

Inter-School Athletics Competition 2018-2019

HK Island & Kowloon

Division Three (Area 1) Final Results

Boys A Grade

100m

1	Cheuk Kwan Yu	HGSS	11.47
2	Choy Tsz Kit Oscar	PLKLFC	11.77
3	Lo Chi Hung	CSS	11.89
4	Tsang Chi Wa	KHSS	11.90
5	Ip Chung Hong	CSS	11.94
6	Ng Wai Kin	KTGS	11.96
7	Au Yeung Hiu Laam	ASMS	11.99
8	Chan Man Kit	ASMS	12.34

200m

1	Cheuk Kwan Yu	HGSS	23.23
2	Ng Wai Kin	KTGS	24.07
3	Lam Tsz Fung	TYH	24.26
4	Curata Christian Jay Asilo	SLS	24.30
5	Chan Man Kit	ASMS	24.51
6	Cheung Wai Ting	PLKLFC	24.61
7	Lo Chi Hung	CSS	24.66
8	Leung Pak Chi Elvis	TYH	24.84

400m

1	Mak Chun Kit	SLS	55.27
2	Curata Christian Jay Asilo	SLS	56.30
3	Wong Ho Lam Angus	WWS	56.80
4	Tong Ka Yung	BHSS	56.88
5	Lau Chak Ming	SSCC	57.65
6	Cheung Ka Yuen	BHSS	58.03
7	Cheung Chun Fung	K-LING	59.04
8	Tong Ho Yeung	CDGFSS	59.64

800m

1	Lam Tsz Nok Ron	PTSS	2 : 12.27
2	Yim Sau Ching	CSS	2 : 15.13
3	Mak Chun Kit	SLS	2 : 16.95
4	Leung Pak Hin	CSS	2 : 18.93
5	Ngip Tsz Fung	PLKLFC	2 : 22.31
6	Chan Ming Tung	NAMS	2 : 28.13
7	Cheng Chung Hin	LS	2 : 29.47
8	Cheng Tsz Long	TYH	2 : 29.88

1500m

1	Leung Caspar Gabriel	SLS	4 : 42.37
2	Leung Chit Long	PLKCKY	4 : 42.59
3	Chau Wing Chung	PKSS	4 : 45.25
4	Yim Sau Ching	CSS	4 : 48.95
5	Ma Mingjun	SSCC	4 : 54.53
6	Wong Andrew	CCSS	4 : 55.53
7	Cheung Cheuk Long	HGSS	5 : 3.70
8	Ho Kwan Hoi	PTSS	5 : 4.87

5000m

1	Leung Chit Long	PLKCKY	18 : 22.52
2	Chau Wing Chung	PKSS	18 : 35.20
3	Leung Caspar Gabriel	SLS	18 : 55.21
4	Ma Mingjun	SSCC	18 : 57.08
5	Wong Andrew	CCSS	19 : 5.06
6	Cheung Cheuk Long	HGSS	20 : 11.44
7	Tong Ho Yeung	CDGFSS	20 : 11.91
8	Lam Cheuk Man	TYH	20 : 22.30

110m Hurdles

1	Li Chun Sing	TYH	16.14
2	Lam King Wong	WWS	16.75
3	Yeung Ming Tak	SLS	17.40
4	Chung Siu Hang Jerry	TYH	18.29
5	Lau Tin Long	CDGFSS	18.84
6	Cheung Chun Fung	K-LING	19.15
7	Chen Longyue	CSS	19.28
8	Hui Cheuk Lun	PLKLFC	19.37

4x100m Relay

1		PLKLFC	46.65
2		BHSS	46.90
3		TYH	47.06
4		ASMS	47.53
5		PLKNO.1C	48.05
6		WWS	48.32
7		CSS	48.39
8		KHSS	48.90

4x400m Relay

1	PKSS	3 : 48.79
2	K-LING	3 : 56.94
3	SLS	3 : 56.95
4	PTSS	3 : 57.90
5	TYH	4 : 4.07
6	LS	4 : 6.36
7	SSCC	4 : 7.46
8	NAMS	4 : 19.02

High Jump

1	Ng Sui Hei	BHSS	1.87
2	Lau Chak Ming	SSCC	1.60
3	Tang Tsz Yin	CHC	1.55
4	Cheng Sum Long	PKSS	1.55
5	Chen Junhao	LSTYKH	1.55
6	Lam Tak Chi	HLC	1.55
7	Ho Chun To	PLKNO.1C	1.50
=8	Chan Kwok Tung	BHSS	1.45
=8	Wong Tsz Kwan	TYH	1.45

Long Jump

1	Wong Tsz Chai	PLKLFC	6.54
2	Ng Sui Hei	BHSS	5.93
3	Au Yeung Hiu Laam	ASMS	5.89
4	Mok Ka Po	BHSS	5.56
5	Choy Tsz Kit Oscar	PLKLFC	5.54
6	Leung Chun Sing	SKHLFH	5.45
7	Li Hung Pang	SLS	5.37
8	Zeng Wei	STCS	5.29

Triple Jump

1	Lee Wui Man	K-LING	11.78
2	Fang Zerong	CSS	11.74
3	Chan Pak Chung Sam	PLKLFC	11.50
4	Chan Kwok Tung	BHSS	11.46
5	Wan Yuk Hei	ASMS	11.33
6	Li Hung Pang	SLS	10.96
7	Mok Ka Po	BHSS	10.86
8	Hui Cheuk Lun	PLKLFC	10.83

Shot Put

1	Wan Tin Lok	PTSS	11.69
2	Chung Chuck Bun	ASMS	10.71
3	Lee Tsz Yuen	BHSS	10.58
4	Wu Wai Kuen	LWFSS	10.44
5	Chi Ho Yin	PLKLFC	10.37
6	Cheung Man Kwong	SLCSS	10.13
7	Lam Chun Ho Nestor	PLKLFC	10.10
8	Ho Cheuk Him Justin	HLC	9.93

Discus

1	Ha Chun Kit	CHC	31.86
2	Cheung Kai Hang	PLKLFC	28.22
3	Chan Wing Nok	KWSC	27.83
4	Chang Tsz Fai	SKHLFH	27.74
5	Cho Shing Yin	K-LING	27.06
6	Lam King Wong	WWS	26.33
7	Ho Tsz Ming	LWFSS	25.67
8	Kong Ho Chun	CCSS	24.98

Javelin

1	Yip Tak Hei	WWS	43.30
2	Ha Chun Kit	CHC	42.33
3	Lee Wui Man	K-LING	37.50
4	Ho Ka Chun	TYH	37.40
5	Hung Hoi Git	WWS	36.06
6	Lam Chi Hong	TYH	35.63
7	Li Ka Hei	PTSS	32.18
8	Cheung Yat Hong	KLC	29.15

Boys B Grade**100m**

1	Chan Kin Leung	LSTYKH	12.59
2	Ku Lok Man	HLC	12.68
3	Hung Kin Wang	PLKCKY	12.71
4	Luo Tsun Wa	ASMS	12.72
5	Wong Yu Chun	KHSS	12.76
6	Cheung Chun Lap	BHSS	12.78
7	Hung Chi Hin	CCSS	12.87
8	Wong Haihui	PKSS	12.92

200m

1	Chan Long Yin	TYH	23.95
2	Fan Griffith	CCK	25.13
3	Tang Yu Kin	BHSS	25.49
4	Cheung Chun Lap	BHSS	25.63
5	Luo Tsun Wa	ASMS	25.80
6	Tam Chi Wai	CSS	25.87
7	Suen Wai Lung	LKPFC	26.10
8	Woo Siu Leung	CHC	26.33

400m

1	Chan Long Yin	TYH	55.11
2	Ng Shing Hin	PLKCKY	57.08
3	Fan Griffith	CCK	57.72
4	Tam Chi Wai	CSS	58.30
5	Ong Chak Min	K-LING	58.63
6	Chou Kam Yin	SSCC	1 : 0.11
7	Lai Kwan To	CHC	1 : 0.69
8	Cheung Chun Kin	LSTYKH	1 : 0.97

800m

1	Cheung Yan Loi	LS	2 : 11.53
2	Fan Jeffrey	LSTYKH	2 : 17.83
3	Kwok Yiu Hin	FHMSS	2 : 18.89
4	Ho Man To	LWFSS	2 : 19.42
5	Wong Sui Pang	BHSS	2 : 19.66
6	Lu Yuen Ho	SLS	2 : 22.28
7	Ng Kwan Lam	CCSS	2 : 22.50
8	Lam Chun Tin Sky	HGSS	2 : 26.91

1500m

1	Kwok Yiu Hin	FHMSS	5 : 3.16
2	Fung Chun Wai	CHC	5 : 5.26
3	Ng Kwan Lam	CCSS	5 : 9.57
4	Cheung Wai Kit	SLS	5 : 11.37
5	Ong Chak Min	K-LING	5 : 12.08
6	Mak Ching Hei	LS	5 : 14.67
7	Poon Chun Kit	PTSS	5 : 16.56
8	Lee Chak One	HGSS	5 : 18.77

4x100m Relay

1		WWS	49.37
2		HLC	50.16
3		TYH	50.56
4		CCK	50.73
5		CSS	51.42
6		ASMS	51.63
7		SLS	51.70

High Jump

1	Chang Ching Hoi	HLC	1.63
2	Cheung Chun Kin	LSTYKH	1.61
3	Tsang Ka Ming	PTSS	1.50
4	Leung Chin Shing	CCSS	1.50
5	Lu Yuen Ho	SLS	1.50
=6	Ng Hoi Yee	LWFSS	1.45
=6	Lee Chun Po	PLKLFC	1.45
=8	Wong Hak Kiu	WWS	1.45
=8	Cheng Yi Cheung	SLCSS	1.45

Triple Jump

1	Zhao Chak Ho Sunny	HGSS	11.12
2	Yu Ho Ming	TYH	10.78
3	Hung Chi Hin	CCSS	10.77
4	Tsang Ka Ming	PTSS	10.54
5	Hui Ho Man	WWS	10.45
6	Chan Ho Fung	CDGFSS	10.24
7	Tang Chung Hong	BHSS	10.24
8	Cheung Yan Chun	WWS	10.09

Discus

1	O Hon Ki	TYH	38.62
2	Wong Long Lau	WWS	37.49
3	Law Yu Hang	WWS	31.94
4	She Wai Ho	LWFSS	28.76
5	Wong Chit Yeung	BHSS	28.37
6	Na Meng	LWFSS	26.38
7	Leung Tsz Kin	CSS	25.00
8	Wong Yi Ho	KTGS	24.72

Boys C Grade**100m**

1	Chan Cheuk Hin	PLKLFC	12.53
2	Chan Chak Sum	SLS	13.02
3	Tse Ting Hin	LWFSS	13.03
4	Sun Wai Yuk	SLCSS	13.07
5	Wu Junkai	MKC	13.14
6	Lee Yu Ching	MKC	13.20
7	Tsang Pak Hei	CCSS	13.40
8	Lam Man Long	SLCSS	13.54

100m Hurdles

1	Fung Sze Yuen	SLS	15.81
2	Chang Ching Hoi	HLC	16.56
3	Sieh Ho Fung	SLCSS	16.66
4	Tsang Hon Lap	PLKLFC	17.23
5	Lau Wing Chung	K-LING	17.83
6	Tam Yat Long	LSTYKH	18.53
7	Chan Ho Fung	CDGFSS	18.61
8	Poon Wai To	CSS	20.12

4x400m Relay

1		LS	3 : 55.38
2		BHSS	3 : 58.18
3		LSTYKH	4 : 1.21
4		K-LING	4 : 5.08
5		CDGFSS	4 : 5.78
6		SLS	4 : 6.38
7		WWS	4 : 6.52
8		PTSS	4 : 13.71

Long Jump

1	Zhao Chak Ho Sunny	HGSS	5.32
2	Ko Long Him Vincent	PLKCKY	5.20
3	Yap Yik Yin	CCK	5.16
4	Yau Ho Tung	HLC	5.03
5	Kwong King Nam	CSS	4.91
6	Chen Yanjie	HA	4.86
7	Suen Wai Lung	LKPFC	4.86
8	Fung Sze Yuen	SLS	4.81

Shot Put

1	O Hon Ki	TYH	12.28
2	Wong Chit Yeung	BHSS	10.91
3	Wong Yu Chun	KHSS	10.57
4	Lau Chi Him	PKSS	10.45
5	Ng Chak Pan	CCSS	10.38
6	Cheung Yan Chun	WWS	10.17
7	Tsun Wai Kit	HLC	10.16
8	Chan Tak Chi	LSTYKH	10.12

Javelin

1	Leung Pak Long	WWS	32.98
2	Ng Hok Kwong	NAMS	29.81
3	Wong Long Lau	WWS	28.69
4	Ching Kam Ming	CCSS	28.31
5	Chan Kin Leung	LSTYKH	26.47
6	Li Joshua	TYH	25.31
7	Guan Chenxiang	SLS	25.17
8	Ho Granada	HLC	24.81

200m

1	Chan Cheuk Hin	PLKLFC	25.69
2	Chan Chak Fung	SLS	26.56
3	Tsang Pak Hei	CCSS	26.96
4	Chow Ho Fung	PLKCKY	27.07
5	Lee Yu Ching	MKC	27.19
6	Wu Junkai	MKC	27.21
7	Tse Ting Hin	LWFSS	27.23
8	Sun Wai Yuk	SLCSS	27.30

400m

1	Ng Alvin	SLS	1 : 0.79
2	Chan Chak Fung	SLS	1 : 1.89
3	Middleton Alexander Edward	NAIS	1 : 2.04
4	Ng Ka Lam	TYH	1 : 2.09
5	Kwong Wai Shun	PTSS	1 : 6.01
6	Lam Hei Chun Marco	CCSS	1 : 6.08
7	Look Chun Kiu	PLKCKY	1 : 6.93
8	Tse Tin Yat	CDGFSS	1 : 9.76

1500m

1	Middleton Alexander Edward	NAIS	5 : 3.97
2	Wong Long Hang	WWS	5 : 12.08
3	Lee Ho Yeung	CHC	5 : 13.29
4	Wong Ka Ho	SSCC	5 : 13.46
5	Huang Yongjian	PLKCKY	5 : 33.38
6	Yip Ho Ching	WWS	5 : 34.31
7	Chan Sunny	SLS	5 : 34.82
8	Chan Ngo Chit Keith	LWFSS	5 : 37.61

4x100m Relay

1		PLKLFC	51.56
2		CDGFSS	52.37
3		MKC	52.89
4		SLS	53.48
5		HLC	53.99
6		PTSS	54.80
7		SLCSS	55.24
8		HGSS	55.88

High Jump

1	Chong Yim	PKSS	1.50
2	Ip Chun	PTSS	1.45
3	San Yu Cheung	CDGFSS	1.38
4	Chow Ching Yat	CHC	1.35
5	Kong Man Kit	KHSS	1.35
6	Chan Wai On	TYH	1.30
=7	Poon Wai Kit	CCSS	1.30
=7	Yuen Lok Hei	PLKLFC	1.30
=7	So Lion	HLC	1.30

Shot Put

1	Chan Tin Yu	SLCSS	9.75
2	Chan Man Kwan	WWS	9.39
3	Yu Ho Tung	LWFSS	9.23
4	Chiu Nok Yin	CCSS	8.90
5	Lau Tin Lok	LWFSS	8.90
6	Kei Hiu Kan	LKPFC	8.56
7	Hon Chi Kwong	CDGFSS	8.12
8	Li Chiu To	SKHLFH	8.03

800m

1	Lee Ho Yeung	CHC	2 : 28.45
2	Lee Shan Yuan Ronald	SLS	2 : 28.48
3	Lam Pak Yu	CSS	2 : 34.05
4	Khan Denwayne Jay	KWSC	2 : 34.64
5	Wong Kwan Ho Baron	PLKCKY	2 : 35.13
6	Tse Tin Yat	CDGFSS	2 : 37.40
7	Wong Long Hang	WWS	2 : 37.49
8	Choi Pui Yuk	CDGFSS	2 : 37.90

100m Hurdles

1	Ng Alvin	SLS	18.38
2	Lee Shan Yuan Ronald	SLS	18.60
3	Wong Yuen Ki	HLC	19.43
4	Kwong Ka Wai	CDGFSS	19.56
5	Wong Chun Shing	TYH	19.76
6	Law Nok Sam	K-LING	20.08
7	Zhou Linfeng	SSCC	20.32
8	Chan King Ka	WWS	21.76

4x400m Relay

1		SLS	4 : 18.64
2		PLKCKY	4 : 24.52
3		PLKLFC	4 : 27.20
4		WWS	4 : 28.07
5		CDGFSS	4 : 34.57
6		PTSS	4 : 44.13

Long Jump

1	Yuen Lok Hei	PLKLFC	5.21
2	Lam Pak Yu	CSS	4.78
3	Chow Ho Fung	PLKCKY	4.61
4	Chow Ching Yat	CHC	4.59
5	Wan Kai Tsun Felix	PLKLFC	4.54
6	Ho Lai Lok	PTSS	4.52
7	Ko Tsz Yuen	CDGFSS	4.46
8	Ng Ka Lam	TYH	4.29

Discus

1	Ho Hoi Him	PLKLFC	25.96
2	Chan Tin Yu	SLCSS	24.66
3	Hon Chi Kwong	CDGFSS	23.30
4	Chan Man Kwan	WWS	23.23
5	Ho Siu Hong	TYH	21.17
6	Tam Cheuk Fung	LS	21.07
7	Au Kwan Ho	WWS	19.56
8	Lau Tin Lok	LWFSS	19.20

Girls A Grade

100m

1	Leung Kwan Yi	CHC	12.46
2	Chui Tsz Kei	NP2C	13.55
3	Choi Hei Ling	TYH	13.93
4	Mak Shuk Lam	TYH	13.98
5	Wong Siu Lai	HGSS	14.01
6	Poon Wing Nga	PKSS	14.61
7	Lam Hau Ying	HTC	14.70
8	Lee Hoi Ching Cherrie	LSTYKH	15.11

400m

1	Lau Man Hei	TYH	1 : 8.70
2	Hui Ching Divine	K-LING	1 : 8.80
3	Ko Tsoi Nam	TYH	1 : 9.54
4	Yuen Sze Yan	TOSS	1 : 9.69
5	Lui Kuk Chun	NAMS	1 : 12.75
6	Wong Ngo In	SKHLFH	1 : 14.07
7	Lee Ching Yan	PKSS	1 : 15.10
8	Shek Wing Lam	HTC	1 : 16.56

1500m

1	Ng Hong Ka	LHYMSS	5 : 58.39
2	Chan Yiu	PKSS	6 : 8.87
3	Choi Suet Ching	TYH	6 : 12.35
4	Lai Tin Wai	WWS	6 : 13.38
5	Li Suet Ying	CHC	6 : 30.63
6	Hung Hoi Wai	K-LING	6 : 48.59
7	Lau Yuen Ching	HTC	6 : 50.06
8	Wong Shan	PTSS	6 : 59.96

4x100m Relay

1		NP2C	56.89
2		K-LING	57.49
3		OLC	57.55
4		HGSS	58.22
5		TOSS	58.47
6		PKSS	58.71
7		HTC	59.49

High Jump

1	Chan In Ching	HTC	1.48
2	Cheung Wan Yi	HKSC	1.45
3	Lai Hei Tung	NP2C	1.45
4	Chan Sze Yu Sheryl	PKSS	1.28
5	Huang Ka Man	CCK	1.28
6	Cheung Sum Yuet	CDGFSS	1.28
7	Chung Yuen Ying	CCK	1.23
7	Cheung Ka Man	HKSC	1.23
7	Kong Yin Ting	HTC	1.23
7	Lam Leong Pan	NP2C	1.23
7	Lai Ally Juliana	SKHLFH	1.23

200m

1	Leung Kwan Yi	CHC	26.00
2	Choi Hei Ling	TYH	28.68
3	Mak Shuk Lam	TYH	28.90
4	Wong Siu Lai	HGSS	28.93
5	Luk Wing Ki	OLC	29.81
6	Lee Ching Yan	PKSS	30.20
7	Lam Hau Ying	HTC	30.22
8	Leung Sum Yuet	SKHLFH	31.01

800m

1	Ng Hong Ka	LHYMSS	2 : 45.16
2	Lee Man Ting Matilda	PLKLFC	2 : 45.83
3	Yuen Sze Yan	TOSS	2 : 47.08
4	Wong Wing Shan	ASMS	2 : 47.15
5	Ko Tsoi Nam	TYH	2 : 48.63
6	Mao Loi	BHSS	2 : 54.33
7	Chan Yiu	PKSS	2 : 57.33
8	Chan Yuen Ming	LHYMSS	2 : 57.39

100m Hurdles

1	Cheung Sum Yuet	CDGFSS	19.33
2	Lau Hoi Wing	TYH	19.81
3	Chan Cheuk Sze	PKSS	19.99
4	Wong Cho Yu	HTC	20.36
5	Szeto Yan Kiu	HTC	20.50
6	Tsoi Hiu Ying	PKSS	20.68
7	Chau Ka Hei	TYH	20.79

4x400m Relay

1		CHC	4 : 48.39
2		PLKLFC	4 : 57.82
3		PKSS	5 : 0.08
4		TYH	5 : 0.47
5		HTC	5 : 0.75
6		NP2C	5 : 5.19
7		LS	5 : 12.50
8		WWS	5 : 16.37

Long Jump

1	Hui Ching Divine	K-LING	4.51
2	Leung Chun Ying	NAMS	4.32
3	Poon Wing Nga	PKSS	4.28
4	Su Shihui	ASMS	4.27
5	Pang Tsz Hei	HKSC	4.22
6	Lou Sze Man	WWS	4.19
7	Tse Nga Chi	KHSS	4.19
8	Chan Po Yee Tiffany	CCK	4.18

Shot Put

1	Tso Ka Wing	WWS	8.06
2	Tai Tsz Kwan	NP2C	7.68
3	Lui Wing Yan	HGSS	7.20
4	Lai Cheuk Yi	PTSS	7.12
5	Hung Po Sau	CCSS	7.04
6	Kung Ching Man	CCSS	6.66
7	Li Kok Wing	MKC	6.64
8	Ng Ha Yu	NP2C	6.58

Discus

1	Lam Yuen Tung Megan	OLC	23.27
2	Ma Yee Wa	SKHLFH	20.16
3	Lui Wing Yan	HGSS	19.69
4	Guo Helen	TYH	18.66
5	Chui On Yi	HTC	18.29
6	Delena Shekinah Grace Castaneto	LS	18.20
7	Wong Nga Suet	OLC	16.97
8	Wong Ka Wing	HTC	16.07

Javelin

1	Lam Yuen Tung Megan	OLC	24.55
2	Cheung Ka Yan	HTC	23.96
3	Maryam Bibi	DMS-BW	23.78
4	Wong Wai Lam	LWFSS	18.51
5	Tam Yee Lam	HLC	18.32
6	Tang Yee Man	CCSS	18.24
7	Lai Hei Lam	CCK	17.95
8	Tso Ka Wing	WWS	17.78

Girls B Grade**100m**

1	Fung Yuen Ching	HTC	13.97
2	Chan Hoi Ching	CCK	14.10
3	Choi Ho Ying	PKSS	14.13
4	Yu Shu Wing	BHSS	14.15
5	Chau Tsz Yu	HGSS	14.20
6	Chow Hoi Tung	NP2C	14.51
7	Chung Kei Yi	WWS	14.57
8	Zhu Ling Ying	NAMS	14.93

200m

1	Farha-Hasanara	DMS-BW	28.34
2	Chan Hoi Ching	CCK	29.37
3	Fung Yuen Ching	HTC	29.47
=4	Kwong Pui Ting	HTC	29.52
=4	Chau Tsz Yu	HGSS	29.52
6	Pan Hang Ching	TOSS	31.04
7	Ma Yau Wai	PTSS	32.01

400m

1	Farha-Hasanara	DMS-BW	1 : 5.78
2	Cheung Tsz Ying	TOSS	1 : 6.21
3	Yung Sin Yu	LS	1 : 9.69
4	Chung Kei Yi	WWS	1 : 12.61
5	Chan Nga Lam	HTC	1 : 13.51
6	Tsang Tsz Shan	PKSS	1 : 13.52
7	Kwok Sui Chi	HTC	1 : 15.01
8	Yau Sze Hang	PKSS	1 : 15.28

800m

1	Yung Sin Yu	LS	2 : 43.07
2	Cheung Tsz Ying	TOSS	2 : 46.06
3	Lam Oi Yi	HTC	2 : 53.59
4	Lam Nga Man	MKC	2 : 53.67
5	Chow Wing Yan	CHC	2 : 55.28
6	Cheng Sze Ching	LS	3 : 0.41
7	Lee Po Yiu	CHC	3 : 0.56
8	Lam York Tin	HTC	3 : 1.97

1500m

1	Lam Nga Man	MKC	6 : 3.29
2	Chan Hoi Ching	LHYMSS	6 : 4.56
3	Lam Oi Yi	HTC	6 : 7.19
4	Siu Ho Kiu	LWFSS	6 : 7.25
5	Tsang Tsz Shan	PKSS	6 : 9.15
6	Cheng Sze Ching	LS	6 : 18.52
7	Chung Chi Yan	K-LING	6 : 21.05
8	Tse Wing Chi	LSTYKH	6 : 48.37

100m Hurdles

1	Lam Yee Pui	LS	18.28
2	Kelly Ang	CDGFSS	19.63
3	Qin Zhuolin	PTSS	19.84
4	Ye Enjie	BHSS	19.95
5	Yeung Wai Ling	OLC	20.45
6	Kei Lok Man	TOSS	20.59
7	Siu Cho Yu	HTC	22.18
8	Luk Ka Ching	HTC	22.35

4x100m Relay

1	HTC	55.65
2	TOSS	56.10
3	WWS	56.85
4	BHSS	57.44
5	PKSS	58.45
6	OLC	58.56
7	HGSS	58.77
8	PTSS	58.79

4x400m Relay

1	HTC	4 : 50.55
2	DMS-BW	4 : 52.75
3	CHC	4 : 55.26
4	LS	4 : 55.89
5	LHYMSS	5 : 1.52
6	WWS	5 : 7.93
7	K-LING	5 : 11.06
8	PKSS	5 : 17.17

High Jump

1	Choi Ho Ying	PKSS	1.40
2	Evdokimova Dina	NAIS	1.35
3	Lee Wan Yi	HTC	1.35
4	Poon Hiu Lam	LS	1.30
5	Ching Wing Sze	PTSS	1.30
6	Tsang Ki Yiu Abby	PKSS	1.25
7	Evdokimova Polina	NAIS	1.25
8	Tsui Ka Wing	HTC	1.25

Long Jump

1	Kwong Pui Ting	HTC	4.57
2	Lo Hiu Lam	WWS	4.42
3	Ng Ming Yan	SKHLFH	4.22
4	Lam Yee Pui	LS	4.08
5	Lau Hiu Yan	TOSS	4.05
6	Lam York Tin	HTC	4.05
7	Tong Yuk Ting	MKC	3.94
8	Ng Yama	WWS	3.79

Shot Put

1	Chan Yan Ki	LS	9.09
2	Chan Cho Man	PLKLC	8.65
3	Chung Ping Nga	LWFSS	8.08
4	Lam Ka Wing	MKC	7.97
5	Wong Chin Yee	PKSS	7.84
6	Rai Neha	DMS-BW	7.72
7	Luk Sze Ting	HTC	7.72
8	Yeung Tsz Yuen	PKSS	7.72

Discus

1	Kwok Hong Ting	WWS	24.55
2	Davies Samantha Jessica	SKHLFH	21.16
3	Lee Fung Yu	SKHLFH	19.48
4	Cho Wing Shan	BHSS	18.39
5	Luk Sze Ting	HTC	18.08
6	Leung Kai Suet	PTSS	17.95
7	Chung Ping Nga	LWFSS	17.53
8	Hung Jade	PLKLC	17.40

Girls C Grade**100m**

1	Wong Wai Ching	WWS	14.00
2	Cheng Yuen Ki	CSS	14.36
3	Mak Wing Yan	NP2C	14.43
4	Chan Wing On	HGSS	14.79
5	Wong Wing Yu	TOSS	14.82
6	Tse Lea	WWS	15.01
7	Au Cheuk Ting	HTC	15.32
8	Wan Ka Yan	CDGFSS	15.36

200m

1	Wong Wai Ching	WWS	29.01
2	Cheng Yuen Ki	CSS	29.15
3	Ke Ching Man	CSS	29.35
4	Lin Wai Yee	CDGFSS	29.62
5	Tam Hiu Ching	PTSS	30.27
6	Tse Lea	WWS	31.08
7	Au Cheuk Ting	HTC	31.88
8	Wong Wing Lam	PKSS	32.43

400m

1	Chung Ki Ki	HTC	1 : 10.96
2	Ke Ching Man	CSS	1 : 11.99
3	Chan Ho Wing	CDGFSS	1 : 12.49
4	Lau Ka Ying	HTC	1 : 13.27
5	Cheung Pak Yiu	PTSS	1 : 14.97
6	Chau Nim Chi	CDGFSS	1 : 15.68
7	Tsz Tsz Yi	CHC	1 : 17.62
8	Chan Tsz Ching	LKPCF	1 : 19.45

800m

1	Leung Wing I	PTSS	2 : 50.46
2	Espeskog Anelotte Isabella	NAIS	2 : 50.62
3	Tse Tsoi Wing	WWS	2 : 52.40
4	Lai Tsz Wai	HTC	2 : 53.09
5	Lam Tsz Hei	TYH	2 : 57.38
6	Chan Ho Wing	CDGFSS	2 : 57.51
7	Chau Chun Yan	K-LING	3 : 4.06
8	Lecher Romina Vivien	NAIS	3 : 4.25

1500m

1	Leung Wing I	PTSS	5 : 54.15
2	Lo Lok Ching	HTC	5 : 54.95
3	Espeskog Anelotte Isabella	NAIS	5 : 58.79
4	Tse Tsoi Wing	WWS	6 : 7.46
5	Wong Yan Lam	LS	6 : 9.63
6	Ng Pui Lam	PKSS	6 : 12.83
7	Chau Chun Yan	K-LING	6 : 19.00
8	Chan Yee Tung	LHYMSS	6 : 21.59

100m Hurdles

1	Pang Wing Hin	TYH	19.88
2	Cheng Pik Yee Debbie	CDGFSS	21.10
3	Leung Cheuk Ting	OLC	21.38
4	Lee Ka Ying	HTC	21.47
5	Lee Ka Hang	WWS	21.48
6	Chan Chi Ching	CDGFSS	21.51
7	Tam Ching Si Jessie	PLKLFC	21.55
8	Yeung Lok Yung	LS	25.04

4x100m Relay

1		CSS	57.57
2		WWS	57.61
3		PLKLFC	58.49
4		TOSS	59.25
5		CDGFSS	59.59
6		PTSS	59.82
7		HTC	1 : 0.14
8		NP2C	1 : 4.53

4x400m Relay

1		HTC	4 : 59.55
2		WWS	5 : 12.59
3		LHYMSS	5 : 14.44
4		PTSS	5 : 16.26
5		LS	5 : 21.98
6		K-LING	5 : 23.92

High Jump

1	Li Ka Yee	KTGS	1.35
2	Chan Yau Lam	PLKLFC	1.25
3	Wong Yuki	OLC	1.25
4	Cheng Pik Yee Debbie	CDGFSS	1.20
5	Hui Lok Yee	PLKLFC	1.20
6	Yue Cheuk Laam	TOSS	1.20
=7	Lin Wing Yi	TYH	1.15
=7	Ng Wai Kiu	WWS	1.15
=7	Wong Nga Ting	LS	1.15

Long Jump

1	Wong Wing Yu	TOSS	4.37
2	Chan Tsz Ching	LKPFC	3.97
3	Lee Lok Yee Noriko	CSS	3.97
4	Chan Chi Ching	CDGFSS	3.97
5	Or Tsz Sen	LKPFC	3.83
6	Leung Yu Hei Camilla	NAMS	3.78
7	Shek Tsz Yin	HGSS	3.72
8	Lee Ka Hang	WWS	3.68

Shot Put

1	Ngai Ka Man	SKHLFH	7.93
2	Yung Oi Chi	LHYMSS	7.66
3	Lahaylahay Lyla Mea	KWSC	7.42
4	Lau Tsz Ying	HTC	7.27
5	Chan Sum Yu	PLKLFC	7.12
6	Tang Tsoi Lam	CCK	7.08
7	Li Yee Tung	WWS	7.02
8	Leung Hau Laam	KHSS	6.99

Discus

1	Li Yee Tung	WWS	17.90
2	Yeung Ka Man	TYH	16.95
3	Leung Cheuk Ting	OLC	16.48
4	Ting Ka Yee	CCSS	15.80
5	Tao Hei Tung	LHYMSS	15.43
6	Yung Oi Chi	LHYMSS	14.60
7	Cheung Wing Kei	WWS	14.49
8	Lai Kwan Yu	K-LING	14.13

***** The End *****

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-school Athletics Competition 2018/2019
 Division Three (Area One)30/01/2019

Boys A Grade

Day 3

School	Day 2	DC	110mH	400m	100m	5000m	LJ	800m	200m	4x100	4x400	Total
1 PLKLFC	26	8	1		7		15	4	3	18		82
2 SLS	23	1	6	16		7	3	6	5		12	79
3 TYH	24.50		14			2	2	1	7	12	8	70.50
4 BHSS	31.50	1		8			14			14		68.50
5 CSS	25	1	2		10		1	12	2	4		57
6 K-LING	26	6	3	2		1					14	52
7 ASMS	21				3	1	7		4	10		46
7 WWS	21	5	7	6			1			6		46
9 PKSS	15					8	1				18	42
9 PTSS	22	1						9			10	42
11 SSCC	18	1		4		6					4	33
12 HGSS	5				9	4			9			27
13 CHC	15	11										26
14 PLKCKY	9					10						19
15 CCSS	9	2				5	1					17
16 PLKNO.1C	7									8		15
16 SKHLFH	4	7					4					15
18 CDGFSS	6		4	1		3						14
19 LS	4	1						2			6	13
19 KTGS	3				3				7			13
21 KHSS	5				5					2		12
21 KWSC	4	8										12
23 LWFSS	8	3										11
24 NAMS	5							3			2	10
25 HLC	8	1										9
26 SLCSS	7						1					8
27 LSTYKH	5						1					6
28 KLC	2						1					3
28 MKC	2	1										3
28 CCK	2						1					3
31 STCS							2					2
32 FHMSS						1						1

