

Track Events

	Chief Track Judge	: Mr. Leung Pak Ho	UCC-THT
Start Referee	:	1. Mr. Kot Hin Tak	
Starters	:	1. Mr. Chui Chun Nam LSTLKK	3. Mr. Hon Shing Chong QES
		2. Ms. Lau Shuk Yi MMWC	
		<i>Student from LSTLKK</i>	
Recall Starters	:	1. Ms. Ou Jiahui LSTLKK	3. Ms. Lam Yin Yee SLCSS
		2. Mr. Kung Chin Hung MMWC	
Starter's Assistants	:	1. Mr. Chan Kwong Wing PTAL	- Chief 4. Mr. Sim Leung Wai CCHK
		2. Mr. So Kin Ting SPETER	5. Mr. Karandeep Singh CREATIVE
		3. Mr. Chan Ka Chi SPETER	6. Mr. Au Ka Ho MKES
		<i>Student from CCHK</i>	
		<i>Student from MKES</i>	
		<i>Student from QES</i>	
		<i>Student from SPETER</i>	
Track Umpire	:	1. Mr. Lai Tsz Leung SPCC	- Chief 10. Ms. Chan Hoi Man NAMS
+ Relay Take Over		2. Mr. Wong Kit Leung CHC	11. Mr. Yeung Kwok Wing PLKCKY
		3. Mr. Ng Chak Ngai CLS-NP	12. Mr. Ngai Chun Yin Jeremy PLKVKTC
		4. Mr. Diu Siu Hong HTYC	13. Mr. Sam Kwok Hung SBC
		5. Mr. Lau Tik Hong KSYSS	14. Mr. Cheung Wai Ho SLCSS
		6. Mr. Hon Sze Ming KSYSS	15. Mr. Keith Ngai SPCC
		7. Ms. Law Man Chung MFS	16. Mr. Lam Sung Sang SSS
		8. Mr. Cho Chi Man MKES	17. Mr. Gary Cheung VSA
		9. Ms. Chan Wing Han MSC	
Call Room Judges (Roll Call)	:	1. Mr. Yip Sui Wing Josh EVANGEL	- Chief 8. Ms. Chan Sze Tung PLKVKTC
		2. Teacher from CLS-NP CLS-NP	9. Mr. Lau Ho Yin PTAL
		3. Mr. Soo Yan Lok EVANGEL	10. Ms. Chau Yuk Ying SBC
		4. Mr. Chan Kok Hing HLC	11. Ms. Li Wing Nga Kathy SCSG
		5. Ms. Chang Ka Wa LSCC	12. Mr. Kwok Wai Yin SKHTSK
		6. Ms. Kan Tan Tan LSCC	13. Ms. Li Lu SSS
		7. Teacher from NWC NWC	
		<i>Student from EVANGEL</i>	
		<i>Student from LSCC</i>	
		<i>Student from SBC</i>	
		<i>Student from SSS</i>	
Recorders	:	Managed by HKSSF Staff BOCHK Schools Sports Volunteers	
Wind Gauge Operators	:	Managed by HKSSF Staff	BOCHK Schools Sports Volunteers
Position	:	Managed by HKSSF Staff	<i>Students From SAGC</i>
Student Helpers	:	15 Students of United Christian College (Tai Hang Tung) (Day 2 & Final)	

Time Table

Division Three (Area 2)

Day One 19 February 2024

8:15 AM Officials report to duty

This timetable serves as a guide only. The actual event may be held ahead or behind the scheduled time. Competitors are requested to turn up at least 1 hour before the scheduled time of the event.

	No.	Time	Event		Heats /	Final
		8:15am	Officials Report (工作人員報到)			
AM	1	8:30am	High Jump (跳高)	Girls C		39
	2		Triple Jump (三級跳遠)	Boys B		35
	3		Long Jump (跳遠)	Boys C		58
	4		Shot Put (鉛球)	Girls A		46
	5		Discus (鐵餅)	Girls B		52
	6		100m Hurdles (欄)	Girls C	5	
	7		"	Girls B	4	
	8		"	Girls A	2	
	9	9:15am	"	Boys C	4	
	10		"	Boys B	5	
	11		110m Hurdles (欄)	Boys A	3	
	12	9:30am	400m	Girls C	8	
	13		"	Boys C	8	
	14		"	Girls B	8	
	15	10:45am	"	Boys B	8	
	16		"	Girls A	6	
	17		"	Boys A	7	
	18	11:00am	High Jump (跳高)	Boys A		36
	19	11:30am	Discus (鐵餅)	Boys B		56
	20	11:45am	100m	Girls C	9	
	21		"	Boys C	9	
	22		"	Girls B	9	
	23	12:15pm	"	Boys B	9	
	24		"	Girls A	7	
	25		"	Boys A	8	
PM	26	1:45pm	Javelin (標槍)	Boys A		46
	27		Shot Put (鉛球)	Boys B		58
	28		Long Jump (跳遠)	Girls A		44
	29		High Jump (跳高)	Boys C		33
	30	2:00pm	200m	Girls C	9	
	31		"	Boys C	9	
	32		"	Girls B	9	
	33	2:30pm	"	Boys B	9	
	34		"	Girls A	6	
	35		"	Boys A	8	
	36	3:00pm	1500m	Boys C	3	
	37		"	Boys B	3	
	38		"	Boys A	3	
	39	4:00pm	4x100m Relay (接力)	Girls C	5	
	40		"	Girls B	5	
	41		"	Girls A	4	
	42	5:00pm	"	Boys C	4	
	43		"	Boys B	5	
	44		"	Boys A	4	

List of Participating Schools of Division Three (Area 2)

