

**Inter-School Athletics Competition 2013-2014**  
**HK Island & Kowloon**  
**Division One (Final Results)**

**Boys A Grade**

wind speed : + 1.4

**100m**

1	Wong Tsz Hin	DBS	10.95
2	Wong Wai Kin	LSC	10.99
3	Wu Chi Kwan	CGHC	11.03
4	Koo Yue Kwan	WYHK	11.12
5	Lau Kin Hei	PCMS	11.16
6	Chan Hiu Nam Gabriel	LSC	11.21
7	Chun Chi Sing	YCKMC	11.26
8	Lee Chin Ting	CYT	13.10

**400m**

1	Chan Ken	DBS	51.40
2	Chan Ka Man	DBS	51.51
3	Wong Yuk Chun	WYHK	52.53
4	Wong Kin Chung	WFN	53.11
5	Li Man Fung Timothy	LSC	53.35
6	Lau Lap Kuen	CYT	53.53
7	Kwok Tsz Hin Simon	SJAC	53.85
8	Jake Mustain	WIS	54.95

**1500m**

1	Harry Loasby	WIS	4 : 10.38
2	Shuen Chun Kit	DBS	4 : 12.49
3	Lee Yip Chun Bonn	WYHK	4 : 13.91
4	Ross Mason	WIS	4 : 20.95
5	Lam Chiu Ming	DBS	4 : 25.68
6	Heung Chin Tung	HPCCSS	4 : 33.95
7	Chu Po Wah	CSWCSS	4 : 34.59
8	Lam Michael	KGV	4 : 35.63

wind speed : + 0.7

**110m Hurdles**

1	Nip Ho Tin	DBS	14.78
2	Lee Ka Ho	CYT	14.88
3	Chan Cheuk Yin	HPCCSS	15.07
4	Liu Chung Lung	SJAC	15.35
5	Koo Yue Kwan	WYHK	15.59
6	Choi Lok Ching	LSC	15.80
7	Ngan To Him	PCMS	15.82
8	Cheng Shing	LSC	16.35

wind speed : + 0.8

**200m**

1	Lee Chin Ting	CYT	22.38
2	Wong Tsz Hin	DBS	22.43
3	Wu Chi Kwan	CGHC	22.69
4	Wong Wai Kin	LSC	22.76
5	Chun Chi Sing	YCKMC	22.92
6	Chan Hiu Nam Gabriel	LSC	23.16
7	Chan Ka Man	DBS	23.50
8	Li Jacky Siu Hang	CSWCSS	24.18

**800m**

1	Ross Mason	WIS	2 : 4.53
2	Li Man Fung Timothy	LSC	2 : 6.74
3	Lam Chiu Ming	DBS	2 : 6.85
4	Wong Kin Chung	WFN	2 : 7.03
5	Tsang Tsz Wang	DBS	2 : 8.71
6	Chu Po Wah	CSWCSS	2 : 9.06
7	Chan Ho Yin	CHECSS	2 : 9.41
8	Li Tung Pui Matthew	PCMS	2 : 11.70

**5000m**

1	Shuen Chun Kit	DBS	15 : 58.43
2	Harry Loasby	WIS	16 : 30.57
3	Lee Yip Chun Bonn	WYHK	16 : 53.44
4	James Tan	WIS	17 : 34.07
5	Chan Wai Tung	PCMS	17 : 53.90
6	Heung Chin Tung	HPCCSS	18 : 6.82
7	Tristan Richter	CSK	18 : 20.18
8	Ling Chung Yin	WYHK	18 : 21.20

**400m Hurdles**

1	Wong Yiu Man	DBS	56.16
2	Nip Ho Tin	DBS	58.46
3	Sue Yui Sum	WFN	58.57
4	Cheng Shing	LSC	59.28
5	Wong Yuk Chun	WYHK	59.55
6	Wong Wing Ho	SJAC	1 : 1.22
7	Chau Kai Chung	CGHC	1 : 3.21
8	Cheung Yiu Chun	LSC	1 : 3.45

**4x100m Relay**

1	DBS	42.72
2	LSC	43.03
3	YCKMC	44.43
4	CGHC	44.84
5	WYHK	45.04
6	PCMS	45.55
7	HPCCSS	46.77
8	CYT	49.29

**4x400m Relay**

1	DBS	3 : 35.28
2	WIS	3 : 37.86
3	SJAC	3 : 38.44
4	LSC	3 : 38.91
5	WYHK	3 : 40.54
6	CSWCSS	3 : 42.91
7	WFN	3 : 47.13
8	KGV	3 : 49.24

**High Jump**

1	Lo Kan Mo	DBS	1.90
2	Liu Kwok Kwan	CGHC	1.83
3	So Yin Cheung	HPCCSS	1.80
=4	Chiu Wai Hei	CSWCSS	1.77
=4	Wong Ka Chun	LSC	1.77
6	Wong Hung	WFN	1.77
7	Lai Kevin Cheuk Yin	DBS	1.77
8	Liu Kam Ho	SJAC	1.72

**Long Jump**

				<u>wind speed</u>
1	Lau Kin Hei	PCMS	6.94	+ 0.3
2	Chan Yan Ting	LSC	6.68	+ 1.1
3	Wong Philip	DBS	6.24	+ 1.3
4	Chau Tung Fai	CSWCSS	6.24	+ 2.4
5	Ng Kun Lung	DBS	6.19	+ 3.1
6	Mak Chun Wing	LSC	6.19	+ 1.8
7	Liu Ho Fung	CGHC	6.11	+ 1.5
8	Yan Kang Hong	WYK	6.08	+ 3.1

**Triple Jump**

			<u>wind speed</u>
1	Ng Siu On	WYHK	13.32 - 1.3
2	Yan Kang Hong	WYK	12.91 - 0.7
3	Chan Yan Ting	LSC	12.84 - 1.6
4	Liu Kwok Kwan	CGHC	12.79 - 1.3
5	Mak Chun Wing	LSC	12.73 - 1.1
6	Shek Shing Him	WFN	12.62 + 0.5
7	Liu Kam Ho	SJAC	12.25 - 1.1
8	Yip Ka Wai	WYK	12.19 + 0.3

**Shot Put**

1	Ngan Tsz Cheung	CSK	14.79
2	Yu Chung Yau	CHECSS	14.14
3	Lin Kam Cheung	SJAC	13.82
4	Wu Delvin Ho Yin	DBS	13.25
5	So Ka Ming	CGHC	12.60
6	Li King Wang	DBS	12.22
7	Mui Zachary	LSC	11.87
8	Fong Kai Chuen	LSC	11.50

**Discus**

1	So Ka Ming	CGHC	44.65
2	Li Long Fung	CGHC	40.24
3	Ngan Tsz Cheung	CSK	38.96
4	Yu Chung Yau	CHECSS	37.62
5	Chan Yin Chung	LSC	35.30
6	Wong Chun Lok	LSC	34.75
7	Tang Jeffrey Yu-Ching	DBS	31.58
8	Cheng Ho Kwong	PCMS	30.59

**Javelin**

1	Fong Kai Chuen	LSC	56.84
2	Li Long Fung	CGHC	52.75
3	Lo Cheuk Lai	DBS	50.67
4	Wong San Hoi	WFN	49.83
5	Wong Kin	CSWCSS	48.58
6	Lam Wun Yue	DBS	48.26
7	Hui Chak Hang	WYK	46.37
8	Thomas Gibb	WIS	42.40

**Boys B Grade**wind speed : + 1.4**100m**

1	Sze Kin Ho	HPCCSS	11.40
2	Leung Dun Pok	DBS	11.44
3	Chau Yung Ho Michael	DBS	11.60
4	Lee Ryan Yat Long	LSC	11.61
5	Kwok Yi Chun	WYHK	11.66
6	Glen Ciaran James	KGV	11.75
7	Mok Chi Kin	LSC	11.83
8	Luk Kin Wang	WFN	11.85

wind speed : - 0.7**200m**

1	Sze Kin Ho	HPCCSS	23.64
2	Chung Cheuk Hei	DBS	23.65
3	Chau Yung Ho Michael	DBS	23.82
4	Kwok Yi Chun	WYHK	23.98
5	Lee Ching Yu	LSC	24.01
6	Ma Chin Fung Victor	LSC	24.16
7	Glen Ciaran James	KGV	24.19
8	Tsang Churn	PCMS	24.77

**400m**

1	Chong Ka Chun	DBS	53.54
2	Law Ho Fung	WFN	53.60
3	Ma Chin Fung Victor	LSC	54.33
4	Lee Ching Yu	LSC	54.58
5	Ma Tsz Chung	WFN	55.89
6	Chung Cheuk Hei	DBS	56.28
7	Mak Yi Nap	HPCCSS	56.38
8	Wong Chi Fung	SJAC	56.39

**800m**

1	Law Ho Fung	WFN	2 : 6.27
2	Kwong Kam Cheong	SJAC	2 : 6.74
3	Chan Efoo Ajibola	DBS	2 : 7.91
4	Kwong Pak Chung	CGHC	2 : 10.19
5	Law Hiu Long	HPCCSS	2 : 10.90
6	Pon Siu Chun	WFN	2 : 11.84
7	Lai Nok Hei	DBS	2 : 13.18
8	Chan Cheuk Lam	LSC	2 : 13.93

**1500m**

1	Wong Tsz To	DBS	4 : 15.13
2	Miles Williams	WIS	4 : 20.59
3	Smith Jake Liam	KGV	4 : 21.78
4	Kwong Kam Cheong	SJAC	4 : 28.04
5	Kwong Pak Chung	CGHC	4 : 28.14
6	Wong Hong Kit	LSC	4 : 30.84
7	Pon Siu Chun	WFN	4 : 35.19
8	Au-Yeung Kin Yat	PCMS	4 : 38.99

**3000m**

1	Wong Tsz To	DBS	9 : 10.79
2	Smith Jake Liam	KGV	9 : 12.14
3	Miles Williams	WIS	9 : 43.64
4	Wong Hong Kit	LSC	10 : 11.81
5	Au-Yeung Kin Yat	PCMS	10 : 12.99
6	Maxime Doneux	WIS	10 : 14.04
7	Siu Cheuk Yiu	WYHK	10 : 20.78
8	Chow Angus	LSC	10 : 22.32

wind speed : - 1.3**100m Hurdles**

1	Ng Ho Ming	CHECSS	13.68
2	Mok Chi Kin	LSC	14.10
3	Pang Wai Hang	WFN	14.14
4	Lai Tsun Hei Jonathan	LSC	14.16
5	Sze To Tsz Wai	CGHC	14.32
6	Wong Chun Yin	HPCCSS	14.57
7	Chan Pak Hei	CSWCSS	14.65
8	Lau Pak Hei	CSK	15.34

**4x100m Relay**

1		HPCCSS	44.62
2		DBS	45.06
3		LSC	45.18
4		WFN	46.47
5		CSWCSS	46.86
6		PCMS	47.00
7		WYK	47.31
8		CHECSS	47.71

**4x400m Relay**

1		DBS	3 : 41.46
2		LSC	3 : 41.50
3		SJAC	3 : 45.03
4		WFN	3 : 47.05
5		CSWCSS	3 : 48.72
6		CSK	3 : 50.35
7		HPCCSS	3 : 52.72
8		CHECSS	3 : 56.39

**High Jump**

1	Wong Hok Kan	CSWCSS	1.89
2	Yee Hon Chung	LSC	1.82
3	Chan Yuk Tat Jeffrey	HPCCSS	1.82
4	Mak Wai Kit	LSC	1.79
5	Ng Tsz Lok	DBS	1.70
6	Chan Sai Yung	CSWCSS	1.65
7	Yip Ho Sang	CSK	1.65
8	Ng Kai Ho	HPCCSS	1.65

**Long Jump**

1	Ko Ho Long	SJAC	6.57	<u>wind speed</u>	+ 0.7
2	Ma Ka Ho	DBS	6.57		+ 0.4
3	Pang Kit Ching	LSC	6.46		+ 1.2
4	Chan Yun Tung	HPCCSS	6.11		+ 2.0
5	Lai Tsun Hei Jonathan	LSC	6.08		+ 1.4
6	Kwok Wai Ching	PCMS	6.00		+ 1.7
7	Chan Yuk Tat Jeffrey	HPCCSS	5.97		+ 1.2
8	Cheng Yu Ching	SJAC	5.86		+ 2.5

**Triple Jump**

1	Pang Kit Ching	LSC	13.53	<u>wind speed</u>	+ 1.0
2	Yee Hon Chung	LSC	13.46		- 1.1
3	Ko Ho Long	SJAC	13.10		+ 1.6
4	Ma Ka Ho	DBS	12.89		- 0.6
5	Wong Hok Kan	CSWCSS	12.76		- 0.3
6	Wong Sung Hei	WYK	12.44		- 0.1
7	Ng Kai Ho	HPCCSS	12.34		- 2.6
8	Tse Ho Yin	WYHK	12.33		- 3.1

**Shot Put**

1	Tsoi Kin San	DBS	14.35
2	Li Yu Fung	SJAC	13.47
3	Yip Hon Kit	CHECSS	13.24
4	Wong Ka Chu	DBS	13.08
5	Leung Yuk Sen	CSWCSS	12.50
6	Li Felix	LSC	12.37
7	Mak Sai Cheong	YCKMC	12.20
8	Ng Hon Lam	LSC	11.71

**Discus**

1	Tsoi Kin San	DBS	45.64
2	Kwok Lok Fung	CGHC	43.38
3	Chu Man Hei Benjamin	LSC	41.59
4	Liu Kwan Ho	LSC	40.88
5	To Hin Zen	WFN	40.36
6	Li Yu Fung	SJAC	39.82
7	Edward Brown	WIS	36.64
8	Chan Man Kit	CGHC	35.72

**Javelin**

1	Li Ka Ho	CSK	49.43
2	Wong Ka Chu	DBS	49.11
3	Ng Ching Kwan	DBS	46.89
4	Kwok Lok Fung	CGHC	42.92
5	Leung Ka Hin	WYK	39.56
6	Leung Yu Tang	CSWCSS	39.12
7	Wang Harry Yuan	KGV	38.98
8	Poon Yat Ming Tergio	LSC	38.87

**Boys C Grade**wind speed : + 0.9**100m**

1	Tse Yee Hin Rico	SJAC	11.60
2	Lo Tsz Yuen	DBS	11.61
3	Ma Chi Fai	LSC	11.66
4	Lo Lai Hang	SJAC	12.04
5	Fok Tsin Long	DBS	12.16
6	Wong Kin Ngai	CSWCSS	12.17
7	Ngan Chun Wei	LSC	12.20
8	Chan Pak Hei	WYHK	12.35

wind speed : + 0.4**200m**

1	Lo Tsz Yuen	DBS	23.63
2	Ma Chi Fai	LSC	23.67
3	Ryan Wan	WIS	24.20
4	Lam Wai Ho	SJAC	24.76
5	Chiu Mong Wang	HPCCSS	24.81
6	Wong Kin Ngai	CSWCSS	25.55
7	Chan Pak Hei	WYHK	25.79

**400m**

1	Ryan Wan	WIS	54.45
2	Chiu Mong Wang	HPCCSS	54.87
3	Lau Chung Kei	DBS	56.08
4	Lam Wai Ho	SJAC	56.78
5	Tong Tsz Hin	WYK	57.13
6	Hooney Park	WIS	57.64
7	Sin Yu Yat	WYK	58.00
8	Lam Jackson	LSC	58.72

**800m**

1	Ho Hoo Hin	WFN	2 : 13.35
2	Matthew Tan	WIS	2 : 14.17
3	Fong Ho Leung	HPCCSS	2 : 16.01
4	Lau Chung Kei	DBS	2 : 17.30
5	Chan Hiu Hei	LSC	2 : 18.74
6	Sin Yu Yat	WYK	2 : 20.29
7	Hung Man Nok	KGV	2 : 20.42
8	Lo Hei Yeung	LSC	2 : 21.95

wind speed : + 0.5**1500m**

1	Matthew Tan	WIS	4 : 39.24
2	Ho Hoo Hin	WFN	4 : 41.07
3	Fong Ho Leung	HPCCSS	4 : 50.85
4	Chan Hiu Hei	LSC	4 : 51.67
5	Claytin Gibb	WIS	4 : 54.07
6	Lo Hei Yeung	LSC	4 : 54.31
7	Tang Ho Ming	DBS	4 : 55.82
8	Au Chung Yin	CSWCSS	4 : 56.50

**100m Hurdles**

1	Lam Hin Chak Timothy	LSC	14.39
2	Leung Shing Kit	DBS	14.46
3	Leung Pak Yin	HPCCSS	15.44
4	Cheng Yat Long	DBS	15.54
5	Chue Chun Hong	PCMS	15.68
6	Sum Chun Kit	SJAC	15.99
7	Fu Juen Kit	CSK	16.02
8	Lo Lai Hang	SJAC	18.46

**4x100m Relay**

1	DBS	46.91
2	SJAC	46.94
3	LSC	48.04
4	CSWCSS	48.87
5	HPCCSS	49.53
6	WFN	50.57
7	CGHC	50.62
8	CHECSS	50.80

**4x400m Relay**

1	LSC	3 : 49.80
2	DBS	3 : 50.95
3	WIS	3 : 56.21
4	HPCCSS	3 : 56.45
5	WYK	4 : 1.62
6	WFN	4 : 4.49
7	CSWCSS	4 : 6.06

**High Jump**

1	Lam Hin Chak Timothy	LSC	1.66
2	Or Wai Nam	DBS	1.58
3	Sum Chun Kit	SJAC	1.58
4	Carey Zack Lee	KGV	1.58
5	To Ching Hong	DBS	1.58
6	Li Sze Wing	YCKMC	1.55
7	Tsang Cheuk Yin Elvis	LSC	1.50
=8	Osborne Kellan Ferguson	KGV	1.50
=8	Chin Nicholas	CHECSS	1.50

**Long Jump**

				<u>wind speed</u>
1	Ngan Chun Wei	LSC	5.89	+ 1.4
2	Tse Yee Hin Rico	SJAC	5.77	+ 1.0
3	Cheng Yin Jun	DBS	5.75	+ 2.9
4	Fong Leong Sing	DBS	5.49	+ 2.2
5	Leung Pak Yin	HPCCSS	5.42	- 0.3
6	Chan Chun Hei	LSC	5.32	+ 2.3
7	Ho Cheuk Chit	SJAC	5.11	- 1.0
8	Li Sze Wing	YCKMC	5.04	+ 0.5

**Shot Put**

1	Sit Wai Lok	WFN	14.33
2	Zhou Tianlong	HPCCSS	12.66
3	Lee Tak Cheung	CSWCSS	11.02
4	Yuen Ting Lun	DBS	10.91
5	Ung Lok Hang Ryan	DBS	10.74
6	Ho Ka Hin	HPCCSS	10.55
7	Ng Lok Wai	YCKMC	10.40
8	Fung Sheung Wai Martin	LSC	9.77

**Discus**

1	Sit Wai Lok	WFN	37.24
2	Lai Sai Wang	CGHC	33.70
3	Yuen Ting Lun	DBS	31.93
4	Tsang Chun Ho	WYK	30.49
5	Ung Lok Hang Ryan	DBS	29.49
6	Chow Nok Hin Morris	LSC	29.35
7	Lee Tak Cheung	CSWCSS	28.27
8	Yeung Hoi Fai	PCMS	27.63

**Girls A Grade**wind speed : + 0.7**100m**

1	Chan Ka Sin	SCGS	12.64
2	Yiu Hoi Yan	SHCC	12.72
3	Lo Ka Lam	GHS	12.76
4	Cheung Man Yui	SCGS	12.95
5	Yeung Lok Hei Hazel	SPCS	12.99
6	Li Tsz Kwan	HYS	13.13
7	Lau Hiu Yu Hilda	DGS	13.17
8	Cheung Yuet Wah	GHS	13.20

wind speed : + 0.4**200m**

1	Lo Ka Lam	GHS	26.44
2	Lam Christy Ho Yan	DGS	26.66
3	Lo Heng Yan	GHS	28.27
4	Wong Wing Yu	SCGS	28.57
5	Cheung Lam	MCS	28.63
6	Wan Cynthia Hill Kwan	DGS	28.65
7	Tse Sze Wai	HYS	28.68
8	Lo Yan Ting	SPCS	29.37

**400m**

1	Lam Christy Ho Yan	DGS	59.70
2	Leung Hoi Yin	DGS	1 : 1.57
3	Li Yuet Yan	HYS	1 : 2.88
4	Kylie Cheung	WIS	1 : 4.76
5	Cheung Lam	MCS	1 : 6.39
6	Wong Heron	GHS	1 : 6.99
7	Lau Sabrina Chi Ying	KGV	1 : 9.10

**800m**

1	Chan Yee Ki	DGS	2 : 21.06
2	Jemima Jones	WIS	2 : 22.44
3	Chloe Martin	WIS	2 : 23.91
4	Ng Vanessa	KGV	2 : 27.07
5	Ling Man Sze	DGS	2 : 33.62
6	Wong Wai Ying Katherine	MSS	2 : 38.19
7	Lee Yuk Ying	HYS	2 : 40.70
8	Lau In Tung	SCGS	2 : 41.42

wind speed : + 0.6

**1500m**

1	Chan Yee Ki	DGS	4 : 59.06
2	Jemina Jones	WIS	5 : 3.44
3	Chloe Martin	WIS	5 : 4.52
4	Ng Vanessa	KGV	5 : 18.60
5	Lee Suet Ying	DGS	5 : 30.55
6	Chow Siu Kwan	HYS	5 : 39.97
7	Lau Hiu Yan	WFN	5 : 41.39
8	Lau In Tung	SCGS	5 : 42.13

**100m Hurdles**

1	Leung Hoi Yin	DGS	14.70
2	Ma Kimberly Pearl	SPCS	15.10
3	Yeung Lok Hei Hazel	SPCS	15.11
4	Cheung Yuet Wah	GHS	15.72
5	Cheung Man Yui	SCGS	15.84
6	Wong Yeuk Tung	GHS	16.12
7	Li Yuet Yan	HYS	16.30
8	Kwok Cheuk Wing	PCMS	17.23

**4x100m Relay**

1		GHS	50.93
2		SPCS	51.55
3		DGS	51.72
4		SCGS	52.10
5		HYS	52.54
6		SHCC	52.64
7		MCS	54.03
8		WFN	55.91

**4x400m Relay**

1		DGS	4 : 13.61
2		WIS	4 : 14.66
3		GHS	4 : 30.32
4		HYS	4 : 32.42
5		KGV	4 : 40.14
6		MCS	4 : 41.47
7		SCGS	4 : 44.21
8		MSS	4 : 46.35

**High Jump**

1	Yiu Tsz Ching	DGS	1.52
2	Lam Yan Hung	GHS	1.52
3	Ching Nok Yee	SHCC	1.47
4	Lee Wing Lam	WFN	1.42
5	So Fuk Lam	GHS	1.42
6	Dalton Eunice Isobel	KGV	1.42
7	Lara Gander	WIS	1.42
8	Cheung Gar Wai	WFN	1.37

**Long Jump**

1	Chan Ka Sin	SCGS	5.31	- 1.8
2	Yiu Hoi Yan	SHCC	5.30	- 1.3
3	Lau Hiu Yu Hilda	DGS	5.18	- 0.9
4	Chan Ying Sinn	SPCS	5.10	- 2.5
5	Ma Kimberly Pearl	SPCS	5.02	- 2.8
6	Lam Yan Hung	GHS	4.92	- 1.8
7	Lau Yan Yu Yolanda	DGS	4.80	- 0.3
8	Wong Yeuk Tung	GHS	4.65	- 1.5

wind speed

**Shot Put**

1	Yau Ching	DGS	9.35
2	Ng Ki Sum	WFN	8.99
3	Sit Kam Man	WFN	8.78
4	Seung Hui Ying	HYS	8.60
5	Lau Shut Yan	PCMS	8.41
6	Lau Hei Ting	GHS	8.10
7	Wong An Yu Elizabeth	KGV	7.92
8	Ng Yee Kwan	HYS	7.92

**Discus**

1	Chang Lok Yi	DGS	31.89
2	Li Tsz Kwan	HYS	30.82
3	Cheung Naau Yau	HYS	29.50
4	Lam Wing Tung	GHS	28.18
5	Cheung Kiu Wai	DGS	27.64
6	Tsang Kei Cheung Christy	MCS	26.54
7	Yiu Hoi Lun	SHCC	25.80
8	Cheng Wing Yi Clare	MSS	25.47

**Javelin**

1	Lau Hei Ting	GHS	47.16
2	Ng Ki Sum	WFN	39.75
3	Chim Ho Ki	GHS	37.92
4	Cheung Kiu Wai	DGS	36.26
5	Yiu Hoi Lun	SHCC	31.46
6	Li Wing Yin Janice	PCMS	29.79
7	Duen Pui Yee	DGS	29.35
8	Fok Shuk Man	SCGS	29.25

## Girls B Grade

wind speed : - 0.3

### 100m

1	Yue Ya Xin	GHS	12.62
2	Yuen Wing Nam	DGS	13.17
3	Lam Yan Tung	DGS	13.19
4	Wai Lok Heng	SCGS	13.25
5	Kwok Luen Fong	HYS	13.48
6	Sham Tsz Ching	HYS	13.53
7	Cheung Ching Ting	GHS	13.66

### 400m

1	Poon Hang Wai	GHS	1 : 1.09
2	Taylor Amy Katherine	KGV	1 : 1.51
3	Lau Cheuk Yan Samantha	DGS	1 : 1.74
4	Tsang Yuen Ching Stephani	MCS	1 : 2.95
5	Leung Yee Ting	GHS	1 : 3.61
6	Sin Wai Yan Claudia	DGS	1 : 4.13
7	Su Jennifer Ming Yin	SCGS	1 : 4.91

### 1500m

1	Erin Brown	WIS	5 : 14.39
2	Au Yeung Hok Ka Claire	DGS	5 : 16.46
3	Chan Lok Yan	DGS	5 : 16.47
4	Lau Mong Yan	GHS	5 : 16.62
5	Shreya Rane	WIS	5 : 20.75
6	Szeto Hiu Tung	HYS	5 : 30.71
7	Mak Ho Yi Lydia	GHS	5 : 47.04
8	Chui Ka Kiu	SCGS	5 : 52.45

