

Inter-School Athletics Championships 2010/2011

HK Island & Kowloon

Division Three (Area 1) Final Results

Boys A Grade

100m

1	Zou Yue Qiang	PTSS	11.52
2	Choi Pui Fung	SYSS	11.74
3	Cheng Kin	PTSS	11.85
4	Wong Lok Chun	KGEDS	11.87
5	James Harris	CIS	11.94
6	Tsoi Chun Ho	BHNC	12.06
7	Hon Chi Ho	CSS	12.08
8	Wong Tsz Him	CCSS	12.18

200m

1	Zou Yue Qiang	PTSS	23.43
2	Chau Hau Yin	LSTLKK	23.58
3	Zacarias Canga	DMS-BW	23.87
4	Choi Pui Fung	SYSS	24.23
5	Lau Chun Wai	HGC	24.38
6	Sham Kit Nam	RCC	24.75
7	Cheung Ho Yin	PLKNO.1C	24.95
8	Tsoi Chun Ho	BHNC	24.97

400m

1	Chau Hau Yin	LSTLKK	52.39
2	Wang Zhu	DMS-HW	54.81
3	Lee Cheuk Yin	CCPASS	55.26
4	Tse Wai Shing	PLKNO.1C	56.25
5	Chou Hoi Lam	NAMS	56.29
6	Chung Sau Fung	K-LING	58.27
7	Leung Chi Hang	BHNC	58.85

800m

1	Lam Po Sang	KTGS	2 : 8.93
2	Law Cho Kam	SYSS	2 : 10.42
3	Shum Kai Fung	KHSS	2 : 11.83
4	Wong Chi Hung	CCSS	2 : 13.89
5	Chou Hoi Lam	NAMS	2 : 14.69
6	Tang Ho Man	SKHLKY	2 : 18.31
7	Cuan Canhui	LS	2 : 21.19
8	Lam King On	CCSS	2 : 22.37

1500m

1	Lam Po Sang	KTGS	4 : 33.81
2	Shum Kai Fung	KHSS	4 : 46.00
3	Tam Ming Hong	NAMS	4 : 50.80
4	Wong Chi Hung	CCSS	4 : 57.75
5	Liu Chong Fai	LCCS	5 : 1.17
6	Yip Ka Chun Gabriel	CREATIVE	5 : 2.58
7	Tang Ho Man	SKHLKY	5 : 7.02
8	Li Pui Hay	SKHLFH	5 : 9.15

5000m

1	Chan Cheuk Nam	NAMS	18 : 45.74
2	Ng Chun Wing	LCCS	19 : 43.30
3	Tam Ming Hong	NAMS	19 : 47.54
4	Liu Chong Fai	LCCS	19 : 53.93
5	Kwok Fung Lam	HKTKP	20 : 31.00
6	Singh Gimandeep	DMS-BW	20 : 46.74
7	Chan Chi San	PTSS	20 : 58.13
8	Chiu Chun Ip	SYSS	20 : 59.13

110m Hurdles

1	Lau Chun Wai	HGC	16.52
2	Au Chun	TYH	16.53
3	Tse Jenson	ICQM	16.89
4	Kwan Kin Sing	SYSS	17.49
5	Tasawar Usman	DMS-BW	17.85
6	Fung Ka Ho	YCM	18.01
7	Hau Wing Lun	LCCS	18.57
8	Wan Ho Kuen	CCSS	20.94

4x100m Relay

1		RCC	46.68
2		BHNC	46.93
3		NAMS	48.15
4		KHSS	48.16
5		LSTLKK	48.75
6		YCM	50.07

4x400m Relay

1	NAMS	3 : 47.60
2	SYSS	3 : 49.41
3	TYH	3 : 51.61
4	KHSS	3 : 51.64
5	CCSS	3 : 55.30
6	KTGS	3 : 56.40
7	K-LING	3 : 58.22
8	YCM	3 : 58.39

High Jump

1	Yu Rongyan	LS	1.70
2	Law Cho Kam	SYSS	1.70
3	Yeung Chun Ho	LCCS	1.64
4	Wong Chun Kwok	CCSS	1.61
5	Wong Lok Chun	KGEDS	1.61
6	Fong Tsz Ho	HGC	1.58
7	Ng Yu Yeung Sunny	CSS	1.55
8	Lee Wai Lok	PTSS	1.55

Long Jump

1	Yu Hok Tao	TYH	5.71
2	Fung Kai Shun	TYH	5.61
3	Xiong Jun Hao	NAMS	5.61
4	Lo Kwong Yu	KTGS	5.55
5	Hon Chi Ho	CSS	5.54
6	Cheng Kin	PTSS	5.52
7	Yeung Chun Ho	LCCS	5.40
8	Li Ho Shing	PLKWYC	5.39

Triple Jump

1	Yu Hok Tao	TYH	12.23
2	Zeng Jing Hua	NAMS	11.62
3	Luk Shun Man	LSTLKK	11.61
4	Ng Yu Yeung Sunny	CSS	11.40
5	Lee Chun Yam	LSTLKK	11.34
6	Kwok Tsz Leung	MSCHK	11.31
7	Ng Tsz Chun	KTGS	11.08
8	Li Tsz Wing	PLKNO.1C	10.91

Shot Put

1	Kwong Chak Ming	KWSC	11.49
2	Lau Ho Fai	YCM	10.90
3	Kan Cheuk Nam	PLKLFC	10.69
4	Tse Siu Hang	HGC	10.47
5	Fong Kwok San	LSTYKH	10.42
6	Mak Ho Fung	K-LING	10.38
7	Hu Guofeng Vincent	LWFSS	10.31
8	Li Min	DMS-HW	10.26

Discus

1	Kwong Chak Ming	KWSC	34.61
2	Chui Kai Ko	SYSS	26.69
3	Tse Kai Kam	NAMS	26.28
4	Tin Wai Chung	HGSS	25.84
5	Soo Yan Lok	CCSS	25.67
6	Lin Ting Fai	MSCHK	25.66
7	Chan Kai Man	SKHLFH	25.47
8	Jacob Weisman	CIS	25.40

Javelin

1	Tam Ho Yin	KTGS	42.66
2	Yip Yuk Yin	YCM	36.54
3	Tse Kai Kam	NAMS	31.36
4	Bence Varro	CIS	29.64
5	Chan Kai Man	SKHLFH	28.18
6	Wong Mun Fu	CCSS	27.26
7	Cheung Wai Hong	LSTYKH	27.22
8	Lau Siu Ching	HGC	25.70

Boys B Grade**100m**

1	Clarence Leung	CIS	12.13
2	Cheung Kai Wang	DMS-HW	12.33
3	Chan Wai Shing	SYSS	12.35
4	Liang Genquan	BHNC	12.43
5	Mak Wing Fai	MKC	12.48
6	Tai Chi Fai	FHMSS	12.58
7	Ho Wing Kei	BHNC	12.66
8	Choi Chi Hang	SYSS	12.72

200m

1	Harry Salnikow	CIS	24.57
2	Clarence Leung	CIS	25.27
3	Cheung Kai Wang	DMS-HW	25.61
4	Kong Ting Chu	SKHLKY	25.73
5	Chan Wai Shing	SYSS	25.88
6	Liang Genquan	BHNC	26.00
7	Lam Ho Yin	PTSS	26.58
8	Lau Pui Chung Owen	LSTYKH	26.84

400m

1	Choi Chi Hang	SYSS	56.10
2	Ng Kwan Po	HGC	58.10
3	Lin Chak Pan	PLKLFC	58.54
4	Yip Ching Fung	MKC	58.80
5	Wong Yik Long	PLKNO.1C	59.10
6	Chan Yu Cheong	SKHLKY	59.21
7	Lee Brian Tsz Yeung	CREATIVE	1 : 0.54
8	Yu Ho Ching	PLKLFC	1 : 2.22

800m

1	Tong Cheuk Him	KHSS	2 : 13.38
2	Law Ka Ngai	SYSS	2 : 18.96
3	Chan Ka Yin	KTGS	2 : 21.00
4	Wong Chin Hing	BHNC	2 : 21.87
5	Lin Junxian	NAMS	2 : 22.88
6	Wong Shiu Hang	LCCS	2 : 23.89
7	Cheung Tin Wing	LCCS	2 : 25.22
8	Ng Long Yu	HGC	2 : 26.31

1500m

1	Tong Cheuk Him	KHSS	4 : 39.62
2	Matthew Ho	CIS	4 : 49.31
3	Wong Chin Hing	BHNC	5 : 2.69
4	Yuen Ho Fai	LCCS	5 : 13.45
5	Yau Kiu Ming	KWSC	5 : 13.97
6	Thomas Loong Chi Wan	CIS	5 : 16.69
7	Karmayana Jason Chia	DMS-BW	5 : 18.86
8	Wong Yin Hong	SYSS	5 : 19.31

100m Hurdles

1	Kyle Justice	CIS	16.11
2	Yuen Ho Fai	LCCS	16.14
3	Logan Justice	CIS	16.81
4	Wong Fan Yung	SKHLFH	17.77
5	Cheung Pang Chor	K-LING	17.78
6	Lau Pui Chung Owen	LSTYKH	18.11
7	Lo Ming Yin	SKHLKY	19.04
8	Chen Cong Hua	HGC	19.81

4x100m Relay

1		PTSS	47.98
2		DMS-HW	49.03
3		DMS-BW	49.35
4		SYSS	49.55
5		BHNC	50.11
6		HKTKP	50.64
7		MKC	50.78
8		HGC	51.14

4x400m Relay

1		SYSS	3 : 59.48
2		DMS-BW	4 : 3.12
3		LCCS	4 : 4.41
4		PLKNO.1C	4 : 4.62
5		CIS	4 : 4.89
6		SKHLKY	4 : 6.74
7		PLKLFC	4 : 10.16
8		PTSS	4 : 11.44

High Jump

1	Wu King Ming	LSTYKH	1.67
2	Kyle Justice	CIS	1.57
3	Henry Cubbon	CIS	1.54
4	Yau Shing Kit	KTGS	1.54
5	Lau Ka Kit	K-LING	1.51
6	Chan Siu Hin	LCCS	1.51
=7	Zee Hon Lin	HGC	1.45
=7	Shivadarjee Anug	DMS-BW	1.45
=7	Martin Hans Kenneth	DMS-BW	1.45

Long Jump

1	Yeung Hoi Wing	PTSS	5.70
2	Ho Chun Hin	KHSS	5.46
3	Tam Man Kit	CREATIVE	5.19
4	Tai Chi Fai	FHMSS	5.19
5	Mak Wing Fai	MKC	5.15
6	Ng Ka Ho	SYSS	5.11
7	Shivadarjee Annp	DMS-BW	5.03
8	Chow Ka Ming	BHNC	4.99

Triple Jump

1	Ho Chun Hin	KHSS	11.46
2	Yeung Hoi Wing	PTSS	11.37
3	Harry Salnikow	CIS	11.12
4	Wong Kin Wai	SYSS	10.90
5	Kwok Kin Lun	K-LING	10.72
6	Logan Justice	CIS	10.44
7	Lin Wei Feng	LSTLKK	10.32
8	Wat Sheung Chi	LSTLKK	9.92

Shot Put

1	Yip Chi Wing	LS	11.46
2	Hsu Sai Yeung	HGC	11.17
3	Chan Chi Yuen	CCSS	10.85
4	Tse Chin Sing	HGSS	10.76
5	Mok Chuk San	CYC	10.69
6	Mo Kee Fai Jess	TYH	10.58
7	Kwun Ho Laam	SKHLFH	10.25
8	Ng Enoch	K-LING	10.01

Discus

1	Lam Hon Wa	SKHLFH	36.45
2	Kwun Ho Laam	SKHLFH	34.70
3	Ho Chi Ho	KHSS	29.21
4	Russell Salazar	CIS	29.09
5	Chris Li	CIS	27.29
6	Tsui Ting Yan	PLKNO.1C	25.46
7	Hsu Sai Yeung	HGC	25.04
8	Yiu Chak Hung	PLKWYC	24.62

Javelin

1	Lee Kwun Ming	NAMS	31.96
2	Lam Ting Pong	HGC	31.15
3	Chan Long Hin	SKHLFH	28.61
4	Hau Ho Yin	SKHLKY	24.54
5	Bradley Justice	CIS	24.33
6	Poon Chun Wai	LSTYKH	23.58
7	Wu King Ming	LSTYKH	22.37
8	Chan Ho Hin	K-LING	21.63

Boys C Grade

100m

1	Du Jiaming	HGSS	12.49
2	Wong Chun Angelo	CREATIVE	12.75
3	Wong Tsz Chiu	LWFSS	12.88
4	Rana Ganesh Bikram	DMS-HW	13.20
5	Kwong Man Kin	LS	13.35
6	Yu Ka Wai	K-LING	13.36
7	Tsang Lam	PTSS	13.38
8	Tai Hoi Yuet	BHNC	13.39

400m

1	Yeung Chi Ho	CREATIVE	58.90
2	Wong Hong Yin	SYSS	1 : 0.52
3	Pang Tsz Fung	PLKNO.1C	1 : 0.67
4	Hui Ka Kin	PLKNO.1C	1 : 0.70
5	Tong Tsz Hei	K-LING	1 : 2.07
6	Ip King Chun	SYSS	1 : 2.19
7	Wong Ka Fu	K-LING	1 : 5.24

1500m

1	Wong Hong Yin	SYSS	5 : 7.63
2	Lau Ho Tim	PTSS	5 : 16.92
3	Wong Yu Chau	LSTLKK	5 : 19.33
4	Tsoi Cheuk Nam	LCCS	5 : 35.09
5	Elliot Shi	CIS	5 : 35.65
6	Wong Wing Yin	LSTLKK	5 : 36.41
7	Lee Ho Hang	CHC	5 : 38.92
8	Lee Chun Wa	PLKLFC	5 : 38.96

4x100m Relay

1		PLKNO.1C	51.68
2		CREATIVE	51.88
3		PTSS	52.18
4		SYSS	53.31
5		HKTKP	53.34
6		RCC	53.65
7		CCSS	54.52

High Jump

1	Chan Choi Yin	TYH	1.51
2	Tang Chi Leuk	K-LING	1.48
3	Chan Kai Him	HKTKP	1.39
4	Leung Ming Tak	PTSS	1.36
5	Yuen Wai Chun	LWFSS	1.36
6	Yu Ka Wai	K-LING	1.33
7	Chu Khunakorn	LSTLKK	1.30
8	Chan Sze Chun	LCCS	1.30

Shot Put

1	Hui Chun Yin	PLKNO.1C	9.76
2	Cheng Kwong Wah	BHNC	8.79
3	Wong Kwan Chik	NAMS	8.61
4	Wong Ka Fu	K-LING	8.60
5	Chan Tsz Chung Anthon	LSTLKK	8.59
6	Tsoi Tung Fai	CSS	8.47
7	Lau Ka Wing	K-LING	8.30
8	Cheng Kwok Hong	TYH	7.87

200m

1	Du Jiaming	HGSS	25.88
2	Wong Chun Angelo	CREATIVE	26.13
3	Wong Tsz Chiu	LWFSS	26.67
4	Rana Ganesh Bikram	DMS-HW	27.10
5	Erik McLean	CIS	27.19
6	Chow Ying Choi	HGSS	27.56
7	Lui Pak Lam	KTGS	27.71
8	Lo Siu Yu	LCCS	28.10

800m

1	Wong Yu Chau	LSTLKK	2 : 37.99
2	Chu Ho Man	KWSC	2 : 42.42
3	Cheng Hiu Fung	RCC	2 : 42.89
4	Ip King Chun	SYSS	2 : 43.94
5	Tsoi Cheuk Nam	LCCS	2 : 44.29
6	Tam Siu Hung	K-LING	2 : 45.41
7	Lee Chun Wa	PLKLFC	2 : 45.43
8	Leung She Wing	CHC	2 : 46.89

100m Hurdles

1	Yeung Chi Ho	CREATIVE	16.22
2	Chin Leonard Palelei	SKHLFH	18.82
3	Cheng Lik Lam	PTSS	19.25
4	Chan Kai Him	HKTKP	19.64
5	William McCombe	CIS	19.92
6	Lee Ho Ming	HKTKP	19.93
7	Ko Chuen Fai	SKHLFH	20.76
8	Fong Kai Yiu	KTGS	21.45

4x400m Relay

1		SYSS	4 : 14.81
2		HGSS	4 : 20.78
3		K-LING	4 : 25.32
4		LCCS	4 : 26.78
5		KTGS	4 : 30.92
6		TYH	4 : 33.13
7		PTSS	4 : 35.58
8		CCPASS	4 : 39.54

Long Jump

1	Lam Tsz King	SYSS	4.65
2	Leung Ming Tak	PTSS	4.53
3	Cheng Chi Yuen	LWFSS	4.46
4	Lam Hei Yung	SYSS	4.41
5	Liu Kai Tung	MSCHK	4.36
6	Mai Jianbo	LSTLKK	4.23
7	Wing Ka Lik	CCSS	4.08
8	Lui Chun Man	HGSS	4.07

Discus

1	Wong Kwan Chik	NAMS	27.20
2	Poon Chun Hin	KTGS	24.10
3	Chan Ka Faat	SKHLFH	24.03
4	Yeung Hin Hei	K-LING	23.11
5	Ngan Siu Fung	HGC	22.70
6	Darien Suria	CIS	22.28
7	Hui Chun Yin	PLKNO.1C	20.64
8	Chan Kuk Chun	HGSS	18.05

Girls A Grade

100m

1	Pang Pui Kwan	KTGS	13.19
2	Ho Ka Wai	OLRC	13.61
3	Tsang Siu Fung	NP2C	14.04
4	Hau Hayley Jing Ting	PTCC	14.24
5	Chiu Yee On	BHJS	14.30
6	Lee Kin Hung	HGC	14.66
7	Leung Hiu Yan	BPS	14.94

200m

1	Pang Pui Kwan	KTGS	27.50
2	Tsang Tsz Yan	BHNC	28.08
3	Tsang Siu Fung	NP2C	28.87
4	Chiu Yee On	BHJS	29.64
5	Duyan Arien Lovely T.	DMS-BW	30.20
6	Hau Hayley Jing Ting	PTCC	30.40
7	Lee Kin Hung	HGC	30.68

400m

1	Ho Ka Wai	OLRC	1 : 5.28
2	Wong Po Sze	DMS-HW	1 : 7.97
3	Hui Ka Yi	SKSS	1 : 9.67
4	Kwong Hiu Lam	BPS	1 : 10.73
5	Chiu Ka Man	SKHLKY	1 : 10.93
6	Cheung Mei Chi	OLRC	1 : 12.74
7	Lee Pik Sim	WWS	1 : 13.34
8	Hung Ching Yi	SKSS	1 : 15.04

800m

1	Li Mei Yee	BHJS	2 : 48.67
2	Hung Hoi Shan	HGC	2 : 49.52
3	Ng Tsz Wing	BPS	2 : 50.48
4	Cheung Mei Chi	OLRC	2 : 54.06
5	Ng Hin Ting	LCCS	2 : 59.45
6	Wu Yue Wei	NAMS	3 : 0.36
7	Lam Yee Man	DMS-HW	3 : 0.38
8	Ho Ho Yan	KHSS	3 : 4.19

1500m

1	Li Mei Yee	BHJS	6 : 9.48
2	Ng Hin Ting	LCCS	6 : 11.74
3	Wu Yue Wei	NAMS	6 : 11.95
4	Ho Ho Yan	KHSS	6 : 26.75
5	Lam So Fong	TYH	6 : 44.11
6	Cheung Yee Ka Miriam	SKHLFH	6 : 51.73
7	Lee Pik Sim	WWS	6 : 53.51
8	Cheung Ka Man	LWFSS	7 : 9.04

100m Hurdles

1	Chow Mei Hang	OLRC	18.17
2	Choi Yu Ying	WWS	18.96
3	Lo Lai Man	LSTYKH	19.25
4	Sung Hei Lam	OLRC	19.31
5	Tse Ka Yan	PTCC	19.97
6	Tsang Laicy Ketlin D.	DMS-HW	20.45
7	To Tam Yau	NAMS	20.98

4x100m Relay

1		KTGS	56.49
2		SKSS	56.82
3		PTCC	57.56
4		SKHLKY	58.48
5		LSTYKH	58.63
6		KWSC	59.86
7		OLRC	1 : 0.71

4x400m Relay

1		OLRC	4 : 42.62
2		DMS-HW	4 : 50.19
3		PTSS	5 : 1.26
4		BPS	5 : 6.37
5		WWS	5 : 8.76
6		BHJS	5 : 12.63
7		PLKNO.1C	5 : 18.26
8		HGC	5 : 18.52

High Jump

1	Yeung Hoi Ting	OLRC	1.50
2	Lo Lai Man	LSTYKH	1.44
3	Li Hiu Wai	BPS	1.35
4	Chow Mei Hang	OLRC	1.32
5	Lai Pui Ki	PLKNO.1C	1.29
6	Cheng Hiu Tung	PTSS	1.26

Long Jump

1	Chan Cheuk Kiu	SKSS	4.97
2	Cheng Sau Kan	LSTYKH	4.39
3	Tsang Tsz Yan	BHNC	4.21
4	Ng Hoi Tung	CCSS	4.20
5	Sung Hei Lam	OLRC	4.11
6	Yau Miu Ling	KTGS	4.09
7	Ng Tsz Ching	PLKNO.1C	4.06
8	Chau Chuk King Tsz	YCM	3.97

Shot Put

1	Choi Mei Kuen	NP2C	8.25
2	Wong Ka Man	KWSC	8.20
3	Lau Ching Man	CCSS	7.96
4	Yeung Hoi Yan	HGC	7.52
5	Cheng Pui See	TNSS	7.18
6	Tang Wei Ying	BPS	7.12
7	Lam Hoi Ching	KWSC	6.96
8	Fei Natalie Jane	OLRC	6.91

Discus

1	Ho Pui Ling	NAMS	24.78
2	Lee Siu Yin	HGC	23.37
3	Fei Natalie Jane	OLRC	21.68
4	Lam Hoi Ching	KWSC	19.90
5	Chow Yuk Wai	YCM	19.81
6	Li Wan	NAMS	19.62
7	Tang Wei Ying	BPS	19.29
8	Yeung Hoi Yan	HGC	18.41

Javelin

1	Chan Cheuk Kiu	SKSS	27.38
2	Tsin Ka Yee	SKHLKY	24.81
3	Lau Ching Man	CCSS	21.65
4	Ng Yan Ling	LWFSS	20.67
5	Choi Yu Ying	WWS	19.74
6	Yeung Hoi Ting	OLRC	19.67
7	Ng Wai Ting	BPS	19.30
8	Ho Pui Ling	NAMS	18.91

Girls B Grade**100m**

1	Fung Hoi Yi	LCCS	14.00
2	Lai Man Ping	SKSS	14.21
3	Li Ka Sin	LS	14.33
4	Kwok Hiu Tung	PTCC	14.34
5	Law Hoi Kwan	CSS	14.51
6	Tsang Hiu Tung	BHNC	14.56
7	Fatin-Shahira-Binti-F	OLRC	14.98

200m

1	Fung Hoi Yi	LCCS	29.32
2	Cheung Hoi Ying	LCCS	30.02
3	Tseng Tammi	PLKLFC	30.30
4	Li Ka Sin	LS	30.32
5	Fatin-Shahira-Binti-F	OLRC	30.46
6	Huang Dong Yi	KHSS	30.48
7	Tsang Hiu Tung	BHNC	30.91
8	Leung Ka Wing	OLRC	31.13

400m

1	Tsang Tammi	PLKLFC	1 : 10.34
2	So Yuen Ting	BHJS	1 : 11.95
3	Yung Ka Ka	LCCS	1 : 12.06
4	Fok Yuen Yan	KHSS	1 : 12.36
5	Luk Ka Ying	PTSS	1 : 13.00
6	Wong Wui Yee	KTGS	1 : 14.53
7	Li Ching Yan	LCCS	1 : 15.23
8	Ho Shuk Man	HGC	1 : 19.77

800m

1	Chan Long Ching	BPS	2 : 41.72
2	Chan Fong Ying	KHSS	2 : 46.94
3	So Yuen Ting	BHJS	2 : 51.10
4	Fok Yuen Yan	KHSS	2 : 51.47
5	Li Pui Ying	OLRC	2 : 56.04
6	Ho Shuk Man	HGC	2 : 58.32
7	Wan Tsz Ching	LCCS	3 : 3.40
8	Ma Chak Shun	LS	3 : 4.59

1500m

1	Chan Long Ching	BPS	5 : 48.29
2	Chan Fong Ying	KHSS	6 : 2.05
3	Wan Tsz Ching	LCCS	6 : 3.60
4	Li Pui Ying	OLRC	6 : 7.21
5	Mark Nga Hing	HGSS	6 : 32.11
6	Lam Lok Ting	BHJS	6 : 37.75
7	Choy Sin Man	NP2C	6 : 41.04
8	Rai Pratista	DMS-BW	6 : 41.96

100m Hurdles

1	Chan Hiu Hang	LS	18.71
2	Ng Man Wai	OLRC	18.74
3	Wong Ka Yan	LS	19.74
4	Chan Yan Wing Joyce	ICQM	19.92
5	Chan Yee Mei	BHJS	20.20
6	Lo Huen Ting	BPS	21.25
7	Wong Mei Yee May	SKHLFH	21.36
8	Cheung Lai Ping	KWSC	22.70

4x100m Relay

1	LCCS	56.69
2	OLRC	56.78
3	LS	58.02
4	BHNC	58.93
5	BHJS	59.36
6	KHSS	1 : 0.02
7	TNSS	1 : 1.10
8	SKHLFH	1 : 2.87

4x400m Relay

1	KHSS	4 : 51.67
2	PLKLCF	4 : 51.78
3	BPS	4 : 53.64
4	MKC	4 : 59.28
5	LCCS	5 : 0.27
6	PTSS	5 : 12.65
7	OLRC	5 : 16.64
8	BHJS	5 : 20.77

High Jump

1	Tsang Sze Wing	K-LING	1.35
2	Yu Tsz Yung	SKHLFH	1.32
3	Mau Chui Yi	LSTLKK	1.32
4	Tin Siu Ngong	CCSS	1.29
5	Pau Cheuk Lam	LSTLKK	1.23
6	Tai Yan Ning	PTSS	1.23
7	Lau Mei Yi	BHNC	1.23
8	Ng Man Wai	OLRC	1.20

Long Jump

1	Kwok Hiu Tung	PTCC	4.26
2	Lai Man Ping	SKSS	4.20
3	Leung Yan Yi	PTCC	4.15
4	Ng Yuen Yee	BHJS	4.07
5	Wong Wui Yee	KTGS	4.05
6	Lo Wai	CREATIVE	3.89
7	Poon Sze Lok	CCSS	3.78
8	Tin Siu Ngong	CCSS	3.77

Shot Put

1	Yip Pui Man	WWS	8.32
2	Wai Uen Yi	SKSS	8.08
3	Wong Hey Man	PTSS	8.01
4	Chan Ho Ying	BPS	7.93
5	Ho Hui Ting	WWS	7.52
6	Wong Ka Ying	KTGS	7.32
7	Chan Lai Man	NAMS	7.11
8	Leung Hau Lam	PCCSS	6.98

Discus

1	Wai Uen Yi	SKSS	19.80
2	Hui Ying Ying	WWS	19.79
3	Chan Yee Ting	SKSS	19.55
4	Wong Hey Man	PTSS	19.16
5	Ho Hui Ting	WWS	18.63
6	Cheng Sin Ying	SKHLFH	17.06
7	Huang Su Yan	HGC	17.01
8	Chan Lucy	KTGS	16.32

Girls C Grade**100m**

1	Law Man Chung	K-LING	14.34
2	Li Lai Ka	TNSS	14.56
3	Ma Kwan Ting	BPS	14.65
4	Au Hoi Sy Bacolod	TNSS	14.82
5	Chan Pei Ting	LCCS	14.92
6	Tsui Kwan Ching	BPS	15.44
7	Choi Cheuk Yiu	K-LING	15.80

200m

1	Leung Ka Man	KHSS	29.73
2	Ma Ka Yan	OLRC	30.08
3	Li Lai Ka	TNSS	30.24
4	Wong Choi Ha	HGC	30.42
5	Wong Tsz Yin	BHJS	30.75
6	Au Hoi Sy Bacolod	TNSS	31.19
7	Kwan Nga Lok	K-LING	31.33
8	Cheung Ka Yee	PLKNO.1C	32.38

400m

1	Leung Ka Man	KHSS	1 : 7.95
2	Chau Hoi Wang	PLKNO.1C	1 : 9.30
3	Wong Yik Kak	SKSS	1 : 9.81
4	Chan Ka Lam	ICQM	1 : 9.87
5	Ma Ka Yan	OLRC	1 : 11.24
6	Choi Ho Yi	BHJS	1 : 13.39
7	Ho Hin Lam	PLKLCF	1 : 16.93

800m

1	Sieh Ying Tung	BPS	2 : 40.83
2	Wong Yik Kak	SKSS	2 : 50.92
3	Yeung Tsz Wai	KTGS	2 : 54.51
4	Chu Yan Lam	BPS	2 : 55.04
5	Tsui Wing Yee	CHC	2 : 55.37
6	Poon Ho Yi	LCCS	2 : 56.63
7	Chan Ho Ching	BHJS	2 : 58.44
8	Ho Hiu Lam	PLKLCF	3 : 1.95

1500m

1	Tsui Wing Yee	CHC	6 : 5.66
2	Poon Ho Yi	LCCS	6 : 21.48
3	Lam Lok Man	BPS	6 : 28.03
4	Chan Ho Ching	BHJS	6 : 30.96
5	Law Kwan In	SKSS	6 : 31.27
6	Nip Sin Yan	KHSS	6 : 31.28
7	Cheug Lok Ki	PCCSS	6 : 40.62
8	Mok Sze Lam	OLRC	6 : 47.17

100m Hurdles

1	Tang Hoi Yee Connie	CREATIVE	19.48
2	Ho Hoi Lam	ICQM	20.02
3	Kong Hiu Ying	OLRC	20.71
4	Chiu Ting Hei	SKSS	20.72
5	Poon Kate	BPS	21.51
6	Lo Kei Yin	BHJS	24.34
7	Au Suet Yi	SKSS	29.61

4x100m Relay

1		KTGS	57.90
2		K-LING	58.21
3		BPS	58.57
4		LCCS	58.98
5		BHJS	59.54
6		ICQM	59.65
7		SKSS	59.99

4x400m Relay

1		BPS	4 : 54.87
2		SKSS	5 : 2.46
3		BHJS	5 : 6.52
4		LCCS	5 : 9.17
5		OLRC	5 : 10.48
6		WWS	5 : 15.37
7		KHSS	5 : 15.54
8		MKC	5 : 27.01

High Jump

1	Wu Ka Yu	OLRC	1.30
2	So Yan Yuet	BHJS	1.27
3	Tong Hoi Yee Connie	CREATIVE	1.27
4	Kwan Wing Tung	SKSS	1.27
5	Yu Wing Yi	KTGS	1.24
=6	Law Man Chung	K-LING	1.21
=6	Ng Wai Lam	K-LING	1.21
8	Wong Nim Chi	LSTYKH	1.21

Long Jump

1	Tsang Ka Yuet	KTGS	4.11
2	Wong Choi Ha	HGC	3.92
3	Chu Noel Sincere	CREATIVE	3.91
4	Chau Hoi Wang	PLKNO.1C	3.84
5	Ho So Ying	LSTYKH	3.82
6	Cheng Nga Yan	OLRC	3.78
7	Tsoi Wai Ting	SKHLFH	3.78
8	Cheung Ka Yee	PLKNO.1C	3.75

Shot Put

1	Cheng Chui Ying	SKSS	8.17
2	Cheung Man Yi	PTSS	7.31
3	Chan Ching Mei	K-LING	7.11
4	Chui Man Wai	LCCS	7.06
5	Wu Po Shan	SKHLKY	6.95
6	Chow Tsz Ying	K-LING	6.95
7	Chan Sze Wing Ruby	LCCS	6.53
8	Yuen Heung Lin	TYH	6.48

Discus

1	Cheng Chui Ying	SKSS	24.18
2	Lau Hoi Yi	K-LING	16.60
3	Sin Tsz Kwan	OLRC	16.14
4	Yue Tsz Ying	SKHLFH	15.99
5	Tang Hiu Shan	CHC	15.78
6	Mak Yu Tim	LCCS	15.71
7	Chu Hoi Yee	BHJS	15.60
8	Chan Suet Chu	WWS	15.60

***** The End *****

33 CREATIVE	5											5
34 LWFSS	1	3										4
34 PCCSS	4											4
36 CHC		2										2
37 MKC	1											1
37 FSS-SSW	1											1
37 CYC		1										1
37 STCS	1											1
41 FHMSS												

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2010/2011
Division Three (Area One)23/02/2011

Boys B Grade Day 3

School	Day 2	HJ	200m	100mH	800m	100m	400m	DC	4x100	4x400	Total
1 CIS	42	15	16	15		9		11		8	116
2 SYSS	27		4		7	7	9		10	18	82
3 KHSS	38				9			7			54
4 PTSS	30		2						18	2	52
5 DMS-BW	13	4						1	12	14	44
5 LCCS	16	4		7	5					12	44
7 BHNK	18		3		5	7			8		41
8 HGC	23	2		1	1		7	4	2		40
9 SKHLFH	16			5				18			39
10 DMS-HW	5		6			7			14		32
11 K-LING	21	5		4							30
11 SKHLKY	14		5	2			3			6	30
13 MKC	10					4	5		4		23
13 LSTYKH	9	10	1	3							23
13 PLKNO.1C	5						4	4		10	23
16 NAMS	16				4			1			21
17 KTGS	5	6			6			1			18
18 PLKLFC	5						7			4	16
19 CREATIVE	11						2				13
19 HGSS	12							1			13
19 LSTLKK	13										13
22 HKTKP	6								6		12
23 TYH	9							2			11

24 LS	10										10
24 FHMSS	7					3					10
26 CCSS	9										9
27 CSS	6	1									7
28 KWSC	6										6
28 CYC	6										6
30 PCCSS	2							1			3
30 PLKWYC	1							2			3
32 FSS-SSW								1			1
32 ICQM	1										1
32 LWFSS								1			1
32 RCC	1										1
32 STCS	1										1
37 CHC											
37 CCPASS											
37 KGEDS											
37 MSCHK											
37 YCM											

HONG KONG SCHOOLS SPORTS FEDERATION
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Boys C Grade Day 3

School	Day 2	DC	200m	100mH	800m	100m	400m	4x100	4x400	Total
1 SYSS	38				5		10	10	18	81
2 K-LING	31	7			3	3	6		12	62
3 PTSS	32	1		6		2		12	4	57
4 CREATIVE	7		7	9		7	9	14		53
5 HGSS	9	3	12			9			14	47
6 PLKNO.1C	14	3					11	18		46
7 LSTLKK	28	1			9					38
8 LCCS	19		1		4				10	34
9 HKTKP	14			8				8		30
10 LWFSS	16		6			6				28
11 CIS	11	5	4	4						24
11 KTGS	5	8	2	1					8	24
13 TYH	17								6	23
14 SKHLFH	5	8		9						22

15	RCC	6		6		6	18
16	NAMS	7	10				17
17	BHNC	13	1		1		15
18	CCSS	7	2			4	13
19	DMS-HW	2		5	5		12
20	KWSC	3			7		10
20	PLKLCF	7	1		2		10
22	HGC	3	5				8
23	MSCHK	7					7
24	CHC	5			1		6
24	LS	2			4		6
24	CCPASS	4				2	6
27	CSS	5					5
28	KHSS	4					4
29	MKC	2					2
29	DMS-BW	2					2
29	ICQM	2					2
32	LSTYKH	1					1
33	FHMSS						
33	FSS-SSW						
33	KGEDS						
33	PCCSS						
33	PLKWYC						
33	SKHLKY						
33	CYC						
33	STCS						
33	YCM						

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2010/2011
Division Three (Area One)23/02/2011

Boys Overall

Day 3

School		A	B	C	Total	
1	SING YIN SECONDARY SCHOOL	SYSS	66	82	81	229
2	CHINESE INTERNATIONAL SCHOOL	CIS	13	116	24	153
3	STEWARDS POOI TUN SECONDARY SCHOOL	PTSS	41	52	57	150
4	NEW ASIA MIDDLE SCHOOL	NAMS	103	21	17	141
5	YCH LAW CHAN CHOR SI COLLEGE	LCCS	40	44	34	118

6	KING LING COLLEGE	K-LING	19	30	62	111
7	CCC KEI HEEP SECONDARY SCHOOL	KHSS	45	54	4	103
8	KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS	56	18	24	98
9	LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK	45	13	38	96
10	POH 80TH AN. TANG YING HEI COLLEGE	TYH	56	11	23	90
11	BUDDHIST HO NAM KAM COLLEGE	BHNC	27	41	15	83
11	THE MISSION COVENANT CHURCH HOLM GLAD COL	HGC	35	40	8	83
13	PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	13	23	46	82
14	SKH LI FOOK HING SECONDARY SCHOOL	SKHLFH	17	39	22	78
15	THE HK TAOIST ASSN CHING CHUNG SEC SCHOOL	CCSS	53	9	13	75
16	CREATIVE SECONDARY SCHOOL	CREATIVE	5	13	53	71
17	HOMANTIN GOVERNMENT SECONDARY SCHOOL	HGSS	8	13	47	68
18	DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	18	44	2	64
19	DELIA MEMORIAL SCHOOL - HIP WOO	DMS-HW	13	32	12	57
20	HONG KONG TANG KING PO COLLEGE	HKTKP	9	12	30	51
21	RHENISH CHURCH PANG HOK KO MEMORIAL COLLEGE	RCC	26	1	18	45
22	CCC KWEI WAH SHAN COLLEGE	KWSC	24	6	10	40
23	YEO CHEI MAN SENIOR SECONDARY SCHOOL	YCM	39	—	—	39
24	SKH LEUNG KWAI YEE SECONDARY SCHOOL	SKHLKY	8	30		38
25	ELCHK LUTHERAN SECONDARY SCHOOL	LS	19	10	6	35
26	LOK SIN TONG YU KAN HING SECONDARY SCHOOL	LSTYKH	10	23	1	34
26	CLEMENTI SECONDARY SCHOOL	CSS	22	7	5	34
28	LKWFLS LAU WONG FAT SECONDARY SCHOOL	LWFSS	4	1	28	33
28	PO LEUNG KUK LAWS FOUNDATION COLLEGE	PLKLFC	7	16	10	33
30	CCC MING KEI COLLEGE	MKC	1	23	2	26
31	HK & KLN CHIU CHOW PUBLIC ASSN SEC SCHOOL	CCPASS	12		6	18
32	INT'L CHRISTIAN QUALITY MUSIC SEC & PRI SCH	ICQM	13	1	2	16
33	MUNSANG COLLEGE - HONG KONG ISLAND	MSCHK	8		7	15
34	KING'S GLORY EDUCATION DAY SCHOOL	KGEDS	13	—	—	13
35	FORTRESS HILL METHODIST SECONDARY SCHOOL	FHMSS		10	—	10
35	PO LEUNG KUK WAI YIN COLLEGE	PLKWYC	7	3	—	10
37	CHINA HOLINESS COLLEGE	CHC	2		6	8
38	SOCIETY OF BOYS CENTRE CHAK YAN CENTRE SCH	CYC	1	6		7
38	PO CHIU CATHOLIC SECONDARY SCHOOL	PCCSS	4	3		7
40	SOCIETY OF BOYS CENTRE SHING TAK CENTRE SCH	STCS	1	1		2
40	FUKIEN SECONDARY SCHOOL (SIU SAI WAN)	FSS-SSW	1	1		2
42	CCC MING YIN COLLEGE	MYC				

