

**Inter-School Athletics Competition 2018-2019**  
**HK Island & Kowloon**  
**Division One (Final Results)**

**Boys A Grade**

wind speed : + 1.8

**100m**

1	Ma King Yeung	LSC	10.75
2	Hue Sheung Chun	DBS	11.17
3	Fung Chi Lok	WYK	11.18
4	Kam Luhng Olivier Pitter	WIS	11.21
5	Wong Pak Hang	WYK	11.30
6	Chan Yuk Hei	SJACS	11.40
7	Cheung Siu Hang	WYHK	11.57
8	Lee Nok Yin	DBS	11.87.0

**400m**

1	Ma Chi Fai	LSC	49.95
2	Chan Ching Fung	LSC	50.98
3	Tse Cheuk Hin	WYK	51.38
4	Lam Ansen	DBS	51.59
5	Li Yu Fung	SMCESPS	52.13
6	Chau Cheuk Hong	HPCCSS	52.41
7	Lo Lai Hang	SJACS	52.68
8	Tang Wai Sing	HPCCSS	54.35

**1500m**

1	Tse Chun Yin	DBS	4:06.67
2	Yeung Jason Chun Ho	YCKMC	4:08.61
3	Fung Pak Him	SSCS	4:17.13
4	Siu Kwing Yeung Jabez	PCMS	4:17.57
5	He Jingwu	DBS	4:18.14
6	Yung Cheuk Kit	YCKMC	4:18.68
7	Cheung Sui Him	WYHK	4:21.96
8	Chan Chun Ki	SSCS	4:26.75

wind speed : + 1.0

**110m Hurdles**

1	Wong Lok Hei Addis	CSWCSS	13.96
2	Cheung Siu Hang	WYHK	14.05
3	Cheng Yat Long	DBS	14.46
4	Hui Chun Kit	LSC	14.62
5	Cheung Wang Hei	WYK	14.73
6	Leung Hoi Yue	DBS	14.90
7	Yeung Ki Tsun Adam	SJACS	15.00
8	Lau Ho Fung	WYHK	15.08

wind speed : + 1.0

**200m**

1	Ma King Yeung	LSC	22.22
2	Ma Chi Fai	LSC	22.63
3	Fung Chi Lok	WYK	22.71
4	Kam Luhng Olivier Pitter	WIS	22.77
5	Hue Sheung Chun	DBS	22.91
6	Chan Tsz Ho Nino Adam	DBS	23.17
7	Lo Lai Hang	SJACS	23.43
8	Li Yu Fung	SMCESPS	23.61

**800m**

1	Man Tsun Kit	WYK	1:59.55
2	Yeung Jason Chun Ho	YCKMC	2:00.67
3	Lam Lok Hin	DBS	2:00.87
4	Tse Cheuk Hin	WYK	2:01.60
5	He Jingwu	DBS	2:02.28
6	Yung Cheuk Kit	YCKMC	2:02.85
7	Chan Chun Ki	SSCS	2:03.31
8	Siu Kwing Yeung Jabez	PCMS	2:03.80

**5000m**

1	Tse Chun Yin	DBS	16:23.36
2	Mai Wenfeng	SMCESPS	16:44.19
3	Cheung Sui Him	WYHK	16:44.24
4	Chou Chun Wai	SMCESPS	16:50.79
5	Chan Pak On	DBS	16:57.93
6	Fung Pak Him	SSCS	17:07.18
7	Leung Kwan Lok	PCMS	17:29.85
8	Bruce Changlong Xu	WIS	17:30.16

**400m Hurdles**

1	Cheung Wang Hei	WYK	55.32
2	Fung Chun Wai Henry	LSC	55.44
3	Chan Ching Fung	LSC	55.48
4	Leung Hoi Yue	DBS	59.48
5	Chau Cheuk Hong	HPCCSS	59.90
6	Lai Shing Yan Ryan	WFN	1:01.14
7	Lai Hoi Wang	WYK	1:02.45
8	Cheung Yun Sang	SSCS	1:02.57

**4x100m Relay**

1	LSC	42.90
2	DBS	43.33
3	WYK	43.38
4	CSWCSS	44.09
5	WYHK	44.38
6	HPCCSS	45.05
7	CHECSS	47.00

**4x400m Relay**

1	LSC	3	29.70
2	WYK	3	32.02
3	HPCCSS	3	33.87
4	DBS	3	34.07
5	CSWCSS	3	39.32
6	SWC	3	40.49
7	SMCESPS	3	43.44
8	YCKMC	3	50.37

**High Jump**

1	YCKMC	1.95
2	SMCESPS	1.92
3	YCKMC	1.86
4	SMCESPS	1.83
5	CSWCSS	1.80
6	DBS	1.80
7	HKUGA	1.75
8	WFN	1.75

**Long Jump**

			wind speed
1	Chan Chun Hei	LSC	7.23 + 0.5
2	Wong Pak Hang	WYK	7.12 - 0.1
3	Chow Hon Kit	CSWCSS	6.92 + 0.1
4	Man Tak Yan	WYK	6.71 + 0.5
5	Lin Long Kau	DBS	6.63 - 0.4
6	Lai Chi Hei	LSC	6.61 + 0.8
7	Wong Pak Yiu	SWC	6.36 + 0.7
8	Tsui Ka Tsun	DBS	6.28 + 0.1

**Triple Jump**

			wind speed
1	Leung King Yiu	DBS	13.88 - 1.1
2	Chan Chun Hei	LSC	13.74 - 1.1
3	Kwan Ka Chung	SJACS	13.57 - 3.1
4	Tang Yui Ming	CSWCSS	13.30 - 0.7
5	Tsang Kwan Lok	WYHK	13.16 - 1.8
6	Lai Chi Hei	LSC	13.08 0.0
7	Chan Chun Ching	DBS	12.83 - 2.6
8	Wong Ka Long	HPCCSS	12.82 + 0.6

**Shot Put**

1	Lee Mau Yuen	SSCS	14.70
2	Man Hoi Man Sherman	LSC	13.27
3	Chan Ho Wa Alex	DBS	13.10
4	To Wai Lok	DBS	12.87
5	Yau Chun Kwok	SWC	12.39
6	Fong Ryan	LSC	12.31
7	Hui Ka Wang	WFN	12.28
8	Zhou Tianlong	HPCCSS	12.22

**Discus**

1	To Wai Lok	DBS	42.85
2	To Chun Hei Hayden	LSC	39.37
3	Lee Mau Yuen	SSCS	39.27
4	Yau Chun Kwok	SWC	38.66
5	Kwun Wing Yin	CSWCSS	36.30
6	Yuen Ting Lun	DBS	35.31
7	Fong Ryan	LSC	34.88
8	Ho Chun Nam	HPCCSS	33.77

**Javelin**

1	Chan Ho Wa Alex	DBS	59.25
2	Lin Yun To Toby	DBS	59.21
3	Lee Yu Hin	HPCCSS	55.94
4	Choi Kin Ning	SWC	47.75
5	Kong Ming Hang	WFN	43.40
6	Lee Chun Yu Raphael	LSC	42.19
7	Shum Tsun Yin	WYHK	41.55
8	Law Long Wai	SWC	40.74

**Boys B Grade**

wind speed : + 0.5

**100m**

1	Mak Chun Ho	LSC	11.18
2	Lam Chak Yu	HPCCSS	11.39
3	Chan Chun Hei	CHECSS	11.62
4	Ng Tsz Lok	DBS	11.65
5	Qin Yuxi	LSC	11.76
6	Lee King Him Keith	HKUGA	11.77
7	Cheung Yee Hang	WYHK	11.82
8	Chan Tsz Wai	SJACS	11.84

wind speed : + 1.8

**200m**

1	Mak Chun Ho	LSC	22.72
2	Lam Chak Yu	HPCCSS	23.19
3	Chan Ka Chung	HPCCSS	23.76
4	Lee King Him Keith	HKUGA	23.96
5	Tang Wai Ip	DBS	24.01
6	Lau Chun Yau Adrian	DBS	24.11
7	Cheung Yee Hang	WYHK	24.19
8	Chow Hiu Long	CSWCSS	24.33

**400m**

1	Lai Hiu Long	HKUGA	53.57
2	Chan Christopher	DBS	53.79
3	Wong Pak Yui	LSC	53.98
4	Lau Cheuk Hin	SWC	54.55
5	Tsang Hing Lam	SWC	54.74
6	Fok Ching Hoi Andrew	LSC	54.79
7	Au Shun Kwan	WFN	54.97
8	Law Tsz Chun	HPCCSS	55.32

**1500m**

1	Man Rafe Maximilian	WIS	4 : 19.59
2	Dawes William Ernest	SMCESPS	4 : 23.50
3	Yip Tak Long	DBS	4 : 24.23
4	Sung Yim Lun	SSCS	4 : 26.11
5	Swiss Duangthip	WIS	4 : 29.77
6	Kwok Ching Ryan	LSC	4 : 31.26
7	Lau Tsun Hei	DBS	4 : 32.23
8	Wong Cheuk Hang	PCMS	4 : 32.47

wind speed : - 0.8**100m Hurdles**

1	Liu Hiu Long	HPCCSS	13.66
2	Chan Chun Ho	DBS	14.28
3	Chan Wai Ho Hugo	WFN	14.80
4	Ho Cheuk Yin	LSC	15.04
5	Tse Cheuk Hin	SSCS	15.21
6	Ho Cheuk San	LSC	15.32
7	Poon Cheuk Chun	DBS	15.55
8	Tsang Yin Yu Jonathan	HPCCSS	16.20

**4x400m Relay**

1		LSC	3 : 37.94
2		DBS	3 : 38.25
3		HPCCSS	3 : 38.73
4		CSWCSS	3 : 41.83
5		SWC	3 : 45.99
6		WFN	3 : 47.00
7		HKUGA	3 : 48.16
8		WIS	3 : 52.69

**Long Jump**

			<u>wind speed</u>
1	Lam Nok Yin	SJACS	6.21 - 0.8
2	Loi Hoi Lam	LSC	6.18 + 0.9
3	Leung Ngai Lam	YCKMC	6.10 - 1.7
4	Tse Hugo	DBS	6.05 - 0.5
5	Lam Chi Ho	DBS	6.00 + 0.9
6	Loong Tsz Hin	WYK	5.82 - 0.8
7	Cheung Ho Sang	SSCS	5.82 + 0.6
8	Yuen Kin Pong	SMCESPS	5.72 - 0.4

**800m**

1	Kwok Ching Ryan	LSC	2 : 6.42
2	Lai Hiu Long	HKUGA	2 : 6.76
3	Swiss Duangthip	WIS	2 : 7.37
4	Lau Tsun Hei	DBS	2 : 8.70
5	Ho Wan Kiu Eddie	HKUGA	2 : 9.19
6	Lo Tsz Lok	CSWCSS	2 : 9.44
7	Chan King Hei	CSWCSS	2 : 11.11
8	Tong Chi Ching	HPCCSS	2 : 11.16

**3000m**

1	Man Rafe Maximilian	WIS	9 : 24.98
2	Dawes William Ernest	SMCESPS	9 : 33.40
3	Cheung Kwok Chun	DBS	9 : 36.80
4	Yip Tak Long	DBS	9 : 40.75
5	Sung Yim Lun	SSCS	9 : 47.76
6	Wong Cheuk Hang	PCMS	10 : 6.81
7	Ngan Lok Tin	LSC	10 : 9.24
8	Ng Yui Hang	SSCS	10 : 10.04

**4x100m Relay**

1		LSC	44.39
2		DBS	44.87
3		HPCCSS	45.13
4		CHECSS	46.66
5		WYK	46.96
6		PCMS	47.77
7		HKUGA	47.88
8		SSCS	48.32

**High Jump**

1	Chung Chi Kit	WYK	1.79
2	Li Kin On	HPCCSS	1.76
3	Au Yeung Yik Chong	HPCCSS	1.73
4	Wong Yu Hei	HKUGA	1.73
5	Element Max Alexander	WIS	1.70
6	Wong Jian Liang Nigel	SMCESPS	1.67
7	Lo Tin Yeung	WYHK	1.67
8	Lee Cheuk Hang Matthew	LSC	1.67

**Triple Jump**

			<u>wind speed</u>
1	Tse Hugo	DBS	13.02 + 0.1
2	Loi Hoi Lam	LSC	12.49 - 1.3
3	Chan Wai Ho Hugo	WFN	12.31 - 0.5
4	Tse Cheuk Hin	SSCS	12.20 - 1.4
5	Tsang Yin Yu Jonathan	HPCCSS	12.19 - 0.2
6	Li Wang Ngai	SJACS	12.05 - 1.9
7	Tam Aiden Tin Nok	DBS	11.97 - 1.1
8	Lee Cheuk Hang Matthew	LSC	11.93 - 0.7

**Shot Put**

1	Chang Ka Kuen	CHECSS	13.92
2	Low Kwan Yin	HKUGA	12.80
3	Yuen Wang Chun	DBS	12.69
4	Man Kwun Kiu	LSC	12.68
5	Wong Kwan Yu	HPCCSS	12.38
6	Fung Justin Long Hin	SSCS	12.37
7	Tse Ka Kin	YCKMC	12.26
8	Lee Ming Kiu Chester	SJACS	11.74

**Javelin**

1	Ito Eiki	DBS	50.08
2	Hung Kuei Chun	LSC	48.38
3	Cheng Eden	CSWCSS	46.41
4	Lai Tsz Ho	HPCCSS	43.90
5	Tang Cheuk Lam	WYK	42.42
6	Chan Yin Tat Christopher	DBS	42.08
7	Yiu Ching Yuen Whitney	SSCS	38.07
8	Lee Kai Chun	SJACS	37.56

**Boys C Grade**

wind speed : + 1.3

**100m**

1	Tam Pak Ho	LSC	11.70
2	Lam Ming Fung	SJACS	11.74
3	Chun Wai Nam	CSWCSS	11.75
4	Wan Fu Wang David	WYK	11.85
5	Lee Long Him	WYK	11.91
6	Ho Kai Shun	LSC	11.93
7	Wong Ho Ching	DBS	12.11
8	Sin Ka Hei	HPCCSS	12.51

**400m**

1	Chu Lok Yin	SSCS	55.26
2	Yuen Tsz Shun	HPCCSS	55.74
3	Ma King Yiu	LSC	56.44
4	Wong Kin Man	WFN	57.31
5	Chan Kwan Ching Osmond	LSC	57.41
6	Wong Chun Faat	SJACS	57.84
7	Tsang Man Chi	DBS	58.23
8	Kwong Chin Ching	SSCS	58.65

**1500m**

1	Chau Hoi Yeung	WYK	4 : 30.03
2	Yip Jan	DBS	4 : 34.77
3	Slattery Matthew Luke	LSC	4 : 40.85
4	Cheung Cho Wing Levin	DBS	4 : 42.75
5	Choy Ho Long Colin	PCMS	4 : 46.85
6	Theodore Angel Mag	WIS	4 : 51.40
7	Wai Sun Kiu	LSC	4 : 52.64
8	So Theodore Clement	WFN	4 : 54.66

**Discus**

1	Wong Kwan Yu	HPCCSS	51.59
2	Yong Shiu Chun	SMCESPS	49.17
3	Kwong Lut Ming	SMCESPS	46.52
4	Yuen Wang Chun	DBS	43.70
5	Yeung Yu Fung	HPCCSS	42.07
6	Man Kwun Kiu	LSC	41.97
7	Lau Tsz Yu	WFN	40.95
8	Wong Lok Tin	CHECSS	39.22

wind speed : + 0.4

**200m**

1	Tam Pak Ho	LSC	24.05
2	Chun Wai Nam	CSWCSS	24.12
3	Lam Ming Fung	SJACS	24.35
4	Ho Kai Shun	LSC	24.67
5	Wan Fu Wang David	WYK	24.68
6	Lee Long Him	WYK	25.00
7	Ma Ho Lung	WYHK	25.25
8	Yuen Tsz Shun	HPCCSS	26.75

**800m**

1	Slattery Matthew Luke	LSC	2 : 6.64
2	Chu Lok Yin	SSCS	2 : 7.55
3	Chau Hoi Yeung	WYK	2 : 9.40
4	Tong Tak Sum	DBS	2 : 15.92
5	Yip Wang Hei	DBS	2 : 17.73
6	Poon Wing Hong	HKUGA	2 : 18.10
7	Chung Cheung Ho	WFN	2 : 18.82
8	Lau Tsz Yui	LSC	2 : 20.76

wind speed : + 1.1

**100m Hurdles**

1	Roeksasud Rattapum	SJACS	14.88
2	Cheng King Hin	LSC	14.91
3	Chan Pok Him	HPCCSS	15.02
4	Tao Tsz Sum	WYHK	15.08
5	Lau Chun Hang	SMCESPS	15.64
6	Che Hau Nam	DBS	15.72
7	Heung Ho Yeung	DBS	15.75
8	Ng Chun Kam	HPCCSS	15.97

**4x100m Relay**

1	LSC	47.35
2	WYK	47.65
3	DBS	47.86
4	HPCCSS	48.33
5	WYHK	48.36
6	CSWCSS	49.45
7	SMCESPS	50.86

**4x400m Relay**

1	LSC	3	49.74
2	HPCCSS	3	53.10
3	WYK	3	56.20
4	DBS	3	56.41
5	SSCS	4	0.69
6	WFN	4	4.56
7	SJACS	4	7.03
8	CSWCSS	4	12.65

**High Jump**

1	Tao Tsz Sum	WYHK	1.70
2	Roeksasud Rattapum	SJACS	1.62
3	Tsang Man Chi	DBS	1.59
4	Che Hau Nam	DBS	1.59
5	Wong Tsz Ho	SMCESPS	1.59
6	Wong Nathan Yi Cheung	LSC	1.56
7	Chan Ching Hang Keith	WYHK	1.53
8	Wong Kin Man	WFN	1.53

**Long Jump**

				<u>wind speed</u>
1	Wong Ho Ching	DBS	5.82	+ 0.3
2	Walton Samuel Christopher	WIS	5.66	+ 0.1
3	Lai Ching Hang Hayman	DBS	5.41	+ 1.3
4	Ling Yu Hon	CSWCSS	5.41	+ 0.2
5	Chan Pok Him	HPCCSS	5.33	- 0.3
6	Cheng King Hin	LSC	5.32	+ 1.2
7	Tsang Yat Long	SWC	5.27	- 0.5
8	Wong Ho Lai	WFN	5.25	- 0.7

**Shot Put**

1	Li Sing Hoi	PCMS	12.33
2	Leung Tze Hin	CHECSS	12.21
3	Yin Wing Kei	SJACS	11.40
4	Chan Addison	CSWCSS	11.12
5	Cheung Ching Ho Anthony	DBS	10.22
6	Wong Ka Ho	LSC	10.19
7	Choi Hung Yun	CHECSS	9.87
8	Law Man Ho	SMCESPS	9.81

**Discus**

1	Wu Lap Ngai	LSC	38.69
2	Leung Tze Hin	CHECSS	34.16
3	Law Man Ho	SMCESPS	34.05
4	Chan Addison	CSWCSS	33.92
5	Lee Clement	HPCCSS	33.67
6	Li Sing Hoi	PCMS	31.31
7	Cheung Ching Ho Anthony	DBS	30.22
8	Wong Chun Yee	HKUGA	28.97

**Girls A Grade**

wind speed : + 0.9

**100m**

1	Leung Wing Hei	DGS	12.25
2	Chan Pui Kei	GHS	12.33
3	Fung Anneke	GHS	12.71
4	Kwok Hui Man Natalie	DGS	13.02
5	Fernandez Brielle Charisse	KGV	13.08
6	Yeung Ka Yi	HPCCSS	13.33
7	Chou Cheuk Huen	SPCS	13.38
8	Lee Hoi Yan Janice	SPCS	13.56

wind speed : - 0.2

**200m**

1	Leung Wing Hei	DGS	25.46
2	Chan Pui Kei	GHS	25.63
3	Wu Yi Lam	GHS	26.49
4	Fernandez Brielle Charisse	KGV	26.50
5	Kwok Hui Man Natalie	DGS	26.53
6	Chou Cheuk Huen	SPCS	27.52
7	Leung Ching Jolly	SCGS	28.71
8	Ng Yuk Yue Cythia	MCS	28.85

**400m**

1	Cheung Ming Ka	HYS	1	2.03
2	Wu Yi Lam	GHS	1	2.27
3	Wong Ching Kwan Janice	MCS	1	4.37
4	Lau Ho Ching	GHS	1	4.57
5	Poon Yiu Man	HYS	1	4.78
6	Chan Wai Laam Athena	DGS	1	4.91
7	Brantingham Isabelle Jeanne	WIS	1	5.69
8	Chen On Yu	DGS	1	6.87

**800m**

1	Chan Ying Sum	DGS	2	21.62
2	Wong Cheuk Ning	HYS	2	28.22
3	Jasmin Alyssa Drew	WIS	2	30.67
4	Chan Hiu Yee	HYS	2	31.02
5	Lau Ho Ching	GHS	2	31.56
6	Casey Kara Louisa Edith	KGV	2	32.11
7	Wong Hoi Kiu Ealas	SCGS	2	33.09
8	Evangeline Dorothy Ho Kwan Ng	WIS	2	35.62

wind speed : + 0.1

**1500m**

1	Wong Cheuk Ning	HYS	4	53.96
2	Chan Ying Sum	DGS	5	2.29
3	Jasmin Alyssa Drew	WIS	5	20.27
4	Chan Hiu Yee	HYS	5	25.51
5	Casey Kara Louisa Edith	KGV	5	30.97
6	Wong Hoi Kiu Ealas	SCGS	5	36.11
7	So Man Sum	GHS	5	42.46
8	Yau Sin To Priscilla	MCS	5	45.04

**100m Hurdles**

1	Fung Anneke	GHS	15.05
2	Kwong Ka Yu	WFN	15.63
3	Wong Sze Long	GHS	15.81
4	Chow Kwan Wing	DGS	15.88
5	Yum Ka Wing	HYS	16.07
6	Lee Chin Ching	HPCCSS	16.61
7	Chin Ching Tung	SPCS	17.33
8	Mok Chor Sze Chelsea	MCS	17.58

**4x100m Relay**

1		GHS	48.85
2		DGS	49.67
3		SPCS	51.54
4		HYS	52.91
5		MCS	53.53
6		HPCCSS	53.65
7		KGV	53.97
8		WIS	54.25

**4x400m Relay**

1		DGS	4	16.08
2		HYS	4	16.66
3		GHS	4	22.07
4		WIS	4	26.38
5		MCS	4	33.85
6		SPCS	4	39.00
7		SCGS	4	40.40
8		WFN	4	58.42

**High Jump**

1	Lai Yan Hei	GHS	1.74
2	Cheung Ching Laam	HYS	1.71
=3	Chow Kwan Wing	DGS	1.62
=3	Chan Wing Ka	GHS	1.62
5	Ho Wai Kiu Carrie	MCS	1.56
6	Lam Tsz Chin Janice	DGS	1.56
7	Chin Ching Tung	SPCS	1.53
8	Chan Yan Man	HYS	1.45

**Long Jump**

1	Chu Pui Ching	GHS	5.35	+ 0.3
2	Lam Nori	DGS	5.24	+ 0.6
3	Kwong Ka Yu	WFN	5.17	+ 0.9
4	Ng Yuk Yue Cythia	MCS	5.15	+ 0.9
5	Liu Wing Tung	SPCS	5.14	+ 0.5
6	Wong Sze Long	GHS	5.09	+ 1.2
7	Cheung Ching Laam	HYS	4.87	+ 1.7
8	Law Abby	HKUGA	4.74	+ 1.2

**Shot Put**

1	Chan Janice	GHS	10.42
2	Kwok Tsz Yi	GHS	9.53
3	Yiu Yi Yan Nicole	DGS	9.28
4	Fung Oi Ching	HKUGA	8.66
5	Fung Pak Hei	HYS	8.04
6	Chan Man Wai	SSGC	7.85
7	Lin Ka Wing	DGS	7.84
8	Cheung Pak Kiu	WFN	7.54

**Discus**

1	Chan Janice	GHS	36.76
2	Yiu Yi Yan Nicole	DGS	31.84
3	Lau Fong Ying	HYS	30.72
4	Tsui Ka Yan	DGS	29.81
5	Kwok Tsz Yi	GHS	27.71
6	Ng Yan Tung	HYS	26.41
7	Narasipuram Suyasha Mohan	SPCS	23.83
8	Ng Tsz Ching Angel	SCGS	22.36

**Javelin**

1	Tsui Ka Yan	DGS	36.24
2	Lau Wing Hei	GHS	33.97
3	Chan Tsz Yeuk	DGS	30.63
4	Ng Pui Yan	HYS	30.04
5	Sze Lok Yiu	GHS	29.21
6	Chow Cheuk Lam	HPCCSS	29.11
7	Yuen Lok Tsz	HYS	28.96
8	Yue Yan Tung Jovanna	SPCS	28.17

## Girls B Grade

wind speed : + 1.5

### 100m

1	Chan Sze Chai	DGS	12.66
2	Lee Wing Yiu	HKUGA	12.73
3	Ng Wing Shan	GHS	13.01
4	Chung Yui Ying	HPCCSS	13.10
5	Or Wing Lam Melinda	MCS	13.13
6	Lam Wing Tung	SSGC	13.20
7	Sze Kai Nok	HYS	13.32

### 400m

1	Ho Kin Ling	HYS	58.21
2	Ma Ying Wen Ashleigh	DGS	58.30
3	Fong Ching Sunnie	HYS	58.99
4	Man Wai Yan	MCS	1 : 1.22
5	Ngan Ching Man Yola	HKUGA	1 : 2.61
6	Chan Ling Lei	GHS	1 : 3.32
7	Cheung Yee Lam	GHS	1 : 3.71
8	Lai Kei Hei Larissa	SCGS	1 : 4.92

### 1500m

1	Wright Cade Cameron	SSGC	4 : 37.99
2	Wright Tallulah Taye	SSGC	4 : 49.45
3	Hall Charlotte Emily	KGV	5 : 2.44
4	Cheng Yan Ching	DGS	5 : 10.13
5	Lai Kirsten Tze Ka	KGV	5 : 11.99
6	Sela Mauvorneen Caldwell	WIS	5 : 12.97
7	Lee Man Chi	GHS	5 : 13.03
8	Lo Cheuk Yat	HYS	5 : 15.39

### 4x100m Relay

1		DGS	50.28
2		GHS	51.63
3		SPCS	52.08
4		HKUGA	52.15
5		HYS	52.83
6		HPCCSS	53.08
7		MCS	53.31
8		SSGC	54.31

### High Jump

1	Ko Charis	DGS	1.60
2	Kwan Ming Yan	GHS	1.54
3	Chan Lok Shu	SPCS	1.51
4	Yau Yue Fung	MCS	1.48
5	Lee Elena	KGV	1.40
6	Yu Hiu Tung	WFN	1.40
7	Lo Ching Yi Jenny	DGS	1.40
8	Yu Hei Man	HKUGA	1.40

wind speed : + 2.0

### 200m

1	Chan Sze Chai	DGS	25.70
2	Lee Wing Yiu	HKUGA	25.88
3	Ng Wing Shan	GHS	26.65
4	Or Wing Lam Melinda	MCS	26.75
5	Chung Yui Ying	HPCCSS	26.79
6	Mak Wing Ting Ashley	HYS	27.07
7	Jiang Cheuk Lam	HYS	27.10
8	Ngan Ching Man Yola	HKUGA	27.20

### 800m

1	Wright Cade Cameron	SSGC	2 : 16.46
2	Hall Charlotte Emily	KGV	2 : 24.69
3	Wright Tallulah Taye	SSGC	2 : 24.70
4	Lai Kirsten Tze Ka	KGV	2 : 27.14
5	Chau Lok Yi	WFN	2 : 28.25
6	Lee Man Chi	GHS	2 : 28.84
7	Lo Cheuk Yat	HYS	2 : 30.28
8	Sela Mauvorneen Caldwell	WIS	2 : 30.29

wind speed : + 0.2

### 100m Hurdles

1	Chan Sophie	DGS	15.27
2	Ma Ying Wen Ashleigh	DGS	15.82
3	Wat Cheuk Kiu	SPCS	16.43
4	Lam Verna	MCS	16.81
5	Yeung Tsz Wing	WFN	17.02
6	Wu Hei Man	HPCCSS	17.43
7	Sin Tsoi Ying Martha	MCS	18.45
8	Jiang Cheuk Lam	HYS	18.65

