

Inter-School Athletics Championships 2011/2012
HK Island & Kowloon
Division One (Final Results)

Boys A Grade

wind speed : + 1.9

100m

1	Li Lut Yin	LSC	10.71
2	Ho Ping Kwan	CGHC	10.91
3	Tsu Ka Chon	LSC	11.08
4	Kooh Lok Man	WFN	11.12
5	Lam Oscar Wang Chun	SJAC	11.13
6	Wong Hao Keng	YCKMC	11.37
7	Chan Yik Hei	PCMS	11.43
8	Chan Ching Lam	NWC	11.63

400m

1	Chan Yan Lam	DBS	50.87
2	Choi Ho Shing	YCKMC	50.91
3	Ho Tsz Fung	DBS	51.61
4	Lee Chin Ting	CYT	51.78
5	Chan Kai Pan	LSC	53.01
6	Ng Tak Wo	SJAC	53.65
7	Kwong Yuk Wa	WFN	1 : 3.36
8	Kwan Chun Ming	HPCCSS	1 : 24.20

1500m

1	Lee Cho Wai Jimmy	DBS	4 : 20.39
2	Kwok Wing Kan	LSC	4 : 21.07
3	Li Tsz Hei	LSC	4 : 21.94
4	Chan Ho Yin	CHECSS	4 : 22.09
5	Ryan Cheung	KGV	4 : 22.32
6	Mitchelmore Sam Brian	DBS	4 : 26.79
7	So Man Ho	CSWCSS	4 : 27.84
8	Chung Man Kin	WYK	4 : 30.61

wind speed : + 1.0

110m Hurdles

1	Lai Ho Tat	CGHC	14.35
2	Lui Chun Yan	CGHC	14.50
3	Fong Tsz Ming	NWC	14.57
4	Choi Ho Shing	YCKMC	14.66
5	Chan Yik Hei	PCMS	14.76
6	Leung Cheung Kit	HPCCSS	15.60
7	Liu Chung Lung	SJAC	16.07

wind speed : + 0.7

200m

1	Chan Yan Lam	DBS	22.30
2	Tsu Ka Chon	LSC	22.54
3	Kooh Lok Man	WFN	22.65
4	Li Lut Yin	LSC	22.78
5	Lam Oscar Wang Chun	SJAC	22.95
6	Ho Ping Kwan	CGHC	23.32
7	Ho Ka Tsun	SKSS	23.41
8	Chan Ching Lam	NWC	23.74

800m

1	Lee Cho Wai Jimmy	DBS	1 : 58.18
2	Li Tsz Hei	LSC	1 : 58.25
3	Chan Kai Pan	LSC	2 : 1.56
4	Chung Man Kin	WYK	2 : 2.36
5	Ho Cho Wai	YCKMC	2 : 3.40
6	Chu Check Kiu Jacky	DBS	2 : 4.02
7	Kwong Yuk Wa	WFN	2 : 5.22
8	Ng Tak Wo	SJAC	2 : 5.64

5000m

1	Kwok Wing Kan	LSC	16 : 50.11
2	Mitchelmore Sam Brian	DBS	17 : 10.01
3	Ryan Cheung	KGV	17 : 23.31
4	Lee Marcus Ming Chak	DBS	17 : 27.26
5	Law Kai Wai	CGHC	17 : 50.23
6	Perry Wong	LSC	18 : 0.00
7	So Man Ho	CSWCSS	18 : 1.79
8	Chan Ho Yin	CHECSS	18 : 17.79

400m Hurdles

1	Lai Ho Tat	CGHC	56.23
2	Lee Chin Ting	CYT	57.95
3	Ho Tsz Fung	DBS	58.58
4	Yuen Kin Long	LSC	59.82
5	Chan Yik Ching	PCMS	1 : 0.59
6	Chin Ching	PCMS	1 : 1.43
7	Cheng Hoi Man	YCKMC	1 : 2.86
8	Lee Ho Wing	SJAC	1 : 28.30

4x100m Relay

1	DBS	43.58
2	LSC	43.69
3	PCMS	45.01
4	NWC	45.15
5	KGV	45.17
6	SJAC	48.04
7	CGHC	51.10

4x400m Relay

1	DBS	3 : 32.56
2	LSC	3 : 35.61
3	WFN	3 : 36.65
4	YCKMC	3 : 38.99
5	CGHC	3 : 39.75
6	PCMS	3 : 40.69
7	SJAC	3 : 40.72
8	HPCCSS	3 : 43.01

High Jump

1	Tse Ming Fung	LSC	1.92
2	Yau Tze Ching	DBS	1.89
3	Li Yuk Lok	WFN	1.86
4	Chiu Wai Hei	CSWCSS	1.83
5	Liu Kwok Kwan	CGHC	1.83
6	Lam Yu Hin Murphy	DBS	1.83
7	Yeung Pak Hei	WYK	1.77
8	James Edwards	KGV	1.72
8	Chin Ching Yiu	SKSS	1.72

Long Jump

				<u>wind speed</u>
1	Chan Ming Tai	DBS	7.27	+ 1.9
2	Pang Ying Kit	LSC	7.09	+ 1.5
3	Ngan Chun Yin	LSC	6.58	+ 1.4
4	Cheung Chung Yin	HPCCSS	6.46	+ 0.8
5	Li Ka Chun	HPCCSS	6.28	+ 3.2
6	Choi Keng Shing	YCKMC	6.20	+ 1.3
7	Hui Ka Po	CGHC	6.12	+ 1.8
8	Chan Hoi Chun	DBS	6.04	+ 0.2

Triple Jump

			<u>wind speed</u>
1	Chau Ching Yu	NWC	14.39 - 2.2
2	Chan Ming Tai	DBS	13.99 - 0.9
3	Pang Ying Kit	LSC	13.80 - 1.2
4	Tai Siu Lun	SJAC	13.42 - 1.7
5	Yeung Pak Hei	WYK	13.21 - 1.7
6	Lui Chun Yan	CGHC	12.85 - 1.2
7	Cheung Chung Yin	HPCCSS	12.80 - 1.9
8	Ngan Chun Yin	LSC	12.80 - 1.5

Shot Put

1	Yee Hon Fai Andy	LSC	13.82
2	Chan Alex Chi Wai	LSC	13.49
3	Wu Delvin Ho Yin	DBS	12.99
4	Li Yu Tat	SJAC	12.64
5	Tam Wai Lam	CHECSS	12.22
6	Cho Kai Fai	HPCCSS	12.15
7	Tam Yik Man	PCMS	12.02
8	Aiden Bradley	KGV	12.01

Discus

1	Yee Hon Fai Andy	LSC	40.54
2	Cheung Yat Lun	SJAC	39.80
3	Chow Pong Wai Michael	HPCCSS	35.05
4	So Ka Ming	CGHC	34.98
5	Ng Samuel Oliver Wah Sam	SKSS	34.57
6	Lui Tai Lun Terence	LSC	34.37
7	Chan Wing Chung	CSWCSS	31.99
8	Lau Ka Yin	DBS	31.14

Javelin

1	Li Victor	LSC	52.72
2	Cheung Yat Lun	SJAC	48.05
3	Tang Kai Leung	CGHC	45.27
4	Chan Sum Chau	HPCCSS	43.84
5	Lam Kwok Wing	YCKMC	42.98
6	Leung Yam Wah Bryan	DBS	41.40
7	Wong Wing Fai	CGHC	40.90
8	Ng Hon Chi Erik	DBS	40.78

Boys B Gradewind speed : + 1.8**100m**

1	Wong Tsz Hin	DBS	11.40
2	Chan Hiu Nam Gabriel	LSC	11.42
3	Wu Chi Kwan	CGHC	11.44
4	Wong Wai Kin	LSC	11.63
5	Li Wing Fai	DBS	11.65
6	Chau Tung Fai	CSWCSS	11.82
7	Lee Ka Ho	CYT	12.09
8	Lam Ka Lok	SKSS	12.16

wind speed : + 1.0**200m**

1	Wong Tsz Hin	DBS	23.20
2	Lam Ka Lok	SKSS	23.34
3	Chan Hiu Nam Gabriel	LSC	23.40
4	Li Wing Fai	DBS	23.56
5	Wong Wai Kin	LSC	23.57
6	Wu Chi Kwan	CGHC	23.58
7	Cheung Kin Yan	WFN	24.01
8	Chow Yiu Chun	SJAC	24.64

400m

1	Wan Hi Yuen	DBS	54.16
2	Lee Ka Chun	CSWCSS	54.78
3	Shu Kitamura	KGV	54.96
4	Zachary Powner	KGV	55.26
5	Li Man Fung Timothy	LSC	55.54
6	O Chun Yee	HPCCSS	55.62
7	Kwok Tsz Hin Simon	SJAC	55.90
8	Ho Kwong Ho	DBS	57.49

800m

1	Tsang Tsz Wang	DBS	2 : 9.25
2	Chan Arthur Hok Man	LSC	2 : 9.52
3	Lui Chun Kit	CHECSS	2 : 10.81
4	Li Man Fung Timothy	LSC	2 : 11.44
5	Chu Po Wah	CSWCSS	2 : 11.95
6	Leung Cheuk Wing	CSWCSS	2 : 12.98
7	Ho Juen Ko	KGV	2 : 13.62
8	Cheung Wang Fung	WFN	2 : 14.23

1500m

1	Chan Alfred Hon Man	LSC	4 : 27.45
2	Chan Arthur Hok Man	LSC	4 : 27.73
3	Michael Lam	KGV	4 : 29.50
4	Heung Chin Tung	HPCCSS	4 : 34.27
5	Tsang Tsz Wang	DBS	4 : 34.82
6	Jiang Zixin	DBS	4 : 37.10
7	Chu Po Wah	CSWCSS	4 : 37.82
8	Yuen Tsun Hei	SJAC	4 : 38.83

3000m

1	Chan Alfred Hon Man	LSC	9 : 25.17
2	Michael Lam	KGV	9 : 49.55
3	Heung Chin Tung	HPCCSS	10 : 19.59
4	Kwok Kim Wai	NWC	10 : 27.07
5	Chan Brian Kai Hin	LSC	10 : 29.86
6	Kwong Brian	WFN	10 : 32.02
7	Chan Wai Tung	PCMS	10 : 34.16
8	Jiang Zixin	DBS	10 : 35.00

wind speed : + 1.6

100m Hurdles

1	Wan Hi Yuen	DBS	14.06
2	Nip Ho Tin	DBS	14.35
3	Chan Lok Hin	CYT	14.57
4	Suen Yiu Fai	SKSS	14.68
5	Choi Lok Ching	LSC	14.71
6	Ngan To Him	PCMS	14.81
7	Liu Kam Ho	SJAC	14.88
8	Cheung Chun Ho	NWC	14.94

4x100m Relay

1		DBS	44.20
2		LSC	44.55
3		CSWCSS	45.33
4		SKSS	46.21
5		PCMS	46.51
6		YCKMC	46.86
7		WYK	47.10
8		SJAC	47.97

4x400m Relay

1		DBS	3 : 40.31
2		LSC	3 : 40.78
3		SJAC	3 : 42.10
4		NWC	3 : 44.17
5		HPCCSS	3 : 44.19
6		KGV	3 : 45.32
7		CSWCSS	3 : 48.52
8		WFN	3 : 53.11

High Jump

1	Yee Hon Ching	LSC	1.81
2	Lo Kan Mo	DBS	1.77
3	So Yin Cheung	HPCCSS	1.74
4	Lo Yan Long	DBS	1.68
5	Shek Shing Him	WFN	1.65
6	Wong Ka Chun	LSC	1.65
7	Lee Chak Ming	NWC	1.60
8	Toby Tsang	KGV	1.60
8	Lai Hing Sang	NWC	1.60

Long Jump

			wind speed
1	Chau Tung Fai	CSWCSS	6.50 + 3.4
2	Wong Philip	DBS	6.17 + 0.5
3	Lui Chung Yin Melvin	HPCCSS	6.00 + 1.5
4	Lee Yip Shing	SJAC	5.94 + 2.5
5	Chan Yan Ting	LSC	5.91 + 1.1
6	Ng Kun Lung	DBS	5.77 + 0.8
7	Yip Chun Ming	HPCCSS	5.74 + 2.6
8	Leung Ching Tao Albert	WYK	5.70 + 1.0

Triple Jump

			wind speed
1	Lee Yip Shing	SJAC	12.76 - 1.0
2	Chan Yan Ting	LSC	12.49 + 0.5
3	Liu Kam Ho	SJAC	12.45 + 1.2
4	Ng Kun Lung	DBS	12.35 - 0.9
5	Mak Chun Wing	LSC	12.26 + 0.7
6	Yan Kang Hong	WYK	12.23 - 0.6
7	Lui Chung Yin Melvin	HPCCSS	12.13 - 0.9
8	Chan Yan Lok Arnold	WFN	11.55 - 0.8

Shot Put

1	Ng Ka Hin	SJAC	13.26
2	Yu Chung Yau	CHECSS	13.15
3	Chen Jun Hui	LSC	12.86
4	Chau Lam Sing	SJAC	12.70
5	Chan Ho Yin	CHECSS	12.58
6	Yip Pok Chung	LSC	12.46
7	Ng Jun	DBS	12.10
8	Shiu Tin Yau	HPCCSS	11.97

Discus

1	Wan Yuk Ping	DBS	41.49
2	Shiu Tin Yau	HPCCSS	41.23
3	Chan Yin Chung	LSC	39.14
4	Chan Hok Lim	SKSS	38.91
5	Wong Chun Lok	LSC	38.80
6	Wong Michael	WYK	38.77
7	Ho Chun Yan Wilson	HPCCSS	38.58
8	Lam Nam Tony	YCKMC	34.86

Javelin

1	Mateen-Ur-Rehman	DBS	48.38
2	Kong Chun Yin Sam	HPCCSS	44.86
3	Fong Kai Chuen	LSC	44.58
4	Ng Ka Hin	SJAC	44.15
5	Lui Siu Tin	LSC	44.01
6	Hui Chak Hang	WYK	40.57
7	Lee Tin Lok	DBS	37.87
8	Li Long Fung	CGHC	37.26

Boys C Gradewind speed : + 2.5**100m**

1	Chau Yung Ho Michael	DBS	11.38
2	Kwok Wai Ching	PCMS	11.92
3	Ng Kai Ho	HPCCSS	12.02
4	Law Kin Fung	SKSS	12.10
5	Poon Kwok Pui	YCKMC	12.22
6	Mok Chi Kin	LSC	12.32
7	Luk Kin Wang	WFN	12.33
8	Mak Sai Yin	CSWCSS	12.36

wind speed : + 0.3**200m**

1	Chau Yung Ho Michael	DBS	23.67
2	Sze Kin Ho	HPCCSS	24.44
3	Chung Cheuk Hei	DBS	24.73
4	Law Kin Fung	SKSS	24.91
5	Luk Kin Wang	WFN	24.94
6	Poon Kwok Pui	YCKMC	25.11
7	Kwok Wai Ching	PCMS	25.73
8	Cheung Man Shun Manson	WFN	29.92

400m

1	Sze Kin Ho	HPCCSS	56.16
2	Chan Cheuk Lam	LSC	56.91
3	Chung Cheuk Hei	DBS	57.59
4	Cheung Man Shun Manson	WFN	57.66
5	Law Ho Fung	WFN	58.01
6	Wong Chi Fung	SJAC	58.66
7	Wong Man Ho Herman	YWC	58.79
8	Pang Kit Ching	LSC	59.41

800m

1	Chan Efoo Ajibola	DBS	2 : 17.18
2	Kwong Kam Cheong	SJAC	2 : 17.54
3	Law Ho Fung	WFN	2 : 17.72
4	Chan Cheuk Lam	LSC	2 : 18.92
5	Pon Siu Chun	WFN	2 : 20.97
6	Koo Hoi Sau	CSWCSS	2 : 21.19
7	Li Ka Shun	HPCCSS	2 : 22.31
8	Yuen Angus Ling Hong	LSC	2 : 22.70

wind speed : + 0.7**1500m**

1	Chan Efoo Ajibola	DBS	4 : 47.15
2	Kwong Kam Cheong	SJAC	4 : 48.05
3	Wong Hong Kit	LSC	4 : 50.29
4	Chan Ki Yan	WFN	4 : 51.61
5	Lai Nok Hei	DBS	4 : 53.98
6	Chen Man Hoi	LSC	4 : 58.39
7	Koo Hoi Sau	CSWCSS	5 : 0.06
8	Clarence Ma	KGV	5 : 0.25

100m Hurdles

1	Mok Chi Kin	LSC	14.60
2	Pang Wai Hang	WFN	14.94
3	Tsoi Pui Ngai Christopher	HPCCSS	15.03
4	Lai Tsun Hei Jonathan	LSC	15.34
5	Wong Chun Yin	HPCCSS	15.74
6	Wong Chi Fung	SJAC	16.38
7	Cheng Pak To Patrick	YCKMC	16.42
8	Chan Pak Hei	CSWCSS	16.43

4x100m Relay

1		DBS	47.27
2		HPCCSS	47.29
3		LSC	48.39
4		CSWCSS	49.71
5		NWC	49.93
6		SKSS	50.62
7		YWC	50.89
8		CHECSS	50.90

4x400m Relay

1		WFN	3 : 56.84
2		SJAC	3 : 57.44
3		LSC	3 : 59.39
4		HPCCSS	4 : 4.51
5		DBS	4 : 10.01
6		CHECSS	4 : 18.33
7		YCKMC	4 : 19.77

High Jump

1	Mak Wai Kit	LSC	1.68
2	Chan Yuk Tat	HPCCSS	1.68
3	Yee Hon Chung	LSC	1.62
4	Wong Hok Kan	CSWCSS	1.62
5	Ng Tsz Lok	DBS	1.53
6	Wong Fu Hong	CHECSS	1.53
=7	Lor Long Yin	YWC	1.45
=7	Chan Sai Yung	CSWCSS	1.45

Long Jump

				<u>wind speed</u>
1	Yee Hon Chung	LSC	5.58	- 0.8
2	Chan Yun Tung	HPCCSS	5.48	- 1.1
3	Tsang Sze Heng	DBS	5.36	- 0.3
4	Yu Wai Lim	YCKMC	5.32	- 1.2
5	Pang Kit Ching	LSC	5.19	- 1.0
6	Ko Ho Long	SJAC	5.12	- 1.0
7	Sin Ho Man	CHECSS	5.10	- 0.9
8	Cheung Tin Chun Calvin	DBS	5.07	- 0.3

Shot Put

1	Wong Ka Chu	DBS	11.35
2	Tsai Tsz Cheung	SKSS	11.21
3	Cheung Hok Kin	SJAC	11.18
4	Law Ho Tin	DBS	10.84
5	Li Felix	LSC	10.75
6	Ng Hon Lam	LSC	10.11
7	Mak Kwan Tao	HPCCSS	10.06
8	Chan Man Chung	SJAC	9.71

Discus

1	Tsai Tsz Cheung	SKSS	37.62
2	Cheung Hok Kin	SJAC	33.01
3	Liu Kwan Ho	LSC	32.31
4	Ng Chun Him Darren	DBS	30.26
5	Li Felix	LSC	29.14
6	Sean Derman	KGV	27.27
7	Chan Kei Fan	HPCCSS	26.77
8	Au Chin Hang	CHECSS	26.64

Girls A Gradewind speed : + 1.6**100m**

1	Lam On Ki	GHS	12.10
2	Lee Ming Yan Jacqueline	DGS	12.64
3	Yiu Hoi Yan	SHCC	12.71
4	Lee Wing Yee	HYS	12.86
5	Wong Yee Lam	PCMS	13.10
6	Li Tsz Kwan	HYS	13.19
7	Mok Elite	SHCC	13.20
8	Chiu Man Ting Tiffany	SCGS	13.27

wind speed : + 1.7**200m**

1	Lam On Ki	GHS	26.05
2	Lee Wing Yee	HYS	27.02
3	Li Winkie	GHS	27.12
4	Li Tsz Kwan	HYS	27.14
5	Chiu Man Ting Tiffany	SCGS	27.24
6	Lo Yuk Ting	SHCC	27.27
7	Leung Sze Chung Gloria	SCGS	28.06
8	Sue Yui Hang Helen	MCS	28.66

400m

1	Lui Lai Yiu	PCMS	58.10
2	Chan Yee Ki	DGS	59.21
3	Li Winkie	GHS	1 : 3.37
4	Tse Kar Man	GHS	1 : 4.47
5	Yeung Wai Lam Rachel	SCGS	1 : 5.17
=6	Pang Hiu Yan Sharon	HYS	1 : 5.32
=6	Nola Derweduwe	IS	1 : 5.32
8	Lo Yuk Ting	SHCC	1 : 6.23

800m

1	Chan Yee Ki	DGS	2 : 32.15
2	Ling Man Sze	DGS	2 : 34.56
3	Wong Tsz Yan	PCMS	2 : 36.32
4	Choi Yan Yin	HYS	2 : 38.08
5	Sin Chin Wing Sonia	HYS	2 : 38.18
6	Leung Tak Wing Stephanie	MCS	2 : 40.99
7	Su Jennifer Ming Yin	SCGS	2 : 42.00
8	Chan Hui Yan Stephanie	SHCC	2 : 42.44

wind speed : + 1.6

1500m

1	Wu Sum Yi	DGS	5 : 20.73
2	Ling Man Sze	DGS	5 : 27.60
3	Choi Yan Yin	HYS	5 : 36.09
4	Wong Tsz Yan	PCMS	5 : 36.16
5	Leung Tak Wing Stephanie	MCS	5 : 40.29
6	Tess Masters	WIS	5 : 44.04
7	Wendy Herrera	KGV	5 : 45.65
8	Vickie Ip	IS	5 : 45.73

100m Hurdles

1	Lui Lai Yiu	PCMS	14.54
2	Leung Ching yi	GHS	14.82
3	Wong Yee Lam	PCMS	14.85
4	Lee Ming Yan Jacquelin	DGS	15.34
5	Tam Nga Wai	HYS	16.28
6	Ng Sze Wing	SPCS	16.69
7	Wu Hoi Ting Dianna	DGS	17.03
8	Chan Yin Kwan Serena	MSS	17.67

4x100m Relay

1		SHCC	50.36
2		GHS	50.46
3		HYS	51.30
4		DGS	51.57
5		PCMS	52.08
6		SCGS	52.61
7		MCS	53.87
8		MSS	56.39

4x400m Relay

1		HYS	4 : 23.16
2		GHS	4 : 24.35
3		DGS	4 : 27.18
4		SHCC	4 : 28.28
5		MCS	4 : 29.17
6		WIS	4 : 34.97
7		IS	4 : 46.67
8		PCMS	4 : 51.13

High Jump

1	Yeung Man Wai	DGS	1.66
2	Chau Abbey	HYS	1.51
3	Chan Hoi Yi	GHS	1.45
4	Chow Wan Ki Victoria	SPCS	1.45
=5	Lam Ching Ching	GHS	1.42
=5	Cheong Ka Ching	SPCS	1.42
7	Ng Lok To	HYS	1.42
8	Ng Yuen Yin	PCMS	1.37

Long Jump

1	Lee Ming Wai Katie	DGS	5.21	+ 0.6
2	Yiu Hoi Yan	SHCC	5.17	- 2.4
3	Mok Elite	SHCC	4.99	- 1.5
4	Leung Ching Yi	GHS	4.97	- 0.2
5	Wu Hoi Ting Dianna	DGS	4.89	+ 0.8
6	Chow Wan Ki Victoria	SPCS	4.73	- 0.4
7	Chan Hoi Kay Stephanie	MCS	4.70	- 1.9
8	Wong Man Yee	GHS	4.68	- 0.9

wind speed

Shot Put

1	Ho Yin Chiu	GHS	12.86
2	Woo Wing Yan	GHS	10.30
3	Ng Tze Lok	SPCS	9.37
4	Kwong Tsz Ching	SHCC	9.29
5	Leung Chi Ying	HYS	8.82
6	Liu Wing Sum	HYS	8.80
7	Lai Ho Yan	PCMS	8.11
8	Leung Ya Yuan Rachel	DGS	7.85

Discus

1	Woo Wing Yan	GHS	37.09
2	Yan Tsz Ching	SPCS	29.35
3	Wong Hoi Yi	GHS	28.37
4	Leung Chi Ying	HYS	24.65
5	Kwong Tsz Ching	SHCC	24.53
6	Duen Pui Yee	DGS	24.46
7	Wong Chiu Wai Cherrie	MCS	23.70
8	Ng Tze Lok	SPCS	23.59

Javelin

1	Howe Hei Lee Hillie	SCGS	31.87
2	Tan Min Hua	GHS	30.87
3	Duen Pui Yee	DGS	29.75
4	Chow Lai Yin	HYS	29.48
5	Cheung Yik Kwan	DGS	27.41
6	Wong Yan Yee Ysabel	MCS	25.23
7	Chu Cheen Natalie	MSS	25.16
8	Ho Yin Chiu	GHS	22.97

Girls B Grade

wind speed : + 1.9

100m

1	Lo Ka Lam	GHS	12.45
2	Yan Hoi Tung Abby	MCS	12.49
3	Chan Ka Sin Edith	SCGS	12.55
4	Lau Hiu Yu Hilda	DGS	12.75
5	Yeung Lok Hei Hazel	SPCS	13.18
6	Mak Yee Ki	HYS	13.27
7	Wan Cynthia Hill Kwan	DGS	13.46
8	Cheung Yuet Wah	GHS	13.48

400m

1	Lam Christy Ho Yan	DGS	59.93
2	Leung Hoi Yin	DGS	1 : 2.90
3	Grace Mann	KGV	1 : 3.78
4	Vanessa Ng	KGV	1 : 4.31
5	Cheng Yin Man	GHS	1 : 5.51
6	Li Yuet Yan	HYS	1 : 5.92
7	Kylie Cheung	WIS	1 : 6.07
8	Michelle Yeung	WIS	1 : 6.60

1500m

1	Jemima Jones	WIS	5 : 15.07
2	Eve Lo	KGV	5 : 22.06
3	lee Yuk Ying	HYS	5 : 23.37
4	Lee Suet Ying	DGS	5 : 30.54
5	Ho Cheuk Ying Karen	MCS	5 : 34.58
6	So Chun Wai	GHS	5 : 37.59
7	Mak Yan Yu Joyce	HYS	5 : 42.11
8	Bridget Kriesel	WIS	5 : 51.12

4x100m Relay

1		DGS	51.80
2		GHS	52.23
3		SPCS	52.48
4		SCGS	53.17
5		KGV	55.04
6		SHCC	55.27
7		MCS	55.92

High Jump

1	Yiu Tsz Ching	DGS	1.63
2	So Fuk Lam	GHS	1.47
3	Lara Gander	WIS	1.47
=4	Wong Sze Ting	DGS	1.44
=4	Debbie Kwok Ting Yan	MSS	1.44
6	Chan Ying Sinn	SPCS	1.41
=7	Wu Tsz Yin	GHS	1.35
=7	Leung Wai Ching	HYS	1.35

wind speed : + 0.5

200m

1	Lo Ka Lam	GHS	26.08
2	Yan Hoi Tung Abby	MCS	26.19
3	Chan Ka Sin Edith	SCGS	26.20
4	Lam Christy Ho Yan	DGS	26.46
5	Mak Yee Ki	HYS	27.67
6	Cheng Yin Man	GHS	28.18
7	Wan Cynthia Hill Kwan	DGS	28.42
8	Vanessa Ng	KGV	28.72

