	4:21.42		
6	YCKMC-2	4:24.00		
7	SKHTSK		DN start	

			Final Lane	
Heat 3				
1	LSTWCM	4: 6.78	Standard	7
2	WESLEY	4:15.92	Standard	
3	CCHK	4:17.39	Standard	
4	LCD	4:22.34		
5	MKES	4:26.73		
6	LSTLKK	4:40.94		
7	SPETER		DN start	

			Final Lane	
Heat 4				
1	SMS	3:59.80	Standard	2
2	NCC	4: 2.17	Standard	3

3	SKHKH	4: 4.95	Standard	6
4	GSIS	4: 8.65	Standard	1
5	CSKMS	4:22.37		
6	CWCC	4:23.57		
7	QUALIED		DQ	

=====
Event 50 4x400m Relay Boys C

Standard: 4:45.00 Record: 3:46.84 (2008)

Heat 1 Final Lane

1	CCHK	4:28.43	Standard	1
2	LSTWCM	4:28.45	Standard	8
3	KTMC	4:34.13	Standard	
4	CWCC	4:35.69	Standard	
5	HKTKP	4:49.94		
6	LSTLKK	4:51.64		
7	LKYMS	4:52.93		

Heat 2 Final Lane

1	LA	4:24.61	Standard	5
2	SKHKH	4:25.57	Standard	6
3	KCC	4:39.49	Standard	
4	WYHK	4:43.14	Standard	
5	CSKMS	4:47.29		
6	NCC		DN start	
7	HW		DN start	

Heat 3 Final Lane

1	SMS	4:20.82	Standard	3
2	CSS	4:33.70	Standard	
3	PLKCHYT	4:34.67	Standard	
4	DMS-YW	4:39.04	Standard	
5	YCKMC-2	4:44.56	Standard	
6	QUALIED	4:49.14		
7	ATS	5: 0.76		

Heat 4 Final Lane

1	SMHYC	4:19.39	Standard	2
2	GSIS	4:20.93	Standard	4
3	SKHTSK	4:27.78	Standard	7
4	WESLEY	4:32.53	Standard	
5	LWSSS	4:44.60	Standard	
6	LCD	4:51.17		

=====
Event 51 4x100m Relay Boys A

Standard: 49.50 Record: 42.63 (1996)

Heat 1 Final Lane

1	KCC	46.26	Standard	2
2	ATS	48.10	Standard	4
3	LSTWCM	48.20	Standard	6
4	HW	49.87		
5	LA	51.18		
6	WESLEY	51.84		
7	DMS-YW	52.14		

Heat 2 Final Lane

1	LCD	48.12	Standard	5
2	LSTLKK	49.65		
3	CSKMS	50.67		
4	SKHKH		DN start	
5	YCKMC-2		DN start	
6	SMS		DN start	
7	NCC		DN start	

Heat 3 Final Lane

1	MKES	47.08	Standard	3
2	HCSS	48.68	Standard	
3	CSS	49.91		
4	QUALIED		DN start	
5	MCSF		DN start	
6	GSIS		DN start	

7	HKTKP		DN start	
Heat 4				Final Lane
1	SMHYC	48.27	Standard	7
2	KLC	48.42	Standard	1
3	KTMC	48.64	Standard	8
4	LKYMS	49.94		
5	WYHK	51.39		
6	DMS-BW		DN start	

=====
Event 52 4x100m Relay Boys B
Standard: 52.00

Record: 44.99 (2005)

Heat 1				Final Lane
1	LSTLKK	49.62	Standard	6
2	GSIS	50.25	Standard	
3	WYHK	50.57	Standard	
4	SKHKH	51.50	Standard	
5	HKTKP	51.83	Standard	
6	CSKMS	53.67		
7	PLKCHYT	54.81		
8	HW	55.25		

Heat 2				Final Lane
1	YCKMC-2	47.74	Standard	2
2	CSS	48.77	Standard	3
3	KTMC	49.58	Standard	5
4	QUALIED	50.37	Standard	
5	ATS	50.39	Standard	
6	SMHYC	51.77	Standard	
7	MKES	51.78	Standard	
8	DMS-BW		DN start	

Heat 3				Final Lane
1	LKYMS	50.17	Standard	1
2	CWCC	51.13	Standard	
3	LCD	51.28	Standard	
4	DMS-YW	52.29		
5	LWSSS	52.30		
6	CNCMS	52.89		
7	KCC		DQ	
8	NCC		DN start	

Heat 4				Final Lane
1	LSTWCM	49.30	Standard	4
2	SMS	49.69	Standard	7
3	BCKSS	50.22	Standard	8
4	LA	51.17	Standard	
5	WESLEY	51.49	Standard	
6	SKHTSK	52.77		
7	KTSS		DN start	

=====
Event 53 4x100m Relay Boys C
Standard: 56.00

Record: 45.05 (2008)

Heat 1				Final Lane
1	LKYMS	51.27	Standard	2
2	LSTWCM	53.90	Standard	6
3	KTMC	54.03	Standard	1
4	MKES	54.32	Standard	8
5	CWCC	54.77	Standard	
6	HKTKP	54.95	Standard	
7	SMHYC	55.93	Standard	
8	SKHTSK		DN start	

Heat 2				Final Lane
1	LSTLKK	54.60	Standard	
2	LA	55.22	Standard	
3	HW	55.86	Standard	
4	CSKMS	59.83		
5	SKHKH		DN start	
6	WYHK		DQ	

7	KCC		DQ	
Heat 3				Final Lane
1	YCKMC-2	53.73	Standard	4
2	QUALIED	53.99	Standard	7
3	DMS-BW	54.94	Standard	
4	ATS	55.11	Standard	
5	CSS	56.55		
6	NCC		DN start	
7	KTSS		DN start	
Heat 4				Final Lane
1	PLKCHYT	52.95	Standard	3
2	WESLEY	53.86	Standard	5
3	LCD	54.36	Standard	
4	LWSSS	54.83	Standard	
5	SMS	56.29		
6	GSIS		DQ	
7	DMS-YW		DN start	

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area Four)
 Day Three: 26 February 2009

=====
 Event 1 100m Hurdles Girls C
 Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

Final				Points
1	Tse Tsz Shan Crystal	LA	17.73	9
2	Lau Wai Yi	CWCC	19.17	7
3	Wong Ming Fong Christy	LA	19.76	6
4	Leung Wing Yan	LSCC	20.32	5
5	Tsang Yau	LYC	20.34	4
6	Lam Hoi Ching	LYC	20.71	3
7	Ng Cheuk Yiu	LCD	20.87	2
8	Wan Hiu Long	TLGC		