School	Abbr.	Boys			Girls			
		A	B	C	A	B	C	
1 Carmel Secondary School	迦密中學	CS	1	1	1	1	1	1
2 CCC Heep Woh College	中華基督教會協和書院	HWC	1	1	1	1	1	1
3 CCC Mong Man Wai College	中華基督教會蒙民偉書院	MMWC	1	1	1	1	1	1
4 CCC Rotary Secondary School	中華基督教會扶輪中學	CCCRSS	1	1	1	1	1	1
5 China Holiness College	中聖書院	CHC	1	1	1		1	1
6 Cognito College (Hong Kong)	文理書院(香港)	CCHK	1	1	1	1	1	1
7 Concordia Lutheran School (Kowloon)	路德會協同中學	CLS	1	1	1	1	1	1
8 Concordia Lutheran School (North Point)	北角協同中學	CLS-NP	1	1	1	1		
9 Creative Secondary School	啟思中學	CREATIVE	1	1	1			
10 Evangel College	播道書院	EVANGEL	1	1	1	1	1	1
11 Henrietta Secondary School	顯理中學	HS	1	1	1	1	1	1
12 HKCCCU Logos Academy	香港華人基督教聯會真道書院	LA	1	1	1			
13 Ho Lap College (Sponsored by the Sik Sik Yuen)	可立中學(畚色園主辦)	HLC	1	1	1	1	1	1
14 Hon Wah College	漢華中學	HW	1	1	1	1	1	1
15 Jockey Club Government Secondary School	賽馬會官立中學	JCGSS	1	1	1	1	1	1
16 Kowloon Sam Yuk Secondary School	九龍三育中學	KSYSS	1	1	1	1	1	1
17 Kowloon True Light School	九龍真光中學	KTLS				1	1	1
18 Kwun Tong Kung Lok Government Secondary School	觀塘功樂官立中學	KTKLGSS	1	1	1			
19 Leung Shek Chee College	梁式芝書院	LSCC				1	1	1
20 Lingnan Hang Yee Memorial Secondary School	嶺南衡怡紀念中學	LHYMSS				1	1	1
21 Lok Sin Tong Leung Kau Kui College	樂善堂梁錫珺書院	LSTLKK	1	1	1	1	1	1
22 Maryknoll Fathers' School	瑪利諾神父教會學校	MFS	1	1	1	1	1	1
23 Maryknoll Secondary School	瑪利諾中學	MS	1	1	1	1	1	1
24 Mu Kuang English School	慕光英文書院	MKES	1	1	1	1	1	1
25 Munsang College	民生書院	MSC				1	1	1
26 New Asia Middle School	新亞中學	NAMS	1	1	1	1	1	1
27 Ng Wah Catholic Secondary School	天主教伍華中學	NWC	1	1	1		1	1
28 Pentecostal School	五旬節中學	PTAL	1	1	1	1	1	1
29 Po Leung Kuk Choi Kai Yau School	保良局蔡繼有學校	PLKCKY	1	1	1	1	1	1
30 Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	PLKNPL	1	1	1	1	1	1
31 Po Leung Kuk Tong Nai Kan Junior Secondary College	保良局唐乃勤初中書院	PLKTNK		1	1		1	1
32 Po Leung Kuk Vicwood K. T. Chong Sixth Form College	保良局莊啟程預科書院	PLKVKTC	1	1		1	1	
33 Pui Kiu Middle School	培僑中學	PKMS				1	1	1
34 Queen Elizabeth School	伊利沙伯中學	QES	1	1	1	1	1	1
35 Scientia Secondary School	創知中學	SSS	1	1	1	1	1	1
36 Shun Lee Catholic Secondary School	順利天主教中學	SLCSS	1	1	1	1	1	1
37 Sir Ellis Kadoorie Secondary School (West Kowloon)	官立嘉道理爵士中學(西九龍)	SEKSS-WK	1	1	1	1	1	1
38 SKH Tang Shiu Kin Secondary School	聖公會鄧肇堅中學	SKHTSK	1	1	1	1	1	1
39 St. Antonius Girls' College	聖安當女書院	SAGC				1	1	1
40 St. Bonaventure College and High School	聖文德書院	SBC	1	1	1	1	1	1
41 St. Catharine's School for Girls	聖傑靈女子中學	SCSG				1	1	1
42 St. Paul's Co-educational College	聖保羅男女中學	SPCC	1	1	1	1	1	1
43 St. Peter's Secondary School	聖伯多祿中學	SPETER	1	1	1	1	1	1
44 The HKTA Ching Chung Secondary School	香港道教聯合會青松中學	CCSS	1	1	1	1	1	1
45 The YWCA Hioe Tjo Yoeng College	基督教女青年會丘佐榮中學	HTYC	1	1	1	1	1	1
46 Victoria Shanghai Academy (Secondary Section)	滬江維多利亞學校(中學部)	VSA	1	1	1	1	1	1
47 United Christian College (Tai Hang Tung)	匯基書院(大坑東)	UCC-THT	1	1	1	1	1	1
		Total:	39	40	39	41	43	42

Standards for Athletics (Division Three) 2023-2024

(updated on : 10 July 2023)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m	13.00	13.50	14.20	15.70	15.70	15.80
200m	26.80	27.80	29.80	34.00	34.00	34.50
400m	1:02.00	1:04.00	1:12.00	1:22.00	1:25.00	1:28.00
800m	2:34.00	2:40.00	2:53.00	3:22.00	3:22.00	3:30.00
1500m	5:30.00	5:40.00	5:58.00	7:08.00	7:08.00	7:08.00
5000m	21:45.00	-	-	-	-	-
100m Hurdles	-	20.50	22.20	22.50	23.00	24.00
110m Hurdles	20.80	-	-	-	-	-
High Jump	1.50	1.45	1.25	1.23	1.20	1.15
Long Jump	4.90	4.60	3.80	3.60	3.40	3.10
Triple Jump	10.00	9.20	-	-	-	-
Shot Put	8.50	8.80	7.00	5.80	6.20	5.50
Discus	18.50	20.00	15.50	14.50	13.80	12.00
Javelin	21.50	17.50	-	13.50	-	-
4 x 100m Relay	51.00	53.00	56.50	1:02.00	1:03.00	1:05.00
4 x 400m Relay	4:13.00	4:28.00	4:50.00	5:28.00	5:35.00	5:45.00

The followings are the specifications of the throwing events and hurdles races.

Throwing Events (Weight of Implements)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
Shot Put	5 kg	4 kg	4 kg	4 kg	3 kg	3 kg
Discus	1.50 kg	1 kg	1 kg	1 kg	1 kg	1 kg
Javelin	700 gm	600 gm	-	600 gm	500 gm	-

Hurdles Races (Height of Hurdles)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m Hurdles	-	0.914 m	0.838 m	0.762 m	0.762 m	0.762 m
110m Hurdles	0.914 m	-	-	-	-	-
400m Hurdles	0.838 m	-	-	-	-	-

Inter-School Athletics Competition

(Last Update : 15 May 2023)

BOYS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.60	2017-2018	Tse Yee Hin Rico	St. Joseph's Anglo-Chinese School
200m	21.91	2016-2017	Wong Cheuk Hei Herry	Yu Chun Keung Memorial College
		2022-2023	Chung Tsz Sing	Lee Kau Yan Memorial School
400m	49.92	2015-2016	Ajaz-UI-Haq	St. Margaret's Co-Educational English Secondary and Primary School
800m	1:54.89	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:02.02	2022-2023	Chau Hoi Yeung	Wah Yan College (Kowloon)
5000m	15:37.60	2017-2018	Tse Chun Yin	Diocesan Boys' School
110m Hurdles (0.914m)	13.63	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
400m Hurdles (0.84m)	52.86	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
4x100m Relay	42.16	2016-2017	Tsoi Hong Yuen Ma Ka Ho Lo Tsz Yuen Fong Leong Sing	Diocesan Boys' School
4x400m Relay	3:25.18	2022-2023	Choi Man Chiu Tim Yeung Chi Hei Lau Tsun San Chu Lok Yin	Diocesan Boys' School
High Jump	2.01	2017-2018	Lam Hin Chak Timothy	La Salle College
Long Jump	7.89	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.82	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Shot Put (5 kg)	15.48	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.50 kg)	49.69	2015-2016	Tsoi Kin San	Diocesan Boys' School
Javelin (700 gm)	62.06	2016-2017	Lam Ming Yiu	Diocesan Boys' School

BOYS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	10.63	2022-2023	Chan, Yat Lok	The Independent Schools Foundation Academy
200m	21.90	2022-2023	Leung Ching Hang Wesley	Diocesan Boys' School
400m	49.72	2009-2010	Chan Yan Lam	Diocesan Boys' School
800m	2:00.69	2012-2013	Yeung Chi Ho	Creative Secondary School
1500m	4:10.65	2022-2023	Wang Nok Wang	Diocesan Boys' School
3000m	9:06.64	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
100m Hurdles (0.914m)	13.25	2016-2017	Wong Lok Hei Addis	Cheung Sha Wan Catholic Secondary School
4x100m Relay	43.01	2022-2023	Huang Chun Yu Leung Ching Hang Wesley Zheng Wang Kei Koo Cheuk Fung Jasper	Diocesan Boys' School
4x400m Relay	3:33.81	2017-2018	Fung Chi Lok Tse Cheuk Hin Yau Tse Ho Colin Wong Ching Hoi	Wah Yan College (Kowloon)
High Jump	1.96	2015-2016	Lam Hin Chak Timothy	La Salle College
Long Jump	6.92	2008-2009	Pang Ying Kit	La Salle College
Triple Jump	13.67	2008-2009	Pang Ying Kit	La Salle College
Shot Put (4 kg)	16.33	2012-2013	Yu Chung Yau	Choi Hung Estate Catholic Secondary School
Discus (1 kg)	54.18	2014-2015	Tsoi Kin San	Diocesan Boys' School
Javelin (600 gm)	58.50	2022-2023	Wong Yi Hin	Diocesan Boys' School