800m

1	Jemima Jones	WIS	2 : 29.94
2	Lee Yuk Ying	HYS	2 : 33.25
3	Eve Lo	KGV	2 : 34.99
4	Michelle Yeung	WIS	2 : 35.93
5	Lee Suet Ying	DGS	2 : 36.49
6	Ho Cheuk Ying Karen	MCS	2 : 36.97
7	Tso Sze Ming	DGS	2 : 37.68
8	Wong Wing Yu Natalie	SCGS	2 : 38.22

wind speed : + 0.6

100m Hurdles

1	Leung Hoi Yin	DGS	15.36
2	Cheng Yuet Wah	GHS	16.46
3	Yeung Lok Hei Hazel	SPCS	16.53
4	Ma Kimberly Pearl	SPCS	16.89
5	Wong Yeuk Tung	GHS	16.92
6	Kwok Cheuk Wing	PCMS	17.06
7	Chan Yin Wan	DGS	17.44
8	Tse Sze Wai	HYS	17.59

4x400m Relay

1		DGS	4 : 13.61
2		KGV	4 : 17.32
3		WIS	4 : 18.63
4		HYS	4 : 28.49
5		GHS	4 : 35.33
6		MCS	4 : 36.88
7		MSS	4 : 47.59
8		IS	4 : 53.68

Long Jump

1	Lau Hiu Yu Hilda	DGS	5.26	- 0.7
2	Chan Ying Sinn	SPCS	5.12	- 0.4
3	Lau Yan Yu Yolanda	DGS	4.95	- 0.5
4	Ma Chung Sze	GHS	4.54	- 0.8
5	Wong Yeuk Tung	GHS	4.51	- 0.9
6	Cheng Man Chi Maggi	SHCC	4.50	- 1.1
7	Fung Hiu Wai Beatrice	MCS	4.50	- 0.9
8	Ngan Ho Yiu	HYS	4.45	- 0.9

Shot Put

1	Chang Lok Yi	DGS	11.29
2	Wong Kwan Nga	GHS	10.94
3	Yau Ching	DGS	10.84
4	Wong Ying Suan	GHS	10.02
5	Seung Hui Ying	HYS	9.71
6	Ng Yee Kwan	HYS	9.21
7	Ching Nok Yee	SHCC	8.67
8	Tallulah Acton	WIS	8.54

Discus

1	Chang Lok Yi	DGS	28.25
2	Wong Kwan Nga	GHS	25.49
3	Cheung Naau Yau	HYS	25.36
4	Yau Ching	DGS	24.45
5	Tsang Kei Cheung Chris	MCS	22.98
6	Choi Cho Yu Edith	SCGS	22.12
7	Yee Hiu Ching Eunice	SCGS	21.83
8	Chan Cheuk Shan Peony	MSS	21.24

Javelin

1	Lau Hei Ting	GHS	42.92
2	Ma Ka Man	DGS	28.72
3	Fung Kiu Lok Mona	SPCS	28.30
4	Ching Nok Yee	SHCC	25.05
5	Fung Ka Kiu Kali	DGS	24.77
6	Ip Shuk Yan Tiffany	SPCS	24.73
7	Tallulah Acton	WIS	24.66
8	Cheung Naau Yau	HYS	23.34

Girls C Gradewind speed : + 1.8**100m**

1	Kong Chun Ki	DGS	12.64
2	Lam Yan Tung	DGS	12.86
3	Yue Ya Xin	GHS	13.03
4	Tang Pui Yin	SPCS	13.43
5	Kwok Luen Fong	HYS	13.48
6	Wai Lok Heng Angelica	SCGS	13.69
7	Pang Ching Lam	GHS	13.89
8	Cho Yuen Ling Natalie	MSS	14.22

400m

1	Poon Hang Wai	GHS	1 : 0.36
2	Lau Cheuk Yan Samantha	DGS	1 : 2.69
3	Leung Yee Ting	GHS	1 : 3.42
4	Tsang Yuen Ching S.	MCS	1 : 4.20
5	Chung Wing Yi Grace	SCGS	1 : 7.12
6	Lee Pui Yi	HYS	1 : 7.34
7	Sin Wai Yan Claudia	DGS	1 : 7.94
8	Selina Fawdry	WIS	1 : 9.08

1500m

1	Au Yeung Hok Ka Claire	DGS	5 : 6.65
2	Mumba Hinzano Chelesa	DGS	5 : 26.53
3	Caitlin Fowlds	IS	5 : 28.83
4	Shreya Rane	WIS	5 : 29.67
5	Lee Ho Yan	HYS	5 : 31.77
6	Ruby Chan	WIS	5 : 36.13
7	Lau Mong Yan	GHS	5 : 38.98
8	Perrine Corlin	IS	5 : 40.24

wind speed : + 1.6**200m**

1	Poon Hang Wai	GHS	25.85
2	Kong Chun Ki	DGS	26.59
3	Leung Yee Ting	GHS	27.48
4	Kwok Luen Fong	HYS	27.76
5	Tang Pui Yin	SPCS	27.97
6	Kelly Donohue	IS	28.87
7	Sin Wai Yan Claudia	DGS	28.97
8	Sham Tsz Ching	HYS	29.20

800m

1	Au Yeung Hok Ka Claire	DGS	2 : 24.68
2	Lau Cheuk Yan Samantha	DGS	2 : 25.29
3	Caitlin Fowlds	IS	2 : 36.42
4	Chung Wing Yi Grace	SCGS	2 : 36.63
5	Shreya Rane	WIS	2 : 37.78
6	Mo Yee Nam	HYS	2 : 40.04
7	Lau Mong Yan	GHS	2 : 40.31
8	Lee Ho Yan	HYS	2 : 40.65

wind speed : + 0.3**100m Hurdles**

1	Yuen Wing Nam	DGS	16.49
2	Pang Ching Lam	GHS	16.96
3	Cheung Ching Ting	GHS	17.14
4	Chan Ho Wun Cynthia	MCS	17.22
5	Wong Shuk Yee Irena	SPCS	17.56
6	Yuen Samantha	HYS	18.09
7	Tsui Rachel Pui Yu	DGS	18.61

4x100m Relay

1	DGS	51.38
2	GHS	53.23
3	HYS	54.39
4	SPCS	55.13
5	MSS	55.43
6	SCGS	56.06
7	MCS	56.58
8	WIS	58.12

4x400m Relay

1	GHS	4 : 17.86
2	DGS	4 : 23.87
3	HYS	4 : 33.75
4	MCS	4 : 38.37
5	WIS	4 : 45.61
6	SCGS	4 : 45.92
7	IS	4 : 48.56
8	KGV	4 : 49.57

High Jump

1	Lam Yan Hung	GHS	1.59
2	Wong Yuen Nam Sharon	DGS	1.56
3	Kan Chun	GHS	1.47
4	Chung Wai Yan Phoebe	SCGS	1.44
5	Tang Tiffany Yi Ching	DGS	1.41
6	Chan Yan Lui	SPCS	1.35
7	Zoe McClellan	WIS	1.35
8	Tilda Stevens	IS	1.30

Long Jump

1	Yue Ya Xin	GHS	5.12	+ 1.4
2	Lam Yan Tung	DGS	4.89	+ 2.6
3	Lam Yan Hung	GHS	4.84	+ 1.6
4	Tsang Yuen Ching S.	MCS	4.81	+ 0.9
5	Wong Shuk Yee Irena	SPCS	4.78	+ 0.8
6	So Long Shan	DGS	4.74	+ 0.7
7	Wai Lok Heng Angelica	SCGS	4.70	+ 1.7
8	Wu Xin Yan Bonnie	SPCS	4.66	+ 1.7

Shot Put

1	Lau Cheuk Ting	GHS	10.10
2	Lau Ho Ching Stephanie	DGS	9.17
3	Lam Wing Tung	GHS	8.90
4	M. K. Mak Sum Yue	HYS	8.21
5	Claudia Chan Renee	MSS	8.18
6	Rica Lee	KGV	7.85
7	Ip Shuk Tin Tina	SPCS	7.84
8	Kanjanapas Dawnee	DGS	7.81

Discus

1	Lau Cheuk Ting	GHS	26.14
2	Lam Wing Tung	GHS	26.12
3	M. K. Mak Sum Yue	HYS	22.88
4	Lau Ho Ching Stephanie	DGS	22.79
5	Chow Tsz Ting	HYS	22.44
6	Chung Wai Yan Phoebe	SCGS	22.31
7	Ip Shuk Tin Tina	SPCS	21.10
8	Kanjanapas Dawnee	DGS	20.60

***** The End *****

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-school Athletics Championships 2011/2012
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 Division One 24/02/2012

Boys A Grade		Day 3											
School	Day 2	SP	TJ	400mH	200m	800m	110mH	400m	100m	1500m	4x100	4x400	Total
1 LSC	83	18	9	5	12	13		4	15	13	14	14	200
2 DBS	63	8	9	6	9	12		15		12	18	18	170
3 CGHC	49	2	5	9	3		16		7		4	8	103
4 SJAC	34	7	7	1	4	1	2	3	4		6	4	73
5 YCKMC	29	2	1	2		4	5	7	3			10	63
6 HPCCSS	41	5	4				3	1				2	56
7 PCMS	20	3	1	7			4		2		12	6	55
8 WFN	22		2		6	2		2	5			12	51
9 KGV	28.50	2	1							4	8		43.50
10 NWC	14		11		1		6		1		10		43
11 CSWCSS	33	1								2			36
12 CHECSS	20	6								5			31
13 WYK	18		6			5				1			30
14 SKSS	19.50	2			2								23.50
15 CYT	10			7				5					22
16 YWC	4												4

HONG KONG SCHOOLS SPORTS FEDERATION
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 Division One 24/02/2012

Boys B Grade		Day 3									
School	Day 2	HJ	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	66	14	14	9	16	10	13	7	18	18	185
1 LSC	85	14	10	12	4	4	12	16	14	14	185
3 HPCCSS	56	8				3		5		8	80
3 SJAC	60		1		2	2		1	2	12	80
5 CSWCSS	34	1		7		7	3	2	12	4	70
6 KGV	30	1.50		2		11		6		6	56.50
7 SKSS	21	1	7		5		1		10		45
8 CHECSS	29	2		6							37
9 NWC	21	4.50			1					10	36.50
10 WYK	31	1							4		36
11 WFN	23	5	2	1						2	33
12 PCMS	19				3				8		30
13 YCKMC	20								6		26
14 CGHC	12		3				6				21
15 CYT	12				6		2				20
16 YWC	5	1									6

HONG KONG SCHOOLS SPORTS FEDERATION
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Division One 24/02/2012

Boys C Grade		Day 3								
School	Day 2	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 LSC	68		6	14	8	3	9	12	12	132
2 DBS	52	15	9		6	9	13	18	8	130
3 HPCCSS	41	7	2	10	9	6		14	10	99
4 WFN	18	5	10	7	9	2	5		18	74
5 SJAC	33		7	3	3		7		14	67
6 CSWCSS	26.50		3	1		1	2	10		43.50
7 SKSS	27	5				5		6		43
8 YCKMC	17	3		2		4			4	30
9 CHECSS	21							2	6	29
10 PCMS	11	2				7				20
11 NWC	8							8		16
12 YWC	9.50				2			4		15.50
13 KGV	14						1			15
14 WYK	6									6
15 CGHC	5									5
16 CYT	2									2

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2011/2012
(HK Island and Kowloon)
Division One 24/02/2012

Boys Overall		Day 3			
School		A	B	C	Total
1 LA SALLE COLLEGE	LSC	200	185	132	517
2 DIOCESAN BOYS' SCHOOL	DBS	170	185	130	485
3 HOI PING CHAMBER OF COMMERCE SEC SCHOOL	HPCCSS	56	80	99	235
4 ST. JOSEPH'S ANGLO CHINESE SCHOOL	SJAC	73	80	67	220
5 TWGHS WONG FUT NAM COLLEGE	WFN	51	33	74	158
6 CHEUNG SHA WAN CATHOLIC SECONDARY SCHOOL	CSWCSS	36	70	43.50	149.50
7 CHONG GENE HANG COLLEGE	CGHC	103	21	5	129
8 YU CHUN KEUNG MEMORIAL COLLEGE	YCKMC	63	26	30	119
9 KING GEORGE V SCHOOL	KGV	43.50	56.50	15	115
10 C&M ALLIANCE SUN KEI SECONDARY SCHOOL	SKSS	23.50	45	43	111.50
11 PUI CHING MIDDLE SCHOOL	PCMS	55	30	20	105
12 CHOI HUNG ESTATE CATHOLIC SECONDARY SCHOOL	CHECSS	31	37	29	97
13 NG WAH CATHOLIC SECONDARY SCHOOL	NWC	43	36.50	16	95.50
14 WAH YAN COLLEGE - KOWLOON	WYK	30	36	6	72
15 STFA CHENG YU TUNG SECONDARY SCHOOL	CYT	22	20	2	44
16 YING WA COLLEGE	YWC	4	6	15.50	25.50

HONG KONG SCHOOLS SPORTS FEDERATION
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Girls A Grade Day 3

School	Day 2	DC	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 GHS	62.50	17	15		7	11	9	14	14	149.50
2 DGS	71	5		16	7	7	7	10	12	135
3 HYS	50	6	12	9	4	2.50	8	12	18	121.50
4 SHCC	37	6	3	1		1	8	18	10	84
5 PCMS	28	2		6	15	9	4	8	2	74
6 SPCS	36.50	10			3					49.50
7 MCS	29	4	1	3				4	8	49
8 SCGS	27		6	2		4	1	6		46
9 WIS	19	1							6	26
10 IS	12	1				2.50			4	19.50
11 MSS	13	2			1			2		18
12 KGV	16	1								17

HONG KONG SCHOOLS SPORTS FEDERATION
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(HK Island and Kowloon)
Division One 24/02/2012

Girls B Grade Day 3

School	Day 2	200m	DC	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	83.50	7	16	6	11	16	7	18	18	182.50
2 GHS	64.50	12	8		11	4	10	14	8	131.50
3 HYS	41.50	4	8	7	1	3	3		10	77.50
4 KGV	28	1	1	6		11		8	14	69
4 WIS	39		1	14		3			12	69
6 SPCS	37		1		11		4	12		65
7 MCS	28	7	6	3			7	4	6	61
8 SCGS	15	6	7	1			6	10		45
9 SHCC	23		1					6		30
10 MSS	19.50		2						4	25.50
11 PCMS	10		2		3					15
12 IS	10								2	12

HONG KONG SCHOOLS SPORTS FEDERATION
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Division One 24/02/2012

Girls C Grade Day 3

School	Day 2	LJ	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 GHS	70	17	15	2	13	15	8	14	18	172
2 DGS	63	12	9	16	11	9	16	18	14	168
3 HYS	40	2	6	4	3	3	4	12	12	86
4 SPCS	22	7	4		4		5	10		52
5 SCGS	22	4		5		4	3	6	6	50
6 MCS	16	6			5	5		4	10	46
7 WIS	27	1		4		1		2	8	43

8 IS	19	1	3	6	4	33	
9 MSS	18	1			1	8	28
10 KGV	18	2				2	22
11 SHCC	8	1					9
12 PCMS	4						4

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Championships 2011/2012
(HK Island and Kowloon)
Division One 24/02/2012

Girls Overall Day 3

School		A	B	C	Total
1 DIOCESAN GIRLS' SCHOOL	DGS	135	182.50	168	485.50
2 GOOD HOPE SCHOOL	GHS	149.50	131.50	172	453
3 HEEP YUNN SCHOOL	HYS	121.50	77.50	86	285
4 ST. PAUL'S CONVENT SCHOOL	SPCS	49.50	65	52	166.50
5 MARYKNOLL CONVENT SCHOOL	MCS	49	61	46	156
6 ST. CLARE'S GIRLS' SCHOOL	SCGS	46	45	50	141
7 WEST ISLAND SCHOOL	WIS	26	69	43	138
8 SACRED HEART CANOSSIAN COLLEGE	SHCC	84	30	9	123
9 KING GEORGE V SCHOOL	KGV	17	69	22	108
10 PUI CHING MIDDLE SCHOOL	PCMS	74	15	4	93
11 MARYMOUNT SECONDARY SCHOOL	MSS	18	25.50	28	71.50
12 ISLAND SCHOOL	IS	19.50	12	33	64.50

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 (HK Island and Kowloon)
 Division One
 Day One: 16 February 2012

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 Event 1 High Jump Girls A
 Standard: 1.32 Record: 1.68 (2011)

Position	Name	School	Result	Remark	Points
1	Yeung Man Wai	DGS	1.66	Standard	9
2	Chau Abbey	HYS	1.51	Standard	7
3	Chan Hoi Yi	GHS	1.45	Standard	6
4	Chow Wan Ki Victoria	SPCS	1.45	Standard	5
5	Lam Ching Ching	GHS	1.42	Standard	4
5	Cheong Ka Ching	SPCS	1.42	Standard	4
7	Ng Lok To	HYS	1.42	Standard	2
8	Ng Yuen Yin	PCMS	1.37	Standard	1
	Chan Shu Yiu Mathilda	MCS	1.32	Standard	
	Lenora Yim	KGV	1.32	Standard	
	Ho Hei In	SHCC	1.32	Standard	
	Rachel Wong	WIS	1.32	Standard	
	Wong Yuet Shan	DGS	1.32	Standard	
	Cheung Hiu Lam Nicole	MCS		DN take part	
	Karen Tsang	IS		No Mark	
	Audrey Chaytor	IS		No Mark	
	Wong Bo Yan Bowie	MSS		DN take part	
	Diane Ng	KGV		No Mark	
	Ip Man Hei Claudia	SCGS		No Mark	
	Kam Wing Tsin Venue	SCGS		No Mark	
	Ho Yuen Ting	PCMS		DN take part	
	Jenny Pugh	WIS		No Mark	

=====
 Event 2 Long Jump Girls B
 Standard: 4.05 Record: 5.47 (2006)

Position	Name	School	Result	Remark	Points
1	Lau Hiu Yu Hilda	DGS	5.26	Standard	9
2	Chan Ying Sinn	SPCS	5.12	Standard	7
3	Lau Yan Yu Yolanda	DGS	4.95	Standard	6
4	Ma Chung Sze	GHS	4.54	Standard	5
5	Wong Yeuk Tung	GHS	4.51	Standard	4
6	Cheng Man Chi Maggi	SHCC	4.50	Standard	3
7	Fung Hiu Wai Beatrice	MCS	4.50	Standard	2
8	Ngan Ho Yiu	HYS	4.45	Standard	1
	Lam Lok Wun Chloe	MSS	4.22	Standard	
	Chu Cheuk Fu	HYS	4.19	Standard	
	Shannon Tse	KGV	4.17	Standard	
	Claire Frisinger	IS	4.11	Standard	
	Yukiko Lui	WIS	4.02		
	Da Roza Ana Maria	SHCC	3.95		
	Jane Wright	IS	3.94		
	Debbie Kwok Ting Yan	MSS	3.89		
	Cheryl Yang	KGV	3.84		
	Lam Ching Nam Jasmine	SPCS	3.72		
	Maarya Refaaq	WIS	3.59		
	Lee Yuen Wai Victoria	MCS	3.42		
	Lai Yin Man Naomi	SCGS	3.36		
	Ly Hoi Lam Ivy	SCGS	2.99		

=====
 Event 3 Shot Put Girls C
 Standard: 7.20 (3kg) Record: 10.59 (2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting	GHS	10.10	Standard	9
2	Lau Ho Ching Stephanie	DGS	9.17	Standard	7
3	Lam Wing Tung	GHS	8.90	Standard	6
4	M. K. Mak Sum Yue	HYS	8.21	Standard	5
5	Claudia Chan Renee	MSS	8.18	Standard	4

6	Rica Lee	KGV	7.85	Standard	3
7	Ip Shuk Tin Tina	SPCS	7.84	Standard	2
8	Kanjanapas Dawnee	DGS	7.81	Standard	1
	Chan Ho Yi	HYS	7.79	Standard	
	Chun Sheung Crystal	SCGS	7.33	Standard	
	Katie Brewin	KGV	7.13		
	Serena Wang	WIS	7.03		
	Grace Yang	WIS	6.96		
	Chan Man Ying Tammy	MSS	6.80		
	Ku Cheuk King	SPCS	6.56		
	Yao Suet Ling	PCMS	6.51		
	Wong Sze Lam Jazz	MCS	6.50		
	Shanay Rodrigo	IS	6.13		
	Lai Hoi Jun Tiffany	SCGS	5.83		
	Anna Raftsjo	IS	5.82		
	Liauw Charlene Cheuk Ying	SHCC	4.86		

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Event 4 Shot Put Boys B
Standard: 10.50 (4kg)

Record: 14.70 (2003) (4kg)

Position	Name	School	Result	Remark	Points
1	Ng Ka Hin	SJAC	13.26	Standard	9
2	Yu Chung Yau	CHECSS	13.15	Standard	7
3	Chen Jun Hui	LSC	12.86	Standard	6
4	Chau Lam Sing	SJAC	12.70	Standard	5
5	Chan Ho Yin	CHECSS	12.58	Standard	4
6	Yip Pok Chung	LSC	12.46	Standard	3
7	Ng Jun	DBS	12.10	Standard	2
8	Shiu Tin Yau	HPCCSS	11.97	Standard	1
	Yiu Yi Wing	CSWCSS	11.66	Standard	
	Cho Yip Chak	CSWCSS	11.51	Standard	
	Lee Tin Lok	DBS	11.42	Standard	
	Chan Hok Lim	SKSS	11.40	Standard	
	Hiro Chan	KGV	11.39	Standard	
	Shu Kitamura	KGV	11.38	Standard	
	Ho Chun Yan Wilson	HPCCSS	11.26	Standard	
	Yau Ming Hang	WFN	10.80	Standard	
	Tai Kwan Yue Gabriel	PCMS	10.76	Standard	
	Lam Nam Tony	YCKMC	10.65	Standard	
	Cheng Tung Hei	SKSS	10.59	Standard	
	Wong Michael	WYK	10.53	Standard	
	Tsoi Chi Hang	YCKMC	10.44		
	Wong San Hoi	WFN	10.29		
	Cheung Pui Sum	CGHC	10.18		
	Chan Lon Kiu	PCMS	9.30		
	Ching Kin Chung	NWC	9.06		
	Yang Hoi	CYT	8.92		
	Man Wai Sum	YWC	8.92		
	Li Jia Jie	CYT	8.89		
	Kwok Kang Yuen	WYK	8.66		
	Chan Tin Yeung	CGHC	8.49		
	Kwan Kam Kong	NWC	7.89		
	Chan Chung Yin	YWC		DN take part	

=====
Event 5 Discus Boys C
Standard: 20.00 (1kg)

Record: 43.58 (2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Tsai Tsz Cheung	SKSS	37.62	Standard	9
2	Cheung Hok Kin	SJAC	33.01	Standard	7
3	Liu Kwan Ho	LSC	32.31	Standard	6
4	Ng Chun Him Darren	DBS	30.26	Standard	5
5	Li Felix	LSC	29.14	Standard	4
6	Sean Derman	KGV	27.27	Standard	3
7	Chan Kei Fan	HPCCSS	26.77	Standard	2
8	Au Chin Hang	CHECSS	26.64	Standard	1
	Chung Ho Hin	DBS	26.27	Standard	
	Li Yu Fung	SJAC	25.77	Standard	
	Wong Yat Fung	CSWCSS	25.65	Standard	
	Kan Wui Fung	SKSS	24.15	Standard	
	Liu Tsz Hei	CYT	24.01	Standard	

Mak Kwan Tao	HPCCSS	24.00	Standard
Cheng Chi Kit	PCMS	23.38	Standard
Hung King Hin	YCKMC	23.16	Standard
Chan Chun Wing Win	WYK	22.42	Standard
Yau Wai Laam	WFN	22.39	Standard
Leung Yuk Sen	CSWCSS	21.23	Standard
Ng Kin Ping	CHECSS	20.47	Standard
Mak Sai Cheong	YCKMC	20.21	Standard
Yau Yu tung	CGHC	19.95	
Fong Tsz Kin	CGHC	19.94	
Chan Leong Ming	NWC		No Mark
Ma Tsz Chun Jonathan	YWC		No Mark
Wong Chun Pong	PCMS		No Mark
Lee Chun Him	CYT		No Mark
Chu Ting Sang	NWC		No Mark
Wang Shi Shing	YWC		No Mark
Cheng Chun Yiu	WFN		No Mark
Tam Chak Yin	WYK		No Mark
William Gazeley	KGV		No Mark

=====
Event 6 400m Hurdles Boys A

Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)

					SF	Lane
Heat 1						
1	Tsang Chun Hung	NWC	1: 2.68	Standard	1	6
2	Chan Yik Ching	PCMS	1: 4.54	Standard	2	1
3	Robert Yang	KGV	1: 4.99	Standard		
4	Kan Chun Ngong	CSWCSS	1: 5.24	Standard		
5	Chin Chun Yip	CGHC	1: 5.35	Standard		
6	Chung Lamuel Chi Hay	HPCCSS	1: 6.26	Standard		
7	Leung Chi Lin	SKSS	1: 7.99			
8	Lee Howell	YWC		DN start		
Heat 2						
1	Lai Ho Tat	CGHC	57.58	Standard	1	2
2	Hui Shiu Lun	NWC	1: 0.61	Standard	1	3
3	Chin Ching	PCMS	1: 3.38	Standard	2	7
4	Lam Chin Ngai	HPCCSS	1: 3.93	Standard	1	7
5	Chiu Hong Lam	SKSS	1: 4.85	Standard	2	8
6	Cheung Hoi Yin	CSWCSS	1: 5.88	Standard		
7	Tang Wai Lok Nicolas	YWC		DN start		
8	Krishna Mohinani	KGV		DN start		
Heat 3						
1	Lee Chin Ting	CYT	1: 0.57	Standard	2	3
2	Yuen Kin Long	LSC	1: 1.86	Standard	2	5
3	Leung Cheuk Lun	YCKMC	1: 2.40	Standard	1	5
4	Tam Hoi Shun	CHECSS	1: 4.89	Standard	1	8
5	Chau Hing Lung	SJAC	1: 4.96	Standard		
6	Li Kwong Hang	WFN	1: 6.20	Standard		
7	Li Chak Tao Derek	DBS	1: 7.48			
Heat 4						
1	Ho Tsz Fung	DBS	1: 0.53	Standard	2	2
2	Lee Ho Ching	LSC	1: 0.78	Standard	1	4
3	Lee Ho Wing	SJAC	1: 1.39	Standard	2	4
4	Cheng Hoi Man	YCKMC	1: 3.19	Standard	2	6
5	Yip Sai Chung	WFN	1: 3.97	Standard	1	1
6	Fung Kwun Ping	WYK	1: 4.98	Standard		
7	Tsui Chi Shing	CHECSS		DN start		

=====
Event 7 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

					SF	Lane
Heat 1						
1	Chung Cheuk Hei	DBS	24.86	Standard	2	3
2	Cheng Long Hei	YCKMC	26.21	Standard	2	6
3	Chan Chun Hei	CSWCSS	27.36	Standard		
4	Poon Shing Him	SJAC	27.38	Standard		
5	Chan Man Kit	CGHC	28.22			
6	Lin Kwan Hang	CHECSS	29.29			
7	Ng Hei Shun	SKSS	29.77			
8	Fong King Ho	WYK	31.07			
Heat 2						
					SF	Lane