=====
 Event 2 Discus Boys A
 Standard: 20.00 (1.5kg) Record: 45.44 (1987) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Fung Chong Yu Thaddens	LA	32.98	Standard	9
2	Yuen King Ho	NCC	28.88	Standard	7
3	So Fong Man Nash	MKES	27.60	Standard	6
4	Lam Ka Hei	YCKMC-2	25.64	Standard	5
5	Chong Chi Ho	SMS	25.43	Standard	4
6	Hu Siu Yuen	SMS	24.75	Standard	3
7	Chan Ho Nam	YCKMC-2	24.74	Standard	2
8	Yam Wai Kin	LSTLKK	24.65	Standard	1
	Tse Pan Pan	SMHYC	24.21	Standard	
	Wong Pak Chuen	PLKCHYT	23.88	Standard	
	Tsui Yu Shiang	KCC	23.60	Standard	
	Chan Hin Kwong	KTMC	23.32	Standard	
	Chung Chun Kwan	WESLEY	22.89	Standard	
	Maximilian Renger	GSIS	22.60	Standard	
	Sze Yin Ting	ATS	22.59	Standard	
	Lam Ming Fai	LSTWCM	21.85	Standard	
	Chan Yuk Pan	KLC	21.80	Standard	
	Chiu Ho Kit	MKIU	21.46	Standard	
	Lau Cheuk Kit	SKHTSK	21.16	Standard	
	Ting Kam Chung	DMS-YW	20.63	Standard	
	Lam Ching Wai	ATS	20.60	Standard	
	Lo Chi Wing	HW	20.44	Standard	
	So Kin Fun	LSTLKK		No Mark	
	Kwok Tsan Ho	BCKSS		DN take part	
	Yeung Cheuk Yuk	SMHYC		No Mark	
	Ip Wai Leung	DMS-YW		No Mark	
	Koon Wing Tim Timothy	CWCC		DN take part	
	Wan Tsun Kan	CWCC		DN take part	
	Cheng Tsan Piu	SKHKH		No Mark	
	Ng Yi Chik	SKHKH		DN take part	
	Nam Tai Ho	LA		No Mark	
	Lam Lo Chiu	KCC		No Mark	
	Lin Kong Kit	KTMC		DN take part	
	Fung Chun Sang	HCSMS		DN take part	
	Cheng Tsun Hin Nicholas	WYHK		No Mark	
	Chiu Man Ho	QUALIED		DN take part	
	Ho Ji Fung Brandon	WYHK		No Mark	
	Chan Fong Hoi	NCC		DN take part	
	Maximilian Becker	GSIS		DN take part	
	Sze Yuk Lung	LCD		No Mark	
	Ho Siu Nam	WESLEY		No Mark	
	Suen Chi Kit	LSTWCM		No Mark	
	So Pak Man Jack	LKYMS		DN take part	

Wong King Kwan	CSS	DN take part
Choy Hiu Yik	CSKMS	DN take part
Cheung Man Hon	LKYMS	DN take part
Chung Kam Yat	CSS	DN take part
Li Yun Tai	LCD	No Mark
Lui Chun Yau	KLC	No Mark
Chen Ka Kui	MCSF	DN take part
Suen Lap Man	LWSSS	No Mark
Lau Chun Wa	MKES	No Mark
Singh Karnbeer	DMS-BW	DN take part
Chan Chiu	HW	No Mark
Ghulam Abbas	DMS-BW	No Mark

=====
Event 3 High Jump Boys B
Standard: 1.45

Record: 1.86 (2007)
=====

Position	Name	School	Result	Remark	Points
1	Chu Shing Yip	SMS	1.61	Standard	9
2	Lau Ka Ho	SMHYC	1.57	Standard	7
3	Yeung Yip Hang	HW	1.57	Standard	6
4	Gurung Sachin	DMS-BW	1.57	Standard	5
5	Michael Hinrichs	GSIS	1.57	Standard	4
6	Yau Chun Lung	QUALIED	1.53	Standard	3
7	Fung Kwok Cheung	SPETER	1.53	Standard	2
8	Tan Tak Po	CWCC	1.53	Standard	1
	Lam Chin Fung	BCKSS	1.49	Standard	
	Leung Wai Fai	WESLEY	1.49	Standard	
	Lee Yee Ching	SMHYC	1.45	Standard	
	Ip Kin Wang	CSKMS	1.45	Standard	
	Lo Hung Fu	LSTLKK	1.45	Standard	
	Leung King Cheung	HW	1.45	Standard	
	Tong Hok Hung	HKTKP	1.45	Standard	
	Chan Chun Wing	SKHKH	1.45	Standard	
	Singh Jasinder Bal	DMS-BW	1.41		
	Yiu Tsz Chung	KCC	1.41		
	Hui Chun Hin	CSS	1.41		
	Yuen Kai Hin	LCD	1.41		
	Cheng Chun Wun	SMS	1.41		
	Zhong Minkang	MKIU	1.41		
	Lee Hin Cheung Edmond	NCC	1.41		
	Benjamin Witting	GSIS	1.41		
	Ip Bruce	YCKMC-2	1.41		
	Ling Chung Sang	WESLEY	1.41		
	Ng Kwok Fai	KCC		No Mark	
	Tong Ho Hin	KTMC		DN take part	
	Ng Siu Lung	DMS-YW		No Mark	
	Chau Siu Pan	HCSS		DN take part	
	Wong Yan Ting	LSTLKK		No Mark	
	Yeung Wing Tak	BCKSS		No Mark	
	Wong Chi Fai	CSKMS		No Mark	
	Fung Ka Ho	LSTWCM		No Mark	
	Lai Chi Hoi	LSTWCM		DN take part	
	Woo Lok Wai	SKHKH		No Mark	
	Hui Wai Lun	YCKMC-2		DN take part	
	Lu Weikang	CWCC		No Mark	
	Li Shing Tsun	LA		No Mark	
	Tang Lok Chi	LA		No Mark	
	Lee Ka Chun	HCSS		No Mark	
	Fong Hay Lok	LCD		No Mark	
	Ng Yu Yeung Sunny	CSS		No Mark	
	Chan Tsz Chun	KTMC		No Mark	
	Chan Sing Yu	ATS		No Mark	
	Mak Ka Chun	ATS		No Mark	
	Wong Tsz Fung	WYHK		DN take part	
	Ng Tin Yau Alexander	WYHK		No Mark	
	Wan Xiaohui	LWSSS		No Mark	

=====

Event 4 Long Jump Girls B

Standard: 3.60

Record: 5.47 (2006)