31 LS	1	1
31 KGEDS	1	1
31 LSTLKK	1	1
31 PCCSS	1	1
31 PLKLFC	1	1
31 RCC	1	1
38 MKC		
38 CREATIVE		
38 FHMSS		
38 HGSS		
38 ICQM		
38 MSCHK		

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2010/2011
Division Three (Area One)23/02/2011

Girls B Grade Day 3

School	Day 2	LJ	200m	100mH	800m	100m	400m	1500m	4x100	4x400	Total
1 LCCS	13		16		2	9	8	7	18	8	81
2 KHSS	10	1	3		12		5	8	6	18	63
3 OLRC	11		5	7	4	2		6	14	4	53
4 BPS	16	1		3	9			10		12	51
5 BHJS	11	7		4	6		7	4	8	2	49
6 LS	8		5	15	1	6			12		47
7 SKSS	26	8				7					41
8 PTSS	25						4	1		6	36
9 WWS	33							1			34
10 PLKLFC	4		6				9			14	33
11 PTCC	5	17				5					27
12 BHNK	9		2			3			10		24
13 SKHLFH	19			2					2		23
14 KTGS	12	6					3				21
15 K-LING	17	1									18
16 MKC	6									10	16
16 LSTLKK	16										16
18 HGC	10	1			3		1				15
19 CCSS	9	5									14
20 TNSS	5							1	4		10

21	HGSS	2					5			7
22	CSS	2				4				6
22	CREATIVE	2	4							6
22	ICQM	1			5					6
25	TYH	4						1		5
26	NAMS	4								4
26	PLKWYC	4								4
28	KWSC	2			1					3
28	NP2C							3		3
28	PCCSS	3								3
31	DMS-BW							2		2
31	FSS-SSW	1						1		2
31	LWFSS	1	1							2
31	RCC	2								2
35	CHC	1								1
36	DMS-HW									
36	FHMSS									
36	KGEDS									
36	LSTYKH									
36	MSCHK									
36	PLKNO.1C									
36	SKHLKY									
36	YCM									

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2010/2011
Division Three (Area One)23/02/2011

Girls C Grade Day 3

School	Day 2	200m	100mH	800m	100m	400m	1500m	4x100	4x400	Total
1 SKSS	38		7	7		6	5	4	14	81
2 BPS	15		4	14	9		7	12	18	79
3 BHJS	28	4	3	2		3	6	8	12	66
4 K-LING	34	2			11			14		61
5 OLRC	32	7	6			4	2		8	59
5 LCCS	24			3	4		8	10	10	59
7 KTGS	22			6			1	18		47
8 KHSS	7	9				9	4		4	33
9 CREATIVE	19		9							28

10	TNSS	6	9	12		27	
11	ICQM	7	7	5	6	25	
12	CHC	8		4	10	22	
13	PLKNO.1C	13	1	7		21	
13	WWS	14			1	6	21
15	HGC	13	5			18	
16	LSTYKH	13				13	
16	SKHLFH	13				13	
18	PTSS	9			1	10	
19	MKC	7				2	9
20	PLKLFC	5		1	2	8	
21	TYH	4			1	5	
21	SKHLKY	5				5	
23	HGSS	4				4	
23	PCCSS	1			3	4	
25	NP2C	3				3	
26	BHNK	2				2	
26	PTCC	2				2	
26	RCC	2				2	
29	CSS	1				1	
29	LS	1				1	
29	LSTLKK	1				1	
32	KWSC						
32	DMS-BW						
32	DMS-HW						
32	FHMSS						
32	FSS-SSW						
32	KGEDS						
32	LWFSS						
32	MSCHK						
32	NAMS						
32	PLKWYC						
32	CCSS						
32	YCM						

Girls Overall

Day 3

School		A	B	C	Total
1 OUR LADY OF THE ROSARY COLLEGE	OLRC	105	53	59	217
2 BELILIOS PUBLIC SCHOOL	BPS	51	51	79	181
3 C&M ALLIANCE SUN KEI SECONDARY SCHOOL	SKSS	51	41	81	173
4 YCH LAW CHAN CHOR SI COLLEGE	LCCS	21	81	59	161
5 BISHOP HALL JUBILEE SCHOOL	BHJS	44	49	66	159
6 KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS	48	21	47	116
7 CCC KEI HEEP SECONDARY SCHOOL	KHSS	8	63	33	104
8 YCH WONG WHA SAN SECONDARY SCHOOL	WWS	34	34	21	89
9 KING LING COLLEGE	K-LING	2	18	61	81
10 THE MISSION COVENANT CHURCH HOLM GLAD COL	HGC	37	15	18	70
11 STEWARDS POOI TUN SECONDARY SCHOOL	PTSS	20	36	10	66
12 PUI TAK CANOSSIAN COLLEGE	PTCC	32	27	2	61
13 LOK SIN TONG YU KAN HING SECONDARY SCHOOL	LSTYKH	38		13	51
14 ELCHK LUTHERAN SECONDARY SCHOOL	LS	1	47	1	49
14 TAK NGA SECONDARY SCHOOL	TNSS	12	10	27	49
16 SKH LI FOOK HING SECONDARY SCHOOL	SKHLFH	10	23	13	46
17 PO LEUNG KUK LAWS FOUNDATION COLLEGE	PLKLCFC	1	33	8	42
18 BUDDHIST HO NAM KAM COLLEGE	BHNC	15	24	2	41
19 DELIA MEMORIAL SCHOOL - HIP WOO	DMS-HW	39	—	—	39
20 THE HK TAOIST ASSN CHING CHUNG SEC SCHOOL	CCSS	22	14		36
20 NEW ASIA MIDDLE SCHOOL	NAMS	32	4		36
22 PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	14		21	35
23 CREATIVE SECONDARY SCHOOL	CREATIVE	—	6	28	34
24 SKH LEUNG KWAI YEE SECONDARY SCHOOL	SKHLKY	28	—	5	33
25 INT'L CHRISTIAN QUALITY MUSIC SEC & PRI SCH	ICQM	—	6	25	31
25 CCC KWEI WAH SHAN COLLEGE	KWSC	28	3		31
25 NING PO NO. 2 COLLEGE	NP2C	25	3	3	31
28 CCC MING KEI COLLEGE	MKC	—	16	9	25
29 CHINA HOLINESS COLLEGE	CHC	1	1	22	24
30 POH 80TH AN. TANG YING HEI COLLEGE	TYH	9	5	5	19
31 LOK SIN TONG LEUNG KAU KUI COLLEGE	LSTLKK	1	16	1	18
32 LKWFSL LAU WONG FAT SECONDARY SCHOOL	LWFSS	14	2		16
33 CLEMENTI SECONDARY SCHOOL	CSS	7	6	1	14
34 YEO CHEI MAN SENIOR SECONDARY SCHOOL	YCM	13	—	—	13
35 HOMANTIN GOVERNMENT SECONDARY SCHOOL	HGSS		7	4	11

36	PO CHIU CATHOLIC SECONDARY SCHOOL	PCCSS	1	3	4	8
36	DELIA MEMORIAL SCHOOL - BROADWAY	DMS-BW	6	2		8
38	PO LEUNG KUK WAI YIN COLLEGE	PLKWYC	2	4		6
39	RHENISH CHURCH PANG HOK KO MEMORIAL COLLEGE	RCC	1	2	2	5
40	FUKIEN SECONDARY SCHOOL (SIU SAI WAN)	FSS-SSW	2	2		4
41	KING'S GLORY EDUCATION DAY SCHOOL	KGEDS	1	—	—	1
42	MUNSANG COLLEGE - HONG KONG ISLAND	MSCHK				
42	FORTRESS HILL METHODIST SECONDARY SCHOOL	FHMSS			—	

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day One: 15 February 2011

=====
 Event 1 Shot Put Girls B
 Standard: 6.80 (3kg)

Record: 12.25 (2009) (3kg)

Position	Name	School	Result	Remark	Points
1	Yip Pui Man	WWS	8.32	Standard	9
2	Wai Uen Yi	SKSS	8.08	Standard	7
3	Wong Hey Man	PTSS	8.01	Standard	6
4	Chan Ho Ying	BPS	7.93	Standard	5
5	Ho Hui Ting	WWS	7.52	Standard	4
6	Wong Ka Ying	KTGS	7.32	Standard	3
7	Chan Lai Man	NAMS	7.11	Standard	2
8	Leung Hau Lam	PCCSS	6.98	Standard	1
	Leung Shui Yin	HGSS	6.96	Standard	
	Leung Ka Yiu	PLKWYC	6.90	Standard	
	Huang Su Yan	HGC	6.85	Standard	
	Ng Yui Sin	NAMS	6.84	Standard	
	Yeung Man Lai	LCCS	6.82	Standard	
	Tan Janice	SKHLFH	6.78		
	Chan Yee Ting	SKSS	6.73		
	Yu Tsz Wan	CCSS	6.73		
	chong Song En	PTSS	6.68		
	Chan Yuk Fung	KWSC	6.59		
	Lau Hiu Ching Amber	CREATIVE	6.59		
	Tang Yuk Wah	TNSS	6.54		
	Chan Lucy	KTGS	6.51		
	Wong Ling Chi	LCCS	6.51		
	Tang Pak Yan	PLKNO.1C	6.49		
	Sung Ka Man	LWFSS	6.44		
	Chow Ka Hung	CSS	6.24		
	Liu Wing Yu	HGSS	6.19		
	Chan Lai Hang Molly	LSTLKK	6.15		
	Yeung Ka Yan	HGC	6.11		
	Chan Wing Wai	MKC	6.07		
	Li Yee Ching	SKHLFH	6.07		
	Yip Kit Man	PCCSS	6.05		
	Chan Ying Sin Melody	LSTYKH	6.02		
	Li Wing Yu	LSTYKH	5.96		
	Chan Wing Yu	PLKWYC	5.90		
	Ip Jing Yee	CSS	5.84		
	Lam Tsz Kwan	TNSS	5.82		
	Ma Wan Yiu	CCSS	5.80		
	Cheung Ching Man	LSTLKK	5.79		
	Chan Yee Lin	KHSS	5.75		
	Wong Joe Yee	BHNC	5.69		
	Yip Hiu Shan	K-LING	5.52		
	Chan Ching Yi	KHSS	5.49		
	Lo Chui Shan	LWFSS	5.40		
	Wong Wai Kiu	PTCC	4.72		
	Leung Ka Wing	OLRC	4.44		
	Piesta Jeanalene	DMS-BW		No Mark	
	Wong Tin Yan	BPS		DN take part	
	Lam Yun Jun	CREATIVE		DN take part	
	Lau Tsz Ting	OLRC		No Mark	
	Fan Pui Yee	MKC		No Mark	

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 Event 2 Long Jump Boys C
 Standard: 4.00

Record: 6.25 (2006)

Position	Name	School	Result	Remark	Points
1	Lam Tsz King	SYSS	4.65	Standard	9

2	Leung Ming Tak	PTSS	4.53	Standard	7
3	Cheng Chi Yuen	LWFSS	4.46	Standard	6
4	Lam Hei Yung	SYSS	4.41	Standard	5
5	Liu Kai Tung	MSCHK	4.36	Standard	4
6	Mai Jianbo	LSTLKK	4.23	Standard	3
7	Wing Ka Lik	CCSS	4.08	Standard	2
8	Lui Chun Man	HGSS	4.07	Standard	1
	Kwok Tin Hang	NAMS	3.98		
	Yau Yee Lam	PTSS	3.91		
	Ching Man To	LCCS	3.88		
	Lo Siu Yu	LCCS	3.83		
	Fu Ka Chun	LSTLKK	3.73		
	Wong Pak Hei	CSS	3.71		
	Ho Yat To	KHSS	3.70		
	Lo Cheuk Wai	HKTKP	3.65		
	Man Tung Chow	CIS	3.65		
	Ho Kwok Wing	SKHLFH	3.64		
	Tong Lai Pan	CCSS	3.63		
	Woo Yik Lam	RCC	3.60		
	Ng Ho Tin	CSS	3.58		
	Leung Chung Him	HGC	3.52		
	Cuthbert Chow	CIS	3.43		
	Wong Mung	K-LING	3.29		
	Wan Ho Kan	MSCHK	3.29		
	Tsui Chi Yin	KWSC	3.24		
	Lee Lok Him	HGC	3.14		
	Wong Kwong Chung	KTGS	3.12		
	Ho Tak Wa	SKHLFH	3.06		
	Lam Chun Lik	ICQM	3.06		
	Cheng Chi Ko	LWFSS	3.01		
	Tong Tsz Hei	K-LING	2.94		
	Leung Ki Tung	HKTKP	2.90		
	Wong Yuet	KTGS	2.90		
	Tsang Chi King	LSTYKH	2.74		
	Tang Wai Nam	ICQM	2.09		
	Chu Ho Man	KWSC		DN take part	
	Chung Pak Him	CREATIVE		DN take part	
	Chin Tik Lun	PCCSS		DN take part	
	Lau Ka Ming	TYH		DN take part	
	Kwok Kam Man	TYH		DN take part	
	Yapus Bernard Peralta	DMS-BW		DN take part	

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Event 3 High Jump Girls C

Standard: 1.15

Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Wu Ka Yu	OLRC	1.30	Standard	9
2	So Yan Yuet	BHJS	1.27	Standard	7
3	Tong Hoi Yee Connie	CREATIVE	1.27	Standard	6
4	Kwan Wing Tung	SKSS	1.27	Standard	5
5	Yu Wing Yi	KTGS	1.24	Standard	4
6	Law Man Chung	K-LING	1.21	Standard	3
6	Ng Wai Lam	K-LING	1.21	Standard	3
8	Wong Nim Chi	LSTYKH	1.21	Standard	1
	Wong Tsz Yin	BHJS	1.20	Standard	
	Leung Yan Kiu	PTCC	1.20	Standard	
	Poon Kate	BPS	1.18	Standard	
	Chan Sze Yee	LSTLKK	1.15	Standard	
	Chu Yan Lam	BPS	1.15	Standard	
	Chung Miu Shan	OLRC	1.15	Standard	
	Ho Wing Tung	LS	1.15	Standard	
	Lee Yuk Man	LWFSS	1.12		
	Tang Yuen Shan	NP2C	1.12		
	Ho Suet Tung	HGSS		DN take part	
	Law Kai Yin	TNSS		No Mark	
	Ng Tsz Ching	WWS		No Mark	
	Law Tsz Kwan	PCCSS		No Mark	

Lam Pik Ling	FSS-SSW	DN take part
Lau Sze Ting	TYH	No Mark
Ling Tsz Yau	WWS	DN take part
Wong Sing Yuet	PTSS	No Mark
Leung Yan Yan	KTGS	DN take part
Leung Yuk Yan	HGC	No Mark
Lam Nok Yi	HGC	No Mark
Wong Tiffany Ching Lam	PTSS	No Mark
Lai Chui Yan	TYH	No Mark
Sharza Shahzad	DMS-BW	DN take part
Mak Yuen Mei	LWFSS	No Mark
Wan Yim Yim	LSTLKK	No Mark
Fung Yee Man	LSTYKH	No Mark

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Event 4 Discus Boys A

Standard: 20.00 (1.5kg)

Record: 47.86

(2010) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Kwong Chak Ming	KWSC	34.61	Standard	9
2	Chui Kai Ko	SYSS	26.69	Standard	7
3	Tse Kai Kam	NAMS	26.28	Standard	6
4	Tin Wai Chung	HGSS	25.84	Standard	5
5	Soo Yan Lok	CCSS	25.67	Standard	4
6	Lin Ting Fai	MSCHK	25.66	Standard	3
7	Chan Kai Man	SKHLFH	25.47	Standard	2
8	Jacob Weisman	CIS	25.40	Standard	1
	Kuet Tsz Hang	LS	23.71	Standard	
	Mak Ho Fung	K-LING	23.37	Standard	
	Wong Kwong Sing	LSTLKK	23.13	Standard	
	Chan Man Pui	SYSS	22.40	Standard	
	Chow Sung Yip	LCCS	22.23	Standard	
	Kwok Chun Kit	TYH	22.18	Standard	
	Li Min	DMS-HW	22.08	Standard	
	Choy Hiu Yik	YCM	21.49	Standard	
	Liu Tsz Ho	ICQM	21.35	Standard	
	Kwan Tim Cheung	CCPASS	21.25	Standard	
	So Ka Ho	CCSS	21.05	Standard	
	Ho Wing Fun	FSS-SSW	20.94	Standard	
	Hui Chi Ming	HGC	20.90	Standard	
	Leung Kai	TYH	20.70	Standard	
	Lam Ki Tim	KGEDS	20.63	Standard	
	Lee Ka Lok	PLKNO.1C	20.62	Standard	
	Lai Ka Wai	KTGS	20.54	Standard	
	Fu Chun Wai	PCCSS	20.43	Standard	
	Wan Chi Pong	LCCS	20.41	Standard	
	Fong Kwok San	LSTYKH	20.01	Standard	
	Ku Chun Chung	PCCSS	19.52		
	Cheung Yuen Kwan	NAMS	19.42		
	Tsing Tin Fan	CYC	18.42		
	So Yuk Pui	SKHLFH	18.17		
	Wong Kai Fung	FSS-SSW	18.02		
	Poon Chun Yu	CHC	17.85		
	Wong Ka Wa	CCPASS	17.30		
	Fok Chun Kit	MSCHK	17.04		
	Tam Yin Leung	LSTLKK	16.87		
	Wong Cheung Wai	K-LING	16.77		
	Huang En Yi	PTSS	16.58		
	Luk Guan Lin	PLKLFC	16.24		
	Wong Chi Ho	HGC	16.24		
	Lee Man Wai	CSS	16.12		
	Se Kai Wang	CREATIVE	15.82		
	Pang Kai Cheung	PLKLFC	15.51		
	Ng Kai Yiu	CREATIVE	13.71		
	Cheung Chun Ho	KGEDS	13.50		
	Sit Wai Kai	DMS-HW		DN take part	
	Chung Kam Yat	CSS		DN take part	
	Yeung Wai Kit	KWSC		DN take part	

Mak Wong Fai	HGSS	DN take part
Chan Man Kuen	PTSS	No Mark
Choi Cheung Yau	STCS	DN take part
Wong Ka Kam	CYC	No Mark
Elton Yau	CIS	DN take part
Cheung Wai Hong	LSTYKH	DN take part
Cheng Ka Chun	PLKWYC	No Mark
Cheung Chiu Fu	PLKWYC	No Mark
Chung Ka Shing	KTGS	DN take part
Singh Gaggandeep	DMS-BW	No Mark

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Event 5 100m Hurdles Girls C

Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

Heat 1 Final Lane

1	Lo Kei Yin	BHJS	22.63	Standard	7
2	Leung Yan Kiu	PTCC	23.23	Standard	
3	Hoo Stephannie	SKHLFH	26.52		
4	Tsui Kwan Ching	BPS		DQ	
5	Wong Cheak Man Megan	OLRC		DN start	
6	Tam Sze Wing	TYH		DN start	
7	Or Ka Man	KTGS		DN start	

Heat 2 Final Lane

1	Chiu Ting Hei	SKSS	21.34	Standard	5
2	Kong Hiu Ying	OLRC	21.94	Standard	6
3	Leung Shuk Kwan	WWS	22.98	Standard	8
4	Wan Yim Yim	LSTLKK	28.97		
5	Chin Sau Ki	KTGS		DN start	
6	Gul Shazia Sacpa	DMS-BW		DN start	

Heat 3 Final Lane

1	Ho Hoi Lam	ICQM	20.73	Standard	2
2	Au Suet Yi	SKSS	21.25	Standard	4
3	Ling Tsz Yau	WWS	23.45	Standard	
4	Leung Yuk Yan	HGC	25.80		
5	Wong Chiu Yan	LSTLKK	26.25		
6	Sin Mei Suet	KWSC		DQ	

Heat 4 Final Lane

1	Tang Hoi Yee Connie	CREATIVE	20.85	Standard	3
2	Poon Kate	BPS	22.80	Standard	1
3	Wong Ka Yiu	BHJS	24.22		
4	Chan Chau Yu	SKHLFH	26.64		
5	Huang Yan Jun	HGC	26.99		
6	Chu Yuet Yee	TYH		DN start	

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Event 6 100m Hurdles Girls B

Standard: 23.00 (0.762m) Record: 14.66 (2006) (0.762m)

Heat 1 Final Lane

1	Wong Ka Yan	LS	20.11	Standard	4
2	Cheung Lai Ping	KWSC	22.10	Standard	8
3	Ho Lok Tung	TYH	22.58	Standard	
4	Lai Hiu Ching	BPS	23.35		
5	Choy Ching Yi	HGC	24.55		
6	Sze Miu Yung	PTCC	24.56		
7	Chan Sze Sze	PCCSS		DN start	

Heat 2 Final Lane

1	Chan Hiu Hang	LS	19.80	Standard	3
2	Chan Yee Mei	BHJS	21.14	Standard	6
3	Lo Huen Ting	BPS	21.15	Standard	7
4	Tsang Kam Ting	HGC	22.78	Standard	
5	Young Tsz Ying	PCCSS	26.35		
6	Lam Tsz Ying	HGSS		DQ	
7	Li Shu Lan	PTSS		DN start	

Heat 3 Final Lane

1	Wong Mei Yee May	SKHLFH	21.58	Standard	1
2	Mak Hiu Ying	KTGS	23.84		
3	Wong Michelle	PLKLFC	24.01		

4	Au Git Yee Vesga	OLRC	26.96	
5	Li Wai Ting	PLKWYC	38.85	
6	Kwong Wing Han	LSTLKK		DN start
7	Chung Lai Ching	WWS		DN start

Heat 4 Final Lane

1	Ng Man Wai	OLRC	19.74	Standard	2
2	Chan Yan Wing Joyce	ICQM	20.99	Standard	5
3	Choi Pit Yan	WWS	22.40	Standard	
4	Ng Lai In	SKHLFH	22.72	Standard	
5	Cheng Chui Yuk	LSTLKK	23.11		
6	Mok Kit Man	PTCC	26.60		
7	Kam Cheuk Wing	KWSC			DN start

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Event 7 100m Hurdles Girls A

Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Heat 1 Final Lane

1	Choi Yu Ying	WWS	19.63	Standard	3
2	Lo Lai Man	LSTYKH	20.14	Standard	5
3	Wong Yu Hei	YCM	25.13		
4	Chau Ying Ying	HGC	27.00		
5	Motwani Payal Vashi	DMS-BW	28.78		
6	Kwok Ching Yee	K-LING			DN start
7	Chung Lai Kwan	PLKLFC			DN start

Heat 2 Final Lane

1	Lam Hoi Shan	PTCC	21.48	Standard	
2	Chan Chun Man	LCCS	21.69	Standard	
3	Tang Yuet Yung	HGC	22.47	Standard	
4	Cheung Yuen Ting	LSTLKK			DN start
5	Zheng Wenya	PLKWYC			DN start
6	Lai Ka Man	TYH			DN start
7	Lai Wing Chuen	K-LING			DN start

Heat 3 Final Lane

1	Tse Ka Yan	PTCC	19.95	Standard	4
2	Kwok Hung Yu	PLKWYC	21.24	Standard	8
3	Pang Sihua	LWFSS	21.32	Standard	
4	Lam Tsz Yan	SKHLFH	21.57	Standard	
5	Hiu Wing Kei	TYH	21.61	Standard	
6	Chan Man Hei	LSTLKK			DN start
7	Lung Kwan In Peony	BPS			DN start

Heat 4 Final Lane

1	Sung Hei Lam	OLRC	20.30	Standard	6
2	To Tam Yau	NAMS	20.97	Standard	7
3	Tsang Laicy Ketlin Da S.	DMS-HW	21.20	Standard	1
4	Li Hiu Wai	BPS	22.38	Standard	
5	Chan Chui Yin	SKHLFH	22.56		
6	Chan Wai Ping	KWSC			DN start

Heat 5 Final Lane

1	Chow Mei Hang	OLRC	19.24	Standard	2
2	Siu Chui Shan	KWSC	22.20	Standard	
3	Lam Hoi Yan	WWS	22.65		
4	Lau Sin Yee	LSTYKH	35.35		
5	Wong Wai Ling	YCM			DN start
6	Tsang Ka Wing	DMS-HW			DN start

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Event 8 100m Hurdles Boys C

Standard: 21.00 (0.84m) Record: 13.57 (2009) (0.84m)

Heat 1 Final Lane

1	Lee Ho Ming	HKTKP	20.57	Standard	1
2	Tang Chi Leuk	K-LING	22.01		
3	Yeung Yiu Fung	PTSS	22.08		
4	Kwok Tin Po	HGC	22.14		
5	Leung Sze Yuen	KTGS	22.98		
6	So Kin Tsun Brian	LSTLKK			DN start
7	Wong Chi Kit	TYH			DN start
8	Darien Suria	CIS			DN start

					Final Lane	
Heat 2	1	Chin Leonard Palelei	SKHLFH	19.61	Standard	3
	2	Cheng Lik Lam	PTSS	20.12	Standard	4
	3	Chan Kai Him	HKTKP	20.15	Standard	5
	4	Leung Ho Chun	HGC	21.83		
	5	Yeung Hin Hei	K-LING	21.99		
	6	Lee Tsun Hin	LSTLKK		DN start	
	7	Lam Ka Long	TYH		DN start	

					Final Lane	
Heat 3	1	Yeung Chi Ho	CREATIVE	16.39	Standard	2
	2	William McCombe	CIS	20.32	Standard	6
	3	Ko Chuen Fai	SKHLFH	20.37	Standard	7
	4	Fong Kai Yiu	KTGS	21.15		8
	5	Fung Kai Sun	LCCS	21.44		
	6	Chan Tin Ho	LSTYKH		DN start	
	7	Mendoza Carlos C. R.	DMS-BW		DN start	

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 Event 9 100m Hurdles Boys B
 Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

					SF	Lane
Heat 1	1	Logan Justice	CIS	16.56	Standard	1 2
	2	Yuen Ho Fai	LCCS	16.85	Standard	2 2
	3	Wong Fan Yung	SKHLFH	18.08	Standard	1 3
	4	Ng Tik Man	PTSS	18.15	Standard	1 4
	5	Chong Chor Yam	PLKWYC	20.43		1 8
	6	Cheng Wai Hung	LSTYKH	20.44		
	7	Lam Ka Chu	STCS		DN start	
	8	Mak Siu Ki	HGSS		DN start	

					SF	Lane
Heat 2	1	Kyle Justice	CIS	17.29	Standard	2 3
	2	Shum Chun Sang	SKHLKY	18.66	Standard	2 5
	3	Chan Kam To	FSS-SSW	20.58		
	4	Yu Ki Fung	HGC	20.75		
	5	Lin Chak Pan	PLKLFC	20.76		
	6	Wong Cheuk Ho	STCS	29.06		
	7	Law Ming Fung	LSTLKK		DN start	
	8	Shek Chun Wai	DMS-HW		DN start	

					SF	Lane
Heat 3	1	Chen Cong Hua	HGC	18.43	Standard	2 4
	2	Lo Ming Yin	SKHLKY	18.75	Standard	1 5
	3	Tsang Hon Cheong	LSTLKK	18.83	Standard	2 6
	4	Tam Curtis Jade Kwan Lung	DMS-BW	18.87	Standard	2 7
	5	Wong Kin Wai	SYSS	21.08		
	6	Wong Ka Wing	K-LING	22.50		
	7	Chor Kai Pong	TYH		DN start	

					SF	Lane
Heat 4	1	Cheung Pang Chor	K-LING	19.56	Standard	1 7
	2	Ng Ka Ho	SYSS	19.98	Standard	2 1
	3	Mirza Zain Shafiq	DMS-BW	20.41		2 8
	4	Liu Tsz Fung	HKTKP	20.79		
	5	Wong Chi Kit	PCCSS	22.38		
	6	Szeto Yam Yuen	KTGS		DN start	
	7	Cheung Hiu Chung	TYH		DN start	

					SF	Lane
Heat 5	1	Lau Pui Chung Owen	LSTYKH	18.77	Standard	1 6
	2	So Hang Sin	PTSS	19.65	Standard	1 1
	3	Kam Long San	SKHLFH	20.49		
	4	Lee Ting Fung	HGSS	22.51		
	5	Yu Han Chao	PLKWYC	25.35		
	6	Yeung Man Hing	PCCSS		DN start	
	7	Leung Ho Chun	HKTKP		DN start	

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 Event 10 110m Hurdles Boys A
 Standard: 20.30 (0.914m) Record: 14.20 (2009) (0.914m)

					SF	Lane
Heat 1						

1	Tse Jenson	ICQM	17.52	Standard	2	2
2	Tasawar Usman	DMS-BW	18.45	Standard	1	3
3	Hau Wing Lun	LCCS	18.73	Standard	1	4
4	Wan Ho Kuen	CCSS	20.29	Standard	1	7
5	Ng Wing Ho	HGSS	21.64			
6	Law Sai Fung	PLKWYC	22.66			
7	Adrian Lau	CIS		DN start		
8	So Kwok Hin	PCCSS		DN start		
Heat 2					SF	Lane
1	Li Ho Shing	PLKWYC	19.60	Standard	1	5
2	Tang Kai Sang	HGC	20.31		1	1
3	Fok Hiu Ka	PLKNO.1C	20.43		2	1
4	Shum Lai Hin Fenton	NAMS	20.67			
5	Dollano Al Christian	DMS-BW	21.01			
6	Chan Heung Chiu	DMS-HW	21.11			
7	Cheuk Wai Hung	SKHLFH	23.41			
Heat 3					SF	Lane
1	Lau Chun Wai	HGC	17.66	Standard	2	3
2	He Jia Bin	DMS-HW	21.16			
3	Shi Ka Chun	LSTLKK	21.44			
4	Yeung Chun Chit	SYSS	21.53			
5	Choi Chi Yung	SKHLFH	21.58			
6	Cheung Hoi Cheung	K-LING	28.21			
7	Chan Chun Hin	TYH		DN start		
Heat 4					SF	Lane
1	Au Chun	TYH	16.66	Standard	1	2
2	Kwan Kin Sing	SYSS	18.84	Standard	2	4
3	Kwok Ho Hin	LSTLKK	20.03	Standard	1	6
4	Ng Tsz Chun	KTGS	20.62		2	8
5	Kwan Ho Yin	YCM	20.77			
6	Leung Ying Hon	KWSC	21.14			
7	Ho Chun Ho	K-LING	22.10			
Heat 5					SF	Lane
1	Fung Ka Ho	YCM	18.91	Standard	2	5
2	Lee Shing Chun	PCCSS	20.03	Standard	2	6
3	Tso Wai Ming	HKTKP	20.26	Standard	2	7
4	Ip Kin San	HGSS	20.65		1	8
5	Lee Man Wai	CSS	20.67			
6	Stephen Lee	CIS	20.67			
7	Chan Ping Wai	CCSS	20.68			

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Event 11 100m Girls C

Standard: 16.10

Record: 12.48 (2010)

Heat 1					SF	Lane
1	Li Lai Ka	TNSS	14.52	Standard	1	2
2	Choi Cheuk Yiu	K-LING	15.33	Standard	1	5
3	Tsoi Wai Yin	OLRC	15.70	Standard	2	1
4	Chan Wing Si	RCC	16.37			
5	Chan Suet Chu	WWS	16.52			
6	Chan Oi Ying	CCSS	16.99			
7	Wong Wing Yi	LSTYKH	17.81			
8	Cheng Hau Yan	PLKNO.1C		DN start		
Heat 2					SF	Lane
1	Law Man Chung	K-LING	14.58	Standard	2	2
2	Wong Ching	PLKNO.1C	14.88	Standard	3	2
3	Wong Ching	RCC	15.74	Standard	3	8
4	Lam Hung Yan	HGC	16.18			
5	Ng Wan Wan	CCSS	16.34			
6	Pang Tsz Wing	LSTYKH	16.90			
7	Tai Kwan Lam	MSCHK	17.39			
8	Yeung Hoi Ip	SKHLFH	24.65			
Heat 3					SF	Lane
1	Lai Hiu Lam	HGC	15.10	Standard	1	4
2	Tsoi Wai Ting	SKHLFH	15.36	Standard	1	6
3	Tseung Yan Chi	BHJS	15.72	Standard	3	1
4	Lau Sze Ting	TYH	16.39			

5	Li Chiu Yee	MSCHK	16.89			
6	Chan Wai Sum	PLKLFC	17.20			
7	Sum Kai Yan	SKHLKY		DN start		
8	Kun Yuk Mui	PLKWYC		DN start		
Heat 4					SF	Lane
1	Chin Sau Ki	KTGS	15.00	Standard	3	3
2	Li Ling Sze	BHJS	15.13	Standard	2	4
3	Li Kin Yi	NP2C	15.28	Standard	3	5
4	Mok Hoi Yan	PLKLFC	15.67	Standard	1	7
5	Wu Ka Man	TYH	16.05	Standard		
6	Leung KaMan	PLKWYC	17.52			
7	Chan Wai Yee	LS		DN start		
8	Lau Yuen Lam	SKHLKY		DN start		
Heat 5						Final Lane
1	Tsang Ka Yuet	KTGS	15.78	Standard		
2	Chan Kwan Ting	LSTLKK	16.35			
3	Chan Sze Ting	LCCS	16.57			
4	Lo Pui Shan	PTCC	16.92			
5	Wang Cheryl Cheuk Ying	CSS	17.18			
6	Sin Mei Suet	KWSC	17.29			
7	Fung Cheuk Ting	HGSS	17.88			
Heat 6					SF	Lane
1	Chan Pei Ting	LCCS	15.30	Standard	2	5
2	Leung Ka Wai	HGSS	16.10	Standard		
3	Lo Pui Yan	PTCC	16.19			
4	Soo Tsz Tong	LSTLKK	16.37			
5	Tang Man Wai	BHNK	16.61			
6	Tang Hei Tung	ICQM	16.83			
7	Lam Yuen Yiu	KWSC	18.01			
Heat 7					SF	Lane
1	Leung Yan Ting Tiffany	ICQM	15.39	Standard	2	6
2	Yip Man Yan	MKC	15.46	Standard	3	6
3	Kan Wing Ki	PCCSS	15.65	Standard	2	7
4	Lip Wing Kwan	NAMS	16.58			
5	Yuen Cheuk Kiu Karin	PTSS	17.52			
6	Heung Ka Yi	BHNK	17.62			
7	Fan Yun Kwan	LWFSS	18.04			
Heat 8					SF	Lane
1	Tsui Kwan Ching	BPS	15.18	Standard	3	4
2	Lee Hang Chi Ann	KHSS	15.70	Standard	1	1
3	Lo Sum Yi	MKC	15.77	Standard	1	8
4	Au Yeung Lok Yi	NAMS	17.33			
5	Ng Ka Yan	LWFSS	17.38			
6	Kwong Sze Ling	PTSS		DN start		
7	Fong Hau Yi	PCCSS		DN start		
Heat 9					SF	Lane
1	Ma Kwan Ting	BPS	15.04	Standard	2	3
2	Lam Tsz Ching	CHC	15.92	Standard		
3	Wong Charity Hay Man	SKSS	16.35			
4	Chan Hiu Yan	FSS-SSW	16.95			
5	Bishwokarma Bhumika	DMS-BW	18.92			
6	Foo Yuet Long Celina	CREATIVE		DN start		
7	Lee Hang Yan Amy	KHSS		DN start		
Heat 10					SF	Lane
1	Au Hoi Sy Bacolod	TNSS	15.08	Standard	1	3
2	Ling Tsz Suet	CREATIVE	15.62	Standard	3	7
3	Lam Yat Kiu	WWS	15.76	Standard	2	8
4	Chan Yan Yat	SKSS	16.28			
5	Angeles Princess K. L.	DMS-BW	16.50			
6	Liu Choi Yu	OLRC	16.67			
7	Chow Ka Man Carmen	FSS-SSW	17.34			

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Event 12 100m Girls B

Standard: 16.00

Record: 12.21 (2005)

Heat 1				SF	Lane
1	Fung Hoi Yi	LCCS	14.05	Standard	1 2

2	Kwok Hiu Tung	PTCC	14.32	Standard	3	2
3	Wong Cho Kwan Porche	BPS	15.76	Standard		
4	Leung On Yee	KTGS	15.83	Standard		
5	Manabat Mnina Sarra	PTSS	15.84	Standard		
6	Ng Kwan Yi	SKHLFH	15.86	Standard		
7	Tang Ching Ha	MKC	16.04			
8	Yip Tsz Ying	CSS		DN start		
Heat 2					SF	Lane
1	Lai Man Ping	SKSS	14.30	Standard	2	2
2	Law Hoi Kwan	CSS	14.49	Standard	2	3
3	Lam Yan Yue	MKC	14.56	Standard	1	3
4	Yu Tsz Yung	SKHLFH	14.92	Standard	3	5
5	Wong Gi Ting	KTGS	15.14	Standard	1	6
6	Kwong Lok Yiu	PTSS	15.55	Standard	3	8
7	Wong Ka Yan	LWFSS	17.69			
8	Wong Hoi Yan	BPS		DN start		
Heat 3					SF	Lane
1	Tsang Hiu Tung	BHNC	14.80	Standard	2	4
2	Deng Pei Yi	LWFSS	15.26	Standard	3	7
3	Yip Pui Man	WWS	16.53			
4	Law Yui Hei Tibbie	CREATIVE	17.08			
5	Cheung Ho Yee Iris	FHMSS	18.53			
6	Iqra Rahfan	DMS-BW	18.86			
7	Ho Yuk Hei	K-LING		DN start		
Heat 4					SF	Lane
1	Wong Lik Ho	WWS	15.07	Standard	2	5
2	Yu Hoi Ching	CHC	15.70	Standard		
3	Chan Chui Shan	K-LING	16.00	Standard		
4	Cheung Sin Kei	BHNC	16.05			
5	Chan Chi Wing	FHMSS		DN start		
6	Lui Yu Man	RCC		DN start		
7	Chan Tsoi Kwan	CREATIVE		DN start		
Heat 5					SF	Lane
1	Li Ka Sin	LS	14.39	Standard	3	3
2	Li Sze Ching	BHJS	15.38	Standard	1	7
3	Chung Wing Yan	FSS-SSW	15.44	Standard	1	1
4	Cheng Tin Lam	KHSS	15.51	Standard	2	1
5	Poon Sze Lok	CCSS	15.52	Standard	3	1
6	Leung Tsz Wai	RCC	15.55	Standard	2	8
7	Pang Hiu Ching	CHC	17.03			
Heat 6					SF	Lane
1	Ng Yuen Yee	BHJS	14.83	Standard	3	4
2	Ng Oi Yui	CCSS	15.12	Standard	1	5
3	Lam Ka Man	OLRC	15.65	Standard	1	8
4	Pau Cheuk Lam	LSTLKK	15.96	Standard		
5	Yip Ka Yin	FSS-SSW	16.07			
6	Lai Ting Yiu	PLKWYC	17.00			
7	Lee Pui Yu	KHSS		DN start		
Heat 7					SF	Lane
1	Fatin-Shahira-Binti-R.	OLRC	14.65	Standard	1	4
2	Fung Tsz Ying	PLKWYC	15.15	Standard	2	6
3	Mak Wing Ki	PLKLFC	16.33			
4	Leung Nga Lam	TNSS	16.50			
5	Leung Wai Wa	LSTYKH	16.65			
6	Wong Shing Nga Elaine	TYH		DN start		
7	Wu Mei Chun	LSTLKK		DN start		
Heat 8					SF	Lane
1	Law Ka Wai	TNSS	15.18	Standard	3	6
2	Chan Wing Sze	HGC	16.00	Standard		
3	Yiu Man Ting	PCCSS	16.12			
4	Cheung Lai Ping	KWSC	16.28			
5	Cheung Yee Tung	LSTYKH	16.71			
6	Ho Tsz Shan	HGSS		DN start		
7	Lo Pui Shuen	PLKLFC		DN start		
Heat 9					SF	Lane
1	Lai Hiu Ching	HGC	15.29	Standard	2	7
2	Cheng Hiu Yi	PTCC	15.81	Standard		