28	SKHLFH	3	3
29	KTGS	2	2
29	NAIS	2	2
31	KWSC	1	1
31	MKC	1	1
31	STCS	1	1
34	KLC		
34	HKSC		
34	PLKNO.1C		
34	CYCS		

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One)30/01/2019

Boys C Grade

Day 3

School	Day 2	100mH	400m	100m	800m	200m	DC	4x100	4x400	Total
1 SLS	16	16	16	7	7	7		10	18	97
2 PLKLFC	29			9		9	10	18	12	87
3 CDGFSS	27	5	1		4		7	14	8	66
4 WWS	27	1			2		9		10	49
5 PLKCKY	19		2		4	5			14	44
6 SLCSS	18			6		1	8	4		37
7 PTSS	20		4					6	6	36
8 MKC	6			7		7		12		32
9 CCSS	17		3	2		6	2			30
10 CHC	20				9					29
11 LWFSS	18			6		2	2			28
12 HLC	13	6						8		27
12 TYH	13	4	5				5			27
14 CSS	19				6		1			26
15 NAIS	11		6							17
16 PKSS	12									12
16 SSCC	10	2								12
18 KWSC	1				5					6
18 K-LING	3	3								6
18 LKPFC	6									6
21 KHSS	5									5
21 LS	1						4			5

21	HGSS	3	2	5
21	SKHLFH	5		5
25	KTGS	4		4
26	CCK	2		2
26	LSTYKH	2		2
26	PLKNO.1C	2		2
29	KLC			
29	FHMSS			
29	HA			
29	HKSC			
29	BHSS			
29	NAMS			
29	ASMS			
29	CYCS			
29	STCS			

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One)30/01/2019

Boys Overall Day 3

School		A	B	C	Total	
1	ST. LOUIS SCHOOL	SLS	79	45	97	221
2	PO LEUNG KUK LAWS FOUNDATION COLLEGE	PLKLFC	82	11.50	87	180.50
3	YCH WONG WHA SAN SECONDARY SCHOOL	WWS	46	77.50	49	172.50
4	POH 80TH AN. TANG YING HEI COLLEGE	TYH	70.50	74	27	171.50
5	HKSKH BISHOP HALL SECONDARY SCHOOL	BHSS	68.50	57	_	125.50
6	CLEMENTI SECONDARY SCHOOL	CSS	57	38	26	121
7	STEWARDS POOI TUN SECONDARY SCHOOL	PTSS	42	27	36	105
8	CARMEL DIVINE GRACE FOUNDATION SEC SCHOOL	CDGFSS	14	23	66	103
9	HO LAP COLLEGE (SPONSORED BY SIK SIK YUEN)	HLC	9	60	27	96
10	THE HKTA CHING CHUNG SECONDARY SCHOOL	CCSS	17	46	30	93
10	PO LEUNG KUK CHOI KAI YAU SCHOOL	PLKCKY	19	30	44	93
12	KING LING COLLEGE	K-LING	52	30	6	88
13	CHINA HOLINESS COLLEGE	CHC	26	15	29	70
14	LOK SIN TONG YU KAN HING SECONDARY SCHOOL	LSTYKH	6	61	2	69
15	SKH ALL SAINTS' MIDDLE SCHOOL	ASMS	46	20	_	66
16	PO KOK SECONDARY SCHOOL	PKSS	42	9	12	63
17	LKWFSL LAU WONG FAT SECONDARY SCHOOL	LWFSS	11	22.50	28	61.50

18	HOMANTIN GOVERNMENT SECONDARY SCHOOL	HGSS	27	28	5	60
19	SHUN LEE CATHOLIC SECONDARY SCHOOL	SLCSS	8	14.50	37	59.50
20	ELCHK LUTHERAN SECONDARY SCHOOL	LS	13	37	5	55
21	ST. STEPHEN'S CHURCH COLLEGE	SSCC	33	5	12	50
22	COGNITIO COLLEGE (KOWLOON)	CCK	3	35	2	40
23	CCC MING KEI COLLEGE	MKC	3	1	32	36
24	CCC KEI HEEP SECONDARY SCHOOL	KHSS	12	12	5	29
25	SKH LI FOOK HING SECONDARY SCHOOL	SKHLFH	15	3	5	23
26	NEW ASIA MIDDLE SCHOOL	NAMS	10	10		20
27	NORD ANGLIA INTERNATIONAL SCHOOL	NAIS	—	2	17	19
27	KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS	13	2	4	19
27	CCC KWEI WAH SHAN COLLEGE	KWSC	12	1	6	19
30	FORTRESS HILL METHODIST SECONDARY SCHOOL	FHMSS	1	17		18
31	PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	15		2	17
32	NLSI LUI KWOK PAT FONG COLLEGE	LKPFC	1	6	6	13
33	HAN ACADEMY	HA	1	4	—	5
34	CCC KUNG LEE COLLEGE	KLC	3	—	—	3
34	SOCIETY OF BOYS CENTRE SHING TAK CENTRE SCH	STCS	2	1		3
36	SOCIETY OF BOYS CENTRE CHAK YAN CENTRE SCH	CYCS				
36	HKICC LEE SHAU KEE SCHOOL OF CREATIVITY	HKSC		—	—	

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One)30/01/2019

Girls A Grade Day 3

School	Day 2	100mH	400m	100m	800m	JV	200m	1500m	4x100	4x400	Total
1 TYH	22	9	15	11	4	1	13	7		10	92
2 HTC	33.60	9	1	2		9	2	3	4	8	71.60
3 PKSS	26	9	2	3	2		3	8	6	12	71
4 NP2C	27.60			7					18	6	58.60
5 CHC	6			9			9	5		18	47
6 OLC	19					11	4		12		46
7 K-LING	16		7					4	14		41
8 HGSS	18			4			5		10		37
9 WWS	22					2		6		2	32
10 TOSS	8		5		6				8		27
11 PLKLFC	5				7					14	26
12 LHYMSS	5				10			10			25

13	SKHLFH	16.60	3	1	1							21.60
14	HKSC	16.60		1								17.60
15	CDGFSS	8	9									17
16	ASMS	11			5							16
17	NAMS	11	4									15
18	CCSS	10				4						14
19	CCK	10.60				3						13.60
20	LS	7				1				4		12
21	DMS-BW	3				7						10
22	PTSS	7						2				9
23	HLC	2				5						7
23	BHSS	4			3							7
25	LWFSS					6						6
25	LSTYKH	5		1								6
27	KHSS	4										4
27	MKC	4										4
29	PLKNO.1C	2				1						3
30	KTGS	1										1
30	SSCC	1										1
32	KWSC											
32	CSS											
32	FHMSS											
32	HA											
32	LKPFC											
32	NAIS											
32	SLCSS											

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One)30/01/2019

Girls B Grade		Day 3										
School	Day 2	LJ	100mH	400m	100m	800m	200m	1500m	4x100	4x400	Total	
1	HTC	33	14	3	6	9	7	10.50	7	18	18	125.50
2	LS	26	6	9	6		12		4		10	73
3	PKSS	29	2		4	6			5	8	2	56
3	WWS	21	10		5	2				12	6	56
5	TOSS	12	6	3	7		7	3		14		52
6	DMS-BW	12	1		9			9			14	45

7 BHSS	18		5	5		10		38
8 PTSS	18	1	6		2	2		29
9 SKHLFH	19	8						27
10 MKC	7	3		5		10		25
11 CHC	6			6			12	24
12 LHYMSS	7					8	8	23
13 LWFSS	11	2				6		19
14 HGSS	6			4	4.50	4		18.50
15 CCK	4			7	7			18
15 OLC	7	1	4				6	18
17 K-LING	9					3	4	16
18 CDGFSS	7	1	7					15
19 NAIS	11							11
19 PLKLFC	11							11
21 NP2C	3			3				6
22 HLC	4							4
22 LSTYKH	2					2		4
22 SLCSS	4							4
25 NAMS	2			1				3
25 ASMS	2	1						3
25 CCSS	2					1		3
28 CSS	2							2
29 TYH	1							1
29 SSCC	1							1
31 KHSS								
31 KWSC								
31 FHMSS								
31 HA								
31 HKSC								
31 KTGS								
31 LKPFC								
31 PLKNO.1C								

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One) 30/01/2019

Girls C Grade Day 3

School	Day 2	SP	100mH	400m	100m	800m	200m	1500m	4x100	4x400	Total
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33 PLKNO.1C

33 ASMS

HONG KONG SCHOOLS SPORTS FEDERATION
Inter-school Athletics Competition 2018/2019
Division Three (Area One)30/01/2019

Girls Overall Day 3

School		A	B	C	Total
1 HOLY TRINITY COLLEGE	HTC	71.60	125.50	80	277.10
2 YCH WONG WHA SAN SECONDARY SCHOOL	WWS	32	56	101	189
3 PO KOK SECONDARY SCHOOL	PKSS	71	56	13	140
4 POH 80TH AN. TANG YING HEI COLLEGE	TYH	92	1	31	124
5 TAK OI SECONDARY SCHOOL	TOSS	27	52	39	118
6 ELCHK LUTHERAN SECONDARY SCHOOL	LS	12	73	28	113
7 CARMEL DIVINE GRACE FOUNDATION SEC SCHOOL	CDGFSS	17	15	61	93
7 STEWARDS POOI TUN SECONDARY SCHOOL	PTSS	9	29	55	93
9 OUR LADY'S COLLEGE	OLC	46	18	27	91
10 LINGNAN HANG YEE MEMORIAL SECONDARY SCHOOL	LHYMSS	25	23	40	88
11 CHINA HOLINESS COLLEGE	CHC	47	24	8	79
12 KING LING COLLEGE	K-LING	41	16	21	78
13 NING PO NO. 2 COLLEGE	NP2C	58.60	6	12	76.60
14 PO LEUNG KUK LAWS FOUNDATION COLLEGE	PLKLFC	26	11	37	74
15 HOMANTIN GOVERNMENT SECONDARY SCHOOL	HGSS	37	18.50	9	64.50
16 CLEMENTI SECONDARY SCHOOL	CSS	—	2	60	62
17 SKH LI FOOK HING SECONDARY SCHOOL	SKHLFH	21.60	27	13	61.60
18 DELIA MEMORIAL SCHOOL (BROADWAY)	DMS-BW	10	45	3	58
19 HSKSH BISHOP HALL SECONDARY SCHOOL	BHSS	7	38	1	46
20 COGNITIO COLLEGE (KOWLOON)	CCK	13.60	18	8	39.60
21 NORD ANGLIA INTERNATIONAL SCHOOL	NAIS	—	11	22	33
22 CCC MING KEI COLLEGE	MKC	4	25	1	30
23 LKWFSL LAU WONG FAT SECONDARY SCHOOL	LWFSS	6	19	4	29
24 NEW ASIA MIDDLE SCHOOL	NAMS	15	3	8	26
24 THE HKTA CHING CHUNG SECONDARY SCHOOL	CCSS	14	3	9	26
26 SKH ALL SAINTS' MIDDLE SCHOOL	ASMS	16	3	—	19
27 HKICC LEE SHAU KEE SCHOOL OF CREATIVITY	HKSC	17.60	—	—	17.60
28 NLSI LUI KWOK PAT FONG COLLEGE	LKPFC	—	—	15	15
29 HO LAP COLLEGE (SPONSORED BY SIK SIK YUEN)	HLC	7	4	2	13
30 KWUN TONG GOVERNMENT SECONDARY SCHOOL	KTGS	1	—	10	11

31	LOK SIN TONG YU KAN HING SECONDARY SCHOOL	LSTYKH	6	4	—	10
32	SHUN LEE CATHOLIC SECONDARY SCHOOL	SLCSS		4	4	8
32	CCC KWEI WAH SHAN COLLEGE	KWSC	—	—	8	8
34	CCC KEI HEEP SECONDARY SCHOOL	KHSS	4		2	6
35	ST. STEPHEN'S CHURCH COLLEGE	SSCC	1	1	3	5
36	PO LEUNG KUK NO. 1 W. H. CHEUNG COLLEGE	PLKNO.1C	3	—		3
37	HAN ACADEMY	HA	—	—		
37	FORTRESS HILL METHODIST SECONDARY SCHOOL	FHMSS				

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day One: 22 January 2019

=====
 Event 1 High Jump Girls C
 Standard: 1.15 Record: 1.66 (2007)

Position	Name	School	Result	Remark	Points
1	Li Ka Yee	KTGS	1.35	Standard	9
2	Chan Yau Lam	PLKLFC	1.25	Standard	7
3	Wong Yuki	OLC	1.25	Standard	6
4	Cheng Pik Yee Debbie	CDGFSS	1.20	Standard	5
5	Hui Lok Yee	PLKLFC	1.20	Standard	4
6	Yue Cheuk Laam	TOSS	1.20	Standard	3
7	Lin Wing Yi	TYH	1.15	Standard	1
7	Wong Nga Ting	LS	1.15	Standard	1
7	Ng Wai Kiu	WWS	1.15	Standard	1
	Tam Hiu Ching	PTSS	1.14	Standard	
	Lo Ka Ling	PTSS	1.14	Standard	
	Chan Pui Yin	CCK	1.14	Standard	
	Pat Cho Ying	HTC	1.10		
	Lau Hiu Yan	CDGFSS	1.10		
	Chau Yim Ting	TYH	1.10		
	Wai Sau Lam Annette	TOSS	1.10		
	Wong Wing Lam	PKSS	1.10		
	Xie Hoi Ching	K-LING		No Mark	
	Tan Ping Ping	HTC		No Mark	
	Ng Chi Ching	LS		No Mark	
	Gatto Erica Karla	KWSC		DN take part	
	Chen Sze Kwan	WWS		No Mark	

=====
 Event 2 Triple Jump Boys B
 Standard: 9.40 Record: 13.67 (2009)

Position	Name	School	Result	Remark	Points
1	Zhao Chak Ho Sunny	HGSS	11.12	Standard	9
2	Yu Ho Ming	TYH	10.78	Standard	7
3	Hung Chi Hin	CCSS	10.77	Standard	6
4	Tsang Ka Ming	PTSS	10.54	Standard	5
5	Hui Ho Man	WWS	10.45	Standard	4
6	Chan Ho Fung	CDGFSS	10.24	Standard	3
7	Tang Chung Hong	BHSS	10.24	Standard	2
8	Cheung Yan Chun	WWS	10.09	Standard	1
	Mo Tik To	CCSS	9.91	Standard	
	Ting Kong Pan	SLCSS	9.68	Standard	
	Lam Chun Sum	TYH	9.61	Standard	
	Shek Kwan Ho	SKHLFH	9.40	Standard	
	Poon Man Yui	PTSS	9.27		
	Lee ka Ho	K-LING	9.27		
	Mo Yu Wing	BHSS	9.25		
	Lam Chun Yin	SKHLFH	8.89		
	Ho Granada	HLC	8.65		
	Fok King Chun	K-LING	8.58		
	Ng Kai Yu	PLKLFC	8.54		
	Mo Kai Yip	CSS	8.15		
	Tsang Yin Lam	CCK		DN take part	
	Sin Pak Yin	CSS		DN take part	
	Chen Yinchao	HLC		DN take part	
	Cheung Chun Ho	SLCSS		DN take part	
	Chong Hiu Hei	CDGFSS		DN take part	

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 Event 3 Long Jump Boys C
 Standard: 3.80 Record: 6.27 (2018)

Position	Name	School	Result	Remark	Points
1	Yuen Lok Hei	PLKLCF	5.21	Standard	9
2	Lam Pak Yu	CSS	4.78	Standard	7
3	Chow Ho Fung	PLKCKY	4.61	Standard	6
4	Chow Ching Yat	CHC	4.59	Standard	5
5	Wan Kai Tsun Felix	PLKLCF	4.54	Standard	4
6	Ho Lai Lok	PTSS	4.52	Standard	3
7	Ko Tsz Yuen	CDGFSS	4.46	Standard	2
8	Ng Ka Lam	TYH	4.29	Standard	1
	Pun Yiu Cho	PTSS	4.08	Standard	
	Liang Man Pan	K-LING	4.00	Standard	
	Chow Yin Hin	LSTYKH	3.76		
	Au Yeung Ka Fai	WWS	3.71		
	Zhang Wai Lun	CCSS	3.65		
	Chan Wai On	TYH	3.65		
	Lau Yik Long	SLCSS	3.59		
	Ling Lok Tin	CSS	3.53		
	Chan Wai Shing	SSCC	3.51		
	Phaka Ka Chun	HLC	3.50		
	Lam Chun Hei	HGSS	3.44		
	San Yu Cheung	CDGFSS	3.44		
	Zhang Hin Yeung	CCK	3.40		
	Cheuk Chun Ngai	SSCC	3.36		
	Dunlop James Robert	NAIS	3.35		
	Lui Ching	PLKCKY	3.35		
	Lai Tung Hoi David	CCK	3.25		
	Lo Long Him	K-LING	3.18		
	Liu Ka Chung	LS	3.17		
	Hui Kai Ming	PLKNO.1C	3.15		
	Sham Shing Hei	SKHLFH	3.08		
	Shum Chak Hung	SKHLFH	3.03		
	Kwan Yiu Wai	WWS		DN take part	
	Tse Sunny Yeung Kwong	SLCSS		DN take part	
	Siu Ka Ho	KWSC		DN take part	
	Cheng Chung Hang	FHMSS		DN take part	
	Peng Ronny	CCSS		DN take part	
	Fung Ka Long	KTGS		DN take part	
	Law Sai Hin	HLC		DN take part	
	Liu Hujinwen	MKC		DN take part	

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Event 4 Shot Put Girls A

Standard: 6.15 (4kg)

Record: 10.58

(2018) (4kg)

Position	Name	School	Result	Remark	Points
1	Tso Ka Wing	WWS	8.06	Standard	9
2	Tai Tsz Kwan	NP2C	7.68	Standard	7
3	Lui Wing Yan	HGSS	7.20	Standard	6
4	Lai Cheuk Yi	PTSS	7.12	Standard	5
5	Hung Po Sau	CCSS	7.04	Standard	4
6	Kung Ching Man	CCSS	6.66	Standard	3
7	Li Kok Wing	MKC	6.64	Standard	2
8	Ng Ha Yu	NP2C	6.58	Standard	1
	Gurung Mimi	DMS-BW	6.57	Standard	
	Chui On Yi	HTC	6.54	Standard	
	Tsai Lee Kei	TYH	6.46	Standard	
	Lai Tsz Wing	WWS	6.40	Standard	
	Lam Hei Yi	LSTYKH	6.39	Standard	
	Chan Tsz Lam	HKSC	6.26	Standard	
	Wong Yuen Ting	PKSS	6.15	Standard	
	Lau Wing Sze	K-LING	5.94		
	Pan Tianwei Magdalene	PTSS	5.81		
	Mang Wing Sze	TYH	5.80		
	Tang Wai Man	HLC	5.52		
	Lai Ally Juliana	SKHLFH	5.36		
	Fan Hiu Tan Angel	LS	5.24		
	Wong Ka Wing	HTC	5.16		
	Chiu So Ting	HLC	4.98		

So Hiu Laam Peony	SSCC	4.32	
Cheng Cassandra Audrey	SSCC	4.25	
Tsui Wai Man	LS	4.22	
Wang Mingyi	SKHLFH	3.86	
Li Yi Tung	CDGFSS		DN take part
Lai Sum Yui	HKSC		DN take part
Kwok Oi Lam	KTGS		DN take part
Chan Ka Yan	KTGS		DN take part
Wong On Ki	SLCSS		DN take part
Lam Siu Yuk	SLCSS		DN take part
Ho Pak Sze	CCK		DN take part

=====
Event 5 Discus Girls B

Standard: 14.00 (1kg)

Record: 38.34

(2018) (1kg)

Position	Name	School	Result	Remark	Points
1	Kwok Hong Ting	WWS	24.55	Standard	9
2	Davies Samantha Jessica	SKHLFH	21.16	Standard	7
3	Lee Fung Yu	SKHLFH	19.48	Standard	6
4	Cho Wing Shan	BHSS	18.39	Standard	5
5	Luk Sze Ting	HTC	18.08	Standard	4
6	Leung Kai Suet	PTSS	17.95	Standard	3
7	Chung Ping Nga	LWFSS	17.53	Standard	2
8	Hung Jade	PLKLFC	17.40	Standard	1
	Li Yan Ying	CDGFSS	17.02	Standard	
	Chan Yan Ki	LS	16.88	Standard	
	Tang Tsz Ling	HLC	15.91	Standard	
	Chan Hin Kwan	SLCSS	15.47	Standard	
	Tam Nga Lam	HTC	15.45	Standard	
	Kwun Tsz Shan	LS	15.17	Standard	
	Law Saya	LWFSS	13.94		
	Siu Ching Man	NAMS	13.26		
	Lin Yuk Yam	TYH	13.06		
	Chan Wing Yan	CHC	13.05		
	Lee Fung Ying	BHSS	12.55		
	Au Chun Ting	PTSS	11.73		
	Ng Wan Chi Gigi	CDGFSS	11.47		
	Liu Hang Lam	TOSS	10.53		
	Yip Wing Yan	TYH	9.99		
	Tang Tsz Tung	WWS		No Mark	
	Cheung Ka Hang Angelina	SLCSS		DN take part	
	Chan Heung Po	SSCC		No Mark	
	Ho Wing Ching	K-LING		DN take part	
	Chan Lau Tsun	KTGS		DN take part	
	Li Yik Wa	TOSS		DN take part	
	Li Mei Yan	CCSS		DN take part	
	Li Helena Hoi Ching	OLC		DN take part	
	Tam Ho Ying	HLC		No Mark	
	Hung Cheuk Ying	CCSS		DN take part	
	Li Hei Tung	KTGS		DN take part	
	Rodriguez Erika Louise D.	SSCC		No Mark	
	Wong Siu Ting	PKSS		No Mark	
	Wong Chin Yee	PKSS		DN take part	
	Chan Cho Man	PLKLFC		DN take part	

=====
Event 6 100m Hurdles Girls C

Standard: 24.00 (0.762m)

Record: 15.23

(2015) (0.762m)

Heat					Final Lane
1	Chan Chi Ching	CDGFSS	21.91	Standard	4
2	Lee Ka Hang	WWS	22.70	Standard	6
3	Lee Ka Ying	HTC	22.83	Standard	7
4	Yeung Lok Yung	LS	23.11	Standard	8
5	Lee Shan Min	K-LING	23.25	Standard	
6	Lee Man Ki Maggie	MKC	34.41		
7	Lau Hiu Tung	PTSS	42.54		

Heat 2

Final Lane

1	Pang Wing Hin	TYH	20.21	Standard	2
2	Tam Ching Si Jessie	PLKLCF	22.52	Standard	5
3	Hung Sin Ching	OLC	23.39	Standard	
4	Choi Hiu Ying	HTC	23.52	Standard	
5	Ng Chi Ching	LS	23.99	Standard	
6	Coilho Crystal	DMS-BW	24.17		
Heat 3					Final Lane
1	Leung Cheuk Ting	OLC	21.84	Standard	3
2	Cheng Pik Yee Debbie	CDGFSS	22.83	Standard	1
3	Li Sum Lam	HLC	23.21	Standard	
4	Bishwokarma Sanjika	DMS-BW	23.29	Standard	
5	Yu Wing Tung	TYH	24.47		
6	Tai Wing Kiu	WWS	26.56		

=====
Event 7 100m Hurdles Girls B
Standard: 23.00 (0.762m) Record: 14.42 (2016) (0.762m)

Heat 1					Final Lane
1	Ye Enjie	BHSS	20.41	Standard	3
2	Siu Cho Yu	HTC	21.10	Standard	6
3	Fu Man Ching	LHYMSS	21.99	Standard	
4	Lo Ka Wai	TYH	22.69	Standard	
5	Lo Chi Ching	CDGFSS	23.39		
6	Chow Tsz Ching	WWS	23.81		
7	Yung Sin Yi	TOSS	25.04		

Heat 2					Final Lane
1	Lam Yee Pui	LS	19.22	Standard	2
2	Kelly Ang	CDGFSS	20.99	Standard	5
3	Qin Zhuolin	PTSS	21.62	Standard	8
4	Ho Wing Ching	K-LING	21.67	Standard	
5	Chen Wing Han	OLC	21.70	Standard	
6	Tsang Ki Yiu Abby	PKSS	21.87	Standard	
7	Ngai Mei Yi May	WWS		DN start	

Heat 3					Final Lane
1	Luk Ka Ching	HTC	20.50	Standard	4
2	Yeung Wai Ling	OLC	21.27	Standard	7
3	Kei Lok Man	TOSS	21.28	Standard	1
4	Leung Po Ying	LS	21.72	Standard	
5	De Lara Gaelen Zae Rasco	DMS-BW	21.77	Standard	
6	Lam Hei Tung	BHSS	22.77	Standard	
7	Lui Tin Yan	SLCSS	23.11		

=====
Event 8 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.30 (2016) (0.762m)

Heat 1					Final Lane
1	Cheung Sum Yuet	CDGFSS	20.22	Standard	3
2	Szeto Yan Kiu	HTC	20.62	Standard	5
3	Tsoi Hiu Ying	PKSS	20.83	Standard	6
4	Cheng Tsz Yuet	WWS	21.20	Standard	
5	Lau Ka Ka	NP2C	22.13	Standard	
6	Ngai Ming Chu	LS	22.96		
7	Yeong Nga Wing Rain	SKHLFH	25.60		

Heat 2					Final Lane
1	Chan Cheuk Sze	PKSS	20.12	Standard	2
2	Chau Ka Hei	TYH	21.13	Standard	7
3	Tam Yee Lam	HLC	21.14	Standard	1
4	Ng Yuen Ching	K-LING	22.06	Standard	
5	Lee Hong Ki Jodie	WWS	22.14	Standard	
6	Thapa Rojy	DMS-BW	26.49		

Heat 3					Final Lane
1	Lau Hoi Wing	TYH	20.56	Standard	4
2	Wong Cho Yu	HTC	21.17	Standard	8
3	Ho Ning Yan	OLC	21.29	Standard	
4	Chu Sin Wai	LS	21.73	Standard	
5	Leung Tsz Yan	CDGFSS	21.85	Standard	
6	Pan Tianwei Magdalene	PTSS		DN start	

=====
Event 9 100m Hurdles Boys C
Standard: 21.80 (0.84m) Record: 13.57 (2009) (0.84m)

Heat 1 Final Lane
1 Lee Shan Yuan Ronald SLS 18.59 Standard 2
2 Wong Yuen Ki HLC 19.89 Standard 5
3 Wong Chun Shing TYH 20.12 Standard 6
4 Chan King Ka WWS 21.57 Standard 8
5 Wong Si Kit PLKLFC 22.57
6 Sun Yuen Ho MKC 23.95
7 Ip Chun PTSS DN start

Heat 2 Final Lane
1 Kwong Ka Wai CDGFSS 19.58 Standard 4
2 Zhou Linfeng SSCC 21.07 Standard 1
3 Wan Kai Tsun Felix PLKLFC 22.41
4 Li Tsz Chung K-LING 23.02
5 Zeng Sung Hei PTSS 23.90
6 Tsoi Siu Kit SKHLFH DN start

Heat 3 Final Lane
1 Ng Alvin SLS 19.26 Standard 3
2 Law Nok Sam K-LING 20.96 Standard 7
3 Ho Ching Nok CDGFSS 23.82
4 Hrishikesa Kalathur SSCC 26.50
5 Yip Bo Sang WWS DN start
6 Lam Ka Chun TYH DN start

=====
Event 10 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.25 (2017) (0.914m)

Heat 1 Final Lane
1 Chang Ching Hoi HLC 17.32 Standard 4
2 Tam Yat Long LSTYKH 18.05 Standard 6
3 Li Sze Long K-LING 20.41
4 Cheng Yi Cheung SLCSS 21.26
5 Yip Hiu Fung CCK 21.60
6 Man Kai Tong BHSS 22.33
7 Lee Shing Yan Matthew PLKLFC 22.65
8 Fan Cheuk Shing PTSS 23.26

Heat 2 Final Lane
1 Fung Sze Yuen SLS 16.48 Standard 2
2 Sieh Ho Fung SLCSS 16.86 Standard 3
3 Lau Wing Chung K-LING 18.58 Standard 7
4 Chan Ho Fung CDGFSS 18.76 Standard 1
5 Poon Wai To CSS 19.49 Standard 8
6 Lam Wai Kiu BHSS 19.92 Standard
7 Leung Yat Chai WWS 20.40
8 Tang Kam Hang LS 20.90

Heat 3 Final Lane
1 Tsang Hon Lap PLKLFC 18.03 Standard 5
2 Chan Kam San CSS 19.82 Standard
3 Chan Yiu Lok CCK 20.40
4 Wong Ching Hei HLC 20.93
5 Chung Siu Ho CDGFSS 21.11
6 Chan Ho Hin SKHLFH 22.96
7 Wong Yu Chun Xenophon TYH DN start
8 To Wing Kit WWS DN start

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Event 11 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 13.63 (2016) (0.914m)

Heat 1 Final Lane
1 Chung Siu Hang Jerry TYH 17.83 Standard 4
2 Yeung Ming Tak SLS 18.52 Standard 5
3 Hui Cheuk Lun PLKLFC 19.28 Standard 7
4 Lau Tin Long CDGFSS 19.34 Standard 1
5 Wan Tsz Lam CCK 20.03 Standard

6	Yeung Yu Ting	BHSS	22.10		
7	Leung Pak Ning	WWS	23.85		
Heat 2				Final Lane	
1	Li Chun Sing	TYH	16.33	Standard	2
2	Lam King Wong	WWS	16.80	Standard	3
3	Sit Hin Kit	K-LING	22.44		
4	Xue Zezhong	SKHLFH		DN start	
5	Chan Tsz Wai	HLC		DN start	
6	Wong Yat Fai	CSS		DN start	
7	Li Chun Yin	CDGFSS		DQ	
Heat 3				Final Lane	
1	Cheung Chun Fung	K-LING	18.95	Standard	6
2	Chen Longyue	CSS	19.38	Standard	8
3	Wong Wang Yuen Edison	SSCC	21.39		
4	Lam Chi Wai	PLKLFC	22.42		
5	Leung Yiu Sang	FHMSS	28.31		
6	Kong Lingxuan	SKHLFH		DN start	

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Event 12 400m Girls C

Standard: 1:25.00

Record: 58.78 (2000)

Heat 1				SF	Lane
1	Wong Nga Ting	LS	1:16.60	Standard	3 2
2	Cheng Heung Lai	NAMS	1:20.43	Standard	1 5
3	Poon Wai Kei	TOSS	1:20.73	Standard	1 7
4	Labro Alana Martinne	SSCC	1:21.49	Standard	2 1
5	Kotanko Philine Sophia	NAIS	1:24.65	Standard	
6	Chan Tsz Yan	HLC	1:39.87		
7	Lan Yuk Ting	FHMSS	2: 7.19		
8	Miu Ka Yan Grace	CHC		DN start	
Heat 2				SF	Lane
1	Tsz Tsz Yi	CHC	1:17.80	Standard	1 3
2	Wong Hoi Yau	SLCSS	1:18.46	Standard	1 4
3	Cheung Pak Yiu	PTSS	1:18.91	Standard	3 4
4	Cheng Tin Wai	LS	1:19.79	Standard	3 5
5	Ng Tsz Yan	SSCC	1:30.71		
6	Ma Season	SKHLFH	1:40.61		
7	Lee Cherianne	FHMSS	2:12.76		
8	Chiu Man Wa	BHSS		DN start	
Heat 3				SF	Lane
1	Ho Kwan Yi	CCK	1:20.11	Standard	2 5
2	Yeung Hoi Ching	PKSS	1:20.44	Standard	1 6
3	Lee Tsz Ching	WWS	1:22.75	Standard	
4	Yeung Man Ni	SKHLFH	1:25.41		
5	Lee Ho Yee	TYH	1:31.21		
6	Yan Wai Ching	PTSS	1:32.34		
7	Kwok Suet Yi	SLCSS		DN start	
8	Or Tsz Sen	LKPFC		DN start	
Heat 4				SF	Lane
1	Chan Tsz Ching	LKPFC	1:20.52	Standard	3 7
2	Wong Hoi Yi	TYH	1:21.69	Standard	3 1
3	Chau Tsz Yan	PKSS	1:21.99	Standard	2 8
4	Lee Man Ki Maggie	MKC	1:27.64		
5	Kwok Sze Ching	OLC	1:28.46		
6	Yeung Nga Shun Sarita	PLKLFC	1:31.95		
7	Ng Wai Kiu	WWS		DN start	
Heat 5				SF	Lane
1	Lau Ka Ying	HTC	1:14.05	Standard	2 2
2	Chau Nim Chi	CDGFSS	1:17.66	Standard	3 3
3	Chan Lok Yiu	LHYMSS	1:22.19	Standard	1 8
4	Wong Hoi Wai	OLC	1:24.20	Standard	
5	Shao Yushi	LWFSS	1:27.54		
6	Chow Tsz Hei	MKC	1:34.22		
7	Lo Ching Yi	KTGS		DN start	
Heat 6				SF	Lane
1	Chung Ki Ki	HTC	1:12.66	Standard	1 2
2	Chan Ho Wing	CDGFSS	1:17.74	Standard	2 3

3	Tam Hoi Ching	LHYMSS	1:18.85	Standard	2	4
4	Ke Ching Man	CSS	1:20.50	Standard	3	6
5	Leung Ting Ting	LWFSS	1:20.61	Standard	2	7
6	Kong Lok Yiu	K-LING	1:21.80	Standard	3	8
7	Choi Ching Yee	HGSS	1:31.84			
Heat 7					SF	Lane
1	Choi Hiu Yee Nicole	K-LING	1:20.48	Standard	2	6
2	Maroof Tiaba	DMS-BW	1:21.37	Standard	1	1
3	Wong Kwan Ting	TOSS	1:22.95	Standard		
4	Wong Pui Ling	NAMS	1:23.81	Standard		
5	Chung Ka Yi	HLC	1:40.40			
6	Chan Ka Sin	HGSS		DN start		
7	Aaten Lotte	NAIS		DN start		

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Event 13 400m Boys C

Standard: 1:12.00

Record: 51.23 (2008)

