

**Inter-School Athletics Championships 2012/2013**  
**HK Island & Kowloon**  
**Division One (Final Results)**

**Boys A Grade**

wind speed : + 0.1

**100m**

1	Ho Ping Kwan	CGHC	11.05
2	Wong Wai Kin	LSC	11.06
3	Kooh Lok Man	WFN	11.16
4	Wong Tsz Hin	DBS	11.21
5	Choi Ho Shing	YCKMC	11.22
6	Wu Chi Kwan	CGHC	11.42
7	Chan Hiu Nam Gabriel	LSC	11.44
8	Li Wing Fai	DBS	11.46

**400m**

1	Chan Yan Lam	DBS	49.57
2	Ho Tsz Fung	DBS	50.80
3	Andrew Fraser	KGV	52.82
4	Joshua Kriesel	WIS	53.25
5	Li Tsz Hei	LSC	53.43
6	Kwok Tsz Hin Simon	SJAC	53.86
7	Ho Mang Hin	CHECSS	54.36
8	Lee Ka Chun	CSWCSS	54.88

**1500m**

1	Harry Loasby	WIS	4 : 12.72
2	Chan Ho Yin	CHECSS	4 : 15.47
3	Lee Cho Wai Jimmy	DBS	4 : 15.54
4	Chan Arthur Hok Man	LSC	4 : 16.04
5	Chan Alfred Hon Man	LSC	4 : 18.71
6	Law Kai Wai	CGHC	4 : 27.55
7	Lam Chiu Ming	DBS	4 : 30.61
8	Lee Lik On	CGHC	4 : 34.13

wind speed : + 1.2

**110m Hurdles**

1	Lui Chun Yan	CGHC	14.52
2	Ku Tak Chun	WYHK	14.88
3	Yuen Kin Long	LSC	15.02
4	Lai Ho Tat Costa	CGHC	15.15
5	Chan Yik Hei	PCMS	15.21
6	Wan Hi Yuen	DBS	15.35
7	Liu Chung Lung	SJAC	15.50
8	Lai Tsun Hei Jonathan	LSC	15.76

wind speed : + 1.5

**200m**

1	Chan Yan Lam	DBS	21.92
2	Choi Ho Shing	YCKMC	22.47
3	Wong Wai Kin	LSC	22.73
4	Wu Chi Kwan	CGHC	23.08
5	Chan Hiu Nam Gabriel	LSC	23.11
6	Jonathan Kwok	KGV	23.64
7	Kooh Lok Man	WFN	27.34

**800m**

1	Lee Cho Wai Jimmy	DBS	2 : 2.54
2	Kwok Wing Kan	LSC	2 : 5.88
3	Tsang Tsz Wang	DBS	2 : 6.59
4	Li Tsz Hei	LSC	2 : 7.58
5	Kwong Yuk Wa	WFN	2 : 8.48
6	Lee Lik On	CGHC	2 : 8.75
7	Leung Hoi Cheung	WYHK	2 : 9.25
8	Ng Hoi Ho	YCKMC	2 : 9.68

**5000m**

1	Chan Alfred Hon Man	LSC	16 : 31.00
2	Harry Loasby	WIS	16 : 37.10
3	Chan Arthur Hok Man	LSC	16 : 41.00
4	Law Kai Wai	CGHC	17 : 12.10
5	Chan Wai Tung	PCMS	17 : 14.70
6	Lam Vincent Leslie	WYHK	17 : 20.60
7	Lam Chiu Ming	DBS	17 : 38.50
8	Chan Ho Yin	CHECSS	17 : 53.70

**400m Hurdles**

1	Ho Tsz Fung	DBS	56.39
2	Cheng Shing	LSC	57.91
3	Ho Ka Tsun	SKSS	57.99
4	Yuen Kin Long	LSC	58.38
5	Wan Hi Yuen	DBS	59.30
6	Lau Chun Leung	CGHC	1 : 1.43
7	Chan Yik Ching	PCMS	1 : 1.63

**4x100m Relay**

1	DBS	42.04
2	CGHC	43.54
3	LSC	43.65
4	CSWCSS	45.63
5	WYHK	45.65
6	WFN	45.99
7	CHECSS	46.60

**4x400m Relay**

1	DBS	3 : 30.90
2	YCKMC	3 : 34.85
3	LSC	3 : 35.86
4	WIS	3 : 38.12
5	CHECSS	3 : 39.66
6	SJAC	3 : 39.95
7	CSWCSS	3 : 43.98
8	NWC	3 : 44.81

**High Jump**

1	Lo Kan Mo	DBS	1.87
2	Chiu Wai Hei	CSWCSS	1.84
3	Liu Kwok Kwan	CGHC	1.81
4	Yeung Pak Hei	WYK	1.78
5	Wong Wang Kei	SKSS	1.75
6	Lam Yu Hin Murphy	DBS	1.72
=7	Tsoi Kai Ching	LSC	1.67
=7	Law Ho Fai	CSWCSS	1.67

**Long Jump**

				<u>wind speed</u>
1	Chan Ming Tai	DBS	7.64	+ 1.0
2	Chan Yan Ting	LSC	6.61	+ 0.2
3	Cheung Chung Yin	HPCCSS	6.55	+ 0.2
4	Chau Tung Fai	CSWCSS	6.45	- 0.5
5	Hui Ka Po	CGHC	6.41	+ 0.2
6	Chong Chung Yi	HPCCSS	6.40	+ 0.2
7	Wong Philip	DBS	6.38	+ 1.4
8	Sung Kai Hong	WFN	6.08	+ 1.7

**Triple Jump**

			<u>wind speed</u>
1	Chan Ming Tai	DBS	14.80 - 0.1
2	Cheung Chung Yin	HPCCSS	13.30 - 0.3
3	Lui Chun Yan	CGHC	13.09 + 0.1
4	Yeung Pak Hei	WYK	13.06 - 0.4
5	Ng Siu On	WYHK	12.86 - 1.2
6	Wong Cheuk Man	NWC	12.76 - 1.4
7	Wong Philip	DBS	12.67 - 0.1
8	Sung Kai Hong	WFN	12.66 - 0.6

**Shot Put**

1	Lin Kam Cheung	SJAC	13.26
2	Wu Delvin Ho Yin	DBS	12.71
3	So Ka Ming	CGHC	12.54
4	Tam Tsz Fung	SKSS	12.53
5	Jack Neville	WIS	12.22
6	Yip Pak Lun	DBS	12.22
7	Cho Kai Fai	HPCCSS	12.21
8	Mui Zachary	LSC	11.70

**Discus**

1	Cheung Yat Lun	SJAC	38.61
2	So Ka Ming	CGHC	37.25
3	Lam Kwok Wing	YCKMC	34.81
4	Wong Chun Lok	LSC	33.30
5	Leung Ngai	WYHK	33.24
6	Wong Michael	WYK	32.68
7	Lau Ka Yin	DBS	32.18
8	Zhou Jinghung	WYHK	31.81

**Javelin**

1	Lam Kwok Wing	YCKMC	52.00
2	Fong Kai Chuen	LSC	50.32
3	Leung Yam Wah Bryan	DBS	46.66
4	Cheung Yat Lun	SJAC	46.55
5	Wong Kin	CSWCSS	45.90
6	Kong Chun Yin Sam	HPCCSS	45.09
7	Chow Cheuk Hin Godwin	WYK	44.54
8	Tang Paul Kai Leung	CGHC	42.33

**Boys B Grade**wind speed : - 0.2**100m**

1	Lee Hong Kit	DBS	11.12
2	Chau Yung Ho Michael	DBS	11.33
3	Chun Chi Shing	YCKMC	11.38
4	Chan Cheuk Yin	HPCCSS	11.39
5	Koo Yue Kwan	WYHK	11.46
6	Luk Kin Wang	WFN	11.52
7	Lau Kin Hei	PCMS	11.71
8	Chung Benton Pok Hei	LSC	11.72

wind speed : + 0.9**200m**

1	Chun Chi Shing	YCKMC	22.84
2	Chan Ka Man	DBS	22.93
3	Chau Yung Ho Michael	DBS	23.21
4	Luk Kin Wang	WFN	23.45
5	Wong Yuk Chun	WYHK	23.58
6	Chung Benton Pok Hei	LSC	24.01
7	Poon Kwok Pui	YCKMC	24.21
8	Ng Kai Ho	HPCCSS	24.28

**400m**

1	Chan Ka Man	DBS	52.62
2	Wong Yuk Chun	WYHK	53.19
3	Li Man Fung Timothy	LSC	53.75
4	Chan Cham Ki Jeremy	WFN	53.90
5	Wong Wing Ho	SJAC	54.15
6	Sue Yui Sum	WFN	55.18
7	Ho Kwong Ho	DBS	55.49
8	So Yin Cheung	HPCCSS	1 : 5.97

**800m**

1	Law Ho Fung	WFN	2 : 7.62
2	Li Man Fung Timothy	LSC	2 : 8.56
3	Kwong Kam Cheong	SJAC	2 : 8.78
4	Wong Sum Ho	DBS	2 : 11.17
5	Rajiv Kuruvilla	WIS	2 : 11.29
6	Li Tung Pui Matthew	PCMS	2 : 13.12
7	Wong Kin Chung	WFN	2 : 13.88
8	So Cheuk Lam	WYK	2 : 14.67

**1500m**

1	Lee Yip Chun	WYHK	4 : 25.19
2	Michael Lam	KGV	4 : 32.32
3	Miles Williams	WIS	4 : 35.47
4	Leung Justin	DBS	4 : 38.00
5	Kwong Kam Cheong	SJAC	4 : 39.18
6	James Tan	WIS	4 : 40.13
7	Chan Ki Yan	WFN	4 : 41.94
8	Chan Brian Kai Hin	LSC	4 : 45.68

**3000m**

1	Lee Yip Chun	WYHK	9 : 34.00
2	Miles Williams	WIS	9 : 47.00
3	Michael Lam	KGV	9 : 47.10
4	Wong Hong Kit	LSC	10 : 14.07
5	James Tan	WIS	10 : 14.77
6	Chan Brian Kai Hin	LSC	10 : 18.36
7	Leung Justin	DBS	10 : 32.86
8	Chan Ki Yan	WFN	10 : 34.13

wind speed : + 1.1**100m Hurdles**

1	Nip Ho Tin	DBS	13.75
2	Chan Cheuk Yin	HPCCSS	13.77
3	Mok Chi Kin	LSC	14.04
4	Choi Lok Ching	LSC	14.18
5	Pang Wai Hang	WFN	14.52
6	Cheung Chun Ho	NWC	14.68
7	Wong Wing Ho	SJAC	14.92

**4x100m Relay**

1		DBS	43.73
2		HPCCSS	44.74
3		WYHK	45.13
4		LSC	45.28
5		PCMS	45.80
6		WFN	46.39
7		SJAC	47.42

**4x400m Relay**

1		DBS	3 : 38.07
2		LSC	3 : 39.51
3		WFN	3 : 40.08
4		SJAC	3 : 47.43
5		KGV	3 : 48.20
6		YCKMC	3 : 49.67
7		WIS	3 : 52.16
8		HPCCSS	3 : 56.62

**High Jump**

1	Wong Hok Kan	CSWCSS	1.84
2	So Yin Cheung	HPCCSS	1.84
3	Shek Shing Him	WFN	1.75
4	Wong Ka Chun	LSC	1.75
=5	Yee Hon Chung	LSC	1.75
=5	Lai Kevin Cheuk Yin	DBS	1.75
7	Fong Yiu Sang Vincent	DBS	1.75
8	Chan Ming Ho	PCMS	1.70

**Long Jump**

			<u>wind speed</u>
1	Lau Kin Hei	PCMS	6.65 + 1.7
2	Lui Chung Yin Melvin	HPCCSS	6.37 + 0.9
3	Yan Kang Hong	WYK	6.36 + 0.8
4	Ng Kun Lung	DBS	6.28 + 0.6
5	Mak Chun Wing	LSC	6.18 + 0.6
6	Yee Hon Chung	LSC	6.17 + 2.5
7	Yip Chun Ming	HPCCSS	5.94 + 0.6
8	Sin Ho Man	CHECSS	5.92 + 1.1

**Triple Jump**

			<u>wind speed</u>
1	Ng Kun Lung	DBS	13.37 - 0.3
2	Mak Chun Wing	LSC	13.18 + 0.1
3	Pang Kit Ching	LSC	13.11 - 0.9
4	Yan Kang Hong	WYK	12.89 - 0.7
5	Lui Chung Yin Melvin	HPCCSS	12.78 + 0.1
6	Wong Hok Kan	CSWCSS	12.70 - 0.2
7	Cheng Yu Ching	SJAC	12.41 + 0.2
8	Tsang Sze Heng	DBS	12.17 - 0.7

**Shot Put**

1	Yu Chung Yau	CHECSS	16.33
2	Chau Lam Sing	SJAC	13.90
3	Yiu Yi Wing	CSWCSS	13.18
4	Chen Jun Hui	LSC	12.61
5	Wu Fong Kit	DBS	11.88
6	Chan Hok Lim	SKSS	11.78
7	Yip Hon Kit	CHECSS	11.75
8	Wong Ka Chu	DBS	11.59

**Discus**

1	Chau Lam Sing	SJAC	51.51
2	Chan Yin Chung	LSC	45.79
3	Yu Chung Yau	CHECSS	45.48
4	Tsai Tsz Cheung	SKSS	42.32
5	Pang Ka Chun Nick	HPCCSS	41.51
6	Ho Chun Yan Wilson	HPCCSS	38.56
7	Cheung Tik Pong	WFN	38.54
8	Chan Hok Lim	SKSS	38.18

**Javelin**

1	Hui Chak Hang	WYK	46.52
2	Lo Cheuk Lai	DBS	40.01
3	Li Long Fung	CGHC	39.71
4	Chen Jun Hui	LSC	39.35
5	Yung Man Ho	HPCCSS	37.56
6	Wong Ka Chu	DBS	37.51
7	Yu Kai Yiu	WYHK	35.62
8	Yau Ting Kwan	CHECSS	34.90

**Boys C Grade**wind speed : + 2.3**100m**

1	Sze Kin Ho	HPCCSS	11.66
2	Ma Chi Fai	LSC	11.75
3	Chan Yun Tung	HPCCSS	11.78
4	Kwok Yi Chun	WYHK	11.80
5	Leung Dun Pok	DBS	12.00
6	Ciaran Glen	KGV	12.03
7	Ng Ho Ming	CHECSS	12.07
8	Ryan Wan	WIS	12.20

wind speed : + 0.9**200m**

1	Sze Kin Ho	HPCCSS	23.80
2	Ma Chi Fai	LSC	24.03
3	Kwok Yi Chun	WYHK	24.22
4	Chong Ka Chun	DBS	24.40
5	Lee Ching Yu	LSC	24.75
6	Ciaran Glen	KGV	24.83
7	Ryan Wan	WIS	26.08
8	Cheng Ming Fan Ronald	WFN	32.24

**400m**

1	Chong Ka Chun	DBS	54.57
2	Lee Ching Yu	LSC	55.58
3	Chan Cheuk Lam	LSC	56.27
4	Cheng Ming Fan Ronald	WFN	57.66
5	Mak Yi Nap	HPCCSS	57.91
6	Sit Chun Him	HPCCSS	59.40
7	Li Pak Hoi	WFN	1 : 15.59

**800m**

1	Pon Siu Chun	WFN	2 : 11.12
2	Chan Cheuk Lam	LSC	2 : 13.38
3	Lai Nok Hei	DBS	2 : 13.53
4	Leung Long Yin	DBS	2 : 13.98
5	Lee Yat Long	HPCCSS	2 : 17.99
6	Kwong Pak Chung	CGHC	2 : 18.43
7	Ng Kin Man	YCKMC	2 : 18.86
8	Chan Yat Ming	HPCCSS	2 : 19.25

wind speed : + 0.6**1500m**

1	Kwong Pak Chung	CGHC	4 : 40.48
2	Pon Siu Chun	WFN	4 : 43.51
3	Matthew Tan	WIS	4 : 43.93
4	Lai Nok Hei	DBS	4 : 51.77
5	Liu Sui Wing	LSC	4 : 54.06
6	Nicholas Yuen	KGV	4 : 58.68
7	Ip Long Wang	HPCCSS	5 : 0.92
8	Clayton Gibb	WIS	5 : 1.80

**100m Hurdles**

1	Ng Ho Ming	CHECSS	14.26
2	Szeto Tsz Wai	CGHC	15.12
3	Lam Hin Chak Timothy	LSC	15.74
4	Tam Chin Wah	WFN	15.80
5	Kuang Zhuoheng	SJAC	15.96
6	Lai Hiu Lam	SKSS	16.27
7	Leung Kevin Chu Wai	LSC	16.30
8	Leung Shing Kit	DBS	16.37

**4x100m Relay**

1		HPCCSS	46.63
2		LSC	48.47
3		WYHK	48.49
4		CHECSS	48.82
5		CSWCSS	49.54
6		WIS	50.46

**4x400m Relay**

1		LSC	3 : 54.43
2		DBS	3 : 54.57
3		HPCCSS	3 : 57.27
4		SJAC	3 : 58.24
5		WFN	4 : 1.08
6		WIS	4 : 2.44
7		YCKMC	4 : 2.75
8		WYK	4 : 9.77

**High Jump**

1	Chan Yuk Tat Jeffrey	HPCCSS	1.86
2	Mak Wai Kit	LSC	1.75
3	Ng Tsz Lok	DBS	1.55
4	Chan Sai Yung	CSWCSS	1.55
=5	Kwan Tin Ching	LSC	1.50
=5	Lui Shing Fai Owen	HPCCSS	1.50
=7	To Ching Hong	DBS	1.45
=7	Fan Li Yi	WYK	1.45

**Long Jump**

				<u>wind speed</u>
1	Chan Yun Tung	HPCCSS	6.16	- 1.4
2	Mak Wai Kit	LSC	5.76	- 0.3
3	Chan Yuk Tat Jeffrey	HPCCSS	5.68	+ 0.7
4	Cheng Yin Jun	DBS	5.57	- 2.5
5	Ngan Chun Wei	LSC	5.32	- 1.1
6	Wong Sung Hei	WYK	5.29	- 1.8
7	Leung Pok Man	DBS	5.21	- 0.4
8	Ho Cheuk Chit	SJAC	5.00	+ 1.2

**Shot Put**

1	Li Yu Fung	SJAC	11.61
2	Ng Hon Lam	LSC	11.51
3	Charles Manzon	WIS	11.36
4	Lai In Uen	HPCCSS	10.95
5	Yu Ka Yat	NWC	10.55
6	Sit Wai Lok	WFN	10.44
7	Wu Yufeng George	LSC	10.39
8	Chan Man Chung	SJAC	10.28

**Discus**

1	Li Yu Fung	SJAC	41.27
2	To Hin Zen	WFN	36.88
3	Chu Man Hei Benjamin	LSC	35.42
4	Wu Yu Feng George	LSC	34.40
5	Wong Tak Kiu	CHECSS	29.41
6	Hung Kai Ho	SKSS	28.54
7	Tam Kai Wai	SKSS	28.16
8	Chan Man Chung	SJAC	28.11

**Girls A Grade**

wind speed : + 1.4

**100m**

1	Lo Ka Lam	GHS	12.52
2	Von Pflug Somphrattana Melitta	SMCESPS	12.54
3	Yan Hoi Tung Abby	MCS	12.67
4	Lau Hiu Yu Hilda	DGS	12.88
5	Lee Ming Yan Jacqueline	DGS	13.00
6	Wong Yee Lam	PCMS	13.10
7	Li Tsz Kwan	HYS	13.12
8	Yiu Hoi Yan	SHCC	13.13

wind speed : + 1.6

**200m**

1	Lui Lai Yiu	PCMS	25.95
2	Lo Ka Lam	GHS	26.01
3	Von Pflug Somphrattana Melitta	SMCESPS	26.04
4	Yan Hoi Tung Abby	MCS	26.25
5	Lam Christy Ho Yan	DGS	26.63
6	Li Tsz Kwan	HYS	27.52
7	Cheng Yin Man	GHS	28.29
8	Lo Yan Ting Phoebe	SPCS	28.64

**400m**

1	Lam Christy Ho Yan	DGS	59.19
2	Leung Hoi Yin	DGS	1 : 2.06
3	Grace Mann	KGV	1 : 3.30
4	Chloe Cheung	WIS	1 : 4.09
5	Chan Hue Yan Stephanie	SHCC	1 : 4.56
6	Sue Yui Hang Helen	MCS	1 : 5.20
7	Cheng Yin Man	GHS	1 : 5.61

**800m**

1	Chan Yee Ki	DGS	2 : 17.82
2	Jemima Jones	WIS	2 : 28.35
3	Lee Yuk Ying	HYS	2 : 30.55
4	Eve Lo	KGV	2 : 33.55
5	Chan Hue Yan Stephanie	SHCC	2 : 35.66
6	So Chun Wai	GHS	2 : 36.69
7	Ling Man Sze	DGS	2 : 36.71
8	Ng Yui Lam	SHCC	2 : 37.43

wind speed : + 1.1

**1500m**

1	Chan Yee Ki	DGS	4 : 54.07
2	Lee Yuk Ying	HYS	5 : 17.24
3	Jemima Jones	WIS	5 : 19.65
4	Eve Lo	KGV	5 : 28.38
5	Ng Yui Lam	SHCC	5 : 31.87
6	Ling Man Sze	DGS	5 : 33.28
7	Katherine Cai	KGV	5 : 35.90
8	So Chun Wai	GHS	5 : 38.57

**100m Hurdles**

1	Lui Lai Yiu	PCMS	14.40
2	Leung Ching Yi	GHS	14.77
3	Wong Yee Lam	PCMS	14.82
4	Leung Hoi Yin	DGS	15.28
5	Ma Kimberly Pearl	SPCS	15.67
6	Lee Ming Yan Jacqueline	DGS	15.75
7	Tam Nga Wai	HYS	16.15
8	Ng Sze Wing	SPCS	16.71

**4x100m Relay**

1		GHS	50.67
2		DGS	51.61
3		PCMS	51.91
4		MCS	51.93
5		SHCC	52.78
6		SPCS	53.42
7		SCGS	54.14
8		HYS	1 : 1.99

**4x400m Relay**

1		DGS	4 : 4.82
2		WIS	4 : 25.83
3		GHS	4 : 28.50
4		HYS	4 : 31.23
5		KGV	4 : 34.52
6		MCS	4 : 37.41
7		SHCC	4 : 37.51
8		SCGS	4 : 46.08

**High Jump**

1	Yeung Man Wai	DGS	1.65
2	Lara Gander	WIS	1.48
3	So Fuk Lam	GHS	1.45
4	Eunice Dalton	KGV	1.45
5	Wong Sze Ting	DGS	1.42
6	Wong Siu Ping	HYS	1.42
7	Shum Yan Yue	SSGC	1.37
=8	Lam Siu Kwan	SMCESPS	1.37
=8	Lam Ching Ching Claudia	GHS	1.37

**Long Jump**

1	Yeung Man Wai	DGS	5.38	- 1.2
2	Yiu Hoi Yan	SHCC	5.25	- 1.3
3	Chow Wan Ki Victoria	SPCS	5.24	- 0.4
4	Mok Elite	SHCC	5.19	- 1.5
5	Leung Ching Yi	GHS	5.07	- 0.8
6	Wong Yeuk Tung	GHS	4.95	- 0.9
7	Wu Kit Man Katherine	SCGS	4.79	- 2.1
8	Lau Hiu Yu Hilda	DGS	4.75	- 1.3

wind speed

**Shot Put**

1	Seung Hui Ying	HYS	9.43
2	Wong Kwan Nga Karina	GHS	9.34
3	Wong Ying Suan Minnie	GHS	9.26
4	Chang Lok Yi	DGS	9.01
5	Yau Ching	DGS	8.55
6	Leung Kei Yi	PCMS	8.28
7	Leung Chi Ying	HYS	7.77
8	Wong Yan Yee	MCS	7.32

**Discus**

1	Chang Lok Yi	DGS	30.13
2	Cheung Naau Yau	HYS	26.21
3	Duen Pui Yee	DGS	25.88
4	Wong Kwan Nga Karina	GHS	24.73
5	Wong Ying Suan Minnie	GHS	24.71
6	Seung Hui Ying	HYS	24.67
7	Fung Hiu Wai Beatrice	MCS	23.64
8	Yiu Hoi Lun	SHCC	22.71

**Javelin**

1	Lau Hei Ting	GHS	41.52
2	Tan Minhua	GHS	33.66
3	Duen Pui Yee	DGS	32.57
4	Chan Ka Ying	PCMS	27.88
5	Mona Fung	SPCS	27.30
6	Ma Ka Man	DGS	27.02
7	Wong Yan Yee	MCS	25.24
8	Yiu Hoi Lun	SHCC	23.64

## Girls B Grade

wind speed : + 0.7

### 100m

1	Kong Chun Ki	DGS	12.62
2	Chan Ka Sin Edith	SCGS	12.84
3	Yeung Lok Hei Hazel	SPCS	12.98
4	Mak Yee Ki	HYS	13.09
5	Yuen Wing Nam	DGS	13.20
6	Wai Lok Heng Angelica	SCGS	13.46
7	Cheung Yuet Wah	GHS	13.55
8	Leung Yee Ting	GHS	14.67

### 400m

1	Poon Hang Wai	GHS	59.30
2	Bridget Kriesel	WIS	1 : 2.28
3	Tsang Yuen Ching	MCS	1 : 3.29
4	Sin Wai Yan Claudia	DGS	1 : 3.77
5	Li Yuet Yan	HYS	1 : 4.85
6	Kylie Cheung	WIS	1 : 5.19
7	Wong Wing Yu Natalie	SCGS	1 : 5.78
8	Von Pflug Chanthisa Delia Pong Chou Yee	SMCESPS	1 : 6.65

### 1500m

1	Vanessa Ng	KGV	5 : 16.67
2	Lee Suet Ying	DGS	5 : 21.25
3	Jennifer Pugh	WIS	5 : 36.73
4	Chloe Martin	WIS	5 : 38.61
5	Wong Hei Ching	GHS	5 : 39.73
6	Chow Siu Kwan	HYS	5 : 41.15
7	Lee Ho Yan	HYS	5 : 42.71
8	Mumba Hinzano Chelesa	DGS	5 : 48.58

### 4x100m Relay

1		DGS	50.48
2		SPCS	52.31
3		SCGS	52.62
4		GHS	53.27
5		HYS	54.06
6		MCS	54.74
7		SMCESPS	56.15

### High Jump

1	Yiu Tsz Ching	DGS	1.58
2	Chan Yin Ming Emmie	DGS	1.50
3	Ching Nok Yee	SHCC	1.50
4	Kau Chun	GHS	1.50
5	Lam Yan Hung	GHS	1.45
6	Chloe Martin	WIS	1.40
7	Amelia Ku-Neale	KGV	1.40
8	Chan Shu Yiu Mathilda	MCS	1.40

wind speed : + 0.9

### 200m

1	Chan Ka Sin Edith	SCGS	26.03
2	Kong Chun Ki	DGS	26.30
3	Yue Ya Xin	GHS	26.46
4	Mak Yee Ki	HYS	26.97
5	Leung Yee Ting	GHS	27.51
6	Sin Wai Yan Claudia	DGS	28.44
7	Cheung Man Yui Marky	SCGS	28.51
8	Kylie Cheung	WIS	28.59