3	Ho Yee Wai	PCCSS	16.73	
4	Lam Rikky Wai Hei	KWSC	16.98	
5	Hui Kwun Nam	MSCHK	18.33	
6	Leung Chit Yee	HGSS		DN start
7	Cheung Hoi Ying	LCCS		DN start

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Event 13 100m Girls A

Standard: 15.50

Record: 11.99 (2009)

Heat 1

				SF	Lane
1	Chiu Ka Man	SKHLKY	14.88	Standard	2 6
2	Tse Man Nga	CSS	14.96	Standard	3 6
3	Sinn Ka Man	PLKWYC	15.61		
4	Lam Hoi Shan	PTCC	15.65		
5	Leung Wai Chung	K-LING	15.73		
6	Hung Nga Shi	FSS-SSW	16.65		
7	Ng Shuk Ping	HGC	17.18		
8	Hui Ching Yan	PCCSS	18.57		

Heat 2

				SF	Lane
1	Hau Hayley Jing Ting	PTCC	14.62	Standard	1 3
2	Lee Kin Hung	HGC	14.64	Standard	1 4
3	Tsin Ka Yee	SKHLKY	15.10	Standard	1 7
4	Chan Wai Ping	KWSC	15.31	Standard	3 8
5	Lee Ka Hei	FSS-SSW	16.72		
6	Yan Chi Ching	K-LING		DN start	
7	Ng Ka Man	CSS		DN start	

Heat 3

				SF	Lane
1	Wong Ka Man	KWSC	14.29	Standard	3 3
2	Wan Siu Wai	BPS	15.34	Standard	
3	Poon Fong Yi	KTGS	15.62		
4	Chan Chun Man	LCCS	15.83		
5	To Tam Yau	NAMS	15.86		
6	Chow Yuen Kiu	TYH	16.67		
7	Tse Yuk King	SKHLFH		DN start	

Heat 4

				SF	Lane
1	Pang Pui Kwan	KTGS	13.46	Standard	1 2
2	Leung Hiu Yan	BPS	14.87	Standard	1 6
3	Ng Ying Lai	DMS-HW	15.32	Standard	1 8
4	Yung Huen Lui	LCCS	15.58		
5	Chan Chui Yin	SKHLFH	15.88		
6	Tong Ho Yi	NAMS	16.83		
7	Cheng Ya Yi Amie	PTSS		DN start	

Heat 5

				SF	Lane
1	Lau Mei Yee	WWS	14.83	Standard	3 5
2	Wu Lisha	LWFSS	14.98	Standard	2 7
3	Lam Tsz Yan	SKSS	15.12	Standard	1 1
4	Lui Michelle Fulguirinas	DMS-HW	15.13	Standard	2 1
5	Chau Chuk King Tsz	YCM	15.21	Standard	3 1
6	So Wa Na	PTSS	15.33	Standard	
7	Chan Yan Xiu	BHNC	17.79		

Heat 6

				SF	Lane
1	Chiu Yee On	BHJS	14.24	Standard	3 2
2	Ng Hoi Tung	CCSS	14.84	Standard	2 5
3	Yau Hiu Yan	WWS	14.85	Standard	1 5
4	Ma Hong Nei	TNSS	15.31	Standard	2 8
5	He Mei Zhen	LWFSS	16.13		
6	Wongmanee Oraphan	DMS-BW	16.79		
7	Tung Ho Yan	YCM		DN start	

Heat 7

				SF	Lane
1	Ho Wing Yiu	RCC	14.76	Standard	3 4
2	So Long Hang	TNSS	14.97	Standard	3 7
3	Ng Cheuk Yan	LSTYKH	15.56		
4	Yam Hei Tung	OLRC	16.07		
5	Wong Kit Ying	FHMSS	18.08		
6	Ho Ka Yee	LSTLKK		DN start	
7	Chung Lai Kwan	PLKLFC		DN start	

Heat 8

SF Lane

1	Ho Ka Wai	OLRC	13.82	Standard	2	2
2	Tsang Siu Fung	NP2C	14.47	Standard	2	3
3	Cheng Sau Kan	LSTYKH	14.74	Standard	2	4
4	Wan Sin Ting	LSTLKK	15.77			
5	Chan Wun Ting	RCC	15.87			
6	Lau Cheuk Yin	PLKLFC	15.89			
7	Tang Lai Yee	FHMSS	17.62			

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Event 14 Javelin Boys B

Standard: 18.00 (600gm) Record: 51.63 (2008) (600gm)

Position	Name	School	Result	Remark	Points
1	Lee Kwun Ming	NAMS	31.96	Standard	9
2	Lam Ting Pong	HGC	31.15	Standard	7
3	Chan Long Hin	SKHLFH	28.61	Standard	6
4	Hau Ho Yin	SKHLKY	24.54	Standard	5
5	Bradley Justice	CIS	24.33	Standard	4
6	Poon Chun Wai	LSTYKH	23.58	Standard	3
7	Wu King Ming	LSTYKH	22.37	Standard	2
8	Chan Ho Hin	K-LING	21.63	Standard	1
	Lewis Ho	CIS	21.27	Standard	
	Ng Long Yu	HGC	21.25	Standard	
	Ou Zhijie	NAMS	20.74	Standard	
	Chan Yat Sing	LCCS	20.52	Standard	
	Yip Ka Wing	TYH	19.57	Standard	
	Lam Yue Hang	CCSS	19.43	Standard	
	Chan Kam Fung	LSTLKK	19.36	Standard	
	Lam Kwok Keung	LCCS	17.07		
	Yuen Chue Ho	LWFSS	16.59		
	Chau Chi Fung	SKHLKY	16.09		
	Cheung Kin Hung	PTSS	14.33		
	Wu Yuet Ching	PLKNO.1C	14.32		
	To Man Chun	SKHLFH	13.97		
	Pang Chi Fung	TYH	13.43		
	Yeung King Wah	K-LING	12.97		
	Law Chung Ming	PTSS	10.72		
	Leung Chi Ching Stephen	LSTLKK		No Mark	
	Fong Ming Him	CCSS		No Mark	
	Wong Sin Tat	CSS		DN take part	

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Event 15 High Jump Girls A

Standard: 1.26 Record: 1.65 (2000)

Position	Name	School	Result	Remark	Points
1	Yeung Hoi Ting	OLRC	1.50	Standard	9
2	Lo Lai Man	LSTYKH	1.44	Standard	7
3	Li Hiu Wai	BPS	1.35	Standard	6
4	Chow Mei Hang	OLRC	1.32	Standard	5
5	Lai Pui Ki	PLKNO.1C	1.29	Standard	4
6	Cheng Hiu Tung	PTSS	1.26	Standard	3
	Ng Hiu Nam	LSTLKK		DN take part	
	Wu Cheng Shi	LSTLKK		DN take part	
	Yip Tsz Man	YCM		No Mark	
	Ng Ming Wai	HGC		No Mark	
	Chan Hiu Ching	CSS		No Mark	
	Kwok Hiu Kwan	CSS		DN take part	
	Wong Sze Wing	PCCSS		DN take part	
	Leung Hiu Lam	KTGS		DN take part	
	Tam Shuk Yi	HGC		No Mark	
	Kong Wing Ming	PCCSS		DN take part	
	Wong Yin Man	PTCC		No Mark	
	Chan Sze Yuen	PTCC		No Mark	
	Fung Sze Man	LWFSS		No Mark	
	So Hiu Man	PTSS		No Mark	
	Ngai Man Ting	DMS-HW		No Mark	
	Ng Siu Mui	DMS-HW		No Mark	
	Yeung Yip Hung	HGSS		DN take part	

Lai Ka Man	TYH	DN take part
Lui Ho Ying	LCCS	No Mark
Cheuk Yin Ping	WWS	DN take part
Lau Cheung Yee	WWS	DN take part
Yuen Mei Chi	LSTYKH	No Mark
Yeung Tsz Shuen	BPS	DN take part
Cheung Wan Ying	K-LING	No Mark
Hung Yuk Ying	K-LING	DN take part

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Event 16 Shot Put Girls C

Standard: 6.20 (3kg)

Record: 10.59

(2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Cheng Chui Ying	SKSS	8.17	Standard	9
2	Cheung Man Yi	PTSS	7.31	Standard	7
3	Chan Ching Mei	K-LING	7.11	Standard	6
4	Chui Man Wai	LCCS	7.06	Standard	5
5	Wu Po Shan	SKHLKY	6.95	Standard	4
6	Chow Tsz Ying	K-LING	6.95	Standard	3
7	Chan Sze Wing Ruby	LCCS	6.53	Standard	2
8	Yuen Heung Lin	TYH	6.48	Standard	1
	Pun Chui Mei Cindy	MKC	6.36	Standard	
	Ip Nga Ting Angel	BHNC	6.36	Standard	
	Chu Hoi Yee	BHJS	6.34	Standard	
	Tang Pui Man	PTSS	6.29	Standard	
	Tang Hiu Shan	CHC	6.25	Standard	
	Yue Tsz Ying	SKHLFH	6.09		
	Leung Sze Man	CCSS	6.08		
	Chan Tse Ying	LWFSS	6.06		
	Cheng Chi Wa	MKC	6.05		
	Lau Ching Yee	WWS	6.03		
	Lee Yuen Ting Janis	HGSS	5.97		
	Chan Ka Ki	SKHLFH	5.91		
	Chung Wing Yan	CSS	5.90		
	Chan Sze Yee	LSTLKK	5.82		
	Ma Hiu Kwan	BPS	5.76		
	Lee On Ying	CCSS	5.69		
	Ng Yuen Kwan	WWS	5.62		
	Ngan Chung Yan	KTGS	5.56		
	To Hiu Tung	FSS-SSW	5.42		
	Lam Nok Yi	HGC	5.40		
	Mui Yuen Ying	LS	5.40		
	Lau Pui Man	TYH	5.38		
	Chau Shuk Yin Dorothy	LWFSS	5.36		
	Hau Ka Wing Cherry	KHSS	5.28		
	Yiu Dora Nga Ching	CSS	5.26		
	Lau Ka Yu	BPS	5.24		
	Tong Yan Tung	LSTLKK	5.22		
	Chung Wing Yee	KTGS	5.19		
	Sin Tsz Kwan	OLRC	4.90		
	Li Man Ching	MSCHK	4.67		
	Chiu Tung Ling	CHC	4.66		
	Lau Hiu Ching	BHJS	4.52		
	Chung Miu Shan	OLRC	4.39		
	Tu An Li	PLKWYC	4.11		
	Cheung Sin Wah Angel	PTCC	3.12		
	Lo Wun Chi	PLKWYC	3.06		
	Wong Miu Huen	MSCHK		No Mark	
	Ng Tsz King	HGC		No Mark	
	Leung Yin Ting	PCCSS		DN take part	
	Marrrium Bibi	DMS-BW		DN take part	
	Lee Ying Yee	PTCC		No Mark	
	Wong Suet Lam Yandy	SKSS		DN take part	
	Chan Tak Yuet	PCCSS		DN take part	
	Chung Wai Yin	LSTYKH		DN take part	
	Ha Shuk Yee	LSTYKH		DN take part	

Event 17 Long Jump Boys A

Standard: 5.10

Record: 7.07 (1981)

Position	Name	School	Result	Remark	Points
1	Yu Hok Tao	TYH	5.71	Standard	9
2	Fung Kai Shun	TYH	5.61	Standard	7
3	Xiong Jun Hao	NAMS	5.61	Standard	6
4	Lo Kwong Yu	KTGS	5.55	Standard	5
5	Hon Chi Ho	CSS	5.54	Standard	4
6	Cheng Kin	PTSS	5.52	Standard	3
7	Yeung Chun Ho	LCCS	5.40	Standard	2
8	Li Ho Shing	PLKWYC	5.39	Standard	1
	Ho Yiu Kin	CCPASS	5.35	Standard	
	Tang Chi Keung	KTGS	5.30	Standard	
	Fong Tsz Ho	HGC	5.25	Standard	
	Wong Tsz Him	CCSS	5.24	Standard	
	Pak Chi Ho	NAMS	5.19	Standard	
	Li Tsz Wing	PLKNO.1C	5.19	Standard	
	Lo Kwok Pan	HGSS	5.16	Standard	
	Chan Kin	STCS	5.10	Standard	
	Cheung Ho Yin	PLKNO.1C	5.01		
	Kwok Tsz Leung	MSCHK	4.99		
	Kwan Tsun Kit	FSS-SSW	4.97		
	Wong Ka Po	HGC	4.97		
	Ku Ho Ting	SYSS	4.89		
	Cheung Kai Mei	HKTKP	4.89		
	Tsui Chi Wah Philemon	CIS	4.88		
	Tasawar Usman	DMS-BW	4.85		
	Chui Yum Nam	PLKWYC	4.84		
	Li Xuexian	FSS-SSW	4.80		
	Tam Chi Kit	LWFSS	4.72		
	Sin Chi Kin	LCCS	4.56		
	Cheung Wai Ho	SYSS	4.56		
	Lee Chun Yam	LSTLKK	4.51		
	Wong Ka Yin	DMS-HW	4.44		
	Chong Kin Ting	BHNC	4.22		
	Wong Kin Shing	HKTKP	4.18		
	Chan Ying Ho	CYC	4.17		
	Wong Tak Hin	LSTYKH	4.15		
	Sin King Lam	SKHLFH	4.11		
	Chan Man Chun	K-LING	4.07		
	Chung Sau Fung	K-LING	4.05		
	Leung Hon Fai	FHMSS	4.04		
	Leung Ying Hon	KWSC	4.04		
	Mak Cheuk Yeen	RCC	3.94		
	Chan Wing Fu	SKHLFH	3.60		
	Ho Kai Wa	MKC	3.60		
	Ho Ying Hang	FHMSS	3.58		
	Chong Chun Ting	CREATIVE	3.53		
	Ding Wei Bin	CYC	3.47		
	Sham Yui Man	MSCHK	3.38		
	Chan Tsz Hin	LSTYKH	2.89		
	Chow Yuet Hang	CREATIVE	2.55		
	Chan Pui Lok	LWFSS		DN take part	
	Choy Ching Kit	RCC		DN take part	
	Tang Kin Wai	YCM		DN take part	
	Heung Chun Kit	CSS		DN take part	
	Wong Tsz Lam	STCS		DN take part	
	Cheung Wai Wang	DMS-HW		DN take part	
	Chien He Wong	CIS		DN take part	
	Ang Pok Man	CCSS		DN take part	
	Ho Chun Yu	CCPASS		DN take part	
	Chen Zhantian	LSTLKK		DN take part	
	Li Zhen Liang	BHNC		No Mark	
	Wong Chun Kit	PTSS		DN take part	

Event 18 100m Boys C

Standard: 14.10

Record: 11.21 (2009)

Heat				SF Lane
1	Kwong Man Kin	LS	13.39	Standard 2 4
2	Liu Kai Tung	MSCHK	13.93	Standard
3	Mai Jian Bo	LSTLKK	14.11	
4	Lee Sze Ming	SKHLKY	14.45	
5	Lee Hin Chun	MKC	14.61	
6	Hon Cheuk Lok	HGC	14.65	
7	Chow Chung Long	PLKLFC	14.66	
8	Li Man Kit	KWSC	14.89	
Heat 2				SF Lane
1	Mak Lok Man	PLKLFC	13.61	Standard 2 6
2	Chan Kin Fai	LSTLKK	13.70	Standard 1 1
3	Wong Pak Hei	CSS	14.14	
4	Wan Ho Kan	MSCHK	14.44	
5	Cheng Chi Chung	HKTKP	14.52	
6	Cheng Ho Chun	MKC	14.94	
7	Tsang Wing Cheung	KWSC		DN start
8	Wong Chun Fung	HGC		DN start
Heat 3				Final Lane
1	Cheung Chun Ho	HKTKP	13.90	Standard
2	Chan Cho Hang	PTSS	14.09	Standard
3	Lui Pak Lam	KTGS	14.13	
4	Kwok Tin Hang	NAMS	14.34	
5	Barua Surin	DMS-HW	14.59	
6	Lee Yat Hei	ICQM	14.78	
7	Au Yeung Wing Kan	CSS		DN start
8	Wong Wai Shing	PCCSS		DN start
Heat 4				SF Lane
1	Rana Ganesh Bikram	DMS-HW	13.14	Standard 3 2
2	Tsang Lam	PTSS	13.21	Standard 3 3
3	Ho Jason Chun Fung	KTGS	13.31	Standard 1 3
4	Lam Chun Lik	ICQM	13.62	Standard 3 6
5	Lee Kwan Yin	LCCS	13.84	Standard 3 8
6	Chan Ka Ho	K-LING	14.17	
7	Si Wai Weng	FSS-SSW	14.72	
8	Lau Yin Ching	PCCSS		DN start
Heat 5				SF Lane
1	Tai Hoi Yuet	BHNK	13.25	Standard 2 3
2	Tse Hei Nam Sebastian	CREATIVE	13.55	Standard 2 5
3	Yu Ka Wai	K-LING	13.64	Standard 1 7
4	Chan Wai Hong	LCCS	14.07	Standard
5	Tsoi Sheung Lam	SKHLFH	14.16	
6	Yumul Florenz Anthony R	DMS-BW	14.26	
7	Leung Chun Ting	TYH	14.27	
8	Chun Au	CIS	14.30	
Heat 6				SF Lane
1	Wong Chun Angelo	CREATIVE	12.65	Standard 1 2
2	Oliver Wu	CIS	13.53	Standard 3 5
3	Ko Chuen Fai	SKHLFH	13.55	Standard 1 6
4	Chow Hon Kwan	BHNK	13.71	Standard 2 1
5	Cheng Chi Ko	LWFSS	14.72	
6	Tsang Chi King	LSTYKH	14.78	
7	Chan Choi Yin	TYH		DN start
8	Singh Love Preet	DMS-BW		DN start
Heat 7				SF Lane
1	Wong Tsz Chiu	LWFSS	13.36	Standard 1 4
2	Fung Yat Chiu	RCC	13.39	Standard 3 4
3	Yu Chung Ho	SYSS	13.55	Standard 1 5
4	Cheung Cheuk Hin	CCSS	13.63	Standard 3 7
5	Li Chi Man	LS	14.02	Standard
6	Kwong Chun Wa	KHSS	14.08	Standard
7	Chang Yiu Ting	LSTYKH		DN start
8	Chiu Ka Wo	HGSS		DQ
Heat 8				SF Lane
1	Du Jiaming	HGSS	12.81	Standard 2 2

2	Lau Yu Hin	KHSS	13.63	Standard	2	7
3	Chan Chun Nok	SYSS	13.79	Standard	3	1
4	Pang Chun On	RCC	13.87	Standard	2	8
5	Chan Ka Wai	CCSS	13.89	Standard	1	8
6	Law Kam Lung	SKHLKY	14.35			
7	Kam Wing Him	CHC	14.73			
8	0	MYC				DN start

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Event 19 100m Boys B

Standard: 13.30

Record: 11.03 (2008)

Heat 1

SF Lane

1	Cheung Man Tat	RCC	12.98	Standard	2	4
2	Chau Ka Ming	CCSS	13.00	Standard	3	4
3	Tam Tsz Kin	TYH	13.11	Standard	3	7
4	Lam Lok Hang	ICQM	13.26	Standard	1	1
5	Wong Chun Wai	HGC	13.42			
6	Tse Tin Chi	SKHLKY	13.63			
7	Chung Wing Chung	TYH				DN start
8	Chong Chor Yam	PLKWYC				DN start

Heat 2

Final Lane

1	Kwok Chu Sing	PLKWYC	13.57			
2	Cheng Kam Chiu	SKHLFH	13.63			
3	Chiu Kwai Pang	HGSS	13.90			
4	Ko Chi Chiu	KTGS	14.20			
5	Lau Wing Kong	PLKLFC	14.28			
6	0	MYC				DN start
7	Lau Yik Sau	RCC				DN start
8	Kong Ting Chu	SKHLKY				DN start

Heat 3

SF Lane

1	Wong Tsz Hin	KTGS	13.29	Standard	3	1
2	Yu Ho Ching	PLKLFC	13.49			
3	Chan Jonathan	HGSS	13.54			
4	Chan Kam Wa	CSS	13.67			
5	Liu Tsz Fung	HKTKP	13.70			
6	Poon Kwai Yin	SKHLFH	13.81			
7	Tsui Hiu Pan	FHMSS	14.81			
8	Lai Koon Sing	KWSC				DN start

Heat 4

SF Lane

1	Tai Chi Fai	FHMSS	12.67	Standard	3	3
2	Ho Wing Kei	BHNC	12.74	Standard	2	3
3	Leung Hiu Fai	HKTKP	13.14	Standard	2	7
4	Lo Chun Hin Johannes	CSS	13.34		2	8
5	Leung Ka Kin	MKC	14.00			
6	Lee Cho Hong	NAMS				DN start
7	Lui Wo Him Jeremy	LS				DN start
8	Ngai Kai Chun	KWSC				DN start

Heat 5

SF Lane

1	Mak Wing Fai	MKC	12.91	Standard	1	3
2	Liang Genquan	BHNC	13.16	Standard	1	7
3	Wong Jeffrey	FSS-SSW	13.33		3	8
4	Mak Wing Wing	PTSS	13.42			
5	Chung Man Kin	LCCS	13.46			
6	Wu Yuh Uan	NAMS	13.71			
7	Cheuk Ka Lam	LSTLKK	14.46			
8	Hui Pui Heung	CYC	14.52			

Heat 6

SF Lane

1	Clarence Leung	CIS	12.57	Standard	3	2
2	Lam Ho Yin	PTSS	13.06	Standard	1	5
3	Chan Wai Hung	LSTLKK	13.07	Standard	1	6
4	Kwok Chi Keung	LCCS	13.08	Standard	2	6
5	Lo Ka Lok	KHSS	13.09	Standard	3	6
6	Tsiu Ho Ting	K-LING	13.36			
7	Chung Tat Man	FSS-SSW	13.44			
8	Ng Ying Lun	DMS-HW	13.58			

Heat 7

SF Lane

1	Lewis Ho	CIS	12.45	Standard	1	2
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2	Cheung Kai Wang	DMS-HW	12.52	Standard	2	2
3	Chung Siu Fung	K-LING	12.96	Standard	1	4
4	Cheung Pan	KHSS	13.05	Standard	2	5
5	Tang Eagle Lap Man	CREATIVE	13.43			
6	Hui Chun Hin	PCCSS	13.63			
7	Feng Zhen Peng	LWFSS	13.65			
8	Lau Chung Wun	PLKNO.1C	13.70			

Heat 8 SF Lane

1	Chan Wai Shing	SYSS	13.02	Standard	3	5
2	Kamar Rajin Labaro	DMS-BW	13.29	Standard	2	1
3	Tam Man Kit	CREATIVE	13.58			
4	Kong Chun Kit	PLKNO.1C	14.28			
5	Lau Fei Lung	LWFSS	14.29			
6	Li Wai Nam	MSCHK	14.53			
7	Wong Cheuk Ho	STCS	15.47			
8	So Man Hin	LSTYKH	15.81			

Heat 9 SF Lane

1	Choi Chi Hang	SYSS	13.35		1	8
2	Leung Wing Keung	CCSS	14.26			
3	Tang Yu Hin	HGC	14.34			
4	Pan Guanrong	MSCHK		DN start		
5	Chung Pui Kwan	LSTYKH		DN start		
6	Chettiyar Nathan	DMS-BW		DN start		
7	Lam Ka Chun	STCS		DN start		
8	0	MYC		DN start		

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Event 20 100m Boys A

Standard: 12.80

Record: 10.40 (2008)

Heat 1 SF Lane

1	James Harris	CIS	12.54	Standard	1	5
2	Tsoi Chun Ho	BHNC	12.64	Standard	2	6
3	Fung Kai Shun	TYH	12.94			
4	Chow Tsz Fung	NAMS	13.31			
5	Tam Chi Kit	LWFSS	13.32			
6	Lee Laam Chuen Nelson	SKHLFH	13.76			
7	Wong Chun Yeung	KWSC		DN start		
8	Donzelli Jason Ching Hong	LCCS		DN start		

Heat 2 SF Lane

1	Wong Ho Tung	LS	12.68	Standard	3	6
2	Tam Yeung Kit	NAMS	12.75	Standard	3	1
3	Ng Ho	KHSS	12.78	Standard	3	8
4	Lee Ho Ching	HGSS	12.99			
5	Ip Kai On	CHC	13.52			
6	Chau Chun Ho	STCS	13.64			
7	Li Lok Chun	KWSC		DN start		
8	0	MYC		DN start		

Heat 3 SF Lane

1	Cheng Kin	PTSS	11.94	Standard	3	2
2	So Ching On	KHSS	12.37	Standard	2	4
3	Hung Ming Ching	LS	12.56	Standard	1	6
4	Ma Kwong Wai	K-LING	12.73	Standard	2	1
5	Lo Kwok Pan	HGSS	12.86			
6	Tang Kai Sang	HGC	12.96			
7	Chan Kin	STCS	13.07			
8	Gurung Yem Behadur	DMS-BW	13.70			

Heat 4 SF Lane

1	Zou Yue Qiang	PTSS	11.84	Standard	2	2
2	Chui Wing Ho	YCM	12.72	Standard	1	7
3	Tse Siu Hang	HGC	12.87			
4	Leung Siu Wai	K-LING	12.99			
5	Tsoi Kam Fung	MSCHK	13.12			
6	Chan Ka Yung	FHMSS	14.35			
7	Chan Kwan Shing	MKC		DN start		
8	Dollano Al Christian	DMS-BW		DN start		

Heat 5 SF Lane

1	Lam King Yin	LSTYKH	12.71	Standard	2	7
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2	Lai Cheuk Yin	PLKWYC	12.86			
3	Wong Chin Hang	SYSS	12.89			
4	Mo Ho	CSS	13.01			
5	Fong Chi Long	MKC	13.07			
6	Wong Gavin Chung Ting	CREATIVE	13.57			
7	Leung Hon Fai	FHMSS	14.72			
8	Wong Hiu Chun	KGEDS		DN start		
Heat 6					SF	Lane
1	Choi Pui Fung	SYSS	11.74	Standard	1	2
2	Hon Chi Ho	CSS	12.00	Standard	3	3
3	Wong Lok Chun	KGEDS	12.24	Standard	1	3
4	Chui Yum Nam	PLKWYC	12.81		1	8
5	Kwan Tsun Kit	FSS-SSW	12.84			
6	Lee Koon Fung	CREATIVE	13.16			
7	Wong Ka Yin	DMS-HW	13.18			
8	Tang Wing Fai	HKTKP		DN start		
Heat 7					SF	Lane
1	Lun Wai	CCSS	12.38	Standard	3	4
2	Tang Chi Keung	KTGS	12.51	Standard	2	5
3	Chow Sze Ho	LSTLKK	12.90			
4	Man Yat Chun	PLKNO.1C	12.99			
5	Chan Tak Keung	HKTKP	13.07			
6	Lam Aidan Pui Lun	ICQM	13.96			
7	Lee Chun Ting	DMS-HW	14.23			
8	Lui Hoi Chau	CCPASS		DN start		
Heat 8					SF	Lane
1	Wong Tsz Him	CCSS	12.43	Standard	3	5
2	Chau Chun Sing	RCC	12.69	Standard	3	7
3	Yeung Wai	KTGS	12.73	Standard	1	1
4	Chen Zhantian	LSTLKK	13.02			
5	Ip Sheung Ming	PLKNO.1C	13.19			
6	Shek Fu Yin Corellian	ICQM	13.53			
7	Chan Chun Yip	LCCS	13.62			
8	Lo Siu Him	CCPASS		DN start		
Heat 9					SF	Lane
1	Sham Kit Nam	RCC	12.08	Standard	2	3
2	Chan Lit Ho	BHNC	12.36	Standard	1	4
3	Leung Siu Lun	SKHLFH	12.79	Standard	2	8
4	Wong Kwok San	TYH	12.98			
5	Luk Guan Lin	PLKLFC	13.54			
6	Tsing Tin Fan	CYC		DN start		
7	Lucas Tse	CIS		DN start		
8	0	MYC		DN start		

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Event 21 400m Girls C

Standard: 1:25.00

Record: 58.78 (2000)

Heat 1					SF	Lane
1	Leung Ka Man	KHSS	1: 9.27	Standard	1	2
2	Ma Ka Yan	OLRC	1:12.01	Standard	3	2
3	Choi Ho Yi	BHJS	1:14.81	Standard	1	4
4	Wong Ho Yiu	PLKLFC	1:16.44	Standard	2	4
5	Yeun Yurisa	BPS	1:18.91	Standard	3	7
6	Mok Wai Sze	LSTYKH	1:18.91	Standard	3	6
7	Cheung Lok Ki	PCCSS	1:30.03			
8	Cheung Ka Yi Grace	MKC		DN start		
Heat 2					SF	Lane
1	Ko Tsz Ching	MKC	1:14.07	Standard	2	3
2	Hui Ching Wai Maisy	WWS	1:18.21	Standard	1	5
3	Chan Wan Sze	LSTYKH	1:23.75	Standard	3	1
4	Hui Miu Miu	KHSS	1:26.08			
5	Ngan Fung Yee	HGC	1:26.28			
6	Lu Hiu Wing	PTCC	1:26.84			
7	Mark Kit Ying	PCCSS		DN start		
Heat 3					SF	Lane
1	Chau Hoi Wang	PLKNO.1C	1:11.48	Standard	2	2
2	Ng Kwan Yi	SKSS	1:16.99	Standard	3	4

3	Leung Tsz Tsing	LCSS	1:19.28	Standard	1	7
4	Kam Hei Ting	WWS	1:23.30	Standard	1	1
5	Dit Wing Tung	TNSS	1:25.15		2	8
6	Lam Tsz Yan	HGC	1:38.98			
7	Cheung Tsz Yan	KWSC		DN start		
Heat 4					SF	Lane
1	Wong Yik Kak	SKSS	1:12.35	Standard	3	3
2	Cheng Lai Chun	LCSS	1:18.80	Standard	1	6
3	Leung Wai Lam	KTGS	1:25.29			
4	Leung Sze Hang	SKHLFH	1:28.74			
5	Chan Michelle Yuen Man	TNSS	1:31.21			
6	Chung Pui Chi	TYH		DN start		
7	Li Hoi Yan	PTSS		DN start		
Heat 5					SF	Lane
1	Chan Ka Lam	ICQM	1:14.30	Standard	1	3
2	Yeung Tsz Wai	KTGS	1:19.01	Standard	2	7
3	Chu Ka Man	K-LING	1:23.50	Standard	2	1
4	Lai Chui Yan	TYH	1:25.08		3	8
5	Lee Siu Yung	SKHLFH	1:28.19			
6	Ngai Ho Wing	PTSS	1:33.65			
7	Yip Cheun It	LWFSS	1:47.46			
Heat 6					SF	Lane
1	Kwan Nga Lok	K-LING	1:17.31	Standard	3	5
2	Lai Yi Shan	ICQM	1:25.50			
3	Ho Suet Tung	HGSS	1:27.79			
4	Chu Pui Ying	LWFSS	1:35.88			
5	Wong Yee Sha	BHNC	1:40.47			
6	Lam Yik	LSTLKK	1:42.04			
7	Lam Hiu Yan Angel Daisy	CREATIVE		DN start		
Heat 7					SF	Lane
1	Mok Ka Yi	OLRC	1:17.49	Standard	2	5
2	Ho Hin Lam	PLKLFC	1:18.89	Standard	2	6
3	Fung Ching Kan	BPS	1:25.26		1	8
4	Leung Hoi Ting	BHNC	1:26.68			
5	Yeung Hang Lam	BHJS	1:30.05			
6	Wong Chiu Yan	LSTLKK		DN start		
7	Lee Yuen Ting Janis	HGSS		DN start		

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Event 22 400m Girls B

Standard: 1:23.00

Record: 57.29 (2002)

Heat 1					SF	Lane
1	Li Ching Yan	LCSS	1:15.84	Standard	2	3
2	Chan Kit Yee	K-LING	1:22.47	Standard	1	7
3	Choi Yiu Yi	HGSS	1:23.16		1	1
4	Kan Yung Yung	LSTLKK	1:32.62			
5	Chong Ching Man	MSCHK	1:32.92			
6	Chan Yuen Him	KTGS		DN start		
7	Chan Hi Yue	CREATIVE		DN start		
8	Ou Jialam	CSS		DN start		
Heat 2					SF	Lane
1	Wong Wui Yee	KTGS	1:16.19	Standard	1	3
2	Yeung Chun Yan Natalia	K-LING	1:17.90	Standard	2	4
3	Lai Wing Suen Jennifer	BPS	1:24.10		3	1
4	Tang Wing Yan	LWFSS	1:27.50			
5	Kwok Lai Yee	PCCSS	1:31.17			
6	Wong Ka Yiu	CCSS	1:43.35			
7	Ip Jing Yee	CSS		DN start		
8	Kwan Yuk Fung	MKC		DN start		
Heat 3					SF	Lane
1	Lai Hiu Ching	BPS	1:18.54	Standard	1	6
2	Chan Siu Man	BHJS	1:24.73		2	8
3	Yeung Yuen Yan	PCCSS	1:24.99		1	8
4	Fu Yan	BHNC	1:25.24			
5	Kwok Hau Yi	LWFSS	1:29.46			
6	Tse Pui Chi	PLKWYC	1:33.14			
7	Wong Wai King	CCSS	1:39.35			

8	Yu Ming Lei	FSS-SSW		DN start		
Heat 4					SF	Lane
1	So Yuen Ting	BHJS	1:13.58	Standard	2	2
2	Leung Ka Ying	OLRC	1:24.71		3	8
3	Tai Pik Shan	FSS-SSW	1:26.37			
4	Lau Mei Yi	BHNC	1:31.10			
5	Lai Wing Lam	PLKWYC	1:37.66			
6	Chung Lai Ching	WWS		DN start		
7	Shek Ching Tsz	SKHLFH		DN start		
8	Wong Hei Yiu	PLKLFC		DN start		

Heat 5					SF	Lane
1	Tsang Tammi	PLKLFC	1:12.74	Standard	1	2
2	Fok Yuen Yan	KHSS	1:14.24	Standard	3	2
3	Yuen Ka Yee	PTSS	1:18.50	Standard	1	5
4	Wong Lik Ho	WWS	1:19.23	Standard	2	6
5	Lau Tsz Ting	OLRC	1:19.85	Standard	2	7
6	Chan Ka Ki	SKHLFH	1:30.21			
7	Chan Wing Yi	LSTYKH	1:34.14			
8	Kwok Tin Lam	TYH	1:41.80			

Heat 6					SF	Lane
1	Luk Ka Ying	PTSS	1:18.03	Standard	3	4
2	Wong Ka Yan	LS	1:18.04	Standard	3	5
3	Fu Emily	KHSS	1:18.09	Standard	2	5
4	Wong Sin Yi	TYH	1:19.48	Standard	3	6
5	Wong Ka Yan	PTCC	1:32.23			
6	Wu Wing Yan	LSTYKH	1:32.29			
7	Lee Yeuk Law	HGC	1:37.06			

Heat 7					SF	Lane
1	Yung Ka Ka	LCCS	1:15.06	Standard	3	3
2	Ho Shuk Man	HGC	1:16.57	Standard	1	4
3	Chung Ching Yan	CREATIVE	1:19.64	Standard	3	7
4	Keung Tsz Ching	MSCHK	1:24.03		2	1
5	Lau Man Yin	HGSS	1:25.01			
6	Kwong Wing Han	LSTLKK	1:33.30			
7	Lee Yee Tin	PTCC	1:42.10			

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Event 23 400m Girls A

Standard: 1:20.00

Record: 58.29 (1999)

Heat 1					SF	Lane
1	Yau Miu Ling	KTGS	1:17.88	Standard	2	7
2	Chow Cheuk Lam	PLKNO.1C	1:21.21			
3	Lee Wing Yan	CCSS	1:23.70			
4	Leung Siu Yin	LWFSS	1:25.56			
5	Wong Wan Yin	LSTYKH	1:30.27			
6	Chung Sin Ting	K-LING	1:35.50			
7	Hui Wing Sum	PLKWYC		DN start		
8	Fong Tsz Wing	SKHLFH		DN start		

Heat 2					SF	Lane
1	Leung Hiu Lam	KTGS	1:13.26	Standard	1	3
2	Lau Cheuk Yin	PLKLFC	1:18.72	Standard	2	1
3	Kwok Hung Yu	PLKWYC	1:19.99	Standard	2	8
4	Wong Ming Lam	LWFSS	1:21.76			
5	Yip Ying Yui	LS	1:23.12			
6	Lee Sze Wai	LSTYKH	1:24.07			
7	Cheng Yun Ching	TYH		DN start		
8	Hung Yuk Ying	K-LING		DN start		

Heat 3					SF	Lane
1	Ho Ka Wai	OLRC	1: 8.29	Standard	1	2
2	Kwong Hiu Lam	BPS	1:16.07	Standard	1	6
3	Lok Yee Chi	LSTLKK	1:21.65			
4	Chan Yuen Tung	TNSS	1:30.59			
5	Yuen Si Long	PTCC	1:34.82			
6	Chan Wing Yu	KWSC		DN start		
7	Chan Po Yee	SKHLKY		DN start		
8	Tang Tsz Ching	TYH		DN start		

Heat 4					SF	Lane
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1	Chiu Ka Man	SKHLKY	1:13.42	Standard	1	4
2	Cheung Mei Chi	OLRC	1:16.83	Standard	2	6
3	Wong Hoi Ki	BPS	1:20.20		1	8
4	Law Nga Wing	PTSS	1:24.29			
5	Wong Lim Yee	CSS	1:24.50			
6	Yu Ho Ting	HGSS	1:25.15			
7	Leung Sin Tung	PTCC	1:39.07			
8	Cheung Yuen Ting	LSTLKK		DN start		
Heat 5					SF	Lane
1	Hung Ching Yi	SKSS	1:15.08	Standard	2	5
2	Wong Cheuk Ying	PTSS	1:18.71	Standard	1	1
3	Ho Sze Ching	LCCS	1:24.75			
4	Lin Ka Po	WWS	1:27.14			
5	Zhong Hui Xian	DMS-HW	1:27.66			
6	Cheng Tsz Ching	HGC	1:29.13			
7	Lai Tsz In	CSS	1:34.21			
Heat 6					SF	Lane
1	Wong Po Sze	DMS-HW	1:11.27	Standard	2	2
2	Hung Hoi Shan	HGC	1:11.73	Standard	2	3
3	Hui Ka Yi	SKSS	1:13.50	Standard	2	4
4	Lee Pik Sim	WWS	1:15.71	Standard	1	5
5	Wong Hing Yee	LCCS	1:18.13	Standard	1	7
6	Yeung Wing Yan	CCSS	1:21.54			
7	Yan Shi Ying	SKHLFH	1:25.29			

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Event 24 400m Boys C

Standard: 1:12.00

Record: 51.23 (2008)