1	Chau Yung Ho Michael	DBS	23.93	Standard	1	2
2	Poon Kwok Pui	YCKMC	25.20	Standard	1	3
3	Law Kin Fung	SKSS	25.79	Standard	2	4
4	Cheng Yu Ching	SJAC	26.38	Standard	2	7
5	Leung Chung Hang	CGHC	26.63	Standard	1	1
6	Chan Ka Lok	CSWCSS	27.04	Standard	2	8
7	Leung Ka Kiu	CHECSS	27.51			
8	Lei Yiu Ting	WYK	27.70			

Heat 3 SF Lane

1	Cheung Man Shun Manson	WFN	26.15	Standard	1	5
2	Ho Chik Hin	YWC	26.80	Standard	2	1
3	Tsang Churn	PCMS	27.25	Standard	1	8
4	Li Hai Wan	HPCCSS	27.40	Standard		
5	Leung Kevin Chu Wai	LSC	27.68			
6	Ciaran Glen	KGV	28.64			
7	Wong Lok Wai	NWC	29.75			
8	Sit Hiu Fung	CYT	31.23			

Heat 4 SF Lane

1	Sze Kin Ho	HPCCSS	24.66	Standard	2	2
2	Luk Kin Wang	WFN	25.42	Standard	1	4
3	Kwok Wai Ching	PCMS	26.10	Standard	2	5
4	Chan Chun Ho	NWC	26.16	Standard	1	6
5	Lee Ching Yu	LSC	26.51	Standard	1	7
6	James Hughes	KGV	27.85			
7	Sze Yu Kit	CYT	30.26			
8	Hau Chun Kuen	YWC		DN start		

=====
Event 8 200m Boys B

Standard: 26.50 Record: 22.13 (2010)

Heat 1 SF Lane

1	Wong Wai Kin	LSC	23.85	Standard	1	4
2	Tso Chun Wing	NWC	24.67	Standard	2	6
3	Lau Kin Hei	PCMS	24.72	Standard	2	7
4	So Chak Kwan	YWC	25.38	Standard		
5	Chung King Chung	CYT	25.58	Standard		
6	O Chun Yee	HPCCSS	26.00	Standard		
7	Chan Cham Ki Jeremy	WFN	26.90			
8	Sachin Budhrani	KGV	30.38			

Heat 2 SF Lane

1	Chan Hiu Nam Gabriel	LSC	23.66	Standard	2	3
2	Zachary Powner	KGV	24.87	Standard	1	7
3	Cheung Kin Yan	WFN	24.93	Standard	1	1
4	Choy Po Hang	PCMS	24.96	Standard	2	1
5	Leung Ho Pan	HPCCSS	25.25	Standard		
6	Lau Lap Kuen	CYT	25.89	Standard		
7	Ng Clinton	YWC	26.03	Standard		
8	Ho Kwok Chung	NWC	27.10			

Heat 3 SF Lane

1	Wong Tsz Hin	DBS	23.58	Standard	2	2
2	Li Siu Hang Jacky	CSWCSS	24.98	Standard	1	8
3	Li Chung Chak	YCKMC	24.98	Standard	2	8
4	Kwok Tsz Hin Simon	SJAC	25.17	Standard		
5	Choy Chung Yau	SKSS	25.91	Standard		
6	Yip Siu Fung	CGHC	26.24	Standard		
7	Chan Tsz Him	WYK	26.41	Standard		
8	Mak Kwai Chung	CHECSS	26.48	Standard		

Heat 4 SF Lane

1	Li Wing Fai	DBS	23.50	Standard	1	2
2	Lam Ka Lok	SKSS	23.70	Standard	1	3
3	Wu Chi Kwan	CGHC	23.95	Standard	2	4
4	Chun Chi Sing	YCKMC	24.28	Standard	2	5
5	Lee Ka Chun	CSWCSS	24.36	Standard	1	5
6	Chow Yiu Chun	SJAC	24.65	Standard	1	6
7	So Kin Pang	WYK	25.49	Standard		
8	Li Chun Ki	CHECSS	25.60	Standard		

=====
Event 9 200m Boys A

Standard: 25.50 Record: 21.53 (2007)

Heat 1 SF Lane

1	Kwan Chun Ming	HPCCSS	24.33	Standard	1	7
2	Choy Kwan Wai	PCMS	24.93	Standard	2	8
3	Chan Kai Ming	CSWCSS	24.95	Standard	1	8
4	Yeung Wai Shing	YWC	25.09	Standard		
5	Ng Chun Man	CGHC	25.10	Standard		
6	Andrew Fraser	KGV	25.13	Standard		
7	Lee Ching Yin	SKSS	25.62			
8	Wong Tsz Hin	NWC	25.75			
Heat 2					SF	Lane
1	Ho Ka Tsun	SKSS	23.45	Standard	1	4
2	Ho Ping Kwan	CGHC	23.51	Standard	2	4
3	Chan Ching Lam	NWC	23.60	Standard	1	5
4	Ting Chris	CSWCSS	24.20	Standard	2	6
5	Lam Hok Man	PCMS	24.31	Standard	2	7
6	Tsang Hon Lam	YWC	25.18	Standard		
7	Brian Hui	KGV	25.32	Standard		
8	Hau Siew Hin	HPCCSS	25.73			
Heat 3					SF	Lane
1	Chan Yan Lam	DBS	22.52	Standard	1	2
2	Li Lut Yin	LSC	23.57	Standard	2	5
3	Chan Yu Hong	YCKMC	24.61	Standard	2	1
4	Liu Chung Lung	SJAC	25.76			
5	Li Fuk Yeung	WFN	26.38			
6	So Kenneth Ka Shun	WYK		DN start		
7	Kwan Chun Chi	CHECSS		DN start		
Heat 4					SF	Lane
1	Tsu Ka Chon	LSC	23.11	Standard	2	2
2	Kooh Lok Man	WFN	23.13	Standard	2	3
3	Lam Oscar Wang Chun	SJAC	23.29	Standard	1	3
4	Wong Hao Keng	YCKMC	23.93	Standard	1	6
5	Li Yin Kei	DBS	24.37	Standard	1	1
6	Wong Sum Lung	CHECSS	25.74			
7	Wong Yu Fung	WYK	28.02			

=====
Event 10 1500m Girls C

Standard: 6:30.00

Record: 5:02.16 (2003)

Final

				Points
1	Au Yeung Hok Ka Claire	DGS	5: 6.65	9
2	Mumba Hinzano Chelesa	DGS	5:26.53	7
3	Caitlin Fowlds	IS	5:28.83	6
4	Shreya Rane	WIS	5:29.67	5
5	Lee Ho Yan	HYS	5:31.77	4
6	Ruby Chan	WIS	5:36.13	3
7	Lau Mong Yan	GHS	5:38.98	2
8	Perrine Corlin	IS	5:40.24	1
9	Mak Ho Yi	GHS	5:48.81	
10	Cheng Yuk Ping Kate	SCGS	5:51.44	
11	Madeleine Thomas	KGV	5:53.20	
12	Chui Ka Kiu Christy	SCGS	5:55.42	
13	Ng Tsz Yau	HYS	5:57.30	
14	Yi Go	KGV	5:59.44	
15	Wong Lok Yee Joyce	SHCC	6: 5.98	
16	Wong Chak Yan	SHCC	6: 6.41	
17	Mary Lau Hei Yiu	MSS	6: 7.73	
18	Li Hui Tou Vanessa	MSS	6: 7.88	
19	Wong Ying Ching Cynthia	MCS	6:13.95	
20	Lam Yu Sze Chelsea	SPCS	6:15.64	
21	Chau Jacinta Cheuk Ying	SPCS	6:36.23	
22	Yum Christine	PCMS	7:19.77	
23	Lai Jessica	MCS		
24	Chan Pan Nga Beverly	PCMS		

=====
Event 11 1500m Girls B

Standard: 6:25.00

Record: 4:52.98 (2000)

Final

				Points
1	Jemima Jones	WIS	5:15.07	9
2	Eve Lo	KGV	5:22.06	7
3	lee Yuk Ying	HYS	5:23.37	6
4	Lee Suet Ying	DGS	5:30.54	5

5	Ho Cheuk Ying Karen	MCS	5:34.58	4
6	So Chun Wai	GHS	5:37.59	3
7	Mak Yan Yu Joyce	HYS	5:42.11	2
8	Bridget Kriesel	WIS	5:51.12	1
9	Tso Sze Ming	DGS	5:53.25	
10	Lau In Tung Edith	SCGS	5:54.22	
11	Leung Yan Yee Eunice	MCS	5:57.73	
12	Sarah Stamp	IS	5:58.32	
13	Tania Poelmann	KGV	6: 0.25	
14	Ching Cho Miu	GHS	6: 0.47	
15	Wong Yan Kiu	PCMS	6:15.08	
16	Yuen Ka Sum	SPCS	6:15.49	
17	Chan Wing Yan Chloe	SCGS	6:18.43	
18	Daphne Wong Sui Xin	MSS	6:26.21	
19	Cheung Chi Yan Claudia	SPCS	6:32.32	
20	Chan Yau Kei	SHCC	6:50.70	
21	Dulani Venus	MSS		
22	Ella Nowroz	IS		
23	Wu Tsz Miu Judy	PCMS		
24	Yau Yuet Ching	SHCC		

=====
Event 12 1500m Girls A

Standard: 6:15.00 Record: 5:04.95 (2007)

Final				Points
1	Wu Sum Yi	DGS	5:20.73	9
2	Ling Man Sze	DGS	5:27.60	7
3	Choi Yan Yin	HYS	5:36.09	6
4	Wong Tsz Yan	PCMS	5:36.16	5
5	Leung Tak Wing Stephanie	MCS	5:40.29	4
6	Tess Masters	WIS	5:44.04	3
7	Wendy Herrera	KGV	5:45.65	2
8	Vickie Ip	IS	5:45.73	1
9	Katherine Cai	KGV	5:46.43	
10	Yeung Cheuk Sze Charis	MCS	5:46.67	
11	Su Jennifer Ming Yin	SCGS	5:47.23	
12	Jenny Pugh	WIS	5:49.05	
13	Krishnan Nina Joanne	SPCS	5:51.68	
14	Sin Chin Wing Sonia	HYS	5:51.89	
15	Isabelle Basford	IS	5:58.32	
16	Chow Yau Josephine	SCGS	6: 0.81	
17	Ng Yin Ki	PCMS	6: 2.89	
18	Hung Ching Yan	GHS	6: 8.30	
19	Ng Pui Yin	GHS	6:15.78	
20	Lam Wing Sum	SHCC	6:29.76	
21	Cheng Hin Yau	SHCC	6:51.77	
22	Cheung Hiu Ching	SPCS		

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Event 13 Shot Put Girls B

Standard: 7.50 (3kg) Record: 12.25 (2009) (3kg)

Position	Name	School	Result	Remark	Points
1	Chang Lok Yi	DGS	11.29	Standard	9
2	Wong Kwan Nga	GHS	10.94	Standard	7
3	Yau Ching	DGS	10.84	Standard	6
4	Wong Ying Suan	GHS	10.02	Standard	5
5	Seung Hui Ying	HYS	9.71	Standard	4
6	Ng Yee Kwan	HYS	9.21	Standard	3
7	Ching Nok Yee	SHCC	8.67	Standard	2
8	Tallulah Acton	WIS	8.54	Standard	1
	Chan Hei Ching	PCMS	8.46	Standard	
	Elizabeth Wong	KGV	8.32	Standard	
	Amelia Tam	KGV	8.00	Standard	
	Wong Ho Chi	MCS	7.92	Standard	
	Tsang Kei Cheung Christy	MCS	7.75	Standard	
	Lam Lok Man	SHCC	7.74	Standard	
	Micaela Jade Jansen	MSS	7.73	Standard	
	Fung Kiu Lok Mona	SPCS	7.65	Standard	
	Lau Shut Yan	PCMS	7.61	Standard	
	Kyrstie Brown	WIS	7.49		
	Chan Cheuk Shan Peony	MSS	7.00		

Yee Hiu Ching Eunice	SCGS	6.98	
Lam Ching Wun	SPCS	6.72	
Choi Cho Yu Edith	SCGS	6.30	
Clare Coverdale	IS		DN take part
Louise Hannaford	IS		DN take part

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Event 14 Discus Boys A
Standard: 26.00 (1.5kg) Record: 47.86 (2010) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Yee Hon Fai Andy	LSC	40.54	Standard	9
2	Cheung Yat Lun	SJAC	39.80	Standard	7
3	Chow Pong Wai Michael	HPCCSS	35.05	Standard	6
4	So Ka Ming	CGHC	34.98	Standard	5
5	Ng Samuel Oliver Wah Sam	SKSS	34.57	Standard	4
6	Lui Tai Lun Terence	LSC	34.37	Standard	3
7	Chan Wing Chung	CSWCSS	31.99	Standard	2
8	Lau Ka Yin	DBS	31.14	Standard	1
	Chris Maize	KGV	29.05	Standard	
	Tam Wai Lam	CHECSS	28.66	Standard	
	Li Yu Tat	SJAC	28.52	Standard	
	Leung Lok Hei	CSWCSS	28.37	Standard	
	Tam Tsz Fung	SKSS	28.27	Standard	
	Ngai Ho Sum	NWC	28.26	Standard	
	Suen Ho Kwan	PCMS	27.67	Standard	
	Lo Tsz Wo	PCMS	27.59	Standard	
	Cheng Pok Man	HPCCSS	27.22	Standard	
	Lam Kwok Wing	YCKMC	26.84	Standard	
	Ngan Wing Yiu	CGHC	26.54	Standard	
	Cheung Ting Hong	YCKMC	26.15	Standard	
	James Park	KGV	25.34		
	Chan Curtis	YWC		No Mark	
	Ng Chun Yan	YWC		No Mark	
	Liu Hin Lok	WYK		No Mark	
	Lin Yat Nam	CHECSS		No Mark	
	Yeung Cheuk Kei Jacky	DBS		No Mark	
	Li Tsz Hang	NWC		No Mark	

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Event 15 High Jump Boys A
Standard: 1.62 Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Tse Ming Fung	LSC	1.92	Standard	9
2	Yau Tze Ching	DBS	1.89	Standard	7
3	Li Yuk Lok	WFN	1.86	Standard	6
4	Chiu Wai Hei	CSWCSS	1.83	Standard	5
5	Liu Kwok Kwan	CGHC	1.83	Standard	4
6	Lam Yu Hin Murphy	DBS	1.83	Standard	3
7	Yeung Pak Hei	WYK	1.77	Standard	2
8	Chin Ching Yiu	SKSS	1.72	Standard	1
8	James Edwards	KGV	1.72	Standard	1
	Eng Chun Kit	NWC	1.71	Standard	
	Wong Wang Kei	SKSS	1.71	Standard	
	Tsoi Kai Ching	LSC	1.71	Standard	
	Joshua Chen	KGV	1.67	Standard	
	Law Ho Fai	CSWCSS	1.67	Standard	
	Chu Ka Ching	HPCCSS	1.67	Standard	
	Seto King Fung	WYK	1.67	Standard	
	Wong Kin Shing	CYT	1.67	Standard	
	Yeung Ka Leung	HPCCSS	1.67	Standard	
	Wong Ka Lun	CHECSS	1.62	Standard	
	Sin Tung	YCKMC	1.62	Standard	
	Wan Cheuk Fung	CHECSS	1.62	Standard	
	Sin Tsz Fung	CGHC	1.62	Standard	
	Ng Ka Hin	YWC		DN take part	
	Chung Sui Lun	NWC		No Mark	
	Yung Wan Kit	YCKMC		No Mark	
	Li Ho Yin	WFN		No Mark	
	Lee Hau Yin	PCMS		DN take part	
	Man Shing Fung Ian	YWC		No Mark	

Event 16 Long Jump Boys C

Standard: 4.70

Record: 6.25 (2006)

Position	Name	School	Result	Remark	Points
1	Yee Hon Chung	LSC	5.58	Standard	9
2	Chan Yun Tung	HPCCSS	5.48	Standard	7
3	Tsang Sze Heng	DBS	5.36	Standard	6
4	Yu Wai Lim	YCKMC	5.32	Standard	5
5	Pang Kit Ching	LSC	5.19	Standard	4
6	Ko Ho Long	SJAC	5.12	Standard	3
7	Sin Ho Man	CHECSS	5.10	Standard	2
8	Cheung Tin Chun Calvin	DBS	5.07	Standard	1
	Kwok Lo Fung	CGHC	4.99	Standard	
	Yu Man Lok	YWC	4.92	Standard	
	Yao Xiao Tong	HPCCSS	4.87	Standard	
	Douglas Ryan Alexander	SKSS	4.77	Standard	
	Chow Kan Sin	CHECSS	4.71	Standard	
	Lai Pak Hoi	WFN	4.66		
	Wang Shi Sheng	YWC	4.64		
	Leung Tsz Long	NWC	4.53		
	Sham Yat Hong Terry	WFN	4.44		
	Kwan Ho Cheung	NWC	4.36		
	Wong Sung Hei	WYK	4.35		
	Chan Chun Hei	CSWCSS	4.34		
	Lam Sze Lik	CSWCSS	4.20		
	Chan Kin Ming	WYK	4.16		
	Wong King To	YCKMC	4.08		
	Lee Chun Him	CYT	4.02		
	Tam Yun Lam	SJAC	4.01		
	Wong King Lok	SKSS	3.94		
	Leung Hin Shek	CGHC	3.87		
	Fung Man Yin	PCMS	3.85		
	Yip Ngo Lam	PCMS	3.58		
	Ha Hin Cheung	CYT	3.01		
	Jonathan Tse	KGV		DN take part	
	Alastair Lee	KGV		No Mark	

Event 17 1500m Boys C

Standard: 5:20.00

Record: 4:31.24 (2008)

Heat	Name	School	Result	Remark	Final Lane
1	Wong Hong Kit	LSC	5: 5.27	Standard	5
2	Yik Cheuk Ting	WFN	5: 7.88	Standard	7
3	Lai Nok Hei	DBS	5: 7.90	Standard	8
4	Li Ka Shun	HPCCSS	5: 7.99	Standard	9
5	Chan Chi Shing	YCKMC	5: 8.48	Standard	10
6	Justin Cheng	KGV	5:14.56	Standard	
7	Tsun Kwan Lee	CHECSS	5:16.51	Standard	
8	Mok Po Chun	SKSS	5:20.70		
9	Leung Chung Sum	WYK	5:21.07		
10	Ching Kwan Yeung	CSWCSS	5:22.52		
11	Au-Yeung Kin Yat	PCMS	5:41.54		
12	Tsui Ka Kit	CYT	5:43.85		
13	Ip Ka Shing	YWC	5:44.04		
14	Pang Hong Kin	NWC	6: 7.56		
15	Kwong Pak Chung	CGHC		DN start	
16	Chung Ho Yeung	SJAC		DN start	
Heat 2					Final Lane
1	Chan Efoo Ajibola	DBS	4:43.76	Standard	1
2	Chan Ki Yan	WFN	4:54.07	Standard	2
3	Kwong Kam Cheong	SJAC	4:55.44	Standard	3
4	Clarence Ma	KGV	5: 3.37	Standard	4
5	Koo Hoi Sau	CSWCSS	5: 6.81	Standard	6
6	Chen Man Hoi	LSC	5: 8.64	Standard	11
7	Man Fong Cheung	PCMS	5:13.38	Standard	12
8	Chan Tsz Sum	WYK	5:20.69		
9	Lee Yat Long	HPCCSS	5:26.16		
10	Chang Man Ho	CHECSS	5:26.29		
11	Yip Tung Sing	CGHC	5:28.58		
12	Sze Siu Lung	CYT	5:39.08		
13	Wong Chun Yi	YCKMC	5:50.45		

14	Cheung Sui Cheong	NWC	5:51.25	
15	Pun Hin Man	SKSS	5:52.74	
16	Hau Chun Kuen	YWC		DN start

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 Event 18 1500m Boys B
 Standard: 5:00.00

Record: 4:18.96 (2010)

Heat 1

Final Lane

1	Michael Lam	KGV	4:34.74	Standard	2
2	Chan Arthur Hok Man	LSC	4:36.77	Standard	3
3	Heung Chin Tung	HPCCSS	4:42.14	Standard	4
4	Kwok Kim Wai	NWC	4:42.68	Standard	5
5	Jiang Zixin	DBS	4:44.06	Standard	7
6	Cheung Hin Lok	WYK	4:49.72	Standard	11
7	Li Ka Tsun	CHECSS	4:55.20	Standard	
8	Cheung Wang Fung	WFN	4:55.57	Standard	
9	Sung Chi Hin	CSWCSS	4:55.78	Standard	
10	Yan Long Ting	SJAC	4:56.17	Standard	
11	Chan Wai Tung	PCMS	5: 9.97		
12	Chau Kai Chung	CGHC	5:10.70		
13	Tang Chi Long	YCKMC	5:12.10		
14	Chan Kwong Wa	CYT	5:32.80		
15	Choi Tsz Ho	SKSS	5:37.57		
16	Wong King Fung	YWC	5:41.05		

Heat 2

Final Lane

1	Chan Alfred Hon Man	LSC	4:33.44	Standard	1
2	Chu Po Wah	CSWCSS	4:43.42	Standard	6
3	Tsang Tsz Wang	DBS	4:44.14	Standard	8
4	Lui Chun Kit	CHECSS	4:44.34	Standard	9
5	Ho Juen Ko	KGV	4:45.13	Standard	10
6	Yuen Tsun Hei	SJAC	4:50.22	Standard	12
7	So Cheuk Lam	WYK	4:53.14	Standard	
8	Chan Chak Wing	YCKMC	4:53.40	Standard	
9	Kwong Brian	WFN	4:53.54	Standard	
10	Tsoi Ka Kit	NWC	4:53.77	Standard	
11	Li Tung Pui Matthew	PCMS	5: 0.34		
12	Lee Ka Yiu	HPCCSS	5: 2.82		
13	Chong Ho Long	CYT	5:17.22		
14	Chiu Chee Keen	CGHC	5:22.69		
15	Chow Man Kei	SKSS			DN start
16	Tse Ho Ming	YWC			DN start

=====
 Event 19 1500m Boys A
 Standard: 4:58.00

Record: 4:05.76 (2004)

Heat 1

Final Lane

1	Lee Cho Wai Jimmy	DBS	4:22.42	Standard	3
2	Chan Ho Yin	CHECSS	4:23.71	Standard	5
3	Li Tsz Hei	LSC	4:25.23	Standard	6
4	Ng Hoi Ho	YCKMC	4:33.41	Standard	9
5	Lee Lik On	CGHC	4:36.73	Standard	10
6	Hui Man Lok	CSWCSS	4:40.76	Standard	
7	Cheung Felix Ho Nin	WYK	4:45.54	Standard	
8	Kam Siu Fung	HPCCSS	4:48.37	Standard	
9	Louis Leung	KGV	4:59.09		
10	Lau Cheuk Kit	SJAC	4:59.83		
11	Yip Sai Chung	WFN	5: 0.59		
12	Tsoi Ka Cheuk	NWC	5: 7.89		
13	Leung Ho Yin	PCMS	5:14.58		
14	Chan Kwok Hong	CYT	5:19.70		
15	Chan Ho Hin	YWC	5:23.19		
16	Cheung Long Ting	SKSS	5:34.53		

Heat 2

Final Lane

1	Kwok Wing Kan	LSC	4:18.87	Standard	1
2	Mitchelmore Sam Brian	DBS	4:20.15	Standard	2
3	Ryan Cheung	KGV	4:23.38	Standard	4
4	Chung Man Kin	WYK	4:27.72	Standard	7
5	Ho Cho Wai	YCKMC	4:28.92	Standard	8
6	Law Kai Wai	CGHC	4:38.04	Standard	11
7	So Man Ho	CSWCSS	4:39.52	Standard	12
8	Chu Chun Fore Mars	CHECSS	4:48.39	Standard	

9	Lau Kwun Pong	CYT	4:50.46	Standard
10	Tsang Hoi Kin	SJAC	4:56.57	Standard
11	Kwok Kin Kwan	PCMS	4:57.85	Standard
12	Lee Chun Yin Oscar	YWC	5:13.10	
13	Wong Tsz Yuen	WFN	5:17.19	
14	Au Ka Hang	NWC	5:21.77	
15	Leung Ho Pui	SKSS	5:47.27	

=====
Event 20 400m Girls C

Standard: 1:15.00 Record: 58.78 (2000)

				Final Lane
Heat 1				
1	Leung Yee Ting	GHS	1: 4.67	Standard 5
2	Tsang Yuen Ching S.	MCS	1: 6.04	Standard 6
3	Chung Wing Yi Grace	SCGS	1: 7.60	Standard 7
4	Lee Pui Yi	HYS	1: 9.06	Standard 1
5	Myu Inoue	IS	1:10.37	Standard
6	Joylynn Chen	KGV	1:13.92	Standard
7	Moeno Matsukage	WIS	1:13.92	Standard
8	Ho Tse Wing Winnie	SHCC	1:14.86	Standard

				Final Lane
Heat 2				
1	Poon Hang Wai	GHS	1: 1.02	Standard 2
2	Sin Wai Yan Claudia	DGS	1: 4.43	Standard 4
3	Selina Fawdry	WIS	1:10.13	Standard 8
4	Rochelle Wong	MSS	1:11.70	Standard
5	Chim Yuek Yue Nicole	SPCS	1:14.22	Standard
6	Chung Wai Yan	PCMS	1:14.49	Standard
7	Ashley Keung	KGV	1:16.00	
8	Natasha Daryanani	IS	1:16.90	

				Final Lane
Heat 3				
1	Lau Cheuk Yan Samantha	DGS	1: 3.12	Standard 3
2	Kwok Jommy	MCS	1:11.69	Standard
3	Chan Yuen Kiu	HYS	1:13.25	Standard
4	Mo Pui Ki Cindy	SCGS	1:13.84	Standard
5	Tse Tak Sin Jacqueline	MSS	1:14.03	Standard
6	Wu Xin Yan Bonnie	SPCS	1:16.25	
7	Yung Man Ting	PCMS	1:17.06	
8	Chow Ka Yan	SHCC	1:24.95	

=====
Event 21 400m Girls B

Standard: 1:13.00 Record: 57.29 (2002)

				Final Lane
Heat 1				
1	Vanessa Ng	KGV	1: 4.84	Standard 4
2	Li Yuet Yan	HYS	1: 7.50	Standard 1
3	Kylie Cheung	WIS	1: 7.76	Standard 8
4	Chan Tsz Wing	GHS	1: 9.44	Standard
5	Lucy Wyatt	IS	1: 9.47	Standard
6	Mak Natalie Ngai Yee	SHCC	1:10.45	Standard
7	Wong Wing Yu Natalie	SCGS	1:11.02	Standard
8	Ho Jun Wai Kristie	MCS	1:15.25	

				Final Lane
Heat 2				
1	Lam Christy Ho Yan	DGS	1: 1.71	Standard 2
2	Cheng Yin Man	GHS	1: 4.90	Standard 5
3	Grace Mann	KGV	1: 5.78	Standard 6
4	Michelle Yeung	WIS	1: 6.13	Standard 7
5	Wong Wai Ying Katherine	MSS	1: 9.98	Standard
6	Isabella Kende	IS	1:11.70	Standard
7	Lam Ching Nam Jasmine	SPCS	1:11.85	Standard
8	Li Wing Yin Janice	PCMS	1:11.96	Standard

				Final Lane
Heat 3				
1	Leung Hoi Yin	DGS	1: 2.63	Standard 3
2	Ma Kimberly Pearl	SPCS	1: 9.08	Standard
3	Au Cheuk Kiu Stephanie	MSS	1:10.41	Standard
4	Chu Cheuk Fu	HYS	1:11.39	Standard
5	Chan Jessie Hoi Lam	MCS	1:11.62	Standard
6	Tse Yuen Sum Rennus	SCGS	1:12.63	Standard
7	Wong Yi Ching	SHCC	1:18.94	