### 800m

1	Poon Hang Wai	GHS	2 : 23.33
2	Vanessa Ng	KGV	2 : 24.32
3	Jennifer Pugh	WIS	2 : 33.05
4	Lee Suet Ying	DGS	2 : 33.95
5	Chung Wing Yi Grace	SCGS	2 : 36.77
6	Wong Hei Ching	GHS	2 : 36.95
7	Leung Ya Ting Noel	DGS	2 : 37.77
8	Chow Siu Kwan	HYS	2 : 38.98

wind speed : + 1.3

### 100m Hurdles

1	Yuen Wing Nam	DGS	15.42
2	Yeung Lok Hei Hazel	SPCS	15.90
3	Cheung Yuet Wah	GHS	16.18
4	Li Yuet Yan	HYS	16.55
5	Chan Ho Wun Cynthia	MCS	16.69
6	Wong Shuk Yee Irena	SPCS	16.84
7	Pang Ching Lam	GHS	17.03
8	Tsui Rachel Pui Yu	DGS	17.48

### 4x400m Relay

1		WIS	4 : 16.40
2		DGS	4 : 23.85
3		HYS	4 : 25.59
4		GHS	4 : 26.57
5		MCS	4 : 33.42
6		SCGS	4 : 33.93
7		KGV	4 : 34.62
8		SMCESPS	4 : 52.50

### Long Jump

1	Chan Ying Sinn	SPCS	5.51	<u>wind speed</u> + 0.4
2	Yue Ya Xin	GHS	5.39	+ 1.5
3	Szeto Hiu Kwan	HYS	5.15	+ 2.1
4	Wai Lok Heng Angelica	SCGS	5.06	+ 1.2
5	Tsang Yuen Ching Stepheni	MCS	4.93	- 1.2
6	Wong Shuk Yee Irena	SPCS	4.81	+ 1.4
7	Chang Cheuk Yi Nicole	HYS	4.79	+ 2.0
8	Pun Yi Wai	SMCESPS	4.62	+ 1.1

**Shot Put**

1	Lau Cheuk Ting Courtney	GHS	10.15
2	Ng Yee Kwan	HYS	9.42
3	Chan Hei Ching	PCMS	8.87
4	Lai Yan Ning	SSGC	8.85
5	Law Yik Yan	DGS	8.58
6	Moneil Kirsten Mak Sum Yu	HYS	8.48
7	Kanjanapas Dawnee	DGS	8.43
8	Tsang Kei Cheung Christy	MCS	8.34

**Discus**

1	Lau Cheuk Ting Courtney	GHS	28.63
2	Chung Wai Yan Phoebe	SCGS	27.00
3	Tsang Kei Cheung Christy	MCS	26.50
4	Cheung Kiu Wai	DGS	25.36
5	Ng Hau Lam	HYS	24.01
6	Lam Wing Tung	GHS	23.75
7	Kanjanapas Dawnee	DGS	23.49
8	Lau Shut Yan	PCMS	23.18

**Javelin**

1	Cheung Kiu Wai	DGS	31.22
2	Chim Ho Ki	GHS	31.07
3	Tiffany Ip	SPCS	28.16
4	Ching Nok Yee	SHCC	27.83
5	Li Wing Yin Janice	PCMS	26.31
6	Gast Michelle	HYS	25.38
7	Yung Denise	SSGC	24.45
8	Wu Lok Yan	HYS	23.57

**Girls C Grade**wind speed : - 0.5**100m**

1	Wu Cheuk Yan	SSGC	12.69
2	Chan Pui Kei	GHS	12.93
3	Lam Yan Tung	DGS	13.17
4	Tang Pui Yin	SPCS	13.26
5	Wong Ching Hei Bobo	SCGS	13.45
6	Yu Chung Yan	GHS	13.58
7	Kwok Luen Fong	HYS	13.60
8	Lam Yuen Tsun	DGS	13.75

wind speed : + 0.8**200m**

1	Wu Cheuk Yan	SSGC	26.08
2	Chan Pui Kei	GHS	26.76
3	Tang Pui Yin	SPCS	27.27
4	Wong Ching Hei Bobo	SCGS	27.42
5	Lam Yuen Tsun	DGS	27.74
6	Thach Tivona	DGS	27.91
7	Yu Chung Yan	GHS	27.93
8	Kwok Luen Fong	HYS	28.14

**400m**

1	Lau Cheuk Yan Samantha	DGS	1 : 2.66
2	Lau Mong Yan	GHS	1 : 4.42
3	Wong Ching Wai Bebe	SCGS	1 : 4.66
4	Tang Wing Yan Jacqueline	HYS	1 : 5.54
5	Jasmin Dunn	KGV	1 : 6.58
6	Law Lok Yin	DGS	1 : 6.85
7	Wong Heron	GHS	1 : 8.39
8	Stables Emily Nicola Estrade	SMCESPS	1 : 9.47

**800m**

1	Au Yeung Hok Ka Claire	DGS	2 : 22.64
2	Lau Cheuk Yan Samantha	DGS	2 : 26.74
3	Erin Brown	WIS	2 : 28.40
4	Lau Mong Yan	GHS	2 : 34.18
5	Yuen Ho Yee	SHCC	2 : 36.26
6	Sek Ngai Tsin	HYS	2 : 37.04
7	Su Jennifer Ming Yin	SCGS	2 : 37.79
8	Shreya Rane	WIS	2 : 38.92

wind speed : - 0.4**1500m**

1	Au Yeung Hok Ka Claire	DGS	5 : 7.36
2	Erin Brown	WIS	5 : 9.02
3	Yuen Ho Yee	SHCC	5 : 22.08
4	Shreya Rane	WIS	5 : 26.19
5	Sek Ngai Tsin	HYS	5 : 33.13
6	Tsang Jin Nuo Joan	HYS	5 : 35.18
7	Su Jennifer Ming Yin	SCGS	5 : 44.22
8	Amy Taylor	KGV	5 : 44.61

**100m Hurdles**

1	Cheung Ching Ting	GHS	16.72
2	Yau Sze Man	GHS	16.95
3	Wong Yuen Nam Sharon	DGS	17.01
4	Yuen Samantha	HYS	17.30
5	Clover Chau	WIS	17.89
6	Lee Ching Yan Yan	SCGS	17.97
7	Tam Yuen Ting	HYS	18.04



<u>4x100m Relay</u>			<u>4x400m Relay</u>		
1	GHS	51.80	1	DGS	4 : 19.80
2	DGS	52.37	2	SCGS	4 : 27.64
3	SPCS	53.64	3	HYS	4 : 32.07
4	SSGC	54.61	4	GHS	4 : 34.18
5	SCGS	55.72	5	SMCESPS	4 : 40.41
6	PCMS	58.14	6	MCS	4 : 46.34
7	KGV	58.22	7	SHCC	4 : 46.42

<u>High Jump</u>			<u>Long Jump</u>			<u>wind speed</u>		
1	Tang Tiffany Yi Ching	DGS	1.57	1	Lam Yan Tung	DGS	5.16	+ 0.4
2	Wong Yuen Nam Sharon	DGS	1.49	2	Tam Yuen Ting	HYS	4.92	+ 1.4
3	Cheung Hoi Laam	SSGC	1.43	3	Ma Chung Sze	GHS	4.90	+ 1.3
4	Christy Yip	KGV	1.40	4	So Long Shin	DGS	4.74	+ 1.1
5	Lui Wing Lam	GHS	1.37	5	Chan Nim Chi	HYS	4.60	+ 1.0
6	Megan Wells	WIS	1.37	6	Luk Ngo Ching	SHCC	4.46	+ 0.3
7	Yau Sze Man	GHS	1.34	7	Lee Ching Yan Yan	SCGS	4.41	- 0.3
8	Jessame Willott	KGV	1.31	8	Clover Chau	WIS	4.34	+ 0.9

<u>Shot Put</u>			<u>Discus</u>				
1	Yeung Pak Wai	DGS	9.61	1	Lau Ho Ching Stephanie	DGS	23.68
2	Lau Ho Ching Stephanie	DGS	9.00	2	Chan Charissa Tsz Ying	GHS	23.05
3	Chan Ho Yi	HYS	8.88	3	Ip Shuk Tin Tina	SPCS	22.94
4	Ip Shuk Tin Tina	SPCS	8.66	4	Chan Ho Yi	HYS	22.86
5	Katie Brewin	KGV	8.45	5	Chou Ka Yan	DGS	22.23
6	Chun Sheung Crystal	SCGS	7.98	6	Cheung Ho Ching Crystal	SCGS	20.78
7	Natasha Wilkinson	WIS	7.62	7	Lee Masaki	GHS	20.69
8	Lam Cho Wai	SSGC	7.53	8	Lai Nga Man	HYS	20.39

\*\*\*\*\* The End \*\*\*\*\*

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys A Grade		Day 3											
School	Day 2	SP	TJ	400mH	200m	800m	110mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	60	12	13	13	9	15	3	16	6	8	18	18	191
2 LSC	63.50	3	1	12	10	12	7	4	9	9	12	12	154.50
3 CGHC	44	7	8	3	5	3	14		12	4	14		114
4 CSWCSS	43.50	1	1					1			10	4	60.50
5 YCKMC	33	1			7	1			4			14	60
6 WYHK	30	2	6			2	7				8		55
6 WIS	24	6	1					5		9		10	55
8 SJAC	26	10	1				2	3				6	48
9 CHECSS	22	1	2					2		7	4	8	46
10 HPCCSS	27	4	9										40
11 WFN	17	1	3		2	4			6		6		39
12 SKSS	23	7		6									36
13 PCMS	23	1	1	2			4						31
13 WYK	23	1	7										31
15 KGV	15	2	1		3			6					27
16 NWC	13		4									2	19

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys B Grade		Day 3									
School	Day 2	HJ	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	60	7.50	13	5	9	11	16	5	18	18	162.50
2 LSC	73	10.50	3	7	11	6	1	1	10	14	136.50
3 HPCCSS	48	9	1		7	1	5		14	2	87
4 WFN	26	8	5	11	4	8	3	2	6	12	85
5 WYHK	33	1	4			7	4	9	12		70
6 SJAC	38			6	2	4		4	4	10	68
7 KGV	29	1						7		8	45
7 WIS	28			4				9		4	45
9 PCMS	27	3		3			2		8		43
10 YCKMC	18	1	11				6			6	42
11 CHECSS	36	2									38
12 CSWCSS	22	10									32
12 WYK	30	1		1							32
14 SKSS	23	2									25
15 CGHC	17										17
16 NWC	10	2			3						15

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys C Grade

Day 3

School	Day 2	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 LSC	65.50	11	7	8	13	7	4	14	18	147.50
2 HPCCSS	54.50	9	5		7	15	2	18	12	122.50
3 DBS	38.50	5	11	1	9	4	5		14	87.50
4 WFN	29	1	9	5	7		7		8	66
5 SJAC	39			4					10	53
6 WIS	25	2				1	7	6	6	47
7 CHECSS	15			9		2		10		36
7 WYHK	13	6				5		12		36
9 CGHC	11		3	7			9			30
10 CSWCSS	21							8		29
11 WYK	24.50								2	26.50
12 KGV	14	3				3	3			23
13 YCKMC	13		2						4	19
14 SKSS	12			3						15
15 NWC	10									10
15 PCMS	10									10

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2012/2013  
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Division One 01/03/2013

Boys Overall

Day 3

School		A	B	C	Total
1 DIOCESAN BOYS' SCHOOL	DBS	191	162.50	87.50	441
2 LA SALLE COLLEGE	LSC	154.50	136.50	147.50	438.50
3 HOI PING CHAMBER OF COMMERCE SEC SCHOOL	HPCCSS	40	87	122.50	249.50
4 TWGHS WONG FUT NAM COLLEGE	WFN	39	85	66	190
5 ST. JOSEPH'S ANGLO CHINESE SCHOOL	SJAC	48	68	53	169
6 CHONG GENE HANG COLLEGE	CGHC	114	17	30	161
6 WAH YAN COLLEGE - HONG KONG	WYHK	55	70	36	161
8 WEST ISLAND SCHOOL	WIS	55	45	47	147
9 CHEUNG SHA WAN CATHOLIC SECONDARY SCHOOL	CSWCSS	60.50	32	29	121.50
10 YU CHUN KEUNG MEMORIAL COLLEGE	YCKMC	60	42	19	121
11 CHOI HUNG ESTATE CATHOLIC SECONDARY SCHOOL	CHECSS	46	38	36	120
12 KING GEORGE V SCHOOL	KGV	27	45	23	95
13 WAH YAN COLLEGE - KOWLOON	WYK	31	32	26.50	89.50
14 PUI CHING MIDDLE SCHOOL	PCMS	31	43	10	84
15 C&M ALLIANCE SUN KEI SECONDARY SCHOOL	SKSS	36	25	15	76
16 NG WAH CATHOLIC SECONDARY SCHOOL	NWC	19	15	10	44

HONG KONG SCHOOLS SPORTS FEDERATION  
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## Girls A Grade Day 3

School	Day 2	DC	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	77	17	4	11	8	16	9	14	18	174
2 GHS	67.50	11	9	3	7	2	9	18	12	138.50
3 HYS	43	12	3	6	2		2	2	10	80
4 PCMS	20	1	9		15		3	12		60
5 MCS	21	4	5			3	6	10	6	55
5 SHCC	31	2		5		4	1	8	4	55
7 WIS	28			7		5			14	54
8 KGV	26	1		5		6			8	46
9 SPCS	23	1	1		5			6		36
10 SCGS	15	1						4	2	22
11 SMCESPS	6.50	1	6				7			20.50
12 SSGC	11	1								12

HONG KONG SCHOOLS SPORTS FEDERATION  
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## Girls B Grade Day 3

School	Day 2	200m	DC	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	62	10	9	7	10	5	13	18	14	148
2 GHS	60	10	14	12	8	9	3	10	10	136
3 HYS	50	5	6	1	5	4	5	8	12	96
4 SCGS	22	11	8	4		2	10	12	6	75
5 WIS	32	1		6		10			18	67
6 SPCS	31		1		10		6	14		62
7 MCS	25		7		4	6		6	8	56
8 KGV	25		1	7					4	37
9 SMCESPS	15		1			1		4	2	23
10 PCMS	18		2							20
11 SHCC	17									17
12 SSGC	13		1							14

HONG KONG SCHOOLS SPORTS FEDERATION  
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## Girls C Grade Day 3

School	Day 2	LJ	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	76	16	7	16	6	12	7	14	18	172
2 GHS	35	8	9	5	16	9	10	18	10	120
3 HYS	38	13	1	3	7	5	2		12	81
4 SCGS	24	4	5	2	3	6	4	8	14	70
5 SPCS	27	2	6				5	12		52
6 SSGC	19		9				9	10		47
7 WIS	30	2		7	4					43

8 KGV	29	1	4	4	38
9 SHCC	21	5	4	4	34
10 SMCESPS	12	1	1	8	22
11 MCS	10	1		6	17
12 PCMS	6	1		6	13

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2012/2013  
(HK Island and Kowloon)  
Division One 01/03/2013

Girls Overall

Day 3

School		A	B	C	Total
1 DIOCESAN GIRLS' SCHOOL	DGS	174	148	172	494
2 GOOD HOPE SCHOOL	GHS	138.50	136	120	394.50
3 HEEP YUNN SCHOOL	HYS	80	96	81	257
4 ST. CLARE'S GIRLS' SCHOOL	SCGS	22	75	70	167
5 WEST ISLAND SCHOOL	WIS	54	67	43	164
6 ST. PAUL'S CONVENT SCHOOL	SPCS	36	62	52	150
7 MARYKNOLL CONVENT SCHOOL	MCS	55	56	17	128
8 KING GEORGE V SCHOOL	KGV	46	37	38	121
9 SACRED HEART CANOSSIAN COLLEGE	SHCC	55	17	34	106
10 PUI CHING MIDDLE SCHOOL	PCMS	60	20	13	93
11 ST. STEPHEN'S GIRLS' COLLEGE	SSGC	12	14	47	73
12 ST. MARGARET'S COED ENGLISH SEC & PRI SCH	SMCESPS	20.50	23	22	65.50

HONG KONG SCHOOLS SPORTS FEDERATION  
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 Division One  
 Day One: 20 February 2013

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 Event 1 High Jump Girls A

Standard: 1.32 Record: 1.68 (2011)

Position	Name	School	Result	Remark	Points
1	Yeung Man Wai	DGS	1.65	Standard	9
2	Lara Gander	WIS	1.48	Standard	7
3	So Fuk Lam	GHS	1.45	Standard	6
4	Eunice Dalton	KGV	1.45	Standard	5
5	Wong Sze Ting	DGS	1.42	Standard	4
6	Wong Siu Ping	HYS	1.42	Standard	3
7	Shum Yan Yue	SSGC	1.37	Standard	2
8	Lam Ching Ching Claudia	GHS	1.37	Standard	0.5
8	Lam Siu Kwan	SMCESPS	1.37	Standard	0.5
	Leung Wai Ching	HYS	1.37	Standard	
	Sabrina Lau	KGV	1.32	Standard	
	Chow Wan Ki Victoria	SPCS	1.32	Standard	
	Luk Sai Ting	SSGC	1.32	Standard	
	Tam On Ting	PCMS	1.27		
	Leung Yan Yee Eunice	MCS	1.27		
	Lo Kiu Yan Gladys	SPCS	1.27		
	Tang Hoi Yin	SHCC	1.27		
	Chan Rachel Ching	SHCC		No Mark	
	Pokta Felicia	SMCESPS		No Mark	
	Kyrstie Brown	WIS		No Mark	
	Ng Yuen Yin	PCMS		No Mark	

=====  
 Event 2 Long Jump Girls B

Standard: 4.05 Record: 5.47 (2006)

Position	Name	School	Result	Remark	Points
1	Chan Ying Sinn	SPCS	5.51	Standard	9
2	Yue Ya Xin	GHS	5.39	Standard	7
3	Szeto Hiu Kwan	HYS	5.15	Standard	6
4	Wai Lok Heng Angelica	SCGS	5.06	Standard	5
5	Tsang Yuen Ching	MCS	4.93	Standard	4
6	Wong Shuk Yee Irena	SPCS	4.81	Standard	3
7	Chang Cheuk Yi Nicole	HYS	4.79	Standard	2
8	Pun Yi Wai	SMCESPS	4.62	Standard	1
	Lam Yan Hung	GHS	4.44	Standard	
	Cheng Man Chi Maggi	SHCC	4.24	Standard	
	Zoe McClellan	WIS	4.17	Standard	
	Lau Yan Yu Yolanda	DGS	4.15	Standard	
	Leung Noel Hil Nam	SMCESPS	3.95		
	Yiu Tsz Ching	DGS	3.73		
	Tsui Ka Lam	SSGC	3.73		
	Christina Dyson	KGV	3.59		
	Kirstie Leung	KGV	3.52		
	Jommy Kwok	MCS	3.51		
	Chan See Ki Joanna	SCGS	3.43		
	Wong Tak Yu Theodora	SHCC	3.41		
	Wong Nok Yiu	PCMS	3.38		
	Namrata Gogineni	WIS	3.03		
	Tang Ching Yu	SSGC		No Mark	

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 Event 3 Shot Put Girls C

Standard: 7.20 (3kg) Record: 10.59 (2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Yeung Pak Wai	DGS	9.61	Standard	9
2	Lau Ho Ching Stephanie	DGS	9.00	Standard	7
3	Chan Ho Yi	HYS	8.88	Standard	6
4	Ip Shuk Tin Tina	SPCS	8.66	Standard	5
5	Katie Brewin	KGV	8.45	Standard	4

6	Chun Sheung Crystal	SCGS	7.98	Standard	3
7	Natasha Wilkinson	WIS	7.62	Standard	2
8	Lam Cho Wai	SSGC	7.53	Standard	1
	Lai Nga Man	HYS	7.32	Standard	
	Lam Ching Wun	SPCS	7.28	Standard	
	Wu Hei Wan Heather	PCMS	7.12		
	Li Hoi Lam Bonnie	SCGS	7.12		
	Chloe Baltazar	KGV	6.97		
	Cheung Hoi Ying	GHS	6.82		
	Regina Clarita	SMCESPS	6.74		
	Borja Mariah Nicole B	SMCESPS	6.66		
	So Cyrena Heng Yee	MCS	6.49		
	Kwok Wing Ting	GHS	6.40		
	Lo Lok Lam	MCS	6.30		
	Lo Wai Yu Elanor	SSGC	6.11		
	Amy Travis	WIS		DN take part	
	Wong Chak Yan	SHCC		DN take part	
	Chow Ka Wai	SHCC		DN take part	
	Ng Hoi Yu	PCMS		No Mark	

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Event 4 Shot Put Boys B

Standard: 10.50 (4kg) Record: 14.70 (2003) (4kg)

Position	Name	School	Result	Remark	Points
1	Yu Chung Yau	CHECSS	16.33	Standard	9
2	Chau Lam Sing	SJAC	13.90	Standard	7
3	Yiu Yi Wing	CSWCSS	13.18	Standard	6
4	Chen Jun Hui	LSC	12.61	Standard	5
5	Wu Fong Kit	DBS	11.88	Standard	4
6	Chan Hok Lim	SKSS	11.78	Standard	3
7	Yip Hon Kit	CHECSS	11.75	Standard	2
8	Wong Ka Chu	DBS	11.59	Standard	1
	Wong Kwun Chung	CGHC	11.58	Standard	
	Tsai Tsz Cheung	SKSS	11.45	Standard	
	Cheng Ho Kwong	PCMS	11.32	Standard	
	Mak Sai Cheong	YCKMC	11.20	Standard	
	Kevin Xu	KGV	11.01	Standard	
	Zack Wee	KGV	10.86	Standard	
	Wong Hok Him	LSC	10.77	Standard	
	Tang Yuk Lam	HPCCSS	10.65	Standard	
	Chan Tin Yueng	CGHC	10.31		
	Andre Fajardo	WIS	10.18		
	Chan Nico Parc See	WYHK	10.17		
	Ho Chun Yan Wilson	HPCCSS	10.11		
	Ngan Chi Keung	CSWCSS	10.01		
	Lam Nam Tony	YCKMC	9.99		
	Thomas Gibb	WIS	9.90		
	Kwok Kang Yuen	WYK	9.51		
	Chan Chun Ho	NWC	9.46		
	Tsang Yerk Ming	WYHK	9.20		
	Tin Kwan Yau	PCMS	8.70		
	Lee Chun Ngai	SJAC	8.39		
	Ching Kin Chung	NWC	7.43		
	Cheung Man Shun Manson	WFN		DN take part	
	Wu Gin Weng	WFN		DN take part	

=====  
Event 5 Discus Boys C

Standard: 20.00 (1kg) Record: 43.58 (2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Li Yu Fung	SJAC	41.27	Standard	9
2	To Hin Zen	WFN	36.88	Standard	7
3	Chu Man Hei Benjamin	LSC	35.42	Standard	6
4	Wu Yu Feng George	LSC	34.40	Standard	5
5	Wong Tak Kiu	CHECSS	29.41	Standard	4
6	Hung Kai Ho	SKSS	28.54	Standard	3
7	Tam Kai Wai	SKSS	28.16	Standard	2
8	Chan Man Chung	SJAC	28.11	Standard	1
	Philip Ascough	WIS	28.04	Standard	
	Ho Hon Yui	WYHK	27.85	Standard	
	Yau Wai Laam	WFN	27.30	Standard	

Chan Chun Wing Win	WYK	27.21	Standard
Lee Tak Cheung	CSWCSS	26.16	Standard
Ip Tsz Tsun	WYHK	25.90	Standard
Hung Siu Ching Dickson	PCMS	25.88	Standard
Chan Ngo Fung	PCMS	25.82	Standard
Wong Ki Kong	CHECSS	24.62	Standard
Tam Yu Fung	DBS	24.55	Standard
Lam Kwan Kit	HPCCSS	23.69	Standard
Leung Yuk Sen Kris	CSWCSS	23.33	Standard
Yu Tim Ho	NWC	23.28	Standard
Yu Ka Yat	NWC	23.22	Standard
Wan Man Fung Anson	YCKMC	22.95	Standard
Fu Chin Ho	CGHC	22.93	Standard
Michael Jewell	WIS	22.87	Standard
Tsang Chun Ho	WYK	22.47	Standard
Ng Chak Hin	CGHC	22.35	Standard
Edwin Seo	KGV	20.68	Standard
Tseng Ka Chun	DBS	20.41	Standard
Alan Sou	KGV	20.28	Standard
Ng Lok Wai	YCKMC		No Mark
Hui Man Chuen	HPCCSS		No Mark

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Event 6 400m Hurdles Boys A

Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)

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Heat 1				SF	Lane
1	Ho Tsz Fung	DBS	58.78	Standard	1 2
2	Cheng Shing	LSC	1: 0.29	Standard	1 3
3	Kan Chun Ngong	CSWCSS	1: 5.60	Standard	2 8
4	Chin Ching	PCMS	1: 5.68	Standard	1 8
5	Chau Ka Yu	NWC	1:14.38		
6	Chiu Wang Yuen	WFN		DQ	
7	Eric Son	KGV		DQ	

Heat 2				SF	Lane
1	Yuen Kin Long	LSC	59.91	Standard	2 3
2	Chan Yik Ching	PCMS	1: 2.71	Standard	1 6
3	Wan Hi Yuen	DBS	1: 3.52	Standard	2 6
4	Chu Chun Wai	CSWCSS	1: 3.72	Standard	1 7
5	Li Kwong Hang	WFN	1: 4.48	Standard	2 1
6	Reis Yap	KGV		DQ	
7	Li Ho Ming	NWC		DQ	

Heat 3				SF	Lane
1	Liu Chung Lung	SJAC	1: 0.82	Standard	1 4
2	Lau Chun Leung	CGHC	1: 2.24	Standard	2 5
3	Chiu Hong Lam	SKSS	1: 3.89	Standard	1 1
4	Ho Travis Ching Hei	WYHK	1: 6.26	Standard	
5	Lee Ka Wai	YCKMC	1: 7.18		
6	Irwin Chan	WIS	1: 9.18		
7	Kwan King Hei	CHECSS	1:10.42		

Heat 4				SF	Lane
1	Ho Ka Tsun	SKSS	59.89	Standard	2 2
2	Matthew Hoare	WIS	1: 1.73	Standard	2 4
3	Lai Ho Tat Costa	CGHC	1: 2.42	Standard	1 5
4	Tam Hoi Shun	CHECSS	1: 3.59	Standard	2 7
5	Lam Kwai Sang	WYHK	1: 8.74		
6	Lam Hon Fung Samuel	SJAC	1:13.86		
7	Fan Wai Kit	YCKMC		DQ	

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Event 7 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

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Heat 1				SF	Lane
1	Chong Ka Chun	DBS	25.26	Standard	2 4
2	Chen Ka Ho	SJAC	25.85	Standard	1 5
3	Charles Manzon	WIS	26.68	Standard	
4	Chan Pak Hei	WYHK	26.84	Standard	
5	Tam Chin Wah	WFN	27.06	Standard	
6	Cheng Ka Lok	CGHC	27.91		
7	Tse Chong Heng	YCKMC	29.48		
8	Wong Kei Chun	SKSS	29.71		