Heat 1					SF	Lane
1	Wong Kwan Ho Baron	PLKCKY	1: 8.16	Standard	1	5
2	So Lion	HLC	1:10.99	Standard	2	8
3	Chan Yik Hei	SLCSS	1:12.34			
4	Wong Chun Fai	LS	1:15.79			
5	Lo King Fung	CHC	1:23.22			
6	Hrishikesa Kalathur	SSCC	1:24.43			
7	So Hoi Yin	STCS		DN start		
8	Chan Long Chi	WWS		DN start		

Heat 2					SF	Lane
1	Middleton Alexander E.	NAIS	1: 3.11	Standard	2	2
2	Choi Pui Yuk	CDGFSS	1: 8.84	Standard	1	6
3	Tsoi Siu Kit	SKHLFH	1: 9.14	Standard	2	6
4	Chan Lok Hin	PLKLFC	1:11.67	Standard		
5	Fok Ming Yin	PTSS	1:13.57			
6	Zheng Yu Hin	K-LING	1:18.55			
7	Cheung Kin Chung	LSTYKH		DN start		

Heat 3					SF	Lane
1	Kwong Wai Shun	PTSS	1: 6.57	Standard	1	4
2	Wong Po Ting	PLKLFC	1: 7.88	Standard	2	5
3	Tse Tin Yat	CDGFSS	1: 9.15	Standard	2	7
4	Dou Wai Yi	HGSS	1:13.61			
5	Sun Yuen Ho	MKC	1:19.05			
6	Chan Lok Hin	SKHLFH	1:25.90			
7	Li Tsz Chung	K-LING		DN start		

Heat 4					SF	Lane
1	Chan Chak Fung	SLS	1: 3.43	Standard	2	3
2	Chong Chun Kit	HGSS	1:10.26	Standard	1	1
3	Lee Chun Lung	CSS	1:11.98	Standard		
4	Liu Hujinwen	MKC	1:12.79			
5	Lam Man Fung	LWFSS	1:14.36			
6	Siu Yik Tat	CCSS	1:14.95			
7	Chan Fong Zheng	TYH	1:20.68			

Heat 5					SF	Lane
1	Ng Alvin	SLS	1: 1.79	Standard	1	2
2	Ng Ka Lam	TYH	1: 4.98	Standard	1	3
3	Lam Hei Chun Marco	CCSS	1: 7.73	Standard	2	4
4	Leung Lap Hang	LWFSS	1:10.92	Standard	2	1
5	Ip Tze Tsun	CSS	1:11.18	Standard	1	8
6	Cao Yan Ho Rocky	KHSS	1:16.77			
7	Cheng Chung Hang	FHMSS		DN start		

Heat 6					SF	Lane
1	Look Chun Kiu	PLKCKY	1: 9.61	Standard	1	7
2	Tong Ching Wa	SSCC	1:16.85			
3	Cheung Kin Leung	SLCSS	1:17.03			
4	Liu Ka Chung	LS	1:17.79			
5	Lam Yin Cho Joe	HLC	1:27.89			
6	Liu Chun Hei	FHMSS	1:33.74			
7	Wu Ka Long	WWS		DN start		

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Event 14 400m Girls B

Standard: 1:23.00

Record: 57.29 (2002)

					SF	Lane

Heat 1					SF	Lane
1	Yung Sin Yu	LS	1: 9.34	Standard	2	2
2	Lam Tung Yin	CHC	1:15.56	Standard	3	5
3	Ma Yau Wai	PTSS	1:20.19	Standard	2	1
4	Tang Ying Fan Ashley	BHSS	1:21.98	Standard	3	8
5	Wong Yuen Yan	LHYMSS	1:22.81	Standard		
6	Wong Wai Yi	SLCSS	1:25.84			
7	Yam Wing Lam	LWFSS	1:27.17			
Heat 2					SF	Lane
1	Lin Wing Yan	LHYMSS	1:15.32	Standard	2	4
2	Fung Wing Hang	HLC	1:15.69	Standard	2	5
3	Siu Ho Kiu	LWFSS	1:16.17	Standard	1	6
4	Wong Kiu	CHC	1:19.77	Standard	1	1
5	Lam Sze Ting	PTSS	1:22.53	Standard		
6	Wong Yan	NP2C	1:24.02			
7	Tsang Tze Nam	CDGFSS		DN start		
Heat 3					SF	Lane
1	Tsang Tsz Shan	PKSS	1:16.01	Standard	1	5
2	Wan Ka Po	WWS	1:22.23	Standard	1	8
3	Lam Pak Yin	HLC	1:23.17			
4	Kwok Gateway	KHSS	1:23.23			
5	Kwan Yuen Ming	NAMS	1:29.54			
6	Hung Yi Lam	SKHLFH	1:38.87			
7	Lau Sum Yuet	CDGFSS		DN start		
Heat 4					SF	Lane
1	Chung Kei Yi	WWS	1:14.94	Standard	2	3
2	Yau Sze Hang	PKSS	1:15.03	Standard	1	3
3	Sehajpreet-Kaur	DMS-BW	1:19.18	Standard	2	7
4	Luo Yuxia	NAMS	1:23.78			
5	Leung Tsz Yiu	KHSS	1:28.96			
6	He Yingyan	SKHLFH	1:34.79			
7	Lau Cheng Lin	FHMSS		DN start		
Heat 5					SF	Lane
1	Farha-Hasanara	DMS-BW	1: 8.77	Standard	1	2
2	Chan Nga Lam	HTC	1:15.16	Standard	1	4
3	Chung Chi Yan	K-LING	1:16.76	Standard	3	6
4	Shum Hok Man	HGSS	1:20.80	Standard	3	1
5	Lee Sze Wa	CCSS	1:22.76	Standard		
6	Hon Tsz Ki Tiffany	ASMS	1:22.86	Standard		
7	Ho Ka Yi	FHMSS	1:42.41			
Heat 6					SF	Lane
1	Kwok Sui Chi	HTC	1:15.38	Standard	3	4
2	Law Lok Yi	TOSS	1:22.14	Standard	2	8
3	Lam Wai Kei	CSS	1:26.58			
4	Lam Ka Yi	HGSS	1:32.28			
5	Meng Ting	ASMS	1:34.16			
6	Lam Christine	MKC	1:34.40			
7	Lai Man Ting	K-LING		DN start		
Heat 7					SF	Lane
1	Cheung Tsz Ying	TOSS	1: 9.39	Standard	3	2
2	Poon Hiu Lam	LS	1:14.83	Standard	3	3
3	Sze Lok Ting	CSS	1:16.37	Standard	2	6
4	Zahid Faariah Zaidy	OLC	1:17.30	Standard	3	7
5	Chan Yuen Yee	BHSS	1:19.30	Standard	1	7
6	Chan Lok Yiu	SSCC	1:48.78			
7	Cheung Ka Hang Angelina	SLCSS		DN start		
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Event 15 400m Boys B

Standard: 1:04.00

Record: 49.72 (2010)

					SF	Lane

Heat 1					SF	Lane
1	Ho Chun Shing	LWFSS	1: 0.10	Standard	3	3
2	Chou Yam Yin	SSCC	1: 1.09	Standard	1	4
3	Yuen Wai Fung	WWS	1: 1.60	Standard	3	4

4	Shih Tsz Chiu	TYH	1: 2.03	Standard	2	5
5	Cheng Ka Chun	CSS	1: 2.03	Standard	3	5
6	Lau Kwan Nok Kea	SLS	1: 5.73			
7	Tsang Kwan Ho	LS	1: 6.20			
8	Chen Ruiqian	ASMS	1:14.38			
Heat 2					SF	Lane
1	Chan Long Yin	TYH	56.42	Standard	1	2
2	Tam Chi Wai	CSS	1: 3.08	Standard	3	7
3	Wang Chun Yi	WWS	1: 3.30	Standard	1	7
4	Liu Zhuoming	ASMS	1: 5.20		1	8
5	Chow Chun Yin	CYCS	1: 6.96			
6	Chow Hau Fui	CCK	1: 7.66			
7	Ngai Chun	CCSS	1: 7.88			
8	Wong Chun Hei	CDGFSS		DN start		
Heat 3					SF	Lane
1	Fan Griffith	CCK	58.56	Standard	3	2
2	Chan Chun Hei	PTSS	1: 3.48	Standard	1	1
3	Cheung Ka Ho	NAMS	1: 3.79	Standard	2	1
4	Mung Lap Wa	SKHLFH	1: 4.60		3	8
5	Tse Cho Yau	CCSS	1: 7.34			
6	Tsoi Wing Chit	BHSS	1: 7.87			
7	Ng Hong Yiu	SLCSS		DN start		
8	Kwan Nok Yin	CDGFSS		DN start		
Heat 4					SF	Lane
1	Sieh Ho Fung	SLCSS	1: 2.92	Standard	3	6
2	Liu Xiyu	NAMS	1: 4.50		3	1
3	Chu Cheung Wang	PTSS	1: 4.86		2	8
4	Lai Allan Jeffrey	SKHLFH	1: 7.80			
5	Lau Chi Hei	CHC	1: 7.96			
6	Tsang Chi Fung	PKSS	1:14.65			
7	So Ka Fuk	KTGS		DN start		
8	Tang Chung Hong	BHSS		DN start		
Heat 5					SF	Lane
1	Ng Shing Hin	PLKCKY	57.81	Standard	2	2
2	Lai Kwan To	CHC	1: 1.14	Standard	2	4
3	Cheung Kam Wai	HGSS	1: 2.27	Standard	1	5
4	Nun Lok Him	LSTYKH	1: 2.58	Standard	2	6
5	Wong Yun Tung	PKSS	1:12.12			
6	Wong Yuk Shing	KTGS		DN start		
7	Yung Yat Hei	FHMSS		DN start		
Heat 6					SF	Lane
1	Cheung Chun Kin	LSTYKH	1: 0.19	Standard	2	3
2	Li Sze Long	K-LING	1: 2.47	Standard	1	6
3	Cheng Tsz Wun	NAIS	1: 3.16	Standard	2	7
4	Au-Yeung Yu Hin	HLC	1: 5.60			
5	Kwok Hak Ho	PLKLFC	1: 8.85			
6	Tam Cho Yiu	MKC	1:11.65			
7	Yeung Kai Sum	FHMSS		DN start		
Heat 7					SF	Lane
1	Ong Chak Min	K-LING	1: 0.27	Standard	1	3
2	Xie Chi Hin	LS	1: 6.84			
3	Mencarini Riccardo	NAIS	1: 7.31			
4	Guan Chenxiang	SLS	1: 9.76			
5	Li Pak Ki	SSCC	1:14.20			
6	Chung Chun Sing	HLC		DN start		
7	Pang Chun Sing	LWFSS		DN start		

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Event 16 400m Girls A

Standard: 1:20.00

Record: 57.37 (2015)

Heat 1					SF	Lane
1	Hui Ching Divine	K-LING	1:10.80	Standard	1	3
2	Lui Kuk Chun	NAMS	1:12.00	Standard	1	4
3	Chen Yuxin	ASMS	1:19.46	Standard		
4	Kwok Hoi Ching Rachel	WWS	1:22.25			
5	Juan Yun Chiao	PLKLFC	1:23.99			
6	Sham Ho Wing	CHC	1:24.76			

7	Li Tsz Tung	PTSS	1:26.78			
8	Lee Yuen Ying	FHMSS	1:56.96			
Heat 2					SF	Lane
1	Lee Ching Yan	PKSS	1:16.22	Standard	2	6
2	Shek Wing Lam	HTC	1:17.14	Standard	1	7
3	Heung Tsz Ching	LSTYKH	1:18.94	Standard		
4	Ho Mei Ying	WWS	1:19.98	Standard		
5	Cheng Ka Yuet	CHC	1:21.60			
6	Zhou Jia Yi	SSCC	1:29.33			
7	Wai Hiu Man	FHMSS		DN start		
8	Liang Ying Yan	SLCSS		DN start		
Heat 3					SF	Lane
1	Fong Shuk Yi Annie	LS	1:16.09	Standard	1	6
2	Chow Shuk Yin	HTC	1:17.18	Standard	1	1
3	Ng Yin Ling	PKSS	1:18.23	Standard		
4	Tse Yan Tung Emily	MKC	1:20.82			
5	Ma Xiaohui	SSCC	1:33.08			
6	Lo Mei Ki	CCSS		DN start		
7	Lo Tsoi Yiu	LWFSS		DN start		
8	Wong Lok Yi	SLCSS		DN start		
Heat 4					SF	Lane
1	Ko Tsoi Nam	TYH	1: 9.40	Standard	1	2
2	Yuen Sze Yan	TOSS	1:10.05	Standard	2	3
3	Chan Yuen Ming	LHYMSS	1:15.55	Standard	2	5
4	Tong Sze Ting	OLC	1:16.23	Standard	2	7
5	Lok Nga Yin	MKC	1:20.98			
6	Xie Liwen	SKHLFH	1:28.58			
7	Li Ki Ki	HLC		DN start		
8	Lau Lai Sze	LS		DN start		
Heat 5					SF	Lane
1	Lau Man Hei	TYH	1: 9.59	Standard	2	2
2	Wong Ngo In	SKHLFH	1:15.71	Standard	1	5
3	Wong Yin Tsing Erica	NP2C	1:17.49	Standard	2	8
4	Law Wai Ka Kelly	TOSS	1:18.73	Standard		
5	Chung Tsz Yi	HKSC	1:24.79			
6	Chan Hiu Wai	LHYMSS	1:25.53			
7	Laiba Siddiq	DMS-BW	1:32.26			
8	Hau Nga Ching Angel	CDGFSS		DN start		
Heat 6					SF	Lane
1	Fung Tsz Ching Michelle	PLKNO.1C	1:15.17	Standard	2	4
2	Hung Hoi Wai	K-LING	1:17.33	Standard	2	1
3	Maryam Bibi	DMS-BW	1:18.18	Standard	1	8
4	Cheung Hoi Ching	HKSC	1:24.95			
5	Garcia Jasmin Kate	NAMS	1:27.23			
6	Li Jiaying	ASMS	1:35.33			
7	Ma Wing Tung	CDGFSS		DN start		
8	Lok Wing Yiu	PTSS		DN start		

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Event 17 400m Boys A

Standard: 1:02.00

Record: 49.92 (2016)

Heat 1					SF	Lane
1	Tong Ka Yung	BHSS	57.22	Standard	1	3
2	Wong Ho Lam Angus	WWS	57.33	Standard	1	4
3	Li Jiarong	SSCC	1: 5.23			
4	Tam Ngai Yin	PKSS	1: 8.11			
5	Li Jiazu	ASMS	1: 9.06			
6	Law Cham Sum Sam	FHMSS	1:23.16			
7	Chan Yiu Lun	KWSC		DN start		
Heat 2					SF	Lane
1	Lau Chak Ming	SSCC	57.37	Standard	2	4
2	Kwan Chak Tin	LS	59.39	Standard	1	5
3	Tay Ho Man	LKPFC	59.75	Standard	1	6
4	Lau Tsz Kit	WWS	1: 2.38			
5	Au Pak Him	HLC	1: 2.95			
6	Yuen Man King Eric	TYH	1: 3.64			
7	Ko Wang Chit	KLC		DN start		

Heat 3					SF	Lane
1	Mak Chun Kit	SLS	55.78	Standard	1	2
2	Chan Chun Lok Bosco	CCSS	59.82	Standard	2	7
3	Yip Ka Po	TYH	1: 0.06	Standard	1	7
4	Chan Tsz Wai	HLC	1: 2.69			
5	Chen Yiwei	NAMS	1: 3.30			
6	Wan Ho Lam Marco	CSS	1: 3.48			
7	Chung Lok Yin Flexco	KLC		DN start		

Heat 4					SF	Lane
1	Curata Christian Jay A.	SLS	56.41	Standard	2	2
2	Leung Pak Hin	CSS	59.79	Standard	2	6
3	Wong Chi Hong	CCSS	1: 0.49	Standard	2	1
4	Chan King Nam	PLKNO.1C	1: 1.38	Standard	1	8
5	Cheng Chun Yin	LWFSS	1: 3.95			
6	Cai Jiahui	HA	1: 4.07			
7	Shek Long Yin	KHSS		DN start		

Heat 5					SF	Lane
1	Cheung Chun Fung	K-LING	59.17	Standard	2	5
2	Tan Baoxi	SKHLFH	1: 0.35	Standard	1	1
3	Tong Ho Yeung	CDGFSS	1: 0.92	Standard	2	8
4	Wang Zirui	HA	1: 1.90	Standard		
5	Yau Wai Yin	MKC	1: 6.98			
6	Tam Kwan Lam	PTSS		DN start		
7	Wong Sze Chit	PLKLFC		DN start		

Heat 6					SF	Lane
1	Cheung Ka Yuen	BHSS	56.99	Standard	2	3
2	Wan Yuk Hei	ASMS	1: 3.11			
3	Ng Tsz Hin	PTSS	1: 6.99			
4	Oh-Yang Chun Kiu	FHMSS	1: 9.78			
5	Wong Oscar	PLKLFC		DN start		
6	Fong Ka Shun	KWSC		DN start		
7	Tung Chuen Yuet	CDGFSS		DN start		

Event 18 High Jump Boys A

Standard: 1.50 Record: 2.01 (2018)

Position	Name	School	Result	Remark	Points
1	Ng Sui Hei	BHSS	1.87	Standard	9
2	Lau Chak Ming	SSCC	1.60	Standard	7
3	Tang Tsz Yin	CHC	1.55	Standard	6
4	Cheng Sum Long	PKSS	1.55	Standard	5
5	Chen Junhao	LSTYKH	1.55	Standard	4
6	Lam Tak Chi	HLC	1.55	Standard	3
7	Ho Chun To	PLKNO.1C	1.50	Standard	2
8	Wong Tsz Kwan	TYH	1.45		1
8	Chan Kwok Tung	BHSS	1.45		1
	Lam Tsz Hin	CDGFSS	1.44		
	Chan Chin Hang	CSS		DN take part	
	Yau Wai Yin	MKC		DN take part	
	Yang Wen Fei	PLKLFC		DN take part	
	Chan Man Nok	PLKLFC		DN take part	
	Lau Yung Wai	KTGS		DN take part	
	Wong Wing Fat	NAMS		No Mark	
	Mak Kwan Ho	TYH		DN take part	
	Huang Hung Chun	SLCSS		DN take part	
	Lam Sam	SLCSS		DN take part	
	Tam Ngai Yin	PKSS		No Mark	
	Tong Yik Chun	WWS		No Mark	
	Tsang Chun Yu	WWS		DN take part	

Event 19 Discus Boys B

Standard: 22.00 (1kg) Record: 54.18 (2015) (1kg)

Position	Name	School	Result	Remark	Points
1	O Hon Ki	TYH	38.62	Standard	9
2	Wong Long Lau	WWS	37.49	Standard	7
3	Law Yu Hang	WWS	31.94	Standard	6

4	She Wai Ho	LWFSS	28.76	Standard	5
5	Wong Chit Yeung	BHSS	28.37	Standard	4
6	Na Meng	LWFSS	26.38	Standard	3
7	Leung Tsz Kin	CSS	25.00	Standard	2
8	Wong Yi Ho	KTGS	24.72	Standard	1
	Ng Cheuk Hang	CDGFSS	23.92	Standard	
	Sze Wang Sing	SLS	23.35	Standard	
	Tsang Hing Chuen	SKHLFH	22.96	Standard	
	Tsui Tsz Fung	SLCSS	22.61	Standard	
	Tsun Wai Kit	HLC	22.55	Standard	
	Leung Chin Shing	CCSS	22.37	Standard	
	Shi Chi Chun	NAMS	21.96		
	Tong Wai Chun	BHSS	21.78		
	Chung Tsz Kit	NAMS	21.01		
	Mak Tsun Yin	TYH	20.89		
	Ching Kam Ming	CCSS	20.53		
	Chi Chun Ho	K-LING	19.68		
	Didonato Ashton David	NAIS	18.76		
	Chan Tsz Hin	SLS	18.51		
	Luk Chi Yau	MKC	17.63		
	Chu Kwun Hei	CDGFSS	17.38		
	Chung Chun Sing	HLC	17.16		
	Lai Hau Leung	SKHLFH	16.47		
	Chan Wai Chung	CSS	16.41		
	Fu Kam Pang	SSCC	15.52		
	Zhou Jiayi	ASMS	15.15		
	Chan Hon Tsung	PLKLFC	12.77		
	Yip Tsun Ho	PTSS	12.46		
	Wong Sau Hei	PLKLFC		No Mark	
	Sum Tin Yeung Andrew	SSCC		No Mark	
	Wong Sze Yuen	SLCSS		No Mark	
	Wong Tsz Yuet	HGSS		DN take part	
	Ng Tik Long	K-LING		DN take part	

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Event 20 100m Girls C

Standard: 15.50

Record: 12.48 (2010)

Heat 1

SF Lane

1	Chan Wing On	HGSS	14.73	Standard	2	3
2	Yue Cheuk Laam	TOSS	15.02	Standard	1	4
3	Russell Hannah Rebecca	NAIS	15.42	Standard	1	6
4	Cheung Tan	BHSS	15.79			
5	Huang Yuen Chi	NAMS	15.86			
6	Labro Alana Martinne	SSCC	16.16			
7	Pineda Chelsea Dela Cruz	DMS-BW	17.20			
8	Hung Sze Wing	FHMSS		DN start		

Heat 2

SF Lane

1	Pang Wing Hin	TYH	15.59		2	7
2	Leong Wing Yan	PTSS	15.71		3	1
3	Wong Chin Nga	SSCC	16.03			
4	Wong Hin Hang	SLCSS	16.09			
5	Wong Ki Yi	SKHLFH	16.84			
6	Lee Wing Ki	CCSS	16.94			
7	Benozza Christine Joy J.	KWSC	16.96			
8	Wong Ka Yee	LS		DN start		

Heat 3

SF Lane

1	Tang Ching Mei	CCSS	15.70		2	1
2	Gabriellatiffany Monsod	KWSC	15.86			
3	Wong Tsz Yan Katrina P.	SKHLFH	15.94			
4	Lam Ashley Gwyneth	PTSS	15.97			
5	Chung Wing Nga	SLCSS	16.54			
6	Zhong Hiu Wa	TYH	17.49			
7	Hung Lok Yiu	LS		DN start		
8	Kwok Lai Ming	LKPFC		DN start		

Heat 4

SF Lane

1	Wong Wai Ching	WWS	13.87	Standard	1	2
2	Au Cheuk Ting	HTC	15.22	Standard	3	4

3	Wong Yuki	OLC	15.57		3	7
4	Poon Hau Man	PKSS	15.59		1	7
5	Chan Ching Lam	MKC	16.21			
6	Chan Ka Wai	LKPFC	16.32			
7	Hui Lok Yee	PLKLFC		DN start		
Heat 5					SF	Lane
1	Ng Yin Hei	OLC	15.24	Standard	3	5
2	Leung Helen	HTC	15.33	Standard	2	5
3	Tse Lea	WWS	15.37	Standard	1	5
4	Lee Yuen Ching	NP2C	16.26			
5	Lau Wan Ki Joycelyn	MKC	16.43			
6	Chan Yau Lam	PLKLFC		DN start		
7	Ye Wai Lam	PKSS		DN start		
Heat 6					SF	Lane
1	Mak Wing Yan	NP2C	14.41	Standard	3	2
2	Lee Lok Yee Noriko	CSS	15.18	Standard	2	4
3	Au Yee Shan Susanna	LHYMSS	15.54		2	6
4	Choi Hiu Yee Nicole	K-LING	15.71		3	8
5	Wong Nga Ying	LWFSS	16.44			
6	Lee Hiu Wa	CDGFSS	17.33			
7	Lee Bickey	HLC	17.65			
Heat 7					SF	Lane
1	Cheng Yuen Ki	CSS	14.17	Standard	2	2
2	Wan Ka Yan	CDGFSS	14.99	Standard	1	3
3	Kwok Yuen Ying	LWFSS	15.73		2	8
4	Li Tsz Mei	HLC	15.87			
5	Ho Mei Suet	LHYMSS	17.48			
6	Ho Yan Mei	K-LING		DN start		
7	Chen Lok Yi	KTGS		DN start		
Heat 8					SF	Lane
1	Wong Wing Yu	TOSS	14.71	Standard	3	3
2	Shek Tsz Yin	HGSS	15.54		3	6
3	Li Hiu Ying	BHSS	15.60		1	1
4	Bongardt Sophie Johanna	SNAIS	15.74		1	8
5	Yeung Tsz Ching	NAMS	16.52			
6	Arceo Sophia Yzabelle B.	DMS-BW	17.22			
7	Ng Cheuk Ling	FHMSS		DN start		

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Event 21 100m Boys C

Standard: 14.10

Record: 11.21 (2009)

Heat 1					SF	Lane
1	Sun Wai Yuk	SLCSS	13.30	Standard	3	2
2	Chu Lok Yin	CCK	13.78	Standard	2	7
3	Kwong Wang Hei	PLKNO.1C	13.81	Standard	1	7
4	Lin Yik Gwing	CSS	14.42			
5	Lam Wai Kiu	PTSS	14.53			
6	Ng Sai Wong	NAMS	14.66			
7	Lui Ching	PLKCKY	15.88			
8	Ho Siu Cheung	KWSC		DN start		
Heat 2					SF	Lane
1	Pang Man Yin	PLKCKY	13.53	Standard	2	4
2	Wong Hoi Kit	HLC	13.65	Standard	1	6
3	Chan Ho Fung	KTGS	13.89	Standard	2	8
4	Ho Lai Lok	PTSS	13.96	Standard		
5	Yau Chun Sum	KHSS	14.16			
6	Kwok Hei Yeung	SKHLFH	14.32			
7	Hui Kai Ming	PLKNO.1C	14.74			
8	Wong Chun Hin	CCK		DN start		
Heat 3					SF	Lane
1	Chan Cheuk Hin	PLKLFC	12.82	Standard	1	2
2	Chow Ka Shing	HLC	13.71	Standard	3	6
3	Li Jiabao	SKHLFH	13.76	Standard	3	7
4	Deng Man Him	KTGS	13.89	Standard	3	8
5	Lo Chun Hin	LSTYKH	13.90	Standard	1	8
6	Chong Chung Tim	PKSS	13.91	Standard		
7	Liu Tsz Hei	CCSS	14.24			

8	Chen Wai Hang	LS		DN start		
Heat 4						
1	Chong Yim	PKSS	13.49	Standard	SF 1	Lane 3
2	Tsang Pak Hei	CCSS	13.84	Standard	2	1
3	Chu Darren	PLKLCF	13.91	Standard		
4	Huang Hing Hiu	LS	14.12			
5	Chow Yin Hin	LSTYKH	14.13			
6	Liu Shun Yin	K-LING	14.13			
7	Cheng King Chi	SLS	14.29			
8	Wong Siu Ho	HGSS	14.96			

Heat 5						
1	Chan Chak Sum	SLS	13.31	Standard	SF 3	Lane 3
2	Wu Junkai	MKC	13.44	Standard	2	3
3	Ko Tsz Yuen	CDGFSS	13.55	Standard	3	5
4	Feng Man Hei	HGSS	13.85	Standard	3	1
5	Shi Wai Ming	K-LING	14.19			
6	Au Ho Lam	TYH	14.52			
7	Lalos Cavanagh Luca	NAIS	15.89			
8	Pak Pak Hei	WWS		DN start		

Heat 6						
1	Lee Yu Ching	MKC	13.55	Standard	SF 3	Lane 4
2	Wan Chi Hang	TYH	13.58	Standard	2	5
3	Fung Wai Hung	CDGFSS	13.70	Standard	2	6
4	Chan Wai Shing	SSCC	13.82	Standard	1	1
5	Chung Wai Keung	LWFSS	14.05	Standard		
6	Chan King Ka	WWS	14.07	Standard		
7	Choi Sze Hian	NAIS	15.62			
8	Wong Chun Hei	FHMSS		DN start		

Heat 7						
1	Tse Ting Hin	LWFSS	13.05	Standard	SF 2	Lane 2
2	Lam Man Long	SLCSS	13.51	Standard	1	4
3	Leung Hoi Hang Hugo	LKPFC	13.59	Standard	1	5
4	Wong Tsz Wai	KWSC	14.52			
5	Chan Hoi Fung	SSCC	14.96			
6	Lam Ting Hei	FHMSS	16.77			
7	Sze Kai Tak	CSS		DN start		

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Event 22 100m Girls B
Standard: 15.30

Record: 11.89 (2016)

Heat 1						
1	Choi Ho Ying	PKSS	14.49	Standard	SF 1	Lane 3
2	Yau Chun Ying	SLCSS	15.10	Standard	3	6
3	Zhao Siyi	LWFSS	15.42		1	1
4	Ho Shing Yuet	K-LING	15.55		2	1
5	Fung Ka Mei	CSS	15.55		3	1
6	Ching Wing Sze	PTSS	15.64		3	8
7	Lam Kwan Yee	FHMSS	19.73			
8	Deng Ka Man	CDGFSS		DQ		

Heat 2						
1	Lo Hiu Lam	WWS	14.67	Standard	SF 3	Lane 5
2	Wong Yik Hang	K-LING	15.12	Standard	3	7
3	Hoang My Nhi	ASMS	15.68		2	8
4	Fan Hei Ching	TYH	15.92			
5	Chan Po Man	CDGFSS	15.93			
6	Au Tze Wing	SKHLFH	16.32			
7	Yeung Ching Man	FHMSS	16.36			
8	Kwok Ka Ki	PKSS		DN start		

Heat 3						
1	Chung Kei Yi	WWS	14.28	Standard	SF 2	Lane 2
2	Cheng Nok Si	HTC	14.63	Standard	3	4
3	Ng Ming Yan	SKHLFH	15.01	Standard	1	6
4	Lam Ka Yan	BHSS	15.05	Standard	2	6
5	Li Sze Wing	TYH	15.71			
6	Mak Yau Ling	MKC	15.72			
7	Lor Yuet Kiu	ASMS	15.84			
8	Escueta Toni Gabrielle J.	DMS-BW	19.13			

Heat					SF	Lane
4	1	Yu Shu Wing	BHSS	14.33	Standard	3 2
	2	Fung Yuen Ching	HTC	14.38	Standard	2 3
	3	Jong Tsing	TOSS	14.72	Standard	2 5
	4	Tong Yuk Ting	MKC	15.31		2 7
	5	Rai Neha	DMS-BW	15.92		
	6	Au Yeung Wai Man	HGSS	15.97		
	7	Cheung Fai Yuet	NP2C	16.49		
	8	Chan Lok Yiu	SSCC	19.30		

Heat					SF	Lane
5	1	Chau Tsz Yu	HGSS	14.16	Standard	1 2
	2	Chow Hoi Tung	NP2C	14.57	Standard	1 4
	3	Pan Hang Ching	TOSS	14.60	Standard	2 4
	4	Tsang Wai Kiu	HLC	15.94		
	5	Leung Hoi Man	CCK	16.03		
	6	Poon Pak Ching	LS	16.10		
	7	Jolissa Alcantara	SSCC	16.22		
	8	Tsui Hei Yi	OLC	22.36		

Heat					SF	Lane
6	1	Chan Hoi Ching	CCK	14.33	Standard	3 3
	2	Zhu Ling Ying	NAMS	14.72	Standard	1 5
	3	Ying Wan Ching	PTSS	15.35		1 7
	4	Ho Ming Tung	SLCSS	15.70		1 8
	5	Lau Tsz Yu	LHYMSS	16.97		
	6	Lui Choi Mei	HLC		DN start	
	7	Lee Wing Tung	LS		DN start	

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Event 23 100m Boys B

Standard: 13.30

Record: 11.02 (2017)

Heat					SF	Lane
1	1	Chu Ching Lok	LS	12.60	Standard	2 3
	2	Luo Tsun Wa	ASMS	12.69	Standard	2 4
	3	Kwong King Nam	CSS	12.84	Standard	1 5
	4	Chu Ho Yin	PTSS	13.05	Standard	1 1
	5	Xian Ho Pan	BHSS	13.42		
	6	Chan Sai Yuet	SSCC	13.80		
	7	Wan Tsz Ho	CDGFSS	13.82		
	8	Kam Man Hau	KWSC		DN start	

Heat					SF	Lane
2	1	Wong Yu Chun	KHSS	12.63	Standard	1 4
	2	Chen Tianxi	ASMS	12.98	Standard	2 7
	3	Lam Man Chun	CCSS	13.07	Standard	2 1
	4	Ho Tsz Hei	HGSS	13.36		
	5	Pat Yin	CDGFSS	13.61		
	6	Yip Hiu Fung	CCK	13.68		
	7	Wong Tsz Hin	LKPFC	14.20		
	8	Chow Chun Yu	PTSS	14.49		

Heat					SF	Lane
3	1	Hung Chi Hin	CCSS	13.08	Standard	3 1
	2	Lee Wai Ki Ricky	STCS	13.22	Standard	2 8
	3	Lam Wai Chuen	NAMS	13.22	Standard	1 8
	4	Tong Hang Yin	HGSS	13.25	Standard	
	5	Lo Wai Lap William	K-LING	13.96		
	6	Sum Cheuk Yin	SKHLFH	14.34		
	7	Ng Hong Yiu	SLCSS		DN start	
	8	Kwok Bo Yee	MKC		DN start	

Heat					SF	Lane
4	1	Wong Chi Ho	SKHLFH	12.40	Standard	1 2
	2	Wong Haihui	PKSS	12.76	Standard	3 5
	3	Chan Yat Kiu	SLCSS	12.79	Standard	2 5
	4	Yau Ho Tung	HLC	12.87	Standard	1 6
	5	Luo Sum Pok	LSTYKH	12.87	Standard	3 6
	6	Fok King Chun	K-LING	13.57		
	7	Ho Pak Hin	STCS	15.13		
	8	Cheng Ho Chung	SLS		DN start	

Heat					SF	Lane
5						

1	Chan Kin Leung	LSTYKH	12.43	Standard	2	2
2	Ku Lok Man	HLC	12.71	Standard	3	4
3	Yiu Chun Yin	TYH	13.31			
4	Tam Kai Kong	SLS	13.47			
5	Mencarini Riccardo	NAIS	14.06			
6	Wong Tian Jun Esmond	PLKCKY	14.99			
7	Chan Chi Hin	FHMSS	15.16			