BOYS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	11.21	2008-2009	Wang Hao Yang	Diocesan Boys' School
200m	22.59	2007-2008	Chan Yan Lam	Diocesan Boys' School
400m	51.23	2007-2008	Chan Yan Lam	Diocesan Boys' School
800m	2:06.64	2018-2019	Slattery Matthew Luke	La Salle College
1500m	4:24.54	2022-2023	Au Ho Chun	Diocesan Boys' School
100m Hurdles (0.84m)	13.57	2008-2009	Liu Chung Lung	St. Joseph's Anglo-Chinese School
4x100m Relay	45.05	2007-2008	Wong Hung Yiu Lau Ho Tung Li Lut Yin Tsu Ka Chon	La Salle College
4x400m Relay	3:45.03	2014-2015	Ma Kenneth Chun Hei Lam Ansen Ng Wing Ho Lau Chung Kei	Diocesan Boys' School
High Jump	1.86	2012-2013	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Secondary School
Long Jump	6.27	2017-2018	Law Ngai Him	CMA Secondary School
Shot Put (4 kg)	14.33	2013-2014	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1 kg)	43.58	2008-2009	Chan Ngan Chuen	Hoi Ping Chamber of Commerce Secondary School

Inter-School Athletics Competition

(Last Update : 15 May 2023)

GIRLS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	11.85	2016-2017	Chan Pui Kei	Good Hope School
200m	24.31	2022-2023	Li Tsz To	HKUGA College
400m	57.37	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School
800m	2:17.06	2014-2015	Chan Yee Ki	Diocesan Girls' School
1500m	4:53.27	2014-2015	Chan Yee Ki	Diocesan Girls' School
100m Hurdles (0.762m)	13.76	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4x100m Relay	48.77	2018-2019	Chan Kei Sze Fung Anneke Chu Pui Ching Chan Pui Kei	Good Hope School
4x400m Relay	4:07.82	2014-2015	Chan Tak Yan Lee Suet Ying Chan Yee Ki Lam Christy Ho Yan	Diocesan Girls' School
High Jump	1.74	2018-2019	Lai Yan Hei	Good Hope School
Long Jump	5.78	2022-2023	Jia Wai Yin	St. Margaret's Co-Educational English Secondary and Primary School
Shot Put (4 kg)	10.58	2017-2018	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1 kg)	36.76	2018-2019	Chan Janice	Good Hope School
Javelin (600 gm)	47.16	2013-2014	Lau Hei Ting	Good Hope School

GIRLS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.89	2015-2016	Chan Pui Kei	Good Hope School
200m	24.96	2015-2016	Chan Pui Kei	Good Hope School
400m	56.27	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:15.76	2000-2001	Sarah Shuttleworth	King George V School
1500m	4:37.99	2018-2019	Wright Cade Cameron	St. Stephen's Girls' College
100m Hurdles (0.762m)	14.42	2015-2016	Wu Yi Lam	Good Hope School
4x100m Relay	49.44	2014-2015	Au Ka Wing Leung Nga Ching Wong Yuen Nam Lam Yan Tung	Diocesan Girls' School
4x400m Relay	3:59.42	2022-2023	Tseng, Hailey Chow Chi Kiu Cheuk Nim Yan Karlsson Jane Christa Ming Suet	Diocesan Girls' School
High Jump	1.75	2009-2010	Fung Wai Yee	Sacred Heart Canossian College
Long Jump	5.76	2021-2022	Jia Wai Yin	St. Margaret's Co-Educational English Secondary and Primary School
Shot Put (3 kg)	12.25	2008-2009	Ho Florence	Good Hope School
Discus (1 kg)	38.34	2017-2018	Chan Janice	Good Hope School
Javelin (500 gm)	48.10	2022-2023	Hui Cyrene	Maryknoll Convent School
Javelin (600 gm)*	42.92	2011-2012	Lau Hei Ting	Good Hope School

* From 2019-2020, the weight of Girls B Grade Javelin have changed from 600 gm to 500 gm

GIRLS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	12.37	2022-2023	Wong Wing Tung	Heep Yunn School
200m	25.77	2022-2023	Hui Ching Grace	Heep Yunn School
400m	58.64	2022-2023	Cheng Tsz Yan	Heep Yunn School
800m	2:19.72	1999-2000	Sarah Shuttleworth	King George V School
1500m	4:53.42	2018-2019	Wright Roxanne Scarlet	St. Stephen's Girls' College
100m Hurdles (0.762m)	15.23	2014-2015	Wu Yi Lam	Good Hope School
4x100m Relay	48.41	2022-2023	Wong Wing Tung Hui Ching Grace Ma Hoi Ki Cheng Tsz Yan	Heep Yunn School
4x400m Relay	4:12.52	2022-2023	Chow Choi Ching Sophie Kong Jerika Li Man Ching Yip Yik Tung	Diocesan Girls' School
High Jump	1.66	2006-2007	Wong Siu Ping	Heep Yunn School
Long Jump	5.43	2008-2009	Wu Hoi Ting Dianna	Diocesan Girls' School
Shot Put (3 kg)	10.59	2003-2004	Woo Wing Tung	Diocesan Girls' School
Discus (1 kg)	29.90	2001-2002	Chan Yu Ning	Heep Yunn School

Inter-School Athletics Competition

Instruction on the Use of Wan Chai Sports Ground

Heads of schools and teachers in charge of Athletics please read the following information carefully and pass the information to officials and competitors who will attend the Inter-School Athletics Competition to be conducted in the Wanchai Sports Ground.

1. **Safety Precaution**

Competitors must leave the **FIELD** as soon as they finish their events.

Accidents can occur in Javelin and Discus events. Teachers-in-charge must emphasize to their athletes that *the area around the Javelin Runway and Discus circle should be kept clear at all times. Competitors must station in the waiting area and can only enter the throwing area after their numbers are called.*

Competitors participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.

2. All warm up should be done in the warm up track area.

3. Nobody will be allowed to go inside the field (grass area) except appointed officials & competitors of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or students of a school do not follow this regulation, the school concerned is liable to disqualification.

4. The Federation wishes to emphasize that every precaution has been taken against possible risk, damage and injury to all concerned but this relies heavily on the co-operation of participating schools to point out the importance of safety to their teachers and students.

5. **Car Park Arrangement**

Parking will no longer be available. Schools or officials must use nearby public car park.

6. **Record Keepers' Office**

The Record Keepers' Office is located on the ground floor of the Sports Ground. Nobody will be allowed to enter the room without permission.

7. **Shoes for competition**

(A) Ordinary Training shoes or P.E. rubber shoes

(B) Spikes shoes: (i) Track event: spikes maximum length up to 7mm.

(ii) Field event: spikes maximum length up to 9mm.

Competitors failing to observe the rules concerning the use of spikes will not be allowed to compete.

8. **Refreshment Kiosk**

Neither food nor drink may be brought into the ground for sale, resale or free distribution.

(wsg)

Wan Chai Sports Ground

灣仔運動場

Legend 圖列：

— Border of Competition Area (Only Officials and Competitors are allowed to enter the competition area)
比賽場區 (只限工作人員及運動員進入)