Heat 1					SF	Lane
1	Ip King Chun	SYSS	1: 4.13	Standard	3	3
2	Lau Ho Yin	HGSS	1:10.91	Standard	1	1
3	Lo Cheuk Wai	HKTKP	1:11.93	Standard	2	8
4	Yiu Tsun Shing	SKHLFH	1:15.10			
5	Chow Pak Chun	PLKLFC	1:17.18			
6	Chan Lok Hang	HGC	1:27.16			
7	Hui Chun Hang	CSS		DN start		
8	Pun Kin Wang Andrew	KWSC		DN start		
Heat 2					SF	Lane
1	Wong Hong Yin	SYSS	1: 3.04	Standard	2	2
2	Mak Lok Man	PLKLFC	1: 6.59	Standard	3	4
3	Yau Ka Yiu	HKTKP	1: 8.27	Standard	2	5
4	Chow Ying Choi	HGSS	1: 9.15	Standard	1	6
5	Yun Lok Hin	LSTLKK	1:18.68			
6	Tam Ka Chai	CSS		DN start		
7	Tsang Wing Cheung	KWSC		DN start		
8	Lam Hong Yin	KTGS		DN start		
Heat 3					SF	Lane
1	Wong Ka Fu	K-LING	1: 5.42	Standard	1	3
2	Cheung Yu Hin	LCCS	1: 9.41	Standard	3	6
3	Ho Jason Chun Fung	KTGS	1:10.04	Standard	1	7
4	Jong Shun Him	PTSS	1:14.93			
5	Ng Tin Yat	MKC	1:18.86			
6	Chow Chun Man	LSTLKK	1:20.76			
7	Li Ka Ho	FSS-SSW	1:23.65			
8	Ng Hoi Yiu	CCPASS		DN start		
Heat 4					SF	Lane
1	Tong Tsz Hei	K-LING	1: 4.71	Standard	2	3
2	Hui Ka Kin	PLKNO.1C	1: 6.32	Standard	2	4
3	Tsang Kin Kwok	LCCS	1: 8.25	Standard	3	5
4	Wong Chun	CCPASS	1: 9.99	Standard	2	7
5	Leung Lap Shun	MKC	1:11.51	Standard	3	1
6	Lau Lok Kan Roentgen	PTSS	1:11.62	Standard	3	8
7	So Tsun Pan	BHNC	1:20.23			
8	Chiu Kit Ming	PCCSS		DN start		
Heat 5					SF	Lane
1	Yeung Chi Ho	CREATIVE	1: 2.98	Standard	1	2
2	Pang Tsz Fung	PLKNO.1C	1: 3.36	Standard	3	2

3	Leung Ho Yin	BHNC	1:12.06		1	8
4	Chan Hoi Ying	LSTYKH	1:12.75			
5	Yuen Wai Chun	LWFSS	1:24.82			
6	Leung Chun Ho	PCCSS		DN start		
7	Muhammad Haris Khan	DMS-BW		DN start		
Heat 6					SF	Lane
1	Lee Guan Sheng	TYH	1: 5.61	Standard	1	4
2	Chan Tin Ho	LSTYKH	1: 9.60	Standard	3	7
3	Leung Kai Man	LWFSS	1:10.91	Standard	2	1
4	Lee Hin Fung	KHSS	1:12.67			
5	Yip Chun Wai	CCSS	1:14.48			
6	Andrew Dai	CIS	1:14.92			
7	Yapus Bernard Peralta	DMS-BW	1:17.85			
Heat 7					SF	Lane
1	Alexander Ngai	CIS	1: 9.07	Standard	1	5
2	Chin Leonard Palelei	SKHLFH	1: 9.29	Standard	2	6
3	Wong Chun Kei	RCC	1:15.52			
4	Lee Tsz Fung	SKHLKY	1:20.67			
5	Lau Cheung Wai	CCSS	1:27.38			
6	Lai Wai Man	HGC	1:30.23			
7	Lam Ka Long	TYH		DN start		

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Event 25 400m Boys B

Standard: 1:06.00

Record: 49.72 (2010)

Heat 1					SF	Lane
1	Pak Chun Ngai	TYH	1: 2.59	Standard	3	5
2	Ng Kwan Po	HGC	1: 3.07	Standard	1	6
3	Leung Ho Fai	CSS	1: 5.17	Standard	3	1
4	Lee Hin Long	SYSS	1: 5.97	Standard		
5	Lau Hoi Chun	SKHLFH	1: 6.01			
6	Yung Man Lung	LSTYKH	1:13.94			
7	Gurung Kusal	DMS-BW	1:18.19			
8	Chan Chin To	CCSS	1:23.70			
Heat 2					SF	Lane
1	Choi Chi Hang	SYSS	1: 1.41	Standard	3	2
2	Lui Wai Chun	CSS	1: 3.83	Standard	2	7
3	Lo Wing Hang	HGSS	1: 5.56	Standard		
4	Li Kuang Lin	LSTYKH	1: 6.22			
5	Chan Ka Chun	CCSS	1: 9.06			
6	Law Ming Fung	LSTLKK	1:10.86			
7	Shum Leung Kit	RCC		DN start		
8	Chao Mun Cheung	KTGS		DN start		
Heat 3					SF	Lane
1	Chan Yu Cheong	SKHLKY	1: 2.04	Standard	1	3
2	Yu Ho Ching	PLKLFC	1: 2.95	Standard	2	5
3	Tam Tsan Wa	LSTLKK	1: 5.00	Standard	2	1
4	Tsang Fan Ho	HGSS	1: 5.74	Standard		
5	Tse Shoichi	KWSC	1:25.51			
6	Chung Siu Wang	PLKWYC	1:29.82			
7	Tung Chi Yin	CYC		DN start		
8	Szeto Yam Yuen	KTGS		DN start		
Heat 4					SF	Lane
1	Lin Chak Pan	PLKLFC	1: 1.33	Standard	2	2
2	Cheuk Wai Hong	SKHLKY	1: 3.78	Standard	3	7
3	Yau Kiu Ming	KWSC	1: 5.37	Standard		
4	Chan Lit Fu	BHNC	1: 7.42			
5	Fung Tsz Sheng	PLKWYC	1:13.42			
6	Tong Kwan Hei	PCCSS		DN start		
7	Jiang Jophy	MKC		DN start		
8	Chan Kwun Hon	CYC		DN start		
Heat 5					SF	Lane
1	Yip Ching Fung	MKC	1: 2.98	Standard	1	5
2	Kwan Tsz Chun	HKTKP	1: 4.40	Standard	1	1
3	Dong Wei Wen	BHNC	1: 7.94			
4	Chau Kam To	FSS-SSW	1:10.73			
5	Lee Yu Hang	CCPASS	1:15.74			

6	Hui Chi Hin	NAMS		DN start		
7	Wong Ka Wai	PTSS		DN start		
8	Chan Siu Fai	STCS		DN start		
Heat 6					SF	Lane
1	Wong Yik Long	PLKNO.1C	1: 0.96	Standard	1	2
2	Chan She Ping	PTSS	1: 3.59	Standard	3	6
3	Wu Ka Long	LCCS	1: 5.18	Standard	3	8
4	Lun Ho Yin	KHSS	1: 6.62			
5	Tam Ho Fung	NAMS	1: 7.33			
6	Lam Man Sui	STCS	1:11.34			
7	Lam Shi Pok	DMS-HW		DN start		
8	Cheung Kam Man	CCPASS		DN start		
Heat 7					SF	Lane
1	Larry So	CIS	1: 1.55	Standard	3	3
2	Lau Jun He	KHSS	1: 2.38	Standard	2	4
3	Tang Wai Fung	K-LING	1: 2.47	Standard	3	4
4	Cheung Tin Wing	LCCS	1: 5.33	Standard	2	8
5	Wong Wai Yin	PLKNO.1C	1: 5.61	Standard		
6	Okura Takuya	CREATIVE	1:17.58			
7	Lin Xia Yu	DMS-HW		DN start		
Heat 8					SF	Lane
1	Lee Brian Tsz Yeung	CREATIVE	1: 1.70	Standard	2	3
2	Chong Ho Man	TYH	1: 2.19	Standard	1	4
3	Russell Salazar	CIS	1: 3.14	Standard	2	6
4	Chong Chun Yin	SKHLFH	1: 4.10	Standard	1	7
5	Urchenko Adrian L	DMS-BW	1: 5.36	Standard	1	8
6	Cheung Pang Chor	K-LING	1: 6.54			
7	Yan Nim Chung	HGC	1:15.56			

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Event 26 400m Boys A

Standard: 1:02.00

Record: 49.10 (1964)

Heat 1					SF	Lane
1	Tsang Tsz Ki	LS	55.83	Standard	3	2
2	Li Zhen Liang	BHNC	1: 2.59			
3	Chu King Long	LWFSS	1: 3.34			
4	Ku Chun Kit	K-LING	1: 3.86			
5	Jay Zhang	CIS	1:11.01			
6	Leonard Bacon-Shone	CIS		DN start		
7	Law Tin Hen	CREATIVE		DN start		
8	Cheung Kwok Keung	MKC		DN start		
Heat 2					SF	Lane
1	Chung Sau Fung	K-LING	58.77	Standard	3	4
2	Fung Ka Ho	YCM	59.13	Standard	3	5
3	Yung Ka Yu	LWFSS	1: 0.04	Standard	1	6
4	Wong Yat Sum	KHSS	1: 1.83	Standard		
5	Gurung Yem Behadur	DMS-BW	1: 4.28			
6	Han Tian Yang	CREATIVE	1: 6.55			
7	Hui Ting Kong	STCS	1:16.68			
8	Cheung Wai Wang	DMS-HW		DN start		
Heat 3					SF	Lane
1	Zacarias Canga	DMS-BW	54.02	Standard	1	2
2	Wang Zhu	DMS-HW	56.24	Standard	3	3
3	Tse Wai Shing	PLKNO.1C	58.25	Standard	1	3
4	Chan Man Wa	KHSS	1: 4.25			
5	Chung Kin Ho	CCSS	1: 6.89			
6	Cheung Shing Fung	LSTYKH	1: 9.65			
7	Wong Tat Wai	CHC		DN start		
8	Chan Ting Wa	YCM		DN start		
Heat 4					SF	Lane
1	Wong Mun Fu	CCSS	58.38	Standard	1	4
2	Chan Long Yan Bryan	TYH	1: 0.31	Standard	3	6
3	Yu Shing To	SYSS	1: 1.32	Standard	3	8
4	Cheung Hung Ho Ocean	LSTYKH	1: 4.55			
5	Choy Ching Kit	RCC	1: 5.48			
6	Ng Chun Kwok	PLKWYC	1: 5.54			
7	Kong Wing Fun	MSCHK	1: 9.24			

8	Man Kai Ho	HGC	1:13.53			
Heat 5						
1	Chan Lung Faat	CSS	1: 0.40	Standard	SF 3	Lane 7
2	Chiu Chun Ip	SYSS	1: 0.65	Standard	1	1
3	Chung Cheuk Ki	PLKLFC	1: 2.01			
4	Hung Wen Bin	PLKWYC	1:10.14			
5	Wong Man Hin	TYH		DN start		
6	Lai Tsz Kan	KWSC		DN start		
7	Tang Wan Kit	HKTKP		DN start		
8	Hui Chi Ming	HGC		DN start		
Heat 6						
1	Cheung Chun Wai	CSS	59.20	Standard	SF 2	Lane 5
2	Liu Julio	KTGS	1: 0.44	Standard	2	7
3	Lu Bai Hong	CCPASS	1: 0.50	Standard	1	7
4	Chow Chung Yin	HKTKP	1: 0.81	Standard	2	1
5	Lai Chung Yin	LSTLKK	1: 2.38			
6	Lam Cheuk Ngai	KWSC	1: 2.87			
7	Chan Kit Lung	HGSS	1: 6.20			
8	Cheng Po Nam	PLKLFC		DN start		
Heat 7						
1	Chau Hau Yin	LSTLKK	54.08	Standard	SF 2	Lane 2
2	Lee Cheuk Yin	CCPASS	58.55	Standard	2	4
3	Chong Hiu Fung	KTGS	1: 0.97	Standard	3	1
4	Lam Ka Wai	PTSS	1: 1.46	Standard	2	8
5	Wong Wai Keung	HGSS	1: 1.63	Standard	1	8
6	Zeng Jing Hau	NAMS	1: 2.39			
7	Tong Pak Lam	SKHLFH	1: 4.18			
8	Siu Man Kit	LCCS		DN start		
Heat 8						
1	Chou Hoi Lam	NAMS	57.13	Standard	SF 2	Lane 3
2	Cheng Ho Yin	LCCS	1: 0.03	Standard	1	5
3	Leung Chi Hang	BHNC	1: 0.07	Standard	2	6
4	O Pui Kwan	PCCSS	1: 1.91	Standard		
5	Leung Chun Wai	PTSS	1: 4.93			
6	John Breinard Ng	SKHLFH	1: 5.09			
7	Chan Siu Lun	MKC	1:18.64			
8	O	MYC		DN start		

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Event 27 Shot Put Girls A

Standard: 6.30 (4kg)

Record: 11.17

(2010) (4kg)

Position	Name	School	Result	Remark	Points
1	Choi Mei Kuen	NP2C	8.25	Standard	9
2	Wong Ka Man	KWSC	8.20	Standard	7
3	Lau Ching Man	CCSS	7.96	Standard	6
4	Yeung Hoi Yan	HGC	7.52	Standard	5
5	Cheng Pui See	TNSS	7.18	Standard	4
6	Tang Wei Ying	BPS	7.12	Standard	3
7	Lam Hoi Ching	KWSC	6.96	Standard	2
8	Fei Natalie Jane	OLRC	6.91	Standard	1
	Pat Wing Yan	FSS-SSW	6.54	Standard	
	Li Wan	NAMS	6.54	Standard	
	Yuen Wing Tung	TNSS	6.52	Standard	
	Tai Sze Ting	YCM	6.51	Standard	
	Cheng Sin Yee	TYH	6.46	Standard	
	Ren Mei Yi	KTGS	6.43	Standard	
	Wan Tsz Ning	LCCS	6.43	Standard	
	Sin Lai Chu	K-LING	6.35	Standard	
	Lai Mo Yin	CHC	6.35	Standard	
	Lau Wing Yan	BHJS	6.25		
	Lee Yan Yan	SKSS	6.22		
	Lam Lam	BPS	6.17		
	Kwok Tsz Ki	PCCSS	6.17		
	Lau Sin Tung	MSCHK	6.14		
	Chan Pak Kei Zekei	NAMS	6.09		
	Lee Suet Ying Brenda	PTSS	6.07		
	Lau Bo Yin	PTSS	6.05		

Tsui Hiu Yan	CSS	5.94	
Fan Tsz Yue	FSS-SSW	5.90	
Tai Yuen Man	CCSS	5.89	
Chang Wun Yee	LSTLKK	5.86	
Choi Sze Wing	DMS-HW	5.86	
Chen Yan Qun	DMS-HW	5.76	
Chung Lok Yan	LSTYKH	5.75	
Leung Ching Yi	PTCC	5.69	
Yam Ka Yee	CSS	5.58	
Lin Ka Po	WWS	5.57	
Cheng Tsz Ching	HGC	5.50	
Chan Hoi Yan	LCCS	5.40	
Lau Ho Ying	BHNK	5.34	
Li Sze Man	SKSS	5.31	
Pau Wing Tung	WWS	5.24	
Wong Ka Yee	PTCC	5.24	
Yau Yu Ting	LWFSS	5.17	
Lau Mung Ting	PLKWYC	4.98	
Wong Chi Lok	LSTYKH	4.66	
Ng Yuk Ping	PLKWYC	4.60	
Wong Sze Nga	SKHLFH	4.33	
Wong Yan Yee	LWFSS	3.55	
Ho Wing Yan	SKHLFH		DN take part
Gurung Anju	DMS-BW		DN take part
Leung Tsz Ching	LSTLKK		DN take part
Gurung Manoju	DMS-BW		DN take part
Wong Man Yee	K-LING		DN take part

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Event 28 Discus Girls B

Standard: 13.50 (1kg)

Record: 33.22

(2008) (1kg)

Position	Name	School	Result	Remark	Points
1	Wai Uen Yi	SKSS	19.80	Standard	9
2	Hui Ying Ying	WWS	19.79	Standard	7
3	Chan Yee Ting	SKSS	19.55	Standard	6
4	Wong Hey Man	PTSS	19.16	Standard	5
5	Ho Hui Ting	WWS	18.63	Standard	4
6	Cheng Sin Ying	SKHLFH	17.06	Standard	3
7	Huang Su Yan	HGC	17.01	Standard	2
8	Chan Lucy	KTGS	16.32	Standard	1
	Leung Hau Lam	PCCSS	15.48	Standard	
	Chan Yuk Fung	KWSC	15.24	Standard	
	Ho Lok Tung	TYH	15.22	Standard	
	Chung Ka Yu	K-LING	14.59	Standard	
	Li Sze Ching	BHJS	14.53	Standard	
	Yeung Man Lai	LCCS	14.52	Standard	
	Wong Ka Ying	KTGS	14.30	Standard	
	Leung Ka Yiu	PLKWYC	14.00	Standard	
	Lam Ka Wai	TNSS	13.99	Standard	
	Yu Tsz Wan	CCSS	13.87	Standard	
	Wong Joe Yee	BHNK	13.56	Standard	
	Chung Kam Nga	LSTLKK	13.54	Standard	
	Chong Tsz Wa	KHSS	13.43		
	Ma Wan Yiu	CCSS	13.39		
	Chow Ka Hung	CSS	13.29		
	Tan Janice	SKHLFH	13.07		
	Chong Song En	PTSS	12.86		
	Wan Hei Tung	LCCS	12.68		
	Lam Tsz Kwan	TNSS	12.20		
	Ng Yui Sin	NAMS	11.98		
	Chan Yee Lin	KHSS	11.82		
	Leung King Wan	TYH	11.73		
	Tse Yuet Kwai	LSTYKH	10.81		
	Chau Ka Wai	NAMS	10.80		
	Wong Lai Ting	K-LING		DN take part	
	Chan Ki Nam	LSTYKH		No Mark	
	Hui Tin Fung	OLRC		No Mark	

Wong Po Man	HGC	No Mark
Cheng Yan Lam	BHJS	No Mark
Au Git Yee Vesga	OLRC	No Mark
Wong Tin Yan	BPS	DN take part
Au Ka Ki	BPS	DN take part
Chung Tsz Ching	PLKWYC	No Mark
Lam Yun Jun	CREATIVE	DN take part
Ng Yee Lam	LSTLKK	No Mark
Chui Ho Ting Kristy	CSS	No Mark
Chan Lok Yi	PCCSS	DN take part

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Event 29 Triple Jump Boys B
Standard: 9.50

Record: 13.67 (2009)

Position	Name	School	Result	Remark	Points
1	Ho Chun Hin	KHSS	11.46	Standard	9
2	Yeung Hoi Wing	PTSS	11.37	Standard	7
3	Harry Salnikow	CIS	11.12	Standard	6
4	Wong Kin Wai	SYSS	10.90	Standard	5
5	Kwok Kin Lun	K-LING	10.72	Standard	4
6	Logan Justic	CIS	10.44	Standard	3
7	Lin Wei Feng	LSTLKK	10.32	Standard	2
8	Wat Sheung Chi	LSTLKK	9.92	Standard	1
	Ho Ngo Chi	SYSS	9.76	Standard	
	Yuen Lik	CSS	9.40		
	Chan Siu Hin	LCCS	9.37		
	Lee On Yat	PTSS	9.34		
	Lau Siu Lung	HGC	9.30		
	Lam Wai Ming	K-LING	9.15		
	Lee Tsun Ming	CSS	9.09		
	Lo Ka Wai	HKTKP	8.97		
	Lee Cho Hong	NAMS	8.94		
	Wong Ka Ho	LCCS	8.61		
	Wong Fan Yung	SKHLFH	8.48		
	Yiu Chun Hin	HKTKP	8.45		
	Tsang Fan Ho	HGSS	8.30		
	Kong Chun Kit	PLKNO.1C	8.30		
	Fong Fuk Ka	PCCSS	8.16		
	So Tsz Ho	CYC	7.06		
	Yip Ka Wing	TYH		No Mark	
	Kei Hiu Lam	SKHLFH		DN take part	
	Lee Jin Ching	PLKNO.1C		DN take part	
	Chan Kwok Yee Caleb	MKC		DN take part	
	Chan Chun Yiu	LSTYKH		No Mark	
	Lo Ming Yin	SKHLKY		No Mark	
	Yau Cheuk Kai	HGC		No Mark	
	Wong Wai Ming	CCPASS		DN take part	
	Li Chi Hin	SKHLKY		No Mark	
	Cheung Hiu Chung	TYH		DN take part	

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Event 30 High Jump Boys A
Standard: 1.55

Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Yu Rongyan	LS	1.70	Standard	9
2	Law Cho Kam	SYSS	1.70	Standard	7
3	Yeung Chun Ho	LCCS	1.64	Standard	6
4	Wong Chun Kwok	CCSS	1.61	Standard	5
5	Wong Lok Chun	KGEDS	1.61	Standard	4
6	Fong Tsz Ho	HGC	1.58	Standard	3
7	Ng Yu Yeung Sunny	CSS	1.55	Standard	2
8	Lee Wai Lok	PTSS	1.55	Standard	1
	Tsoi Wing Hi	HGC	1.54	Standard	
	Cheung Wai Ho	SYSS	1.52		
	Lo Kwong Yu	KTGS	1.52		
	Alistair Liu	CIS	1.52		
	Huang Wai Kit	KTGS	1.52		

Tang Wai Lam Waylon	ICQM	No Mark
Cheuk Wai Hung	SKHLFH	No Mark
Hui Chun Hin	CSS	No Mark
Cheung Kwan Wai	KHSS	No Mark
So Ching On	KHSS	No Mark
Chung Cheuk Hang	YCM	DN take part
Yiu Chun Hei	ICQM	No Mark
Sun Ho Ming	KGEDS	No Mark
Fung Kin Long	PLKWYC	No Mark
Ng Ho Nam	PLKWYC	No Mark
Lo Hung Fu	LSTLKK	No Mark
Luk Shun Man	LSTLKK	No Mark
Ding Wei Bin	CYC	No Mark
Cheung Hung Ho Ocean	LSTYKH	No Mark
Au Chun Ki	K-LING	No Mark
Ho Chun Ho	K-LING	No Mark
Suen Ka Chun	KWSC	No Mark
Ko Wai	DMS-HW	No Mark
Chung Cheuk Ki	PLKLFC	No Mark
Ignacio John Bryan M	DMS-HW	No Mark
Lam Yung Wa	PCCSS	No Mark
Ng Wing Ho	HGSS	DN take part
Lee Kin Tak	CYC	No Mark
Hung Chi Fung	TYH	No Mark
Shum Tsz Fung	KWSC	DN take part
Chan Ping Wai	CCSS	No Mark
Law Tin Hen	CREATIVE	No Mark
Mak Wing Chung	PTSS	No Mark
Chan Wing Fu	SKHLFH	No Mark
Chan Ka Lok	TYH	DN take part
Lee Ka Lok	PLKNO.1C	No Mark
Keung Ka Chun	STCS	No Mark
Dumlikra Wasan	STCS	DN take part
Adiran Lau	CIS	DN take part
Ng Ka Ho	PLKLFC	No Mark
Ho Chun Yu	CCPASS	DN take part
Li Yat Long	LCCS	No Mark
Chou Kin Wai	LSTYKH	No Mark

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Event 31 200m Boys A

Standard: 26.50

Record: 21.53 (2007)

Heat 1

SF Lane

1	Yeung Wai	KTGS	26.37	Standard	2	1
2	Donzelli Jason Ching Hong	LCCS	26.94			
3	Han Tian Yang	CREATIVE	27.90			
4	Law Kong	PCCSS	27.97			
5	Lau Ka Kiu Ives	ICQM	28.15			
6	Malik Tauqueer Riaz	DMS-BW		DN start		
7	Wong Tsz Lam	STCS		DN start		
8	Chan Kwan Shing	MKC		DN start		

Heat 2

SF Lane

1	Zacarias Canga	DMS-BW	23.94	Standard	2	2
2	Chan Lit Ho	BHNC	25.32	Standard	2	5
3	Ng Kei Yip	DMS-HW	25.61	Standard	1	6
4	Yu Man Chun Jacky	SKHLFH	26.48	Standard	3	8
5	Chan Ka Yung	FHMSS	30.32			
6	Lun Wai	CCSS		DN start		
7	Wong Chun Yin	CYC		DN start		
8	Cheng Ho Yin	LCCS		DN start		

Heat 3

SF Lane

1	Tsoi Chun Ho	BHNC	24.82	Standard	1	4
2	Lai Tak Cheung	SYSS	25.78	Standard	3	6
3	Cheung Siu Wai	CCSS	26.61		2	8
4	Leung Siu Lun	SKHLFH	26.89			
5	Ng Kin Shing	LWFSS	27.18			
6	Wong Man Hin	DMS-HW	27.71			

7	Ho Ying Hang	FHMSS	31.27			
Heat 4						
1	Choi Pui Fung	SYSS	24.13	Standard	SF 3	Lane 3
2	Xiong Jun Hao	NAMS	25.08	Standard	3	4
3	Cheung Ho Yin	PLKNO.1C	25.15	Standard	3	5
4	Tang Kin Wai	YCM	25.80	Standard	3	7
5	Ng Ho	KHSS	25.88	Standard	2	7
6	Wong Ka Po	RCC	27.45			
7	Ip Kai On	CHC		DN start		
Heat 5						
1	Sham Kit Nam	RCC	24.78	Standard	SF 1	Lane 3
2	Chui Wing Ho	YCM	25.69	Standard	2	6
3	Ma Kwong Wai	K-LING	26.36	Standard	1	1
4	Wong Ka Po	HGC	26.70		1	8
5	Man Yat Chun	PLKNO.1C	26.92			
6	Lui Hoi Chau	CCPASS		DN start		
7	Chan Man Wa	KHSS		DN start		
Heat 6						
1	Lau Chun Wai	HGC	24.10	Standard	SF 3	Lane 2
2	Lee Cheuk Yin	CCPASS	25.06	Standard	2	4
3	Leung Siu Wai	K-LING	26.06	Standard	1	7
4	Tsoi Kam Fung	MSCHK	27.32			
5	So Hau Lam	PLKWYC	30.50			
6	Chan Ka Lok	TYH		DN start		
7	Li Lok Chun	KWSC		DN start		
Heat 7						
					Final Lane	
1	Ng Ho Nam	PLKWYC	26.77			
2	Poon Wai Pan	PTSS	26.91			
3	Wong Kwok San	TYH	27.20			
4	Sun Ho Ming	KGEDS	28.08			
5	Lum King Yin	LSTYKH		DN start		
6	Nathan Barlow	CIS		DN start		
7	Wong Wing Cheung	CSS		DN start		
Heat 8						
1	Zou Yue Qiang	PTSS	23.76	Standard	SF 1	Lane 2
2	Chow Sze Ho	LSTLKK	26.71			
3	Chan Lung Faat	CSS	26.98			
4	Lee Ho Ching	HGSS	27.77			
5	Ngai Kwok Fung	LSTYKH		DN start		
6	James Harris	CIS		DN start		
7	Wong Hiu Chun	KGEDS		DN start		
Heat 9						
1	Chau Hau Yin	LSTLKK	24.39	Standard	SF 2	Lane 3
2	Tse Jenson	ICQM	25.34	Standard	1	5
3	Tang Wing Fai	HKTKP	26.38	Standard	3	1
4	Lung Ka Kit	KTGS	26.75			
5	Li Koon Fung	CREATIVE	26.87			
6	Tin Wai Chung	HGSS	27.84			
7	Chau Chun Ho	STCS	27.98			

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Event 32 200m Boys B

Standard: 27.00

Record: 22.13 (2010)

Heat 1						
1	Wong Tsz Hin	KTGS	26.96	Standard	SF 1	Lane 6
2	Chan Jonathan	HGSS	27.30		3	1
3	Chan Kam Wa	CSS	27.67			
4	Poon Kwai Yin	SKHLFH	27.89			
5	Tsui Kin Kwok	PLKWYC	31.33			
6	Leung Ho Chun	HKTKP		DN start		
7	Au Chi Yu	PLKLFC		DN start		
8	Ngai Kai Chun	KWSC		DN start		
Heat 2						
1	Yau Ka Ho	PTSS	26.83	Standard	SF 3	Lane 4
2	Ip Wai Man	BHNK	26.97	Standard	2	6
3	Mo Ka Kit	K-LING	27.26		2	1
4	Chung Man Kin	LCCS	27.66			

5	Lui Wai Chun	CSS		DN start		
6	Ng King Hei	MKC		DN start		
7	Kwok Yan Lun	LS		DN start		
8	Cheung Wai Mang	PLKWYC		DN start		
Heat 3					SF	Lane
1	Lam Ho Yin	PTSS	26.43	Standard	2	3
2	Chung Siu Fung	K-LING	26.45	Standard	1	3
3	Liang Genquan	BHMK	26.49	Standard	1	4
4	Keok Chi Keung	LCCS	27.38		3	8
5	Wan Man Chun Michell	FHMSS	28.79			
6	Sho Man Ho	CYC	30.86			
7	Cheuk Ka Lam	LSTLKK		DN start		
8	Chan Kwok Yee Caleb	MKC		DN start		
Heat 4					SF	Lane
1	Bumagat Euryl Dave C.	DMS-HW	26.85	Standard	3	5
2	Chan Wai Hung	LSTLKK	27.00	Standard	3	6
3	Tam Chun Yin	KHSS	27.09		3	7
4	Liu Kwan Yiu	CREATIVE	28.94			
5	Cheng Wai Hung	LSTYKH	29.78			
6	Choi Chun Sing	FHMSS	31.28			
7	Lin Kai Wing	LWFSS	33.18			
8	Cheung Kam Man	CCPASS		DN start		
Heat 5					SF	Lane
1	Clarence Leung	CIS	25.44	Standard	2	2
2	Cheung Kai Wang	DMS-HW	26.31	Standard	3	3
3	Lau Pui Chung Owen	LSTYKH	26.89	Standard	2	5
4	Wong Jeffrey	FSS-SSW	27.24		1	7
5	Lo Ka Lok	KHSS	27.26		1	1
6	Tang Eagle Lap Man	CREATIVE	28.14			
7	Lau Fei Lung	LWFSS	29.18			
8	Chan Sie Fai	STCS		DN start		
Heat 6					SF	Lane
1	Harry Salnikow	CIS	24.37	Standard	1	2
2	Kong Ting Chu	SKHLKY	26.19	Standard	3	2
3	Lee Jin Ching	PLKNO.1C	28.34			
4	Yip Wai Hang	CCSS	28.34			
5	Law Nok Ki	HGC	28.39			
6	Li Wai Nam	MSCHK	29.60			
7	Tsang Chi Kuen	STCS	30.82			
8	Gurung Kusal	DMS-BW	32.00			
Heat 7					SF	Lane
1	Chan Wai Shing	SYSS	26.52	Standard	2	4
2	Chau Ka Ming	CCSS	27.18		2	7
3	Tam Tsz Kin	TYH	27.54		1	8
4	Wong Chun Wai	HGC	28.47			
5	Lo Chun Fai	SKHLKY	30.57			
6	Chettiyar Nathan	DMS-BW		DN start		
7	Pan Guanrong	MSCHK		DN start		
Heat 8					SF	Lane
1	Cheung Heung Wing	SYSS	26.94	Standard	1	5
2	Leung Hiu Fai	HKTKP	27.39		2	8
3	Ko Chi Chiu	KTGS	28.80			
4	Lau Wing Kong	PLKLFC	28.90			
5	Liang Jianxin	SKHLFH	30.08			
6	Ng Wai Hong	KWSC		DN start		
7	Chung Wing Chung	TYH		DN start		

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Event 33 200m Boys C

Standard: 29.50

Record: 22.59 (2008)

Heat 1					SF	Lane
1	Wong Ki Long	PLKLFC	28.84	Standard	2	5
2	Yu Chung Ho	SYSS	28.88	Standard	1	5
3	Tsoi Sheung Lam	SKHLFH	29.70		3	1
4	Cheung Chi Chung	HKTKP	30.28			
5	Law Yiu Wing	KTGS	30.44			
6	Li Man Kit	KWSC	32.20			

7	Ng Tin Yat	MKC	34.51			
8	Ngai Yu San	CSS		DN start		
Heat 2						
1	Lui Pak Lam	KTGS	28.52	Standard	SF 3	Lane 4
2	Chan Chun Nok	SYSS	29.12	Standard	3	6
3	Cheung Yu Hin	LCCS	29.94			
4	Cheung Chun Sing	K-LING	30.65			
5	Wong Wan Yin	SKHLFH	31.10			
6	Cheng Ho Chun	MKC		DN start		
7	Jong Shun Him	PTSS		DN start		
8	Au Yeung Wing Kan	CSS		DN start		
Heat 3						
1	Lo Siu Yu	LCCS	28.75	Standard	SF 3	Lane 5
2	Chiu Chung Fat	K-LING	29.09	Standard	2	6
3	Chan Kin Tung	PTSS	29.20	Standard	3	7
4	Barua Surin	DMS-HW	30.36			
5	Si Wai Weng	FSS-SSW	31.23			
6	Fu Ka Chun	LSTLKK	31.41			
7	Cheung Tsz Ho	BHNC		DN start		
8	Leung Kin Long	CCPASS		DQ		
Heat 4						
1	Rana Ganesh Bikram	DMS-HW	27.92	Standard	SF 2	Lane 3
2	Cheng Chi Yuen	LWFSS	29.44	Standard	1	7
3	Lau Cheuk Hong Johnny	CREATIVE	30.49			
4	Lam Shing Kuen	BHNC	30.64			
5	Chiu Wai Ho	LSTLKK	32.96			
6	Ng Hoi Yiu	CCPASS		DN start		
7	Hui Ka Kin	PLKNO.1C		DN start		
8	Lam Chun Keung	LSTYKH		DN start		
Heat 5						
1	Wong Chun Angelo	CREATIVE	26.80	Standard	SF 2	Lane 2
2	Wong Tsz Chiu	LWFSS	27.91	Standard	3	3
3	Kwong Chun Wa	KHSS	29.83		2	8
4	Leung Chun Ting	TYH	30.60			
5	Tsoi Kai Wai	LSTYKH	31.93			
6	Wong Wai Shing	PCCSS		DN start		
7	Thapa Madhu	DMS-BW		DN start		
Heat 6						
1	Wong Chi Long	MSCHK	27.66	Standard	SF 3	Lane 2
2	Yumul Florenz Anthony R	DMS-BW	29.66		1	1
3	Law Kam Lung	SKHLKY	29.86		1	8
4	Leung Tsz Chun	CCSS	30.46			
5	Lam Hei Long	PCCSS	31.61			
6	Kam Wing Him	CHC	32.08			
7	Cheng Kwok Hong	TYH	32.20			
Heat 7						
1	Chow Ying Choi	HGSS	28.11	Standard	SF 1	Lane 4
2	Oliver Wu	CIS	28.25	Standard	2	4
3	Woo Yik Lam	RCC	29.22	Standard	2	7
4	Yip Chu Wai	CCSS	29.69		2	1
5	Lee Sze Ming	SKHLKY	30.02			
6	Pang Chi Wai	MSCHK	30.87			
7	Kwok Tin Po	HGC	32.50			
Heat 8						
1	Du Jiaming	HGSS	26.13	Standard	SF 1	Lane 2
2	Erik McLean	CIS	27.97	Standard	1	3
3	Chau Fung Ying	ICQM	28.94	Standard	1	6
4	Yau Ka Yiu	HKTKP	29.77		3	8
5	Hon Cheuk Lok	HGC	30.61			
6	Chow Chung Long	PLKLFC	31.38			
7	Tsui Chi Yin	KWSC		DN start		

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Event 34 200m Girls A

Standard: 33.00

Record: 24.93 (2007)

Heat 1						
1	Tsang Siu Fung	NP2C	30.73	Standard	SF 1	Lane 3

2	Duyan Arien Lovely T.	DMS-BW	31.94	Standard	2	7
3	Leung Wai Chung	K-LING	33.57			
4	Chan Hoi Yik	CCSS	33.60			
5	Choi Chi Leong	HGC	36.79			
6	Hung Nga Shi	FSS-SSW	36.89			
7	Chan Po Yee	SKHLKY		DN start		
8	Ho Ka Yee	LSTLKK		DN start		
Heat 2					SF	Lane
1	Lee Kin Hung	HGC	31.38	Standard	1	5
2	Yeung Chung Yan	PTCC	31.70	Standard	2	6
3	Wong Hing Yee	LCCS	32.61	Standard		
4	Wan Sin Ting	LSTLKK	33.80			
5	Lee Ka Hei	FSS-SSW	35.74			
6	Leung Yu Man	PLKWYC	40.95			
7	Cheung Lee Ying	K-LING		DN start		
8	Tse Man Nga	CSS		DN start		
Heat 3					SF	Lane
1	Hau Hayley Jing Ting	PTCC	30.85	Standard	1	4
2	Hung Shan Ni	LCCS	32.75	Standard		
3	Lung Kwan In Peony	BPS	34.37			
4	Cheng Yun Ching	TYH	34.57			
5	Poon Fong Yi	KTGS		DN start		
6	Sinn Ka Man	PLKWYC		DN start		
7	Ng Ka Man	CSS		DN start		
Heat 4					SF	Lane
1	Pang Pui Kwan	KTGS	28.35	Standard	2	2
2	Leung Hiu Yan	BPS	31.46	Standard	1	6
3	Lam Tsz Yan	SKSS	32.58	Standard	1	8
4	Wu Lisha	LWFSS	32.97	Standard		
5	Yan Shi Ying	SKHLFH	34.83			
6	Chow Yuen Kiu	TYH	35.28			
7	Liu Laura	KWSC		DN start		
Heat 5					SF	Lane
1	Tsang Tsz Yan	BHNK	28.30	Standard	1	2
2	Chiu Yee On	BHJS	30.05	Standard	2	3
3	Lau Mei Yee	WWS	31.38	Standard	2	5
4	He Mei Zhen	LWFSS	33.86			
5	Lai Ka Man	SKHLFH	34.42			
6	Au Yeung Wing Yin	HGSS		DN start		
7	Siu Chui Shan	KWSC		DN start		
Heat 6					SF	Lane
1	Yau Hiu Yan	WWS	32.10	Standard	1	7
2	Ng Ying Lai	DMS-HW	32.21	Standard	1	1
3	Ma Hung Nei	TNSS	32.36	Standard	2	8
4	Yip Tin Wai	LS	32.59	Standard		
5	Yam Hei Tung	OLRC	33.68			
6	Lam Wing Yee	LSTYKH	33.76			
7	Tam Shuk Man	PTSS		DN start		
Heat 7					SF	Lane
1	So Long Hang	TNSS	30.89	Standard	2	4
2	Lui Michelle Fulguirinas	DMS-HW	32.23	Standard	2	1
3	Tang Sie Sie Teresa	OLRC	33.31			
4	Chan Wing Ki	LSTYKH	34.53			
5	Li Yuk Kwan	FHMSS		DN start		
6	So Wa Na	PTSS		DN start		
7	Wong Kam To	YCM		DN start		

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Event 35 200m Girls B

Standard: 33.00

Record: 25.22 (2002)

-----					SF	Lane
Heat 1						
1	Cheung Hoi Ying	LCCS	31.58	Standard	3	4
2	Lai Hiu Ching	HGC	31.75	Standard	2	5
3	Chen Wan Ting	MKC	36.03			
4	Tang Lai Man	PTSS	36.57			
5	Lo Tsz Ching	PTCC	38.24			
6	Chan Sze Sze	PCCSS	38.62			