### 4x400m Relay

1		HYS	4 : 11.80
2		DGS	4 : 16.48
3		GHS	4 : 23.70
4		MCS	4 : 26.97
5		SSGC	4 : 29.05
6		KGV	4 : 29.81
7		WIS	4 : 30.84
8		SPCS	4 : 34.39

### Long Jump

1	Luo Tsz Yuen	HYS	5.59	<u>wind speed</u> + 1.4
2	Ho Kin Ling	HYS	5.37	+ 0.4
3	Chung Wai Yu Chelsea	SPCS	5.31	+ 0.6
4	Shum Hei Lam	DGS	5.20	+ 0.1
5	Man Wai Yan	MCS	5.11	+ 1.9
6	Kwan Ming Yan	GHS	4.90	+ 1.3
7	Sin Tsoi Ying Martha	MCS	4.86	+ 2.4
8	Tam Yat Sum Liz	DGS	4.76	+ 0.6

**Shot Put**

1	Law Hei	SPCS	11.36
2	Koo Hoi Ying Kody	HYS	11.02
3	Chiu Wai Ching	DGS	10.11
4	Wan Pak Hei Chloe Victoria	DGS	9.47
5	Cheung Shun Yu	SPCS	9.15
6	So Wing Shuen	GHS	9.11
7	Chan Cheuk Yee Chloe	KGV	8.75
8	Law Yuen Tung	GHS	8.18

**Discus**

1	Koo Hoi Ying Kody	HYS	30.62
2	Cheng Wing Chi Angelina	DGS	27.06
3	Lai Wai Nam	SPCS	26.18
4	Chiu Yi Shun	HYS	24.10
5	Yu Chin Hang Carina	DGS	23.95
6	Mui Chloe	SPCS	23.85
7	Mok Hiu Yan	GHS	22.34
8	Hui Ting Yan	MCS	22.17

**Javelin**

1	Wan Pak Hei Chloe Victoria	DGS	33.26
2	Chiu Yi Shun	HYS	32.85
3	Law Yuen Tung	GHS	32.38
4	Cheng Wing Chi Angelina	DGS	32.11
5	Cheung Hoi Lam	MCS	30.37
6	Chen Sze Ki	HKUGA	27.93
7	Suen Wing Kiu	HYS	27.63
8	Lo Yui Chit Ashley	GHS	23.89

**Girls C Grade**

wind speed : - 0.4

**100m**

1	Tang Cheuk Man Serena	DGS	12.74
2	Tam Hoi Ching	HYS	13.00
3	Yip Yan Ki Charlotte	HKUGA	13.04
4	Lee Rachel Man Hang	HYS	13.18
5	Tse Hang Ki	DGS	13.27
6	Ho Chan Hung	WFN	13.33
7	Lie Hiu Ching	GHS	13.56
8	Wong Cheuk Ying	HPCCSS	13.67

**400m**

1	Wu Ying Qiao	DGS	1 : 0.74
2	Ho Nok Lam	DGS	1 : 1.35
3	Leung Cosette	WFN	1 : 2.32
4	Choi Season	GHS	1 : 3.73
5	Pang Cheuk Yin	GHS	1 : 4.11
6	Chiu Hau Ching	HYS	1 : 4.17
7	Cheung Priscilla	SSGC	1 : 4.64
8	Li Tsz To	HKUGA	1 : 6.05

**1500m**

1	Wright Roxanne Scarlet	SSGC	4 : 53.42
2	Li Chi Ying	HKUGA	5 : 8.82
3	Kwok Sze Ming	HYS	5 : 13.58
4	Pudwill Christine Vipa	WIS	5 : 13.70
5	Lila Alaska Pelegia Man	WIS	5 : 19.76
6	Lau Ho Ching	SPCS	5 : 20.19
7	Chung Pui Ka	DGS	5 : 28.05
8	To Wing Yan	DGS	5 : 28.89

wind speed : + 0.6

**200m**

1	Tang Cheuk Man Serena	DGS	26.29
2	Tam Hoi Ching	HYS	26.90
3	Wu Ying Qiao	DGS	27.00
4	Li Tsz To	HKUGA	27.05
5	Li Huen Ming Apphia	HYS	27.20
6	Beatrice Mary Alice Panday	WIS	27.83
7	Choi Season	GHS	27.88
8	Yip Yan Ki Charlotte	HKUGA	28.04

**800m**

1	Wright Roxanne Scarlet	SSGC	2 : 25.35
2	Li Chi Ying	HKUGA	2 : 26.94
3	Wong Sum Yi	GHS	2 : 30.64
4	Lau Ho Ching	SPCS	2 : 32.77
5	Kwok Sze Ming	HYS	2 : 33.94
6	Casey Scarlett Anne	KGV	2 : 35.97
7	Grantham Ashley Jade	WIS	2 : 36.12
8	Lila Alaska Pelegia Man	WIS	2 : 36.80

wind speed : + 0.9

**100m Hurdles**

1	Leung Cosette	WFN	16.14
2	Chow Cheuk Ling	HYS	16.34
3	Lee Rachel Man Hang	HYS	16.55
4	Ko Wai Yin Sabrina	SPCS	16.94
5	Leung Nok Ching	GHS	17.25
6	Pak Hoi Man Chloe	DGS	17.44
7	Tsui Tsz Yan Michelle	MCS	17.71
8	Leung Yung Wan	WFN	20.70



**4x100m Relay**

1	DGS	50.33
2	HYS	50.80
3	WFN	52.28
4	GHS	52.41
5	SPCS	52.59
6	MCS	53.12
7	HPCCSS	53.33
8	SCGS	53.70

**4x400m Relay**

1	DGS	4	25.31
2	HYS	4	26.32
3	SPCS	4	30.73
4	WIS	4	33.37
5	KGV	4	35.79
6	SSGC	4	40.99
7	HKUGA	4	47.98
8			

**High Jump**

1	Poan Tsz Nam	GHS	1.50
=2	Mo Hoi Yan	HYS	1.47
=2	Siu Annissa	DGS	1.47
=4	Wong Pleroma Kaka	KGV	1.41
=4	Ching Po Tin Kaly	SPCS	1.41
6	Wong Tsz Ching	GHS	1.38
7	Kok Chin Wai Jovita	DGS	1.35
8	Hulac Marla Christine	WIS	1.35

**Long Jump**

				<u>wind speed</u>
1	Tam Hoi Lam	GHS	4.95	+ 0.4
2	Li Huen Ming Apphia	HYS	4.91	+ 1.2
3	Chan Wai Ting	DGS	4.83	+ 0.5
4	Lie Hiu Ching	GHS	4.83	- 0.2
5	Tsui Tsz Yan Michelle	MCS	4.74	+ 0.2
6	Li Yik Tung Farrah	SPCS	4.74	+ 0.2
7	Ng Tsz Ying	SPCS	4.71	+ 0.8
8	Chow Cheuk Ling	HYS	4.68	+ 0.4

**Shot Put**

1	Cheung Hoi Yan	GHS	10.32
2	Man Ho Lam Hina	DGS	9.79
3	Lee Sum Yuet Charlotte	HYS	9.55
4	Lee Ching Yan Stephanie	SPCS	9.31
5	Lau Ching Kiu Natalie	DGS	9.07
6	Wong Hei Man Celina	HYS	8.83
7	Chan Wai Shuen	GHS	8.81
8	Gurung Suhani	SCGS	8.09

**Discus**

1	Cheung Hoi Yan	GHS	26.26
2	Yung Cheuk Laam	HYS	25.11
3	Cheung Hei Ching	GHS	24.72
4	Lau Ching Kiu Natalie	DGS	24.57
5	Man Ho Lam Hina	DGS	23.89
6	Lee Sum Yuet Charlotte	HYS	23.79
7	Fung Tsz Yui	WFN	19.85
8	Law Lok Yan Jeannie	MCS	18.76

\*\*\*\*\* The End \*\*\*\*\*



HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Boys C Grade		Day 3								
School	Day 2	200m	800m	100mH	400m	100m	1500m	4x100	4x400	Total
1 LSC	41	14	10	7	10	12	8	18	18	138
2 DBS	56		9	5	2	2	12	12	10	108
3 WYK	20	7	6			9	9	14	12	77
4 HPCCSS	30	1		7	7	1		10	14	70
5 SJACS	29	6		9	3	7			4	58
6 CSWCSS	35	7				6		6	2	56
7 WYHK	27	2		5				8		42
8 SSCS	12		7		10				8	37
9 SMCESPS	23			4				4		31
9 WFN	17		2		5		1		6	31
11 CHECSS	29									29
12 PCMS	24						4			28
13 WIS	16						3			19
14 HKUGA	12		3							15
14 YCKMC	15									15
16 SWC	12									12

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Boys Overall		Day 3			
School		A	B	C	Total
1 LA SALLE COLLEGE	LSC	171	150	138	459
2 DIOCESAN BOYS' SCHOOL	DBS	184	152	108	444
3 HOI PING CHAMBER OF COMMERCE SEC SCHOOL	HPCCSS	64	124	70	258
4 WAH YAN COLLEGE (KOWLOON)	WYK	112	52	77	241
5 CHEUNG SHA WAN CATHOLIC SECONDARY SCHOOL	CSWCSS	73	44	56	173
6 ST. MARGARET'S COED ENGLISH SEC & PRI SCH	SMCESPS	54	54	31	139
7 ST. STEPHEN'S COLLEGE	SSCS	44	51	37	132
8 ST. JOSEPH'S ANGLO CHINESE SCHOOL	SJACS	37	36	58	131
9 WAH YAN COLLEGE (HONG KONG)	WYHK	55	22	42	119
10 TWGHS WONG FUT NAM COLLEGE	WFN	23	48	31	102
11 CHOI HUNG ESTATE CATHOLIC SECONDARY SCHOOL	CHECSS	23	47	29	99
11 WEST ISLAND SCHOOL	WIS	30	50	19	99
13 STFA SEAWARD WOO COLLEGE	SWC	41	41	12	94
13 YU CHUN KEUNG MEMORIAL COLLEGE	YCKMC	54	25	15	94

15	HKUGA COLLEGE	HKUGA	10	67	15	92
16	PUI CHING MIDDLE SCHOOL	PCMS	24	29	28	81

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Girls A Grade Day 3

School	Day 2	DC	200m	800m	100mH	400m	100m	4x100	4x400	Total
1 GHS	79.50	15	13	4	15	12	13	18	12	181.50
2 DGS	69.50	14	13	9	5	4	14	14	18	160.50
3 HYS	58	11		12	4	13		10	14	122
4 SPCS	28	4	3		2		3	12	6	58
5 MCS	29	1	1		1	6		8	8	54
6 WIS	25	1		7		2		2	10	47
7 KGV	15		5	3			4	4		31
8 HPCCSS	16	2			3		3	6		30
9 WFN	18	1			7				2	28
10 SCGS	16	2	2	2					4	26
11 HKUGA	17	1								18
12 SSGC	13									13

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Girls B Grade Day 3

School	Day 2	LJ	200m	800m	DC	100mH	400m	100m	4x100	4x400	Total
1 DGS	63	8	9		13	16	7	9	18	14	157
2 HYS	39	18	5	2	16	1	15	2	8	18	124
3 GHS	42	5	6	3	4		5	6	14	12	97
4 SPCS	40	8			11	6			12	2	79
5 MCS	29	8	5		3	7	5	4	4	10	75
6 SSGC	32	2		15	1			3	2	8	63
7 KGV	36	2		12	1					6	57
8 HKUGA	21		8				4	7	10		50
9 HPCCSS	11	1	4			3		5	6		30
9 WFN	20	2		4		4					30
11 WIS	17	1		1						4	23
12 SCGS	10	2					1				13

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Girls C Grade Day 3

School	Day 2	200m	800m	100mH	400m	100m	4x100	4x400	Total
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1	DGS	61.50	15		3	16	13	18	18	144.50
2	HYS	63.50	11	4	13	3	12	14	14	134.50
3	GHS	76	2	6	4	9	2	10		109
4	SPCS	39.50		5	5			8	12	69.50
5	WFN	23			10	6	3	12		54
6	HKUGA	23	6	7		1	6		4	47
7	WIS	30	3	3					10	46
8	SSGC	25		9		2			6	42
9	KGV	25.50		3					8	36.50
10	MCS	23			2			6		31
11	HPCCSS	19					1	4		24
12	SCGS	16						2		18

HONG KONG SCHOOLS SPORTS FEDERATION  
Inter-school Athletics Competition 2018/2019  
(HK Island and Kowloon)  
Division One 08/03/2019

Girls Overall Day 3

School		A	B	C	Total	
1	DIOCESAN GIRLS' SCHOOL	DGS	160.50	157	144.50	462
2	GOOD HOPE SCHOOL	GHS	181.50	97	109	387.50
3	HEEP YUNN SCHOOL	HYS	122	124	134.50	380.50
4	ST. PAUL'S CONVENT SCHOOL	SPCS	58	79	69.50	206.50
5	MARYKNOLL CONVENT SCHOOL	MCS	54	75	31	160
6	KING GEORGE V SCHOOL	KGV	31	57	36.50	124.50
7	ST. STEPHEN'S GIRLS' COLLEGE	SSGC	13	63	42	118
8	WEST ISLAND SCHOOL	WIS	47	23	46	116
9	HKUGA COLLEGE	HKUGA	18	50	47	115
10	TWGHS WONG FUT NAM COLLEGE	WFN	28	30	54	112
11	HOI PING CHAMBER OF COMMERCE SEC SCHOOL	HPCCSS	30	30	24	84
12	ST. CLARE'S GIRLS' SCHOOL	SCGS	26	13	18	57

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Championships  
 (HK Island and Kowloon)  
 Division One  
 Day One: 27 February 2019

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 Event 1 High Jump Girls C

Standard: 1.25 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Poan Tsz Nam	GHS	1.50	Standard	9
2	Mo Hoi Yan	HYS	1.47	Standard	7
2	Siu Annissa	DGS	1.47	Standard	7
4	Wong Pleroma Kaka	KGV	1.41	Standard	5
4	Ching Po Tin Kaly	SPCS	1.41	Standard	5
6	Wong Tsz Ching	GHS	1.38	Standard	3
7	Kok Chin Wai Jovita	DGS	1.35	Standard	2
8	Hulac Marla Christine	WIS	1.35	Standard	1
	Lo Hoi Yiu	HYS	1.30	Standard	
	Lam Cheuk Yan	HPCCSS	1.30	Standard	
	Li Zai Qing	WFN	1.25	Standard	
	Lam Yu Ching	WFN	1.25	Standard	
	Lin Yuen Wa	HKUGA	1.20		
	Fung Yu Wai	SPCS	1.20		
	Kan Hoi Kiu	HPCCSS		No Mark	
	Lam Lok Sze Shannon	MCS		No Mark	
	Tse Yu Sum Maisie	MCS		No Mark	
	Dingal Kiel Ashley Caasi	SCGS		No Mark	
	Lam Cheuk Yiu Cherrie	HKUGA		DN take part	
	Ella Louisa Brown	WIS		No Mark	
	Schroeder Rachel Lynn	KGV		No Mark	
	Ding Wing Tung Vanessa	SCGS		No Mark	

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 Event 2 Shot Put Girls B

Standard: 7.25 (3kg) Record: 12.25 (2009) (3kg)

Position	Name	School	Result	Remark	Points
1	Law Hei	SPCS	11.36	Standard	9
2	Koo Hoi Ying Kody	HYS	11.02	Standard	7
3	Chiu Wai Ching	DGS	10.11	Standard	6
4	Wan Pak Hei Chloe V.	DGS	9.47	Standard	5
5	Cheung Shun Yu	SPCS	9.15	Standard	4
6	So Wing Shuen	GHS	9.11	Standard	3
7	Chan Cheuk Yee Chloe	KGV	8.75	Standard	2
8	Law Yuen Tung	GHS	8.18	Standard	1
	Chan Sze Chit	SSGC	8.00	Standard	
	Cheung Cheuk Hei	SSGC	8.00	Standard	
	Ma Ka Yan	HPCCSS	8.00	Standard	
	Tsui Tsz Ching Jessie	SCGS	7.97	Standard	
	Chen Sze Ki	HKUGA	7.85	Standard	
	Chan Sheung Ling Celina	MCS	7.80	Standard	
	Mamon Danielle Eden	KGV	7.67	Standard	
	Chan Nga Man	HYS	7.60	Standard	
	Lai Hiu Chi Emily	HKUGA	7.47	Standard	
	Hui Ting Yan	MCS	7.27	Standard	
	Kwok Tsoi Yi	WFN	7.22		
	Chan Sum Wing Priscilla	SCGS	6.89		
	Ciarra Walsh Desir	WIS	6.67		
	Wong Sik Wai Joyce	WIS	6.53		
	Chen Kwan Kiu	WFN	5.88		

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 Event 3 Javelin Boys B

Standard: 25.50 (600gm) Record: 56.91 (2017) (600gm)

Position	Name	School	Result	Remark	Points
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1	Ito Eiki	DBS	50.08	Standard	9
2	Hung Kuei Chun	LSC	48.38	Standard	7
3	Cheng Eden	CSWCSS	46.41	Standard	6
4	Lai Tsz Ho	HPCCSS	43.90	Standard	5
5	Tang Cheuk Lam	WYK	42.42	Standard	4
6	Chan Yin Tat Christopher	DBS	42.08	Standard	3
7	Yiu Ching Yuen Whitney	SSCS	38.07	Standard	2
8	Lee Kai Chun	SJACS	37.56	Standard	1
	Tong Kong Hin	CHECSS	34.53	Standard	
	Chung Chi Kit	WYK	34.31	Standard	
	Chan Ka Hei	WFN	33.80	Standard	
	Wong Nok Him	SMCESPS	31.48	Standard	
	Wan Chun Kiu	YCKMC	31.20	Standard	
	Lui Ho Ming	SWC	29.18	Standard	
	Wan Pui Wah	CHECSS	28.95	Standard	
	Yeung Yu Fung	HPCCSS	28.00	Standard	
	Poon Ho Wang	LSC	27.64	Standard	
	Mui Godwin Yan Ming	SMCESPS	27.26	Standard	
	Bhandari Om Raj	WFN	26.43	Standard	
	Chan Pak Lun	HKUGA	24.91		
	Wong Sui Tsang	SWC	23.91		
	River Nicholas Melsom	WIS	22.90		
	Wong Hoi Chung	PCMS	22.74		
	Dylan Lok Kei Richards	WIS	21.32		
	Chan King Hei	SSCS	21.06		
	Tung Kwan	HKUGA	20.62		
	Lee Shu Wing	YCKMC	19.31		
	Wong Ho Wang	WYHK	17.92		
	Lee Yee Wang	WYHK		DN take part	
	Ng Chun Hei	CSWCSS		DN take part	

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Event 4 Triple Jump Boys B

Standard: 10.50

Record: 13.67 (2009)

Position	Name	School	Result	Remark	Points
1	Tse Hugo	DBS	13.02	Standard	9
2	Loi Hoi Lam	LSC	12.49	Standard	7
3	Chan Wai Ho Hugo	WFN	12.31	Standard	6
4	Tse Cheuk Hin	SSCS	12.20	Standard	5
5	Tsang Yin Yu Jonathan	HPCCSS	12.19	Standard	4
6	Li Wang Ngai	SJACS	12.05	Standard	3
7	Tam Aiden Tin Nok	DBS	11.97	Standard	2
8	Lee Cheuk Hang Matthew	LSC	11.93	Standard	1
	Leung Ngai Lam	YCKMC	11.82	Standard	
	Wong Yu Hei	HKUGA	11.82	Standard	
	Poon Hiu Yeung	HPCCSS	11.63	Standard	
	Loong Tsz Hin	WYK	11.43	Standard	
	Hui Lok Hin	CHECSS	11.29	Standard	
	Yip Man Wai Henry	YCKMC	11.24	Standard	
	Lau Wai Kit	SWC	11.11	Standard	
	Wong Hei Man	HKUGA	11.09	Standard	
	Yan Wang Leong Byron	SJACS	11.06	Standard	
	Lau Chun Wai Rex	WYK	10.99	Standard	
	Chan Lok Wang	SWC	10.86	Standard	
	Ho Chung Hin	SMCESPS	10.77	Standard	
	Yip Joshua	CSWCSS	10.75	Standard	
	Li Chun Yin Gerald	SSCS	10.69	Standard	
	Chan Isaac	WYHK	10.56	Standard	
	Tsung Pok Yin	WFN	10.37		
	Lam Pak On	PCMS	10.29		
	Max Jacob Phelps	WIS	10.27		
	Woo Ming Yui	WYHK	9.66		
	Hsueh Che Daron	SMCESPS	9.02		
	Rohan Aron	WIS		No Mark	
	Kam Kei Ching	PCMS		DN take part	
	Ng Chun Hei	CSWCSS		DN take part	
	Yang Ho Lung	CHECSS		DN take part	

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 Event 5 400m Hurdles Boys A

Standard: 1:07.50 (0.84m) Record: 52.86 (2016) (0.84m)

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Heat					SF	Lane
1	Cheung Wang Hei	WYK	56.23	Standard	1	2
2	Fung Chun Wai Henry	LSC	56.40	Standard	2	2
3	Yeung Tsz Kim	SJACS	1: 1.58	Standard	2	4
4	Cheung Yun Sang	SSCS	1: 1.82	Standard	2	5
5	Wong Yu Hin	DBS	1: 3.75	Standard	2	7
6	Cheung Chi Kit	YCKMC	1: 4.40	Standard	1	7
7	Lui Wing Lok	CSWCSS	1: 4.56	Standard	1	1
8	Cheung Kwan Lok	WFN		DN start		

Heat					SF	Lane
1	Chan Ching Fung	LSC	59.67	Standard	2	3
2	Leung Hoi Yue	DBS	1: 0.70	Standard	1	3
3	Lai Shing Yan Ryan	WFN	1: 3.06	Standard	1	5
4	Lai Hoi Wang	WYK	1: 3.09	Standard	1	6
5	Fan Yueyi	CSWCSS	1: 3.34	Standard	2	6
6	Tsui Ho Nam	SSCS	1: 6.29	Standard	2	8
7	Lee Tsz Yin	SJACS	1: 6.31	Standard	1	8
8	Kong Ka Chun	YCKMC	1: 9.06			

Heat					SF	Lane
1	Ma Hugo	HPCCSS	1: 6.16	Standard	2	1
2	Li Wan Tsun	WYHK	1: 6.68	Standard		
3	Wong Kar Chun	CHECSS	1: 7.33	Standard		
4	Yiu Tsz Leong	PCMS	1: 8.63			
5	Wong Sik Yin	SMCESPS	1: 9.71			
6	Cheung Heung Ming	SWC	1:11.84			
7	Thomas Woods	WIS	1:14.98			

Heat					SF	Lane
1	Chau Cheuk Hong	HPCCSS	1: 1.08	Standard	1	4
2	Yip Chi Fung	SMCESPS	1: 8.47			
3	Lai Yuen Ho	SWC	1: 8.94			
4	Chan Chi Chun	WIS	1: 9.14			
5	Chau Chi Yung	CHECSS	1:10.33			
6	Chan Kirk	WYHK	1:15.15			
7	Leung Chun Hei Bryan	PCMS		DN start		

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 Event 6 100m Girls C

Standard: 15.00 Record: 12.48 (2010)

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Heat					Final	Lane
1	Tang Cheuk Man Serena	DGS	12.53	Standard	2	
2	Yip Yan Ki Charlotte	HKUGA	12.70	Standard	3	
3	Wong Cheuk Ying	HPCCSS	13.26	Standard	6	
4	Lam Yan Yee Natasha	MCS	13.61	Standard		
5	Li Sum Yee	GHS	13.61	Standard		
6	Lau Yu Yung	KGV	14.33	Standard		
7	Chan Sakurako	SSGC	14.70	Standard		
8	Goodwin Lily Isabella B.	WIS	14.93	Standard		

Heat					Final	Lane
1	Lee Rachel Man Hang	HYS	12.98	Standard	5	
2	Ho Chan Hung	WFN	13.37	Standard	7	
3	Lie Hiu Ching	GHS	13.43	Standard	1	
4	Fong Hiu Tung Jennifer	SCGS	13.53	Standard		
5	Chui Tin Heng	HKUGA	13.58	Standard		
6	Ng Tsz Ying	SPCS	13.77	Standard		
7	Yiu Hoi Ki Alyssia	MCS	13.79	Standard		
8	Chan Wing Tung	SSGC	14.52	Standard		

Heat					Final	Lane
1	Tam Hoi Ching	HYS	12.91	Standard	4	
2	Tse Hang Ki	DGS	13.52	Standard	8	
3	Chan Hui Yung	SPCS	13.72	Standard		
4	Li Zai Qing	WFN	14.11	Standard		
5	Lee Ka Yan	HPCCSS	14.18	Standard		
6	Wong Tin Ching Cary	SCGS	14.19	Standard		



7	Pitter Mei Saan	WIS	14.26	Standard
8	Casey Sadie Marie	KGV	14.34	Standard

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Event 7 100m Girls B

Standard: 14.60 Record: 11.89 (2016)

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Heat 1

Final Lane

1	Lee Wing Yiu	HKUGA	12.71	Standard	2
2	Ng Wing Shan	GHS	12.94	Standard	5
3	Or Wing Lam Melinda	MCS	13.10	Standard	1
4	Gong Claire	KGV	13.96	Standard	
5	Tse Yi Tung	HPCCSS	14.58	Standard	
6	Cheung Tsz Ching Jasmine	WFN	14.79		
7	Li Yixuan	SSGC	14.94		
8	Lai Tsz Ching Edith	SCGS	17.21		

Heat 2

Final Lane

1	Sze Kai Nok	HYS	13.05	Standard	6
2	Chung Yui Ying	HPCCSS	13.06	Standard	7
3	Chan Sophie	DGS	13.43	Standard	
4	Wat Cheuk Kiu	SPCS	13.70	Standard	
5	Cheng Tsz Ching	HKUGA	13.91	Standard	
6	Yeung Tsz Wing	WFN	14.21	Standard	
7	Bardin Julie Cecile Hana	KGV	14.44	Standard	
8	Choi Man Yan Nastassia	WIS	14.78		

Heat 3

Final Lane

1	Luo Tsz Yuen	HYS	12.83	Standard	3
2	Chan Sze Chai	DGS	12.85	Standard	4
3	Lam Wing Tung	SSGC	13.28	Standard	8
4	Lo Yee Lam Ivy	GHS	13.53	Standard	
5	To Cheuk Wing Carissa	SPCS	13.67	Standard	
6	Lam Verna	MCS	13.80	Standard	
7	Haskins Kyra Aisling	WIS	13.85	Standard	
8	Yuen Yuk Ting Kivia	SCGS	16.58		

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Event 8 100m Girls A

Standard: 14.50 Record: 11.85 (2017)

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Heat 1

Final Lane

1	Chan Pui Kei	GHS	12.38	Standard	3
2	Yeung Ka Yi	HPCCSS	13.05	Standard	7
3	Lee Hoi Yan Janice	SPCS	13.32	Standard	8
4	Kwong Wing Yiu	HYS	13.59	Standard	
5	Wong Hoi Lam Stephanie	SCGS	13.94	Standard	
6	Arkwright Kaley Rebecca	KGV	13.97	Standard	
7	Inez Bolton	WIS	14.19	Standard	
8	Law Ka Yan	WFN	14.72		

Heat 2

Final Lane

1	Fernandez Brielle C.	KGV	12.74	Standard	4
2	Kwok Hui Man Natalie	DGS	12.89	Standard	6
3	Chou Cheuk Huen	SPCS	13.23	Standard	1
4	Wong Yui Chin	HYS	13.33	Standard	
5	Chau Sze Wing Cicely	WIS	13.54	Standard	
6	Chan Sik Yeung Chava	MCS	13.66	Standard	
7	Leung Bi En	HKUGA	14.46	Standard	
8	Kwok Yan	SSGC	14.60		