### 4x100m Relay

1		DGS	51.38
2		SPCS	52.45
3		HYS	52.62
4		SCGS	54.20
5		MCS	54.75
6		WIS	54.88
7		MSS	55.23
8		WFN	55.40

### High Jump

1	Wong Yuen Nam	DGS	1.60
2	Chung Wai Yan	SCGS	1.55
3	Tam Yuen Ting	HYS	1.50
4	Kau Chun	GHS	1.50
5	Zoe McClellan	WIS	1.45
6	Yue Wing Sum	HYS	1.45
7	Chan Yin Ming Emmie	DGS	1.45
8	Yau Sze Man	GHS	1.40

wind speed : + 3.0

### 200m

1	Poon Hang Wai	GHS	25.61
2	Lau Cheuk Yan Samantha	DGS	27.02
3	Leung Yee Ting	GHS	27.19
4	Tang Pui Yin	SPCS	27.42
5	Sham Tsz Ching	HYS	27.82
6	Poon Hiu Lam	WFN	28.04
7	Sin Wai Yan Claudia	DGS	28.12
8	Kwok Luen Fong	HYS	28.47

### 800m

1	Au Yeung Hok Ka Claire	DGS	2 : 25.38
2	Lau Mong Yan	GHS	2 : 26.77
3	Erin Brown	WIS	2 : 26.89
4	Taylor Amy Katherine	KGV	2 : 27.34
5	Chan Lok Yan	DGS	2 : 29.29
6	Su Jennifer Ming Yin	SCGS	2 : 31.34
7	Szeto Hiu Tung	HYS	2 : 33.16
8	Shreya Rane	WIS	2 : 33.17

wind speed : + 1.8

### 100m Hurdles

1	Yuen Wing Nam	DGS	15.44
2	Tsui Rachel Pui Yu	DGS	15.96
3	Chui Wai Sze Tracy	SPCS	16.01
4	Clover Chau	WIS	16.30
5	Chan Ho Wun Cynthia	MCS	16.34
6	Pang Ching Lam	GHS	16.55
7	Tam Yuen Ting	HYS	16.59
8	Lee Ching Yan	SCGS	16.82

### 4x400m Relay

1		GHS	4 : 11.21
2		DGS	4 : 14.11
3		WIS	4 : 24.41
4		HYS	4 : 29.89
5		SCGS	4 : 35.23
6		MCS	4 : 37.56
7		MSS	4 : 43.52
8		WFN	4 : 46.12

### Long Jump

1	Wong Yuen Nam	DGS	5.61	+ 0.5
2	Yue Ya Xin	GHS	5.31	+ 0.2
3	Lam Yan Tung	DGS	5.11	+ 0.9
4	Wong Shuk Yee Irena	SPCS	5.06	- 1.0
5	Wai Lok Heng	SCGS	5.04	+ 2.2
6	Szeto Hiu Kwan	HYS	4.89	+ 0.4
7	Chang Cheuk Yi	HYS	4.87	+ 0.3
8	Wu Xin Yan Bonnie	SPCS	4.62	+ 1.1

wind speed

**Shot Put**

1	Lau Cheuk Ting Courtney	GHS	10.53
2	Lau Ho Ching Stephanie	DGS	9.94
3	Koo Man Ying	HYS	9.68
4	Yeung Pak Wai	DGS	9.66
5	Chan Claudia Renee	MSS	9.53
6	Chan Ho Yi	HYS	8.90
7	Yu Talia	GHS	7.92
8	Cheung Tsz Kwan	PCMS	7.88

**Discus**

1	Lau Cheuk Ting Courtney	GHS	33.37
2	Lai Nga Man	HYS	30.32
3	Chow Tsz Ting	HYS	29.14
4	Chung Wai Yan	SCGS	26.33
5	Lau Ho Ching Stephanie	DGS	25.67
6	Chan Claudia Renee	MSS	25.11
7	Lee Masaki	GHS	24.77
8	Chou Ka Yan	DGS	24.08

**Javelin**

1	Ip Shuk Tin Tina	SPCS	34.24
2	Chan Charissa Tsz Ying	GHS	31.14
3	Gast Michelle	HYS	29.04
4	Sin Hoi Suet	GHS	28.50
5	Ma Long Yan Loren	DGS	28.10
6	So Ka Yui	MSS	25.48
7	Ho Kar Yeung	SCGS	25.34
8	Cheung Ho Ching	SCGS	23.90

**Girls C Grade**wind speed : - 0.4**100m**

1	Chan Pui Kei	GHS	12.55
2	Wong Ching Hei	SCGS	12.83
3	Kwok Tsz Kiu	GHS	13.14
4	Lin Ka Wing	DGS	13.16
5	Chan Pui Chi	SPCS	13.46
6	Fung Cheuk Lam	SPCS	13.52
7	Tong Man Sum Michelle	MSS	13.69
8	Cheung Hei Ching Eunice	MCS	13.79

wind speed : - 1.4**200m**

1	Chan Pui Kei	GHS	26.83
2	Wong Ching Hei	SCGS	27.30
3	Lin Ka Wing	DGS	27.53
4	Kwok Tsz Kiu	GHS	27.64
5	Wong Ching Wai	SCGS	28.10
6	Fung Cheuk Lam	SPCS	28.45
7	Li Eve	MCS	28.85
8	Tsang Pak Chi	DGS	29.14

**400m**

1	Fan Linna	DGS	1 : 1.70
2	Tsui Wing Yu	HYS	1 : 4.31
3	Lok Mei Ling	GHS	1 : 4.52
4	Li Eve	MCS	1 : 4.68
5	Yu Chung Yan	GHS	1 : 5.29
6	Chan Tak Yan	DGS	1 : 5.32
7	Anika Singh	WIS	1 : 5.38
8	Wong Ching Wai	SCGS	1 : 8.23

**800m**

1	Wong Hei Ching	GHS	2 : 34.53
2	Lok Mei Ling	GHS	2 : 35.18
3	Smith Molly Abigail	KGV	2 : 36.36
4	Sek Ngai Tsin	HYS	2 : 36.38
5	Amy Tao	WIS	2 : 37.86
6	Tsui Wing Yu	HYS	2 : 39.38
7	Mui Christy	SPCS	2 : 41.39
8	Ma Sin Tung Edith	WFN	2 : 41.88

wind speed : '+ 2.1**1500m**

1	Smith Molly Abigail	KGV	5 : 9.37
2	Wong Hei Ching	GHS	5 : 19.24
3	Anika Singh	WIS	5 : 31.64
4	Sek Ngai Tsin	HYS	5 : 37.09
5	Mui Christy	SPCS	5 : 37.58
6	Amy Tao	WIS	5 : 39.77
7	Lok Mei Ki	GHS	5 : 42.14
8	Pyle Amy Jane	KGV	5 : 42.53

**100m Hurdles**

1	Wu Yi Lam	GHS	16.98
2	Lam Ching Clarise	DGS	17.08
3	Lee Hiu Ying	PCMS	17.15
4	Wong Hoi Lam Jacqueline	MSS	17.23
5	Choi Wai Sum Anna	DGS	17.37
6	Wong Sze Long	GHS	17.41
7	Yum Ka Wing	HYS	17.59
8	Ho Wai Lei Joyce	MCS	18.51



**4x100m Relay**

1	GHS	51.17
2	DGS	51.91
3	SCGS	52.85
4	SPCS	53.47
5	WFN	55.34
6	MSS	56.06
7	MCS	58.95

**4x400m Relay**

1	DGS	4 : 19.79
2	GHS	4 : 20.68
3	HYS	4 : 29.00
4	WIS	4 : 34.96
5	MCS	4 : 37.41
6	KGV	4 : 41.61
7	WFN	4 : 43.30
8	SPCS	4 : 49.91

**High Jump**

1	Cheung Ching Laam	HYS	1.54
2	Wing Lam Yuen	WIS	1.48
3	Lui Wing Lam	GHS	1.45
4	Chang Ling Ling	SPCS	1.35
5	Chan Wing Ka	GHS	1.35
6	Lam Serena Wing	MSS	1.35
7	Wong Cheuk Sze	SCGS	1.30
=8	Chan Nim Chi	HYS	1.30
=8	Chin Ching Tung	SPCS	1.30

**Long Jump**

				<u>wind speed</u>
1	Chan Kar Wing	GHS	5.10	+ 1.2
2	Wong Sze Long	GHS	5.07	+ 1.3
3	Chan Pui Chi	SPCS	4.84	+ 0.4
4	Wong Hoi Lam Jacqueline	MSS	4.62	+ 0.8
5	Chan Sik Yeung Chava	MCS	4.62	+ 2.1
6	Leung Yuet Man	DGS	4.61	+ 0.3
7	Chan Tak Yan	DGS	4.49	+ 0.6
8	Shie Hoi Lam	HYS	4.34	+ 0.5

**Shot Put**

1	Lau Hoi Ying Hayley	GHS	8.58
2	Mak Chuen Yiu	WFN	8.50
3	Tse Yuen Lam	HYS	8.02
4	Ma Ho Chee	DGS	7.81
5	Li Hoi Lam	SCGS	7.78
6	Jemima Ridley	WIS	7.77
7	Cheung Lok Yee	DGS	7.53
8	Lau Fong Ying	HYS	7.20

**Discus**

1	Leung Yuet Yee	HYS	24.63
2	Chan Man Ying	GHS	23.93
3	Lau Fong Ying	HYS	23.35
4	Mak Tsz Yan Gianne	DGS	22.56
5	Chan Wing Ying	GHS	21.80
6	Lam Hiu Wai	DGS	21.70
7	Mak Chuen Yiu	WFN	21.50
8	Chan Yin Hei Megan	SPCS	20.11

\*\*\*\*\* The End \*\*\*\*\*

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys A Grade		Day 3											
School	Day 2	SP	TJ	400mH	200m	800m	110mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	69	10	2	16	9	10	9	16	9	11	18	18	197
2 LSC	57.50	5	12	6	8	7	4	4	10		14	10	137.50
3 CGHC	50	6	7	2	6				6		10		87
4 WYHK	29		10	4			4	6	5	6	8	8	80
5 WIS	32	1	2			9		1		14		14	73
6 PCMS	35		1			1	2		4		6		49
6 SJAC	16	7	4	3			5	2				12	49
8 WFN	20	2	4	6		5		5				4	46
9 CSWCSS	31.50		1		1	3				2		6	44.50
10 HPCCSS	28		1				6			3	4		42
11 YCKMC	14	1	1		4				2		12		34
12 CYT	10				9		7	3	1		2		32
13 CHECSS	20	8	1			2							31
14 CSK	18	10	1										29
15 WYK	17	1	10										28
16 KGV	15	2	1							1		2	21

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys B Grade		Day 3									
School	Day 2	HJ	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	84	6	13	8		12	13	9	14	18	177
2 LSC	76	14	7	1	12	11	7	3	12	14	157
3 HPCCSS	34	9	9	4	3	2	9		18	4	92
4 WFN	28	1		12	6	11	1	2	10	10	81
5 SJAC	49			7		1		5		12	74
6 CSWCSS	31	14			2				8	8	63
7 CGHC	27			5	4			4			40
8 KGV	26	2	2				3	6			39
9 PCMS	25	1	1					1	6		34
9 WIS	26	1						7			34
11 CHECSS	20				9				2	2	33
11 WYHK	24		5				4				33
13 CSK	19	3			1					6	29
14 WYK	22	1							4		27
15 YCKMC	17	1									18
16 CYT	6										6

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys C Grade		Day 3								
School	Day 2	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 DBS	65	9	5	12	6	11	2	18	14	142
2 LSC	50	7	5	9	1	8	8	12	18	118
3 HPCCSS	37	4	6	6	7		6	8	10	84
4 SJAC	31	5		4	5	14		14		73
5 WIS	17	6	7		12		13		12	67
6 WFN	36		9				7	6	6	64
7 CSWCSS	28	3				3	1	10	4	49
8 WYK	16		3		6				8	33
9 KGV	19.50		2							21.50
10 CGHC	16							4		20
11 YCKMC	19									19
12 WYHK	12	2				1				15
13 CHECSS	11.50							2		13.50
14 PCMS	8			4						12
15 CSK	8			2						10
15 CYT	10									10

HONG KONG SCHOOLS SPORTS FEDERATION  
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Boys Overall		Day 3			
School		A	B	C	Total
1 DIOCESAN BOYS' SCHOOL	DBS	197	177	142	516
2 LA SALLE COLLEGE	LSC	137.50	157	118	412.50
3 HOI PING CHAMBER OF COMMERCE SEC SCHOOL	HPCCSS	42	92	84	218
4 ST. JOSEPH'S ANGLO CHINESE SCHOOL	SJAC	49	74	73	196
5 TWGHS WONG FUT NAM COLLEGE	WFN	46	81	64	191
6 WEST ISLAND SCHOOL	WIS	73	34	67	174
7 CHEUNG SHA WAN CATHOLIC SECONDARY SCHOOL	CSWCSS	44.50	63	49	156.50
8 CHONG GENE HANG COLLEGE	CGHC	87	40	20	147
9 WAH YAN COLLEGE (HONG KONG)	WYHK	80	33	15	128
10 PUI CHING MIDDLE SCHOOL	PCMS	49	34	12	95
11 WAH YAN COLLEGE (KOWLOON)	WYK	28	27	33	88
12 KING GEORGE V SCHOOL	KGV	21	39	21.50	81.50
13 CHOI HUNG ESTATE CATHOLIC SECONDARY SCHOOL	CHECSS	31	33	13.50	77.50
14 YU CHUN KEUNG MEMORIAL COLLEGE	YCKMC	34	18	19	71
15 CHAN SUI KI COLLEGE	CSK	29	29	10	68
16 STFA CHENG YU TUNG SECONDARY SCHOOL	CYT	32	6	10	48

HONG KONG SCHOOLS SPORTS FEDERATION  
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## Girls A Grade Day 3

School	Day 2	DC	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	70	15	10	13	9	16	2	12	18	165
2 GHS	57	7	15		8	3	7	18	12	127
3 HYS	32	15	2	2	2	6	3	8	10	80
4 SCGS	26	1	5	1	4		14	10	4	65
4 WIS	32	1		13		5			14	65
6 SPCS	21		1		13		4	14		53
7 SHCC	24	4					7	6		41
7 WFN	39							2		41
9 KGV	22			5		2			8	37
10 MCS	12	5	4			4		4	6	35
11 PCMS	13	2			1					16
12 MSS	6	3		3					2	14

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2013/2014  
(HK Island and Kowloon)  
Division One 28/02/2014

## Girls B Grade Day 3

School	Day 2	200m	DC	800m	100mH	400m	100m	4x100	4x400	Total
1 DGS	79	9	7	13	16	9	13	18	14	178
2 GHS	64	15	13	7	3	13	11		18	144
3 HYS	55	5	15	2	2		7	12	10	108
4 SCGS	33		7	3	1	2	5	10	8	69
5 WIS	38			7	5			6	12	68
6 SPCS	30	5	2		6			14		57
7 MCS	17				4	5		8	6	40
8 MSS	22		5					4	4	35
9 KGV	18			5		7				30
10 WFN	13	3	1					2	2	21
11 PCMS	6		2							8
11 SHCC	8									8

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2013/2014  
(HK Island and Kowloon)  
Division One 28/02/2014

## Girls C Grade Day 3

School	Day 2	LJ	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 GHS	60	18	14	16	12	10	15	18	14	177
2 DGS	35	7	7		11	12	5	14	18	109
3 HYS	58.50	3		8	2	7			12	90.50
4 SPCS	29.50	8	3	2			7	10	2	61.50
5 WIS	39	1		4		2			10	56
6 SCGS	18	1	11			1	7	12		50
7 MCS	18	6	2		1	5	1	4	8	45

8	WFN	28	1	1	8	4	42
9	KGV	25	2	6		6	39
10	MSS	17	6	5	2	6	36
11	PCMS	8		6			14
12	SHCC	11	1				12

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2013/2014  
(HK Island and Kowloon)  
Division One 28/02/2014

Girls Overall Day 3

School		A	B	C	Total	
1	DIOCESAN GIRLS' SCHOOL	DGS	165	178	109	452
2	GOOD HOPE SCHOOL	GHS	127	144	177	448
3	HEEP YUNN SCHOOL	HYS	80	108	90.50	278.50
4	WEST ISLAND SCHOOL	WIS	65	68	56	189
5	ST. CLARE'S GIRLS' SCHOOL	SCGS	65	69	50	184
6	ST. PAUL'S CONVENT SCHOOL	SPCS	53	57	61.50	171.50
7	MARYKNOLL CONVENT SCHOOL	MCS	35	40	45	120
8	KING GEORGE V SCHOOL	KGV	37	30	39	106
9	TWGHS WONG FUT NAM COLLEGE	WFN	41	21	42	104
10	MARYMOUNT SECONDARY SCHOOL	MSS	14	35	36	85
11	SACRED HEART CANOSSIAN COLLEGE	SHCC	41	8	12	61
12	PUI CHING MIDDLE SCHOOL	PCMS	16	8	14	38

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Competition  
 (HK Island and Kowloon)  
 Division One  
 Day One: 20 February 2014

=====  
 Event 1 High Jump Girls A  
 Standard: 1.32 Record: 1.68 (2011)  
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Position	Name	School	Result	Remark	Points
1	Yiu Tsz Ching	DGS	1.52	Standard	9
2	Lam Yan Hung	GHS	1.52	Standard	7
3	Ching Nok Yee	SHCC	1.47	Standard	6
4	Lee Wing Lam	WFN	1.42	Standard	5
5	So Fuk Lam	GHS	1.42	Standard	4
6	Dalton Eunice Isobel	KGV	1.42	Standard	3
7	Lara Gander	WIS	1.42	Standard	2
8	Cheung Gar Wai	WFN	1.37	Standard	1
	Lam Long Hei	HYS	1.32	Standard	
	Wong Sze Ting	DGS	1.32	Standard	
	Lam Ching Nam Jasmine	SPCS	1.27		
	Chu Cheuk Fu	HYS		No Mark	
	Lo Kiu Yan Gladys	SPCS		No Mark	
	Chow Yuen Sze	SCGS		No Mark	
	Lau Hoi Yee	SCGS		No Mark	
	Lam Yan Beatrice	MSS		No Mark	
	Wong Hilda	MCS		No Mark	
	Lee Kiu Wing	PCMS		No Mark	
	Poelmann Tania Maria	KGV		No Mark	
	Tam On Ting	PCMS		DN take part	
	Glenda Xu	WIS		DN take part	

=====  
 Event 2 Long Jump Girls B  
 Standard: 4.05 Record: 5.51 (2013)  
 -----

Position	Name	School	Result	Remark	Points
1	Wong Yuen Nam	DGS	5.61	Standard	9
2	Yue Ya Xin	GHS	5.31	Standard	7
3	Lam Yan Tung	DGS	5.11	Standard	6
4	Wong Shuk Yee Irena	SPCS	5.06	Standard	5
5	Wai Lok Heng	SCGS	5.04	Standard	4
6	Szeto Hiu Kwan	HYS	4.89	Standard	3
7	Chang Cheuk Yi	HYS	4.87	Standard	2
8	Wu Xin Yan Bonnie	SPCS	4.62	Standard	1
	Tsang Yuen Ching S.	MCS	4.52	Standard	
	Lam Ching Wun Nicole	MSS	4.42	Standard	
	Clover Chau	WIS	4.35	Standard	
	Zoe McClellan	WIS	4.29	Standard	
	Luk Ngo Ching	SHCC	4.21	Standard	
	Young Lauren Hotasi	KGV	4.18	Standard	
	Law Kai Yin S.	MCS	4.11	Standard	
	Chu Wing Sum	PCMS	3.97		
	Ho Beverley Wing Yin	KGV	3.82		
	Lee Ching Yan	SCGS	3.72		
	Lee Pui Ting	SHCC	3.70		
	Chung Wai Si	WFN	3.68		
	Tsoi Tsam Yi	WFN	3.65		
	Chui Ching Yin Theresa	MSS	2.83		
	Keung Yan Wah	PCMS		DN take part	
	Ma Chung Sze	GHS		No Mark	

=====  
 Event 3 Shot Put Girls C  
 Standard: 7.20 (3kg) Record: 10.59 (2004) (3kg)  
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Position	Name	School	Result	Remark	Points
1	Lau Hoi Ying Hayley	GHS	8.58	Standard	9
2	Mak Chuen Yiu	WFN	8.50	Standard	7
3	Tse Yuen Lam	HYS	8.02	Standard	6
4	Ma Ho Chee	DGS	7.81	Standard	5

5	Li Hoi Lam	SCGS	7.78	Standard	4
6	Jemima Ridley	WIS	7.77	Standard	3
7	Cheung Lok Yee	DGS	7.53	Standard	2
8	Lau Fong Ying	HYS	7.20	Standard	1
	Lal Dveeta	KGV	7.11		
	Wong Lai Yee	WFN	7.11		
	Baltazar Chloe Noelle B.	KGV	7.10		
	Pang Hoi Lam Katie	GHS	7.05		
	Ko Hiu Ting	PCMS	6.92		
	Au Chrissy Tsui Chi	MSS	6.84		
	Hung Hoi Yiu Krysti	MSS	6.84		
	Ho Tsz Ching	SPCS	6.67		
	Ng Ho Ching	MCS	6.42		
	Ho Tsz Yin	PCMS	6.38		
	Tam Siu Yee	SHCC	6.34		
	So Cyrena Heng Yee	MCS	6.31		
	Shona Donald	WIS	6.02		
	Chan Yin Hei Megan	SPCS	5.69		
	Ng Sum Yu	SCGS	5.57		
	Law Man Ki	SHCC	5.13		

=====  
Event 4 Shot Put Boys B

Standard: 10.50 (4kg) Record: 16.33 (2013) (4kg)

Position	Name	School	Result	Remark	Points
1	Tsoi Kin San	DBS	14.35	Standard	9
2	Li Yu Fung	SJAC	13.47	Standard	7
3	Yip Hon Kit	CHECSS	13.24	Standard	6
4	Wong Ka Chu	DBS	13.08	Standard	5
5	Leung Yuk Sen	CSWCSS	12.50	Standard	4
6	Li Felix	LSC	12.37	Standard	3
7	Mak Sai Cheong	YCKMC	12.20	Standard	2
8	Ng Hon Lam	LSC	11.71	Standard	1
	Charles Manzoni	WIS	11.56	Standard	
	Gazeley William Sidney	KGV	11.28	Standard	
	To Hin Zen	WFN	11.23	Standard	
	Chan Man Chung	SJAC	11.20	Standard	
	Wong Yat Fung	CSWCSS	10.86	Standard	
	Chung Ka Lok	WYHK	10.63	Standard	
	Ip Tsz Tsun	WYHK	10.37		
	Andre Fajardo	WIS	10.28		
	Chan Chun Wing Win	WYK	9.88		
	Wong Ki Kong	CHECSS	9.87		
	Law Kwai Nam	CSK	9.79		
	Yau Wai Laam	WFN	9.64		
	Lai In Uen	HPCCSS	9.52		
	Choi Chung Hei	PCMS	9.33		
	Seo Edwin Eo Jin	KGV	9.28		
	Tsui Kam Hung	CGHC	8.98		
	Chan Kei Fan	HPCCSS	8.61		
	Fu Chin Ho	CGHC	8.57		
	Leung Ka Hin	WYK	8.44		
	Lo Yuen Shing	CSK	8.28		
	Tin Kwan Yau	PCMS	7.89		
	Wun Man Fung	YCKMC		No Mark	

=====  
Event 5 Discus Boys C

Standard: 20.00 (1kg) Record: 43.58 (2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Sit Wai Lok	WFN	37.24	Standard	9
2	Lai Sai Wang	CGHC	33.70	Standard	7
3	Yuen Ting Lun	DBS	31.93	Standard	6
4	Tsang Chun Ho	WYK	30.49	Standard	5
5	Ung Lok Hang Ryan	DBS	29.49	Standard	4
6	Chow Nok Hin Morris	LSC	29.35	Standard	3
7	Lee Tak Cheung	CSWCSS	28.27	Standard	2
8	Yeung Hoi Fai	PCMS	27.63	Standard	1
	Michael Jewell	WIS	26.98	Standard	
	To Pak Loi	CGHC	26.87	Standard	
	Zhou Tianlong	HPCCSS	26.46	Standard	

Li Tak Sum	CHECSS	25.95	Standard
Ho Ka Hin	HPCCSS	25.09	Standard
Mak Carlos Ho-Ling	WYHK	24.77	Standard
Ma Kam Wa	CYT	24.62	Standard
Lam Tsz Yiu	PCMS	23.47	Standard
Wong Pok Ngai	CSK	23.21	Standard
Ng Lok Wai	YCKMC	23.14	Standard
Chan Ming Yin	CHECSS	21.14	Standard
Mok Cheung Oi	CYT	20.63	Standard
Aaron Khemlyani	WIS	20.39	Standard
Yeung Ki Heng	WYK	20.00	Standard
Du Tianju	YCKMC	19.52	
Ho Wai Lam	CSWCSS		No Mark
Kong Ming Hang	WFN		No Mark
Katafygiotis Aris	KGV		DN take part
Lai Ho Sum	SJAC		No Mark
Chow Samuel	SJAC		No Mark
Ng Chin Wang	LSC		No Mark
Lee Adrian	KGV		DN take part
Ng Wang Lok	CSK		No Mark
Lui Hin Ki	WYHK		No Mark

=====  
Event 6 400m Hurdles Boys A

Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)

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Heat 1

					SF	Lane
1	Sue Yui Sum	WFN	1: 0.09	Standard	2	2
2	Lai Ho Tin	CSK	1: 4.30	Standard	1	6
3	Yeung Ming Him Timothy	WYK	1: 6.20	Standard	1	8
4	Lau Yui Ching	PCMS	1: 7.46			
5	Winston Jewell	WIS	1: 8.66			
6	Chan Tak Ka	HPCCSS	1: 9.45			
7	Li Ka Tsun	CHECSS	1:10.24			
8	Loo Chun Yu	CGHC		DN start		

Heat 2

					SF	Lane
1	Fan Chun Yin	WYK	1: 1.93	Standard	1	3
2	Chau Kai Chung	CGHC	1: 3.95	Standard	1	5
3	Ho Chun Hei	PCMS	1: 5.84	Standard	2	1
4	Ng Ka Leung	HPCCSS	1: 8.50			
5	Hunter Kerr	WIS	1:10.50			
6	Overton Christian Henry	KGV	1:21.26			
7	Kwan King Hei	CHECSS	1:21.91			
8	Chen Junsheng	YCKMC		DN start		

Heat 3

					SF	Lane
1	Wong Yiu Man	DBS	58.11	Standard	1	2
2	Fan Wai Kit	YCKMC	1: 4.41	Standard	2	6
3	Cheung Yiu Chun	LSC	1: 4.50	Standard	1	7
4	Lau Lap Kuen	CYT	1: 5.64	Standard	1	1
5	Ho Travis Ching Hei	WYHK	1: 6.18	Standard	2	8
6	Tsang Hui Nam	CSWCSS	1: 6.90			
7	Clarke Harry Jackson	KGV	1: 7.53			