Heat 6 SF Lane

1	Hung Kin Wang	PLKCKY	12.45	Standard	3	2
2	Ngai Man Hei	TYH	12.87	Standard	2	6
3	Chan Ching Yeung	WWS	12.88	Standard	3	7
4	Cheng Tsz Wun	NAIS	13.00	Standard	1	7
5	Lee Kwong Wing	LWFSS	13.59			
6	Wu Ka Chi	CYCS	14.13			
7	Li King Leong	FHMSS	14.98			

Heat 7 SF Lane

1	Cheung Chun Lap	BHSS	12.59	Standard	3	3
2	Lau Pui Tsun	WWS	12.60	Standard	1	3
3	Li Jiahao	LS	13.21	Standard	3	8
4	Wan Kai Fai	SSCC	13.26	Standard		
5	Chan Kam San	CSS	13.26	Standard		
6	Ngan Chun Fung	LWFSS	13.65			
7	Long Chi Lun	KWSC		DN start		

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Event 24 100m Girls A

Standard: 15.70

Record: 11.85 (2017)

Heat 1 SF Lane

1	Poon Wing Nga	PKSS	14.60	Standard	1	5
2	Lou Sze Man	WWS	14.94	Standard	1	1
3	Tse Nga Chi	KHSS	15.07	Standard	1	8
4	Zhang Yongxin	BHSS	15.47	Standard		
5	Cheung Ka Ki	HLC	15.84			
6	Wong Chi Yu Jasmine	SSCC	16.10			
7	Delena Shekinah Grace C.	LS	16.22			
8	Chan Tsz Ying	SLCSS		DN start		

Heat 2 SF Lane

1	Chui Tsz Kei	NP2C	13.98	Standard	2	2
2	Zhang Shanshan	SSCC	14.99	Standard	2	1
3	Fathima-Fizzah	DMS-BW	15.15	Standard		
4	Hu Ziyang	HGSS	16.63			
5	Ma Hiu Yi	WWS	17.19			
6	Tsang Ling Yi	HKSC		DN start		
7	Sin Wai Sum	CDGFSS		DN start		
8	Cheng Sheung Yuet	SLCSS		DN start		

Heat 3 SF Lane

1	Choi Hei Ling	TYH	14.02	Standard	2	3
2	Wong Siu Lai	HGSS	14.11	Standard	1	3
3	Lee Hoi Ching Cherrie	LSTYKH	14.52	Standard	2	5
4	Cheng Wing Yan	CDGFSS	15.15	Standard		
5	Yip Tsz Ting	SKHLFH	15.68	Standard		
6	Su Jiahui	CCSS	16.64			
7	Ng Ching Yau	HKSC		DN start		
8	David Liezel Gaspar	DMS-BW		DN start		

Heat 4 SF Lane

1	Mak Shuk Lam	TYH	14.12	Standard	1	4
2	Leung Sum Yuet	SKHLFH	14.50	Standard	2	4
3	Chan Chi Ling	TOSS	15.21	Standard		
4	Ho Pak Yee	LHYMSS	15.33	Standard		
5	Chan Sin Ying	HTC	15.40	Standard		
6	Wong Nga Wai	CCK	15.69	Standard		
7	Ng Wing Sum	FHMSS	17.64			

Heat 5 SF Lane

1	Lam Hau Ying	HTC	14.63	Standard	1	6
2	Wong Hiu Yin	KTGS	15.01	Standard	2	8
3	Wong Hoi Yin	TOSS	15.29	Standard		
4	Cheung Chui chi	ASMS	15.35	Standard		

5	Huang Ka Man	CCK	15.56	Standard		
6	Chou Wing Kan	FHMSS	18.16			
7	Wong Sin Yin	PLKLFC		DN start		
Heat 6					SF	Lane
1	Leung Kwan Yi	CHC	12.44	Standard	1	2
2	Lai Cheuk Yi	PTSS	14.85	Standard	2	6
3	Lam Hei Nam Christy	K-LING	14.91	Standard	2	7
4	Su Shihui	ASMS	14.94	Standard	1	7
5	Tsang Wai Laam	HLC	16.13			
6	Fung Po Yin	LS	16.57			
7	Li Yuen Kiu	PLKLFC		DN start		

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Event 25 100m Boys A

Standard: 12.80

Record: 10.60 (2018)

Heat 1					SF	Lane
1	Chan Kui Tung Jason	SSCC	12.03	Standard	2	3
2	Chim Chun Kit	LWFSS	12.83		1	8
3	Lo Kiu Hong	SKHLFH	12.85			
4	Chan Ngan Fung	PLKNO.1C	12.90			
5	Tong Yik Chun	WWS	13.37			
6	Chung Yuk Sum	KWSC		DN start		
7	Ip Shing Hin	FHMSS		DN start		
Heat 2					SF	Lane
1	Ng Wai Kin	KTGS	12.05	Standard	1	3
2	Chan Pak Chung Sam	PLKLFC	12.07	Standard	1	4
3	Chan Man Kit	ASMS	12.29	Standard	2	6
4	Choy Wing Yin	FHMSS	13.89			
5	Yip Ching Hong	SLS	13.90			
6	Wong Kit	KLC		DN start		
7	Hung Hoi Git	WWS		DN start		
Heat 3					SF	Lane
1	Choy Tsz Kit Oscar	PLKLFC	11.90	Standard	3	2
2	Au Yeung Hiu Laam	ASMS	12.22	Standard	2	5
3	Kwan Chak Tin	LS	12.86			
4	Lee Ki Yung Alvis	K-LING	13.13			
5	Law Sai Yeung	SLS	14.10			
6	Tsui Ka Lok	KLC		DN start		
7	Leung Tsun Wai	CCSS		DN start		
Heat 4					SF	Lane
1	Ip Chung Hong	CSS	12.02	Standard	3	3
2	Wong Tsz Ho	K-LING	12.12	Standard	2	4
3	Luk Chak Man	SLCSS	12.61	Standard	1	1
4	Lau Yat Hei	CCSS	12.65	Standard	3	8
5	Ng Hon Chung	KHSS	13.02			
6	Zeng Wei	STCS	13.22			
7	Wong Sung Yam	PLKCKY	13.24			
Heat 5					SF	Lane
1	Lo Chi Hung	CSS	11.34	Standard	1	2
2	Tsang Chi Wa	KHSS	12.23	Standard	1	5
3	Chui Fung Lok	PTSS	12.60	Standard	1	7
4	Leung Tsz Chun	SLCSS	12.62	Standard	2	1
5	Leung Wang Chit Edison	PLKCKY	13.47			
6	Lam Tsz Nok	CYCS	14.93			
7	Yang Jingrui	BHSS		DN start		
Heat 6					SF	Lane
1	Leung Pak Chi Elvis	TYH	12.21	Standard	3	5
2	Tse Fai Yiu	CDGFSS	12.44	Standard	3	6
3	Chan Shing Wing	NAMS	12.48	Standard	3	7
4	Feng Zuowei	MKC	12.59	Standard	2	7
5	Chan Yong Tian	PTSS	12.62	Standard	3	1
6	Lam Po To	CYCS	14.71			
7	Tong Ka Yung	BHSS		DN start		
Heat 7					SF	Lane
1	Cheuk Kwan Yu	HGSS	11.76	Standard	2	2
2	Lam Tsz Fung	TYH	12.12	Standard	3	4
3	Leung Chun Sing	SKHLFH	12.24	Standard	1	6

4	Wong Sze Han	KWSC	12.66	Standard	2	8
5	Lam Tsz Hin	CDGFSS	13.03			
6	Tai Yiu Hin	S SCC	13.75			
7	Wong Kai Him	LWFSS	14.01			

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Event 26 Javelin Boys A

Standard: 23.00 (700gm)

Record: 62.06

(2017) (700gm)

Position	Name	School	Result	Remark	Points
1	Yip Tak Hei	WWS	43.30	Standard	9
2	Ha Chun Kit	CHC	42.33	Standard	7
3	Lee Wui Man	K-LING	37.50	Standard	6
4	Ho Ka Chun	TYH	37.40	Standard	5
5	Hung Hoi Git	WWS	36.06	Standard	4
6	Lam Chi Hong	TYH	35.63	Standard	3
7	Li Ka Hei	PTSS	32.18	Standard	2
8	Cheung Yat Hong	KLC	29.15	Standard	1
	Kong Ho Chun	CCSS	27.00	Standard	
	Wan Chun Man	CSS	26.77	Standard	
	Wong Sung Yam	PLKCKY	26.33	Standard	
	Wu Wai Kuen	LWFSS	25.95	Standard	
	Chan Ming Yam	ASMS	25.01	Standard	
	Chan Wing Nok	KWSC	24.83	Standard	
	Yeung Ming Tak	SLS	24.78	Standard	
	Chan Tsz Ho	PTSS	23.70	Standard	
	Fung Ho Yeung	NAMS	23.36	Standard	
	Pang Tsz Chun	BHSS	21.99		
	Choy Piu Lee	HLC	21.91		
	Tse Ngai Chun	CDGFSS	21.78		
	Lam Tsz Nok	CYCS	17.40		
	Cheong Chi Ho	LWFSS	17.32		
	Kwok Yu Hong	HLC	16.85		
	Chung Chuck Bun	ASMS	16.63		
	Wu Lok Tin	SLS	14.46		
	Cho Shing Yin	K-LING	14.27		
	Lai Chun Hei	MKC	10.58		
	Li Kui Hang David	LSTYKH		DN take part	
	Shek Man Chun	SKHLFH		DN take part	
	Chan Tsz Hin	SKHLFH		No Mark	
	Wong Tsz Chai	PLKLFC		No Mark	
	Leung Wang Chit Edison	PLKCKY		DN take part	
	Yiu Ching Leung	HKSC		No Mark	
	Wong Yat Fai	CSS		DN take part	
	Chan Man Nok	PLKLFC		DN take part	
	Chan Yiu Lun	KWSC		DN take part	
	Yeung Hok Kan	CCSS		DN take part	
	Lui Ning Chun Timmous	CDGFSS		No Mark	
	Liang Guojing	NAMS		DN take part	

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Event 27 Shot Put Boys B

Standard: 9.10 (4kg)

Record: 16.33

(2013) (4kg)

Position	Name	School	Result	Remark	Points
1	O Hon Ki	TYH	12.28	Standard	9
2	Wong Chit Yeung	BHSS	10.91	Standard	7
3	Wong Yu Chun	KHSS	10.57	Standard	6
4	Lau Chi Him	PKSS	10.45	Standard	5
5	Ng Chak Pan	CCSS	10.38	Standard	4
6	Cheung Yan Chun	WWS	10.17	Standard	3
7	Tsun Wai Kit	HLC	10.16	Standard	2
8	Chan Tak Chi	LSTYKH	10.12	Standard	1
	Li Ngai Chun	HLC	9.73	Standard	
	Luk Chi Yau	MKC	9.58	Standard	
	Tam Yu Chiu	CCK	9.20	Standard	
	Tong Wai Chun	BHSS	9.08		
	Yeung Sheung Ching	CSS	9.06		
	Yip Tsun Ho	PTSS	9.00		

Tong Hang Yin	HGSS	8.95	
Chan Wing Nin	STCS	8.93	
Leung Pak Yin	LWFSS	8.89	
Hung Man Lok	K-LING	8.80	
Yip Cheuk Wang	CCK	8.73	
Sun Xiao Yang	NAMS	8.67	
Chi Chun Ho	K-LING	8.66	
Tsang Hing Chuen	SKHLFH	8.62	
Wong Chin Ching	SLCSS	8.53	
Yeung Chi Wai	PLKNO.1C	8.46	
Yiu Shu San	LS	8.28	
Wong Sze Yuen	SLCSS	8.07	
Pun Choi Ching	WWS	8.03	
Lam Tsz Ho	PTSS	7.99	
Ng Cheuk Hang	CDGFSS	7.97	
Li Joshua	TYH	7.96	
Leung Shun Yiu	CSS	7.85	
Fu Kam Pang	SSCC	7.74	
Su Jiaqi	HA	7.73	
Yeung Chun Yu	LWFSS	7.71	
Didonato Ashton David	NAIS	7.65	
Tang Man Fung	CCSS	7.44	
Li Ken	LSTYKH	7.38	
Lo Kin Cheung	SLS	7.35	
Wong Sau Hei	PLKLFC	7.21	
Lai Hau Leung	SKHLFH	6.85	
Chan Hon Tsung	PLKLFC	6.84	
Li Pak Ki	SSCC	6.73	
Gurung Byron	KWSC		DN take part
Cheung Ka Hang	CDGFSS		DN take part

Event 28 Long Jump Girls A
Standard: 3.60 Record: 5.63 (2015)

Position	Name	School	Result	Remark	Points
1	Hui Ching Divine	K-LING	4.51	Standard	9
2	Leung Chun Ying	NAMS	4.32	Standard	7
3	Poon Wing Nga	PKSS	4.28	Standard	6
4	Su Shihui	ASMS	4.27	Standard	5
5	Pang Tsz Hei	HKSC	4.22	Standard	4
6	Lou Sze Man	WWS	4.19	Standard	3
7	Tse Nga Chi	KHSS	4.19	Standard	2
8	Chan Po Yee Tiffany	CCK	4.18	Standard	1
	Szeto Yan Kiu	HTC	3.99	Standard	
	Siaw Zi Wei Jessica	PLKNO.1C	3.99	Standard	
	Chan Yuk Ki	CHC	3.86	Standard	
	Chen Banban	NAMS	3.76	Standard	
	Cheung Hing Man	PLKLFC	3.70	Standard	
	Lee Hoi Ching Cherrie	LSTYKH	3.64	Standard	
	Wang Mingyi	SKHLFH	3.47		
	Chung Tsz Yi	HKSC	3.47		
	Su Jiahui	CCSS	3.44		
	Luk Wing Ki	OLC	3.31		
	Lam Pui Yan	PTSS	3.29		
	Lau Sze Wing Rachel	OLC	3.23		
	Tse Kwan Yi	WWS	3.22		
	Cheung Ka Ki	HLC	3.16		
	Chu Sin Wai	LS	3.13		
	Ng Yin Ling	PKSS	3.11		
	Wong Yi Ki	K-LING	3.04		
	Cheung Man Ling	TYH	2.95		
	Lam Ching	LS	2.94		
	Juan Yun Chiao	PLKLFC	2.94		
	Ho Tsz Ling Queenie	SKHLFH	2.66		
	Law Wai Ka Kelly	TOSS	2.66		
	Liu Lok Yiu	TYH	2.65		
	Wong Chi Yu Jasmine	SSCC	2.47		

Hafsah-Bibi	DMS-BW	2.42	
Hu Qiyan	SSCC	2.26	
Sin Wai Sum	CDGFSS		DN take part
Wai Hiu Man	FHMSS		DN take part
Lee Ka Wai	TOSS		DN take part
Chan Tsz Ying	SLCSS		DN take part
Chen Kit Kit	HTC		No Mark
Wong Lok Yi	SLCSS		DN take part

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Event 29 High Jump Boys C

Standard: 1.25 Record: 1.86 (2013)

Position	Name	School	Result	Remark	Points
1	Chong Yim	PKSS	1.50	Standard	9
2	Ip Chun	PTSS	1.45	Standard	7
3	San Yu Cheung	CDGFSS	1.38	Standard	6
4	Chow Ching Yat	CHC	1.35	Standard	5
5	Kong Man Kit	KHSS	1.35	Standard	4
6	Chan Wai On	TYH	1.30	Standard	3
7	Poon Wai Kit	CCSS	1.30	Standard	1
7	So Lion	HLC	1.30	Standard	1
7	Yuen Lok Hei	PLKLFC	1.30	Standard	1
	Chen Haoyang	CSS	1.29	Standard	
	Liu Ka Lok	HLC	1.29	Standard	
	Lau Pong Lok	CCSS	1.25	Standard	
	Chan Tin Chi	K-LING	1.25	Standard	
	Chu Darren	PLKLFC	1.25	Standard	
	Kwong Wang Hei	PLKNO.1C	1.25	Standard	
	Chu Lok Yin	CCK	1.25	Standard	
	Lo Kin Cho	CSS	1.25	Standard	
	Wong Ares	SLCSS	1.20		
	Yiu Chun Wai	SLCSS		DN take part	
	So Ka Lai	TYH		No Mark	
	Tsoi Man Nok	CDGFSS		DN take part	
	Tai Wang Yin	WWS		DN take part	
	Tse Wang Ho Romeo	LWFSS		No Mark	
	Chau Hoi Shun	MKC		No Mark	
	Chung Yao Cheng	MKC		No Mark	
	Lee Yui Hang	PTSS		No Mark	
	Ng Cheuk Fung	SKHLFH		No Mark	
	Yu Chun Hei	CCK		DN take part	
	Wong Siu Ho	HGSS		No Mark	
	Lin Yuen Mau	HGSS		DN take part	
	Wu Ka Long	WWS		No Mark	
	Chan Chin Ho	SKHLFH		No Mark	

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Event 30 200m Girls C

Standard: 34.00 Record: 25.85 (2012)

Heat					SF	Lane
1	Tam Hiu Ching	PTSS	30.62	Standard	2	3
2	Wai Sau Lam Annette	TOSS	32.74	Standard	3	6
3	Choi Ching Yee	HGSS	34.40			
4	Chan Zhi Chi	TYH	34.99			
5	Lee Wing Ki	CCSS	35.82			
6	Pineda Chelsea Dela Cruz	DMS-BW	36.56			
7	Ng Tsz Yan	SSCC	38.34			
8	Kwok Suet Yi	SLCSS		DN start		
Heat 2					SF	Lane
1	Ng Pui On	TOSS	32.63	Standard	1	5
2	Tang Ching Mei	CCSS	33.26	Standard	3	1
3	Wong Chin Nga	SSCC	33.92	Standard		
4	Lau Hiu Tung	PTSS	34.27			
5	Wong Tsz Ning	TYH	34.72			
6	Seyed Ahamed Saleena	DMS-BW	35.55			
7	Hernandez Trexie Guingab	KWSC		DN start		
8	Chung Wing Nga	SLCSS		DN start		

Heat 3				SF	Lane
1	Au Cheuk Ting	HTC	31.60	Standard	1 3
2	Poon Hau Man	PKSS	33.08	Standard	2 1
3	Hung Lok Yiu	LS	34.79		
4	Wong Ka Kei Hanah Mae	SKHLFH	35.61		
5	Kwok Sze Lok	OLC	35.86		
6	Chan Sau Ting	LKPFC	39.28		
7	Gatto Erica Karla	KWSC		DN start	

Heat 4				SF	Lane
1	Ho Kwan Yi	CCK	31.81	Standard	1 4
2	Cheung Sum Yu	SKHLFH	31.99	Standard	2 4
3	Lam Wing Tung	LS	32.16	Standard	3 4
4	Wong Wing Lam	PKSS	32.64	Standard	1 6
5	Lau Ka Ying	HTC	32.87	Standard	2 7
6	Chan Ho Ching	OLC	34.19		
7	Chan Ka Wai	LKPFC		DN start	

Heat 5				SF	Lane
1	Wong Wai Ching	WWS	30.23	Standard	2 2
2	Tam Ching Si Jessie	PLKLFC	32.97	Standard	1 7
3	So Hau Yee	NP2C	34.33		
4	Lee Shan Min	K-LING	34.41		
5	Chan Kwan Yee	LWFSS	34.67		
6	Chen Ue Hei	MKC	36.02		
7	Chan Tsz Yan	HLC	41.21		

Heat 6				SF	Lane
1	Tse Lea	WWS	32.30	Standard	2 5
2	Chan Hei Tung	NP2C	33.02	Standard	1 1
3	Lo Man Hei Judith	MKC	33.36	Standard	3 8
4	Ho Yan Mei	K-LING	33.44	Standard	1 8
5	Cai Chik Yu	PLKLFC	35.51		
6	Wong Nga Ying	LWFSS	35.94		
7	Mok Sui Wai	HLC	37.12		

Heat 7				SF	Lane
1	Ke Ching Man	CSS	30.24	Standard	3 2
2	Lin Wai Yee	CDGFSS	30.30	Standard	3 3
3	Au Yee Shan Susanna	LHYMSS	32.70	Standard	2 6
4	Li Hiu Ying	BHSS	32.83	Standard	3 7
5	Lan Yuk Ting	FHMSS	53.58		
6	Chen Lok Yi	KTGS		DN start	
7	Aaten Lotte	NAIS		DN start	

Heat 8				SF	Lane
1	Cheng Yuen Ki	CSS	29.83	Standard	1 2
2	Chau Nim Chi	CDGFSS	32.25	Standard	3 5
3	Russell Hannah Rebecca	NAIS	33.42	Standard	2 8
4	Lau Tsz Tung	HGSS	34.41		
5	Cheung Tan	BHSS	35.06		
6	Ho Mei Suet	LHYMSS	37.07		
7	Hung Sze Wing	FHMSS		DN start	

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Event 31 200m Boys C

Standard: 29.60

Record: 22.59 (2008)

Heat 1				SF	Lane
1	Wu Junkai	MKC	27.71	Standard	3 3
2	Wan Chi Hang	TYH	27.98	Standard	2 3
3	Wong Sze Hoi	CDGFSS	28.48	Standard	2 5
4	Feng Man Hei	HGSS	28.62	Standard	1 6
5	So Hoi Yin	STCS	33.11		
6	Cho Yung Lap	SSCC	33.21		
7	Chung Wai Keung	LWFSS		DN start	

Heat 2				SF	Lane
1	Tse Ting Hin	LWFSS	27.59	Standard	3 2
2	Fung Yu Tai	CSS	29.54	Standard	3 8
3	Chong Chung Tim	PKSS	29.74		
4	Lai Yu Shing	SLCSS	30.29		
5	Luk Wing	PTSS	30.88		
6	Wong Chun Hei	FHMSS		DN start	

7	Ho Siu Cheung	KWSC		DN start		
Heat 3						
1	Sun Wai Yuk	SLCSS	28.18	Standard	SF 1	Lane 4
2	Zeng Sun Hei	PTSS	29.77			
3	Nadeem Saad	PLKCKY	30.33			
4	Wu Yeung Ho Tony	CSS	30.40			
5	Chan Wing Ho	KHSS	30.46			
6	Lam Mau Chung Andrew	NAIS	32.31			
7	Lam Ting Hei	FHMSS	33.36			

Heat 4						
1	Chow Ho Fung	PLKCKY	28.04	Standard	SF 1	Lane 3
2	Liu Ka Lok	HLC	28.72	Standard	2	6
3	Leung Hoi Hang Hugo	LKPFC	28.97	Standard	3	6
4	Tsang Wai Ching	CCSS	29.36	Standard	2	1
5	Kwok Hei Yeung	SKHLFH	29.70		1	8
6	Yau Chun Sum	KHSS	29.91			
7	Yiu Pak Lam	CCK		DN start		

Heat 5						
1	Chan Cheuk Hin	PLKLFC	26.51	Standard	SF 1	Lane 2
2	Wong Hoi Kit	HLC	28.31	Standard	3	4
3	Li Jiabao	SKHLFH	28.57	Standard	1	5
4	Tsang Pak Hei	CCSS	29.00	Standard	3	7
5	Lo Chun Hin	LSTYKH	29.02	Standard	2	7
6	Ng Sai Wong	NAMS	29.95			
7	Lam Yui Long	LS	30.89			

Heat 6						
1	Chan Chak Fung	SLS	26.94	Standard	SF 2	Lane 2
2	Tam Chi Kin	LS	29.29	Standard	1	1
3	Chan Ho Fung	KTGS	29.68		2	8
4	Liang Man Pan	K-LING	30.95			
5	Law Lok Kwan Logan	PLKLFC	32.78			
6	Ng Ip Ki	WWS	34.48			
7	Cheung Kin Chung	LSTYKH		DN start		

Heat 7						
1	Ng Hon Lam	CDGFSS	28.29	Standard	SF 2	Lane 4
2	Lee Yu Ching	MKC	28.43	Standard	3	5
3	Deng Man Him	KTGS	29.17	Standard	1	7
4	Au Ho Lam	TYH	29.53	Standard	3	1
5	Liu Shun Yin	K-LING	29.83			
6	Ting Linus	SSCC	34.39			
7	Ng Pak Hei	WWS		DN start		

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Event 32 200m Girls B
Standard: 33.50

Record: 24.96 (2016)

Heat 1						
1	Ma Yau Wai	PTSS	31.41	Standard	SF 2	Lane 5
2	Yeung Wai Ling	OLC	31.50	Standard	1	5
3	Wong Yik Hang	K-LING	32.14	Standard	1	7
4	Jolissa Alcantara	SSCC	33.03	Standard	2	8
5	Yeung Ching Man	FHMSS	35.89			
6	Lau Sum Yuet	CDGFSS		DN start		
7	Ho Ming Tung	SLCSS		DN start		
8	Lam Tsz Ching	KTGS		DN start		

Heat 2						
1	Farha-Hasanara	DMS-BW	28.66	Standard	SF 1	Lane 2
2	Wong Nga Ting	PTSS	31.16	Standard	2	4
3	Yau Chun Ying	SLCSS	32.13	Standard	2	7
4	Lam Ka Yan	BHSS	32.27	Standard	1	1
5	Lau Tsz Yu	LHYMSS	36.56			
6	Mak Yau Ling	MKC		DN start		
7	Yu Wing Hang	KTGS		DN start		

Heat 3						
1	Chan Hoi Ching	CCK	30.14	Standard	SF 1	Lane 4
2	Lin Wing Yan	LHYMSS	33.25	Standard		
3	Chan Yuen Yee	BHSS	33.29	Standard		
4	Au Tze Wing	SKHLFH	36.66			

5	Wong Ling Hei	WWS		DN start		
6	Niu Yuhan	TYH		DN start		
7	Lee Wing Ki	MKC		DN start		
Heat 4					SF	Lane
1	Chan Ka Yiu	HLC	33.22	Standard	1	8
2	Hon Tsz Ki Tiffany	ASMS	33.48	Standard		
3	Chow Tsz Ching	WWS	33.77			
4	Ng Ho Yan	LS	33.91			
5	Wong Siu Ting	PKSS	33.95			
6	Fan Hei Ching	TYH	35.62			
7	Yuan Huiling	SKHLFH	37.92			
Heat 5					SF	Lane
1	Fung Yuen Ching	HTC	29.85	Standard	2	3
2	Jong Tsing	TOSS	31.51	Standard	1	6
3	Au Yeung Wai Man	HGSS	33.26	Standard		
4	Wong Yan	NP2C	34.45			
5	Ma Wai Yi	HLC	34.56			
6	Hoang My Nhi	ASMS	34.82			
7	Lee Wing Tung	LS		DN start		
Heat 6					SF	Lane
1	Kwong Pui Ting	HTC	29.28	Standard	2	2
2	Chau Tsz Yu	HGSS	30.08	Standard	1	3
3	Pang Han Ching	TOSS	31.52	Standard	2	6
4	Ho Shing Yuet	K-LING	32.85	Standard	2	1
5	Chan Wing Yu	CDGFSS	35.76			
6	Rodriguez Erika Louise D.	SSCC	40.05			
7	Lam Kwan Yee	FHMSS	43.17			

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Event 33 200m Boys B

Standard: 27.30

Record: 22.13 (2010)

Heat 1					SF	Lane
1	Fan Griffith	CCK	25.06	Standard	2	2
2	Luo Tsun Wa	ASMS	26.15	Standard	2	3
3	Mo Tik To	ACSS	26.81	Standard	2	6
4	Liang Guang Yuan	LSTYKH	27.32		3	8
5	Wong Yi Ho	KTGS	27.33		2	8
6	Chung Yat Long	PTSS	28.32			
7	Yip Shu Kai	HGSS		DN start		
8	Long Chi Lun	KWSC		DN start		
Heat 2					SF	Lane
1	Luo Sum Pok	LSTYKH	26.59	Standard	3	5
2	Lam Man Chun	CCSS	26.61	Standard	1	5
3	Woo Siu Leung	CHC	27.02	Standard	1	1
4	Mak Ho Yuen	K-LING	27.74			
5	Lee Wai Ki Ricky	STCS		DN start		
6	Chan Man Tik Envy	ASMS		DN start		
7	Kam Man Hau	KWSC		DN start		
8	Cheung Kam Wai	HGSS		DN start		
Heat 3					SF	Lane
1	Wu Zhongkai	CHC	26.49	Standard	1	4
2	Cheng Ka Chun	CSS	26.58	Standard	3	4
3	Au-Yeung Yu Hin	HLC	26.97	Standard	2	7
4	Lau Wing Chung	K-LING	26.99	Standard	1	7
5	Ho Chun Shing	LWFSS	27.09	Standard	2	1
6	Fan Hing	SLCSS	28.44			
7	Sum Cheuk Yin	SKHLFH	30.44			
8	Leung Ching Wang	FHMSS		DN start		
Heat 4					SF	Lane
1	Chan Long Yin	TYH	24.32	Standard	1	2
2	Tam Chi Wai	CSS	26.58	Standard	2	4
3	Ku Lok Man	HLC	26.95	Standard	3	6
4	Chan Yat Kiu	SLCSS	27.25	Standard	3	1
5	Lee Kwong Wing	LWFSS	29.63			
6	Lam Chun Yin	SKHLFH	30.53			
7	Li King Leong	FHMSS	30.53			
8	Kwok Bo Yee	MKC		DN start		

Heat					SF	Lane
5	1	Ngai Man Hei	TYH	26.60	Standard	2 5
	2	Tsang Hon Lap	PLKLFC	26.96	Standard	3 7
	3	Leung Pak Long	WWS	27.33		1 8
	4	Ng Yan	LKPFC	27.99		
	5	Tsang Kwan Ho	LS	28.34		
	6	Wan Tsz Ho	CDGFSS	28.63		
	7	Cheng Ho Chung	SLS		DN start	

Heat					SF	Lane
6	1	Tang Yu Kin	BHSS	25.81	Standard	3 2
	2	Suen Wai Ling	LKPFC	26.48	Standard	1 3
	3	Siu Yau Nam	LS	27.36		
	4	Pat Yin	CDGFSS	28.39		
	5	Chan Tsz Hin	SLS	29.53		
	6	Wong Andy Yi Cheng	SSCC	29.95		
	7	Liu Shing Hei	WWS		DN start	

Heat					SF	Lane
7	1	Cheung Chun Lap	BHSS	25.88	Standard	3 3
	2	Lee Cheuk Hin	PTSS	26.76	Standard	1 6
	3	Lo Kin Ming	CCK	28.97		
	4	Chan Sai Yeung	SSCC	29.24		
	5	Wu Ka Chi	CYCS	31.23		
	6	Lam Wai Chuen	NAMS		DN start	
	7	Wong Chun Hang	KTGS		DN start	

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Event 34 200m Girls A

Standard: 33.50

Record: 25.01 (2018)

Heat					SF	Lane
1	1	Lee Ching Yan	PKSS	30.92	Standard	2 5
	2	Kwan Yee Lam	HTC	32.33	Standard	1 1
	3	Cheung Chui Chi	ASMS	34.16		
	4	Ng Wing Sum	FHMSS	37.96		
	5	Lun Hiu Wan	WWS	38.51		
	6	David Liezel Gaspar	DMS-BW		DN start	
	7	Mui Siu Yu	SSCC		DN start	
	8	Chan Hiu Wai	LHYMSS		DN start	

Heat					SF	Lane
2	1	Leung Kwan Yi	CHC	26.93	Standard	1 2
	2	Lam Hau Ying	HTC	31.18	Standard	1 6
	3	Ho Pak Yee	LHYMSS	33.39	Standard	
	4	Cheng Tsz Yuet	WWS	33.77		
	5	Wong Yuen Ting	PKSS	34.61		
	6	Chou Wing Kan	FHMSS	40.02		
	7	Cheng Sheung Yuet	SLCSS		DN start	
	8	Zhang Shanshan	SSCC		DN start	

Heat					SF	Lane
3	1	Choi Hei Ling	TYH	29.90	Standard	1 3
	2	Luk Wing Ki	OLC	30.11	Standard	1 4
	3	Yip Tsz Ting	SKHLFH	34.42		
	4	Wong Yi Ki	K-LING	34.75		
	5	Tsang Wai Laam	HLC	35.22		
	6	Lam Yan Pui	CCSS	35.89		
	7	Fung Po Yin	LS	36.19		
	8	Au Yeung Wai Yin	CDGFSS		DN start	

Heat					SF	Lane
4	1	Mak Shuk Lam	TYH	29.47	Standard	2 2
	2	Leung Sum Yuet	SKHLFH	30.91	Standard	2 4
	3	Lai Hei Tung	NP2C	30.97	Standard	1 5
	4	Cheng Wing Yan	CDGFSS	31.85	Standard	2 6
	5	Ma Ying Ka	LS	33.00	Standard	2 8
	6	Chan Chi Ling	TOSS	33.08	Standard	1 8
	7	Hu Ziyang	HGSS	35.17		
	8	Lai Wing Chee	HKSC		DN start	

Heat					SF	Lane
5	1	Wong Siu Lai	HGSS	29.58	Standard	2 3
	2	Cheung Ka Man	HKSC	32.00	Standard	2 7

3	Lau Wai Yuk	NP2C	32.03	Standard	1	7
4	Chui Pui Yu Hanne	PLKLFC	32.61	Standard	2	1
5	Hung Chun Ching	ASMS	38.40			
6	Hafsah-Bibi	DMS-BW	43.48			
7	Wong Hoi Yin	TOSS				DN start

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Event 35 200m Boys A
Standard: 26.50

Record: 21.91 (2017)

Heat 1				SF	Lane
1	Cheuk Kwan Yu	HGSS	24.13	Standard	1 2
2	Lam Tsz Fung	TYH	24.84	Standard	1 3
3	Tan Baoxi	SKHLFH	27.03		
4	Leung Cheuk Fung	CDGFSS	27.35		
5	Wong Wang Yuen Edison	SSCC	28.46		
6	Wong Sze Han	KWSC			DN start
7	Yip Tak Hei	WWS			DN start
8	Chan Shing Wing	NAMS			DN start

Heat 2				SF	Lane
1	Wu Dailun	ASMS	25.90	Standard	1 7
2	Tse Fai Yiu	CDGFSS	26.28	Standard	2 8
3	Wong Kai Him	LWFSS	27.70		
4	Au Pak Him	HLC	27.88		
5	Lam Chi Wai	PLKLFC	28.03		
6	Tsoi Wan Sing	SSCC	28.13		
7	Siu Wai Hin	WWS	29.58		
8	Chung Yuk Sum	KWSC			DN start