7	Hui Kwun Nam	MSCHK	39.66			
8	Ou Jialam	CSS		DN start		
Heat 2						
1	Fung Hoi Yi	LCCS	30.02	Standard	SF 1	Lane 2
2	Lam Yan Yue	MKC	31.05	Standard	3	2
3	Law Hoi Kwan	CSS	31.18	Standard	1	3
4	Tin Yui	PTCC	32.92	Standard	1	1
5	Chong Nam Sze	PTSS	34.41			
6	Pang Wai Ching	BPS	34.69			
7	Fung Hiu Ching	KTGS	36.41			
8	Kwok Lai Yee	PCCSS	36.43			
Heat 3						
1	Lo Huen Ting	BPS	32.82	Standard	SF 2	Lane 7
2	Cheng Sin Ying	SKHLFH	33.79		3	8
3	Ting Ka Ki	K-LING	35.28			
4	Chin Wai Yee	KTGS	35.81			
5	Chung Wing Yan	FSS-SSW	37.14			
6	Wong Ka Yan	LWFSS	38.26			
7	Law Yui Hei Tibbie	CREATIVE		DN start		
8	Ansari Uzma	DMS-BW		DN start		
Heat 4						
1	Tsang Hiu Tung	BHNC	30.32	Standard	SF 2	Lane 2
2	Yeung Chun Yan Natalia	K-LING	31.82	Standard	1	5
3	Leung Tsz Wai	RCC	32.22	Standard	1	6
4	Chow Hiu Yee	SKHLFH	32.49	Standard	3	6
5	Yip Ka Yin	FSS-SSW	34.19			
6	Yu Wai Kwan Alexandra	CREATIVE	34.50			
7	Yu Hoi Ching	CHC		DN start		
8	Chim Wai Lam	WWS		DN start		
Heat 5						
1	Li Yan Yue	BHNC	32.75	Standard	SF 3	Lane 7
2	Tam Wing Sze	CCSS	34.22			
3	Kwok Hung Shun	PLKWYC	34.73			
4	Chan Tsz Yan	PLKNO.1C	35.07			
5	Pang Hiu Ching	CHC	37.08			
6	Hui Ying Ying	WWS		DN start		
7	Cheng Yan Lam	BHJS		DN start		
Heat 6						
1	Li Ka Sin	LS	31.09	Standard	SF 2	Lane 3
2	Leung Ka Wing	OLRC	31.36	Standard	1	4
3	Fung Tsz Ying	PLKWYC	32.33	Standard	2	6
4	Cheng Tin Lam	KHSS	33.54		2	1
5	Ng Oi Yui	CCSS	33.66		3	1
6	Wong Shing Nga Elain	TYH	35.69			
7	Chan Siu Man	BHJS	36.63			
Heat 7						
1	Fatin-Shahira-Binti-R.	OLRC	31.56	Standard	SF 2	Lane 4
2	Huang Dong Yi	KHSS	31.62	Standard	3	5
3	Mau Chui Yi	LSTLKK	34.68			
4	Ngai Yin Ting	KWSC	37.07			
5	Ho Tsz Shan	HGSS		DN start		
6	Chan Wing Yi	LSTYKH		DN start		
7	Cheung Tsz Yan	PLKLFC		DN start		
Heat 8						
1	Tseng Tammi	PLKLFC	31.06	Standard	SF 3	Lane 3
2	Choi Yiu Yi	HGSS	32.83	Standard	1	7
3	Cheung Ho Ching Veronica	TNSS	33.85		2	8
4	Lao Minting	KWSC	33.88		1	8
5	Lam Man Wai	LSTYKH	34.63			
6	Wong Wing Suet	HGC	34.65			
7	Wu Mei Chun	LSTLKK		DN start		

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Event 36 200m Girls C

Standard: 34.00

Record: 26.02 (2009)

Heat 1						
1	Ma Ka Yan	OLRC	30.38	Standard	SF 2	Lane 2

2	Au Hoi Sy Bacolod	TNSS	31.56	Standard	1	3
3	Cheung Ka Yee	PLKNO.1C	32.12	Standard	1	4
4	Li Ling Sze	BHJS	32.48	Standard	2	4
5	Wong Nim Chi	LSTYKH	33.60	Standard	1	6
6	Mok Hoi Yan	PLKLFC	34.10		2	7
7	Chan Lok Sze	WWS	38.30			
8	Kung Yuk Mui	PLKWYC		DN start		
Heat 2					SF	Lane
1	Li Lai Ka	TNSS	30.68	Standard	3	2
2	Wong Tsz Yin	BHJS	31.54	Standard	2	3
3	Ho So Ying	LSTYKH	34.13		1	7
4	Lam Hung Yan	HGC	34.33		3	1
5	Kam Hei Ting	WWS	34.58			
6	Lam Yuen Yiu	KWSC	40.70			
7	Yeung Lok	PLKLFC		DN start		
8	Wong Ching	PLKNO.1C		DN start		
Heat 3					SF	Lane
1	Wong Choi Ha	HGC	30.03	Standard	1	2
2	Yeung Hoi Ip	SKHLFH	32.64	Standard	3	5
3	Lee Choi Yu	MSCHK	35.27			
4	Cheung Tsz Yan	KWSC	35.89			
5	Wu Ka Man	TYH	36.08			
6	Lau Yuen Lam	SKHLKY	36.24			
7	Lam Chin Tung	PTCC	37.58			
Heat 4					Final Lane	
1	Leung Tsz Tsing	LCCS	34.63			
2	Cheung Man Yi	PTSS	35.94			
3	Chan Chau Yu	SKHLFH	36.47			
4	Lo Pui Yan	PTCC	38.40			
5	Yeung Sze Lung	KTGS	39.47			
6	Hui Kit Yuk	MSCHK	43.15			
7	Tam Sze Wiong	TYH		DN start		
Heat 5					SF	Lane
1	Chan Pui Shan	KTGS	32.98	Standard	2	5
2	Chan Pei Ting	LCCS	34.05		3	6
3	Leung Ka Wai	HGSS	34.22		1	1
4	Li Kin Yi	NP2C	34.30		2	1
5	Chan Long Sze	PTSS	34.75			
6	Lip Wing Kwan	NAMS	35.96			
7	Wong Man Yi	LSTLKK	40.98			
Heat 6					SF	Lane
1	Ip Ho Fung	SKSS	34.40		1	8
2	Tang Man Wai	BHNC	36.60			
3	Cheung Ka Yi Grace	MKC	36.76			
4	Chen Ka Hei	LSTLKK	37.36			
5	Ng Ka Yan	LWFSS	39.52			
6	Wang Cheryl Cheuk Ying	CSS		DN start		
7	Ling Tsz Suet	CREATIVE		DN start		
Heat 7					SF	Lane
1	Chu Hiu Sin	ICQM	33.92	Standard	2	6
2	Chan Yan Yat	SKSS	34.37		3	8
3	Tsang Nim Chi	MKC	34.41			
4	Law Ho Ting	PCCSS	36.21			
5	Kwong Wai Ting	LWFSS	37.59			
6	So Hiu Nam	BHNC	37.85			
7	Lam Hiu Yan Angel Daisy	CREATIVE		DN start		
Heat 8					SF	Lane
1	Leung Ka Man	KHSS	31.06	Standard	3	3
2	Lam Tsz Ching	CHC	34.07		3	7
3	Chiu Tin Wing Katie	BPS	34.40		2	8
4	Harmanbir Kaur	DMS-BW	34.48			
5	Chan Hiu Yan	FSS-SSW	36.43			
6	Leung Sze Man	CCSS	37.19			
7	Choi Cheuk Yiu	K-LING		DN start		
Heat 9					SF	Lane
1	Kwan Nga Lok	K-LING	32.54	Standard	3	4
2	Tank Yik Ning	BPS	33.02	Standard	1	5

3	Ho Ka Po	OLRC	34.93	
4	Chow Ka Man Carmen	FSS-SSW	36.34	
5	Chan Ka Ling	CCSS	37.91	
6	Lee Hang Yan Amy	KHSS		DN start
7	Chan Nga Ching	PLKWYC		DN start

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Event 37 1500m Boys C

Standard: 5:55.00

Record: 4:31.24 (2008)

Heat 1

					Final Lane
1	Wong Yu Chau	LSTLKK	5:29.92	Standard	3
2	Lee Chun Wa	PLKLFC	5:44.98	Standard	6
3	Chan Cheuk Pan	LCCS	5:47.63	Standard	7
4	Li Ching Miu	KWSC	5:50.07	Standard	9
5	Ip Tsz Hei	SYSS	5:50.28	Standard	11
6	Elliot Shi	CIS	5:50.59	Standard	12
7	Leung She Wing	CHC	5:55.02		
8	Leung Kai Man	LWFSS	5:57.00		
9	Chan Ka Ho	HGC	5:57.51		
10	Tse Ling Chi	PTSS	5:58.26		
11	Ching Long Hong	CCPASS	6:12.66		
12	Fu Ka Chung	K-LING	6:17.20		
13	Lee Ho Kan	HKTKP	6:30.04		
14	Lui King Hung	CCSS	6:40.38		
15	Wong Tsz Lung	BHNC	6:51.93		
16	Ko Lok Yan	CSS		DN start	
17	Chow Tsz Chun	PCCSS		DN start	
18	Wu King Shing	TYH		DN start	
19	Singh Love Preet	DMS-BW		DN start	
20	Chan Yuek Pui	KTGS		DN start	
21	Choy Shing Hong	SKHLFH		DN start	

Heat 2

					Final Lane
1	Wong Hong Yin	SYSS	5:13.66	Standard	1
2	Lau Ho Tim	PTSS	5:21.98	Standard	2
3	Tsoi Cheuk Nam	LCCS	5:39.66	Standard	4
4	Wong Wing Yin	LSTLKK	5:43.71	Standard	5
5	Cheung Ka Wing	KWSC	5:48.93	Standard	8
6	Lee Ho Hang	CHC	5:50.14	Standard	10
7	Tam Siu Hung	K-LING	6: 9.08		
8	Cheung Ngo Yin	CCSS	6:10.65		
9	Jacob Gilchrist	CIS	6:13.93		
10	Cheng Man Ho	PLKLFC	6:25.93		
11	Li Tsz Yin	SKHLFH	6:31.27		
12	Chiu Cheuk Yeung	CCPASS	6:40.53		
13	Yiu King Long	HKTKP	6:40.62		
14	Tsang Yui Ho	KTGS	6:56.55		
15	So Ling Fung	BHNC	7:34.85		
16	Wong Yee Ming	STCS		DN start	
17	Chan To	TYH		DN start	
18	Thaga Madhu	DMS-BW		DN start	
19	Pham Ka Fai Michael	PCCSS		DN start	
20	Poon Adrian	CSS		DN start	
21	Fan Ho Yu	MKC		DN start	

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Event 38 1500m Boys B

Standard: 5:35.00

Record: 4:18.96 (2010)

Heat 1

					Final Lane
1	Wong Chin Hing	BHNC	5:13.25	Standard	4
2	Tse Wing Ho	PTSS	5:22.95	Standard	8
3	Karmayana Jason Chia	DMS-BW	5:24.38	Standard	9
4	Wong Ka Wing	K-LING	5:24.54	Standard	10
5	Fung Chin Chun	HGSS	5:27.36	Standard	
6	Lau Hoi Chun	SKHLFH	5:27.47	Standard	
7	Chung Cheuk Lun	PLKLFC	5:29.41	Standard	
8	Luk Ning Hei	CSS	5:29.73	Standard	
9	Wong Shiu Hang	LCCS	5:30.93	Standard	

10	Yiu Wing Hong	CHC	5:42.00		
11	Yuen Wing Him Angus	SYSS	5:44.50		
12	Siu Wai Chun	SKHLKY	5:44.98		
13	Li Man Chun	PCCSS	5:45.03		
14	Li Wing Hin	CCPASS	5:47.28		
15	Chow Cheuk Ki Jacky	TYH	5:47.35		
16	Lam Cheuk Yin	KHSS	5:49.47		
17	Yeung Cheuk Chun	HKTKP	6:15.41		
18	Ma Hiu Tung	LWFSS		DN start	
19	Lau Yik Sau	RCC		DN start	

Heat 2 Final Lane

1	Yuen Ho Fai	LCCS	5:21.35	Standard	6
2	Thomas Loong Chi Wang	CIS	5:25.68	Standard	11
3	Chuk Wing Lung	K-LING	5:27.12	Standard	
4	Chan Yu Cheong	SKHLKY	5:27.36	Standard	
5	Lin Junxian	NAMS	5:29.13	Standard	
6	Lee Chun	HGSS	5:29.54	Standard	
7	So Man Keung	SKHLFH	5:34.88	Standard	
8	Li Man Hon	LSTLKK	5:35.53		
9	Yung Yin Sing	CSS	6:11.91		
10	Wong Chun Wa	BHNC	6:23.27		
11	Chan Kwun Hon	CYC	6:23.32		
12	Cheuk Ho Yin	LSTYKH	6:32.70		
13	Tsang Ho Ming	HGC	6:33.16		
14	Leung Ling Fung John	CREATIVE	6:34.01		
15	Fung Tsz Sheng	PLKWYC	6:34.33		
16	Kwok Ho Chun	PCCSS		DN start	
17	Wong Ming Hin	KWSC		DN start	
18	Lau Kit Sum	PLKLFC		DN start	

Heat 3 Final Lane

1	Tong Cheuk Him	KHSS	4:52.51	Standard	1
2	Matthew Ho	CIS	4:52.54	Standard	2
3	Chan Ka Yin	KTGS	5: 3.52	Standard	3
4	Yau Kiu Ming	KWSC	5:15.35	Standard	5
5	Yau Man Yiu	NAMS	5:21.55	Standard	7
6	Wong Yin Hong	SYSS	5:26.88	Standard	12
7	Hon Chi King	STCS	5:28.85	Standard	
8	Lam Ting Pong	HGC	5:35.16		
9	Li Man Tak	PTSS	5:37.80		
10	Chau Chun Him	CREATIVE	5:50.98		
11	Liu Pak Yin	TYH	5:51.90		
12	Tung Chi Yin	CYC	6: 2.33		
13	Ching Ho Yan	LSTLKK	6:29.96		
14	Chung Lai Yin	CCSS	6:35.47		
15	Rana Kal Singh	DMS-BW		DN start	
16	Li Kuang Lin	LSTYKH		DN start	
17	Chan Wai Hong	LWFSS		DN start	
18	Chan Cheuk Hei	HKTKP		DN start	

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Event 39 1500m Boys A

Standard: 5:30.00 Record: 4:05.76 (2004)

Heat 1 Final Lane

1	Shum Kai Fung	KHSS	4:54.07	Standard	2
2	Chan Cheuk Nam	NAMS	4:55.51	Standard	3
3	Tang Ho Man	SKHLKY	5: 7.83	Standard	5
4	Wong Chi Hung	CCSS	5: 8.05	Standard	6
5	Leung Wang Kit	YCM	5:14.23	Standard	9
6	Singh Gimandeep	DMS-BW	5:19.90	Standard	11
7	Yeung Chun Tik	LS	5:25.74	Standard	
8	Tang Wai Lam Waylon	ICQM	5:26.42	Standard	
9	Kwok Fung Lam	HKTKP	5:30.97		
10	Wong Chi Shing	CCPASS	5:39.27		
11	Chong Chun Wing	K-LING	5:41.38		
12	Ng Koon Lung	TYH	5:47.67		
13	Kwong Kiu Yat	BHNC	6: 1.60		
14	Foo Ying Ho	LSTLKK	6: 3.85		

15	Wong Tat Wai	CHC		DN start
16	Wu Ka Ming	HGSS		DN start
17	Mak Cheuk Yeun	RCC		DN start
18	Ho Fuk Cheong	MKC		DN start
19	Ng Yuen	PTSS		DN start
20	Wong Chung Pan	KGEDS		DQ

Heat 2 Final Lane

1	Tsang Ho San	LSTLKK	5:27.90	Standard	
2	Liu Tat Shing	HGC	5:28.50	Standard	
3	Dong Lap Chun	KWSC	5:29.44	Standard	
4	Chan Ka Hing	K-LING	5:30.70		
5	Cheung Sui Kai	LCCS	5:36.19		
6	Pang Ka King	SYSS	5:37.86		
7	Leung Nok Wai	CHC	5:37.95		
8	Fung Kai Yin	SKHLFH	5:39.82		
9	Kuang Tuo Wei	PLKWYC	5:47.69		
10	Lau Wai Yin	PCCSS	5:59.17		
11	Ling Chi Tung	KGEDS	6: 4.01		
12	Chong Hiu Fung	KTGS		DN start	
13	Chow Pui Nam	PLKLFC		DN start	
14	Matthew Lui	CIS		DN start	
15	Yu Ka Chun	RCC		DN start	
16	Chim Ho Man	CREATIVE		DN start	
17	Lo Chung Pan	CSS		DN start	
18	Kwok Ching Hin	TYH		DN start	
19	Cheung Ting Hin	MKC		DN start	

Heat 3 Final Lane

1	Lam Po Sang	KTGS	4:53.11	Standard	1
2	Liu Chong Fai	LCCS	5: 6.95	Standard	4
3	Yip Ka Chun Gabriel	CREATIVE	5:10.15	Standard	7
4	Tam Ming Hong	NAMS	5:12.19	Standard	8
5	Li Pui Hay	SKHLFH	5:18.24	Standard	10
6	Lam King On	CCSS	5:20.08	Standard	12
7	Cheng Kwok Yam	HGC	5:20.40	Standard	
8	Cheng Yu Shing	PTSS	5:33.79		
9	Wong Ka Kuen	PLKWYC	6: 2.67		
10	Wu Chi Ho	CCPASS	6:14.68		
11	Tang Tsang Fung	DMS-HW	6:20.33		
12	Lam Yin Hung	ICQM	6:25.60		
13	Chan Chun Wai	LSTYKH	7:34.95		
14	Szeto Kit	HGSS		DN start	
15	Lam Cheuk Ngai	KWSC		DN start	
16	Chan Ming Kwan	CSS		DN start	
17	Liam Key	CIS		DN start	
18	One Hawa Chiau	SYSS		DN start	
19	Fung Wang Hin	FSS-SSW		DN start	

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Event 40 4x400m Relay Girls C
Standard: 5:40.00 Record: 4:16.63 (2008)

Heat 1 Final Lane

1		BPS	5: 6.87	Standard	2
2		SKSS	5:16.15	Standard	3
3		MKC	5:40.14		8
4		KTGS	5:41.50		
5		LSTYKH	5:46.20		
6		CHC	5:53.41		
7		LSTLKK		DQ	

Heat 2 Final Lane

1		KHSS	5:18.93	Standard	4
2		OLRC	5:35.45	Standard	7
3		WWS	5:39.26	Standard	1
4		PTSS	5:54.88		
5		K-LING	5:56.06		
6		TYH	6: 7.04		
7		SKHLKY		DN start	

Heat 3 Final Lane

1	LCCS	5:28.69	Standard	5
2	BHJS	5:31.68	Standard	6
3	PLKLCF	5:42.46		
4	TNSS	6: 8.79		
5	HGC	6:21.92		
6	HGSS		DN start	
7	SKHLFH		DN start	

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Event 41 4x400m Relay Girls B

Standard: 5:31.00 Record: 4:15.05 (2010)

Heat 1				Final Lane
1	LCCS	5: 7.43	Standard	2
2	TYH	5:36.98		
3	WWS	5:54.57		
4	K-LING	5:55.80		
5	KTGS	5:59.61		
6	CSS		DN start	
7	CREATIVE		DN start	

Heat 2				Final Lane
1	KHSS	5: 8.46	Standard	4
2	PLKLCF	5:15.86	Standard	5
3	MKC	5:15.98	Standard	6
4	BHJS	5:30.26	Standard	1
5	OLRC	5:31.95		8
6	FSS-SSW	5:32.94		
7	LSTLKK	6:33.62		

Heat 3				Final Lane
1	BPS	5: 8.25	Standard	3
2	PTSS	5:27.26	Standard	7
3	SKHLFH	5:40.99		
4	HGC	5:57.87		
5	LSTYKH	6:11.94		
6	PLKNO.1C	6:26.24		
7	PTCC	6:32.11		

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Event 42 4x400m Relay Girls A

Standard: 5:30.00 Record: 4:09.77 (2009)

Heat 1				Final Lane
1	OLRC	4:57.55	Standard	2
2	PTSS	5:18.54	Standard	5
3	PLKNO.1C	5:26.98	Standard	1
4	TNSS	5:35.00		
5	LSTYKH	5:49.27		
6	LSTLKK		DN start	
7	K-LING		DN start	

Heat 2				Final Lane
1	BPS	5:13.44	Standard	4
2	HGC	5:24.71	Standard	7
3	CSS	5:46.71		
4	TYH	5:54.00		
5	NAMS		DN start	
6	SKHLKY		DN start	

Heat 3				Final Lane
1	DMS-HW	5: 6.60	Standard	3
2	BHJS	5:20.52	Standard	6
3	WWS	5:27.81	Standard	8
4	LCCS	5:37.77		
5	SKHLFH	5:45.50		
6	KGEDS		DN start	

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Two: 18 February 2011

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 Event 1 Long Jump Girls C
 Standard: 3.40 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Tsang Ka Yuet	KTGS	4.11	Standard	9
2	Wong Choi Ha	HGC	3.92	Standard	7
3	Chu Noel Sincere	CREATIVE	3.91	Standard	6
4	Chau Hoi Wang	PLKNO.1C	3.84	Standard	5
5	Ho So Ying	LSTYKH	3.82	Standard	4
6	Cheng Nga Yan	OLRC	3.78	Standard	3
7	Tsoi Wai Ting	SKHLFH	3.78	Standard	2
8	Cheung Ka Yee	PLKNO.1C	3.75	Standard	1
	So Yan Yuet	BHJS	3.66	Standard	
	Ip Ho Fung	SKSS	3.62	Standard	
	Mak Yu Tim	LCCS	3.62	Standard	
	Yip Man Yan	MKC	3.58	Standard	
	Kwan Wing Tung	SKSS	3.58	Standard	
	Sieh Ying Tung	BPS	3.57	Standard	
	Lee Lap DZou	BHJS	3.56	Standard	
	Lai Hiu Lam	HGC	3.49	Standard	
	Wong Ching	RCC	3.45	Standard	
	Yiu Wan Ting	PTCC	3.39		
	Tong Ka Wing	K-LING	3.33		
	Wu Hui Lam	CSS	3.23		
	Ho Ka Yan	CCSS	3.16		
	Shum Cheuk Yan	PTCC	3.12		
	Wai Tsz Ching	LCCS	3.11		
	Angeles Priuncess K. L.	DMS-BW	3.09		
	Leung Yan Ting Tiffany	ICQM	3.05		
	Chan Pui Shan	KTGS	3.02		
	Lau Ka Yu	BPS	3.00		
	Chung Wa Lee	K-LING	2.88		
	Kwok Pui Sze	LWFSS	2.88		
	Chan Kwan Ting	LSTLKK	2.83		
	Chan Tsz Ching	CSS	2.81		
	Wong Yu Lai	LSTLKK	2.76		
	Tsui I Ching	CHC	2.73		
	Leung Hoi Yan	PLKWYC	2.70		
	Chan Ka Hei	SKHLFH	2.62		
	Harmanbir Kaur	DMS-BW	2.61		
	Chan Wan Sze	LSTYKH	2.59		
	Ip Tsz Ching	PCCSS	2.58		
	Yung Hiu Wai	PTSS	2.47		
	Lai Cheuk Lam	PLKWYC	2.42		
	Chan Ka Ling	CCSS	2.39		
	Ng Tsz Ching	WWS	2.39		
	Ki Cheuk Lam	OLRC	2.31		
	Li Wai Chi Gigi	PTSS	2.25		
	Po Yiu Wa	TYH		DN take part	
	Yiu Mei Ling	PCCSS		DN take part	
	Lam Wai Yan	MSCHK		No Mark	
	Chan Wai Yee	LS		DN take part	
	Lau Ching Yee	WWS		DN take part	
	Wong Shiu Man	ICQM		DN take part	
	Tong Ka Ngai	LWFSS		DN take part	
	Au Hiu Lam	KHSS		DN take part	
	Wong Sheron	TYH		No Mark	
	Sum Kai Yan	SKHLKY		DN take part	
	Fung Cheuk Ting	HGSS		DN take part	
	Au Yeung Lok Yi	NAMS		DN take part	

=====
 Event 2 Shot Put Boys B

Standard: 9.20 (4kg) Record: 14.70 (2003) (4kg)

Position	Name	School	Result	Remark	Points
1	Yip Chi Wing	LS	11.46	Standard	9
2	Hsu Sai Yeung	HGC	11.17	Standard	7
3	Chan Chi Yuen	CCSS	10.85	Standard	6
4	Tse Chin Sing	HGSS	10.76	Standard	5
5	Mok Chuk San	CYC	10.69	Standard	4
6	Mo Kee Fai Jess	TYH	10.58	Standard	3
7	Kwun Ho Laam	SKHLFH	10.25	Standard	2
8	Ng Enoch	K-LING	10.01	Standard	1
	Leung Ka Ho	KHSS	9.92	Standard	
	Yiu Chak Hung	PLKWYC	9.89	Standard	
	Chan Ming Chung	HGC	9.87	Standard	
	Lam Hon Wa	SKHLFH	9.85	Standard	
	Chan Hiu Yeung	PCCSS	9.83	Standard	
	Law Ka Ngai	SYSS	9.69	Standard	
	Mak Yin Hin	SYSS	9.69	Standard	
	Kumpich Chu Sorakit	CYC	9.57	Standard	
	Lee Hung Kei	KTGS	9.52	Standard	
	Tsui Ting Yan	PLKNO.1C	9.44	Standard	
	Chow Man Kit	KHSS	9.44	Standard	
	Ng Cheong Hung	BHNC	9.42	Standard	
	Jonavan Tan	CIS	9.27	Standard	
	Shek Ka Kwan	MKC	9.15		
	Ian Hui	CIS	9.12		
	Kung Yan Ho	TYH	9.11		
	Pun Kwok Yung	NAMS	8.97		
	Cheng Ka Yin	CSS	8.83		
	Li Tsz Yin	CSS	8.77		
	Yeung King Wah	K-LING	8.73		
	Estrella Chris Lourence	DMS-BW	8.72		
	Fok Chun Yin	FSS-SSW	8.69		
	Chan Yat Hin Kevin A.	NAMS	8.64		
	Chow Kin Kwan	LCCS	8.58		
	Yip Chi Wai	CCSS	8.57		
	Chong Chi Chiu	PTSS	8.40		
	Cheung Yuan	MKC	8.39		
	Cheuk Ho Yin	LSTYKH	8.23		
	Wong Ming Kin	LCCS	8.23		
	Yau Man Lai	CREATIVE	8.18		
	Urchenko Adrian L	DMS-BW	8.15		
	Tang Kwong Hung	PLKWYC	7.96		
	Li Chun Kit	LSTLKK	7.95		
	Chui Kai Tik	HKTKP	7.70		
	Lam Ho Man	FHMSS	7.69		
	Zhou Wei Jian	DMS-HW	7.40		
	Hau Ho Yin	SKHLKY	6.69		
	Li Zhun Hao	PTSS		DN take part	
	Chau Chi Kit	STCS		DN take part	
	Hui Ki Chun	HKTKP		No Mark	
	Kwan Man Hong	KWSC		DN take part	
	Yu Ka Chun	KWSC		DN take part	
	Lun Kai Wing	LWFSS		No Mark	
	Feng Zhen Peng	LWFSS		No Mark	
	Wong Yik Ho Tereance	KTGS		DN take part	
	Chan Jia Jin	BHNC		DN take part	
	Cheng Yui Hin	LSTLKK		DN take part	

=====
 Event 3 Discus Girls A

Standard: 15.00 (1kg) Record: 39.30 (2010) (1kg)

Position	Name	School	Result	Remark	Points
1	Ho Pui Ling	NAMS	24.78	Standard	9
2	Lee Siu Yin	HGC	23.37	Standard	7

3	Fei Natalie Jane	OLRC	21.68	Standard	6
4	Lam Hoi Ching	KWSC	19.90	Standard	5
5	Chow Yuk Wai	YCM	19.81	Standard	4
6	Li Wan	NAMS	19.62	Standard	3
7	Tang Wei Ying	BPS	19.29	Standard	2
8	Yeung Hoi Yan	HGC	18.41	Standard	1
	Shiao Sin Men	BHJS	17.09	Standard	
	Kwok Shu Ki	SKSS	16.48	Standard	
	Lau Wing Yan	BHJS	16.40	Standard	
	Chan Yee Shan	K-LING	16.38	Standard	
	Tai Sze Ting	YCM	16.20	Standard	
	Kwok Yuen Tung	OLRC	16.18	Standard	
	Yuen Wing Tung	TNSS	16.13	Standard	
	Tuet Long Yen Nicole	LSTYKH	16.08	Standard	
	Li Sze Man	SKSS	16.06	Standard	
	Cheng Sin Yee	TYH	16.04	Standard	
	Wan Tsz Ning	LCCS	15.93	Standard	
	Pat Wing Yan	FSS-SSW	15.77	Standard	
	Hung Wan Ying	LCCS	15.76	Standard	
	Lam Tse Lee	KTGS	15.74	Standard	
	Chan Ka Lo Carol	KGEDS	15.70	Standard	
	Yau Yu Ting	LWFSS	15.69	Standard	
	Zhang Cai Mei	DMS-HW	15.63	Standard	
	Wong Ka Yee	PTCC	15.42	Standard	
	Hiu Shuk Man	TYH	15.04	Standard	
	Lau Ho Ying	BHNC	14.29		
	Fong Yin Lam	WWS	14.13		
	Chan Hoi Yik	CCSS	14.07		
	Lau Man Yi	WWS	13.89		
	Chan Wun	LWFSS	13.89		
	Lam Lam	BPS	13.81		
	Ng Yee Pui	CHC	13.70		
	Lau Bo Yin	PTSS	13.58		
	Lam Ming Yi	CSS	13.47		
	Law Chin Po	HGSS	13.32		
	Chu Shun Yan	LSTYKH	13.05		
	Chung Hiu King	PTCC	12.59		
	Lam Sze Sze	CCSS	12.58		
	Lau Yuk Ching	PCCSS	12.54		
	Cheung Ka Man	PCCSS	12.19		
	Wong Wai Yin	CHC	12.07		
	Fan Tsz Yue	FSS-SSW	11.72		
	Hung Ching Man	K-LING	11.64		
	Chan Hoi Ki	SKHLFH	10.47		
	Gurung Anju	DMS-BW		No Mark	
	Ho Wing Yan	SKHLFH		DN take part	
	Gurung Manoju	DMS-BW		No Mark	
	Fung Yu Yan	CSS		No Mark	
	Chow Fung Yee	KGEDS		DN take part	
	Ng Yuk Ping	PLKWYC		DN take part	
	Cheong Ho Wing Suzanne	LSTLKK		DN take part	
	Leung Tsz Ching	LSTLKK		DN take part	
	Zareena Tariq Razi	KWSC		No Mark	
	Kwok Hiu Shan	PTSS		DN take part	
	Cheung Suet Yee	HGSS		No Mark	
	Lau Mung Ting	PLKWYC		DN take part	

=====
Event 4 Triple Jump Boys A

Standard: 10.80

Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Yu Hok Tao	TYH	12.23	Standard	9
2	Zeng Jing Hua	NAMS	11.62	Standard	7
3	Luk Shun Man	LSTLKK	11.61	Standard	6
4	Ng Yu Yeung Sunny	CSS	11.40	Standard	5
5	Lee Chun Yam	LSTLKK	11.34	Standard	4
6	Kwok Tsz Leung	MSCHK	11.31	Standard	3

7	Ng Tsz Chun	KTGS	11.08	Standard	2
8	Li Tsz Wing	PLKNO.1C	10.91	Standard	1
	Fong Chi Long	MKC	10.83	Standard	
	Yeung Tak Luk	KTGS	10.80	Standard	
	Li Xuexian	FSS-SSW	10.76		
	Chan Sze Hang	SKHLKY	10.70		
	Pak Chi Ho	NAMS	10.69		
	Lee Hong Yuen	KHSS	10.67		
	Fung Kin Long	PLKWYC	10.59		
	Ng Sing Lung	PTSS	10.58		
	Liu Hin Yat	K-LING	10.40		
	Tse Kong Kin	KHSS	10.39		
	Thomas Tsui	CIS	10.30		
	Lee Laam Chuen Nelson	SKHLFH	10.26		
	Ang Pok Man	CCSS	9.96		
	Stephen Lee	CIS	9.86		
	Lai Tak Cheung	SYSS	9.79		
	Cho Sze Chai	LCCS	9.63		
	Ho King Ho	CSS	9.19		
	Li Tsz Yuet	HGC	8.98		
	Lau Chun Cheung	CREATIVE	8.11		
	Ng Kai Yiu	CREATIVE		DN take part	
	Chung Kin Ho	CCSS		DN take part	
	Wong Chun Kit	PTSS		DN take part	
	Cheung Kai Mei	HKTKP		DN take part	
	Wong Wai Keung	HGSS		DN take part	
	Law Hei Shun	HGSS		DN take part	
	Chan Chun Hin	TYH		DN take part	
	Choi Man Hin	SKHLFH		DN take part	
	So Hau Lam	PLKWYC		DN take part	
	Keung Ka Chun	STCS		DN take part	
	Wong Wai	LCCS		DN take part	
	He Ying Quan	CYC		DN take part	
	Ho Yiu Kin	CCPASS		DN take part	
	Lo Siu Him	CCPASS		DN take part	
	Cheung Shing Fung	LSTYKH		No Mark	

=====
Event 5 High Jump Girls B

Standard: 1.20

Record: 1.75 (2010)

Position	Name	School	Result	Remark	Points
1	Tsang Sze Wing	K-LING	1.35	Standard	9
2	Yu Tsz Yung	SKHLFH	1.32	Standard	7
3	Mau Chui Yi	LSTLKK	1.32	Standard	6
4	Tin Siu Ngong	CCSS	1.29	Standard	5
5	Pau Cheuk Lam	LSTLKK	1.23	Standard	4
6	Tai Yan Ning	PTSS	1.23	Standard	3
7	Lau Mei Yi	BHNC	1.23	Standard	2
8	Ng Man Wai	OLRC	1.20	Standard	1
	Chan Hiu Hang	LS	1.17		
	Fong Sammi Wing Fai	BPS	1.17		
	Yip Hiu Ki	PTSS	1.17		
	Ng Tin Yee	BPS		No Mark	
	Lui Ting Kwan	MSCHK		No Mark	
	Sze Eleanor Jane	TNSS		No Mark	
	Tsui Wing Yan	BHNC		No Mark	
	Chan Xin	KTGS		No Mark	
	Ching Kit Yan	WWS		DN take part	
	Choy Ching Yi	HGC		No Mark	
	Chan Ying Ying	HGC		No Mark	
	Wong Wing Yan	KTGS		No Mark	
	Zeng Junwen	OLRC		No Mark	
	Tang Wing Yan	LWFSS		No Mark	
	Wong Kin Yu	LWFSS		No Mark	
	Lai Kin Yee	WWS		DN take part	
	Chu Wai Yi	LSTYKH		No Mark	
	Chan Ka Ki	SKHLFH		No Mark	

Sze Miu Yung	PTCC	No Mark
Tin Yui	PTCC	No Mark
Cheung Tsz Yan	PLKLFC	DN take part
Yuen Wing Hei	PLKLFC	No Mark
Tse Wing Sze	PCCSS	No Mark
Kit Wing Lam	CCSS	No Mark
Yiu Fong Yi Bernice	LSTYKH	No Mark
Chan Hiu Yan	PCCSS	No Mark
Kam Cheuk Wing	KWSC	DN take part
Ammarah Parveer Awan	DMS-BW	DN take part
Leung King Wah	TYH	No Mark
Chan Pui Lam	TYH	DN take part
Ling Kin Shan	CSS	No Mark
Leung Lai Hang	CSS	No Mark

=====
Event 6 100m Hurdles Girls C
Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

=====
Event 7 100m Hurdles Girls B
Standard: 23.00 (0.762m) Record: 14.66 (2006) (0.762m)

=====
Event 8 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

=====
Event 9 100m Hurdles Boys C
Standard: 21.00 (0.84m) Record: 13.57 (2009) (0.84m)

=====
Event 10 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Semi-Final 1				Final Lane
1	Logan Justice	CIS	16.95	4
2	Wong Fan Yung	SKHLFH	17.41	6
3	Cheung Pang Chor	K-LING	17.92	7
4	Lau Pui Chung Owen	LSTYKH	18.26	1
5	Lo Ming Yin	SKHLKY	18.71	8
6	Ng Tik Man	PTSS	19.06	
7	So Hang Sin	PTSS	19.98	
8	Chong Chor Yam	PLKWYC	20.36	

Semi-Final 2				Final Lane
1	Yuen Ho Fai	LCCS	16.24	2
2	Kyle Justice	CIS	16.29	3
3	Chen Cong Hua	HGC	17.28	5
4	Tam Curtis Jade Kwan Lung	DMS-BW	18.73	
5	Ng Ka Ho	SYSS	19.71	
6	Mirza Zain Shafiq	DMS-BW	19.83	
7	Shum Chun Sang	SKHLKY	19.94	
8	Tsang Hon Cheong	LSTLKK		

=====
Event 11 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 14.20 (2009) (0.914m)

Semi-Final 1				Final Lane
1	Au Chun	TYH	16.39	3
2	Tasawar Usman	DMS-BW	17.68	5
3	Hau Wing Lun	LCCS	18.38	1
4	Wan Ho Kuen	CCSS	19.15	8
5	Kwok Ho Hin	LSTLKK	19.48	
6	Li Ho Shing	PLKWYC	19.60	
7	Ip Kin San	HGSS	20.15	
8	Tang Kai Sang	HGC		

Semi-Final 2				Final Lane
1	Lau Chun Wai	HGC	16.36	2

2	Tse Jenson	ICQM	17.08	4
3	Kwan Kin Sing	SYSS	18.17	6
4	Fung Ka Ho	YCM	18.23	7
5	Lee Shing Chun	PCCSS	19.47	
6	Fok Hiu Ka	PLKNO.1C	19.52	
7	Ng Tsz Chun	KTGS	19.80	
8	Tso Wai Ming	HKTKP	20.63	

=====
Event 12 1500m Boys C

Standard: 5:55.00 Record: 4:31.24 (2008)

Final				Points
1	Wong Hong Yin	SYSS	5: 7.63	9
2	Lau Ho Tim	PTSS	5:16.92	7
3	Wong Yu Chau	LSTLKK	5:19.33	6
4	Tsoi Cheuk Nam	LCCS	5:35.09	5
5	Elliot Shi	CIS	5:35.65	4
6	Wong Wing Yin	LSTLKK	5:36.41	3
7	Lee Ho Hang	CHC	5:38.92	2
8	Lee Chun Wa	PLKLFC	5:38.96	1
9	Cheung Ka Wing	KWSC	5:44.00	
10	Li Ching Miu	KWSC	5:48.65	
11	Ip Tsz Hei	SYSS	5:50.19	
12	Chan Cheuk Pan	LCCS	5:57.69	

=====
Event 13 1500m Boys B

Standard: 5:35.00 Record: 4:18.96 (2010)

Final				Points
1	Tong Cheuk Him	KHSS	4:39.62	9
2	Matthew Ho	CIS	4:49.31	7
3	Wong Chin Hing	BHNC	5: 2.69	6
4	Yuen Ho Fai	LCCS	5:13.45	5
5	Yau Kiu Ming	KWSC	5:13.97	4
6	Thomas Loong Chi Wang	CIS	5:16.69	3
7	Karmayana Jason Chia	DMS-BW	5:18.86	2
8	Wong Yin Hong	SYSS	5:19.31	1
9	Tse Wing Ho	PTSS	5:33.13	
10	Wong Ka Wing	K-LING	5:57.14	
11	Chan Ka Yin	KTGS		
12	Yau Man Yiu	NAMS		

=====
Event 14 1500m Boys A

Standard: 5:30.00 Record: 4:05.76 (2004)

Final				Points
1	Lam Po Sang	KTGS	4:33.81	9
2	Shum Kai Fung	KHSS	4:46.00	7
3	Tam Ming Hong	NAMS	4:50.80	6
4	Wong Chi Hung	CCSS	4:57.75	5
5	Liu Chong Fai	LCCS	5: 1.17	4
6	Yip Ka Chun Gabriel	CREATIVE	5: 2.58	3
7	Tang Ho Man	SKHLKY	5: 7.02	2
8	Li Pui Hay	SKHLFH	5: 9.15	1
9	Singh Gimandeep	DMS-BW	5:15.14	
10	Lam King On	CCSS	5:18.62	
11	Chan Cheuk Nam	NAMS		
12	Leung Wang Kit	YCM		