Position	Name	School	Result	Remark	Points
1	Yu Ka Kam	LYC	4.11	Standard	9
2	Yue Xin Yi	PTMS	4.02	Standard	7
3	Cheung Hoi Lam	TLGC	3.98	Standard	6
4	Tse Kit Yee	MKES	3.94	Standard	5
5	Lau Shu Yue	LSCC	3.91	Standard	4
6	Fung Long Ting	LSTLKK	3.88	Standard	3
7	Song Ming Jie	CWCC	3.86	Standard	2
8	Fong Yin Chu	MKES	3.86	Standard	1
	Chiu Hoi Ting	BCKSS	3.79	Standard	
	Cheung Wing Sze	MKIU	3.78	Standard	
	Shum Tsz Yan	SMHYC	3.76	Standard	
	Fung Ying Nga	SKHTSK	3.75	Standard	
	Chan Hiu Ching	CSS	3.74	Standard	
	Tang Wing Yee	SKHTSK	3.73	Standard	
	Woo Lok Yan	WESLEY	3.71	Standard	
	Chan Hau Na	SKHKH	3.66	Standard	
	Cheng Wing Sze	CSS	3.64	Standard	
	Wong Pik Ha	LKYMS	3.60	Standard	
	Wong Ching Yeung	TLGC	3.60	Standard	
	Law Wing Ting	HW	3.59		
	Poon Shuk Fong	WESLEY	3.57		
	Wong Ching Yi	CWCC	3.57		
	Lam Fon Foon	BCKSS	3.56		
	Choi Hau Yan	CCHK	3.55		
	Cheng Chynna	LA	3.54		
	Chan Kit Ying	LCD	3.37		
	Wu Chengshi	LSTLKK	3.16		
	Wong Chi Wai	CCHK	3.07		
	Librado Christina De Leon	DMS-BW	3.07		
	Lee Wing Shan	QUALIED	3.03		
	So Chor Yu	DMS-YW	3.03		
	Fu Ying Tung	KCC	2.43		
	Fung Kit Yan	KCC		DN take part	
	Chu Man Ting	SMS		No Mark	
	Wong Man Yi	SMS		No Mark	
	Fan Wai Yan	PTMS		No Mark	
	Chan Lai Sze	CSKMS		No Mark	
	Wong Siu Hung	SKHKH		DN take part	
	Lee Chi Wai	CSKMS		No Mark	
	Chan Long Pui Abi	LA		DN take part	
	Tsang Chi Heung	LCD		No Mark	
	Lam Yan Lok	LSCC		DN take part	
	Lam Hoi Man	PBSS		No Mark	
	Lam Wing Ka	PBSS		No Mark	
	Wong Lai Ping	LKYMS		No Mark	
	Wang Minting	DMS-YW		DN take part	
	Ansari Uzma	DMS-BW		DN take part	
	Huang Wan Ying	SMHYC		DN take part	
	Lui Sze Ki	HCSS		DN take part	
	Cheung Hiu Man	HCSS		DN take part	
	Lau Hoi Yi	LYC		DN take part	
	Chan Chi Ting	LSTWCM		DN take part	

Event 5 Shot Put Girls C

Standard: 6.20 (3kg)

Record: 10.59 (2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Kwok Chi Ying	WESLEY	8.36	Standard	9
2	Cheung Ka Yan	LA	7.56	Standard	7
3	Li Yuk Ting	LCD	7.54	Standard	6
4	Tang Wai Yin	TLGC	7.49	Standard	5
5	Choy Heng Tung	LA	7.34	Standard	4
6	Lai Wing Yi	BCKSS	7.32	Standard	3

7	So Ching Ting	CWCC	7.28	Standard	2
8	Lam Lok Man	CWCC	7.27	Standard	1
	Sun Wai Yin	WESLEY	7.05	Standard	
	Chan Wing Tung	PLKCHYT	6.96	Standard	
	Chan Hiu Tung	YCKMC-2	6.90	Standard	
	Chan Ka Wing	LSCC	6.80	Standard	
	Tsoi Yung Yung	LYC	6.73	Standard	
	Law Wai Sum	LSTWCM	6.61	Standard	
	Tse Sum Yi	HW	6.54	Standard	
	Tung Siu Kwan	LSCC	6.52	Standard	
	Chan Wai Ling	SKHKH	6.52	Standard	
	Leung Kai Yau	LCD	6.32	Standard	
	Au Ka Nam	MKIU		DN take part	
	Wong Yuen Yan	BCKSS		No Mark	
	Cai Shaofen	DMS-YW		No Mark	
	Kwok Ka Iu	SMHYC		No Mark	
	Wong Pui Yin	PLKCHYT		No Mark	
	Fong Suet Ying	SKHKH		DN take part	
	Mui Yu Yin	SMS		No Mark	
	Ng Man Man	MKES		DN take part	
	Tam Kam Tai	SMHYC		No Mark	
	Wong Sze Ying	LYC		No Mark	
	Wong Wing Sum	KCC		No Mark	
	Lee Tsz Ching	KCC		No Mark	
	Au Wing Sze	MKES		No Mark	
	Muhammad Mariam Kosar	QUALIED		DN take part	
	Wu Tin Wing	LKYMS		DN take part	
	Ko Suen Ki	LKYMS		DN take part	
	So Ying Ying	PTMS		DN take part	
	Lai King Yiu	PTMS		No Mark	
	Cheung Ching Man	LSTLKK		No Mark	
	Tsang Choi Wan	DMS-YW		No Mark	
	Yeung Ngong Fei	CSS		No Mark	
	Chow Ka Hung	CSS		No Mark	
	Mark Kit Ting	CSKMS		No Mark	
	Yuen Chung Yee	CSKMS		No Mark	
	Khan Nazima Akhter	DMS-BW		DN take part	
	Ma Wai Ying	TLGC		No Mark	
	Amparo Jesa Mae Guevarra	DMS-BW		No Mark	
	Siu Yuen Yu	LWSSS		No Mark	
	Kwok Ching Yan	HCSS		DN take part	
	Lee Yin Ting Beatrice	HW		No Mark	
	Chan Miu Ying	SMS		No Mark	
	Chan Yuk Fung	PBSS		No Mark	
	Yeung Wai Ying	PBSS		No Mark	

=====
Event 6 100m Hurdles Girls B
Standard: 22.00 (0.762m) Record: 14.66 (2006) (0.762m)

				Points
1	Lam Hoi Man	LYC	18.19	9
2	Tse Sau Yan	CWCC	18.64	7
3	Chung Ka Yu	LYC	18.84	6
4	Sham Man Ting	LKYMS	19.16	5
5	Lui Suet Ying	PTMS	19.97	4
6	Cheng Chynna	LA	20.35	3
7	Chow Wing Yan	TLGC	20.39	2
8	Wong Wai Yan	MKES	21.72	1