Heat 3				SF	Lane
1	Cheung Wai Ting	PLKLFC	25.08	Standard	2 4
2	Kong Douglas	SLS	25.30	Standard	2 5
3	Chan Man Kit	ASMS	25.32	Standard	1 5
4	Choy Piu Lee	HLC	26.14	Standard	1 1
5	Chim Chun Kit	LWFSS	26.95		
6	Tang Junfeng Brian	CCSS	28.39		
7	Wong Kit	KLC			DN start

Heat 4				SF	Lane
1	Ng Wai Kin	KTGS	24.79	Standard	2 3
2	Curata Christian Jay A.	SLS	25.41	Standard	1 6
3	Wong Chi Hong	CCSS	26.44	Standard	1 8
4	Tsui Ka Lok	KLC	28.04		
5	Tsang Hui Lok	PLKCKY	28.08		
6	Luk Chak Man	SLCSS			DN start
7	Ip Shing Hin	FHMSS			DN start

Heat 5				SF	Lane
1	Lee Ka Po Marco	KHSS	25.88	Standard	2 7
2	Leung Tsz Chun	SLCSS	26.15	Standard	2 1
3	Cheng Ho Long	PTSS	26.62		
4	Kwan Ching Lai	PLKCKY	26.63		
5	Lee Ki Yung Alvis	K-LING	27.66		
6	Choy Wing Yin	FHMSS	30.00		
7	Lam Po To	CYCS	31.37		

Heat 6				SF	Lane
1	Lo Chi Hung	CSS	24.18	Standard	2 2
2	Wong Tsz Ho	K-LING	25.03	Standard	1 4
3	Leung Pak Chi Elvis	TYH	25.42	Standard	2 6
4	Lo Kiu Hong	SKHLFH	26.93		
5	Sin Yiu Sing	PKSS	27.26		
6	Chong Man Long	KHSS			DN start
7	Chui Fung Lok	PTSS			DN start

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Event 36 1500m Boys C
Standard: 5:58.00

Record: 4:31.24 (2008)

Heat 1				Final	Lane
1	Middleton Alexander E.	NAIS	5:14.58	Standard	1
2	Lee Ho Yeung	CHC	5:23.80	Standard	2
3	Wong Ka Ho	SSCC	5:33.02	Standard	4

4	Huang Yongjian	PLKCKY	5:37.16	Standard	5
5	Yip Ho Ching	WWS	5:38.02	Standard	6
6	Chan Sunny	SLS	5:41.45	Standard	7
7	Wong Po Ting	PLKLFC	5:51.23	Standard	9
8	Wong Tsz Yui	SLCSS	5:52.62	Standard	10
9	Man Ngo Cheung	PTSS	5:53.98	Standard	
10	Lam Yin Lung	CSS	5:56.46	Standard	
11	Leung Chun Fai	CCSS	6: 2.38		
12	Chan Ko Fui	TYH	6: 5.25		
13	Cheung Pak Hei	LWFSS	6: 6.52		
14	Chan Pak Hin	CDGFSS	6: 6.59		
15	Cheng Cheuk Kong	HLC	6: 6.59		
16	Chan Chit Hei	K-LING	6:28.21		
17	Leung Chin Hong	LS	7:10.45		
18	Ho Ting Hei	CYCS		DN start	
19	Chan Kit Wai	FHMSS		DN start	
Heat 2					Final Lane
1	Wong Long Hang	WWS	5:29.98	Standard	3
2	Chan Ngo Chit Keith	LWFSS	5:48.50	Standard	8
3	Leung Chun Long Willis	TYH	5:52.92	Standard	11
4	Lam Him	SLS	5:53.24	Standard	12
5	Yeung Ho Tim	CCSS	5:54.95	Standard	
6	Lau Chi Hei	CSS	5:59.04		
7	Holt Rylan Michael	NAIS	6: 0.62		
8	Tam Chuek Fung	LS	6:12.29		
9	Man Kit Yan	CDGFSS	6:12.72		
10	Yuen Wing Hung	FHMSS	6:13.90		
11	Phaka Ka Chun	HLC	6:16.76		
12	Heung Hoi Tsun	PLKLFC	6:26.52		
13	Ng Chun Hin	SLCSS	6:34.04		
14	Fung Long Hei	SSCC	6:34.40		
15	Sin Lik Hang	SKHLFH	6:35.55		
16	Phua Jia Wei Ian	PLKCKY	6:35.59		
17	Khan Denwayne Jay	KWSC		DN start	
18	Leung Yik Wah	CHC		DN start	
19	Lo Chun Lam	K-LING		DN start	

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Event 37 1500m Boys B

Standard: 5:40.00

Record: 4:12.07 (2016)

Heat 1					Final Lane
1	Kwok Yiu Hin	FHMSS	4:58.99	Standard	2
2	Fung Chun Wai	CHC	5: 1.89	Standard	4
3	Mak Ching Hei	LS	5:20.28	Standard	11
4	Cheng Wing Chun	LSTYKH	5:23.44	Standard	
5	Leung Chit Ho	PLKCKY	5:27.55	Standard	
6	Wong Yu Chun Xenophon	TYH	5:27.77	Standard	
7	Wan Wang Faat	CDGFSS	5:28.41	Standard	
8	Lam Chun Tin Sky	HGSS	5:30.46	Standard	
9	Choy Chak Shing	CSS	5:33.75	Standard	
10	Cheung Ho Yin Ryan	WWS	5:45.60		
11	Fong Ching Kit	NAMS	5:59.71		
12	Zheng Hongyu	ASMS	6: 8.12		
13	Wong Ching	STCS	6:13.61		
14	Choy Kwok Leung	SKHLFH		DN start	
15	Leung Lai Yin Gobi	SSCC		DN start	
16	Tang Tsz Fung	SLCSS		DN start	
17	Ho Man To	LWFSS		DN start	
18	Ma Kin To	CYCS		DN start	
Heat 2					Final Lane
1	Cheung Yan Loi	LS	4:33.61	Standard	1
2	Fan Jeffrey	LSTYKH	5: 3.95	Standard	5
3	Ong Chak Min	K-LING	5:15.04	Standard	7
4	Uematsu Ryotaro	CSS	5:17.51	Standard	8
5	Poon Chun Kit	PTSS	5:17.75	Standard	9
6	Lee Chak One	HGSS	5:21.03	Standard	12
7	Lo Tsz Yue	SLS	5:25.57	Standard	

8	Poon Ho Yin	HLC	5:29.25	Standard	
9	Wong Hei Yeung Cody	PLKCKY	5:30.01	Standard	
10	Ng Cheuk Fung	TYH	5:31.58	Standard	
11	Guan Wai Kuen	CCSS	5:33.05	Standard	
12	Lee Yau Wai	CDGFSS	5:36.38	Standard	
13	Cheung Kai Yeung	ASMS	6: 0.75		
14	So Ching Hei	CHC	6: 2.11		
15	Lin Xuanyu	HA	6: 8.63		
16	Chau Pang Fai	KWSC		DN start	
17	Yip Chi Yuen	CYCS		DN start	
18	Wong Chun Tat	WWS		DN start	
Heat 3					Final Lane
1	Wong Sui Pang	BHSS	5: 0.40	Standard	3
2	Ng Kwan Lam	CCSS	5:11.05	Standard	6
3	Cheung Wai Kit	SLS	5:19.38	Standard	10
4	Kung Yi Lok	PTSS	5:37.92	Standard	
5	Au Ka Shun	SSCC	5:47.45		
6	Lam Pak Hei	HLC	5:48.35		
7	Leung Tsz Hin	STCS	5:55.23		
8	Cheung Sin Nam	NAMS	5:58.08		
9	Lam Ching Ki	K-LING	5:58.12		
10	Yung Yat Hei	FHMSS	6: 3.94		
11	Cheung Ka Hin	PKSS	6:16.81		
12	Kuang Kin Chung	SLCSS		DN start	
13	Chan Yiu Lok	CCK		DN start	
14	Cheung Oscar Santos	SKHLFH		DN start	
15	Villarosa Kyle Lester T.	KWSC		DN start	
16	Tang Philomon Neil	PLKLFC		DN start	
17	Na Meng	LWFSS		DN start	

Event 38 1500m Boys A

Standard: 5:30.00

Record: 4:06.23 (2016)

Heat 1					Final Lane
1	Yim Sau Ching	CSS	5: 3.16	Standard	4
2	Lam Cheuk Man	TYH	5:15.28	Standard	10
3	Yeung Siu Kwong	PTSS	5:23.22	Standard	
4	Lee Wai Chun	CDGFSS	5:23.43	Standard	
5	Li Peihuan	FHMSS	5:36.17		
6	Cheng Chung Hin	LS	5:41.97		
7	Tung Yu Hin	K-LING	5:42.82		
8	Chan Nok Hin	PLKCKY	5:45.62		
9	Ho Lok Yin	NAMS	6: 6.18		
10	Ho Siu Chuen	HLC	6:12.17		
11	Yiu Shun Hei	WWS	6:37.87		
12	Wu Hung Ching	ASMS	7:13.22		
13	Tam Tsz Hin	KLC		DN start	
14	Yeung San	KWSC		DN start	
15	Leung Chiu Yuk	CCSS		DN start	
16	Chan Sze Nok	PLKLFC		DN start	
17	Lam Po Kin Bob	SLS		DN start	
Heat 2					Final Lane
1	Leung Chit Long	PLKCKY	4:45.91	Standard	2
2	Leung Caspar Gabriel	SLS	4:49.17	Standard	3
3	Ma Mingjun	SSCC	5: 3.97	Standard	6
4	Lam Yiu Wun	CCK	5:14.47	Standard	9
5	Ho Kwan Hoi	PTSS	5:18.11	Standard	11
6	Ho Chun To	PLKNO.1C	5:18.75	Standard	12
7	Leung Wing Hei	KTGS	5:19.14	Standard	
8	Ho Ho Yin	K-LING	5:27.03	Standard	
9	Hau Ka Lam	HLC	5:30.48		
10	Wu Hung Ming Isaac	KLC	5:39.38		
11	Chiu Kwan Chuen	WWS	5:47.27		
12	Li Tsz Ki	TYH	5:53.09		
13	Kwok Kwan Ling	LWFSS	5:56.21		
14	Lai Chun Hei	MKC	6:10.82		
15	Lam Wing Yiu	SLCSS		DN start	

16	Ng Justin	CDGFSS		DN start	
17	Tang Fai Yuen	KHSS		DN start	
Heat 3					Final Lane
1	Chau Wing Chung	PKSS	4:45.69	Standard	1
2	Wong Andrew	CCSS	5: 3.95	Standard	5
3	Ngip Tsz Fung	PLKLF	5: 6.81	Standard	7
4	Cheung Cheuk Long	HGSS	5: 8.95	Standard	8
5	Lin Zhenyi	ASMS	5:18.84	Standard	
6	Sze Ming Yam	BHSS	5:28.92	Standard	
7	Wong Wing Cheung	NAMS	5:34.82		
8	Ng Wai Kuen	SKHLFH	5:48.45		
9	Au Daniel	KHSS	5:50.37		
10	Ng Ting Yiu	SSCC	5:52.07		
11	Chan Chin Hang	CSS	6: 3.79		
12	Lo Zion	FHMSS	6: 4.42		
13	Chuang Ting Fung	CCK	6:37.19		
14	Nasmbu Mbele Joao	KWSC		DN start	
15	Leung Kwok Yin	KTGS		DN start	
16	Wong Yat Hei	SLCSS		DN start	

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Event 39 4x100m Relay Girls C
Standard: 1:02.00 Record: 50.59 (2015)

Heat 1					Final Lane
1		TYH	1: 3.20		
2		MKC	1: 3.26		
3		HGSS	1: 3.76		
4		SKHLFH	1: 4.56		
5		BHSS	1: 6.50		
6		DMS-BW		DN start	
7		SLCSS		DN start	
8		SSCC		DN start	

Heat 2					Final Lane
1		PLKLF	59.19	Standard	2
2		CSS	59.37	Standard	4
3		HTC	1: 0.61	Standard	5
4		OLC	1: 3.10		
5		PKSS	1: 3.32		
6		LS	1: 3.61		
7		LKPCF		DN start	
8		KWSC		DN start	

Heat 3					Final Lane
1		WWS	59.29	Standard	3
2		PTSS	1: 1.23	Standard	6
3		TOSS	1: 1.47	Standard	7
4		NP2C	1: 1.61	Standard	1
5		CDGFSS	1: 1.63	Standard	8
6		K-LING	1: 3.69		
7		CCK	1: 6.67		
8		HLC	1: 7.53		

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Event 40 4x100m Relay Girls B
Standard: 1:03.00 Record: 49.44 (2015)

Heat 1					Final Lane
1		BHSS	57.76	Standard	4
2		WWS	58.34	Standard	5
3		PKSS	59.83	Standard	6
4		SKHLFH	1: 2.39	Standard	
5		TYH	1: 5.64		
6		DMS-BW		DN start	
7		MKC		DN start	

Heat 2					Final Lane
1		HTC	56.30	Standard	2
2		TOSS	57.02	Standard	3
3		HGSS	1: 0.36	Standard	1
4		CCK	1: 2.12	Standard	

5	NP2C	1: 2.34	Standard	
6	LS		DN start	
7	HLC		DQ	
Heat 3				Final Lane
1	PTSS	1: 0.27	Standard	7
2	OLC	1: 0.52	Standard	8
3	K-LING	1: 1.11	Standard	
4	CDGFSS	1: 1.73	Standard	
5	ASMS	1: 4.54		
6	SLCSS	1: 5.04		
7	FHMSS		DN start	

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Event 41 4x100m Relay Girls A
Standard: 1:02.00 Record: 48.92 (2018)

Heat 1				Final Lane
1	TYH	57.00	Standard	2
2	OLC	58.60	Standard	6
3	BHSS	59.83	Standard	
4	SKHLFH	1: 1.13	Standard	
5	WWS	1: 2.85		
6	CDGFSS	1: 2.85		
7	HLC	1: 7.70		
8	DMS-BW		DN start	

Heat 2				Final Lane
1	NP2C	57.10	Standard	3
2	HGSS	58.47	Standard	5
3	TOSS	59.59	Standard	8
4	CCK	1: 2.41		
5	ASMS	1: 3.11		
6	PLKLFC	1: 3.35		
7	HKSC		DN start	

Heat 3				Final Lane
1	K-LING	57.87	Standard	4
2	HTC	59.03	Standard	7
3	PKSS	59.13	Standard	1
4	LS	1: 3.73		
5	SSCC	1:11.79		
6	SLCSS		DN start	
7	MKC		DN start	

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Event 42 4x100m Relay Boys C
Standard: 56.50 Record: 45.05 (2008)

Heat 1				Final Lane
1	SLCSS	55.87	Standard	6
2	CSS	57.18		
3	PLKCKY	59.34		
4	CCK		DN start	
5	KHSS		DN start	
6	SSCC		DQ	
7	PLKNO.1C		DN start	

Heat 2				Final Lane
1	PLKLFC	52.71	Standard	2
2	MKC	54.14	Standard	4
3	HLC	55.98	Standard	7
4	PTSS	56.00	Standard	1
5	HGSS	56.87		8
6	SKHLFH	56.95		
7	LS		DN start	

Heat 3				Final Lane
1	CDGFSS	53.58	Standard	3
2	SLS	54.85	Standard	5
3	K-LING	57.81		
4	TYH	58.63		
5	WWS	58.99		
6	KWSC	59.63		

7 FHMSS DN start

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Event 43 4x100m Relay Boys B
Standard: 52.00 Record: 43.73 (2013)

Heat 1 Final Lane
1 CCK 51.81 Standard 5
2 ASMS 52.54 1
3 LKPFC 53.45
4 PLKLFC 53.54
5 HGSS 54.15
6 K-LING 54.79
7 KWSC DN start
8 PTSS DQ

Heat 2 Final Lane
1 LSTYKH 50.48 Standard 2
2 TYH 51.16 Standard 3
3 HLC 51.69 Standard 4
4 SSCC 54.08
5 SKHLFH 54.40
6 SLCSS DN start
7 MKC DN start
8 FHMSS DN start

Heat 3 Final Lane
1 WWS 51.83 Standard 6
2 CSS 52.36 7
3 SLS 53.33 8
4 PLKCKY 54.69
5 LS 54.82
6 CDGFSS 54.87
7 BHSS DQ

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Event 44 4x100m Relay Boys A
Standard: 50.00 Record: 42.16 (2017)

Heat 1 Final Lane
1 PLKLFC 46.66 Standard 2
2 WWS 48.78 Standard 7
3 K-LING 50.29
4 SLS 50.56
5 CDGFSS 51.41
6 SLCSS 52.33
7 FHMSS DN start
8 KWSC DN start

Heat 2 Final Lane
1 TYH 47.86 Standard 3
2 CSS 48.23 Standard 4
3 BHSS 48.30 Standard 5
4 PTSS 51.01
5 SKHLFH 52.85
6 PLKCKY 53.77
7 KLC DN start

Heat 3 Final Lane
1 ASMS 48.52 Standard 6
2 KHSS 49.27 Standard 1
3 PLKNO.1C 49.44 Standard 8
4 HLC 51.31
5 SSCC 54.23
6 MKC DN start
7 LKPFC DN start

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Two: 25 January 2019

=====
 Event 1 Long Jump Boys B
 Standard: 4.60

Record: 6.92 (2009)

Position	Name	School	Result	Remark	Points
1	Zhao Chak Ho Sunny	HGSS	5.32	Standard	9
2	Ko Long Him Vincent	PLKCKY	5.20	Standard	7
3	Yap Yik Yin	CCK	5.16	Standard	6
4	Yau Ho Tung	HLC	5.03	Standard	5
5	Kwong King Nam	CSS	4.91	Standard	4
6	Chen Yanjie	HA	4.86	Standard	3
7	Suen Wai Lung	LKPFC	4.86	Standard	2
8	Fung Sze Yuen	SLS	4.81	Standard	1
	Hung Kin Wang	PLKCKY	4.79	Standard	
	Wong Haihui	PKSS	4.72	Standard	
	Chung Siu Ho	CDGFSS	4.72	Standard	
	Ho Pak Lun	BHSS	4.71	Standard	
	Lau Pui Tsun	WWS	4.70	Standard	
	Chen Tianxi	ASMS	4.67	Standard	
	Poon Man Yui	PTSS	4.65	Standard	
	Gai Chun	CCSS	4.61	Standard	
	Wong Chi Ho	SKHLFH	4.58		
	Huang Chun Tung	NAMS	4.58		
	Hui Ho Man	WWS	4.55		
	Kwok Chi Kong Donny M.	CYCS	4.49		
	Wong Ho Fai	BHSS	4.49		
	Ho Kin Hang	TYH	4.46		
	Lee Ka Ho	K-LING	4.42		
	Lam Chun Sum	TYH	4.34		
	Pang Chun Sing	LWFSS	4.32		
	Tsang Yin Lam	CCK	4.28		
	Chu Ho Lung	CSS	4.20		
	Shek Kwan Ho	SKHLFH	4.17		
	Lai Ka Lam	HLC	3.97		
	Chan Chi Hin	FHMSS	3.90		
	Lo Wai Lap William	K-LING	3.87		
	Fong Man Hin	PTSS	3.78		
	Tam Yat Long	LSTYKH	3.69		
	Wong Ka Chun	NAMS	3.68		
	Au Sum Yu	KWSC	3.55		
	Leung Ka Chun Steven C.	LSTYKH	3.54		
	Ng Yan	LKPFC	3.53		
	Lau Kwan Nok Kea	SLS	3.29		
	Chan Sai Yuet	SSCC	3.17		
	Wong Cheuk Wang	STCS		DN take part	
	Ho Pak Hin	STCS		DN take part	
	Sze Ching Long	CDGFSS		DN take part	
	Chan Chun Sing Johnson	CCSS		DN take part	
	Leung Ching Wang	FHMSS		DN take part	
	Leung Lai Yin Gobi	SSCC		DN take part	
	Ponglot Brion	CYCS		DN take part	
	Fan Hing	SLCSS		DN take part	
	Cheung Chun Ho	SLCSS		DN take part	
	Liu Yushuai	ASMS		DN take part	
	Chan Chun Fung	KTGS		DN take part	

=====
 Event 2 Shot Put Boys C
 Standard: 7.25 (4kg)

Record: 14.33 (2014) (4kg)

Position	Name	School	Result	Remark	Points
1	Chan Tin Yu	SLCSS	9.75	Standard	9

2	Chan Man Kwan	WWS	9.39	Standard	7
3	Yu Ho Tung	LWFSS	9.23	Standard	6
4	Chiu Nok Yin	CCSS	8.90	Standard	5
5	Lau Tin Lok	LWFSS	8.90	Standard	4
6	Kei Hiu Kan	LKPFC	8.56	Standard	3
7	Hon Chi Kwong	CDGFSS	8.12	Standard	2
8	Li Chiu To	SKHLFH	8.03	Standard	1
	Chen Ho Yeung	SLCSS	8.01	Standard	
	Lee Man Chun	WWS	7.87	Standard	
	Chan Lok Hin	PLKLFC	7.76	Standard	
	Chow Chun Hei	CDGFSS	7.66	Standard	
	Yip Tak Man	CSS	7.62	Standard	
	Xie Chun Hin	KTGS	7.40	Standard	
	Lin Ho Lung	CCSS	7.37	Standard	
	Pun Yiu Cho	PTSS	7.24		
	Mak Ka Hung	MKC	7.14		
	Wang Pak Lam	CSS	7.07		
	Chan Kam Lung	HGSS	7.05		
	Keung Ho Tin	SSCC	6.94		
	Ngai Cheuk Him	NAIS	6.81		
	Lau Hiu Ming	HLC	6.79		
	Chong Ho Nam	SKHLFH	6.43		
	Deng Hua Ye	PTSS	6.27		
	Chan Wai Chun	K-LING	6.25		
	Fu Ho Yiu	SSCC	6.23		
	Szeto Tsz Yu Aidan	K-LING	6.20		
	Lam Ka Chun	LS	6.10		
	So Ka Lai	TYH	5.68		
	Wu Tsun Hei	PLKLFC	5.67		
	Siu Yat Hei	MKC	5.59		
	Lam Lok Man	TYH	5.16		
	Cheung King Him Cyrus	PLKCKY	4.85		
	Ko Hoi Lam Harry	KWSC		DN take part	
	Wong Tsz Wai	KWSC		DN take part	
	Wong Tsz Hin	KTGS		DN take part	
	Chen Tsz Chiu	LS		DN take part	
	Chow Ka Shing	HLC		DN take part	

=====
Event 3 Discus Girls A

Standard: 15.00 (1kg)

Record: 35.01

(2015) (1kg)

Position	Name	School	Result	Remark	Points
1	Lam Yuen Tung Megan	OLC	23.27	Standard	9
2	Ma Yee Wa	SKHLFH	20.16	Standard	7
3	Lui Wing Yan	HGSS	19.69	Standard	6
4	Guo Helen	TYH	18.66	Standard	5
5	Chui On Yi	HTC	18.29	Standard	4
6	Delena Shekinah Grace C.	LS	18.20	Standard	3
7	Wong Nga Suet	OLC	16.97	Standard	2
8	Wong Ka Wing	HTC	16.07	Standard	1
	Tsai Lee Kei	TYH	15.97	Standard	
	Lam Hei Yi	LSTYKH	15.95	Standard	
	Hung Po Sau	CCSS	14.82		
	Lai Tsz Wing	WWS	14.69		
	Tang Wai Man	HLC	14.13		
	Kung Ching Man	CCSS	13.71		
	Lee Wan Nam	CHC	13.38		
	Chan Tsz Yan	WWS	13.34		
	Wong Yik Man	HKSC	13.22		
	Tsoi Ching Yi	CDGFSS	12.90		
	Ho Pak Sze	CCK	12.45		
	Wong Hiu Yan	K-LING	12.34		
	Lau Tsz Yuet	SKHLFH	11.89		
	So Hiu Laam Peony	SSCC	10.95		
	Lau Wing Sze	K-LING	10.39		
	Pun Yuet	CDGFSS	9.76		
	Cheung Yan Yee	KTGS		DN take part	

Cheung Yee Tung	SLCSS	DN take part
Mui Siu Yu	SSCC	DN take part
Lam Po Kiu	HKSC	DN take part
Lai Ting Yan Naomi	LS	DN take part
Lam Siu Yuk	SLCSS	DN take part
Cheung Hoi Sze	FHMSS	DN take part
Pang Yan	KTGS	DN take part

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Event 4 High Jump Girls B
Standard: 1.20 Record: 1.75 (2010)

Position	Name	School	Result	Remark	Points
1	Choi Ho Ying	PKSS	1.40	Standard	9
2	Evdokimova Dina	NAIS	1.35	Standard	7
3	Lee Wan Yi	HTC	1.35	Standard	6
4	Poon Hiu Lam	LS	1.30	Standard	5
5	Ching Wing Sze	PTSS	1.30	Standard	4
6	Tsang Ki Yiu Abby	PKSS	1.25	Standard	3
7	Evdokimova Polina	NAIS	1.25	Standard	2
8	Tsui Ka Wing	HTC	1.25	Standard	1
	Lam Sze Ting	PTSS	1.24	Standard	
	Leung Wing Laam	OLC	1.24	Standard	
	Li Yuen Yiu	CDGFSS	1.20	Standard	
	Tse Cheuk Ying	HLC	1.15		
	Tsui Sze Ying	BHSS	1.15		
	Ho Hang Yu	SLCSS	1.15		
	De Lara Gaelen Zae Rasco	DMS-BW		No Mark	
	Li Zhiwen	CDGFSS		No Mark	
	Kaur Manraj	DMS-BW		No Mark	
	Ng Pui Ying	OLC		No Mark	
	Wong Ho Yan	K-LING		No Mark	
	Niu Yuhan	TYH		No Mark	
	Wong Hoi Ching	SLCSS		DN take part	
	Ng Ho Yan	LS		No Mark	
	Ng Hing	HLC		DN take part	
	Sun Pak Ki	TOSS		DN take part	
	Kei Lok Man	TOSS		No Mark	
	Li Pui Lam	WWS		No Mark	
	Chan Ho Ying	WWS		No Mark	

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Event 5 100m Hurdles Girls C
Standard: 24.00 (0.762m) Record: 15.23 (2015) (0.762m)

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Event 6 100m Hurdles Girls B
Standard: 23.00 (0.762m) Record: 14.42 (2016) (0.762m)

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Event 7 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.30 (2016) (0.762m)

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Event 8 100m Hurdles Boys C
Standard: 21.80 (0.84m) Record: 13.57 (2009) (0.84m)

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Event 9 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.25 (2017) (0.914m)

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Event 10 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 13.63 (2016) (0.914m)

=====
Event 11 400m Girls C
Standard: 1:25.00 Record: 58.78 (2000)

Semi-Final 1				Final Lane
1	Chung Ki Ki	HTC	1:16.08	5
2	Tsz Tsz Yi	CHC	1:17.27	1
3	Wong Hoi Yau	SLCSS	1:19.57	
4	Cheng Heung Lai	NAMS	1:20.09	
5	Poon Wai Kei	TOSS	1:20.91	
6	Yeung Hoi Ching	PKSS	1:21.20	
7	Chan Lok Yiu	LHYMSS	1:22.34	
8	Maroof Tiaba	DMS-BW	1:22.65	

Semi-Final 2				Final Lane
1	Lau Ka Ying	HTC	1:16.30	6
2	Chan Ho Wing	CDGFSS	1:16.45	7
3	Leung Ting Ting	LWFSS	1:21.05	
4	Labro Alana Martinne	SSCC	1:21.06	
5	Choi Hiu Yee Nicole	K-LING	1:21.99	
6	Tam Hoi Ching	LHYMSS	1:22.27	
7	Chau Tsz Yan	PKSS	1:25.40	
8	Ho Kwan Yi	CCK		

Semi-Final 3				Final Lane
1	Ke Ching Man	CSS	1:12.51	2
2	Cheung Pak Yiu	PTSS	1:15.12	3
3	Chau Nim Chi	CDGFSS	1:15.38	4
4	Chan Tsz Ching	LKPCFC	1:18.02	8
5	Wong Nga Ting	LS	1:18.12	
6	Cheng Tin Wai	LS	1:19.15	
7	Kong Lok Yiu	K-LING	1:19.39	
8	Wong Hoi Yi	TYH	1:27.97	

=====
Event 12 400m Boys C

Standard: 1:12.00 Record: 51.23 (2008)

Semi-Final 1				Final Lane
1	Ng Alvin	SLS	1: 0.71	2
2	Ng Ka Lam	TYH	1: 2.45	4
3	Kwong Wai Shun	PTSS	1: 5.03	6
4	Look Chun Kiu	PLKCKY	1: 6.61	1
5	Wong Kwan Ho Baron	PLKCKY	1: 7.21	
6	Chong Chun Kit	HGSS	1:10.82	
7	Choi Pui Yuk	CDGFSS	1:13.29	
8	Ip Tze Tsun	CSS		

Semi-Final 2				Final Lane
1	Middleton Alexander E.	NAIS	1: 1.60	3
2	Chan Chak Fung	SLS	1: 2.96	5
3	Lam Hei Chun Marco	CCSS	1: 6.53	7
4	Tse Tin Yat	CDGFSS	1: 7.11	8
5	Leung Lap Hang	LWFSS	1: 8.38	
6	Tsoi Siu Kit	SKHLFH	1: 8.39	
7	So Lion	HLC	1: 9.25	
8	Wong Po Ting	PLKLFC	1:10.38	

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Event 13 400m Girls B

Standard: 1:23.00 Record: 57.29 (2002)

Semi-Final 1				Final Lane
1	Farha-Hasanara	DMS-BW	1: 5.91	2
2	Chan Nga Lam	HTC	1:13.06	6
3	Yau Sze Hang	PKSS	1:13.71	7
4	Tsang Tsz Shan	PKSS	1:14.35	8
5	Wong Kiu	CHC	1:16.45	
6	Siu Ho Kiu	LWFSS	1:16.53	
7	Chan Yuen Yee	BHSS	1:17.00	
8	Wan Ka Po	WWS	1:18.60	

Semi-Final 2				Final Lane
1	Yung Sin Yu	LS	1:10.35	4
2	Chung Kei Yi	WWS	1:12.75	5
3	Fung Wing Hang	HLC	1:14.92	
4	Lin Wing Yan	LHYMSS	1:16.07	

5	Sze Lok Ting	CSS	1:16.76
6	Sehajpreet-Kaur	DMS-BW	1:18.72
7	Law Lok Yi	TOSS	1:18.83
8	Ma Yau Wai	PTSS	

Semi-Final 3				Final Lane
1	Cheung Tsz Ying	TOSS	1: 7.98	3
2	Kwok Sui Chi	HTC	1:13.77	1
3	Chung Chi Yan	K-LING	1:14.70	
4	Poon Hiu Lam	LS	1:15.31	
5	Lam Tung Yin	CHC	1:16.77	
6	Zahid Faariah Zaidy	OLC	1:19.58	
7	Shum Hok Man	HGSS	1:20.46	
8	Tang Ying Fan Ashley	BHSS	1:23.98	

=====
Event 14 400m Boys B

Standard: 1:04.00 Record: 49.72 (2010)

Semi-Final 1				Final Lane
1	Chan Long Yin	TYH	55.15	2
2	Ong Chak Min	K-LING	57.74	5
3	Chou Kam Yin	SSCC	1: 0.44	1
4	Cheung Kam Wai	HGSS	1: 1.33	
5	Li Sze Long	K-LING	1: 2.55	
6	Wang Chun Yi	WWS	1: 3.70	
7	Liu Zhuoming	ASMS	1: 5.33	
8	Chan Chun Hei	PTSS		

Semi-Final 2				Final Lane
1	Ng Shing Hin	PLKCKY	56.79	3
2	Cheung Chun Kin	LSTYKH	1: 0.19	7
3	Lai Kwan To	CHC	1: 0.67	8
4	Cheng Tsz Wun	NAIS	1: 1.34	
5	Shih Tsz Chiu	TYH	1: 3.46	
6	Chu Cheung Wang	PTSS	1: 3.78	
7	Cheung Ka Ho	NAMS	1: 4.57	
8	Nun Lok Him	LSTYKH	1: 9.06	

Semi-Final 3				Final Lane
1	Fan Griffith	CCK	57.10	4
2	Tam Chi Wai	CSS	58.75	6
3	Yuen Wai Fung	WWS	1: 1.80	
4	Sieh Ho Fung	SLCSS	1: 1.95	
5	Mung Lap Wa	SKHLFH	1: 3.38	
6	Liu Xiyu	NAMS	1: 4.95	
7	Ho Chun Shing	LWFSS	1:30.47	
8	Cheng Ka Chun	CSS		

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Event 15 400m Girls A

Standard: 1:20.00 Record: 57.37 (2015)

Semi-Final 1				Final Lane
1	Ko Tsoi Nam	TYH	1: 9.27	3
2	Hui Ching Divine	K-LING	1:10.98	5
3	Wong Ngo In	SKHLFH	1:12.25	6
4	Lui Kuk Chun	NAMS	1:12.38	7
5	Shek Wing Lam	HTC	1:14.33	8
6	Fong Shuk Yi Annie	LS	1:16.70	
7	Chow Shuk Yin	HTC	1:18.42	
8	Maryam Bibi	DMS-BW	1:18.47	

Semi-Final 2				Final Lane
1	Yuen Sze Yan	TOSS	1: 9.25	2
2	Lau Man Hei	TYH	1: 9.75	4
3	Lee Ching Yan	PKSS	1:14.13	1
4	Fung Tsz Ching Michelle	PLKNO.1C	1:15.71	
5	Hung Hoi Wai	K-LING	1:15.89	
6	Wong Yin Tsing Erica	NP2C	1:17.35	
7	Tong Sze Ting	OLC	1:17.95	
8	Chan Yuen Ming	LHYMSS		

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Event 16 400m Boys A

Standard: 1:02.00

Record: 49.92 (2016)