Heat 3

Final Lane

1	Leung Wing Hei	DGS	12.28	Standard	2
2	Fung Anneke	GHS	12.82	Standard	5
3	Mok Chor Sze Chelsea	MCS	13.63	Standard	
4	Cheung Hiu Man	HPCCSS	13.92	Standard	
5	Chan Lok Yi Katie	SCGS	14.42	Standard	
6	Yeung Sze Pui	WFN	15.00		
7	Cho Chun	HKUGA	15.29		
8	Cheung Man Lok	SSGC	15.96		

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Event 9 100m Boys C

Standard: 13.30 Record: 11.21 (2009)

Heat 1					SF	Lane
1	Ho Kai Shun	LSC	12.18	Standard	2	4
2	Ma Ho Lung	WYHK	12.37	Standard	1	6
3	Wong Tsz Ho	SMCESPS	12.65	Standard	2	6
4	Yau Ching Hong	SSCS	12.82	Standard	2	1
5	Chen Chi Nang	CHECSS	13.02	Standard		
6	Cheung Wing Hei	SJACS	13.23	Standard		
7	Leung Broderick Yiu Hei	WIS	13.32			
8	Wong Yat Chun	HKUGA	13.79			

Heat 2					SF	Lane
1	Tam Pak Ho	LSC	11.85	Standard	1	2
2	Wan Fu Wang David	WYK	11.90	Standard	2	2
3	Lam Ming Fung	SJACS	12.02	Standard	1	3
4	Wong Ho Ching	DBS	12.33	Standard	1	5
5	Lee Clement	HPCCSS	12.67	Standard	2	7
6	Kwong Chin Ching	SSCS	12.85	Standard		
7	Chow Hon Lam	CSWCSS	13.19	Standard		
8	Luk Hiu Tin	SWC	13.55			

Heat 3					SF	Lane
1	Chun Wai Nam	CSWCSS	11.96	Standard	2	3
2	Lee Long Him	WYK	12.05	Standard	1	4
3	Sin Ka Hei	HPCCSS	12.28	Standard	2	5
4	Chan Wang Hei	DBS	12.72	Standard	1	7
5	Tsang Yat Long	SWC	12.79	Standard	1	1
6	Wong Ho Lai	WFN	13.09	Standard		
7	Siu Chung Nam	YCKMC	13.61			
8	Ng Ho Hin	PCMS	13.74			

Heat 4					SF	Lane
1	Chan Pak Wing	WYHK	12.83	Standard	2	8
2	Yung Hin Yung	SMCESPS	12.84	Standard	1	8
3	Pan Hing Kwan	YCKMC	13.25	Standard		
4	Liu Kiean Cong San	WIS	13.37			
5	Chan Ngai Long Adrian	HKUGA	13.37			
6	Pun Chun Hung	WFN	13.48			
7	Hui King Lok	CHECSS	13.88			

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Event 10 100m Boys B

Standard: 12.50

Record: 11.02 (2017)

Heat 1					SF	Lane
1	Lee King Him Keith	HKUGA	11.77	Standard	2	4
2	Law Lok Him	HPCCSS	11.93	Standard	2	6
3	Mo Wang Hei	WYK	12.18	Standard	2	8
4	Kwan Chi Kan	CHECSS	12.20	Standard	1	8
5	Lam Nok Yin	SJACS	12.48	Standard		
6	Lau Wai Kit	SWC	12.75			
7	Chong Wai Chak	CSWCSS	12.95			
8	Chan Yui Pui	YCKMC	13.28			

Heat 2					SF	Lane
1	Lam Chak Yu	HPCCSS	11.13	Standard	1	2
2	Chan Chun Hei	CHECSS	11.54	Standard	1	3
3	Chan Tsz Wai	SJACS	11.62	Standard	1	4
4	Ho Wan Kiu Eddie	HKUGA	12.07	Standard	1	1
5	Woo Yau Hong	SWC	12.26	Standard		
6	Tan Junjie	CSWCSS	12.50	Standard		
7	Chu Jun	WYK	12.57			
8	Chow Chi Hang	YCKMC	13.32			

Heat 3					SF	Lane
1	Ng Tsz Lok	DBS	11.50	Standard	2	3
2	Qin Yuxi	LSC	11.80	Standard	2	5
3	Ngan Yuen Ho	WYHK	11.86	Standard	1	5
4	Wan Kai Hei	WFN	12.01	Standard	1	7
5	Wan Ching Laam	PCMS	12.13	Standard	2	1
6	Tsung Cheuk Ki	SSCS	12.27	Standard		
7	Ko Ka Jun	WIS	12.34	Standard		
8	Lee Kai Hoi	SMCESPS	12.99			

Heat 4					SF	Lane
1	Mak Chun Ho	LSC	11.23	Standard	2	2
2	Lau Chun Yau Adrian	DBS	11.86	Standard	1	6
3	Cheung Yee Hang	WYHK	11.94	Standard	2	7
4	Poon Tsz Ho	WFN	12.22	Standard		
5	Lee Tsz Ho	PCMS	12.28	Standard		
6	Alexander Kingston W.	WIS	12.36	Standard		
7	Yuen Kin Pong	SMCESPS	12.41	Standard		
8	Cheng Yat Hei	SSCS	12.51			

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Event 11 100m Boys A

Standard: 12.20

Record: 10.60 (2018)

Heat 1					SF	Lane
1	Ma King Yeung	LSC	10.89	Standard	1	2
2	Wong Pak Hang	WYK	11.39	Standard	2	3
3	Chan Yuk Hei	SJACS	11.49	Standard	2	5
4	Sihawong Ho Ka Kit	YCKMC	12.23			
5	Wong Wang Hei	HKUGA	12.75			
6	Tsang Hei Yeung	WFN	12.90			
7	Lai Man Tak	CHECSS		DN start		
8	Cheung Ka Ho	SSCS		DN start		

Heat 2					SF	Lane
1	Fung Chi Lok	WYK	11.31	Standard	2	2
2	Lam Chun Keung	SJACS	11.54	Standard	1	5
3	Lee Nok Yin	DBS	11.65	Standard	2	6
4	Xu Huaming	CSWCSS	11.67	Standard	1	1
5	Au Kam Him	HPCCSS	11.68	Standard	2	1
6	Poon Pak Hei	WFN	12.26			
7	Yip Yui Kin	YCKMC	12.27			
8	Wong Yau Chung	SSCS	12.72			

Heat 3					SF	Lane
1	Hue Sheung Chun	DBS	11.45	Standard	2	4
2	Ha Yick Hung Matthew C.	WIS	11.67	Standard	1	7
3	He Jiaying	PCMS	11.70	Standard	2	8
4	Leung Wang Kit	HPCCSS	11.71	Standard	1	8
5	Wong King Tak	CSWCSS	11.82	Standard		
6	Lau Ho Fung	WYHK	12.08	Standard		
7	Tung Ngo Long	SWC	12.83			
8	Chau Isaac Ho Yung	SMCESPS	13.58			

Heat 4					SF	Lane
1	Kam Luhng Olivier Pitter	WIS	11.41	Standard	1	3
2	Cheung Siu Hang	WYHK	11.42	Standard	1	4
3	Ha Cho Hin	SWC	11.55	Standard	1	6
4	Wong Pak Hei Linus	LSC	11.67	Standard	2	7
5	Wong Chi Hong	CHECSS	12.11	Standard		
6	Wong Chun Ki	SMCESPS	12.65			
7	Lam Shek Yin	HKUGA	13.32			

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Event 12 Long Jump Girls A

Standard: 4.10

Record: 5.63 (2015)

Position	Name	School	Result	Remark	Points
1	Chu Pui Ching	GHS	5.35	Standard	9
2	Lam Nori	DGS	5.24	Standard	7
3	Kwong Ka Yu	WFN	5.17	Standard	6
4	Ng Yuk Yue Cythia	MCS	5.15	Standard	5
5	Liu Wing Tung	SPCS	5.14	Standard	4
6	Wong Sze Long	GHS	5.09	Standard	3
7	Cheung Ching Laam	HYS	4.87	Standard	2
8	Law Abby	HKUGA	4.74	Standard	1
	Hung On In Jamie	HPCCSS	4.66	Standard	
	Leung Bi En	HKUGA	4.58	Standard	
	Lam Tsz Chin Janice	DGS	4.54	Standard	
	Sakai-Stoute Umi Saudia	WIS	4.44	Standard	
	Chan Ka Wai	MCS	4.41	Standard	
	Chan Tung Ying	HPCCSS	4.41	Standard	

Zeng Tsz Siu	HYS	4.32	Standard
Chan Tsz Yan Tracy	SCGS	4.31	Standard
Ng Yan Kiu Susanna	SPCS	4.27	Standard
Au Yee Ching	WFN	4.13	Standard
Yeung Rhian Cheuk Yin	SSGC	3.54	
Leung Hon Yan	SSGC	3.33	
Imai Rika	SCGS	3.32	
Greene Farhana Ciara	KGV		DN take part
Arkwright Kaley Rebecca	KGV		DN take part
Patsy Ng	WIS		DN take part

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Event 13 1500m Girls C

Standard: 6:30.00 Record: 4:59.56 (2017)

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Final				Points
1	Wright Roxanne Scarlet	SSGC	4:53.42	9
2	Li Chi Ying	HKUGA	5: 8.82	7
3	Kwok Sze Ming	HYS	5:13.58	6
4	Pudwill Christine Vipa	WIS	5:13.70	5
5	Lila Alaska Pelegia Man	WIS	5:19.76	4
6	Lau Ho Ching	SPCS	5:20.19	3
7	Chung Pui Ka	DGS	5:28.05	2
8	To Wing Yan	DGS	5:28.89	1
9	Wong Sum Yi	GHS	5:31.19	
10	Ma Satsuki Tse Lam	HYS	5:32.51	
11	Lam Chi Ching	HPCCSS	5:32.81	
12	Yeung Kei Yau Carina	MCS	5:45.22	
13	Kan Yau Ka Charlotte	KGV	5:46.53	
14	Ng Wing Sum Minnie	WFN	5:46.76	
15	Chong Hoi Kiu Gloria	GHS	5:49.00	
16	Brunner Claudia Phoebe E.	KGV	5:50.51	
17	Ng Sin Ying Cheryl	HKUGA	5:53.87	
18	Wong Ching Kiu Queenie	SCGS	5:55.28	
19	Wun Tsz Ching	HPCCSS	6: 0.08	
20	Fung Tsz Yui	WFN	6: 1.46	
21	Lo Ting Kei	SPCS	6: 1.50	
22	Chiu Kai On	SSGC	6: 1.75	
23	Ching Hau Yiu Corine	SCGS	6: 8.17	
24	Kwok Yee Lam	MCS	6:52.70	

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Event 14 1500m Girls B

Standard: 6:25.00 Record: 4:52.83 (2018)

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Final				Points
1	Wright Cade Cameron	SSGC	4:37.99	9
2	Wright Tallulah Taye	SSGC	4:49.45	7
3	Hall Charlotte Emily	KGV	5: 2.44	6
4	Cheng Yan Ching	DGS	5:10.13	5
5	Lai Kirsten Tze Ka	KGV	5:11.99	4
6	Sela Mauvorneen Caldwell	WIS	5:12.97	3
7	Lee Man Chi	GHS	5:13.03	2
8	Lo Cheuk Yat	HYS	5:15.39	1
9	Chau Lok Yi	WFN	5:17.19	
10	Au Che Yiu	HYS	5:18.07	
11	Man Wing	DGS	5:33.58	
12	Leia Olga Green	WIS	5:34.42	
13	Hung Lok Ching	HKUGA	5:41.15	
14	Cheung Ka Ming	MCS	5:43.71	
15	Lo Hoi Yan	WFN	5:46.37	
16	Ting Tsoi Yan Chelsea	SPCS	5:58.97	
17	Shum Virginia Virginia	SCGS	5:59.98	
18	Leung Ka Ching	HKUGA	6: 6.15	
19	Lee Yuen Bing	HPCCSS	6: 7.35	
20	Kwong Ka Wing	SPCS	6: 8.64	
21	Law Hoi Lam	GHS	6:14.64	
22	Chu Hok Yan	MCS	6:16.35	
23	Lui Shu Nga Joshulina	SCGS	6:23.35	

24 Leung Yuen Ting HPCCSS 6:26.07

Event 15 1500m Girls A

Standard: 6:15.00

Record: 4:53.27 (2015)

Final

Points

1	Wong Cheuk Ning	HYS	4:53.96
2	Chan Ying Sum	DGS	5: 2.29
3	Jasmin Alyssa Drew	WIS	5:20.27
4	Chan Hiu Yee	HYS	5:25.51
5	Casey Kara Louisa Edith	KGV	5:30.97
6	Wong Hoi Kiu Ealas	SCGS	5:36.11
7	So Man Sum	GHS	5:42.46
8	Yau Sin To Priscilla	MCS	5:45.04
9	Poon Sze Ching Florence	SPCS	5:46.26
10	Ho Hei Lam	DGS	5:52.41
11	Man Sum Yi Shari	GHS	5:57.17
12	Mui Christy	SPCS	5:58.77
13	Chan Sum Yee	MCS	5:59.50
14	Leung Wing Ka	HKUGA	6: 0.45
15	Ng Pui Hang	WIS	6: 1.72
16	Ngai Hei Yee	SSGC	6: 3.23
17	Lou Cheuk Yin	SSGC	6:15.40
18	Li Cheuk Ying	WFN	6:26.45
19	Poernomo Ashley Ananda	KGV	6:29.82
20	Cheng Shun Yi	WFN	6:32.09
21	Wong Ka Yee	HKUGA	

Event 16 1500m Boys C

Standard: 5:25.00

Record: 4:31.24 (2008)

Heat 1

Final Lane

1	Chau Hoi Yeung	WYK	4:34.75	Standard	1
2	Cheung Cho Wing Levin	DBS	4:41.81	Standard	2
3	Choy Ho Long Colin	PCMS	4:44.22	Standard	4
4	Theodore Angel Mag	WIS	4:59.10	Standard	6
5	Wai Sun Kiu	LSC	5: 0.74	Standard	7
6	Tse Hou Ting	HPCCSS	5: 1.74	Standard	10
7	Pang Tsz Yin	WYHK	5: 6.62	Standard	
8	Ma Tin Lok	CSWCSS	5: 7.70	Standard	
9	Wong Kai Yin	SJACS	5:11.22	Standard	
10	Chau Pui Yui Austin	SMCESPS	5:12.91	Standard	
11	Chor Wai Pang	YCKMC	5:17.07	Standard	
12	Chiu Pak Hei	HKUGA	5:18.60	Standard	
13	Poon Ka Yau	WFN	5:30.22		
14	Law Tsz Lok	SWC	5:46.25		
15	Ng Tin Yau	SSCS	6: 1.05		
16	Lin Shuhong	CHECSS	6:12.88		

Heat 2

Final Lane

1	Yip Jan	DBS	4:42.11	Standard	3
2	Slattery Matthew Luke	LSC	4:50.24	Standard	5
3	Ngai Hei Long Jake	HPCCSS	5: 0.86	Standard	8
4	So Theodore Clement	WFN	5: 1.15	Standard	9
5	Cheung Chin Lap	CSWCSS	5: 5.19	Standard	11
6	Chan Ho	PCMS	5: 5.90	Standard	12
7	Chan Yui Fung	WYK	5: 6.32	Standard	
8	Poon Wing Hong	HKUGA	5: 7.55	Standard	
9	Chau Ching Kiu	YCKMC	5:14.01	Standard	
10	Wan Hei Yeung	SWC	5:16.11	Standard	
11	Chu Hin Hang	SMCESPS	5:27.15		
12	Chan Yu Yam	WYHK	5:29.83		
13	Leung Ting Fui	SSCS	6: 1.57		
14	Chan Hon Ki Keir	CHECSS	6:12.51		
15	Hall Tomas Zionede	WIS		DQ	

Event 17 1500m Boys B

Standard: 5:04.00

Record: 4:12.07 (2016)

Heat 1					Final Lane
1	Man Rafe Maximilian	WIS	4:28.62	Standard	4
2	Lau Tsun Hei	DBS	4:34.36	Standard	6
3	Wong Cheuk Hang	PCMS	4:36.72	Standard	9
4	Ngan Lok Tin	LSC	4:37.50	Standard	10
5	Ng Yui Hang	SSCS	4:38.64	Standard	11
6	Wong Chi Kin	WFN	4:43.63	Standard	
7	Kwan Ka Tzun Ronan	SMCESPS	4:46.23	Standard	
8	Liu Bu Wen Darian	WYHK	4:47.05	Standard	
9	Pang Chun Pan Terry	CSWCSS	4:50.46	Standard	
10	Wong Hon Fai	SJACS	4:52.72	Standard	
11	Yung King Hei	SWC	4:53.83	Standard	
12	Chung Hou Joeng Jeremy	HPCCSS	5: 4.51		
13	Fok Owen	YCKMC	5: 6.34		
14	Yuen Godwin	WYK	5: 9.38		
15	Fung Wang Chun Oscar	HKUGA	5:28.20		
16	Or Chun Wai	CHECSS	5:42.08		

Heat 2					Final Lane
1	Dawes William Ernest	SMCESPS	4:26.08	Standard	1
2	Sung Yim Lun	SSCS	4:27.91	Standard	2
3	Swiss Duangthip	WIS	4:28.08	Standard	3
4	Yip Tak Long	DBS	4:29.35	Standard	5
5	Kwok Ching Ryan	LSC	4:35.11	Standard	7
6	Lo Tsz Lok	CSWCSS	4:36.19	Standard	8
7	Tong Chi Ching	HPCCSS	4:39.27	Standard	12
8	Hau Sheung Yin	SJACS	4:42.62	Standard	
9	Shu Hung Cheung	YCKMC	4:48.33	Standard	
10	Cheng Man Ho	WYK	4:49.03	Standard	
11	Chan Yin Cheung	SWC	4:50.10	Standard	
12	Cheng Tsz Ho	PCMS	4:51.34	Standard	
13	Ko Tsz Hin	CHECSS	4:53.84	Standard	
14	Lum Cheuk Hei	WFN	4:54.68	Standard	
15	Hui Ho Yeung	WYHK	4:57.20	Standard	
16	Liu Ling Fung	HKUGA	5:28.94		

Event 18 1500m Boys A

Standard: 5:00.00

Record: 4:06.23 (2016)

Heat 1					Final Lane
1	Yung Cheuk Kit	YCKMC	4:25.28	Standard	8
2	Fung Pak Him	SSCS	4:27.42	Standard	9
3	He Jingwu	DBS	4:28.32	Standard	10
4	Leung Kwan Lok	PCMS	4:30.20	Standard	
5	Chan Chun Ki Ryan	WYK	4:31.69	Standard	
6	Wang Joshua Che	LSC	4:32.54	Standard	
7	Mai Wenfeng	SMCESPS	4:33.20	Standard	
8	Yim Chi Ping	WYHK	4:43.51	Standard	
9	Wong Ho Ming	HPCCSS	4:50.25	Standard	
10	Hau Ho Him	CSWCSS	4:56.82	Standard	
11	Yuen Wai Pan	SJACS	4:59.37	Standard	
12	Lee Lai Kin	WFN	4:59.69	Standard	
13	Chan Wing Yin	SWC	5: 0.56		
14	Caius Alexander Man	WIS	5:11.53		
15	So Fermin	HKUGA	5:15.11		
16	Foo Yuk Kin	CHECSS	5:16.31		

Heat 2					Final Lane
1	Tse Chun Yin	DBS	4: 7.27	Standard	1
2	Yeung Jason Chun Ho	YCKMC	4:16.23	Standard	2
3	Man Tsun Kit	WYK	4:20.43	Standard	3
4	Siu Kwing Yeung Jabez	PCMS	4:20.73	Standard	4
5	Woo Shing Lok	SJACS	4:23.04	Standard	5
6	Chan Chun Ki	SSCS	4:24.23	Standard	6
7	Cheung Sui Him	WYHK	4:24.27	Standard	7
8	Chou Chun Wai	SMCESPS	4:28.59	Standard	11
9	Bruce Changlong Xu	WIS	4:29.94	Standard	12
10	Chan Shun Wai	LSC	4:31.04	Standard	

11	Chung Cheuk Leung	HPCCSS	4:34.51	Standard
12	Au Ching Nam	CSWCSS	4:48.64	Standard
13	Leung Yiu Tin	SWC	5: 4.35	
14	Yung Tsz Kin	HKUGA	5:13.16	
15	Leung Kwun Wun	CHECSS	5:15.03	
16	Wong Kwun Hang	WFN		DN start

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Event 19 Shot Put Girls C

Standard: 7.00 (3kg) Record: 10.59 (2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Cheung Hoi Yan	GHS	10.32	Standard	9
2	Man Ho Lam Hina	DGS	9.79	Standard	7
3	Lee Sum Yuet Charlotte	HYS	9.55	Standard	6
4	Lee Ching Yan Stephanie	SPCS	9.31	Standard	5
5	Lau Ching Kiu Natalie	DGS	9.07	Standard	4
6	Wong Hei Man Celina	HYS	8.83	Standard	3
7	Chan Wai Shuen	GHS	8.81	Standard	2
8	Gurung Suhani	SCGS	8.09	Standard	1
	Hall Sophie May	KGV	7.70	Standard	
	Wong Hiu Ching	HPCCSS	7.58	Standard	
	Yeung Tanya Hue Che	SSGC	7.30	Standard	
	Kiang Audrey Rena	SPCS	7.30	Standard	
	Brown Lucy Louise	KGV	7.19	Standard	
	Richardson Lola Angie	WIS	7.13	Standard	
	Law Lok Yan Jeannie	MCS	7.07	Standard	
	Lai Ching Sze	SSGC	7.03	Standard	
	Gimeno Parera Gal La	WIS	7.01	Standard	
	Hui Shu Ting	WFN	6.84		
	Yip Man Hei	HKUGA	6.84		
	Barton Emma Patricia	HKUGA	6.80		
	Yu Wing Yu	WFN	6.44		
	Wang Ho Yan	HPCCSS	6.35		
	Wu Harriet	SCGS	5.80		
	Kwan Vivienne Ming Wai	MCS	4.82		

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Event 20 Javelin Girls A

Standard: 19.00 (600gm) Record: 47.16 (2014) (600gm)

Position	Name	School	Result	Remark	Points
1	Tsui Ka Yan	DGS	36.24	Standard	9
2	Lau Wing Hei	GHS	33.97	Standard	7
3	Chan Tsz Yeuk	DGS	30.63	Standard	6
4	Ng Pui Yan	HYS	30.04	Standard	5
5	Sze Lok Yiu	GHS	29.21	Standard	4
6	Chow Cheuk Lam	HPCCSS	29.11	Standard	3
7	Yuen Lok Tsz	HYS	28.96	Standard	2
8	Yue Yan Tung Jovanna	SPCS	28.17	Standard	1
	Chan Yuet Rachel	SCGS	24.19	Standard	
	Yao Yi Tung	SSGC	22.63	Standard	
	Sonal Vasiya	WIS	22.62	Standard	
	Chan Ga Hei Abby	SCGS	20.75	Standard	
	Ng Ho Ching	MCS	19.60	Standard	
	Qiu Sijing	HPCCSS	19.57	Standard	
	Tse Hiu Ying	SSGC	18.15		
	Chao Stephanie A.	KGV	18.04		
	Kong Kwan Ching	SPCS		No Mark	
	Wong Ching Yu	WFN		DN take part	
	Renwick Maya Patricia	KGV		No Mark	
	Madeleine Meng Lee	WIS		No Mark	

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Event 21 High Jump Boys A

Standard: 1.60 Record: 2.01 (2018)

Position	Name	School	Result	Remark	Points
1	Tsang Pak Ho	YCKMC	1.95	Standard	9
2	Hong Dylan Carswell	SMCESPS	1.92	Standard	7

3	Li Sze Wing	YCKMC	1.86	Standard	6
4	Chan Lap Hang	SMCESPS	1.83	Standard	5
5	Chow Chi Wai	CSWCSS	1.80	Standard	4
6	Or Wai Nam	DBS	1.80	Standard	3
7	Lui Jin Man	HKUGA	1.75	Standard	2
8	Yu Kwok Shing	WFN	1.75	Standard	1
	Ma Ming Hang Nicholas	DBS	1.70	Standard	
	Chan Ching Hei	WYHK	1.70	Standard	
	Christensen Nicolas G.	WIS	1.70	Standard	
	Wong Pak Hei Linus	LSC	1.70	Standard	
	Liang Jinquan	HPCCSS	1.70	Standard	
	Wong Sung Lik	CHECSS	1.65	Standard	
	Lee Tsun Yin	HPCCSS	1.65	Standard	
	Lam Eason	LSC	1.60	Standard	
	Yan Tik Wai	SSCS	1.60	Standard	
	Tai Tze-Leung Williams	WIS	1.60	Standard	
	Li Kui Kei	CSWCSS	1.60	Standard	
	Tsang Hei Yeung	WFN	1.55		
	Wong Anson	WYHK	1.55		
	Wong Pak Yiu	SWC		No Mark	
	Liu Jiahong	SWC		DN take part	
	Choy Lap Glen	HKUGA		No Mark	
	Kwan Wun Chiu	CHECSS		No Mark	

=====  
Event 22 400m Boys C

Standard: 1:04.00

Record: 51.23 (2008)

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Heat 1

SF Lane

1	Chan Kwan Ching Osmond	LSC	57.44	Standard	2	3
2	Wong Chun Faat	SJACS	58.34	Standard	1	4
3	Kwong Chin Ching	SSCS	1: 0.98	Standard	2	1
4	Yu Matthew Chak Yin	WIS	1: 1.71	Standard		
5	Lo Cheuk Nam Alec	CHECSS	1: 3.51	Standard		
6	Lam Chun Chi Amos	WYHK	1: 3.95	Standard		
7	Ridom Rawnak Azad	SMCESPS	1: 6.02			
8	Hau Timothy	HKUGA	1: 8.22			

Heat 2

SF Lane

1	Chu Lok Yin	SSCS	56.65	Standard	1	2
2	Ma King Yiu	LSC	58.44	Standard	2	4
3	Liu Yi Qin	CHECSS	59.27	Standard	1	6
4	Man Yin Hay Adryan	WYHK	1: 1.27	Standard	1	8
5	Law Tsz Yat	HKUGA	1: 1.75	Standard		
6	Jayden Simon	WIS	1: 2.03	Standard		
7	Leung Ho Sum	SJACS	1: 2.60	Standard		
8	Chan Kwun Lam	SMCESPS	1: 7.71			

Heat 3

SF Lane

1	Chung Cheung Ho	WFN	59.75	Standard	2	6
2	Hui Ching Ho	DBS	1: 0.25	Standard	2	7
3	Kwok Chi Fung	HPCCSS	1: 0.32	Standard	1	7
4	Cheung Hoi Hin Onix	WYK	1: 2.58	Standard		
5	Tang Sui Fai	CSWCSS	1: 2.70	Standard		
6	Kwan Chi Chun	PCMS	1: 3.69	Standard		
7	Lui Yat Long	YCKMC	1: 4.69			
8	Leung Pok Hei	SWC	1: 6.25			

Heat 4

SF Lane

1	Yuen Tsz Shun	HPCCSS	57.34	Standard	2	2
2	Wong Kin Man	WFN	58.01	Standard	1	3
3	Tsang Man Chi	DBS	58.96	Standard	2	5
4	Nip Long Ho Adrian	PCMS	59.09	Standard	1	5
5	Chui Kai Yiu	WYK	1: 0.96	Standard	1	1
6	Zhang Chi Keung	SWC	1: 0.99	Standard	2	8
7	Lau Kai Lim	CSWCSS	1: 2.49	Standard		
8	Tsai Cyrus	YCKMC	1: 2.70	Standard		

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Event 23 400m Boys B

Standard: 1:00.00

Record: 49.72 (2010)