=====
Event 7 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

				Points
1	Lau Sui Ting	LYC	17.11	9
2	Cheung Yim To	MKES	18.62	7
3	Ng Yuk Yan	LSTWCM	19.04	6
4	Ying Nuen Yi Grace	LCD	19.51	5

5	Liu Pui Yan	LSTWCM	19.76	4
6	Chan Nga Man	PBSS	20.18	3
7	Chung Hoi Ching	LA	20.22	2
8	Yeung Lai Ting	KLC	20.66	1

=====
Event 8 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.62 (2008) (0.84m)

Final				Points
1	Sit Chung Hang	QUALIED	16.77	9
2	Tong Ka Chun Derek	LA	17.83	7
3	Lam Pui Ki	SMS	17.90	6
4	Leung Ho Shing	KTMC	18.73	5
5	Ku Tak Chun	WYHK	19.09	4
6	Leung Chun Yin	WESLEY	19.11	3
7	Tam Ho Fung Kevin	LA		
8	Jerry Chang	GSIS		

=====
Event 9 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Final				Points
1	Tong Ka Kit	LA	15.96	9
2	Chan Tsz Chung	CSKMS	15.97	7
3	Li Pan Shing	QUALIED	16.33	6
4	Chui Chun Kin	SPETER	16.54	5
5	Fung Ka Ho	LSTWCM	16.64	4
6	Cheung Pui Yin	SMS	16.89	3
7	Lau Kang Shing	CWCC	17.20	2
8	Yip Tsz Chun	LSTLKK	17.67	1

=====
Event 10 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 14.22 (2007) (0.914m)

Final				Points
1	Yuen Wai Pan	QUALIED	15.16	9
2	Mak Chi Man	HCSS	15.44	7
3	Ching Tat Pang	LSTWCM	15.98	6
4	Lai Tze Fung	KLC	16.34	5
5	Chung Kin Wah	LCD	16.46	4
6	Chan Siu Wa	LA	16.61	3
7	Lam Chun Tin	MKES	16.69	2
8	Lui Shing Piu	BCKSS	17.17	1

=====
Event 11 400m Girls C
Standard: 1:23.00 Record: 58.78 (2000)

Final				Points
1	Chua Yan Ching	PTMS	1: 5.14	9
2	Tse Tsz Shan Crystal	LA	1: 8.25	7
3	Suen Si Hui Victoria	SKHTSK	1:11.13	6
4	Chu Tsz Yau	LA	1:11.30	5
5	Lam Hoi Ching	LYC	1:13.15	4
6	Tsai Lai Yan	LSTWCM	1:14.69	3
7	Pang Ho Yan	PTMS	1:16.19	2
8	Ip Kwok Hei	LSCC	1:18.43	1

=====
Event 12 400m Girls B
Standard: 1:20.00 Record: 57.29 (2002)

Final				Points
1	Chan Lok Sam	SKHTSK	1: 7.90	9
2	Sit Yuen Man	PTMS	1: 8.13	7
3	Lo Hiu Lam	PBSS	1: 9.43	6
4	Lam Hoi Man	LYC	1:10.52	5
5	Wong Sze Lai	DMS-YW	1:10.62	4
6	Tsang Hiu Tung	SKHKH	1:12.43	3

=====
 Event 18 100m Girls B

Standard: 15.50 Record: 12.21 (2005)

Final				Points
1	Lok Ho Kwan	CWCC	14.25	9
2	Chen Tsz Ching	SKHTSK	14.29	7
3	Sit Ka Wun	LSCC	14.31	6
4	Chung Lei Kwan	CWCC	14.43	5
5	Sit Nau Ki	TLGC	14.54	4
6	Luk Wing Man	PTMS	14.77	3
7	Yue Xin Yi	PTMS	14.78	2
8	Mo Ching Yee	SMS	15.26	1

=====

Event 19 100m Girls A

Standard: 15.30 Record: 12.11 (1995)

Final				Points
1	Tse Man Nga	CSS	14.08	9
2	Chung Wun Lo	PLKCHYT	14.15	7
3	Cheung Hoi Ling Jennifer	KCC	14.21	6
4	Yiu Yee Man	SKHTSK	14.22	5
5	Chow Wing See	KLC	14.29	4
6	Lau Sui Ting	LYC	14.38	3
7	Duyan Arien Lovely T	DMS-BW	15.92	2
8	Wong Ka Man	WESLEY		

=====

Event 20 100m Boys C

Standard: 14.00 Record: 11.35 (2008)

Final				Points
1	Chang Che Jun	GSIS	12.47	9
2	Lai Ka Lun	LKYMS	12.54	7
3	Hui Lap Kei	PLKCHYT	12.55	6
4	Calvin Chow	GSIS	12.65	5
5	Kumar Rajin Labaro	DMS-BW	12.99	4
6	Ho Seong Tin	PLKCHYT	13.01	3
7	Chan Cho Ho	LKYMS	13.12	2
8	Cheng Ka Sing	SPETER	13.36	1

=====

Event 21 100m Boys B

Standard: 13.00 Record: 11.03 (2008)

Final				Points
1	Zacarias Canga	DMS-BW	11.95	9
2	Hon Chi Ho	CSS	12.03	7
3	Wu Hou Lam	KTMC	12.08	6
4	Lam Oscar Wang Chun	LSTLKK	12.18	5
5	Ng Kar Wang Frederick	YCKMC-2	12.19	4
6	Ho Chun Yin	LA	12.22	3
7	Mozar Tsang	GSIS	12.26	2
8	Lau Yiu Wing	CNCMS		

=====

Event 22 100m Boys A

Standard: 12.60 Record: 10.40 (2008)

Final				Points
1	Ip Hin Chi	SKHTSK	11.45	9
2	Fong Kwok Leung	DMS-BW	11.58	7
3	Poon Chi Long	SMS	11.64	6
4	Chan Chi Miu	KCC	11.65	5
5	Wong Hao Keng	SMHYC	11.68	4
6	Tsang Yuk Kwan Harry	KCC	11.84	3
7	Lam Wing Cheung	ATS	11.85	2
8	Cheng Pok Man	MKES	12.06	1

=====

Event 23 5000m Boys A

Standard: 22:00.00

Record: 15:55.85

(1982)