Semi-Final 1				Final Lane
1	Mak Chun Kit	SLS	55.14	2
2	Wong Ho Lam Angus	WWS	56.86	5
3	Tong Ka Yung	BHSS	57.88	1
4	Kwan Chak Tin	LS	59.69	
5	Yip Ka Po	TYH	1: 0.67	
6	Tan Baoxi	SKHLFH	1: 7.64	
7	Tay Ho Man	LKPFC		
8	Chan King Nam	PLKNO.1C		
Semi-Final 2				Final Lane
1	Curata Christian Jay A.	SLS	55.92	3
2	Cheung Chun Fung	K-LING	56.53	4
3	Cheung Ka Yuen	BHSS	57.45	6
4	Lau Chak Ming	SSCC	57.53	7
5	Tong Ho Yeung	CDGFSS	58.97	8
6	Leung Pak Hin	CSS	59.24	
7	Wong Chi Hong	CCSS	59.59	
8	Chan Chun Lok Bosco	CCSS	1: 2.40	

Event 17 100m Girls C

Standard: 15.50

Record: 12.48 (2010)

Semi-Final 1				Final Lane
1	Wong Wai Ching	WWS	14.10	2
2	Wan Ka Yan	CDGFSS	15.08	7
3	Tse Lea	WWS	15.18	8
4	Yue Cheuk Laam	TOSS	15.40	
5	Poon Hau Man	PKSS	15.61	
6	Russell Hannah Rebecca	NAIS	15.79	
7	Bongardt Sophie Johanna	SNAIS	15.92	
8	Li Hiu Ying	BHSS		
Semi-Final 2				Final Lane
1	Cheng Yuen Ki	CSS	14.34	3
2	Chan Wing On	HGSS	14.87	6
3	Tang Ching Mei	CCSS	15.48	
4	Lee Lok Yee Noriko	CSS	15.50	
5	Leung Helen	HTC	15.53	
6	Pang Wing Hin	TYH	15.65	
7	Kwok Yuen Ying	LWFSS	15.83	
8	Au Yee Shan Susanna	LHYMSS	15.85	
Semi-Final 3				Final Lane
1	Mak Wing Yan	NP2C	14.65	4
2	Wong Wing Yu	TOSS	14.70	5
3	Au Cheuk Ting	HTC	15.11	1
4	Ng Yin Hei	OLC	15.29	
5	Shek Tsz Yin	HGSS	15.55	
6	Wong Yuki	OLC	15.61	
7	Choi Hiu Yee Nicole	K-LING	15.94	
8	Leong Wing Yan	PTSS		

Event 18 100m Boys C

Standard: 14.10

Record: 11.21 (2009)

Semi-Final 1				Final Lane
1	Chan Cheuk Hin	PLKLFC	12.87	2
2	Lam Man Long	SLCSS	13.57	8
3	Chong Yim	PKSS	13.59	
4	Chan Wai Shing	SSCC	14.02	
5	Lo Chun Hin	LSTYKH	14.17	
6	Kwong Wang Hei	PLKNO.1C		
7	Wong Hoi Kit	HLC		
8	Leung Hoi Hang Hugo	LKPFC		
Semi-Final 2				Final Lane
1	Tse Ting Hin	LWFSS	13.40	6

2	Tsang Pak Hei	CCSS	13.52	7
3	Wu Junkai	MKC	13.57	1
4	Wan Chi Hang	TYH	13.88	
5	Pang Man Yin	PLKCKY	13.91	
6	Fung Wai Hung	CDGFSS	13.93	
7	Chan Ho Fung	KTGS	14.15	
8	Chu Lok Yin	CCK	14.34	
Semi-Final 3				Final Lane
1	Chan Chak Sum	SLS	13.26	3
2	Sun Wai Yuk	SLCSS	13.34	4
3	Lee Yu Ching	MKC	13.39	5
4	Ko Tsz Yuen	CDGFSS	13.58	
5	Li Jiabao	SKHLFH	14.85	
6	Chow Ka Shing	HLC		
7	Deng Man Him	KTGS		
8	Feng Man Hei	HGSS		

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Event 19 100m Girls B

Standard: 15.30

Record: 11.89 (2016)

Semi-Final 1				Final Lane
1	Chau Tsz Yu	HGSS	14.08	2
2	Choi Ho Ying	PKSS	14.42	4
3	Chow Hoi Tung	NP2C	14.50	6
4	Zhu Ling Ying	NAMS	14.73	8
5	Ng Ming Yan	SKHLFH	15.14	
6	Zhao Siyi	LWFSS	15.36	
7	Ying Wan Ching	PTSS	15.40	
8	Ho Ming Tung	SLCSS	15.90	

Semi-Final 2				Final Lane
1	Fung Yuen Ching	HTC	14.46	5
2	Chung Kei Yi	WWS	14.53	7
3	Pan Hang Ching	TOSS	14.88	
4	Jong Tsing	TOSS	15.01	
5	Tong Yuk Ting	MKC	15.22	
6	Lam Ka Yan	BHSS	15.31	
7	Ho Shing Yuet	K-LING	15.96	
8	Hoang My Nhi	ASMS	16.30	

Semi-Final 3				Final Lane
1	Yu Shu Wing	BHSS	14.40	3
2	Chan Hoi Ching	CCK	14.70	1
3	Cheng Nok Si	HTC	14.78	
4	Lo Hiu Lam	WWS	15.24	
5	Yau Chun Ying	SLCSS	15.57	
6	Fung Ka Mei	CSS	15.62	
7	Ching Wing Sze	PTSS		
8	Wong Yik Hang	K-LING		

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Event 20 100m Boys B

Standard: 13.30

Record: 11.02 (2017)

Semi-Final 1				Final Lane
1	Wong Yu Chun	KHSS	12.89	7
2	Lau Pui Tsun	WWS	13.07	
3	Cheng Tsz Wun	NAIS	13.23	
4	Wong Chi Ho	SKHLFH	13.24	
5	Yau Ho Tung	HLC	13.26	
6	Kwong King Nam	CSS	13.33	
7	Chu Ho Yin	PTSS	13.37	
8	Lam Wai Chuen	NAMS	13.52	

Semi-Final 2				Final Lane
1	Chan Kin Leung	LSTYKH	12.66	3
2	Luo Tsun Wa	ASMS	12.77	5
3	Chu Ching Lok	LS	13.01	
4	Lam Man Chun	CCSS	13.20	
5	Chan Yat Kiu	SLCSS	13.24	
6	Ngai Man Hei	TYH	13.28	

7	Chen Tianxi	ASMS	13.53
8	Lee Wai Ki Ricky	STCS	

Semi-Final 3			Final Lane	
1	Hung Kin Wang	PLKCKY	12.66	2
2	Ku Lok Man	HLC	12.76	4
3	Hung Chi Hin	CCSS	12.83	6
4	Cheung Chun Lap	BHSS	12.90	1
5	Wong Haihui	PKSS	12.94	8
6	Chan Ching Yeung	WWS	13.12	
7	Li Jiahao	LS	13.69	
8	Luo Sum Pok	LSTYKH		

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Event 21 100m Girls A
Standard: 15.70

Record: 11.85 (2017)

Semi-Final 1			Final Lane	
1	Leung Kwan Yi	CHC	12.72	2
2	Wong Siu Lai	HGSS	14.20	4
3	Mak Shuk Lam	TYH	14.41	5
4	Lam Hau Ying	HTC	14.75	1
5	Poon Wing Nga	PKSS	14.99	8
6	Tse Nga Chi	KHSS	15.39	
7	Su Shihui	ASMS	15.54	
8	Lou Sze Man	WWS	15.95	

Semi-Final 2			Final Lane	
1	Chui Tsz Kei	NP2C	14.19	3
2	Choi Hei Ling	TYH	14.47	6
3	Lee Hoi Ching Cherrie	LSTYKH	14.73	7
4	Leung Sum Yuet	SKHLFH	15.00	
5	Wong Hiu Yin	KTGS	15.18	
6	Lam Hei Nam Christy	K-LING	15.22	
7	Lai Cheuk Yi	PTSS	15.35	
8	Zhang Shanshan	SSCC	15.58	

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Event 22 100m Boys A
Standard: 12.80

Record: 10.60 (2018)

Semi-Final 1			Final Lane	
1	Lo Chi Hung	CSS	12.12	4
2	Tsang Chi Wa	KHSS	12.33	7
3	Ng Wai Kin	KTGS	12.36	1
4	Chan Pak Chung Sam	PLKLFC	12.52	
5	Leung Chun Sing	SKHLFH	12.58	
6	Luk Chak Man	SLCSS	12.92	
7	Chui Fung Lok	PTSS	13.09	
8	Chim Chun Kit	LWFSS	13.27	

Semi-Final 2			Final Lane	
1	Cheuk Kwan Yu	HGSS	11.63	2
2	Au Yeung Hiu Laam	ASMS	12.18	6
3	Chan Man Kit	ASMS	12.36	8
4	Wong Tsz Ho	K-LING	12.41	
5	Chan Kui Tung Jason	SSCC	12.50	
6	Leung Tsz Chun	SLCSS	12.57	
7	Wong Sze Han	KWSC	12.63	
8	Feng Zuowei	MKC	12.76	

Semi-Final 3			Final Lane	
1	Ip Chung Hong	CSS	12.07	3
2	Choy Tsz Kit Oscar	PLKLFC	12.17	5
3	Lam Tsz Fung	TYH	12.38	
4	Leung Pak Chi Elvis	TYH	12.42	
5	Tse Fai Yiu	CDGFSS	12.60	
6	Lau Yat Hei	CCSS	12.87	
7	Chan Shing Wing	NAMS		
8	Chan Yong Tian	PTSS		

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Event 23 Triple Jump Boys A
Standard: 10.30

Record: 14.82 (2017)

Position	Name	School	Result	Remark	Points
1	Lee Wui Man	K-LING	11.78	Standard	9
2	Fang Zerong	CSS	11.74	Standard	7
3	Chan Pak Chung Sam	PLKLFC	11.50	Standard	6
4	Chan Kwok Tung	BHSS	11.46	Standard	5
5	Wan Yuk Hei	ASMS	11.33	Standard	4
6	Li Hung Pang	SLS	10.96	Standard	3
7	Mok Ka Po	BHSS	10.86	Standard	2
8	Hui Cheuk Lun	PLKLFC	10.83	Standard	1
	Wong Hei Chit	CSS	10.79	Standard	
	Cheng He Kevin Willians	WWS	10.43	Standard	
	Mak Kwan Ho	TYH	9.95		
	Fok Yat Hang	PTSS	9.92		
	Sit Hin Kit	K-LING	9.46		
	Lai Choi Fung	PTSS	9.41		
	Shek Man Chun	SKHLFH	8.54		
	Cheung Kin Yin	SLCSS	8.16		
	Sin Pak Tik	SLCSS		DN take part	
	Sze Yau Hang	SKHLFH		No Mark	
	Tse Ho Yuen	MKC		No Mark	
	Leung Cheuk Fung	CDGFSS		No Mark	
	Ho Cheuk Him Justin	HLC		DN take part	
	Leung Pak Ning	WWS		DN take part	
	Cheng Tsz Long	TYH		No Mark	

Event 24 800m Girls C

Standard: 3:25.00

Record: 2:19.72 (2000)

Heat 1

					Final Lane
1	Tse Tsoi Wing	WWS	2:56.71	Standard	1
2	Espeskog Anelotte I.	NAIS	2:57.06	Standard	2
3	Chan Ho Wing	CDGFSS	2:57.36	Standard	3
4	Leung Wing I	PTSS	2:58.59	Standard	4
5	Wong Hoi Wai	OLC	3:10.11	Standard	12
6	Choi Yan Hei	CHC	3:13.11	Standard	
7	Wong Pui Yan	LHYMSS	3:16.40	Standard	
8	Maroof Tiaba	DMS-BW	3:18.30	Standard	
9	Choi Yan Wing	TYH	3:19.22	Standard	
10	Li Pui Sze	PKSS	3:22.33	Standard	
11	Choi Kit Tung	SSCC	3:23.77	Standard	
12	Yeung Man Ni	SKHLFH	3:25.05		
13	Chan Yuen Hei Emily	TOSS	3:37.55		
14	Li Sum Lam	HLC	3:42.40		
15	Lee Man Hei	SLCSS	3:51.48		
16	Lee Cherianne	FHMSS	5: 2.84		

Heat 2

					Final Lane
1	Lai Tsz Wai	HTC	3: 0.61	Standard	7
2	Lecher Romina Vivien	NAIS	3: 1.67	Standard	8
3	Wong Yan Lam	LS	3:11.66	Standard	
4	Leung Ting Ting	LWFSS	3:16.93	Standard	
5	Lee Tsz Ching	WWS	3:19.47	Standard	
6	Tang Hoi Yan	CDGFSS	3:21.76	Standard	
7	Cheng Heung Lai	NAMS	3:24.02	Standard	
8	Pak Wing Shuen	TOSS	3:25.99		
9	Chong Ying Ying	SLCSS	3:27.99		
10	Hau Wing Lam	K-LING	3:31.70		
11	Lai Yuk Yi	FHMSS	3:35.62		
12	Liu Minxiang	HA	3:37.10		
13	Yeung Nga Shun Sarita	PLKLFC	3:37.51		
14	Chiu Man Wa	BHSS		DN start	
15	To Sze Kiu	SSCC		DN start	

Heat 3

					Final Lane
1	Lam Tsz Hei	TYH	3: 0.23	Standard	5
2	Chung Ki Ki	HTC	3: 0.26	Standard	6
3	Wong Pui Ping	NAMS	3: 6.69	Standard	9
4	Chau Chun Yan	K-LING	3: 8.04	Standard	10

5	Cheung Pak Yiu	PTSS	3: 8.22	Standard	11
6	Cheng Tin Wai	LS	3:17.85	Standard	
7	Cheung Siu Ching	LHYMSS	3:19.73	Standard	
8	Chan Cheuk Yin	CHC	3:20.93	Standard	
9	Seyed Ahamed Saleena	DMS-BW	3:26.91		
10	Yeung Hoi Ching	PKSS	3:27.39		
11	Fan Ching Yin	OLC	3:28.52		
12	Ma Season	SKHLFH	3:45.16		
13	Li Cheuk Ying	HA	3:45.60		
14	Kong Cheuk Kwan	LWFSS	3:51.09		
15	Chan Sum Kiu	PLKLFC			DN start

Event 25 800m Boys C

Standard: 2:53.00

Record: 2:08.20 (2004)

Heat 1

Final Lane

1	Lee Shan Yuan Ronald	SLS	2:28.42	Standard	1
2	Lee Ho Yeung	CHC	2:29.06	Standard	2
3	Wong Long Hang	WWS	2:34.51	Standard	3
4	Lam Pak Yu	CSS	2:35.54	Standard	4
5	Yeung Ho Tim	CCSS	2:46.73	Standard	9
6	Law Sai Hin	HLC	2:56.97		
7	Leung Chun Long Willis	TYH	2:57.08		
8	Heung Hoi Tsun	PLKLFC	3: 2.06		
9	Sin Lik Hang	SKHLFH	3:21.99		
10	Liu Chun Hei	FHMSS	3:26.23		
11	Cheuk Chun Yin	LS	3:28.07		
12	Chan Ngo Chit Keith	LWFSS			DN start
13	Shek Cheuk Hei	CYCS			DN start

Heat 2

Final Lane

1	Khan Denwayne Jay	KWSC	2:37.87	Standard	5
2	Choi Pui Yuk	CDGFSS	2:47.04	Standard	10
3	Leung Chun Fai	CCSS	2:48.15	Standard	12
4	Ip Tze Tsun	CSS	2:49.33	Standard	
5	Tong Ching Wa	SSCC	2:51.67	Standard	
6	Cheung Pak Hei	LWFSS	2:54.62		
7	Holt Rylan Michael	NAIS	2:56.44		
8	Yuen Wing Hung	FHMSS	2:58.09		
9	Tang Tsz Yeung	K-LING	3: 1.02		
10	Bo Pak Hin Cedric	PLKLFC	3: 1.38		
11	Wong Ares	SLCSS	3: 2.47		
12	Chan Lok Hin	SKHLFH	3:29.40		

Heat 3

Final Lane

1	Tse Tin Yat	CDGFSS	2:39.14	Standard	6
2	Wong Kwan Ho Baron	PLKCKY	2:39.66	Standard	7
3	Po Wai Yin	WWS	2:40.36	Standard	8
4	Wong Ka Ho	SSCC	2:47.87	Standard	11
5	Lam Man Long	SLCSS	2:49.11	Standard	
6	Chan Ko Fui	TYH	2:50.16	Standard	
7	Lam Him	SLS	2:50.93	Standard	
8	Tam Chuek Fung	LS	2:53.42		
9	Cheng Cheuk Kong	HLC	2:54.01		
10	Chan Chit Hei	K-LING	3: 9.14		
11	Wu San	LKPFC	3:10.99		
12	Phannawichian	CHC	3:26.23		

Event 26 800m Girls B

Standard: 3:19.00

Record: 2:15.76 (2001)

Heat 1

Final Lane

1	Chow Wing Yan	CHC	2:59.33	Standard	5
2	Cheng Sze Ching	LS	3: 3.56	Standard	9
3	Tso Hang Yi	CCSS	3: 9.61	Standard	11
4	Rai Keleen	DMS-BW	3:10.63	Standard	12
5	Tong Tsz Yan	LSTYKH	3:13.20	Standard	
6	Zhang Lok Yi	LWFSS	3:20.09		
7	Lam Pak Yin	HLC	3:20.84		

8	Chau Lok Yi	KTGS	3:20.98		
9	Wong Yuen Yan	LHYMSS	3:26.02		
10	Chan Wing Yu	K-LING	3:29.32		
11	Wong Wan Chi	SLCSS	3:35.21		
12	Li Kam Lam Kelly	SKHLFH	3:40.95		
13	Yeung Tsz Yuen	PKSS		DQ	
14	Lam Christine	MKC		DN start	
Heat 2					
					Final Lane
1	Lam Nga Man	MKC	2:58.22	Standard	4
2	Lam York Tin	HTC	3: 0.09	Standard	6
3	Wong Sze Ki	LHYMSS	3: 0.32	Standard	7
4	Tse Wing Chi	LSTYKH	3: 6.66	Standard	10
5	Cho Wing Shan	BHSS	3:13.70	Standard	
6	Ng Yama	WWS	3:16.81	Standard	
7	Rai Jenish	DMS-BW	3:19.97		
8	Yam Wing Lam	LWFSS	3:23.94		
9	Tsang Tsz Yiu	TOSS	3:24.87		
10	Sit Lok Yi	ASMS	3:34.15		
11	Lui Sum Yi	NAMS	3:37.17		
12	Chan Yin Wing Charlotte	CDGFSS	3:40.75		
13	Wong Fong Yuen	FHMS	3:48.78		
14	Hung Yi Lam	SKHLFH	3:56.13		

Heat 3					
					Final Lane
1	Yung Sin Yu	LS	2:48.75	Standard	1
2	Cheung Tsz Ying	TOSS	2:52.44	Standard	2
3	Lam Oi Yi	HTC	2:56.37	Standard	3
4	Lee Po Yiu	CHC	3: 2.33	Standard	8
5	Leung Pui Yu	PKSS	3:35.91		
6	Luo Yuxia	NAMS	3:38.51		
7	Yu Lok Ying	ASMS	3:50.39		
8	Chan Hoi Ying	WWS	3:54.94		
9	Fung Yan Yu	HLC		DN start	
10	Wong Oi Ling	CDGFSS		DN start	
11	Lai Man Ting	K-LING		DN start	
12	Hui Wo Mei	KTGS		DN start	
13	Lo Wai Tung	SLCSS		DN start	
14	Ho Ka Yi	FHMS		DN start	

Event 27 800m Boys B

Standard: 2:40.00 Record: 2:00.69 (2013)

Heat 1					
					Final Lane
1	Cheung Yan Loi	LS	2:20.60	Standard	1
2	Chan Ho Yan	PLKCKY	2:33.18	Standard	12
3	Lo Tsz Yue	SLS	2:33.71	Standard	
4	Nun Lok Him	LSTYKH	2:34.16	Standard	
5	Guan Wai Kuen	CCSS	2:34.43	Standard	
6	Wan Wang Faat	CDGFSS	2:34.66	Standard	
7	Lee Cheuk Hin	TYH	2:35.24	Standard	
8	Poon Wai To	CSS	2:36.50	Standard	
9	Law Yu Hang	WWS	2:36.50	Standard	
10	Yu Hin Man	HGSS	2:37.08	Standard	
11	Cheung Kai Yeung	ASMS	2:48.02		
12	Huang Jinghua	KHSS		DN start	
13	Wong Cheuk Wang	STCS		DN start	

Heat 2					
					Final Lane
1	Fan Jeffrey	LSTYKH	2:23.52	Standard	2
2	Lu Yuen Ho	SLS	2:24.14	Standard	3
3	Ng Kwan Lam	CCSS	2:26.49	Standard	5
4	Lam Chun Tin Sky	HGSS	2:27.09	Standard	6
5	Cheung Ho Yin Ryan	WWS	2:34.20	Standard	
6	Lee Yau Wai	CDGFSS	2:34.43	Standard	
7	Leung Chit Ho	PLKCKY	2:37.01	Standard	
8	Uematsu Ryotaro	CSS	2:42.37		
9	Shih Tsz Chiu	TYH	2:47.14		
10	Choi Shing Fung	CHC	2:56.99		
11	Chen Ruiqian	ASMS	3: 1.38		

12	Yeung Kai Sum	FHMSS	3: 4.09		
13	Cheung Tsang Wing	SKHLFH		DN start	
Heat 3					Final Lane
1	Ho Man To	LWFSS	2:26.03	Standard	4
2	Fung Chun Wai	CHC	2:29.07	Standard	8
3	Kwok Yiu Hin	FHMSS	2:29.94	Standard	9
4	Chan Chun Hei	PTSS	2:32.53	Standard	11
5	Au Ka Shun	SSCC	2:40.40		
6	Poon Ho Yin	HLC	2:42.35		
7	Tsoi Wing Chit	BHSS	2:47.04		
8	Wong Ka Wai	NAMS	2:48.22		
9	Kwok Wing Lam	K-LING	2:51.62		
10	Cheung Ka Hin	PKSS	2:54.40		
11	Choy Kwok Leung	SKHLFH	2:54.87		
12	Tang Tsz Fung	SLCSS		DN start	
13	Chau Pang Fai	KWSC		DN start	

Heat 4					Final Lane
1	Wong Sui Pang	BHSS	2:28.18	Standard	7
2	She Wai Ho	LWFSS	2:31.21	Standard	10
3	Villarosa Kyle Lester T.	KWSC	2:33.75	Standard	
4	Chung Ho Kwong	SLCSS	2:34.91	Standard	
5	Lee Yuen Chi	K-LING	2:36.14	Standard	
6	Yue Yu Kai	PTSS	2:37.33	Standard	
7	Lau Yung Pan	NAMS	2:41.76		
8	Xie Chi Hin	LS	2:45.69		
9	Lee Yin Shun	MKC	2:58.53		
10	Lau Chi Him	PKSS	3: 9.42		
11	Lam Pak Hei	HLC		DN start	
12	Chou Kam Yin	SSCC		DN start	

Event 28 800m Girls A

Standard: 3:18.00

Record: 2:17.06 (2015)

Heat 1					Final Lane
1	Chan Yiu	PKSS	2:55.51	Standard	6
2	Chan Yuen Ming	LHYMSS	3: 4.54	Standard	10
3	choi Suet Ching	TYH	3: 5.58	Standard	11
4	Chen Yuxin	ASMS	3: 5.82	Standard	12
5	Chen Qiaolin	NAMS	3:15.59	Standard	
6	Cheung Hing Man	PLKLFC	3:18.67		
7	Kwok Hoi Ching Rachel	WWS	3:25.97		
8	Lee Long Yuet	HTC	3:30.02		
9	Ma Wing Tung	CDGFSS	3:43.59		
10	Chan Wai Yan	HLC	3:49.95		
11	Wong Shan	PTSS		DN start	
12	Lee Tsz Lam	CHC		DN start	
13	Ali Haleema	DMS-BW		DN start	
14	Luk Tsz Ying	FHMSS		DN start	
15	Wu Wai Ching	SKHLFH		DN start	

Heat 2					Final Lane
1	Ko Tsoi Nam	TYH	2:47.53	Standard	1
2	Ng Hong Ka	LHYMSS	2:49.01	Standard	2
3	Lee Man Ting Matilda	PLKLFC	2:51.47	Standard	5
4	Lai Tin Wai	WWS	3: 3.04	Standard	9
5	Wong Ngo In	SKHLFH	3: 7.79	Standard	
6	Lok Nga Yin	MKC	3: 7.82	Standard	
7	Shek Wing Lam	HTC	3: 9.90	Standard	
8	Garcia Jasmin Kate	NAMS	3:25.72		
9	Fong Shuk Yi Annie	LS	3:25.78		
10	Lam Ka Wing Erica	HKSC	3:32.73		
11	Liang Peishan	SSCC	3:50.14		
12	Halima Rahfan	DMS-BW		DN start	
13	Tong Sze Ting	OLC		DN start	
14	Lau Ching Ting	SLCSS		DN start	

Heat 3					Final Lane
1	Wong Wing Shan	ASMS	2:49.37	Standard	3
2	Yuen Sze Yan	TOSS	2:49.85	Standard	4

3	Mao Loi	BHSS	2:57.57	Standard	7
4	Chan Cheuk Sze	PKSS	3: 0.76	Standard	8
5	Li Suet Ying	CHC	3:10.29	Standard	
6	Siu Kwok Yan	HLC	3:10.43	Standard	
7	Heung Tsz Ching	LSTYKH	3:24.29		
8	Wong Yin Tsing Erica	NP2C	3:31.87		
9	Zhou Jia Yi	SSCC	3:33.59		
10	Lau Yuen Yi Alice	CDGFSS	3:44.52		
11	Liang Ying Yan	SLCSS		DN start	
12	Fung Tsz Ching Michelle	PLKNO.1C		DN start	
13	Lee Yuen Ying	FHMSS		DN start	
14	Lau Lai Sze	LS		DN start	

Event 29 800m Boys A

Standard: 2:34.00

Record: 1:55.58 (2016)

Heat 1

Final Lane

1	Yim Sau Ching	CSS	2:19.05	Standard	2
2	Ngip Tsz Fung	PLKLFC	2:24.62	Standard	4
3	Cheng Tsz Long	TYH	2:28.35	Standard	6
4	Chen Yiwei	NAMS	2:30.52	Standard	10
5	Tang Fai Yuen	KHSS	2:33.82	Standard	
6	Ho Siu Chuen	HLC	2:37.44		
7	Tung Chuen Yuet	CDGFSS	2:38.90		
8	Chiu Kwan Chuen	WWS	2:39.44		
9	Lu Zekai	ASMS	2:39.45		
10	Ng Wai Kuen	SKHLFH	2:40.48		
11	Kam Tsz Fai	PTSS	2:40.98		
12	Lai Tsz Ng	K-LING	2:53.77		
13	Law Cham Sum Sam	FHMSS		DN start	
14	Rodriguez John Matthew D.	SSCC		DN start	

Heat 2

Final Lane

1	Lam Tsz Nok Ron	PTSS	2:14.96	Standard	1
2	Mak Chun Kit	SLS	2:19.47	Standard	3
3	Cheng Chung Hin	LS	2:28.52	Standard	7
4	Yuen Man King Eric	TYH	2:29.42	Standard	8
5	Ho Si Ho	PLKLFC	2:29.45	Standard	9
6	Lau Tsz Kit	WWS	2:31.47	Standard	11
7	Sze Yau Hang	SKHLFH	2:32.74	Standard	
8	Tung Yu Hin	K-LING	2:33.15	Standard	
9	Hau Ka Lam	HLC	2:36.36		
10	Kwok Kwan Ling	LWFSS	2:39.17		
11	Lee Sai Hung	KHSS		DN start	
12	Lo Cheuk Hang	SLCSS		DN start	
13	Nasmbu Mbele Joao	KWSC		DN start	

Heat 3

Final Lane

1	Leung Pak Hin	CSS	2:26.60	Standard	5
2	Chan Ming Tung	NAMS	2:31.78	Standard	12
3	Wu Lok Tin	SLS	2:38.38		
4	Chan Hok Nam	HGSS	2:39.37		
5	Ng Yu Hin	LWFSS	2:47.18		
6	Cheng Ho Chun	PLKNO.1C	2:47.19		
7	Zhou Jiefeng	ASMS	2:48.26		
8	Ng Yu Hung	SSCC	2:56.60		
9	Wong Yat Hei	SLCSS		DN start	
10	Ng Justin	CDGFSS		DN start	
11	Leung Chiu Yuk	CCSS		DN start	
12	Chung Lok Yin Flexco	KLC		DN start	
13	Oh-Yang Chun Kiu	FHMSS		DN start	

Event 30 Discus Girls C

Standard: 12.00 (1kg)

Record: 29.90 (2002) (1kg)

Position	Name	School	Result	Remark	Points
1	Li Yee Tung	WWS	17.90	Standard	9
2	Yeung Ka Man	TYH	16.95	Standard	7
3	Leung Cheuk Ting	OLC	16.48	Standard	6

4	Ting Ka Yee	CCSS	15.80	Standard	5
5	Tao Hei Tung	LHYMSS	15.43	Standard	4
6	Yung Oi Chi	LHYMSS	14.60	Standard	3
7	Cheung Wing Kei	WWS	14.49	Standard	2
8	Lai Kwan Yu	K-LING	14.13	Standard	1
	Yeung Phoenix	CCSS	13.78	Standard	
	Ng Pui On	TOSS	12.22	Standard	
	Liang Keer	LS	12.20	Standard	
	Tang Tsoi Lam	CCK	12.06	Standard	
	Kwok Sze Lok	OLC	12.00	Standard	
	Lam Ka Man	CDGFSS	11.98		
	Poon Cheuk Lam	K-LING	11.93		
	Ho Sze Wai	HTC	11.91		
	Ngai Ka Man	SKHLFH	11.78		
	Man Hoi Ting	PTSS	11.47		
	Leung Ka Wing Sophia	PKSS	10.53		
	Li Pui Sze	PKSS	10.34		
	Cheng Yi Ching	PLKLFC	10.03		
	Lui Miu Yan	SLCSS	10.01		
	Wong Lam Yan	TYH	9.95		
	Fong Bowie	SLCSS		DN take part	
	Fang Yu Jen	PTSS		DN take part	
	Wong Wing Ying May May	FHMSS		DN take part	
	Lee Hiu Wa	CDGFSS		No Mark	
	Lee Hiu Ching	HTC		DN take part	
	Lam Hau Yan	PLKLFC		No Mark	
	Tsui Ka Hang	HLC		DN take part	
	Lee Wai Ching	BHSS		DN take part	
	Sze Fei Fei	SKHLFH		No Mark	
	Lo Tsz Ching	BHSS		DN take part	
	Lee Chin Ching	TOSS		No Mark	
	Wong Hiu Ching	LS		No Mark	
	Wong Yu Tung	KTGS		DN take part	

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Event 31 Shot Put Girls B

Standard: 6.60 (3kg)

Record: 12.25

(2009) (3kg)

Position	Name	School	Result	Remark	Points
1	Chan Yan Ki	LS	9.09	Standard	9
2	Chan Cho Man	PLKLFC	8.65	Standard	7
3	Chung Ping Nga	LWFSS	8.08	Standard	6
4	Lam Ka Wing	MKC	7.97	Standard	5
5	Wong Chin Yee	PKSS	7.84	Standard	4
6	Rai Neha	DMS-BW	7.72	Standard	3
7	Luk Sze Ting	HTC	7.72	Standard	2
8	Yeung Tsz Yuen	PKSS	7.72	Standard	1
	Li Yan Ying	CDGFSS	7.34	Standard	
	Tang Tsz Tung	WWS	7.31	Standard	
	Menna	DMS-BW	7.16	Standard	
	Tam Nga Lam	HTC	7.16	Standard	
	Choi Sze Wan	CDGFSS	7.02	Standard	
	Chan Hin Kwan	SLCSS	7.01	Standard	
	Ngai Mei Yi May	WWS	6.99	Standard	
	Au Chun Ting	PTSS	6.89	Standard	
	Siu Ching Man	NAMS	6.89	Standard	
	Hung Jade	PLKLFC	6.85	Standard	
	Chow Sze Yan	CSS	6.82	Standard	
	Lee Fung Ying	BHSS	6.82	Standard	
	Lee Fung Yu	SKHLFH	6.65	Standard	
	Tang Tsz Ling	HLC	6.64	Standard	
	Tong Tsz Yan	LSTYKH	6.55		
	Chan Hei Yi	SLCSS	6.55		
	Tang Uen Ying	MKC	6.46		
	Leung Kai Suet	PTSS	6.45		
	Sham Ka Ki	SKHLFH	6.38		
	Liu Hang Lam	TOSS	6.25		
	Lin Yuk Yam	TYH	5.93		

Lee Hoi Wai Santina	K-LING	5.92	
Fung Ka Mei	CSS	5.88	
Leung Po Ying	LS	5.87	
Chan Mei Kwan	LWFSS	5.86	
Tsui Tsz Kiu	CCSS	5.54	
Chan Wing Yan	CHC	5.48	
Chan Heung Po	SSCC	3.93	
Tam Ho Ying	HLC		DN take part
Li Yik Wa	TOSS		DN take part
Hung Cheuk Ying	CCSS		DN take part
Yip Wing Yan	TYH		No Mark
Chung Pui Wan	KHSS		DN take part
Li Helena Hoi Ching	OLC		DN take part
Ko Yuk Ying	SSCC		DN take part

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Event 32 Shot Put Boys A

Standard: 8.90 (5kg)

Record: 15.48

(2017) (5kg)