E : Equipment Room 器材室

FC : Female Changing Room 女更衣室

MC : Male Changing Room 男更衣室

O : Office 辦事處

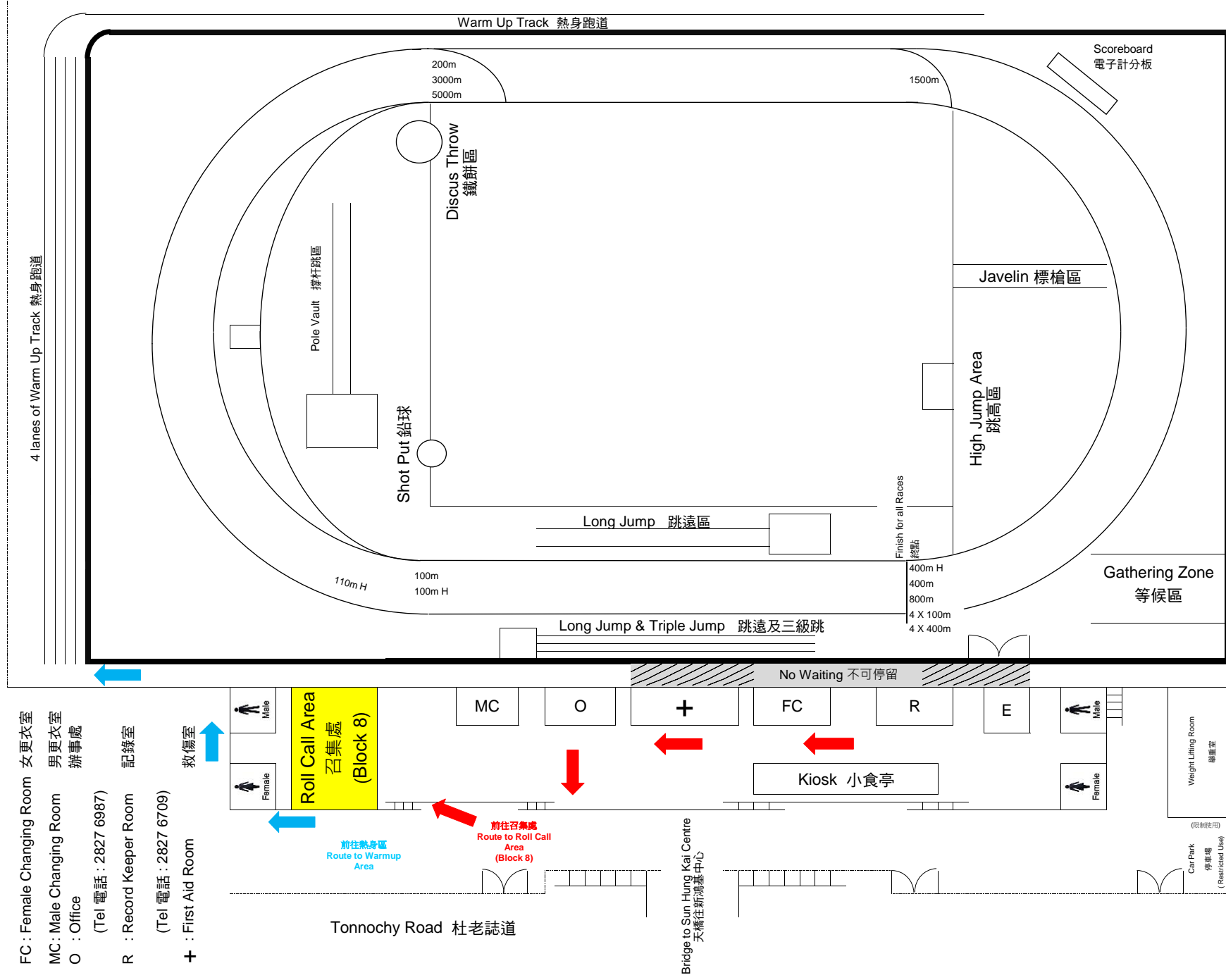
(Tel 電話 : 2827 6987)

R : Record Keeper Room 記錄室

(Tel 電話 : 2827 6709)

+ : First Aid Room 救傷室

Hung Hing Road 鴻興道



Gloucester Road 告士打道

Not to Scale 不按比例

HK Island & Kowloon Secondary Schools Regional Committee
Inter-School Athletics Competition

Management of Relay Races

Participating schools should brief their runners the proper procedure in conducting relay races.

1. Teams are required to fill out the relay form. Forms will be distributed at the Record Keeper Room on the race day morning.
2. Teams will **SUBMIT their relay form and student registration cards** when marshalling. Call Room Judges will then **RETURN the student registration cards** to students after checking.
3. Athletes will be sent directly to their respective relay take-over zone after marshalling.
4. The anchor leg should hand the baton to the official after the race. Throwing the baton is dangerous and any deliberate action shall cause disqualification of a team.

4 x 400m Relay Race

1. The 4th athlete should stick the lane number label on the right hand side of his shorts.
2. The first runner should take a baton from an official and ready to commence the race in his own lane. The colour of the starting line is White-Blue-White.
3. After the start of a race, the 2nd runner shall place himself inside the take-over zones on his own lane. Each take over zone shall be 20m long and marked by blue colour.
4. The 2nd runner is not permitted to begin running outside his take-over zone, and shall start within this zone. Similarly, the 3rd and 4th athletes shall begin running from within their take-over zones.
5. After the passing of baton is completed, the 2nd runner shall run in his own lane and may break from his lane immediately he has passed the line after the first bend (break line) which shall be marked in green colour near the start line of 1500m race.
6. The take-over zone of 3rd and 4th athletes will be the 10m lines either side of the finish line. The athletes in the third and fourth legs shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members are they complete 200m of their legs. Once the incoming athletes have passed this point, the waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the take-over zone. Should any athlete not follow this rule he shall cause the disqualification of his team.
7. Athletes, before receiving and/or after handing over the baton, should keep in their lanes or zones, in this last case until the course is clear to avoid obstruction to other athletes. Should any athlete **willfully impede** a member of another team by running out of position or lane at the finish of his stage, his team shall be disqualified.
8. After a race is completed, the anchor leg should return the baton to an official and return the lane number label.

THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA
Hong Kong Island & Kowloon Secondary Schools Regional Committee

Inter-School Athletics Competition
Division Three (Area Two)
Day One

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Inter-Secondary Schools Sports Competitions (Hong Kong Island and Kowloon) →
Various Sports Information → Athletics → Programs and Results

Inter-School Athletics Competition 2023-2024

Division Three (Area 2)

Day One 19 February 2024

Event 1	Girls C Grade High Jump		8:30am
	Record : 1.66		Standard : 1.15
Final	1	Chow Ga Ying	LSCC
	2	Choi Sze Yuen	HW
	3	Lung Kei Ching Alexis	SKHTSK
	4	Ge Shiyang	LSTLKK
	5	Cheung Han Yun	LSCC
	6	Pong Yan Tung	PLKNPL
	7	Li Zhixi Sally	PKMS
	8	Ho Tsz Yin Hayley	MSC
	9	Chan Man Lai	HWC
	10	Lee Ming Ki	SPCC
	11	Ng Long Ki	KTLS
	12	Au Chi Yu	PLKCKY
	13	Chan Yin Lam Sevina	MS
	14	Wee Wing Hei	SKHTSK
	15	Kwan Maia	MSC
	16	Lee Hoi Tung	PLKNPL
	17	Cheng Tsz Yan	NWC
	18	Tso Wai Laam	HW
	19	Yeung Hei Yu	KTLS
	20	Xie Susan	SPCC
	21	Leung Tsz Ying Regina	SAGC
	22	Lau Sum Yau	PLKCKY
	23	Ko Shuk Man	LHYMSS
	24	Tsang Yuen Ching	LSTLKK
	25	Tang Nga Man	CCHK
	26	Lin Ka Yi	SBC
	27	Tai Yuet Ching	SAGC
	28	Tang Qianqiu	PKMS
	29	Lam Wing Tung	NAMS
	30	Huen Cheuk Man	MS
	31	Siu Ching	LHYMSS
	32	Wong Ka Man	VSA
	33	Tang Nga Chi	CCHK
	34	Tsoi Mei Lam	PTAL
	35	Choi Hei Tung	NAMS
	36	Lee Tin Wing	EVANGEL
	37	Li Pui Shan	PTAL
	38	Lam Tsz Ching	HWC
	39	Cheng Hei Tung	NWC

Event 2	Boys B Grade Triple Jump	8:30am	
	Record : 13.67	Standard : 9.20	
Final	1	Tse Yat Hei	SKHTSK
	2	Chan Sze Nok	CHC
	3	Chan Chun On	SLCSS
	4	Mei Rewei	PLKTNK
	5	LEE CHUN NAM	CLS-NP
	6	Chan Wai Sing	HWC
	7	Yau Chi Wo	HTYC
	8	Hui Ho Tai Brandon	EVANGEL
	9	Lin Zheng Hong	PTAL
	10	Chan Chun Hei	CCCRSS
	11	Ip Cheuk Wai	HW
	12	Sze Chun Leung	CCHK
	13	Tsang Chun Shing	CHC
	14	MENESES CALVIN C.	CLS-NP
	15	Yip Ho Tsun	SSS
	16	Ma Chun Ho	HLC
	17	Lin Caden	JCGSS
	18	Chen Bochen	NAMS
	19	Ng Tsz Chun	MS
	20	Chau Siu Him	PLKNPL
	21	Luo Tsz Sui	SSS
	22	Chan Chun Fung	NAMS
	23	Leung Nok Wai	HTYC
	24	Tan Pak Chun	LSTLKK
	25	Cheung King Yuk	NWC
	26	Zhong Tianshuai	HLC
	27	Cheng Kwan Fung	SLCSS
	28	Fung Ho Lam	HW
	29	Jiang Yuk Chun	HWC
	30	Kwok Ho Yin	CCHK
	31	Lau Kingston	NWC
	32	Tsai Sheung Ching	SKHTSK
	33	Hill Kai Oliver	CREATIVE
	34	Yick Chun Yu	JCGSS
	35	Chan Ching Nok	PLKNPL