Heat 2 SF Lane



1	Kwok Yi Chun	WYHK	24.78	Standard	2	3
2	Ryan Wan	WIS	25.45	Standard	2	5
3	Fok Tsin Long	DBS	25.90	Standard	1	6
4	Cheng Ming Fan Ronald	WFN	26.20	Standard	2	6
5	Lee Kum Ho	YCKMC	26.26	Standard	2	7
6	Ma Po Lun Charis	SJAC	26.53	Standard	2	1
7	Cheung Hang Fung	CGHC	28.30			
8	Lam Wing Shun	SKSS	28.79			

Heat 3 SF Lane

1	Lee Ching Yu	LSC	25.07	Standard	1	3
2	Mak Yi Nap	HPCCSS	26.28	Standard	1	7
3	Seto Ching Hung	CSWCSS	26.58	Standard	1	8
4	Cheng Chi Tim	WYK	27.38	Standard		
5	So Yin Ken	PCMS	27.79			
6	Alan Au	KGV	28.00			
7	Leung Man Kin	CHECSS	28.36			
8	Yuen Lok Fai	NWC	29.81			

Heat 4 SF Lane

1	Sze Kin Ho	HPCCSS	23.96	Standard	1	2
2	Ma Chi Fai	LSC	24.77	Standard	2	2
3	Ciaran Glen	KGV	25.24	Standard	1	4
4	Wong Kin Ngai	CSWCSS	26.44	Standard	1	1
5	Cheung Tin Yi	PCMS	26.56	Standard	2	8
6	Luo Hui Feng	CHECSS	27.10	Standard		
7	Chong Hoi Tik	NWC	27.94			
8	Chan Chun Sing	WYK	27.99			

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Event 8 200m Boys B

Standard: 26.50

Record: 22.13 (2010)

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Heat 1 SF Lane

1	Chung Benton Pok Hei	LSC	24.14	Standard	2	4
2	Ng Kai Ho	HPCCSS	24.90	Standard	2	7
3	Kwok Yat Nam	NWC	25.10	Standard	1	7
4	Sin Ho Man	CHECSS	25.89	Standard		
5	Tsang Churn	PCMS	26.11	Standard		
6	Hamza Ebrahim	WIS	26.29	Standard		
7	Chin Ka Lok	CSWCSS	26.71			
8	So Kin Pang	WYK	27.02			

Heat 2 SF Lane

1	Kwok Wai Ching	PCMS	25.15	Standard	1	1
2	Chan Chun Ho	NWC	25.17	Standard	2	8
3	Lam Hung Yan	LSC	25.19	Standard	1	8
4	Tsoi Pui Ngai Christopher	HPCCSS	25.39	Standard		
5	Adam Diaz	WIS	25.52	Standard		
6	Wong Fu Hong	CHECSS	25.85	Standard		
7	Chung Cheuk Hang	WYK	26.20	Standard		
8	Lui Tsz Shan	CSWCSS	26.97			

Heat 3 SF Lane

1	Chan Ka Man	DBS	23.37	Standard	1	2
2	Poon Kwok Pui	YCKMC	24.72	Standard	1	5
3	Yan Long Ting	SJAC	24.89	Standard	2	6
4	Lau Chak Lam	WYHK	25.15	Standard	2	1
5	Cheung Man Shun Manson	WFN	25.72	Standard		
6	Hiroki Tsang	KGV	26.36	Standard		
7	Leung Hin Shek	CGHC	27.41			
8	Chan Wai Yip	SKSS	27.83			

Heat 4 SF Lane

1	Chun Chi Shing	YCKMC	23.52	Standard	2	2
2	Chau Yung Ho Michael	DBS	24.03	Standard	2	3
3	Law Kin Fung	SKSS	24.07	Standard	1	3
4	Wong Yuk Chun	WYHK	24.08	Standard	1	4
5	Luk Kin Wang	WFN	24.18	Standard	2	5
6	Zachary Powner	KGV	24.84	Standard	1	6
7	Wong Chi Fung	SJAC	25.35	Standard		
8	Leung Chung Hang	CGHC	26.23	Standard		

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Event 9 200m Boys A

Standard: 25.50

Record: 21.53 (2007)

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Heat 1 SF Lane

1	Choi Ho Shing	YCKMC	23.33	Standard	2	2
2	Wu Chi Kwan	CGHC	23.57	Standard	1	3
3	Ku Tak Chun	WYHK	24.29	Standard	2	6
4	Kwok Tsz Hin Simon	SJAC	24.36	Standard	2	7
5	Chan Ken	DBS	24.48	Standard	1	7
6	Leung Chi Ling	SKSS	25.07	Standard		
7	Joshua Clery	WIS	25.57			
8	Luk Yin Ting	WFN	26.10			
Heat 2					SF	Lane
1	Chan Yan Lam	DBS	23.42	Standard	2	3
2	Ho Ping Kwan	CGHC	23.76	Standard	2	4
3	Kooh Lok Man	WFN	23.96	Standard	1	5
4	Lam Ka Lok	SKSS	24.07	Standard	1	6
5	Raef Morrison	WIS	24.92	Standard	2	8
6	Faan Hoi Kiu	WYHK	25.43	Standard		
7	Chow Yiu Chun	SJAC		DQ		
8	Chan Yu Hong	YCKMC		DQ		
Heat 3					SF	Lane
1	Wong Wai Kin	LSC	23.14	Standard	1	2
2	Choy Kwan Wai	PCMS	24.93	Standard	1	8
3	Li Jacky Siu Hang	CSWCSS	24.94	Standard		
4	Ho Mang Hin	CHECSS	24.95	Standard		
5	Tso Chun Wing	NWC	25.45	Standard		
6	Leung Ho Pan	HPCCSS	26.08			
7	Sachin Budhrani	KGV	26.15			
8	Lau Wai Kit	WYK	26.66			
Heat 4					SF	Lane
1	Chan Hiu Nam Gabriel	LSC	23.60	Standard	1	4
2	Jonathan Kwok	KGV	23.77	Standard	2	5
3	Li Chun Ki	CHECSS	24.61	Standard	1	1
4	Lee Ka Chun	CSWCSS	24.81	Standard	2	1
5	Wong Tsz Hin	NWC	25.18	Standard		
6	Choy Po Hang	PCMS	25.24	Standard		
7	Choi Ka Chun Phillip	HPCCSS	25.37	Standard		
8	Wong Aldous Hoi Kui	WYK	26.47			

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Event 10 1500m Girls C

Standard: 6:30.00

Record: 5:02.16 (2003)

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Final

				Points
1	Au Yeung Hok Ka Claire	DGS	5: 7.36	9
2	Erin Brown	WIS	5: 9.02	7
3	Yuen Ho Yee	SHCC	5:22.08	6
4	Shreya Rane	WIS	5:26.19	5
5	Sek Ngai Tsin	HYS	5:33.13	4
6	Tsang Jin Nuo Joan	HYS	5:35.18	3
7	Su Jennifer Ming Yin	SCGS	5:44.22	2
8	Amy Taylor	KGV	5:44.61	1
9	Chu Hiu Tung	GHS	5:45.32	
10	Mak Ho Yi Lydia	GHS	5:47.94	
11	Yeung Jing Ki	SHCC	5:50.00	
12	Wan Ling Shu	DGS	5:52.40	
13	Wong Bao Yi	SSGC	5:53.60	
14	Man Long Ching	SSGC	5:55.82	
15	Lau Cho Ki Lucy	SMCESPS	6: 3.09	
16	Lam Gi Wing Natalie	SMCESPS	6:11.41	
17	Chow Yau Josephine	SCGS	6:14.76	
18	Chung Yan Yu Winnie	MCS	6:24.37	
19	Mui Christy	SPCS	6:30.06	
20	Choy Yun Kiu Christy	MCS	6:40.17	
21	Choi Ming Yin	PCMS	7: 2.07	
22	Chau Cheuk Ying Jacinta	SPCS	7:11.17	
23	Lily Poelmann	KGV		

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Event 11 1500m Girls B

Standard: 6:25.00

Record: 4:52.98 (2000)

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Final

				Points
1	Vanessa Ng	KGV	5:16.67	9
2	Lee Suet Ying	DGS	5:21.25	7
3	Jennifer Pugh	WIS	5:36.73	6

4	Chloe Martin	WIS	5:38.61	5
5	Wong Hei Ching	GHS	5:39.73	4
6	Chow Siu Kwan	HYS	5:41.15	3
7	Lee Ho Yan	HYS	5:42.71	2
8	Mumba Hinzano Chelesa	DGS	5:48.58	1
9	Ching Cho Miu	GHS	5:59.13	
10	Chung Wing Yi Grace	SCGS	5:59.19	
11	Lau In Tung Edith	SCGS	5:59.25	
12	Law Wing Chun Janet	MCS	6:10.21	
13	Chow Tak Yan	SMCESPS	6:10.43	
14	Wong Ying Ching Cynthia	MCS	6:23.40	
15	Wong Long Kiu	SSGC	6:23.82	
16	Wong Yan Kiu	PCMS	6:26.82	
17	Wong Lok Yee Joyce	SHCC	6:40.38	
18	Ngan Sze Ting	SSGC	6:41.68	
19	Lam Wing Sum	SHCC	6:44.66	
20	Lam Cheuk Ying	SMCESPS	6:46.15	
21	Tam Tsz Wai	PCMS		
22	Tania Poelmann	KGV		
23	Chan Sze Yini Steffi	SPCS		
24	Lam Yu Sze Chelsea	SPCS		

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Event 12 1500m Girls A

Standard: 6:15.00

Record: 5:04.95 (2007)

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Final

				Points
1	Chan Yee Ki	DGS	4:54.07	9
2	Lee Yuk Ying	HYS	5:17.24	7
3	Jemima Jones	WIS	5:19.65	6
4	Eve Lo	KGV	5:28.38	5
5	Ng Yui Lam	SHCC	5:31.87	4
6	Ling Man Sze	DGS	5:33.28	3
7	Katherine Cai	KGV	5:35.90	2
8	So Chun Wai	GHS	5:38.57	1
9	Ho Cheuk Ying Karen	MCS	5:42.00	
10	Chui Ka Kiu Christy	SCGS	5:49.67	
11	Yeung Cheuk Sze Charis	MCS	5:52.18	
12	Cheung Ling Yee	SMCESPS	5:53.60	
13	Mak Yan Yu Joyce	HYS	5:56.25	
14	Chan Wing Yan Chloe	SCGS	5:57.15	
15	Tam Yuen Sum	GHS	5:59.85	
16	Wong Tsz Yan	PCMS	5:59.87	
17	Renata Hasell	WIS	6: 2.75	
18	Krishnan Nina Joanne	SPCS	6:16.11	
19	Faith So	SSGC	6:24.00	
20	Lam Ka Yee	SSGC	6:32.69	
21	Tang Kwok Yan Tiffany	SPCS	6:39.92	
22	Ng Wing Lam	SHCC	6:41.72	
23	Ho Hoi Ying	SMCESPS	6:47.32	

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Event 13 Shot Put Girls B

Standard: 7.50 (3kg)

Record: 12.25 (2009) (3kg)

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Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting Courtney	GHS	10.15	Standard	9
2	Ng Yee Kwan	HYS	9.42	Standard	7
3	Chan Hei Ching	PCMS	8.87	Standard	6
4	Lai Yan Ning	SSGC	8.85	Standard	5
5	Law Yik Yan	DGS	8.58	Standard	4
6	M. K. Mak Sum Yue	HYS	8.48	Standard	3
7	Kanjanapas Dawnee	DGS	8.43	Standard	2
8	Tsang Kei Cheung Christy	MCS	8.34	Standard	1
	Lau Shut Yan	PCMS	7.96	Standard	
	Lam Ho Yan	SSGC	7.95	Standard	
	Tsang Hui Ching Candy	MCS	7.94	Standard	
	Chung Wai Yan Phoebe	SCGS	7.85	Standard	
	Lam Wing Tung	GHS	7.69	Standard	
	Siobhan O'Connor	KGV	7.48		
	Ku Cheuk King	SPCS	7.30		
	Amy Farrell	WIS	7.21		
	Bridget Kriesel	WIS	6.85		

Kristy Lee	KGV	6.74
Yee Hiu Ching Eunice	SCGS	6.68
Liang Hoi Ling	SHCC	6.45
Ng Siyu Samantha	SHCC	6.39
Yau Yuet Gemma Nicole	SMCESPS	6.31
Law Crystal Tsz Ching	SMCESPS	6.10
Fung Wai Ting Vivian	SPCS	5.31

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Event 14 Discus Boys A

Standard: 26.00 (1.5kg) Record: 47.86 (2010) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Cheung Yat Lun	SJAC	38.61	Standard	9
2	So Ka Ming	CGHC	37.25	Standard	7
3	Lam Kwok Wing	YCKMC	34.81	Standard	6
4	Wong Chun Lok	LSC	33.30	Standard	5
5	Leung Ngai	WYHK	33.24	Standard	4
6	Wong Michael	WYK	32.68	Standard	3
7	Lau Ka Yin	DBS	32.18	Standard	2
8	Zhou Jinghung	WYHK	31.81	Standard	1
	Shiu Tin Yau	HPCCSS	31.79	Standard	
	Aiden Bradley	KGV	31.10	Standard	
	Lee Hau Cheung	LSC	31.06	Standard	
	Tam Tsz Fung	SKSS	31.05	Standard	
	Yau Ming Hang	WFN	30.41	Standard	
	Lin Kam Cheung	SJAC	30.27	Standard	
	Leung Lok Hei	CSWCSS	30.17	Standard	
	Chan Ho Yin	CHECSS	29.94	Standard	
	Ng Tsz Ming Eugene	HPCCSS	29.31	Standard	
	Ng Samuel Oliver Wah Sam	SKSS	28.39	Standard	
	Chau Ming Yu	NWC	26.91	Standard	
	Lui Chun Yiu Michael	WFN	26.14	Standard	
	Cheung Chi Fung	CSWCSS	26.00	Standard	
	Jack Neville	WIS	25.38		
	Chan Lon Kiu	PCMS	25.18		
	Yeung Cheuk Kei Jacky	DBS	24.66		
	Chiu Ho Nam	WYK		No Mark	
	James Park	KGV		No Mark	
	Chin Fung	PCMS		No Mark	
	Ngai Wai Kit	CGHC		No Mark	
	Li Haang Cheung	NWC		No Mark	
	Cheung Chun Man	CHECSS		No Mark	
	Tsoi Chi Hang	YCKMC		No Mark	
	Jacob Masters	WIS		No Mark	

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Event 15 High Jump Boys A

Standard: 1.62 Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Lo Kan Mo	DBS	1.87	Standard	9
2	Chiu Wai Hei	CSWCSS	1.84	Standard	7
3	Liu Kwok Kwan	CGHC	1.81	Standard	6
4	Yeung Pak Hei	WYK	1.78	Standard	5
5	Wong Wang Kei	SKSS	1.75	Standard	4
6	Lam Yu Hin Murphy	DBS	1.72	Standard	3
7	Law Ho Fai	CSWCSS	1.67	Standard	1.5
7	Tsoi Kai Ching	LSC	1.67	Standard	1.5
	Yee Hon Ching	LSC	1.67	Standard	
	Lee Chak Ming	NWC	1.67	Standard	
	Eng Chun Kit	NWC	1.67	Standard	
	Liu Kam Ho	SJAC	1.62	Standard	
	Sin Tung	YCKMC	1.62	Standard	
	Hui Cheuk Ki	HPCCSS	1.62	Standard	
	Joshua Kriesel	WIS	1.62	Standard	
	Tang Chi Ho	WYK	1.62	Standard	
	Li Ho Yin	WFN	1.57		
	Chan Ho Yin	CGHC	1.57		
	Luk Chun Hong	YCKMC	1.57		
	Lam Chin Ngai	HPCCSS	1.57		
	Fung Man Kit	CHECSS	1.57		
	Lee Hau Yin	PCMS		DN take part	

Alex Gardner	WIS	No Mark
Cheung Chun Shan	WYHK	DN take part
Ho James Howard	WYHK	DN take part
Wong Ka Lun	CHECSS	DN take part
Ng Chong Yip	SKSS	DN take part
Tse Kwun Sang	WFN	DN take part

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Event 16 Long Jump Boys C

Standard: 4.70 Record: 6.25 (2006)

Position	Name	School	Result	Remark	Points
1	Chan Yun Tung	HPCCSS	6.16	Standard	9
2	Mak Wai Kit	LSC	5.76	Standard	7
3	Chan Yuk Tat Jeffrey	HPCCSS	5.68	Standard	6
4	Cheng Yin Jun	DBS	5.57	Standard	5
5	Ngan Chun Wei	LSC	5.32	Standard	4
6	Wong Sung Hei	WYK	5.29	Standard	3
7	Leung Pok Man	DBS	5.21	Standard	2
8	Ho Cheuk Chit	SJAC	5.00	Standard	1
	Lai Pak Hoi	WFN	4.88	Standard	
	Lee Hung Chun	CGHC	4.79	Standard	
	Ho Cheuk Hin	WYHK	4.68		
	Shum Matthew	WYHK	4.64		
	Tai Chi Hang	CHECSS	4.59		
	Chan Kin Ming	WYK	4.53		
	Luo Hui Feng	CHECSS	4.51		
	Chu Au Lun	YCKMC	4.42		
	Wong King Lok	SKSS	4.41		
	Chu Kai Hung	YCKMC	4.38		
	Matthew Saunders	KGV	4.33		
	Cheung Lik Hang	SKSS	4.20		
	Lam Gervis	WFN	4.18		
	Yuen Ho Chit	CGHC	3.98		
	Joshua Lau	WIS	3.83		
	Ngan Long Fung	PCMS	3.81		
	Wu Yuen Fung	NWC	3.74		
	Chan Pok Hong	NWC	3.59		
	Cheung Osborn	PCMS	3.52		
	Brandon Wong	KGV		DN take part	
	Chan Chun Ting Michael	SJAC		DN take part	
	Chan Chun Hei	CSWCSS		DN take part	
	Daniel Hoare	WIS		No Mark	
	Wu Tsz Hei	CSWCSS		DN take part	

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Event 17 1500m Boys C

Standard: 5:20.00 Record: 4:31.24 (2008)

Heat	Position	Name	School	Result	Remark	Final Lane
1	1	Kwong Pak Chung	CGHC	4:56.78	Standard	3
	2	Liu Sui Wing	LSC	5: 0.29	Standard	5
	3	Nicholas Yuen	KGV	5: 4.28	Standard	7
	4	Li Ho Lok	CSWCSS	5: 4.91	Standard	8
	5	Law Kam Sang Gabriel	WFN	5: 4.92	Standard	9
	6	Chang Ming Chak	DBS	5: 5.32	Standard	10
	7	Ip Long Wang	HPCCSS	5: 6.30	Standard	11
	8	Clayton Gibb	WIS	5: 6.37	Standard	12
	9	Kwok Tung	PCMS	5: 6.75	Standard	
	10	Yeung Chun Kit	WYHK	5: 8.64	Standard	
	11	Wong Chun Yi	YCKMC	5:11.05	Standard	
	12	Sham Chun Ning Adrian	WYK	5:19.32	Standard	
	13	Tsang King Lai	SKSS	5:30.24		
	14	Ng Ho Cheong	CHECSS	5:41.39		
	15	Lin Alan Richie	NWC	5:53.93		
	16	Lui Hon Kiu	SJAC		DQ	

Heat	Position	Name	School	Result	Remark	Final Lane
2	1	Pon Siu Chun	WFN	4:51.27	Standard	1
	2	Matthew Tan	WIS	4:54.86	Standard	2
	3	Lai Nok Hei	DBS	4:58.86	Standard	4
	4	Chow Angus	LSC	5: 3.63	Standard	6
	5	Lui Nok Man Adrian	WYK	5: 8.38	Standard	
	6	Ching Kwan Yueng	CSWCSS	5: 9.70	Standard	

7	Oliver Laxton	KGV	5:12.41	Standard
8	Cheng Wing Jun	WYHK	5:19.47	Standard
9	Lee Yat Long	HPCCSS	5:20.78	
10	Au Yeung Yi	CGHC	5:23.10	
11	Fong King Leung	SJAC	5:27.38	
12	Yung Ho Wai Arcturus	PCMS	5:34.75	
13	Shum Kam Ho	YCKMC	5:48.14	
14	Yip Yuk Ting	CHECSS	6: 2.59	
15	Wong Tik	NWC	6: 9.81	
16	Lau Yiu Lung	SKSS	6:17.41	

Event 18 1500m Boys B

Standard: 5:00.00

Record: 4:18.96 (2010)

Heat 1

				Final Lane
1	Leung Justin	DBS	4:39.61	Standard 1
2	Chan Brian Kai Hin	LSC	4:43.90	Standard 8
3	Li Tung Pui Matthew	PCMS	4:45.76	Standard 9
4	Chan Ki Yan	WFN	4:45.96	Standard 10
5	James Tan	WIS	4:46.20	Standard 11
6	Jake Smith	KGV	4:46.96	Standard 12
7	Siu Cheuk Yiu	WYHK	4:50.98	Standard
8	Lee Ka Yiu	HPCCSS	4:59.14	Standard
9	Chan Ka Kin	NWC	5: 2.10	
10	Tang Chi Long	YCKMC	5: 3.27	
11	Koo Hoi Sau	CSWCSS	5: 3.98	
12	Chang Man Ho	CHECSS	5: 4.25	
13	Tam Yun Lam	SJAC	5: 7.93	
14	Mok Po Chun	SKSS	5:14.14	
15	Chan Po Kwan	CGHC	5:30.53	
16	Wong Shing Hang	WYK	5:41.69	

Heat 2

				Final Lane
1	Michael Lam	KGV	4:41.76	Standard 2
2	Kwong Kam Cheong	SJAC	4:42.11	Standard 3
3	Miles Williams	WIS	4:42.12	Standard 4
4	Lee Yip Chun	WYHK	4:42.14	Standard 5
5	Law Ho Fung	WFN	4:42.18	Standard 6
6	Wong Sum Ho	DBS	4:42.44	Standard 7
7	Wong Hong Kit	LSC	4:47.64	Standard
8	Cheng Tsz Fung	CSWCSS	4:57.99	Standard
9	Heung Chin Tung	HPCCSS	5: 1.65	
10	Li Ka Tsun	CHECSS	5: 2.94	
11	Tsoi Ka Kit	NWC	5: 4.21	
12	So Cheuk Lam	WYK	5: 7.85	
13	Ko Ho Yin Jackson	YCKMC	5:10.33	
14	Lee Wai Nam	CGHC	5:14.70	
15	Lo Cheuk Hei	SKSS	5:23.75	
16	Yung Kai Chun	PCMS	5:32.25	

Event 19 1500m Boys A

Standard: 4:58.00

Record: 4:05.76 (2004)

Heat 1

				Final Lane
1	Chan Arthur Hok Man	LSC	4:27.75	Standard 4
2	Law Kai Wai	CGHC	4:30.90	Standard 5
3	Lam Vincent Leslie	WYHK	4:34.45	Standard 7
4	Chu Po Wah	CSWCSS	4:34.69	Standard 8
5	Ng Hoi Ho	YCKMC	4:35.07	Standard 10
6	Lam Chiu Ming	DBS	4:35.34	Standard 11
7	Kwok Kim Wai	NWC	4:38.77	Standard
8	James Gibb	WIS	4:39.97	Standard
9	Cheung Wang Fung	WFN	4:51.31	Standard
10	Louis Leung	KGV	4:53.25	Standard
11	Lee Shing Chi	CHECSS	4:53.60	Standard
12	Chow Sik Wang	WYK	5: 1.77	
13	Kam Siu Fung	HPCCSS	5:13.27	
14	Sit Ki On	SKSS	5:18.45	
15	Kwok Kin Kwan	PCMS		DQ
16	Tsang Hoi Kin	SJAC		DQ

Heat 2

				Final Lane
1	Chan Ho Yin	CHECSS	4:23.99	Standard 1

2	Harry Loasby	WIS	4:24.51	Standard	2
3	Chan Alfred Hon Man	LSC	4:26.44	Standard	3
4	Lee Cho Wai Jimmy	DBS	4:33.88	Standard	6
5	Lee Lik On	CGHC	4:35.01	Standard	9
6	Kwong Yuk Wa	WFN	4:36.12	Standard	12
7	Ho Juen Ko	KGV	4:37.04	Standard	
8	Chan Wai Tung	PCMS	4:50.19	Standard	
9	Hui Man Lok	CSWCSS	4:52.19	Standard	
10	Lui Kin Wing	HPCCSS	4:54.74	Standard	
11	Wong Tze Chun	WYHK	4:55.12	Standard	
12	Cheung Hin Lok	WYK	4:55.59	Standard	
13	Tsoi Ka Cheuk	NWC	4:59.40		
14	Lau Cheuk Kit	SJAC	5: 5.34		
15	Tse Tin Yan	SKSS	5:51.84		
16	Ho Cho Wai	YCKMC		DQ	

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Event 20 400m Girls C

Standard: 1:15.00

Record: 58.78 (2000)

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Heat 1

Final Lane

1	Wong Heron	GHS	1: 7.59	Standard	7
2	Stables Emily Nicola E.	SMCESPS	1: 9.06	Standard	8
3	Jemima Ridley	WIS	1:10.02	Standard	
4	Sham Tsz Ching	HYS	1:10.55	Standard	
5	Chan Nga Woon Chloe	MCS	1:12.17	Standard	
6	Cheung Hiu Ching Chloe	SHCC	1:14.39	Standard	
7	Tam Sin Hang Megan	SPCS	1:14.53	Standard	
8	Chan On Kei	PCMS	1:19.11		

Heat 2

Final Lane

1	Lau Cheuk Yan Samantha	DGS	1: 1.72	Standard	2
2	Lau Mong Yan	GHS	1: 4.89	Standard	3
3	Jasmin Dunn	KGV	1: 8.59	Standard	1
4	Wing Lam Yuen	WIS	1:10.06	Standard	
5	Chow Yau Josephine	SCGS	1:10.20	Standard	
6	Chim Yuek Yue Nicole	SPCS	1:12.66	Standard	
7	Lee Fook Chong Alma	SSGC	1:15.12		
8	Ho Mini	PCMS	1:18.69		

Heat 3

Final Lane

1	Wong Ching Wai Bebe	SCGS	1: 5.70	Standard	4
2	Tang Wing Yan Jacqueline	HYS	1: 6.63	Standard	5
3	Law Lok Yin	DGS	1: 7.29	Standard	6
4	Leung Mu Ci Michelle	SMCESPS	1:10.46	Standard	
5	Celine Castagnet	KGV	1:13.05	Standard	
6	Lee Tin Wing Alvina	SSGC	1:14.97	Standard	
7	Yeung Wing Yin	SHCC	1:16.20		
8	Leung Wing Yan Natalie	MCS	1:16.21		

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Event 21 400m Girls B

Standard: 1:13.00

Record: 57.29 (2002)

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Heat 1

Final Lane

1	Tsang Yuen Ching	MCS	1: 4.02	Standard	3
2	Li Yuet Yan	HYS	1: 4.73	Standard	5
3	Kylie Cheung	WIS	1: 6.33	Standard	1
4	V. P. C. D. Pong Chou Yee	SMCESPS	1: 7.19	Standard	8
5	Lau Yu Kiu	GHS	1:11.42	Standard	
6	Yam Hoi Lam	SPCS	1:15.57		
7	Yung Man Ting	PCMS	1:16.76		
8	Mak Natalie Ngai Yee	SHCC		DQ	