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Heat 1					SF	Lane
1	Siu Otho	HPCCSS	55.07	Standard	1	5
2	Tsang Hing Lam	SWC	55.11	Standard	1	6
3	Kong Siu Long	HKUGA	56.44	Standard	1	7
4	Chan Ho Hei	CSWCSS	57.16	Standard		
5	Wong Ka Chun	WYK	58.41	Standard		
6	Li Kevin	SJACS	59.63	Standard		
7	Lee Wai Nam	YCKMC	1:	Standard		
8	Tam Ho Yeung	CHECSS	1: 1.14			

Heat 2					SF	Lane
1	Lai Hiu Long	HKUGA	51.44	Standard	1	2
2	Chow Hiu Long	CSWCSS	55.01	Standard	2	4
3	Law Tsz Chun	HPCCSS	55.07	Standard	2	5
4	Lau Cheuk Hin	SWC	55.68	Standard	2	6
5	Choi Wai Yat	YCKMC	56.96	Standard	1	8
6	Leung Ka Kok	CHECSS	57.92	Standard		
7	Lo Chin Him	WYK	58.76	Standard		
8	Fung Chi Wai	SJACS	59.42	Standard		

Heat 3					SF	Lane
1	Fok Ching Hoi Andrew	LSC	56.33	Standard	2	7
2	Yao Nok Hin	WFN	56.61	Standard	1	1
3	O'brien Naum	WIS	56.88	Standard	2	8
4	Feng Tsz Ho	DBS	57.17	Standard		
5	Kong Louis Hiu Fung	PCMS	58.37	Standard		
6	Kumar Aman	SMCESPS	58.43	Standard		
7	Siu Ho Yan	SSCS	1: 1.17			
8	Loong Yat Chun	WYHK	1: 3.48			

Heat 4					SF	Lane
1	Chan Christopher	DBS	53.54	Standard	2	2
2	Wong Pak Yui	LSC	54.01	Standard	2	3
3	Au Shun Kwan	WFN	54.82	Standard	1	3
4	Lorenzo Antonio Croci	WIS	54.91	Standard	1	4
5	Shum Ho Hang	WYHK	56.77	Standard	2	1
6	Ho Chung Hin	SMCESPS	59.26	Standard		
7	Poon Sum To	SSCS	59.55	Standard		
8	Chan Wun Kiu	PCMS	59.64	Standard		

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Event 24 400m Boys A  
Standard: 57.80

Record: 49.92 (2016)

Heat 1					SF	Lane
1	Ma Chi Fai	LSC	51.25	Standard	1	2
2	Koo Elvis	HKUGA	53.20	Standard	1	5
3	Wong Ching Hoi	WYK	54.77	Standard	1	1
4	Chu Shun Wai	SJACS	55.92	Standard		
5	Ting Chak Kuen	CHECSS	56.28	Standard		
6	Cheung Yun Sang	SSCS	56.29	Standard		
7	Kong Ka Chun	YCKMC	58.11			
8	Yu Jing Nam	WFN	59.86			

Heat 2					SF	Lane
1	Tse Cheuk Hin	WYK	51.42	Standard	2	2
2	Chan Ching Fung	LSC	53.19	Standard	2	5
3	Lo Lai Hang	SJACS	53.48	Standard	2	6
4	Chiu Yu Yat	WFN	54.90	Standard	2	1
5	Lee Kwan Ho	HKUGA	56.35	Standard		
6	Tsui Ho Nam	SSCS	57.92			
7	Suetrakoon Ho Ka Kit	YCKMC	1: 0.65			
8	Leung Kwun Wun	CHECSS	1: 0.93			

Heat 3					SF	Lane
1	Chau Cheuk Hong	HPCCSS	52.76	Standard	2	4
2	Chan Tsz Ho Nino Adam	DBS	54.41	Standard	1	7
3	Koo Ho Meng Blythe	SMCESPS	54.92	Standard	2	8
4	Ishaan Methrotra	WIS	56.18	Standard		
5	Fan Yueyi	CSWCSS	56.21	Standard		
6	Ha David Glory	PCMS	56.66	Standard		
7	Wong Chiu Ho	WYHK	58.76			
8	Liu Jiahong	SWC	1: 0.28			

Heat 4					SF	Lane
1	Lam Ansen	DBS	52.17	Standard	2	3
2	Li Yu Fung	SMCESPS	52.26	Standard	1	3
3	Ethan Alexander Grantham	WIS	52.68	Standard	1	4
4	Tang Wai Sing	HPCCSS	53.42	Standard	1	6
5	Lo Lok Man	CSWCSS	54.24	Standard	2	7
6	Yung Wing Mo	SWC	55.20	Standard	1	8
7	Wong Ching Yin	WYHK	57.33	Standard		
8	Lo Koon Ho	PCMS	1: 1.28			

=====  
Event 25 Discus Boys A

Standard: 26.00 (1.5kg)                      Record: 49.69                      (2016) (1.5kg)

Position	Name	School	Result	Remark	Points
1	To Wai Lok	DBS	42.85	Standard	9
2	To Chun Hei Hayden	LSC	39.37	Standard	7
3	Lee Mau Yuen	SSCS	39.27	Standard	6
4	Yau Chun Kwok	SWC	38.66	Standard	5
5	Kwun Wing Yin	CSWCSS	36.30	Standard	4
6	Yuen Ting Lun	DBS	35.31	Standard	3
7	Fong Ryan	LSC	34.88	Standard	2
8	Ho Chun Nam	HPCCSS	33.77	Standard	1
	Yeung Hoi Fai	PCMS	31.36	Standard	
	Koo Chin Fung Chifu	YCKMC	31.16	Standard	
	Choi Tsz Chung	HPCCSS	30.01	Standard	
	Ng Lok Yeung	WFN	29.60	Standard	
	Chan Wai Pong Isaac	SMCESPS	29.59	Standard	
	Kong Shing Chung Victor	SJACS	28.92	Standard	
	Law Long Wai	SWC	28.29	Standard	
	Alessandro Rafael W. S.	WIS	28.27	Standard	
	Leung Sum Nam	WYK	27.90	Standard	
	Simone Tommaso Emilio	WIS	27.86	Standard	
	Chan Ming Yin	CHECSS	27.36	Standard	
	Shum Tsun Yin	WYHK	26.52	Standard	
	Chan Wai Nok	SMCESPS	26.33	Standard	
	Tsang Hei Tung	CSWCSS	26.20	Standard	
	Ho Hoi Lam Timothy	YCKMC	25.62		
	Ip Hin Wang	WFN	25.59		
	Yuen Chun Ho	WYK	25.03		
	Lam Hiu Nam	PCMS	23.92		
	Chiu Ching	HKUGA	23.92		
	Cheng Kwan Hung	CHECSS	23.75		
	Chan Yiu Nam	WYHK	23.39		
	Chong Chung Ding	SSCS	22.50		
	Wong Matthew Curtis	HKUGA	19.92		

=====  
Event 26 Long Jump Boys C

Standard: 4.55                                      Record: 6.27                                      (2018)

Position	Name	School	Result	Remark	Points
1	Wong Ho Ching	DBS	5.82	Standard	9
2	Walton Samuel Christopher	WIS	5.66	Standard	7
3	Lai Ching Hang Hayman	DBS	5.41	Standard	6
4	Ling Yu Hon	CSWCSS	5.41	Standard	5
5	Chan Pok Him	HPCCSS	5.33	Standard	4
6	Cheng King Hin	LSC	5.32	Standard	3
7	Tsang Yat Long	SWC	5.27	Standard	2
8	Wong Ho Lai	WFN	5.25	Standard	1
	Liu Yuk Fai	PCMS	5.20	Standard	
	Lau Chun Hang	SMCESPS	5.12	Standard	
	Yiu Pak Yu	LSC	5.08	Standard	
	Ngan Ching Lik Nicholas	HKUGA	4.94	Standard	
	Yau Sheung Hei	WYK	4.88	Standard	
	Tsang Sze Kwan	YCKMC	4.87	Standard	
	Cho Sze Chit	WYHK	4.85	Standard	
	Wong Ting Hin	WYK	4.77	Standard	
	Cheung Michael	SJACS	4.76	Standard	

Wong Yuen King	CSWCSS	4.68	Standard
Liu Hoi Long Colin	PCMS	4.60	Standard
Chau Chun Lok	SWC	4.56	Standard
Poon Choi Wong	CHECSS	4.49	
Hung Kang Ting	HKUGA	4.47	
Hui Cheuk Fung	WYHK	4.45	
Chu Chung Nam Alphonse	SMCESPS	4.32	
Chu Roy Aiden	WFN	4.29	
Chan Chun Ming	SJACS	4.20	
Xu King Chun Jethro	HPCCSS	4.17	
Campbell Richard Bernard	WIS	3.94	
Ng Shu Long	SSCS	3.86	
Li Po Shing	CHECSS		DN take part
Chan Michell Wung-Leung	SSCS		No Mark
Cheung Cheuk Yat	YCKMC		No Mark

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Event 27 Shot Put Boys B  
Standard: 10.10 (4kg)

Record: 16.33 (2013) (4kg)

Position	Name	School	Result	Remark	Points
1	Chang Ka Kuen	CHECSS	13.92	Standard	9
2	Low Kwan Yin	HKUGA	12.80	Standard	7
3	Yuen Wang Chun	DBS	12.69	Standard	6
4	Man Kwun Kiu	LSC	12.68	Standard	5
5	Wong Kwan Yu	HPCCSS	12.38	Standard	4
6	Fung Justin Long Hin	SSCS	12.37	Standard	3
7	Tse Ka Kin	YCKMC	12.26	Standard	2
8	Lee Ming Kiu Chester	SJACS	11.74	Standard	1
	Yong Shiu Chun	SMCESPS	11.58	Standard	
	Chui Chun Ho	CSWCSS	11.30	Standard	
	Mak Kwan Yui	WYHK	11.22	Standard	
	Wong Kam Hon	WFN	11.19	Standard	
	Ling Man Shun	HPCCSS	11.13	Standard	
	Law Man Pat	CSWCSS	11.09	Standard	
	Wong Yat Fan	WYK	11.04	Standard	
	Yeung Ka Kuen	SWC	10.50	Standard	
	Wong Cheuk Wing	CHECSS	10.42	Standard	
	Chow Kit Fung	WFN	10.36	Standard	
	Lai Ka Keung	LSC	10.24	Standard	
	Tsang Tsz Yu	WYK	10.19	Standard	
	Tung Kwan	HKUGA	10.14	Standard	
	Ng Yee Ming	SSCS	10.06		
	Chang Chung Man Jomund	DBS	10.05		
	Choy Ka Pak	SWC	9.88		
	Wong Kai Hei	PCMS	9.71		
	Leung Chun Ki	PCMS	9.38		
	Hopfner Kieran Min-Kyu	WIS	9.36		
	Mui Man Fai	SMCESPS	9.35		
	Chen Yu Sum	SJACS	7.98		
	Wong Ho Wang	WYHK	7.90		
	Lee Shu Wing	YCKMC	7.88		
	Kumar Ayush	WIS		DN take part	

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Event 28 200m Boys C  
Standard: 27.50

Record: 22.59 (2008)

Heat					SF	Lane
Heat 1						
1	Ho Kai Shun	LSC	24.58	Standard	1	3
2	Chan Pak Wing	WYHK	25.72	Standard	1	6
3	Yung Hin Yung	SMCESPS	26.14	Standard	1	1
4	Ng Cheuk Kiu	SSCS	27.61			
5	Thomas Oliver Luke	WIS	27.73			
6	Ko Man Ho	CHECSS	28.13			
7	Leung Ho Sum	SJACS	28.81			
8	Hau Timothy	HKUGA	34.01			
Heat 2					SF	Lane
1	Tam Pak Ho	LSC	24.13	Standard	1	2

2	Lam Ming Fung	SJACS	24.28	Standard	2	3
3	Ma Ho Lung	WYHK	25.00	Standard	2	4
4	Yau Ching Hong	SSCS	26.02	Standard	1	7
5	Chen Chi Nang	CHECSS	26.52	Standard	2	1
6	Law Tsz Yat	HKUGA	27.53			
7	Iu Kiean Cong San	WIS	27.67			
8	Lee Kung Pok	SMCESPS	29.51			

Heat 3 SF Lane

1	Wan Fu Wang David	WYK	24.26	Standard	2	2
2	Yuen Tsz Shun	HPCCSS	25.36	Standard	1	5
3	Hui Ching Ho	DBS	26.63	Standard	1	8
4	Tse Kin Lam	WFN	26.94	Standard		
5	Wong Yuen King	CSWCSS	26.96	Standard		
6	Tsai Cyrus	YCKMC	27.36	Standard		
7	Nip Long Ho Adrian	PCMS	27.56			
8	Tam Chun Ho	SWC	29.91			

Heat 4 SF Lane

1	Chun Wai Nam	CSWCSS	24.99	Standard	1	4
2	Lee Long Him	WYK	25.17	Standard	2	5
3	Lai Chin Yeung	DBS	25.78	Standard	2	6
4	Sin Ka Hei	HPCCSS	25.90	Standard	2	7
5	Zhang Chi Keung	SWC	26.62	Standard	2	8
6	Pun Chun Hung	WFN	26.92	Standard		
7	Pan Hing Kwan	YCKMC	27.44	Standard		
8	Ng Ho Hin	PCMS	28.02			

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Event 29 200m Boys B

Standard: 26.40

Record: 22.13 (2010)

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Heat 1 SF Lane

1	Lee King Him Keith	HKUGA	23.80	Standard	1	3
2	Chan Ka Chung	HPCCSS	23.85	Standard	2	4
3	Kwan Chi Kan	CHECSS	24.65	Standard	1	1
4	Choi Wai Yat	YCKMC	24.89	Standard		
5	Mo Wang Hei	WYK	24.92	Standard		
6	Tsang Hing Lam	SWC	25.08	Standard		
7	Chau Long Yat	CSWCSS	25.49	Standard		
8	Fung Chi Wai	SJACS	26.67			

Heat 2 SF Lane

1	Lam Chak Yu	HPCCSS	23.00	Standard	2	2
2	Chow Hiu Long	CSWCSS	24.16	Standard	1	6
3	Chan Chun Hei	CHECSS	24.52	Standard	1	7
4	Chan Tsz Wai	SJACS	24.74	Standard	2	1
5	Kong Siu Long	HKUGA	24.84	Standard	2	8
6	Lau Cheuk Hin	SWC	25.01	Standard		
7	Sit Chung Yin	WYK	25.07	Standard		
8	Yuen Ka Hin	YCKMC	26.24	Standard		

Heat 3 SF Lane

1	Tang Wai Ip	DBS	23.78	Standard	2	3
2	Ngan Yuen Ho	WYHK	24.15	Standard	1	5
3	Pang Kit Sum	LSC	24.19	Standard	2	6
4	Wan Ching Laam	PCMS	24.47	Standard	2	7
5	Li Wang Ip	SMCESPS	25.03	Standard		
6	Poon Po Kwan Samuel	SSCS	25.28	Standard		
7	Au Shun Kwan	WFN	25.33	Standard		
8	Andre Wun-Hon Ng	WIS	26.62			

Heat 4 SF Lane

1	Mak Chun Ho	LSC	22.50	Standard	1	2
2	Cheung Yee Hang	WYHK	23.82	Standard	1	4
3	Lau Chun Yau Adrian	DBS	24.00	Standard	2	5
4	Wan Kai Hei	WFN	24.84	Standard	1	8
5	Lorenzo Antonio Croci	WIS	25.16	Standard		
6	Lee Tsz Ho	PCMS	25.56	Standard		
7	Tsung Cheuk Ki	SSCS	25.58	Standard		
8	Hung Chun Lung	SMCESPS	26.55			

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Event 30 200m Boys A

Standard: 25.50

Record: 21.91 (2017)

					SF	Lane
Heat 1						
1	Ma Chi Fai	LSC	22.77	Standard	1	2
2	Koo Elvis	HKUGA	23.30	Standard	1	4
3	Chan Yuk Hei	SJACS	23.56	Standard	2	6
4	Wong Ching Hoi	WYK	24.20	Standard	2	1
5	Wong Chi Hong	CHECSS	25.11	Standard		
6	Chan Chun Lok	YCKMC	25.69			
7	Lau Chun Chi Drusus	SSCS	26.29			
8	Leung Ka Tung	WFN		DN start		
Heat 2						
1	Ma King Yeung	LSC	23.20	Standard	2	2
2	Lo Lai Hang	SJACS	23.32	Standard	2	4
3	Fung Chi Lok	WYK	23.45	Standard	1	5
4	Poon Pak Hei	WFN	25.57			
5	Yip Yui Kin	YCKMC	26.02			
6	Wong Yau Chung	SSCS	27.13			
7	Lam Shek Yin	HKUGA	28.15			
8	Lai Man Tak	CHECSS		DN start		
Heat 3						
1	Chan Tsz Ho Nino Adam	DBS	23.23	Standard	2	3
2	Li Yu Fung	SMCESPS	23.57	Standard	2	7
3	Christensen Nicolas G.	WIS	24.23	Standard	2	8
4	Xu Huaming	CSWCSS	24.56	Standard		
5	Guo Weibo	HPCCSS	24.60	Standard		
6	Yung Wing Mo	SWC	24.97	Standard		
7	Wong Chiu Ho	WYHK	28.93			
8	Ha David Glory	PCMS	30.76			
Heat 4						
1	Ha Cho Hin	SWC	23.26	Standard	1	3
2	Hue Sheung Chun	DBS	23.38	Standard	2	5
3	He Jiaxing	PCMS	23.54	Standard	1	6
4	Kam Luhng Olivier Pitter	WIS	23.60	Standard	1	7
5	Leung Wang Kit	HPCCSS	23.65	Standard	1	1
6	Wong King Tak	CSWCSS	24.48	Standard	1	8
7	Wong Chun Ki	SMCESPS	25.61			
8	Chan Ching Hei	WYHK	26.58			

## Event 31 100m Hurdles Girls C

Standard: 21.00 (0.762m)

Record: 15.23 (2015) (0.762m)

					Final	Lane
Heat 1						
1	Leung Nok Ching	GHS	17.19	Standard	4	
2	Pak Hoi Man Chloe	DGS	17.21	Standard	5	
3	Li Joy Sze	HKUGA	18.41	Standard		
4	Leung Tsz Ki Evelyn	MCS	19.59	Standard		
5	Law Lok Yee Nori	KGV	19.59	Standard		
6	Lee Ka Yan	HPCCSS	19.65	Standard		
7	Greta Alexandra Mcmahon	WIS	19.71	Standard		
8	Sy Yuen Mei Shirley	SCGS	20.39	Standard		
Heat 2						
1	Lee Rachel Man Hang	HYS	17.24	Standard	6	
2	Tsui Tsz Yan Michelle	MCS	17.65	Standard	1	
3	Leung Yung Wan	WFN	17.97	Standard	8	
4	Poon Tsz Nam	GHS	18.88	Standard		
5	Ng Kristy Kay Sze	HKUGA	19.22	Standard		
6	Hall Sophie May	KGV	19.64	Standard		
7	Chan Charlotte Merry	SPCS	20.06	Standard		
Heat 3						
1	Leung Cosette	WFN	16.73	Standard	2	
2	Chow Cheuk Ling	HYS	16.85	Standard	3	
3	Ko Wai Yin Sabrina	SPCS	17.49	Standard	7	
4	Leung Hiu Kei	DGS	18.21	Standard		
5	Sophia Grace Jeffery	WIS	19.83	Standard		
6	Ho Sum Yuet	HPCCSS	20.06	Standard		
7	Lock Ying To Rachael	SCGS	21.33			

=====  
 Event 32 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.42 (2016) (0.762m)

					Final Lane
Heat 1					
1	Jiang Cheuk Lam	HYS	15.50	Standard	2
2	Chan Sophie	DGS	15.61	Standard	3
3	Sin Tsoi Ying Martha	MCS	17.48	Standard	1
4	Wu Hei Man	HPCCSS	17.52	Standard	8
5	Lai Hoi Kiu	GHS	18.13	Standard	
6	Cheung Tsz Ching Jasmine	WFN	21.42		
7	Olivia Ananoa Niomy	WIS		DN start	
Heat 2					
1	Lam Verna	MCS	16.80	Standard	5
2	Yeung Tsz Wing	WFN	17.23	Standard	7
3	Ng Wing Yee	GHS	17.88	Standard	
4	Gross Sabrina Ashley	KGV	18.78	Standard	
5	Cheuk Nam	SPCS	18.88	Standard	
6	Cheng Tsz Ching	HKUGA	18.92	Standard	
Heat 3					
1	Ma Ying Wen Ashleigh	DGS	15.89	Standard	4
2	Wat Cheuk Kiu	SPCS	16.84	Standard	6
3	Luk Eunice	HKUGA	18.44	Standard	
4	Lam Tsz Yin	HYS	19.02	Standard	
5	Siu Serina Yuen Tung	KGV	19.19	Standard	
6	Jasmine Ali	WIS	21.64		

=====  
 Event 33 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.30 (2016) (0.762m)

					Final Lane
Heat 1					
1	Kwong Ka Yu	WFN	15.83	Standard	4
2	Chow Kwan Wing	DGS	16.46	Standard	5
3	Law Abby	HKUGA	17.46	Standard	
4	Chan Yan Man	HYS	17.59	Standard	
5	Ho Wai Kiu Carrie	MCS	18.64	Standard	
6	Chan Trisha	KGV	20.74		
7	Madeleine Meng Lee	WIS		DN start	
Heat 2					
1	Fung Anneke	GHS	15.51	Standard	2
2	Lee Chin Ching	HPCCSS	16.54	Standard	6
3	Mok Chor Sze Chelsea	MCS	17.14	Standard	1
4	Tong Tsz Lui Audrey	DGS	17.69	Standard	
5	Liu Wing Tung	SPCS	17.76	Standard	
6	Chau Sze wing Cicely	WIS	17.77	Standard	
7	So Hoi Ching Chloe	HKUGA	21.41		
Heat 3					
1	Yum Ka Wing	HYS	15.79	Standard	3
2	Wong Sze Long	GHS	16.90	Standard	7
3	Chin Ching Tung	SPCS	17.35	Standard	8
4	Cheung Hiu Man	HPCCSS	17.41	Standard	
5	Yeung Sze Pui	WFN	19.18	Standard	
6	Shah Hazel Sunil	KGV	21.05		

=====  
 Event 34 100m Hurdles Boys C

Standard: 19.70 (0.84m) Record: 13.57 (2009) (0.84m)

					SF	Lane
Heat 1						
1	Pang Cheuk Yin Justin	WYHK	15.74	Standard	2	5
2	Loh Wai Hei	LSC	16.23	Standard	2	7
3	Wong Chun Yee	HKUGA	17.92	Standard	2	1
4	Williams Spike Tze-Ming	WIS	19.92			
5	Chu Chung Nam Alphonse	SMCESPS	20.39			
6	Chen Tsz Kin	SSCS	20.54			
7	Chiang Shun Ting	CHECSS	20.67			
8	Li Cheuk Chun	SJACS	22.94			
Heat 2						
					SF	Lane

1	Roeksasud Rattapum	SJACS	15.07	Standard	1	2
2	Cheng King Hin	LSC	15.15	Standard	2	2
3	Lau Chun Hang	SMCESPS	15.48	Standard	1	3
4	Tao Tsz Sum	WYHK	15.68	Standard	1	4
5	Campbell Richard Bernard	WIS	18.54	Standard	1	8
6	Wong Yat Chun	HKUGA	18.87	Standard		
7	Yip Man Ho	CHECSS	20.59			
8	Yeung Chun Yin Hector	SSCS	22.92			

Heat 3 SF Lane

1	Heung Ho Yeung	DBS	15.85	Standard	1	5
2	Liu Yuk Fai	PCMS	15.93	Standard	1	6
3	Ng Chun Kam	HPCCSS	15.94	Standard	2	6
4	Lee Pui Yin	WFN	18.49	Standard	2	8
5	Chow Hon Lam	CSWCSS	18.98	Standard		
6	Cheung Cheuk Yat	YCKMC	19.00	Standard		
7	Cheung Hoi Hin Onix	WYK	19.92			
8	Cheng Bai Qiao	SWC	20.68			

Heat 4 SF Lane

1	Chan Pok Him	HPCCSS	15.38	Standard	2	3
2	Che Hau Nam	DBS	15.71	Standard	2	4
3	Chui Kai Yiu	WYK	16.64	Standard	1	7
4	Liu Hoi Long Colin	PCMS	17.91	Standard	1	1
5	Tsang Pui Tin	YCKMC	19.33	Standard		
6	Luk Hiu Tin	SWC	19.60	Standard		
7	Fung Ka Him	CSWCSS	20.98			
8	Tse Kin Lam	WFN		DN start		

=====  
Event 35 100m Hurdles Boys B  
Standard: 17.00 (0.914m)      Record: 13.25      (2017) (0.914m)  
-----

Heat 1 SF Lane

1	Liu Hiu Long	HPCCSS	14.09	Standard	2	2
2	Chan Chi Kin	SJACS	15.82	Standard	2	6
3	Kok Ho Fung	WYK	15.83	Standard	2	7
4	Yuen Ka Hin	YCKMC	16.81	Standard	1	8
5	Wong Chun Yat	HKUGA	17.35			
6	Cheng King San	CHECSS	17.82			
7	Chong Wai Chak	CSWCSS	18.45			
8	Yu Tsz Kok	SWC	20.37			

Heat 2 SF Lane

1	Tsang Yin Yu Jonathan	HPCCSS	13.86	Standard	1	2
2	Chan Lok Wang	SWC	16.59	Standard	2	1
3	Chu Jun	WYK	16.75	Standard	2	8
4	Au Chun Ming	SJACS	16.84	Standard		
5	Wong Siu Tung	CSWCSS	17.30			
6	Ching Fai Ching	YCKMC	17.58			
7	Leung Ho Ming	CHECSS	17.59			
8	Ip Shun Him Samuel	HKUGA		DN start		

Heat 3 SF Lane

1	Ho Cheuk Yin	LSC	14.98	Standard	1	4
2	Tse Cheuk Hin	SSCS	15.13	Standard	2	5
3	Poon Cheuk Chun	DBS	15.34	Standard	1	6
4	Mok Siu Hin	WFN	16.03	Standard	1	7
5	Thibualt Jozef Rafael M.	WIS	17.87			
6	Shum Kwun Hang Henry	PCMS	19.42			
7	Woo Ming Yui	WYHK	19.49			
8	Kuk Sheung Lam	SMCESPS		DN start		

Heat 4 SF Lane

1	Chan Chun Ho	DBS	14.48	Standard	2	3
2	Chan Wai Ho Hugo	WFN	14.96	Standard	1	3
3	Ho Cheuk San	LSC	15.11	Standard	2	4
4	Wong Tsz Hin Simon	SSCS	15.30	Standard	1	5
5	Au Tsz Chun	PCMS	16.21	Standard	1	1
6	Bracciano Oliver B.	WIS	18.13			
7	Hung Chun Lung	SMCESPS	18.91			
8	Lee Hang Yin	WYHK		DN start		

=====

## Event 36 110m Hurdles Boys A

Standard: 18.50 (0.914m)

Record: 13.63

(2016) (0.914m)

					SF	Lane
-----						
Heat 1						
1	Cheung Wang Hei	WYK	15.06	Standard	1	3
2	Yeung Ki Tsun Adam	SJACS	15.08	Standard	1	4
3	Cheung Chi Kit	YCKMC	16.50	Standard	1	7
4	Chau Chi Yung	CHECSS	17.25	Standard	2	1
5	Lui Pak Yin	HPCCSS	18.01	Standard		
6	Chu Ngai Ming	SSCS	20.25			
7	Yu Kwok Shing	WFN		DN start		
Heat 2						
1	Leung Hoi Yue	DBS	15.15	Standard	2	4
2	Law Kin Ming	CSWCSS	15.85	Standard	2	6
3	Yu Cheuk Hin Elston	LSC	16.31	Standard	2	7
4	Lai Hoi Wang	WYK	17.54	Standard	1	8
5	Lee Cheuk Fung	YCKMC	19.90			
6	Cheung Kwan Lok	WFN		DN start		
7	Cheng Ho Tin Oscar	SSCS		DN start		
Heat 3						
1	Wong Lok Hei Addis	CSWCSS	13.95	Standard	1	2
2	Cheng Yat Long	DBS	14.58	Standard	2	3
3	Hui Chun Kit	LSC	15.28	Standard	2	5
4	Lau Ho Fung	WYHK	15.30	Standard	1	5
5	Tai Tze-Leung Williams	WIS	17.30	Standard	2	8
6	Yip Chi Fung	SMCESPS	17.56	Standard		
7	Ku Man Chun	SWC	18.16	Standard		
Heat 4						
1	Cheung Siu Hang	WYHK	14.27	Standard	2	2
2	Lee Hei Wing	HPCCSS	15.50	Standard	1	6
3	Tang Hoi Fai	SWC	16.89	Standard	1	1
4	Thomas Woods	WIS	19.86			
5	Leung Ho Yu	SJACS		DN start		
6	Mak Chun Ning	CHECSS		DN start		