Heat 4

					SF	Lane
1	Wong Yuk Chun	WYHK	1: 1.50	Standard	2	3
2	Cheng Shing	LSC	1: 2.78	Standard	1	4
3	Nip Ho Tin	DBS	1: 3.53	Standard	2	4
4	Chu Chun Wai	CSWCSS	1: 3.78	Standard	2	5
5	Wong Wing Ho	SJAC	1: 4.42	Standard	2	7
6	Yik Cheuk Ting	WFN	1:11.27			
7	Mok Ho Kit	CSK	1:14.02			

=====  
Event 7 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

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Heat 1

					SF	Lane
1	Ryan Wan	WIS	24.47	Standard	2	3
2	Lam Wai Ho	SJAC	24.63	Standard	1	3
3	Lam Jackson	LSC	25.34	Standard	2	4
4	Chan Tsz Fung	DBS	26.70	Standard	1	7
5	Chan Chun Yin	CSWCSS	26.84	Standard	2	8
6	Leung Ho Fung	WFN	27.62			
7	Lo Yuen Fung	CSK	27.64			



8	Lui Man Hei	WYHK	28.26			
Heat 2						
1	Ma Chi Fai	LSC	23.99	Standard	SF	Lane
2	Lo Tsz Yuen	DBS	24.07	Standard	1	2
3	Chan Pak Hei	WYHK	25.80	Standard	2	2
4	Ho Cheuk Chit	SJAC	25.86	Standard	2	5
5	Wong Kin Ngai	CSWCSS	26.01	Standard	1	5
6	Wong King Hei	WFN	26.63	Standard	1	6
7	He Ki Chi	CSK	27.36	Standard	2	7
8	Kwok Yu Hin	CGHC	28.01			

Heat 3						
1	Leung Bryan	HPCCSS	26.81	Standard	SF	Lane
2	Cranwell Xaiver thomas	KGV	26.81	Standard	1	1
3	Shik Long	CHECSS	27.27	Standard	2	1
4	Chue Chun Hong	PCMS	27.80		1	8
5	Tang Chun Ming	YCKMC	27.87			
6	Kong Kai Chung	CYT	28.05			
7	Tsang Kei Yin	WYK	28.72			
8	Wai Ho Lung	CGHC	28.73			

Heat 4						
1	Chiu Mong Wang	HPCCSS	25.30	Standard	SF	Lane
2	Carey Zack Lee	KGV	26.16	Standard	1	4
3	Ng Ka Hei	CYT	27.36	Standard	2	6
4	Chan Chun Yin	WYK	27.72			
5	Li Ka Po	YCKMC	28.54			
6	Wu Ming Kit	CHECSS	28.72			
7	Hui Lok	PCMS	30.80			

=====  
Event 8 200m Boys B

Standard: 26.50

Record: 22.13 (2010)

Heat 1						
1	Yiu Hiu Tung	HPCCSS	24.54	Standard	SF	Lane
2	Wong Chi Fung	SJAC	24.72	Standard	1	5
3	Ng Chun Wing	WYK	25.08	Standard	2	6
4	Sham Yat Hong Terry	WFN	25.90	Standard	2	8
5	Chan Chun Hei	CSWCSS	26.26	Standard		
6	Huang Yicong	CHECSS	26.70			
7	Tsang Chi Ying	CSK	27.31			
8	Tsang Kui Kit	CGHC	27.73			

Heat 2						
1	Sze Kin Ho	HPCCSS	24.08	Standard	SF	Lane
2	Chen Ka Ho	SJAC	24.82	Standard	2	2
3	Luk Kin Wang	WFN	24.88	Standard	2	7
4	Cheung Chit Yui	CSWCSS	25.51	Standard	1	1
5	Cheng Chi Tim	WYK	25.69	Standard		
6	Lee Chi Man	CSK	25.70	Standard		
7	Chye Man Heei	CGHC	25.98	Standard		
8	Leung Ka Kiu	CHECSS		DN start		

Heat 3						
1	Chung Cheuk Hei	DBS	23.88	Standard	SF	Lane
2	Ma Chin Fung Victor	LSC	24.42	Standard	1	2
3	Hughes James Norman	KGV	25.02	Standard	2	4
4	Chan Siu Cheong	WYHK	25.47	Standard	2	1
5	Cheng Long Hei	YCKMC	25.60	Standard	1	8
6	Cheung Tin Yi	PCMS	26.19	Standard		
7	Liam Kirtsen	WIS	26.54			
8	Chan Fu Hang	CYT	26.68			

Heat 4						
1	Glen Ciaran James	KGV	24.12	Standard	SF	Lane
2	Chau Yung Ho Michael	DBS	24.14	Standard	2	3
3	Lee Ching Yu	LSC	24.41	Standard	1	3
4	Kwok Yi Chun	WYHK	24.45	Standard	1	4
5	Tsang Churn	PCMS	24.62	Standard	2	5
6	Poon Kwok Pui	YCKMC	24.86	Standard	1	6
7	Noah Masters	WIS	26.58		1	7
8	Lui Man Shing	CYT	27.54			

=====  
Event 9 200m Boys A

Standard: 25.50

Record: 21.53 (2007)



3	Chan Lok Yan	DGS	5:16.47	6
4	Lau Mong Yan	GHS	5:16.62	5
5	Shreya Rane	WIS	5:20.75	4
6	Szeto Hiu Tung	HYS	5:30.71	3
7	Mak Ho Yi Lydia	GHS	5:47.04	2
8	Chui Ka Kiu	SCGS	5:52.45	1
9	Yeung Jing Ki	SHCC	5:55.79	
10	Lee Ho Yan	HYS	5:56.46	
11	Ip Long Ching Priscilla	WFN	6: 1.21	
12	Cheng Yuk Ping	SCGS	6: 3.36	
13	Katafygiotis Stefania	KGV	6: 4.14	
14	Au Jasmine Ying Tung	MCS	6: 9.92	
15	Go Yi	KGV	6:11.65	
16	Lee Man Kay Beatrix	MSS	6:29.46	
17	Li Hui Tou Vanessa	MSS	6:30.42	
18	Chu Hoi Lam	WFN	6:37.77	
19	Wong Ying Ching Cynthia	MCS	6:38.28	
20	Hung Wing Yu	SHCC	6:53.39	
21	Chau Cheuk Ying Jacinta	SPCS	7: 9.89	
22	Yung Man Ting	PCMS	7:28.91	
23	Wong Chung Wai	PCMS	7:33.93	

Event 12 1500m Girls A

Standard: 6:15.00

Record: 4:54.07

(2013)

Final

				Points
1	Chan Yee Ki	DGS	4:59.06	9
2	Jemina Jones	WIS	5: 3.44	7
3	Chloe Martin	WIS	5: 4.52	6
4	Ng Vanessa	KGV	5:18.60	5
5	Lee Suet Ying	DGS	5:30.55	4
6	Chow Siu Kwan	HYS	5:39.97	3
7	Lau Hiu Yan	WFN	5:41.39	2
8	Lau In Tung	SCGS	5:42.13	1
9	Lee Yuk Ying	HYS	5:48.93	
10	Chu Hiu Tung	GHS	5:50.34	
11	Leung Hoi Ching	GHS	6: 5.14	
12	Tang Tsz Yin Scarlet	SPCS	6:10.91	
13	Hyttinen Salla Ida Emilia	KGV	6:24.97	
14	Melody Lam	MCS	6:27.74	
15	Wong Yan Kiu	PCMS	6:45.40	
16	Krishnan Nina Joanne	SPCS	6:45.70	
17	Wu Tsz Miu Judy	PCMS	6:53.02	
18	Mou Hau Sze	SHCC	6:59.42	
19	Kwok Ka Man	SHCC	7: 5.66	
20	Leung Wing Yan Natalie	MCS	7: 7.48	
21	Lau Qing	WFN	7:21.74	
22	Chan Wing Yan	SCGS		
23	Wong Eunice Juniper	MSS		

Event 13 Shot Put Girls B

Standard: 7.50 (3kg)

Record: 12.25

(2009) (3kg)

Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting Courtney	GHS	10.53	Standard	9
2	Lau Ho Ching Stephanie	DGS	9.94	Standard	7
3	Koo Man Ying	HYS	9.68	Standard	6
4	Yeung Pak Wai	DGS	9.66	Standard	5
5	Chan Claudia Renee	MSS	9.53	Standard	4
6	Chan Ho Yi	HYS	8.90	Standard	3
7	Yu Talia	GHS	7.92	Standard	2
8	Cheung Tsz Kwan	PCMS	7.88	Standard	1
	O'Connor Siobhan Yasmin	KGV	7.85	Standard	
	Serena Wang	WIS	7.64	Standard	
	Wu Hei Wan Heather	PCMS	7.33		
	Lam Ching Wun	SPCS	7.13		
	Leung Kwan Ting	MCS	7.11		
	Chun Sheung	SCGS	6.94		
	Wu Siqi	SCGS	6.82		
	Pang Siqi	WFN	6.65		
	Leung Heulwen	WFN	6.61		

Chung Jessie Sin Yee	KGV	6.56
Fok Pui Kwan Payton	MSS	6.37
Chau Oi Kwan Haley	SPCS	6.36
Chan Wing Yi Cindy	MCS	6.05
Victoria Lawrence	WIS	5.29
Tung Pui Ying	SHCC	5.28
Li Pui Lam	SHCC	5.27

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Event 14 Discus Boys A

Standard: 26.00 (1.5kg) Record: 47.86 (2010) (1.5kg)

Position	Name	School	Result	Remark	Points
1	So Ka Ming	CGHC	44.65	Standard	9
2	Li Long Fung	CGHC	40.24	Standard	7
3	Ngan Tsz Cheung	CSK	38.96	Standard	6
4	Yu Chung Yau	CHECSS	37.62	Standard	5
5	Chan Yin Chung	LSC	35.30	Standard	4
6	Wong Chun Lok	LSC	34.75	Standard	3
7	Tang Jeffrey Yu-Ching	DBS	31.58	Standard	2
8	Cheng Ho Kwong	PCMS	30.59	Standard	1
	Alessandro Nardoni	WIS	29.76	Standard	
	Ng Tsz Ming Eugene	HPCCSS	28.86	Standard	
	Zhou Jinghung	WYHK	28.79	Standard	
	Hui Chak Hang	WYK	28.51	Standard	
	Chau Fong Ting Jeffrey	KGV	28.39	Standard	
	Wong Kwan Ho	DBS	28.02	Standard	
	Xu Kevin Alex	KGV	27.81	Standard	
	Lam Nam Tony	YCKMC	27.59	Standard	
	Shiu Tin Yau	HPCCSS	27.51	Standard	
	Cheung Tik Pong	WFN	27.48	Standard	
	Lin Kam Cheung	SJAC	27.09	Standard	
	Lau Ka Lok	CSK	26.68	Standard	
	Chin Fung	PCMS	26.14	Standard	
	Chan Chun Hin	CYT	26.11	Standard	
	Cheung Chi Fung Michael	CSWCSS	25.99		
	Kwok Kang Yuen	WYK	25.46		
	Chan Ho Yin	CHECSS		DN take part	
	Tsoi Chi Hang	YCKMC		No Mark	
	Leung Lok Hei	CSWCSS		No Mark	
	Yang Hoi	CYT		No Mark	
	Yau Ming Hang	WFN		DN take part	
	Ryan Sampson	WIS		No Mark	
	Leung Ngai	WYHK		No Mark	

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Event 15 High Jump Boys A

Standard: 1.62 Record: 2.04 (1998)

Position	Name	School	Result	Remark	Points
1	Lo Kan Mo	DBS	1.90	Standard	9
2	Liu Kwok Kwan	CGHC	1.83	Standard	7
3	So Yin Cheung	HPCCSS	1.80	Standard	6
4	Chiu Wai Hei	CSWCSS	1.77	Standard	5
4	Wong Ka Chun	LSC	1.77	Standard	5
6	Wong Hung	WFN	1.77	Standard	3
7	Lai Kevin Cheuk Yin	DBS	1.77	Standard	2
8	Liu Kam Ho	SJAC	1.73	Standard	1
	Chan Ming Ho	PCMS	1.72	Standard	
	Shek Shing Him	WFN	1.72	Standard	
	Poon Hoi Kin	HPCCSS	1.67	Standard	
	Leung Tsz Him	PCMS	1.67	Standard	
	Chu Kai Yat	CHECSS	1.62	Standard	
	Yuen Chun Kit	CYT	1.62	Standard	
	Fong Man Chung	YCKMC	1.62	Standard	
	Tsang Chi Ho Toby	KGV	1.62	Standard	
	Lee Wai Sum	WYK	1.62	Standard	
	Fernyhough Jack Jeffrey	KGV	1.57		
	Au Chin To	CSWCSS	1.57		
	Kwan Tin ching	LSC		No Mark	
	Adam Diaz	WIS		No Mark	
	James Troy	WIS		No Mark	
	Li Tsz Yau	WYHK		DN take part	

Chiu Lap Fung	YCKMC	No Mark
Fung Tsz Chun	CSK	DN take part
Wei Yiran	WYHK	DN take part
Tai Tsz Ki	CHECSS	DN take part
Chan Ho Yin	CGHC	No Mark

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Event 16 Long Jump Boys C  
Standard: 4.70 Record: 6.25 (2006)  
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Position	Name	School	Result	Remark	Points
1	Ngan Chun Wei	LSC	5.89	Standard	9
2	Tse Yee Hin Rico	SJAC	5.77	Standard	7
3	Cheng Yin Jun	DBS	5.75	Standard	6
4	Fong Leong Sing	DBS	5.49	Standard	5
5	Leung Pak Yin	HPCCSS	5.42	Standard	4
6	Chan Chun Hei	LSC	5.32	Standard	3
7	Ho Cheuk Chit	SJAC	5.11	Standard	2
8	Li Sze Wing	YCKMC	5.04	Standard	1
	Tsang Kwan Lok	WYHK	5.02	Standard	
	Max Donovan	WIS	4.88	Standard	
	Chan Ching Hei	WYHK	4.85	Standard	
	Fung Christopher Yeung	KGV	4.78	Standard	
	Lam Gerwis	WFN	4.78	Standard	
	Chow Hon Kit	CSWCSS	4.72	Standard	
	Poon Wing Nok	YCKMC	4.64		
	Chung Hon Yin	HPCCSS	4.64		
	Ho Tao	WFN	4.56		
	To Chun Lok Paris	WYK	4.56		
	Nathan Marsh	WIS	4.45		
	Chui Ming Hang	CSK	4.43		
	Tong Yat Ho	CHECSS	4.39		
	Loo Long Ching	CGHC	4.34		
	Wong Hin Ting	CGHC	4.31		
	Tsang Kei Yin	WYK	4.26		
	Mak Long Wai	CHECSS	4.15		
	Chan Lik Kwan	CYT	4.07		
	Ha David Glory	PCMS	4.04		
	Wu Yibin	CSWCSS	3.30		
	Lui King Pui	CYT	2.77		
	Takegawa Takao	KGV		DN take part	

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Event 17 1500m Boys C  
Standard: 5:20.00 Record: 4:31.24 (2008)  
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Heat					Final Lane
Heat 1					
1	Chan Hiu Hei	LSC	4:54.42	Standard	4
2	Claytin Gibb	WIS	4:58.06	Standard	5
3	Au Chung Yin	CSWCSS	5: 1.24	Standard	7
4	Chu Cheuk Hei Leo	DBS	5: 1.28	Standard	8
5	Leung Cheuk Hin	HPCCSS	5: 5.02	Standard	10
6	Tse Adrian Hymn	WYHK	5: 8.17	Standard	11
7	Chong Sze Yeung	CGHC	5:11.51	Standard	
8	Hau Christopher	KGV	5:16.34	Standard	
9	Leung Chun Hei Bryan	PCMS	5:19.48	Standard	
10	Cheng Chi Him	SJAC	5:22.92		
11	Chan Tsz Ho	WFN	5:25.63		
12	Ngan Wing Chun Tony	CYT	5:32.07		
13	Ng Ho Cheong	CHECSS	5:43.84		
14	Chow Chung Man	WYK	5:47.98		
15	Lo King Tai	YCKMC	5:48.89		
16	Ng Wang Lok	CSK	6:20.13		
Heat 2					Final Lane
1	Matthew Tan	WIS	4:40.37	Standard	1
2	Ho Hoo Hin	WFN	4:45.82	Standard	2
3	Lo Hei Yeung	LSC	4:47.06	Standard	3
4	Fong Ho Leung	HPCCSS	5: 0.20	Standard	6
5	Tang Ho Ming	DBS	5: 2.94	Standard	9
6	Hung Man Nok	KGV	5: 9.46	Standard	12
7	Au Ho Wong	WYHK	5:11.21	Standard	
8	Yung Cheuk Kit	YCKMC	5:18.07	Standard	
9	Kwok Ka Ho	CSWCSS	5:18.98	Standard	

10	Cheung Ryan	PCMS	5:23.76
11	Chan Wang Kit	WYK	5:25.14
12	Chan Yik Ming	SJAC	5:30.81
13	Cheng Sung Hei	CGHC	5:33.75
14	Wong Chun Yat	CSK	5:36.34
15	Tsui Tsz Yuet	CHECSS	5:54.43
16	Cheung Tsz Lai	CYT	6:20.08

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Event 18 1500m Boys B

Standard: 5:00.00

Record: 4:18.96 (2010)

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Heat 1

				Final Lane
1	Wong Tsz To	DBS	4:28.30	Standard 2
2	Maxime Doneux	WIS	4:49.49	Standard 12
3	Chan Ki Yan	WFN	4:52.97	Standard
4	Chow Angus	LSC	4:56.03	Standard
5	Ng Kin Man	YCKMC	4:57.91	Standard
6	Pan Chun Fung	SJAC	4:58.54	Standard
7	Li Ho Sing	HPCCSS	4:58.78	Standard
8	Leung Chung Sum	WYK	4:58.93	Standard
9	Kwok Tung	PCMS	4:59.91	Standard
10	Yeung Chun Kit	WYHK	5: 0.60	
11	Yuen Nicholas Chun-Man	KGV	5: 0.97	
12	Dew Kin Ting	CHECSS	5: 2.23	
13	Li Ho Lok Klaus	CSWCSS	5: 3.36	
14	Cheng Kai Lok	CGHC	5: 9.23	
15	Leung Chun Yui	CSK	5:10.61	
16	Sze Yu Kit	CYT	5:10.69	

Heat 2

				Final Lane
1	Smith Jake Liam	KGV	4:21.69	Standard 1
2	Kwong Kam Cheong	SJAC	4:31.60	Standard 3
3	Wong Hong Kit	LSC	4:34.86	Standard 4
4	Miles Williams	WIS	4:35.68	Standard 5
5	Au-Yeung Kin Yat	PCMS	4:42.01	Standard 6
6	Pon Siu Chun	WFN	4:43.11	Standard 7
7	Siu Cheuk Yiu	WYHK	4:43.48	Standard 8
8	Kwong Pak Chung	CGHC	4:44.34	Standard 9
9	Koo Hoi Sau	CSWCSS	4:47.10	Standard 10
10	Wong Man Hong	DBS	4:49.16	Standard 11
11	Ip Long Wang	HPCCSS	4:52.60	Standard
12	Wong Chun Yi	YCKMC	4:58.65	Standard
13	Wong Shing Hang	WYK	5: 0.99	
14	Chang Man Ho	CHECSS	5: 2.59	
15	Sze Siu Lung	CYT	5: 7.16	
16	Leung Brandon	CSK	5:15.49	

=====  
Event 19 1500m Boys A

Standard: 4:58.00

Record: 4:05.76 (2004)

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Heat 1

				Final Lane
1	Harry Loasby	WIS	4:30.54	Standard 1
2	Lee Yip Chun Bonn	WYHK	4:30.74	Standard 2
3	Lam Chiu Ming	DBS	4:31.44	Standard 4
4	Lam Michael	KGV	4:36.78	Standard 5
5	Chu Po Wah	CSWCSS	4:37.28	Standard 7
6	Chan Ho Yin .	CHECSS	4:38.36	Standard 8
7	Heung Chin Tung	HPCCSS	4:41.22	Standard 11
8	Chan Brian Kai Hin	LSC	4:42.00	Standard 12
9	Tristan Richter	CSK	4:56.35	Standard
10	Lau Chak Kuen	YCKMC	5: 2.44	
11	Tang Yue Hin	WYK	5:10.42	
12	Lee Wai Nam	CGHC	5:14.64	
13	Au Kam Wong	CYT	5:34.41	
14	Tam Desmond Chun Shing	PCMS	5:42.06	
15	Kwong Brian	WFN		DN start

Heat 2

				Final Lane
1	Shuen Chun Kit	DBS	4:30.76	Standard 3
2	Ross Mason	WIS	4:36.95	Standard 6
3	Ko Ho Juen	KGV	4:39.23	Standard 9
4	Ng Ka Ching	LSC	4:40.19	Standard 10
5	Li Tung Matthew	PCMS	4:42.63	Standard

6	Lee Ka Yiu	HPCCSS	4:53.78	Standard
7	Ling Chung Yin	WYHK	4:56.68	Standard
8	Law Ka Chun	YCKMC	5: 0.39	
9	Lee Shing Chi	CHECSS	5: 0.57	
10	Lo Kwan Shing	CSK	5: 2.22	
11	Cheng Tsz Fung	CSWCSS	5: 2.38	
12	Chow Chaau Ning	CGHC	5:20.64	
13	Yik Cheuk Ting	WFN		DN start
14	So Cheuk Lam	WYK		DN start

=====  
Event 20 400m Girls C

Standard: 1:15.00

Record: 58.78 (2000)

				Final Lane	
Heat 1					
1	Wong Ching Wai	SCGS	1: 4.25	Standard	2
2	Chan Tak Yan	DGS	1: 5.22	Standard	5
3	Lok Mei Ling	GHS	1: 5.66	Standard	7
4	Ma Sin Tung Edith	WFN	1: 9.49	Standard	
5	Pyle Amy Jane	KGV	1: 9.81	Standard	
6	Cheung Ka Ka Tiffany	SPCS	1:11.46	Standard	
7	Au Wan Ching	SHCC	1:14.01	Standard	
8	Lau Sin Lam Lena	PCMS	1:20.03		

				Final Lane	
Heat 2					
1	Yu Chung Yan	GHS	1: 5.76	Standard	1
2	Wing Lam Yuen	WIS	1: 6.61	Standard	
3	Yeung Man Wai Sheena	SPCS	1: 8.69	Standard	
4	Chan Sik Yeung Chava	MCS	1: 9.69	Standard	
5	Chan Yi Ching	HYS	1:11.14	Standard	
6	Yeung Hoi Ching Astor	WFN	1:13.64	Standard	
7	Lau Cheuk Yee Annick	MSS	1:17.13		
8	Lau Ying Ting	PCMS	1:20.57		

				Final Lane	
Heat 3					
1	Tsui Wing Yu	HYS	1: 4.28	Standard	3
2	Fan Linna	DGS	1: 4.48	Standard	4
3	Li Eve	MCS	1: 5.44	Standard	6
4	Anika Singh	WIS	1: 6.06	Standard	8
5	Ng Shirley Yui Man	KGV	1: 9.90	Standard	
6	Watson Morgan Germaine	MSS	1:13.12	Standard	
7	Ching Lok Yan	SCGS	1:14.95	Standard	
8	Yu Ngai Ching	SHCC	1:16.38		

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Event 21 400m Girls B

Standard: 1:13.00

Record: 57.29 (2002)

				Final Lane	
Heat 1					
1	Lau Cheuk Yan Samantha	DGS	1: 1.52	Standard	3
2	Taylor Amy Katherine	KGV	1: 2.77	Standard	4
3	Leung Yee Ting	GHS	1: 3.82	Standard	6
4	Li Tsz Ching	WFN	1: 9.00	Standard	
5	Lee Pui Yi	HYS	1:11.51	Standard	
6	Chow Yau	SCGS	1:11.55	Standard	
7	Chung Wai Yan	PCMS	1:12.99	Standard	
8	Wong Hoi Lam Karen	MSS	1:14.91		

				Final Lane	
Heat 2					
1	Poon Hang Wai	GHS	1: 0.11	Standard	2
2	Sin Wai Yan Claudia	DGS	1: 4.33	Standard	7
3	Su Jennifer Ming Yin	SCGS	1: 5.89	Standard	1
4	Sille Soresen	WIS	1: 7.25	Standard	
5	Chan Nga Woon Chloe	MCS	1:10.52	Standard	
6	Wong Mei Yue	SPCS	1:11.43	Standard	
7	Yeung Nga Ting	WFN	1:13.99		
8	Tse Tin Nga	SHCC	1:16.71		

				Final Lane	
Heat 3					
1	Tsang Yuen Ching Stephani	MCS	1: 3.08	Standard	5
2	Castagnet Ines	KGV	1: 7.10	Standard	8
3	Tang Wing Yan	HYS	1: 8.06	Standard	
4	Leung Yu Fei Maris	MSS	1:10.65	Standard	
5	Lucy Ross	WIS	1:10.90	Standard	
6	Chim Yuek Yue Nicole	SPCS	1:12.40	Standard	
7	Chau Yuk Ching	SHCC	1:19.66		

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## Event 22 400m Girls A

Standard: 1:12.50

Record: 58.10 (2012)

					Final Lane
Heat 1					
1	Leung Hoi Yin	DGS	1: 2.43	Standard	3
2	Mann Grace Louise	KGV	1: 5.54	Standard	5
3	Kylie Cheung	WIS	1: 6.08	Standard	6
4	Wong Wing Yu	SCGS	1: 7.40	Standard	
5	Wong Yee Ching	GHS	1: 9.04	Standard	
6	Li Wing Yin Janice	PCMS	1:13.06		
7	Lo Kiu Yan Gladys	SPCS	1:15.65		
8	Lam Natalie Wai Yan	WFN	1:23.85		

					Final Lane
Heat 2					
1	Wong Heron	GHS	1: 6.90	Standard	7
2	Cheung Lam	MCS	1: 7.31	Standard	1
3	Chau Yuet Ting	HYS	1: 9.75	Standard	
4	Tse Pui Ling Christy	MSS	1:14.01		
5	Wong Yuet Tung	WFN	1:16.48		
6	Ting Ying Man Rose	PCMS	1:17.12		
7	Chan Ho Ching	SPCS	1:22.22		

					Final Lane
Heat 3					
1	Lam Christy Ho Yan	DGS	1: 0.67	Standard	2
2	Li Yuet Yan	HYS	1: 3.44	Standard	4
3	Lau Sabrina Chi Ying	KGV	1: 7.37	Standard	8
4	Wong Wai Ying Katherine	MSS	1: 7.78	Standard	
5	Michelle Yeung	WIS	1: 8.68	Standard	
6	Kwong Jasmine Nicole	MCS	1:10.49	Standard	
7	Tse Yuen Sum	SCGS		DN start	