Heat 2

Final Lane

1	Poon Hang Wai	GHS	59.04	Standard	2
2	Bridget Kriesel	WIS	1: 4.67	Standard	4
3	Sin Wai Yan Claudia	DGS	1: 5.73	Standard	6
4	Li Wing Yin Janice	PCMS	1:12.17	Standard	
5	Kerra Pringle	KGV	1:12.40	Standard	
6	Tse Yuen Sum Rennus	SCGS	1:13.29		
7	Yeung Man Wai Sheena	SPCS	1:14.04		
8	Yu Jose Chung Sze	SSGC	1:15.35		

Heat 3

Final Lane

1	Wong Wing Yu Natalie	SCGS	1: 6.02	Standard	7
2	Chan Kit Laam Kelly	DGS	1: 7.75	Standard	

3	Lee Pui Yi	HYS	1: 8.21	Standard
4	Cheng Wing Hei	SMCESPS	1: 8.44	Standard
5	Cheung Lam	MCS	1: 9.48	Standard
6	Ines Castagnet	KGV	1:10.51	Standard
7	Yung Denise	SSGC	1:13.66	
8	Fung Ka Kei	SHCC	1:16.79	

=====  
Event 22 400m Girls A

Standard: 1:12.50 Record: 58.10 (2012)

Heat 1					Final Lane
1	Chloe Cheung	WIS	1: 5.16	Standard	5
2	Chan Hue Yan Stephanie	SHCC	1: 5.39	Standard	6
3	Sue Yui Hang Helen	MCS	1: 6.24	Standard	1
4	Chau Yuet Ting Eden	HYS	1: 8.24	Standard	8
5	Wu Ho Ho	GHS	1: 8.65	Standard	
6	Lo Kiu Yan Gladys	SPCS	1:10.06	Standard	
7	Kwok Cheuk Wing	PCMS	1:11.83	Standard	
8	Liu Cherry	SMCESPS	1:19.90		

Heat 2					Final Lane
1	Lam Christy Ho Yan	DGS	59.92	Standard	2
2	Cheng Yin Man	GHS	1: 6.11	Standard	7
3	Michelle Yeung	WIS	1: 8.59	Standard	
4	Lois Capon	KGV	1:10.32	Standard	
5	Chan Sze Ting	SSGC	1:12.14	Standard	
6	Ng Sze Wing	SPCS	1:12.85		
7	Wu Tsz Miu Judy	PCMS	1:13.54		
8	Cheng Yuk Ping Kate	SCGS	1:16.54		

Heat 3					Final Lane
1	Leung Hoi Yin	DGS	1: 3.88	Standard	3
2	Grace Mann	KGV	1: 4.80	Standard	4
3	Chu Cheuk Fu	HYS	1: 9.18	Standard	
4	Yeung Wai Lam Rachel	SCGS	1:12.98		
5	Chan Hoi Lam Jessie	MCS	1:15.27		
6	Fung Bonnie Wun Sze	SSGC	1:18.59		
7	Bargo Roda Mei Bernas	SMCESPS	1:19.49		
8	Lee Lap Hang	SHCC	1:22.24		

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Event 23 400m Boys C

Standard: 1:04.00 Record: 51.23 (2008)

Heat 1					SF	Lane
1	Chong Ka Chun	DBS	59.02	Standard	2	3
2	Li Pak Hoi	WFN	1: 1.20	Standard	1	7
3	Sebastian Buddle	WIS	1: 1.88	Standard	2	8
4	Chen Ka Ho	SJAC	1: 2.01	Standard		
5	Lam Sze Ham	SKSS	1: 4.81			
6	Ho Hei Yat	WYHK	1: 5.74			
7	Tse Chong Heng	YCKMC	1: 8.49			
8	Wai Ho Lung	CGHC	1:12.65			

Heat 2					SF	Lane
1	Cheng Ming Fan Ronald	WFN	59.02	Standard	1	3
2	Tsoi Hong Yuen	DBS	59.86	Standard	2	4
3	Daniel Hoare	WIS	1: 0.88	Standard	2	6
4	Lam Wai Ho	SJAC	1: 1.50	Standard	1	1
5	Ng Kin Man	YCKMC	1: 3.20	Standard		
6	Au Hok Him	SKSS	1: 8.09			
7	Chan Siu Cheong	WYHK	1: 8.18			
8	Cheng Chi Shing	CGHC	1: 8.47			

Heat 3					SF	Lane
1	Lee Ching Yu	LSC	57.90	Standard	2	2
2	Mak Yi Nap	HPCCSS	59.64	Standard	1	4
3	Che Wai Ho	NWC	1: 0.80	Standard	1	6
4	Seto Ching Hung	CSWCSS	1: 1.03	Standard	2	7
5	Alan Sou	KGV	1: 1.95	Standard	1	8
6	Chan Kin Ming	WYK	1: 3.31	Standard		
7	So Tsz Fung	CHECSS	1: 5.02			
8	Tam Pak Sam	PCMS	1: 8.56			

Heat 4					SF	Lane
1	Chan Cheuk Lam	LSC	57.36	Standard	1	2
2	Chan Chun Hei	CSWCSS	1: 0.19	Standard	2	5



3	Sit Chun Him	HPCCSS	1: 0.46	Standard	1	5
4	Matthew Saunders	KGV	1: 1.65	Standard	2	1
5	Chan Kin Wing	WYK	1: 2.32	Standard		
6	Wong Wing Chak	CHECSS	1: 3.29	Standard		
7	Chong Hoi Tik	NWC	1: 4.53			
8	Cheung Ryan	PCMS	1: 8.07			

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Event 24 400m Boys B

Standard: 1:00.00

Record: 49.72 (2010)

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Heat					SF	Lane
Heat 1						
1	Cheung Yiu Chun	LSC	57.10	Standard	2	7
2	Law Hiu Long	HPCCSS	58.03	Standard	1	8
3	Lau Yui Ching	PCMS	58.45	Standard		
4	Hamza Ebrahim	WIS	58.61	Standard		
5	Jim Ho Yin	WYK	58.89	Standard		
6	Chow Kan Sin	CHECSS	59.01	Standard		
7	Chin Ka Lok	CSWCSS	1: 0.18			
8	Cheung Wing Tang	NWC	1: 3.88			
Heat 2					SF	Lane
1	Li Man Fung Timothy	LSC	55.05	Standard	2	3
2	Rajiv Kuruvilla	WIS	55.15	Standard	1	3
3	So Yin Cheung	HPCCSS	55.88	Standard	2	5
4	Leung Ka Kiu	CHECSS	1: 0.22			
5	Leung Tsz Him	PCMS	1: 0.35			
6	Kwan Ho Cheung	NWC	1: 1.17			
7	Lei Yiu Ting	WYK	1: 1.89			
8	Lui Tsz Shan	CSWCSS	1: 5.32			
Heat 3					SF	Lane
1	Chan Ka Man	DBS	54.12	Standard	1	2
2	Chan Cham Ki Jeremy	WFN	56.34	Standard	1	5
3	Yan Long Ting	SJAC	57.30	Standard	1	7
4	Ninad Shah	KGV	57.46	Standard	1	1
5	Li Chun Chak	YCKMC	57.67	Standard	2	1
6	Lau Abraham Kwun Hang	WYHK	59.38	Standard		
7	Sin Lok Man	CGHC	1: 1.60			
8	Chan Wai Yip	SKSS	1: 2.38			
Heat 4					SF	Lane
1	Wong Yuk Chun	WYHK	54.60	Standard	2	2
2	Zachary Powner	KGV	55.37	Standard	1	4
3	Wong Wing Ho	SJAC	55.46	Standard	2	4
4	Sue Yui Sum	WFN	56.53	Standard	1	6
5	Ho Kwong Ho	DBS	56.97	Standard	2	6
6	Fong Yun Bun	YCKMC	57.76	Standard	2	8
7	Ng Chun Yin	CGHC	58.91	Standard		
8	Cheung Tsz Yan	SKSS	1: 2.90			

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Event 25 400m Boys A

Standard: 57.50

Record: 49.10 (1964)

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Heat					SF	Lane
Heat 1						
1	Lee Ka Wai	YCKMC	54.70	Standard	1	4
2	Ho Tsz Fung	DBS	54.90	Standard	2	5
3	Kwok Tsz Hin Simon	SJAC	55.81	Standard	1	6
4	Zanskar Blair	WIS	56.72	Standard	2	1
5	Chiu Hong Lam	SKSS	56.85	Standard		
6	Chiu Wang Yuen	WFN	58.01			
7	Lam Kwai Sang	WYHK	59.29			
8	Lau Chun Leung	CGHC		DQ		
Heat 2					SF	Lane
1	Chan Yan Lam	DBS	50.05	Standard	1	2
2	Joshua Kriesel	WIS	54.75	Standard	2	4
3	Leung Hoi Cheung	WYHK	55.94	Standard	2	7
4	Cheung Man Hin	SKSS	57.47	Standard		
5	Ng Chun Man	CGHC	58.04			
6	Lam Hon Fung Samuel	SJAC	58.37			
7	Li Kwong Hang	WFN	58.91			
8	Fan Wai Kit	YCKMC	1: 0.14			
Heat 3					SF	Lane
1	Kwok Wing Kan	LSC	53.86	Standard	2	2
2	Ho Chun Hei	PCMS	53.88	Standard	2	3

3	Tso Chun Wing	NWC	55.83	Standard	2	6
4	Ho Mang Hin	CHECSS	56.10	Standard	1	7
5	Li Jacky Siu Hang	CSWCSS	56.35	Standard	1	1
6	Chan Tsz Him	WYK	56.81	Standard	1	8
7	Leung Ho Pan	HPCCSS	59.33			
8	Jason Zimmerman	KGV		DQ		
Heat 4					SF	Lane
1	Li Tsz Hei	LSC	54.39	Standard	1	3
2	Andrew Fraser	KGV	55.21	Standard	1	5
3	Lee Ka Chun	CSWCSS	56.79	Standard	2	8
4	Lui Chun Kit	CHECSS	56.91	Standard		
5	Lam Chin Ngai	HPCCSS	57.87			
6	Wong Aldous Hoi Kui	WYK	59.68			
7	Share Tsz Hin	NWC		DQ		
8	Choy Kwan Wai	PCMS		DQ		

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Event 26 Javelin Girls A

Standard: 19.00 (600gm)

Record: 41.39

(2009) (600gm)

Position	Name	School	Result	Remark	Points
1	Lau Hei Ting	GHS	41.52	Standard	9
2	Tan Minhua	GHS	33.66	Standard	7
3	Duen Pui Yee	DGS	32.57	Standard	6
4	Chan Ka Ying	PCMS	27.88	Standard	5
5	Mona Fung	SPCS	27.30	Standard	4
6	Ma Ka Man	DGS	27.02	Standard	3
7	Wong Yan Yee	MCS	25.24	Standard	2
8	Yiu Hoi Lun	SHCC	23.64	Standard	1
	Mang Lee	HYS	23.47	Standard	
	Cheung Naau Yau	HYS	22.10	Standard	
	Suen Kar Ying Maggie	MCS	22.00	Standard	
	Ho Wing Pui	SHCC	21.17	Standard	
	Lee Tsz Yu	SPCS	20.39	Standard	
	Wong Long Ching	SSGC	19.93	Standard	
	Yi Ai Chen	KGV	18.24		
	Fok Kei Lam	SMCESPS	17.07		
	Liu Wai Lam	SMCESPS	16.89		
	Veronica Morlotti	WIS	14.96		
	Broerse Hannah Theresia	RSSGC	14.68		
	Victoria Lawrence	WIS		DN take part	
	Wong Yan Lam	PCMS		DN take part	
	Tikal Kasten	KGV		DN take part	

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Event 27 Triple Jump Boys B

Standard: 10.50

Record: 13.67

(2009)

Position	Name	School	Result	Remark	Points
1	Ng Kun Lung	DBS	13.37	Standard	9
2	Mak Chun Wing	LSC	13.18	Standard	7
3	Pang Kit Ching	LSC	13.11	Standard	6
4	Yan Kang Hong	WYK	12.89	Standard	5
5	Lui Chung Yin Melvin	HPCCSS	12.78	Standard	4
6	Wong Hok Kan	CSWCSS	12.70	Standard	3
7	Cheng Yu Ching	SJAC	12.41	Standard	2
8	Tsang Sze Heng	DBS	12.17	Standard	1
	Ko Ho Long	SJAC	12.09	Standard	
	Shek Shing Him	WFN	12.02	Standard	
	Yip Chun Ming	HPCCSS	11.94	Standard	
	Cheung Chi Yeung	CHECSS	11.94	Standard	
	Tse Ho Yin	WYHK	11.75	Standard	
	Kwok Yat Nam	NWC	11.75	Standard	
	Tsang Chung Hang	YCKMC	11.58	Standard	
	Yu Wai Lim	YCKMC	11.56	Standard	
	Wong Hung	WFN	11.20	Standard	
	Yeung Kwan Wah	SKSS	11.03	Standard	
	Fong King Ho	WYK	11.00	Standard	
	Kwok Yiu Yang	CHECSS	10.84	Standard	
	Kelvin Fai	KGV	10.81	Standard	
	Raphael Galvez	WIS	10.73	Standard	
	Lai Hing Sang	NWC	10.71	Standard	
	Jang Tsz Yeung	CSWCSS	10.62	Standard	

Dylan Osborne	KGV	10.55	Standard
Michele Sepulcri	WIS	10.33	
Tsang Tin Yau	WYHK	10.16	
Fung Man Yin	PCMS	10.10	
Ngan To Him	PCMS	9.92	
Lam Chun Ping	SKSS	9.68	
So Ka Hang	CGHC		No Mark
Kwok Lok Fung	CGHC		No Mark

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Event 28 100m Hurdles Boys C  
Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)  
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Heat 1				SF	Lane
1	Kuang Zhuoheng	SJAC	16.82	Standard	2 4
2	Tong Chin Fung	WFN	16.95	Standard	1 5
3	Cheng Yat Long	DBS	17.67	Standard	1 7
4	Nicolas Hellinikakis	WIS	18.10	Standard	1 8
5	Yip Chun Long	SKSS	18.66	Standard	
6	Shum Matthew	WYHK	19.91		
7	Ng Hoi Yiu	CGHC	21.87		
8	Tsang Pui Yi	YCKMC	25.83		

Heat 2				SF	Lane
1	Leung Shing Kit	DBS	16.21	Standard	2 3
2	Lai Hiu Lam	SKSS	16.35	Standard	1 3
3	Tam Chin Wah	WFN	16.75	Standard	1 4
4	Amir Waheed	SJAC	16.82	Standard	2 5
5	Szeto Tsz Wai	CGHC	17.67	Standard	2 7
6	Bradley Richardson	WIS	17.98	Standard	2 1
7	Cheung Po Ming	YCKMC	18.53	Standard	
8	Chan Tsz Fung	WYHK	19.63		

Heat 3				SF	Lane
1	Leung Kevin Chu Wai	LSC	17.12	Standard	1 6
2	Ng Chak Hei	HPCCSS	17.83	Standard	1 1
3	Zack Carey	KGV	18.09	Standard	2 8
4	Ngan Long Fung	PCMS	19.38	Standard	
5	Chan Wing Kei	CHECSS	20.22		
6	Leung Chi Ching	NWC	21.86		
7	Li Ka Ngai	CSWCSS	25.17		
8	Chan Kin Wing	WYK		DQ	

Heat 4				SF	Lane
1	Ng Ho Ming	CHECSS	14.38	Standard	1 2
2	Lam Hin Chak Timothy	LSC	16.20	Standard	2 2
3	Lui Shing Fai Owen	HPCCSS	17.45	Standard	2 6
4	Cheung Tin Yi	PCMS	18.17	Standard	
5	Lee Nok Hang Kenneth	WYK	18.69	Standard	
6	Wu Ka Ho	NWC	21.93		
7	Fung Kwok Pan	CSWCSS	22.25		
8	Emmett Mung	KGV		DQ	

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Event 29 100m Hurdles Boys B  
Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)  
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Heat 1				SF	Lane
1	Mok Chi Kin	LSC	14.90	Standard	2 4
2	Cheung Chun Ho	NWC	15.15	Standard	1 6
3	Wong Fu Hong	CHECSS	15.81	Standard	1 1
4	Wong Chun Yin	HPCCSS	15.83	Standard	2 1
5	Lau Yui Ching	PCMS	16.16	Standard	2 8
6	Tsang Hui Nam	CSWCSS	16.91	Standard	
7	Douglas Tsui	WIS	17.29		
8	Tam Leon Chun Tin	WYK	17.84		

Heat 2				SF	Lane
1	Choi Lok Ching	LSC	14.67	Standard	2 2
2	Chan Cheuk Yin	HPCCSS	14.74	Standard	2 3
3	Chan Kwong Pan	CHECSS	15.02	Standard	2 5
4	Ngan To Him	PCMS	15.21	Standard	2 6
5	Chan Pak Hei	CSWCSS	16.82	Standard	
6	Winston Jewell	WIS	17.65		
7	Lam Ho Ming	NWC	18.27		
8	Lei Yiu Ting	WYK		DQ	

Heat 3 SF Lane

1	Lee Hong Kit	DBS	15.13	Standard	1	5
2	Wong Wing Ho	SJAC	15.60	Standard	1	7
3	Sue Yui Sum	WFN	16.50	Standard		
4	Ng Cheuk Wun	WYHK	16.71	Standard		
5	Toby Tsang	KGV	16.99	Standard		
6	Wong Chun Long	YCKMC	17.48			
7	Choy Chung Yau	SKSS	18.26			
8	So Ka Hang	CGHC	19.77			
Heat 4					SF	Lane
1	Nip Ho Tin	DBS	14.11	Standard	1	2
2	Pang Wai Hang	WFN	14.87	Standard	1	3
3	Koo Yue Kwan	WYHK	14.88	Standard	1	4
4	Cheng Pak To Pratick	YCKMC	15.54	Standard	2	7
5	Wong Chi Fung	SJAC	16.39	Standard	1	8
6	Thomas Saunders	KGV	16.84	Standard		
7	Cheung Tat Ming	SKSS	16.85	Standard		
8	Lui Yin Fung	CGHC	21.36			

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Event 30 110m Hurdles Boys A

Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)

Heat 1					SF	Lane
1	Lui Chun Yan	CGHC	14.95	Standard	1	2
2	Lo Yan Long	DBS	15.70	Standard	2	5
3	Suen Yiu Fai	SKSS	16.03	Standard	2	6
4	Adrian Lam	WIS	16.52	Standard	2	7
5	So Siu Yu	YCKMC	19.39			
6	Chan Yan Lok Arnold	WFN	19.40			
7	Tsang Chun Hin	WYHK		DQ		
Heat 2					SF	Lane
1	Ku Tak Chun	WYHK	15.38	Standard	2	3
2	Wan Hi Yuen	DBS	15.39	Standard	1	3
3	Lai Ho Tat Costa	CGHC	15.43	Standard	1	4
4	Matthew Hoare	WIS	16.75	Standard	1	1
5	Chan Junsheng	YCKMC	17.60	Standard	1	8
6	Cheuk Wing Kit	SKSS	17.69	Standard		
7	Chan Pak Hong	WFN	19.72			
Heat 3					SF	Lane
1	Liu Chung Lung	SJAC	15.79	Standard	1	5
2	Lai Tsun Hei Jonathan	LSC	15.85	Standard	1	6
3	Eric Son	KGV	17.59	Standard	2	8
4	Cheung Hoi Yin	CSWCSS	18.24	Standard		
5	Yeung Ho Leung	CHECSS	18.73			
6	Lee Chak Ming	NWC	19.42			
7	Fong Tsz Yang	WYK	21.89			
Heat 4					SF	Lane
1	Yuen Kin Long	LSC	15.16	Standard	2	2
2	Chan Yik Hei	PCMS	15.66	Standard	2	4
3	Tam Hoi Shun	CHECSS	16.55	Standard	1	7
4	Chu Chun Wai	CSWCSS	17.32	Standard	2	1
5	Wong Tsz Fung	WYK	18.58			
6	Li Ho Ming	NWC	22.01			
7	Reis Yap	KGV		DQ		

=====  
Event 31 Javelin Boys B

Standard: 26.00 (600gm) Record: 51.63 (2008) (600gm)

Position	Name	School	Result	Remark	Points
1	Hui Chak Hang	WYK	46.52	Standard	9
2	Lo Cheuk Lai	DBS	40.01	Standard	7
3	Li Long Fung	CGHC	39.71	Standard	6
4	Chen Jun Hui	LSC	39.35	Standard	5
5	Yung Man Ho	HPCCSS	37.56	Standard	4
6	Wong Ka Chu	DBS	37.51	Standard	3
7	Yu Kai Yiu	WYHK	35.62	Standard	2
8	Yau Ting Kwan	CHECSS	34.90	Standard	1
	Tsui Chun Tung	LSC	33.76	Standard	
	Chow Yee Nok	SKSS	32.04	Standard	
	Wong Kwun Chung	CGHC	30.96	Standard	
	Pang Ka Chun Nick	HPCCSS	30.09	Standard	
	Cheung Tat Yiu	WYHK	30.04	Standard	

Lam Kwok On	YCKMC	27.94	Standard
Kan Wui Fung	SKSS	27.45	Standard
Reilly Sams	KGV	26.55	Standard
Ma Tsz Chung	WFN	26.24	Standard
Wu Gin Weng	WFN	25.61	
Thomas Gibb	WIS	25.17	
Tsang Hei Nam	PCMS	24.66	
Wong Yat Fung	CSWCSS	21.75	
Lam Chun Kit	WYK	17.69	
Chi Ji Haw	PCMS	16.53	
Wong Yat Tung	NWC	13.37	
Lee Chung Yu	SJAC		DN take part
Cheung Hok Kin	SJAC		DN take part
Ng Kin Ping	CHECSS		No Mark
Lee Wing Hei	NWC		No Mark
Chim Ho Lun	YCKMC		DN take part
Derek Tsang	KGV		No Mark
Kong Tung Wai	CSWCSS		No Mark

=====  
Event 32 100m Girls C

Standard: 15.00

Record: 12.48

(2010)

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Heat 1

Final Lane

1 Yu Chung Yan	GHS	13.64	Standard	1
2 Lee Yuen Wai Victoria	MCS	13.96	Standard	
3 Fung Cheuk Lam	SPCS	14.04	Standard	
4 Anika Singh	WIS	14.36	Standard	
5 Chan Tsz Kwan	SHCC	14.37	Standard	
6 Chew Ming Ing	HYS	14.40	Standard	
7 Tam Pui Woo Brina	SMCESPS	14.65	Standard	
8 Lee Hiu Ying	PCMS	14.80	Standard	

Heat 2

Final Lane

1 Chan Pui Kei	GHS	13.03	Standard	3
2 Tang Pui Yin	SPCS	13.38	Standard	4
3 Lam Yan Tung	DGS	13.58	Standard	6
4 Cheung Hoi Laam	SSGC	14.41	Standard	
5 Madeline Bavis	WIS	14.58	Standard	
6 Victoria Powell	KGV	14.93	Standard	
7 Lau Cheuk Man	PCMS	15.07		
8 Chan Wing Lam Kelly	SCGS	15.29		

Heat 3

Final Lane

1 Wu Cheuk Yan	SSGC	12.78	Standard	2
2 Wong Ching Hei Bobo	SCGS	13.45	Standard	5
3 Kwok Luen Fong	HYS	13.62	Standard	7
4 Lam Yuen Tsun	DGS	13.70	Standard	8
5 Cassandra Ekwegwo	KGV	14.16	Standard	
6 Law Kai Yin Stephanie	MCS	14.17	Standard	
7 Kwok Tsoi Man	SHCC	14.72	Standard	
8 Lee Tsz Ching	SMCESPS	15.07		

=====  
Event 33 100m Girls B

Standard: 14.70

Record: 12.21

(2005)

-----  
Heat 1

Final Lane

1 Mak Yee Ki	HYS	13.19	Standard	5
2 Cheung Yuet Wah	GHS	13.55	Standard	1
3 Chan Ho Wun Cynthia	MCS	13.68	Standard	
4 Lo Wing Fan	SMCESPS	14.41	Standard	
5 Cheng Man Chi Maggi	SHCC	14.85		
6 Moeno Matsukage	WIS	15.05		
7 Chan Pui Chi	SPCS	15.20		
8 Ip Wing Hei	PCMS	15.66		

Heat 2

Final Lane

1 Kong Chun Ki	DGS	12.56	Standard	2
2 Yeung Lok Hei Hazel	SPCS	13.02	Standard	4
3 Leung Yee Ting	GHS	13.53	Standard	7
4 Wai Lok Heng Angelica	SCGS	13.60	Standard	8
5 Jamie Bourk	KGV	14.10	Standard	
6 Hannah Fraser	WIS	14.82		
7 Tai Ching Wai	PCMS	14.93		
8 Yolanda Yeung	SSGC	15.52		

					Final Lane
Heat 3					
1	Chan Ka Sin Edith	SCGS	12.83	Standard	3
2	Yuen Wing Nam	DGS	13.44	Standard	6
3	Cheng Fan Fan	HYS	14.09	Standard	
4	Chloe Mow	KGV	14.54	Standard	
5	Leung Noel Hil Nam	SMCESPS	14.66	Standard	
6	Lo Samantha Tsz Yan	MCS	14.70	Standard	
7	Ng Siyu Samantha	SHCC	15.15		
8	Chan Oi Man	SSGC	15.39		

=====  
Event 34 100m Girls A

Standard: 14.50

Record: 11.99

(2009)

					Final Lane
Heat 1					
1	Von Pflug Somphrattana M.	SMCESPS	13.00	Standard	2
2	Yan Hoi Tung Abby	MCS	13.05	Standard	4
3	Yiu Hoi Yan	SHCC	13.43	Standard	7
4	Li Tsz Kwan	HYS	13.68	Standard	8
5	Tam Wan In	GHS	13.84	Standard	
6	Kwok Cheuk Wing	PCMS	14.06	Standard	
7	Amy Brookes	WIS	14.70		
8	Kum Sin Ue	SPCS	15.69		

					Final Lane
Heat 2					
1	Lo Ka Lam	GHS	13.05	Standard	3
2	Lau Hiu Yu Hilda	DGS	13.27	Standard	6
3	Wong Yee Lam	PCMS	13.56	Standard	1
4	Lo Yan Ting Phoebe	SPCS	13.77	Standard	
5	Natalie Roux	WIS	14.11	Standard	
6	Fung Ho Yan Renny	SCGS	14.14	Standard	
7	Shannon Tse	KGV	14.53		
8	Wong Hang Ling	SSGC	15.15		

					Final Lane
Heat 3					
1	Lee Ming Yan Jacqueline	DGS	13.15	Standard	5
2	Yeung Wing Ching Anthea	MCS	13.88	Standard	
3	Tam Nga Wai	HYS	13.88	Standard	
4	Eunice Dalton	KGV	14.00	Standard	
5	Wong Ho Ting	SSGC	14.53		
6	Chiu Man Ting Tiffany	SCGS	14.58		
7	Benhanmouche Ella	SMCESPS	15.91		
8	Cheuk Pui Man	SHCC		DQ	

=====  
Event 35 100m Boys C

Standard: 13.30

Record: 11.21

(2009)

					SF	Lane
Heat 1						
1	Leung Dun Pok	DBS	12.56	Standard	1	6
2	Chan Pak Hei	WYHK	12.89	Standard	2	8
3	Amir Waheed	SJAC	13.08	Standard		
4	Lai Hiu Lam	SKSS	13.32			
5	Ho Shik Chan	WIS	13.42			
6	Cheung Hang Fung	CGHC	13.45			
7	Wu Tak Wang	WFN	14.28			
8	Lam Wai Ho	YCKMC	14.33			