=====
Event 15 100m Girls C

Standard: 16.10 Record: 12.48 (2010)

Semi-Final 1				Final Lane
1	Li Lai Ka	TNSS	14.49	4
2	Au Hoi Sy Bacolod	TNSS	14.92	6
3	Choi Cheuk Yiu	K-LING	15.09	1
4	Tsoi Wai Ting	SKHLFH	15.23	

5	Lai Hiu Lam	HGC	15.27	
6	Lee Hang Chi Ann	KHSS	15.68	
7	Lo Sum Yi	MKC	15.82	
8	Mok Hoi Yan	PLKLFC	16.03	
Semi-Final 2				Final Lane
1	Law Man Chung	K-LING	14.30	2
2	Ma Kwan Ting	BPS	14.46	3
3	Chan Pei Ting	LCCS	15.07	7
4	Li Ling Sze	BHJS	15.11	
5	Tsoi Wai Yin	OLRC	15.14	
6	Leung Yan Ting Tiffany	ICQM	15.42	
7	Lam Yat Kiu	WWS	15.45	
8	Kan Wing Ki	PCCSS	15.71	
Semi-Final 3				Final Lane
1	Wong Ching	PLKNO.1C	14.75	5
2	Tsui Kwan Ching	BPS	15.10	8
3	Li Kin Yi	NP2C	15.16	
4	Tseung Yan Chi	BHJS	15.26	
5	Yip Man Yan	MKC	15.35	
6	Ling Tsz Suet	CREATIVE	15.36	
7	Wong Ching	RCC	15.74	
8	Chin Sau Ki	KTGS		

=====
Event 16 100m Girls B

Standard: 16.00 Record: 12.21 (2005)

Semi-Final 1				Final Lane
1	Fung Hoi Yi	LCCS	14.13	2
2	Fatin-Shahira-Binti-R.	OLRC	14.57	7
3	Lam Yan Yue	MKC	14.59	1
4	Ng Oi Yui	CCSS	14.98	
5	Wong Gi Ting	KTGS	15.06	
6	Li Sze Ching	BHJS	15.12	
7	Lam Ka Man	OLRC	15.58	
8	Chung Wing Yan	FSS-SSW	20.30	
Semi-Final 2				Final Lane
1	Lai Man Ping	SKSS	14.32	5
2	Tsang Hiu Tung	BHNC	14.34	6
3	Law Hoi Kwan	CSS	14.59	8
4	Lai Hiu Ching	HGC	14.76	
5	Fung Tsz Ying	PLKWYC	14.90	
6	Wong Lik Ho	WWS	15.34	
7	Leung Tsz Wai	RCC	15.36	
8	Cheng Tin Lam	KHSS	15.47	
Semi-Final 3				Final Lane
1	Kwok Hiu Tung	PTCC	14.32	4
2	Li Ka Sin	LS	14.32	3
3	Ng Yuen Yee	BHJS	14.80	
4	Yu Tsz Yung	SKHLFH	14.86	
5	Law Ka Wai	TNSS	15.17	
6	Poon Sze Lok	CCSS	15.26	
7	Kwong Lok Yiu	PTSS	15.68	
8	Deng Pei Yi	LWFSS	16.06	

=====
Event 17 100m Girls A

Standard: 15.50 Record: 11.99 (2009)

Semi-Final 1				Final Lane
1	Pang Pui Kwan	KTGS	13.25	2
2	Hau Hayley Jing Ting	PTCC	14.30	4
3	Leung Hiu Yan	BPS	14.55	1
4	Lee Kin Hung	HGC	14.64	8
5	Yau Hiu Yan	WWS	14.91	
6	Tsin Ka Yee	SKHLKY	15.02	
7	Lam Tsz Yan	SKSS	15.31	
8	Ng Ying Lai	DMS-HW	15.68	
Semi-Final 2				Final Lane

1	Ho Ka Wai	OLRC	13.68	3
2	Tsang Siu Fung	NP2C	14.32	5
3	Cheng Sau Kan	LSTYKH	14.68	
4	Chiu Ka Man	SKHLKY	14.93	
5	Ma Hong Nei	TNSS	15.31	
6	Lui Michelle Fulguirinas	DMS-HW	15.34	
7	Ng Hoi Tung	CCSS	15.54	
8	Wu Lisha	LWFSS	15.60	
Semi-Final 3				Final Lane
1	Chiu Yee On	BHJS	14.43	6
2	Lau Mei Yee	WWS	14.55	7
3	Wong Ka Man	KWSC	14.73	
4	Ho Wing Yiu	RCC	14.77	
5	Tse Man Nga	CSS	14.83	
6	So Long Hang	TNSS	14.93	
7	Chau Chuk King Tsz	YCM	14.97	
8	Chan Wai Ping	KWSC	15.61	

=====
Event 18 100m Boys C

Standard: 14.10 Record: 11.21 (2009)

Semi-Final 1				Final Lane
1	Wong Chun Angelo	CREATIVE	12.72	2
2	Wong Tsz Chiu	LWFSS	13.19	5
3	Yu Ka Wai	K-LING	13.53	8
4	Ko Chuen Fai	SKHLFH	13.58	
5	Yu Chung Ho	SYSS	13.70	
6	Chan Kin Fai	LSTLKK	13.76	
7	Chan Ka Wai	CCSS	14.03	
8	Ho Jason Chun Fung	KTGS		

Semi-Final 2				Final Lane
1	Du Jiaming	HGSS	12.75	3
2	Tai Hoi Yuet	BHNC	13.35	7
3	Kwong Man Kin	LS	13.48	1
4	Mak Lok Man	PLKLFC	13.54	
5	Tse Hei Nam Sebastian	CREATIVE	13.54	
6	Chow Hon Kwan	BHNC	13.60	
7	Lau Yu Hin	KHSS	13.84	
8	Pang Chun On	RCC		

Semi-Final 3				Final Lane
1	Rana Ganesh Bikram	DMS-HW	13.17	4
2	Tsang Lam	PTSS	13.25	6
3	Fung Yat Chiu	RCC	13.60	
4	Lam Chun Lik	ICQM	13.70	
5	Lee Kwan Yin	LCCS	13.74	
6	Cheung Cheuk Hin	CCSS	13.79	
7	Chan Chun Nok	SYSS	13.94	
8	Oliver Wu	CIS		

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Event 19 100m Boys B

Standard: 13.30 Record: 11.03 (2008)

Semi-Final 1				Final Lane
1	Liang Genquan	BHNC	12.57	6
2	Mak Wing Fai	MKC	12.59	7
3	Choi Chi Hang	SYSS	12.66	8
4	Lewis Ho	CIS	12.73	
5	Chan Wai Hung	LSTLKK	12.89	
6	Lam Ho Yin	PTSS	13.09	
7	Lam Lok Hang	ICQM	13.17	
8	Chung Siu Fung	K-LING	13.20	

Semi-Final 2				Final Lane
1	Cheung Kai Wang	DMS-HW	12.56	3
2	Ho Wing Kei	BHNC	12.60	1
3	Cheung Man Tat	RCC	12.90	
4	Kwok Chi Keung	LCCS	13.00	
5	Cheung Pan	KHSS	13.13	

6	Leung Hiu Fai	HKTKP	13.15
7	Lo Chun Hin Johannes	CSS	13.30
8	Kamar Rajin Labaro	DMS-BW	

Semi-Final 3 Final Lane

1	Clarence Leung	CIS	12.24	2
2	Chan Wai Shing	SYSS	12.56	4
3	Tai Chi Fai	FHMSS	12.57	5
4	Chau Ka Ming	CCSS	12.79	
5	Wong Tsz Hin	KTGS	12.83	
6	Wong Jeffrey	FSS-SSW	12.93	
7	Tam Tsz Kin	TYH	13.01	
8	Lo Ka Lok	KHSS	13.05	

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Event 20 100m Boys A

Standard: 12.80 Record: 10.40 (2008)

Semi-Final 1 Final Lane

1	Choi Pui Fung	SYSS	11.75	3
2	James Harris	CIS	12.05	4
3	Wong Lok Chun	KGEDS	12.14	7
4	Chan Lit Ho	BHNC	12.44	
5	Yeung Wai	KTGS	12.49	
6	Chui Wing Ho	YCM	12.60	
7	Hung Ming Ching	LS	12.73	
8	Chui Yum Nam	PLKWYC	13.18	

Semi-Final 2 Final Lane

1	Zou Yue Qiang	PTSS	11.73	2
2	Tsoi Chun Ho	BHNC	12.08	5
3	So Ching On	KHSS	12.43	
4	Tang Chi Keung	KTGS	12.62	
5	Ma Kwong Wai	K-LING	12.67	
6	Leung Siu Lun	SKHLFH	13.02	
7	Lam King Yin	LSTYKH		
8	Sham Kit Nam	RCC		

Semi-Final 3 Final Lane

1	Cheng Kin	PTSS	12.10	6
2	Hon Chi Ho	CSS	12.22	1
3	Wong Tsz Him	CCSS	12.29	8
4	Lun Wai	CCSS	12.41	
5	Tam Yeung Kit	NAMS	12.43	
6	Wong Ho Tung	LS	12.59	
7	Ng Ho	KHSS	12.89	
8	Chau Chun Sing	RCC		

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Event 21 Long Jump Boys B

Standard: 4.80 Record: 6.92 (2009)

Position	Name	School	Result	Remark	Points
1	Yeung Hoi Wing	PTSS	5.70	Standard	9
2	Ho Chun Hin	KHSS	5.46	Standard	7
3	Tam Man Kit	CREATIVE	5.19	Standard	6
4	Tai Chi Fai	FHMSS	5.19	Standard	5
5	Mak Wing Fai	MKC	5.15	Standard	4
6	Ng Ka Ho	SYSS	5.11	Standard	3
7	Shivadarjee Annp	DMS-BW	5.03	Standard	2
8	Chow Ka Ming	BHNC	4.99	Standard	1
	Fernie Richard Cambell	CREATIVE	4.84	Standard	
	Sun Yik Ting Anthony	TYH	4.83	Standard	
	Lam Wai Ming	K-LING	4.82	Standard	
	Tsang Hon Cheong	LSTLKK	4.81	Standard	
	Chung Tat Man	FSS-SSW	4.74		
	Ng Kwan Po	HGC	4.69		
	Lun Ho	HGSS	4.67		
	Lo Chun Hin Johannes	CSS	4.66		
	Ng Ying Lun	DMS-HW	4.57		
	Kwok Kin Lun	K-LING	4.56		
	Wong Tsz Chin	KTGS	4.50		

Cheung Man Tat	RCC	4.49	
Yau Shing Kit	KTGS	4.47	
Chan Wun Kam	SKHLFH	4.47	
Lam Shi Pok	DMS-HW	4.47	
Ran Zhnga	CIS	4.43	
Pang Yue Hin	HKTKP	4.38	
Tang Ming Ho	CSS	4.37	
Yan Tat Fu	LCCS	4.36	
Karmayana Jason Chia	DMS-BW	4.30	
Wong Ka Ho	LCCS	4.20	
Chan Ka Hung	HGC	4.12	
Cheung Pan	KHSS	4.12	
Tsang Chin Fung	RCC	4.12	
Yau Heung Lam	PTSS	4.08	
Yung Man Lung	LSTYKH	3.99	
Kei Hiu Lam	SKHLFH	3.98	
Wong Kai Chung	CCSS	3.87	
Yeung Yat Sing	KWSC	3.85	
Lo Kwan Yau	SYSS	3.85	
Wong Hing Tak	PCCSS	3.77	
Chong Cho Yui	PLKWYC	3.71	
Ng Ka Kiu	HKTKP	3.70	
Lau Hiu Fung	PCCSS	3.43	
Wu Yuh Uan	NAMS	3.38	
Woo Hoi Wang	CCSS	2.95	
Ng Man Ho	PLKLFC	2.92	
Ip Pak Sum	NAMS		DN take part
Tsang Chi Kuen	STCS		DN take part
Ng Wai Hong	KWSC		DN take part
Tsoi Wa Chun	PLKWYC		DN take part
Chung Pui Kwan	LSTYKH		DN take part
Wong Chung Ting	LSTLKK		DN take part
Chor Kai Pong	TYH		DN take part
Kai Lu	CIS		No Mark
Chu Chi Kwong	MSCHK		No Mark
Wong Ka Chun	CCPASS		DN take part
Loi Chi Leung	CYC		DN take part
Hui Pui Heung	CYC		DN take part
Kwok Yan Lun	LS		DN take part
Lam Man Sui	STCS		DN take part

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Event 22 400m Girls C
Standard: 1:25.00 Record: 58.78 (2000)

Semi-Final 1				Final Lane
1	Leung Ka Man	KHSS	1: 9.17	2
2	Chan Ka Lam	ICQM	1:12.83	6
3	Choi Ho Yi	BHJS	1:14.18	1
4	Hui Ching Wai Maisy	WWS	1:16.65	
5	Cheng Lai Chun	LCCS	1:16.78	
6	Leung Tsz Tsing	LCCS	1:16.94	
7	Fung Ching Kan	BPS	1:19.04	
8	Kam Hei Ting	WWS	1:26.10	
Semi-Final 2				Final Lane
1	Chau Hoi Wang	PLKNO.1C	1:11.84	5
2	Ko Tsz Ching	MKC	1:13.87	7
3	Ho Hin Lam	PLKLFC	1:14.46	8
4	Mok Ka Yi	OLRC	1:14.58	
5	Yeung Tsz Wai	KTGS	1:17.57	
6	Chu Ka Man	K-LING	1:21.86	
7	Dit Wing Tung	TNSS	1:24.26	
8	Wong Ho Yiu	PLKLFC	1:25.97	
Semi-Final 3				Final Lane
1	Ma Ka Yan	OLRC	1: 9.83	3
2	Wong Yik Kak	SKSS	1:11.13	4
3	Yeun Yurisa	BPS	1:14.62	
4	Kwan Nga Lok	K-LING	1:14.85	

5	Ng Kwan Yi	SKSS	1:15.06
6	Mok Wai Sze	LSTYKH	1:16.91
7	Lai Chui Yan	TYH	1:20.67
8	Chan Wan Sze	LSTYKH	1:34.26

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Event 23 400m Girls B

Standard: 1:23.00 Record: 57.29 (2002)

Semi-Final 1				Final Lane
1	Tsang Tammi	PLKLFC	1:10.97	2
2	Wong Wui Yee	KTGS	1:13.43	6
3	Ho Shuk Man	HGC	1:13.94	7
4	Lai Hiu Ching	BPS	1:15.96	
5	Yuen Ka Yee	PTSS	1:17.65	
6	Choi Yiu Yi	HGSS	1:20.50	
7	Chan Kit Yee	K-LING	1:21.53	
8	Yeung Yuen Yan	PCCSS	1:21.72	

Semi-Final 2				Final Lane
1	So Yuen Ting	BHJS	1:11.78	3
2	Li Ching Yan	LCCS	1:14.16	8
3	Yeung Chun Yan Natalia	K-LING	1:14.76	
4	Lau Tsz Ting	OLRC	1:15.31	
5	Fu Emily	KHSS	1:21.42	
6	Chan Siu Man	BHJS	1:28.70	
7	Keung Tsz Ching	MSCHK	1:28.70	
8	Wong Lik Ho	WWS		

Semi-Final 3				Final Lane
1	Fok Yuen Yan	KHSS	1:12.15	4
2	Yung Ka Ka	LCCS	1:12.95	5
3	Luk Ka Ying	PTSS	1:14.14	1
4	Lai Wing Suen Jennifer	BPS	1:15.85	
5	Wong Sin Yi	TYH	1:19.25	
6	Leung Ka Ying	OLRC	1:23.34	
7	Wong Ka Yan	LS		
8	Chung Ching Yan	CREATIVE		

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Event 24 400m Girls A

Standard: 1:20.00 Record: 58.29 (1999)

Semi-Final 1				Final Lane
1	Ho Ka Wai	OLRC	1:10.78	4
2	Kwong Hiu Lam	BPS	1:11.25	5
3	Lee Pik Sim	WWS	1:11.54	6
4	Chiu Ka Man	SKHLKY	1:11.64	7
5	Wong Hing Yee	LCCS	1:14.64	
6	Wong Cheuk Ying	PTSS	1:17.40	
7	Wong Hoi Ki	BPS	1:17.93	
8	Leung Hiu Lam	KTGS		

Semi-Final 2				Final Lane
1	Wong Po Sze	DMS-HW	1: 9.26	2
2	Hui Ka Yi	SKSS	1: 9.39	3
3	Cheung Mei Chi	OLRC	1:13.02	1
4	Hung Ching Yi	SKSS	1:13.97	8
5	Lau Cheuk Yin	PLKLFC	1:25.15	
6	Yau Miu Ling	KTGS		
7	Kwok Hung Yu	PLKWYC		
8	Hung Hoi Shan	HGC		

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Event 25 400m Boys C

Standard: 1:12.00 Record: 51.23 (2008)

Semi-Final 1				Final Lane
1	Yeung Chi Ho	CREATIVE	1: 0.66	2
2	Wong Ka Fu	K-LING	1: 4.39	1
3	Lee Guan Sheng	TYH	1: 4.47	8
4	Alexander Ngai	CIS	1: 6.67	
5	Chow Ying Choi	HGSS	1: 9.56	

6	Leung Ho Yin	BHNC	1:11.02
7	Lau Ho Yin	HGSS	1:12.38
8	Ho Jason Chun Fung	KTGS	

Semi-Final 2 Final Lane

1	Wong Hong Yin	SYSS	1: 2.09	4
2	Tong Tsz Hei	K-LING	1: 2.14	5
3	Hui Ka Kin	PLKNO.1C	1: 2.47	6
4	Yau Ka Yiu	HKTKP	1: 6.30	
5	Wong Chun	CCPASS	1: 6.48	
6	Chin Leonard Palelei	SKHLFH	1: 6.89	
7	Leung Kai Man	LWFSS	1: 9.26	
8	Lo Cheuk Wai	HKTKP	1: 9.39	

Semi-Final 3 Final Lane

1	Pang Tsz Fung	PLKNO.1C	1: 1.70	3
2	Ip King Chun	SYSS	1: 3.07	7
3	Mak Lok Man	PLKLFC	1: 5.52	
4	Chan Tin Ho	LSTYKH	1: 7.05	
5	Cheung Yu Hin	LCCS	1: 7.99	
6	Tsang Kin Kwok	LCCS	1: 8.15	
7	Leung Lap Shun	MKC	1:12.33	
8	Lau Lok Kan Roentgen	PTSS	1:12.85	

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Event 26 400m Boys B

Standard: 1:06.00 Record: 49.72 (2010)

Semi-Final 1 Final Lane

1	Wong Yik Long	PLKNO.1C	59.51	4
2	Ng Kwan Po	HGC	1: 0.15	5
3	Yip Ching Fung	MKC	1: 0.35	7
4	Chan Yu Cheong	SKHLKY	1: 0.87	8
5	Chong Chun Yin	SKHLFH	1: 2.27	
6	Kwan Tsz Chun	HKTKP	1: 3.14	
7	Urchenko Adrian L	DMS-BW	1: 4.79	
8	Chong Ho Man	TYH		

Semi-Final 2 Final Lane

1	Lin Chak Pan	PLKLFC	59.33	3
2	Lee Brian Tsz Yeung	CREATIVE	1: 0.32	6
3	Yu Ho Ching	PLKLFC	1: 0.66	1
4	Russell Salazar	CIS	1: 2.21	
5	Tam Tsan Wa	LSTLKK	1: 3.51	
6	Cheung Tin Wing	LCCS	1: 5.26	
7	Lui Wai Chun	CSS		
8	Lau Jun He	KHSS		

Semi-Final 3 Final Lane

1	Choi Chi Hang	SYSS	58.02	2
2	Larry So	CIS	1: 0.96	
3	Pak Chun Ngai	TYH	1: 1.87	
4	Tang Wai Fung	K-LING	1: 2.24	
5	Leung Ho Fai	CSS	1: 2.45	
6	Cheuk Wai Hong	SKHLKY	1: 2.83	
7	Chan She Ping	PTSS	1: 3.51	
8	Wu Ka Long	LCCS	1: 3.91	

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Event 27 400m Boys A

Standard: 1:02.00 Record: 49.10 (1964)

Semi-Final 1 Final Lane

1	Zacarias Canga	DMS-BW	53.64	3
2	Tse Wai Shing	PLKNO.1C	57.14	7
3	Wong Mun Fu	CCSS	57.87	
4	Chiu Chun Ip	SYSS	58.96	
5	Wong Wai Keung	HGSS	1: 0.32	
6	Cheng Ho Yin	LCCS	1: 0.35	
7	Lu Bai Hong	CCPASS	1: 1.76	
8	Yung Ka Yu	LWFSS		

Semi-Final 2 Final Lane

1	Chau Hau Yin	LSTLKK	52.98	2
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2	Lee Cheuk Yin	CCPASS	56.75	5
3	Leung Chi Hang	BHNC	57.07	6
4	Chou Hoi Lam	NAMS	57.28	1
5	Lam Ka Wai	PTSS	59.55	
6	Cheung Chun Wai	CSS	1: 0.24	
7	Liu Julio	KTGS	1: 3.37	
8	Chow Chung Yin	HKTKP		
Semi-Final 3				Final Lane
1	Wang Zhu	DMS-HW	56.08	4
2	Chung Sau Fung	K-LING	57.76	8
3	Chan Long Yan Bryan	TYH	58.73	
4	Chan Lung Faat	CSS	58.86	
5	Yu Shing To	SYSS	59.55	
6	Chong Hiu Fung	KTGS	1: 1.78	
7	Tsang Tsz Ki	LS		
8	Fung Ka Ho	YCM		

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Event 28 Javelin Boys A

Standard: 22.00 (700gm) Record: 60.43 (2007) (700gm)

Position	Name	School	Result	Remark	Points
1	Tam Ho Yin	KTGS	42.66	Standard	9
2	Yip Yuk Yin	YCM	36.54	Standard	7
3	Tse Kai Kam	NAMS	31.36	Standard	6
4	Bence Varro	CIS	29.64	Standard	5
5	Chan Kai Man	SKHLFH	28.18	Standard	4
6	Wong Mun Fu	CCSS	27.26	Standard	3
7	Cheung Wai Hong	LSTYKH	27.22	Standard	2
8	Lau Siu Ching	HGC	25.70	Standard	1
	Lee Chun Keung	SKHLKY	24.98	Standard	
	Cheung Cheuk Kuen	PTSS	24.27	Standard	
	Cheung Jesse Nai Yan	CCSS	23.91	Standard	
	Fan Kwan Wang	LCCS	22.58	Standard	
	Chan Ka Ming	LCCS	20.72		
	Lin Ting Fai	MSCHK	20.13		
	Han Shuhua	LSTLKK	20.00		
	Wong Tsz Fung Kelvin	KWSC	19.69		
	Liu Hin Yat	K-LING	19.06		
	Mak Ho Lim	PTSS	18.86		
	Tam Tsan Man	TYH	18.31		
	Kwong Man Kit	LSTLKK	18.03		
	Wong Cheung Wai	K-LING	17.95		
	Tang Kam Hei	ICQM	17.64		
	Pang Ho Yin	KTGS	15.33		
	Chou Kin Wai	LSTYKH	14.17		
	Wong Hei Man	CYC	12.42		
	Ng Hoo Wai	CREATIVE	10.22		
	Lee Cheuk Nang	SKHLFH		No Mark	
	Wong Yu Ming	NAMS		DN take part	
	Wong Chun Yin	CYC		DN take part	
	So Kwok Hin	PCCSS		DN take part	
	Wong Chung Hang	CREATIVE		DN take part	
	Qian Yan Jun	HGC		No Mark	
	Lee Ka Lun	YCM		DN take part	
	Heung Chun Kit	CSS		DN take part	
	Cheung Lai Hin	DMS-HW		No Mark	
	Chung Kam Yat	CSS		DN take part	
	Au Chun	TYH		No Mark	
	Kwan Hin Fai	PCCSS		DN take part	
	Richard Kim	CIS		No Mark	
	Chan Man Pui	SYSS		DN take part	
	Chui Kai Ko	SYSS		DN take part	
	Chan Hei Man	DMS-BW		DN take part	

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Event 29 200m Girls C

Standard: 34.00 Record: 26.02 (2009)

Semi-Final 1				Final Lane
1	Wong Choi Ha	HGC	30.46	5
2	Au Hoi Sy Bacolod	TNSS	31.39	7
3	Cheung Ka Yee	PLKNO.1C	31.88	8
4	Tank Yik Ning	BPS	32.22	
5	Ip Ho Fung	SKSS	32.67	
6	Wong Nim Chi	LSTYKH	32.76	
7	Leung Ka Wai	HGSS	33.15	
8	Ho So Ying	LSTYKH		

Semi-Final 2				Final Lane
1	Ma Ka Yan	OLRC	30.22	3
2	Wong Tsz Yin	BHJS	30.43	4
3	Chan Pui Shan	KTGS	32.03	
4	Li Ling Sze	BHJS	32.37	
5	Li Kin Yi	NP2C	32.61	
6	Chu Hiu Sin	ICQM	33.39	
7	Mok Hoi Yan	PLKLFC	33.65	
8	Chiu Tin Wing Katie	BPS	34.40	

Semi-Final 3				Final Lane
1	Leung Ka Man	KHSS	29.90	2
2	Li Lai Ka	TNSS	30.87	6
3	Kwan Nga Lok	K-LING	31.51	1
4	Yeung Hoi Ip	SKHLFH	32.57	
5	Chan Pei Ting	LCCS	32.66	
6	Chan Yan Yat	SKSS	33.39	
7	Lam Tsz Ching	CHC	33.67	
8	Lam Hung Yan	HGC	35.45	

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Event 30 200m Girls B

Standard: 33.00 Record: 25.22 (2002)

Semi-Final 1				Final Lane
1	Fung Hoi Yi	LCCS	29.62	2
2	Leung Ka Wing	OLRC	30.54	1
3	Law Hoi Kwan	CSS	31.08	
4	Leung Tsz Wai	RCC	32.19	
5	Yeung Chun Yan Natalia	K-LING	32.73	
6	Tin Yui	PTCC	33.42	
7	Choi Yiu Yi	HGSS	33.71	
8	Lao Minting	KWSC	34.36	

Semi-Final 2				Final Lane
1	Li Ka Sin	LS	30.10	3
2	Fatin-Shahira-Binti-R.	OLRC	30.43	5
3	Tsang Hiu Tung	BHNC	30.56	8
4	Lai Hiu Ching	HGC	31.20	
5	Fung Tsz Ying	PLKWYC	31.90	
6	Lo Huen Ting	BPS	32.23	
7	Cheng Tin Lam	KHSS	33.14	
8	Cheung Ho Ching Veronica	TNSS	33.94	

Semi-Final 3				Final Lane
1	Cheung Hoi Ying	LCCS	30.42	4
2	Huang Dong Yi	KHSS	30.51	6
3	Tseng Tammi	PLKLFC	30.52	7
4	Lam Yan Yue	MKC	31.09	
5	Li Yan Yue	BHNC	31.97	
6	Chow Hiu Yee	SKHLFH	32.08	
7	Ng Oi Yui	CCSS	32.98	
8	Cheng Sin Ying	SKHLFH	33.91	

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Event 31 200m Girls A

Standard: 33.00 Record: 24.93 (2007)

Semi-Final 1				Final Lane
1	Tsang Tsz Yan	BHNC	28.46	3
2	Tsang Siu Fung	NP2C	29.48	4
3	Hau Hayley Jing Ting	PTCC	30.22	5
4	Lee Kin Hung	HGC	30.94	8

5	Leung Hiu Yan	BPS	31.05
6	Yau Hiu Yan	WWS	31.26
7	Ng Ying Lai	DMS-HW	31.86
8	Lam Tsz Yan	SKSS	42.45

Semi-Final 2				Final Lane
1	Pang Pui Kwan	KTGS	28.07	2
2	Chiu Yee On	BHJS	30.25	6
3	Duyan Arien Lovely T.	DMS-BW	30.66	7
4	Lau Mei Yee	WWS	30.89	1
5	Yeung Chung Yan	PTCC	31.05	
6	So Long Hang	TNSS	31.44	
7	Ma Hung Nei	TNSS	32.91	
8	Lui Michelle Fulguirinas	DMS-HW	33.79	

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Event 32 200m Boys C

Standard: 29.50 Record: 22.59 (2008)

Semi-Final 1				Final Lane
1	Du Jiaming	HGSS	25.79	2
2	Erik McLean	CIS	27.41	5
3	Chow Ying Choi	HGSS	27.44	6
4	Yu Chung Ho	SYSS	28.19	
5	Yumul Florenz Anthony R	DMS-BW	29.00	
6	Chau Fung Ying	ICQM	29.14	
7	Law Kam Lung	SKHLKY	29.16	
8	Cheng Chi Yuen	LWFSS	29.40	

Semi-Final 2				Final Lane
1	Wong Chun Angelo	CREATIVE	26.36	3
2	Rana Ganesh Bikram	DMS-HW	27.78	7
3	Wong Ki Long	PLKLFC	28.88	
4	Chiu Chung Fat	K-LING	29.00	
5	Woo Yik Lam	RCC	29.62	
6	Kwong Chun Wa	KHSS	29.65	
7	Yip Chu Wai	CCSS	29.76	
8	Oliver Wu	CIS		

Semi-Final 3				Final Lane
1	Wong Tsz Chiu	LWFSS	26.90	4
2	Lui Pak Lam	KTGS	27.86	1
3	Lo Siu Yu	LCCS	28.18	8
4	Wong Chi Long	MSCHK	28.23	
5	Chan Kin Tung	PTSS	28.54	
6	Tsoi Sheung Lam	SKHLFH	29.10	
7	Chan Chun Nok	SYSS	29.57	
8	Yau Ka Yiu	HKTKP	29.86	

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Event 33 200m Boys B

Standard: 27.00 Record: 22.13 (2010)

Semi-Final 1				Final Lane
1	Harry Salnikow	CIS	24.16	2
2	Liang Genquan	BHNS	25.62	5
3	Wong Tsz Hin	KTGS	26.49	
4	Cheung Heung Wing	SYSS	26.58	
5	Chung Siu Fung	K-LING	26.80	
6	Lo Ka Lok	KHSS	27.11	
7	Wong Jeffrey	FSS-SSW	27.16	
8	Tam Tsz Kin	TYH		

Semi-Final 2				Final Lane
1	Clarence Leung	CIS	25.00	3
2	Chan Wai Shing	SYSS	25.75	6
3	Lau Pui Chung Owen	LSTYKH	26.15	1
4	Lam Ho Yin	PTSS	26.17	8
5	Chau Ka Ming	CCSS	26.40	
6	Ip Wai Man	BHNS	26.50	
7	Leung Hiu Fai	HKTKP	26.93	
8	Tang Wai Fung	K-LING	27.31	

Semi-Final 3				Final Lane
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1	Kong Ting Chu	SKHLKY	25.58	4
2	Cheung Kai Wang	DMS-HW	25.84	7
3	Bumagat Euryl Dave C.	DMS-HW	26.25	
4	Yau Ka Ho	PTSS	26.32	
5	Keok Chi Keung	LCCS	26.55	
6	Tam Chun Yin	KHSS	26.59	
7	Chan Jonathan	HGSS		
8	Chan Wai Hung	LSTLKK		

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Event 34 200m Boys A

Standard: 26.50

Record: 21.53 (2007)

Semi-Final 1

Final Lane

1	Zou Yue Qiang	PTSS	23.35	2
2	Sham Kit Nam	RCC	24.56	7
3	Tsoi Chun Ho	BHNC	24.70	1
4	Ng Kei Yip	DMS-HW	25.21	
5	Tse Jenson	ICQM	25.33	
6	Ma Kwong Wai	K-LING	26.31	
7	Leung Siu Wai	K-LING	26.48	
8	Wong Ka Po	HGC	26.76	

Semi-Final 2

Final Lane

1	Chau Hau Yin	LSTLKK	23.57	3
2	Zacarias Canga	DMS-BW	23.92	4
3	Chui Wing Ho	YCM	25.13	
4	Lee Cheuk Yin	CCPASS	25.27	
5	Chan Lit Ho	BHNC	25.46	
6	Yeung Wai	KTGS	25.63	
7	Cheung Siu Wai	CCSS	26.18	
8	Ng Ho	KHSS		

Semi-Final 3

Final Lane

1	Choi Pui Fung	SYSS	24.31	5
2	Lau Chun Wai	HGC	24.55	6
3	Cheung Ho Yin	PLKNO.1C	24.92	8
4	Xiong Jun Hao	NAMS	25.23	
5	Tang Kin Wai	YCM	25.81	
6	Yu Man Chun Jacky	SKHLFH	26.50	
7	Lai Tak Cheung	SYSS	38.14	
8	Tang Wing Fai	HKTKP		

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Event 35 Discus Girls C

Standard: 12.00 (1kg)

Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Cheng Chui Ying	SKSS	24.18	Standard	9
2	Lau Hoi Yi	K-LING	16.60	Standard	7
3	Sin Tsz Kwan	OLRC	16.14	Standard	6
4	Yue Tsz Ying	SKHLFH	15.99	Standard	5
5	Tang Hiu Shan	CHC	15.78	Standard	4
6	Mak Yu Tim	LCCS	15.71	Standard	3
7	Chu Hoi Yee	BHJS	15.60	Standard	2
8	Chan Suet Chu	WWS	15.60	Standard	1
	Yuen Heung Lin	TYH	15.15	Standard	
	Yeung Hang Lam	BHJS	14.88	Standard	
	Chung Wing Yan	CSS	14.45	Standard	
	Chui Man Wai	LCCS	13.87	Standard	
	Ng Yuen Kwan	WWS	13.69	Standard	
	Siu Ka Kin	HGSS	12.96	Standard	
	Hau Ka Wing Cherry	KHSS	12.66	Standard	
	Ma Hiu Kwan	BPS	12.62	Standard	
	Chow Tsz Yan	PLKLFC	12.31	Standard	
	Chiu Tin Wing Katie	BPS	11.93		
	Chiu Tung Ling	CHC	11.43		
	Leung Ho Yi Israela	KTGS	11.41		
	To Hiu Tung	FSS-SSW	11.14		
	Lau Pui Man	TYH	11.01		
	Tong Yan Tung	LSTLKK	10.61		

Chan Ka Ki	SKHLFH	10.58	
Wong Siu Yung	K-LING	10.43	
Chiu Tsz Ying	KTGS	10.26	
Ma Ching Chi	CSS	10.22	
Kong Hiu Ying	OLRC	10.13	
Ng Tsz King	HGC		No Mark
Chan Yan Lam	HGC		No Mark
Yung Hiu Wai	PTSS		No Mark
Tang Pui Man	PTSS		No Mark
Lee On Ying	CCSS		DN take part
Wong Suet Lam Yandy	SKSS		DN take part
Lam Yik	LSTLKK		No Mark

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Event 36 Long Jump Girls A
Standard: 3.80

Record: 5.70 (2009)
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Position	Name	School	Result	Remark	Points
1	Chan Cheuk Kiu	SKSS	4.97	Standard	9
2	Cheng Sau Kan	LSTYKH	4.39	Standard	7
3	Tsang Tsz Yan	BHNC	4.21	Standard	6
4	Ng Hoi Tung	CCSS	4.20	Standard	5
5	Sung Hei Lam	OLRC	4.11	Standard	4
6	Yau Miu Ling	KTGS	4.09	Standard	3
7	Ng Tsz Ching	PLKNO.1C	4.06	Standard	2
8	Chau Chuk King Tsz	YCM	3.97	Standard	1
	Tam Ka Yim	SKHLFH	3.94	Standard	
	Wan Siu Wai	BPS	3.92	Standard	
	Ngan Ki Lam	LSTYKH	3.91	Standard	
	Wong Po Sze	DMS-HW	3.89	Standard	
	Yip Tsz Yan	YCM	3.87	Standard	
	Duyan Arien Lovely T.	DMS-BW	3.86	Standard	
	Lui Chun Yin	LWFSS	3.85	Standard	
	Hui Ka Yi	SKSS	3.83	Standard	
	Tsang Tuen Man	CSS	3.82	Standard	
	Wu Cheng Shi	LSTLKK	3.82	Standard	
	Cheng Wing Sze	CSS	3.81	Standard	
	Lai Ka Man	SKHLFH	3.79		
	Tang Sie Sie Teresa	OLRC	3.78		
	Ho Wing Yiu	RCC	3.76		
	Lui Ho Ying	LCCS	3.70		
	Cheng Hiu Tung	PTSS	3.63		
	Kwong Hiu Lam	BPS	3.52		
	Ng Yin Ting	BHJS	3.50		
	Wongmanee Oraphan	DMS-BW	3.49		
	Mok Hiu Laam	TNSS	3.42		
	Chan Yan Xiu	BHNC	3.38		
	Lam Ka Wai	TYH	3.37		
	Yau Shue Yin	LWFSS	3.33		
	Fung Long Ting	LSTLKK	3.29		
	Ng Hoi Yin	HGC	3.27		
	Lai Wing Chuen	K-LING	3.26		
	Wong Wai Man	LCCS	3.19		
	Li Zi Yao	KWSC	3.12		
	Lai Hiu Chui	HGC	3.12		
	Wong Ki Sum	PLKNO.1C	3.06		
	Chan Ka Kwan	KTGS	3.01		
	Hung Lok Yee	PTCC	2.99		
	Wong Ching Nga	RCC	2.42		
	Chow Fung Yee	KGEDS		DN take part	
	Chong Chor Lun	PLKWYC		DN take part	
	Tang Nga Yan	PLKWYC		DN take part	
	Cheng Ya Yi Amie	PTSS		DN take part	
	Lam Kai Ming	HGSS		DN take part	
	Cheuk Yin Ping	WWS		DN take part	
	Pau Wing Tung	WWS		DN take part	
	Man Cheuk Sze	SKHLKY		DN take part	
	Yeung Yuen Yan	PCCSS		DN take part	

Hui Ka Lee K-LING DN take part
 Hiu Wing Kei TYH DN take part

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 Event 37 High Jump Boys C
 Standard: 1.30

Record: 1.76 (2010)

Position	Name	School	Result	Remark	Points
1	Chan Choi Yin	TYH	1.51	Standard	9
2	Tang Chi Leuk	K-LING	1.48	Standard	7
3	Chan Kai Him	HKTKP	1.39	Standard	6
4	Leung Ming Tak	PTSS	1.36	Standard	5
5	Yuen Wai Chun	LWFSS	1.36	Standard	4
6	Yu Ka Wai	K-LING	1.33	Standard	3
7	Chu Khunakorn	LSTLKK	1.30	Standard	2
8	Chan Sze Chun	LCCS	1.30	Standard	1
	Ho Yat To	KHSS	1.27		
	Ng Calvin	HKTKP	1.27		
	Lee Kwan Yin	LCCS	1.27		
	Chow Cheuk Fung	SKHLFH		No Mark	
	Lee Wang Chun	SKHLFH		No Mark	
	Theodore Leung	CIS		DN take part	
	Ryan Chau	CIS		DN take part	
	Wong Yee Ming	STCS		No Mark	
	Lau Ka Yiu	LSTLKK		DN take part	
	Chiu Kit Ming	PCCSS		No Mark	
	Wong Yuet	KTGS		No Mark	
	Yip Cheung Ho	BHNC		DN take part	
	Wong Kwong Chung	KTGS		No Mark	
	Kwok Ho Yeung	CCSS		DN take part	
	Tse Hoi Chung	CCSS		No Mark	
	Lee Lok Him	HGC		No Mark	
	Yau Yee Lam	PTSS		No Mark	
	Mendoza Carlos C. R.	DMS-BW		No Mark	
	Cheng Siu Man	HGC		No Mark	
	Wong Chi Kit	TYH		No Mark	