Event 3	Boys C Grade Long Jump	8:30am	
	Record : 6.27	Standard : 3.80	
Final	1	Lam Lok Chun	HW
	2	Wong Chin Yuen	QES
	3	Ke Wang Ngai	PTAL
	4	Chan Ting Yee	SPCC
	5	Kassongo Ngontay Fabrice	SEKSS-WK
	6	Wu Yuet Tin	MFS
	7	Yip Tsz Chun	MKES
	8	Leung Lok Yin	SKHTSK
	9	Leung Lai Yin	QES
	10	Yeung Ka Long	CHC
	11	Poon Pak Hei	SPCC
	12	Leung Ching Nam Enoch	UCC-THT
	13	Lo Pui Kit	MS
	14	Feng Pak Hei	HLC
	15	MA SIK YEUNG	CLS-NP
	16	Guo Ka Hing	HWC
	17	Cheng Chi Chung	EVANGEL
	18	Ng Chun Yin	HS
	19	Au Joi Shan	LA
	20	Chan Ka Bo Winsome	SPETER
	21	Lam Cheuk Him	NWC
	22	Ho Tsz Wai	NAMS
	23	Lam Wai Pok	HTYC
	24	Guan Jiefeng	JCGSS
	25	Li Yuen Tung	HS
	26	Wang Wai Ho	LSTLKK
	27	Lai Ka Hei	PLKTNK
	28	Lau Chun Fung	EVANGEL
	29	Feng Kam Sing	PTAL
	30	Lui Pak Yuen	HLC
	31	Ho Tsz Hin	MKES
	32	Man Yuet Hok	HWC
	33	TONG PAK KO	CLS-NP
	34	Fung Tsz Hong	PLKNPL
	35	Ethan Gordon Cutler	CREATIVE
	36	Wong Ocean	MMWC
	37	Ngan San Fung	NWC
	38	Crosson Michael Andrew Arquilla	CREATIVE
	39	Xie Yik Yin	CCHK
	40	Li Kwong Sum	KTKLGSS
	41	Zhang Jiahao	KSYSS
	42	So Wai Tin	SSS
	43	Wang, Ziyang	PLKCKY
	44	Chung Man Ho	SKHTSK
	45	Zhou Shunyang	KTKLGSS
	46	Yang Yau Kuen	NAMS
	47	Wong Adrian Yat Hong	VSA
	48	Tang Hiroki	JCGSS
	49	Wong Tak Wa	LSTLKK
	50	Wong Kai Yin	SPETER
	51	Kwan Tin Yan Randy	MMWC
	52	Lam Luo Ying	CCHK
	53	Ho Ngo Tsing	HW
	54	Yu Cheuk Hang Bryden	PLKNPL
	55	Wong Kai Wing	MS
	56	Lam Chun Hin	PLKTNK
	57	Lau Kaelan Yui Chit	VSA
	58	Chan Ho Hin Matthew	HTYC

Event 4	Girls A Grade Shot Put	8:30am	
	Record : 10.58	Standard : 5.80	
Final	1	Luo Yin	SLCSS
	2	Wu Tsz Tung	LSCC
	3	Chow Oi Ling	HWC
	4	HUNG TSZ CHING	CLS-NP
	5	Chung Yan Yuet	HTYC
	6	Woo Ka Lam	PLKNPL
	7	Yeung Ka	UCC-THT
	8	Chan Megan Kaitlyn	SPCC
	9	Ng Yan Yi	MS
	10	Ko Hui Ting	LHYMSS
	11	Yeung Tsz Ching	LSTLKK
	12	Wong Ching Lan	CCHK
	13	Yiu Pui Lam	SKHTSK
	14	Lam Ki Yan	MS
	15	Chan Wing Hei	SAGC
	16	Lee Sze Yeung	HWC
	17	Lau Hei Yiu	MSC
	18	Lam Tsz Yin	SBC
	19	Zhang Hiu Ling	HTYC
	20	Ng Choi Lan Victoria	QES
	21	Yip Lai Yan	PLKNPL
	22	Chan Tin Yi	PKMS
	23	Yuen Chi Ching Michelle	KTLS
	24	Law Hiu Tung	SKHTSK
	25	Lam Yuk Ling	CCCRSS
	26	Lui Cheuk Sze	SBC
	27	Li Yue Mei Kei	CCCRSS
	28	Lau Wing Mei	MFS
	29	Chow Ka Yau Athena	KTLS
	30	Xie Qiaohui	LSCC
	31	Woo Hoi Tung	CS
	32	Fong Suet Yi	UCC-THT
	33	Lam Chi Wing	HW
	34	Yip Hau Chee	SPCC
	35	Tan Kwan Yin	JCGSS
	36	Limbu Lungma	CLS-NP
	37	Fong Zi Yau	LHYMSS
	38	Zhao Ka Yu	SSS
	39	Ha Abby	MSC
	40	Zhu Ying Ying	PKMS
	41	Tsang Lok Yin	SAGC
	42	Wong Yi Lin	HLC
	43	Shin Wai Ching	PLKVKTC
	44	Tang Wing Yan	LSTLKK
	45	Ng Cheuk Ying	HW
	46	Yeung Wing Lam	NAMS

Event 5	Girls B Grade Discus	8:30am	
	Record : 38.34	Standard : 13.80	
Final	1	Sze Wing Yan	HW
	2	Lam Sze Wing	PLKNPL
	3	Kwan Wing Sum	QES
	4	Chan Yin Ching Chloe	JCGSS
	5	Wong Lok Yee	HLC
	6	Cheung Chor Yu	SCSG
	7	Ko Yu Yan	NAMS
	8	Sun Kit Yiu	HS
	9	Leung Wai Nam	MSC
	10	Hung Sin Yan	CCCRSS
	11	Yuen Cheuk Wai	HTYC
	12	Chan Siu Lam	SAGC
	13	Chan On Yi	HLC
	14	Ling Ho Ka	UCC-THT
	15	Woo Sin Yu	PLKNPL
	16	Au Yin Lam	CCCRSS
	17	Wong Tsz Yan	SPETER
	18	Liu Wai Kiu Eunice	SPCC
	19	Leung Hing Yiu	LSCC
	20	Peng Wing Yi	MKES
	21	Lam Tin Sum Tina	SAGC
	22	Kwai Doris Lok Ching	MS
	23	Ng Cheuk Ying	QES
	24	Zeng Bianca	SPETER
	25	Sheliza Bangash	CHC
	26	Leung Yo Yo	LHYMSS
	27	Chow Yin Ue	JCGSS
	28	Chan Sze Wing	MS
	29	Wei Minghan	HS
	30	Choi Tsz Yu	CS
	31	Zheng Yan	HWC
	32	Leung Shiprah	HW
	33	Li Shiting	CHC
	34	Chan Yat Ching	SKHTSK
	35	Wong Sin Hei	PKMS
	36	Lo Sum Yeung	LHYMSS
	37	Lai Nga Wing	KTLS
	38	Chan Nok Kiu	MSC
	39	Chan Yin Ting	MFS
	40	Ku Cheuk Luciana	SPCC
	41	Ong Kai Ching	MKES
	42	Chan Lai Ki Lena	NAMS
	43	Ng Hoi Yi	HTYC
	44	Choi Kwan Yuk	SLCSS
	45	Law Wing Shan	PLKTNK
	46	Tang Wing Sze	LSTLKK
	47	Yau Hiu Wai Brianne	PKMS
	48	Lai Tsz Yan	SKHTSK
	49	Chan Yin Kei	LSCC
	50	Yung Yuen Nam	SLCSS
	51	Chan Ka Lam	HWC
	52	Tsui Yee Ting	KTLS