=====
Event 22 400m Girls A

Standard: 1:12.50 Record: 58.29 (1999)

Heat 1					Final Lane
1	Tse Kar Man	GHS	1: 5.16	Standard	6
2	Yeung Wai Lam Rachel	SCGS	1: 5.78	Standard	1
3	Chan Hui Yan Stephanie	SHCC	1: 6.87	Standard	
4	Chan Chi Yan	HYS	1: 8.06	Standard	
5	Chloe Cheung	WIS	1: 8.46	Standard	
6	Lenora Yim	KGV	1: 9.80	Standard	
7	Yiu Pei Tung Stephanie	MCS	1:12.25	Standard	
8	Amalissa Hall	IS	1:18.69		

Heat 2					Final Lane
1	Lui Lai Yiu	PCMS	1: 1.06	Standard	2
2	Chan Yee Ki	DGS	1: 1.43	Standard	3
3	Li Winkie	GHS	1: 4.25	Standard	5
4	Nola Derweduwe	IS	1: 6.60	Standard	8
5	Ella Morrison	WIS	1: 8.48	Standard	
6	Lois Capon	KGV	1: 8.94	Standard	
7	Cheong Ka Ching	SPCS	1:15.40		
8	Hester Law	MSS	1:16.82		

Heat 3					Final Lane
1	Lo Yuk Ting	SHCC	1: 3.89	Standard	4
2	Pang Hiu Yan Sharon	HYS	1: 5.50	Standard	7
3	Chan Shue Ting Naomi	MCS	1: 9.02	Standard	
4	Ng Sze Wing	SPCS	1:11.86	Standard	
5	Lo Ho Yan	SCGS	1:12.30	Standard	
6	Hilary Ng Wei Hung	MSS	1:12.32	Standard	
7	Chau Yi Lam Amy	DGS	1:12.64		
8	Ng Yuen Yin	PCMS		DN start	

Event 23 400m Boys C

Standard: 1:04.00

Record: 51.23 (2008)

Heat 1					SF	Lane
1	Chung Cheuk Hei	DBS	59.54	Standard	1	3
2	Chen Ka Ho	SJAC	1: 2.47	Standard	1	1
3	Cheng Long Hei	YCKMC	1: 3.48	Standard	2	8
4	Lei Yiu Ting	WYK	1: 3.65	Standard	1	8
5	Wong Chak Lun	CSWCSS	1: 5.23			
6	Wong Kai Lam	CHECSS	1: 7.59			
7	Ng Hei Shun	SKSS	1: 9.98			
8	Chan Ho Ming	CGHC	1:10.08			

Heat 2					SF	Lane
1	Wong Chi Fung	SJAC	59.92	Standard	2	5
2	Chan Ka Lok	CSWCSS	1: 1.09	Standard	2	6
3	Jim Ho Yin	WYK	1: 1.97	Standard	1	7
4	Leung Long Yin	DBS	1: 2.55	Standard	2	1
5	Leung Ka Kiu	CHECSS	1: 3.99	Standard		
6	Yu Wai Lim	YCKMC	1: 4.07			
7	Cheung Tsz Yan	SKSS	1: 6.28			
8	So Ka Hang	CGHC	1:16.42			

Heat 3					SF	Lane
1	Cheung Man Shun Manson	WFN	59.91	Standard	2	4
2	Li Hai Wan	HPCCSS	1: 0.22	Standard	1	5
3	Pang Kit Ching	LSC	1: 0.26	Standard	1	6
4	Nikhil Makharia	KGV	1: 1.19	Standard	2	7
5	Che Wai Ho	NWC	1: 3.91	Standard		
6	Tsang Dillon Casey	PCMS	1: 5.75			
7	Cheng Man Hin	YWC	1: 6.25			
8	Cheung Kai Chun	CYT	1: 7.15			

Heat 4					SF	Lane
1	Sze Kin Ho	HPCCSS	56.87	Standard	1	2
2	Chan Cheuk Lam	LSC	57.37	Standard	2	2
3	Law Ho Fung	WFN	58.73	Standard	2	3
4	Wong Man Ho Herman	YWC	59.67	Standard	1	4
5	Rahul Balani	KGV	1: 4.37			
6	Kwan Ho Cheung	NWC	1: 6.35			
7	Yung Kai Chun	PCMS	1: 8.36			
8	Lin Hoi Ming	CYT	1:13.21			

Event 24 400m Boys B

Standard: 1:00.00

Record: 49.72 (2010)

					SF	Lane
Heat 1						
1	Chung King Chung	CYT	56.89	Standard	1	5
2	Sue Yui Sum	WFN	57.30	Standard	1	1
3	Zachary Powner	KGV	57.60	Standard	2	1
4	Kwok Yat Nam	NWC	57.78	Standard	2	8
5	Cheng Shing	LSC	58.12	Standard		
6	Leung Ho Pan	HPCCSS	58.73	Standard		
7	Cheng Ching Hei	YWC	1: 0.19			
8	Cheng Vincent Isaac	PCMS	1: 0.74			

					SF	Lane
Heat 2						
1	Shu Kitamura	KGV	55.42	Standard	2	2
2	Li Man Fung Timothy	LSC	55.73	Standard	2	3
3	Share Tsz Hin	NWC	56.15	Standard	1	3
4	O Chun Yee	HPCCSS	57.02	Standard	1	6
5	Lau Lap Kuen	CYT	57.79	Standard	1	8
6	Wong Kin Chung	WFN	57.95	Standard		
7	Chan Yui Ting Derick	PCMS	1: 1.19			
8	Liu Ho Wang Brian	YWC	1: 3.94			

					SF	Lane
Heat 3						
1	Kwok Tsz Hin Simon	SJAC	56.82	Standard	2	5
2	Ho Kwong Ho	DBS	57.12	Standard	2	6
3	Chan Tsz Him	WYK	57.26	Standard	1	7
4	Li Siu Hang	CSWCSS	58.98	Standard		
5	Zou Tao	YCKMC	59.82	Standard		
6	Cheung Chun Ho	SKSS	1: 0.47			
7	Cheung Man Lok	CGHC	1: 1.93			
8	Mak Kwai Chung	CHECSS	1: 3.79			

					SF	Lane
Heat 4						
1	Lee Ka Chun	CSWCSS	54.53	Standard	1	2
2	Wong Wing Ho	SJAC	56.16	Standard	1	4
3	Wan Hi Yuen	DBS	56.19	Standard	2	4
4	Wong Aldous Hoi Kui	WYK	57.26	Standard	2	7
5	Li Chung Chak	YCKMC	57.83	Standard		
6	Chan Tsz Leung	CHECSS	1: 0.02			
7	Mok Pui Yin	SKSS	1: 1.93			
8	Yin Lok Hei	CGHC	1: 2.95			

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Event 25 400m Boys A

Standard: 57.50

Record: 49.10

(1964)

					SF	Lane
Heat 1						
1	Choi Ho Shing	YCKMC	53.06	Standard	1	2
2	Ho Tsz Fung	DBS	53.84	Standard	2	4
3	Li Fai Yuen	CGHC	55.69	Standard	1	7
4	Lee Ho Wing	SJAC	56.63	Standard		
5	Fung Kwun Ping	WYK	56.65	Standard		
6	Chiu Hong Lam	SKSS	57.48	Standard		
7	Chan Kai Ming	CSWCSS	58.10			
8	Chan Fung Yeung	CHECSS	58.74			

					Final Lane	
Heat 2						
1	Ho Chun Hei	PCMS	54.10	Standard		
2	Kok Ho Kan	CSWCSS	56.10	Standard		
3	Chin Chun Yip	CGHC	56.14	Standard		
4	Tsang Chun Hung	NWC	56.87	Standard		
5	Lam Chin Ngai	HPCCSS	57.26	Standard		
6	Cheung Man Hin	SKSS	57.40	Standard		
7	Tsang Chiu Hon	YWC	1: 6.39			
8	Krishna Mohinani	KGV		DN start		

					SF	Lane
Heat 3						
1	Lee Chin Ting	CYT	53.38	Standard	1	3
2	Kwan Chun Ming	HPCCSS	53.64	Standard	1	4
3	Kwong Yuk Wa	WFN	54.27	Standard	1	5
4	Choy Kwan Wai	PCMS	54.34	Standard	2	6
5	Michael Wu	KGV	55.83	Standard	1	1
6	Hui Shiu Lun	NWC	55.88	Standard	2	1
7	Keswani Andrew Jeram	LSC	55.93	Standard	2	8
8	Lo King Chit	YWC	58.96			

					SF	Lane
Heat 4						
1	Chan Yan Lam	DBS	53.15	Standard	2	2
2	Chan Kai Pan	LSC	53.34	Standard	2	3

3	Ng Tak Wo	SJAC	54.33	Standard	1	6
4	Chan Ngai Lun	WFN	54.98	Standard	2	7
5	Cheng Ho Wang	CHECSS	57.10	Standard		
6	Leung Cheuk Lun	YCKMC	58.23			
7	Lai Chi Fung	WYK	1: 0.38			

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Event 26 Javelin Girls A
Standard: 19.00 (600gm) Record: 41.39 (2009) (600gm)

Position	Name	School	Result	Remark	Points
1	Howe Hei Lee Hillie	SCGS	31.87	Standard	9
2	Tan Min Hua	GHS	30.87	Standard	7
3	Duen Pui Yee	DGS	29.75	Standard	6
4	Chow Lai Yin	HYS	29.48	Standard	5
5	Cheung Yik Kwan	DGS	27.41	Standard	4
6	Wong Yan Yee Ysabel	MCS	25.23	Standard	3
7	Chu Cheen Natalie	MSS	25.16	Standard	2
8	Ho Yin Chiu	GHS	22.97	Standard	1
	Wong Yan Lam	PCMS	21.16	Standard	
	Tikal Kasten	KGV	20.68	Standard	
	Yuen Sin Ying	SPCS	20.59	Standard	
	Wong Suk Fai	SHCC	20.39	Standard	
	Yip Vincy Wing Si	HYS	19.83	Standard	
	Yiu Hoi Lun	SHCC	19.61	Standard	
	Lee Hin Huen Charlotte	PCMS	19.33	Standard	
	Lee Tsz Yu	SPCS	19.06	Standard	
	Chan Amanda	MSS	18.86		
	Julie-Anne Diva	IS	15.96		
	Rebecca Gilhooly	IS	15.08		
	Jasmine Kriesel	WIS	13.84		
	Ip Wing Kay Vicky	MCS	13.45		
	Alexandra Davidson	WIS	11.61		
	Chan Tsz Yan Michelle	SCGS		DN take part	
	Veronica Wu	KGV		No Mark	

=====
Event 27 Triple Jump Boys B
Standard: 10.50 Record: 13.67 (2009)

Position	Name	School	Result	Remark	Points
1	Lee Yip Shing	SJAC	12.76	Standard	9
2	Chan Yan Ting	LSC	12.49	Standard	7
3	Liu Kam Ho	SJAC	12.45	Standard	6
4	Ng Kun Lung	DBS	12.35	Standard	5
5	Mak Chun Wing	LSC	12.26	Standard	4
6	Yan Kang Hong	WYK	12.23	Standard	3
7	Lui Chung Yin Melvin	HPCCSS	12.13	Standard	2
8	Chan Yan Lok Arnold	WFN	11.55	Standard	1
	Lai Kevin Cheuk Yin	DBS	11.43	Standard	
	So Yin Cheung	HPCCSS	11.39	Standard	
	Shek Shing Him	WFN	11.22	Standard	
	Kwok Yat Nam	NWC	11.14	Standard	
	Wong Kin	CSWCSS	11.13	Standard	
	Clement Ma	KGV	11.12	Standard	
	Yeung Hoi Kit	PCMS	10.87	Standard	
	Cheung Siu Lun	CYT	10.70	Standard	
	Wong Cheuk Man	NWC	10.68	Standard	
	Tsang Chung Han	YCKMC	10.68	Standard	
	Mak Yun Chak	SKSS	10.64	Standard	
	Eric Son	KGV	10.48		
	Mok Pui Yin	SKSS	10.33		
	Wong Aldous Hoi Kui	WYK	10.18		
	Wong Evan Leung Fung	PCMS	10.07		
	Liu Ho Fung	CGHC	10.06		
	Li Chun Kuen	CHECSS	10.03		
	Tse Wang Pui	YCKMC	9.58		
	Yuen Chun Kit	CYT	9.25		
	Ng Ka Yiu	YWC	9.11		
	Tam Ka Ho	CGHC		DN take part	
	Yung Yun Pui	CHECSS		DN take part	
	Tse Ching Hin	CSWCSS		DN take part	
	Sin Wing Kai	YWC		DN take part	

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 Event 28 100m Hurdles Boys C

Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)

				SF	Lane
Heat 1					
1	Cheng Pak To Patrick	YCKMC	16.11	Standard	2 4
2	Wong Chi Fung	SJAC	16.95	Standard	1 5
3	Ko Hiu Chi	DBS	18.21	Standard	2 7
4	Cheng Tin Wai	CSWCSS	18.45	Standard	1 7
5	Sze To Tsz Wai	CGHC	18.56	Standard	1 1
6	Lee Nok Hang Kenneth	WYK	19.85		
7	Or Kwan Nok	SKSS	20.31		
8	Ng Ho Ming	CHECSS	20.68		

				SF	Lane
Heat 2					
1	Tsoi Pui Ngai Christopher	HPCCSS	15.83	Standard	1 3
2	Chan Pak Hei	CSWCSS	16.32	Standard	2 5
3	Cheung Tsz Yan	SKSS	18.83	Standard	2 8
4	Alastair Lee	KGV	19.33	Standard	
5	Chan Man Kit	CGHC	19.73		
6	Chan Kin Wing	WYK	21.64		
7	Yip Ngo Lam	PCMS	23.58		
8	Wong Lok Wai	NWC		DN start	

				SF	Lane
Heat 3					
1	Lai Tsun Hei Jonathan	LSC	15.66	Standard	2 3
2	Wong Chun Yin	HPCCSS	16.02	Standard	1 4
3	Lam Pak Yin	PCMS	17.72	Standard	2 6
4	Parth Bhagat	KGV	18.63	Standard	2 1
5	Tam Chin Wah	WFN	19.33	Standard	
6	Sit Hiu Fung	CYT	23.38		
7	Lam Ho Chee Roger	NWC		DN start	
8	Lau Ryan Ching Nam	YWC		DN start	

				SF	Lane
Heat 4					
1	Mok Chi Kin	LSC	14.46	Standard	1 2
2	Pang Wai Hang	WFN	15.38	Standard	2 2
3	Wong Fu Hong	CHECSS	17.28	Standard	1 6
4	Cheung Kai Chun	CYT	19.09	Standard	1 8
5	Wong Lok Man	DBS	20.14		
6	Fong King Leung	SJAC	20.67		
7	Leung Sze Hang	YCKMC	27.60		

=====
 Event 29 100m Hurdles Boys B

Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)

				SF	Lane
Heat 1					
1	Choi Lok Ching	LSC	15.13	Standard	1 4
2	Chan Lok Hin	CYT	15.14	Standard	2 4
3	Ngan To Him	PCMS	15.34	Standard	1 5
4	Cheung Chun Ho	NWC	15.56	Standard	2 6
5	Reis Yap	KGV	16.00	Standard	1 1
6	Chan Pak Hong	WFN	17.09		
7	Chin Ho Yeung Felix	HPCCSS	17.81		
8	Chu Ho Hin	YWC		DN start	

				SF	Lane
Heat 2					
1	Nip Ho Tin	DBS	14.67	Standard	2 2
2	Lee Ka Ho	CYT	14.82	Standard	2 3
3	Liu Kam Ho	SJAC	15.17	Standard	2 5
4	Lau Yui Ching	PCMS	16.20	Standard	2 8
5	Sue Yui Sum	WFN	16.43	Standard	
6	Mui Zachary	LSC	16.44	Standard	
7	Yeung Ho Leung	CHECSS	16.46	Standard	
8	Fan Wai Kit	YCKMC	17.19		

				SF	Lane
Heat 3					
1	Wan Hi Yuen	DBS	14.51	Standard	1 2
2	Wong Wing Ho	SJAC	15.89	Standard	2 7
3	Wong Chun Long	YCKMC	16.00	Standard	1 7
4	Cheung Tat Ming	SKSS	16.19	Standard	2 1
5	Wong Tsz Fung	WYK	16.27	Standard	1 8
6	Chau Tung Pang	CSWCSS	16.80	Standard	
7	Leung Tak Ching	CHECSS	17.32		
8	Wong Wing Kai	CGHC	21.10		

				SF	Lane
Heat 4					

1	Suen Yiu Fai	SKSS	14.98	Standard	1	3
2	Chu Chun Wai	CSWCSS	15.51	Standard	1	6
3	Chan Tak Ka	HPCCSS	16.53	Standard		
4	Eric Son	KGV	16.68	Standard		
5	Tsang Cheuk Yin	NWC	20.64			
6	Law Chin Long	CGHC		DN start		
7	Kwan Jeffrey	YWC		DN start		

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Event 30 110m Hurdles Boys A
Standard: 18.50 (0.914m) Record: 14.20 (2009) (0.914m)

Heat 1				SF	Lane	
1	Choi Ho Shing	YCKMC	14.91	Standard	2	2
2	Lui Chun Yan	CGHC	14.93	Standard	2	3
3	Tai Siu Lun	SJAC	15.43	Standard	2	4
4	Lee Wai Tsun	CHECSS	15.95	Standard	1	6
5	Tsui Tsun Wai	WYK	17.05	Standard		
6	Ko Hiu Lok	DBS	17.77	Standard		
7	Cheuk Wing Kit	SKSS	18.33	Standard		
8	Kan Chun Ngong	CSWCSS	19.29			
Heat 2				SF	Lane	
1	Lai Ho Tat	CGHC	14.54	Standard	1	2
2	Chau Ching Yu	NWC	16.04	Standard	2	6
3	Ip Man Hei Isaac	PCMS	16.05	Standard	2	7
4	Chin Ching Yiu	SKSS	17.24	Standard		
5	Chung Lamuel Chi Hay	HPCCSS	17.78	Standard		
6	Cheung Hoi Yin	CSWCSS	17.95	Standard		
7	Robert Yang	KGV	18.33	Standard		
8	Liu Kin Kwan Charles	YWC		DN start		
Heat 3				SF	Lane	
1	Fong Tsz Ming	NWC	14.99	Standard	1	3
2	Chan Yik Hei	PCMS	15.37	Standard	1	4
3	Leung Cheung Kit	HPCCSS	15.81	Standard	1	5
4	Tsoi Kai Ching	LSC	17.03	Standard	1	8
5	Fan Ho Yin	CYT	17.59	Standard		
6	Li Ho Yin	WFN	17.99	Standard		
7	Max Tsoi	KGV	18.37	Standard		
8	Tang Wai Lok Nicolas	YWC	18.85			
Heat 4				SF	Lane	
1	Liu Chung Lung	SJAC	15.75	Standard	2	5
2	Fung Tin Yan Jonathan	WFN	16.28	Standard	1	7
3	Cheng Hoi Man	YCKMC	16.44	Standard	1	1
4	Wan Yat Fu	DBS	16.72	Standard	2	1
5	Fong Pak Lun	LSC	16.97	Standard	2	8
6	Tam Hoi Shun	CHECSS	17.45	Standard		
7	Chan Ka Pak	WYK	17.54	Standard		

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Event 31 Javelin Boys B
Standard: 26.00 (600gm) Record: 51.63 (2008) (600gm)

Position	Name	School	Result	Remark	Points
1	Mateen-Ur-Rehman	DBS	48.38	Standard	9
2	Kong Chun Yin Sam	HPCCSS	44.86	Standard	7
3	Fong Kai Chuen	LSC	44.58	Standard	6
4	Ng Ka Hin	SJAC	44.15	Standard	5
5	Lui Siu Tin	LSC	44.01	Standard	4
6	Hui Chak Hang	WYK	40.57	Standard	3
7	Lee Tin Lok	DBS	37.87	Standard	2
8	Li Long Fung	CGHC	37.26	Standard	1
	Li Yui Sing	PCMS	34.71	Standard	
	Reilly Sams	KGV	34.34	Standard	
	Wong San Hoi	WFN	34.09	Standard	
	Ng Tsz Ming Eugene	HPCCSS	33.44	Standard	
	Wong Kin	CSWCSS	32.84	Standard	
	Cheung Chi Fung	CSWCSS	32.17	Standard	
	Yau Ting Kwan	CHECSS	30.19	Standard	
	Hui Siu Ching	SKSS	29.94	Standard	
	Ng Yu Hin	SKSS	29.76	Standard	
	Chan Ho Yan	CHECSS	27.51	Standard	
	Szeto Ethan	PCMS	27.50	Standard	
	Wong Kwun Chung	CGHC	27.41	Standard	

Alex Yiu	KGV	26.47	Standard
Li Haang Cheung	NWC	25.83	
Kwok Gary Chun	WYK	24.78	
Kam Hou Wang	YWC	24.54	
Cheung Tik Pong	WFN	24.23	
Cheng Kwan Lok Clarence	NWC	22.94	
Chan Tsz Long	YWC	21.56	
Kwok Chun Kit	YCKMC	20.96	
Lai Yat Fung	YCKMC	16.03	
Li Ka Ho	SJAC		DN take part

Event 32 100m Girls C

Standard: 15.00 Record: 12.48 (2010)

Heat 1					Final Lane
1	Wai Lok Heng Angelica	SCGS	13.56	Standard	5
2	Kwok Luen Fong	HYS	13.75	Standard	7
3	Pang Ching Lam	GHS	13.84	Standard	1
4	Law Kai Yin Stephanie	MCS	14.42	Standard	
5	Luk Ngo Ching	SHCC	14.43	Standard	
6	Sakura Hasegawa	KGV	14.65	Standard	
7	Rebecca Fawdry	WIS	15.14		
8	Eugenia Liu	IS	15.95		

Heat 2					Final Lane
1	Kong Chun Ki	DGS	12.92	Standard	2
2	Yue Ya Xin	GHS	13.30	Standard	4
3	Cho Yuen Ling Natalie	MSS	14.22	Standard	8
4	Hui Yung Yung Kevina	SPCS	14.25	Standard	
5	Ines Castagnet	KGV	14.26	Standard	
6	Kelly Donohue	IS	14.33	Standard	
7	Serena Wang	WIS	14.75	Standard	
8	Lau Cheuk Man	PCMS	14.94	Standard	

Heat 3					Final Lane
1	Lam Yan Tung	DGS	12.99	Standard	3
2	Tang Pui Yin	SPCS	13.60	Standard	6
3	Chu Xia Wai	SHCC	14.45	Standard	
4	Cheng Fan Fan	HYS	14.51	Standard	
5	Elly Lau Ho Ching	MSS	14.52	Standard	
6	Chan Wing Lam Kelly	SCGS	15.13		
7	Wong Nok Yiu	PCMS	15.50		
8	Chan Nga Woon Chloe	MCS	15.66		

Event 33 100m Girls B

Standard: 14.70 Record: 12.21 (2005)

Heat 1					Final Lane
1	Chan Ka Sin Edith	SCGS	12.75	Standard	2
2	Mak Yee Ki	HYS	13.28	Standard	6
3	Cheung Yuet Wah	GHS	13.58	Standard	1
4	Cheng Man Chi Maggi	SHCC	14.16	Standard	
5	Patricia Chan	KGV	14.40	Standard	
6	Wong Ho Chi	MCS	14.64	Standard	
7	Maarya Refaaq	WIS	14.95		
8	Olivia Russell	IS		DN start	

Heat 2					Final Lane
1	Lo Ka Lam	GHS	12.75	Standard	3
2	Lau Hiu Yu Hilda	DGS	12.94	Standard	4
3	Yeung Lok Hei Hazel	SPCS	13.35	Standard	7
4	Natasha Henricus	KGV	13.72	Standard	
5	Amy Brooks	WIS	14.15	Standard	
6	Marcella Wilson Guang	IS	14.56	Standard	
7	Tse Pui Ling Christy	MSS	14.71		
8	Tai Ching Wai	PCMS	16.10		

Heat 3					Final Lane
1	Yan Hoi Tung Abby	MCS	13.01	Standard	5
2	Wan Cynthia Hill Kwan	DGS	13.61	Standard	8
3	Kwok Cheuk Wing	PCMS	13.76	Standard	
4	Lo Yan Ting	SPCS	13.78	Standard	
5	Da Roza Ana Maria	SHCC	14.31	Standard	
6	Ngan Ho Yiu	HYS	14.31	Standard	
7	Fung Ho Yan Renny	SCGS	14.32	Standard	

8	Wai Wing Hei Erika	MSS	14.47	Standard		
=====						
Event 34 100m Girls A						
Standard: 14.50			Record: 11.99	(2009)		

Heat 1					Final Lane	
1	Mok Elite	SHCC	13.12	Standard	7	
2	Li Tsz Kwan	HYS	13.13	Standard	1	
3	Pang Cheuk In	GHS	13.62	Standard		
4	Leung Sze Chung Gloria	SCGS	13.73	Standard		
5	Yeung Wing Ching Anthea	MCS	13.96	Standard		
6	Andrea Dann	IS	14.12	Standard		
7	Lois Capon	KGV	14.14	Standard		
8	Jasmine Chu	WIS	14.68			
Heat 2					Final Lane	
1	Lam On Ki	GHS	12.24	Standard	2	
2	Lee Ming Wai Katie	DGS	13.61	Standard		
3	Chan Yin Kwan Serena	MSS	13.83	Standard		
4	Fiona McLeish	IS	14.10	Standard		
5	Chau Ho Yun	PCMS	14.12	Standard		
6	Kayleigh Basson	KGV	14.19	Standard		
7	Alexandra Davidson	WIS	14.24	Standard		
8	Chung Nap Kei Nicole	SPCS	14.39	Standard		
Heat 3					Final Lane	
1	Lee Ming Yan Jacqueline	DGS	12.67	Standard	3	
2	Lee Wing Yee	HYS	12.83	Standard	4	
3	Yiu Hoi Yan	SHCC	12.94	Standard	5	
4	Wong Yee Lam	PCMS	12.97	Standard	6	
5	Chiu Man Ting Tiffany	SCGS	13.27	Standard	8	
6	Harrison Laura Anne	MSS	14.12	Standard		
7	Chan Ying Tung	SPCS	14.24	Standard		
8	Chan Shue Ting Naomi	MCS	14.65			
=====						
Event 35 100m Boys C						
Standard: 13.30			Record: 11.21	(2009)		