Final				Points
1	Choi Yik Shing	MKES	18:28.55	9
2	Zhan Qianying	YCKMC-2	18:39.30	7
3	Wong Wai Tung	CSKMS	18:43.15	6
4	Singh Michael Satwinder	DMS-BW	19: 2.81	5
5	Choi Ho Yin Benson	YCKMC-2	19:13.62	4
6	Mak Yui Kan	WYHK	19:14.45	3
7	Chan Yuk Kwan	LSTWCM	19:27.84	2
8	Chong Ho Chit	KLC	19:28.58	1
9	Lam Wai Yiu	KTMC	19:30.57	
10	Wong Hoi Lok Ricci	SKHKH	19:43.96	
11	Wong Chung Yiu	LSTWCM	19:47.84	
12	Yau Wai Chung	MKES	20:12.99	
13	Ng Chun Yu	WYHK	20:23.63	
14	Yip Wing Fai	KTMC	20:56.29	
15	Ip Ka Ngai	LCD	20:57.82	
16	Wong Chun Man	BCKSS	21:10.47	
17	Chan Ho Lun	ATS	21:14.72	
18	Lo Chung Lam	KCC	22:19.85	
19	Chi Wai Ching	LCD	22:25.20	
20	Lee Hon Man	ATS	23: 1.00	
21	Lee Chun Lam Ronald	LA	23:10.42	
22	Law Man Hin	LSTLKK	23:16.55	
23	Yip Chun Fat	DMS-YW	25:22.08	
24	Yim Kin Hang	MCSF		
25	Leong Yau Fai	KLC		
26	Siu Hoi Hung	WESLEY		
27	Sebastian Gross	GSIS		
28	Tong Hak Ming	KCC		
29	Cheng Stanley	SKHTSK		
30	Ho Yu Kin	LSTLKK		
31	Wong Ka Ho	BCKSS		
32	Shek Chun Kit	SKHKH		
33	Marc Glockner	GSIS		
34	Shum Tai Fung	LKYMS		

Event 24 Long Jump Boys A

Standard: 5.10

Record: 7.07

(1981)

Position	Name	School	Result	Remark	Points
1	Tsui Yiu Hung	CCHK	6.36	Standard	9
2	Man Chun Kit	YCKMC-2	6.13	Standard	7
3	Ye Youjian	DMS-YW	6.03	Standard	6
4	Tung King Wai	LKYMS	5.94	Standard	5
5	Chan Chi Miu	KCC	5.93	Standard	4
6	Tam Kam Wing	KCC	5.88	Standard	3
7	Yin Ka Kin	LKYMS	5.88	Standard	2
8	Lui Shing Piu	BCKSS	5.77	Standard	1
	Chan Siu Wa	LA	5.62	Standard	
	Chan Chun Kit	HCSS	5.50	Standard	
	Cheng Pok Man	MKES	5.45	Standard	
	Lau Hon Lap	SKHKH	5.43	Standard	
	Tang Kin Wai	CCHK	5.37	Standard	
	Chan Sze Ki	SMHYC	5.35	Standard	
	Chen Jiarong	MKIU	5.33	Standard	
	Wong Kai Mei	HKTKP	5.32	Standard	
	Tang Sheung Chi	LSTWCM	5.29	Standard	
	Wang Yen Kwen	LCD	5.27	Standard	
	Lau Ka Ho	WYHK	5.26	Standard	
	Lui Wai Hang	SMHYC	5.20	Standard	
	Chan Chi Hang Ronald	WYHK	5.19	Standard	
	Ye Youpai	DMS-YW	5.13	Standard	
	Lai Ka Leung	KTMC	5.08		
	Lalchan Daud	DMS-BW	5.07		
	Mak Ka Tik	MKES	5.06		

Chung Kin Wah	LCD	5.02
Li Chit Ho	QUALIED	4.97
Sajahan Sulaiman Shah	DMS-BW	4.97
Huang Zhi Hong	NCC	4.72
Chan Yung Shek	CSS	4.66
Li Zhaoji	LSTLKK	DN take part
Wong Wing Kit	BCKSS	DN take part
Cheung Yiu Kok	SKHKH	DN take part
Cheung Chi Ho	CWCC	DN take part
Wen Hoi Fung Aaron	CWCC	No Mark
Tai Sau Yat	LA	No Mark
Yip Wing Fai	KTMC	DN take part
Patrick Buchhlotz	GSIS	DN take part
Saurabh Srivastava	GSIS	No Mark
Liu Long San	SKHTSK	DN take part
Chong Ka Ki	WESLEY	DN take part
Chu Kim Po	HKTKP	No Mark
Kwok Ho Hin	LSTLKK	No Mark
Cheung Mun Hey	ATS	No Mark
Cheung Siu Lam	KLC	No Mark
Wong Shek Kui	KLC	No Mark
Leung Chi Kwan	CSKMS	DN take part
Leung Wing Chun	LSTWCM	No Mark
Lui Ying Yeung	ATS	DN take part
Yiu Po Kit	CSS	DN take part
Chan Chun Hoi	CSKMS	DN take part
Chan Fai Kin	MCSF	DN take part
Lau On Ki	MCSF	DN take part
Loong Tsz Kin	YCKMC-2	No Mark
Fan Hei Loi	SKHTSK	DN take part
Zheng Ren Jie	HW	DN take part

Event 25 Javelin Girls A

Standard: 15.00 (600gm)

Record: 39.88

(2004) (600gm)

Position	Name	School	Result	Remark	Points
1	Chan Hoi Yan	LYC	22.81	Standard	9
2	Ng Yu Sum	KCC	20.39	Standard	7
3	Chan Wing Si	MKES	19.94	Standard	6
4	Kwan Ka Wing	SPETER	18.12	Standard	5
5	Chan Cheuk Wun	LSCC	17.89	Standard	4
6	Pang Wan Hiu	TLGC	16.61	Standard	3
7	Wong Sze Man	TLGC	16.15	Standard	2
8	Chu Ting Ting	MKES	16.12	Standard	1
	Yuen Ka Tim	KCC	15.10	Standard	
	Choi Pui Yau	LSTWCM	14.44		
	Wong Wing Yiu	WESLEY	13.69		
	Chang Wing Hung	CSS	13.03		
	Shum Sin Hang	PLKCHYT	12.72		
	Cham To Wa	SMHYC	12.46		
	Su Jiehua	SMHYC		No Mark	
	Huang Man Kei Mendy	CWCC		DN take part	
	Liu Kelley	LSTLKK		DN take part	
	Ng Sin Pik	PLKCHYT		No Mark	
	Tamura Miharu	DMS-BW		No Mark	
	Maghinang Franselaine A	DMS-BW		DN take part	
	Lau Hong Yim	HCSS		No Mark	
	Yuen Wai Ki	WESLEY		No Mark	
	To Man	CWCC		DN take part	
	Lee Ka Man	LKYMS		No Mark	
	Mak Wing Yan	LKYMS		DN take part	
	Hon Yuen Yee	PTMS		DN take part	
	Chi Hiu Tung	PTMS		No Mark	
	So Man Ying	LSCC		No Mark	
	Tong Hiu Tsing	LCD		No Mark	
	Wong Lok Yi	LA		DN take part	
	Cheng Lok Yu	CSS		DN take part	