## Event 37 Discus Boys C

Standard: 20.00 (1kg)

Record: 43.58

(2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Wu Lap Ngai	LSC	38.69	Standard	9
2	Leung Tze Hin	CHECSS	34.16	Standard	7
3	Law Man Ho	SMCESPS	34.05	Standard	6
4	Chan Addison	CSWCSS	33.92	Standard	5
5	Lee Clement	HPCCSS	33.67	Standard	4
6	Li Sing Hoi	PCMS	31.31	Standard	3
7	Cheung Ching Ho Anthony	DBS	30.22	Standard	2
8	Wong Chun Yee	HKUGA	28.97	Standard	1
	Siu Tsz Chun Ian	HKUGA	27.13	Standard	
	Choi Hung Yun	CHECSS	26.81	Standard	
	Wong Ka Ho	LSC	25.95	Standard	
	Chen Chen	CSWCSS	25.87	Standard	
	Leung Sum Yi	WYK	25.63	Standard	
	Wong Lai Chee	WFN	23.93	Standard	
	Leung Toby E-Hei	SSCS	23.89	Standard	
	Yin Wing Kei	SJACS	23.54	Standard	
	Choy Ka Ho	YCKMC	23.16	Standard	
	Kwan Ka Hei Austin	WYHK	22.82	Standard	
	Cheng Tsz Fung Myron	DBS	22.47	Standard	
	Zheng Ka Wa	YCKMC	22.20	Standard	
	Tsang Kit Nam	HPCCSS	22.12	Standard	
	Ng King Chung	WFN	20.49	Standard	
	Chung Fung Lung	SSCS	20.00	Standard	
	Chan Lik Wai	WYK	19.44		
	Kim Heewong	WIS	19.30		
	Yip Ho Ting	SWC	18.83		
	Yeung Ho Wai	SJACS	17.92		
	Lui Tung Wun	WYHK	16.43		



Chan Tsz Kin	SMCESPS	15.86
Rowan Scott Henderson	WIS	15.02
Yu Lei	PCMS	13.17
Cheung Wing Leong	SWC	11.99

=====  
Event 38 4x400m Relay Girls C

Standard: 5:05.00 Record: 4:15.44 (2017)

-----

Heat 1				Final Lane
1	GHS	4:17.10	Standard	2
2	HYS	4:28.86	Standard	3
3	SPCS	4:35.48	Standard	6
4	KGV	4:36.36	Standard	7
5	HKUGA	4:38.76	Standard	8
6	HPCCSS	4:41.97	Standard	

Heat 2				Final Lane
1	WIS	4:31.22	Standard	4
2	DGS	4:31.96	Standard	5
3	SSGC	4:36.46	Standard	1
4	MCS	4:49.43	Standard	
5	WFN	4:49.65	Standard	
6	SCGS	5: 8.92		

=====  
Event 39 4x400m Relay Girls B

Standard: 5:00.00 Record: 4:11.21 (2014)

-----

Heat 1				Final Lane
1	HYS	4: 7.74	Standard	2
2	GHS	4:24.44	Standard	4
3	SPCS	4:32.03	Standard	8
4	SCGS	4:37.13	Standard	
5	HKUGA	4:52.09	Standard	
6	HPCCSS	5: 1.90		

Heat 2				Final Lane
1	DGS	4:24.42	Standard	3
2	WIS	4:29.94	Standard	5
3	KGV	4:30.18	Standard	6
4	SSGC	4:30.95	Standard	7
5	MCS	4:31.86	Standard	1
6	WFN	4:32.35	Standard	

=====  
Event 40 4x400m Relay Girls A

Standard: 4:55.00 Record: 4:07.82 (2015)

-----

Heat 1				Final Lane
1	HYS	4:18.44	Standard	2
2	DGS	4:18.86	Standard	3
3	WIS	4:28.66	Standard	5
4	SCGS	4:38.93	Standard	1
5	SSGC	4:51.13	Standard	
6	KGV	4:56.55		

Heat 2				Final Lane
1	GHS	4:22.86	Standard	4
2	MCS	4:34.38	Standard	6
3	SPCS	4:36.36	Standard	7
4	WFN	4:49.98	Standard	8
5	HKUGA	5: 7.56		

=====  
Event 41 4x400m Relay Boys C

Standard: 4:20.00 Record: 3:45.03 (2015)

-----

Heat 1				Final Lane
1	LSC	3:50.81	Standard	2
2	SSCS	4: 5.18	Standard	7
3	SJACS	4: 6.02	Standard	1
4	CHECSS	4:17.71	Standard	
5	HKUGA	4:25.74		

6	SMCESPS	4:26.34		
7	WIS		DQ	
8	WYHK		DQ	
Heat 2				Final Lane
1	HPCCSS	3:53.67	Standard	3
2	DBS	3:55.48	Standard	4
3	WYK	4: 2.40	Standard	5
4	WFN	4: 3.62	Standard	6
5	CSWCSS	4:14.53	Standard	8
6	YCKMC	4:23.33		
7	PCMS		DQ	
8	SWC		DQ	

=====  
Event 42 4x400m Relay Boys B  
Standard: 4:02.00 Record: 3:33.81 (2018)  
-----

Heat 1				Final Lane
1	HKUGA	3:39.35	Standard	2
2	CSWCSS	3:42.48	Standard	4
3	HPCCSS	3:44.03	Standard	6
4	SWC	3:46.58	Standard	8
5	SJACS	3:54.88	Standard	
6	WYK	3:58.06	Standard	
7	CHECSS	4: 0.56	Standard	
8	YCKMC	4: 1.63	Standard	

Heat 2				Final Lane
1	DBS	3:40.64	Standard	3
2	LSC	3:43.56	Standard	5
3	WFN	3:46.11	Standard	7
4	WIS	3:46.18	Standard	1
5	SMCESPS	3:50.25	Standard	
6	PCMS	3:51.52	Standard	
7	SSCS	3:57.79	Standard	
8	WYHK	4: 1.05	Standard	

=====  
Event 43 4x400m Relay Boys A  
Standard: 3:54.00 Record: 3:25.68 (2018)  
-----

Heat 1				Final Lane
1	LSC	3:31.80	Standard	2
2	WYK	3:34.44	Standard	5
3	YCKMC	3:43.17	Standard	8
4	SJACS	3:44.95	Standard	
5	SSCS	3:47.06	Standard	
6	HKUGA	3:49.40	Standard	
7	CHECSS	3:52.91	Standard	
8	WFN		DN start	

Heat 2				Final Lane
1	DBS	3:33.42	Standard	3
2	HPCCSS	3:33.50	Standard	4
3	SMCESPS	3:40.56	Standard	6
4	SWC	3:40.64	Standard	7
5	CSWCSS	3:42.19	Standard	1
6	PCMS	3:46.96	Standard	
7	WYHK	3:48.43	Standard	
8	WIS		DQ	

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Championships  
 (HK Island and Kowloon)  
 Division One  
 Day Two: 5 March 2019

=====  
 Event 1 Discus Girls C

Standard: 16.00 (1kg) Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Cheung Hoi Yan	GHS	26.26	Standard	9
2	Yung Cheuk Laam	HYS	25.11	Standard	7
3	Cheung Hei Ching	GHS	24.72	Standard	6
4	Lau Ching Kiu Natalie	DGS	24.57	Standard	5
5	Man Ho Lam Hina	DGS	23.89	Standard	4
6	Lee Sum Yuet Charlotte	HYS	23.79	Standard	3
7	Fung Tsz Yui	WFN	19.85	Standard	2
8	Law Lok Yan Jeannie	MCS	18.76	Standard	1
	Hatton Ottilie Bate	KGV	18.59	Standard	
	Lam Tsz Yu Yurie	SPCS	18.16	Standard	
	Gurung Suhani	SCGS	17.48	Standard	
	Barton Emma Patricia	HKUGA	17.07	Standard	
	Kwok Hoi Ting Jasmine	MCS	17.04	Standard	
	Mak Hui Ching	SSGC	15.73		
	Lau Angela Siyan	SPCS	15.69		
	Fok Sum Yau Katie	WFN	14.83		
	Wilson Hannah Jordan	WIS	14.81		
	Leung Electric	HPCCSS	14.64		
	Lam Lok Yu	HPCCSS	14.57		
	Richardson Lola Angie	WIS	14.42		
	Ng Yuen Ham	SSGC	14.03		
	Naumann Jasney Clarisse	KGV		No Mark	
	Sy Yuen Man Kelly	SCGS		No Mark	
	Yip Man Hei	HKUGA		DN take part	

=====  
 Event 2 Long Jump Girls C

Standard: 3.80 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Tam Hoi Lam	GHS	4.95	Standard	9
2	Li Huen Ming Apphia	HYS	4.91	Standard	7
3	Chan Wai Ting	DGS	4.83	Standard	6
4	Lie Hiu Ching	GHS	4.83	Standard	5
5	Tsui Tsz Yan Michelle	MCS	4.74	Standard	4
6	Li Yik Tung Farrah	SPCS	4.74	Standard	3
7	Ng Tsz Ying	SPCS	4.71	Standard	2
8	Chow Cheuk Ling	HYS	4.68	Standard	1
	Yip Chung Yan	HPCCSS	4.47	Standard	
	Wong Ching Rachel	DGS	4.42	Standard	
	Lo Miriam Tsz Wai Jones	WIS	4.33	Standard	
	Wan Nok Yi Elle	MCS	4.15	Standard	
	Wong Lok Ching	HKUGA	4.09	Standard	
	Chan Sum Kiu	HKUGA	4.07	Standard	
	Lee Audrea Hau Ting	KGV	4.05	Standard	
	Ho Lok Wai Jasmine	SSGC	4.03	Standard	
	Sy Yuen Mei Shirley	SCGS	3.98	Standard	
	Sy Yuen Man Kelly	SCGS	3.94	Standard	
	Chan Ka Wai	WFN	3.91	Standard	
	Chau Hoi Ying	WFN	3.85	Standard	
	Wong Cheuk Ying	HPCCSS	3.76		
	Ng Vianca	KGV	3.76		
	Greta Alexandra McMahon	WIS	3.73		
	Mok Yee Wun	SSGC		DN take part	

=====  
 Event 3 High Jump Girls B

Standard: 1.30

Record: 1.75 (2010)

Position	Name	School	Result	Remark	Points
1	Ko Charis	DGS	1.60	Standard	9
2	Kwan Ming Yan	GHS	1.54	Standard	7
3	Chan Lok Shu	SPCS	1.51	Standard	6
4	Yau Yue Fung	MCS	1.48	Standard	5
5	Lee Elena	KGV	1.40	Standard	4
6	Yu Hiu Tung	WFN	1.40	Standard	3
7	Lo Ching Yi Jenny	DGS	1.40	Standard	2
8	Yu Hei Man	HKUGA	1.40	Standard	1
	Ali Jasmine Indigo Anais	WIS	1.39	Standard	
	Cheung Yan Kiu	GHS	1.35	Standard	
	Wu Hei Man	HPCCSS	1.35	Standard	
	Wong Samantha Ningsum	SPCS	1.35	Standard	
	Mak Hoi Ting	HYS	1.35	Standard	
	Chan Sze Cheuk	WFN	1.35	Standard	
	Chan Ho Ling	HYS	1.30	Standard	
	Lee Xin Qiao Chelsea	HKUGA	1.25		
	Fong Sze Yau	HPCCSS	1.25		
	Chan Tsoi Yi Rochelle	SCGS		No Mark	
	Chen Yuen Kiu Nina	SCGS		No Mark	
	Nolan-Eng Madeleine	KGV		No Mark	
	Indya Brielle Gill C.	WIS		No Mark	

Event 4 Shot Put Boys C

Standard: 8.30 (4kg)

Record: 14.33 (2014) (4kg)

Position	Name	School	Result	Remark	Points
1	Li Sing Hoi	PCMS	12.33	Standard	9
2	Leung Tze Hin	CHECSS	12.21	Standard	7
3	Yin Wing Kei	SJACS	11.40	Standard	6
4	Chan Addison	CSWCSS	11.12	Standard	5
5	Cheung Ching Ho Anthony	DBS	10.22	Standard	4
6	Wong Ka Ho	LSC	10.19	Standard	3
7	Choi Hung Yun	CHECSS	9.87	Standard	2
8	Law Man Ho	SMCESPS	9.81	Standard	1
	Lo Kwan Fu	WYK	9.33	Standard	
	Fung Ho Lam	HPCCSS	9.13	Standard	
	Lin Man Kit	DBS	9.04	Standard	
	Lo Tsz Fung	CSWCSS	9.01	Standard	
	Cheng Ho Yin Marcus	HKUGA	8.98	Standard	
	Lai Tsz Chung	HPCCSS	8.90	Standard	
	Rappel Owen	WIS	8.09		
	Theodore Angel Mag	WIS	8.07		
	Siu Tsz Chun Ian	HKUGA	7.86		
	Kwan Ka Hei Austin	WYHK	7.83		
	Leung Sum Yi	WYK	7.78		
	Chong Wing Yat Carlos	WYHK	7.74		
	Lee Chun Hau Joshua	SJACS	7.72		
	Mendoza Marc Joaquin V.	SMCESPS	7.72		
	Choy Ka Ho	YCKMC	7.64		
	Lam Ho Lai	WFN	7.64		
	Cheung Wing Leong	SWC	7.51		
	Law Chun Lok	LSC	7.48		
	Zheng Ka Wa	YCKMC	7.37		
	Chung Fung Lung	SSCS	7.08		
	Shum Adrian	PCMS	6.52		
	Yip Ho Ting	SWC	6.25		
	Fung Lap Yin	SSCS	6.24		
	Pan Hoi Yin	WFN		DN take part	

Event 5 400m Hurdles Boys A

Standard: 1:07.50 (0.84m)

Record: 52.86 (2016) (0.84m)

Semi-Final 1

Final Lane

1 Cheung Wang Hei

WYK

56.71

3

2	Leung Hoi Yue	DBS	58.99	5
3	Chau Cheuk Hong	HPCCSS	59.27	6
4	Lai Shing Yan Ryan	WFN	1: 0.01	7
5	Lai Hoi Wang	WYK	1: 2.50	8
6	Cheung Chi Kit	YCKMC	1: 4.86	
7	Lui Wing Lok	CSWCSS	1: 4.99	
8	Lee Tsz Yin	SJACS	1: 5.32	
Semi-Final 2				Final Lane
1	Chan Ching Fung	LSC	56.09	2
2	Fung Chun Wai Henry	LSC	56.94	4
3	Cheung Yun Sang	SSCS	1: 1.39	1
4	Yeung Tsz Kim	SJACS	1: 2.74	
5	Fan Yueyi	CSWCSS	1: 3.21	
6	Wong Yu Hin	DBS	1: 3.22	
7	Tsui Ho Nam	SSCS	1: 4.85	
8	Ma Hugo	HPCCSS	1: 5.00	

=====  
Event 6 3000m Boys B

Standard: 11:25.00

Record: 9:06.64 (2016)

Final				Points
1	Man Rafe Maximilian	WIS	9:24.98	9
2	Dawes William Ernest	SMCESPS	9:33.40	7
3	Cheung Kwok Chun	DBS	9:36.80	6
4	Yip Tak Long	DBS	9:40.75	5
5	Sung Yim Lun	SSCS	9:47.76	4
6	Wong Cheuk Hang	PCMS	10: 6.81	3
7	Ngan Lok Tin	LSC	10: 9.24	2
8	Ng Yui Hang	SSCS	10:10.04	1
9	Wong Chi Him	HPCCSS	10:11.43	
10	Choi Ming Kai	SMCESPS	10:20.77	
11	Shu Hung Cheung	YCKMC	10:21.14	
12	Liu Bu Wen Darian	WYHK	10:24.77	
13	Cheng Man Ho	WYK	10:29.61	
14	Lee Tsz Hin	LSC	10:31.54	
15	Cheung Yu Hin	HPCCSS	10:32.73	
16	Wong Hon Fai	SJACS	10:33.39	
17	Wong Pak Yin	CSWCSS	10:40.66	
18	Choi King Lead	PCMS	10:41.13	
19	Chan Yin Cheung	SWC	10:41.44	
20	Yau Chi Ho	CSWCSS	10:46.77	
21	Lum Cheuk Hei	WFN	10:49.09	
22	Nirvan Lulla	WIS	10:50.22	
23	Yuen Godwin	WYK	11: 0.12	
24	Yung King Hei	SWC	11: 2.20	
25	Lam Ho	SJACS	11:26.96	
26	Yam Chun Hung	WYHK	11:34.26	
27	Lew Victor Jorge	HKUGA	11:52.57	
28	Liu Ling Fung	HKUGA	11:52.75	
29	Lo Tai Wai	YCKMC	11:53.59	
30	Ngai Pui Shing	CHECSS	11:54.14	
31	Wong King Hin	CHECSS		
32	Ng Kwan Hei	WFN		

=====  
Event 7 100m Boys C

Standard: 13.30

Record: 11.21 (2009)

Semi-Final 1				Final Lane
1	Tam Pak Ho	LSC	11.92	2
2	Lee Long Him	WYK	12.22	5
3	Lam Ming Fung	SJACS	12.23	6
4	Wong Ho Ching	DBS	12.32	1
5	Ma Ho Lung	WYHK	12.54	
6	Tsang Yat Long	SWC	12.65	
7	Yung Hin Yung	SMCESPS	12.95	
8	Chan Wang Hei	DBS		

Semi-Final 2

Final Lane

1	Chun Wai Nam	CSWCSS	12.10	3
2	Wan Fu Wang David	WYK	12.15	4
3	Ho Kai Shun	LSC	12.25	7
4	Sin Ka Hei	HPCCSS	12.51	8
5	Wong Tsz Ho	SMCESPS	12.68	
6	Lee Clement	HPCCSS	12.76	
7	Yau Ching Hong	SSCS	12.89	
8	Chan Pak Wing	WYHK	13.07	

=====  
Event 8 100m Boys B

Standard: 12.50

Record: 11.02 (2017)

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Semi-Final 1

Final Lane

1	Lam Chak Yu	HPCCSS	11.39	3
2	Chan Chun Hei	CHECSS	11.77	7
3	Chan Tsz Wai	SJACS	11.78	1
4	Lau Chun Yau Adrian	DBS	11.96	
5	Ngan Yuen Ho	WYHK	12.04	
6	Kwan Chi Kan	CHECSS	12.10	
7	Ho Wan Kiu Eddie	HKUGA	12.38	
8	Wan Kai Hei	WFN		

Semi-Final 2

Final Lane

1	Mak Chun Ho	LSC	11.24	2
2	Lee King Him Keith	HKUGA	11.73	4
3	Ng Tsz Lok	DBS	11.74	5
4	Cheung Yee Hang	WYHK	11.76	6
5	Qin Yuxi	LSC	11.82	8
6	Law Lok Him	HPCCSS	11.95	
7	Mo Wang Hei	WYK	12.35	
8	Wan Ching Laam	PCMS	12.58	

=====  
Event 9 100m Boys A

Standard: 12.20

Record: 10.60 (2018)

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Semi-Final 1

Final Lane

1	Ma King Yeung	LSC	10.93	2
2	Kam Luhng Olivier Pitter	WIS	11.29	3
3	Cheung Siu Hang	WYHK	11.63	1
4	Ha Cho Hin	SWC	11.66	
5	Ha Yick Hung Matthew C.	WIS	11.69	
6	Xu Huaming	CSWCSS	11.89	
7	Lam Chun Keung	SJACS	13.05	
8	Leung Wang Kit	HPCCSS		

Semi-Final 2

Final Lane

1	Fung Chi Lok	WYK	11.40	4
2	Wong Pak Hang	WYK	11.45	5
3	Hue Sheung Chun	DBS	11.46	6
4	Chan Yuk Hei	SJACS	11.60	7
5	Lee Nok Yin	DBS	11.65	8
6	He Jiaxing	PCMS	11.77	
7	Wong Pak Hei Linus	LSC	11.96	
8	Au Kam Him	HPCCSS		

=====  
Event 10 Long Jump Boys B

Standard: 5.05

Record: 6.92 (2009)

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Position	Name	School	Result	Remark	Points
1	Lam Nok Yin	SJACS	6.21	Standard	9
2	Loi Hoi Lam	LSC	6.18	Standard	7
3	Leung Ngai Lam	YCKMC	6.10	Standard	6
4	Tse Hugo	DBS	6.05	Standard	5
5	Lam Chi Ho	DBS	6.00	Standard	4
6	Loong Tsz Hin	WYK	5.82	Standard	3
7	Cheung Ho Sang	SSCS	5.82	Standard	2
8	Yuen Kin Pong	SMCESPS	5.72	Standard	1
	Ho Cheuk Yin	LSC	5.67	Standard	
	Chau Wing Hei	WYK	5.65	Standard	

Wong Hong Cheung Yasuto	HPCCSS	5.58	Standard
Woo Yau Hong	SWC	5.52	Standard
Wong Hei Man	HKUGA	5.50	Standard
Poon Hiu Yeung	HPCCSS	5.45	Standard
Poon Curtis Long Yiu	SSCS	5.40	Standard
Tsung Pok Yin	WFN	5.36	Standard
Hui Lok Hin	CHECSS	5.35	Standard
Andre Wun-Hon Ng	WIS	5.31	Standard
Poon Tsz Ho	WFN	5.26	Standard
Pang Hoi Yuen	CHECSS	5.22	Standard
Yip Man Wai Henry	YCKMC	5.16	Standard
Lam Pak On	PCMS	5.12	Standard
Li Wang Ngai	SJACS	5.07	Standard
Lo Tin Yeung	WYHK	4.99	
Yip Joshua	CSWCSS	4.98	
Xu Zhimin	SWC	4.98	
Chan Isaac	WYHK	4.86	
Au Tsz Chun	PCMS	4.86	
Max Jacob Phelps	WIS	4.78	
Wong Yung Yiu	CSWCSS	4.41	
Hsueh Che Daron	SMCESPS	4.04	
Ip Shun Him Samuel	HKUGA		No Mark

=====  
Event 11 5000m Boys A

Standard: 20:00.00

Record: 15:37.60 (2018)

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Final

				Points
1	Tse Chun Yin	DBS	16: 2.36	9
2	Mai Wenfeng	SMCESPS	16:44.19	7
3	Cheung Sui Him	WYHK	16:44.24	6
4	Chou Chun Wai	SMCESPS	16:50.79	5
5	Chan Pak On	DBS	16:57.93	4
6	Fung Pak Him	SSCS	17: 7.18	3
7	Leung Kwan Lok	PCMS	17:29.85	2
8	Bruce Changlong Xu	WIS	17:30.16	1
9	Wong Kwan Hang	WFN	17:33.30	
10	Tsui Koon Wai	WYHK	18: 2.10	
11	Chan Chun Ki Ryan	WYK	18: 5.06	
12	Chan Shun Wai	LSC	18: 8.55	
13	Leung Shun	SSCS	18: 9.81	
14	Wang Joshua Che	LSC	18:38.67	
15	Chan Fai Hang	CHECSS	19:21.57	
16	Wong Koot Yin Ernest	WIS	19:27.95	
17	Wong Ho Ching	YCKMC	19:29.82	
18	Yiu Tsz Leong	PCMS	19:34.04	
19	Wong Ho Ming	HPCCSS	20:11.20	
20	Wong Lok Yin	HPCCSS	20:12.02	
21	Siu Pun Shan	CSWCSS	20:31.09	
22	Yuen Wai Pan	SJACS	20:56.08	
23	Pang Kwok Chung	CSWCSS	20:56.79	
24	Wong King Wang	WYK	20:59.59	
25	Cheng Long Yin	HKUGA	21:13.56	
26	Chau Chun Pong Mat	HKUGA	21:16.05	
27	Ma Chak Ki	SJACS		
28	Seto Ka Chun	YCKMC		
29	Leung Kak Yuen	SWC		
30	Lai Lok Him	SWC		
31	Cheung Kwai Kit	CHECSS		

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Event 12 800m Girls C

Standard: 2:57.00

Record: 2:19.72 (2000)

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Heat 1

Final Lane

1	Grantham Ashley Jade	WIS	2:35.62	Standard	7
2	Casey Scarlett Anne	KGV	2:35.88	Standard	8
3	Ma Wing Yu	HYS	2:43.03	Standard	11
4	Lam Chi Ching	HPCCSS	2:43.72	Standard	12

5	Pang Cheuk Yin	GHS	2:46.71	Standard
6	Chan Shiu Lam Chelesa	DGS	2:48.71	Standard
7	Cheung Ho Yan	WFN	2:49.09	Standard
8	Lo Ting Kei	SPCS	2:51.16	Standard
9	Ching Hau Yiu Corine	SCGS	2:53.70	Standard
10	Chan Venice	SSGC	3: 5.31	
11	Kwok Yee Lam	MCS	3:15.34	
12	Choy Lai Lam	HKUGA		DN start

Heat 2					Final Lane
1	Wright Roxanne Scarlet	SSGC	2:27.46	Standard	1
2	Li Chi Ying	HKUGA	2:28.19	Standard	2
3	Kwok Sze Ming	HYS	2:33.40	Standard	3
4	Wong Sum Yi	GHS	2:34.58	Standard	4
5	Lila Alaska Pelegia Man	WIS	2:35.56	Standard	5
6	Lau Ho Ching	SPCS	2:35.61	Standard	6
7	Worthington Molly Grace	KGV	2:38.54	Standard	9
8	Chung Pui Ka	DGS	2:39.44	Standard	10
9	Ng Wing Sum Minnie	WFN	2:46.56	Standard	
10	Wong Ching Kiu Queenie	SCGS	2:50.56	Standard	
11	Hui Chi Ching	HPCCSS	2:53.65	Standard	
12	Lee Pui Yin Noelle	MCS	3: 4.54		

Event 13 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

Heat 1					Final Lane
1	Wright Tallulah Taye	SSGC	2:28.34	Standard	3
2	Lo Cheuk Yat	HYS	2:28.56	Standard	4
3	Lai Kirsten Tze Ka	KGV	2:29.71	Standard	5
4	Lee Man Chi	GHS	2:30.61	Standard	6
5	Cheng Yan Ching	DGS	2:31.52	Standard	7
6	Leia Olga Green	WIS	2:31.83	Standard	8
7	Cheung Ka Ming	MCS	2:40.54	Standard	
8	Siu Tsz Yan	WFN	2:50.79	Standard	
9	Ma Ching Yi	HKUGA	2:56.52		
10	Lui Shu Nga Joshulina	SCGS	2:58.58		
11	Leung Yuen Ting	HPCCSS	3: 2.52		
12	Lam Tsz Yuet	SPCS	3:10.53		

Heat 2					Final Lane
1	Wright Cade Cameron	SSGC	2:22.33	Standard	1
2	Hall Charlotte Emily	KGV	2:27.34	Standard	2
3	Sela Mauvorneen Caldwell	WIS	2:31.89	Standard	9
4	Man Wing	DGS	2:33.37	Standard	10
5	Cheung Yee Lam	GHS	2:33.51	Standard	11
6	Chau Lok Yi	WFN	2:34.57	Standard	12
7	Fong Ching Sunnie	HYS	2:35.93	Standard	
8	Chan Wai Yan Alison	SPCS	2:46.01	Standard	
9	Chu Hok Yan	MCS	2:49.05	Standard	
10	Shum Virginia Virginia	SCGS	2:53.82	Standard	
11	Lee Yuen Bing	HPCCSS	2:57.24		
12	Lam Kwan Yat	HKUGA	3: 5.52		