Heat 1					SF Lane	
1	Mak Sai Yin	CSWCSS	12.73	Standard	1	1
2	Chan Ming Ching Henry	DBS	12.81	Standard	2	1
3	Fong King Ho	WYK	13.06	Standard		
4	Lin Kwan Hang	CHECSS	13.32			
5	Kan Wui Fung	SKSS	13.37			
6	Cheng Pak To Patrick	YCKMC	13.40			
7	Ma Po Lun Charis	SJAC	13.44			
8	Leung Hin Shek	CGHC	13.66			
Heat 2					SF Lane	
1	Chau Yung Ho Michael	DBS	11.44	Standard	1	2
2	Law Kin Fung	SKSS	12.22	Standard	2	2
3	Poon Kwok Pui	YCKMC	12.44	Standard	2	5
4	Sin Ho Man	CHECSS	12.53	Standard	1	5
5	Cheng Yu Ching	SJAC	12.70	Standard	2	7
6	Leung Chung Hang	CGHC	12.86	Standard		
7	Lui Tsz Shan	CSWCSS	13.24	Standard		
8	Wong Sung Hei	WYK		DN start		
Heat 3					SF Lane	
1	Chan Yun Tung	HPCCSS	12.56	Standard	1	6
2	Lee Ryan Yat Long	LSC	12.73	Standard	1	7
3	Cheng Ming Fan Ronald	WFN	12.85	Standard	1	8
4	Tsang Churn	PCMS	12.99	Standard		
5	Chan Sheung Wai	NWC	13.32			
6	Ciaran Glen	KGV	13.42			
7	Lam King Lo	CYT	14.32			
8	Ma Tsz Chun Jonathan	YWC		DN start		
Heat 4					SF Lane	
1	Mok Chi Kin	LSC	12.25	Standard	2	3
2	Ng Kai Ho	HPCCSS	12.26	Standard	1	3
3	Luk Kin Wang	WFN	12.27	Standard	1	4
4	Kwok Wai Ching	PCMS	12.28	Standard	2	4
5	Chan Chun Ho	NWC	12.65	Standard	2	6
6	Ho Chik Hin	YWC	12.84	Standard	2	8
7	Sze Yu Kit	CYT	14.59			

8 James Hughes KGV 19.76

Event 36 100m Boys B

Standard: 12.50

Record: 11.03 (2008)

Heat 1

SF Lane

1	Lee Ka Ho	CYT	11.90	Standard	2	5
2	Wong Wai Kin	LSC	12.25	Standard	2	8
3	Reis Yap	KGV	12.57			
4	Yuen Cheuk Ting	WFN	12.59			
5	Cheng Siu Kwan	YWC	12.70			
6	Ho Kwok Chung	NWC	12.78			
7	Lee Tsz To	HPCCSS	13.21			
8	Lau Kin Hei	PCMS		DN start		

Heat 2

SF Lane

1	Wong Tsz Hin	DBS	11.44	Standard	1	2
2	Chan Hiu Nam Gabriel	LSC	11.55	Standard	2	2
3	Cheung Kin Yan	WFN	11.90	Standard	1	5
4	Choy Po Hang	PCMS	12.20	Standard	1	1
5	Wong Chun Long	YCKMC	12.25	Standard	2	1
6	Leung Ching Tao Albert	WYK	12.33	Standard	1	8
7	Tam Wai Fung	SJAC	12.79			
8	Leung Tak Ching	CHECSS	12.84			

Heat 3

SF Lane

1	Li Wing Fai	DBS	11.64	Standard	1	3
2	Chun Chi Sing	YCKMC	11.98	Standard	2	6
3	Chu Chun Wai	CSWCSS	12.01	Standard	2	7
4	Chow Yiu Chun	SJAC	12.05	Standard	1	7
5	So Kin Pang	WYK	12.36	Standard		
6	Choy Chung Yau	SKSS	12.66			
7	Li Chun Ki	CHECSS	12.74			
8	Yip Siu Fung	CGHC	12.76			

Heat 4

SF Lane

1	Lam Ka Lok	SKSS	11.64	Standard	2	3
2	Wu Chi Kwan	CGHC	11.71	Standard	1	4
3	Chau Tung Fai	CSWCSS	11.77	Standard	2	4
4	Tso Chun Wing	NWC	11.94	Standard	1	6
5	Ng Clinton	YWC	12.62			
6	Leung Wa Hong	HPCCSS	12.64			
7	Jeffrey Chong	KGV	12.69			

Event 37 100m Boys A

Standard: 12.20

Record: 10.40 (2008)

Heat 1

SF Lane

1	Lam Oscar Wang Chun	SJAC	11.42	Standard	1	4
2	Wong Hao Keng	YCKMC	11.45	Standard	2	4
3	Li Yin Kei	DBS	11.55	Standard	2	5
4	Ng Chun Man	CGHC	12.16	Standard		
5	Lee Ching Yin	SKSS	12.42			
6	Lam Ho Yin	CSWCSS	12.43			
7	Chan Kam Wai	WYK	12.45			
8	Wong Sum Long	CHECSS	12.55			

Heat 2

SF Lane

1	Ho Ping Kwan	CGHC	10.95	Standard	1	2
2	Ho Ka Tsun	SKSS	11.71	Standard	2	6
3	Lam Hok Man	PCMS	11.82	Standard	1	7
4	Ting Chris	CSWCSS	11.84	Standard	1	1
5	Brian Hui	KGV	12.12	Standard	1	8
6	Yeung Wai Shing	YWC	12.37			
7	Choi Ka Chun Phillip	HPCCSS	12.40			
8	Wong Tsz Hin	NWC	12.55			

Heat 3

SF Lane

1	Li Lut Yin	LSC	11.06	Standard	2	2
2	Chan Ching Lam	NWC	11.61	Standard	1	5
3	Chan Yik Hei	PCMS	11.68	Standard	1	6
4	Wong Kin Shing	CYT	12.10	Standard	2	8
5	Tsang Hon Lam	YWC	12.14	Standard		
6	Chris Maize	KGV	12.21			
7	Hau Siew Hin	HPCCSS	12.55			
8	Li Fuk Yeung	WFN	12.73			

Heat 4				SF	Lane
1	Tsu Ka Chon	LSC	11.31	Standard	2 3
2	Kooh Lok Man	WFN	11.37	Standard	1 3
3	Wang Hao Yang	DBS	11.73	Standard	2 7
4	Chan Yu Hong	YCKMC	12.08	Standard	2 1
5	Wong Wing Tai	SJAC	12.16	Standard	
6	Tsui Chi Shing	CHECSS	12.29		
7	So Kenneth Ka Shun	WYK	12.67		

=====
 Event 38 4x400m Relay Girls C
 Standard: 5:00.00 Record: 4:16.63 (2008)

Heat 1				Final	Lane
1	GHS	4:23.96	Standard	2	
2	DGS	4:31.59	Standard	3	
3	HYS	4:42.95	Standard	5	
4	WIS	4:47.86	Standard	6	
5	SPCS	5: 1.69			
6	SHCC	5: 9.23			

Heat 2				Final	Lane
1	MCS	4:39.20	Standard	4	
2	SCGS	4:48.20	Standard	7	
3	KGV	4:48.76	Standard	1	
4	IS	4:57.65	Standard	8	
5	MSS	5: 2.67			
6	PCMS	5:20.57			

=====
 Event 39 4x400m Relay Girls B
 Standard: 4:56.00 Record: 4:14.24 (2011)

Heat 1				Final	Lane
1	DGS	4:22.16	Standard	2	
2	WIS	4:23.73	Standard	3	
3	HYS	4:33.29	Standard	5	
4	GHS	4:38.07	Standard	6	
5	SPCS	4:54.30	Standard		
6	SHCC	4:55.49	Standard		

Heat 2				Final	Lane
1	KGV	4:29.02	Standard	4	
2	MCS	4:43.69	Standard	7	
3	MSS	4:47.28	Standard	1	
4	IS	4:52.19	Standard	8	
5	SCGS	4:52.81	Standard		
6	PCMS		DQ		

=====
 Event 40 4x400m Relay Girls A
 Standard: 4:52.00 Record: 4:09.77 (2009)

Heat 1				Final	Lane
1	HYS	4:31.17	Standard	4	
2	WIS	4:38.68	Standard	6	
3	MCS	4:42.11	Standard	7	
4	PCMS	4:51.31	Standard	8	
5	KGV	4:51.78	Standard		
6	SPCS	4:55.94			

Heat 2				Final	Lane
1	DGS	4:27.19	Standard	2	
2	GHS	4:30.01	Standard	3	
3	SHCC	4:33.68	Standard	5	
4	IS	4:46.36	Standard	1	
5	SCGS	4:53.34			

=====
 Event 41 4x400m Relay Boys C
 Standard: 4:16.00 Record: 3:46.84 (2008)

Heat 1				Final	Lane
1	SJAC	4: 5.49	Standard	4	
2	DBS	4: 8.38	Standard	5	
3	CSWCSS	4:15.16	Standard	7	
4	CHECSS	4:17.22		1	
5	YCKMC	4:18.14		8	

6	WYK	4:19.34		
7	SKSS	4:27.69		
8	CGHC	4:39.88		
Heat 2				Final Lane
1	WFN	4: 1.13	Standard	2
2	LSC	4: 3.01	Standard	3
3	HPCCSS	4: 8.46	Standard	6
4	KGV	4:22.61		
5	PCMS	4:28.97		
6	YWC	4:31.29		
7	NWC	4:37.97		
8	CYT	4:52.20		

=====
Event 42 4x400m Relay Boys B
Standard: 4:00.00 Record: 3:36.46 (2009)

Heat 1				Final Lane
1	LSC	3:45.66	Standard	2
2	KGV	3:47.15	Standard	3
3	NWC	3:50.60	Standard	5
4	HPCCSS	3:51.25	Standard	6
5	WFN	3:53.04	Standard	1
6	PCMS	4: 2.59		
7	CYT	4: 6.83		
8	YWC	4:13.41		

Heat 2				Final Lane
1	DBS	3:47.94	Standard	4
2	SJAC	3:52.55	Standard	7
3	CSWCSS	3:55.80	Standard	8
4	CHECSS	3:55.87	Standard	
5	YCKMC	3:58.49	Standard	
6	CGHC	4: 3.07		
7	SKSS	4:15.01		
8	WYK		DQ	

=====
Event 43 4x400m Relay Boys A
Standard: 3:55.00 Record: 3:26.60 (1989)

Heat 1				Final Lane
1	DBS	3:32.46	Standard	2
2	YCKMC	3:39.98	Standard	5
3	CGHC	3:42.10	Standard	7
4	SJAC	3:42.91	Standard	1
5	CSWCSS	3:43.95	Standard	
6	CHECSS	3:44.69	Standard	
7	WYK	3:47.05	Standard	
8	SKSS	3:51.91	Standard	

Heat 2				Final Lane
1	LSC	3:35.63	Standard	3
2	WFN	3:39.37	Standard	4
3	HPCCSS	3:40.91	Standard	6
4	PCMS	3:43.80	Standard	8
5	KGV	3:48.44	Standard	
6	CYT	3:51.37	Standard	
7	NWC	4: 2.09		
8	YWC	4: 6.34		

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 (HK Island and Kowloon)
 Division One
 Day Two: 21 February 2012

=====
 Event 1 Shot Put Girls A

Standard: 7.10 (4kg) Record: 11.27 (2011) (4kg)

Position	Name	School	Result	Remark	Points
1	Ho Yin Chiu	GHS	12.86	Standard	9
2	Woo Wing Yan	GHS	10.30	Standard	7
3	Ng Tze Lok	SPCS	9.37	Standard	6
4	Kwong Tsz Ching	SHCC	9.29	Standard	5
5	Leung Chi Ying	HYS	8.82	Standard	4
6	Liu Wing Sum	HYS	8.80	Standard	3
7	Lai Ho Yan	PCMS	8.11	Standard	2
8	Leung Ya Yuan Rachel	DGS	7.85	Standard	1
	Lai Wing Tiffany	MSS	7.56	Standard	
	Leung Kei Yi	PCMS	7.42	Standard	
	Howe Hei Lee Hillie	SCGS	7.40	Standard	
	Lee Yan Sin Bernice	SPCS	7.23	Standard	
	June Leung	IS	7.22	Standard	
	Wong Yan Yee Ysabel	MCS	7.22	Standard	
	Rebecca Gilhooly	IS	7.17	Standard	
	Kwok Pun Wan Melody	DGS	7.14	Standard	
	Soo Youn Oh	KGV	7.06		
	Amy Farrell	WIS	6.81		
	Claudia Leung	KGV	6.80		
	Ellen Lau Ngai Lam	MSS	6.75		
	Wong Suk Fai	SHCC	6.59		
	Sophie Fraser	WIS	6.26		
	Yuen Ching Wai Agnes	SCGS	5.73		

=====
 Event 2 Discus Girls C

Standard: 16.00 (1kg) Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting	GHS	26.14	Standard	9
2	Lam Wing Tung	GHS	26.12	Standard	7
3	M. K. Mak Sum Yue	HYS	22.88	Standard	6
4	Lau Ho Ching Stephanie	DGS	22.79	Standard	5
5	Chow Tsz Ting	HYS	22.44	Standard	4
6	Chung Wai Yan Phoebe	SCGS	22.31	Standard	3
7	Ip Shuk Tin Tina	SPCS	21.10	Standard	2
8	Kanjanapas Dawnee	DGS	20.60	Standard	1
	Cheung Ho Ching Crystal	SCGS	16.75	Standard	
	Rica Lee	KGV	16.59	Standard	
	Chan Man Ying Tammy	MSS	16.53	Standard	
	Wong Sze Lam Jazz	MCS	16.35	Standard	
	Wong Jacqueline Hilda	PCMS	16.11	Standard	
	Ku Cheuk King	SPCS		No Mark	
	Malika Chawla	IS		No Mark	
	Michelle Wong	IS		No Mark	
	Lam Yuen Tao Eunice	MSS		No Mark	
	Yi Go	KGV		No Mark	
	Liauw Charlene Cheuk Ying	SHCC		No Mark	
	Yao Suet Ling	PCMS		No Mark	
	Lucy Ross	WIS		No Mark	
	Natalie Wheeler	WIS		No Mark	

=====
 Event 3 High Jump Girls C

Standard: 1.25 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Lam Yan Hung	GHS	1.59	Standard	9
2	Wong Yuen Nam Sharon	DGS	1.56	Standard	7
3	Kan Chun	GHS	1.47	Standard	6
4	Chung Wai Yan Phoebe	SCGS	1.44	Standard	5

5	Tang Tiffany Yi Ching	DGS	1.41	Standard	4
6	Chan Yan Lui	SPCS	1.35	Standard	3
7	Zoe McClellan	WIS	1.35	Standard	2
8	Tilda Stevens	IS	1.31	Standard	1
	Tam Yuen Ting	HYS	1.30	Standard	
	Amelia Ku-Neale	KGV	1.30	Standard	
	Christy Yip	KGV	1.25	Standard	
	Chan Ho Wun Cynthia	MCS	1.25	Standard	
	Lai Ting Hei Gwyneth	MSS	1.25	Standard	
	Yoyo Pun	IS	1.25	Standard	
	Megan Wells	WIS	1.25	Standard	
	Lam Long Hei	HYS	1.20		
	Lau Hoi Yee Selena	SCGS	1.20		
	Lui Lok Man	SPCS		No Mark	
	Wong Jacqueline Hilda	PCMS		No Mark	
	Chan Sze Hang Bonita	MSS		No Mark	
	Chan Rachel Ching	SHCC		No Mark	

=====
Event 4 Long Jump Boys B

Standard: 5.10

Record: 6.92 (2009)

Position	Name	School	Result	Remark	Points
1	Chau Tung Fai	CSWCSS	6.50	Standard	9
2	Wong Philip	DBS	6.17	Standard	7
3	Lui Chung Yin Melvin	HPCCSS	6.00	Standard	6
4	Lee Yip Shing	SJAC	5.94	Standard	5
5	Chan Yan Ting	LSC	5.91	Standard	4
6	Ng Kun Lung	DBS	5.77	Standard	3
7	Yip Chun Ming	HPCCSS	5.74	Standard	2
8	Leung Ching Tao Albert	WYK	5.70	Standard	1
	Cheung Chun Ho	NWC	5.69	Standard	
	Mak Chun Wing	LSC	5.67	Standard	
	Yan Kang Hong	WYK	5.64	Standard	
	Jeffrey Chong	KGV	5.55	Standard	
	Tsang Chung Han	YCKMC	5.46	Standard	
	Tse Kwun Sang	WFN	5.43	Standard	
	Cheung Tat Ming	SKSS	5.37	Standard	
	Yeung Hoi Kit	PCMS	5.36	Standard	
	Yeung Ho Leung	CHECSS	5.35	Standard	
	Cheung Siu Lun	CYT	5.34	Standard	
	Ngan To Him	PCMS	5.30	Standard	
	Suen Yiu Fai	SKSS	5.22	Standard	
	Cheng Siu Kwan	YWC	5.08		
	Rennard Cheung	KGV	5.06		
	Zou Tao	YCKMC	4.99		
	Cheung Chi Yeung	CHECSS	4.95		
	Chan Ho Nam	NWC	4.73		
	Au Kam Wong	CYT	4.64		
	Cheng Wai Tat	YWC	4.60		
	Chan Chung Yin	CGHC	4.52		
	Chau Tung Pang	CSWCSS	4.34		
	Loo Chun Yu	CGHC	3.96		
	Tong Lok Yin	SJAC	3.49		
	Chan Yan Lok Arnold	WFN		No Mark	

=====
Event 5 400m Hurdles Boys A

Standard: 1:06.50 (0.84m)

Record: 54.28 (2004) (0.84m)

Semi-Final 1

Final Lane

1	Lai Ho Tat	CGHC	56.54	2
2	Lee Ho Ching	LSC	1: 1.49	
3	Tsang Chun Hung	NWC	1: 1.56	
4	Hui Shiu Lun	NWC	1: 1.76	
5	Yip Sai Chung	WFN	1: 1.99	
6	Leung Cheuk Lun	YCKMC	1: 2.92	
7	Lam Chin Ngai	HPCCSS		
8	Tam Hoi Shun	CHECSS		

Semi-Final 2

Final Lane

1	Ho Tsz Fung	DBS	59.00	3
2	Lee Chin Ting	CYT	1: 0.17	4
3	Yuen Kin Long	LSC	1: 0.28	5

4	Chin Ching	PCMS	1: 0.73	6
5	Cheng Hoi Man	YCKMC	1: 1.19	7
6	Lee Ho Wing	SJAC	1: 1.33	1
7	Chan Yik Ching	PCMS	1: 1.34	8
8	Chiu Hong Lam	SKSS	1: 5.21	

=====
Event 6 3000m Boys B

Standard: 11:15.00

Record: 9:24.23 (2011)

Final

				Points
1	Chan Alfred Hon Man	LSC	9:25.17	9
2	Michael Lam	KGV	9:49.55	7
3	Heung Chin Tung	HPCCSS	10:19.59	6
4	Kwok Kim Wai	NWC	10:27.07	5
5	Chan Brian Kai Hin	LSC	10:29.86	4
6	Kwong Brian	WFN	10:32.02	3
7	Chan Wai Tung	PCMS	10:34.16	2
8	Jiang Zixin	DBS	10:35.00	1
9	Leung Justin	DBS	10:36.39	
10	Li Ka Tsun	CHECSS	10:42.28	
11	Cheung Hin Lok	WYK	10:47.11	
12	Tsoi Ka Kit	NWC	10:48.23	
13	Sung Chi Hin	CSWCSS	10:56.98	
14	Li Tung Pui Matthew	PCMS	11: 0.58	
15	Kum Yun San	YCKMC	11: 1.79	
16	Chan Heung Wai	CSWCSS	11: 6.70	
17	Krishna Nainani	KGV	11:11.62	
18	Law Ka Hei	WYK	11:16.20	
19	Yan Long Ting	SJAC	11:19.24	
20	Chiu Chee Keen	CGHC	11:25.14	
21	Ma Hin Yau	YCKMC	11:31.22	
22	Poon Yui Chit	WFN	11:35.52	
23	Kwan King Hei	CHECSS	11:39.61	
24	Chiu Chi Hing	CGHC	11:45.67	
25	Chong Ho Long	CYT	11:46.03	
26	Chan Matthew Shing Hei	YWC	11:53.64	
27	Leung Tsun Man Beston	HPCCSS	12:11.28	
28	Chan Kwong Wa	CYT	12:23.76	
29	Huen Hon Fung	SKSS	12:37.26	
30	Yau Ka Ho Harrison	SKSS	12:53.98	
31	Tse Ho Ming	YWC		
32	Yuen Tsun Hei	SJAC		

=====
Event 7 5000m Boys A

Standard: 20:00.00

Record: 15:52.64 (2011)

Final

				Points
1	Kwok Wing Kan	LSC	16:50.11	9
2	Mitchelmore Sam Brian	DBS	17:10.01	7
3	Ryan Cheung	KGV	17:23.31	6
4	Lee Marcus Ming Chak	DBS	17:27.26	5
5	Law Kai Wai	CGHC	17:50.23	4
6	Perry Wong	LSC	18:	3
7	So Man Ho	CSWCSS	18: 1.79	2
8	Chan Ho Yin	CHECSS	18:17.79	1
9	Lam Ka Hei	CSWCSS	18:51.07	
10	Louis Leung	KGV	18:52.82	
11	Lau Kwun Pong	CYT	18:53.33	
12	Sin Ka Chun	HPCCSS	19:20.66	
13	Chui Wui Chung	CHECSS	19:21.20	
14	Cheung Felix Ho Nin	WYK	19:29.87	
15	Kwok Kin Kwan	PCMS	19:38.35	
16	Leung Ho Yin	PCMS	19:40.48	
17	Tsoi Ka Cheuk	NWC	19:50.12	
18	Law Chi Hong	WFN	20:12.25	
19	Cheung Ting Hong	YCKMC	20:35.83	
20	Lau Cheuk Kit	SJAC	20:44.01	
21	Chan Hau Wing	CYT	21: 7.48	
22	Poon Ching Leung Sunny	YWC	21:13.56	
23	Au Ka Hang	NWC	21:14.55	
24	Ho Cheuk Kit	YCKMC	21:21.35	

25	Leung Ho Pui	SKSS	21:59.00
26	Cheung Long Ting	SKSS	21:59.09
27	Ho Kwong Chun	WYK	22:10.84
28	Chan Cheuk Kiu	YWC	23: 0.51
29	Tse Long Hin	CGHC	
30	Wong Tsz Yuen	WFN	
31	Chow Yuet Wa	SJAC	

=====
Event 8 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

Semi-Final 1				Final Lane
1	Chau Yung Ho Michael	DBS	11.30	2
2	Ng Kai Ho	HPCCSS	12.11	4
3	Luk Kin Wang	WFN	12.34	1
4	Mak Sai Yin	CSWCSS	12.41	8
5	Chan Yun Tung	HPCCSS	12.54	
6	Sin Ho Man	CHECSS	12.58	
7	Lee Ryan Yat Long	LSC	12.59	
8	Cheng Ming Fan Ronald	WFN	12.73	
Semi-Final 2				Final Lane
1	Kwok Wai Ching	PCMS	12.02	3
2	Mok Chi Kin	LSC	12.14	5
3	Poon Kwok Pui	YCKMC	12.26	6
4	Law Kin Fung	SKSS	12.32	7
5	Cheng Yu Ching	SJAC	12.57	
6	Ho Chik Hin	YWC	12.58	
7	Chan Chun Ho	NWC	12.58	
8	Chan Ming Ching Henry	DBS	12.59	

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Event 9 100m Boys B

Standard: 12.50 Record: 11.03 (2008)

Semi-Final 1				Final Lane
1	Wong Tsz Hin	DBS	11.42	3
2	Wu Chi Kwan	CGHC	11.44	4
3	Li Wing Fai	DBS	11.53	7
4	Cheung Kin Yan	WFN	11.78	
5	Chow Yiu Chun	SJAC	11.92	
6	Tso Chun Wing	NWC	11.95	
7	Choy Po Hang	PCMS	12.01	
8	Leung Ching Tao Albert	WYK	12.33	
Semi-Final 2				Final Lane
1	Chan Hiu Nam Gabriel	LSC	11.39	2
2	Wong Wai Kin	LSC	11.49	5
3	Lam Ka Lok	SKSS	11.53	6
4	Chau Tung Fai	CSWCSS	11.57	1
5	Lee Ka Ho	CYT	11.77	8
6	Chun Chi Sing	YCKMC	11.80	
7	Chu Chun Wai	CSWCSS	11.85	
8	Wong Chun Long	YCKMC	12.20	

=====
Event 10 100m Boys A

Standard: 12.20 Record: 10.40 (2008)

Semi-Final 1				Final Lane
1	Ho Ping Kwan	CGHC	10.91	2
2	Lam Oscar Wang Chun	SJAC	11.16	3
3	Kooh Lok Man	WFN	11.19	4
4	Chan Ching Lam	NWC	11.44	7
5	Chan Yik Hei	PCMS	11.47	1
6	Lam Hok Man	PCMS	11.77	
7	Ting Chris	CSWCSS	11.86	
8	Brian Hui	KGV	11.97	
Semi-Final 2				Final Lane
1	Tsu Ka Chon	LSC	11.24	5
2	Li Lut Yin	LSC	11.36	6
3	Wong Hao Keng	YCKMC	11.55	8
4	Li Yin Kei	DBS	11.57	
5	Wang Hao Yang	DBS	11.63	
6	Ho Ka Tsun	SKSS	11.66	

7	Wong Kin Shing	CYT	12.00
8	Chan Yu Hong	YCKMC	12.00

=====
Event 11 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

Heat 1					Final Lane
1	Au Yeung Hok Ka Claire	DGS	2:28.35	Standard	1
2	Mo Yee Nam	HYS	2:43.49	Standard	8
3	Mak Ho Yi	GHS	2:44.00	Standard	9
4	Erin Brown	WIS	2:45.01	Standard	10
5	Cheng Yuk Ping Kate	SCGS	2:46.47	Standard	11
6	Ines Castagnet	KGV	2:51.09	Standard	
7	Lam Ting Luk Yuet Yu M.	MCS	2:53.82	Standard	
8	Chim Yuek Yue Nicole	SPCS	2:56.57	Standard	
9	Wong Lok Yee Joyce	SHCC	2:58.67		
10	Li Hui Tou Vanessa	MSS	2:59.60		
11	Yum Christine	PCMS	3:15.09		
12	Perrine Corlin	IS		DN start	

Heat 2					Final Lane
1	Lau Cheuk Yan Samantha	DGS	2:29.51	Standard	2
2	Shreya Rane	WIS	2:35.72	Standard	3
3	Chung Wing Yi Grace	SCGS	2:35.95	Standard	4
4	Caitlin Fowlds	IS	2:37.29	Standard	5
5	Lau Mong Yan	GHS	2:37.30	Standard	6
6	Lee Ho Yan	HYS	2:42.51	Standard	7
7	Madeleine Thomas	KGV	2:46.91	Standard	12
8	Wong Chak Yan	SHCC	2:51.54	Standard	
9	Tam Sin Hang Megan	SPCS	2:53.28	Standard	
10	Wong Ying Ching Cynthia	MCS	2:54.25	Standard	
11	Beatrix Lee Man Kay	MSS	3: 6.97		
12	Yung Man Ting	PCMS	3:15.46		

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Event 12 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

Heat 1					Final Lane
1	Jemima Jones	WIS	2:33.33	Standard	1
2	Tso Sze Ming	DGS	2:36.65	Standard	2
3	Mak Yan Yu Joyce	HYS	2:43.18	Standard	8
4	Wong Wai Ying Katherine	MSS	2:51.23	Standard	12
5	Eunice Dalton	KGV	2:53.28	Standard	
6	Ching Cho Miu	GHS	2:53.71	Standard	
7	Tse Yuen Sum Rennus	SCGS	2:54.15	Standard	
8	Chan Hoi Ching Jovi	MCS	2:54.62	Standard	
9	Choi Wei Yan Margert	SPCS	3: 1.83		
10	Chan Yau Kei	SHCC	3: 7.06		
11	Ella Nowroz	IS	3:10.25		
12	Hui Simone Sze Long	PCMS	3:12.03		