					SF	Lane
Heat 2						
1	Kwok Yi Chun	WYHK	12.04	Standard	2	2
2	Ryan Wan	WIS	12.32	Standard	2	5
3	Fok Tsin Long	DBS	12.53	Standard	1	5
4	Lee Kum Ho	YCKMC	12.70	Standard	1	7
5	Ma Po Lun Charis	SJAC	12.89	Standard	2	1
6	Szeto Tsz Wai	CGHC	12.98	Standard		
7	Tong Chin Fung	WFN	13.33			
8	Lam Wing Shun	SKSS	13.68			

					SF	Lane
Heat 3						
1	Chan Yun Tung	HPCCSS	12.06	Standard	2	3
2	Lam Jackson	LSC	12.63	Standard	2	6
3	Alan Au	KGV	12.97	Standard	1	8
4	Cheng Chi Tim	WYK	13.26	Standard		
5	Wong Tsz Kit	CSWCSS	13.39			
6	Cheung Osborn	PCMS	13.40			
7	Leung Man Kin	CHECSS	13.56			
8	Wu Yuen Fung	NWC	13.62			

Heat 4				SF	Lane
1	Sze Kin Ho	HPCCSS	11.55	Standard	1 2
2	Ma Chi Fai	LSC	12.08	Standard	1 3
3	Ciaran Glen	KGV	12.28	Standard	1 4
4	Ng Ho Ming	CHECSS	12.29	Standard	2 4
5	Wong Kin Ngai	CSWCSS	12.65	Standard	2 7
6	Wong Sung Hei	WYK	12.70	Standard	1 1
7	So Yin Ken	PCMS	13.56		
8	Yuen Lok Fai	NWC	14.31		

=====  
Event 36 100m Boys B

Standard: 12.50

Record: 11.03

(2008)

Heat 1				SF	Lane
1	Chung Benton Pok Hei	LSC	11.78	Standard	2 4
2	Kwok Wai Ching	PCMS	12.06	Standard	2 6
3	Ng Kai Ho	HPCCSS	12.21	Standard	2 7
4	Tsang Hui Nam	CSWCSS	12.63		
5	Kenji Tang	WIS	12.88		
6	Wong Ka Chun	CHECSS	12.91		
7	Chan Sheung Wai	NWC	12.93		
8	So Kin Pang	WYK	13.07		

Heat 2				SF	Lane
1	Chan Cheuk Yin	HPCCSS	11.85	Standard	2 5
2	Lau Kin Hei	PCMS	11.88	Standard	1 5
3	Mok Chi Kin	LSC	12.27	Standard	2 1
4	Chan Chun Ho	NWC	12.28	Standard	2 8
5	Winston Jewell	WIS	12.46	Standard	
6	Chan Kwong Pan	CHECSS	12.48	Standard	
7	Mak Sai Yin	CSWCSS	12.49	Standard	
8	Chung Cheuk Hang	WYK	12.67		

Heat 3				SF	Lane
1	Lee Hong Kit	DBS	11.21	Standard	1 2
2	Siu Chun Hei	YCKMC	12.03	Standard	1 6
3	Chan Cham Ki Jeremy	WFN	12.27	Standard	1 1
4	Tsang Kenneth Savio	WYHK	12.41	Standard	
5	Choy Chung Yau	SKSS	12.43	Standard	
6	Poon Shing Him	SJAC	12.53		
7	Matthew Herman	KGV	12.59		
8	Leung Hin Shek	CGHC	12.94		

Heat 4				SF	Lane
1	Chun Chi Shing	YCKMC	11.48	Standard	2 2
2	Chau Yung Ho Michael	DBS	11.54	Standard	2 3
3	Koo Yue Kwan	WYHK	11.67	Standard	1 3
4	Luk Kin Wang	WFN	11.74	Standard	1 4
5	Jeffery Chong	KGV	12.24	Standard	1 7
6	Cheng Yu Ching	SJAC	12.31	Standard	1 8
7	Leung Chung Hang	CGHC	12.67		
8	Law Kin Fung	SKSS	12.70		

=====  
Event 37 100m Boys A

Standard: 12.20

Record: 10.40

(2008)

Heat 1				SF	Lane
1	Choi Ho Shing	YCKMC	11.19	Standard	2 3
2	Wu Chi Kwan	CGHC	11.39	Standard	1 4
3	Li Wing Fai	DBS	11.45	Standard	2 4
4	Tang Chun Hang	WYHK	11.96	Standard	2 1
5	Leung Chi Ling	SKSS	12.18	Standard	
6	Wong Wing Tai	SJAC	12.27		
7	Luk Yin Ting	WFN	12.38		
8	Joshua Clery	WIS	12.50		

Heat 2				SF	Lane
1	Ho Ping Kwan	CGHC	11.08	Standard	1 2
2	Wong Tsz Hin	DBS	11.19	Standard	2 2
3	Kooh Lok Man	WFN	11.45	Standard	2 5
4	Lam Ka Lok	SKSS	11.65	Standard	1 6
5	Faan Hoi Kiu	WYHK	12.00	Standard	2 8
6	Adrian Lam	WIS	12.34		
7	Chen Junsheng	YCKMC	12.94		
8	Chow Yiu Chun	SJAC		DQ	

Heat 3				SF	Lane
1	Wong Wai Kin	LSC	11.25	Standard	1 3
2	Andrew Fraser	KGV	11.79	Standard	2 6
3	Kwan Chun Chi	CHECSS	12.09	Standard	1 8
4	Wong Tsz Fung	WYK	12.14	Standard	
5	Choi Ka Chun Phillip	HPCCSS	12.28		
6	Choy Po Hang	PCMS	12.34		
7	Wong Cheuk Man	NWC	12.51		
8	Peddy Ng	CSWCSS	12.74		

Heat 4				SF	Lane
1	Chan Hiu Nam Gabriel	LSC	11.61	Standard	1 5
2	Chau Tung Fai	CSWCSS	11.88	Standard	2 7
3	Jonathan Kwok	KGV	11.91	Standard	1 7
4	Chan Yik Hei	PCMS	11.92	Standard	1 1
5	Li Chun Ki	CHECSS	12.11	Standard	
6	Leung Ching Tao Albert	WYK	12.29		
7	Wong Tsz Hin	NWC	12.33		
8	Hau Siew Hin	HPCCSS	12.79		

=====  
Event 38 4x400m Relay Girls C

Standard: 5:00.00 Record: 4:16.63 (2008)

Heat 1				Final	Lane
1	DGS	4:25.94	Standard	2	
2	GHS	4:38.48	Standard	4	
3	KGV	4:51.01	Standard	6	
4	MCS	4:51.15	Standard	7	
5	SSGC	5:11.76			
6	PCMS		DQ		

Heat 2				Final	Lane
1	SCGS	4:32.02	Standard	3	
2	HYS	4:41.87	Standard	5	
3	SMCESPS	4:51.46	Standard	1	
4	SHCC	4:51.79	Standard	8	
5	SPCS	5: 9.07			

=====  
Event 39 4x400m Relay Girls B

Standard: 4:56.00 Record: 4:13.61 (2012)

Heat 1				Final	Lane
1	GHS	4:26.19	Standard	3	
2	DGS	4:28.05	Standard	4	
3	MCS	4:41.66	Standard	7	
4	SSGC	5: 3.77			
5	PCMS	5: 6.10			
6	SHCC	5:15.40			

Heat 2				Final	Lane
1	WIS	4:22.65	Standard	2	
2	HYS	4:28.25	Standard	5	
3	SCGS	4:41.35	Standard	6	
4	KGV	4:43.22	Standard	1	
5	SMCESPS	4:59.08		8	
6	SPCS	5: 5.36			

=====  
Event 40 4x400m Relay Girls A

Standard: 4:52.00 Record: 4:09.77 (2009)

Heat 1				Final	Lane
1	DGS	4:17.33	Standard	2	
2	GHS	4:35.75	Standard	4	
3	MCS	4:46.99	Standard	7	
4	SHCC	4:51.18	Standard	1	
5	SSGC	5: 6.33			
6	PCMS	5:28.02			

Heat 2				Final	Lane
1	WIS	4:32.66	Standard	3	
2	HYS	4:37.19	Standard	5	
3	KGV	4:43.38	Standard	6	
4	SCGS	4:51.81	Standard	8	
5	SMCESPS	4:53.57			
6	SPCS	4:54.71			



=====  
 Event 41 4x400m Relay Boys C

Standard: 4:16.00 Record: 3:46.84 (2008)

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Heat 1				Final Lane
1	DBS	3:58.27	Standard	2
2	WFN	3:58.96	Standard	3
3	WIS	4: 9.66	Standard	6
4	SJAC	4:10.61	Standard	7
5	YCKMC	4:13.11	Standard	1
6	CGHC	4:15.26	Standard	
7	SKSS	4:28.21		
8	WYHK	4:32.83		

Heat 2				Final Lane
1	LSC	4: 1.94	Standard	4
2	HPCCSS	4: 2.32	Standard	5
3	WYK	4:13.74	Standard	8
4	KGV	4:18.86		
5	CSWCSS	4:21.11		
6	CHECSS	4:24.73		
7	NWC	4:29.94		
8	PCMS	4:32.61		

=====  
 Event 42 4x400m Relay Boys B

Standard: 4:00.00 Record: 3:36.46 (2009)

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Heat 1				Final Lane
1	LSC	3:49.75	Standard	4
2	HPCCSS	3:51.15	Standard	5
3	WIS	3:54.82	Standard	1
4	PCMS	3:57.33	Standard	
5	CHECSS	3:58.61	Standard	
6	WYK	4: 2.28		
7	NWC	4: 5.00		
8	CSWCSS	4: 5.89		

Heat 2				Final Lane
1	DBS	3:43.17	Standard	2
2	WFN	3:43.66	Standard	3
3	KGV	3:52.76	Standard	6
4	YCKMC	3:53.53	Standard	7
5	SJAC	3:57.27	Standard	8
6	WYHK	3:58.34	Standard	
7	CGHC	3:59.84	Standard	
8	SKSS	4: 9.58		

=====  
 Event 43 4x400m Relay Boys A

Standard: 3:55.00 Record: 3:26.60 (1989)

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Heat 1				Final Lane
1	DBS	3:37.65	Standard	2
2	YCKMC	3:38.30	Standard	3
3	WIS	3:40.55	Standard	5
4	SJAC	3:45.14	Standard	8
5	WFN	3:46.47	Standard	
6	CGHC	3:49.10	Standard	
7	WYHK	3:49.76	Standard	
8	SKSS	3:53.69	Standard	

Heat 2				Final Lane
1	LSC	3:40.05	Standard	4
2	CHECSS	3:41.12	Standard	6
3	NWC	3:44.72	Standard	7
4	CSWCSS	3:45.03	Standard	1
5	PCMS	3:48.72	Standard	
6	HPCCSS	3:49.34	Standard	
7	WYK	3:55.54		
8	KGV	4: 5.05		

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Competition  
 (HK Island and Kowloon)  
 Division One  
 Day Two: 26 February 2013

=====  
 Event 1 Shot Put Girls A

Standard: 7.10 (4kg) Record: 12.86 (2012) (4kg)

Position	Name	School	Result	Remark	Points
1	Seung Hui Ying	HYS	9.43	Standard	9
2	Wong Kwan Nga Karina	GHS	9.34	Standard	7
3	Wong Ying Suan Minnie	GHS	9.26	Standard	6
4	Chang Lok Yi	DGS	9.01	Standard	5
5	Yau Ching	DGS	8.55	Standard	4
6	Leung Kei Yi	PCMS	8.28	Standard	3
7	Leung Chi Ying	HYS	7.77	Standard	2
8	Wong Yan Yee	MCS	7.32	Standard	1
	Wong Siu Fan	SSGC	7.14	Standard	
	Kwong Ho Yan Tina	SCGS	7.08		
	Lee Yan Sin Bernice	SPCS	6.99		
	Chan Sze Ting	SSGC	6.85		
	Soo Youn Oh	KGV	6.83		
	Lam Lok Man	SHCC	6.71		
	Elizabeth Wong	KGV	6.65		
	Wong Winnie	SHCC	6.60		
	Ma Po Tin	SMCESPS	6.52		
	Wong Cheuk Yiu	SPCS	6.31		
	Ng Sze Ki	SMCESPS	6.14		
	Sophie Fraser	WIS	6.08		
	Lam On Wing Alvina	MCS	5.72		
	Veronica Morlotti	WIS	5.27		

=====  
 Event 2 Discus Girls C

Standard: 16.00 (1kg) Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Lau Ho Ching Stephanie	DGS	23.68	Standard	9
2	Chan Charissa Tsz Ying	GHS	23.05	Standard	7
3	Ip Shuk Tin Tina	SPCS	22.94	Standard	6
4	Chan Ho Yi	HYS	22.86	Standard	5
5	Chou Ka Yan	DGS	22.23	Standard	4
6	Cheung Ho Ching Crystal	SCGS	20.78	Standard	3
7	Lee Masaki	GHS	20.69	Standard	2
8	Lai Nga Man	HYS	20.39	Standard	1
	Lam Ching Wun	SPCS	19.00	Standard	
	Katie Brewin	KGV	18.07	Standard	
	Regina Clarita	SMCESPS	16.98	Standard	
	Chow Ka Wai	SHCC	16.03	Standard	
	So Cyrena Heng Yee	MCS	15.10		
	Wong Ying Ying Mary	SCGS		No Mark	
	Natasha Wilkinson	WIS		No Mark	
	Lo Lok Lam	MCS		No Mark	
	Ko Hiu Ting	PCMS		DN take part	
	Amy Travis	WIS		DN take part	
	Lam Cho Wai	SSGC		DN take part	
	Poon Wing Tung Natalie	SSGC		DN take part	
	Li Pui Lam Precila	SHCC		No Mark	
	Borja Mariah Nicole B	SMCESPS		No Mark	
	Tsz Chun Tang	KGV		No Mark	
	Ng Hoi Yu	PCMS		No Mark	

=====  
 Event 3 High Jump Girls C

Standard: 1.25 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Tang Tiffany Yi Ching	DGS	1.57	Standard	9
2	Wong Yuen Nam Sharon	DGS	1.49	Standard	7
3	Cheung Hoi Laam	SSGC	1.43	Standard	6

4	Christy Yip	KGV	1.40	Standard	5
5	Lui Wing Lam	GHS	1.37	Standard	4
6	Megan Wells	WIS	1.37	Standard	3
7	Yau Sze Man	GHS	1.34	Standard	2
8	Jessame Willott	KGV	1.31	Standard	1
	Lam Long Hei	HYS	1.30	Standard	
	Man Marie Shelby	SSGC	1.22		
	Chan Nim Chi	HYS	1.22		
	Yu Charmaine Kate	MCS	1.22		
	Chang Ling Ling	SPCS	1.22		
	Lau Cheuk Lam	SHCC		No Mark	
	Alexandra Gili-Deangelis	WIS		No Mark	
	Tsui Hiu Yin	SPCS		No Mark	
	Ho Heily Hei Yin	SHCC		No Mark	
	Chan Yin Lai Tiffany	SCGS		No Mark	
	Stables Emily Nicola E.	SMCESPS		No Mark	
	Wong Hei Yu Gladys	SMCESPS		No Mark	
	Wong Gisele	MCS		No Mark	
	Lau Hoi Yee Selena	SCGS		No Mark	

=====  
Event 4 Long Jump Boys B

Standard: 5.10

Record: 6.92 (2009)

Position	Name	School	Result	Remark	Points
1	Lau Kin Hei	PCMS	6.65	Standard	9
2	Lui Chung Yin Melvin	HPCCSS	6.37	Standard	7
3	Yan Kang Hong	WYK	6.36	Standard	6
4	Ng Kun Lung	DBS	6.28	Standard	5
5	Mak Chun Wing	LSC	6.18	Standard	4
6	Yee Hon Chung	LSC	6.17	Standard	3
7	Yip Chun Ming	HPCCSS	5.94	Standard	2
8	Sin Ho Man	CHECSS	5.92	Standard	1
	Tsang Chung Hang	YCKMC	5.74	Standard	
	Ko Ho Long	SJAC	5.73	Standard	
	Yip Jonathan Bryan	DBS	5.72	Standard	
	Yu Wai Lim	YCKMC	5.62	Standard	
	Leung Shun Hei	WYHK	5.60	Standard	
	Jeffery Chong	KGV	5.51	Standard	
	Cheung Chun Ho	NWC	5.41	Standard	
	Cheung Tat Ming	SKSS	5.39	Standard	
	Lam Sze Lik	CSWCSS	5.39	Standard	
	Tse Ho Yin	WYHK	5.30	Standard	
	Leung Tsz Hei	SKSS	5.15	Standard	
	Pang Wai Hang	WFN	5.13	Standard	
	Chung Ho Yeung	SJAC	5.08		
	Chow Kan Sin	CHECSS	5.05		
	Kwan Ho Cheung	NWC	4.97		
	Fong King Ho	WYK	4.90		
	Kou Hok Yu	CSWCSS	4.71		
	Fung Man Yin	PCMS	4.63		
	James Wright	KGV	4.60		
	Michele Sepulcri	WIS	4.60		
	Kwok Lok Fung	CGHC	4.57		
	Ludwig Reiser	WIS	4.52		
	Lau Siu Chun	WFN	4.40		
	Chan Chung Yin	CGHC		DN take part	

=====  
Event 5 400m Hurdles Boys A

Standard: 1:06.50 (0.84m)

Record: 54.28 (2004) (0.84m)

Semi-Final 1				Final Lane
1	Ho Tsz Fung	DBS	58.34	3
2	Cheng Shing	LSC	58.85	5
3	Chan Yik Ching	PCMS	1: 0.46	1
4	Lai Ho Tat Costa	CGHC	1: 0.62	8
5	Liu Chung Lung	SJAC	1: 0.65	
6	Chiu Hong Lam	SKSS	1: 4.09	
7	Chin Ching	PCMS	1: 4.57	
8	Chu Chun Wai	CSWCSS	1: 7.73	
Semi-Final 2				Final Lane
1	Yuen Kin Long	LSC	58.27	2

2	Ho Ka Tsun	SKSS	58.43	4
3	Wan Hi Yuen	DBS	1: 0.05	6
4	Lau Chun Leung	CGHC	1: 0.19	7
5	Matthew Hoare	WIS	1: 1.84	
6	Tam Hoi Shun	CHECSS	1: 2.65	
7	Kan Chun Ngong	CSWCSS		
8	Li Kwong Hang	WFN		

=====  
Event 6 3000m Boys B

Standard: 11:15.00

Record: 9:24.23 (2011)

Final				Points
1	Lee Yip Chun	WYHK	9:34.00	9
2	Miles Williams	WIS	9:47.00	7
3	Michael Lam	KGV	9:47.10	6
4	Wong Hong Kit	LSC	10:14.07	5
5	James Tan	WIS	10:14.77	4
6	Chan Brian Kai Hin	LSC	10:18.36	3
7	Leung Justin	DBS	10:32.86	2
8	Chan Ki Yan	WFN	10:34.13	1
9	Chui Tin Chi	DBS	10:44.03	
10	Siu Cheuk Yiu	WYHK	10:45.20	
11	Krishna Nainani	KGV	10:47.30	
12	Kwong Brian	WFN	10:49.23	
13	Au-Yeung Kin Yat	PCMS	10:52.00	
14	Cheng Tsz Fung	CSWCSS	10:53.00	
15	Lee Wai Nam	CGHC	11:12.16	
16	Tsoi Ka Kit	NWC	11:12.56	
17	Chan Ka Kin	NWC	11:18.18	
18	Li Ho Sing	HPCCSS	11:18.27	
19	Tang Yue Hin	WYK	11:38.27	
20	Yeung Kwan Wah	SKSS	11:42.60	
21	Chan Chi Shing	YCKMC	11:55.47	
22	Woo Wai Ki	CSWCSS	11:56.00	
23	Wong Kuen Yuen	SJAC	11:56.03	
24	Cheung Kanji	PCMS	11:59.30	
25	Fong Yun Bun	YCKMC	12: 5.00	
26	Wong Chun Hei	SJAC	12:12.90	
27	Chan Po Kwan	CGHC	12:13.70	
28	Wong Shing Hang	WYK	12:16.50	
29	Tang Long Fung	CHECSS	12:26.00	
30	Dew Kin Ting	CHECSS	12:33.37	
31	Li Wai Tung	SKSS	13:23.20	
32	Heung Chin Tung	HPCCSS		

=====  
Event 7 5000m Boys A

Standard: 20:00.00

Record: 15:52.64 (2011)

Final				Points
1	Chan Alfred Hon Man	LSC	16:31.00	9
2	Harry Loasby	WIS	16:37.10	7
3	Chan Arthur Hok Man	LSC	16:41.00	6
4	Law Kai Wai	CGHC	17:12.10	5
5	Chan Wai Tung	PCMS	17:14.70	4
6	Lam Vincent Leslie	WYHK	17:20.60	3
7	Lam Chiu Ming	DBS	17:38.50	2
8	Chan Ho Yin	CHECSS	17:53.70	1
9	Jiang Zixin	DBS	17:58.60	
10	Lee Shing Chi	CHECSS	18: 7.80	
11	James Gibb	WIS	18:10.70	
12	Ho Juen Ko	KGV	18:23.40	
13	Kum Yun San	YCKMC	18:26.10	
14	Lam Ka Hei	CSWCSS	18:41.50	
15	Ma Wai Pang	YCKMC	18:47.10	
16	Kwok Kim Wai	NWC	18:53.50	
17	Chan Hueng Wai	CSWCSS	19: 4.30	
18	Tsoi Ka Cheuk	NWC	19: 5.90	
19	Tong Tsz Fung	WYHK	19: 8.10	
20	Chan Kwok Ho	PCMS	19:10.50	
21	Lui Kin Wing	HPCCSS	19:12.70	
22	Chow Sik Wang	WYK	19:23.82	

23	Cheung Hin Lok	WYK	19:23.88
24	Louis Leung	KGV	19:39.50
25	Ng Cheuk Pang	SJAC	22:11.60
26	Ching Chi Hong	SKSS	23: 6.50
27	Ngai Tsz Shun Jason	WFN	24:16.20
28	Tse Tin Yan	SKSS	
29	Tse Long Hin	CGHC	
30	Chan Chi Long	SJAC	
31	Law Chi Hong	WFN	

=====  
Event 8 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

-----				
Semi-Final 1			Final Lane	
1	Sze Kin Ho	HPCCSS	11.51	2
2	Ma Chi Fai	LSC	11.80	3
3	Leung Dun Pok	DBS	12.14	7
4	Ciaran Glen	KGV	12.16	1
5	Lee Kum Ho	YCKMC	12.51	
6	Fok Tsin Long	DBS	12.58	
7	Alan Au	KGV	12.86	
8	Wong Sung Hei	WYK	12.89	

-----				
Semi-Final 2			Final Lane	
1	Kwok Yi Chun	WYHK	11.87	5
2	Chan Yun Tung	HPCCSS	11.87	4
3	Ng Ho Ming	CHECSS	12.08	6
4	Ryan Wan	WIS	12.38	8
5	Lam Jackson	LSC	12.52	
6	Chan Pak Hei	WYHK	12.69	
7	Ma Po Lun Charis	SJAC	12.70	
8	Wong Kin Ngai	CSWCSS	12.73	

=====  
Event 9 100m Boys B

Standard: 12.50 Record: 11.03 (2008)

-----				
Semi-Final 1			Final Lane	
1	Lee Hong Kit	DBS	11.22	2
2	Luk Kin Wang	WFN	11.53	5
3	Koo Yue Kwan	WYHK	11.57	7
4	Lau Kin Hei	PCMS	11.63	8
5	Siu Chun Hei	YCKMC	12.12	
6	Jeffery Chong	KGV	12.19	
7	Chan Cham Ki Jeremy	WFN	12.25	
8	Cheng Yu Ching	SJAC	12.31	

-----				
Semi-Final 2			Final Lane	
1	Chau Yung Ho Michael	DBS	11.40	3
2	Chun Chi Shing	YCKMC	11.42	4
3	Chan Cheuk Yin	HPCCSS	11.56	6
4	Chung Benton Pok Hei	LSC	11.58	1
5	Kwok Wai Ching	PCMS	12.08	
6	Ng Kai Ho	HPCCSS	12.10	
7	Mok Chi Kin	LSC	12.15	
8	Chan Chun Ho	NWC	12.16	

=====  
Event 10 100m Boys A

Standard: 12.20 Record: 10.40 (2008)

-----				
Semi-Final 1			Final Lane	
1	Wong Wai Kin	LSC	11.01	2
2	Ho Ping Kwan	CGHC	11.10	4
3	Wu Chi Kwan	CGHC	11.30	7
4	Chan Hiu Nam Gabriel	LSC	11.40	8
5	Lam Ka Lok	SKSS	11.54	
6	Jonathan Kwok	KGV	11.60	
7	Chan Yik Hei	PCMS	11.70	
8	Kwan Chun Chi	CHECSS		

-----				
Semi-Final 2			Final Lane	
1	Choi Ho Shing	YCKMC	11.09	3
2	Wong Tsz Hin	DBS	11.12	5
3	Kooh Lok Man	WFN	11.27	6
4	Li Wing Fai	DBS	11.37	1

5	Andrew Fraser	KGV	11.61
6	Chau Tung Fai	CSWCSS	11.75
7	Faan Hoi Kiu	WYHK	11.90
8	Tang Chun Hang	WYHK	11.98

=====  
Event 11 800m Girls C

Standard: 2:57.00

Record: 2:19.72 (2000)

-----  
Heat 1

					Final Lane
1	Au Yeung Hok Ka Claire	DGS	2:24.04	Standard	1
2	Erin Brown	WIS	2:29.91	Standard	3
3	Yuen Ho Yee	SHCC	2:34.85	Standard	5
4	Sek Ngai Tsin	HYS	2:35.42	Standard	6
5	Su Jennifer Ming Yin	SCGS	2:35.47	Standard	7
6	Mak Ho Yi Lydia	GHS	2:39.40	Standard	9
7	Amy Taylor	KGV	2:43.25	Standard	
8	Man Long Ching	SSGC	2:49.01	Standard	
9	Tong Pui Lun	SMCESPS	2:49.43	Standard	
10	Chan Nga Woon Chloe	MCS	2:50.55	Standard	
11	Mui Christy	SPCS	2:54.95	Standard	
12	Choi Ming Yin	PCMS	3: 9.14		

Heat 2

					Final Lane
1	Lau Cheuk Yan Samantha	DGS	2:27.90	Standard	2
2	Lau Mong Yan	GHS	2:33.72	Standard	4
3	Shreya Rane	WIS	2:37.35	Standard	8
4	Tsang Jin Nuo Joan	HYS	2:41.16	Standard	10
5	Molly Smith	KGV	2:42.14	Standard	11
6	Yeung Jing Ki	SHCC	2:42.39	Standard	12
7	Lam Gi Wing Natalie	SMCESPS	2:43.01	Standard	
8	Wong Ching Wai Bebe	SCGS	2:44.82	Standard	
9	Wong Bao Yi	SSGC	2:48.20	Standard	
10	Chim Yuek Yue Nicole	SPCS	2:54.73	Standard	
11	Ho Mini	PCMS	2:55.54	Standard	