Event 14 800m Girls A

Standard: 2:55.00 Record: 2:17.06 (2015)

Heat 1					Final Lane
1	Chan Ying Sum	DGS	2:25.44	Standard	1
2	Wong Cheuk Ning	HYS	2:26.37	Standard	2
3	Jasmin Alyssa Drew	WIS	2:31.21	Standard	3
4	Casey Kara Louisa Edith	KGV	2:31.66	Standard	4
5	Lau Ho Ching	GHS	2:32.31	Standard	5
6	Wong Hoi Kiu Ealas	SCGS	2:33.69	Standard	6
7	Wong Ching Kwan Janice	MCS	2:41.26	Standard	9
8	Mui Christy	SPCS	2:51.89	Standard	
9	Kwok Tsz Yan	SSGC	2:56.72		
10	Chan Nga Hei	WFN	3: 9.64		
11	Wong Ka Yee	HKUGA		DN start	



Heat	2						Final Lane
1	Evangeline Dorothy	H K N	WIS	2:33.92	Standard		7
2	Chan Hiu Yee		HYS	2:36.23	Standard		8
3	Chen On Yu		DGS	2:42.82	Standard		10
4	Man Sum Yi Shari		GHS	2:46.19	Standard		11
5	Chan Sum Yee		MCS	2:47.87	Standard		12
6	Chan Christina		SPCS	2:49.86	Standard		
7	Leung Wing Ka		HKUGA	2:53.05	Standard		
8	Lou Cheuk Yin		SSGC	2:53.48	Standard		
9	Malkani Muskan Kamlesh		KGV		DN start		
10	Cheung Hoi Yan		WFN		DN start		

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Event 15 Shot Put Girls A  
Standard: 6.90 (4kg) Record: 10.58 (2018) (4kg)  
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Position	Name	School	Result	Remark	Points
1	Chan Janice	GHS	10.42	Standard	9
2	Kwok Tsz Yi	GHS	9.53	Standard	7
3	Yiu Yi Yan Nicole	DGS	9.28	Standard	6
4	Fung Oi Ching	HKUGA	8.66	Standard	5
5	Fung Pak Hei	HYS	8.04	Standard	4
6	Chan Man Wai	SSGC	7.85	Standard	3
7	Lin Ka Wing	DGS	7.84	Standard	2
8	Cheung Pak Kiu	WFN	7.54	Standard	1
	Natasha Phoebe Tait	WIS	7.21	Standard	
	Lal Dveeta	KGV	6.94	Standard	
	Li Hoi Man	WFN	6.88		
	Qiu Sijing	HPCCSS	6.86		
	Narasipuram Suyasha Mohan	SPCS	6.85		
	Lo Hiu Wa Melody	MCS	6.82		
	Lee Ming Yew	SSGC	6.63		
	Fung On Tsing	SPCS	6.62		
	Leung Sau Man	HYS	6.43		
	Ying Yu Yvonne	SCGS	6.22		
	Sanghvi Henaya	KGV	6.07		
	Ahmed Bibi Walida	SCGS	5.97		
	Cham Sophie	HPCCSS	5.76		
	Sacha Jennifer Osborne	WIS	5.61		
	Choi Man Chun Natalie	HKUGA	5.42		

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Event 16 High Jump Boys C  
Standard: 1.38 Record: 1.86 (2013)  
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Position	Name	School	Result	Remark	Points
1	Tao Tsz Sum	WYHK	1.70	Standard	9
2	Roeksasud Rattapum	SJACS	1.62	Standard	7
3	Tsang Man Chi	DBS	1.59	Standard	6
4	Che Hau Nam	DBS	1.59	Standard	5
5	Wong Tsz Ho	SMCESPS	1.59	Standard	4
6	Wong Nathan Yi Cheung	LSC	1.56	Standard	3
7	Chan Ching Hang Keith	WYHK	1.53	Standard	2
8	Wong Kin Man	WFN	1.53	Standard	1
	Ng Chun Kam	HPCCSS	1.48	Standard	
	Tsang Sze Kwan	YCKMC	1.48	Standard	
	Matisse Alban Guillot	WIS	1.43	Standard	
	Liu Jason Fong Jun	WIS	1.43	Standard	
	Tse Kam Ming	SSCS	1.43	Standard	
	Yeung Tsz Fung	LSC	1.43	Standard	
	Lam Cheuk Hei	WYK	1.43	Standard	
	Wong Tsz Hong	SMCESPS	1.38	Standard	
	Guan Tung Hang	SSCS	1.38	Standard	
	Chan Chun Ming	SJACS	1.33		
	Tsang Pui Tin	YCKMC	1.33		
	Li Po Shing	CHECSS		DN take part	
	Woo Yan Kuen	PCMS		No Mark	
	Lo Cheuk Nam Alec	CHECSS		No Mark	
	Chan Pak Hei	SWC		No Mark	

Yim Wai Chung	SWC	No Mark
Li Tin Chung	HPCCSS	No Mark
Yip Pui Chung	CSWCSS	DN take part
Ng Ka Ching	CSWCSS	No Mark
Ko Ching Nam	WFN	No Mark
Cheng Tin Yui	WYK	No Mark
Hung Kang Ting	HKUGA	No Mark

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Event 17 Discus Boys B

Standard: 27.00 (1kg) Record: 54.18 (2015) (1kg)

Position	Name	School	Result	Remark	Points
1	Wong Kwan Yu	HPCCSS	51.59	Standard	9
2	Yong Shiu Chun	SMCESPS	49.17	Standard	7
3	Kwong Lut Ming	SMCESPS	46.52	Standard	6
4	Yuen Wang Chun	DBS	43.70	Standard	5
5	Yeung Yu Fung	HPCCSS	42.07	Standard	4
6	Man Kwun Kiu	LSC	41.97	Standard	3
7	Lau Tsz Yu	WFN	40.95	Standard	2
8	Wong Lok Tin	CHECSS	39.22	Standard	1
	Yeung Ka Kuen	SWC	38.55	Standard	
	Tsoi Long Tin	LSC	36.84	Standard	
	Wong Kam Hon	WFN	36.74	Standard	
	Wang Cheuk Fung	SJACS	35.16	Standard	
	Wong Hoi Chung	PCMS	34.86	Standard	
	Chui Chun Ho	CSWCSS	34.84	Standard	
	Nip Tsz Tsun	DBS	34.61	Standard	
	Chan Pak Lun	HKUGA	32.87	Standard	
	Wong Pak Yu	WYHK	32.09	Standard	
	Fung Justin Long Hin	SSCS	31.93	Standard	
	Tse Ka Kin	YCKMC	31.39	Standard	
	Tsang Tsz Yu	WYK	30.67	Standard	
	Wong Cheuk Wing	CHECSS	30.46	Standard	
	Sit Chun Leung	SWC	30.41	Standard	
	Lo Justin Tin Yui	SSCS	28.76	Standard	
	Ng Kai Yin	CSWCSS	28.47	Standard	
	Wong Yat Fan	WYK	27.42	Standard	
	Mak Kwan Yui	WYHK	25.60		
	Finneas James Stenhouse	RWIS	25.19		
	Chan Yik Man	PCMS	22.19		
	Aditya Shrisankaraan	WIS	21.62		
	Lee Ming Kiu Chester	SJACS	21.22		
	Wan Chun Kiu	YCKMC		No Mark	
	Low Kwan Yin	HKUGA		DN take part	

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Event 18 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

Heat					Final Lane
1	Tong Tak Sum	DBS	2:18.22	Standard	4
2	Chau Hoi Yeung	WYK	2:18.27	Standard	5
3	Poon Wing Hong	HKUGA	2:22.43	Standard	8
4	Lau Tsz Yui	LSC	2:24.73	Standard	10
5	Wong Chun Faat	SJACS	2:25.76	Standard	12
6	So Theodore Clement	WFN	2:26.04	Standard	
7	Cheung Ki Wan	HPCCSS	2:26.04	Standard	
8	Lachlan Scott	WIS	2:28.40	Standard	
9	Chan Ho	PCMS	2:28.54	Standard	
10	Wan Hei Yeung	SWC	2:30.45	Standard	
11	Tang Sze Ming Adrian	CSWCSS	2:32.84		
12	Lui Yat Long	YCKMC	2:33.66		
13	Chau Pui Yui Austin	SMCESPS	2:38.63		
14	Tse Hoi Hei	CHECSS	2:42.25		
15	Chen Tsz Kin	SSCS	2:46.08		
16	Lai Ka Pok	WYHK	2:46.27		
Heat 2					Final Lane
1	Slattery Matthew Luke	LSC	2: 9.49	Standard	1

2	Chu Lok Yin	SSCS	2: 9.78	Standard	2
3	Yip Wang Hei	DBS	2:17.54	Standard	3
4	Choy Ho Long Colin	PCMS	2:18.84	Standard	6
5	Chung Cheung Ho	WFN	2:21.40	Standard	7
6	Tse Hou Ting	HPCCSS	2:23.78	Standard	9
7	Loasby Jiro Joey	WIS	2:25.74	Standard	11
8	Liu Yi Qin	CHECSS	2:26.84	Standard	
9	Lo Lap Hay	CSWCSS	2:28.41	Standard	
10	Kwok Chun Kiu Joshua	WYK	2:29.42	Standard	
11	Pang Tsz Yin	WYHK	2:30.38	Standard	
12	Chor Wai Pang	YCKMC	2:30.74	Standard	
13	Chiu Pak Hei	HKUGA	2:30.93	Standard	
14	Wong Kai Yin	SJACS	2:33.00		
15	Law Tsz Lok	SWC	2:33.60		
16	Chu Hin Hang	SMCESPS	2:34.96		

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Event 19 800m Boys B

Standard: 2:23.00

Record: 2:00.69 (2013)

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Heat 1

Final Lane

1	Swiss Duangthip	WIS	2: 7.62	Standard	1
2	Lai Hiu Long	HKUGA	2: 7.98	Standard	2
3	Chan King Hei	CSWCSS	2: 8.86	Standard	5
4	Kumar Aman	SMCESPS	2:11.87	Standard	9
5	Wong Chi Kin	WFN	2:12.63	Standard	10
6	Hau Sheung Yin	SJACS	2:13.58	Standard	12
7	Choi Man Chiu Tim	DBS	2:14.90	Standard	
8	Chow Cheuk Man	HPCCSS	2:15.92	Standard	
9	Wong Chun Ho	LSC	2:16.11	Standard	
10	Poon Long Him Joshua	PCMS	2:17.76	Standard	
11	Hui Ho Yeung	WYHK	2:19.63	Standard	
12	Ma Cheuk Long	SWC	2:20.15	Standard	
13	Sit Chung Yin	WYK	2:20.94	Standard	
14	Fok Owen	YCKMC	2:22.29	Standard	
15	Wu Tsz Fung	SSCS	2:26.94		
16	Wong King Hin	CHECSS	2:32.25		

Heat 2

Final Lane

1	Lo Tsz Lok	CSWCSS	2: 8.03	Standard	3
2	Kwok Ching Ryan	LSC	2: 8.70	Standard	4
3	Ho Wan Kiu Eddie	HKUGA	2: 9.02	Standard	6
4	Tong Chi Ching	HPCCSS	2: 9.57	Standard	7
5	Lau Tsun Hei	DBS	2:10.04	Standard	8
6	Kwan Ka Tzun Ronan	SMCESPS	2:13.51	Standard	11
7	Cheng Tsz Ho	PCMS	2:14.56	Standard	
8	Shum Ho Hang	WYHK	2:14.65	Standard	
9	Ko Tsz Hin	CHECSS	2:15.06	Standard	
10	O'brien Naum	WIS	2:18.48	Standard	
11	Li Kevin	SJACS	2:20.47	Standard	
12	Yao Nok Hin	WFN	2:20.56	Standard	
13	Poon Sum To	SSCS	2:20.87	Standard	
14	Lo Chin Him	WYK	2:21.45	Standard	
15	Lee Wai Nam	YCKMC	2:27.13		
16	Fong Tsz Fung	SWC	2:27.43		

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Event 20 800m Boys A

Standard: 2:20.00

Record: 1:55.58 (2016)

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Heat 1

Final Lane

1	Yeung Jason Chun Ho	YCKMC	2: 1.32	Standard	3
2	Lam Lok Hin	DBS	2: 7.06	Standard	7
3	Siu Kwing Yeung Jabez	PCMS	2: 7.09	Standard	8
4	Tse Cheuk Hin	WYK	2: 8.24	Standard	9
5	Chung Pok Hong	LSC	2:10.34	Standard	11
6	Chan Chun Yin	HPCCSS	2:10.99	Standard	
7	Cheng Hok Him	CSWCSS	2:12.14	Standard	
8	Wong Ching Yin	WYHK	2:14.08	Standard	
9	Koo Ho Meng Blythe	SMCESPS	2:14.69	Standard	

10	Wong Yat Chun	SJACS	2:17.72	Standard	
11	Chan Fai Hang	CHECSS	2:18.49	Standard	
12	Leung Yiu Tin	SWC	2:19.99	Standard	
13	Lai Shing Yan Ryan	WFN	2:21.13		
14	Leung Chung Wai	SSCS	2:24.46		
15	Yung Tsz Kin	HKUGA	2:27.98		
16	Louie Micheal Wilbor L.	WIS	2:30.17		
Heat 2					Final Lane
1	Man Tsun Kit	WYK	1:59.25	Standard	1
2	He Jingwu	DBS	2: 0.96	Standard	2
3	Yung Cheuk Kit	YCKMC	2: 3.07	Standard	4
4	Chan Chun Ki	SSCS	2: 4.37	Standard	5
5	Ethan Alexander Grantham	WIS	2: 6.44	Standard	6
6	Chung Cheuk Leung	HPCCSS	2: 8.69	Standard	10
7	Chiu Yu Yat	WFN	2:10.76	Standard	12
8	Au Ching Nam	CSWCSS	2:10.98	Standard	
9	Yim Chi Ping	WYHK	2:12.12	Standard	
10	Lee Dennis Joshua	SMCESPS	2:12.15	Standard	
11	Chiu Cheuk Hin	LSC	2:13.25	Standard	
12	Ting Chak Kuen	CHECSS	2:13.65	Standard	
13	Lee Kwan Ho	HKUGA	2:14.28	Standard	
14	Lo Koon Ho	PCMS	2:18.05	Standard	
15	Chan Wing Yin	SWC	2:19.52	Standard	
16	Woo Shing Lok	SJACS		DN start	

Event 21 200m Girls C

Standard: 31.50 Record: 25.85 (2012)

Heat 1					Final Lane
1	Wu Ying Qiao	DGS	26.96	Standard	3
2	Yip Yan Ki Charlotte	HKUGA	27.86	Standard	1
3	Beatrice Mary Alice P.	WIS	27.91	Standard	8
4	Cheung Priscilla	SSGC	28.35	Standard	
5	Lam Yan Yee Natasha	MCS	28.77	Standard	
6	Li Sum Yee	GHS	28.87	Standard	
7	Yip Chung Yan	HPCCSS	29.62	Standard	
8	Lau Yu Yung	KGV	29.94	Standard	

Heat 2					Final Lane
1	Li Tsz To	HKUGA	27.20	Standard	5
2	Li Huen Ming Apphia	HYS	27.51	Standard	6
3	choi Season	GHS	27.77	Standard	7
4	Yiu Hoi Ki Alyssia	MCS	28.15	Standard	
5	Kam Tsz Ching	SPCS	29.18	Standard	
6	Choy Pui Kei Christy	SCGS	29.96	Standard	
7	Mak Kar Wan	WFN	30.53	Standard	
8	Chan Wing Tung	SSGC	30.63	Standard	

Heat 3					Final Lane
1	Tang Cheuk Man Serena	DGS	26.46	Standard	2
2	Tam Hoi Ching	HYS	27.14	Standard	4
3	Ho Chan Hung	WFN	28.43	Standard	
4	Chan Hui Yung	SPCS	28.78	Standard	
5	Lo Miriam Tsz Wai Jones	WIS	28.89	Standard	
6	Wong Tin Ching Cary	SCGS	29.20	Standard	
7	Hung Pui Yan	HPCCSS	29.75	Standard	
8	Fiza	KGV	31.18	Standard	

Event 22 200m Girls B

Standard: 30.80 Record: 24.96 (2016)

Heat 1					Final Lane
1	Lee Wing Yiu	HKUGA	25.80	Standard	2
2	Ng Wing Shan	GHS	27.00	Standard	5
3	Or Wing Lam Melinda	MCS	27.01	Standard	6
4	Lam Wing Tung	SSGC	27.67	Standard	
5	Lai Kei Hei Larissa	SCGS	29.37	Standard	
6	Gross Sabrina Ashley	KGV	29.75	Standard	
7	Lai Ka Ying	WFN	29.77	Standard	

8	Tse Yi Tung	HPCCSS	30.18	Standard	
					Final Lane
Heat 2	1	Chung Yui Ying	HPCCSS	27.15	Standard 7
	2	Mak Wing Ting Ashley	HYS	27.27	Standard 1
	3	Ngan Ching Man Yola	HKUGA	27.58	Standard 8
	4	Lau Wing Yi	DGS	27.89	Standard
	5	Au Latisha Tsz Yau	SPCS	28.33	Standard
	6	Haskins Kyra Aisling	WIS	28.73	Standard
	7	Bardin Julie Cecile Hana	KGV	29.85	Standard
	8	Kwan Yik Tung	WFN	30.15	Standard

					Final Lane
Heat 3	1	Chan Sze Chai	DGS	26.10	Standard 3
	2	Jiang Cheuk Lam	HYS	26.93	Standard 4
	3	Chan Ling Lei	GHS	27.68	Standard
	4	To Cheuk Wing Carissa	SPCS	28.71	Standard
	5	Chung Abigail Foo Wing	SSGC	28.77	Standard
	6	Lai Cheuk Yiu Hayley	WIS	29.18	Standard
	7	Pang Wing Tung	MCS	31.33	
	8	Lai Tsz Ching Edith	SCGS		DN start

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Event 23 200m Girls A

Standard: 30.50

Record: 25.01 (2018)

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					Final Lane
Heat 1	1	Kwok Hui Man Natalie	DGS	26.89	Standard 4
	2	Leung Ching Jolly	SCGS	28.08	Standard 1
	3	Lee Hoi Yan Janice	SPCS	28.36	Standard
	4	Brantingham Isabelle J.	WIS	28.48	Standard
	5	Wong Yui Chin	HYS	29.48	Standard
	6	Ma Li Iris	KGV	30.03	Standard
	7	Wong Hau Wing	HKUGA	31.88	
	8	Siu Wing Ki	WFN	32.33	

					Final Lane
Heat 2	1	Leung Wing Hei	DGS	25.83	Standard 2
	2	Wu Yi Lam	GHS	26.97	Standard 5
	3	Fernandez Brielle C.	KGV	27.01	Standard 6
	4	Chou Cheuk Huen	SPCS	27.48	Standard 7
	5	Ng Yuk Yue Cythia	MCS	28.26	Standard 8
	6	Sakai-Stoute Umi Saudia	WIS	28.58	Standard
	7	Cheng Cheuk Lam	SSGC	31.42	
	8	Cho Chun	HKUGA	32.92	

					Final Lane
Heat 3	1	Chan Pui Kei	GHS	26.17	Standard 3
	2	Yeung Ka Yi	HPCCSS	28.40	Standard
	3	Kwong Wing Yiu	HYS	28.71	Standard
	4	Ho Chiu Wah	SSGC	29.70	Standard
	5	Chan Lok Yi Katie	SCGS	30.48	Standard
	6	Cheong Hei Lam Valerie	MCS	30.67	
	7	Chan Sheung Yi	WFN	30.87	

=====  
Event 24 200m Boys C

Standard: 27.50

Record: 22.59 (2008)

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					Final Lane
Semi-Final 1	1	Tam Pak Ho	LSC	24.32	2
	2	Chun Wai Nam	CSWCSS	24.37	3
	3	Ho Kai Shun	LSC	24.62	6
	4	Yuen Tsz Shun	HPCCSS	25.60	8
	5	Chan Pak Wing	WYHK	26.20	
	6	Yau Ching Hong	SSCS	26.27	
	7	Yung Hin Yung	SMCESPS	27.39	
	8	Hui Ching Ho	DBS		

					Final Lane
Semi-Final 2	1	Wan Fu Wang David	WYK	24.38	4
	2	Lam Ming Fung	SJACS	24.46	5
	3	Lee Long Him	WYK	25.07	7
	4	Ma Ho Lung	WYHK	25.20	1

5	Lai Chin Yeung	DBS	25.72
6	Sin Ka Hei	HPCCSS	25.81
7	Zhang Chi Keung	SWC	26.60
8	Chen Chi Nang	CHECSS	27.10

=====  
Event 25 200m Boys B

Standard: 26.40

Record: 22.13 (2010)

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Semi-Final 1

Final Lane

1	Mak Chun Ho	LSC	22.78	2
2	Lee King Him Keith	HKUGA	23.79	5
3	Cheung Yee Hang	WYHK	24.13	7
4	Chow Hiu Long	CSWCSS	24.18	8
5	Ngan Yuen Ho	WYHK	24.38	
6	Chan Chun Hei	CHECSS	24.58	
7	Kwan Chi Kan	CHECSS	24.82	
8	Wan Kai Hei	WFN		

Semi-Final 2

Final Lane

1	Lam Chak Yu	HPCCSS	23.02	3
2	Chan Ka Chung	HPCCSS	23.75	4
3	Tang Wai Ip	DBS	23.85	6
4	Lau Chun Yau Adrian	DBS	24.13	1
5	Pang Kit Sum	LSC	24.46	
6	Wan Ching Laam	PCMS	24.65	
7	Kong Siu Long	HKUGA	24.97	
8	Chan Tsz Wai	SJACS	25.13	

=====  
Event 26 200m Boys A

Standard: 25.50

Record: 21.91 (2017)

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Semi-Final 1

Final Lane

1	Ma Chi Fai	LSC	22.83	5
2	Fung Chi Lok	WYK	23.01	6
3	Kam Luhng Olivier Pitter	WIS	23.02	7
4	Ha Cho Hin	SWC	23.28	
5	Koo Elvis	HKUGA	23.37	
6	Leung Wang Kit	HPCCSS	23.42	
7	He Jiaxing	PCMS	23.43	
8	Wong King Tak	CSWCSS	24.48	

Semi-Final 2

Final Lane

1	Ma King Yeung	LSC	22.05	2
2	Chan Tsz Ho Nino Adam	DBS	22.76	3
3	Hue Sheung Chun	DBS	22.81	4
4	Li Yu Fung	SMCESPS	23.16	1
5	Lo Lai Hang	SJACS	23.26	8
6	Wong Ching Hoi	WYK	23.59	
7	Christensen Nicolas G.	WIS	24.14	
8	Chan Yuk Hei	SJACS		

=====  
Event 27 Javelin Girls B

Standard: 17.80 (600gm)

Record: 42.92 (2012) (600gm)

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Position	Name	School	Result	Remark	Points
1	Wan Pak Hei Chloe V.	DGS	33.26	Standard	9
2	Chiu Yi Shun	HYS	32.85	Standard	7
3	Law Yuen Tung	GHS	32.38	Standard	6
4	Cheng Wing Chi Angelina	DGS	32.11	Standard	5
5	Cheung Hoi Lam	MCS	30.37	Standard	4
6	Chen Sze Ki	HKUGA	27.93	Standard	3
7	Suen Wing Kiu	HYS	27.63	Standard	2
8	Lo Yui Chit Ashley	GHS	23.89	Standard	1
	Yao Yi Lok	SSGC	21.25	Standard	
	Chan Sheung Ling Celina	MCS	20.67	Standard	
	Lai Wai Nam	SPCS	20.64	Standard	
	Lau Yan Yu	WFN	20.53	Standard	
	Chan Cheuk Yee Chloe	KGV	19.34	Standard	
	Law Hei	SPCS	17.96	Standard	

Tsui Tsz Ching Jessie	SCGS	17.88	Standard
Leung Shing Wai	HPCCSS	17.73	
Lui Shu Yan	WFN	16.99	
Shiu Tsui Kwan	SSGC	16.86	
Cheng Tsz Ching	HKUGA	16.06	
Colwill Elena Frances	KGV	14.16	
Sula Mendelesohn Hedley	WIS	14.08	
Leung Sze Wing	HPCCSS	12.09	
Desir Ciarra Walsh	WIS	10.69	
Tam Lok Man Kobe	SCGS		No Mark

=====  
Event 28 Long Jump Boys A  
Standard: 5.45

Record: 7.36 (2017)

Position	Name	School	Result	Remark	Points
1	Chan Chun Hei	LSC	7.23	Standard	9
2	Wong Pak Hang	WYK	7.12	Standard	7
3	Chow Hon Kit	CSWCSS	6.92	Standard	6
4	Man Tak Yan	WYK	6.71	Standard	5
5	Lin Long Kau	DBS	6.63	Standard	4
6	Lai Chi Hei	LSC	6.61	Standard	3
7	Wong Pak Yiu	SWC	6.36	Standard	2
8	Tsui Ka Tsun	DBS	6.28	Standard	1
	Tang Yui Ming	CSWCSS	6.24	Standard	
	Li Sze Wing	YCKMC	6.23	Standard	
	Hong Dylan Carswell	SMCESPS	6.22	Standard	
	He Zechu	CHECSS	6.14	Standard	
	Chan Chun Kit	PCMS	6.10	Standard	
	Cheung Pui Kwan	CHECSS	6.02	Standard	
	Kwan Ka Chung	SJACS	5.96	Standard	
	Cheung Hon Fung	HPCCSS	5.92	Standard	
	Tsang Kwan Lok	WYHK	5.76	Standard	
	Tam Sau Ching	WIS	5.75	Standard	
	Wong Lok Yin Gabriel	WYHK	5.71	Standard	
	Choy Ka Him	SJACS	5.70	Standard	
	Chan Lap Hang	SMCESPS	5.70	Standard	
	Wong Ka Long	HPCCSS	5.67	Standard	
	Kwan Chun Yin Marco	WFN	5.54	Standard	
	Au On Yin	SSCS	5.54	Standard	
	Ha Yick Hung Matthew C.	WIS	5.49	Standard	
	Foo Ka Ming	YCKMC	5.35		
	Chan Wai Chun	SWC	5.29		
	Lam Ka Chun	HKUGA	5.21		
	Yeung Yiu Chung	SSCS	4.78		
	Leung Chun Kiu	HKUGA	4.04		
	Poon Huen On	WFN		DN take part	

=====  
Event 29 High Jump Girls A  
Standard: 1.30

Record: 1.73 (2018)

Position	Name	School	Result	Remark	Points
1	Lai Yan Hei	GHS	1.74	Standard	9
2	Cheung Ching Laam	HYS	1.71	Standard	7
3	Chow Kwan Wing	DGS	1.62	Standard	6
3	Chan Wing Ka	GHS	1.62	Standard	6
5	Ho Wai Kiu Carrie	MCS	1.56	Standard	4
6	Lam Tsz Chin Janice	DGS	1.56	Standard	3
7	Chin Ching Tung	SPCS	1.53	Standard	2
8	Chan Yan Man	HYS	1.45	Standard	1
	Wong Hang Yung	SPCS	1.40	Standard	
	Hung On In Jamie	HPCCSS	1.35	Standard	
	Ypersiel Noelia France J.	WIS	1.35	Standard	
	Chan Tsz Yan Tracy	SCGS	1.35	Standard	
	Greene Farhana Ciara	KGV	1.30	Standard	
	Lee Chin Ching	HPCCSS	1.30	Standard	
	Wong Chung Ning	HKUGA	1.30	Standard	
	Yeung Victoria Chi Hiun	WFN	1.30	Standard	

Lobler Josephine J.	KGV	1.25	
Law Wun Tsz Gigi	SCGS		DN take part
Poon Ka Ying	WFN		No Mark
Cheung Yi Yung Dora	HKUGA		No Mark
Frost Leilani Shengying	WIS		DN take part