Event 6	Girls C Grade 100m Hurdles		8:30am
	Record : 15.23		Standard : 24.00
Heat 1	1	Ho Tsz Ching	LSCC
	2	Wong Chi Yan	SPCC
	3	Cheung Nga Yin	PTAL
	4	Lee Tin Wing	EVANGEL
	5	Chan Sum Yau Charlotte	VSA
	6	Leung Bing Bing	MSC
	7	Li Tsz Ching	HLC
Heat 2	1	Ma Wing Lam Kimberly	PLKNPL
	2	Choy Ho Ching	PKMS
	3	Ling Yu Yi	KTLS
	4	Liang Xiaojia	LSTLKK
	5	Poon Lok Ching	CCHK
	6	Lin Ka Yi	SBC
	7	Chen Yongjun	NAMS
Heat 3	1	Lau Yan Ting Natalie	KTLS
	2	Zeng Yuan Jun	MS
	3	Lam Siena	PLKCKY
	4	Wong Hin Ching Jane	EVANGEL
	5	Leung Sze Tung	LSCC
	6	Sae Ng Sum Yi	LHYMSS
	7	Wang Yuk Ki	PTAL
Heat 4	2	Huen Cheuk Man	MS
	3	Lee Ka Ying	NWC
	4	Lee Hoi Tung	PLKNPL
	5	Choi Hei Tung	NAMS
	6	Lo Joy Ching	MSC
	7	Lee Ming Ki	SPCC
	Heat 5	2	He Wing Hei
3		Lin Tsz Mei	NWC
4		Chan Sze Ching	PKMS
5		Lo Hoi Yau	CCHK
6		Chan Tsz Yiu	HS
7		Wu Yun Shan	SBC

Event 7	Girls B Grade 100m Hurdles		8:30am
	Record : 14.42		Standard : 23.00
Heat 1	1	Fan, Ka Yau Charlotte	PLKCKY
	2	Guan Ying	HW
	3	Liu Hiu Tao	MSC
	4	Lai Hiu Tung	SBC
	5	Chen Mei Yi	LHYMSS
	6	Chan Tsz Yau	HWC
	7	Lu Tsz Yan	PLKTNK
Heat 2	1	Tam Nga Yu	SPCC
	2	Leung Yee Yan	LHYMSS
	3	Foo Oi Lam Ellen	KTLS
	4	Lau Sum Yi	PLKTNK
	5	Lin Tsz Hei	VSA
	6	Chui Yuet Long	LSCC
	7	Liang Ip Tung	PKMS

Heat 3	1	Lee Hoi Lam	LSCC
	2	Wong Cheuk Yu	KTLS
	3	Ho Hiu Kwan	PLKCKY
	4	Chung Hoi Ching Jobi	SPCC
	5	Cheng Man Wai	CCCRSS
	6	Lu Claire	EVANGEL
	7	Wang Minyang	NAMS

Heat 4	2	Liu Tsz Ching	NAMS
	3	Lau Suet Yan	HWC
	4	Wong Charlotte	VSA
	5	Huang Peiyi	HLC
	6	Lau Yik Ning	MSC
	7	Choi Miriam	PKMS

Event 8	Girls A Grade 100m Hurdles	8:30am
	Record : 13.76	Standard : 22.50

Heat 1	1	Aquino Abigale Villanueva	PLKVKTC
	2	Kwok Wai Man Angel	LHYMSS
	3	Huang Kai Yee	LSTLKK
	4	Tsang Tsz Mak	KTLS
	5	Yan Tsz Huen	MSC
	6	Chan Chin Yau	NAMS
	7	Or Tsz Hei	LSCC

Heat 2	1	Yeung Tin Wing	SBC
	2	Ng Yeuk Yin	MSC
	3	Lam Sum Ling	LHYMSS
	4	Lo Ngo Yin Vincci	KTLS
	5	Liao Yuxuan	PLKNPL
	6	Li Hoi Ching	LSCC
	7	Chen Tsz Ying	NAMS

Event 9	Boys C Grade 100m Hurdles	9:15am
	Record : 13.57	Standard : 22.20

Heat 1	1	Chan Lai Yin	PLKNPL
	2	Leung Ho Hang	CREATIVE
	3	Lee Yik Kiu	HLC
	4	Liang Ka Hei	MS
	5	Issac Tam Tsz Yeung	PLKTNK
	6	Tay Nevan	EVANGEL
	7	Yip Ho Tung Markus	VSA

Heat 2	2	Kwan Chak Hei	LSTLKK
	3	Ou Yuk Ning	HLC
	4	Li Cheuk Fung	NWC
	5	Ho Tsz Wai	NAMS
	6	Chan Chak Chiu	SPETER
	7	Law Jing Nam Alvis	PLKCKY

Heat 3	2	Fung Tsz Hong	PLKNPL
	3	Wang Wai Ho	LSTLKK
	4	Shui Chun Yiu	HS
	5	Lee Cheuk Yin	HWC
	6	Tsang Man Ho	PLKTNK
	7	Chau King Lok	EVANGEL

Heat 4	2	Lam Cheuk Him	NWC
	3	Hung Hiu Yan David	MS
	4	Pak Chong Lok	NAMS
	5	Tsui Wai Shing Carlos	CREATIVE
	6	Lee Tin Long	PLKCKY
	7	Chow Tin Nok	HWC

Event 10	Boys B Grade 100m Hurdles	9:15am
	Record : 13.25	Standard : 20.50

Heat 1	1	Ng Sui Fung	LA
	2	Cheung Ching Long	NWC
	3	Kwok Ho Yin	CCHK
	4	Lin Jing Hei Anson	HS
	5	Yang Lian	CHC
	6	Lee Pong Chai	NAMS
	7	Liang Weijie	KTKLGSS
	8	Tang Po Shing	PLKTNK

Heat 2	1	Kwong Hang Tung	CCHK
	2	Chow Wai Kiu	SPCC
	3	Li Tsz San	HWC
	4	Chan Chak Fung	SBC
	5	Tse Kwan Ho	HW
	6	Wong Ching Ho	EVANGEL
	7	LEE CHUN NAM	CLS-NP
	8	Kwong Yau Lam	PLKNPL

Heat 3	1	Lo Chun Hei	CHC
	2	Lin Dao Ying	PTAL
	3	Liu Zikang	NAMS
	4	Huang Yican	HLC
	5	SARNDOK NATTAPUT	CLS-NP
	6	Kwok Lai Yin	PLKVKTC
	7	Zhang Hung Yam	SLCSS
	8	Li Wai Lung	LSTLKK

Heat 4	1	Wu Pak Hei	LSTLKK
	2	Wong Chung Kwan	LA
	3	Tan Caolan Chun Him	HWC
	4	Luo King Hoi	MKES
	5	Fang Sen	PLKNPL
	6	Liang Xikun	SPCC
	7	Liang Ka Hei	HW
	8	Lam, Yu Kwong Nathan	CREATIVE

Heat 5	1	Hung, Tak Kong	CREATIVE
	2	Hung Ching Nok	EVANGEL
	3	Cheung King Yuk	NWC
	4	Hui Tsun Hei	HLC
	5	Sze Cho Ching	MS
	6	Chan Cheuk Hei	PLKTNK
	7	Lam Lok Yeung	PLKVKTC
	8	Cheng Ka Him	PTAL