=====  
Event 12 800m Girls B

Standard: 2:55.00

Record: 2:15.76 (2001)

-----  
Heat 1

					Final Lane
1	Lee Suet Ying	DGS	2:36.21	Standard	3
2	Lee Ho Yan	HYS	2:43.12	Standard	8
3	Wong Hei Ching	GHS	2:43.83	Standard	9
4	Lau In Tung Edith	SCGS	2:43.89	Standard	10
5	Lucy Ross	WIS	2:45.18	Standard	11
6	Melody Lam	MCS	2:55.71		
7	Mak Natalie Ngai Yee	SHCC	2:55.81		
8	Kerra Prinele	KGV	2:58.21		
9	Yam Hoi Lam	SPCS	3: 0.73		
10	Lam Cheuk Ying	SMCESPS	3:10.13		
11	Yung Man Ting	PCMS	3:13.06		
12	Tsui Ka Lam	SSGC		DQ	

Heat 2

					Final Lane
1	Vanessa Ng	KGV	2:32.12	Standard	1
2	Poon Hang Wai	GHS	2:33.98	Standard	2
3	Jennifer Pugh	WIS	2:36.49	Standard	4
4	Chow Siu Kwan	HYS	2:38.77	Standard	5
5	Chung Wing Yi Grace	SCGS	2:39.36	Standard	6
6	Leung Ya Ting Noel	DGS	2:39.66	Standard	7
7	Chow Tak Yan	SMCESPS	2:52.76	Standard	12
8	Au Jasmine Yung Tung	MCS	2:55.84		
9	Wong Long Kiu	SSGC	2:57.74		
10	Lam Yu Sze Chelsea	SPCS	2:58.83		
11	Wong Yan Kiu	PCMS	3: 1.70		
12	Wong Lok Yee Joyce	SHCC	3:11.83		

=====  
Event 13 800m Girls A

Standard: 2:53.00

Record: 2:17.41 (2012)

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Heat 1

					Final Lane
1	Chan Yee Ki	DGS	2:27.79	Standard	1
2	Michelle Yeung	WIS	2:37.26	Standard	4
3	Chan Hue Yan Stephanie	SHCC	2:38.30	Standard	5

4	Mak Yan Yu Joyce	HYS	2:44.89	Standard	
5	Chan Wing Yan Chloe	SCGS	2:45.70	Standard	
6	Krishnan Nina Joanne	SPCS	2:50.15	Standard	
7	Tam Yuen Sum	GHS	2:52.08	Standard	
8	Yeung Cheuk Sze Charis	MCS	2:53.03		
9	Wu Tsz Miu Judy	PCMS	2:55.90		
10	Faith So	SSGC	3: 0.46		
11	Ho Hoi Ying	SMCESPS		DQ	
12	Grace Mann	KGV		DQ	
Heat 2					Final Lane
1	Lee Yuk Ying	HYS	2:34.80	Standard	2
2	Jemima Jones	WIS	2:36.60	Standard	3
3	Ling Man Sze	DGS	2:38.60	Standard	6
4	Eve Lo	KGV	2:39.13	Standard	7
5	Ng Yui Lam	SHCC	2:39.54	Standard	8
6	Ho Cheuk Ying Karen	MCS	2:39.61	Standard	9
7	So Chun Wai	GHS	2:41.04	Standard	10
8	Cheung Ling Yee	SMCESPS	2:42.92	Standard	11
9	Wong Tsz Yan	PCMS	2:44.68	Standard	12
10	Chui Ka Kiu Christy	SCGS	2:46.93	Standard	
11	Tang Kwok Yan Tiffany	SPCS	2:59.40		
12	Fung Bonnie Wun Sze	SSGC	3:15.72		

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Event 14 Discus Boys B  
Standard: 28.00 (1kg)

Record: 50.67 (2011) (1kg)

Position	Name	School	Result	Remark	Points
1	Chau Lam Sing	SJAC	51.51	Standard	9
2	Chan Yin Chung	LSC	45.79	Standard	7
3	Yu Chung Yau	CHECSS	45.48	Standard	6
4	Tsai Tsz Cheung	SKSS	42.32	Standard	5
5	Pang Ka Chun Nick	HPCCSS	41.51	Standard	4
6	Ho Chun Yan Wilson	HPCCSS	38.56	Standard	3
7	Cheung Tik Pong	WFN	38.54	Standard	2
8	Chan Hok Lim	SKSS	38.18	Standard	1
	Leung Tsz Hin	LSC	37.21	Standard	
	Wong Kwan Ho	DBS	36.80	Standard	
	Cheung Hok Kin	SJAC	34.21	Standard	
	Hui Chak Hang	WYK	33.50	Standard	
	Tsang Shing Fai	DBS	33.19	Standard	
	Lam Nam Tony	YCKMC	32.98	Standard	
	Mak Sai Cheong	YCKMC	32.42	Standard	
	Kwok Kang Yuen	WYK	30.66	Standard	
	Chan Tin Yueng	CGHC	30.01	Standard	
	Chan Lok Yin	PCMS	29.54	Standard	
	Ngan Chi Keung	CSWCSS	29.40	Standard	
	Li Long Fung	CGHC	29.31	Standard	
	Ryan Simpson	WIS	28.80	Standard	
	Cheng Ho Kwong	PCMS	28.76	Standard	
	Cheung Tat Yiu	WYHK		No Mark	
	Chan Chun Ho	NWC		No Mark	
	Kwok Ka Kin	NWC		No Mark	
	Ng Hay Lok Gabriel	WYHK		No Mark	
	Ninad Shah	KGV		No Mark	
	Au Chin Hang	CHECSS		No Mark	
	Jeffery Chau	KGV		No Mark	
	Cheng Man Jun	WFN		No Mark	
	Martin Kwong	WIS		No Mark	
	Yiu Yi Wing	CSWCSS		No Mark	

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Event 15 High Jump Boys C  
Standard: 1.35

Record: 1.76 (2010)

Position	Name	School	Result	Remark	Points
1	Chan Yuk Tat Jeffrey	HPCCSS	1.86	Standard	9
2	Mak Wai Kit	LSC	1.75	Standard	7
3	Ng Tsz Lok	DBS	1.55	Standard	6
4	Chan Sai Yung	CSWCSS	1.55	Standard	5
5	Kwan Tin Ching	LSC	1.50	Standard	4
5	Lui Shing Fai Owen	HPCCSS	1.50	Standard	4
7	To Ching Hong	DBS	1.46	Standard	2

7	Fan Li Yi	WYK	1.46	Standard	2
	Wu Tak Wang	WFN	1.45	Standard	
	Tai Chi Hang	CHECSS	1.45	Standard	
	Sum Chun Kit	SJAC	1.45	Standard	
	Wong King Lok	SKSS	1.40	Standard	
	Jim Hin Fung	WFN	1.40	Standard	
	Lai See Yin Jonathan	PCMS	1.40	Standard	
	Lui Hon Chuen	SJAC	1.40	Standard	
	Zack Carey	KGV	1.40	Standard	
	Chan Wing Kei	CHECSS	1.40	Standard	
	Chan Pak Hei	YCKMC	1.40	Standard	
	Chan Pok Hong	NWC	1.35	Standard	
	Rehaan Lulla	WIS	1.35	Standard	
	Chu Kai Hung	YCKMC	1.35	Standard	
	Leung King Yeung	WYK	1.35	Standard	
	Ho Fung Ko	KGV	1.30		
	Chan Siu Cheong	WYHK	1.30		
	Ip Ho Yan	WYHK	1.30		
	Lai Sai Wang	CGHC	1.30		
	Li Ka Ngai	CSWCSS	1.30		
	Cheng Ho Nam	CGHC		No Mark	
	Wu Ka Ho	NWC		No Mark	
	Yip Chun Long	SKSS		No Mark	
	Joshua Wang Che	WIS		No Mark	

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Event 16 Shot Put Boys C

Standard: 8.50 (4kg) Record: 13.52 (2009) (4kg)

Position	Name	School	Result	Remark	Points
1	Li Yu Fung	SJAC	11.61	Standard	9
2	Ng Hon Lam	LSC	11.51	Standard	7
3	Charles Manzoni	WIS	11.36	Standard	6
4	Lai In Uen	HPCCSS	10.95	Standard	5
5	Yu Ka Yat	NWC	10.55	Standard	4
6	Sit Wai Lok	WFN	10.44	Standard	3
7	Wu Yufeng George	LSC	10.39	Standard	2
8	Chan Man Chung	SJAC	10.28	Standard	1
	Cheung Kwok Pang	DBS	10.24	Standard	
	Ng Chak Hin	CGHC	9.87	Standard	
	Ung Lok Hang Ryan	DBS	9.81	Standard	
	To Hin Zen	WFN	9.81	Standard	
	Hung Kai Ho	SKSS	9.79	Standard	
	Hon Kwok Shing	CSWCSS	9.67	Standard	
	Wong Ki Kong	CHECSS	9.65	Standard	
	Leung Yuk Sen Kris	CSWCSS	9.61	Standard	
	Chang Yau Ming	HPCCSS	9.37	Standard	
	Ip Tsz Tsun	WYHK	9.20	Standard	
	Tsang Chun Ho	WYK	8.81	Standard	
	Chan Chun Wing Win	WYK	8.78	Standard	
	Edwin Seo	KGV	8.71	Standard	
	Ip Ho Yan	WYHK	8.60	Standard	
	Ng Lok Wai	YCKMC	8.56	Standard	
	Tam Kai Wai	SKSS	8.48		
	Choi Chung Hei	PCMS	8.44		
	Yu Tim Ho	NWC	8.41		
	Garv Vasiya	WIS	8.38		
	Li Ka Ho	CHECSS	8.34		
	Wan Man Fung Anson	YCKMC	8.22		
	Yeung Hoi Fai	PCMS	8.07		
	Tsui Kam Hung	CGHC	7.88		
	Dominic Sun	KGV	7.65		

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Event 17 Long Jump Boys A

Standard: 5.50 Record: 7.27 (2012)

Position	Name	School	Result	Remark	Points
1	Chan Ming Tai	DBS	7.64	Standard	9
2	Chan Yan Ting	LSC	6.61	Standard	7
3	Cheung Chung Yin	HPCCSS	6.55	Standard	6
4	Chau Tung Fai	CSWCSS	6.45	Standard	5
5	Hui Ka Po	CGHC	6.41	Standard	4



6	Chong Chung Yi	HPCCSS	6.40	Standard	3
7	Wong Philip	DBS	6.38	Standard	2
8	Sung Kai Hong	WFN	6.08	Standard	1
	Yeung Hoi Kit	PCMS	6.07	Standard	
	Brian Cho	KGV	5.84	Standard	
	Li Tsz Hin	CHECSS	5.81	Standard	
	Suen Yiu Fai	SKSS	5.77	Standard	
	Leung Ching Tao Albert	WYK	5.76	Standard	
	Zeng Jin Yong	CSWCSS	5.76	Standard	
	Lio Hon In	YCKMC	5.75	Standard	
	Yee Hon Ching	LSC	5.73	Standard	
	Liu Ho Fung	CGHC	5.71	Standard	
	Chau Ming Sing	SJAC	5.70	Standard	
	Eng Chun Kit	NWC	5.66	Standard	
	Ng Siu On	WYHK	5.63	Standard	
	Ho Ka Tsun	SKSS	5.54	Standard	
	Kwok Sze Yue Irvin	PCMS	5.53	Standard	
	Anton Marsh	WIS	5.51	Standard	
	Wong Chak Hung	CHECSS	5.49		
	Erwin Wong	KGV	5.46		
	Chan Chun Kwok	YCKMC	5.44		
	Tsang Chun Hin	WYHK	5.41		
	Yuen Cheuk Ting	WFN	5.35		
	David Yeung	WIS	5.26		
	Yip Ka Wai	WYK	5.20		
	Share Tsz Hin	NWC		DN take part	

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Event 18 Long Jump Girls A  
Standard: 4.10

Record: 5.70 (2009)

Position	Name	School	Result	Remark	Points
1	Yeung Man Wai	DGS	5.38	Standard	9
2	Yiu Hoi Yan	SHCC	5.25	Standard	7
3	Chow Wan Ki Victoria	SPCS	5.24	Standard	6
4	Mok Elite	SHCC	5.19	Standard	5
5	Leung Ching Yi	GHS	5.07	Standard	4
6	Wong Yeuk Tung	GHS	4.95	Standard	3
7	Wu Kit Man Katherine	SCGS	4.79	Standard	2
8	Lau Hiu Yu Hilda	DGS	4.75	Standard	1
	Ma Kimberly Pearl	SPCS	4.66	Standard	
	Wong Ho Ting	SSGC	4.50	Standard	
	Chau Yuet Ting Eden	HYS	4.38	Standard	
	Yeung Wing Ching Anthea	MCS	4.37	Standard	
	Fung Hiu Wai Beatrice	MCS	4.30	Standard	
	Lam Siu Kwan	SMCESPS	4.26	Standard	
	Yeung Wai Lam Rachel	SCGS	4.17	Standard	
	Shum Yan Yue	SSGC	4.15	Standard	
	Chau Ho Yun	PCMS	4.07		
	Ngan Ho Yiu	HYS	4.03		
	Wing Ka Yuen	WIS	3.93		
	Alexandra Ambrccio	KGV	3.88		
	Yumi Win	KGV	3.65		
	Megan Lai	WIS	3.57		
	Wu Hei Man	PCMS	3.45		
	Chiu Yuk Yee Yuki	SMCESPS	3.44		

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Event 19 800m Boys C

Standard: 2:32.00

Record: 2:08.20 (2004)

Heat	1				Final Lane
1	Kwong Pak Chung	CGHC	2:14.56	Standard	3
2	Leung Long Yin	DBS	2:18.41	Standard	5
3	Chan Yat Ming	HPCCSS	2:19.37	Standard	6
4	Nicholas Yuen	KGV	2:21.74	Standard	9
5	Li Ho Lok	CSWCSS	2:21.99	Standard	10
6	Liu Sui Wing	LSC	2:22.37	Standard	11
7	Wong Chun Yi	YCKMC	2:25.55	Standard	
8	Matthew Tan	WIS	2:26.46	Standard	
9	Che Wai Ho	NWC	2:27.44	Standard	
10	Law Kam Sang Gabriel	WFN	2:28.53	Standard	
11	Kwok Tung	PCMS	2:28.89	Standard	

12	Lam Sze Ham	SKSS	2:31.82	Standard	
13	Sham Chun Ning Adrian	WYK	2:34.23		
14	Lam Wai Ho	SJAC	2:34.79		
15	Tse Adrian Hymn	WYHK	2:38.12		
16	Yip Yuk Ting	CHECSS	2:44.26		
Heat 2					Final Lane
1	Pon Siu Chun	WFN	2:12.49	Standard	1
2	Lai Nok Hei	DBS	2:12.67	Standard	2
3	Chan Cheuk Lam	LSC	2:18.25	Standard	4
4	Lee Yat Long	HPCCSS	2:19.76	Standard	7
5	Ng Kin Man	YCKMC	2:20.81	Standard	8
6	Sebastian Buddle	WIS	2:24.67	Standard	12
7	Ching Kwan Yueng	CSWCSS	2:24.80	Standard	
8	Fong King Leung	SJAC	2:25.20	Standard	
9	Lui Nok Man Adrian	WYK	2:26.21	Standard	
10	Cheng Wing Jun	WYHK	2:28.00	Standard	
11	Oliver Laxton	KGV	2:30.12	Standard	
12	Au Yeung Yi	CGHC	2:31.47	Standard	
13	Wong Wing Chak	CHECSS	2:32.75		
14	Yung Ho Wai Arcturus	PCMS	2:36.65		
15	Au Hok Him	SKSS	2:53.82		
16	Lin Alan Richie	NWC		DQ	

Event 20 800m Boys B

Standard: 2:23.00

Record: 2:01.00 (2011)

Heat 1					Final Lane
1	Wong Kin Chung	WFN	2:14.29	Standard	5
2	Chan Efoo Ajibola	DBS	2:14.34	Standard	6
3	Li Tung Pui Matthew	PCMS	2:14.43	Standard	7
4	Lau Abraham Kwun Hang	WYHK	2:16.12	Standard	10
5	Lee Ka Yiu	HPCCSS	2:17.50	Standard	
6	Gareth Leung	WIS	2:18.01	Standard	
7	Anthony Organ	KGV	2:18.03	Standard	
8	Tam Yun Lam	SJAC	2:19.30	Standard	
9	Leung Chung Sum	WYK	2:19.46	Standard	
10	Yuen Angus Ling Hong	LSC	2:20.41	Standard	
11	Tang Chi Long	YCKMC	2:21.30	Standard	
12	Sung Chi Hin	CSWCSS	2:23.15		
13	Chang Man Ho	CHECSS	2:23.84		
14	Mok Po Chun	SKSS	2:24.99		
15	Cheung Wing Tang	NWC	2:37.68		
16	Sin Lok Man	CGHC		DQ	

Heat 2					Final Lane
1	Law Ho Fung	WFN	2:11.13	Standard	1
2	Rajiv Kuruvilla	WIS	2:12.18	Standard	2
3	Kwong Kam Cheong	SJAC	2:12.45	Standard	3
4	Li Man Fung Timothy	LSC	2:12.91	Standard	4
5	Wong Sum Ho	DBS	2:15.09	Standard	8
6	Chow Kai Chung	CGHC	2:16.11	Standard	9
7	So Cheuk Lam	WYK	2:16.25	Standard	11
8	Li Ka Shun	HPCCSS	2:16.82	Standard	12
9	Jeh Vaswani	KGV	2:19.29	Standard	
10	Koo Hau Sau	CSWCSS	2:21.59	Standard	
11	Ko Ho Yin Jackson	YCKMC	2:24.81		
12	Yu Kai Yiu	WYHK	2:25.17		
13	Man Fong Cheung	PCMS	2:25.61		
14	Mok Pui Yin	SKSS	2:25.85		
15	Li Ka Tsun	CHECSS	2:28.32		
16	Kwok Ka Kin	NWC	2:33.23		

Event 21 800m Boys A

Standard: 2:20.00

Record: 1:57.77 (2012)

Heat 1					Final Lane
1	Kwok Wing Kan	LSC	2: 6.62	Standard	1
2	Tsang Tsz Wang	DBS	2: 6.89	Standard	3
3	Ng Hoi Ho	YCKMC	2: 7.76	Standard	5
4	Chu Po Wah	CSWCSS	2:10.54	Standard	10
5	Zanskar Blair	WIS	2:12.29	Standard	12
6	Tse Shing Fu	CHECSS	2:14.08	Standard	

7	Wong Tze Chun	WYHK	2:15.69	Standard	
8	Cheung Wang Fung	WFN	2:16.12	Standard	
9	Tsang Hoi Kin	SJAC	2:17.60	Standard	
10	Kam Siu Fung	HPCCSS	2:19.68	Standard	
11	Cheung Man Lok	CGHC	2:20.97		
12	Cheng Vincent Isaac	PCMS	2:22.22		
13	Sit Ki On	SKSS	2:23.57		
14	Law Ka Hei	WYK	2:27.90		
15	Jason Zimmerman	KGV	2:29.70		
16	Chan Kwong Ho	NWC		DQ	
Heat 2					Final Lane
1	Lee Cho Wai Jimmy	DBS	2: 6.68	Standard	2
2	Lee Lik On	CGHC	2: 7.09	Standard	4
3	Kwong Yuk Wa	WFN	2: 8.71	Standard	6
4	Leung Hoi Cheung	WYHK	2: 8.82	Standard	7
5	Ross Mason	WIS	2: 9.25	Standard	8
6	Li Tsz Hei	LSC	2:10.15	Standard	9
7	Ho Chun Hei	PCMS	2:11.70	Standard	11
8	Ho Cho Wai	YCKMC	2:12.42	Standard	
9	Lui Chun Kit	CHECSS	2:13.22	Standard	
10	Leung Cheuk Wing	CSWCSS	2:15.78	Standard	
11	Tsui Ka Ho	NWC	2:20.06		
12	Lau Cheuk Kit	SJAC	2:20.25		
13	Lau Wai Kit	WYK	2:20.44		
14	Yeung Ka Long	HPCCSS	2:21.45		
15	Lee Ching Yin	SKSS	2:29.70		
16	Clement Ma	KGV		DQ	

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Event 22 200m Girls C

Standard: 31.50

Record: 25.85 (2012)

-----					
Heat 1					Final Lane
1	Yu Chung Yan	GHS	28.03	Standard	7
2	Sham Tsz Ching	HYS	28.57	Standard	
3	Fung Cheuk Lam	SPCS	28.78	Standard	
4	Wing Lam Yuen	WIS	29.10	Standard	
5	Li Eve	MCS	29.32	Standard	
6	Chan Tsz Kwan	SHCC	30.04	Standard	
7	Tam Pui Woo Brina	SMCESPS	30.59	Standard	
8	Chan On Kei	PCMS	32.71		
Heat 2					Final Lane
1	Chan Pui Kei	GHS	26.61	Standard	3
2	Tang Pui Yin	SPCS	27.13	Standard	4
3	Thach Tivona	DGS	28.55	Standard	8
4	Chan Ka Wing Nicole	SCGS	30.33	Standard	
5	Anna Wiedemann	KGV	31.71		
6	Fung Xian	SSGC	32.17		
7	Chu Wing Sum	PCMS	32.32		
8	Anika Singh	WIS		DQ	
Heat 3					Final Lane
1	Wu Cheuk Yan	SSGC	26.10	Standard	2
2	Lam Yuen Tsun	DGS	27.91	Standard	5
3	Wong Ching Hei Bobo	SCGS	27.98	Standard	6
4	Kwok Luen Fong	HYS	28.44	Standard	1
5	Lee Yuen Wai Victoria	MCS	28.71	Standard	
6	Kwok Tsoi Man	SHCC	29.97	Standard	
7	Leung Mu Ci Michelle	SMCESPS	30.64	Standard	
8	Amy Pyle	KGV	30.68	Standard	

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Event 23 200m Girls B

Standard: 31.00

Record: 25.22 (2002)

-----					
Heat 1					Final Lane
1	Yue Ya Xin	GHS	26.87	Standard	3
2	Mak Yee Ki	HYS	26.89	Standard	4
3	Kylie Cheung	WIS	28.88	Standard	8
4	Chan Pui Chi	SPCS	30.08	Standard	
5	Lo Wing Fan	SMCESPS	30.51	Standard	
6	Jommy Kwok	MCS	32.10		
7	Wong Nok Yiu	PCMS	33.47		
8	Kong Sin Tung	SHCC	33.91		

Heat 2					Final Lane
1	Kong Chun Ki	DGS	27.16	Standard	5
2	Leung Yee Ting	GHS	27.61	Standard	6
3	Cheung Man Yui Marky	SCGS	28.50	Standard	1
4	Selina Fawdry	WIS	29.35	Standard	
5	Yeung Man Wai Sheena	SPCS	30.95	Standard	
6	Ip Wing Hei	PCMS	31.41		
7	Vickie Tang	KGV	31.57		
8	Chan Sin Ying	SSGC	32.34		

Heat 3					Final Lane
1	Chan Ka Sin Edith	SCGS	26.65	Standard	2
2	Sin Wai Yan Claudia	DGS	28.47	Standard	7
3	Cheung Lam	MCS	28.93	Standard	
4	Cheng Wing Hei	SMCESPS	29.24	Standard	
5	Tse Sze Wai	HYS	29.36	Standard	
6	Natasha Henricus	KGV	29.96	Standard	
7	Chan Oi Man	SSGC	32.12		
8	Wong Tak Yu Theodora	SHCC	34.25		

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Event 24 200m Girls A

Standard: 30.50 Record: 24.93 (2007)

Heat 1					Final Lane
1	Von Pflug Somphrattana M.	SMCESPS	26.24	Standard	3
2	Yan Hoi Tung Abby	MCS	26.38	Standard	4
3	Lui Lai Yiu	PCMS	26.45	Standard	5
4	Li Tsz Kwan	HYS	27.32	Standard	7
5	Cheng Yin Man	GHS	28.39	Standard	1
6	Chloe Cheung	WIS	28.60	Standard	
7	Lam Man Sum	SHCC	30.79		
8	Lam Ching Nam Jasmine	SPCS		DQ	

Heat 2					Final Lane
1	Lo Ka Lam	GHS	26.00	Standard	2
2	Lam Christy Ho Yan	DGS	26.66	Standard	6
3	Lo Yan Ting Phoebe	SPCS	28.49	Standard	8
4	Fung Ho Yan Renny	SCGS	28.94	Standard	
5	Amy Brookes	WIS	29.44	Standard	
6	Sabrina Lau	KGV	29.80	Standard	
7	Wong Hang Ling	SSGC	31.55		
8	Chau Ho Yun	PCMS	31.61		

Heat 3					Final Lane
1	Chiu Man Ting Tiffany	SCGS	29.15	Standard	
2	Chan Yin Wan	DGS	29.84	Standard	
3	Choi Long Wing	SHCC	30.63		
4	Chan Wai Huen	HYS	30.99		
5	Pun Cheuk Nga	SSGC	32.23		
6	Pokta Felicia	SMCESPS	34.57		
7	Lois Capon	KGV		DQ	
8	Sue Yui Hang Helen	MCS		DQ	

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Event 25 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

Semi-Final 1					Final Lane
1	Sze Kin Ho	HPCCSS	23.96		2
2	Ciaran Glen	KGV	24.72		6
3	Lee Ching Yu	LSC	24.74		7
4	Chen Ka Ho	SJAC	25.32		
5	Mak Yi Nap	HPCCSS	25.80		
6	Fok Tsin Long	DBS	25.88		
7	Wong Kin Ngai	CSWCSS	26.60		
8	Seto Ching Hung	CSWCSS	26.74		

Semi-Final 2					Final Lane
1	Ma Chi Fai	LSC	23.97		3
2	Kwok Yi Chun	WYHK	23.99		4
3	Ryan Wan	WIS	24.61		5
4	Chong Ka Chun	DBS	24.84		1
5	Cheng Ming Fan Ronald	WFN	25.22		8
6	Lee Kum Ho	YCKMC	25.89		
7	Cheung Tin Yi	PCMS	26.15		
8	Ma Po Lun Charis	SJAC			

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Event 26 200m Boys B  
Standard: 26.50 Record: 22.13 (2010)  
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Semi-Final 1				Final Lane
1	Chan Ka Man	DBS	22.97	2
2	Wong Yuk Chun	WYHK	23.98	7
3	Poon Kwok Pui	YCKMC	24.25	1
4	Kwok Wai Ching	PCMS	24.64	
5	Kwok Yat Nam	NWC	24.76	
6	Law Kin Fung	SKSS	26.15	
7	Lam Hung Yan	LSC		
8	Zachary Powner	KGV		

Semi-Final 2				Final Lane
1	Luk Kin Wang	WFN	23.37	3
2	Chau Yung Ho Michael	DBS	23.53	4
3	Chun Chi Shing	YCKMC	23.54	5
4	Chung Benton Pok Hei	LSC	23.82	6
5	Ng Kai Ho	HPCCSS	24.27	8
6	Lau Chak Lam	WYHK	25.01	
7	Chan Chun Ho	NWC	25.22	
8	Yan Long Ting	SJAC		