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Event 30 100m Hurdles Boys C  
Standard: 19.70 (0.84m) Record: 13.57 (2009) (0.84m)  
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Semi-Final 1				Final Lane
1	Tao Tsz Sum	WYHK	15.04	2
2	Roeksasud Rattapum	SJACS	15.06	3
3	Lau Chun Hang	SMCESPS	15.46	6
4	Heung Ho Yeung	DBS	15.88	7
5	Liu Yuk Fai	PCMS	16.23	
6	Chui Kai Yiu	WYK	16.24	
7	Campbell Richard Bernard	WIS	17.72	
8	Liu Hoi Long Colin	PCMS	18.25	

Semi-Final 2				Final Lane
1	Cheng King Hin	LSC	15.15	4
2	Chan Pok Him	HPCCSS	15.27	5
3	Ng Chun Kam	HPCCSS	15.97	1
4	Che Hau Nam	DBS	16.22	8
5	Loh Wai Hei	LSC	16.46	
6	Pang Cheuk Yin Justin	WYHK	17.78	
7	Wong Chun Yee	HKUGA	17.90	
8	Lee Pui Yin	WFN	18.38	

=====  
Event 31 100m Hurdles Boys B  
Standard: 17.00 (0.914m) Record: 13.25 (2017) (0.914m)  
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Semi-Final 1				Final Lane
1	Tsang Yin Yu Jonathan	HPCCSS	13.92	2
2	Chan Wai Ho Hugo	WFN	15.02	5
3	Ho Cheuk Yin	LSC	15.23	1
4	Poon Cheuk Chun	DBS	15.32	8
5	Wong Tsz Hin Simon	SSCS	15.66	
6	Yuen Ka Hin	YCKMC	15.96	
7	Au Tsz Chun	PCMS	16.16	
8	Mok Siu Hin	WFN		

Semi-Final 2				Final Lane
1	Liu Hiu Long	HPCCSS	13.92	3
2	Chan Chun Ho	DBS	14.44	4
3	Ho Cheuk San	LSC	15.14	6
4	Tse Cheuk Hin	SSCS	15.22	7
5	Kok Ho Fung	WYK	15.45	
6	Chu Jun	WYK	15.54	
7	Chan Lok Wang	SWC	16.59	
8	Chan Chi Kin	SJACS	20.51	

=====  
Event 32 110m Hurdles Boys A  
Standard: 18.50 (0.914m) Record: 13.63 (2016) (0.914m)  
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Semi-Final 1				Final Lane
1	Wong Lok Hei Addis	CSWCSS	13.88	2
2	Cheung Wang Hei	WYK	14.76	6
3	Yeung Ki Tsun Adam	SJACS	14.95	7
4	Lau Ho Fung	WYHK	15.02	8
5	Lee Hei Wing	HPCCSS	15.70	
6	Cheung Chi Kit	YCKMC	19.37	
7	Lai Hoi Wang	WYK		
8	Tang Hoi Fai	SWC		

Semi-Final 2				Final Lane
1	Cheung Siu Hang	WYHK	13.99	3
2	Cheng Yat Long	DBS	14.66	4
3	Hui Chun Kit	LSC	14.67	5
4	Leung Hoi Yue	DBS	15.01	1



5 Yu Cheuk Hin Elston LSC 16.14  
6 Tai Tze-Leung Williams WIS 17.15  
7 Chau Chi Yung CHECSS  
8 Law Kin Ming CSWCSS

=====  
Event 33 400m Girls C

Standard: 1:14.50 Record: 58.78 (2000)

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Heat 1 Final Lane  
1 Ho Nok Lam DGS 1: 2.08 Standard 2  
2 Pang Cheuk Yin GHS 1: 5.34 Standard 1  
3 Beatrice Mary Alice P. WIS 1: 6.96 Standard  
4 Worthington Molly Grace KGV 1: 7.31 Standard  
5 Hui Chi Ching HPCCSS 1: 8.05 Standard  
6 Yeung Yee Fei Venue MCS 1: 8.81 Standard  
7 Ng Kristy Kay Sze HKUGA 1: 8.98 Standard  
8 Ho Lok Wai Jasmine SSGC 1:12.56 Standard

Heat 2 Final Lane  
1 Leung Cosette WFN 1: 2.98 Standard 4  
2 Cheung Priscilla SSGC 1: 4.23 Standard 5  
3 Choi Season GHS 1: 5.04 Standard 7  
4 Li Tsz To HKUGA 1: 6.18 Standard 8  
5 Li Yik Tung Farrah SPCS 1: 6.71 Standard  
6 Lau Wan Ki HYS 1: 6.73 Standard  
7 Wan Nok Yi Elle MCS 1: 9.66 Standard  
8 So Wing Ting Joviter SCGS 1:17.84

Heat 3 Final Lane  
1 Wu Ying Qiao DGS 1: 2.69 Standard 3  
2 Chiu Hau Ching HYS 1: 4.34 Standard 6  
3 Grantham Ashley Jade WIS 1: 6.41 Standard  
4 Liu Chang SPCS 1: 8.29 Standard  
5 Casey Scarlett Anne KGV 1: 8.36 Standard  
6 Tam Tsz Wing WFN 1:11.02 Standard  
7 Lo Wai Ying HPCCSS 1:11.89 Standard  
8 Lai Angelika Wing Kei SCGS 1:20.23

=====  
Event 34 400m Girls B

Standard: 1:13.00 Record: 57.29 (2002)

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Heat 1 Final Lane  
1 Man Wai Yan MCS 1: 0.53 Standard 5  
2 Chan Ling Lei GHS 1: 3.91 Standard 1  
3 Lai Kei Hei Larissa SCGS 1: 4.53 Standard 8  
4 Baltazar Emrin Micayla B. KGV 1: 8.27 Standard  
5 Lai Ka Ying WFN 1: 9.82 Standard  
6 Cheung Ling Shan Hesper SSGC 1:12.32 Standard  
7 Yip Sum Yu HPCCSS 1:16.75  
8 Yu Hei Man HKUGA DN start

Heat 2 Final Lane  
1 Ho Kin Ling HYS 59.17 Standard 2  
2 Ma Ying Wen Ashleigh DGS 59.70 Standard 3  
3 Ngan Ching Man Yola HKUGA 1: 2.62 Standard 6  
4 Juliette Alexandra P. WIS 1: 5.98 Standard  
5 Kwan Yik Tung WFN 1: 8.78 Standard  
6 Chow Kei Yee SPCS 1: 8.97 Standard  
7 Schroeder Naomi Carol KGV 1: 9.06 Standard  
8 Ho Yuk Yiu HPCCSS 1:12.60 Standard

Heat 3 Final Lane  
1 Fong Ching Sunnie HYS 1: 0.41 Standard 4  
2 Cheung Yee Lam GHS 1: 3.87 Standard 7  
3 Cheung Yan Yuet Maia DGS 1: 5.36 Standard  
4 Fu Tsz Ki Margaret SCGS 1: 5.45 Standard  
5 Au Latisha Tsz Yau SPCS 1: 6.43 Standard  
6 Au Hoi Ying SSGC 1: 6.71 Standard  
7 Lai Cheuk Yiu Hayley WIS 1: 9.08 Standard  
8 Lo Yuk Yan Justina MCS 1: 9.58 Standard  
=====

## Event 35 400m Girls A

Standard: 1:12.50

Record: 57.37 (2015)

					Final Lane
Heat 1					
1	Poon Yiu Man	HYS	1: 4.22	Standard	3
2	Brantingham Isabelle J.	WIS	1: 4.44	Standard	4
3	Lau Ho Ching	GHS	1: 4.92	Standard	6
4	Wong Ching Kwan Janice	MCS	1: 5.12	Standard	7
5	Po Shu Ying	SPCS	1: 8.84	Standard	
6	Cheung Hoi Yan	WFN	1:11.95	Standard	
7	Chan Lei Kwan Natalie	KGV	1:16.70		
Heat 2					
1	Cheung Ming Ka	HYS	1: 4.53	Standard	5
2	Chan Wai Laam Athena	DGS	1: 5.95	Standard	8
3	Evangeline Dorothy H K N	WIS	1: 6.71	Standard	
4	Chan Christina	SPCS	1: 9.89	Standard	
5	Yau Sin To Priscilla	MCS	1:11.13	Standard	
6	Wong Chung Ning	HKUGA	1:12.29	Standard	
7	Kwong Tsz Kwan	SSGC	1:12.99		
Heat 3					
1	Chen On Yu	DGS	1: 4.10	Standard	2
2	Wu Yi Lam	GHS	1: 5.58	Standard	1
3	Leung Ching Jolly	SCGS	1: 6.75	Standard	
4	Ho Chiu Wah	SSGC	1: 7.90	Standard	
5	Ma Li Iris	KGV	1:11.37	Standard	
6	So Wan Ying	WFN	1:15.07		
7	Lai Yan Qing Chelsia	HKUGA		DN start	

## Event 36 Javelin Boys A

Standard: 30.00 (700gm)

Record: 62.06 (2017) (700gm)

Position	Name	School	Result	Remark	Points
1	Chan Ho Wa Alex	DBS	59.25	Standard	9
2	Lin Yun To Toby	DBS	59.21	Standard	7
3	Lee Yu Hin	HPCCSS	55.94	Standard	6
4	Choi Kin Ning	SWC	47.75	Standard	5
5	Kong Ming Hang	WFN	43.40	Standard	4
6	Lee Chun Yu Raphael	LSC	42.19	Standard	3
7	Shum Tsun Yin	WYHK	41.55	Standard	2
8	Law Long Wai	SWC	40.74	Standard	1
	Wang Yifu	CSWCSS	37.33	Standard	
	Lam Kit	HPCCSS	36.69	Standard	
	Leung Kin Long Ryan	SMCESPS	36.57	Standard	
	Leung Sum Nam	WYK	34.83	Standard	
	Chen Jialuo	SMCESPS	34.47	Standard	
	Man Hoi Man Sherman	LSC	34.46	Standard	
	Wong Chun Kit	CHECSS	32.70	Standard	
	Lam Hiu Nam	PCMS	32.52	Standard	
	Leung Hok Yan	SSCS	30.47	Standard	
	Adam Alexander Farrar	WIS	30.41	Standard	
	Ho Hoi Lam Timothy	YCKMC	30.29	Standard	
	Chau Long Hin Marcus	PCMS	29.33		
	Fu Chi Wing	CSWCSS	29.26		
	Roberts Jules Alexander	WIS	29.08		
	Cheuk Yik Hung	CHECSS	27.20		
	Leung Harvest	HKUGA	25.94		
	Chu Ngai Ming	SSCS	25.02		
	Lam Chun Ki Totti	WYK	19.54		
	Lam Tak Hung	SJACS		No Mark	
	Chan Ting Ho Kinson	WYHK		No Mark	
	Pang Chin Yui	YCKMC		No Mark	
	Kwan Ho Lam	WFN		No Mark	

## Event 37 400m Boys C

Standard: 1:04.00

Record: 51.23 (2008)

Semi-Final 1 Final Lane

1	Chu Lok Yin	SSCS	56.88	2
2	Wong Kin Man	WFN	58.40	6
3	Wong Chun Faat	SJACS	58.64	7
4	Kwok Chi Fung	HPCCSS	59.74	
5	Nip Long Ho Adrian	PCMS	1: 0.06	
6	Liu Yi Qin	CHECSS	1: 0.44	
7	Man Yin Hay Adryan	WYHK	1: 1.23	
8	Chui Kai Yiu	WYK	1: 2.32	
Semi-Final 2				Final Lane
1	Ma King Yiu	LSC	56.93	3
2	Yuen Tsz Shun	HPCCSS	57.09	4
3	Chan Kwan Ching Osmond	LSC	57.47	5
4	Tsang Man Chi	DBS	59.01	1
5	Kwong Chin Ching	SSCS	59.48	8
6	Chung Cheung Ho	WFN	59.54	
7	Hui Ching Ho	DBS		
8	Zhang Chi Keung	SWC		

=====  
Event 38 400m Boys B

Standard: 1:00.00 Record: 49.72 (2010)

Semi-Final 1				Final Lane
1	Lai Hiu Long	HKUGA	53.76	3
2	Au Shun Kwan	WFN	54.66	7
3	Tsang Hing Lam	SWC	54.74	8
4	Kong Siu Long	HKUGA	55.31	
5	Siu Otho	HPCCSS	55.57	
6	Lorenzo Antonio Croci	WIS	55.87	
7	Choi Wai Yat	YCKMC	56.26	
8	Yao Nok Hin	WFN		

Semi-Final 2				Final Lane
1	Chan Christopher	DBS	53.62	2
2	Wong Pak Yui	LSC	53.90	4
3	Law Tsz Chun	HPCCSS	54.36	5
4	Fok Ching Hoi Andrew	LSC	54.54	6
5	Lau Cheuk Hin	SWC	54.66	1
6	Shum Ho Hang	WYHK	57.38	
7	Chow Hiu Long	CSWCSS	57.87	
8	O'brien Naum	WIS	58.18	

=====  
Event 39 400m Boys A

Standard: 57.80 Record: 49.92 (2016)

Semi-Final 1				Final Lane
1	Li Yu Fung	SMCESPS	52.29	5
2	Ma Chi Fai	LSC	52.50	7
3	Tang Wai Sing	HPCCSS	52.61	8
4	Wong Ching Hoi	WYK	52.98	
5	Ethan Alexander Grantham	WIS	53.08	
6	Koo Elvis	HKUGA	53.51	
7	Chan Tsz Ho Nino Adam	DBS	55.50	
8	Yung Wing Mo	SWC		

Semi-Final 2				Final Lane
1	Chan Ching Fung	LSC	51.22	2
2	Lam Ansen	DBS	51.76	3
3	Chau Cheuk Hong	HPCCSS	52.19	4
4	Tse Cheuk Hin	WYK	52.29	6
5	Lo Lai Hang	SJACS	52.57	1
6	Lo Lok Man	CSWCSS	53.85	
7	Chiu Yu Yat	WFN	56.15	
8	Koo Ho Meng Blythe	SMCESPS		

=====  
Event 40 4x100m Relay Girls C

Standard: 58.80 Record: 50.59 (2015)

Heat 1				Final Lane
1		HYS	50.72 Standard	3

2	GHS	52.06	Standard	4
3	SPCS	52.95	Standard	5
4	HPCCSS	53.94	Standard	1
5	KGV	56.09	Standard	
6	HKUGA		DQ	
Heat 2				Final Lane
1	DGS	50.41	Standard	2
2	WFN	52.98	Standard	6
3	MCS	53.58	Standard	7
4	SCGS	54.33	Standard	8
5	WIS	55.41	Standard	
6	SSGC	58.44	Standard	

=====  
Event 41 4x100m Relay Girls B  
Standard: 57.00 Record: 49.44 (2015)  
-----

Heat 1				Final Lane
1	HYS	50.34	Standard	3
2	GHS	50.42	Standard	4
3	SPCS	51.72	Standard	5
4	HKUGA	52.00	Standard	6
5	HPCCSS	52.92	Standard	7
6	SCGS	59.89		

Heat 2				Final Lane
1	DGS	49.96	Standard	2
2	MCS	53.14	Standard	1
3	SSGC	54.42	Standard	8
4	WIS	55.61	Standard	
5	WFN	55.63	Standard	
6	KGV	56.64	Standard	

=====  
Event 42 4x100m Relay Girls A  
Standard: 56.80 Record: 48.92 (2018)  
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Heat 1				Final Lane
1	GHS	48.77	Standard	2
2	KGV	53.53	Standard	7
3	WIS	53.57	Standard	1
4	HKUGA	55.86	Standard	
5	SSGC	55.96	Standard	
6	SCGS	1: 2.14		

Heat 2				Final Lane
1	DGS	49.67	Standard	3
2	SPCS	50.99	Standard	4
3	HYS	52.40	Standard	5
4	HPCCSS	52.75	Standard	6
5	MCS	53.66	Standard	8
6	WFN	55.58	Standard	

=====  
Event 43 4x100m Relay Boys C  
Standard: 52.00 Record: 45.05 (2008)  
-----

Heat 1				Final Lane
1	LSC	46.82	Standard	2
2	WYHK	48.48	Standard	6
3	SMCESPS	50.75	Standard	8
4	SJACS	51.92	Standard	
5	CHECSS	51.93	Standard	
6	WIS	52.04		
7	HKUGA	52.26		
8	SSCS	55.24		

Heat 2				Final Lane
1	WYK	47.35	Standard	3
2	DBS	47.38	Standard	4
3	HPCCSS	48.43	Standard	5
4	CSWCSS	49.05	Standard	7
5	SWC	49.88	Standard	1

6	YCKMC	51.97	Standard
7	PCMS	52.83	
8	WFN		DQ

=====  
Event 44 4x100m Relay Boys B

Standard: 49.00 Record: 43.73 (2013)

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Heat 1				Final Lane
1	HPCCSS	45.54	Standard	4
2	CHECSS	46.64	Standard	5
3	WYK	47.32	Standard	6
4	HKUGA	47.90	Standard	8
5	SWC	48.35	Standard	
6	CSWCSS	48.46	Standard	
7	YCKMC	49.37		
8	SJACS		DQ	

Heat 2				Final Lane
1	LSC	44.37	Standard	2
2	DBS	44.95	Standard	3
3	SSCS	47.69	Standard	7
4	PCMS	47.77	Standard	1
5	SMCESPS	48.22	Standard	
6	WFN	49.09		
7	WIS		DQ	
8	WYHK		DQ	

=====  
Event 45 4x100m Relay Boys A

Standard: 47.50 Record: 42.16 (2017)

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Heat 1				Final Lane
1	LSC	43.45	Standard	2
2	WYK	44.90	Standard	6
3	SJACS	45.53	Standard	1
4	CHECSS	46.75	Standard	8
5	YCKMC	47.15	Standard	
6	WFN	47.22	Standard	
7	SSCS	49.01		
8	HKUGA		DQ	

Heat 2				Final Lane
1	DBS	44.07	Standard	3
2	CSWCSS	44.15	Standard	4
3	WYHK	44.84	Standard	5
4	HPCCSS	45.35	Standard	7
5	SWC	48.25		
6	PCMS	48.60		
7	SMCESPS		DQ	
8	WIS		DQ	

HONG KONG SCHOOLS SPORTS FEDERATION  
 Inter-School Athletics Championships  
 (HK Island and Kowloon)  
 Division One  
 Day Three: 8 March 2019

=====  
 Event 1 Long Jump Girls B

Standard: 4.00 Record: 5.61 (2014)

Position	Name	School	Result	Remark	Points
1	Luo Tsz Yuen	HYS	5.59	Standard	9
2	Ho Kin Ling	HYS	5.37	Standard	7
3	Chung Wai Yu Chelsea	SPCS	5.31	Standard	6
4	Shum Hei Lam	DGS	5.20	Standard	5
5	Man Wai Yan	MCS	5.11	Standard	4
6	Kwan Ming Yan	GHS	4.90	Standard	3
7	Sin Tsoi Ying Martha	MCS	4.86	Standard	2
8	Tam Yat Sum Liz	DGS	4.76	Standard	1
	Lai Hoi Kiu	GHS	4.74	Standard	
	Chan Sze Cheuk	WFN	4.59	Standard	
	Fung Sin Sze Sarah	SCGS	4.51	Standard	
	Gong Claire	KGV	4.49	Standard	
	Tam Wing Yu	SPCS	4.45	Standard	
	Yung Nok Lam	HPCCSS	4.36	Standard	
	Fu Tsz Ki Margaret	SCGS	4.36	Standard	
	Chung Abigail Foo Wing	SSGC	4.29	Standard	
	Baltazar Emrin Micayla B.	KGV	4.24	Standard	
	Hemshall Elena Sophie	WIS	4.20	Standard	
	Chan Sze Tsai Marcia	SSGC	4.17	Standard	
	Chan Wing Ue	WFN	4.03	Standard	
	Fong Sze Yau	HPCCSS	3.85		
	Luk Eunice	HKUGA	3.78		
	Cheung Hong Yau Katrina	HKUGA	3.69		
	Choi Man Yan Nastassia	WIS	3.43		

=====  
 Event 2 Discus Girls A

Standard: 18.80 (1kg) Record: 35.01 (2015) (1kg)

Position	Name	School	Result	Remark	Points
1	Chan Janice	GHS	36.76	Standard	9
2	Yiu Yi Yan Nicole	DGS	31.84	Standard	7
3	Lau Fong Ying	HYS	30.72	Standard	6
4	Tsui Ka Yan	DGS	29.81	Standard	5
5	Kwok Tsz Yi	GHS	27.71	Standard	4
6	Ng Yan Tung	HYS	26.41	Standard	3
7	Narasipuram Suyasha Mohan	SPCS	23.83	Standard	2
8	Ng Tsz Ching Angel	SCGS	22.36	Standard	1
	Cheung Pak Kiu	WFN	20.38	Standard	
	Ng Ho Ching	MCS	20.17	Standard	
	Lau Wing Gee Zoe	SPCS	19.67	Standard	
	Fung Oi Ching	HKUGA	19.60	Standard	
	Cham Sophie	HPCCSS	19.18	Standard	
	Wong Tsz Yan	HPCCSS	19.15	Standard	
	Sacha Jennifer Osborne	WIS	19.15	Standard	
	Renwick Maya Patricia	KGV	18.72		
	Yao Yi Tung	SSGC	17.97		
	Lo Hiu Wa Melody	MCS	17.88		
	Ng Sze Yee Hiko	SCGS	17.41		
	Tse Hiu Ying	SSGC	16.58		
	Lal Dveeta	KGV	15.59		
	Choi Man Chun Natalie	HKUGA	14.88		
	Wong Ching Yu	WFN		DN take part	
	Tara Relan	WIS		No Mark	

=====  
 Event 3 High Jump Boys B

Standard: 1.52

Record: 1.96 (2016)

Position	Name	School	Result	Remark	Points
1	Chung Chi Kit	WYK	1.79	Standard	9
2	Li Kin On	HPCCSS	1.76	Standard	7
3	Au Yeung Yik Chong	HPCCSS	1.73	Standard	6
4	Wong Yu Hei	HKUGA	1.73	Standard	5
5	Element Max Alexander	WIS	1.70	Standard	4
6	Wong Jian Liang Nigel	SMCESPS	1.67	Standard	3
7	Lo Tin Yeung	WYHK	1.67	Standard	2
8	Lee Cheuk Hang Matthew	LSC	1.67	Standard	1
	Lau Chun Wai Rex	WYK	1.62	Standard	
	Chan Chun Ho	DBS	1.62	Standard	
	Chan Lok Kan	DBS	1.62	Standard	
	Chu Kai Fung	CHECSS	1.57	Standard	
	Li Wang Ip	SMCESPS	1.57	Standard	
	Wong Tsun Fung Frank	WFN	1.57	Standard	
	Shen Hoi Chak	LSC	1.57	Standard	
	He Ka Sing	SWC	1.57	Standard	
	Alexander Kingston W.	WIS	1.52	Standard	
	Wong Yung Yiu	CSWCSS	1.52	Standard	
	Mok Siu Hin	WFN	1.52	Standard	
	Tsang Chun Kit	SWC	1.52	Standard	
	Cheung Ho Sang	SSCS	1.47		
	Li Ching Nam	CSWCSS	1.47		
	Hui Ho Loong	HKUGA		No Mark	
	Tsang Hin Yau	WYHK		DN take part	
	Poon Curtis Long Yiu	SSCS		No Mark	
	Ng Kin Long	YCKMC		No Mark	
	Wong Hei Kuen	CHECSS		No Mark	
	Huang Cheung Wai	YCKMC		DN take part	

Event 4 Shot Put Boys A

Standard: 10.05 (5kg)

Record: 15.48 (2017) (5kg)

Position	Name	School	Result	Remark	Points
1	Lee Mau Yuen	SSCS	14.70	Standard	9
2	Man Hoi Man Sherman	LSC	13.27	Standard	7
3	Chan Ho Wa Alex	DBS	13.10	Standard	6
4	To Wai Lok	DBS	12.87	Standard	5
5	Yau Chun Kwok	SWC	12.39	Standard	4
6	Fong Ryan	LSC	12.31	Standard	3
7	Hui Ka Wang	WFN	12.28	Standard	2
8	Zhou Tianlong	HPCCSS	12.22	Standard	1
	Yum Kin Pak John	CHECSS	12.01	Standard	
	Lam Tak Hung	SJACS	10.95	Standard	
	Chan Wai Pong Isaac	SMCESPS	10.89	Standard	
	Wang Ziyu	SSCS	10.21	Standard	
	Kwun Wing Yin	CSWCSS	10.18	Standard	
	Yeung Hoi Fai	PCMS	10.16	Standard	
	Alessandro Rafael W. S.	WIS	10.15	Standard	
	Chan Ting Ho Kinson	WYHK	10.07	Standard	
	Lau Sai Man	CSWCSS	10.04		
	Mo Ching Yeung	WYHK	10.03		
	Chiu Kin Ho	YCKMC	9.89		
	Chan Ming Yin	CHECSS	9.82		
	Adam Alexander Farrar	WIS	9.65		
	Yuen Chun Ho	WYK	9.54		
	Wong Matthew Curtis	HKUGA	9.35		
	Ng King Chak	PCMS	9.12		
	Ip Hin Wang	WFN	8.89		
	Wu Kwan Fui	SWC	8.81		
	Chan Chun Man	WYK	8.74		
	Koo Chin Fung Chifu	YCKMC	8.59		
	Chan Wai Nok	SMCESPS	8.09		
	Chik Yui Fung	HPCCSS		No Mark	
	Chiu Ching	HKUGA		DN take part	

=====  
 Event 5 Triple Jump Boys A

Standard: 11.20 Record: 14.82 (2017)

Position	Name	School	Result	Remark	Points
1	Leung King Yiu	DBS	13.88	Standard	9
2	Chan Chun Hei	LSC	13.74	Standard	7
3	Kwan Ka Chung	SJACS	13.57	Standard	6
4	Tang Yui Ming	CSWCSS	13.30	Standard	5
5	Tsang Kwan Lok	WYHK	13.16	Standard	4
6	Lai Chi Hei	LSC	13.08	Standard	3
7	Chan Chun Ching	DBS	12.83	Standard	2
8	Wong Ka Long	HPCCSS	12.82	Standard	1
	Kwan Chun Yin Marco	WFN	12.66	Standard	
	Cheung Hon Fung	HPCCSS	12.59	Standard	
	Chan Chun Kit	PCMS	12.21	Standard	
	Choy Ka Him	SJACS	12.09	Standard	
	Tang Hoi Fai	SWC	11.77	Standard	
	He Zechu	CHECSS	11.71	Standard	
	Lui Jin Man	HKUGA	11.43	Standard	
	Foo Ka Ming	YCKMC	11.40	Standard	
	Chan Wai Chun	SWC	11.21	Standard	
	Choy Lap Glen	HKUGA	11.04		
	Poon Huen On	WFN	11.02		
	Shawn Simon	WIS	10.74		
	Au On Yin	SSCS	10.73		
	Kim Heejoon	WIS	10.72		
	Wong King Wang	WYK	10.34		
	Yeung Yiu Chung	SSCS	10.31		
	Lee Dennis Joshua	SMCESPS	10.06		
	Chau Isaac Ho Yung	SMCESPS	9.35		
	Man Tak Yan	WYK		DN take part	
	Li Man Wui	WYHK		No Mark	
	Chow Hon Kit	CSWCSS		DN take part	
	Tsang Pak Ho	YCKMC		DN take part	
	Cheung Pui Kwan	CHECSS		DN take part	

=====  
 Event 6 400m Hurdles Boys A

Standard: 1:07.50 (0.84m) Record: 52.86 (2016) (0.84m)

Final				Points
1	Cheung Wang Hei	WYK	55.32	9
2	Fung Chun Wai Henry	LSC	55.44	7
3	Chan Ching Fung	LSC	55.48	6
4	Leung Hoi Yue	DBS	59.48	5
5	Chau Cheuk Hong	HPCCSS	59.90	4
6	Lai Shing Yan Ryan	WFN	1: 1.14	3
7	Lai Hoi Wang	WYK	1: 2.45	2
8	Cheung Yun Sang	SSCS	1: 2.57	1

=====  
 Event 7 200m Girls C

Standard: 31.50 Record: 25.85 (2012)