Position	Name	School	Result	Remark	Points
1	Wan Tin Lok	PTSS	11.69	Standard	9
2	Chung Chuck Bun	ASMS	10.71	Standard	7
3	Lee Tsz Yuen	BHSS	10.58	Standard	6
4	Wu Wai Kuen	LWFSS	10.44	Standard	5
5	Chi Ho Yin	PLKLFC	10.37	Standard	4
6	Cheung Man Kwong	SLCSS	10.13	Standard	3
7	Lam Chun Ho Nestor	PLKLFC	10.10	Standard	2
8	Ho Cheuk Him Justin	HLC	9.93	Standard	1
	Wong Ling Chung	CDGFSS	9.72	Standard	
	Ho Tsz Ming	LWFSS	9.69	Standard	
	Yau Hon Lung	KWSC	9.64	Standard	
	Chang Tsz Fai	SKHLFH	9.58	Standard	
	Lam Tak Chi	HLC	9.55	Standard	
	Fong Ka Shun	KWSC	9.48	Standard	
	Sze Ka Kit	K-LING	9.41	Standard	
	Lin Jixin	NAMS	9.06	Standard	
	Ko Man Dick	SSCC	8.98	Standard	
	Tsang Chi Lam	MKC	8.94	Standard	
	Pang Tsz Chun	BHSS	8.86		
	Siu Wai Hin	WWS	8.80		
	Pum Ka Wun	WWS	8.77		
	Chan King Kin	SKHLFH	8.58		
	Cheung Wang Lung Ronald	CCSS	8.30		
	Chan Tsz Ho	PTSS	8.25		
	Wong Yiu Man	SSCC	8.24		
	Li Chi Ho	TYH	8.23		
	Fok Sik Kit	CHC	8.18		
	Sze Cheuk Yin	TYH	8.08		
	Hsueh Yung Ting	K-LING	7.79		
	Ng Pui Lung	CDGFSS	7.77		
	Lee Shing Hei Carlos	PLKCKY	7.68		
	Lee Wai Tin	SLS	7.60		
	Lau Pok Man	CSS	7.45		
	Lan Zihui	KLC	7.23		
	Leung Chi Chung	ASMS	7.10		
	Yeung Hiu Lam	FHMSS	6.32		
	Muhammad Nasir Khan	CYCS		DN take part	
	Leung Lik Sang	SLS		DN take part	
	Hong Man Chun	CYCS		DN take part	
	Chan Tsun Hei	FHMSS		DN take part	
	Jiang Junwei	CCSS		DN take part	
	Wong Cheuk Nam	CSS		DN take part	
	Yeung Tsz Hei	SLCSS		DN take part	
	Chan Ka Kit	KTGS		DN take part	

=====
Event 33 Javelin Boys B

Standard: 18.00 (600gm)

Record: 56.91

(2017) (600gm)

Position	Name	School	Result	Remark	Points
1	Leung Pak Long	WWS	32.98	Standard	9
2	Ng Hok Kwong	NAMS	29.81	Standard	7
3	Wong Long Lau	WWS	28.69	Standard	6
4	Ching Kam Ming	CCSS	28.31	Standard	5
5	Chan Kin Leung	LSTYKH	26.47	Standard	4
6	Li Joshua	TYH	25.31	Standard	3
7	Guan Chenxiang	SLS	25.17	Standard	2
8	Ho Granada	HLC	24.81	Standard	1
	Ng Chak Pan	CCSS	24.38	Standard	
	Wong Ching Hei	HLC	22.07	Standard	
	Mak Tsun Yin	TYH	19.67	Standard	
	Zhou Jiayi	ASMS	18.54	Standard	
	Wong Wing Ho	CSS	16.94		
	Lau Yan Yin	SLCSS	16.79		
	Yeung Chi Wai	PLKNO.1C	16.48		
	Chan Kwun Nam	CDGFSS	16.06		
	Hung Man Lok	K-LING	15.71		
	Cheung Oscar Santos	SKHLFH	14.88		
	Li Kin Shing	CSS	14.61		
	Tam Hoi Man	CDGFSS	13.20		
	Wong Cheung Kin	SKHLFH	9.27		
	Ng Tik Long	K-LING		DN take part	
	Tang Yu Kin	BHSS		DN take part	
	Kwok Ting Chung	SLCSS		DN take part	
	Lam Kin Tat	BHSS		DN take part	

=====
Event 34 High Jump Girls A
Standard: 1.23 Record: 1.73 (2018)

Position	Name	School	Result	Remark	Points
1	Chan In Ching	HTC	1.48	Standard	9
2	Cheung Wan Yi	HKSC	1.45	Standard	7
3	Lai Hei Tung	NP2C	1.45	Standard	6
4	Chan Sze Yu Sheryl	PKSS	1.28	Standard	5
5	Huang Ka Man	CCK	1.28	Standard	4
6	Cheung Sum Yuet	CDGFSS	1.28	Standard	3
7	Lai Ally Juliana	SKHLFH	1.23	Standard	1
7	Kong Yin Ting	HTC	1.23	Standard	1
7	Cheung Ka Man	HKSC	1.23	Standard	1
7	Lam Leong Pan	NP2C	1.23	Standard	1
7	Chung Yuen Ying	CCK	1.23	Standard	1
	Lau Sze Wing Rachel	OLC	1.22	Standard	
	Lo Mei Ki	CCSS	1.22	Standard	
	Ma Lok Lam	WWS	1.18		
	Ho Ning Yan	OLC	1.18		
	Lee Hong Ki Jodie	WWS	1.18		
	Ng Yuen Ching	K-LING	1.18		
	Chau Ka Hei	TYH	1.18		
	Cheung Man Ling	TYH		No Mark	
	Lam Ching	LS		No Mark	
	Thapa Rojy	DMS-BW		No Mark	
	Tang Yee Man	CCSS		No Mark	
	Au Yeung Wai Yin	CDGFSS		DN take part	
	Wong Hiu Yin	KTGS		DN take part	

=====
Event 35 Long Jump Girls C
Standard: 3.10 Record: 5.43 (2009)

Position	Name	School	Result	Remark	Points
1	Wong Wing Yu	TOSS	4.37	Standard	9
2	Chan Tsz Ching	LKPFC	3.97	Standard	7
3	Lee Lok Yee Noriko	CSS	3.97	Standard	6
4	Chan Chi Ching	CDGFSS	3.97	Standard	5
5	Or Tsz Sen	LKPFC	3.83	Standard	4
6	Leung Yu Hei Camilla	NAMS	3.78	Standard	3
7	Shek Tsz Yin	HGSS	3.72	Standard	2

8	Lee Ka Hang	WWS	3.68	Standard	1
	Cheung Sum Yu	SKHLFH	3.52	Standard	
	Chan Wing Shuen	CDGFSS	3.50	Standard	
	Lam Ashley Gwyneth	PTSS	3.49	Standard	
	Kong Lok Yiu	K-LING	3.48	Standard	
	Lam Wing Tung	LS	3.44	Standard	
	Choi Hiu Ying	HTC	3.44	Standard	
	Tai Wing Kiu	WWS	3.42	Standard	
	Lee Lok Ching	PLKLFC	3.37	Standard	
	Yu Wing Tung	TYH	3.35	Standard	
	Tong Hiu Lam Angel	OLC	3.35	Standard	
	Kwok Yuen Ying	LWFSS	3.34	Standard	
	Chan Hoi Yi Heidi	SLCSS	3.34	Standard	
	Wong Tsz Yan Katrina P.	SKHLFH	3.33	Standard	
	Gabriellatiffany Monsod	KWSC	3.33	Standard	
	Yan Wai Ching	PTSS	3.19	Standard	
	Wong Ching Kwan	HTC	3.18	Standard	
	Lee Bickey	HLC	3.18	Standard	
	Ng Pui Lam	PKSS	3.16	Standard	
	Wong Pui Yan	LHYMSS	3.10	Standard	
	Ng Wing Tung	CCSS	3.07		
	Torka Johanna	NAIS	3.02		
	Li Tsz Mei	HLC	3.02		
	Yeung Lok Yung	LS	2.96		
	So Yau Yuet	KHSS	2.95		
	Leung Cheuk Ying	MKC	2.87		
	Wu Chun Chi	PLKNO.1C	2.84		
	Ye Wai Lam	PKSS	2.84		
	Hui Ching Ching	K-LING	2.79		
	Bishwokarma Sanjika	DMS-BW	2.74		
	Benoza Christine Joy J.	KWSC	2.70		
	Tam Hoi Ching	LHYMSS	2.69		
	Coilho Crystal	DMS-BW	2.56		
	Au Cheuk Yin	OLC	2.52		
	Guo Yuqing	NAMS	2.44		
	Lee Ho Yee	TYH	2.43		
	Chung Wing Yiu	LWFSS	2.31		
	Lam Hau Yan	PLKLFC		DN take part	
	Tam Sing Mei	BHSS		DN take part	
	Li Zeyu	NAIS		DN take part	
	Wong Hin Hang	SLCSS		DN take part	
	Or Tsz Ying	HGSS		DN take part	
	Yau Yung Wai	TOSS		No Mark	
	Ng Cheuk Ling	FHMSS		No Mark	
	Ngan Tsin Lam	CCSS		No Mark	

=====
Event 36 200m Girls C

Standard: 34.00

Record: 25.85 (2012)

Semi-Final 1

Final Lane

1	Cheng Yuen Ki	CSS	29.47	3
2	Au Cheuk Ting	HTC	31.15	7
3	Wong Wing Lam	PKSS	31.26	1
4	Ng Pui On	TOSS	31.71	
5	Ho Kwan Yi	CCK	32.00	
6	Ho Yan Mei	K-LING	33.48	
7	Chan Hei Tung	NP2C	33.67	
8	Tam Ching Si Jessie	PLKLFC		

Semi-Final 2

Final Lane

1	Wong Wai Ching	WWS	29.34	2
2	Tam Hiu Ching	PTSS	30.44	6
3	Tse Lea	WWS	31.46	8
4	Lau Ka Ying	HTC	32.13	
5	Cheung Sum Yu	SKHLFH	32.28	
6	Poon Hau Man	PKSS	32.38	
7	Russell Hannah Rebecca	NAIS	32.52	
8	Au Yee Shan Susanna	LHYMSS	33.18	

Semi-Final 3				Final Lane
1	Lin Wai Yee	CDGFSS	29.50	4
2	Ke Ching Man	CSS	29.57	5
3	Chau Nim Chi	CDGFSS	31.72	
4	Lam Wing Tung	LS	31.81	
5	Wai Sau Lam Annette	TOSS	32.61	
6	Tang Ching Mei	CCSS	34.25	
7	Lo Man Hei Judith	MKC	34.49	
8	Li Hiu Ying	BHSS		

=====
 Event 37 200m Boys C
 Standard: 29.60 Record: 22.59 (2008)

Semi-Final 1				Final Lane
1	Chan Cheuk Hin	PLKLFC	26.00	2
2	Chow Ho Fung	PLKCKY	27.08	5
3	Sun Wai Yuk	SLCSS	27.37	8
4	Tam Chi Kin	LS	29.19	
5	Kwok Hei Yeung	SKHLFH	29.90	
6	Li Jiabao	SKHLFH	29.90	
7	Feng Man Hei	HGSS		
8	Deng Man Him	KTGS		

Semi-Final 2				Final Lane
1	Chan Chak Fung	SLS	27.17	6
2	Wan Chi Hang	TYH	27.85	
3	Wong Sze Hoi	CDGFSS	28.02	
4	Tsang Wai Ching	CCSS	28.44	
5	Lo Chun Hin	LSTYKH	28.87	
6	Chan Ho Fung	KTGS	29.30	
7	Liu Ka Lok	HLC	29.66	
8	Ng Hon Lam	CDGFSS		

Semi-Final 3				Final Lane
1	Tsang Pak Hei	CCSS	26.86	3
2	Tse Ting Hin	LWFSS	26.97	4
3	Lee Yu Ching	MKC	27.20	7
4	Wu Junkai	MKC	27.23	1
5	Wong Hoi Kit	HLC	28.28	
6	Leung Hoi Hang Hugo	LKPFC	28.79	
7	Au Ho Lam	TYH	29.06	
8	Fung Yu Tai	CSS	29.53	

=====
 Event 38 200m Girls B
 Standard: 33.50 Record: 24.96 (2016)

Semi-Final 1				Final Lane
1	Farha-Hasanara	DMS-BW	28.21	2
2	Chau Tsz Yu	HGSS	29.67	5
3	Chan Hoi Ching	CCK	30.03	6
4	Jong Tsing	TOSS	31.20	
5	Lam Ka Yan	BHSS	31.91	
6	Yeung Wai Ling	OLC	32.02	
7	Chan Ka Yiu	HLC	33.10	
8	Wong Yik Hang	K-LING		

Semi-Final 2				Final Lane
1	Kwong Pui Ting	HTC	28.98	3
2	Fung Yuen Ching	HTC	29.31	4
3	Ma Yau Wai	PTSS	30.73	7
4	Pan Hang Ching	TOSS	31.04	1
5	Wong Nga Ting	PTSS	31.08	8
6	Jolissa Alcantara	SSCC	32.59	
7	Yau Chun Ying	SLCSS		
8	Ho Shing Yuet	K-LING		

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 Event 39 200m Boys B
 Standard: 27.30 Record: 22.13 (2010)

Semi-Final 1				Final Lane
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1	Chan Long Yin	TYH	24.59	2
2	Suen Wai Lung	LKPFC	25.99	1
3	Woo Siu Leung	CHC	26.01	8
4	Wu Zhongkai	CHC	26.34	
5	Lam Man Chun	CCSS	26.58	
6	Lau Wing Chung	K-LING	27.75	
7	Leung Pak Long	WWS		
8	Lee Cheuk Hin	PTSS		
Semi-Final 2				Final Lane
1	Fan Griffith	CCK	25.20	3
2	Luo Tsun Wa	ASMS	25.91	6
3	Tam Chi Wai	CSS	25.93	7
4	Au-Yeung Yu Hin	HLC	26.45	
5	Wong Yi Ho	KTGS	26.95	
6	Mo Tik To	CCSS	27.38	
7	Ho Chun Shing	LWFSS		
8	Ngai Man Hei	TYH		
Semi-Final 3				Final Lane
1	Tang Yu Kin	BHSS	25.69	4
2	Cheung Chun Lap	BHSS	25.86	5
3	Tsang Hon Lap	PLKLFC	26.30	
4	Cheng Ka Chun	CSS	26.50	
5	Liang Guang Yuan	LSTYKH	26.81	
6	Chan Yat Kiu	SLCSS	27.13	
7	Luo Sum Pok	LSTYKH		
8	Ku Lok Man	HLC		

=====
Event 40 200m Girls A

Standard: 33.50

Record: 25.01 (2018)

Semi-Final 1				Final Lane
1	Leung Kwan Yi	CHC	27.50	2
2	Luk Wing Ki	OLC	29.65	5
3	Choi Hei Ling	TYH	30.00	6
4	Lam Hau Ying	HTC	31.36	8
5	Lau Wai Yuk	NP2C	31.63	
6	Kwan Yee Lam	HTC	31.66	
7	Lai Hei Tung	NP2C		
8	Chan Chi Ling	TOSS		

Semi-Final 2				Final Lane
1	Wong Siu Lai	HGSS	28.90	3
2	Mak Shuk Lam	TYH	29.08	4
3	Lee Ching Yan	PKSS	30.11	7
4	Leung Sum Yuet	SKHLFH	30.26	1
5	Cheng Wing Yan	CDGFSS	31.40	
6	Chui Pui Yu Hanne	PLKLFC	31.79	
7	Cheung Ka Man	HKSC	32.02	
8	Ma Ying Ka	LS		

=====
Event 41 200m Boys A

Standard: 26.50

Record: 21.91 (2017)

Semi-Final 1				Final Lane
1	Cheuk Kwan Yu	HGSS	23.68	2
2	Lam Tsz Fung	TYH	24.60	4
3	Curata Christian Jay A.	SLS	24.61	5
4	Chan Man Kit	ASMS	24.90	7
5	Wong Tsz Ho	K-LING	25.37	
6	Wu Dailun	ASMS	25.42	
7	Choy Piu Lee	HLC	25.59	
8	Wong Chi Hong	CCSS	25.98	

Semi-Final 2				Final Lane
1	Lo Chi Hung	CSS	24.24	3
2	Ng Wai Kin	KTGS	24.64	6
3	Leung Pak Chi Elvis	TYH	25.08	1
4	Cheung Wai Ting	PLKLFC	25.18	8
5	Kong Douglas	SLS	25.38	

6	Leung Tsz Chun	SLCSS	25.59
7	Tse Fai Yiu	CDGFSS	26.22
8	Lee Ka Po Marco	KHSS	

=====
Event 42 1500m Boys C

Standard: 5:58.00 Record: 4:31.24 (2008)

Final

				Points
1	Middleton Alexander E.	NAIS	5: 3.97	9
2	Wong Long Hang	WWS	5:12.08	7
3	Lee Ho Yeung	CHC	5:13.29	6
4	Wong Ka Ho	SSCC	5:13.46	5
5	Huang Yongjian	PLKCKY	5:33.38	4
6	Yip Ho Ching	WWS	5:34.31	3
7	Chan Sunny	SLS	5:34.82	2
8	Chan Ngo Chit Keith	LWFSS	5:37.61	1
9	Wong Po Ting	PLKLFC	5:41.74	
10	Wong Tsz Yui	SLCSS	5:45.62	
11	Lam Him	SLS	5:48.35	
12	Leung Chun Long Willis	TYH		

=====
Event 43 1500m Boys B

Standard: 5:40.00 Record: 4:12.07 (2016)

Final

				Points
1	Kwok Yiu Hin	FHMSS	5: 3.16	9
2	Fung Chun Wai	CHC	5: 5.26	7
3	Ng Kwan Lam	CCSS	5: 9.57	6
4	Cheung Wai Kit	SLS	5:11.37	5
5	Ong Chak Min	K-LING	5:12.08	4
6	Mak Ching Hei	LS	5:14.67	3
7	Poon Chun Kit	PTSS	5:16.56	2
8	Lee Chak One	HGSS	5:18.77	1
9	Fan Jeffrey	LSTYKH	5:20.09	
10	Uematsu Ryotaro	CSS	5:53.41	
11	Cheung Yan Loi	LS		
12	Wong Sui Pang	BHSS		

=====
Event 44 1500m Boys A

Standard: 5:30.00 Record: 4:06.23 (2016)

Final

				Points
1	Leung Caspar Gabriel	SLS	4:42.37	9
2	Leung Chit Long	PLKCKY	4:42.59	7
3	Chau Wing Chung	PKSS	4:45.25	6
4	Yim Sau Ching	CSS	4:48.95	5
5	Ma Mingjun	SSCC	4:54.53	4
6	Wong Andrew	CCSS	4:55.53	3
7	Cheung Cheuk Long	HGSS	5: 3.70	2
8	Ho Kwan Hoi	PTSS	5: 4.87	1
9	Lam Cheuk Man	TYH	5: 9.74	
10	Lam Yiu Wun	CCK	5:13.29	
11	Ngip Tsz Fung	PLKLFC		
12	Ho Chun To	PLKNO.1C		

=====
Event 45 4x400m Relay Girls C

Standard: 5:40.00 Record: 4:15.44 (2017)

Heat 1

Final Lane

1	HTC	5: 6.58	Standard	2
2	WWS	5:17.12	Standard	6
3	K-LING	5:24.45	Standard	7
4	NAIS	5:25.70	Standard	1
5	TOSS	5:27.98	Standard	8
6	NP2C		DN start	
7	CDGFSS		DN start	

Heat 2

Final Lane

1	PTSS	5:14.39	Standard	3
2	LHYMSS	5:16.30	Standard	5
3	CHC	5:38.66	Standard	
4	SKHLFH	5:58.26		
5	DMS-BW	5:58.60		
6	FHMSS	8: 4.66		
7	HLC		DN start	
Heat 3				Final Lane
1	LS	5:15.69	Standard	4
2	TYH	5:29.29	Standard	
3	SLCSS	5:33.28	Standard	
4	PKSS	5:38.04	Standard	
5	PLKLFC	5:46.13		
6	MKC		DN start	

=====
Event 46 4x400m Relay Girls B
Standard: 5:31.00 Record: 4:11.21 (2014)

Heat 1				Final Lane
1	LHYMSS	5: 2.36	Standard	4
2	K-LING	5:14.41	Standard	7
3	WWS	5:20.26	Standard	1
4	CDGFSS	5:35.19		
5	SKHLFH	6:15.35		
6	FHMSS		DN start	

Heat 2				Final Lane
1	DMS-BW	5:12.56	Standard	6
2	PKSS	5:23.38	Standard	8
3	TOSS	5:31.00	Standard	
4	SLCSS		DN start	
5	BHSS		DQ	
6	MKC		DN start	

Heat 3				Final Lane
1	HTC	4:52.91	Standard	2
2	LS	5: 1.31	Standard	3
3	CHC	5: 2.65	Standard	5
4	PTSS	5:31.75		
5	HLC	6: 4.00		
6	NP2C		DN start	

=====
Event 47 4x400m Relay Girls A
Standard: 5:20.00 Record: 4:07.82 (2015)

Heat 1				Final Lane
1	TYH	5: 6.74	Standard	6
2	NP2C	5:16.06	Standard	7
3	WWS	5:17.41	Standard	1
4	LS	5:20.40		8
5	SKHLFH	5:48.31		
6	MKC		DN start	
7	HLC		DN start	

Heat 2				Final Lane
1	PLKLFC	5: 3.78	Standard	4
2	HKSC	5:30.22		
3	DMS-BW	5:39.95		
4	ASMS	6: 3.69		
5	LHYMSS		DN start	
6	TOSS		DN start	
7	CDGFSS		DN start	

Heat 3				Final Lane
1	CHC	4:47.94	Standard	2
2	PKSS	5: 3.31	Standard	3
3	HTC	5: 4.18	Standard	5
4	FHMSS		DN start	
5	PTSS		DN start	
6	SLCSS		DN start	

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Event 48 4x400m Relay Boys C

Standard: 4:48.00

Record: 3:45.03 (2015)

				Final Lane
Heat 1				
1	PLKCKY	4:26.74	Standard	3
2	CSS	4:41.59	Standard	7
3	SLCSS	4:58.84		
4	SSCC		DN start	
5	PLKNO.1C		DN start	
6	MKC		DN start	
Heat 2				
1	PLKLFC	4:39.11	Standard	5
2	HLC	4:44.40	Standard	1
3	PTSS	4:45.88	Standard	8
4	LS	4:54.16		
5	NAIS	5: 0.56		
6	SKHLFH	5:37.53		
Heat 3				
1	SLS	4:22.10	Standard	2
2	CDGFSS	4:32.84	Standard	4
3	WWS	4:41.47	Standard	6
4	TYH	4:49.92		
5	K-LING		DQ	
6	FHMSS		DN start	

Event 49 4x400m Relay Boys B

Standard: 4:20.00

Record: 3:33.81 (2018)

				Final Lane
Heat 1				
1	K-LING	4: 7.63	Standard	4
2	SLS	4:13.28	Standard	7
3	PTSS	4:14.35	Standard	8
4	NAMS	4:21.34		
5	CCK	4:34.99		
6	ASMS	4:42.93		
7	HGSS		DN start	
8	SSCC		DN start	
Heat 2				
1	LSTYKH	4:10.53	Standard	5
2	HLC	4:21.88		
3	CHC	4:24.49		
4	SLCSS	4:26.30		
5	TYH	4:27.70		
6	PKSS	4:30.35		
7	SKHLFH	4:40.34		
8	FHMSS	4:52.34		
Heat 3				
1	LS	4: 0.91	Standard	2
2	BHSS	4: 1.65	Standard	3
3	WWS	4:11.36	Standard	6
4	CDGFSS	4:13.48	Standard	1
5	CSS	4:15.85	Standard	
6	PLKCKY	4:18.37	Standard	
7	MKC		DN start	

Event 50 4x400m Relay Boys A

Standard: 4:09.00

Record: 3:25.68 (2018)

				Final Lane
Heat 1				
1	SLS	3:59.22	Standard	3
2	K-LING	4: 6.34	Standard	6
3	MKC	4:22.55		
4	WWS	4:24.36		
5	PLKLFC	4:28.38		
6	FHMSS	5: 3.05		
7	SLCSS		DN start	
Heat 2				
				Final Lane

1	PKSS	3:48.43	Standard	2
2	PTSS	4: 4.73	Standard	4
3	TYH	4: 6.10	Standard	5
4	LS	4: 7.88	Standard	1
5	KLC	4:36.50		
6	SKHLFH	4:42.52		
7	BHSS		DN start	
Heat 3				Final Lane
1	SSCC	4: 6.72	Standard	7
2	NAMS	4:10.46		8
3	CDGFSS	4:11.58		
4	ASMS	4:15.27		
5	PLKNO.1C	4:20.66		
6	HLC		DN start	
7	CSS		DN start	

HONG KONG SCHOOLS SPORTS FEDERATION
 Inter-School Athletics Championships
 Division Three (Area One)
 Day Three: 30 January 2019

=====
 Event 1 Discus Boys A
 Standard: 20.00 (1.5kg)

Record: 49.69 (2016) (1.5kg)

Position	Name	School	Result	Remark	Points
1	Ha Chun Kit	CHC	31.86	Standard	9
2	Cheung Kai Hang	PLKLFC	28.22	Standard	7
3	Chan Wing Nok	KWSC	27.83	Standard	6
4	Chang Tsz Fai	SKHLFH	27.74	Standard	5
5	Cho Shing Yin	K-LING	27.06	Standard	4
6	Lam King Wong	WWS	26.33	Standard	3
7	Ho Tsz Ming	LWFSS	25.67	Standard	2
8	Kong Ho Chun	CCSS	24.98	Standard	1
	Wan Tin Lok	PTSS	24.12	Standard	
	Pum Ka Wun	WWS	23.00	Standard	
	Tsang Chi Lam	MKC	22.58	Standard	
	Fok Sik Kit	CHC	22.48	Standard	
	Ramchand Chin Fei	KWSC	22.44	Standard	
	Hsueh Yung Ting	K-LING	22.24	Standard	
	Kwok Yu Hong	HLC	21.77	Standard	
	Tang Sek Tim	SLS	21.71	Standard	
	Wong Yiu Man	SSCC	21.34	Standard	
	Lai Cheuk Hei	CSS	21.18	Standard	
	Wong Ho Tsun	LS	20.99	Standard	
	Chan King Kin	SKHLFH	20.89	Standard	
	Lee Tsz Yuen	BHSS	20.71	Standard	
	Lin Jixin	NAMS	19.93		
	Lin Zhenhao	ASMS	19.93		
	Leung Lik Sang	SLS	19.82		
	Fong Yiu Ting	PLKLFC	19.65		
	Chan Ka Shun	CDGFSS	19.43		
	Sze Cheuk Yin	TYH	19.40		
	Liu Kai Lok	HLC	19.26		
	Lam Ching Lung	PLKNO.1C	18.74		
	Chan Ming Yam	ASMS	16.94		
	Li Chi Ho	TYH	15.57		
	Cheung Man Kwong	SLCSS	15.54		
	Wong Cheuk Nam	CSS	15.04		
	Yeung Hiu Lam	FHMSS	13.92		
	Ko Man Dick	SSCC	11.80		
	Yeung Tsz Hei	SLCSS		DN take part	
	Wong Ling Chung	CDGFSS		DN take part	
	Muhammad Nasir Khan	CYCS		DN take part	
	Chan Tsun Hei	FHMSS		DN take part	
	Li Kui Hang David	LSTYKH		DN take part	
	Leung Kai Cheong	CCSS		DN take part	
	Lan Zihui	KLC		DN take part	
	Cheong Chi Ho	LWFSS		DN take part	

=====
 Event 2 High Jump Boys B
 Standard: 1.45

Record: 1.96 (2016)

Position	Name	School	Result	Remark	Points
1	Chang Ching Hoi	HLC	1.63	Standard	9
2	Cheung Chun Kin	LSTYKH	1.61	Standard	7
3	Tsang Ka Ming	PTSS	1.50	Standard	6
4	Leung Chin Shing	CCSS	1.50	Standard	5
5	Lu Yuen Ho	SLS	1.50	Standard	4
6	Lee Chun Po	PLKLFC	1.45	Standard	3
6	Ng Hoi Yee	LWFSS	1.45	Standard	3
8	Cheng Yi Cheung	SLCSS	1.45	Standard	1

8	Wong Hak Kiu	WWS	1.45	Standard	1
	Ng Kai Yu	PLKLFC	1.44	Standard	
	To Wing Kit	WWS	1.40		
	Chan Ka Wai	TYH	1.40		
	Tang Kam Hang	LS		No Mark	
	Cheng Wing Chun	LSTYKH		No Mark	
	Chen Yinchao	HLC		DN take part	
	Ng Kwok Feung	CSS		DN take part	
	Tong King Chun	K-LING		DN take part	
	Li Man Sing	CSS		DN take part	
	Lau Chun Yin	CDGFSS		No Mark	
	Yu Ho Ming	TYH		No Mark	
	Lai Allan Jeffrey	SKHLFH		No Mark	
	Lao Hei Long Ian	CDGFSS		No Mark	
	Cheung Kai Ming	PTSS		No Mark	
	Yip Cheuk Wang	CCK		No Mark	
	Ng Chun Wai	CCSS		No Mark	
	Tam Yu Chiu	CCK		No Mark	
	Mung Lap Wa	SKHLFH		No Mark	
	Wong Hei Yeung Cody	PLKCKY		DN take part	
	Li Chun Hei	K-LING		No Mark	
	Luk Wing Chung	SLCSS		No Mark	

=====
Event 3 Long Jump Girls B

Standard: 3.40

Record: 5.61 (2014)

Position	Name	School	Result	Remark	Points
1	Kwong Pui Ting	HTC	4.57	Standard	9
2	Lo Hiu Lam	WWS	4.42	Standard	7
3	Ng Ming Yan	SKHLFH	4.22	Standard	6
4	Lam Yee Pui	LS	4.08	Standard	5
5	Lau Hiu Yan	TOSS	4.05	Standard	4
6	Lam York Tin	HTC	4.05	Standard	3
7	Tong Yuk Ting	MKC	3.94	Standard	2
8	Ng Yama	WWS	3.80	Standard	1
	Escueta Toni Gabrielle J.	DMS-BW	3.79	Standard	
	Hui Ka Kei	TOSS	3.78	Standard	
	Ying Wan Ching	PTSS	3.75	Standard	
	Kwok Ka Ki	PKSS	3.73	Standard	
	Davies Samantha Jessica	SKHLFH	3.67	Standard	
	Choi Man Yan	LWFSS	3.58	Standard	
	Cheng Cho Lam	CDGFSS	3.55	Standard	
	Lor Yuet Kiu	ASMS	3.52	Standard	
	Zhao Siyi	LWFSS	3.52	Standard	
	Ng Pui Ying	OLC	3.51	Standard	
	Tsoi Cheuk Lam	PKSS	3.43	Standard	
	Poon Pak Ching	LS	3.31		
	Yau Kai Pik	CCSS	3.27		
	Kelly Ang	CDGFSS	3.24		
	Li Sze Wing	TYH	3.22		
	Fu Man Ching	LHYMSS	3.09		
	Lo Ka Wai	TYH	3.04		
	Lee Tin Yuet	PTSS	2.98		
	Lam Ka Wing	MKC	2.84		
	Lam Ka Ching	CCK	2.75		
	Sit Lok Yi	ASMS	2.75		
	Chan Wing Yu	K-LING	2.68		
	Li Wa Yan	CHC	2.64		
	Wong Wai Yi	SLCSS	2.59		
	Wong Ho Yan	K-LING	2.54		
	Chan Mei Yuk	HGSS		DN take part	
	Tse Hoi Lam Amy	CSS		DN take part	
	Li Tsz Ying	HLC		DN take part	
	Cheung Ho Yan	CCSS		DN take part	
	Wu Jiayi	KHSS		DN take part	
	Kwok Wing Shan	SLCSS		DN take part	
	Yit Cho Yi	OLC		No Mark	

Tse Cheuk Ying

HLC

DN take part

Event 4 Shot Put Girls C

Standard: 6.00 (3kg)

Record: 10.59

(2004) (3kg)

Position	Name	School	Result	Remark	Points
1	Ngai Ka Man	SKHLFH	7.93	Standard	9
2	Yung Oi Chi	LHYMSS	7.66	Standard	7
3	Lahaylahay Lyla Mea	KWSC	7.42	Standard	6
4	Lau Tsz Ying	HTC	7.27	Standard	5
5	Chan Sum Yu	PLKLFC	7.12	Standard	4
6	Tang Tsoi Lam	CCK	7.08	Standard	3
7	Li Yee Tung	WWS	7.02	Standard	2
8	Leung Hau Laam	KHSS	6.99	Standard	1
	Wong Hiu Ching	LS	6.87	Standard	
	Tang Cheuk Ting	LWFSS	6.62	Standard	
	Tao Hei Tung	LHYMSS	6.56	Standard	
	Tong Ching Yee	CSS	6.53	Standard	
	Kwok Wing Sze	CDGFSS	6.53	Standard	
	Yeung Phoenix	CCSS	6.27	Standard	
	Yeung Chi Mei	TYH	5.98		
	Lui Miu Yan	SLCSS	5.92		
	Lam Ka Man	CDGFSS	5.84		
	Miao Tung	NP2C	5.82		
	Wong Cheuk Yiu	OLC	5.78		
	Poon Wai Kei	TOSS	5.65		
	Cheung Wing Yu Ally	NAIS	5.61		
	Cheung Sonia Man Hei	NAIS	5.57		
	Lau Sing Yu	HA	5.49		
	Chau Tsz Yan	PKSS	5.45		
	Cheng Yi Ching	PLKLFC	5.44		
	Au Cheuk Yin	OLC	5.38		
	Yeung Hiu Yuen	K-LING	5.29		
	Feng Hiu Tung	WWS	5.23		
	Lai Kwan Yu	K-LING	5.01		
	Liu Tsz Ying	PKSS	4.68		
	Chan Yuen Hei Emily	TOSS	4.67		
	Hernandez Trexie Guingab	KWSC	4.51		
	Liang Keer	LS	4.23		
	Lin Wing Yi	TYH	3.69		
	Sze Fei Fei	SKHLFH		No Mark	
	Ngan Tsin Lam	CCSS		DN take part	
	Lo Tsz Ching	BHSS		DN take part	
	Fang Yu Jen	PTSS		DN take part	
	Fong Bowie	SLCSS		DN take part	
	Tsui Ka Hang	HLC		DN take part	
	Wong Wing Ying May May	FHMSS		DN take part	
	Man Hoi Ting	PTSS		DN take part	
	Lee Hiu Ching	HTC		DN take part	
	Wong Yu Tung	KTGS		DN take part	
	Cheung Chung Yi	KTGS		DN take part	
	Lee Wai Ching	BHSS		DN take part	
	Choi Yuen Tung	NP2C		DN take part	

Event 5 100m Hurdles Girls C

Standard: 24.00 (0.762m)

Record: 15.23

(2015) (0.762m)