Yip Wai Han	HCSS	No Mark
Tung Lily	LCD	No Mark
Tam Wai Kei	LYC	No Mark

=====
Event 26 800m Girls C

Standard: 3:20.00 Record: 2:19.72 (2000)

Final			Points
1	Suen Si Hui Victoria	SKHTSK 2:55.67	9
2	Chan Lok Yi	PTMS 2:58.18	7
3	Chong Shuk Yin	PLKCHYT 2:59.44	6
4	Chiu Hin Well	LSCC 3: 2.29	5
5	Law Wai Yi	CSKMS 3: 2.66	4
6	Fu Wai Ying	SMS 3: 4.66	3
7	Wong Sau Kuen	PLKCHYT 3: 7.57	2
8	Tse Hoi Lam	LSCC 3:10.11	1
9	Yung Yeuk Yu	LA 3:10.46	
10	Lee Chin Ching Neomi	HW 3:13.96	
11	Cheung Siu Yee	SMS 3:15.49	
12	Siu Lori	LA 3:24.41	

=====
Event 27 800m Girls B

Standard: 3:18.00 Record: 2:15.76 (2001)

Final			Points
1	Yue Hin Wing	PBSS 2:48.23	9
2	Chung Kwok Hoi	LYC 2:48.37	7
3	Siu Wai Yue	PTMS 2:50.35	6
4	Tsang Hiu Tung	SKHKH 2:50.38	5
5	Tong Pui Yin	SKHTSK 2:52.47	4
6	Chan Hung Wai	KCC 2:59.53	3
7	Chan Yu Yan	TLGC 2:59.56	2
8	Lo Lai Fan	TLGC 3: 0.77	1
9	Tsui Cheuk Yiu	LYC 3: 4.95	
10	Fan Wai Yan	PTMS 3: 8.96	
11	Wu Hoi Yan	CWCC	
12	Chan Lok Sam	SKHTSK	

=====
Event 28 800m Girls A

Standard: 3:16.00 Record: 2:18.30 (1994)

Final			Points
1	Cheung Lai Yan	KCC 2:51.33	9
2	Lui Wai Man	LYC 2:54.48	7
3	Yeung Hoi Ki	LSCC 2:55.97	6
4	Chan Heung To	SMHYC 2:56.18	5
5	Lam Tsz Ching	PTMS 3: 3.43	4
6	Lam Janice Yuen Ying	WESLEY 3: 3.67	3
7	Chan Tin Lai	KLC 3: 4.41	2
8	Lai Man Kwan	TLGC 3: 5.33	1
9	Chan Wing Han	PBSS 3:12.65	
10	Leung Ka Wan	LSCC 3:12.68	
11	Chan Ka Hin	KLC	
12	Mak Hoi Kay Sarah	YCKMC-2	

=====
Event 29 800m Boys C

Standard: 2:45.00 Record: 2:08.20 (2004)

Final			Points
1	Mak Hoi Kam	SMHYC 2:26.71	9
2	Yue Wing Chun	KTMC 2:27.87	7
3	Denis Mundorf	GSIS 2:31.34	6
4	Ng Ka Wing	PLKCHYT 2:31.38	5
5	Kong Wing Yin	CWCC 2:31.99	4
6	Siu Pok	SMHYC 2:35.23	3
7	Yim Kai Wa	CSKMS 2:37.08	2
8	Brian Yim	GSIS 2:37.78	1

9	Yan Yet Hei Joshua	LA	2:39.29
10	Leung Cit Hang Kepha	LA	2:39.76
11	Lam Chun	MKES	
12	Chow Ka Hin	YCKMC-2	

=====
Event 30 800m Boys B

Standard: 2:30.00 Record: 2:03.35 (2008)

Final				Points
1	Yu Tsz Hin	SMS	2:16.83	9
2	Leung Man Chun	SKHKH	2:20.46	7
3	Tang Tsz Chun	PLKCHYT	2:21.09	6
4	Niklas Mundorf	GSIS	2:21.42	5
5	Leung William	WYHK	2:23.23	4
6	Lun Tin Wa	LSTWCM	2:23.99	3
7	Chan Tsz Him	WYHK	2:24.30	2
8	Chiu Ting Hin	LWSSS	2:24.51	1
9	Lau Yu Ki	KTMC	2:25.01	
10	Tsui Man Chun	HKTKP	2:26.22	
11	Li Ching Hay	KTMC	2:27.85	
12	Luk Hon Him	NCC		

=====
Event 31 800m Boys A

Standard: 2:30.00 Record: 1:57.89 (2004)

Final				Points
1	Ng Chung Yin	QUALIED	2: 6.04	9
2	Chung Tak Lun	LKYMS	2: 9.78	7
3	Fung Siu Tai	SKHTSK	2:12.53	6
4	Chui Ho Yin	ATS	2:12.54	5
5	Mang Kai Yuen	KCC	2:19.88	4
6	Lam Hong Tai	CSKMS	2:19.89	3
7	Yuen Chi Shing	MKES	2:20.41	2
8	Stefan Nigam	GSIS	2:21.13	1
9	Ip Ka Lik	LCD	2:26.63	
10	Po Cheuk Yin	SPETER	2:31.69	
11	Cheung Fu Shiu	CCHK	2:36.68	
12	Lai Chun Yin	SMHYC		

=====
Event 32 200m Girls C

Standard: 34.00 Record: 26.07 (2004)

Final				Points
1	Law Hoi Kwan	CSS	29.36	9
2	Ngai Yan Lok Rachel	LA	29.70	7
3	Tsui Suet Ying	LYC	30.14	6
4	Li Eunice	LA	30.18	5
5	So Ka Lai	LKYMS	30.79	4
6	Lee Sze Wing	SKHTSK	30.88	3
7	Lai Suet Fong	PLKCHYT	31.13	2
8	Wong Sze Man	PLKCHYT	31.69	1

=====
Event 33 200m Girls B

Standard: 33.00 Record: 25.22 (2002)

Final				Points
1	Lok Ho Kwan	CWCC	29.33	9
2	Sit Ka Wun	LSCC	29.47	7
3	Wong Pik Ha	LKYMS	29.53	6
4	Tsoi Chung Yee	WESLEY	29.72	5
5	Chen Tsz Ching	SKHTSK	30.03	4
6	Lo Lee Shan	MKES	30.15	3
7	Chung Lei Kwan	CWCC	30.32	2
8	Lo Hiu Lam	PBSS	30.32	1

=====
Event 34 200m Girls A

Standard: 33.00 Record: 24.93 (2007)