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Event 27 200m Boys A  
Standard: 25.50 Record: 21.53 (2007)  
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Semi-Final 1				Final Lane
1	Wong Wai Kin	LSC	23.03	4
2	Chan Hiu Nam Gabriel	LSC	23.05	5
3	Wu Chi Kwan	CGHC	23.25	6
4	Kooh Lok Man	WFN	23.46	1
5	Lam Ka Lok	SKSS	23.82	
6	Li Chun Ki	CHECSS	24.46	
7	Chan Ken	DBS	26.13	
8	Choy Kwan Wai	PCMS		

Semi-Final 2				Final Lane
1	Chan Yan Lam	DBS	22.20	2
2	Choi Ho Shing	YCKMC	22.44	3
3	Ho Ping Kwan	CGHC	23.38	7
4	Jonathan Kwok	KGV	23.60	8
5	Kwok Tsz Hin Simon	SJAC	23.96	
6	Ku Tak Chun	WYHK	24.42	
7	Lee Ka Chun	CSWCSS	24.50	
8	Raef Morrison	WIS	24.52	

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Event 28 Javelin Girls B  
Standard: 18.00 (600gm) Record: 42.92 (2012) (600gm)  
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Position	Name	School	Result	Remark	Points
1	Cheung Kiu Wai	DGS	31.22	Standard	9
2	Chim Ho Ki	GHS	31.07	Standard	7
3	Tiffany Ip	SPCS	28.16	Standard	6
4	Ching Nok Yee	SHCC	27.83	Standard	5
5	Li Wing Yin Janice	PCMS	26.31	Standard	4
6	Gast Michelle	HYS	25.38	Standard	3
7	Yung Denise	SSGC	24.45	Standard	2
8	Wu Lok Yan	HYS	23.57	Standard	1
	Fok Shuk Man Mary	SCGS	22.62	Standard	
	Li Wing Sze	DGS	22.12	Standard	
	Fung Wai Ting Vivian	SPCS	22.07	Standard	
	Tsang Hui Ching Candy	MCS	21.51	Standard	
	Sin Hoi Suet	GHS	20.58	Standard	
	Lara Morrison	WIS	18.73	Standard	
	Law Shin Wing	SHCC	18.52	Standard	
	Chan Cheuk Lam	SMCESPS	18.25	Standard	
	Justine Rudico	WIS	17.70		
	Chan Chi Yan	SSGC	17.68		
	Yao Suet Ling	PCMS	16.67		
	Vickie Tang	KGV	16.33		
	Yi Go	KGV	15.49		
	Kwok Ka Lee Kelly	MCS	15.36		

Luk Hoi Man Rain SCGS 12.80  
Tam Pui San Alison SMCESPS 12.14

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Event 29 High Jump Girls B

Standard: 1.30 Record: 1.75 (2010)

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Position Name School Result Remark Points  
1 Yiu Tsz Ching DGS 1.58 Standard 9  
2 Chan Yin Ming Emmie DGS 1.50 Standard 7  
3 Ching Nok Yee SHCC 1.50 Standard 6  
4 Kau Chun GHS 1.50 Standard 5  
5 Lam Yan Hung GHS 1.45 Standard 4  
6 Chloe Martin WIS 1.40 Standard 3  
7 Amelia Ku-Neale KGV 1.40 Standard 2  
8 Chan Shu Yiu Mathilda MCS 1.40 Standard 1  
Lam Ho Yan SSGC 1.35 Standard  
Zoe McClellan WIS 1.35 Standard  
Chan Yeung Yan SSGC 1.35 Standard  
Sharon Cheng KGV 1.35 Standard  
Yuen Wing Sum HYS 1.30 Standard  
Tam Tsz Wai PCMS 1.30 Standard  
Wong Hilda MCS 1.30 Standard  
Chan Ying Sinn SPCS 1.30 Standard  
Chan Yan Lui SPCS 1.30 Standard  
Au Hiu Tung SMCESPS 1.30 Standard  
Szeto Hiu Kwan HYS 1.25  
Pun Yi Wai SMCESPS 1.25  
Ng Tse Wai SHCC 1.25  
Tam Tsz Yi Gigi SCGS No Mark  
Fok Shuk Man Mary SCGS No Mark  
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Event 30 100m Hurdles Girls C

Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)

-----  
Heat 1 Final Lane  
1 Cheung Ching Ting GHS 16.88 Standard 3  
2 Chui Wai Sze Tracy SPCS 16.96 Standard 4  
3 Tam Yuen Ting HYS 17.13 Standard 6  
4 Lee Hiu Ying PCMS 18.48 Standard  
5 Madeline Bavis WIS 18.56 Standard  
6 Leung Wing Yan Natalie MCS 19.79 Standard  
7 Wong Cho Kei SHCC 20.51 Standard  
8 Chan Ching Si Jess SMCESPS 21.33  
Heat 2 Final Lane  
1 Clover Chau WIS 17.12 Standard 5  
2 Yau Sze Man GHS 17.16 Standard 7  
3 Wong Yuen Nam Sharon DGS 17.71 Standard 1  
4 Wu Xin Yan Bonnie SPCS 18.36 Standard  
5 Tania Nainani KGV 19.72 Standard  
6 Lau Cheuk Man PCMS 20.17 Standard  
7 Fung Xian SSGC DQ  
8 Chan Ka Wing Nicole SCGS DQ  
Heat 3 Final Lane  
1 Yuen Samantha HYS 16.83 Standard 2  
2 Lee Ching Yan Yan SCGS 18.16 Standard 8  
3 Lam Ching Clarise DGS 18.36 Standard  
4 Crystal Yeung KGV 19.52 Standard  
5 Chan Alison Beverley SMCESPS 21.07  
6 Yu Ngai Ching SHCC 21.63  
7 Ho Wai Lei Joyce MCS DQ  
8 Lo Lok Yiu Ronni SSGC DQ  
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Event 31 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)

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Heat 1 Final Lane  
1 Li Yuet Yan HYS 16.82 Standard 5  
2 Chan Ho Wun Cynthia MCS 16.93 Standard 6  
3 Pang Ching Lam GHS 17.04 Standard 7  
4 Wong Shuk Yee Irena SPCS 17.12 Standard 1  
5 V. P. C. D. Pong Chou Yee SMCESPS 17.44 Standard  
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6	Hannah Mould	WIS	18.66	Standard	
7	Chung Wai Yan	PCMS	20.40		
8	Chau Yuk Ching Christie	SHCC	20.46		
Heat 2					Final Lane
1	Yuen Wing Nam	DGS	15.60	Standard	2
2	Yeung Lok Hei Hazel	SPCS	15.93	Standard	3
3	Cheung Yuet Wah	GHS	16.26	Standard	4
4	Tai Ching Wai	PCMS	18.06	Standard	
5	Yukiko Lui	WIS	18.50	Standard	
6	Sakura Hasegawa	KGV	19.03	Standard	
7	Fu Long Kei Jessie	SCGS	21.07		
8	Lai Ka Pui	SSGC		DQ	

Heat 3					Final Lane
1	Tsui Rachel Pui Yu	DGS	17.25	Standard	8
2	Chan Shu Yiu Mathilda	MCS	17.82	Standard	
3	Cheung Man Yui Marky	SCGS	17.84	Standard	
4	Chang Cheuk Yi	HYS	18.19	Standard	
5	Jamie Claire Bourk	KGV	20.67		
6	Ng Wing Yee	SMCESPS	22.45		
7	Yeung Kwan Ching	SHCC	30.93		
8	Chan Yeung Yan	SSGC		DQ	

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Event 32 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)

Heat 1					Final Lane
1	Lee Ming Yan Jacqueline	DGS	16.05	Standard	7
2	Ng Sze Wing	SPCS	16.61	Standard	8
3	Wong Yeuk Tung	GHS	17.07	Standard	
4	Chu Cheuk Fu	HYS	17.42	Standard	
5	Lam Man Sum	SHCC	18.91	Standard	
6	Wu Kit Man Katherine	SCGS	22.83		
7	Li Ka Chun	SSGC		DQ	

Heat 2					Final Lane
1	Leung Ching Yi	GHS	14.75	Standard	3
2	Wong Yee Lam	PCMS	15.10	Standard	4
3	Tam Nga Wai	HYS	16.57	Standard	1
4	Natalie Roux	WIS	19.03	Standard	
5	Mok Chor Yee Cheryl	MCS	19.25	Standard	
6	Gemma Harrad	KGV	20.99		
7	Cheung Hing Mann Amina	SSGC		DQ	

Heat 3					Final Lane
1	Lui Lai Yiu	PCMS	14.42	Standard	2
2	Leung Hoi Yin	DGS	15.27	Standard	5
3	Ma Kimberly Pearl	SPCS	15.71	Standard	6
4	Ho Jun Wai Kristie	MCS	17.41	Standard	
5	Emma Bucks	KGV	19.42	Standard	
6	Wing Ka Yuen	WIS	20.71		
7	Dizon Daniella Joy Viray	SMCESPS	22.10		

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Event 33 100m Hurdles Boys C

Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)

Semi-Final 1					Final Lane
1	Ng Ho Ming	CHECSS	14.19		2
2	Lai Hiu Lam	SKSS	15.82		5
3	Tam Chin Wah	WFN	15.92		6
4	Leung Kevin Chu Wai	LSC	16.44		8
5	Ng Chak Hei	HPCCSS	17.11		
6	Cheng Yat Long	DBS	17.47		
7	Tong Chin Fung	WFN	17.85		
8	Nicolas Hellinikakis	WIS	18.24		

Semi-Final 2					Final Lane
1	Szeto Tsz Wai	CGHC	15.18		3
2	Lam Hin Chak Timothy	LSC	15.70		4
3	Leung Shing Kit	DBS	16.20		7
4	Kuang Zhuoheng	SJAC	16.34		1
5	Amir Waheed	SJAC	16.88		
6	Zack Carey	KGV	18.00		
7	Bradley Richardson	WIS	18.15		
8	Lui Shing Fai Owen	HPCCSS			

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Event 34 100m Hurdles Boys B  
Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)  
-----

Semi-Final 1				Final Lane
1	Nip Ho Tin	DBS	13.89	2
2	Koo Yue Kwan	WYHK	14.41	5
3	Pang Wai Hang	WFN	14.49	6
4	Cheung Chun Ho	NWC	14.76	7
5	Wong Wing Ho	SJAC	14.83	8
6	Lee Hong Kit	DBS	14.90	
7	Wong Chi Fung	SJAC	15.39	
8	Wong Fu Hong	CHECSS	15.80	

Semi-Final 2				Final Lane
1	Chan Cheuk Yin	HPCCSS	14.20	3
2	Mok Chi Kin	LSC	14.35	4
3	Choi Lok Ching	LSC	14.81	1
4	Ngan To Him	PCMS	14.87	
5	Chan Kwong Pan	CHECSS	15.06	
6	Cheng Pak To Pratick	YCKMC	15.31	
7	Wong Chun Yin	HPCCSS	15.55	
8	Lau Yui Ching	PCMS	16.19	

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Event 35 110m Hurdles Boys A  
Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)  
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Semi-Final 1				Final Lane
1	Lui Chun Yan	CGHC	14.90	2
2	Liu Chung Lung	SJAC	15.14	5
3	Lai Ho Tat Costa	CGHC	15.52	7
4	Lai Tsun Hei Jonathan	LSC	15.52	1
5	Wan Hi Yuen	DBS	15.54	8
6	Matthew Hoare	WIS	16.88	
7	Chan Junsheng	YCKMC	17.52	
8	Tam Hoi Shun	CHECSS		

Semi-Final 2				Final Lane
1	Ku Tak Chun	WYHK	14.98	3
2	Yuen Kin Long	LSC	15.08	4
3	Chan Yik Hei	PCMS	15.26	6
4	Lo Yan Long	DBS	15.56	
5	Suen Yiu Fai	SKSS	16.36	
6	Adrian Lam	WIS	17.04	
7	Chu Chun Wai	CSWCSS	17.99	
8	Eric Son	KGV		

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Event 36 Javelin Boys A  
Standard: 31.00 (700gm) Record: 60.43 (2007) (700gm)  
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Position	Name	School	Result	Remark	Points
1	Lam Kwok Wing	YCKMC	52.00	Standard	9
2	Fong Kai Chuen	LSC	50.32	Standard	7
3	Leung Yam Wah Bryan	DBS	46.66	Standard	6
4	Cheung Yat Lun	SJAC	46.55	Standard	5
5	Wong Kin	CSWCSS	45.90	Standard	4
6	Kong Chun Yin Sam	HPCCSS	45.09	Standard	3
7	Chow Cheuk Hin Godwin	WYK	44.54	Standard	2
8	Tang Paul Kai Leung	CGHC	42.33	Standard	1
	Wong San Hoi	WFN	41.33	Standard	
	Lam Wun Yue	DBS	40.70	Standard	
	Leung Lok Hin	WFN	38.88	Standard	
	Kwan Chun Chi	CHECSS	38.58	Standard	
	Yashiro Tsang	KGV	38.20	Standard	
	Alec Ferland	WIS	37.78	Standard	
	Wong Yu Hin	WYK	37.47	Standard	
	Ma Ka Chun	YCKMC	36.73	Standard	
	Lui Siu Tin	LSC	36.65	Standard	
	Huang Enqiang	HPCCSS	36.61	Standard	
	Tsang Long Hin	PCMS	35.78	Standard	
	Tsui Ka Ho	NWC	33.50	Standard	
	Tang Chi Lok	WYHK	33.04	Standard	
	Li Yui Sing	PCMS	32.64	Standard	



Havry Huddart	KGV	31.91	Standard
Tai Chung Tat	WYHK	31.62	Standard
Alex Gardner	WIS	30.47	
Cheung Chi Fung	CSWCSS	29.35	
Hui Siu Ching	SKSS	29.30	
Li Sau Ping	CHECSS	28.83	
Li Haang Cheung	NWC	27.76	
Chan Ka Wai	SKSS	27.75	
Ng Ka Hin	SJAC		DN take part
Luk Chun Kan	CGHC		No Mark

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Event 37 400m Boys C

Standard: 1:04.00 Record: 51.23 (2008)

Semi-Final 1			Final Lane	
1	Chan Cheuk Lam	LSC	57.53	4
2	Mak Yi Nap	HPCCSS	57.97	5
3	Cheng Ming Fan Ronald	WFN	58.62	6
4	Sit Chun Him	HPCCSS	59.02	7
5	Li Pak Hoi	WFN	59.29	1
6	Che Wai Ho	NWC	59.92	8
7	Lam Wai Ho	SJAC	1: 0.71	
8	Alan Sou	KGV	1: 0.84	

Semi-Final 2			Final Lane	
1	Chong Ka Chun	DBS	57.03	2
2	Lee Ching Yu	LSC	57.07	3
3	Chan Chun Hei	CSWCSS	1: 0.22	
4	Daniel Hoare	WIS	1: 0.45	
5	Matthew Saunders	KGV	1: 2.09	
6	Sebastian Buddle	WIS	1: 2.77	
7	Seto Ching Hung	CSWCSS	1: 2.98	
8	Tsoi Hong Yuen	DBS		

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Event 38 400m Boys B

Standard: 1:00.00 Record: 49.72 (2010)

Semi-Final 1			Final Lane	
1	Chan Ka Man	DBS	54.10	4
2	Chan Cham Ki Jeremy	WFN	54.94	7
3	Sue Yui Sum	WFN	55.35	8
4	Rajiv Kuruvilla	WIS	55.64	
5	Ninad Shah	KGV	58.10	
6	Law Hiu Long	HPCCSS	1: 0.47	
7	Yan Long Ting	SJAC		
8	Zachary Powner	KGV		

Semi-Final 2			Final Lane	
1	Wong Yuk Chun	WYHK	53.46	2
2	Li Man Fung Timothy	LSC	53.70	3
3	Wong Wing Ho	SJAC	54.26	5
4	So Yin Cheung	HPCCSS	54.92	6
5	Ho Kwong Ho	DBS	55.06	1
6	Cheung Yiu Chun	LSC	55.39	
7	Li Chun Chak	YCKMC	56.87	
8	Fong Yun Bun	YCKMC	57.54	

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Event 39 400m Boys A

Standard: 57.50 Record: 49.10 (1964)

Semi-Final 1			Final Lane	
1	Chan Yan Lam	DBS	51.10	3
2	Ho Mang Hin	CHECSS	53.50	4
3	Andrew Fraser	KGV	53.55	5
4	Kwok Tsz Hin Simon	SJAC	53.85	7
5	Li Tsz Hei	LSC	53.87	1
6	Li Jacky Siu Hang	CSWCSS	55.46	
7	Lee Ka Wai	YCKMC	1: 1.84	
8	Chan Tsz Him	WYK		

Semi-Final 2			Final Lane	
1	Ho Tsz Fung	DBS	50.46	2
2	Joshua Kriesel	WIS	53.82	6
3	Lee Ka Chun	CSWCSS	54.29	8

4	Kwok Wing Kan	LSC	54.53
5	Leung Hoi Cheung	WYHK	54.72
6	Tso Chun Wing	NWC	54.90
7	Ho Chun Hei	PCMS	56.80
8	Zanskar Blair	WIS	

=====  
Event 40 4x100m Relay Girls C  
Standard: 59.00 Record: 50.95 (2010)  
-----

Heat 1				Final Lane
1	DGS	52.59	Standard	2
2	GHS	52.69	Standard	3
3	SSGC	54.61	Standard	5
4	KGV	57.82	Standard	1
5	PCMS	58.11	Standard	8
6	MCS		DQ	

Heat 2				Final Lane
1	SPCS	53.08	Standard	4
2	SCGS	54.95	Standard	6
3	SHCC	55.99	Standard	7
4	SMCESPS	59.64		
5	HYS	1: 2.34		

=====  
Event 41 4x100m Relay Girls B  
Standard: 58.00 Record: 49.52 (2007)  
-----

Heat 1				Final Lane
1	DGS	50.63	Standard	2
2	GHS	51.47	Standard	3
3	MCS	55.39	Standard	7
4	SHCC	56.77	Standard	
5	PCMS	57.98	Standard	
6	SSGC	59.64		

Heat 2				Final Lane
1	SPCS	52.22	Standard	4
2	SCGS	52.48	Standard	5
3	HYS	54.19	Standard	6
4	SMCESPS	56.16	Standard	1
5	WIS	56.49	Standard	8
6	KGV	56.70	Standard	

=====  
Event 42 4x100m Relay Girls A  
Standard: 57.00 Record: 48.49 (2008)  
-----

Heat 1				Final Lane
1	GHS	50.77	Standard	2
2	DGS	51.67	Standard	3
3	MCS	52.61	Standard	4
4	PCMS	52.82	Standard	5
5	SHCC	54.07	Standard	7
6	SSGC	56.54	Standard	

Heat 2				Final Lane
1	SPCS	53.47	Standard	6
2	SCGS	54.54	Standard	1
3	HYS	54.77	Standard	8
4	KGV	55.02	Standard	
5	WIS	56.58	Standard	
6	SMCESPS	1: 0.64		

=====  
Event 43 4x100m Relay Boys C  
Standard: 52.00 Record: 45.05 (2008)  
-----

Heat 1				Final Lane
1	DBS	48.50	Standard	4
2	WYHK	48.93	Standard	5
3	WIS	50.81	Standard	8
4	CGHC	52.56		
5	SKSS	53.21		
6	YCKMC	54.34		
7	WFN	54.60		
8	SJAC		DQ	

				Final Lane
Heat 2				
1	HPCCSS	46.43	Standard	2
2	LSC	47.51	Standard	3
3	CSWCSS	49.24	Standard	6
4	CHECSS	49.37	Standard	7
5	WYK	50.02	Standard	1
6	PCMS	51.56	Standard	
7	NWC		DQ	
8	KGV		DQ	

=====  
 Event 44 4x100m Relay Boys B  
 Standard: 50.00 Record: 44.20 (2012)  
 -----

				Final Lane
Heat 1				
1	HPCCSS	45.20	Standard	3
2	LSC	45.89	Standard	4
3	PCMS	46.53	Standard	6
4	CHECSS	47.65	Standard	8
5	WIS	48.20	Standard	
6	NWC	48.32	Standard	
7	CSWCSS	48.38	Standard	
8	WYK		DQ	

				Final Lane
Heat 2				
1	DBS	44.08	Standard	2
2	WYHK	46.14	Standard	5
3	WFN	47.23	Standard	7
4	SJAC	47.40	Standard	1
5	KGV	47.85	Standard	
6	SKSS	48.12	Standard	
7	CGHC	51.64		
8	YCKMC		DQ	

=====  
 Event 45 4x100m Relay Boys A  
 Standard: 47.50 Record: 42.55 (2010)  
 -----

				Final Lane
Heat 1				
1	DBS	42.39	Standard	2
2	CGHC	43.60	Standard	3
3	WYHK	45.56	Standard	5
4	WFN	46.42	Standard	1
5	SKSS	46.62	Standard	
6	YCKMC	47.36	Standard	
7	WIS	47.80		
8	SJAC	48.21		

				Final Lane
Heat 2				
1	LSC	43.87	Standard	4
2	CSWCSS	46.10	Standard	6
3	PCMS	46.41	Standard	7
4	CHECSS	46.48	Standard	8
5	HPCCSS	46.52	Standard	
6	KGV	46.61	Standard	
7	WYK	46.83	Standard	
8	NWC		DQ	

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Competition  
 (HK Island and Kowloon)  
 Division One  
 Day Three: 1 March 2013

=====  
 Event 1 Discus Girls A

Standard: 18.80 (1kg) Record: 39.30 (2010) (1kg)

Position	Name	School	Result	Remark	Points
1	Chang Lok Yi	DGS	30.13	Standard	9
2	Cheung Naau Yau	HYS	26.21	Standard	7
3	Duen Pui Yee	DGS	25.88	Standard	6
4	Wong Kwan Nga Karina	GHS	24.73	Standard	5
5	Wong Ying Suan Minnie	GHS	24.71	Standard	4
6	Seung Hui Ying	HYS	24.67	Standard	3
7	Fung Hiu Wai Beatrice	MCS	23.64	Standard	2
8	Yiu Hoi Lun	SHCC	22.71	Standard	1
	Lam On Wing Alvina	MCS	20.50	Standard	
	Claire Forster	KGV	19.65	Standard	
	Lee Yan Sin Bernice	SPCS	19.58	Standard	
	Ho Sin Yee	SMCESPS	19.24	Standard	
	Kwong Ho Yan Tina	SCGS	19.13	Standard	
	Chan Ka Ying	PCMS	18.92	Standard	
	Wong Siu Fan	SSGC	18.83	Standard	
	Tikal Kasten	KGV	18.76		
	Cheng Sin Yin	SSGC	18.71		
	Kyrstie Brown	WIS		DN take part	
	Wong Cheuk Yiu	SPCS		No Mark	
	Ma Po Tin	SMCESPS		No Mark	
	Alexandra Davidson	WIS		No Mark	
	Lam Lok Man	SHCC		No Mark	
	Wong Yan Lam	PCMS		DN take part	

=====  
 Event 2 Long Jump Girls C

Standard: 3.80 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Lam Yan Tung	DGS	5.16	Standard	9
2	Tam Yuen Ting	HYS	4.92	Standard	7
3	Ma Chung Sze	GHS	4.90	Standard	6
4	So Long Shin	DGS	4.74	Standard	5
5	Chan Nim Chi	HYS	4.60	Standard	4
6	Luk Ngo Ching	SHCC	4.46	Standard	3
7	Lee Ching Yan Yan	SCGS	4.41	Standard	2
8	Clover Chau	WIS	4.34	Standard	1
	Chan Kar Wing	GHS	4.29	Standard	
	Wu Xin Yan Bonnie	SPCS	4.25	Standard	
	Amy Pyle	KGV	4.16	Standard	
	Ng Che Wing Ashley	SCGS	4.15	Standard	
	Chui Wai Sze Tracy	SPCS	4.08	Standard	
	Chu Wing Sum	PCMS	4.03	Standard	
	Lee Pui Ting	SHCC	4.01	Standard	
	Li Eve	MCS	3.99	Standard	
	Chan Ching Si Jess	SMCESPS	3.98	Standard	
	Wu Hei Wan Heather	PCMS	3.78		
	Lee Fook Chong Alma	SSGC	3.73		
	Megan Wells	WIS	3.66		
	Lee Yiu Yoyo	MCS	3.41		
	Lau Wan Ching	SSGC	3.34		
	Charmaine Leung	KGV	3.31		
	Lee Tsz Ching	SMCESPS	3.11		

=====  
 Event 3 Shot Put Boys A

Standard: 10.50 (5kg) Record: 15.30 (2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Lin Kam Cheung	SJAC	13.26	Standard	9
2	Wu Delvin Ho Yin	DBS	12.71	Standard	7

3	So Ka Ming	CGHC	12.54	Standard	6
4	Tam Tsz Fung	SKSS	12.53	Standard	5
5	Jack Neville	WIS	12.22	Standard	4
6	Yip Pak Lun	DBS	12.22	Standard	3
7	Cho Kai Fai	HPCCSS	12.21	Standard	2
8	Mui Zachary	LSC	11.70	Standard	1
	Wong Pui Hoi	CHECSS	11.59	Standard	
	Fong Kai Chuen	LSC	11.52	Standard	
	Shiu Tin Yau	HPCCSS	11.46	Standard	
	Aiden Bradley	KGV	11.44	Standard	
	Samuel Clewes	WIS	11.40	Standard	
	Cho Yip Chak Benedict	CSWCSS	11.33	Standard	
	Yau Ming Hang	WFN	11.14	Standard	
	Ng Samuel Oliver Wah Sam	SKSS	11.05	Standard	
	Leung Ngai	WYHK	11.00	Standard	
	Ma Ka Chun	YCKMC	10.99	Standard	
	Wong Michael	WYK	10.82	Standard	
	Ng Kam Hei	PCMS	10.75	Standard	
	Anthony De Ruijter	KGV	10.61	Standard	
	Zhou Jinghung	WYHK	10.53	Standard	
	Tsoi Chi Hang	YCKMC	10.36		
	Chan Ho Yin	CHECSS	10.04		
	Chau Ming Yu	NWC	9.64		
	Ho Sheung Fai	CGHC	9.57		
	Chan Pak Hong	WFN	9.46		
	Tai Kwan Yue Gabriel	PCMS	9.26		
	Yip Fuk Lung	NWC	8.88		
	Leung Lok Hei	CSWCSS		DN take part	
	Chow Cheuk Hin Godwin	WYK		DN take part	
	Ng Ka Hin	SJAC		DN take part	

=====  
Event 4 Triple Jump Boys A  
Standard: 11.20 Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Chan Ming Tai	DBS	14.80	Standard	9
2	Cheung Chung Yin	HPCCSS	13.30	Standard	7
3	Lui Chun Yan	CGHC	13.09	Standard	6
4	Yeung Pak Hei	WYK	13.06	Standard	5
5	Ng Siu On	WYHK	12.86	Standard	4
6	Wong Cheuk Man	NWC	12.76	Standard	3
7	Wong Philip	DBS	12.67	Standard	2
8	Sung Kai Hong	WFN	12.66	Standard	1
	Liu Kam Ho	SJAC	12.50	Standard	
	Lai Tsun Hei Jonathan	LSC	12.14	Standard	
	Chan Yan Lok Arnold	WFN	12.11	Standard	
	Hui Ka Po	CGHC	12.02	Standard	
	Chiu Wai Hei	CSWCSS	12.00	Standard	
	Tang Chun Hang	WYHK	11.96	Standard	
	Anton Marsh	WIS	11.90	Standard	
	Chong Chung Yi	HPCCSS	11.87	Standard	
	Fung Man Kit	CHECSS	11.64	Standard	
	Yeung Ho Leung	CHECSS	11.49	Standard	
	Chan Yik Ching	PCMS	11.29	Standard	
	Clement Ma	KGV	11.24	Standard	
	Yip Ka Wai	WYK	11.22	Standard	
	Wong Wang Kei	SKSS	11.09		
	Lio Hon In	YCKMC	11.03		
	Law Ho Fai	CSWCSS	10.99		
	Chau Ming Sing	SJAC	10.86		
	Lee Hau Yin	PCMS	10.77		
	To Kwan Hung	NWC	10.75		
	Lee Ching Yin	SKSS	10.73		
	Chan Chun Kwok	YCKMC	10.68		
	Jason Ngai	KGV		DN take part	
	Steven Van Den Berg	WIS		DN take part	
	Chan Yan Ting	LSC		No Mark	