## Event 23 400m Boys C

Standard: 1:04.00

Record: 51.23 (2008)

					SF	Lane
Heat 1						
1	Lam Jackson	LSC	57.18	Standard	1	4
2	Hooney Park	WIS	58.86	Standard	1	5
3	Lau Hiu Yeung Ian	DBS	59.98	Standard	2	6
4	Cheng Hok Him	CSWCSS	1: 0.46	Standard	2	7
5	Yam Ho Yin	CSK	1: 1.46	Standard	2	8
6	Tang Tsun Kit Charles	WYHK	1: 3.68	Standard		
7	Yeung Man Hin	SJAC	1: 4.51			
8	Wong Cheuk Wang	WFN	1: 4.55			

					SF	Lane
Heat 2						
1	Ryan Wan	WIS	56.27	Standard	2	2
2	Lau Chung Kei	DBS	56.39	Standard	2	3
3	Lam Wai Ho	SJAC	56.99	Standard	1	3
4	Seto Ching Hung	CSWCSS	59.57	Standard	1	6
5	Wong Ho San	LSC	1: 1.10	Standard	1	1
6	Siu Ho Chung	WFN	1: 3.78	Standard		
7	Chung Kui Chiu	CSK	1: 4.48			
8	Chow Bryan Chak Him	WYHK	1: 6.12			

					SF	Lane
Heat 3						
1	Tong Tsz Hin	WYK	58.22	Standard	2	5
2	Cranwell Xavier Thomas	KGV	1: 0.97	Standard	1	7
3	Cheung Tsz Fai	CYT	1: 1.29	Standard	2	1
4	Chik Yui Fung	HPCCSS	1: 3.75	Standard		
5	Yim Chi On	CGHC	1: 4.58			
6	Hui Lok	PCMS	1: 5.05			
7	Tang Chun Ming	YCKMC	1: 5.15			
8	Li Ho Yuen	CHECSS	1: 5.20			

					SF	Lane
Heat 4						
1	Chiu Mong Wang	HPCCSS	55.39	Standard	1	2
2	Sin Yu Yat	WYK	57.51	Standard	2	4
3	Ng Ka Hei	CYT	1: 2.03	Standard	1	8
4	Wu Ming Kit	CHECSS	1: 2.24	Standard		
5	Li Ka Po	YCKMC	1: 3.77	Standard		
6	Wong Hin Ting	CGHC	1: 4.69			
7	Kun Ka Wan	PCMS	1: 5.08			
8	Ahmed Yusuf Lafeer	KGV	1: 6.14			

## Event 24 400m Boys B

Standard: 1:00.00

Record: 49.72 (2010)



				SF	Lane
Heat 1					
1	Ma Tsz Chung	WFN	56.09	Standard	2 3
2	Law Hiu Long	HPCCSS	57.08	Standard	2 6
3	Jim Ho Yin	WYK	57.66	Standard	1 7
4	Cheung Chit Yui	CSWCSS	58.86	Standard	
5	Fong King Leung	SJAC	1: 0.04		
6	Huang Yicong	CHECSS	1: 0.60		
7	Li Ka Ho	CSK	1: 0.77		
8	So Kwok Chun	CGHC	1: 6.32		

				SF	Lane
Heat 2					
1	Law Ho Fung	WFN	54.84	Standard	1 2
2	Mak Yi Nap	HPCCSS	56.42	Standard	1 3
3	Wong Chi Fung	SJAC	56.92	Standard	1 5
4	Chin Ka Lok	CSWCSS	57.34	Standard	2 7
5	Au Yeung Yi	CGHC	58.94	Standard	
6	Li Chun Ho	CSK	59.32	Standard	
7	Lui Nok Man Adrian	WYK	1: 0.34		
8	Leung Ka Kiu	CHECSS		DN start	

				SF	Lane
Heat 3					
1	Chung Cheuk Hei	DBS	56.70	Standard	1 4
2	Ma Chin Fung Victor	LSC	56.72	Standard	2 4
3	Lee Justin Hin Shun	KGV	58.71	Standard	1 8
4	Karthik Subramaniam	WIS	58.90	Standard	
5	Chan Siu Cheong	WYHK	59.58	Standard	
6	Tsang Dillon Casey	PCMS	1: 0.43		
7	Chan Fu Hang	CYT	1: 3.65		
8	Cheng Long Hei	YCKMC		DN start	

				SF	Lane
Heat 4					
1	Chong Ka Chun	DBS	55.67	Standard	2 2
2	Lee Ching Yu	LSC	56.83	Standard	2 5
3	Daniel Hoare	WIS	57.02	Standard	1 6
4	Wang Harry Yuan	KGV	57.84	Standard	1 1
5	Man Fong Cheung	PCMS	57.87	Standard	2 1
6	Lee Chun Him	CYT	58.38	Standard	2 8
7	Ho Hei Yat	WYHK	59.86	Standard	
8	Leung Cheuk Yin	YCKMC	1: 2.79		

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Event 25 400m Boys A

Standard: 57.50

Record: 49.10

(1964)

				SF	Lane
Heat 1					
1	Chan Ken	DBS	53.38	Standard	2 2
2	Wong Yuk Chun	WYHK	53.65	Standard	2 3
3	Li Man Fung Timothy	LSC	54.06	Standard	1 4
4	Kwok Tsz Hin Simon	SJAC	54.42	Standard	2 5
5	Chow Kai Chung	CGHC	55.60	Standard	2 6
6	Lee Ka Chun	CSWCSS	55.75	Standard	1 7
7	Chan Cham Ki Jeremy	WFN	55.99	Standard	1 1
8	Shing Shui Yin	CSK	58.33		

				SF	Lane
Heat 2					
1	Jake Mustain	WIS	55.03	Standard	1 5
2	Lui Kin Wing	HPCCSS	56.55	Standard	1 8
3	Ng Chun Yin	CGHC	56.64	Standard	
4	Cheng Vincent Isaac	PCMS	57.17	Standard	
5	Clarke Harry Jackson	KGV	58.31		
6	Lui Chun Kit	CHECSS	58.41		
7	Siu Chun Hei	YCKMC	58.76		
8	Wong Lai Kin	WYK	59.87		

				SF	Lane
Heat 3					
1	Lau Lap Kuen	CYT	54.29	Standard	2 4
2	Shah Ninad	KGV	55.50	Standard	1 6
3	O Chun Yee	HPCCSS	56.15	Standard	2 1
4	Ho Chun Hei	PCMS	56.69	Standard	
5	Fong Yun Pan	YCKMC	56.92	Standard	
6	Rajiv Kuruvilla	WIS	58.09		
7	Chang Ming Hao	WYK	59.70		
8	Ho Mang Hin	CHECSS	1: 1.16		

				SF	Lane
Heat 4					
1	Chan Ka Man	DBS	53.30	Standard	1 2
2	Wong Kin Chung	WFN	54.04	Standard	1 3

3	Lam Hung Yan	LSC	55.75	Standard	2	7
4	Li Jacky Siu Hang	CSWCSS	56.26	Standard	2	8
5	Lau Abraham Kwun Hang	WYHK	57.39	Standard		
6	Lau Cheuk Kit	SJAC	58.59			
7	Leung Wang Yee	CSK	1: 4.43			

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Event 26 Javelin Girls A  
Standard: 19.00 (600gm) Record: 41.52 (2013) (600gm)

Position	Name	School	Result	Remark	Points
1	Lau Hei Ting	GHS	47.16	Standard	9
2	Ng Ki Sum	WFN	39.75	Standard	7
3	Chim Ho Ki	GHS	37.92	Standard	6
4	Cheung Kiu Wai	DGS	36.26	Standard	5
5	Yiu Hoi Lun	SHCC	31.46	Standard	4
6	Li Wing Yin Janice	PCMS	29.79	Standard	3
7	Duen Pui Yee	DGS	29.35	Standard	2
8	Fok Shuk Man	SCGS	29.25	Standard	1
	Ching Nok Yee	SHCC	27.47	Standard	
	Fung Kiu Lok Mona	SPCS	26.01	Standard	
	Ip Shuk Yan Tiffany	SPCS	25.69	Standard	
	Chan Ka Ying	PCMS	24.56	Standard	
	Tsang Hui Ching Candy	MCS	23.44	Standard	
	Mang Lee	HYS	21.84	Standard	
	Puri Vamika	MSS	20.40	Standard	
	Kwok Ka Lee Kelly	MCS	20.36	Standard	
	Justine Rudico	WIS	20.34	Standard	
	Wu Lok Yan	HYS	19.85	Standard	
	Tang Vickie	KGV	15.96		
	Tse Crystal Wing Huen	MSS	15.68		
	Wong Ying Ying	SCGS	13.55		
	Lara Morrison	WIS	11.70		
	Chen Yi Ai	KGV		No Mark	
	To Chin Ling	WFN		DN take part	

=====  
Event 27 Triple Jump Boys B  
Standard: 10.50 Record: 13.67 (2009)

Position	Name	School	Result	Remark	Points
1	Pang Kit Ching	LSC	13.53	Standard	9
2	Yee Hon Chung	LSC	13.46	Standard	7
3	Ko Ho Long	SJAC	13.10	Standard	6
4	Ma Ka Ho	DBS	12.89	Standard	5
5	Wong Hok Kan	CSWCSS	12.76	Standard	4
6	Wong Sung Hei	WYK	12.44	Standard	3
7	Ng Kai Ho	HPCCSS	12.34	Standard	2
8	Tse Ho Yin	WYHK	12.33	Standard	1
	Tsang Sze Heng	DBS	12.08	Standard	
	Wong Chun Fei	HPCCSS	12.02	Standard	
	Cheng Yu Ching	SJAC	11.68	Standard	
	Fong King Ho	WYK	11.67	Standard	
	Shum Matthew	WYHK	11.50	Standard	
	Pang Wai Hang	WFN	11.30	Standard	
	Fung Man Yin	PCMS	11.19	Standard	
	Lam Sze Lik	CSWCSS	11.01	Standard	
	Wong Fu Hong	CHECSS	10.63	Standard	
	Osborne C. K. Dylan	KGV	10.45		
	Lam Tsz Kit	YCKMC	10.44		
	Ho Ka Chun	CSK	10.44		
	Au Yeung Yi	CGHC	10.43		
	Joshua Lau	WIS	10.42		
	Michele Sepulcri	WIS	10.31		
	Kasten Copan Owen	KGV	10.28		
	Wu Tak Wang	WFN	10.11		
	Cheng Pak To Patrick	YCKMC	10.10		
	Kun Ka Chun	PCMS	9.96		
	Lui Man Shing	CYT		No Mark	
	Fong Yu Sang	CYT		No Mark	
	Chan Wai Wa	CHECSS		No Mark	
	Cheng Kam Po	CGHC		No Mark	

## Event 28 100m Hurdles Boys C

Standard: 19.50 (0.84m)

Record: 13.57

(2009) (0.84m)

					SF	Lane
-----						
Heat 1						
1	Cheng Yat Long	DBS	15.93	Standard	2	3
2	Fu Juen Kit	CSK	16.24	Standard	1	4
3	Lo Lai Hang	SJAC	16.68	Standard	2	5
4	Wong Kwun Pok	LSC	17.52	Standard	1	6
5	Kwan Chun Yin Marco	WFN	17.55	Standard	2	6
6	Wong Kin Tsun	CSWCSS	18.11	Standard	1	1
7	Max Donovan	WIS	18.85	Standard		
8	Lau Ho Fung	WYHK	19.71			
Heat 2					SF	Lane
1	Lam Hin Chak Timothy	LSC	15.03	Standard	1	2
2	Leung Shing Kit	DBS	15.47	Standard	2	2
3	Sum Chun Kit	SJAC	17.80	Standard	2	7
4	Tsang Kwan Lok	WYHK	18.13	Standard	2	1
5	Dominic Shen	WIS	18.69	Standard		
6	Lam Gervis	WFN	18.78	Standard		
7	Chui Ming Hang	CSK	21.45			
8	Cheung Tsz Shun	CSWCSS		DN start		
Heat 3					SF	Lane
1	Chue Chun Hong	PCMS	16.71	Standard	1	5
2	Shum Kwun Hong	CYT	18.41	Standard	2	8
3	Mak Chun Ning	CHECSS	18.61	Standard		
4	Chan Chun Sing	WYK	18.93	Standard		
5	Tsui Long Cheung	HPCCSS	18.93	Standard		
6	Chan Pak Hei	YCKMC	19.05	Standard		
7	Osborne Kellan Ferguson	KGV	19.45	Standard		
8	Cheung Chi Leung	CGHC	23.98			
Heat 4					SF	Lane
1	Leung Pak Yin	HPCCSS	16.22	Standard	1	3
2	So Yin Ken	PCMS	16.51	Standard	2	4
3	Pang Chin Hang	YCKMC	17.90	Standard	1	7
4	Fung Christopher Yeung	KGV	18.44	Standard	1	8
5	Wong Pak Wah	CYT	19.07	Standard		
6	Leung King Yeung	WYK	20.90			
7	Mok Kai Hei	CGHC	21.76			
8	Yeung Cheuk Ho	CHECSS		DQ		

## Event 29 100m Hurdles Boys B

Standard: 17.00 (0.914m)

Record: 13.54

(2008) (0.914m)

					SF	Lane
-----						
Heat 1						
1	Ng Ho Ming	CHECSS	13.83	Standard	1	2
2	Sze To Tsz Wai	CGHC	14.40	Standard	1	3
3	Wong Chun Yin	HPCCSS	14.94	Standard	2	5
4	Kuang Zhuoheng	SJAC	15.32	Standard	1	5
5	Tam Chin Wah	WFN	16.48	Standard	2	1
6	Tsang Chi Ying	CSK	17.10			
7	Lee Nok Hang Kenneth	WYK	17.85			
8	Cheng Tin Wai	CSWCSS		DQ		
Heat 2					SF	Lane
1	Pang Wai Hang	WFN	14.21	Standard	2	3
2	Lai Tsun Hei Jonathan	LSC	14.21	Standard	2	2
3	chan Pak Hei	CSWCSS	14.85	Standard	2	4
4	Lau Pak Hei	CSK	16.21	Standard	2	7
5	Lam Ming Yiu	DBS	16.67	Standard	1	8
6	Nicholas Hellinikakis	WIS	18.02			
7	Chan Tsz Fung	WYHK	18.41			
8	Tang Tze Tung	WYK	19.79			
Heat 3					SF	Lane
1	Mok Chi Kin	LSC	14.71	Standard	1	4
2	Cheung Po Ming	YCKMC	16.46	Standard	1	1
3	Lam Pak Yin	PCMS	16.66	Standard	2	8
4	Ko Hiu Chi	DBS	17.37			
5	Raphael Lam	WIS	19.73			
6	Yeung Kwok Hang	CYT	22.16			
7	Ng Cheuk Wun	WYHK	22.18			
8	Derman Yang Sean Lee	KGV		DN start		
Heat 4					SF	Lane

1	Cheng Pak To Patrick	YCKMC	15.44	Standard	1	6
2	Ng Wing Chung	HPCCSS	15.58	Standard	2	6
3	Lee Chun Him	CYT	16.24	Standard	1	7
4	Tsang Kui Kit	CGHC	17.28			
5	Cheung Tin Yi	PCMS	17.37			
6	Chan Wing Kei	CHECSS	18.38			
7	Walsh Samuel Alexander	KGV	20.48			

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Event 30 110m Hurdles Boys A  
Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)  
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Heat 1				SF	Lane	
1	Chan Cheuk Yin	HPCCSS	15.82	Standard	1	3
2	Tsang Chi Ho Toby	KGV	18.05	Standard	2	8
3	Chen Junsheng	YCKMC	18.22	Standard	1	8
4	Tsang Hui Nam	CSWCSS	18.59			
5	Yeung Ho Leung	CHECSS	18.84			
6	Lee Wai Sum	WYK	20.42			
7	Luk Chun Kan	CGHC		DN start		

Heat 2				SF	Lane	
1	Lee Ka Ho	CYT	15.16	Standard	1	2
2	Liu Chung Lung	SJAC	15.58	Standard	2	3
3	Wan Hi Yuen	DBS	16.10	Standard	2	5
4	Choi Lok Ching	LSC	16.32	Standard	1	5
5	Wong Chun Long	YCKMC	19.44			
6	Chau Tung Pang	CSWCSS	19.66			
7	Li Tsz Yau	WYHK		DN start		

Heat 3				SF	Lane	
1	Nip Ho Tin	DBS	15.23	Standard	2	2
2	Koo Yue Kwan	WYHK	16.06	Standard	2	4
3	Cheng Shing	LSC	16.67	Standard	1	6
4	Sue Yui Sum	WFN	17.10	Standard	2	7
5	Wong Wing Ho	SJAC	18.25	Standard		
6	Yeung Hoi Ho	CSK	18.59			
7	Hunter Kerr	WIS	18.79			

Heat 4				SF	Lane	
1	Ngan To Him	PCMS	15.99	Standard	1	4
2	Fan Chun Yin	WYK	16.71	Standard	2	6
3	Lam Yuk Yang	CSK	17.18	Standard	1	7
4	Winston Jewell	WIS	17.49	Standard	1	1
5	Chan Tak Ka	HPCCSS	17.61	Standard	2	1
6	Leung Tak Ching	CHECSS	22.43			
7	Overton Christian Henry	KGV		DN start		

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Event 31 Javelin Boys B  
Standard: 26.00 (600gm) Record: 51.63 (2008) (600gm)  
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Position	Name	School	Result	Remark	Points
1	Li Ka Ho	CSK	49.43	Standard	9
2	Wong Ka Chu	DBS	49.11	Standard	7
3	Ng Ching Kwan	DBS	46.89	Standard	6
4	Kwok Lok Fung	CGHC	42.92	Standard	5
5	Leung Ka Hin	WYK	39.56	Standard	4
6	Leung Yu Tang	CSWCSS	39.12	Standard	3
7	Wang Harry Yuan	KGV	38.98	Standard	2
8	Poon Yat Ming Tergio	LSC	38.87	Standard	1
	Lam Kwok On	YCKMC	36.84	Standard	
	Chu Man Hei Benjamin	LSC	33.83	Standard	
	Ho Hon Yui	WYHK	32.25	Standard	
	Iwasa Taiga	KGV	30.62	Standard	
	Ma Tsz Chung	WFN	29.00	Standard	
	Joo Heon Lee	WIS	28.93	Standard	
	Tin Kwan Yau	PCMS	28.73	Standard	
	Chen Jin	HPCCSS	28.34	Standard	
	Andre Fajardo	WIS	28.10	Standard	
	Ng Kin Ping	CHECSS	27.95	Standard	
	Fung Pui Lung	SJAC	27.27	Standard	
	Chan Man Kit	CGHC	26.83	Standard	
	Chong Ho Kwan Michael	HPCCSS	26.74	Standard	
	Yam Yu Hin	WYK	25.53		
	Law Kwai Nam	CSK	25.25		

Tam Pak Lun	WYHK	24.38	
Yip Yuk Ting	CHECSS	22.59	
Ma Chun Hung	CSWCSS	21.41	
Wun Man Fung	YCKMC	12.25	
Chan Ngo Fung	PCMS		No Mark
Fung Sam Yin	WFN		No Mark

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Event 32 100m Girls C

Standard: 15.00 Record: 12.48 (2010)

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Heat 1				Final Lane
1	Wong Ching Hei	SCGS	12.98	Standard 3
2	Kwok Tsz Kiu	GHS	13.18	Standard 4
3	Lin Ka Wing	DGS	13.27	Standard 5
4	Chan Pui Chi	SPCS	13.49	Standard 6
5	Wong Hei Tung	SHCC	13.78	Standard
6	Ekwegwo Cassandra Joy C.	KGV	13.93	Standard
7	Lam Man Yu	WFN	14.24	Standard
8	Li Hoi Ling	PCMS	15.78	

Heat 2				Final Lane
1	Chan Pui Kei	GHS	12.93	Standard 2
2	Fung Cheuk Lam	SPCS	13.65	Standard 7
3	Choi Ching	WFN	13.75	Standard
4	So Ming Wai	HYS	14.00	Standard
5	Sze Wing Chau	WIS	14.21	Standard
6	Ho Pui Sze Ceci	MSS	14.27	Standard
7	Chan Ka Wai	MCS	14.57	Standard
8	Lee Hiu Ying	PCMS	14.63	Standard

Heat 3				Final Lane
1	Tong Man Sum Michelle	MSS	13.66	Standard 1
2	Cheung Hei Ching Eunice	MCS	13.73	Standard 8
3	Tsang Pak Chi	DGS	13.82	Standard
4	Shie Hoi Lam	HYS	14.06	Standard
5	Ng Shirley Yui Man	KGV	14.09	Standard
6	Shung Ka Man	SCGS	14.32	Standard
7	Ashlin Devonport	WIS	14.37	Standard
8	Chan Tsz Kwan	SHCC	14.62	Standard

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Event 33 100m Girls B

Standard: 14.70 Record: 12.21 (2005)

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Heat 1				Final Lane
1	Lam Yan Tung	DGS	13.36	Standard 5
2	Chan Ho Wun Cynthia	MCS	13.39	Standard 6
3	Kwok Luen Fong	HYS	13.45	Standard 1
4	Selina Fawdry	WIS	13.94	Standard
5	Yeung Ning Patricia	MSS	14.24	Standard
6	Castagnet Ines	KGV	14.48	Standard
7	Chan Wing Lam	SCGS	14.50	Standard
8	Wong Nok Yiu	PCMS	16.23	

Heat 2				Final Lane
1	Wai Lok Heng	SCGS	13.06	Standard 3
2	Yuen Wing Nam	DGS	13.26	Standard 4
3	Cheung Ching Ting	GHS	13.42	Standard 7
4	Chui Wai Sze Tracy	SPCS	13.82	Standard
5	Bourk Jamie Claire	KGV	14.31	Standard
6	Choi Hiu Tung	WFN	14.90	
7	Ip Wing Hei	PCMS	15.19	
8	Wong Tak Yu	SHCC	15.99	

Heat 3				Final Lane
1	Yue Ya Xin	GHS	13.00	Standard 2
2	Sham Tsz Ching	HYS	13.47	Standard 8
3	Tang Pui Yin	SPCS	13.71	Standard
4	Law Kai Yin Stephanie	MCS	13.89	Standard
5	Luk Ngo Ching	SHCC	14.01	Standard
6	Poon Hiu Lam	WFN	14.01	Standard
7	Lam Ching Wun Nicole	MSS	14.59	Standard
8	Madeline Bavis	WIS	14.75	

=====  
Event 34 100m Girls A

Standard: 14.50 Record: 11.99 (2009)

Heat 1					Final Lane
1	Chan Ka Sin	SCGS	12.67	Standard	2
2	Yiu Hoi Yan	SHCC	12.85	Standard	4
3	Cheung Yuet Wah	GHS	13.30	Standard	7
4	Lo Yan Ting	SPCS	13.49	Standard	
5	Wan Cynthia Hill Kwan	DGS	13.60	Standard	
6	Lau Sabrina Chi Ying	KGV	14.48	Standard	
7	Wong Siu Cheuk Cherrie	WFN	14.84		
8	Isabella De Mello Leitao	WIS		DN start	

Heat 2					Final Lane
1	Lo Ka Lam	GHS	12.81	Standard	3
2	Yeung Lok Hei Hazel	SPCS	12.96	Standard	5
3	Chan Wai Huen	HYS	14.01	Standard	
4	Wong Mei Ki	WFN	14.24	Standard	
5	Michelle Yeung	WIS	14.65		
6	Tang Tsz Lam Tiana	MCS	15.03		
7	Tai Ching Wai	PCMS	15.28		
8	Elly Lau Ho Ching	MSS	16.06		

Heat 3					Final Lane
1	Lau Hiu Yu Hilda	DGS	13.23	Standard	6
2	Cheung Man Yui	SCGS	13.31	Standard	1
3	Li Tsz Kwan	HYS	13.39	Standard	8
4	Yan Hoi Tung Abby	MCS	13.50	Standard	
5	Kwok Cheuk Wing	PCMS	14.31	Standard	
6	Fraser Gabrielle C. P. L.	KGV	14.73		
7	Ng Cindy Joy	MSS	15.25		

Event 35 100m Boys C  
Standard: 13.30

Record: 11.21 (2009)

Heat 1					SF	Lane
1	Lo Lai Hang	SJAC	12.05	Standard	1	3
2	Ngan Chun Wei	LSC	12.33	Standard	1	4
3	Fok Tsin Long	DBS	12.34	Standard	2	4
4	Wong Tsz Kit	CSWCSS	12.65	Standard	1	6
5	Lo Yuen Fung	CSK	13.30	Standard		
6	Wu Man Hui	WYHK	13.68			
7	Calvin Harris	WIS	13.92			
8	Lam Yen Ting Louis	WFN	20.85			

Heat 2					SF	Lane
1	Lo Tsz Yuen	DBS	11.71	Standard	1	2
2	Tse Yee Hin Rico	SJAC	11.84	Standard	2	2
3	Ma Chi Fai	LSC	11.88	Standard	2	3
4	Chan Pak Hei	WYHK	12.51	Standard	2	5
5	Wong Kin Ngai	CSWCSS	12.60	Standard	1	5
6	Wong King Hei	WFN	13.07	Standard	2	8
7	Kam Luhng Pitter	WIS	13.27	Standard		
8	He Ki Chi	CSK	13.28	Standard		

Heat 3					SF	Lane
1	Chan Chun Yin	WYK	12.91	Standard	2	6
2	Chan Lik Kwan	CYT	12.97	Standard	2	7
3	Leung Bryan	HPCCSS	13.02	Standard	1	1
4	Kwok Yu Hin	CGHC	13.25	Standard		
5	Chiu King Shing	YCKMC	13.26	Standard		
6	Shik Long	CHECSS	13.32			
7	Ha David Glory	PCMS	13.39			
8	Kakegawa Takao	KGV		DN start		

Heat 4					SF	Lane
1	Leitch Oliver Dennis	KGV	13.00	Standard	1	7
2	So Yin Ken	PCMS	13.04	Standard	2	1
3	Ip Pak To	HPCCSS	13.08	Standard	1	8
4	Kong Kai Chung	CYT	13.72			
5	Pang Chin Hang	YCKMC	13.73			
6	Wai Ho Lung	CGHC	14.17			
7	Yeung Cheuk Ho	CHECSS		DN start		
8	Chan Chun Sing	WYK		DN start		

Event 36 100m Boys B  
Standard: 12.50

Record: 11.03 (2008)