Heat 2					Final Lane
1	Lee Yuk Ying	HYS	2:37.08	Standard	3
2	Michelle Yeung	WIS	2:37.72	Standard	4
3	Lee Suet Ying	DGS	2:39.65	Standard	5
4	Eve Lo	KGV	2:39.97	Standard	6
5	Ho Cheuk Ying Karen	MCS	2:40.02	Standard	7
6	So Chun Wai	GHS	2:43.48	Standard	9
7	Wong Wing Yu Natalie	SCGS	2:45.23	Standard	10
8	Mak Natalie Ngai Yee	SHCC	2:49.00	Standard	11
9	Wu Tsz Miu Judy	PCMS	2:55.06		
10	Jane Wright	IS	2:57.07		
11	Daphne Wong Sui Xin	MSS	2:57.13		
12	Yuen Ka Sum	SPCS	2:58.54		

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Event 13 800m Girls A

Standard: 2:53.00 Record: 2:18.30 (1994)

Heat 1					Final Lane
1	Chan Yee Ki	DGS	2:17.41	Standard	1
2	Sin Chin Wing Sonia	HYS	2:38.04	Standard	3
3	Wong Tsz Yan	PCMS	2:38.42	Standard	4
4	Krishnan Nina Joanne	SPCS	2:42.78	Standard	7

5	Tess Masters	WIS	2:44.84	Standard	12
6	Katherine Cai	KGV	2:45.80	Standard	
7	Vickie Ip	IS	2:46.71	Standard	
8	Chow Yau Josephine	SCGS	2:48.49	Standard	
9	Yeung Cheuk Sze Charis	MCS	2:49.48	Standard	
10	Ng Wing Kei	SHCC	2:51.39	Standard	
11	Ng Pui Yin	GHS	2:51.76	Standard	
12	Chan Georgina	MSS	3:13.49		

Heat 2					Final Lane
1	Ling Man Sze	DGS	2:36.09	Standard	2
2	Choi Yan Yin	HYS	2:40.71	Standard	5
3	Leung Tak Wing Stephanie	MCS	2:42.74	Standard	6
4	Chan Hui Yan Stephanie	SHCC	2:42.92	Standard	8
5	Su Jennifer Ming Yin	SCGS	2:43.00	Standard	9
6	Tse Kar Man	GHS	2:43.63	Standard	10
7	Ella Morrison	WIS	2:43.64	Standard	11
8	Wendy Herrera	KGV	2:44.88	Standard	
9	Ng Yin Ki	PCMS	2:48.79	Standard	
10	Hester Law	MSS	3: 5.04		
11	Cheung Hiu Ching	SPCS		DN start	
12	Rachel Mason	IS		DN start	

Event 14 Discus Boys B
Standard: 28.00 (1kg)

Record: 50.67 (2011) (1kg)

Position	Name	School	Result	Remark	Points
1	Wan Yuk Ping	DBS	41.49	Standard	9
2	Shiu Tin Yau	HPCCSS	41.23	Standard	7
3	Chan Yin Chung	LSC	39.14	Standard	6
4	Chan Hok Lim	SKSS	38.91	Standard	5
5	Wong Chun Lok	LSC	38.80	Standard	4
6	Wong Michael	WYK	38.77	Standard	3
7	Ho Chun Yan Wilson	HPCCSS	38.58	Standard	2
8	Lam Nam Tony	YCKMC	34.86	Standard	1
	Li Long Fung	CGHC	33.83	Standard	
	Cheung Tik Pong	WFN	33.61	Standard	
	Cheng Tung Hei	SKSS	33.20	Standard	
	Chin Fung	PCMS	32.67	Standard	
	Cheung Chi Fung	CSWCSS	32.58	Standard	
	Chan Ho Yin	CHECSS	32.15	Standard	
	Chau Lam Sing	SJAC	31.95	Standard	
	Chan Tin Yeung	CGHC	31.83	Standard	
	Patrick Yu	KGV	31.73	Standard	
	Li Jia Jie	CYT	31.73	Standard	
	Hiro Chan	KGV	31.19	Standard	
	Tsang Shing Fai	DBS	30.67	Standard	
	Man Wai Sum	YWC	29.74	Standard	
	Hui Chak Hang	WYK	29.38	Standard	
	Yau Ming Hang	WFN	29.18	Standard	
	Kwok Chun Kit	YCKMC	28.71	Standard	
	Chan Lon Kiu	PCMS	28.18	Standard	
	Li Haang Cheung	NWC		No Mark	
	Yang Hoi	CYT		No Mark	
	Yu Chung Yau	CHECSS		No Mark	
	Wong Laam Fung	NWC		No Mark	
	Li Ka Ho	SJAC		DN take part	
	Cho Yip Chak	CSWCSS		No Mark	
	Ho Yee Fu	YWC		No Mark	

Event 15 High Jump Boys C
Standard: 1.35

Record: 1.76 (2010)

Position	Name	School	Result	Remark	Points
1	Mak Wai Kit	LSC	1.68	Standard	9
2	Chan Yuk Tat	HPCCSS	1.68	Standard	7
3	Yee Hon Chung	LSC	1.62	Standard	6
4	Wong Hok Kan	CSWCSS	1.62	Standard	5
5	Ng Tsz Lok	DBS	1.53	Standard	4
6	Wong Fu Hong	CHECSS	1.53	Standard	3
7	Chan Sai Yung	CSWCSS	1.45	Standard	2
7	Lor Long Yin	YWC	1.45	Standard	2

Pang Wai Hang	WFN	1.44	Standard
Yao Xiao Tong	HPCCSS	1.44	Standard
Chan Justin Hei Long	YWC	1.44	Standard
Choi Chuen Hang	SKSS	1.44	Standard
Wong Wai San	YCKMC	1.40	Standard
Pang Hong Kin	NWC	1.40	Standard
Chan Sheung Wai	NWC	1.40	Standard
Lau Tsz Chung	PCMS	1.35	Standard
Chow Kan Sin	CHECSS	1.35	Standard
Lau Siu Chun	WFN	1.35	Standard
Parth Bhagat	KGV	1.35	Standard
Hui Jeffrey Tsui Pang	SJAC	1.35	Standard
Wong Lok Man	DBS	1.30	
Cheung Kam Hong	WYK	1.30	
Tam Yiu Cheung	PCMS	1.30	
Wong King Lok	SKSS	1.30	
Law Tsz Kit	SJAC	1.30	
Leung Sze Hang	YCKMC	1.30	
So Ka Hang	CGHC	1.30	
Wong Ho Min	CGHC		No Mark
Tse Chun Sang	CYT		No Mark
Lam King Lo	CYT		No Mark
Bryan Yick	KGV		No Mark
Lee Nok Hang	WYK		No Mark

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Event 16 Shot Put Boys C

Standard: 8.50 (4kg) Record: 13.52 (2009) (4kg)

Position	Name	School	Result	Remark	Points
1	Wong Ka Chu	DBS	11.35	Standard	9
2	Tsai Tsz Cheung	SKSS	11.21	Standard	7
3	Cheung Hok Kin	SJAC	11.18	Standard	6
4	Law Ho Tin	DBS	10.84	Standard	5
5	Li Felix	LSC	10.75	Standard	4
6	Ng Hon Lam	LSC	10.11	Standard	3
7	Mak Kwan Tao	HPCCSS	10.06	Standard	2
8	Chan Man Chung	SJAC	9.71	Standard	1
	Leung Yuk Sen	CSWCSS	9.54	Standard	
	Chen Chak Fung	HPCCSS	9.44	Standard	
	William Gazeley	KGV	9.43	Standard	
	Sean Derman	KGV	9.36	Standard	
	Yip Hon Kit	CHECSS	9.13	Standard	
	Wong Yat Fung	CSWCSS	8.97	Standard	
	Mak Sai Cheong	YCKMC	8.88	Standard	
	Tang Kit Man	WFN	8.73	Standard	
	Ng Kin Ping	CHECSS	8.68	Standard	
	Cheng Man Jun	WFN	8.36		
	Chan Ming Chung	PCMS	7.73		
	Chan Chun Wing Win	WYK	7.70		
	Law Ho Wa Howard	YWC	7.68		
	Ng Chak Hin	CGHC	7.67		
	Liu Tsz Hei	CYT	7.57		
	Yau Yu Tung	CGHC	7.53		
	Chan Leong Ming	NWC	7.52		
	Yip Kai Ting Clayton	WYK	7.33		
	Tam Kai Wai	SKSS	7.25		
	Tin Kwan Yau	PCMS	7.08		
	Yip Wai Kit	NWC	5.74		
	Lo Tsz Kin	CYT	5.30		
	Leung Man Chiu	YCKMC		DN take part	
	Chan Ka Lok	YWC		No Mark	

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Event 17 Long Jump Boys A

Standard: 5.50 Record: 7.07 (1981)

Position	Name	School	Result	Remark	Points
1	Chan Ming Tai	DBS	7.27	Standard	9
2	Pang Ying Kit	LSC	7.09	Standard	7
3	Ngan Chun Yin	LSC	6.58	Standard	6
4	Cheung Chung Yin	HPCCSS	6.46	Standard	5
5	Li Ka Chun	HPCCSS	6.28	Standard	4

6	Choi Keng Shing	YCKMC	6.20	Standard	3
7	Hui Ka Po	CGHC	6.12	Standard	2
8	Chan Hoi Chun	DBS	6.04	Standard	1
	Jonathan Kwok	KGV	5.91	Standard	
	Zeng Jin Yong	CSWCSS	5.73	Standard	
	Chau Ming Sing	SJAC	5.72	Standard	
	Wong Chak Hung	CHECSS	5.70	Standard	
	Wong Chi Pang	WYK	5.64	Standard	
	Yau Ho Lung	SKSS	5.49		
	Chan Kam Wai	WYK	5.49		
	Lam Ho Yin	CSWCSS	5.45		
	Lio Hong In	YCKMC	5.38		
	Ma Ho Ming	WFN	5.36		
	Lee Wai Tsun	CHECSS	5.30		
	Hui Sai Kit	SKSS	5.14		
	Chin Ching	PCMS	5.09		
	Kong Ka Yuen	NWC	4.98		
	Ip Man Hei Isaac	PCMS	4.91		
	Chan Chan Wai	YWC		DN take part	
	Cheung Man Lung	YWC		DN take part	
	Chan Wing Leung	CGHC		No Mark	
	Brian Cho	KGV		DN take part	
	Sung Kai Hong	WFN		No Mark	
	Wong Wing Tai	SJAC		DN take part	
	Cheng Wai Nok	NWC		No Mark	

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Event 18 Long Jump Girls A

Standard: 4.10 Record: 5.70 (2009)

Position	Name	School	Result	Remark	Points
1	Lee Ming Wai Katie	DGS	5.21	Standard	9
2	Yiu Hoi Yan	SHCC	5.17	Standard	7
3	Mok Elite	SHCC	4.99	Standard	6
4	Leung Ching Yi	GHS	4.97	Standard	5
5	Wu Hoi Ting Dianna	DGS	4.89	Standard	4
6	chow Wan Ki Victoria	SPCS	4.73	Standard	3
7	Chan Hoi Kay Stephanie	MCS	4.70	Standard	2
8	Wong Man Yee	GHS	4.68	Standard	1
	Wu Kit Man Katherine	SCGS	4.33	Standard	
	Law Ka Mun Melissa	SPCS	4.28	Standard	
	Yeung Wing Ching Anthea	MCS	4.25	Standard	
	Tam Nga Wai	HYS	4.14	Standard	
	Tam Hiu Yee Noel	SCGS	4.12	Standard	
	Cheng Kit Yee Katy	HYS	4.04		
	Wong Bo Yan Bowie	MSS	3.99		
	Elinor Stokes	KGV	3.63		
	Wu Hei Man	PCMS	3.59		
	Diane Ng	KGV	3.49		
	Rebecca Mould	WIS	3.48		
	Veronica Morlotti	WIS	3.35		
	Fung Wing Man	PCMS	3.30		
	Penney Tung	IS	3.26		
	Nola Derweduwe	IS		DN take part	

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Event 19 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

Heat	1				Final Lane
1	Kwong Kam Cheong	SJAC	2:20.46	Standard	2
2	Yuen Angus Ling Hong	LSC	2:21.08	Standard	4
3	Pon Siu Chun	WFN	2:21.77	Standard	5
4	Li Ka Shun	HPCCSS	2:22.37	Standard	6
5	Man Fong Cheung	PCMS	2:24.04	Standard	8
6	Max Lee Tsz Long	DBS	2:24.95	Standard	10
7	Alan Sou	KGV	2:25.53	Standard	12
8	Che Wai Ho	NWC	2:25.96	Standard	
9	Chan Chi Shing	YCKMC	2:26.66	Standard	
10	Kwong Pak Chung	CGHC	2:29.80	Standard	
11	Yu King Chun	WYK	2:30.28	Standard	
12	Mok Po Chun	SKSS	2:30.35	Standard	
13	Ching Kwan Yeung	CSWCSS	2:31.45	Standard	

14	Tsang Kam Pui	CYT	2:39.99		
15	Ip Ka Shing	YWC	2:42.15		
16	Wong Kai Lam	CHECSS		DN start	
Heat 2					Final Lane
1	Chan Efoo Ajibola	DBS	2:20.14	Standard	1
2	Chan Cheuk Lam	LSC	2:21.04	Standard	3
3	Law Ho Fung	WFN	2:22.90	Standard	7
4	Law Hiu Long	HPCCSS	2:24.09	Standard	9
5	Koo Hoi Sau	CSWCSS	2:25.35	Standard	11
6	Clarence Ma	KGV	2:25.68	Standard	
7	Chan Tsz Sum	WYK	2:30.34	Standard	
8	Chang Man Ho	CHECSS	2:31.55	Standard	
9	Wong Man Ho Herman	YWC	2:33.17		
10	Chan Ho Ming	CGHC	2:33.82		
11	Chen Ka Ho	SJAC	2:35.95		
12	Wong Chun Yi	YCKMC	2:37.93		
13	Yung Ho Wai Arcturus	PCMS	2:41.94		
14	Sze Siu Lung	CYT	2:43.04		
15	Keung Siu Hei	NWC	2:47.82		
16	Pun Hin Man	SKSS	2:48.83		

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 Event 20 800m Boys B

Standard: 2:23.00 Record: 2:01.00 (2011)

Heat 1					Final Lane
1	Chan Joshua Seeking	DBS	2:10.57	Standard	1
2	Chan Arthur Hok Man	LSC	2:11.82	Standard	2
3	Cheung Wang Fung	WFN	2:13.85	Standard	6
4	Leung Cheuk Wing	CSWCSS	2:16.69	Standard	9
5	Yeung Ka Long	HPCCSS	2:18.92	Standard	11
6	Sin Lok Man	CGHC	2:20.58	Standard	
7	Lam Hon Fung Samuel	SJAC	2:21.02	Standard	
8	Tse Shing Fu	CHECSS	2:21.73	Standard	
9	Antony Organ	KGV	2:22.53	Standard	
10	Lau Wai Kit	WYK	2:22.70	Standard	
11	Share Tsz Hin	NWC	2:23.44		
12	Ng Ka Yiu	YWC	2:23.47		
13	Choi Tsz Ho	SKSS	2:33.36		
14	Tang Chi Long	YCKMC	2:34.18		
15	Tsang Darren Christopher	PCMS	2:35.75		
16	Chan Kwun Chun	CYT	3: 0.52		

Heat 2					Final Lane
1	Tsang Tsz Wang	DBS	2:13.23	Standard	3
2	Li Man Fung Timothy	LSC	2:13.56	Standard	4
3	Lui Chun Kit	CHECSS	2:13.70	Standard	5
4	Chu Po Wah	CSWCSS	2:13.90	Standard	7
5	Ho Juen Ko	KGV	2:15.00	Standard	8
6	Wong Kin Chung	WFN	2:18.28	Standard	10
7	Chan Chak Wing	YCKMC	2:19.37	Standard	12
8	Lee Ka Yiu	HPCCSS	2:19.87	Standard	
9	So Cheuk Lam	WYK	2:20.39	Standard	
10	Chau Kai Chung	CGHC	2:20.62	Standard	
11	Law Chi Ho	PCMS	2:23.40		
12	Chan Ka Kin	NWC	2:23.98		
13	Au Kam Wong	CYT	2:52.74		
14	Ho Yee Fu	YWC		DN start	
15	Chow Man Kei	SKSS		DN start	

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 Event 21 800m Boys A

Standard: 2:20.00 Record: 1:57.89 (2004)

Heat 1					Final Lane
1	Li Tsz Hei	LSC	2: 3.59	Standard	3
2	Kwong Yuk Wa	WFN	2: 4.41	Standard	4
3	Chung Man Kin	WYK	2: 4.53	Standard	5
4	Chu Check Kiu Jacky	DBS	2: 5.82	Standard	6
5	Ho Cho Wai	YCKMC	2: 6.31	Standard	8
6	Kwok Tsz Hang	CSWCSS	2:11.04	Standard	
7	Tsang Hoi Kin	SJAC	2:11.12	Standard	
8	Michael Wu	KGV	2:13.73	Standard	
9	Chu Chun Fore Mars	CHECSS	2:13.98	Standard	

10	Lo Ka Man	SKSS	2:14.23	Standard	
11	Ngai Hon Leung	CGHC	2:19.02	Standard	
12	Tsang Ho Man	PCMS	2:20.44		
13	Li Chun Yin	YWC	2:21.13		
14	Tsui Ka Ho	NWC	2:22.35		
15	Chan Kwok Hong	CYT	2:30.04		
Heat 2					Final Lane
1	Lee Cho Wai Jimmy	DBS	1:57.77	Standard	1
2	Chan Kai Pan	LSC	1:59.56	Standard	2
3	Chan Ngai Lun	WFN	2: 5.92	Standard	7
4	Ng Tak Wo	SJAC	2: 7.27	Standard	9
5	Lee Lik On	CGHC	2: 8.62	Standard	10
6	Ho Chun Hei	PCMS	2:10.11	Standard	11
7	Ng Hoi Ho	YCKMC	2:10.76	Standard	12
8	Kam Siu Fung	HPCCSS	2:13.72	Standard	
9	Kenneth Chan	KGV	2:15.72	Standard	
10	Hui Man Lok	CSWCSS	2:16.76	Standard	
11	Lee Chun Yin Oscar	YWC	2:18.52	Standard	
12	Cheung Man Hin	SKSS	2:18.90	Standard	
13	Lai Chi Fung	WYK	2:19.53	Standard	
14	Leung Ka Long	NWC	2:29.76		
15	Chan Fung Yeung	CHECSS		DN start	

Event 22 200m Girls C

Standard: 31.50

Record: 26.02

(2009)

Heat 1					Final Lane
1	Leung Yee Ting	GHS	27.61	Standard	4
2	Kwok Luen Fong	HYS	28.26	Standard	6
3	Jenny Kang	IS	30.69	Standard	
4	Moeno Matsukage	WIS	31.19	Standard	
5	Au Jasmine Ying Tung	MCS	31.49	Standard	
6	Siri-Livingston	KGV	31.97		
7	Chan Wing Lam Kelly	SCGS	34.14		
8	Luk Ngo Ching	SHCC		DN start	
Heat 2					Final Lane
1	Poon Hang Wai	GHS	26.05	Standard	2
2	Kong Chun Ki	DGS	27.12	Standard	3
3	Kelly Donohue	IS	29.22	Standard	1
4	Selina Fawdry	WIS	29.57	Standard	
5	Wong Yuet Magdaleine	MSS	29.83	Standard	
6	Hui Yung Yung Kevina	SPCS	30.09	Standard	
7	Lauren Young	KGV	30.80	Standard	
8	Chu Wing Sum	PCMS	33.27		
Heat 3					Final Lane
1	Sin Wai Yan Claudia	DGS	27.93	Standard	5
2	Tang Pui Yin	SPCS	28.28	Standard	7
3	Sham Tsz Ching	HYS	29.30	Standard	8
4	Elly Lau Ho Ching	MSS	30.36	Standard	
5	Chu Xia Wai	SHCC	30.71	Standard	
6	Kwok Jommy	MCS	30.99	Standard	
7	Lee Ching Yan	SCGS	31.05	Standard	
8	Wong Nok Yiu	PCMS	33.03		

Event 23 200m Girls B

Standard: 31.00

Record: 25.22

(2002)

Heat 1					Final Lane
1	Chan Ka Sin Edith	SCGS	26.75	Standard	4
2	Mak Yee Ki	HYS	27.53	Standard	6
3	Cheng Yin Man	GHS	28.06	Standard	7
4	Sabrina Lau	KGV	29.50	Standard	
5	Olivia Russell	IS	29.57	Standard	
6	Chao Lung	SHCC	29.58	Standard	
7	Kylie Cheung	WIS	29.87	Standard	
8	Lee Yuen Wai Victoria	MCS	30.05	Standard	
Heat 2					Final Lane
1	Lo Ka Lam	GHS	25.98	Standard	2
2	Lam Christy Ho Yan	DGS	26.49	Standard	3
3	Vanessa Ng	KGV	28.73	Standard	8
4	Lam Lok Wun Chloe	MSS	29.51	Standard	

5	Amy Brooks	WIS	29.76	Standard	
6	Marcella Wilson Guang	IS	30.49	Standard	
7	Lo Kiu Yan Gladys	SPCS	31.32		
8	Pang Tsz Ching	PCMS	32.58		
Heat 3					Final Lane
1	Yan Hoi Tung Abby	MCS	27.14	Standard	5
2	Wan Cynthia Hill Kwan	DGS	28.35	Standard	1
3	Cheung Man Yui Marky	SCGS	29.04	Standard	
4	Lo Yan Ting	SPCS	29.34	Standard	
5	Tse Sze Wai	HYS	29.47	Standard	
6	Au Cheuk Kiu Stephanie	MSS	30.22	Standard	
7	Li Wing Yin Janice	PCMS	31.67		
8	Cheuk Pui Man	SHCC	32.13		

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Event 24 200m Girls A

Standard: 30.50

Record: 24.93 (2007)

Heat 1					Final Lane
1	Lo Yuk Ting	SHCC	26.76	Standard	4
2	Li Winkie	GHS	27.14	Standard	5
3	Li Tsz Kwan	HYS	27.57	Standard	7
4	Leung Sze Chung Gloria	SCGS	28.16	Standard	8
5	Chloe Cheung	WIS	29.77	Standard	
6	Chan Doralice Sui Sum	MCS	29.89	Standard	
7	Smanice Kok	IS	31.19		
8	Diamond Heung	KGV	32.81		

Heat 2					Final Lane
1	Lam On Ki	GHS	26.76	Standard	3
2	Kayleigh Basson	KGV	28.91	Standard	
3	Andrea Dann	IS	29.66	Standard	
4	Law Ka Mun Melissa	SPCS	29.84	Standard	
5	Rebecca Mould	WIS	29.90	Standard	
6	Ng Cindy Joy	MSS	29.91	Standard	
7	Leung Kei Yi	PCMS	30.27	Standard	
8	Li Wai Ting	DGS	32.44		

Heat 3					Final Lane
1	Lee Wing Yee	HYS	26.71	Standard	2
2	Chiu Man Ting Tiffany	SCGS	27.25	Standard	6
3	Sue Yui Hang Helen	MCS	28.01	Standard	1
4	Lee Tiffany Tsing Yan	SHCC	28.24	Standard	
5	Lam Joanne Wing Kiu	DGS	28.75	Standard	
6	Chan Ying Tung	SPCS	29.41	Standard	
7	Chau Ho Yun	PCMS	29.54	Standard	
8	Harrison Laura Anne	MSS	30.05	Standard	

=====
Event 25 200m Boys C

Standard: 27.50

Record: 22.59 (2008)

Semi-Final 1					Final Lane
1	Chau Yung Ho Michael	DBS	23.57		2
2	Luk Kin Wang	WFN	24.76		4
3	Poon Kwok Pui	YCKMC	24.87		6
4	Cheung Man Shun Manson	WFN	25.51		1
5	Lee Ching Yu	LSC	25.88		
6	Tsang Churn	PCMS	26.06		
7	Chan Chun Ho	NWC	26.13		
8	Leung Chung Hang	CGHC	27.32		

Semi-Final 2					Final Lane
1	Sze Kin Ho	HPCCSS	24.68		3
2	Chung Cheuk Hei	DBS	24.76		5
3	Law Kin Fung	SKSS	25.04		7
4	Kwok Wai Ching	PCMS	25.58		8
5	Cheng Yu Ching	SJAC	25.86		
6	Cheng Long Hei	YCKMC	26.28		
7	Ho Chik Hin	YWC	26.28		
8	Chan Ka Lok	CSWCSS	26.96		

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Event 26 200m Boys B

Standard: 26.50

Record: 22.13 (2010)

Semi-Final 1					Final Lane
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1	Wong Wai Kin	LSC	23.52	4
2	Lam Ka Lok	SKSS	23.57	5
3	Li Wing Fai	DBS	23.66	7
4	Chow Yiu Chun	SJAC	24.06	1
5	Cheung Kin Yan	WFN	24.17	8
6	Lee Ka Chun	CSWCSS	24.22	
7	Zachary Powner	KGV	24.81	
8	Li Siu Hang Jacky	CSWCSS	25.08	
Semi-Final 2				Final Lane
1	Chan Hiu Nam Gabriel	LSC	23.40	2
2	Wong Tsz Hin	DBS	23.48	3
3	Wu Chi Kwan	CGHC	23.64	6
4	Chun Chi Sing	YCKMC	24.38	
5	Lau Kin Hei	PCMS	24.47	
6	Tso Chun Wing	NWC	24.63	
7	Li Chung Chak	YCKMC	24.93	
8	Choy Po Hang	PCMS	25.16	

=====
Event 27 200m Boys A
Standard: 25.50 Record: 21.53 (2007)

Semi-Final 1				Final Lane
1	Lam Oscar Wang Chun	SJAC	22.94	3
2	Chan Yan Lam	DBS	23.10	5
3	Chan Ching Lam	NWC	23.45	7
4	Ho Ka Tsun	SKSS	23.56	8
5	Wong Hao Keng	YCKMC	23.59	
6	Li Yin Kei	DBS	23.95	
7	Chan Kai Ming	CSWCSS		
8	Kwan Chun Ming	HPCCSS		

Semi-Final 2				Final Lane
1	Li Lut Yin	LSC	22.58	2
2	Kooh Lok Man	WFN	22.98	4
3	Tsu Ka Chon	LSC	23.20	6
4	Ho Ping Kwan	CGHC	23.46	1
5	Choy Kwan Wai	PCMS	24.56	
6	Lam Hok Man	PCMS	24.77	
7	Chan Yu Hong	YCKMC	24.77	
8	Ting Chris	CSWCSS	25.15	

=====
Event 28 Javelin Girls B
Standard: 18.00 (600gm) Record: 42.10 (2011) (600gm)

Position	Name	School	Result	Remark	Points
1	Lau Hei Ting	GHS	42.92	Standard	9
2	Ma Ka Man	DGS	28.72	Standard	7
3	Fung Kiu Lok Mona	SPCS	28.30	Standard	6
4	Ching Nok Yee	SHCC	25.05	Standard	5
5	Fung Ka Kiu Kali	DGS	24.77	Standard	4
6	Ip Shuk Yan Tiffany	SPCS	24.73	Standard	3
7	Tallulah Acton	WIS	24.66	Standard	2
8	Cheung Naau Yau	HYS	23.34	Standard	1
	Puri Vamika	MSS	22.26	Standard	
	Chan Ka Ying	PCMS	21.16	Standard	
	Tsang Hiu Ching Candy	MCS	20.82	Standard	
	Suen Kar Ying Maggie	MCS	20.68	Standard	
	Chan Yan Hei	HYS	20.22	Standard	
	Justine Rudico	WIS	19.27	Standard	
	Micaela Jade Jansen	MSS	18.00		
	Yi Ai Chen	KGV	15.46		
	Wong Ka Man Sylvia	SCGS	14.97		
	Semin Seo	KGV	14.71		
	Leung Yuen Ting	SHCC	13.80		
	Katie Watkin	IS	9.73		
	Chau Ka Ching Chloe	SCGS		No Mark	
	Yuen Lien Tao	GHS		No Mark	
	Louise Hannaford	IS		DN take part	