=====  
Event 5 High Jump Boys B  
Standard: 1.55 Record: 1.88 (2011)

Position	Name	School	Result	Remark	Points
1	Wong Hok Kan	CSWCSS	1.84	Standard	9
2	So Yin Cheung	HPCCSS	1.84	Standard	7
3	Shek Shing Him	WFN	1.75	Standard	6
4	Wong Ka Chun	LSC	1.75	Standard	5
5	Lai Kevin Cheuk Yin	DBS	1.75	Standard	4
5	Yee Hon Chung	LSC	1.75	Standard	4
7	Fong Yiu Sang Vincent	DBS	1.75	Standard	2
8	Chan Ming Ho	PCMS	1.70	Standard	1
	Leung Tsz Hei	SKSS	1.70	Standard	
	Cheung Chi Yeung	CHECSS	1.70	Standard	
	Wong Hung	WFN	1.70	Standard	
	Lee Wai Sum	WYK	1.65	Standard	
	Chu Kai Yat	CHECSS	1.65	Standard	
	Lai Hing Sang	NWC	1.65	Standard	
	Leung Tsz Him	PCMS	1.65	Standard	
	Choi Chuen Hang	SKSS	1.60	Standard	
	Tsang Tin Yau	WYHK	1.60	Standard	
	Poon Hoi Kin	HPCCSS	1.60	Standard	
	Chiu Lap Fung	YCKMC	1.55	Standard	
	Lam Ho Ming	NWC	1.55	Standard	
	Toby Tsang	KGV	1.55	Standard	
	Tam Leon Chun Tin	WYK	1.50		
	Adam Diaz	WIS	1.50		
	Hui Jeffrey Tsui Pang	SJAC		No Mark	
	Yip Tak Po	CGHC		DN take part	
	Chan Chung Yin	CGHC		DN take part	
	Reilly Sams	KGV		DN take part	
	Leung Shun Hei	WYHK		No Mark	
	Wong Wai Sum	YCKMC		No Mark	
	Lam Sze Lik	CSWCSS		No Mark	
	Douglas Tsui	WIS		No Mark	

=====  
Event 6 400m Hurdles Boys A

Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)

Final				Points
1	Ho Tsz Fung	DBS	56.39	9
2	Cheng Shing	LSC	57.91	7
3	Ho Ka Tsun	SKSS	57.99	6
4	Yuen Kin Long	LSC	58.38	5
5	Wan Hi Yuen	DBS	59.30	4
6	Lau Chun Leung	CGHC	1: 1.43	3
7	Chan Yik Ching	PCMS	1: 1.63	2
8	Lai Ho Tat Costa	CGHC		

=====  
Event 7 200m Girls C

Standard: 31.50 Record: 25.85 (2012)

Final				Points
1	Wu Cheuk Yan	SSGC	26.08	9
2	Chan Pui Kei	GHS	26.76	7
3	Tang Pui Yin	SPCS	27.27	6
4	Wong Ching Hei Bobo	SCGS	27.42	5
5	Lam Yuen Tsun	DGS	27.74	4
6	Thach Tivona	DGS	27.91	3
7	Yu Chung Yan	GHS	27.93	2
8	Kwok Luen Fong	HYS	28.14	1

=====  
Event 8 200m Girls B

Standard: 31.00 Record: 25.22 (2002)

Final				Points
1	Chan Ka Sin Edith	SCGS	26.03	9
2	Kong Chun Ki	DGS	26.30	7
3	Yue Ya Xin	GHS	26.46	6
4	Mak Yee Ki	HYS	26.97	5
5	Leung Yee Ting	GHS	27.51	4
6	Sin Wai Yan Claudia	DGS	28.44	3
7	Cheung Man Yui Marky	SCGS	28.51	2
8	Kylie Cheung	WIS	28.59	1

=====  
Event 9 200m Girls A  
Standard: 30.50 Record: 24.93 (2007)  
-----

Final				Points
1	Lui Lai Yiu	PCMS	25.95	9
2	Lo Ka Lam	GHS	26.01	7
3	Von Pflug Somphrattana M.	SMCESPS	26.04	6
4	Yan Hoi Tung Abby	MCS	26.25	5
5	Lam Christy Ho Yan	DGS	26.63	4
6	Li Tsz Kwan	HYS	27.52	3
7	Cheng Yin Man	GHS	28.29	2
8	Lo Yan Ting Phoebe	SPCS	28.64	1

=====  
Event 10 200m Boys C  
Standard: 27.50 Record: 22.59 (2008)  
-----

Final				Points
1	Sze Kin Ho	HPCCSS	23.80	9
2	Ma Chi Fai	LSC	24.03	7
3	Kwok Yi Chun	WYHK	24.22	6
4	Chong Ka Chun	DBS	24.40	5
5	Lee Ching Yu	LSC	24.75	4
6	Ciaran Glen	KGV	24.83	3
7	Ryan Wan	WIS	26.08	2
8	Cheng Ming Fan Ronald	WFN	32.24	1

=====  
Event 11 200m Boys B  
Standard: 26.50 Record: 22.13 (2010)  
-----

Final				Points
1	Chun Chi Shing	YCKMC	22.84	9
2	Chan Ka Man	DBS	22.93	7
3	Chau Yung Ho Michael	DBS	23.21	6
4	Luk Kin Wang	WFN	23.45	5
5	Wong Yuk Chun	WYHK	23.58	4
6	Chung Benton Pok Hei	LSC	24.01	3
7	Poon Kwok Pui	YCKMC	24.21	2
8	Ng Kai Ho	HPCCSS	24.28	1

=====  
Event 12 200m Boys A  
Standard: 25.50 Record: 21.53 (2007)  
-----

Final				Points
1	Chan Yan Lam	DBS	21.92	9
2	Choi Ho Shing	YCKMC	22.47	7
3	Wong Wai Kin	LSC	22.73	6
4	Wu Chi Kwan	CGHC	23.08	5
5	Chan Hiu Nam Gabriel	LSC	23.11	4
6	Jonathan Kwok	KGV	23.64	3
7	Kooh Lok Man	WFN	27.34	2
8	Ho Ping Kwan	CGHC		

=====  
Event 13 Discus Girls B  
Standard: 18.50 (1kg) Record: 33.22 (2008) (1kg)  
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Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting Courtney	GHS	28.63	Standard	9
2	Chung Wai Yan Phoebe	SCGS	27.00	Standard	7
3	Tsang Kei Cheung Christy	MCS	26.50	Standard	6
4	Cheung Kiu Wai	DGS	25.36	Standard	5
5	Ng Hau Lam	HYS	24.01	Standard	4
6	Lam Wing Tung	GHS	23.75	Standard	3
7	Kanjanapas Dawnee	DGS	23.49	Standard	2
8	Lau Shut Yan	PCMS	23.18	Standard	1
	M. K. Mak Sum Yue	HYS	21.56	Standard	
	Judith Lin	KGV	19.07	Standard	
	Tiffany Ip	SPCS	19.01	Standard	
	Yau Yuet Gemma Nicole	SMCESPS	19.00	Standard	
	Lee Wing Hei	SSGC	18.68	Standard	
	Yee Hiu Ching Eunice	SCGS	17.97		

Law Shin Wing	SHCC	No Mark
Lucy Ross	WIS	No Mark
Amy Farrell	WIS	No Mark
Lam Chui Ping	SPCS	No Mark
Leung Queenie	SSGC	No Mark
Chan Hei Ching	PCMS	No Mark
Ng Lok Haang Laura	MCS	No Mark
Tam Pui San Alison	SMCESPS	No Mark
Liang Hoi Ling	SHCC	No Mark
Kimberley Lai	KGV	No Mark

=====  
Event 14 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

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Final				Points
1	Au Yeung Hok Ka Claire	DGS	2:22.64	9
2	Lau Cheuk Yan Samantha	DGS	2:26.74	7
3	Erin Brown	WIS	2:28.40	6
4	Lau Mong Yan	GHS	2:34.18	5
5	Yuen Ho Yee	SHCC	2:36.26	4
6	Sek Ngai Tsin	HYS	2:37.04	3
7	Su Jennifer Ming Yin	SCGS	2:37.79	2
8	Shreya Rane	WIS	2:38.92	1
9	Mak Ho Yi Lydia	GHS	2:39.57	
10	Yeung Jing Ki	SHCC	2:41.47	
11	Molly Smith	KGV	2:42.62	
12	Tsang Jin Nuo Joan	HYS	2:43.85	

=====  
Event 15 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

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Final				Points
1	Poon Hang Wai	GHS	2:23.33	9
2	Vanessa Ng	KGV	2:24.32	7
3	Jennifer Pugh	WIS	2:33.05	6
4	Lee Suet Ying	DGS	2:33.95	5
5	Chung Wing Yi Grace	SCGS	2:36.77	4
6	Wong Hei Ching	GHS	2:36.95	3
7	Leung Ya Ting Noel	DGS	2:37.77	2
8	Chow Siu Kwan	HYS	2:38.98	1
9	Lee Ho Yan	HYS	2:39.07	
10	Lucy Ross	WIS	2:40.31	
11	Lau In Tung Edith	SCGS	2:45.69	
12	Chow Tak Yan	SMCESPS	2:47.00	

=====  
Event 16 800m Girls A

Standard: 2:53.00 Record: 2:17.41 (2012)

-----

Final				Points
1	Chan Yee Ki	DGS	2:17.82	9
2	Jemima Jones	WIS	2:28.35	7
3	Lee Yuk Ying	HYS	2:30.55	6
4	Eve Lo	KGV	2:33.55	5
5	Chan Hue Yan Stephanie	SHCC	2:35.66	4
6	So Chun Wai	GHS	2:36.69	3
7	Ling Man Sze	DGS	2:36.71	2
8	Ng Yui Lam	SHCC	2:37.43	1
9	Cheung Ling Yee	SMCESPS	2:38.58	
10	Ho Cheuk Ying Karen	MCS	2:41.34	
11	Michelle Yeung	WIS	2:42.22	
12	Wong Tsz Yan	PCMS	2:43.22	

=====  
Event 17 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

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Final				Points
1	Pon Siu Chun	WFN	2:11.12	9
2	Chan Cheuk Lam	LSC	2:13.38	7
3	Lai Nok Hei	DBS	2:13.53	6
4	Leung Long Yin	DBS	2:13.98	5
5	Lee Yat Long	HPCCSS	2:17.99	4



6	Kwong Pak Chung	CGHC	2:18.43	3
7	Ng Kin Man	YCKMC	2:18.86	2
8	Chan Yat Ming	HPCCSS	2:19.25	1
9	Nicholas Yuen	KGV	2:20.99	
10	Sebastian Buddle	WIS	2:23.59	
11	Li Ho Lok	CSWCSS	2:23.64	
12	Liu Sui Wing	LSC		

=====  
Event 18 800m Boys B

Standard: 2:23.00 Record: 2:01.00 (2011)

Final				Points
1	Law Ho Fung	WFN	2: 7.62	9
2	Li Man Fung Timothy	LSC	2: 8.56	7
3	Kwong Kam Cheong	SJAC	2: 8.78	6
4	Wong Sum Ho	DBS	2:11.17	5
5	Rajiv Kuruvilla	WIS	2:11.29	4
6	Li Tung Pui Matthew	PCMS	2:13.12	3
7	Wong Kin Chung	WFN	2:13.88	2
8	So Cheuk Lam	WYK	2:14.67	1
9	Lau Abraham Kwun Hang	WYHK	2:15.97	
10	Li Ka Shun	HPCCSS	2:16.00	
11	Chan Efoo Ajibola	DBS	2:17.50	
12	Chow Kai Chung	CGHC	2:18.42	

=====  
Event 19 800m Boys A

Standard: 2:20.00 Record: 1:57.77 (2012)

Final				Points
1	Lee Cho Wai Jimmy	DBS	2: 2.54	9
2	Kwok Wing Kan	LSC	2: 5.88	7
3	Tsang Tsz Wang	DBS	2: 6.59	6
4	Li Tsz Hei	LSC	2: 7.58	5
5	Kwong Yuk Wa	WFN	2: 8.48	4
6	Lee Lik On	CGHC	2: 8.75	3
7	Leung Hoi Cheung	WYHK	2: 9.25	2
8	Ng Hoi Ho	YCKMC	2: 9.68	1
9	Chu Po Wah	CSWCSS	2:10.40	
10	Zanskar Blair	WIS	2:11.67	
11	Ho Chun Hei	PCMS	2:12.59	
12	Ross Mason	WIS		

=====  
Event 20 100m Hurdles Girls C

Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)

Final				Points
1	Cheung Ching Ting	GHS	16.72	9
2	Yau Sze Man	GHS	16.95	7
3	Wong Yuen Nam Sharon	DGS	17.01	6
4	Yuen Samantha	HYS	17.30	5
5	Clover Chau	WIS	17.89	4
6	Lee Ching Yan Yan	SCGS	17.97	3
7	Tam Yuen Ting	HYS	18.04	2
8	Chui Wai Sze Tracy	SPCS		

=====  
Event 21 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)

Final				Points
1	Yuen Wing Nam	DGS	15.42	9
2	Yeung Lok Hei Hazel	SPCS	15.90	7
3	Cheung Yuet Wah	GHS	16.18	6
4	Li Yuet Yan	HYS	16.55	5
5	Chan Ho Wun Cynthia	MCS	16.69	4
6	Wong Shuk Yee Irena	SPCS	16.84	3
7	Pang Ching Lam	GHS	17.03	2
8	Tsui Rachel Pui Yu	DGS	17.48	1

=====  
Event 22 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)

Final				Points
1	Lui Lai Yiu	PCMS	14.40	9
2	Leung Ching Yi	GHS	14.77	7
3	Wong Yee Lam	PCMS	14.82	6
4	Leung Hoi Yin	DGS	15.28	5
5	Ma Kimberly Pearl	SPCS	15.67	4
6	Lee Ming Yan Jacqueline	DGS	15.75	3
7	Tam Nga Wai	HYS	16.15	2
8	Ng Sze Wing	SPCS	16.71	1

=====  
 Event 23 100m Hurdles Boys C  
 Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)  
 -----

Final				Points
1	Ng Ho Ming	CHECSS	14.26	9
2	Szeto Tsz Wai	CGHC	15.12	7
3	Lam Hin Chak Timothy	LSC	15.74	6
4	Tam Chin Wah	WFN	15.80	5
5	Kuang Zhuoheng	SJAC	15.96	4
6	Lai Hiu Lam	SKSS	16.27	3
7	Leung Kevin Chu Wai	LSC	16.30	2
8	Leung Shing Kit	DBS	16.37	1

=====  
 Event 24 100m Hurdles Boys B  
 Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)  
 -----

Final				Points
1	Nip Ho Tin	DBS	13.75	9
2	Chan Cheuk Yin	HPCCSS	13.77	7
3	Mok Chi Kin	LSC	14.04	6
4	Choi Lok Ching	LSC	14.18	5
5	Pang Wai Hang	WFN	14.52	4
6	Cheung Chun Ho	NWC	14.68	3
7	Wong Wing Ho	SJAC	14.92	2
8	Koo Yue Kwan	WYHK		

=====  
 Event 25 110m Hurdles Boys A  
 Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)  
 -----

Final				Points
1	Lui Chun Yan	CGHC	14.52	9
2	Ku Tak Chun	WYHK	14.88	7
3	Yuen Kin Long	LSC	15.02	6
4	Lai Ho Tat Costa	CGHC	15.15	5
5	Chan Yik Hei	PCMS	15.21	4
6	Wan Hi Yuen	DBS	15.35	3
7	Liu Chung Lung	SJAC	15.50	2
8	Lai Tsun Hei Jonathan	LSC	15.76	1

=====  
 Event 26 400m Girls C  
 Standard: 1:15.00 Record: 58.78 (2000)  
 -----

Final				Points
1	Lau Cheuk Yan Samantha	DGS	1: 2.66	9
2	Lau Mong Yan	GHS	1: 4.42	7
3	Wong Ching Wai Bebe	SCGS	1: 4.66	6
4	Tang Wing Yan Jacqueline	HYS	1: 5.54	5
5	Jasmin Dunn	KGV	1: 6.58	4
6	Law Lok Yin	DGS	1: 6.85	3
7	Wong Heron	GHS	1: 8.39	2
8	Stables Emily Nicola E.	SMCESPS	1: 9.47	1

=====  
 Event 27 400m Girls B  
 Standard: 1:13.00 Record: 57.29 (2002)  
 -----

Final				Points
1	Poon Hang Wai	GHS	59.30	9
2	Bridget Kriesel	WIS	1: 2.28	7
3	Tsang Yuen Ching	MCS	1: 3.29	6
4	Sin Wai Yan Claudia	DGS	1: 3.77	5
5	Li Yuet Yan	HYS	1: 4.85	4



Final				Points
1	Kong Chun Ki	DGS	12.62	9
2	Chan Ka Sin Edith	SCGS	12.84	7
3	Yeung Lok Hei Hazel	SPCS	12.98	6
4	Mak Yee Ki	HYS	13.09	5
5	Yuen Wing Nam	DGS	13.20	4
6	Wai Lok Heng Angelica	SCGS	13.46	3
7	Cheung Yuet Wah	GHS	13.55	2
8	Leung Yee Ting	GHS	14.67	1

Event 34 100m Girls A  
Standard: 14.50 Record: 11.99 (2009)

Final				Points
1	Lo Ka Lam	GHS	12.52	9
2	Von Pflug Somphrattana M.	SMCESPS	12.54	7
3	Yan Hoi Tung Abby	MCS	12.67	6
4	Lau Hiu Yu Hilda	DGS	12.88	5
5	Lee Ming Yan Jacqueline	DGS	13.00	4
6	Wong Yee Lam	PCMS	13.10	3
7	Li Tsz Kwan	HYS	13.12	2
8	Yiu Hoi Yan	SHCC	13.13	1

Event 35 100m Boys C  
Standard: 13.30 Record: 11.21 (2009)

Final				Points
1	Sze Kin Ho	HPCCSS	11.66	9
2	Ma Chi Fai	LSC	11.75	7
3	Chan Yun Tung	HPCCSS	11.78	6
4	Kwok Yi Chun	WYHK	11.80	5
5	Leung Dun Pok	DBS	12.00	4
6	Ciaran Glen	KGV	12.03	3
7	Ng Ho Ming	CHECSS	12.07	2
8	Ryan Wan	WIS	12.20	1

Event 36 100m Boys B  
Standard: 12.50 Record: 11.03 (2008)

Final				Points
1	Lee Hong Kit	DBS	11.12	9
2	Chau Yung Ho Michael	DBS	11.33	7
3	Chun Chi Shing	YCKMC	11.38	6
4	Chan Cheuk Yin	HPCCSS	11.39	5
5	Koo Yue Kwan	WYHK	11.46	4
6	Luk Kin Wang	WFN	11.52	3
7	Lau Kin Hei	PCMS	11.71	2
8	Chung Benton Pok Hei	LSC	11.72	1

Event 37 100m Boys A  
Standard: 12.20 Record: 10.40 (2008)

Final				Points
1	Ho Ping Kwan	CGHC	11.05	9
2	Wong Wai Kin	LSC	11.06	7
3	Kooh Lok Man	WFN	11.16	6
4	Wong Tsz Hin	DBS	11.21	5
5	Choi Ho Shing	YCKMC	11.22	4
6	Wu Chi Kwan	CGHC	11.42	3
7	Chan Hiu Nam Gabriel	LSC	11.44	2
8	Li Wing Fai	DBS	11.46	1

Event 38 1500m Boys C  
Standard: 5:20.00 Record: 4:31.24 (2008)

Final				Points
1	Kwong Pak Chung	CGHC	4:40.48	9
2	Pon Siu Chun	WFN	4:43.51	7
3	Matthew Tan	WIS	4:43.93	6
4	Lai Nok Hei	DBS	4:51.77	5

5	Liu Sui Wing	LSC	4:54.06	4
6	Nicholas Yuen	KGV	4:58.68	3
7	Ip Long Wang	HPCCSS	5: 0.92	2
8	Clayton Gibb	WIS	5: 1.80	1
9	Chow Angus	LSC	5: 2.22	
10	Li Ho Lok	CSWCSS	5: 5.01	
11	Chang Ming Chak	DBS	5:10.33	
12	Law Kam Sang Gabriel	WFN	5:11.64	

Event 39 1500m Boys B

Standard: 5:00.00 Record: 4:18.96 (2010)

Final				Points
1	Lee Yip Chun	WYHK	4:25.19	9
2	Michael Lam	KGV	4:32.32	7
3	Miles Williams	WIS	4:35.47	6
4	Leung Justin	DBS	4:38.00	5
5	Kwong Kam Cheong	SJAC	4:39.18	4
6	James Tan	WIS	4:40.13	3
7	Chan Ki Yan	WFN	4:41.94	2
8	Chan Brian Kai Hin	LSC	4:45.68	1
9	Li Tung Pui Matthew	PCMS	4:47.88	
10	Wong Sum Ho	DBS	4:47.94	
11	Jake Smith	KGV	4:49.54	
12	Law Ho Fung	WFN		

Event 40 1500m Boys A

Standard: 4:58.00 Record: 4:05.76 (2004)

Final				Points
1	Harry Loasby	WIS	4:12.72	9
2	Chan Ho Yin	CHECSS	4:15.47	7
3	Lee Cho Wai Jimmy	DBS	4:15.54	6
4	Chan Arthur Hok Man	LSC	4:16.04	5
5	Chan Alfred Hon Man	LSC	4:18.71	4
6	Law Kai Wai	CGHC	4:27.55	3
7	Lam Chiu Ming	DBS	4:30.61	2
8	Lee Lik On	CGHC	4:34.13	1
9	Chu Po Wah	CSWCSS	4:44.15	
10	Kwong Yuk Wa	WFN		
11	Ng Hoi Ho	YCKMC		
12	Lam Vincent Leslie	WYHK		

Event 41 4x100m Relay Girls C

Standard: 59.00 Record: 50.95 (2010)

Final				Points
1		GHS	51.80	18
2		DGS	52.37	14
3		SPCS	53.64	12
4		SSGC	54.61	10
5		SCGS	55.72	8
6		PCMS	58.14	6
7		KGV	58.22	4
8		SHCC		

Event 42 4x100m Relay Boys C

Standard: 52.00 Record: 45.05 (2008)

Final				Points
1		HPCCSS	46.63	18
2		LSC	48.47	14
3		WYHK	48.49	12
4		CHECSS	48.82	10
5		CSWCSS	49.54	8
6		WIS	50.46	6
7		DBS		
8		WYK		

Event 43 4x100m Relay Girls B

Standard: 58.00 Record: 49.52 (2007)

Final			Points
1	DGS	50.48	18
2	SPCS	52.31	14
3	SCGS	52.62	12
4	GHS	53.27	10
5	HYS	54.06	8
6	MCS	54.74	6
7	SMCESPS	56.15	4
8	WIS		

=====  
 Event 44 4x100m Relay Boys B  
 Standard: 50.00 Record: 44.20 (2012)  
 =====

Final			Points
1	DBS	43.73	18
2	HPCCSS	44.74	14
3	WYHK	45.13	12
4	LSC	45.28	10
5	PCMS	45.80	8
6	WFN	46.39	6
7	SJAC	47.42	4
8	CHECSS		

=====  
 Event 45 4x100m Relay Girls A  
 Standard: 57.00 Record: 48.49 (2008)  
 =====

Final			Points
1	GHS	50.67	18
2	DGS	51.61	14
3	PCMS	51.91	12
4	MCS	51.93	10
5	SHCC	52.78	8
6	SPCS	53.42	6
7	SCGS	54.14	4
8	HYS	1: 1.99	2

=====  
 Event 46 4x100m Relay Boys A  
 Standard: 47.50 Record: 42.55 (2010)  
 =====

Final			Points
1	DBS	42.04	18
2	CGHC	43.54	14
3	LSC	43.65	12
4	CSWCSS	45.63	10
5	WYHK	45.65	8
6	WFN	45.99	6
7	CHECSS	46.60	4
8	PCMS		

=====  
 Event 47 4x400m Relay Girls C  
 Standard: 5:00.00 Record: 4:16.63 (2008)  
 =====

Final			Points
1	DGS	4:19.80	18
2	SCGS	4:27.64	14
3	HYS	4:32.07	12
4	GHS	4:34.18	10
5	SMCESPS	4:40.41	8
6	MCS	4:46.34	6
7	SHCC	4:46.42	4
8	KGV		

=====  
 Event 48 4x400m Relay Boys C  
 Standard: 4:16.00 Record: 3:46.84 (2008)  
 =====

Final			Points
1	LSC	3:54.43	18
2	DBS	3:54.57	14
3	HPCCSS	3:57.27	12
4	SJAC	3:58.24	10

5	WFN	4: 1.08	8
6	WIS	4: 2.44	6
7	YCKMC	4: 2.75	4
8	WYK	4: 9.77	2

=====  
Event 49 4x400m Relay Girls B  
Standard: 4:56.00 Record: 4:13.61 (2012)  
-----

Final			Points
1	WIS	4:16.40	18
2	DGS	4:23.85	14
3	HYS	4:25.59	12
4	GHS	4:26.57	10
5	MCS	4:33.42	8
6	SCGS	4:33.93	6
7	KGV	4:34.62	4
8	SMCESPS	4:52.50	2

=====  
Event 50 4x400m Relay Boys B  
Standard: 4:00.00 Record: 3:36.46 (2009)  
-----

Final			Points
1	DBS	3:38.07	18
2	LSC	3:39.51	14
3	WFN	3:40.08	12
4	SJAC	3:47.43	10
5	KGV	3:48.20	8
6	YCKMC	3:49.67	6
7	WIS	3:52.16	4
8	HPCCSS	3:56.62	2

=====  
Event 51 4x400m Relay Girls A  
Standard: 4:52.00 Record: 4:09.77 (2009)  
-----

Final			Points
1	DGS	4: 4.82	18
2	WIS	4:25.83	14
3	GHS	4:28.50	12
4	HYS	4:31.23	10
5	KGV	4:34.52	8
6	MCS	4:37.41	6
7	SHCC	4:37.51	4
8	SCGS	4:46.08	2

=====  
Event 52 4x400m Relay Boys A  
Standard: 3:55.00 Record: 3:26.60 (1989)  
-----

Final			Points
1	DBS	3:30.90	18
2	YCKMC	3:34.85	14
3	LSC	3:35.86	12
4	WIS	3:38.12	10
5	CHECSS	3:39.66	8
6	SJAC	3:39.95	6
7	CSWCSS	3:43.98	4
8	NWC	3:44.81	2