Heat 1					SF	Lane
1	Ng Ho Ming	CHECSS	11.89	Standard	2	4
2	Yiu Hiu Tung	HPCCSS	11.89	Standard	2	5
3	Ng Chun Wing	WYK	12.06	Standard	2	7
4	Sham Yat Hong Terry	WFN	12.22	Standard	1	7
5	Ma Po Lun Charis	SJAC	12.37	Standard		
6	Cheung Hang Fung	CGHC	12.66			
7	Chan Chun Hei	CSWCSS	12.82			
8	Lau Pak Hei	CSK	12.99			

Heat 2					SF	Lane
1	Sze Kin Ho	HPCCSS	11.59	Standard	1	2
2	Luk Kin Wang	WFN	11.88	Standard	1	4
3	Chen Ka Ho	SJAC	12.41	Standard		
4	Sze To Tsz Wai	CGHC	12.49	Standard		
5	Mak Sai Yin	CSWCSS	12.51			
6	Cheng Chi Tim	WYK	12.61			
7	Sin Ho Man	CHECSS	12.66			
8	Lee Chi Man	CSK	12.70			

Heat 3					SF	Lane
1	Leung Dun Pok	DBS	11.84	Standard	1	3
2	Mok Chi Kin	LSC	12.01	Standard	1	6
3	Tsang Churn	PCMS	12.22	Standard	1	1
4	Charles Manzon	WIS	12.25	Standard	2	1
5	Hughes James Norman	KGV	12.34	Standard	1	8
6	Tsang Kenneth Savio	WYHK	12.46	Standard		
7	Cheung Po Ming	YCKMC	13.02			
8	Ng Cheuk Man	CYT	13.33			

Heat 4					SF	Lane
1	Chau Yung Ho Michael	DBS	11.68	Standard	2	2
2	Lee Ryan Yat Long	LSC	11.75	Standard	2	3
3	Glen Ciaran James	KGV	11.94	Standard	1	5
4	Kwok Yi Chun	WYHK	12.05	Standard	2	6
5	Liu Tsz Hei	CYT	12.34	Standard	2	8
6	Kwok Wai Ching	PCMS	12.38	Standard		
7	Poon Kwok Pui	YCKMC	12.42	Standard		
8	Noah Ringrose	WIS	13.08			

=====  
Event 37 100m Boys A

Standard: 12.20

Record: 10.40 (2008)

Heat 1					SF	Lane
1	Wong Wai Kin	LSC	11.15	Standard	1	4
2	Lee Hong Kit	DBS	11.34	Standard	1	6
3	Yip Siu Fung	CGHC	11.87	Standard	1	1
4	Chu Chun Wai	CSWCSS	12.15	Standard		
5	Tang Hoi Kit	WYHK	12.18	Standard		
6	Hu Jintao	WFN	13.24			
7	Tang Kiu Fai	CSK		DN start		
8	Tam Wai Fung	SJAC		DN start		

Heat 2					SF	Lane
1	Wong Tsz Hin	DBS	11.00	Standard	2	2
2	Wu Chi Kwan	CGHC	11.13	Standard	1	3
3	Koo Yue Kwan	WYHK	11.17	Standard	2	4
4	Chan Hiu Nam Gabriel	LSC	11.26	Standard	2	5
5	Wong Wing Tai	SJAC	11.97	Standard	1	8
6	Chau Tung Fai	CSWCSS	12.17	Standard		
7	Chan Cham Ki Jeremy	WFN	12.23			
8	Lau Ying Yeung	CSK	12.28			

Heat 3					SF	Lane
1	Lee Chin Ting	CYT	10.90	Standard	1	2
2	Fan Wai Kit	YCKMC	11.46	Standard	2	7
3	Li Chun Ki	CHECSS	11.97	Standard	2	8
4	Ngan To Him	PCMS	12.05	Standard		
5	Chung Cheuk Hang	WYK	12.21			
6	Cheung Rennard	KGV	12.36			
7	Leung Wa Hong	HPCCSS	12.55			
8	Joshua Clery	WIS	12.61			

Heat 4					SF	Lane
1	Lau Kin Hei	PCMS	11.12	Standard	2	3
2	Chun Chi Sing	YCKMC	11.26	Standard	1	5
3	Lee Ka Ho	CYT	11.40	Standard	2	6

4	Mak Kwai Chung	CHECSS	11.85	Standard	1	7
5	Chong Jeffrey Kwan Wai	KGV	11.97	Standard	2	1
6	Chan Cheuk Yin	HPCCSS	12.23			
7	Kenji Tang	WIS	12.33			
8	So Kin Pang	WYK	12.35			

=====  
Event 38 4x400m Relay Girls C  
Standard: 5:00.00 Record: 4:16.63 (2008)  
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Heat 1				Final Lane
1	DGS	4:31.73	Standard	2
2	HYS	4:33.46	Standard	3
3	MCS	4:42.74	Standard	6
4	WFN	4:47.40	Standard	7
5	SPCS	4:52.35	Standard	8
6	SHCC	5:23.67		

Heat 2				Final Lane
1	WIS	4:36.42	Standard	4
2	GHS	4:39.44	Standard	5
3	KGV	4:48.45	Standard	1
4	MSS	5: 1.95		
5	SCGS	5:12.60		
6	PCMS	5:22.45		

=====  
Event 39 4x400m Relay Girls B  
Standard: 4:56.00 Record: 4:13.61 (2012)  
-----

Heat 1				Final Lane
1	DGS	4:28.61	Standard	3
2	HYS	4:32.83	Standard	4
3	MCS	4:42.12	Standard	7
4	WFN	4:49.95	Standard	1
5	SPCS	5: 2.18		
6	PCMS		DN start	

Heat 2				Final Lane
1	GHS	4:21.56	Standard	2
2	WIS	4:34.81	Standard	5
3	SCGS	4:40.76	Standard	6
4	MSS	4:52.12	Standard	8
5	KGV	4:55.90	Standard	
6	SHCC	5: 7.65		

=====  
Event 40 4x400m Relay Girls A  
Standard: 4:52.00 Record: 4:04.82 (2013)  
-----

Heat 1				Final Lane
1	DGS	4:30.36	Standard	3
2	HYS	4:44.35	Standard	6
3	MCS	4:55.14		1
4	PCMS	5:16.19		
5	WFN		DQ	
6	SPCS		DQ	

Heat 2				Final Lane
1	WIS	4:23.24	Standard	2
2	KGV	4:39.57	Standard	4
3	GHS	4:41.03	Standard	5
4	SCGS	4:51.41	Standard	7
5	MSS	4:59.22		8
6	SHCC	5:35.45		

=====  
Event 41 4x400m Relay Boys C  
Standard: 4:16.00 Record: 3:46.84 (2008)  
-----

Heat 1				Final Lane
1	LSC	3:52.86	Standard	2
2	DBS	3:57.01	Standard	3
3	WIS	4: 5.01	Standard	5
4	WFN	4:10.16	Standard	7
5	SJAC	4:12.93	Standard	1
6	CSWCSS	4:15.95	Standard	8
7	WYHK	4:18.59		



8	CSK	4:27.62		
Heat 2				Final Lane
1	HPCCSS	3:59.21	Standard	4
2	WYK	4: 5.55	Standard	6
3	KGV	4:17.24		
4	PCMS	4:24.62		
5	CYT	4:27.72		
6	CHECSS	4:29.35		
7	CGHC	4:34.29		
8	YCKMC	4:34.47		

=====  
Event 42 4x400m Relay Boys B  
Standard: 4:00.00 Record: 3:36.46 (2009)  
-----

Heat 1				Final Lane
1	WFN	3:45.54	Standard	2
2	HPCCSS	3:49.50	Standard	5
3	SJAC	3:50.72	Standard	6
4	CSK	3:54.79	Standard	7
5	CHECSS	3:56.09	Standard	1
6	CSWCSS	3:57.74	Standard	8
7	CGHC	4: 4.32		
8	WYK	4: 9.30		

Heat 2				Final Lane
1	DBS	3:46.16	Standard	3
2	LSC	3:48.60	Standard	4
3	YCKMC	3:58.14	Standard	
4	WYHK	3:59.33	Standard	
5	KGV	4: 0.56		
6	WIS	4: 4.12		
7	PCMS	4: 6.83		
8	CYT	4:25.27		

=====  
Event 43 4x400m Relay Boys A  
Standard: 3:55.00 Record: 3:26.60 (1989)  
-----

Heat 1				Final Lane
1	DBS	3:38.50	Standard	2
2	SJAC	3:41.84	Standard	3
3	LSC	3:43.09	Standard	4
4	WYHK	3:44.31	Standard	6
5	CSWCSS	3:45.18	Standard	7
6	WFN	3:46.70	Standard	1
7	CGHC	3:51.94	Standard	
8	CSK	4: 2.58		

Heat 2				Final Lane
1	WIS	3:43.54	Standard	5
2	KGV	3:48.04	Standard	8
3	PCMS	3:48.46	Standard	
4	CHECSS	3:49.86	Standard	
5	HPCCSS	3:53.75	Standard	
6	WYK	3:56.49		
7	YCKMC	3:56.50		
8	CYT		DN start	

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Competition  
 (HK Island and Kowloon)  
 Division One  
 Day Two: 25 February 2014

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 Event 1 Shot Put Girls A

Standard: 7.10 (4kg) Record: 12.86 (2012) (4kg)

Position	Name	School	Result	Remark	Points
1	Yau Ching	DGS	9.35	Standard	9
2	Ng Ki Sum	WFN	8.99	Standard	7
3	Sit Kam Man	WFN	8.78	Standard	6
4	Seung Hui Ying	HYS	8.60	Standard	5
5	Lau Shut Yan	PCMS	8.41	Standard	4
6	Lau Hei Ting	GHS	8.10	Standard	3
7	Wong An Yu Elizabeth	KGV	7.92	Standard	2
8	Ng Yee Kwan	HYS	7.92	Standard	1
	Chang Lok Yi	DGS	7.88	Standard	
	Lam Wing Tung	GHS	7.67	Standard	
	Bridget Kriesel	WIS	7.65	Standard	
	Wood Francesca Trevisan	KGV	7.60	Standard	
	Janson Micaela Jade	MSS	7.26	Standard	
	Chow Yuen Sze	SCGS	7.20	Standard	
	Tsang Hui Ching Candy	MCS	7.00		
	Ting Ying Man Rose	PCMS	6.99		
	Fung Hiu Wai Beatrice	MCS	6.90		
	Wong Cheuk Yiu	SPCS	6.87		
	Lau Ngai Lam Ellen	MSS	6.81		
	Fung Kiu Lok Mona	SPCS	6.62		
	Pang Ting Wai	SCGS	6.43		
	Lam Lok Man	SHCC	6.40		
	Lam Nga Wai	SHCC	5.88		
	Amy Farrell	WIS	5.73		

=====  
 Event 2 Discus Girls C

Standard: 16.00 (1kg) Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Leung Yuet Yee	HYS	24.63	Standard	9
2	Chan Man Ying	GHS	23.93	Standard	7
3	Lau Fong Ying	HYS	23.35	Standard	6
4	Mak Tsz Yan Gianne	DGS	22.56	Standard	5
5	Chan Wing Ying	GHS	21.80	Standard	4
6	Lam Hiu Wai	DGS	21.70	Standard	3
7	Mak Chuen Yiu	WFN	21.50	Standard	2
8	Chan Yin Hei Megan	SPCS	20.11	Standard	1
	Lin Rachel	SPCS	18.72	Standard	
	So Cyrena Heng Yee	MCS	18.39	Standard	
	Jemma Abbs	WIS	17.82	Standard	
	Ko Hiu Ting	PCMS	17.79	Standard	
	Tam Siu Yee	SHCC	17.44	Standard	
	Lo Wing Yau Ada	MSS	16.53	Standard	
	Hung Hoi Yiu Krysti	MSS	16.47	Standard	
	Chan Yin Ching	SHCC		No Mark	
	Choi Man Hiu	MCS		No Mark	
	Ng Hoi Yu	PCMS		No Mark	
	Ronnie Ng	WIS		No Mark	
	Wong Lai Yee	WFN		No Mark	
	Li Hoi Lam	SCGS		No Mark	
	Chan Ga Hei	SCGS		No Mark	
	Rodrigues Rhea Debora	KGV		No Mark	
	Baltazar Chloe Noelle B.	KGV		No Mark	

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 Event 3 High Jump Girls C

Standard: 1.25 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Cheung Ching Laam	HYS	1.54	Standard	9

2	Wing Lam Yuen	WIS	1.48	Standard	7
3	Lui Wing Lam	GHS	1.45	Standard	6
4	Chang Ling Ling	SPCS	1.35	Standard	5
5	Chan Wing Ka	GHS	1.35	Standard	4
6	Lam Serena Wing	MSS	1.35	Standard	3
7	Wong Cheuk Sze	SCGS	1.30	Standard	2
8	Chan Nim Chi	HYS	1.30	Standard	1
8	Chin Ching Tung	SPCS	1.30	Standard	1
	Shum Reve	MCS	1.25	Standard	
	Poon Ka Ying	WFN	1.25	Standard	
	Yung Cheuk Lam Candace	MSS	1.25	Standard	
	Aria Kalmar	WIS	1.25	Standard	
	Tang Hoi Ching	SHCC	1.25	Standard	
	Lo King Yau	SHCC	1.25	Standard	
	Leung Kari	PCMS	1.20		
	Yu Charmaine Kate	MCS	1.20		
	Kim Lena Seo Yeon	KGV		No Mark	
	Willott Jessame	KGV		DN take part	
	Fan Linna	DGS		Disqualified	
	Ying Yu	SCGS		No Mark	
	Chow Kwan Wing	DGS		Disqualified	
	Pun Suet Ying	WFN		No Mark	

=====  
Event 4 Long Jump Boys B

Standard: 5.10

Record: 6.92 (2009)

Position	Name	School	Result	Remark	Points
1	Ko Ho Long	SJAC	6.57	Standard	9
2	Ma Ka Ho	DBS	6.57	Standard	7
3	Pang Kit Ching	LSC	6.46	Standard	6
4	Chan Yun Tung	HPCCSS	6.11	Standard	5
5	Lai Tsun Hei Jonathan	LSC	6.08	Standard	4
6	Kwok Wai Ching	PCMS	6.00	Standard	3
7	Chan Yuk Tat Jeffrey	HPCCSS	5.97	Standard	2
8	Cheng Yu Ching	SJAC	5.86	Standard	1
	Sin Ho Man	CHECSS	5.78	Standard	
	Tsang Sze Heng	DBS	5.76	Standard	
	Fung Man Yin	PCMS	5.59	Standard	
	Tse Ho Yin	WYHK	5.55	Standard	
	Wong Sung Hei	WYK	5.52	Standard	
	Chan Hin Shing Cyrus	WYK	5.42	Standard	
	Lam Sze Lik	CSWCSS	5.28	Standard	
	Ho Cheuk Hin	WYHK	5.24	Standard	
	Lai Pak Hoi	WFN	5.20	Standard	
	Lee Hung Chun	CGHC	5.10	Standard	
	Osborne C. K. Dylan	KGV	5.06		
	Chow Kan Sin	CHECSS	4.99		
	Lam Tsz Kit	YCKMC	4.96		
	Kasten Copan Owen	KGV	4.83		
	Lai Hiu Long	CSK	4.65		
	Ng Cheuk Man	CYT	4.58		
	Lau Siu Chun	WFN	4.57		
	Lee Kwan Hung	CGHC	4.13		
	Chan Sai Yung	CSWCSS	4.10		
	Joshua Lau	WIS	4.09		
	Philip Ascough	WIS	3.87		
	Lam Wai Ho	YCKMC	3.36		
	Fong Yu Sang	CYT	1.63		

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Event 5 400m Hurdles Boys A

Standard: 1:06.50 (0.84m)

Record: 54.28 (2004) (0.84m)

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Semi-Final 1

Final Lane

1	Wong Yiu Man	DBS	57.41	2
2	Cheng Shing	LSC	1: 1.35	7
3	Cheung Yiu Chun	LSC	1: 3.02	1
4	Chau Kai Chung	CGHC	1: 3.37	8
5	Fan Chun Yin	WYK	1: 3.96	
6	Lai Ho Tin	CSK	1: 4.58	
7	Lau Lap Kuen	CYT	1: 5.35	
8	Yeung Ming Him Timothy	WYK		

Semi-Final 2				Final Lane
1	Sue Yui Sum	WFN	59.69	3
2	Wong Wing Ho	SJAC	1: 0.98	4
3	Wong Yuk Chun	WYHK	1: 1.20	5
4	Nip Ho Tin	DBS	1: 1.34	6
5	Chu Chun Wai	CSWCSS	1: 3.46	
6	Ho Chun Hei	PCMS	1: 4.94	
7	Fan Wai Kit	YCKMC	1: 4.95	
8	Ho Travis Ching Hei	WYHK		

=====  
Event 6 3000m Boys B  
Standard: 11:15.00 Record: 9:24.23 (2011)  
-----

Final				Points
1	Wong Tsz To	DBS	9:10.79	9
2	Smith Jake Liam	KGV	9:12.14	7
3	Miles Williams	WIS	9:43.64	6
4	Wong Hong Kit	LSC	10:11.81	5
5	Au-Yeung Kin Yat	PCMS	10:12.99	4
6	Maxime Doneux	WIS	10:14.04	3
7	Siu Cheuk Yiu	WYHK	10:20.78	2
8	Chow Angus	LSC	10:22.32	1
9	Chan Ki Yan	WFN	10:47.92	
10	Law Kam Sang Gabriel	WFN	10:48.97	
11	Chui Tin Chi	DBS	10:49.74	
12	Wong Chun Yi	YCKMC	10:50.56	
13	Li Ho Sing	HPCCSS	10:51.51	
14	Yeung Chun Kit	WYHK	11: 1.67	
15	Kwok Tung	PCMS	11: 3.66	
16	Laxton Oliver Benjamin	KGV	11:13.51	
17	Chan Po Kwam	CGHC	11:21.05	
18	Au Ling Fung	CGHC	11:24.07	
19	Ip Long Wang	HPCCSS	11:24.73	
20	Pan Chun Fung	SJAC	11:26.05	
21	Wong Kuen Yuen	SJAC	11:28.12	
22	Lam Hing Fai	YCKMC	11:29.34	
23	Wong Shing Hang	WYK	11:29.73	
24	Sze Yu Kit	CYT	11:29.98	
25	Lau Ka Wai	WYK	11:30.15	
26	Tsun Kwan Lee	CHECSS	11:47.26	
27	Ng Chin Yu	CSWCSS	11:54.61	
28	Tsui Ka Kit	CYT	12: 2.57	
29	Wu Wai Ki	CSWCSS	12:20.78	
30	Lam Sing Yeung	CHECSS		

=====  
Event 7 5000m Boys A  
Standard: 20:00.00 Record: 15:52.64 (2011)  
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Final				Points
1	Shuen Chun Kit	DBS	15:58.43	9
2	Harry Loasby	WIS	16:30.57	7
3	Lee Yip Chun Bonn	WYHK	16:53.44	6
4	James Tan	WIS	17:34.07	5
5	Chan Wai Tung	PCMS	17:53.90	4
6	Heung Chin Tung	HPCCSS	18: 6.82	3
7	Tristan Richter	CSK	18:20.18	2
8	Ling Chung Yin	WYHK	18:21.20	1
9	Chan Brian Kai Hin	LSC	18:22.72	
10	Lau Chak Kuen	YCKMC	18:27.77	
11	Lam Michael	KGV	18:30.20	
12	Lee Shing Chi	CHECSS	18:33.81	
13	Ng Ka Ching	LSC	18:43.13	
14	Leung Justin	DBS	19: 8.81	
15	Lo Kwan Shing	CSK	19:30.62	
16	Cheng Tsz Fung	CSWCSS	19:44.36	
17	Lui Kin Wing	HPCCSS	19:48.31	
18	Leung Chong Yip	YCKMC	19:53.77	
19	Cheung Man Lok	CGHC	20:14.76	
20	Yeung Ming Him Timothy	WYK	20:17.70	
21	Tang Yue Hin	WYK	20:19.10	
22	Chan Heung Wai	CSWCSS	20:22.62	

23	Wong Dickson	CGHC	20:27.82
24	Organ Antony Chula	KGV	20:42.34
25	Tse Shing Fu	CHECSS	20:49.72
26	Au Kam Wong	CYT	23:26.05
27	Ng Wai Chun	WFN	
28	Poon Yui Chit	WFN	
29	Chan Kwok Ho	PCMS	

=====  
Event 8 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

Semi-Final 1				Final Lane
1	Lo Tsz Yuen	DBS	11.61	2
2	Lo Lai Hang	SJAC	12.05	5
3	Wong Kin Ngai	CSWCSS	12.40	1
4	Ngan Chun Wei	LSC	12.45	8
5	Wong Tsz Kit	CSWCSS	12.57	
6	Leung Bryan	HPCCSS	12.97	
7	Ip Pak To	HPCCSS	13.10	
8	Leitch Oliver Dennis	KGV		

Semi-Final 2				Final Lane
1	Ma Chi Fai	LSC	11.72	3
2	Tse Yee Hin Rico	SJAC	11.85	4
3	Fok Tsin Long	DBS	12.29	6
4	Chan Pak Hei	WYHK	12.35	7
5	So Yin Ken	PCMS	12.85	
6	Chan Lik Kwan	CYT	12.97	
7	Wong King Hei	WFN	13.03	
8	Chan Chun Yin	WYK		

=====  
Event 9 100m Boys B

Standard: 12.50 Record: 11.03 (2008)

Semi-Final 1				Final Lane
1	Sze Kin Ho	HPCCSS	11.27	2
2	Leung Dun Pok	DBS	11.42	3
3	Glen Ciaran James	KGV	11.63	5
4	Luk Kin Wang	WFN	11.64	7
5	Mok Chi Kin	LSC	11.73	1
6	Tsang Churn	PCMS	11.88	
7	Sham Yat Hong Terry	WFN	12.05	
8	Hughes James Norman	KGV		

Semi-Final 2				Final Lane
1	Lee Ryan Yat Long	LSC	11.62	4
2	Chau Yung Ho Michael	DBS	11.63	6
3	Kwok Yi Chun	WYHK	11.78	8
4	Ng Ho Ming	CHECSS	11.79	
5	Yiu Hiu Tung	HPCCSS	11.83	
6	Ng Chun Wing	WYK	12.09	
7	Liu Tsz Hei	CYT	12.11	
8	Charles Manzon	WIS	12.12	

=====  
Event 10 100m Boys A

Standard: 12.20 Record: 10.40 (2008)

Semi-Final 1				Final Lane
1	Lee Chin Ting	CYT	10.73	2
2	Wu Chi Kwan	CGHC	10.90	3
3	Wong Wai Kin	LSC	10.95	4
4	Chun Chi Sing	YCKMC	11.20	8
5	Lee Hong Kit	DBS	11.21	
6	Yip Siu Fung	CGHC	11.59	
7	Mak Kwai Chung	CHECSS	11.72	
8	Wong Wing Tai	SJAC		

Semi-Final 2				Final Lane
1	Wong Tsz Hin	DBS	10.96	5
2	Lau Kin Hei	PCMS	11.12	6
3	Chan Hiu Nam Gabriel	LSC	11.17	7
4	Koo Yue Kwan	WYHK	11.19	1
5	Fan Wai Kit	YCKMC	11.53	
6	Lee Ka Ho	CYT	11.53	

7 Chong Jeffrey Kwan Wai KGV 11.80  
8 Li Chun Ki CHECSS 11.93

=====  
Event 11 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

-----  
Heat 1 Final Lane  
1 Lok Mei Ling GHS 2:40.43 Standard 4  
2 Tsui Wing Yu HYS 2:41.39 Standard 6  
3 Evangeline Ng WIS 2:43.45 Standard 8  
4 Chung Hiu Tung DGS 2:44.44 Standard 10  
5 Tsang Ching Man Jody WFN 2:48.53 Standard 12  
6 Casey Kara Louisa KGV 2:51.25 Standard  
7 Ching Lok Yan SCGS 2:52.24 Standard  
8 Warne Lok Hey Hilary MSS 2:53.67 Standard  
9 Sung Ming Shin Cindy MCS 2:56.74 Standard  
10 Luk Ngai Ming Maisie SPCS 3: 7.62  
11 Wong Kai Tung SHCC 3: 8.51  
12 Fung Choi Yan Joyce PCMS 3:19.40

Heat 2 Final Lane  
1 Smith Molly Abigail KGV 2:35.98 Standard 1  
2 Wong Hei Ching GHS 2:36.55 Standard 2  
3 Sek Ngai Tsin HYS 2:38.75 Standard 3  
4 Chan Nok Sum DGS 2:40.72 Standard 5  
5 Amy Tao WIS 2:41.81 Standard 7  
6 Ma Sin Tung Edith WFN 2:43.94 Standard 9  
7 Mui Christy SPCS 2:47.78 Standard 11  
8 Choy Yun Kiu Christy MCS 2:55.67 Standard  
9 Watson Morgan Germaine MSS 2:58.65  
10 Lok Yuen Yung SCGS 3: 4.76  
11 Lau Wing Chi PCMS 3:10.48  
12 Cristy Percy SHCC 3:11.03

=====  
Event 12 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

-----  
Heat 1 Final Lane  
1 Au Yeung Hok Ka Claire DGS 2:30.33 Standard 2  
2 Szeto Hiu Tung HYS 2:34.30 Standard 4  
3 Shreya Rane WIS 2:34.95 Standard 6  
4 Chui Ka Kiu SCGS 2:42.81 Standard 9  
5 Mak Ho Yi Lydia GHS 2:43.53 Standard 10  
6 Yeung Jing Ki SHCC 2:46.33 Standard 11  
7 Tse Tak Sin Jacqueline MSS 2:48.39 Standard 12  
8 Katafygiotis Stefania KGV 2:50.42 Standard  
9 Chan Nga Woon Chloe MCS 2:50.96 Standard  
10 Wong Mei Yue SPCS 2:57.74  
11 Chan Pui Yan Beverly WFN 2:57.75  
12 Wong Chung Wai PCMS 3:20.75

Heat 2 Final Lane  
1 Lau Mong Yan GHS 2:29.81 Standard 1  
2 Erin Brown WIS 2:32.53 Standard 3  
3 Chan Lok Yan DGS 2:34.56 Standard 5  
4 Su Jennifer Ming Yin SCGS 2:35.39 Standard 7  
5 Taylor Amy Katherine KGV 2:35.73 Standard 8  
6 Au Jasmine Ying Tung MCS 2:51.52 Standard  
7 Ip Long Ching Priscilla WFN 2:55.25  
8 Leung Yu Fei Maris MSS 2:58.83  
9 Chim Yuek Yue Nicole SPCS 3: 0.65  
10 Ng Shiu Yee HYS 3: 4.03  
11 Yung Man Ting PCMS 3: 8.00  
12 Hung Wing Yu SHCC 3:13.74