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 Event 38 Shot Put Boys C
 Standard: 7.50 (4kg)

Record: 13.52 (2009) (4kg)

Position	Name	School	Result	Remark	Points
1	Hui Chun Yin	PLKNO.1C	9.76	Standard	9
2	Cheng Kwong Wah	BHNC	8.79	Standard	7
3	Wong Kwan Chik	NAMS	8.61	Standard	6
4	Wong Ka Fu	K-LING	8.60	Standard	5
5	Chan Tsz Chung Anthony	LSTLKK	8.59	Standard	4
6	Tsoi Tung Fai	CSS	8.47	Standard	3
7	Lau Ka Wing	K-LING	8.30	Standard	2
8	Cheng Kwok Hong	TYH	7.87	Standard	1
	Yeung Pong Ching	LSTLKK	7.74	Standard	
	Chan Ka Faat	SKHLFH	7.69	Standard	
	Cheung Tung Hin AD	CSS	7.58	Standard	
	Kwong Yiu Hong	BHNC	7.55	Standard	
	Kwok Tin Wik	TYH	7.33		
	Poon Chun Hin	KTGS	7.25		
	Wong Wing Hei	KTGS	7.20		
	Kung Ying Kit	MKC	7.18		
	Lo Chi Kin	SYSS	7.15		
	Chiu Wing Ho	PTSS	7.10		
	Singh Lakhwinder	DMS-BW	7.09		
	Cheung Ka Wing	KWSC	7.08		
	Chan Chi Yuk	CHC	7.08		
	Leung Tsz Chun	CCSS	6.93		
	Richard Teng	CIS	6.70		
	Lo Kun Chung	SYSS	6.62		
	Chow Chun Ho	LCCS	6.59		
	Victor Gu	CIS	6.39		
	Kwan Yuk Ho	PTSS	6.35		

Chan Tsz Fung	LSTYKH	6.30
Yan Tsz Yeung	HKTKP	6.16
Chan Kwan Leung	MSCHK	5.92
Kam Kwong Yiu	SKHLFH	5.75
Li Kwan Chiu	LCCS	5.72
Kwong Chi San	HKTKP	5.60
Wong Ka Kit	CYC	5.24
Fok Yiu Sang	CYC	4.59
Ma Chi Hung	SKHLKY	4.45
Cheng Wai Ching	MSCHK	4.34
Ching Chi Ho	LSTYKH	No Mark
Ngan Siu Fung	HGC	DN take part
Ng Ka Shing	KWSC	DN take part
Ng Ka Chun	PCCSS	DN take part
Wong Wai Kit	PCCSS	DN take part
Cheung Cheuk Him	CCSS	DN take part
Hui Chun Man	HGC	DN take part

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Event 39 800m Boys C

Standard: 2:50.00

Record: 2:08.20 (2004)

Heat 1

					Final Lane
1	Ip King Chun	SYSS	2:39.21	Standard	4
2	Tam Siu Hung	K-LING	2:41.37	Standard	6
3	Yu Man Mo	CHC	2:42.59	Standard	7
4	Lee Chun Wa	PLKLFC	2:43.62	Standard	9
5	Chan Ka Ho	HGC	2:47.49	Standard	
6	Wu King Shing	TYH	2:50.80		
7	Wong Wing Fai	PTSS	2:52.73		
8	Li Tsz Yin	SKHLFH	2:52.82		
9	Wong Chun	CCPASS	3: 3.26		
10	Yiu King Long	HKTKP	3: 7.32		
11	So Tsun Pan	BHNC	3:16.62		
12	Li Ching Miu	KWSC		DN start	
13	Poon Adrian	CSS		DN start	
14	Lau Cham Sum Sam	PCCSS		DN start	

Heat 2

					Final Lane
1	Chu Ho Man	KWSC	2:35.73	Standard	1
2	Tsoi Cheuk Nam	LCCS	2:40.89	Standard	5
3	Leung She Wing	CHC	2:43.41	Standard	8
4	Cheng Man Ho	PLKLFC	2:45.24	Standard	11
5	Wong Hok Yee	MKC	2:46.27	Standard	
6	Ip Tsz Hei	SYSS	2:54.52		
7	Jacob Gilchrist	CIS	2:55.14		
8	Cheung Ngo Yin	CCSS	2:56.15		
9	Yip Cheung Ho	BHNC	3: 4.43		
10	Lam Kwok Yuen	SKHLKY	3: 6.03		
11	Li Ka Ho	FSS-SSW	3: 7.27		
12	Tsang Yui Ho	KTGS	3:33.93		
13	Wong Wing Yin	LSTLKK		DN start	

Heat 3

					Final Lane
1	Wong Yu Chau	LSTLKK	2:37.43	Standard	2
2	Cheng Hiu Fung	RCC	2:38.54	Standard	3
3	Fong Man Chun	K-LING	2:44.95	Standard	10
4	Elliot Shi	CIS	2:45.77	Standard	12
5	Ching Long Hong	CCPASS	2:46.51	Standard	
6	Lau Ho Yan	PTSS	2:49.89	Standard	
7	Lee Guan Sheng	TYH	2:50.54		
8	Chan Cheuk Pan	LCCS	2:51.36		
9	Fong Kai Yiu	KTGS	2:52.39		
10	Choy Shing Hong	SKHLFH	2:58.01		
11	Lui King Hung	CCSS	3: 4.64		
12	Lam Chak Man	HGC	3:33.15		
13	Yan Tsz Yeung	HKTKP		DN start	

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Event 40 800m Boys B

Standard: 2:40.00

Record: 2:02.82 (2010)

				Final Lane
Heat 1				
1	Chan Ka Yin	KTGS	2:25.39	Standard 4
2	Li Man Hon	LSTLKK	2:29.71	Standard 8
3	Yip Ching Fung	MKC	2:30.70	Standard 11
4	Kai Lu	CIS	2:37.22	Standard
5	Luk Ning Hei	CSS	2:38.02	Standard
6	Kwan Tsz Chun	HKTKP	2:38.03	Standard
7	Chan Tsz On	K-LING	2:40.72	
8	Chau Chun Him	CREATIVE	2:40.80	
9	Ma Hiu Tung	LWFSS	2:42.46	
10	Lam Cheuk Yin	KHSS	2:42.80	
11	Liu Pak Yin	TYH	2:44.11	
12	Yeung Yat Sing	KWSC		DN start
13	Wong Hon Yin	PLKLFC		DN start
14	Hon Chi King	STCS		DN start

				Final Lane
Heat 2				
1	Wong Chin Hing	BHNC	2:25.38	Standard 3
2	Thomas Loong Chi Wang	CIS	2:28.87	Standard 7
3	Cheung Tin Wing	LCCS	2:31.21	Standard 12
4	Lee Chun Hei	K-LING	2:35.26	Standard
5	Tam Tsan Wa	LSTLKK	2:38.03	Standard
6	Yiu Wing Hong	CHC	2:42.13	
7	Pak Chun Ngai	TYH	2:42.55	
8	Shek Chun Wai	DMS-HW	2:54.41	
9	Wong Wang Hin	CREATIVE	2:55.74	
10	Lee Cheuk Yin	KWSC		DN start
11	Tsang Hei Nok	PLKLFC		DN start
12	Leung Ho Fai	CSS		DN start
13	Chu Chi Kwong	MSCHK		DN start

				Final Lane
Heat 3				
1	Law Ka Ngai	SYSS	2:26.53	Standard 5
2	Wong Shiu Hang	LCCS	2:29.97	Standard 9
3	Fung Chin Chun	HGSS	2:30.22	Standard 10
4	Wong Kwong Lai Irvin	BHNC	2:34.46	Standard
5	Fan Cung Hang	PTSS	2:35.96	Standard
6	Li Man Chun	PCCSS	2:40.52	
7	Chan Ho Yin	HGC	2:44.21	
8	Lee Yu Hang	CCPASS	2:48.17	
9	Lo Ming Lok	SKHLFH	2:48.33	
10	Chung Lai Yin	CCSS	2:52.89	
11	Ross Flores	DMS-BW	2:57.74	
12	Siu Wai Chun	SKHLKY		DN start
13	Lam Chun Hin	NAMS		DN start

				Final Lane
Heat 4				
1	Tong Cheuk Him	KHSS	2:18.64	Standard 1
2	Lin Junxian	NAMS	2:24.39	Standard 2
3	Ng Long Yu	HGC	2:27.15	Standard 6
4	Lee Chun	HGSS	2:32.28	Standard
5	Yuen Wing Him Angus	SYSS	2:35.27	Standard
6	Liu Kwan Hon	HKTKP	2:37.56	Standard
7	So Man Keung	SKHLFH	2:38.44	Standard
8	Ngai Tsz Hin	PCCSS	2:39.36	Standard
9	Li Wing Hin	CCPASS	2:53.53	
10	Li Tsz Fung	CCSS	2:54.71	
11	Chan Wai Hong	LWFSS	3:11.09	
12	Singh Bal Preet	DMS-BW	3:24.85	
13	Ng Tik Man	PTSS		DN start

Event 41 800m Boys A

Standard: 2:34.00

Record: 1:57.89 (2004)

				Final Lane
Heat 1				
1	Wong Chi Hung	CCSS	2:20.82	Standard 7
2	Cheng Kwok Yam	HGC	2:24.06	Standard 9
3	Lee Ka Leung	TYH	2:28.41	Standard
4	Chow Chung Yin	HKTKP	2:34.81	

5	Kong Wing Fun	MSCHK	2:44.86		
6	Wong Ka Pan	BHNC	2:54.93		
7	Chan Sik Lai	K-LING		DN start	
8	Tse Yuk Sing	PTSS		DN start	
9	Ma Kwok Cheung	SYSS		DN start	
10	Tang Tsang Fung	DMS-HW		DN start	
11	Ryan Li	CIS		DN start	
12	Fu Kim Ming	SKHLFH		DN start	
13	Law Tsz Hin	LSTLKK		DN start	

Heat 2 Final Lane

1	Law Cho Kam	SYSS	2:17.44	Standard	4
2	Cuan Canhui	LS	2:20.41	Standard	5
3	Ng Chun Wing	LCCS	2:20.53	Standard	6
4	Wong Kui Kwan	LSTLKK	2:25.28	Standard	11
5	Chan Ka Hing	K-LING	2:37.44		
6	Kwong Kiu Yat	BHNC	2:46.67		
7	Wong Man Hin	TYH	2:49.46		
8	Justin Kwong	CIS		DN start	
9	Wong King Lung	KWSC		DN start	
10	Chow Pui Nam	PLKLFC		DN start	
11	Chung Ping Sum	KGEDS		DN start	
12	Chim Ho Man	CREATIVE		DN start	
13	Hui Chun Hin	CSS		DN start	

Heat 3 Final Lane

1	Tang Ho Man	SKHLKY	2:22.90	Standard	8
2	He Jinhong Andy	NAMS	2:25.24	Standard	10
3	Chan Heung Tsz	PCCSS	2:25.67	Standard	
4	Yip Ka Chun Gabriel	CREATIVE	2:26.93	Standard	
5	Wong Yat Sum	KHSS	2:30.34	Standard	
6	Wong Chi shing	CCPASS	2:34.66		
7	Cheung Sui Kai	LCCS	2:35.97		
8	Liu Julio	KTGS	2:36.04		
9	Wong Ka Kuen	PLKWYC	2:39.24		
10	Wong Tsun Ki	STCS	2:47.29		
11	Chan Ming Kwan	CSS	4:42.20		
12	Wong Chun Yeung	KWSC		DN start	
13	Hung To Ming	HGSS		DN start	

Heat 4 Final Lane

1	Lam Po Sang	KTGS	2:16.71	Standard	1
2	Shum Kai Fung	KHSS	2:16.77	Standard	2
3	Chou Hoi Lam	NAMS	2:16.80	Standard	3
4	Lam King On	CCSS	2:25.42	Standard	12
5	Tong Pak Lam	SKHLFH	2:28.12	Standard	
6	Lu Bai Hong	CCPASS	2:30.74	Standard	
7	Kuang Tuo Wei	PLKWYC	2:32.41	Standard	
8	Fung Wang Hin	FSS-SSW	2:44.85		
9	Siu Wai Shing	HGC	2:51.73		
10	Tang Wan Kit	HKTKP		DN start	
11	Wong Wing Fu	PCCSS		DN start	
12	Ng Yuen	PTSS		DN start	
13	Wu Ka Ming	HGSS		DN start	

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Event 42 800m Girls C

Standard: 3:21.00 Record: 2:19.72 (2000)

Heat 1 Final Lane

1	Chu Yan Lam	BPS	2:56.76	Standard	3
2	Poon Ho Yi	LCCS	3: 2.57	Standard	7
3	Lee Hiu Yau	WWS	3: 5.35	Standard	10
4	Wong Hing Wai Carissa	BHJS	3: 5.45	Standard	11
5	Law Kwan In	SKSS	3: 8.73	Standard	12
6	Leung Hoi Ting	BHNC	3:13.78	Standard	
7	Yeung Po Lam	OLRC	3:21.81		
8	Poon Wing Tung	CHC	3:26.22		
9	Ngan Miu Chu	LSTYKH	3:26.34		
10	Li Nga Sze	LSTLKK	3:28.03		
11	Wong Ho Yiu	PLKLFC	3:30.39		

12	Ngai Ho Wing	PTSS	3:40.72		
13	Li Pei Yee	HGSS	4: 4.72		
14	Chan Tak Yuet	PCCSS	4: 6.50		
15	Chan Ka Hang	TNSS		DN start	
16	Leung Wai Lam	KTGS		DN start	

Heat 2 Final Lane

1	Sieh Ying Tung	BPS	2:52.38	Standard	1
2	Tsui Wing Yee	CHC	2:56.36	Standard	2
3	Lau Hiu Ching Zerlinda	CREATIVE	2:59.48	Standard	5
4	Chan Ho Ching	BHJS	3: 3.50	Standard	8
5	Yeung Tsz Wai	KTGS	3: 4.95	Standard	9
6	Won Ka Yung	LSTYKH	3: 8.80	Standard	
7	Nip Sin Yan	KHSS	3: 9.04	Standard	
8	Lam Yin Yee	K-LING	3:12.95	Standard	
9	Lai Yi Shan	ICQM	3:19.26	Standard	
10	Wong Yu Lai	LSTLKK	3:22.06		
11	Lau Hoi Yan	TYH	3:29.05		
12	Fong Chi Shan	PTCC	3:29.72		
13	Mak Yuen Mei	LWFSS	3:31.26		
14	Leung Sze Hang	SKHLFH	3:38.56		
15	Mo Man Yung	MKC	3:52.89		
16	Leung Sze Ki	HGC	4: 3.37		

Heat 3 Final Lane

1	Wong Yik Kak	SKSS	2:58.03	Standard	4
2	Ho Hiu Lam	PLKLFC	3: 2.55	Standard	6
3	Cheung Sin Yee	LCCS	3:13.30	Standard	
4	Hui Ching Wai Maisy	WWS	3:13.56	Standard	
5	Mok Ka Yi	OLRC	3:17.87	Standard	
6	Leung Chung Yin	K-LING	3:21.01		
7	Wong Ji Yuet	ICQM	3:21.81		
8	Chan Wai Ka	LWFSS	3:22.16		
9	Tam Oi Yan	TYH	3:24.08		
10	Sung Wing Lam	BHNC	3:30.16		
11	Yu Feng Yi	TNSS	3:30.66		
12	Lam Ying Tun	PTSS	3:38.97		
13	Chan Sui Lok	PCCSS	3:42.93		
14	Lam Wai Yan	HGC		DN start	
15	Lee Siu Yung	SKHLFH		DN start	

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Event 43 800m Girls B

Standard: 3:19.00 Record: 2:15.76 (2001)

Heat 1 Final Lane

1	Chan Fong Ying	KHSS	2:54.28	Standard	2
2	Lam Lok Ting	BHJS	3: 4.42	Standard	8
3	Au Gi Wa	LCCS	3: 4.87	Standard	9
4	Lau Man Yin	HGSS	3:19.83		
5	Chan Yuen Yee	KTGS	3:28.36		
6	Leung Bo Dan	WWS	3:30.81		
7	Lai Chun Po	DMS-BW	3:32.70		
8	Ng Lai In	SKHLFH	3:33.41		
9	Sin Wing Lam	OLRC	3:37.04		
10	Lam Ching Man	CSS	4: 2.13		
11	Lui Sin Yu	LSTLKK		DN start	
12	Chan Hi Yue	CREATIVE		DN start	
13	Wong Sze Ting	NP2C		DN start	
14	Wong Sam Yin	PLKLFC		DN start	
15	Che Wing Yan	PLKNO.1C		DN start	

Heat 2 Final Lane

1	So Yuen Ting	BHJS	2:55.01	Standard	3
2	Wan Tsz Ching	LCCS	2:55.29	Standard	4
3	Li Pui Ying	OLRC	3: 0.55	Standard	5
4	Fan Pui Yee	MKC	3: 1.98	Standard	6
5	Wong Pui Ki	TNSS	3:17.64	Standard	
6	Ching Kit Yan	WWS	3:27.48		
7	Ng Yee Pik	PTSS	3:27.54		
8	Chan Siu Yu	PLKNO.1C	3:37.67		

9	Chui Ho Ting Kristy	CSS	3:48.65		
10	Lo Tsz Ching	PTCC	3:48.95		
11	Lai Karen Kit Yee	PCCSS	3:58.07		
12	Tsui Wing Yan	BHNC	4: 9.20		
13	Wong Ka Yiu	CCSS	4:12.93		
14	Choy Sin Han	NP2C		DN start	

Heat 3 Final Lane

1	Wong Yin Ting	MKC	3: 7.36	Standard	10
2	Ma Chak Shun	LS	3:13.19	Standard	11
3	Lai Wing Suen Jennifer	BPS	3:16.22	Standard	
4	Keung Tsz Ching	MSCHK	3:19.21		
5	Lam Yan Yi	PCCSS	3:20.50		
6	Pun Wai Yan	PTSS	3:21.67		
7	Lai Pan Tung	TYH	3:26.37		
8	Wong Ka Yan	PTCC	3:34.15		
9	Wong Wai King	CCSS	3:35.27		
10	Wong Sau Ching	FSS-SSW	3:38.14		
11	Tam Kam Wai	LWFSS	3:39.95		
12	Siu Ching Kwan	HGC	3:39.98		
13	Chow Mei Kit	LSTYKH		DN start	
14	Fu Wan	BHNC		DN start	

Heat 4 Final Lane

1	Chan Long Ching	BPS	2:47.69	Standard	1
2	Fok Yuen Yan	KHSS	3: 2.70	Standard	7
3	Ho Shuk Man	HGC	3:15.56	Standard	12
4	Chung Ching Yan	CREATIVE	3:17.34	Standard	
5	Wong Sin Yi	TYH	3:18.81	Standard	
6	Yeung Hau Yi	PLKLCF	3:24.79		
7	Tai Pik Shan	FSS-SSW	3:26.40		
8	Lui Ting Kwan	MSCHK	3:35.09		
9	Lee Tsz Ying	LSTYKH	3:36.54		
10	Lau Pui Shan	LWFSS	3:38.43		
11	Shek Ching Tsz	SKHLFH		DN start	
12	Chung Kam Nga	LSTLKK		DN start	
13	Chung Ming Sum	K-LING		DN start	
14	Rai Pratista	DMS-BW		DN start	

=====
Event 44 800m Girls A

Standard: 3:18.00 Record: 2:18.30 (1994)

Heat 1 Final Lane

1	Hung Ching Yi	SKSS	3:12.22	Standard	
2	Cheung Yee Ka Miriam	SKHLFH	3:17.63	Standard	
3	Chan Isabella	WWS	3:22.03		
4	Tan Tsz Ching	TYH	3:24.60		
5	Yu Yan Yung	MSCHK	3:25.14		
6	Yuen Wai Ching	OLRC	3:29.59		
7	Ng Yan Ling	LWFSS	3:32.53		
8	Ip Siu Ying	PTSS	3:32.93		
9	Tsang Ho Ming	PTCC	3:41.86		
10	Chan Ka Sin	LSTYKH	3:46.95		
11	Fan Hoi Man	KGEDS		DN start	
12	Law Cheuk Sze	PCCSS		DN start	
13	Cheung Lee Ying	K-LING		DN start	

Heat 2 Final Lane

1	Lam Yee Man	DMS-HW	3: 5.60	Standard	5
2	Cheung Mei Chi	OLRC	3: 5.74	Standard	6
3	Ho Ho Yan	KHSS	3: 6.07	Standard	7
4	Lau Hiu Yan	BHJS	3: 8.42	Standard	9
5	Hung Hiu Hei	NP2C	3: 9.61	Standard	10
6	Li Yi	PCCSS	3:10.31	Standard	11
7	Cheung Ching Wan	SKHLKY	3:12.14	Standard	12
8	Huang Yi Yu	NAMS	3:14.40	Standard	
9	Fong Yin Lam	WWS	3:17.24	Standard	
10	Yip Ying Yui	LS	3:18.84		
11	Wong Ka Ling	PTSS	3:54.68		
12	Wong Mei Fung	KGEDS		DN start	

13	Cheung Wan Ying	K-LING		DN start	
Heat 3					Final Lane
1	Li Mei Yee	BHJS	3: 0.39	Standard	3
2	Wu Yue Wei	NAMS	3: 6.13	Standard	8
3	Yeung Wing Yan	CCSS	3:12.78	Standard	
4	Wong Lim Yee	CSS	3:16.63	Standard	
5	Tao Wai Kiu	BPS	3:20.23		
6	Chow Hoi Yan	LCCS	3:20.93		
7	Yau Hei Yu	PLKNO.1C	3:25.59		
8	Chan Ka Kwan	KTGS	3:27.36		
9	Zeton Pui Yi	LSTLKK	3:39.38		
10	Cheng Man Lei	HGC	3:40.26		
11	Law Yuen Man	CHC	3:40.65		
12	Hui Wing Sum	PLKWYC		DN start	

Heat 4					Final Lane
1	Hung Hoi Shan	HGC	2:47.42	Standard	1
2	Ng Hin Ting	LCCS	3: 0.10	Standard	2
3	Ng Tsz Wing	BPS	3: 1.49	Standard	4
4	Zheng Wen Ya	PLKWYC	3:20.29		
5	Tse Ka Yan	PTCC	3:31.21		
6	Chan Yuen Tung	TNSS	3:33.09		
7	Fan Lok Kei	LSTYKH	3:37.53		
8	Lam Ka Wai	TYH		DN start	
9	Cheung Ka Man	LSTLKK		DN start	
10	Cheung Hok Yee	CHC		DN start	
11	Mark Cheuk Yan	SKSS		DN start	
12	Fung Yu Yan	CSS		DN start	

=====
Event 45 4x100m Relay Boys C

Standard: 56.00 Record: 45.05 (2008)

Heat 1					Final Lane
1		LSTLKK	55.05	Standard	
2		KWSC	57.28		
3		MKC	58.60		
4		PLKLFH	59.12		
5		KTGS		DN start	
6		CSS		DN start	
7		SKHLKY		DN start	

Heat 2					Final Lane
1		PLKNO.1C	52.81	Standard	3
2		PTSS	53.42	Standard	4
3		HKTKP	54.43	Standard	6
4		BHNC	55.41	Standard	
5		CIS	56.30		
6		DMS-HW	59.20		
7		NAMS		DN start	

Heat 3					Final Lane
1		CREATIVE	51.92	Standard	2
2		SYSS	54.31	Standard	5
3		TYH	54.83	Standard	1
4		KHSS	55.50	Standard	
5		DMS-BW	55.50	Standard	
6		K-LING	55.51	Standard	
7		LCCS	55.87	Standard	

Heat 4					Final Lane
1		CCSS	54.66	Standard	7
2		RCC	54.99	Standard	8
3		HGC	55.90	Standard	
4		SKHLFH	56.80		
5		LSTYKH	57.14		
6		HGSS		DQ	

=====
Event 46 4x100m Relay Boys B

Standard: 52.00 Record: 44.68 (2009)

Heat 1					Final Lane
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1	MKC	51.79	Standard	8
2	LSTLKK	52.05		
3	KTGS	53.73		
4	CSS	53.80		
5	PLKWYC	55.12		
6	PLKLFC	55.71		
7	KWSC	56.82		
8	SKHLKY		DN start	

Heat 2				Final Lane
1	PTSS	48.71	Standard	2
2	BHNC	48.87	Standard	3
3	DMS-HW	50.12	Standard	4
4	HKTKP	51.51	Standard	7
5	NAMS	52.59		
6	PLKNO.1C	53.03		
7	CYC		DN start	
8	STCS		DN start	

Heat 3				Final Lane
1	DMS-BW	50.84	Standard	5
2	K-LING	51.95	Standard	
3	KHSS	51.99	Standard	
4	CREATIVE	52.68		
5	LCCS	54.20		
6	TYH	55.68		
7	CIS		DQ	

Heat 4				Final Lane
1	SYSS	50.90	Standard	6
2	HGC	51.70	Standard	1
3	LSTYKH	53.08		
4	CCSS	53.30		
5	SKHLFH	53.79		
6	HGSS		DN start	
7	RCC		DQ	

=====
Event 47 4x100m Relay Boys A
Standard: 50.00 Record: 42.55 (2010)
=====

Heat 1				Final Lane
1	HGC	48.27	Standard	5
2	PLKWYC	49.44	Standard	
3	CSS	49.51	Standard	
4	TYH	50.19		
5	KWSC	50.58		
6	K-LING	50.76		
7	DMS-BW	53.37		

Heat 2				Final Lane
1	LSTLKK	48.66	Standard	7
2	ICQM	49.80	Standard	
3	SYSS	53.14		
4	KGEDS	53.63		
5	LSTYKH		DQ	
6	PTSS		DQ	
7	HGSS		DQ	

Heat 3				Final Lane
1	SKHLFH	49.94	Standard	
2	CREATIVE	52.52		
3	SKHLKY		DN start	
4	KTGS		DQ	
5	CCPASS		DN start	
6	CYC		DN start	
7	MKC		DN start	

Heat 4				Final Lane
1	BHNC	47.76	Standard	3
2	CCSS	47.99	Standard	4
3	CIS	50.05		
4	HKTKP	50.36		
5	DMS-HW	57.55		

6	LS		DQ		Final Lane
Heat 5					
1	RCC	47.07	Standard		2
2	NAMS	48.65	Standard		6
3	KHSS	48.75	Standard		1
4	YCM	49.10	Standard		8
5	LCCS	50.49			
6	PLKNO.1C	53.63			

=====
Event 48 4x100m Relay Girls C

Standard: 1:04.00

Record: 50.95 (2010)

Heat 1					Final Lane
1	HGC	1: 0.84	Standard		
2	SKHLFH	1: 2.25	Standard		
3	LSTYKH	1: 2.47	Standard		
4	HGSS	1: 3.40	Standard		
5	NP2C	1: 3.82	Standard		
6	PTCC	1: 5.60			
7	KWSC	1: 6.91			

Heat 2					Final Lane
1	KTGS	1: 0.60	Standard		7
2	SKSS	1: 0.70	Standard		1
3	ICQM	1: 0.71	Standard		8
4	MKC	1: 2.61	Standard		
5	LSTLKK	1: 8.86			
6	PTSS		DN start		
7	SKHLKY		DN start		

Heat 3					Final Lane
1	K-LING	58.04	Standard		2
2	BPS	58.58	Standard		3
3	PLKNO.1C	59.22	Standard		4
4	LCCS	1: 0.43	Standard		6
5	CREATIVE	1: 1.18	Standard		
6	BHNC	1: 6.35			
7	DMS-BW	1: 6.70			

Heat 4					Final Lane
1	BHJS	1: 0.29	Standard		5
2	OLRC	1: 1.55	Standard		
3	WWS	1: 2.70	Standard		
4	TNSS	1: 3.96	Standard		
5	CCSS	1: 5.15			
6	TYH	1: 6.43			
7	RCC		DN start		

=====
Event 49 4x100m Relay Girls B

Standard: 1:03.00

Record: 49.52 (2007)

Heat 1					Final Lane
1	OLRC	57.62	Standard		2
2	LS	58.83	Standard		4
3	KHSS	1: 0.12	Standard		5
4	PTSS	1: 0.97	Standard		
5	K-LING	1: 1.47	Standard		
6	CSS	1: 3.58			
7	MKC		DN start		

Heat 2					Final Lane
1	BHJS	1: 0.25	Standard		6
2	TNSS	1: 0.66	Standard		7
3	LSTLKK	1: 2.66	Standard		
4	HGC	1: 3.26			
5	PLKNO.1C	1: 4.35			
6	CREATIVE		DN start		
7	DMS-BW		DN start		

Heat 3					Final Lane
1	SKHLFH	1: 0.85	Standard		8
2	BPS	1: 1.34	Standard		

3	KTGS	1: 2.29	Standard	
4	PLKLCF	1: 3.71		
5	PLKWYC	1: 3.94		
6	TYH	1: 5.63		
7	LSTYKH		DN start	
Heat 4				Final Lane
1	LCCS	57.63	Standard	3
2	BHNC	1: 0.68	Standard	1
3	PTCC	1: 1.10	Standard	
4	WWS	1: 1.90	Standard	
5	KWSC	1: 4.14		
6	HGSS		DN start	

=====
 Event 50 4x100m Relay Girls A
 Standard: 1:02.00 Record: 48.49 (2008)

Heat 1				Final Lane
1	KTGS	57.73	Standard	3
2	SKHLKY	59.47	Standard	6
3	KWSC	1: 0.15	Standard	7
4	SKHLFH	1: 1.71	Standard	
5	NAMS	1: 5.29		
6	K-LING	1: 7.73		
7	HGSS		DN start	

Heat 2				Final Lane
1	SKSS	57.68	Standard	2
2	BPS	1: 1.09	Standard	8
3	YCM	1: 1.51	Standard	
4	DMS-HW	1: 1.68	Standard	
5	TNSS	1: 2.75		
6	LCCS	1: 2.99		
7	PTSS	1: 8.62		

Heat 3				Final Lane
1	OLRC	1: 1.02	Standard	1
2	BHJS	1: 1.88	Standard	
3	LSTLKK	1: 4.96		
4	RCC		DQ	
5	NP2C		DQ	
6	CCSS		DQ	
7	WWS		DN start	

Heat 4				Final Lane
1	PTCC	58.51	Standard	4
2	LSTYKH	59.29	Standard	5
3	CSS	1: 1.17	Standard	
4	HGC	1: 3.01		
5	TYH		DN start	
6	PLKWYC		DQ	

=====
 Event 51 4x400m Relay Boys C
 Standard: 4:45.00 Record: 3:46.84 (2008)

Heat 1				Final Lane
1	SYSS	4:24.93	Standard	2
2	HGSS	4:29.62	Standard	3
3	SKHLFH	4:52.64		
4	HGC	5:37.86		
5	NAMS		DN start	
6	SKHLKY		DN start	
7	CSS		DN start	

Heat 2				Final Lane
1	K-LING	4:31.26	Standard	4
2	CCPASS	4:41.05	Standard	7
3	KTGS	4:41.69	Standard	1
4	PTSS	4:44.52	Standard	8
5	HKTKP	4:55.23		
6	LSTLKK	5:12.73		
7	PLKNO.1C		DN start	

Heat 3				Final Lane
1	LCCS	4:36.58	Standard	5
2	TYH	4:38.82	Standard	6
3	PLKLFC	4:54.95		
4	CIS	5: 0.39		
5	BHNK	5:12.05		
6	LSTYKH		DN start	

=====
 Event 52 4x400m Relay Boys B
 Standard: 4:20.00 Record: 3:36.46 (2009)

Heat 1				Final Lane
1	LCCS	4:11.44	Standard	6
2	K-LING	4:15.73	Standard	
3	CREATIVE	4:16.76	Standard	
4	CSS	4:18.20	Standard	
5	SKHLFH	4:20.45		
6	MKC		DN start	
7	PLKWYC		DN start	

Heat 2				Final Lane
1	PLKNO.1C	4:12.95	Standard	7
2	LSTLKK	4:20.29		
3	HGC	4:20.66		
4	CCSS	4:33.06		
5	CCPASS	4:44.23		
6	DMS-HW		DN start	
7	LSTYKH		DN start	

Heat 3				Final Lane
1	DMS-BW	4: 8.72	Standard	3
2	SKHLKY	4: 9.43	Standard	4
3	CIS	4: 9.62	Standard	5
4	PLKLFC	4:14.03	Standard	8
5	BHNK	4:20.94		
6	TYH	4:21.39		
7	STCS		DN start	

Heat 4				Final Lane
1	SYSS	4: 7.63	Standard	2
2	PTSS	4:13.81	Standard	1
3	NAMS	4:16.94	Standard	
4	KHSS	4:18.05	Standard	
5	HKTKP	4:28.71		
6	HGSS		DN start	

=====
 Event 53 4x400m Relay Boys A
 Standard: 4:06.00 Record: 3:26.60 (1989)

Heat 1				Final Lane
1	NAMS	3:51.90	Standard	2
2	SYSS	3:53.57	Standard	3
3	TYH	3:58.49	Standard	6
4	KTGS	4: 3.90	Standard	8
5	SKHLFH	4: 6.13		
6	HKTKP		DN start	
7	PTSS		DQ	

Heat 2				Final Lane
1	YCM	4: 0.86	Standard	7
2	K-LING	4: 3.65	Standard	1
3	LCCS	4: 5.30	Standard	
4	CCPASS	4: 6.78		
5	CREATIVE	4:22.54		
6	BHNK	4:40.24		
7	HGSS		DN start	

Heat 3				Final Lane
1	CCSS	3:56.26	Standard	4
2	KHSS	3:56.67	Standard	5
3	HGC	4:17.03		
4	PLKWYC	4:25.58		

5	CIS	4:27.69	
6	LSTYKH		DN start
7	MKC		DN start
Heat 4			Final Lane
1	PLKLFC	4: 7.68	
2	LSTLKK	4: 8.70	
3	DMS-HW	4:13.15	
4	SKHLKY		DN start
5	CSS		DN start
6	KGEDS		DN start
7	PLKNO.1C		DN start

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Three: 23 February 2011

=====
 Event 1 High Jump Boys B
 Standard: 1.45

Record: 1.87 (2010)

Position	Name	School	Result	Remark	Points
1	Wu King Ming	LSTYKH	1.67	Standard	9
2	Kyle Justice	CIS	1.57	Standard	7
3	Henry Cubbon	CIS	1.54	Standard	6
4	Yau Shing Kit	KTGS	1.54	Standard	5
5	Lau Ka Kit	K-LING	1.51	Standard	4
6	Chan Siu Hin	LCCS	1.51	Standard	3
7	Martin Hans Kenneth A.	DMS-BW	1.45	Standard	1
7	Shivadarjee Anug	DMS-BW	1.45	Standard	1
7	Zee Hon Lin	HGC	1.45	Standard	1
	Lee Tsun Ming	CSS	1.44	Standard	
	Kan Tzi Chun	PCCSS	1.42		
	Li Tsz Fung	CCSS	1.42		
	Lo Yin Leung	LCCS	1.42		
	Ng Enoch	K-LING	1.42		
	Chan Ngo Cait	TYH	1.42		
	Ho Ting Hin	HKTKP		No Mark	
	Lui Yee Pang	HKTKP		No Mark	
	Lau Ho Yin	SKHLFH		DN take part	
	Chan Kwok Ho	LSTYKH		No Mark	
	Chen Cong Hua	HGC		No Mark	
	Wat Sheung Chi	LSTLKK		No Mark	
	Lam Yue Hang	CCSS		No Mark	
	Kwok Ho Yuen	BHNC		DN take part	
	Yau Heung Lam	PTSS		No Mark	
	Lai Cheuk Hei Henry	KTGS		DN take part	
	Lam Chin Yuen	SKHLFH		No Mark	
	Lin Xia Yu	DMS-HW		DN take part	
	Yu Ho Yin	HGSS		No Mark	
	Kwan Wing Yiu	PTSS		No Mark	
	Tseng Wai Ho	TYH		No Mark	
	Wu Yuet Ching	PLKNO.1C		DN take part	
	Lok Ting Hin	SYSS		No Mark	
	Chan Ho Lam	SYSS		No Mark	
	Wong Chung Ting	LSTLKK		DN take part	
	Wong Hon Yin	PLKLFC		No Mark	
	Wong Wai Ming	CCPASS		DN take part	
	Wong Ka Chun	CCPASS		DN take part	
	Loi Chi Leung	CYC		DN take part	
	Au Chi Yu	PLKLFC		No Mark	
	Chan Yat Tat	CSS		DN take part	

=====
 Event 2 Long Jump Girls B
 Standard: 3.60

Record: 5.47 (2006)

Position	Name	School	Result	Remark	Points
1	Kwok Hiu Tung	PTCC	4.26	Standard	9
2	Lai Man Ping	SKSS	4.20	Standard	7
3	Leung Yan Yi	PTCC	4.15	Standard	6
4	Ng Yuen Yee	BHJS	4.07	Standard	5
5	Wong Wui Yee	KTGS	4.05	Standard	4
6	Lo Wai	CREATIVE	3.89	Standard	3
7	Poon Sze Lok	CCSS	3.78	Standard	2
8	Tin Siu Ngong	CCSS	3.77	Standard	1
	Tsang Sze Wing	K-LING	3.76	Standard	
	Guan Xiao Yan	BPS	3.73	Standard	
	Huang Dong Yi	KHSS	3.73	Standard	

Chan Yee Mei	BHJS	3.68	Standard
Tsang Kam Ting	HGC	3.68	Standard
Chin Wai Yee	KTGS	3.64	Standard
Wong Wing Suet	HGC	3.55	
Tse Pui Chi	PLKWYC	3.53	
Li Wai Ting	PLKWYC	3.51	
Lam Man Wai	LSTYKH	3.50	
Ng Kwan Yi	SKHLFH	3.48	
Chen Wan Ting	MKC	3.47	
Kwong Lok Yiu	PTSS	3.47	
Wong Cho Kwan Porche	BPS	3.46	
Tang Ching Ha	MKC	3.45	
Kwok Wai Yan	LCCS	3.44	
Ma Chak Shun	LS	3.43	
Cheung Ho Ching Veronica	TNSS	3.43	
Sze Eleanor Jane	TNSS	3.40	
Yuen Ho Yi	HGSS	3.37	
Wong Ka Man	WWS	3.35	
Cheung Yuet Yee	LCCS	3.32	
Chan Hiu Tung	PTSS	3.32	
Chan Tsz Yan	PLKNO.1C	3.31	
Yip Hei Tung Catherine	OLRC	3.31	
Lam Wai Yee	WWS	3.25	
Sit Tsz Ning	PLKNO.1C	3.20	
Lee Wing Yee Saarlene	LSTLKK	3.17	
Chun Yuen Lam	LSTLKK	3.10	
Ng Wing Yan	CHC	3.10	
Yip Tsz Ying	CSS	3.07	
Kwok Chui Yi	OLRC	3.04	
Lai Chun Po	DMS-BW	2.88	
Li Yan Yue	BHNC	2.80	
Wong Sze Ching	CSS	2.74	
Lo Chui Shan	LWFSS	2.65	Standard
Sin Ying Ka	SKHLFH	2.48	
Lee Pui Yu	KHSS	2.43	
Kwok Hau Yi	LWFSS	2.27	
Fung Wing Yuet	MSCHK	2.23	
Tsang Man Yu	LSTYKH		No Mark
Ho Yee Wai	PCCSS		DN take part
Lui Yu Man	RCC		DN take part

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Event 3 Shot Put Boys A

Standard: 8.80 (5kg)