Final				Points
1	Tang Cheuk Man Serena	DGS	26.29	9
2	Tam Hoi Ching	HYS	26.90	7
3	Wu Ying Qiao	DGS	27.00	6
4	Li Tsz To	HKUGA	27.05	5
5	Li Huen Ming Apphia	HYS	27.20	4
6	Beatrice Mary Alice P.	WIS	27.83	3
7	choi Season	GHS	27.88	2
8	Yip Yan Ki Charlotte	HKUGA	28.04	1

=====  
 Event 8 200m Girls B

Standard: 30.80 Record: 24.96 (2016)

Final				Points
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1	Chan Sze Chai	DGS	25.70	9
2	Lee Wing Yiu	HKUGA	25.88	7
3	Ng Wing Shan	GHS	26.65	6
4	Or Wing Lam Melinda	MCS	26.75	5
5	Chung Yui Ying	HPCCSS	26.79	4
6	Mak Wing Ting Ashley	HYS	27.07	3
7	Jiang Cheuk Lam	HYS	27.10	2
8	Ngan Ching Man Yola	HKUGA	27.20	1

=====  
Event 9 200m Girls A

Standard: 30.50 Record: 25.01 (2018)

Final				Points
1	Leung Wing Hei	DGS	25.46	9
2	Chan Pui Kei	GHS	25.63	7
3	Wu Yi Lam	GHS	26.49	6
4	Fernandez Brielle C.	KGV	26.50	5
5	Kwok Hui Man Natalie	DGS	26.53	4
6	Chou Cheuk Huen	SPCS	27.52	3
7	Leung Ching Jolly	SCGS	28.71	2
8	Ng Yuk Yue Cythia	MCS	28.85	1

=====  
Event 10 200m Boys C

Standard: 27.50 Record: 22.59 (2008)

Final				Points
1	Tam Pak Ho	LSC	24.05	9
2	Chun Wai Nam	CSWCSS	24.12	7
3	Lam Ming Fung	SJACS	24.35	6
4	Ho Kai Shun	LSC	24.67	5
5	Wan Fu Wang David	WYK	24.68	4
6	Lee Long Him	WYK	25.00	3
7	Ma Ho Lung	WYHK	25.25	2
8	Yuen Tsz Shun	HPCCSS	26.75	1

=====  
Event 11 200m Boys B

Standard: 26.40 Record: 22.13 (2010)

Final				Points
1	Mak Chun Ho	LSC	22.72	9
2	Lam Chak Yu	HPCCSS	23.19	7
3	Chan Ka Chung	HPCCSS	23.76	6
4	Lee King Him Keith	HKUGA	23.96	5
5	Tang Wai Ip	DBS	24.01	4
6	Lau Chun Yau Adrian	DBS	24.11	3
7	Cheung Yee Hang	WYHK	24.19	2
8	Chow Hiu Long	CSWCSS	24.33	1

=====  
Event 12 200m Boys A

Standard: 25.50 Record: 21.91 (2017)

Final				Points
1	Ma King Yeung	LSC	22.22	9
2	Ma Chi Fai	LSC	22.63	7
3	Fung Chi Lok	WYK	22.71	6
4	Kam Luhng Olivier Pitter	WIS	22.77	5
5	Hue Sheung Chun	DBS	22.91	4
6	Chan Tsz Ho Nino Adam	DBS	23.17	3
7	Lo Lai Hang	SJACS	23.43	2
8	Li Yu Fung	SMCESPS	23.61	1

=====  
Event 13 800m Girls C

Standard: 2:57.00 Record: 2:19.72 (2000)

Final				Points
1	Wright Roxanne Scarlet	SSGC	2:25.35	9
2	Li Chi Ying	HKUGA	2:26.94	7

3	Wong Sum Yi	GHS	2:30.64	6
4	Lau Ho Ching	SPCS	2:32.77	5
5	Kwok Sze Ming	HYS	2:33.94	4
6	Casey Scarlett Anne	KGV	2:35.97	3
7	Grantham Ashley Jade	WIS	2:36.12	2
8	Lila Alaska Pelegia Man	WIS	2:36.80	1
9	Ma Wing Yu	HYS	2:37.98	
10	Chung Pui Ka	DGS	2:38.02	
11	Worthington Molly Grace	KGV	2:38.98	
12	Lam Chi Ching	HPCCSS	2:39.66	

=====  
Event 14 800m Girls B

Standard: 2:55.00 Record: 2:15.76 (2001)

Final				Points
1	Wright Cade Cameron	SSGC	2:16.46	9
2	Hall Charlotte Emily	KGV	2:24.69	7
3	Wright Tallulah Taye	SSGC	2:24.70	6
4	Lai Kirsten Tze Ka	KGV	2:27.14	5
5	Chau Lok Yi	WFN	2:28.25	4
6	Lee Man Chi	GHS	2:28.84	3
7	Lo Cheuk Yat	HYS	2:30.28	2
8	Sela Mauvorneen Caldwell	WIS	2:30.29	1
9	Cheng Yan Ching	DGS	2:30.90	
10	Man Wing	DGS	2:31.85	
11	Cheung Yee Lam	GHS	2:32.41	
12	Leia Olga Green	WIS	2:36.71	

=====  
Event 15 800m Girls A

Standard: 2:55.00 Record: 2:17.06 (2015)

Final				Points
1	Chan Ying Sum	DGS	2:21.62	9
2	Wong Cheuk Ning	HYS	2:28.22	7
3	Jasmin Alyssa Drew	WIS	2:30.67	6
4	Chan Hiu Yee	HYS	2:31.02	5
5	Lau Ho Ching	GHS	2:31.56	4
6	Casey Kara Louisa Edith	KGV	2:32.11	3
7	Wong Hoi Kiu Ealas	SCGS	2:33.09	2
8	Evangeline Dorothy H K N	WIS	2:35.62	1
9	Chen On Yu	DGS	2:35.90	
10	Man Sum Yi Shari	GHS	2:40.99	
11	Wong Ching Kwan Janice	MCS	2:41.05	
12	Chan Sum Yee	MCS	2:50.06	

=====  
Event 16 800m Boys C

Standard: 2:32.00 Record: 2:08.20 (2004)

Final				Points
1	Slattery Matthew Luke	LSC	2: 6.64	9
2	Chu Lok Yin	SSCS	2: 7.55	7
3	Chau Hoi Yeung	WYK	2: 9.40	6
4	Tong Tak Sum	DBS	2:15.92	5
5	Yip Wang Hei	DBS	2:17.73	4
6	Poon Wing Hong	HKUGA	2:18.10	3
7	Chung Cheung Ho	WFN	2:18.82	2
8	Lau Tsz Yui	LSC	2:20.76	1
9	Tse Hou Ting	HPCCSS	2:20.92	
10	Loasby Jiro Joey	WIS	2:22.17	
11	Choy Ho Long Colin	PCMS	2:23.23	
12	Wong Chun Faat	SJACS		

=====  
Event 17 800m Boys B

Standard: 2:23.00 Record: 2:00.69 (2013)

Final				Points
1	Kwok Ching Ryan	LSC	2: 6.42	9

2	Lai Hiu Long	HKUGA	2: 6.76	7
3	Swiss Duangthip	WIS	2: 7.37	6
4	Lau Tsun Hei	DBS	2: 8.70	5
5	Ho Wan Kiu Eddie	HKUGA	2: 9.19	4
6	Lo Tsz Lok	CSWCSS	2: 9.44	3
7	Chan King Hei	CSWCSS	2:11.11	2
8	Tong Chi Ching	HPCCSS	2:11.16	1
9	Wong Chi Kin	WFN	2:11.78	
10	Kwan Ka Tzun Ronan	SMCESPS	2:13.27	
11	Hau Sheung Yin	SJACS	2:14.80	
12	Kumar Aman	SMCESPS	2:16.02	

Event 18 800m Boys A

Standard: 2:20.00

Record: 1:55.58 (2016)

Final

				Points
1	Man Tsun Kit	WYK	1:59.55	9
2	Yeung Jason Chun Ho	YCKMC	2: 0.67	7
3	Lam Lok Hin	DBS	2: 0.87	6
4	Tse Cheuk Hin	WYK	2: 1.60	5
5	He Jingwu	DBS	2: 2.28	4
6	Yung Cheuk Kit	YCKMC	2: 2.85	3
7	Chan Chun Ki	SSCS	2: 3.31	2
8	Siu Kwing Yeung Jabez	PCMS	2: 3.80	1
9	Chung Cheuk Leung	HPCCSS	2: 5.94	
10	Ethan Alexander Grantham	WIS	2: 6.05	
11	Chung Pok Hong	LSC	2: 9.78	
12	Chiu Yu Yat	WFN	2:12.56	

Event 19 Discus Girls B

Standard: 18.00 (1kg)

Record: 38.34 (2018) (1kg)

Position	Name	School	Result	Remark	Points
1	Koo Hoi Ying Kody	HYS	30.62	Standard	9
2	Cheng Wing Chi Angelina	DGS	27.06	Standard	7
3	Lai Wai Nam	SPCS	26.18	Standard	6
4	Chiu Yi Shun	HYS	24.10	Standard	5
5	Yu Chin Hang Carina	DGS	23.95	Standard	4
6	Mui Chloe	SPCS	23.85	Standard	3
7	Mok Hiu Yan	GHS	22.34	Standard	2
8	Hui Ting Yan	MCS	22.17	Standard	1
	Lui Hiu Lam	GHS	19.43	Standard	
	Yao Yi Lok	SSGC	18.80	Standard	
	King Laura Virginia	KGV	18.28	Standard	
	Cheung Hoi Lam	MCS	18.18	Standard	
	Lam Yu On Kelly	WFN	17.65		
	Chan Man Kwan Megan	HKUGA	17.62		
	Cheng Tsz Ching	HKUGA	17.17		
	Sula Mendelssohn Hedley	WIS	17.00		
	Chow Ka Ki	HPCCSS	16.73		
	Turner Nishani Serena	KGV	16.59		
	Wong Sik Wai Joyce	WIS	16.55		
	Ma Ka Yan	HPCCSS	15.00		
	Yeung Shun Hei Stephy	SCGS	14.15		
	Fung Sin Sze Sarah	SCGS	13.55		
	Wu Cheuk Yee	WFN	13.51		
	Au Olive	SSGC		No Mark	

Event 20 100m Hurdles Girls C

Standard: 21.00 (0.762m)

Record: 15.23 (2015) (0.762m)

Final

				Points
1	Leung Cosette	WFN	16.14	9
2	Chow Cheuk Ling	HYS	16.34	7
3	Lee Rachel Man Hang	HYS	16.55	6
4	Ko Wai Yin Sabrina	SPCS	16.94	5
5	Leung Nok Ching	GHS	17.25	4

6	Pak Hoi Man Chloe	DGS	17.44	3
7	Tsui Tsz Yan Michelle	MCS	17.71	2
8	Leung Yung Wan	WFN	20.70	1

=====  
Event 21 100m Hurdles Girls B

Standard: 20.20 (0.762m) Record: 14.42 (2016) (0.762m)

Final				Points
1	Chan Sophie	DGS	15.27	9
2	Ma Ying Wen Ashleigh	DGS	15.82	7
3	Wat Cheuk Kiu	SPCS	16.43	6
4	Lam Verna	MCS	16.81	5
5	Yeung Tsz Wing	WFN	17.02	4
6	Wu Hei Man	HPCCSS	17.43	3
7	Sin Tsoi Ying Martha	MCS	18.45	2
8	Jiang Cheuk Lam	HYS	18.65	1

=====  
Event 22 100m Hurdles Girls A

Standard: 19.50 (0.762m) Record: 14.30 (2016) (0.762m)

Final				Points
1	Fung Anneke	GHS	15.05	9
2	Kwong Ka Yu	WFN	15.63	7
3	Wong Sze Long	GHS	15.81	6
4	Chow Kwan Wing	DGS	15.88	5
5	Yum Ka Wing	HYS	16.07	4
6	Lee Chin Ching	HPCCSS	16.61	3
7	Chin Ching Tung	SPCS	17.33	2
8	Mok Chor Sze Chelsea	MCS	17.58	1

=====  
Event 23 100m Hurdles Boys C

Standard: 19.70 (0.84m) Record: 13.57 (2009) (0.84m)

Final				Points
1	Roeksasud Rattapum	SJACS	14.88	9
2	Cheng King Hin	LSC	14.91	7
3	Chan Pok Him	HPCCSS	15.02	6
4	Tao Tsz Sum	WYHK	15.08	5
5	Lau Chun Hang	SMCESPS	15.64	4
6	Che Hau Nam	DBS	15.72	3
7	Heung Ho Yeung	DBS	15.75	2
8	Ng Chun Kam	HPCCSS	15.97	1

=====  
Event 24 100m Hurdles Boys B

Standard: 17.00 (0.914m) Record: 13.25 (2017) (0.914m)

Final				Points
1	Liu Hiu Long	HPCCSS	13.66	9
2	Chan Chun Ho	DBS	14.28	7
3	Chan Wai Ho Hugo	WFN	14.80	6
4	Ho Cheuk Yin	LSC	15.04	5
5	Tse Cheuk Hin	SSCS	15.21	4
6	Ho Cheuk San	LSC	15.32	3
7	Poon Cheuk Chun	DBS	15.55	2
8	Tsang Yin Yu Jonathan	HPCCSS	16.20	1

=====  
Event 25 110m Hurdles Boys A

Standard: 18.50 (0.914m) Record: 13.63 (2016) (0.914m)

Final				Points
1	Wong Lok Hei Addis	CSWCSS	13.96	9
2	Cheung Siu Hang	WYHK	14.05	7
3	Cheng Yat Long	DBS	14.46	6
4	Hui Chun Kit	LSC	14.62	5
5	Cheung Wang Hei	WYK	14.73	4
6	Leung Hoi Yue	DBS	14.90	3
7	Yeung Ki Tsun Adam	SJACS	15.00	2

8	Lau Ho Fung	WYHK	15.08	1
=====				
Event 26 400m Girls C				
Standard: 1:14.50		Record: 58.78 (2000)		
-----				
Final				Points
1	Wu Ying Qiao	DGS	1: 0.74	9
2	Ho Nok Lam	DGS	1: 1.35	7
3	Leung Cosette	WFN	1: 2.32	6
4	Choi Season	GHS	1: 3.73	5
5	Pang Cheuk Yin	GHS	1: 4.11	4
6	Chiu Hau Ching	HYS	1: 4.17	3
7	Cheung Priscilla	SSGC	1: 4.64	2
8	Li Tsz To	HKUGA	1: 6.05	1
=====				
Event 27 400m Girls B				
Standard: 1:13.00		Record: 57.29 (2002)		
-----				
Final				Points
1	Ho Kin Ling	HYS	58.21	9
2	Ma Ying Wen Ashleigh	DGS	58.30	7
3	Fong Ching Sunnie	HYS	58.99	6
4	Man Wai Yan	MCS	1: 1.22	5
5	Ngan Ching Man Yola	HKUGA	1: 2.61	4
6	Chan Ling Lei	GHS	1: 3.32	3
7	Cheung Yee Lam	GHS	1: 3.71	2
8	Lai Kei Hei Larissa	SCGS	1: 4.92	1
=====				
Event 28 400m Girls A				
Standard: 1:12.50		Record: 57.37 (2015)		
-----				
Final				Points
1	Cheung Ming Ka	HYS	1: 2.03	9
2	Wu Yi Lam	GHS	1: 2.27	7
3	Wong Ching Kwan Janice	MCS	1: 4.37	6
4	Lau Ho Ching	GHS	1: 4.57	5
5	Poon Yiu Man	HYS	1: 4.78	4
6	Chan Wai Laam Athena	DGS	1: 4.91	3
7	Brantingham Isabelle J.	WIS	1: 5.69	2
8	Chen On Yu	DGS	1: 6.87	1
=====				
Event 29 400m Boys C				
Standard: 1:04.00		Record: 51.23 (2008)		
-----				
Final				Points
1	Chu Lok Yin	SSCS	55.26	9
2	Yuen Tsz Shun	HPCCSS	55.74	7
3	Ma King Yiu	LSC	56.44	6
4	Wong Kin Man	WFN	57.31	5
5	Chan Kwan Ching Osmond	LSC	57.41	4
6	Wong Chun Faat	SJACS	57.84	3
7	Tsang Man Chi	DBS	58.23	2
8	Kwong Chin Ching	SSCS	58.65	1
=====				
Event 30 400m Boys B				
Standard: 1:00.00		Record: 49.72 (2010)		
-----				
Final				Points
1	Lai Hiu Long	HKUGA	53.57	9
2	Chan Christopher	DBS	53.79	7
3	Wong Pak Yui	LSC	53.98	6
4	Lau Cheuk Hin	SWC	54.55	5
5	Tsang Hing Lam	SWC	54.74	4
6	Fok Ching Hoi Andrew	LSC	54.79	3
7	Au Shun Kwan	WFN	54.97	2
8	Law Tsz Chun	HPCCSS	55.32	1
=====				

## Event 31 400m Boys A

Standard: 57.80

Record: 49.92 (2016)

Final				Points
1	Ma Chi Fai	LSC	49.95	9
2	Chan Ching Fung	LSC	50.98	7
3	Tse Cheuk Hin	WYK	51.38	6
4	Lam Ansen	DBS	51.59	5
5	Li Yu Fung	SMCESPS	52.13	4
6	Chau Cheuk Hong	HPCCSS	52.41	3
7	Lo Lai Hang	SJACS	52.68	2
8	Tang Wai Sing	HPCCSS	54.35	1

## Event 32 100m Girls C

Standard: 15.00

Record: 12.48 (2010)

Final				Points
1	Tang Cheuk Man Serena	DGS	12.74	9
2	Tam Hoi Ching	HYS	13.00	7
3	Yip Yan Ki Charlotte	HKUGA	13.04	6
4	Lee Rachel Man Hang	HYS	13.18	5
5	Tse Hang Ki	DGS	13.27	4
6	Ho Chan Hung	WFN	13.33	3
7	Lie Hiu Ching	GHS	13.56	2
8	Wong Cheuk Ying	HPCCSS	13.67	1

## Event 33 100m Girls B

Standard: 14.60

Record: 11.89 (2016)

Final				Points
1	Chan Sze Chai	DGS	12.66	9
2	Lee Wing Yiu	HKUGA	12.73	7
3	Ng Wing Shan	GHS	13.01	6
4	Chung Yui Ying	HPCCSS	13.10	5
5	Or Wing Lam Melinda	MCS	13.13	4
6	Lam Wing Tung	SSGC	13.20	3
7	Sze Kai Nok	HYS	13.32	2
8	Luo Tsz Yuen	HYS		

## Event 34 100m Girls A

Standard: 14.50

Record: 11.85 (2017)

Final				Points
1	Leung Wing Hei	DGS	12.25	9
2	Chan Pui Kei	GHS	12.33	7
3	Fung Anneke	GHS	12.71	6
4	Kwok Hui Man Natalie	DGS	13.02	5
5	Fernandez Brielle C.	KGV	13.08	4
6	Yeung Ka Yi	HPCCSS	13.33	3
7	Chou Cheuk Huen	SPCS	13.38	2
8	Lee Hoi Yan Janice	SPCS	13.56	1

## Event 35 100m Boys C

Standard: 13.30

Record: 11.21 (2009)

Final				Points
1	Tam Pak Ho	LSC	11.70	9
2	Lam Ming Fung	SJACS	11.74	7
3	Chun Wai Nam	CSWCSS	11.75	6
4	Wan Fu Wang David	WYK	11.85	5
5	Lee Long Him	WYK	11.91	4
6	Ho Kai Shun	LSC	11.93	3
7	Wong Ho Ching	DBS	12.11	2
8	Sin Ka Hei	HPCCSS	12.51	1

## Event 36 100m Boys B

Standard: 12.50

Record: 11.02 (2017)

Final				Points
1	Mak Chun Ho	LSC	11.18	9
2	Lam Chak Yu	HPCCSS	11.39	7
3	Chan Chun Hei	CHECSS	11.62	6
4	Ng Tsz Lok	DBS	11.65	5
5	Qin Yuxi	LSC	11.76	4
6	Lee King Him Keith	HKUGA	11.77	3
7	Cheung Yee Hang	WYHK	11.82	2
8	Chan Tsz Wai	SJACSS	11.84	1

=====  
 Event 37 100m Boys A  
 Standard: 12.20 Record: 10.60 (2018)  
 =====

Final				Points
1	Ma King Yeung	LSC	10.75	9
2	Hue Sheung Chun	DBS	11.17	7
3	Fung Chi Lok	WYK	11.18	6
4	Kam Luhng Olivier Pitter	WIS	11.21	5
5	Wong Pak Hang	WYK	11.30	4
6	Chan Yuk Hei	SJACSS	11.40	3
7	Cheung Siu Hang	WYHK	11.57	2
8	Lee Nok Yin	DBS	1: 8.70	1

=====  
 Event 38 1500m Boys C  
 Standard: 5:25.00 Record: 4:31.24 (2008)  
 =====

Final				Points
1	Chau Hoi Yeung	WYK	4:30.03	9
2	Yip Jan	DBS	4:34.77	7
3	Slattery Matthew Luke	LSC	4:40.85	6
4	Cheung Cho Wing Levin	DBS	4:42.75	5
5	Choy Ho Long Colin	PCMS	4:46.85	4
6	Theodore Angel Mag	WIS	4:51.40	3
7	Wai Sun Kiu	LSC	4:52.64	2
8	So Theodore Clement	WFN	4:54.66	1
9	Tse Hou Ting	HPCCSS	4:55.08	
10	Ngai Hei Long Jake	HPCCSS	4:56.37	
11	Cheung Chin Lap	CSWCSS	5: 3.49	
12	Chan Ho	PCMS	5: 3.93	

=====  
 Event 39 1500m Boys B  
 Standard: 5:04.00 Record: 4:12.07 (2016)  
 =====

Final				Points
1	Man Rafe Maximilian	WIS	4:19.59	9
2	Dawes William Ernest	SMCESPS	4:23.50	7
3	Yip Tak Long	DBS	4:24.23	6
4	Sung Yim Lun	SSCS	4:26.11	5
5	Swiss Duangthip	WIS	4:29.77	4
6	Kwok Ching Ryan	LSC	4:31.26	3
7	Lau Tsun Hei	DBS	4:32.23	2
8	Wong Cheuk Hang	PCMS	4:32.47	1
9	Ngan Lok Tin	LSC	4:38.05	
10	Ng Yui Hang	SSCS	4:39.43	
11	Tong Chi Ching	HPCCSS	4:44.04	
12	Lo Tsz Lok	CSWCSS	4:44.36	

=====  
 Event 40 1500m Boys A  
 Standard: 5:00.00 Record: 4:06.23 (2016)  
 =====

Final				Points
1	Tse Chun Yin	DBS	4: 6.67	9
2	Yeung Jason Chun Ho	YCKMC	4: 8.61	7
3	Fung Pak Him	SSCS	4:17.13	6
4	Siu Kwing Yeung Jabez	PCMS	4:17.57	5
5	He Jingwu	DBS	4:18.14	4

6	Yung Cheuk Kit	YCKMC	4:18.68	3
7	Cheung Sui Him	WYHK	4:21.96	2
8	Chan Chun Ki	SSCS	4:26.75	1
9	Man Tsun Kit	WYK	4:26.99	
10	Chou Chun Wai	SMCESPS	4:28.43	
11	Bruce Changlong Xu	WIS	4:30.09	
12	Woo Shing Lok	SJACS		

=====  
Event 41 4x100m Relay Girls C

Standard: 58.80 Record: 50.59 (2015)

-----			
Final			Points
1	DGS	50.33	18
2	HYS	50.80	14
3	WFN	52.28	12
4	GHS	52.41	10
5	SPCS	52.59	8
6	MCS	53.12	6
7	HPCCSS	53.33	4
8	SCGS	53.70	2

=====  
Event 42 4x100m Relay Boys C

Standard: 52.00 Record: 45.05 (2008)

-----			
Final			Points
1	LSC	47.35	18
2	WYK	47.65	14
3	DBS	47.86	12
4	HPCCSS	48.33	10
5	WYHK	48.36	8
6	CSWCSS	49.45	6
7	SMCESPS	50.86	4
8	SWC		

=====  
Event 43 4x100m Relay Girls B

Standard: 57.00 Record: 49.44 (2015)

-----			
Final			Points
1	DGS	50.28	18
2	GHS	51.63	14
3	SPCS	52.08	12
4	HKUGA	52.15	10
5	HYS	52.83	8
6	HPCCSS	53.08	6
7	MCS	53.31	4
8	SSGC	54.31	2

=====  
Event 44 4x100m Relay Boys B

Standard: 49.00 Record: 43.73 (2013)

-----			
Final			Points
1	LSC	44.39	18
2	DBS	44.87	14
3	HPCCSS	45.13	12
4	CHECSS	46.66	10
5	WYK	46.96	8
6	PCMS	47.77	6
7	HKUGA	47.88	4
8	SSCS	48.32	2

=====  
Event 45 4x100m Relay Girls A

Standard: 56.80 Record: 48.92 (2018)

-----			
Final			Points
1	GHS	48.85	18
2	DGS	49.67	14
3	SPCS	51.54	12



4	HYS	52.91	10
5	MCS	53.53	8
6	HPCCSS	53.65	6
7	KGV	53.97	4
8	WIS	54.25	2

=====  
Event 46 4x100m Relay Boys A  
Standard: 47.50 Record: 42.16 (2017)  
-----

Final			Points
1	LSC	42.90	18
2	DBS	43.33	14
3	WYK	43.38	12
4	CSWCSS	44.09	10
5	WYHK	44.38	8
6	HPCCSS	45.05	6
7	CHECSS	47.00	4
8	SJACS		

=====  
Event 47 4x400m Relay Girls C  
Standard: 5:05.00 Record: 4:15.44 (2017)  
-----

Final			Points
1	DGS	4:25.31	18
2	HYS	4:26.32	14
3	SPCS	4:30.73	12
4	WIS	4:33.37	10
5	KGV	4:35.79	8
6	SSGC	4:40.99	6
7	HKUGA	4:47.98	4
8	GHS		

=====  
Event 48 4x400m Relay Boys C (Amendment)  
Standard: 4:20.00 Record: 3:45.03 (2015)  
-----

Final			Points
1	LSC	3:49.74	18
2	HPCCSS	3:53.10	14
3	WYK	3:56.20	12
4	DBS	3:56.41	10
5	SSCS	4: 0.69	8
6	WFN	4: 4.56	6
7	SJACS	4: 7.03	4
8	CSWCSS	4:12.65	2

=====  
Event 49 4x400m Relay Girls B  
Standard: 5:00.00 Record: 4:11.21 (2014)  
-----

Final			Points
1	HYS	4:11.80	18
2	DGS	4:16.48	14
3	GHS	4:23.70	12
4	MCS	4:26.97	10
5	SSGC	4:29.05	8
6	KGV	4:29.81	6
7	WIS	4:30.84	4
8	SPCS	4:34.39	2

=====  
Event 50 4x400m Relay Boys B  
Standard: 4:02.00 Record: 3:33.81 (2018)  
-----

Final			Points
1	LSC	3:37.94	18
2	DBS	3:38.25	14
3	HPCCSS	3:38.73	12
4	CSWCSS	3:41.83	10
5	SWC	3:45.99	8

6	WFN	3:47.00	6
7	HKUGA	3:48.16	4
8	WIS	3:52.69	2

=====  
 Event 51 4x400m Relay Girls A  
 Standard: 4:55.00 Record: 4:07.82 (2015)

Final			Points
1	DGS	4:16.08	18
2	HYS	4:16.66	14
3	GHS	4:22.07	12
4	WIS	4:26.38	10
5	MCS	4:33.85	8
6	SPCS	4:39.00	6
7	SCGS	4:40.40	4
8	WFN	4:58.42	2

=====  
 Event 52 4x400m Relay Boys A  
 Standard: 3:54.00 Record: 3:25.68 (2018)

Final			Points
1	LSC	3:29.70	18
2	WYK	3:32.02	14
3	HPCCSS	3:33.87	12
4	DBS	3:34.07	10
5	CSWCSS	3:39.32	8
6	SWC	3:40.49	6
7	SMCESPS	3:43.44	4
8	YCKMC	3:50.37	2