Final					Points
1	Kung Hiu Ching	LSCC	28.62		9
2	Law Sin Lam	MKES	28.99		7
3	Chung Wun Lo	PLKCHYT	29.35		6
4	Wong Lo	LCD	29.52		5
5	Chow Wing See	KLC	30.04		4
6	Ng Hau Yan	DMS-YW	30.14		3
7	Cheung Hoi Ling Jennifer	KCC	30.50		2
8	Yiu Yee Man	SKHTSK	32.51		1

=====
 Event 35 200m Boys C
 Standard: 29.50 Record: 22.59 (2008)
 =====

Final					Points
1	Cheung Wing Shing	SMS	26.13		9
2	Lai Ka Lun	LKYMS	26.37		7
3	Chettiyar Nathan	DMS-BW	26.72		6
4	Ho Seong Tin	PLKCHYT	26.90		5
5	Yip Tsz Ho	SKHKH	27.02		4
6	Lui Wai Chun	CSS	27.15		3
7	Chan Cho Ho	LKYMS	27.74		2
8	Man Siu Kok	LA	27.81		1

=====
 Event 36 200m Boys B
 Standard: 27.00 Record: 22.55 (2005)
 =====

Final					Points
1	Zacarias Canga	DMS-BW	23.98		9
2	Wu Hou Lam	KTMC	24.04		7
3	Ho Irvin	LA	24.65		6
4	Ng Kar Wang Frederick	YCKMC-2	24.67		5
5	Tsui Yuk Yin	SMS	24.88		4
6	Mozar Tsang	GSIS	24.91		3
7	Lam Oscar Wang Chun	LSTLKK	25.08		2
8	Yau Tsz Kit	QUALIED	25.50		1

=====
 Event 37 200m Boys A
 Standard: 26.50 Record: 21.53 (2007)
 =====

Final					Points
1	Ip Hin Chi	SKHTSK	23.36		9
2	Lam Wing Cheung	ATS	23.85		7
3	Wong Hao Keng	SMHYC	23.89		6
4	Poon Chi Long	SMS	24.23		5
5	Yeung Chun Hing	LSTWCM	24.42		4
6	Lau Yiu Ting Tim	LCD	24.59		3
7	Cheung Ka Wai	KCC	24.75		2
8	Chiu Kai Tung	MKES	25.89		1

=====
 Event 38 Discus Boys C
 Standard: 15.00 (1kg) Record: 36.84 (2004) (1kg)
 =====

Position	Name	School	Result	Remark	Points
1	Chow Tsun Kit	YCKMC-2	28.58	Standard	9
2	Lai Cheuk Hang	SMS	23.79	Standard	7
3	Chow Ka Keung	SMHYC	23.42	Standard	6
4	Tsang Yat Shing	WESLEY	21.64	Standard	5
5	Chau Tsz Wing	SMS	21.56	Standard	4
6	Ng Chi Chung	CWCC	21.10	Standard	3
7	Fung Wai Kuen	MKES	20.61	Standard	2
8	Tse Ka Lok	LCD	20.25	Standard	1
	Ho Chin Cheung	SKHKH	19.08	Standard	
	Chan Chi Kok	SMHYC	18.80	Standard	
	Wong Kin Tung	KTMC	18.61	Standard	
	Yip Ka Leung	YCKMC-2	17.69	Standard	
	Lam Tsz Ming	BCKSS	17.63	Standard	

So Chun Shing	KTMC	17.62	Standard
Ling Ka Ho	LSTWCM	17.53	Standard
Leung Tat Chi	KCC	17.44	Standard
Lau Kwun Pong	HW	16.76	Standard
Marco Lange	GSIS	16.68	Standard
Chui Ka Wai	ATS	16.61	Standard
Chan Alfred	HW	15.14	Standard
Wong Ka Tung	LCD		No Mark
Yip Kiu Pong	LSTWCM		No Mark
Ho Hei Man	WESLEY		No Mark
Lennard Chiang	GSIS		DN take part
Shing Lap Yan	KCC		No Mark
Su Him Wai Henry	CWCC		No Mark
Chow Wang Hung	QUALIED		DN take part
Chan Hei Yuen Oscar	LA		DN take part
Pang Cheuk Fai	LA		DN take part
Liu Chuan Yan	LWSSS		No Mark
Ho Hiu Fung	CSKMS		DN take part
Ho Man Pan	BCKSS		DN take part
Chui Hon Sing	ATS		No Mark
Cheng Yui Hin	LSTLKK		DN take part
Chan Wun Lung	DMS-YW		DN take part
Furqan Tahir	DMS-BW		DN take part
Shahid Apnan Iqbal	DMS-BW		DN take part
Hui Ngan Tung	SKHKH		DN take part
Lo Siu Fung	HKTKP		No Mark

=====
Event 39 1500m Girls C

Standard: 7:10.00

Record: 5:02.16 (2003)

Final

			Points
1	Chan Lok Yi	PTMS 6: 8.20	9
2	Koo Ka Yiu	CWCC 6:13.61	7
3	Chan Hing Yan	WESLEY 6:14.31	6
4	Chan Yee Kiu	TLGC 6:15.08	5
5	Chong Shuk Yin	PLKCHYT 6:33.37	4
6	Fu Wai Ying	SMS 6:35.60	3
7	Mak Yuen Ching	LSTWCM 6:46.95	2
8	Chan Yuen Ying	LYC 6:47.82	1
9	Chow Carey Kwan Hei	QUALIED 6:47.89	
10	Hui Mei Yan	MKES 6:59.78	
11	Kwong Pui Yee	LCD 7: 1.62	
12	Wong Cho Wing	LSTLKK 7:24.50	
13	Yiu Pok Yan	HW 8:10.07	
14	Tse Hiu Yan	SKHTSK	
15	Rai Pratista	DMS-BW	
16	Kong Lai Ming	SKHKH	
17	Tse Hoi Lam	LSCC	
18	Hung Cheuk Wah Sophia	LA	
19	Ho Ka Yi	SMHYC	

=====
Event 40 1500m Girls B

Standard: 7:10.00

Record: 4:52.98 (2000)

Final

			Points
1	Chung Kwok Hoi	LYC 5:45.17	9
2	Leung Hoi Ling	SKHTSK 6: 0.65	7
3	Wu Hoi Yan	CWCC 6: 3.74	6
4	Siu Wai Yue	PTMS 6:10.18	5
5	Chu Dora King Suet	LA 6:15.55	4
6	Chan Hung Wai	KCC 6:16.36	3
7	Choi Wing Lam	WESLEY 6:28.57	2
8	Mok Oi Lam	SKHKH 6:33.22	1
9	Fok Wai Yan	LWSSS 6:45.84	
10	Lee Wing Yan	MKES 6:48.83	
11	Wan Ka Yi Kathy	SMS 6:51.16	
12	Sze Yuet Hang	QUALIED 6:54.01	