Final	Name	School	Result	Points
1	Pang Wing Hin	TYH	19.88	9
2	Cheng Pik Yee Debbie	CDGFSS	21.10	7
3	Leung Cheuk Ting	OLC	21.38	6
4	Lee Ka Ying	HTC	21.47	5
5	Lee Ka Hang	WWS	21.48	4
6	Chan Chi Ching	CDGFSS	21.51	3
7	Tam Ching Si Jessie	PLKLFC	21.55	2
8	Yeung Lok Yung	LS	25.04	1

Event 6 100m Hurdles Girls B
Standard: 23.00 (0.762m) Record: 14.42 (2016) (0.762m)

Final Points
1 Lam Yee Pui LS 18.28 9
2 Kelly Ang CDGFSS 19.63 7
3 Qin Zhuolin PTSS 19.84 6
4 Ye Enjie BHSS 19.95 5
5 Yeung Wai Ling OLC 20.45 4
6 Kei Lok Man TOSS 20.59 3
7 Siu Cho Yu HTC 22.18 2
8 Luk Ka Ching HTC 22.35 1
=====

Event 7 100m Hurdles Girls A
Standard: 22.50 (0.762m) Record: 14.30 (2016) (0.762m)

Final Points
1 Cheung Sum Yuet CDGFSS 19.33 9
2 Lau Hoi Wing TYH 19.81 7
3 Chan Cheuk Sze PKSS 19.99 6
4 Wong Cho Yu HTC 20.36 5
5 Szeto Yan Kiu HTC 20.50 4
6 Tsoi Hiu Ying PKSS 20.68 3
7 Chau Ka Hei TYH 20.79 2
8 Tam Yee Lam HLC
=====

Event 8 100m Hurdles Boys C
Standard: 21.80 (0.84m) Record: 13.57 (2009) (0.84m)

Final Points
1 Ng Alvin SLS 18.38 9
2 Lee Shan Yuan Ronald SLS 18.60 7
3 Wong Yuen Ki HLC 19.43 6
4 Kwong Ka Wai CDGFSS 19.56 5
5 Wong Chun Shing TYH 19.76 4
6 Law Nok Sam K-LING 20.08 3
7 Zhou Linfeng SSCC 20.32 2
8 Chan King Ka WWS 21.76 1
=====

Event 9 100m Hurdles Boys B
Standard: 20.00 (0.914m) Record: 13.25 (2017) (0.914m)

Final Points
1 Fung Sze Yuen SLS 15.81 9
2 Chang Ching Hoi HLC 16.56 7
3 Sieh Ho Fung SLCSS 16.66 6
4 Tsang Hon Lap PLKLFC 17.23 5
5 Lau Wing Chung K-LING 17.83 4
6 Tam Yat Long LSTYKH 18.53 3
7 Chan Ho Fung CDGFSS 18.61 2
8 Poon Wai To CSS 20.12 1
=====

Event 10 110m Hurdles Boys A
Standard: 20.30 (0.914m) Record: 13.63 (2016) (0.914m)

Final Points
1 Li Chun Sing TYH 16.14 9
2 Lam King Wong WWS 16.75 7
3 Yeung Ming Tak SLS 17.40 6
4 Chung Siu Hang Jerry TYH 18.29 5
5 Lau Tin Long CDGFSS 18.84 4
6 Cheung Chun Fung K-LING 19.15 3
7 Chen Longyue CSS 19.28 2
8 Hui Cheuk Lun PLKLFC 19.37 1
=====

Event 11 400m Girls C
Standard: 1:25.00 Record: 58.78 (2000)

Final				Points
1	Chung Ki Ki	HTC	1:10.96	9
2	Ke Ching Man	CSS	1:11.99	7
3	Chan Ho Wing	CDGFSS	1:12.49	6
4	Lau Ka Ying	HTC	1:13.27	5
5	Cheung Pak Yiu	PTSS	1:14.97	4
6	Chau Nim Chi	CDGFSS	1:15.68	3
7	Tsz Tsz Yi	CHC	1:17.62	2
8	Chan Tsz Ching	LKPFC	1:19.45	1

Event 12 400m Boys C
Standard: 1:12.00 Record: 51.23 (2008)

Final				Points
1	Ng Alvin	SLS	1: 0.79	9
2	Chan Chak Fung	SLS	1: 1.89	7
3	Middleton Alexander E.	NAIS	1: 2.04	6
4	Ng Ka Lam	TYH	1: 2.09	5
5	Kwong Wai Shun	PTSS	1: 6.01	4
6	Lam Hei Chun Marco	CCSS	1: 6.08	3
7	Look Chun Kiu	PLKCKY	1: 6.93	2
8	Tse Tin Yat	CDGFSS	1: 9.76	1

Event 13 400m Girls B
Standard: 1:23.00 Record: 57.29 (2002)

Final				Points
1	Farha-Hasanara	DMS-BW	1: 5.78	9
2	Cheung Tsz Ying	TOSS	1: 6.21	7
3	Yung Sin Yu	LS	1: 9.69	6
4	Chung Kei Yi	WWS	1:12.61	5
5	Chan Nga Lam	HTC	1:13.51	4
6	Tsang Tsz Shan	PKSS	1:13.52	3
7	Kwok Sui Chi	HTC	1:15.01	2
8	Yau Sze Hang	PKSS	1:15.28	1

Event 14 400m Boys B
Standard: 1:04.00 Record: 49.72 (2010)

Final				Points
1	Chan Long Yin	TYH	55.11	9
2	Ng Shing Hin	PLKCKY	57.08	7
3	Fan Griffith	CCK	57.72	6
4	Tam Chi Wai	CSS	58.30	5
5	Ong Chak Min	K-LING	58.63	4
6	Chou Kam Yin	SSCC	1: 0.11	3
7	Lai Kwan To	CHC	1: 0.69	2
8	Cheung Chun Kin	LSTYKH	1: 0.97	1

Event 15 400m Girls A
Standard: 1:20.00 Record: 57.37 (2015)

Final				Points
1	Lau Man Hei	TYH	1: 8.70	9
2	Hui Ching Divine	K-LING	1: 8.80	7
3	Ko Tsoi Nam	TYH	1: 9.54	6
4	Yuen Sze Yan	TOSS	1: 9.69	5
5	Lui Kuk Chun	NAMS	1:12.75	4
6	Wong Ngo In	SKHLFH	1:14.07	3
7	Lee Ching Yan	PKSS	1:15.10	2
8	Shek Wing Lam	HTC	1:16.56	1

Event 16 400m Boys A
Standard: 1:02.00 Record: 49.92 (2016)

Final				Points
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1	Mak Chun Kit	SLS	55.27	9
2	Curata Christian Jay A.	SLS	56.30	7
3	Wong Ho Lam Angus	WWS	56.80	6
4	Tong Ka Yung	BHSS	56.88	5
5	Lau Chak Ming	SSCC	57.65	4
6	Cheung Ka Yuen	BHSS	58.03	3
7	Cheung Chun Fung	K-LING	59.04	2
8	Tong Ho Yeung	CDGFSS	59.64	1

=====
Event 17 100m Girls C

Standard: 15.50 Record: 12.48 (2010)

Final				Points
1	Wong Wai Ching	WWS	14.00	9
2	Cheng Yuen Ki	CSS	14.36	7
3	Mak Wing Yan	NP2C	14.43	6
4	Chan Wing On	HGSS	14.79	5
5	Wong Wing Yu	TOSS	14.82	4
6	Tse Lea	WWS	15.01	3
7	Au Cheuk Ting	HTC	15.32	2
8	Wan Ka Yan	CDGFSS	15.36	1

=====
Event 18 100m Boys C

Standard: 14.10 Record: 11.21 (2009)

Final				Points
1	Chan Cheuk Hin	PLKLCF	12.53	9
2	Chan Chak Sum	SLS	13.02	7
3	Tse Ting Hin	LWFSS	13.03	6
4	Sun Wai Yuk	SLCSS	13.07	5
5	Wu Junkai	MKC	13.14	4
6	Lee Yu Ching	MKC	13.20	3
7	Tsang Pak Hei	CCSS	13.40	2
8	Lam Man Long	SLCSS	13.54	1

=====
Event 19 100m Girls B

Standard: 15.30 Record: 11.89 (2016)

Final				Points
1	Fung Yuen Ching	HTC	13.97	9
2	Chan Hoi Ching	CCK	14.10	7
3	Choi Ho Ying	PKSS	14.13	6
4	Yu Shu Wing	BHSS	14.15	5
5	Chau Tsz Yu	HGSS	14.20	4
6	Chow Hoi Tung	NP2C	14.51	3
7	Chung Kei Yi	WWS	14.57	2
8	Zhu Ling Ying	NAMS	14.93	1

=====
Event 20 100m Boys B

Standard: 13.30 Record: 11.02 (2017)

Final				Points
1	Chan Kin Leung	LSTYKH	12.59	9
2	Ku Lok Man	HLC	12.68	7
3	Hung Kin Wang	PLKCKY	12.71	6
4	Luo Tsun Wa	ASMS	12.72	5
5	Wong Yu Chun	KHSS	12.76	4
6	Cheung Chun Lap	BHSS	12.78	3
7	Hung Chi Hin	CCSS	12.87	2
8	Wong Haihui	PKSS	12.92	1

=====
Event 21 100m Girls A

Standard: 15.70 Record: 11.85 (2017)

Final				Points
1	Leung Kwan Yi	CHC	12.46	9
2	Chui Tsz Kei	NP2C	13.55	7

3	Choi Hei Ling	TYH	13.93	6
4	Mak Shuk Lam	TYH	13.98	5
5	Wong Siu Lai	HGSS	14.01	4
6	Poon Wing Nga	PKSS	14.61	3
7	Lam Hau Ying	HTC	14.70	2
8	Lee Hoi Ching Cherrie	LSTYKH	15.11	1

=====
Event 22 100m Boys A

Standard: 12.80 Record: 10.60 (2018)

Final				Points
1	Cheuk Kwan Yu	HGSS	11.47	9
2	Choy Tsz Kit Oscar	PLKLFC	11.77	7
3	Lo Chi Hung	CSS	11.89	6
4	Tsang Chi Wa	KHSS	11.90	5
5	Ip Chung Hong	CSS	11.94	4
6	Ng Wai Kin	KTGS	11.96	3
7	Au Yeung Hiu Laam	ASMS	11.99	2
8	Chan Man Kit	ASMS	12.34	1

=====
Event 23 5000m Boys A

Standard: 21:45.00 Record: 15:37.60 (2018)

Final				Points
1	Leung Chit Long	PLKCKY	18:22.52	9
2	Chau Wing Chung	PKSS	18:35.20	7
3	Leung Caspar Gabriel	SLS	18:55.21	6
4	Ma Mingjun	SSCC	18:57.08	5
5	Wong Andrew	CCSS	19: 5.06	4
6	Cheung Cheuk Long	HGSS	20:11.44	3
7	Tong Ho Yeung	CDGFSS	20:11.91	2
8	Lam Cheuk Man	TYH	20:22.30	1
9	Lin Zhenyi	ASMS	21:19.31	
10	Li Peihuan	FHMSS	21:23.49	
11	Ho Ho Yin	K-LING	21:23.52	
12	Yu Chun Ming	SLS	21:53.15	
13	Wong Yat Hei	PLKCKY	22:12.19	
14	Chung Sze Hon	K-LING	22:12.66	
15	Wu Hung Ming Isaac	KLC	22:18.46	
16	Sze Ming Yam	BHSS	22:23.60	
17	So Kwun Lam	KHSS	22:24.82	
18	Ng Ting Yiu	SSCC	22:59.12	
19	Wong Wing Cheung	NAMS	23:10.00	
20	Li Tsz Ki	TYH	23:41.91	
21	Wong Tsz Chung	WWS	24: 6.14	
22	Lo Zion	FHMSS	24: 8.71	
23	Wong Hiu Lok	WWS		
24	Lee Wai Chun	CDGFSS		
25	Wu Hung Ching	ASMS		
26	Yu Man Hin	PLKLFC		
27	Tam Tsz Hin	KLC		
28	Chan Hok Yin	PLKLFC		

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Event 24 Long Jump Boys A

Standard: 4.90 Record: 7.36 (2017)

Position	Name	School	Result	Remark	Points
1	Wong Tsz Chai	PLKLFC	6.54	Standard	9
2	Ng Sui Hei	BHSS	5.93	Standard	7
3	Au Yeung Hiu Laam	ASMS	5.89	Standard	6
4	Mok Ka Po	BHSS	5.56	Standard	5
5	Choy Tsz Kit Oscar	PLKLFC	5.54	Standard	4
6	Leung Chun Sing	SKHLFH	5.45	Standard	3
7	Li Hung Pang	SLS	5.37	Standard	2
8	Zeng Wei	STCS	5.29	Standard	1
	Tse Ho Nam	TYH	5.23	Standard	
	Fang Zerong	CSS	5.19	Standard	

Ko Wang Chit	KLC	5.10	Standard
Lau Yat Hei	CCSS	5.08	Standard
Chung Siu Hang Jerry	TYH	5.07	Standard
Chen Junhao	LSTYKH	5.06	Standard
Sin Yiu Sing	PKSS	5.06	Standard
Wong Ho Lam Angus	WWS	5.01	Standard
Wan Tsz Lam	CCK	4.96	Standard
Sin Pak Tik	SLCSS	4.93	Standard
Tsang Hui Lok	PLKCKY	4.74	
Chan Kui Tung Jason	SSCC	4.68	
Wong Hei Chit	CSS	4.62	
Cheung Yat Hong	KLC	4.60	
Tse Ngai Chun	CDGFSS	4.55	
Wong Siu Kei	LSTYKH	4.52	
Fong Wing Sum	PTSS	4.50	
Ng Wing Tat	K-LING	4.44	
Choy Kin Tung	CCSS	4.42	
Chan Hei Chi	KWSC	4.37	
Ng Chi Chung	SKHLFH	4.33	
Wong Ka Shun	WWS	4.14	
Ng Yu Hung	SSCC	3.83	
Leung Yiu Sang	FHMSS	3.49	
Kong Douglas	SLS		DN take part
Leung Pok Hung	CDGFSS		DN take part
Wu Dailun	ASMS		No Mark
Tse Ho Yuen	MKC		DN take part
Szeto Chung Wang	SLCSS		DN take part

=====
Event 25 800m Girls C

Standard: 3:25.00

Record: 2:19.72 (2000)

Final

			Points
1	Leung Wing I	PTSS 2:50.46	9
2	Espeskog Anelotte I.	NAIS 2:50.62	7
3	Tse Tsoi Wing	WWS 2:52.40	6
4	Lai Tsz Wai	HTC 2:53.09	5
5	Lam Tsz Hei	TYH 2:57.38	4
6	Chan Ho Wing	CDGFSS 2:57.51	3
7	Chau Chun Yan	K-LING 3: 4.06	2
8	Lecher Romina Vivien	NAIS 3: 4.25	1
9	Wong Pui Ping	NAMS 3: 7.59	
10	Chung Ki Ki	HTC 3: 7.73	
11	Wong Hoi Wai	OLC 3: 9.32	
12	Cheung Pak Yiu	PTSS	

=====
Event 26 800m Boys C

Standard: 2:53.00

Record: 2:08.20 (2004)

Final

			Points
1	Lee Ho Yeung	CHC 2:28.45	9
2	Lee Shan Yuan Ronald	SLS 2:28.48	7
3	Lam Pak Yu	CSS 2:34.05	6
4	Khan Denwayne Jay	KWSC 2:34.64	5
5	Wong Kwan Ho Baron	PLKCKY 2:35.13	4
6	Tse Tin Yat	CDGFSS 2:37.40	3
7	Wong Long Hang	WWS 2:37.49	2
8	Choi Pui Yuk	CDGFSS 2:37.90	1
9	Po Wai Yin	WWS 2:39.11	
10	Yeung Ho Tim	CCSS 2:39.66	
11	Leung Chun Fai	CCSS 2:46.89	
12	Wong Ka Ho	SSCC 2:46.98	

=====
Event 27 800m Girls B

Standard: 3:19.00

Record: 2:15.76 (2001)

Final

			Points
1	Yung Sin Yu	LS 2:43.07	9

2	Cheung Tsz Ying	TOSS	2:46.06	7
3	Lam Oi Yi	HTC	2:53.59	6
4	Lam Nga Man	MKC	2:53.67	5
5	Chow Wing Yan	CHC	2:55.28	4
6	Cheng Sze Ching	LS	3: 0.41	3
7	Lee Po Yiu	CHC	3: 0.56	2
8	Lam York Tin	HTC	3: 1.97	1
9	Wong Sze Ki	LHYMSS	3: 2.96	
10	Tse Wing Chi	LSTYKH	3: 6.44	
11	Tso Hang Yi	CCSS	3: 9.45	
12	Rai Keleen	DMS-BW		

Event 28 800m Boys B

Standard: 2:40.00 Record: 2:00.69 (2013)

Final				Points
1	Cheung Yan Loi	LS	2:11.53	9
2	Fan Jeffrey	LSTYKH	2:17.83	7
3	Kwok Yiu Hin	FHMSS	2:18.89	6
4	Ho Man To	LWFSS	2:19.42	5
5	Wong Sui Pang	BHSS	2:19.66	4
6	Lu Yuen Ho	SLS	2:22.28	3
7	Ng Kwan Lam	CCSS	2:22.50	2
8	Lam Chun Tin Sky	HGSS	2:26.91	1
9	Fung Chun Wai	CHC	2:27.17	
10	Chan Ho Yan	PLKCKY	2:27.81	
11	She Wai Ho	LWFSS	2:28.53	
12	Chan Chun Hei	PTSS	2:30.59	

Event 29 800m Girls A

Standard: 3:18.00 Record: 2:17.06 (2015)

Final				Points
1	Ng Hong Ka	LHYMSS	2:45.16	9
2	Lee Man Ting Matilda	PLKLFC	2:45.83	7
3	Yuen Sze Yan	TOSS	2:47.08	6
4	Wong Wing Shan	ASMS	2:47.15	5
5	Ko Tsoi Nam	TYH	2:48.63	4
6	Mao Loi	BHSS	2:54.33	3
7	Chan Yiu	PKSS	2:57.33	2
8	Chan Yuen Ming	LHYMSS	2:57.39	1
9	Lai Tin Wai	WWS	2:59.23	
10	choi Suet Ching	TYH	3: 2.15	
11	Chen Yuxin	ASMS	3: 2.62	
12	Chan Cheuk Sze	PKSS	3: 2.90	

Event 30 800m Boys A

Standard: 2:34.00 Record: 1:55.58 (2016)

Final				Points
1	Lam Tsz Nok Ron	PTSS	2:12.27	9
2	Yim Sau Ching	CSS	2:15.13	7
3	Mak Chun Kit	SLS	2:16.95	6
4	Leung Pak Hin	CSS	2:18.93	5
5	Ngip Tsz Fung	PLKLFC	2:22.31	4
6	Chan Ming Tung	NAMS	2:28.13	3
7	Cheng Chung Hin	LS	2:29.47	2
8	Cheng Tsz Long	TYH	2:29.88	1
9	Yuen Man King Eric	TYH	2:30.56	
10	Lau Tsz Kit	WWS	2:30.72	
11	Ho Si Ho	PLKLFC	2:31.56	
12	Chen Yiwei	NAMS	2:35.43	

Event 31 Javelin Girls A

Standard: 14.00 (600gm) Record: 47.16 (2014) (600gm)

Position	Name	School	Result	Remark	Points
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1	Lam Yuen Tung Megan	OLC	24.55	Standard	9
2	Cheung Ka Yan	HTC	23.96	Standard	7
3	Maryam Bibi	DMS-BW	23.78	Standard	6
4	Wong Wai Lam	LWFSS	18.51	Standard	5
5	Tam Yee Lam	HLC	18.32	Standard	4
6	Tang Yee Man	CCSS	18.24	Standard	3
7	Lai Hei Lam	CCK	17.95	Standard	2
8	Tso Ka Wing	WWS	17.78	Standard	1
	Guo Helen	TYH	17.22	Standard	
	Fan Hiu Tan Angel	LS	16.36	Standard	
	Wong Nga Suet	OLC	16.17	Standard	
	Tsui Hoi Yan	HKSC	15.31	Standard	
	Lau Tsz Yuet	SKHLFH	15.21	Standard	
	Siaw Zi Wei Jessica	PLKNO.1C	15.09	Standard	
	Chow Shuk Yin	HTC	14.59	Standard	
	Tsoi Ching Yi	CDGFSS	12.94		
	Tsang Tze Wing	WWS	12.94		
	Chiu So Ting	HLC	12.75		
	Lee Chi Wai	CDGFSS	12.69		
	Lau Wing Yin	SKHLFH	11.83		
	Chow Yuen Ting	TYH	11.56		
	Mao Loi	BHSS	11.46		
	Leung Chun Ying	NAMS	10.74		
	Kwok Tsz Yan	CCSS	9.55		
	Chan Tsz Lam	HKSC	8.33		
	Wong On Ki	SLCSS		DN take part	
	Ho Lok Yi	SLCSS		DN take part	
	Cheung Hoi Sze	FHMSS		DN take part	
	Lai Ting Yan Naomi	LS		No Mark	
	Wong Nga Wai	CCK		No Mark	
	Wong Hiu Yan	K-LING		No Mark	

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Event 32 200m Girls C

Standard: 34.00 Record: 25.85 (2012)

Final				Points
1	Wong Wai Ching	WWS	29.01	9
2	Cheng Yuen Ki	CSS	29.15	7
3	Ke Ching Man	CSS	29.35	6
4	Lin Wai Yee	CDGFSS	29.62	5
5	Tam Hiu Ching	PTSS	30.27	4
6	Tse Lea	WWS	31.08	3
7	Au Cheuk Ting	HTC	31.88	2
8	Wong Wing Lam	PKSS	32.43	1

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Event 33 200m Boys C

Standard: 29.60 Record: 22.59 (2008)

Final				Points
1	Chan Cheuk Hin	PLKLFC	25.69	9
2	Chan Chak Fung	SLS	26.56	7
3	Tsang Pak Hei	CCSS	26.96	6
4	Chow Ho Fung	PLKCKY	27.07	5
5	Lee Yu Ching	MKC	27.19	4
6	Wu Junkai	MKC	27.21	3
7	Tse Ting Hin	LWFSS	27.23	2
8	Sun Wai Yuk	SLCSS	27.30	1

=====
Event 34 200m Girls B

Standard: 33.50 Record: 24.96 (2016)

Final				Points
1	Farha-Hasanara	DMS-BW	28.34	9
2	Chan Hoi Ching	CCK	29.37	7
3	Fung Yuen Ching	HTC	29.47	6
4	Kwong Pui Ting	HTC	29.52	5
5	Chau Tsz Yu	HGSS	29.52	5

6	Pan Hang Ching	TOSS	31.04	3
7	Ma Yau Wai	PTSS	32.01	2
8	Wong Nga Ting	PTSS		

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Event 35 200m Boys B

Standard: 27.30 Record: 22.13 (2010)

Final				Points
1	Chan Long Yin	TYH	23.95	9
2	Fan Griffith	CCK	25.13	7
3	Tang Yu Kin	BHSS	25.49	6
4	Cheung Chun Lap	BHSS	25.63	5
5	Luo Tsun Wa	ASMS	25.80	4
6	Tam Chi Wai	CSS	25.87	3
7	Suen Wai Lung	LKPFC	26.10	2
8	Woo Siu Leung	CHC	26.33	1

=====
Event 36 200m Girls A

Standard: 33.50 Record: 25.01 (2018)

Final				Points
1	Leung Kwan Yi	CHC	26.00	9
2	Choi Hei Ling	TYH	28.68	7
3	Mak Shuk Lam	TYH	28.90	6
4	Wong Siu Lai	HGSS	28.93	5
5	Luk Wing Ki	OLC	29.81	4
6	Lee Ching Yan	PKSS	30.20	3
7	Lam Hau Ying	HTC	30.22	2
8	Leung Sum Yuet	SKHLFH	31.01	1

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Event 37 200m Boys A

Standard: 26.50 Record: 21.91 (2017)

Final				Points
1	Cheuk Kwan Yu	HGSS	23.23	9
2	Ng Wai Kin	KTGS	24.07	7
3	Lam Tsz Fung	TYH	24.26	6
4	Curata Christian Jay A.	SLS	24.30	5
5	Chan Man Kit	ASMS	24.51	4
6	Cheung Wai Ting	PLKLFC	24.61	3
7	Lo Chi Hung	CSS	24.66	2
8	Leung Pak Chi Elvis	TYH	24.84	1

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Event 38 Discus Boys C

Standard: 17.00 (1kg) Record: 43.58 (2009) (1kg)

Position	Name	School	Result	Remark	Points
1	Ho Hoi Him	PLKLFC	25.96	Standard	9
2	Chan Tin Yu	SLCSS	24.66	Standard	7
3	Hon Chi Kwong	CDGFSS	23.30	Standard	6
4	Chan Man Kwan	WWS	23.23	Standard	5
5	Ho Siu Hong	TYH	21.17	Standard	4
6	Tam Cheuk Fung	LS	21.07	Standard	3
7	Au Kwan Ho	WWS	19.56	Standard	2
8	Lau Tin Lok	LWFSS	19.20	Standard	1
	Hui Kam Ming	CCSS	18.13	Standard	
	Lui Chun Tai	CCSS	18.06	Standard	
	Yip Tak Man	CSS	17.04	Standard	
	Chan Tin Chi	K-LING	16.78		
	Chen Ho Yeung	SLCSS	16.76		
	Chan Sunny	SLS	16.43		
	Chong Ho Nam	SKHLFH	15.91		
	Lau Hiu Ming	HLC	15.68		
	Cheng King Chi	SLS	15.46		
	Chan Wai Chung	K-LING	14.56		
	Keung Ho Tin	SSCC	14.38		
	Cheuk Chun Ngai	SSCC	13.57		

Ho Ching Nok	CDGFSS	12.89	
Deng Hua Ye	PTSS	12.60	
Wu Tsun Hei	PLKLFC	12.54	
Permandeep Singh	HLC	11.26	
Wang Pak Lam	CSS	11.21	
Li Chiu To	SKHLFH	9.77	
Yu Ho Tung	LWFSS		DN take part
Ng Chi Sum	TYH		DN take part
Lam Ka Chun	LS		No Mark
Shek Cheuk Hei	CYCS		DN take part

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Event 39 1500m Girls C

Standard: 7:00.00 Record: 4:59.56 (2017)

Final				Points
1	Leung Wing I	PTSS	5:54.15	9
2	Lo Lok Ching	HTC	5:54.95	7
3	Espeskog Anelotte I.	NAIS	5:58.79	6
4	Tse Tsoi Wing	WWS	6: 7.46	5
5	Wong Yan Lam	LS	6: 9.63	4
6	Ng Pui Lam	PKSS	6:12.83	3
7	Chau Chun Yan	K-LING	6:19.00	2
8	Chan Yee Tung	LHYMSS	6:21.59	1
9	Choi Yan Hei	CHC	6:36.70	
10	Lam Tsz Hei	TYH	6:36.79	
11	Law Shun	CDGFSS	7:10.81	
12	Soriano Rustishel Lovin	DMS-BW	7:17.56	
13	Ahmed Aisha Bi Bi	SKHLFH	7:24.32	
14	Lai Yuk Yi	FHMSS	7:24.94	
15	To Sze Kiu	SSCC		
16	Chan Sum Kiu	PLKLFC		

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Event 40 1500m Girls B

Standard: 7:00.00 Record: 4:52.83 (2018)

Final				Points
1	Lam Nga Man	MKC	6: 3.29	9
2	Chan Hoi Ching	LHYMSS	6: 4.56	7
3	Lam Oi Yi	HTC	6: 7.19	6
4	Siu Ho Kiu	LWFSS	6: 7.25	5
5	Tsang Tsz Shan	PKSS	6: 9.15	4
6	Cheng Sze Ching	LS	6:18.52	3
7	Chung Chi Yan	K-LING	6:21.05	2
8	Tse Wing Chi	LSTYKH	6:48.37	1
9	Tso Hang Yi	CCSS	6:51.75	
10	Wong Sze Lam	PLKLFC	7: 6.14	
11	Wong Wan Chi	SLCSS	7:27.84	
12	Chan Tsz Tong	WWS	7:44.06	
13	Wu Yuen Wai Yvonne	NAMS	7:49.75	
14	Yu Lok Ying	ASMS	7:57.55	
15	Wong Fong Yuen	FHMSS	8: 2.98	
16	Li Kam Kam Kelly	SKHLFH		
17	Ng Hing	HLC		
18	Chow Wing Yan	CHC		
19	Sehajpreet-Kaur	DMS-BW		
20	Wong Oi Ling	CDGFSS		

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Event 41 1500m Girls A

Standard: 7:00.00 Record: 4:53.27 (2015)

Final				Points
1	Ng Hong Ka	LHYMSS	5:58.39	9
2	Chan Yiu	PKSS	6: 8.87	7
3	Choi Suet Ching	TYH	6:12.35	6
4	Lai Tin Wai	WWS	6:13.38	5
5	Li Suet Ying	CHC	6:30.63	4
6	Hung Hoi Wai	K-LING	6:48.59	3

7	Lau Yuen Ching	HTC	6:50.06	2
8	Wong Shan	PTSS	6:59.96	1
9	Ng Po Yu	PLKLFC	7: 1.88	
10	Siu Kwok Yan	HLC	7: 6.76	
11	Leung Sze Ki	LS	7:11.62	
12	Lam Ka Wing Erica	HKSC	7:42.34	
13	Tang Meiyi	NAMS	7:45.41	
14	Wu Wai Ching	SKHLFH	7:57.10	
15	Ma Xiaohui	SSCC		
16	Wong Wing Shan	ASMS		
17	Halima Rahfan	DMS-BW		
18	Lau Yuen Yi Alice	CDGFSS		
19	Luk Tsz Ying	FHMSS		

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Event 42 4x100m Relay Boys C
Standard: 56.50 Record: 45.05 (2008)

Final			Points
1	PLKLFC	51.56	18
2	CDGFSS	52.37	14
3	MKC	52.89	12
4	SLS	53.48	10
5	HLC	53.99	8
6	PTSS	54.80	6
7	SLCSS	55.24	4
8	HGSS	55.88	2

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Event 43 4x100m Relay Boys B
Standard: 52.00 Record: 43.73 (2013)

Final			Points
1	WWS	49.37	18
2	HLC	50.16	14
3	TYH	50.56	12
4	CCK	50.73	10
5	CSS	51.42	8
6	ASMS	51.63	6
7	SLS	51.70	4
8	LSTYKH		

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Event 44 4x100m Relay Boys A
Standard: 50.00 Record: 42.16 (2017)

Final			Points
1	PLKLFC	46.65	18
2	BHSS	46.90	14
3	TYH	47.06	12
4	ASMS	47.53	10
5	PLKNO.1C	48.05	8
6	WWS	48.32	6
7	CSS	48.39	4
8	KHSS	48.90	2

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Event 45 4x100m Relay Girls C
Standard: 1:02.00 Record: 50.59 (2015)

Final			Points
1	CSS	57.57	18
2	WWS	57.61	14
3	PLKLFC	58.49	12
4	TOSS	59.25	10
5	CDGFSS	59.59	8
6	PTSS	59.82	6
7	HTC	1: 0.14	4
8	NP2C	1: 4.53	2

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Event 46 4x100m Relay Girls B

Standard: 1:03.00 Record: 49.44 (2015)

Final			Points
1	HTC	55.65	18
2	TOSS	56.10	14
3	WWS	56.85	12
4	BHSS	57.44	10
5	PKSS	58.45	8
6	OLC	58.56	6
7	HGSS	58.77	4
8	PTSS	58.79	2

Event 47 4x100m Relay Girls A

Standard: 1:02.00 Record: 48.92 (2018)

Final			Points
1	NP2C	56.89	18
2	K-LING	57.49	14
3	OLC	57.55	12
4	HGSS	58.22	10
5	TOSS	58.47	8
6	PKSS	58.71	6
7	HTC	59.49	4
8	TYH		

Event 48 4x400m Relay Boys C

Standard: 4:48.00 Record: 3:45.03 (2015)

Final			Points
1	SLS	4:18.64	18
2	PLKCKY	4:24.52	14
3	PLKLFC	4:27.20	12
4	WWS	4:28.07	10
5	CDGFSS	4:34.57	8
6	PTSS	4:44.13	6
7	CSS		
8	HLC		

Event 49 4x400m Relay Boys B

Standard: 4:20.00 Record: 3:33.81 (2018)

Final			Points
1	LS	3:55.38	18
2	BHSS	3:58.18	14
3	LSTYKH	4: 1.21	12
4	K-LING	4: 5.08	10
5	CDGFSS	4: 5.78	8
6	SLS	4: 6.38	6
7	WWS	4: 6.52	4
8	PTSS	4:13.71	2

Event 50 4x400m Relay Boys A

Standard: 4:09.00 Record: 3:25.68 (2018)

Final			Points
1	PKSS	3:48.79	18
2	K-LING	3:56.94	14
3	SLS	3:56.95	12
4	PTSS	3:57.90	10
5	TYH	4: 4.07	8
6	LS	4: 6.36	6
7	SICC	4: 7.46	4
8	NAMS	4:19.02	2

Event 51 4x400m Relay Girls C

Standard: 5:40.00 Record: 4:15.44 (2017)

Final			Points
1	HTC	4:59.55	18
2	WWS	5:12.59	14
3	LHYMSS	5:14.44	12
4	PTSS	5:16.26	10
5	LS	5:21.98	8
6	K-LING	5:23.92	6
7	NAIS		
8	TOSS		

=====
Event 52 4x400m Relay Girls B
Standard: 5:31.00 Record: 4:11.21 (2014)

Final			Points
1	HTC	4:50.55	18
2	DMS-BW	4:52.75	14
3	CHC	4:55.26	12
4	LS	4:55.89	10
5	LHYMSS	5: 1.52	8
6	WWS	5: 7.93	6
7	K-LING	5:11.06	4
8	PKSS	5:17.17	2

=====
Event 53 4x400m Relay Girls A
Standard: 5:20.00 Record: 4:07.82 (2015)

Final			Points
1	CHC	4:48.39	18
2	PLKLC	4:57.82	14
3	PKSS	5: 0.08	12
4	TYH	5: 0.47	10
5	HTC	5: 0.75	8
6	NP2C	5: 5.19	6
7	LS	5:12.50	4
8	WWS	5:16.37	2