Record: 15.30

(2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Kwong Chak Ming	KWSC	11.49	Standard	9
2	Lau Ho Fai	YCM	10.90	Standard	7
3	Kan Cheuk Nam	PLKLFC	10.69	Standard	6
4	Tse Siu Hang	HGC	10.47	Standard	5
5	Fong Kwok San	LSTYKH	10.42	Standard	4
6	Mak Ho Fung	K-LING	10.38	Standard	3
7	Hu Guofeng Vincent	LWFSS	10.31	Standard	2
8	Li Min	DMS-HW	10.26	Standard	1
	Choy Hiu Yik	YCM	10.22	Standard	
	Wong Kin Shing	HKTKP	10.13	Standard	
	Leung Kai	TYH	10.04	Standard	
	Kuet Tsz Hang	LS	10.03	Standard	
	Chow Sung Yip	LCCS	9.85	Standard	
	Leung Hung Chiu	CHC	9.84	Standard	
	Wong Kwong Sing	LSTLKK	9.72	Standard	
	Lam Ki Tim	KGEDS	9.69	Standard	
	Huang En Yi	PTSS	9.46	Standard	
	Lai Cheuk Yin	PLKWYC	9.45	Standard	
	Cheung Kwan Wai	KHSS	9.45	Standard	
	Chan Man Kuen	PTSS	9.42	Standard	
	Tao Tak Chun	ICQM	9.27	Standard	
	So Ka Ho	CCSS	9.20	Standard	

Cheung Yuen Kwan	NAMS	9.20	Standard
Wong Eliud	CHC	9.19	Standard
Sit Wai Kai	DMS-HW	9.18	Standard
Li Chi Chiu	SKHLFH	9.11	Standard
Wong Hon Luen	CYC	9.09	Standard
Poon Tsz Ming	CCSS	9.05	Standard
Lai Si Lok	CSS	9.04	Standard
Lai Ka Wai	KTGS	8.96	Standard
Zeng Han Jie	TYH	8.95	Standard
Suen Lap Man	KWSC	8.94	Standard
Li Pui Hay	SKHLFH	8.92	Standard
Lee Cheuk Ming	HGC	8.74	
Law Shing Lung	KHSS	8.74	
Singh Gapgandeeep	DMS-BW	8.71	
Wong Ka Wa	CCPASS	8.69	
Chung Ka Shing	KTGS	8.62	
Cheung King Tin	MKC	8.62	
Fong Kwan Ho	K-LING	8.55	
Ku Chun Chung	PCCSS	8.51	
Kwan Tim Cheung	CCPASS	8.43	
Chiang Pok Yui	LCCS	8.37	
Wong Gavin Chung Ting	CREATIVE	8.17	
Poon Lap Kan	LSTLKK	8.10	
Li Pei Xi Matthew	ICQM	8.09	
Pang Kai Cheung	PLKLFC	7.99	
Sham Yui Man	MSCHK	7.81	
Tam Cheuk Man	CSS	7.80	
Rana Kiran	DMS-BW	7.47	
Cheung Chiu Fu	PLKWYC	7.24	
Wong Tsun Ki	STCS	7.21	
Lo Ka Keung	FHMSS	6.76	
Wong Yu Ming	NAMS		DN take part
Choi Cheung Yau	STCS		DN take part
Ng Ki Wang	CREATIVE		DN take part
Cliff Bersani	CIS		DN take part
Elton Yau	CIS		DN take part
Cheung Ming Kit	KGEDS		DN take part
Yip Koon Leung	LWFSS		DN take part
Leung Yu Ho	PCCSS		DN take part
Leung Chung Hin	LSTYKH		DN take part

=====
Event 4 Discus Boys C

Standard: 15.00 (1kg)

Record: 43.58

(2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Wong Kwan Chik	NAMS	27.20	Standard	9
2	Poon Chun Hin	KTGS	24.10	Standard	7
3	Chan Ka Faat	SKHLFH	24.03	Standard	6
4	Yeung Hin Hei	K-LING	23.11	Standard	5
5	Ngan Siu Fung	HGC	22.70	Standard	4
6	Darien Suria	CIS	22.28	Standard	3
7	Hui Chun Yin	PLKNO.1C	20.64	Standard	2
8	Chan Kuk Chun	HGSS	18.05	Standard	1
	Cheung Yik Ngai	K-LING	17.90	Standard	
	Chan Tsz Chung Anthony	LSTLKK	17.77	Standard	
	Chan Tso Chi	CCSS	17.56	Standard	
	Li Lik Hung	HGSS	17.38	Standard	
	Lee Ho Tin	CCSS	17.15	Standard	
	Cheng Kwong Wah	BHNC	17.05	Standard	
	Axel Rydberg	CIS	17.01	Standard	
	Wan Po Lok	PLKLFC	16.80	Standard	
	Cheng Chun Yin	SKHLFH	15.74	Standard	
	Chiu Wing Ho	PTSS	15.16	Standard	
	Wong Wing Fai	PTSS	14.89		
	Yeung Pong Ching	LSTLKK	13.28		
	Cheung Tung Hin AD	CSS	13.12		
	Wong Wing Hei	KTGS	12.80		

Li Kwan Chiu	LCCS	12.69	
Chan Ka Kei	TYH	9.92	
Chow Chun Ho	LCCS		No Mark
Kwok Tin Wik	TYH		No Mark
Ng Ho Tin	CSS		DN take part
Leung Chung Him	HGC		DN take part

=====
Event 5 200m Girls C
Standard: 34.00 Record: 26.02 (2009)

Final			Points	
1	Leung Ka Man	KHSS	29.73	9
2	Ma Ka Yan	OLRC	30.08	7
3	Li Lai Ka	TNSS	30.24	6
4	Wong Choi Ha	HGC	30.42	5
5	Wong Tsz Yin	BHJS	30.75	4
6	Au Hoi Sy Bacolod	TNSS	31.19	3
7	Kwan Nga Lok	K-LING	31.33	2
8	Cheung Ka Yee	PLKNO.1C	32.38	1

=====
Event 6 200m Girls B
Standard: 33.00 Record: 25.22 (2002)

Final			Points	
1	Fung Hoi Yi	LCCS	29.32	9
2	Cheung Hoi Ying	LCCS	30.02	7
3	Tseng Tammi	PLKLFC	30.30	6
4	Li Ka Sin	LS	30.32	5
5	Fatin-Shahira-Binti-R.	OLRC	30.46	4
6	Huang Dong Yi	KHSS	30.48	3
7	Tsang Hiu Tung	BHNC	30.91	2
8	Leung Ka Wing	OLRC	31.13	1

=====
Event 7 200m Girls A
Standard: 33.00 Record: 24.93 (2007)

Final			Points	
1	Pang Pui Kwan	KTGS	27.50	9
2	Tsang Tsz Yan	BHNC	28.08	7
3	Tsang Siu Fung	NP2C	28.87	6
4	Chiu Yee On	BHJS	29.64	5
5	Duyan Arien Lovely T.	DMS-BW	30.20	4
6	Hau Hayley Jing Ting	PTCC	30.40	3
7	Lee Kin Hung	HGC	30.68	2
8	Lau Mei Yee	WWS		

=====
Event 8 200m Boys C
Standard: 29.50 Record: 22.59 (2008)

Final			Points	
1	Du Jiaming	HGSS	25.88	9
2	Wong Chun Angelo	CREATIVE	26.13	7
3	Wong Tsz Chiu	LWFSS	26.67	6
4	Rana Ganesh Bikram	DMS-HW	27.10	5
5	Erik McLean	CIS	27.19	4
6	Chow Ying Choi	HGSS	27.56	3
7	Lui Pak Lam	KTGS	27.71	2
8	Lo Siu Yu	LCCS	28.10	1

=====
Event 9 200m Boys B
Standard: 27.00 Record: 22.13 (2010)

Final			Points	
1	Harry Salnikow	CIS	24.57	9
2	Clarence Leung	CIS	25.27	7
3	Cheung Kai Wang	DMS-HW	25.61	6
4	Kong Ting Chu	SKHLKY	25.73	5

5	Chan Wai Shing	SYSS	25.88	4
6	Liang Genquan	BHNC	26.00	3
7	Lam Ho Yin	PTSS	26.58	2
8	Lau Pui Chung Owen	LSTYKH	26.84	1

=====
Event 10 200m Boys A

Standard: 26.50 Record: 21.53 (2007)

Final				Points
1	Zou Yue Qiang	PTSS	23.43	9
2	Chau Hau Yin	LSTLKK	23.58	7
3	Zacarias Canga	DMS-BW	23.87	6
4	Choi Pui Fung	SYSS	24.23	5
5	Lau Chun Wai	HGC	24.38	4
6	Sham Kit Nam	RCC	24.75	3
7	Cheung Ho Yin	PLKNO.1C	24.95	2
8	Tsoi Chun Ho	BHNC	24.97	1

=====
Event 11 100m Hurdles Girls C

Standard: 24.00 (0.762m) Record: 15.84 (2008) (0.762m)

Final				Points
1	Tang Hoi Yee Connie	CREATIVE	19.48	9
2	Ho Hoi Lam	ICQM	20.02	7
3	Kong Hiu Ying	OLRC	20.71	6
4	Chiu Ting Hei	SKSS	20.72	5
5	Poon Kate	BPS	21.51	4
6	Lo Kei Yin	BHJS	24.34	3
7	Au Suet Yi	SKSS	29.61	2
8	Leung Shuk Kwan	WWS		

=====
Event 12 100m Hurdles Girls B

Standard: 23.00 (0.762m) Record: 14.66 (2006) (0.762m)

Final				Points
1	Chan Hiu Hang	LS	18.71	9
2	Ng Man Wai	OLRC	18.74	7
3	Wong Ka Yan	LS	19.74	6
4	Chan Yan Wing Joyce	ICQM	19.92	5
5	Chan Yee Mei	BHJS	20.20	4
6	Lo Huen Ting	BPS	21.25	3
7	Wong Mei Yee May	SKHLFH	21.36	2
8	Cheung Lai Ping	KWSC	22.70	1

=====
Event 13 100m Hurdles Girls A

Standard: 22.50 (0.762m) Record: 14.24 (2008) (0.762m)

Final				Points
1	Chow Mei Hang	OLRC	18.17	9
2	Choi Yu Ying	WWS	18.96	7
3	Lo Lai Man	LSTYKH	19.25	6
4	Sung Hei Lam	OLRC	19.31	5
5	Tse Ka Yan	PTCC	19.97	4
6	Tsang Laicy Ketlin Da S.	DMS-HW	20.45	3
7	To Tam Yau	NAMS	20.98	2
8	Kwok Hung Yu	PLKWYC		

=====
Event 14 100m Hurdles Boys C

Standard: 21.00 (0.84m) Record: 13.57 (2009) (0.84m)

Final				Points
1	Yeung Chi Ho	CREATIVE	16.22	9
2	Chin Leonard Palelei	SKHLFH	18.82	7
3	Cheng Lik Lam	PTSS	19.25	6
4	Chan Kai Him	HKTKP	19.64	5
5	William McCombe	CIS	19.92	4
6	Lee Ho Ming	HKTKP	19.93	3

7	Ko Chuen Fai	SKHLFH	20.76	2
8	Fong Kai Yiu	KTGS	21.45	1

=====
 Event 15 100m Hurdles Boys B
 Standard: 20.00 (0.914m) Record: 13.54 (2008) (0.914m)

Final				Points
1	Kyle Justice	CIS	16.11	9
2	Yuen Ho Fai	LCCS	16.14	7
3	Logan Justice	CIS	16.81	6
4	Wong Fan Yung	SKHLFH	17.77	5
5	Cheung Pang Chor	K-LING	17.78	4
6	Lau Pui Chung Owen	LSTYKH	18.11	3
7	Lo Ming Yin	SKHLKY	19.04	2
8	Chen Cong Hua	HGC	19.81	1

=====
 Event 16 110m Hurdles Boys A
 Standard: 20.30 (0.914m) Record: 14.20 (2009) (0.914m)

Final				Points
1	Lau Chun Wai	HGC	16.52	9
2	Au Chun	TYH	16.53	7
3	Tse Jenson	ICQM	16.89	6
4	Kwan Kin Sing	SYSS	17.49	5
5	Tasawar Usman	DMS-BW	17.85	4
6	Fung Ka Ho	YCM	18.01	3
7	Hau Wing Lun	LCCS	18.57	2
8	Wan Ho Kuen	CCSS	20.94	1

=====
 Event 17 800m Girls C
 Standard: 3:21.00 Record: 2:19.72 (2000)

Final				Points
1	Sieh Ying Tung	BPS	2:40.83	9
2	Wong Yik Kak	SKSS	2:50.92	7
3	Yeung Tsz Wai	KTGS	2:54.51	6
4	Chu Yan Lam	BPS	2:55.04	5
5	Tsui Wing Yee	CHC	2:55.37	4
6	Poon Ho Yi	LCCS	2:56.63	3
7	Chan Ho Ching	BHJS	2:58.44	2
8	Ho Hiu Lam	PLKLFC	3: 1.95	1
9	Law Kwan In	SKSS	3: 3.76	
10	Lee Hiu Yau	WWS	3: 3.78	
11	Wong Hing Wai Carissa	BHJS	3: 4.09	
12	Lau Hiu Ching Zerlinda	CREATIVE	3: 4.67	

=====
 Event 18 800m Girls B
 Standard: 3:19.00 Record: 2:15.76 (2001)

Final				Points
1	Chan Long Ching	BPS	2:41.72	9
2	Chan Fong Ying	KHSS	2:46.94	7
3	So Yuen Ting	BHJS	2:51.10	6
4	Fok Yuen Yan	KHSS	2:51.47	5
5	Li Pui Ying	OLRC	2:56.04	4
6	Ho Shuk Man	HGC	2:58.32	3
7	Wan Tsz Ching	LCCS	3: 3.40	2
8	Ma Chak Shun	LS	3: 4.59	1
9	Au Gi Wa	LCCS	3: 5.58	
10	Lam Lok Ting	BHJS	3: 6.68	
11	Wong Yin Ting	MKC	3: 6.73	
12	Fan Pui Yee	MKC		

=====
 Event 19 800m Girls A
 Standard: 3:18.00 Record: 2:18.30 (1994)

Final				Points
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1	Li Mei Yee	BHJS	2:48.67	9
2	Hung Hoi Shan	HGC	2:49.52	7
3	Ng Tsz Wing	BPS	2:50.48	6
4	Cheung Mei Chi	OLRC	2:54.06	5
5	Ng Hin Ting	LCCS	2:59.45	4
6	Wu Yue Wei	NAMS	3: 0.36	3
7	Lam Yee Man	DMS-HW	3: 0.38	2
8	Ho Ho Yan	KHSS	3: 4.19	1
9	Lau Hiu Yan	BHJS	3: 8.16	
10	Hung Hiu Hei	NP2C	3:10.17	
11	Cheung Ching Wan	SKHLKY	3:10.21	
12	Li Yi	PCCSS		

=====
Event 20 800m Boys C

Standard: 2:50.00 Record: 2:08.20 (2004)

Final				Points
1	Wong Yu Chau	LSTLKK	2:37.99	9
2	Chu Ho Man	KWSC	2:42.42	7
3	Cheng Hiu Fung	RCC	2:42.89	6
4	Ip King Chun	SYSS	2:43.94	5
5	Tsoi Cheuk Nam	LCCS	2:44.29	4
6	Tam Siu Hung	K-LING	2:45.41	3
7	Lee Chun Wa	PLKLFC	2:45.43	2
8	Leung She Wing	CHC	2:46.89	1
9	Fong Man Chun	K-LING	2:46.92	
10	Elliot Shi	CIS	2:47.35	
11	Yu Man Mo	CHC	2:48.57	
12	Cheng Man Ho	PLKLFC	2:53.82	

=====
Event 21 800m Boys B

Standard: 2:40.00 Record: 2:02.82 (2010)

Final				Points
1	Tong Cheuk Him	KHSS	2:13.38	9
2	Law Ka Ngai	SYSS	2:18.96	7
3	Chan Ka Yin	KTGS	2:21.00	6
4	Wong Chin Hing	BHNC	2:21.87	5
5	Lin Junxian	NAMS	2:22.88	4
6	Wong Shiu Hang	LCCS	2:23.89	3
7	Cheung Tin Wing	LCCS	2:25.22	2
8	Ng Long Yu	HGC	2:26.31	1
9	Fung Chin Chun	HGSS	2:26.76	
10	Li Man Hon	LSTLKK	2:29.80	
11	Thomas Loong Chi Wang	CIS	2:31.42	
12	Yip Ching Fung	MKC		

=====
Event 22 800m Boys A

Standard: 2:34.00 Record: 1:57.89 (2004)

Final				Points
1	Lam Po Sang	KTGS	2: 8.93	9
2	Law Cho Kam	SYSS	2:10.42	7
3	Shum Kai Fung	KHSS	2:11.83	6
4	Wong Chi Hung	CCSS	2:13.89	5
5	Chou Hoi Lam	NAMS	2:14.69	4
6	Tang Ho Man	SKHLKY	2:18.31	3
7	Cuan Canhui	LS	2:21.19	2
8	Lam King On	CCSS	2:22.37	1
9	He Jinhong Andy	NAMS	2:23.13	
10	Ng Chun Wing	LCCS	2:27.16	
11	Cheng Kwok Yam	HGC	2:31.25	
12	Wong Kui Kwan	LSTLKK		

=====
Event 23 100m Girls C

Standard: 16.10 Record: 12.48 (2010)

Final				Points
1	Law Man Chung	K-LING	14.34	9
2	Li Lai Ka	TNSS	14.56	7
3	Ma Kwan Ting	BPS	14.65	6
4	Au Hoi Sy Bacolod	TNSS	14.82	5
5	Chan Pei Ting	LCCS	14.92	4
6	Tsui Kwan Ching	BPS	15.44	3
7	Choi Cheuk Yiu	K-LING	15.80	2
8	Wong Ching	PLKNO.1C		

=====
 Event 24 100m Girls B
 Standard: 16.00 Record: 12.21 (2005)

Final				Points
1	Fung Hoi Yi	LCCS	14.00	9
2	Lai Man Ping	SKSS	14.21	7
3	Li Ka Sin	LS	14.33	6
4	Kwok Hiu Tung	PTCC	14.34	5
5	Law Hoi Kwan	CSS	14.51	4
6	Tsang Hiu Tung	BHNC	14.56	3
7	Fatin-Shahira-Binti-R.	OLRC	14.98	2
8	Lam Yan Yue	MKC		

=====
 Event 25 100m Girls A
 Standard: 15.50 Record: 11.99 (2009)

Final				Points
1	Pang Pui Kwan	KTGS	13.19	9
2	Ho Ka Wai	OLRC	13.61	7
3	Tsang Siu Fung	NP2C	14.04	6
4	Hau Hayley Jing Ting	PTCC	14.24	5
5	Chiu Yee On	BHJS	14.30	4
6	Lee Kin Hung	HGC	14.66	3
7	Leung Hiu Yan	BPS	14.94	2
8	Lau Mei Yee	WWS		

=====
 Event 26 100m Boys C
 Standard: 14.10 Record: 11.21 (2009)

Final				Points
1	Du Jiaming	HGSS	12.49	9
2	Wong Chun Angelo	CREATIVE	12.75	7
3	Wong Tsz Chiu	LWFSS	12.88	6
4	Rana Ganesh Bikram	DMS-HW	13.20	5
5	Kwong Man Kin	LS	13.35	4
6	Yu Ka Wai	K-LING	13.36	3
7	Tsang Lam	PTSS	13.38	2
8	Tai Hoi Yuet	BHNC	13.39	1

=====
 Event 27 100m Boys B
 Standard: 13.30 Record: 11.03 (2008)

Final				Points
1	Clarence Leung	CIS	12.13	9
2	Cheung Kai Wang	DMS-HW	12.33	7
3	Chan Wai Shing	SYSS	12.35	6
4	Liang Genquan	BHNC	12.43	5
5	Mak Wing Fai	MKC	12.48	4
6	Tai Chi Fai	FHMSS	12.58	3
7	Ho Wing Kei	BHNC	12.66	2
8	Choi Chi Hang	SYSS	12.72	1

=====
 Event 28 100m Boys A
 Standard: 12.80 Record: 10.40 (2008)

Final				Points
1	Zou Yue Qiang	PTSS	11.52	9

2	Choi Pui Fung	SYSS	11.74	7
3	Cheng Kin	PTSS	11.85	6
4	Wong Lok Chun	KGEDS	11.87	5
5	James Harris	CIS	11.94	4
6	Tsoi Chun Ho	BHNC	12.06	3
7	Hon Chi Ho	CSS	12.08	2
8	Wong Tsz Him	CCSS	12.18	1

=====
Event 29 Javelin Girls A

Standard: 15.00 (600gm) Record: 41.39 (2009) (600gm)

Position	Name	School	Result	Remark	Points
1	Chan Cheuk Kiu	SKSS	27.38	Standard	9
2	Tsin Ka Yee	SKHLKY	24.81	Standard	7
3	Lau Ching Man	CCSS	21.65	Standard	6
4	Ng Yan Ling	LWFSS	20.67	Standard	5
5	Choi Yu Ying	WWS	19.74	Standard	4
6	Yeung Hoi Ting	OLRC	19.67	Standard	3
7	Ng Wai Ting	BPS	19.30	Standard	2
8	Ho Pui Ling	NAMS	18.91	Standard	1
	Wong Sze Nga	LCCS	18.03	Standard	
	Chan Wun	LWFSS	16.00	Standard	
	Yam Ka Yee	CSS	15.94	Standard	
	Cheng Pui See	TNSS	15.67	Standard	
	Poon Wai Yee	LSTYKH	15.49	Standard	
	Wong Sze Nga	SKHLFH	15.03	Standard	
	Chu Hoi Man	NAMS	14.90		
	Lee Wing Yan	CCSS	14.52		
	Ho Po Yee	LCCS	13.88		
	Kwok Yuen Tung	OLRC	12.65		
	Shiao Sin Men	BHJS	12.52		
	Hui Lok Yee	PTSS	11.95		
	Lee Suet Ying Brenda	PTSS	11.91		
	Lau Hiu Yan	BHJS	11.58		
	Wu Kwan	LSTYKH	11.22		
	Tse Cheuk Yin	HGC	10.72		
	Chang Wun Yee	LSTLKK	9.72		
	Chan Hiu Ching	CSS	9.72		
	Lee Siu Yin	HGC		No Mark	
	Ren Mei Yi	KTGS		DN take part	
	Kwok Tsz Ki	PCCSS		DN take part	
	Fong Tsz Wing	SKHLFH		No Mark	
	Kwok Shu Ki	SKSS		DN take part	
	Lam Tse Lee	KTGS		No Mark	
	Choi Sze Wing	DMS-HW		No Mark	
	Hui Shuk Man	TYH		No Mark	
	Cheong Ho Wing Suzanne	LSTLKK		DN take part	
	Lam Hoi Yan	WWS		DN take part	
	Lau Sin Tung	MSCHK		No Mark	
	Ip Tze Jing Josephine	BPS		No Mark	

=====
Event 30 5000m Boys A

Standard: 22:10.00 Record: 15:55.85 (1982)

Final				Points
1	Chan Cheuk Nam	NAMS	18:45.74	9
2	Ng Chun Wing	LCCS	19:43.30	7
3	Tam Ming Hong	NAMS	19:47.54	6
4	Liu Chong Fai	LCCS	19:53.93	5
5	Kwok Fung Lam	HKTKP	20:31.00	4
6	Singh Gimandeeep	DMS-BW	20:46.74	3
7	Chan Chi San	PTSS	20:58.13	2
8	Chiu Chun Ip	SYSS	20:59.13	1
9	Suen Ka Chun	KWSC	21: 4.37	
10	Chow Cheuk Ho	K-LING	21:13.26	
11	Cheng Yu Shing	PTSS	21:38.57	
12	Ng Chun Yin	KWSC	21:51.29	

13	Lee Ka Leung	TYH	22:34.80
14	Foo Ying Ho	LSTLKK	22:46.19
15	Leung Nok Wai	CHC	22:55.25
16	Lau Sze Ting	LSTLKK	23:29.02
17	Kwok Chu Leung	CCSS	23:33.44
18	Kong Man To	CCSS	24:38.12
19	Matthew Lui	CIS	25:37.73
20	Tsang Long Kit	HGSS	
21	Wong Chung Pan	KGEDS	
22	Chan Sik Lai	K-LING	
23	Leung Wang Kit	YCM	
24	Wang Sze Ho	CSS	
25	Lo Chung Pan	CSS	
26	Ng Koon Lung	TYH	
27	Ling Chi Tung	KGEDS	
28	Wong Yin Hong	PCCSS	

=====
Event 31 400m Girls C

Standard: 1:25.00 Record: 58.78 (2000)

Final				Points
1	Leung Ka Man	KHSS	1: 7.95	9
2	Chau Hoi Wang	PLKNO.1C	1: 9.30	7
3	Wong Yik Kak	SKSS	1: 9.81	6
4	Chan Ka Lam	ICQM	1: 9.87	5
5	Ma Ka Yan	OLRC	1:11.24	4
6	Choi Ho Yi	BHJS	1:13.39	3
7	Ho Hin Lam	PLKLFC	1:16.93	2
8	Ko Tsz Ching	MKC		

=====
Event 32 400m Girls B

Standard: 1:23.00 Record: 57.29 (2002)

Final				Points
1	Tsang Tammi	PLKLFC	1:10.34	9
2	So Yuen Ting	BHJS	1:11.95	7
3	Yung Ka Ka	LCCS	1:12.06	6
4	Fok Yuen Yan	KHSS	1:12.36	5
5	Luk Ka Ying	PTSS	1:13.00	4
6	Wong Wui Yee	KTGS	1:14.53	3
7	Li Ching Yan	LCCS	1:15.23	2
8	Ho Shuk Man	HGC	1:19.77	1

=====
Event 33 400m Girls A

Standard: 1:20.00 Record: 58.29 (1999)

Final				Points
1	Ho Ka Wai	OLRC	1: 5.28	9
2	Wong Po Sze	DMS-HW	1: 7.97	7
3	Hui Ka Yi	SKSS	1: 9.67	6
4	Kwong Hiu Lam	BPS	1:10.73	5
5	Chiu Ka Man	SKHLKY	1:10.93	4
6	Cheung Mei Chi	OLRC	1:12.74	3
7	Lee Pik Sim	WWS	1:13.34	2
8	Hung Ching Yi	SKSS	1:15.04	1

=====
Event 34 400m Boys C

Standard: 1:12.00 Record: 51.23 (2008)

Final				Points
1	Yeung Chi Ho	CREATIVE	58.90	9
2	Wong Hong Yin	SYSS	1: 0.52	7
3	Pang Tsz Fung	PLKNO.1C	1: 0.67	6
4	Hui Ka Kin	PLKNO.1C	1: 0.70	5
5	Tong Tsz Hei	K-LING	1: 2.07	4
6	Ip King Chun	SYSS	1: 2.19	3
7	Wong Ka Fu	K-LING	1: 5.24	2

8 Lee Guan Sheng TYH

Event 35 400m Boys B

Standard: 1:06.00

Record: 49.72 (2010)

Final

Points

1	Choi Chi Hang	SYSS	56.10	9
2	Ng Kwan Po	HGC	58.10	7
3	Lin Chak Pan	PLKLFC	58.54	6
4	Yip Ching Fung	MKC	58.80	5
5	Wong Yik Long	PLKNO.1C	59.10	4
6	Chan Yu Cheong	SKHLKY	59.21	3
7	Lee Brian Tsz Yeung	CREATIVE	1: 0.54	2
8	Yu Ho Ching	PLKLFC	1: 2.22	1

Event 36 400m Boys A

Standard: 1:02.00

Record: 49.10 (1964)

Final

Points

1	Chau Hau Yin	LSTLKK	52.39	9
2	Wang Zhu	DMS-HW	54.81	7
3	Lee Cheuk Yin	CCPASS	55.26	6
4	Tse Wai Shing	PLKNO.1C	56.25	5
5	Chou Hoi Lam	NAMS	56.29	4
6	Chung Sau Fung	K-LING	58.27	3
7	Leung Chi Hang	BHNC	58.85	2
8	Zacarias Canga	DMS-BW		

Event 37 Discus Boys B

Standard: 22.00 (1kg)

Record: 47.19 (2006) (1kg)

Position	Name	School	Result	Remark	Points
1	Lam Hon Wa	SKHLFH	36.45	Standard	9
2	Kwun Ho Laam	SKHLFH	34.70	Standard	7
3	Ho Chi Ho	KHSS	29.21	Standard	6
4	Russell Salazar	CIS	29.09	Standard	5
5	Chris Li	CIS	27.29	Standard	4
7	Tsui Ting Yan	PLKNO.1C	25.46	Standard	3
7	Hsu Sai Yeung	HGC	25.04	Standard	2
8	Yiu Chak Hung	PLKWYC	24.62	Standard	1
	Lee Hung Kei	KTGS	23.79	Standard	
	Fok Chun Yin	FSS-SSW	23.50	Standard	
	Kung Yan Ho	TYH	23.37	Standard	
	Mo Kee Fai Jess	TYH	22.92	Standard	
	So Siu Laam	HGC	22.64	Standard	
	Estrella Chris Lourence	DMS-BW	22.61	Standard	
	Ou Zhijie	NAMS	22.49	Standard	
	Yuen Chue Ho	LWFSS	22.44	Standard	
	Chan Hiu Yeung	PCCSS	22.36	Standard	
	Tse Chin Sing	HGSS	22.26	Standard	
	Lau Chi Wai	KHSS	21.96		
	Kump Chu Sorakit	CYC	21.96		
	Kwan Man Hong	KWSC	21.55		
	Ng Kai Him	HGSS	21.29		
	Huang Charles	PLKLFC	20.57		
	Yau Man Lai	CREATIVE	20.29		
	Li Cheng Long	SKHLKY	19.49		
	Lok Ting Hin	SYSS	19.30		
	Poon Chun Wai	LSTYKH	19.29		
	Ng Ho Yin	K-LING	18.75		
	Chow Kin Kwan	LCCS	18.36		
	Ng Cheong Hung	BHNC	18.31		
	Cheuk Wai Hong	SKHLKY	17.90		
	Yeung Ho Ki	SYSS	17.90		
	Pun Kin Chung	PLKWYC	17.41		
	Dixon Alwi Wijaya	DMS-HW	17.20		
	Yeung Yiu Kwong	PTSS	16.40		

Ip Sheung Lai	PTSS	15.86	
Au Chi Lai	K-LING	15.52	
Kan Chun Sing	BHNC		DN take part
Do Ka Po	CCSS		DN take part
Wong Hiu Ming	LCCS		DN take part
Lam Yuk Shing	LSTLKK		DN take part
Wong Yik Ho Tereance	KTGS		DN take part
Chau Chi Kit	STCS		DN take part
Isip Jesus John Marko	DMS-HW		DN take part
Cheng Yui Hin	LSTLKK		DN take part
Tse Shoichi	KWSC		DN take part
Chan Chi Yuen	CCSS		DN take part
Chan Yat Tat	CSS		DN take part
Li Tsz Yin	CSS		DN take part

=====
Event 38 1500m Girls C

Standard: 7:10.00

Record: 5:02.16 (2003)

Final

			Points	
1	Tsui Wing Yee	CHC	6: 5.66	9
2	Poon Ho Yi	LCCS	6:21.48	7
3	Lam Lok Man	BPS	6:28.03	6
4	Chan Ho Ching	BHJS	6:30.96	5
5	Law Kwan In	SKSS	6:31.27	4
6	Nip Sin Yan	KHSS	6:31.28	3
7	Cheug Lok Ki	PCCSS	6:40.62	2
8	Mok Sze Lam	OLRC	6:47.17	1
9	Lee Hiu Yau	WWS	6:47.21	
10	Tam Oi Yan	TYH	6:56.32	
11	Chan Long Sze	PTSS	6:56.74	
12	Ng Hei Lu Lucy	KTGS	7: 6.77	
13	Chan Ka Lam	ICQM	7:11.48	
14	To Yan Wa	K-LING	7:15.20	
15	Ting Chung Yan	LSTYKH	8:21.52	
16	So Wai Tung	LWFSS	8:28.92	
17	Li Pei Yee	HGSS	8:32.97	
18	Ko Tsz Ching	MKC		
19	Yu Wing Yee	HGC		
20	Ng Sheung Yan	LSTLKK		
21	Iu Wan Yin	PTCC		

=====
Event 39 1500m Girls B

Standard: 7:10.00

Record: 4:52.98 (2000)

Final

			Points	
1	Chan Long Ching	BPS	5:48.29	9
2	Chan Fong Ying	KHSS	6: 2.05	7
3	Wan Tsz Ching	LCCS	6: 3.60	6
4	Li Pui Ying	OLRC	6: 7.21	5
5	Mark Nga Hing	HGSS	6:32.11	4
6	Lam Lok Ting	BHJS	6:37.75	3
7	Choy Sin Man	NP2C	6:41.04	2
8	Rai Pratista	DMS-BW	6:41.96	1
9	Leung So Yan	WWS	6:43.43	
10	Wong Pui Ki	TNSS	6:47.51	
11	Yuen Ka Yee	PTSS	6:51.96	
12	Lai Pan Tung	TYH	6:58.14	
13	Yu Ming Lei	FSS-SSW	6:58.90	
14	Yeung Hau Yi	PLKLFC	7:18.39	
15	Tsoi Tak Yi	LSTYKH	7:42.97	
16	Lee Wing Sze	K-LING	7:50.45	
17	Lo Yu Fei	LSTLKK	9: 1.59	
18	Wong Yin Ting	MKC		
19	Lam Yan Yi	PCCSS		

=====
Event 40 1500m Girls A

Standard: 7:10.00

Record: 5:04.95 (2007)

Final				Points
1	Li Mei Yee	BHJS	6: 9.48	9
2	Ng Hin Ting	LCCS	6:11.74	7
3	Wu Yue Wei	NAMS	6:11.95	6
4	Ho Ho Yan	KHSS	6:26.75	5
5	Lam So Fong	TYH	6:44.11	4
6	Cheung Yee Ka Miriam	SKHLFH	6:51.73	3
7	Lee Pik Sim	WWS	6:53.51	2
8	Cheung Ka Man	LWFSS	7: 9.04	1
9	Choi Yuk Ki	LSTYKH	7: 9.06	
10	Pang Hiu Laam	BPS	7:14.21	
11	Yuen Wai Ching	OLRC	7:17.67	
12	Wong Yuen Ling	LSTLKK	7:26.15	
13	Tang Mei Yee	PCCSS	7:29.73	
14	Hui Siu Tung	CSS	7:36.05	
15	Chan Po Po	SKHLKY		
16	Kwan Hoi Ying	HGSS		
17	Wong Ching Nga	RCC		
18	Wong Lee Fei	PLKWYC		
19	Yeung Hoi Yan	TNSS		
20	Wong Ming Sze	KGEDS		
21	Lee Wing Mui	PTSS		
22	Cheung Hok Yee	CHC		
23	Mark Cheuk Yan	SKSS		

=====
Event 41 4x100m Relay Boys C
Standard: 56.00 Record: 45.05 (2008)
=====

Final				Points
1		PLKNO.1C	51.68	18
2		CREATIVE	51.88	14
3		PTSS	52.18	12
4		SYSS	53.31	10
5		HKTKP	53.34	8
6		RCC	53.65	6
7		CCSS	54.52	4
8		TYH		

=====
Event 42 4x100m Relay Boys B
Standard: 52.00 Record: 44.68 (2009)
=====

Final				Points
1		PTSS	47.98	18
2		DMS-HW	49.03	14
3		DMS-BW	49.35	12
4		SYSS	49.55	10
5		BHNC	50.11	8
6		HKTKP	50.64	6
7		MKC	50.78	4
8		HGC	51.14	2

=====
Event 43 4x100m Relay Boys A
Standard: 50.00 Record: 42.55 (2010)
=====

Final				Points
1		RCC	46.68	18
2		BHNC	46.93	14
3		NAMS	48.15	12
4		KHSS	48.16	10
5		LSTLKK	48.75	8
6		YCM	50.07	6
7		HGC		
8		CCSS		

=====
Event 44 4x100m Relay Girls C
Standard: 1:04.00 Record: 50.95 (2010)
=====

Final			Points
1	KTGS	57.90	18
2	K-LING	58.21	14
3	BPS	58.57	12
4	LCCS	58.98	10
5	BHJS	59.54	8
6	ICQM	59.65	6
7	SKSS	59.99	4
8	PLKNO.1C		

=====
 Event 45 4x100m Relay Girls B
 Standard: 1:03.00 Record: 49.52 (2007)
 =====

Final			Points
1	LCCS	56.69	18
2	OLRC	56.78	14
3	LS	58.02	12
4	BHNC	58.93	10
5	BHJS	59.36	8
6	KHSS	1: 0.02	6
7	TNSS	1: 1.10	4
8	SKHLFH	1: 2.87	2

=====
 Event 46 4x100m Relay Girls A
 Standard: 1:02.00 Record: 48.49 (2008)
 =====

Final			Points
1	KTGS	56.49	18
2	SKSS	56.82	14
3	PTCC	57.56	12
4	SKHLKY	58.48	10
5	LSTYKH	58.63	8
6	KWSC	59.86	6
7	OLRC	1: 0.71	4
8	BPS		

=====
 Event 47 4x400m Relay Boys C
 Standard: 4:45.00 Record: 3:46.84 (2008)
 =====

Final			Points
1	SYSS	4:14.81	18
2	HGSS	4:20.78	14
3	K-LING	4:25.32	12
4	LCCS	4:26.78	10
5	KTGS	4:30.92	8
6	TYH	4:33.13	6
7	PTSS	4:35.58	4
8	CCPASS	4:39.54	2

=====
 Event 48 4x400m Relay Boys B
 Standard: 4:20.00 Record: 3:36.46 (2009)
 =====

Final			Points
1	SYSS	3:59.48	18
2	DMS-BW	4: 3.12	14
3	LCCS	4: 4.41	12
4	PLKNO.1C	4: 4.62	10
5	CIS	4: 4.89	8
6	SKHLKY	4: 6.74	6
7	PLKLFC	4:10.16	4
8	PTSS	4:11.44	2

=====
 Event 49 4x400m Relay Boys A
 Standard: 4:06.00 Record: 3:26.60 (1989)
 =====

Final			Points
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1	NAMS	3:47.60	18
2	SYSS	3:49.41	14
3	TYH	3:51.61	12
4	KHSS	3:51.64	10
5	CCSS	3:55.30	8
6	KTGS	3:56.40	6
7	K-LING	3:58.22	4
8	YCM	3:58.39	2

=====
Event 50 4x400m Relay Girls C

Standard: 5:40.00 Record: 4:16.63 (2008)

Final			Points
1	BPS	4:54.87	18
2	SKSS	5: 2.46	14
3	BHJS	5: 6.52	12
4	LCCS	5: 9.17	10
5	OLRC	5:10.48	8
6	WWS	5:15.37	6
7	KHSS	5:15.54	4
8	MKC	5:27.01	2

=====
Event 51 4x400m Relay Girls B

Standard: 5:31.00 Record: 4:15.05 (2010)

Final			Points
1	KHSS	4:51.67	18
2	PLKLC	4:51.78	14
3	BPS	4:53.64	12
4	MKC	4:59.28	10
5	LCCS	5: 0.27	8
6	PTSS	5:12.65	6
7	OLRC	5:16.64	4
8	BHJS	5:20.77	2

=====
Event 52 4x400m Relay Girls A

Standard: 5:30.00 Record: 4:09.77 (2009)

Final			Points
1	OLRC	4:42.62	18
2	DMS-HW	4:50.19	14
3	PTSS	5: 1.26	12
4	BPS	5: 6.37	10
5	WWS	5: 8.76	8
6	BHJS	5:12.63	6
7	PLKNO.1C	5:18.26	4
8	HGC	5:18.52	2