13	Lo Lai Fan	TLGC	6:55.95
14	Chan Ka Man	LSCC	7: 0.03
15	Ruan Xiyang	DMS-YW	7: 4.33
16	Lau Ka Man	LCD	7:20.74
17	Ng Wai Man	LSTWCM	7:21.21
18	Wong Ying Kiu	PBSS	8: 5.93
19	Chu Ka Wai	SMHYC	
20	Cheung Ka Man	LSTLKK	
21	Gurung Pratima	DMS-BW	

=====
Event 41 1500m Girls A

Standard: 7:10.00 Record: 5:04.95 (2007)

Final				Points
1	Lui Wai Man	LYC	6: 0.24	9
2	Lee Ka Wai	LSTLKK	6: 1.65	7
3	Chan Heung To	SMHYC	6: 1.77	6
4	Leung Ka Wan	LSCC	6:22.33	5
5	Tsang Wing Hei	SMS	6:22.88	4
6	Lam Tsz Ching	PTMS	6:23.68	3
7	Lam Janice Yuen Ying	WESLEY	6:25.43	2
8	Man Po Ki	MKES	6:35.75	1
9	Tsang Shong	TLGC	6:55.86	
10	Chan Yee Mei	LSTWCM	6:56.83	
11	Chan Hei Man	HW	7: 8.81	
12	Lam Pui Yi	BCKSS	7:16.95	
13	Li Siu Yan	SKHKH	7:37.28	
14	Ching Ming Yan	KCC		
15	Ip Sin Ying Vanessa	LCD		
16	Chan Pui Kei	QUALIED		

=====
Event 42 4x100m Relay Boys C

Standard: 56.00 Record: 45.05 (2008)

Final				Points
1		LKYMS	50.84	18
2		PLKCHYT	51.90	14
3		MKES	52.54	12
4		YCKMC-2	52.67	10
5		QUALIED	53.38	6
6		WESLEY	53.38	8
7		LSTWCM	53.86	4
8		KTMC	55.64	2

=====
Event 43 4x100m Relay Boys B

Standard: 52.00 Record: 44.99 (2005)

Final				Points
1		YCKMC-2	47.80	18
2		CSS	48.59	14
3		LSTWCM	48.62	12
4		SMS	49.31	10
5		LKYMS	49.33	8
6		LSTLKK	49.37	6
7		KTMC	49.77	4
8		BCKSS	50.27	2

=====
Event 44 4x100m Relay Boys A

Standard: 49.50 Record: 42.63 (1996)

Final				Points
1		LCD	47.00	18
2		MKES	47.17	14
3		ATS	47.65	12
4		KLC	48.13	10
5		KTMC	48.87	8
6		LSTWCM		

7 KCC
8 SMHYC

=====
Event 45 4x100m Relay Girls C
Standard: 1:05.00 Record: 51.46 (2006)

Final			Points
1	LA	55.91	18
2	PTMS	57.42	14
3	LYC	58.01	12
4	LSCC	58.23	10
5	CSS	58.24	8
6	LKYMS	58.97	6
7	PLKCHYT	58.98	4
8	TLGC	59.38	2

=====
Event 46 4x100m Relay Girls B
Standard: 1:03.00 Record: 49.52 (2007)

Final			Points
1	CWCC	56.73	18
2	LYC	58.14	14
3	LKYMS	58.21	12
4	MKES	58.45	10
5	WESLEY	58.53	8
6	LSCC	58.70	6
7	LA	59.26	4
8	PTMS	59.60	2

=====
Event 47 4x100m Relay Girls A
Standard: 1:02.00 Record: 48.49 (2008)

Final			Points
1	LSCC	56.94	18
2	KCC	57.08	14
3	KLC	57.45	12
4	MKES	58.29	10
5	LCD	58.33	8
6	TLGC	58.48	6
7	LA	59.35	4
8	WESLEY	1: 3.50	2

=====
Event 48 4x400m Relay Boys C
Standard: 4:45.00 Record: 3:46.84 (2008)

Final			Points
1	SMS	4:10.49	18
2	SMHYC	4:11.30	14
3	LA	4:19.32	12
4	GSIS	4:25.35	10
5	SKHTSK	4:26.21	8
6	CCHK	4:29.79	6
7	LSTWCM	4:31.13	4
8	SKHKH		

=====
Event 49 4x400m Relay Boys B
Standard: 4:20.00 Record: 3:37.67 (2008)

Final			Points
1	SMS	3:51.07	18
2	WYHK	3:54.45	14
3	LSTWCM	3:56.78	12
4	NCC	3:56.83	10
5	PLKCHYT	3:58.79	8
6	SKHKH	4: 2.48	6
7	KCC	4: 4.57	4
8	GSIS	4: 8.68	2

=====
Event 50 4x400m Relay Boys A
Standard: 4:05.00 Record: 3:26.60 (1989)

Final			Points
1	LKYMS	3:44.79	18
2	KCC	3:47.81	14
3	SKHTSK	3:47.90	12
4	MKES	3:51.77	10
5	GSIS	3:55.32	8
6	ATS	3:55.41	6
7	SMS	3:57.90	4
8	KTMC		

=====
Event 51 4x400m Relay Girls C
Standard: 5:40.00 Record: 4:16.63 (2008)

Final			Points
1	LA	4:54.68	18
2	PTMS	4:57.55	14
3	SKHTSK	5: 7.15	12
4	SMS	5: 8.63	10
5	PLKCHYT	5:12.20	8
6	PBSS	5:17.14	6
7	LSCC	5:18.76	4
8	LYC	5:19.40	2

=====
Event 52 4x400m Relay Girls B
Standard: 5:30.00 Record: 4:18.98 (2004)

Final			Points
1	PBSS	4:46.40	18
2	SKHTSK	4:47.16	14
3	PTMS	4:52.97	12
4	LYC	4:55.98	10
5	SMS	5: 5.03	8
6	SKHKH	5: 7.46	6
7	LSCC	5: 8.82	4
8	KCC	5:12.99	2

=====
Event 53 4x400m Relay Girls A
Standard: 5:30.00 Record: 4:13.62 (2007)

Final			Points
1	KCC	4:46.43	18
2	LSCC	4:59.73	14
3	QUALIED	5: 1.52	12
4	LYC	5: 4.15	10
5	CWCC	5:19.49	8
6	TLGC	5:22.00	6
7	PBSS	5:22.56	4
8	YCKMC-2	5:23.18	2