Event 11	Boys A Grade 110m Hurdles		9:15am
	Record : 13.63		Standard : 20.80
Heat 1	1	Ahilan Sriram	PLKNPL
	2	Wong Chi Him	SKHTSK
	3	LAU TSZ KIN	CLS-NP
	4	Horgan Patrick Aloun	CREATIVE
	5	Li Ho Yeung	HW
	6	Ng Pak Yan Brian	LSTLKK
	7	Cai Ka Ho	CCHK
	8	Han Jun Ho	NAMS
Heat 2	1	Wun Tsz Yu	LSTLKK
	2	Liu Chun Keung	SKHTSK
	3	Pang Ho Chun Jacky	HWC
	4	Zhen Libin	MKES
	5	Lam Ho Yin	HW
	6	Chan Kurtis	PLKVKTC
	7	Wai Lik Hang	LA
	8	Fan Wing Kit	PLKNPL
Heat 3	1	Chan Tsz Fung	HWC
	2	Chan Chun Hin Ravi	PLKVKTC
	3	Li Chun Yiu	SPCC
	4	Datta, Kieran Marco Perez	CREATIVE
	5	Hui Kam Tat	MS
	6	Ng Ching Hang	CHC
	7	Lui Kwan Ho	NWC
	8	Tam Cheuk Lap	NAMS
Event 12	Girls C Grade 400m		9:30am
	Record : 58.64		Standard : 1:28.00
Heat 1	1	Lai Cheuk Yin	HS
	2	Tang Yan Ching	CHC
	3	Tam Hiu Lam	CCHK
	4	Yip Wing Yan	HWC
	5	Lai Yan Ching	KTLS
	6	Wong Yuet Ching	MS
	7	Chan Hong Yau	SPCC
	8	Fong Yuen Sum	MSC
Heat 2	1	Huang Pui Laam	HLC
	2	Chan Tsz Ching Gladys	EVANGEL
	3	Tsang Hok Sum	MS
	4	Ng Wai Yee Charice	LSCC
	5	Chan Tsz Yiu	HS
	6	Cheng Hei Tung	NWC
	7	Ng Yin Tung	SSS
	8	Wong Yu Sum	SLCSS
Heat 3	1	Siu Ching	LHYMSS
	2	Leung Hoi Ching	HTYC
	3	Ho Cheuk Lam Chloe	MSC
	4	Lee Yan Tung	SAGC
	5	Ho Tsz Ching	LSCC
	6	Chan Man Yan	MMWC
	7	Ma Chung Yee	NWC
	8	Chan Yi Ching Julia	MFS

Heat 4	1	Tang Nga Man	CCHK
	2	Ng Ka Ying Phoby	SAGC
	3	Sin Kelly	HWC
	4	So Mei Ting	SBC
	5	Cheng Ho Shan	HTYC
	6	Hsu Wan Hei Wallis	PLKTNK
	7	Zhao Kwan Yee	SSS
	8	Chan Kit Lam	NAMS
Heat 5	1	Woo Hiu Yan	PLKNPL
	2	Heung Wai Lam	JCGSS
	3	Siu Ho Kiu	KTLS
	4	Ge Shiyang	LSTLKK
	5	Lee Kaylie	PLKCKY
	6	Wong Jessie	MKES
	7	To Nga Ting	QES
	8	Zhang Zhiming	PTAL
Heat 6	1	Fan Yiu	QES
	2	Chan Yin Ching	MKES
	3	Cheng Wing Sum	SPETER
	4	Wong Lok Sum Thea	HW
	5	Chan Ying Lam	HLC
	6	Kei Tung	SKHTSK
	7	Yeung Wai Hei	PLKTNK
	8	Cheung Pui Yi	PTAL
Heat 7	1	Yiu Cheuk Chi Ava	MMWC
	2	Lee Yin Man Carmen	CS
	3	Lui Hang Yi	PKMS
	4	Li Tsz Ching	SBC
	5	Ho Tsz Yau	JCGSS
	6	Ma Sum Yi	PLKNPL
	7	Cheung Sum Kiu	SPETER
	8	Guo Enxi	LSTLKK
Heat 8	1	Lo Claire Elizabeth An Yi	VSA
	2	Wong Tsz Huen	SPCC
	3	Ruan Sau Ling	NAMS
	4	Chui Ching Nam	LHYMSS
	5	Tse Hiu Huen	UCC-THT
	6	Wee Wing Hei	SKHTSK
	7	Lu Yik	PKMS

Event 13	Boys C Grade 400m	9:30am
	Record : 51.23	Standard : 1:12.00

Heat 1	1	Wong Cheuk Yin	NWC
	2	Wong Kai Wing	MS
	3	Li Hoi Ming	SLCSS
	4	Chen Yin Lung Vanness	JCGSS
	5	Chu Chun Hei Jason	HWC
	6	Wong King Wai	HS
	7	Yeung Fu Kiu	CCHK
	8	Yeung Yat Long	SPETER

Heat 2	1	Chan Wai Tung	LA
	2	Nnadikwe Lawrence	PLKTNK
	3	Chan Lai Yin	PLKNPL
	4	Wong Pak Yu	MFS
	5	Fok Kin Yan	HWC
	6	Chan Tsz Yin	HS
	7	Ng Shun Hei	SBC
Heat 3	1	Lee Hok Yin Eugene	PLKCKY
	2	Wong Kai Yin	SPETER
	3	Lam Ming Hei	QES
	4	Chau Cheuk Kan	HW
	5	Tai Chi Shing	PLKNPL
	6	Tse Chi Yu Szczesny	CCHK
	7	Yangya Mukkum	SKHTSK
Heat 4	1	Leung Chak Long Willis	LA
	2	Chan Yat Long	SBC
	3	Lee Pui Hang	MS
	4	Zheng Chi Hong	NWC
	5	Yang Zhili	HW
	6	Feng Ho Ting	SLCSS
	7	Yang Hing Sen	VSA
Heat 5	1	Li Ho Ming	QES
	2	Lam Yi Lok	CHC
	3	Wang Tsun Hei	HLC
	4	Kwan Chak Hei	LSTLKK
	5	Koo Hoi Sing	MKES
	6	Chan Ting Yee	SPCC
	7	Chu Aiden Benjamin	VSA
Heat 6	1	Lee Hoi Yuk	LSTLKK
	2	Ho Yat Yin	MFS
	3	Lam Ting Cheung	CREATIVE
	4	Weng Yu Cheung	MKES
	5	Li Kwong Sum	KTKLGSS
	6	Lee Yik Kiu	HLC
	7	Pun Lang	PTAL
Heat 7	1	Su Hongquan	PLKTNK
	2	Cheng Ping Ho	JCGSS
	3	Wong Long Hei Clayton	PLKCKY
	4	Liu Hon Piu	KTKLGSS
	5	Tsoi Man Lok	CREATIVE
	6	Chung Pak Long	HTYC
	7	Lo Ho Yin	NAMS
Heat 8	1	Leung Lok Yin	SKHTSK
	2	Fung Yee Yat	SSS
	3	Yuen Homan	HTYC
	4	Lau Sing Wai	CHC
	5	Xia Zhenxuan	PTAL
	6	Huang Bingkai	NAMS
	7	Yu Stephen	SPCC