=====  
Event 13 800m Girls A

Standard: 2:53.00 Record: 2:17.41 (2012)

-----  
Heat 1 Final Lane  
1 Chan Yee Ki DGS 2:33.17 Standard 4  
2 Chloe Martin WIS 2:33.40 Standard 5  
3 Chow Siu Kwan HYS 2:38.48 Standard 6  
4 Lau Hiu Yan WFN 2:42.49 Standard 9

5	Wong Yee Ching	GHS	2:47.11	Standard	12
6	Lo Jian Ying Eve	KGV	2:47.54	Standard	
7	Chan Wing Yan	SCGS	2:53.31		
8	Melody Lam	MCS	2:54.78		
9	Tse Pui Ling Christy	MSS	2:57.50		
10	Tang Tsz Yin Scarlet	SPCS	3: 0.20		
11	Wong Yan Kiu	PCMS	3: 1.14		
12	Mou Hau Sze	SHCC	3:14.33		
Heat 2					Final Lane
1	Ng Vanessa	KGV	2:28.38	Standard	1
2	Jemima Jones	WIS	2:30.32	Standard	2
3	Ling Man Sze	DGS	2:33.09	Standard	3
4	Lee Yuk Ying	HYS	2:40.54	Standard	7
5	Wong Wai Ying Katherine	MSS	2:41.29	Standard	8
6	Lau In Tung	SCGS	2:44.73	Standard	10
7	Wong Heron	GHS	2:46.54	Standard	11
8	Wong Yuet Tung	WFN	2:56.88		
9	Kwong Jasmine Nicole	MCS	2:57.66		
10	Krishnan Nina Joanne	SPCS	3: 1.16		
11	Wu Tsz Miu Judy	PCMS	3:11.75		
12	Wong Man Yau	SHCC	3:55.00		

Event 14 Discus Boys B

Standard: 28.00 (1kg)

Record: 51.51

(2013) (1kg)

Position	Name	School	Result	Remark	Points
1	Tsoi Kin San	DBS	45.64	Standard	9
2	Kwok Lok Fung	CGHC	43.38	Standard	7
3	Chu Man Hei Benjamin	LSC	41.59	Standard	6
4	Liu Kwan Ho	LSC	40.88	Standard	5
5	To Hin Zen	WFN	40.36	Standard	4
6	Li Yu Fung	SJAC	39.82	Standard	3
7	Edward Brown	WIS	36.64	Standard	2
8	Chan Man Kit	CGHC	35.72	Standard	1
	Liu Tsz Hei	CYT	35.36	Standard	
	Mak Sai Cheong	YCKMC	34.95	Standard	
	Wong Yik Ching	CSWCSS	34.79	Standard	
	Wong Tak Kiu	CHECSS	33.64	Standard	
	Chan Kei Fan	HPCCSS	33.47	Standard	
	Ng Chun Him Darren	DBS	33.28	Standard	
	Chan Chun Wing Win	WYK	33.28	Standard	
	Wong Yat Fung	CSWCSS	33.19	Standard	
	Derman Yang Sean Lee	KGV	32.27	Standard	
	Ho Hon Yui	WYHK	31.71	Standard	
	Yip Hon Kit	CHECSS	31.21	Standard	
	Hui Man Chuen	HPCCSS	31.14	Standard	
	Lam Kwok On	YCKMC	30.19	Standard	
	Ma Chun Kai	WFN	29.80	Standard	
	Ip Tsz Tsun	WYHK	29.75	Standard	
	Hung Siu Ching Dickson	PCMS	29.61	Standard	
	Chan Man Chung	SJAC	29.46	Standard	
	Philip Ascough	WIS	29.09	Standard	
	Lai Hiu Long	CSK		No Mark	
	Lui Tsz Sing	CSK		No Mark	
	Seo Edwin Eo Jin	KGV		No Mark	
	Chan Ngo Fung	PCMS		No Mark	
	Tam Chak Yin	WYK		No Mark	

Event 15 High Jump Boys C

Standard: 1.35

Record: 1.86

(2013)

Position	Name	School	Result	Remark	Points
1	Lam Hin Chak Timothy	LSC	1.66	Standard	9
2	Or Wai Nam	DBS	1.58	Standard	7
3	Sum Chun Kit	SJAC	1.58	Standard	6
4	Carey Zack Lee	KGV	1.58	Standard	5
5	To Ching Hong	DBS	1.58	Standard	4
6	Li Sze Wing	YCKMC	1.55	Standard	3
7	Tsang Cheuk Yin Elvis	LSC	1.50	Standard	2
8	Chin Nicholas	CHECSS	1.50	Standard	1
8	Osborne Kellan Ferguson	KGV	1.50	Standard	1

Chan Ching hei	WYHK	1.49	Standard
Lai Man Tak	CHECSS	1.45	Standard
Wong Lok Hei Addis	CSWCSS	1.45	Standard
Wong Kai Lung	HPCCSS	1.45	Standard
Leung King Yeung	WYK	1.45	Standard
So Chak Pong	CSK	1.45	Standard
Chen Kai Yin	WFN	1.40	Standard
Chik Yui Fung	HPCCSS	1.40	Standard
Kun Ka Wan	PCMS	1.40	Standard
Chan Pak Hei	YCKMC	1.35	Standard
Shum Kwun Hong	CYT	1.35	Standard
Cheung Ho Yin	SJAC	1.35	Standard
Jason Blight	WIS	1.35	Standard
Cheung Chi Leung	CGHC	1.35	Standard
Ho Tao	WFN	1.35	Standard
Chuang Wa Ming	CSK	1.35	Standard
Wong Pak Wah	CYT	1.30	
Kes Hyde	WIS	1.30	
Chiu Chun Long	CSWCSS		No Mark
Mok Kai Hei	CGHC		No Mark
Ng Hoi Hong	WYK		No Mark
Li Man Wui	WYHK		No Mark

=====  
Event 16 Shot Put Boys C

Standard: 8.50 (4kg) Record: 13.52 (2009) (4kg)

Position	Name	School	Result	Remark	Points
1	Sit Wai Lok	WFN	14.33	Standard	9
2	Zhou Tianlong	HPCCSS	12.66	Standard	7
3	Lee Tak Cheung	CSWCSS	11.02	Standard	6
4	Yuen Ting Lun	DBS	10.91	Standard	5
5	Ung Lok Hang Ryan	DBS	10.74	Standard	4
6	Ho Ka Hin	HPCCSS	10.55	Standard	3
7	Ng Lok Wai	YCKMC	10.40	Standard	2
8	Fung Sheung Wai Martin	LSC	9.77	Standard	1
	Chan Ming Yin	CHECSS	9.65	Standard	
	Li Tak Sum	CHECSS	9.40	Standard	
	Lai Sai Wang	CGHC	9.34	Standard	
	Chong Ho Pak	WFN	9.28	Standard	
	Michael Jewell	WIS	9.06	Standard	
	Lee Adrian	KGV	8.86	Standard	
	To Pak Loi	CGHC	8.82	Standard	
	Du Tianju	YCKMC	8.81	Standard	
	Lo Cheuk Hong	CSWCSS	8.78	Standard	
	Ho Yiu Sun	LSC	8.54	Standard	
	Chow Samuel	SJAC	8.48		
	Yeung Hoi Fai	PCMS	8.47		
	Leon Suen	WIS	8.43		
	Ma Kam Wa	CYT	8.36		
	Tsang Chun Ho	WYK	8.20		
	Poon Sing Yu	PCMS	8.00		
	Cheng William	WYHK	7.62		
	Mok Cheung Oi	CYT	7.52		
	Wong Pok Ngai	CSK	7.45		
	Chan Ka Yu	WYHK	7.39		
	Chan Chun Ho	CSK	7.20		
	Li Long Donald	WYK	6.01		
	Katafygiotis Aris	KGV		DN take part	
	Amir Waheed	SJAC		DN take part	

=====  
Event 17 Long Jump Boys A

Standard: 5.50 Record: 7.64 (2013)

Position	Name	School	Result	Remark	Points
1	Lau Kin Hei	PCMS	6.94	Standard	9
2	Chan Yan Ting	LSC	6.68	Standard	7
3	Wong Philip	DBS	6.24	Standard	6
4	Chau Tung Fai	CSWCSS	6.24	Standard	5
5	Ng Kun Lung	DBS	6.19	Standard	4
6	Mak Chun Wing	LSC	6.19	Standard	3
7	Liu Ho Fung	CGHC	6.11	Standard	2



8	Yan Kang Hong	WYK	6.08	Standard	1
	Tsang Chung Hang	YCKMC	6.00	Standard	
	Anton Marsh	WIS	5.98	Standard	
	Yip Ka Wai	WYK	5.92	Standard	
	Liu Chung Lung	SJAC	5.91	Standard	
	Lee Yip Shing	SJAC	5.91	Standard	
	Lui Chung Yin Melvin	HPCCSS	5.89	Standard	
	Ng Siu On	WYHK	5.77	Standard	
	Chong Jeffrey Kwan Wai	KGV	5.75	Standard	
	Leung Shun Hei	WYHK	5.73	Standard	
	Raphael Galvez	WIS	5.60	Standard	
	Loo Chun Yu	CGHC	5.59	Standard	
	Wong Hung	WFN	5.59	Standard	
	Cheung Bok Hin	CSK	5.26		
	Yeung Hoi Kit	PCMS	5.20		
	Chan Kwong Pan	CHECSS	5.19		
	Poon Hoi Kin	HPCCSS	5.03		
	Eum Hyung Joon Tony	KGV	4.69		
	Li Tsz Hin	CHECSS		DN take part	
	Zeng Jinyong	CSWCSS		DN take part	
	Lio Hong In	YCKMC		DN take part	
	Fung Tsz Chun	CSK		DN take part	
	Sung Kai Hong	WFN		DN take part	

=====  
Event 18 Long Jump Girls A  
Standard: 4.10

Record: 5.70 (2009)

Position	Name	School	Result	Remark	Points
1	Chan Ka Sin	SCGS	5.31	Standard	9
2	Yiu Hoi Yan	SHCC	5.30	Standard	7
3	Lau Hiu Yu Hilda	DGS	5.18	Standard	6
4	Chan Ying Sinn	SPCS	5.10	Standard	5
5	Ma Kimberly Pearl	SPCS	5.02	Standard	4
6	Lam Yan Hung	GHS	4.92	Standard	3
7	Lau Yan Yu Yolanda	DGS	4.80	Standard	2
8	Wong Yeuk Tung	GHS	4.65	Standard	1
	Yeung Wing Ching Anthea	MCS	4.60	Standard	
	Chu Cheuk Fu	HYS	4.54	Standard	
	Chau Yuet Ting	HYS	4.38	Standard	
	Chan Shu Yiu Mathilda	MCS	4.12	Standard	
	Middleton Alexandra Thea	KGV	4.05		
	Lam Lok Wun Chloe	MSS	4.02		
	Da Roza Maria Ana	SHCC	3.87		
	Yeu Man Yu Jodie	WFN	3.83		
	Glenda Xu	WIS	3.60		
	Lo Ho Yau	SCGS	3.52		
	Fraser G. C. P. L.	KGV	3.44		
	Shiu Yin Ting	WFN	3.00		
	Isabella De Mello Leitao	WIS		DN take part	

=====  
Event 19 800m Boys C  
Standard: 2:32.00

Record: 2:08.20 (2004)

Heat	1				Final Lane
1	Chan Hiu Hei	LSC	2:18.49	Standard	3
2	Hung Man Nok	KGV	2:21.71	Standard	7
3	Kan Wai Tsun	DBS	2:23.34	Standard	8
4	Cheung Tsz Fai	CYT	2:23.77	Standard	9
5	Siu Ho Chung	WFN	2:25.53	Standard	11
6	Leung Cheuk Hin	HPCCSS	2:25.55	Standard	12
7	Clayton Gibb	WIS	2:26.02	Standard	
8	Kwong Tsz Chung	CSWCSS	2:26.17	Standard	
9	Tong Tsz Hin	WYK	2:26.21	Standard	
10	Tang Tsun Kit Charles	WYHK	2:27.20	Standard	
11	Chan Yik Ming	SJAC	2:30.31	Standard	
12	Leung Chun Hei Bryan	PCMS	2:33.37		
13	Yip Hiu Fung	CSK	2:37.03		
14	Lo King Tai	YCKMC	2:38.38		
15	Ng Ho Cheong	CHECSS	2:45.81		
16	Yam Bok Yui	CGHC	3: 7.07		

Heat 2

Final Lane

1	Ho Hoo Hin	WFN	2:16.53	Standard	1
2	Matthew Tan	WIS	2:17.72	Standard	2
3	Lau Chung Kei	DBS	2:19.97	Standard	4
4	Fong Ho Leung	HPCCSS	2:20.55	Standard	5
5	Sin Yu Yat	WYK	2:21.21	Standard	6
6	Lo Hei Yeung	LSC	2:24.76	Standard	10
7	Wong Yin Lok Lokel	KGV	2:27.26	Standard	
8	Kwok Ka Ho	CSWCSS	2:27.41	Standard	
9	Tse Adrian Hymn	WYHK	2:27.60	Standard	
10	Yung Cheuk Kit	YCKMC	2:33.37		
11	Cheng Sung Hei	CGHC	2:38.50		
12	Mak Long Wai	CHECSS	2:39.28		
13	Cheng Tsun Yan	CSK	2:41.50		
14	Sze Siu Ho	CYT	2:44.27		
15	Yeung Man Hin	SJAC	2:46.51		
16	Cheung Ryan	PCMS		DN start	

=====  
Event 20 800m Boys B

Standard: 2:23.00

Record: 2:00.69 (2013)

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Heat 1

Final Lane

1	Pon Siu Chun	WFN	2:10.87	Standard	4
2	Leung Chun Yui	CSK	2:15.22	Standard	8
3	Lai Nok Hei	DBS	2:16.22	Standard	10
4	Dew Kin Ting	CHECSS	2:16.41	Standard	11
5	Law Hiu Long	HPCCSS	2:16.77	Standard	12
6	Yuen Angus Ling Hong	LSC	2:17.43	Standard	
7	Kou Hok Yu	CSWCSS	2:18.85	Standard	
8	Cheng Wing Jun	WYHK	2:18.99	Standard	
9	Yuen Nicholas Chun Man	KGV	2:19.26	Standard	
10	Cheng Kai Lok	CGHC	2:20.47	Standard	
11	Jim Ho Yin	WYK	2:20.78	Standard	
12	Fong King Leung	SJAC	2:21.17	Standard	
13	Karthik Subramaniam	WIS	2:21.72	Standard	
14	Man Fong Cheung	PCMS	2:22.84	Standard	
15	Lam Hing Fai	YCKMC	2:23.22		
16	Tsui Ka Kit	CYT	2:37.07		

Heat 2

Final Lane

1	Law Ho Fung	WFN	2:10.17	Standard	1
2	Kwong Kam Cheong	SJAC	2:10.38	Standard	2
3	Chan Efoo Ajibola	DBS	2:10.70	Standard	3
4	Kwong Pak Chung	CGHC	2:12.21	Standard	5
5	Li Ka Shun	HPCCSS	2:12.90	Standard	6
6	Ma Clarence	KGV	2:14.21	Standard	7
7	Chan Cheuk Lam	LSC	2:15.79	Standard	9
8	Koo Hoi Sau	CSWCSS	2:17.61	Standard	
9	Ng Kin Man	YCKMC	2:17.79	Standard	
10	Leung Chung Sum	WYK	2:18.20	Standard	
11	Leung Brandon	CSK	2:18.67	Standard	
12	Chang Man Ho	CHECSS	2:20.07	Standard	
13	Ho Hei Yat	WYHK	2:22.58	Standard	
14	Sze Siu Lung	CYT	2:23.18		
15	Daniel Hoare	WIS	2:26.14		
16	Yung Kai Chun	PCMS	2:27.83		

=====  
Event 21 800m Boys A

Standard: 2:20.00

Record: 1:57.77 (2012)

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Heat 1

Final Lane

1	Lam Chiu Ming	DBS	2: 9.31	Standard	3
2	Chan Ho Yin .	CHECSS	2:11.27	Standard	7
3	Chan Wai Tung	PCMS	2:16.17	Standard	9
4	Lam Hung Yan	LSC	2:16.38	Standard	10
5	Vaswani Jeh Romi	KGV	2:16.81	Standard	11
6	Lau Abraham Kwun Hang	WYHK	2:17.15	Standard	
7	So Cheuk Lam	WYK	2:18.41	Standard	
8	James Tan	WIS	2:19.38	Standard	
9	Law Ka Chun	YCKMC	2:20.33		
10	Lai Cheuk Ting	CSK	2:22.05		
11	Lam Hon Fung Samuel	SJAC	2:25.09		
12	Wong Wing Kai	CGHC		DN start	

13	Leung Cheuk Wing	CSWCSS		DN start	
14	Kwong Brian	WFN		DN start	
Heat 2					Final Lane
1	Ross Mason	WIS	2: 2.95	Standard	1
2	Li Man Fung Timothy	LSC	2: 9.03	Standard	2
3	Chu Po Wah	CSWCSS	2: 9.36	Standard	4
4	Li Tung Pui Matthew	PCMS	2: 9.55	Standard	5
5	Tsang Tsz Wang	DBS	2: 9.78	Standard	6
6	Wong Kin Chung	WFN	2:13.06	Standard	8
7	Cheung Hin Lok	WYK	2:16.95	Standard	12
8	Chan Kai Chieh	CSK	2:17.30	Standard	
9	Lau Cheuk Kit	SJAC	2:17.48	Standard	
10	Ng Wai Chiu	YCKMC	2:20.23		
11	Lee Ka Yiu	HPCCSS	2:21.02		
12	Lui Chun Kit	CHECSS	2:22.26		
13	Ng Chun Yin	CGHC	2:24.65		
14	Ko Ho Juen	KGV	2:28.53		

=====  
Event 22 200m Girls C

Standard: 31.50

Record: 25.85

(2012)

-----					Final Lane
Heat 1					
1	Wong Ching Hei	SCGS	26.90	Standard	3
2	Lin Ka Wing	DGS	27.40	Standard	5
3	Kwok Tsz Kiu	GHS	27.59	Standard	6
4	Wong Hei Tung	SHCC	29.13	Standard	
5	Yeung Man Wai Sheena	SPCS	29.71	Standard	
6	Kee Ashley Elizabeth	KGV	30.02	Standard	
7	Poon Ka Ying	WFN	30.06	Standard	
8	Lau Ying Ting	PCMS	31.25	Standard	

Heat 2					Final Lane
1	Chan Pui Kei	GHS	26.75	Standard	2
2	Fung Cheuk Lam	SPCS	27.74	Standard	7
3	Choi Ching	WFN	28.52	Standard	
4	Leung Hiu Ki	HYS	28.96	Standard	
5	Cheung Hei Ching Eunice	MCS	29.52	Standard	
6	Ho Pui Sze Ceci	MSS	29.84	Standard	
7	Aria Kalmar	WIS	30.84	Standard	
8	Kong Wan Ki	PCMS	31.39	Standard	

Heat 3					Final Lane
1	Wong Ching Wai	SCGS	27.37	Standard	4
2	Li Eve	MCS	28.14	Standard	1
3	Tsang Pak Chi	DGS	28.47	Standard	8
4	Tong Man Sum Michelle	MSS	28.51	Standard	
5	So Ming Wai	HYS	29.82	Standard	
6	Lindsay Dillon	WIS	29.92	Standard	
7	Lit Yee Ching	SHCC	30.83	Standard	
8	Shah Rutvi	KGV		DN start	

=====  
Event 23 200m Girls B

Standard: 31.00

Record: 25.22

(2002)

-----					Final Lane
Heat 1					
1	Lau Cheuk Yan Samantha	DGS	27.08	Standard	3
2	Kwok Luen Fong	HYS	28.54	Standard	8
3	Selina Fawdry	WIS	29.31	Standard	
4	Yeung Ning Patricia	MSS	29.65	Standard	
5	Young Lauren Hotasi	KGV	30.13	Standard	
6	Jommy Kwok	MCS	30.88	Standard	
7	Fu Long Kei	SCGS	31.39		
8	Chan Kam Hei Michelle	PCMS	31.56		

Heat 2					Final Lane
1	Leung Yee Ting	GHS	27.32	Standard	4
2	Sin Wai Yan Claudia	DGS	27.97	Standard	7
3	Yick Cinny Ho Yee	WFN	29.27	Standard	
4	Wu Xin Yan Bonnie	SPCS	29.33	Standard	
5	Chan Wing Lam	SCGS	30.30	Standard	
6	Ip Wing Hei	PCMS	31.85		
7	Bourk Jamie Claire	KGV		DN start	
8	Wong Tak Yu	SHCC		DN start	

Heat 3					Final Lane
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1	Poon Hang Wai	GHS	25.90	Standard	2
2	Tang Pui Yin	SPCS	27.62	Standard	5
3	Sham Tsz Ching	HYS	27.70	Standard	6
4	Poon Hiu Lam	WFN	28.52	Standard	1
5	Lee Yuen Wai Victoria	MCS	29.19	Standard	
6	Sille Soreusen	WIS	29.90	Standard	
7	Wong Yuet Magdaleine	MSS	30.55	Standard	
8	Chan Ching	SHCC	31.16		

=====  
Event 24 200m Girls A

Standard: 30.50

Record: 24.93

(2007)

-----  
Heat 1

Final Lane

1	Lo Heng Yan	GHS	27.85	Standard	4
2	Wong Wing Yu	SCGS	28.57	Standard	6
3	Wan Cynthia Hill Kwan	DGS	28.57	Standard	5
4	Kylie Cheung	WIS	28.88	Standard	
5	Lo Jian Ying Eve	KGV	29.93	Standard	
6	Mak Rachel Sum Yu	SPCS	30.95		
7	Kong Sin Tong	SHCC	33.84		
8	Lau Wing Lam	WFN		DN start	

Heat 2

Final Lane

1	Lo Ka Lam	GHS	26.31	Standard	2
2	Lo Yan Ting	SPCS	28.67	Standard	1
3	Cheung Lam	MCS	28.72	Standard	8
4	Chan Hiu Laam	HYS	29.69	Standard	
5	Wong Eunice Juniper	MSS	32.15		
6	Pang Tsz Ching	PCMS	32.75		
7	To Chin Ling	WFN		DN start	

Heat 3

Final Lane

1	Lam Christy Ho Yan	DGS	26.80	Standard	3
2	Tse Sze Wai	HYS	28.64	Standard	7
3	Bridget Kriesel	WIS	28.94	Standard	
4	Fung Ho Yan	SCGS	30.31	Standard	
5	Mow Yui Ha Chloe	KGV	30.52		
6	Tang Tsz Lam Tiana	MCS	32.45		
7	Elly Lau Ho Ching	MSS	33.20		

=====  
Event 25 200m Boys C

Standard: 27.50

Record: 22.59

(2008)

-----  
Semi-Final 1

Final Lane

1	Ma Chi Fai	LSC	23.38		2
2	Lam Wai Ho	SJAC	24.45		5
3	Chiu Mong Wang	HPCCSS	24.71		6
4	Ho Cheuk Chit	SJAC	25.30		1
5	Wong Kin Ngai	CSWCSS	25.40		8
6	Chan Tsz Fung	DBS	25.49		
7	Shik Long	CHECSS	26.52		
8	Leung Bryan	HPCCSS	26.95		

Semi-Final 2

Final Lane

1	Lo Tsz Yuen	DBS	23.62		3
2	Ryan Wan	WIS	23.71		4
3	Chan Pak Hei	WYHK	25.24		7
4	Lam Jackson	LSC	25.46		
5	Carey Zack Lee	KGV	25.92		
6	Wong King Hei	WFN	26.02		
7	Chan Chun Yin	CSWCSS	26.44		
8	Cranwell Xaiver thomas	KGV	27.00		

=====  
Event 26 200m Boys B

Standard: 26.50

Record: 22.13

(2010)

-----  
Semi-Final 1

Final Lane

1	Chung Cheuk Hei	DBS	23.65		3
2	Chau Yung Ho Michael	DBS	23.87		4
3	Lee Ching Yu	LSC	23.93		7
4	Tsang Churn	PCMS	24.36		8
5	Yiu Hiu Tung	HPCCSS	24.39		
6	Chan Siu Cheong	WYHK	25.28		
7	Luk Kin Wang	WFN			

8	Poon Kwok Pui	YCKMC			
Semi-Final 2				Final Lane	
1	Sze Kin Ho	HPCCSS	23.51		2
2	Kwok Yi Chun	WYHK	23.87		5
3	Ma Chin Fung Victor	LSC	23.89		6
4	Glen Ciaran James	KGV	23.96		1
5	Wong Chi Fung	SJAC	24.47		
6	Ng Chun Wing	WYK	24.57		
7	Chen Ka Ho	SJAC	24.57		
8	Hughes James Norman	KGV	24.68		

=====  
Event 27 200m Boys A  
Standard: 25.50 Record: 21.53 (2007)  
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Semi-Final 1				Final Lane	
1	Wong Tsz Hin	DBS	22.85		4
2	Chun Chi Sing	YCKMC	23.08		6
3	Lee Chin Ting	CYT	23.16		7
4	Chan Ka Man	DBS	23.31		1
5	Mak Kwai Chung	CHECSS	24.22		
6	Siu Chun Hei	YCKMC	24.27		
7	Yip Siu Fung	CGHC	24.32		
8	Adam Diaz	WIS	25.08		

Semi-Final 2				Final Lane	
1	Wu Chi Kwan	CGHC	22.69		3
2	Wong Wai Kin	LSC	22.69		2
3	Chan Hiu Nam Gabriel	LSC	23.02		5
4	Li Jacky Siu Hang	CSWCSS	24.15		8
5	Li Chun Ki	CHECSS	24.41		
6	Lee Ka Chun	CSWCSS	24.73		
7	Kwok Tsz Hin Simon	SJAC			
8	Fernyhough Jack Jeffrey	KGV			

=====  
Event 28 Javelin Girls B  
Standard: 18.00 (600gm) Record: 42.92 (2012) (600gm)  
-----