=====
Event 29 High Jump Girls B
Standard: 1.30 Record: 1.75 (2010)

Position	Name	School	Result	Remark	Points
1	Yiu Tsz Ching	DGS	1.63	Standard	9
2	So Fuk Lam	GHS	1.47	Standard	7
3	Lara Gander	WIS	1.47	Standard	6
4	Wong Sze Ting	DGS	1.44	Standard	5
4	Debbie Kwok Ting Yan	MSS	1.44	Standard	5
6	Chan Ying Sinn	SPCS	1.41	Standard	3
7	Wu Tsz Yin	GHS	1.35	Standard	2
7	Leung Wai Ching	HYS	1.35	Standard	2
	Wong Hilda	MCS	1.34	Standard	
	Elise Overton	KGV	1.30	Standard	
	Leung Yan Yee Eunice	MCS	1.30	Standard	
	Bridget Kriesel	WIS	1.30	Standard	
	Claire Frisinger	IS	1.30	Standard	
	Lo Kiu Yan Gladys	SPCS	1.30	Standard	
	Chin Chin Lam	KGV	1.30	Standard	
	Florrie Manzoni	IS	1.25		
	Chan Hei Ching	PCMS	1.25		
	Leung Hong Ting Suzanne	SCGS		DN take part	
	Lui Sum Yi	HYS		No Mark	

=====
Event 30 100m Hurdles Girls C

Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)

Heat 1

Final Lane

1	Chan Ho Wun Cynthia	MCS	17.45	Standard	4
2	Cheung Ching Ting	GHS	17.48	Standard	5
3	Yuen Samantha	HYS	18.61	Standard	8
4	Clover Chau	WIS	20.75	Standard	
5	Chau Yuk Ching	SHCC	21.00	Standard	
6	Sheryl Lau	IS	21.57		
7	Lee Ching Yan	SCGS	21.80		
8	Amy Taylor	KGV		DN start	

Heat 2

Final Lane

1	Yuen Wing Nam	DGS	16.78	Standard	2
2	Pang Ching Lam	GHS	17.18	Standard	3
3	Sakura Hasegawa	KGV	18.22	Standard	7
4	Chui Wai Sze	SPCS	18.88	Standard	
5	Scarlet Chan	WIS	20.46	Standard	
6	Acconci Gemma	MSS	20.90	Standard	
7	Noa Horowitz	IS	21.57		
8	Lau Cheuk Man	PCMS	21.68		

Heat 3

Final Lane

1	Wong Shuk Yee Irena	SPCS	17.97	Standard	6
2	Tsui Rachel Pui Yu	DGS	18.44	Standard	1
3	Chung Wai Yan	PCMS	18.75	Standard	
4	Tam Yuen Ting	HYS	18.92	Standard	
5	Ho Cheuk Yee Cherry	MCS	20.01	Standard	
6	Wong Cho Kei	SHCC	21.40		
7	Lo Chiu Yu Sharon	MSS	21.54		
8	Fu Long Kei Jessie	SCGS	24.83		

=====
Event 31 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)

Heat 1

Final Lane

1	Leung Hoi Yin	DGS	15.26	Standard	2
2	Li Yuet Yan	HYS	17.73	Standard	
3	Wong Hilda	MCS	18.07	Standard	
4	Tai Ching Wai	PCMS	18.16	Standard	
5	Natalie Roux	WIS	20.06	Standard	
6	Che Lok Yiu Natalie	SCGS	20.96		
7	Louise Hutereau	IS		DN start	

Heat 2

Final Lane

1	Yeung Lok Hei hazel	SPCS	16.78	Standard	5
2	Wong Yeuk Tung	GHS	17.26	Standard	6
3	Kwok Cheuk Wing	PCMS	17.61	Standard	1
4	Ho Yun Wai Kristie	MCS	17.66	Standard	
5	Wendy Yang	KGV	18.66	Standard	
6	Yukiko Lui	WIS	18.98	Standard	
7	Kelly Yip	IS	21.69		

Heat 3					Final Lane
1	Cheng Yuet Wah	GHS	16.30	Standard	3
2	Ma Kimberly Pearl	SPCS	16.53	Standard	4
3	Chan Yin Wan	DGS	17.37	Standard	7
4	Tse Sze Wai	HYS	17.63	Standard	8
5	Chloe Mow	KGV	18.62	Standard	
6	Cheung Man Yui Marky	SCGS	19.13	Standard	

=====
 Event 32 100m Hurdles Girls A
 Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)

Heat 1					Final Lane
1	Wong Yee Lam	PCMS	15.18	Standard	3
2	Tam Wan In	GHS	16.88	Standard	
3	Sue Yui Hang Helen	MCS	17.10	Standard	
4	Ng Lok To	HYS	17.42	Standard	
5	Wu Kit Man Katherine	SCGS	18.67	Standard	
6	Roxanne Ogilvy Watson	WIS	19.25	Standard	
7	Catherine Stamp	IS	20.12		
8	Tiffany Cheung	KGV	21.66		

Heat 2					Final Lane
1	Lui Lai Yiu	PCMS	14.68	Standard	2
2	Leung Ching yi	GHS	15.23	Standard	4
3	Wu Hoi Ting Dianna	DGS	16.59	Standard	7
4	Ng Sze Wing	SPCS	16.70	Standard	1
5	Chan Yin Kwan Serena	MSS	16.86	Standard	8
6	Jasmine Chu	WIS	18.51	Standard	
7	Emma Bucks	KGV	18.91	Standard	
8	Yasmin Daswani	IS		DN start	

Heat 3					Final Lane
1	Lee Ming Yan Jacquelin	DGS	15.79	Standard	5
2	Tam Nga Wai	HYS	16.55	Standard	6
3	Chan Shu Yiu Mathilda	MCS	17.77	Standard	
4	Hilary Ng Wei Hung	MSS	18.20	Standard	
5	Kwan Hoi Man	SPCS	18.72	Standard	
6	Kam Wing Tsin Venue	SCGS	18.77	Standard	
7	Lam Man Sum	SHCC	19.03	Standard	

=====
 Event 33 100m Hurdles Boys C
 Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)

Semi-Final 1					Final Lane
1	Mok Chi Kin	LSC	15.06		3
2	Wong Chun Yin	HPCCSS	15.93		5
3	Tsoi Pui Ngai Christopher	HPCCSS	16.30		7
4	Wong Chi Fung	SJAC	16.41		1
5	Wong Fu Hong	CHECSS	16.76		
6	Cheng Tin Wai	CSWCSS	17.21		
7	Sze To Tsz Wai	CGHC	18.36		
8	Cheung Kai Chun	CYT	19.84		

Semi-Final 2					Final Lane
1	Lai Tsun Hei Jonathan	LSC	15.01		2
2	Pang Wai Hang	WFN	15.36		4
3	Cheng Pak To Patrick	YCKMC	16.22		6
4	Chan Pak Hei	CSWCSS	16.44		8
5	Lam Pak Yin	PCMS	17.13		
6	Parth Bhagat	KGV	18.11		
7	Ko Hiu Chi	DBS	18.64		
8	Cheung Tsz Yan	SKSS			

=====
 Event 34 100m Hurdles Boys B
 Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)

Semi-Final 1					Final Lane
1	Wan Hi Yuen	DBS	14.07		2
2	Suen Yiu Fai	SKSS	14.68		4
3	Choi Lok Ching	LSC	14.77		5
4	Ngan To Him	PCMS	15.20		1
5	Chu Chun Wai	CSWCSS	15.30		
6	Wong Tsz Fung	WYK	15.78		
7	Reis Yap	KGV	15.97		

8	Wong Chun Long	YCKMC	16.21	
Semi-Final 2				Final Lane
1	Nip Ho Tin	DBS	14.21	3
2	Chan Lok Hin	CYT	14.91	6
3	Liu Kam Ho	SJAC	15.15	7
4	Cheung Chun Ho	NWC	15.23	8
5	Cheung Tat Ming	SKSS	16.13	
6	Lau Yui Ching	PCMS	16.26	
7	Lee Ka Ho	CYT	16.44	
8	Wong Wing Ho	SJAC		

=====
Event 35 110m Hurdles Boys A
Standard: 18.50 (0.914m) Record: 14.20 (2009) (0.914m)

Semi-Final 1				Final Lane
1	Lai Ho Tat	CGHC	14.18	2
2	Fong Tsz Ming	NWC	14.54	3
3	Chan Yik Hei	PCMS	14.89	5
4	Leung Cheung Kit	HPCCSS	15.40	8
5	Lee Wai Tsun	CHECSS	15.48	
6	Fung Tin Yan Jonathan	WFN	15.82	
7	Cheng Hoi Man	YCKMC	16.12	
8	Tsoi Kai Ching	LSC	20.61	

Semi-Final 2				Final Lane
1	Lui Chun Yan	CGHC	14.63	4
2	Choi Ho Shing	YCKMC	15.13	6
3	Chau Ching Yu	NWC	15.15	7
4	Liu Chung Lung	SJAC	15.27	1
5	Ip Man Hei Isaac	PCMS	15.61	
6	Tai Siu Lun	SJAC	15.65	
7	Wan Yat Fu	DBS	16.35	
8	Fong Pak Lun	LSC		

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Event 36 Javelin Boys A
Standard: 31.00 (700gm) Record: 60.43 (2007) (700gm)

Position	Name	School	Result	Remark	Points
1	Li Victor	LSC	52.72	Standard	9
2	Cheung Yat Lun	SJAC	48.05	Standard	7
3	Tang Kai Leung	CGHC	45.27	Standard	6
4	Chan Sum Chau	HPCCSS	43.84	Standard	5
5	Lam Kwok Wing	YCKMC	42.98	Standard	4
6	Leung Yam Wah Bryan	DBS	41.40	Standard	3
7	Wong Wing Fai	CGHC	40.90	Standard	2
8	Ng Hon Chi Erik	DBS	40.78	Standard	1
	Kok Ho Kan	CSWCSS	39.75	Standard	
	Kwan Chun Chi	CHECSS	38.65	Standard	
	Wong Kin On	LSC	37.63	Standard	
	Chow Cheuk Hin Godwin	WYK	36.63	Standard	
	Cheung King Wai Francis	WFN	36.59	Standard	
	Wong Yu Hin	WYK	35.11	Standard	
	Rupert Phillips	KGV	33.71	Standard	
	Fong Tsz Ming	NWC	33.63	Standard	
	Fan Ho Yin	CYT	32.96	Standard	
	Wong Yau Yik	CHECSS	32.90	Standard	
	Leung Lok Hei	CSWCSS	31.79	Standard	
	Martin Bae	KGV	31.34	Standard	
	Huang Enqiang	HPCCSS	30.93		
	Ma Ka Chun	YCKMC	30.38		
	Chong Man Kit	NWC	28.45		
	Chan Ka Wai	SKSS	26.17		
	Chan Hau Wing	CYT	25.66		
	Cheuk Wing Kit	SKSS	25.55		
	Fung Tsz Sum	PCMS	24.64		
	Chen Sai Wai	WFN	23.22		
	Ha Cody Jims	PCMS	18.81		
	To Wang Tseuk	YWC	18.34		
	Tung Chun Yeung	YWC		No Mark	

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Event 37 400m Boys C
Standard: 1:04.00 Record: 51.23 (2008)

Semi-Final 1				Final Lane
1	Sze Kin Ho	HPCCSS	55.70	2
2	Chung Cheuk Hei	DBS	57.60	5
3	Pang Kit Ching	LSC	58.46	1
4	Wong Man Ho Herman	YWC	59.16	8
5	Li Hai Wan	HPCCSS	59.96	
6	Lei Yiu Ting	WYK	1: 0.43	
7	Chen Ka Ho	SJAC	1: 0.74	
8	Jim Ho Yin	WYK	1: 0.75	

Semi-Final 2				Final Lane
1	Chan Cheuk Lam	LSC	57.13	3
2	Cheung Man Shun Manson	WFN	57.22	4
3	Law Ho Fung	WFN	58.03	6
4	Wong Chi Fung	SJAC	58.41	7
5	Chan Ka Lok	CSWCSS	59.37	
6	Leung Long Yin	DBS	1: 0.23	
7	Cheng Long Hei	YCKMC	1: 1.89	
8	Nikhil Makharia	KGV	1: 3.02	

Event 38 400m Boys B

Standard: 1:00.00 Record: 49.72 (2010)

Semi-Final 1				Final Lane
1	Lee Ka Chun	CSWCSS	54.71	3
2	O Chun Yee	HPCCSS	55.73	7
3	Wong Wing Ho	SJAC	56.03	
4	Lau Lap Kuen	CYT	56.14	
5	Share Tsz Hin	NWC	56.49	
6	Sue Yui Sum	WFN	57.18	
7	Chan Tsz Him	WYK	57.79	
8	Chung King Chung	CYT	57.81	

Semi-Final 2				Final Lane
1	Wan Hi Yuen	DBS	54.60	2
2	Shu Kitamura	KGV	55.09	4
3	Li Man Fung Timothy	LSC	55.40	5
4	Kwok Tsz Hin Simon	SJAC	55.64	6
5	Ho Kwong Ho	DBS	55.92	1
6	Zachary Powner	KGV	55.99	8
7	Wong Aldous Hoi Kui	WYK	58.75	
8	Kwok Yat Nam	NWC		

Event 39 400m Boys A

Standard: 57.50 Record: 49.10 (1964)

Semi-Final 1				Final Lane
1	Lee Chin Ting	CYT	51.41	2
2	Kwan Chun Ming	HPCCSS	51.90	3
3	Choi Ho Shing	YCKMC	52.05	4
4	Ng Tak Wo	SJAC	53.12	5
5	Kwong Yuk Wa	WFN	54.33	1
6	Kok Ho Kan	CSWCSS	55.17	
7	Michael Wu	KGV	55.68	
8	Li Fai Yuen	CGHC	56.54	

Semi-Final 2				Final Lane
1	Ho Tsz Fung	DBS	53.37	6
2	Chan Kai Pan	LSC	54.16	7
3	Chan Yan Lam	DBS	54.58	8
4	Ho Chun Hei	PCMS	54.63	
5	Choy Kwan Wai	PCMS	54.63	
6	Keswani Andrew Jeram	LSC	54.87	
7	Hui Shiu Lun	NWC	55.65	
8	Chan Ngai Lun	WFN	57.15	

Event 40 4x100m Relay Girls C

Standard: 59.00 Record: 50.95 (2010)

Heat 1				Final Lane
1		DGS	51.33	Standard 2
2		GHS	52.46	Standard 3
3		HYS	54.44	Standard 4

4	SPCS	54.53	Standard	5
5	WIS	57.92	Standard	1
6	SHCC		DQ	
Heat 2				Final Lane
1	MSS	55.31	Standard	6
2	MCS	56.16	Standard	7
3	SCGS	59.41		8
4	PCMS		DQ	
5	IS		DQ	
6	KGV		DQ	

=====
Event 41 4x100m Relay Girls B
Standard: 58.00 Record: 49.52 (2007)

Heat 1				Final Lane
1	DGS	52.23	Standard	2
2	SPCS	52.24	Standard	3
3	GHS	52.88	Standard	4
4	HYS	54.39	Standard	6
5	SHCC	55.71	Standard	1
6	WIS	57.38	Standard	

Heat 2				Final Lane
1	SCGS	53.50	Standard	5
2	KGV	55.03	Standard	7
3	MCS	56.97	Standard	8
4	MSS	57.22	Standard	
5	PCMS	57.66	Standard	
6	IS		DQ	

=====
Event 42 4x100m Relay Girls A
Standard: 57.00 Record: 48.49 (2008)

Heat 1				Final Lane
1	SHCC	49.94	Standard	2
2	GHS	50.63	Standard	3
3	DGS	51.51	Standard	4
4	HYS	51.97	Standard	6
5	SPCS	55.76	Standard	
6	WIS	55.91	Standard	

Heat 2				Final Lane
1	PCMS	51.86	Standard	5
2	SCGS	52.91	Standard	7
3	MCS	53.17	Standard	1
4	MSS	54.64	Standard	8
5	KGV		DQ	
6	IS		DN start	

=====
Event 43 4x100m Relay Boys C
Standard: 52.00 Record: 45.05 (2008)

Heat 1				Final Lane
1	DBS	48.16	Standard	2
2	CSWCSS	49.81	Standard	5
3	CHECSS	51.03	Standard	1
4	SKSS	51.15	Standard	8
5	WYK	52.20		
6	SJAC	52.26		
7	CGHC	52.82		
8	YCKMC	54.88		

Heat 2				Final Lane
1	HPCCSS	48.34	Standard	3
2	LSC	48.93	Standard	4
3	YWC	50.10	Standard	6
4	NWC	50.80	Standard	7
5	PCMS	51.99	Standard	
6	KGV	53.58		
7	CYT	55.20		
8	WFN		DQ	

=====
Event 44 4x100m Relay Boys B
Standard: 50.00 Record: 44.23 (2011)

Heat 1				Final Lane
1	LSC	45.45	Standard	3
2	PCMS	47.10	Standard	7
3	KGV	47.81	Standard	
4	HPCCSS	48.21	Standard	
5	YWC	48.50	Standard	
6	NWC	48.61	Standard	
7	CYT	48.80	Standard	
8	WFN		DQ	

Heat 2				Final Lane
1	DBS	44.86	Standard	2
2	CSWCSS	45.78	Standard	4
3	SKSS	46.51	Standard	5
4	WYK	46.99	Standard	6
5	YCKMC	47.45	Standard	1
6	SJAC	47.50	Standard	8
7	CHECSS	48.13	Standard	
8	CGHC	48.51	Standard	

=====
 Event 45 4x100m Relay Boys A
 Standard: 47.50 Record: 42.55 (2010)

Heat 1				Final Lane
1	CGHC	45.11	Standard	4
2	NWC	45.50	Standard	5
3	KGV	45.84	Standard	6
4	PCMS	46.32	Standard	8
5	CSWCSS	46.75	Standard	
6	HPCCSS	47.15	Standard	
7	SKSS	47.77		
8	YWC	48.35		

Heat 2				Final Lane
1	DBS	44.27	Standard	2
2	LSC	44.34	Standard	3
3	YCKMC	45.88	Standard	7
4	SJAC	45.99	Standard	1
5	CHECSS	47.03	Standard	
6	WFN	47.09	Standard	
7	WYK	48.31		

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 (HK Island and Kowloon)
 Division One
 Day Three: 24 February 2012

=====
 Event 1 Discus Girls A

Standard: 18.80 (1kg) Record: 39.30 (2010) (1kg)

Position	Name	School	Result	Remark	Points
1	Woo Wing Yan	GHS	37.09	Standard	9
2	Yan Tsz Ching	SPCS	29.35	Standard	7
3	Wong Hoi Yi	GHS	28.37	Standard	6
4	Leung Chi Ying	HYS	24.65	Standard	5
5	Kwong Tsz Ching	SHCC	24.53	Standard	4
6	Duen Pui Yee	DGS	24.46	Standard	3
7	Wong Chiu Wai Cherrie	MCS	23.70	Standard	2
8	Ng Tze Lok	SPCS	23.59	Standard	1
	Yiu Hoi Lun	SHCC	23.57	Standard	
	Ellen Lau Ngai Lam	MSS	22.23	Standard	
	Leung Hei Tung Florence	MCS	21.52	Standard	
	Wong Yan Lam	PCMS	20.68	Standard	
	Lai Ho Yan	PCMS	20.66	Standard	
	Lai Wing Tiffany	MSS	20.59	Standard	
	Mariko Hill	IS	20.18	Standard	
	Pak Lai Ming Kathleen	DGS	19.85	Standard	
	Amy Farrell	WIS	19.16	Standard	
	Tikal Kasten	KGV	19.06	Standard	
	Lee Karen Desmond	SCGS	18.70		
	Cheng Hiu Lam	HYS		No Mark	
	Nikita Arjwani	KGV		No Mark	
	June Leung	IS		No Mark	
	Yuen Ching Wai Agnes	SCGS		DN take part	
	Giulia Simone	WIS		No Mark	

=====
 Event 2 Long Jump Girls C

Standard: 3.80 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Yue Ya Xin	GHS	5.12	Standard	9
2	Lam Yan Tung	DGS	4.89	Standard	7
3	Lam Yan Hung	GHS	4.84	Standard	6
4	Tsang Yuen Ching S.	MCS	4.81	Standard	5
5	Wong Shuk Yee Irena	SPCS	4.78	Standard	4
6	So Long Shan	DGS	4.74	Standard	3
7	Wai Lok Heng Angelica	SCGS	4.70	Standard	2
8	Wu Xin Yan Bonnie	SPCS	4.66	Standard	1
	Lauren Young	KGV	4.28	Standard	
	Szeto Hiu Kwan	HYS	4.26	Standard	
	Mok Yi Ki	SHCC	4.18	Standard	
	Lau Hoi Yee Selena	SCGS	4.13	Standard	
	Lam Ching Wun Nicole	MSS	4.10	Standard	
	Chow Tsz Ting	HYS	4.09	Standard	
	Clover Chau	WIS	3.92	Standard	
	Natalie Tsang	KGV	3.83	Standard	
	Jenny Kang	IS	3.82	Standard	
	Ho Cheuk Yee Cherry	MCS	3.78		
	Jasmine Hui Ka Kei	MSS	3.61		
	Chu Wing Sum	PCMS	3.52		
	Scarlet Chan	WIS	3.47		
	Ip Wing Hei	PCMS	3.45		
	Noa Horowitz	IS	2.97		
	Wong Cho Kei	SHCC		DN take part	

=====
 Event 3 Shot Put Boys A

Standard: 10.50 (5kg) Record: 15.30 (2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Yee Hon Fai Andy	LSC	13.82	Standard	9

2	Chan Alex Chi Wai	LSC	13.49	Standard	7
3	Wu Delvin Ho Yin	DBS	12.99	Standard	6
4	Li Yu Tat	SJAC	12.64	Standard	5
5	Tam Wai Lam	CHECSS	12.22	Standard	4
6	Cho Kai Fai	HPCCSS	12.15	Standard	3
7	Tam Yik Man	PCMS	12.02	Standard	2
8	Aiden Bradley	KGV	12.01	Standard	1
	Lin Kam Cheung	SJAC	11.78	Standard	
	Chow Pong Wai Michael	HPCCSS	11.73	Standard	
	Yip Pak Lun	DBS	11.36	Standard	
	Ngan Wing Yiu	CGHC	11.36	Standard	
	Ma Ka Chun	YCKMC	11.26	Standard	
	Ng Samuel Oliver Wah Sam	SKSS	11.18	Standard	
	Ip Kwok On	YCKMC	11.09	Standard	
	Fung Kwok Keung	CSWCSS	10.99	Standard	
	So Ka Ming	CGHC	10.96	Standard	
	Cheng King Yin	CHECSS	10.59	Standard	
	Tam Tsz Fung	SKSS	10.52	Standard	
	Martin Bae	KGV	9.97		
	Chow Cheuk Hin Godwin	WYK	9.78		
	Chan Curtis	YWC	9.65		
	Chen Sai Wai	WFN	9.49		
	Ng Kam Hei	PCMS	9.06		
	Wong Yu Hin	WYK	8.67		
	Yip Fuk Lung	NWC	8.48		
	Chan Chak Shing	NWC	8.04		
	Tung Chun Yeung	YWC		DN take part	
	Chan Mo For	CSWCSS		DN take part	

=====
Event 4 Triple Jump Boys A
Standard: 11.20

Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Chau Ching Yu	NWC	14.39	Standard	9
2	Chan Ming Tai	DBS	13.99	Standard	7
3	Pang Ying Kit	LSC	13.80	Standard	6
4	Tai Siu Lun	SJAC	13.42	Standard	5
5	Yeung Pak Hei	WYK	13.21	Standard	4
6	Lui Chun Yan	CGHC	12.85	Standard	3
7	Cheung Chung Yin	HPCCSS	12.80	Standard	2
8	Ngan Chun Yin	LSC	12.80	Standard	1
	Choi Keng Shing	YCKMC	12.36	Standard	
	Chau Ming Sing	SJAC	12.32	Standard	
	Chong Chung Yi	HPCCSS	12.14	Standard	
	Eng Chun Kit	NWC	12.05	Standard	
	Li Yuk Lok	WFN	11.93	Standard	
	Fung Tin Yan Jonathan	WFN	11.92	Standard	
	Jonathan Kwok	KGV	11.85	Standard	
	Wong Chi Pang	WYK	11.75	Standard	
	Hui Ka Po	CGHC	11.68	Standard	
	Wong Hei Shun	DBS	11.52	Standard	
	Chan Yik Ching	PCMS	11.39	Standard	
	Yau Ho Lung	SKSS	11.08		
	Wong Chak Hung	CHECSS	11.04		
	Wu Wing Chung	CSWCSS	10.99		
	Lio Hong In	YCKMC	10.89		
	Hui Sai Kit	SKSS	10.87		
	Chiu Wai Hei	CSWCSS	10.86		
	Dominique Sing	KGV	10.74		
	Chui King Hong	YWC		DN take part	
	To Wang Tseuk	YWC		DN take part	
	Lee Hau Yin	PCMS		DN take part	
	Chan Tsz Chung	CHECSS		DN take part	

=====
Event 5 High Jump Boys B
Standard: 1.55

Record: 1.88 (2011)

Position	Name	School	Result	Remark	Points
1	Yee Hon Ching	LSC	1.81	Standard	9
2	Lo Kan Mo	DBS	1.77	Standard	7
3	So Yin Cheung	HPCCSS	1.74	Standard	6

4	Lo Yan Long	DBS	1.68	Standard	5
5	Shek Shing Him	WFN	1.65	Standard	4
6	Wong Ka Chun	LSC	1.65	Standard	3
7	Lee Chak Ming	NWC	1.60	Standard	2
8	Toby Tsang	KGV	1.60	Standard	1
8	Lai Hing Sang	NWC	1.60	Standard	1
	Yip Chun Ming	HPCCSS	1.59	Standard	
	Cheng Wai Tat	YWC	1.59	Standard	
	Leung Tsz Hei	SKSS	1.55	Standard	
	Cheung Chi Yeung	CHECSS	1.55	Standard	
	Chu Kai Yat	CHECSS	1.55	Standard	
	Au Chin To	CSWCSS	1.55	Standard	
	Lee Wai Sum	WYK	1.55	Standard	
	Cheng Ho Kwong	PCMS	1.50		
	Chan Lok Hin	CYT	1.50		
	Chan Chung Yin	CGHC	1.50		
	Yeung Kwan Wah	SKSS	1.50		
	Liu Ho Fung	CGHC	1.50		
	Krishna Nainani	KGV		No Mark	
	Wong Tsz Fung	WYK		DN take part	
	So Siu Yu	YCKMC		No Mark	
	Yuen Chun Kit	CYT		No Mark	
	Fong Man Chung	YCKMC		No Mark	
	Lui Chun Yiu Michael	WFN		No Mark	
	Lui Hon Chuen	SJAC		DN take part	
	Tse Ching Hin	CSWCSS		No Mark	
	Tam Yiu Pan	SJAC		DN take part	
	Fan Yan Lam	PCMS		No Mark	
	Fung Wing Kin Bodney	YWC		DN take part	