Position	Name	School	Result	Remark	Points
1	Ip Shuk Tin Tina	SPCS	34.24	Standard	9
2	Chan Charissa Tsz Ying	GHS	31.14	Standard	7
3	Gast Michelle	HYS	29.04	Standard	6
4	Sin Hoi Suet	GHS	28.50	Standard	5
5	Ma Long Yan Loren	DGS	28.10	Standard	4
6	So Ka Yui	MSS	25.48	Standard	3
7	Ho Kar Yeung	SCGS	25.34	Standard	2
8	Cheung Ho Ching	SCGS	23.90	Standard	1
	Law Lok Yin	DGS	23.37	Standard	
	Ng Pui Yan	HYS	22.34	Standard	
	Lai Yin Fan Cathy	MSS	21.55	Standard	
	Leung Kwan Ting	MCS	21.25	Standard	
	Victoria Lawrence	WIS	21.09	Standard	
	Wong Sze Chai Sophia	WFN	20.81	Standard	
	Chan Pan Nga Beverly	PCMS	20.20	Standard	
	Wong Yuen Ching	SPCS	17.73		
	Ma Yu Sum	KGV	16.06		
	Ho Megan Yui Kiu	KGV	14.29		
	Yip Ellie	WFN	14.17		
	Chow Ka Wai	SHCC	13.44		
	Michaela Abbs	WIS	11.45		
	Keung Yan Wah	PCMS	10.95		
	Tung Pui Ying	SHCC		No Mark	

=====  
Event 29 High Jump Girls B  
Standard: 1.30 Record: 1.75 (2010)  
-----

Position	Name	School	Result	Remark	Points
1	Wong Yuen Nam	DGS	1.60	Standard	9
2	Chung Wai Yan	SCGS	1.55	Standard	7
3	Tam Yuen Ting	HYS	1.50	Standard	6
4	Kau Chun	GHS	1.50	Standard	5
5	Zoe McClellan	WIS	1.45	Standard	4
6	Yue Wing Sum	HYS	1.45	Standard	3

7	Chan Yin Ming Emmie	DGS	1.45	Standard	2
8	Yau Sze Man	GHS	1.40	Standard	1
	Chung Wai Si	WFN	1.39	Standard	
	Leung Wing Sze Christine	MSS	1.35	Standard	
	Rebecca Fawdry	WIS	1.30	Standard	
	Tam Tsz Wai	PCMS	1.30	Standard	
	Yip Christy Bo Yan	KGV	1.30	Standard	
	Ku-Neale Amelia Yui Kei	KGV	1.30	Standard	
	Tang Hoi Yin	SHCC	1.30	Standard	
	Chan Yan Lui	SPCS	1.30	Standard	
	Lai Cheuk Lam	SPCS	1.30	Standard	
	Li Tsz Ching	WFN	1.25		
	Lai Ting Hei Gwyneth	MSS		No Mark	
	Chan Yin Lai	SCGS		No Mark	
	Li Ka Lam	SHCC		No Mark	

=====  
Event 30 100m Hurdles Girls C  
Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)  
-----

Heat					Final Lane
1	Lee Hiu Ying	PCMS	17.33	Standard	3
2	Wong Sze Long	GHS	17.40	Standard	5
3	Ho Wai Lei Joyce	MCS	18.56	Standard	8
4	Chu Yee Man	HYS	18.82	Standard	
5	Wei Chin Chin Cherry	SPCS	18.95	Standard	
6	Celine Jojo	WIS	19.64	Standard	
7	Yeung Hoi Ching Astor	WFN	19.92	Standard	
8	Chan Tiffany Noel	MSS		DQ	
Heat 2					Final Lane
1	Wong Hoi Lam Jacqueline	MSS	17.37	Standard	4
2	Choi Wai Sum Anna	DGS	17.55	Standard	6
3	Yum Ka Wing	HYS	17.59	Standard	7
4	Yam Hoi Lam	SPCS	19.18	Standard	
5	Jemma Abbs	WIS	20.43	Standard	
6	Jepsen Hannah Macayan	KGV	20.92	Standard	
7	Wong Gisele	MCS	20.93	Standard	
8	Yu Ngai Ching	SHCC	21.59		
Heat 3					Final Lane
1	Wu Yi Lam	GHS	17.02	Standard	2
2	Lam Ching Clarise	DGS	17.61	Standard	1
3	Ekwegwo Cassandra Joy C.	KGV	20.00	Standard	
4	Tsoi Tsz Ching	WFN	20.31	Standard	
5	Chan Tsz Kwan	SHCC	20.37	Standard	
6	Li Hoi Ling	PCMS	22.30		
7	Ng Che Wing	SCGS	26.68		

=====  
Event 31 100m Hurdles Girls B  
Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)  
-----

Heat					Final Lane
1	Yuen Wing Nam	DGS	15.41	Standard	2
2	Pang Ching Lam	GHS	16.56	Standard	1
3	Lee Ching Yan	SCGS	16.72	Standard	8
4	Chung Wai Yan	PCMS	17.57	Standard	
5	Hasegawa Sakura	KGV	18.51	Standard	
6	Cheng Shue Man Valerie	WFN	19.23	Standard	
7	Wong Cho Kei	SHCC	20.20	Standard	
8	Accounci Gemma	MSS	20.39		
Heat 2					Final Lane
1	Tsui Rachel Pui Yu	DGS	16.45	Standard	4
2	Tam Yuen Ting	HYS	16.46	Standard	5
3	Wong Shuk Yee Irena	SPCS	16.87	Standard	
4	Cheung Ching Ting	GHS	16.95	Standard	
5	Wong Sze Chai Sophia	WFN	18.12	Standard	
6	Madeline Bavis	WIS	18.53	Standard	
7	Wong Yat Lam	MCS	20.78		
8	Chau Yuk Ching	SHCC	21.47		
Heat 3					Final Lane
1	Chan Ho Wun Cynthia	MCS	16.35	Standard	3
2	Chui Wai Sze Tracy	SPCS	16.49	Standard	6
3	Clover Chau	WIS	16.50	Standard	7

4	Chang Cheuk Yi	HYS	16.99	Standard
5	Leung Wing Sze Christine	MSS	20.53	
6	Chen Yi Le Joylynn	KGV	21.18	
7	Lau Cheuk Man	PCMS		DN start

=====  
Event 32 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)

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Heat 1

Final Lane

1	Yeung Lok Hei Hazel	SPCS	15.51	Standard	4
2	Wong Yeuk Tung	GHS	16.02	Standard	7
3	Li Yuet Yan	HYS	16.22	Standard	1
4	Kwok Cheuk Wing	PCMS	17.45	Standard	8
5	Chan Yin Wan	DGS	18.00	Standard	
6	Mow Yui Ha Chloe	KGV	19.85		
7	Wong Siu Cheuk Cherrie	WFN	20.77		

Heat 2

Final Lane

1	Cheung Yuet Wah	GHS	15.58	Standard	5
2	Cheung Man Yui	SCGS	15.72	Standard	6
3	Yukiko Liu	WIS	17.93	Standard	
4	Lee Wing Lam	WFN	18.10	Standard	
5	Leung Wing Yan Natalie	MCS	19.50	Standard	
6	Li Tsz Wing Siobhan	MSS	27.97		
7	Kong Sin Tong	SHCC		DN start	

Heat 3

Final Lane

1	Leung Hoi Yin	DGS	14.91	Standard	2
2	Ma Kimberly Pearl	SPCS	15.13	Standard	3
3	Chan Shu Yiu Mathilda	MCS	17.52	Standard	
4	Tse Sze Wai	HYS	17.80	Standard	
5	Tai Ching Wai	PCMS	18.33	Standard	
6	Hannah Mould	WIS	18.35	Standard	
7	Dalton Eunice Isobel	KGV		DN start	

=====  
Event 33 100m Hurdles Boys C

Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)

-----  
Semi-Final 1

Final Lane

1	Lam Hin Chak Timothy	LSC	14.55		2
2	Leung Pak Yin	HPCCSS	15.78		6
3	Chue Chun Hong	PCMS	16.06		7
4	Fu Juen Kit	CSK	16.33		1
5	Wong Kwun Pok	LSC	16.75		
6	Wong Kin Tsun	CSWCSS	17.65		
7	Fung Christopher Yeung	KGV	18.08		
8	Pang Chin Hang	YCKMC	19.15		

Semi-Final 2

Final Lane

1	Leung Shing Kit	DBS	14.55		3
2	Cheng Yat Long	DBS	15.44		4
3	Sum Chun Kit	SJAC	15.64		5
4	Lo Lai Hang	SJAC	16.48		8
5	So Yin Ken	PCMS	16.52		
6	Tsang Kwan Lok	WYHK	16.72		
7	Shum Kwun Hong	CYT	17.36		
8	Kwan Chun Yin Marco	WFN	17.53		

=====  
Event 34 100m Hurdles Boys B

Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)

-----  
Semi-Final 1

Final Lane

1	Ng Ho Ming	CHECSS	13.88		2
2	Mok Chi Kin	LSC	14.08		5
3	Sze To Tsz Wai	CGHC	14.17		6
4	Kuang Zhuoheng	SJAC	15.24		
5	Cheng Pak To Patrick	YCKMC	15.67		
6	Lee Chun Him	CYT	15.97		
7	Lam Ming Yiu	DBS	16.97		
8	Cheung Po Ming	YCKMC	18.38		

Semi-Final 2

Final Lane

1	Pang Wai Hang	WFN	13.97		3
2	Lai Tsun Hei Jonathan	LSC	14.04		4
3	Chan Pak Hei	CSWCSS	14.27		7

4	Wong Chun Yin	HPCCSS	14.67	1
5	Lau Pak Hei	CSK	14.99	8
6	Ng Wing Chung	HPCCSS	15.26	
7	Lam Pak Yin	PCMS	15.54	
8	Tam Chin Wah	WFN	15.86	

=====  
Event 35 110m Hurdles Boys A  
Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)  
-----

Semi-Final 1				Final Lane
1	Lee Ka Ho	CYT	14.90	3
2	Chan Cheuk Yin	HPCCSS	15.03	4
3	Choi Lok Ching	LSC	15.29	6
4	Ngan To Him	PCMS	15.52	7
5	Cheng Shing	LSC	15.63	8
6	Lam Yuk Yang	CSK	16.66	
7	Chen Junsheng	YCKMC	16.88	
8	Winston Jewell	WIS	17.65	

Semi-Final 2				Final Lane
1	Nip Ho Tin	DBS	14.78	2
2	Liu Chung Lung	SJAC	15.03	5
3	Koo Yue Kwan	WYHK	15.62	1
4	Wan Hi Yuen	DBS	15.93	
5	Fan Chun Yin	WYK	16.67	
6	Chan Tak Ka	HPCCSS	17.35	
7	Tsang Chi Ho Toby	KGV	18.60	
8	Sue Yui Sum	WFN		

=====  
Event 36 Javelin Boys A  
Standard: 31.00 (700gm) Record: 60.43 (2007) (700gm)  
-----

Position	Name	School	Result	Remark	Points
1	Fong Kai Chuen	LSC	56.84	Standard	9
2	Li Long Fung	CGHC	52.75	Standard	7
3	Lo Cheuk Lai	DBS	50.67	Standard	6
4	Wong San Hoi	WFN	49.83	Standard	5
5	Wong Kin	CSWCSS	48.58	Standard	4
6	Lam Wun Yue	DBS	48.26	Standard	3
7	Hui Chak Hang	WYK	46.37	Standard	2
8	Thomas Gibb	WIS	42.40	Standard	1
	Kong Chun Yin Sam	HPCCSS	41.41	Standard	
	Chow Cheuk Hin Godwin	WYK	39.89	Standard	
	Ng Ka Hin	SJAC	38.89	Standard	
	Tsang Long Hin	PCMS	37.98	Standard	
	Leung Shun Hei	WYHK	37.91	Standard	
	Yu Kai Yiu	WYHK	36.96	Standard	
	Lui Siu Tin	LSC	35.84	Standard	
	Cheung Chi Fung Michael	CSWCSS	35.58	Standard	
	Wong Kwun Chung	CGHC	35.05	Standard	
	Wong Yau Yik	CHECSS	35.01	Standard	
	Jocelyn Fleischer-Ballard	WIS	34.54	Standard	
	Li Yui Sing	PCMS	34.51	Standard	
	Lee Dong Hyun Jeff	KGV	34.11	Standard	
	Cheng Wai Ching	CHECSS	32.85	Standard	
	Ng Tsz Ming Eugene	HPCCSS	31.89	Standard	
	Li Fuk Yeung	WFN	26.38		
	Lau Ka Lok	CSK	25.63		
	Lam Nam Tony	YCKMC	24.01		
	Tang Man Chun	YCKMC	22.97		
	Yau Chi Tak	CSK		No Mark	
	Huddart Harry Joseph	KGV		No Mark	

=====  
Event 37 400m Boys C  
Standard: 1:04.00 Record: 51.23 (2008)  
-----

Semi-Final 1				Final Lane
1	Chiu Mong Wang	HPCCSS	54.95	2
2	Lam Wai Ho	SJAC	57.09	4
3	Lam Jackson	LSC	57.88	1
4	Hooney Park	WIS	58.03	8
5	Seto Ching Hung	CSWCSS	58.80	





4	WIS	57.04	Standard
5	KGV	57.07	Standard
6	PCMS	57.93	Standard

=====  
 Event 41 4x100m Relay Girls B  
 Standard: 58.00 Record: 49.52 (2007)  
 -----

Heat 1				Final Lane
1	DGS	52.12	Standard	2
2	HYS	52.21	Standard	3
3	SPCS	52.44	Standard	4
4	MCS	54.35	Standard	6
5	WFN	55.06	Standard	8
6	PCMS	58.99		

Heat 2				Final Lane
1	SCGS	54.08	Standard	5
2	WIS	54.59	Standard	7
3	MSS	55.00	Standard	1
4	KGV	56.40	Standard	
5	SHCC	56.66	Standard	
6	GHS		DQ	

=====  
 Event 42 4x100m Relay Girls A  
 Standard: 57.00 Record: 48.49 (2008)  
 -----

Heat 1				Final Lane
1	SPCS	51.23	Standard	3
2	DGS	52.27	Standard	5
3	HYS	53.63	Standard	7
4	MCS	53.88	Standard	1
5	WFN	55.57	Standard	8
6	PCMS	57.91		

Heat 2				Final Lane
1	GHS	50.97	Standard	2
2	SCGS	51.92	Standard	4
3	SHCC	52.95	Standard	6
4	WIS	56.73	Standard	
5	MSS	56.97	Standard	
6	KGV	57.75		

=====  
 Event 43 4x100m Relay Boys C  
 Standard: 52.00 Record: 45.05 (2008)  
 -----

Heat 1				Final Lane
1	SJAC	47.10	Standard	2
2	LSC	47.48	Standard	3
3	DBS	47.88	Standard	4
4	CSWCSS	49.45	Standard	6
5	WFN	50.76	Standard	1
6	WIS	52.08		
7	CSK	52.79		
8	WYHK		DQ	

Heat 2				Final Lane
1	HPCCSS	49.28	Standard	5
2	CHECSS	50.66	Standard	7
3	CGHC	51.13	Standard	8
4	YCKMC	51.55	Standard	
5	CYT	52.08		
6	PCMS	53.20		
7	KGV	53.42		
8	WYK		DQ	

=====  
 Event 44 4x100m Relay Boys B  
 Standard: 50.00 Record: 43.73 (2013)  
 -----

Heat 1				Final Lane
1	HPCCSS	44.84	Standard	2
2	WFN	46.49	Standard	5
3	CSWCSS	47.09	Standard	6
4	WYK	47.20	Standard	1
5	CHECSS	47.34	Standard	8

6	CGHC	47.77	Standard	
7	SJAC	48.10	Standard	
8	CSK	49.36	Standard	
Heat 2				Final Lane
1	LSC	45.45	Standard	3
2	DBS	45.83	Standard	4
3	PCMS	47.17	Standard	7
4	KGV	48.30	Standard	
5	WIS	49.05	Standard	
6	CYT	49.34	Standard	
7	YCKMC	59.78		
8	WYHK		DQ	

=====  
 Event 45 4x100m Relay Boys A  
 Standard: 47.50 Record: 42.04 (2013)  
 -----

Heat 1				Final Lane
1	DBS	43.32	Standard	2
2	LSC	43.62	Standard	3
3	WYHK	45.12	Standard	5
4	CGHC	45.51	Standard	6
5	CSWCSS	46.58	Standard	
6	CSK	47.27	Standard	
7	SJAC	47.92		
8	WFN		DN start	
Heat 2				Final Lane
1	YCKMC	44.41	Standard	4
2	PCMS	45.55	Standard	7
3	CYT	46.00	Standard	1
4	HPCCSS	46.36	Standard	8
5	WYK	46.79	Standard	
6	CHECSS	47.31	Standard	
7	WIS	47.32	Standard	
8	KGV	47.65		

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Competition  
 (HK Island and Kowloon)  
 Division One  
 Day Three: 28 February 2014

=====  
 Event 1 Discus Girls A

Standard: 18.80 (1kg) Record: 39.30 (2010) (1kg)

Position	Name	School	Result	Remark	Points
1	Chang Lok Yi	DGS	31.89	Standard	9
2	Li Tsz Kwan	HYS	30.82	Standard	7
3	Cheung Naau Yau	HYS	29.50	Standard	6
4	Lam Wing Tung	GHS	28.18	Standard	5
5	Cheung Kiu Wai	DGS	27.64	Standard	4
6	Tsang Kei Cheung Christy	MCS	26.54	Standard	3
7	Yiu Hoi Lun	SHCC	25.80	Standard	2
8	Cheng Wing Yi Clare	MSS	25.47	Standard	1
	Tan Minhua	GHS	23.71	Standard	
	Fung Hiu Wai Beatrice	MCS	22.49	Standard	
	Lau Shut Yan	PCMS	20.94	Standard	
	Kwong Ho Yan	SCGS	20.63	Standard	
	Amy Farrell	WIS	19.99	Standard	
	Chan Ka Ying	PCMS	19.90	Standard	
	Lam Nga Wai	SHCC	19.34	Standard	
	Poon Long Ching Cindy	MSS	18.85	Standard	
	Wong Cheuk Yiu	SPCS	18.58		
	Fok Shuk Man	SCGS	17.98		
	Justine Rudico	WIS		No Mark	
	Ip Shuk Yan Tiffany	SPCS		No Mark	
	Lin Lan Po Judith	KGV		No Mark	
	Overton Elise Kristy	KGV		DN take part	
	Sit Kam Man	WFN		DN take part	
	Lau Ka Yi	WFN		DN take part	

=====  
 Event 2 Long Jump Girls C

Standard: 3.80 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Chan Kar Wing	GHS	5.10	Standard	9
2	Wong Sze Long	GHS	5.07	Standard	7
3	Chan Pui Chi	SPCS	4.84	Standard	6
4	Wong Hoi Lam Jacqueline	MSS	4.62	Standard	5
5	Chan Sik Yeung Chava	MCS	4.62	Standard	4
6	Leung Yuet Man	DGS	4.61	Standard	3
7	Chan Tak Yan	DGS	4.49	Standard	2
8	Shie Hoi Lam	HYS	4.34	Standard	1
	Chan Ka Wai	MCS	4.28	Standard	
	Leung Hoi Ching	SHCC	4.28	Standard	
	Cheung Ka Ka Tiffany	SPCS	4.27	Standard	
	Chan Nim Chi	HYS	4.20	Standard	
	Ng Che Wing	SCGS	4.13	Standard	
	Tong Cheuk Ying	WFN	4.11	Standard	
	Yuka Murakami	WIS	4.07	Standard	
	Kee Ashley Elizabeth	KGV	4.02	Standard	
	Nainani Tania Shyam	KGV	3.81	Standard	
	Kong Wan Ki	PCMS	3.57		
	Tsoi Pui Yan	SCGS	3.53		
	Ashlin Devonport	WIS	3.41		
	Yuen Chun Lee	PCMS	3.22		
	Lee Yuet Ki	SHCC	3.10		
	Chan Cheuk Yan	WFN	2.91		
	Tong Cheuk Tung Vanessa	MSS		DN take part	

=====  
 Event 3 Shot Put Boys A

Standard: 10.50 (5kg) Record: 15.30 (2007) (5kg)

Position	Name	School	Result	Remark	Points
1	Ngan Tsz Cheung	CSK	14.79	Standard	9

2	Yu Chung Yau	CHECSS	14.14	Standard	7
3	Lin Kam Cheung	SJAC	13.82	Standard	6
4	Wu Delvin Ho Yin	DBS	13.25	Standard	5
5	So Ka Ming	CGHC	12.60	Standard	4
6	Li King Wang	DBS	12.22	Standard	3
7	Mui Zachary	LSC	11.87	Standard	2
8	Fong Kai Chuen	LSC	11.50	Standard	1
	Cheung Rennard	KGV	11.39	Standard	
	Xu Kevin Alex	KGV	11.13	Standard	
	Samuel Clewes	WIS	11.11	Standard	
	Wong San Hoi	WFN	11.07	Standard	
	Wong Kwun Chung	CGHC	11.06	Standard	
	Tsoi Chi Hang	YCKMC	11.04	Standard	
	Yau Ming Hang	WFN	10.76	Standard	
	Chow Cheuk Hin Godwin	WYK	10.50	Standard	
	Cho Yip Chak Benedict	CSWCSS	10.49		
	Chan Wing Tung	HPCCSS	10.40		
	Yu Sai Yin	YCKMC	10.37		
	Chan Ho Yin	CHECSS	10.25		
	Yiu Yi Wing	CSWCSS	10.14		
	Zhou Jinghung	WYHK	10.11		
	Ng Ka Hin	SJAC	10.08		
	Cheng Ho Kwong	PCMS	9.94		
	Shiu Tin Yau	HPCCSS	9.91		
	Yau Chi Tak	CSK	9.70		
	Thomas Gibb	WIS	9.62		
	Leung Ngai	WYHK	9.42		
	Li Yui Sing	PCMS	9.14		
	Chan Chun Hin	CYT	8.68		
	Kwok Kang Yuen	WYK	8.35		
	Yang Hoi	CYT	7.92		

=====  
Event 4 Triple Jump Boys A

Standard: 11.20

Record: 14.93 (1988)

Position	Name	School	Result	Remark	Points
1	Ng Siu On	WYHK	13.32	Standard	9
2	Yan Kang Hong	WYK	12.91	Standard	7
3	Chan Yan Ting	LSC	12.84	Standard	6
4	Liu Kwok Kwan	CGHC	12.79	Standard	5
5	Mak Chun Wing	LSC	12.73	Standard	4
6	Shek Shing Him	WFN	12.62	Standard	3
7	Liu Kam Ho	SJAC	12.25	Standard	2
8	Yip Ka Wai	WYK	12.19	Standard	1
	Ng Kun Lung	DBS	12.10	Standard	
	Wong Philip	DBS	12.09	Standard	
	Lee Yip Shing	SJAC	12.03	Standard	
	So Yin Cheung	HPCCSS	12.02	Standard	
	Raphael Galvez	WIS	11.86	Standard	
	Chiu Wai Hei	CSWCSS	11.83	Standard	
	Chan Chun Kwok	YCKMC	11.79	Standard	
	Lam Yuk Yang	CSK	11.65	Standard	
	Yeung Ho Leung	CHECSS	11.64	Standard	
	Ma Clement	KGV	11.59	Standard	
	Liu Ho Fung	CGHC	11.45	Standard	
	Kwok Sze Yue Irvin	PCMS	11.33	Standard	
	Anton Marsh	WIS	11.33	Standard	
	Tsang Chung Hang	YCKMC	11.17		
	Cheung Bok Hin	CSK	11.05		
	Ho Travis Ching Hei	WYHK	11.04		
	Yeung Hoi Kit	PCMS	10.75		
	Kwok Yiu Yang	CHECSS	10.55		
	Yuen Chun Kit	CYT	10.50		
	Sung Kai Hong	WFN		DN take part	
	Son Eric Do Un	KGV		DN take part	
	Lui Chung Yin Melvin	HPCCSS		DN take part	
	Wong Kin	CSWCSS		DN take part	

=====  
Event 5 High Jump Boys B

Standard: 1.55

Record: 1.88 (2011)

Position	Name	School	Result	Remark	Points
1	Wong Hok Kan	CSWCSS	1.89	Standard	9
2	Yee Hon Chung	LSC	1.82	Standard	7
3	Chan Yuk Tat Jeffrey	HPCCSS	1.82	Standard	6
4	Mak Wai Kit	LSC	1.79	Standard	5
5	Ng Tsz Lok	DBS	1.70	Standard	4
6	Chan Sai Yung	CSWCSS	1.65	Standard	3
7	Yip Ho Sang	CSK	1.65	Standard	2
8	Ng Kai Ho	HPCCSS	1.65	Standard	1
	Wu Tak Wang	WFN	1.60	Standard	
	Wu Jonas Chung Yu	KGV	1.60	Standard	
	Kun Ka Chun	PCMS	1.60	Standard	
	Tsui Lok Him	DBS	1.55	Standard	
	Tam Ho Yin	WYK	1.55	Standard	
	Noah Masters	WIS	1.55	Standard	
	Wong Wai San	YCKMC	1.55	Standard	
	Walsh Samuel Alexander	KGV	1.55	Standard	
	Leonardo Costa	WIS	1.50		
	Wong Fu Hong	CHECSS	1.50		
	Cheng Ming Fan Ronald	WFN	1.50		
	Leung Sze Hang	YCKMC	1.50		
	Lui Hon Chuen	SJAC	1.50		
	Leung Sik Chi Jonathan	WYHK		No Mark	
	Yeung Kwok Hang	CYT		No Mark	
	Ng Chun Ming	CYT		No Mark	
	Ng Cheuk Wun	WYHK		No Mark	
	Tai Chi Hang	CHECSS		No Mark	
	Cheung Hang Fung	CGHC		No Mark	
	Cheng Kam Po	CGHC		No Mark	
	Fan Li Yi	WYK		DN take part	

=====  
Event 6 400m Hurdles Boys A  
Standard: 1:06.50 (0.84m) Record: 54.28 (2004) (0.84m)  
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Final				Points
1	Wong Yiu Man	DBS	56.16	9
2	Nip Ho Tin	DBS	58.46	7
3	Sue Yui Sum	WFN	58.57	6
4	Cheng Shing	LSC	59.28	5
5	Wong Yuk Chun	WYHK	59.55	4
6	Wong Wing Ho	SJAC	1: 1.22	3
7	Chau Kai Chung	CGHC	1: 3.21	2
8	Cheung Yiu Chun	LSC	1: 3.45	1

=====  
Event 7 200m Girls C  
Standard: 31.50 Record: 25.85 (2012)  
-----

Final				Points
1	Chan Pui Kei	GHS	26.83	9
2	Wong Ching Hei	SCGS	27.30	7
3	Lin Ka Wing	DGS	27.53	6
4	Kwok Tsz Kiu	GHS	27.64	5
5	Wong Ching Wai	SCGS	28.10	4
6	Fung Cheuk Lam	SPCS	28.45	3
7	Li Eve	MCS	28.85	2
8	Tsang Pak Chi	DGS	29.14	1

=====  
Event 8 200m Girls B  
Standard: 31.00 Record: 25.22 (2002)  
-----

Final				Points
1	Poon Hang Wai	GHS	25.61	9
2	Lau Cheuk Yan Samantha	DGS	27.02	7
3	Leung Yee Ting	GHS	27.19	6
4	Tang Pui Yin	SPCS	27.42	5
5	Sham Tsz Ching	HYS	27.82	4
6	Poon Hiu Lam	WFN	28.04	3
7	Sin Wai Yan Claudia	DGS	28.12	2
8	Kwok Luen Fong	HYS	28.47	1

=====  
Event 9 200m Girls A  
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Standard: 30.50 Record: 24.93 (2007)

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Final					Points
1	Lo Ka Lam	GHS	26.44		9
2	Lam Christy Ho Yan	DGS	26.66		7
3	Lo Heng Yan	GHS	28.27		6
4	Wong Wing Yu	SCGS	28.57		5
5	Cheung Lam	MCS	28.63		4
6	Wan Cynthia Hill Kwan	DGS	28.65		3
7	Tse Sze Wai	HYS	28.68		2
8	Lo Yan Ting	SPCS	29.37		1

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Event 10 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

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Final					Points
1	Lo Tsz Yuen	DBS	23.63		9
2	Ma Chi Fai	LSC	23.67		7
3	Ryan Wan	WIS	24.20		6
4	Lam Wai Ho	SJAC	24.76		5
5	Chiu Mong Wang	HPCCSS	24.81		4
6	Wong Kin Ngai	CSWCSS	25.55		3
7	Chan Pak Hei	WYHK	25.79		2
8	Ho Cheuk Chit	SJAC			

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Event 11 200m Boys B

Standard: 26.50 Record: 22.13 (2010)

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Final					Points
1	Sze Kin Ho	HPCCSS	23.64		9
2	Chung Cheuk Hei	DBS	23.65		7
3	Chau Yung Ho Michael	DBS	23.82		6
4	Kwok Yi Chun	WYHK	23.98		5
5	Lee Ching Yu	LSC	24.01		4
6	Ma Chin Fung Victor	LSC	24.16		3
7	Glen Ciaran James	KGV	24.19		2
8	Tsang Churn	PCMS	24.77		1

---

Event 12 200m Boys A

Standard: 25.50 Record: 21.53 (2007)

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Final					Points
1	Lee Chin Ting	CYT	22.38		9
2	Wong Tsz Hin	DBS	22.43		7
3	Wu Chi Kwan	CGHC	22.69		6
4	Wong Wai Kin	LSC	22.76		5
5	Chun Chi Sing	YCKMC	22.92		4
6	Chan Hiu Nam Gabriel	LSC	23.16		3
7	Chan Ka Man	DBS	23.50		2
8	Li Jacky Siu Hang	CSWCSS	24.18		1

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Event 13 Discus Girls B

Standard: 18.50 (1kg) Record: 33.22 (2008) (1kg)

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Position	Name	School	Result	Remark	Points
1	Lau Cheuk Ting Courtney	GHS	33.37	Standard	9
2	Lai Nga Man	HYS	30.32	Standard	7
3	Chow Tsz Ting	HYS	29.14	Standard	6
4	Chung Wai Yan	SCGS	26.33	Standard	5
5	Lau Ho Ching Stephanie	DGS	25.67	Standard	4
6	Chan Claudia Renee	MSS	25.11	Standard	3
7	Lee Masaki	GHS	24.77	Standard	2
8	Chou Ka Yan	DGS	24.08	Standard	1
	Ip Shuk Tin Tina	SPCS	23.27	Standard	
	Lam Ching Wun	SPCS	22.87	Standard	
	Lam Yuen Tao Eunice	MSS	22.52	Standard	
	Wong Wing Yin Michelle	WFN	21.41	Standard	
	Cheung Tsz Kwan	PCMS	20.88	Standard	
	Cheung Ho Ching	SCGS	20.75	Standard	
	Wu Hei Wan Heather	PCMS	19.83	Standard	
	Li Pui Lam	SHCC		No Mark	

Lucy Ross	WIS	No Mark
Michaela Abbs	WIS	No Mark
Chow Ka Wai	SHCC	No Mark
Fung Lok Ching	WFN	No Mark
Chung Jessie Sin Yee	KGV	DN take part
Ma Yu Sum	KGV	No Mark
Wong Ying Ching Cynthia	MCS	No Mark
Chan Wing Yi Cindy	MCS	No Mark

=====  
Event 14 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

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Final				Points
1	Wong Hei Ching	GHS	2:34.53	9
2	Lok Mei Ling	GHS	2:35.18	7
3	Smith Molly Abigail	KGV	2:36.36	6
4	Sek Ngai Tsin	HYS	2:36.38	5
5	Amy Tao	WIS	2:37.86	4
6	Tsui Wing Yu	HYS	2:39.38	3
7	Mui Christy	SPCS	2:41.39	2
8	Ma Sin Tung Edith	WFN	2:41.88	1
9	Chung Hiu Tung	DGS	2:42.20	
10	Chan Nok Sum	DGS	2:43.45	
11	Evangeline Ng	WIS	2:48.79	
12	Tsang Ching Man Jody	WFN	2:48.83	

=====  
Event 15 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

-----

Final				Points
1	Au Yeung Hok Ka Claire	DGS	2:25.38	9
2	Lau Mong Yan	GHS	2:26.77	7
3	Erin Brown	WIS	2:26.89	6
4	Taylor Amy Katherine	KGV	2:27.34	5
5	Chan Lok Yan	DGS	2:29.29	4
6	Su Jennifer Ming Yin	SCGS	2:31.34	3
7	Szeto Hiu Tung	HYS	2:33.16	2
8	Shreya Rane	WIS	2:33.17	1
9	Mak Ho Yi Lydia	GHS	2:40.78	
10	Yeung Jing Ki	SHCC	2:44.38	
11	Chui Ka Kiu	SCGS	2:45.98	
12	Tse Tak Sin Jacqueline	MSS	2:48.53	

=====  
Event 16 800m Girls A

Standard: 2:53.00 Record: 2:17.41 (2012)

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Final				Points
1	Chan Yee Ki	DGS	2:21.06	9
2	Jemima Jones	WIS	2:22.44	7
3	Chloe Martin	WIS	2:23.91	6
4	Ng Vanessa	KGV	2:27.07	5
5	Ling Man Sze	DGS	2:33.62	4
6	Wong Wai Ying Katherine	MSS	2:38.19	3
7	Lee Yuk Ying	HYS	2:40.70	2
8	Lau In Tung	SCGS	2:41.42	1
9	Chow Siu Kwan	HYS	2:43.11	
10	Wong Heron	GHS	2:44.80	
11	Wong Yee Ching	GHS	2:44.92	
12	Lau Hiu Yan	WFN	2:45.40	

=====  
Event 17 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

-----

Final				Points
1	Ho Hoo Hin	WFN	2:13.35	9
2	Matthew Tan	WIS	2:14.17	7
3	Fong Ho Leung	HPCCSS	2:16.01	6
4	Lau Chung Kei	DBS	2:17.30	5
5	Chan Hiu Hei	LSC	2:18.74	4
6	Sin Yu Yat	WYK	2:20.29	3
7	Hung Man Nok	KGV	2:20.42	2



8	Lo Hei Yeung	LSC	2:21.95	1
9	Cheung Tsz Fai	CYT	2:24.14	
10	Leung Cheuk Hin	HPCCSS	2:24.71	
11	Kan Wai Tsun	DBS	2:25.16	
12	Siu Ho Chung	WFN		

=====  
Event 18 800m Boys B  
Standard: 2:23.00 Record: 2:00.69 (2013)  
-----

Final				Points
1	Law Ho Fung	WFN	2: 6.27	9
2	Kwong Kam Cheong	SJAC	2: 6.74	7
3	Chan Efoo Ajibola	DBS	2: 7.91	6
4	Kwong Pak Chung	CGHC	2:10.19	5
5	Law Hiu Long	HPCCSS	2:10.90	4
6	Pon Siu Chun	WFN	2:11.84	3
7	Lai Nok Hei	DBS	2:13.18	2
8	Chan Cheuk Lam	LSC	2:13.93	1
9	Leung Chun Yui	CSK	2:15.14	
10	Ma Clarence	KGV	2:22.65	
11	Dew Kin Ting	CHECSS	2:25.34	
12	Li Ka Shun	HPCCSS	2:26.39	

=====  
Event 19 800m Boys A  
Standard: 2:20.00 Record: 1:57.77 (2012)  
-----

Final				Points
1	Ross Mason	WIS	2: 4.53	9
2	Li Man Fung Timothy	LSC	2: 6.74	7
3	Lam Chiu Ming	DBS	2: 6.85	6
4	Wong Kin Chung	WFN	2: 7.03	5
5	Tsang Tsz Wang	DBS	2: 8.71	4
6	Chu Po Wah	CSWCSS	2: 9.06	3
7	Chan Ho Yin	CHECSS	2: 9.41	2
8	Li Tung Pui Matthew	PCMS	2:11.70	1
9	Cheung Hin Lok	WYK	2:13.93	
10	Vaswani Jeh Romi	KGV	2:14.81	
11	Chan Wai Tung	PCMS	2:16.21	
12	Lam Hung Yan	LSC	2:17.60	

=====  
Event 20 100m Hurdles Girls C  
Standard: 21.00 (0.762m) Record: 15.84 (2008) (0.762m)  
-----

Final				Points
1	Wu Yi Lam	GHS	16.98	9
2	Lam Ching Clarise	DGS	17.08	7
3	Lee Hiu Ying	PCMS	17.15	6
4	Wong Hoi Lam Jacqueline	MSS	17.23	5
5	Choi Wai Sum Anna	DGS	17.37	4
6	Wong Sze Long	GHS	17.41	3
7	Yum Ka Wing	HYS	17.59	2
8	Ho Wai Lei Joyce	MCS	18.51	1

=====  
Event 21 100m Hurdles Girls B  
Standard: 20.20 (0.762m) Record: 14.66 (2006) (0.762m)  
-----

Final				Points
1	Yuen Wing Nam	DGS	15.44	9
2	Tsui Rachel Pui Yu	DGS	15.96	7
3	Chui Wai Sze Tracy	SPCS	16.01	6
4	Clover Chau	WIS	16.30	5
5	Chan Ho Wun Cynthia	MCS	16.34	4
6	Pang Ching Lam	GHS	16.55	3
7	Tam Yuen Ting	HYS	16.59	2
8	Lee Ching Yan	SCGS	16.82	1

=====  
Event 22 100m Hurdles Girls A  
Standard: 19.50 (0.762m) Record: 14.24 (2008) (0.762m)  
-----

Final				Points
1	Leung Hoi Yin	DGS	14.70	9

2	Ma Kimberly Pearl	SPCS	15.10	7
3	Yeung Lok Hei Hazel	SPCS	15.11	6
4	Cheung Yuet Wah	GHS	15.72	5
5	Cheung Man Yui	SCGS	15.84	4
6	Wong Yeuk Tung	GHS	16.12	3
7	Li Yuet Yan	HYS	16.30	2
8	Kwok Cheuk Wing	PCMS	17.23	1

=====  
Event 23 100m Hurdles Boys C  
Standard: 19.50 (0.84m) Record: 13.57 (2009) (0.84m)  
-----

Final				Points
1	Lam Hin Chak Timothy	LSC	14.39	9
2	Leung Shing Kit	DBS	14.46	7
3	Leung Pak Yin	HPCCSS	15.44	6
4	Cheng Yat Long	DBS	15.54	5
5	Chue Chun Hong	PCMS	15.68	4
6	Sum Chun Kit	SJAC	15.99	3
7	Fu Juen Kit	CSK	16.02	2
8	Lo Lai Hang	SJAC	18.46	1

=====  
Event 24 100m Hurdles Boys B  
Standard: 17.00 (0.914m) Record: 13.54 (2008) (0.914m)  
-----

Final				Points
1	Ng Ho Ming	CHECSS	13.68	9
2	Mok Chi Kin	LSC	14.10	7
3	Pang Wai Hang	WFN	14.14	6
4	Lai Tsun Hei Jonathan	LSC	14.16	5
5	Sze To Tsz Wai	CGHC	14.32	4
6	Wong Chun Yin	HPCCSS	14.57	3
7	Chan Pak Hei	CSWCSS	14.65	2
8	Lau Pak Hei	CSK	15.34	1

=====  
Event 25 110m Hurdles Boys A  
Standard: 18.50 (0.914m) Record: 14.18 (2012) (0.914m)  
-----

Final				Points
1	Nip Ho Tin	DBS	14.78	9
2	Lee Ka Ho	CYT	14.88	7
3	Chan Cheuk Yin	HPCCSS	15.07	6
4	Liu Chung Lung	SJAC	15.35	5
5	Koo Yue Kwan	WYHK	15.59	4
6	Choi Lok Ching	LSC	15.80	3
7	Ngan To Him	PCMS	15.82	2
8	Cheng Shing	LSC	16.35	1

=====  
Event 26 400m Girls C  
Standard: 1:15.00 Record: 58.78 (2000)  
-----

Final				Points
1	Fan Linna	DGS	1: 1.70	9
2	Tsui Wing Yu	HYS	1: 4.31	7
3	Lok Mei Ling	GHS	1: 4.52	6
4	Li Eve	MCS	1: 4.68	5
5	Yu Chung Yan	GHS	1: 5.29	4
6	Chan Tak Yan	DGS	1: 5.32	3
7	Anika Singh	WIS	1: 5.38	2
8	Wong Ching Wai	SCGS	1: 8.23	1

=====  
Event 27 400m Girls B  
Standard: 1:13.00 Record: 57.29 (2002)  
-----

Final				Points
1	Poon Hang Wai	GHS	1: 1.09	9
2	Taylor Amy Katherine	KGV	1: 1.51	7
3	Lau Cheuk Yan Samantha	DGS	1: 1.74	6
4	Tsang Yuen Ching Stephani	MCS	1: 2.95	5
5	Leung Yee Ting	GHS	1: 3.61	4
6	Sin Wai Yan Claudia	DGS	1: 4.13	3
7	Su Jennifer Ming Yin	SCGS	1: 4.91	2

8 Castagnet Ines KGV

=====  
Event 28 400m Girls A

Standard: 1:12.50

Record: 58.10 (2012)

-----  
Final

Points

1	Lam Christy Ho Yan	DGS	59.70	9
2	Leung Hoi Yin	DGS	1: 1.57	7
3	Li Yuet Yan	HYS	1: 2.88	6
4	Kylie Cheung	WIS	1: 4.76	5
5	Cheung Lam	MCS	1: 6.39	4
6	Wong Heron	GHS	1: 6.99	3
7	Lau Sabrina Chi Ying	KGV	1: 9.10	2
8	Mann Grace Louise	KGV		

=====  
Event 29 400m Boys C

Standard: 1:04.00

Record: 51.23 (2008)

-----  
Final

Points

1	Ryan Wan	WIS	54.45	9
2	Chiu Mong Wang	HPCCSS	54.87	7
3	Lau Chung Kei	DBS	56.08	6
4	Lam Wai Ho	SJAC	56.78	5
5	Tong Tsz Hin	WYK	57.13	4
6	Hooney Park	WIS	57.64	3
7	Sin Yu Yat	WYK	58.00	2
8	Lam Jackson	LSC	58.72	1

=====  
Event 30 400m Boys B

Standard: 1:00.00

Record: 49.72 (2010)

-----  
Final

Points

1	Chong Ka Chun	DBS	53.54	9
2	Law Ho Fung	WFN	53.60	7
3	Ma Chin Fung Victor	LSC	54.33	6
4	Lee Ching Yu	LSC	54.58	5
5	Ma Tsz Chung	WFN	55.89	4
6	Chung Cheuk Hei	DBS	56.28	3
7	Mak Yi Nap	HPCCSS	56.38	2
8	Wong Chi Fung	SJAC	56.39	1

=====  
Event 31 400m Boys A

Standard: 57.50

Record: 49.10 (1964)

-----  
Final

Points

1	Chan Ken	DBS	51.40	9
2	Chan Ka Man	DBS	51.51	7
3	Wong Yuk Chun	WYHK	52.53	6
4	Wong Kin Chung	WFN	53.11	5
5	Li Man Fung Timothy	LSC	53.35	4
6	Lau Lap Kuen	CYT	53.53	3
7	Kwok Tsz Hin Simon	SJAC	53.85	2
8	Jake Mustain	WIS	54.95	1

=====  
Event 32 100m Girls C

Standard: 15.00

Record: 12.48 (2010)

-----  
Final

Points

1	Chan Pui Kei	GHS	12.55	9
2	Wong Ching Hei	SCGS	12.83	7
3	Kwok Tsz Kiu	GHS	13.14	6
4	Lin Ka Wing	DGS	13.16	5
5	Chan Pui Chi	SPCS	13.46	4
6	Fung Cheuk Lam	SPCS	13.52	3
7	Tong Man Sum Michelle	MSS	13.69	2
8	Cheung Hei Ching Eunice	MCS	13.79	1

=====  
Event 33 100m Girls B

Standard: 14.70

Record: 12.21 (2005)

-----  
Final

Points

1	Yue Ya Xin	GHS	12.62	9
2	Yuen Wing Nam	DGS	13.17	7
3	Lam Yan Tung	DGS	13.19	6
4	Wai Lok Heng	SCGS	13.25	5
5	Kwok Luen Fong	HYS	13.48	4
6	Sham Tsz Ching	HYS	13.53	3
7	Cheung Ching Ting	GHS	13.66	2
8	Chan Ho Wun Cynthia	MCS		

=====  
Event 34 100m Girls A

Standard: 14.50 Record: 11.99 (2009)

Final				Points
1	Chan Ka Sin	SCGS	12.64	9
2	Yiu Hoi Yan	SHCC	12.72	7
3	Lo Ka Lam	GHS	12.76	6
4	Cheung Man Yui	SCGS	12.95	5
5	Yeung Lok Hei Hazel	SPCS	12.99	4
6	Li Tsz Kwan	HYS	13.13	3
7	Lau Hiu Yu Hilda	DGS	13.17	2
8	Cheung Yuet Wah	GHS	13.20	1

=====  
Event 35 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

Final				Points
1	Tse Yee Hin Rico	SJAC	11.60	9
2	Lo Tsz Yuen	DBS	11.61	7
3	Ma Chi Fai	LSC	11.66	6
4	Lo Lai Hang	SJAC	12.04	5
5	Fok Tsin Long	DBS	12.16	4
6	Wong Kin Ngai	CSWCSS	12.17	3
7	Ngan Chun Wei	LSC	12.20	2
8	Chan Pak Hei	WYHK	12.35	1

=====  
Event 36 100m Boys B

Standard: 12.50 Record: 11.03 (2008)

Final				Points
1	Sze Kin Ho	HPCCSS	11.40	9
2	Leung Dun Pok	DBS	11.44	7
3	Chau Yung Ho Michael	DBS	11.60	6
4	Lee Ryan Yat Long	LSC	11.61	5
5	Kwok Yi Chun	WYHK	11.66	4
6	Glen Ciaran James	KGV	11.75	3
7	Mok Chi Kin	LSC	11.83	2
8	Luk Kin Wang	WFN	11.85	1

=====  
Event 37 100m Boys A

Standard: 12.20 Record: 10.40 (2008)

Final				Points
1	Wong Tsz Hin	DBS	10.95	9
2	Wong Wai Kin	LSC	10.99	7
3	Wu Chi Kwan	CGHC	11.03	6
4	Koo Yue Kwan	WYHK	11.12	5
5	Lau Kin Hei	PCMS	11.16	4
6	Chan Hiu Nam Gabriel	LSC	11.21	3
7	Chun Chi Sing	YCKMC	11.26	2
8	Lee Chin Ting	CYT	13.10	1

=====  
Event 38 1500m Boys C

Standard: 5:20.00 Record: 4:31.24 (2008)

Final				Points
1	Matthew Tan	WIS	4:39.24	9
2	Ho Hoo Hin	WFN	4:41.07	7
3	Fong Ho Leung	HPCCSS	4:50.85	6
4	Chan Hiu Hei	LSC	4:51.67	5
5	Claytin Gibb	WIS	4:54.07	4
6	Lo Hei Yeung	LSC	4:54.31	3

7	Tang Ho Ming	DBS	4:55.82	2
8	Au Chung Yin	CSWCSS	4:56.50	1
9	Chu Cheuk Hei Leo	DBS	4:58.20	
10	Hung Man Nok	KGV	5: 4.52	
11	Leung Cheuk Hin	HPCCSS	5:12.40	
12	Tse Adrian Hymn	WYHK	5:18.54	

=====  
Event 39 1500m Boys B

Standard: 5:00.00 Record: 4:18.96 (2010)

Final				Points
1	Wong Tsz To	DBS	4:15.13	9
2	Miles Williams	WIS	4:20.59	7
3	Smith Jake Liam	KGV	4:21.78	6
4	Kwong Kam Cheong	SJAC	4:28.04	5
5	Kwong Pak Chung	CGHC	4:28.14	4
6	Wong Hong Kit	LSC	4:30.84	3
7	Pon Siu Chun	WFN	4:35.19	2
8	Au-Yeung Kin Yat	PCMS	4:38.99	1
9	Siu Cheuk Yiu	WYHK	4:40.41	
10	Wong Man Hong	DBS	4:43.91	
11	Maxime Doneux	WIS	4:45.70	
12	Koo Hoi Sau	CSWCSS	4:48.25	

=====  
Event 40 1500m Boys A

Standard: 4:58.00 Record: 4:05.76 (2004)

Final				Points
1	Harry Loasby	WIS	4:10.38	9
2	Shuen Chun Kit	DBS	4:12.49	7
3	Lee Yip Chun Bonn	WYHK	4:13.91	6
4	Ross Mason	WIS	4:20.95	5
5	Lam Chiu Ming	DBS	4:25.68	4
6	Heung Chin Tung	HPCCSS	4:33.95	3
7	Chu Po Wah	CSWCSS	4:34.59	2
8	Lam Michael	KGV	4:35.63	1
9	Ko Ho Juen	KGV	4:39.88	
10	Chan Brian Kai Hin	LSC	4:41.09	
11	Chan Ho Yin	CHECSS	4:43.00	
12	Ng Ka Ching	LSC	4:43.45	

=====  
Event 41 4x100m Relay Girls C

Standard: 59.00 Record: 50.95 (2010)

Final				Points
1		GHS	51.17	18
2		DGS	51.91	14
3		SCGS	52.85	12
4		SPCS	53.47	10
5		WFN	55.34	8
6		MSS	56.06	6
7		MCS	58.95	4
8		HYS		

=====  
Event 42 4x100m Relay Boys C

Standard: 52.00 Record: 45.05 (2008)

Final				Points
1		DBS	46.91	18
2		SJAC	46.94	14
3		LSC	48.04	12
4		CSWCSS	48.87	10
5		HPCCSS	49.53	8
6		WFN	50.57	6
7		CGHC	50.62	4
8		CHECSS	50.80	2

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Event 43 4x100m Relay Girls B

Standard: 58.00 Record: 49.52 (2007)

Final				Points
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1	DGS	51.38	18
2	SPCS	52.45	14
3	HYS	52.62	12
4	SCGS	54.20	10
5	MCS	54.75	8
6	WIS	54.88	6
7	MSS	55.23	4
8	WFN	55.40	2

=====  
Event 44 4x100m Relay Boys B  
Standard: 50.00 Record: 43.73 (2013)  
-----

Final			Points
1	HPCCSS	44.62	18
2	DBS	45.06	14
3	LSC	45.18	12
4	WFN	46.47	10
5	CSWCSS	46.86	8
6	PCMS	47.00	6
7	WYK	47.31	4
8	CHECSS	47.71	2

=====  
Event 45 4x100m Relay Girls A  
Standard: 57.00 Record: 48.49 (2008)  
-----

Final			Points
1	GHS	50.93	18
2	SPCS	51.55	14
3	DGS	51.72	12
4	SCGS	52.10	10
5	HYS	52.54	8
6	SHCC	52.64	6
7	MCS	54.03	4
8	WFN	55.91	2

=====  
Event 46 4x100m Relay Boys A  
Standard: 47.50 Record: 42.04 (2013)  
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Final			Points
1	DBS	42.72	18
2	LSC	43.03	14
3	YCKMC	44.43	12
4	CGHC	44.84	10
5	WYHK	45.04	8
6	PCMS	45.55	6
7	HPCCSS	46.77	4
8	CYT	49.29	2

=====  
Event 47 4x400m Relay Girls C  
Standard: 5:00.00 Record: 4:16.63 (2008)  
-----

Final			Points
1	DGS	4:19.79	18
2	GHS	4:20.68	14
3	HYS	4:29.00	12
4	WIS	4:34.96	10
5	MCS	4:37.41	8
6	KGV	4:41.61	6
7	WFN	4:43.30	4
8	SPCS	4:49.91	2

=====  
Event 48 4x400m Relay Boys C  
Standard: 4:16.00 Record: 3:46.84 (2008)  
-----

Final			Points
1	LSC	3:49.80	18
2	DBS	3:50.95	14
3	WIS	3:56.21	12
4	HPCCSS	3:56.45	10
5	WYK	4: 1.62	8
6	WFN	4: 4.49	6

7 CSWCSS 4: 6.06 4  
8 SJAC

=====  
Event 49 4x400m Relay Girls B  
Standard: 4:56.00 Record: 4:13.61 (2012)  
-----

Final			Points
1	GHS	4:11.21	18
2	DGS	4:14.11	14
3	WIS	4:24.41	12
4	HYS	4:29.89	10
5	SCGS	4:35.23	8
6	MCS	4:37.56	6
7	MSS	4:43.52	4
8	WFN	4:46.12	2

=====  
Event 50 4x400m Relay Boys B  
Standard: 4:00.00 Record: 3:36.46 (2009)  
-----

Final			Points
1	DBS	3:41.46	18
2	LSC	3:41.50	14
3	SJAC	3:45.03	12
4	WFN	3:47.05	10
5	CSWCSS	3:48.72	8
6	CSK	3:50.35	6
7	HPCCSS	3:52.72	4
8	CHECSS	3:56.39	2

=====  
Event 51 4x400m Relay Girls A  
Standard: 4:52.00 Record: 4:04.82 (2013)  
-----

Final			Points
1	DGS	4:13.61	18
2	WIS	4:14.66	14
3	GHS	4:30.32	12
4	HYS	4:32.42	10
5	KGV	4:40.14	8
6	MCS	4:41.47	6
7	SCGS	4:44.21	4
8	MSS	4:46.35	2

=====  
Event 52 4x400m Relay Boys A  
Standard: 3:55.00 Record: 3:26.60 (1989)  
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Final			Points
1	DBS	3:35.28	18
2	WIS	3:37.86	14
3	SJAC	3:38.44	12
4	LSC	3:38.91	10
5	WYHK	3:40.54	8
6	CSWCSS	3:42.91	6
7	WFN	3:47.13	4
8	KGV	3:49.24	2