=====
Event 6 400m Hurdles Boys A
Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)

Final				Points
1	Lai Ho Tat	CGHC	56.23	9
2	Lee Chin Ting	CYT	57.95	7
3	Ho Tsz Fung	DBS	58.58	6
4	Yuen Kin Long	LSC	59.82	5
5	Chan Yik Ching	PCMS	1: 0.59	4
6	Chin Ching	PCMS	1: 1.43	3
7	Cheng Hoi Man	YCKMC	1: 2.86	2
8	Lee Ho Wing	SJAC	1:28.30	1

=====
Event 7 200m Girls C
Standard: 31.50 Record: 26.02 (2009)

Final				Points
1	Poon Hang Wai	GHS	25.85	9
2	Kong Chun Ki	DGS	26.59	7
3	Leung Yee Ting	GHS	27.48	6
4	Kwok Luen Fong	HYS	27.76	5
5	Tang Pui Yin	SPCS	27.97	4
6	Kelly Donohue	IS	28.87	3
7	Sin Wai Yan Claudia	DGS	28.97	2
8	Sham Tsz Ching	HYS	29.20	1

=====
Event 8 200m Girls B
Standard: 31.00 Record: 25.22 (2002)

Final				Points
1	Lo Ka Lam	GHS	26.08	9
2	Yan Hoi Tung Abby	MCS	26.19	7
3	Chan Ka Sin Edith	SCGS	26.20	6
4	Lam Christy Ho Yan	DGS	26.46	5
5	Mak Yee Ki	HYS	27.67	4
6	Cheng Yin Man	GHS	28.18	3
7	Wan Cynthia Hill Kwan	DGS	28.42	2
8	Vanessa Ng	KGV	28.72	1

=====
Event 9 200m Girls A
Standard: 30.50 Record: 24.93 (2007)

Final				Points
1	Lam On Ki	GHS	26.05	9
2	Lee Wing Yee	HYS	27.02	7
3	Li Winkie	GHS	27.12	6
4	Li Tsz Kwan	HYS	27.14	5
5	Chiu Man Ting Tiffany	SCGS	27.24	4
6	Lo Yuk Ting	SHCC	27.27	3
7	Leung Sze Chung Gloria	SCGS	28.06	2
8	Sue Yui Hang Helen	MCS	28.66	1

=====
Event 10 200m Boys C
Standard: 27.50 Record: 22.59 (2008)

Final				Points
1	Chau Yung Ho Michael	DBS	23.67	9
2	Sze Kin Ho	HPCCSS	24.44	7
3	Chung Cheuk Hei	DBS	24.73	6
4	Law Kin Fung	SKSS	24.91	5
5	Luk Kin Wang	WFN	24.94	4
6	Poon Kwok Pui	YCKMC	25.11	3
7	Kwok Wai Ching	PCMS	25.73	2
8	Cheung Man Shun Manson	WFN	29.92	1

=====
Event 11 200m Boys B
Standard: 26.50 Record: 22.13 (2010)

Final				Points
1	Wong Tsz Hin	DBS	23.20	9
2	Lam Ka Lok	SKSS	23.34	7
3	Chan Hiu Nam Gabriel	LSC	23.40	6
4	Li Wing Fai	DBS	23.56	5
5	Wong Wai Kin	LSC	23.57	4
6	Wu Chi Kwan	CGHC	23.58	3
7	Cheung Kin Yan	WFN	24.01	2
8	Chow Yiu Chun	SJAC	24.64	1

=====
Event 12 200m Boys A
Standard: 25.50 Record: 21.53 (2007)

Final				Points
1	Chan Yan Lam	DBS	22.30	9
2	Tsu Ka Chon	LSC	22.54	7
3	Kooh Lok Man	WFN	22.65	6
4	Li Lut Yin	LSC	22.78	5
5	Lam Oscar Wang Chun	SJAC	22.95	4
6	Ho Ping Kwan	CGHC	23.32	3
7	Ho Ka Tsun	SKSS	23.41	2
8	Chan Ching Lam	NWC	23.74	1

=====
Event 13 Discus Girls B
Standard: 18.50 (1kg) Record: 33.22 (2008) (1kg)

Position	Name	School	Result	Remark	Points
1	Chang Lok Yi	DGS	28.25	Standard	9
2	Wong Kwan Nga	GHS	25.49	Standard	7
3	Cheung Naau Yau	HYS	25.36	Standard	6
4	Yau Ching	DGS	24.45	Standard	5
5	Tsang Kei Cheung Christy	MCS	22.98	Standard	4
6	Choi Cho Yu Edith	SCGS	22.12	Standard	3
7	Yee Hiu Ching Eunice	SCGS	21.83	Standard	2
8	Chan Cheuk Shan Peony	MSS	21.24	Standard	1
	Tiffany Ki	WIS	21.10	Standard	
	Fung Hiu Wai Beatrice	MCS	20.17	Standard	
	Seung Hui Ying	HYS	20.14	Standard	
	Chan Ka Ying	PCMS	20.08	Standard	
	Elise Overton	KGV	19.48	Standard	
	Law Shin Wing	SHCC	19.22	Standard	
	Lau Shut Yan	PCMS	18.76	Standard	
	Ip Shuk Yan Tiffany	SPCS	18.68	Standard	
	Natalie Ng	KGV	18.14		

Lam Ching Wun	SPCS	17.41	
Poon Long Ching Cindy	MSS		No Mark
Lam Lok Man	SHCC		No Mark
Chloe Best	IS		DN take part
Clare Coverdale	IS		No Mark
Wong Ying Suan	GHS		No Mark
Justine Rudico	WIS		No Mark

=====
Event 14 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

Final			Points
1	Au Yeung Hok Ka Claire	DGS	2:24.68 9
2	Lau Cheuk Yan Samantha	DGS	2:25.29 7
3	Caitlin Fowlds	IS	2:36.42 6
4	Chung Wing Yi Grace	SCGS	2:36.63 5
5	Shreya Rane	WIS	2:37.78 4
6	Mo Yee Nam	HYS	2:40.04 3
7	Lau Mong Yan	GHS	2:40.31 2
8	Lee Ho Yan	HYS	2:40.65 1
9	Madeleine Thomas	KGV	2:42.39
10	Mak Ho Yi	GHS	2:46.24
11	Cheng Yuk Ping Kate	SCGS	2:49.45
12	Erin Brown	WIS	2:50.78

=====
Event 15 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

Final			Points
1	Jemima Jones	WIS	2:29.94 9
2	Lee Yuk Ying	HYS	2:33.25 7
3	Eve Lo	KGV	2:34.99 6
4	Michelle Yeung	WIS	2:35.93 5
5	Lee Suet Ying	DGS	2:36.49 4
6	Ho Cheuk Ying Karen	MCS	2:36.97 3
7	Tso Sze Ming	DGS	2:37.68 2
8	Wong Wing Yu Natalie	SCGS	2:38.22 1
9	Mak Yan Yu Joyce	HYS	2:40.50
10	So Chun Wai	GHS	2:41.46
11	Wong Wai Ying Katherine	MSS	2:44.27
12	Mak Natalie Ngai Yee	SHCC	2:47.48

=====
Event 16 800m Girls A

Standard: 2:53.00 Record: 2:18.30 (1994)

Final			Points
1	Chan Yee Ki	DGS	2:32.15 9
2	Ling Man Sze	DGS	2:34.56 7
3	Wong Tsz Yan	PCMS	2:36.32 6
4	Choi Yan Yin	HYS	2:38.08 5
5	Sin Chin Wing Sonia	HYS	2:38.18 4
6	Leung Tak Wing Stephanie	MCS	2:40.99 3
7	Su Jennifer Ming Yin	SCGS	2:42.00 2
8	Chan Hui Yan Stephanie	SHCC	2:42.44 1
9	Tse Kar Man	GHS	2:42.46
10	Tess Masters	WIS	2:42.49
11	Ella Morrison	WIS	2:44.39
12	Krishnan Nina Joanne	SPCS	2:46.38

=====
Event 17 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

Final			Points
1	Chan Efoo Ajibola	DBS	2:17.18 9
2	Kwong Kam Cheong	SJAC	2:17.54 7
3	Law Ho Fung	WFN	2:17.72 6
4	Chan Cheuk Lam	LSC	2:18.92 5
5	Pon Siu Chun	WFN	2:20.97 4
6	Koo Hoi Sau	CSWCSS	2:21.19 3
7	Li Ka Shun	HPCCSS	2:22.31 2
8	Yuen Angus Ling Hong	LSC	2:22.70 1

9	Max Lee Tsz Long	DBS	2:23.03
10	Law Hiu Long	HPCCSS	2:23.04
11	Alan Sou	KGV	2:23.76
12	Man Fong Cheung	PCMS	2:23.82

Event 18 800m Boys B

Standard: 2:23.00 Record: 2:01.00 (2011)

Final				Points
1	Tsang Tsz Wang	DBS	2: 9.25	9
2	Chan Arthur Hok Man	LSC	2: 9.52	7
3	Lui Chun Kit	CHECSS	2:10.81	6
4	Li Man Fung Timothy	LSC	2:11.44	5
5	Chu Po Wah	CSWCSS	2:11.95	4
6	Leung Cheuk Wing	CSWCSS	2:12.98	3
7	Ho Juen Ko	KGV	2:13.62	2
8	Cheung Wang Fung	WFN	2:14.23	1
9	Chan Joshua Seeking	DBS	2:14.38	
10	Wong Kin Chung	WFN	2:16.74	
11	Chan Chak Wing	YCKMC	2:21.81	
12	Yeung Ka Long	HPCCSS		

Event 19 800m Boys A

Standard: 2:20.00 Record: 1:57.89 (2004)

Final				Points
1	Lee Cho Wai Jimmy	DBS	1:58.18	9
2	Li Tsz Hei	LSC	1:58.25	7
3	Chan Kai Pan	LSC	2: 1.56	6
4	Chung Man Kin	WYK	2: 2.36	5
5	Ho Cho Wai	YCKMC	2: 3.40	4
6	Chu Check Kiu Jacky	DBS	2: 4.02	3
7	Kwong Yuk Wa	WFN	2: 5.22	2
8	Ng Tak Wo	SJAC	2: 5.64	1
9	Chan Ngai Lun	WFN	2: 7.04	
10	Lee Lik On	CGHC	2: 7.56	
11	Ng Hoi Ho	YCKMC	2: 8.87	
12	Ho Chun Hei	PCMS	2: 9.37	

Event 20 100m Hurdles Girls C

Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)

Final				Points
1	Yuen Wing Nam	DGS	16.49	9
2	Pang Ching Lam	GHS	16.96	7
3	Cheung Ching Ting	GHS	17.14	6
4	Chan Ho Wun Cynthia	MCS	17.22	5
5	Wong Shuk Yee Irena	SPCS	17.56	4
6	Yuen Samantha	HYS	18.09	3
7	Tsui Rachel Pui Yu	DGS	18.61	2
8	Sakura Hasegawa	KGV		

Event 21 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)

Final				Points
1	Leung Hoi Yin	DGS	15.36	9
2	Cheng Yuet Wah	GHS	16.46	7
3	Yeung Lok Hei hazel	SPCS	16.53	6
4	Ma Kimberly Pearl	SPCS	16.89	5
5	Wong Yeuk Tung	GHS	16.92	4
6	Kwok Cheuk Wing	PCMS	17.06	3
7	Chan Yin Wan	DGS	17.44	2
8	Tse Sze Wai	HYS	17.59	1

Event 22 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)

Final				Points
1	Lui Lai Yiu	PCMS	14.54	9
2	Leung Ching yi	GHS	14.82	7

3	Wong Yee Lam	PCMS	14.85	6
4	Lee Ming Yan Jacquelin	DGS	15.34	5
5	Tam Nga Wai	HYS	16.28	4
6	Ng Sze Wing	SPCS	16.69	3
7	Wu Hoi Ting Dianna	DGS	17.03	2
8	Chan Yin Kwan Serena	MSS	17.67	1

=====
Event 23 100m Hurdles Boys C
Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)

Final				Points
1	Mok Chi Kin	LSC	14.60	9
2	Pang Wai Hang	WFN	14.94	7
3	Tsoi Pui Ngai Christopher	HPCCSS	15.03	6
4	Lai Tsun Hei Jonathan	LSC	15.34	5
5	Wong Chun Yin	HPCCSS	15.74	4
6	Wong Chi Fung	SJAC	16.38	3
7	Cheng Pak To Patrick	YCKMC	16.42	2
8	Chan Pak Hei	CSWCSS	16.43	1

=====
Event 24 100m Hurdles Boys B
Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)

Final				Points
1	Wan Hi Yuen	DBS	14.06	9
2	Nip Ho Tin	DBS	14.35	7
3	Chan Lok Hin	CYT	14.57	6
4	Suen Yiu Fai	SKSS	14.68	5
5	Choi Lok Ching	LSC	14.71	4
6	Ngan To Him	PCMS	14.81	3
7	Liu Kam Ho	SJAC	14.88	2
8	Cheung Chun Ho	NWC	14.94	1

=====
Event 25 110m Hurdles Boys A
Standard: 18.50 (0.914m) Record: 14.20 (2009) (0.914m)

Final				Points
1	Lai Ho Tat	CGHC	14.35	9
2	Lui Chun Yan	CGHC	14.50	7
3	Fong Tsz Ming	NWC	14.57	6
4	Choi Ho Shing	YCKMC	14.66	5
5	Chan Yik Hei	PCMS	14.76	4
6	Leung Cheung Kit	HPCCSS	15.60	3
7	Liu Chung Lung	SJAC	16.07	2
8	Chau Ching Yu	NWC		

=====
Event 26 400m Girls C
Standard: 1:15.00 Record: 58.78 (2000)

Final				Points
1	Poon Hang Wai	GHS	1: 0.36	9
2	Lau Cheuk Yan Samantha	DGS	1: 2.69	7
3	Leung Yee Ting	GHS	1: 3.42	6
4	Tsang Yuen Ching S.	MCS	1: 4.20	5
5	Chung Wing Yi Grace	SCGS	1: 7.12	4
6	Lee Pui Yi	HYS	1: 7.34	3
7	Sin Wai Yan Claudia	DGS	1: 7.94	2
8	Selina Fawdry	WIS	1: 9.08	1

=====
Event 27 400m Girls B
Standard: 1:13.00 Record: 57.29 (2002)

Final				Points
1	Lam Christy Ho Yan	DGS	59.93	9
2	Leung Hoi Yin	DGS	1: 2.90	7
3	Grace Mann	KGV	1: 3.78	6
4	Vanessa Ng	KGV	1: 4.31	5
5	Cheng Yin Man	GHS	1: 5.51	4
6	Li Yuet Yan	HYS	1: 5.92	3
7	Kylie Cheung	WIS	1: 6.07	2
8	Michelle Yeung	WIS	1: 6.60	1

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=====
Event 28 400m Girls A
Standard: 1:12.50                      Record: 58.29      (1999)
-----
Final                                     Points
 1 Lui Lai Yiu          PCMS          58.10          9
 2 Chan Yee Ki         DGS           59.21          7
 3 Li Winkie           GHS           1: 3.37        6
 4 Tse Kar Man         GHS           1: 4.47        5
 5 Yeung Wai Lam Rachel SCGS          1: 5.17        4
 6 Nola Derweduwe     IS            1: 5.32        3
 7 Pang Hiu Yan Sharon HYS           1: 5.32        3
 8 Lo Yuk Ting         SHCC          1: 6.23        1
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Event 29 400m Boys C
Standard: 1:04.00                      Record: 51.23      (2008)
-----
Final                                     Points
 1 Sze Kin Ho          HPCCSS        56.16          9
 2 Chan Cheuk Lam      LSC           56.91          7
 3 Chung Cheuk Hei    DBS           57.59          6
 4 Cheung Man Shun Manson WFN           57.66          5
 5 Law Ho Fung         WFN           58.01          4
 6 Wong Chi Fung       SJAC          58.66          3
 7 Wong Man Ho Herman  YWC           58.79          2
 8 Pang Kit Ching     LSC           59.41          1
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Event 30 400m Boys B
Standard: 1:00.00                      Record: 49.72      (2010)
-----
Final                                     Points
 1 Wan Hi Yuen         DBS           54.16          9
 2 Lee Ka Chun         CSWCSS        54.78          7
 3 Shu Kitamura       KGV           54.96          6
 4 Zachary Powner     KGV           55.26          5
 5 Li Man Fung Timothy LSC           55.54          4
 6 O Chun Yee         HPCCSS        55.62          3
 7 Kwok Tsz Hin Simon SJAC          55.90          2
 8 Ho Kwong Ho        DBS           57.49          1
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Event 31 400m Boys A
Standard: 57.50                        Record: 49.10      (1964)
-----
Final                                     Points
 1 Chan Yan Lam        DBS           50.87          9
 2 Choi Ho Shing      YCKMC         50.91          7
 3 Ho Tsz Fung        DBS           51.61          6
 4 Lee Chin Ting      CYT           51.78          5
 5 Chan Kai Pan       LSC           53.01          4
 6 Ng Tak Wo          SJAC          53.65          3
 7 Kwong Yuk Wa       WFN           1: 3.36        2
 8 Kwan Chun Ming     HPCCSS        1:24.20        1
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=====
Event 32 100m Girls C
Standard: 15.00                        Record: 12.48      (2010)
-----
Final                                     Points
 1 Kong Chun Ki       DGS           12.64          9
 2 Lam Yan Tung       DGS           12.86          7
 3 Yue Ya Xin         GHS           13.03          6
 4 Tang Pui Yin       SPCS          13.43          5
 5 Kwok Luen Fong     HYS           13.48          4
 6 Wai Lok Heng Angelica SCGS          13.69          3
 7 Pang Ching Lam     GHS           13.89          2
 8 Cho Yuen Ling Natalie MSS            14.22          1
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=====
Event 33 100m Girls B
Standard: 14.70                        Record: 12.21      (2005)
-----
Final                                     Points
 1 Lo Ka Lam          GHS           12.45          9
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2	Yan Hoi Tung Abby	MCS	12.49	7
3	Chan Ka Sin Edith	SCGS	12.55	6
4	Lau Hiu Yu Hilda	DGS	12.75	5
5	Yeung Lok Hei Hazel	SPCS	13.18	4
6	Mak Yee Ki	HYS	13.27	3
7	Wan Cynthia Hill Kwan	DGS	13.46	2
8	Cheung Yuet Wah	GHS	13.48	1

=====
Event 34 100m Girls A

Standard: 14.50 Record: 11.99 (2009)

Final				Points
1	Lam On Ki	GHS	12.10	9
2	Lee Ming Yan Jacqueline	DGS	12.64	7
3	Yiu Hoi Yan	SHCC	12.71	6
4	Lee Wing Yee	HYS	12.86	5
5	Wong Yee Lam	PCMS	13.10	4
6	Li Tsz Kwan	HYS	13.19	3
7	Mok Elite	SHCC	13.20	2
8	Chiu Man Ting Tiffany	SCGS	13.27	1

=====
Event 35 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

Final				Points
1	Chau Yung Ho Michael	DBS	11.38	9
2	Kwok Wai Ching	PCMS	11.92	7
3	Ng Kai Ho	HPCCSS	12.02	6
4	Law Kin Fung	SKSS	12.10	5
5	Poon Kwok Pui	YCKMC	12.22	4
6	Mok Chi Kin	LSC	12.32	3
7	Luk Kin Wang	WFN	12.33	2
8	Mak Sai Yin	CSWCSS	12.36	1

=====
Event 36 100m Boys B

Standard: 12.50 Record: 11.03 (2008)

Final				Points
1	Wong Tsz Hin	DBS	11.40	9
2	Chan Hiu Nam Gabriel	LSC	11.42	7
3	Wu Chi Kwan	CGHC	11.44	6
4	Wong Wai Kin	LSC	11.63	5
5	Li Wing Fai	DBS	11.65	4
6	Chau Tung Fai	CSWCSS	11.82	3
7	Lee Ka Ho	CYT	12.09	2
8	Lam Ka Lok	SKSS	12.16	1

=====
Event 37 100m Boys A

Standard: 12.20 Record: 10.40 (2008)

Final				Points
1	Li Lut Yin	LSC	10.71	9
2	Ho Ping Kwan	CGHC	10.91	7
3	Tsu Ka Chon	LSC	11.08	6
4	Kooh Lok Man	WFN	11.12	5
5	Lam Oscar Wang Chun	SJAC	11.13	4
6	Wong Hao Keng	YCKMC	11.37	3
7	Chan Yik Hei	PCMS	11.43	2
8	Chan Ching Lam	NWC	11.63	1

=====
Event 38 1500m Boys C

Standard: 5:20.00 Record: 4:31.24 (2008)

Final				Points
1	Chan Efoo Ajibola	DBS	4:47.15	9
2	Kwong Kam Cheong	SJAC	4:48.05	7
3	Wong Hong Kit	LSC	4:50.29	6
4	Chan Ki Yan	WFN	4:51.61	5
5	Lai Nok Hei	DBS	4:53.98	4
6	Chen Man Hoi	LSC	4:58.39	3
7	Koo Hoi Sau	CSWCSS	5: 0.06	2

8	Clarence Ma	KGV	5: 0.25	1
9	Li Ka Shun	HPCCSS	5: 4.86	
10	Chan Chi Shing	YCKMC	5: 6.14	
11	Man Fong Cheung	PCMS	5: 6.97	
12	Yik Cheuk Ting	WFN	5: 8.13	

=====
Event 39 1500m Boys B
Standard: 5:00.00 Record: 4:18.96 (2010)

Final				Points
1	Chan Alfred Hon Man	LSC	4:27.45	9
2	Chan Arthur Hok Man	LSC	4:27.73	7
3	Michael Lam	KGV	4:29.50	6
4	Heung Chin Tung	HPCCSS	4:34.27	5
5	Tsang Tsz Wang	DBS	4:34.82	4
6	Jiang Zixin	DBS	4:37.10	3
7	Chu Po Wah	CSWCSS	4:37.82	2
8	Yuen Tsun Hei	SJAC	4:38.83	1
9	Cheung Hin Lok	WYK	4:40.77	
10	Ho Juen Ko	KGV	4:41.45	
11	Kwok Kim Wai	NWC	4:42.11	
12	Lui Chun Kit	CHECSS	4:56.99	

=====
Event 40 1500m Boys A
Standard: 4:58.00 Record: 4:05.76 (2004)

Final				Points
1	Lee Cho Wai Jimmy	DBS	4:20.39	9
2	Kwok Wing Kan	LSC	4:21.07	7
3	Li Tsz Hei	LSC	4:21.94	6
4	Chan Ho Yin	CHECSS	4:22.09	5
5	Ryan Cheung	KGV	4:22.32	4
6	Mitchelmore Sam Brian	DBS	4:26.79	3
7	So Man Ho	CSWCSS	4:27.84	2
8	Chung Man Kin	WYK	4:30.61	1
9	Law Kai Wai	CGHC	4:32.33	
10	Lee Lik On	CGHC	4:32.78	
11	Ho Cho Wai	YCKMC	4:54.03	
12	Ng Hoi Ho	YCKMC		

=====
Event 41 4x100m Relay Girls C
Standard: 59.00 Record: 50.95 (2010)

Final				Points
1		DGS	51.38	18
2		GHS	53.23	14
3		HYS	54.39	12
4		SPCS	55.13	10
5		MSS	55.43	8
6		SCGS	56.06	6
7		MCS	56.58	4
8		WIS	58.12	2

=====
Event 42 4x100m Relay Boys C
Standard: 52.00 Record: 45.05 (2008)

Final				Points
1		DBS	47.27	18
2		HPCCSS	47.29	14
3		LSC	48.39	12
4		CSWCSS	49.71	10
5		NWC	49.93	8
6		SKSS	50.62	6
7		YWC	50.89	4
8		CHECSS	50.90	2

=====
Event 43 4x100m Relay Girls B
Standard: 58.00 Record: 49.52 (2007)

Final				Points
1		DGS	51.80	18

2	GHS	52.23	14
3	SPCS	52.48	12
4	SCGS	53.17	10
5	KGV	55.04	8
6	SHCC	55.27	6
7	MCS	55.92	4
8	HYS		

=====
Event 44 4x100m Relay Boys B
Standard: 50.00 Record: 44.23 (2011)

Final			Points
1	DBS	44.20	18
2	LSC	44.55	14
3	CSWCSS	45.33	12
4	SKSS	46.21	10
5	PCMS	46.51	8
6	YCKMC	46.86	6
7	WYK	47.10	4
8	SJAC	47.97	2

=====
Event 45 4x100m Relay Girls A
Standard: 57.00 Record: 48.49 (2008)

Final			Points
1	SHCC	50.36	18
2	GHS	50.46	14
3	HYS	51.30	12
4	DGS	51.57	10
5	PCMS	52.08	8
6	SCGS	52.61	6
7	MCS	53.87	4
8	MSS	56.39	2

=====
Event 46 4x100m Relay Boys A
Standard: 47.50 Record: 42.55 (2010)

Final			Points
1	DBS	43.58	18
2	LSC	43.69	14
3	PCMS	45.01	12
4	NWC	45.15	10
5	KGV	45.17	8
6	SJAC	48.04	6
7	CGHC	51.10	4
8	YCKMC		

=====
Event 47 4x400m Relay Girls C
Standard: 5:00.00 Record: 4:16.63 (2008)

Final			Points
1	GHS	4:17.86	18
2	DGS	4:23.87	14
3	HYS	4:33.75	12
4	MCS	4:38.37	10
5	WIS	4:45.61	8
6	SCGS	4:45.92	6
7	IS	4:48.56	4
8	KGV	4:49.57	2

=====
Event 48 4x400m Relay Boys C
Standard: 4:16.00 Record: 3:46.84 (2008)

Final			Points
1	WFN	3:56.84	18
2	SJAC	3:57.44	14
3	LSC	3:59.39	12
4	HPCCSS	4: 4.51	10
5	DBS	4:10.01	8
6	CHECSS	4:18.33	6
7	YCKMC	4:19.77	4

Event 49 4x400m Relay Girls B

Standard: 4:56.00

Record: 4:14.24

(2011)

Final

Points

1	DGS	4:13.61	18
2	KGV	4:17.32	14
3	WIS	4:18.63	12
4	HYS	4:28.49	10
5	GHS	4:35.33	8
6	MCS	4:36.88	6
7	MSS	4:47.59	4
8	IS	4:53.68	2

Event 50 4x400m Relay Boys B

Standard: 4:00.00

Record: 3:36.46

(2009)

Final

Points

1	DBS	3:40.31	18
2	LSC	3:40.78	14
3	SJAC	3:42.10	12
4	NWC	3:44.17	10
5	HPCCSS	3:44.19	8
6	KGV	3:45.32	6
7	CSWCSS	3:48.52	4
8	WFN	3:53.11	2

Event 51 4x400m Relay Girls A

Standard: 4:52.00

Record: 4:09.77

(2009)

Final

Points

1	HYS	4:23.16	18
2	GHS	4:24.35	14
3	DGS	4:27.18	12
4	SHCC	4:28.28	10
5	MCS	4:29.17	8
6	WIS	4:34.97	6
7	IS	4:46.67	4
8	PCMS	4:51.13	2

Event 52 4x400m Relay Boys A

Standard: 3:55.00

Record: 3:26.60

(1989)

Final

Points

1	DBS	3:32.56	18
2	LSC	3:35.61	14
3	WFN	3:36.65	12
4	YCKMC	3:38.99	10
5	CGHC	3:39.75	8
6	PCMS	3:40.69	6
7	SJAC	3:40.72	4
8	HPCCSS	3:43.01	2