Event 14		Girls B Grade 400m	9:30am
		Record : 56.27	Standard : 1:25.00
Heat 1	1	Wu Wing Sze	PLKTNK
	2	Li Lai Yi	HW
	3	Zhong Hoi Ki	SAGC
	4	Mui Theodora	MSC
	5	Lin Shiyi	NWC
	6	Tsui Leann Wing Lam	VSA
	7	Chiu Suet Ching	PKMS
	8	Hui King Yu	HTYC
Heat 2	1	Tan Lok Yi Louise	MKES
	2	Ng Hoi Yi	HTYC
	3	Woo Tsz Ching	SKHTSK
	4	Kwok Sin Yan	JCGSS
	5	Lin Tsz Hei	VSA
	6	Chung Cheuk Sze	PLKCKY
	7	Chun Ka Yan	KTLS
	8	Chen Sze Ching	SBC
Heat 3	1	He Li Wen	NWC
	2	Chan Shun Ying Iris	SSS
	3	Kong Yan Lok	MFS
	4	Yeung Wing Yu	NAMS
	5	Tang Tsz Tung	KTLS
	6	Tong Lai Ki	MMWC
	7	Yeung Lap Yan	HLC
	8	Kwan Pui Chun	MS
Heat 4	1	Luo Kailin	MMWC
	2	Chong Yan Kei	CCHK
	3	Yang Yiu Laam	QES
	4	Chan Fei Yeung	PLKNPL
	5	Law Hei Lam	HLC
	6	Chan Shun Ka Natalie	SSS
	7	Mok Hei Man	HW
Heat 5	1	Li Shuk Yi	CCCRSS
	2	Ng Sze Wing Elizabeth	HWC
	3	Lam Tin Sum Tina	SAGC
	4	Cheung Man Nam	CCHK
	5	Wong Tsz Kwan	CS
	6	Lin Jiayi	KSYSS
	7	Yuen Chi Yan	MS
Heat 6	1	Wu Peisi	NAMS
	2	Sanghu Seerat	PLKNPL
	3	Mai Tsz Ying	LHYMSS
	4	Wong Yat Sum	MSC
	5	Wong Ching Yu	QES
	6	Yeung Tsz Kiu Evana	SPCC
	7	Lee Hoi Lam	LSCC
Heat 7	1	Wan Sing Yee	LSCC
	2	Wong Meyan	CS
	3	Kong Hiu Ching	MFS
	4	Kao Tsz Ching	PLKCKY
	5	Lam Sum Yuet	LHYMSS
	6	Lo Tsz Yau	JCGSS
	7	Sin Yuen Ying	MKES

Heat 8	1	Wong Yeuk Hei Karina	HWC
	2	Chan Ho Yiu	SKHTSK
	3	Ng Hoi Man	SPETER
	4	Chiu Sophia Yin Ting	SPCC
	5	Liu Wing Yui	PKMS
	6	Sit Wan Yau	SLCSS
	7	Cheng Man Wai	CCCRSS

Event 15	Boys B Grade 400m	10:45am
	Record : 49.72	Standard : 1:04.00

Heat 1	1	Mai Tsun Yin	MKES
	2	Wong Chi Chuen	NAMS
	3	Woo Bono	QES
	4	Chow Tsz Wo	SBC
	5	Leung Ka Chun	LSTLKK
	6	YE TSZ LUNG	CLS-NP
	7	Huang Ho Yin	PTAL
	8	Lam Pak Yan	MS

Heat 2	1	Ng Dick Hei	SKHTSK
	2	Leung Ho Yin	SLCSS
	3	Tan Wai Hang	MS
	4	Ng Cheong Wah	HW
	5	Liang Weijie	KTKLGSS
	6	Gurung Arosh	PLKTNK
	7	Yang Tung Kit	CHC
	8	Tsang Ho Him Ryan	HTYC

Heat 3	1	Tsang Chun Shing	CHC
	2	Lo Pak Yim	MKES
	3	Peng Ho Man	MMWC
	4	Zhao Rong Hao Regan	VSA
	5	Kam Tsz Hin	MFS
	6	Qiu Chengli	KTKLGSS
	7	Zhu Zixi	SPCC
	8	Kwok Kin Ting	NWC

Heat 4	1	Cheung Cheuk Wah Joshua	VSA
	2	Feng Lebin	HS
	3	Koo Ho Yin	CS
	4	Wong Jing Lam	LA
	5	Chung Chiu Ming	MFS
	6	Lam Ho Man Fergus	CREATIVE
	7	Kwan Pak Lai Sunny	LSTLKK
	8	Wei Hong Tao	CCHK

Heat 5	1	Li Ho Yeung	JCGSS
	2	Cheung Kwing Chuen	HWC
	3	Yeung Ying Leong	HS
	4	Kwan Chun Long	CCCRSS
	5	Leung Wing Chit	SPCC
	6	Huang Hai Feng	PLKNPL
	7	Wong Kwan Ho	SLCSS

Heat 6	1	Chen Peihan	KSYSS
	2	Kan Andy	CREATIVE
	3	Chan Nok Hin	MMWC
	4	Ou Jiongliang	HLC
	5	Tsai Sheung Ching	SKHTSK
	6	Ng Cheuk Yin	PLKNPL
	7	Tang Yan Pak	HW
Heat 7	1	Lam Tsz Yeung Y Y	PLKTNK
	2	Leung Ming Ho	NWC
	3	Lyu Zhenhao	NAMS
	4	Guan Ho Yin	QES
	5	Leung Nok Wai	HTYC
	6	Hong Haolin	PTAL
	7	Lai Jayden	PLKCKY
Heat 8	1	Lau King Yan Rex	LA
	2	Yung Tsun Ting	SBC
	3	Kwan Chun Him	HWC
	4	Yau Long Sun	HLC
	5	Ip Cheuk Nam	SPETER
	6	HO CHUN YIN	CLS-NP
	7	Lee Cheung Yin	CCHK

Event 16	Girls A Grade 400m	10:45am
	Record : 57.37	Standard : 1:22.00

Heat 1	1	So Wing Lam	SCSG
	2	Ha Abby	MSC
	3	Choi Yan Kei	CCHK
	4	Chu Tsz Man Michelle	PKMS
	5	Lam Choi Sze	SPCC
	6	Lui Shuk Yee	SKHTSK
	7	Wei Siman	JCGSS
	8	To Yan Tung	LSCC
Heat 2	1	Sy Mei Han Sabrina	PKMS
	2	Tse Tsz Ching	KTLS
	3	Yao Jiajia	KSYSS
	4	Kwong Hoi Yi	LHYMSS
	5	Cheuk Hang Sze	NAMS
	6	Wong Ching Ka	PLKNPL
	7	Cheng Miu Yan	UCC-THT
	8	Jiya Oberoi	CLS-NP
Heat 3	1	Wu Kam Yue Kary	HWC
	2	Lam Hoi Ching	QES
	3	Lo Pui Kwan	KTLS
	4	Fong Ka Lai	SPETER
	5	Chan Yan Ki	SAGC
	6	Chan Wing Ki	HTYC
	7	LUO HOI YING	CLS-NP
	8	Pang Ching Tung	HW
Heat 4	1	Man Chui Ting	CCHK
	2	Zhao Chung Yan	SPCC
	3	Deng Sin Tung	MFS
	4	Tam Ho Yau	HLC
	5	Ng Wing Yin Rainie	MS
	6	Lam Ching Shun	PLKVTC
	7	Kwong Tsz Yan	LHYMSS

Heat 5	1	Li Tsz Hei	PLKNPL
	2	Tsang Sin Yu	MFS
	3	Leung Hoi Wan Venus	SAGC
	4	Leung Hoi Ching	UCC-THT
	5	Kwok Yan Ling	MSC
	6	Lyu Yuxuan	NAMS
	7	Ho Wai Ting	LSCC
Heat 6	1	Hui Ngo Yau	HW
	2	Du Siying	MKES
	3	Chung Shun Yiu	SSS
	4	Li Hoi Ming	QES
	5	Kuan Hoi Lam	SKHTSK
	6	Chan Yu Sze	HTYC
	7	Lee Ping	JCGSS

Event 17	Boys A Grade 400m	10:45am
	Record : 49.92	Standard : 1:02.00

Heat 1	1	Chan Chun Hin Ravi	PLKVKTC
	2	Hu Junyang	PTAL
	3	Pang Tin Yuet	HS
	4	Szeto Yau Haru	SPCC
	5	Ma Wai Sing	SBC
	6	Cheung Kai Kin	HLC
	7	Qiu Kam Hei	CHC
	8	Ma Ching Nam	HW
Heat 2	1	Leung Chun Yin	LSTLKK
	2	Hui Lok Hang	MFS
	3	PIN LOK HIM	CLS-NP
	4	Chen Tsz Ho	KTKLGSS
	5	Liu Wing To	SLCSS
	6	Tsang Ho Long	PLKVKTC
	7	Chen Hiu Kin	SBC
	8	Yim Long Tin	QES
Heat 3	1	Li Lok Hin	PLKNPL
	2	Nylander, Allan Axel Frank	CREATIVE
	3	Wong Bruce	SPETER
	4	SHUM KA HO	CLS-NP
	5	Law Ching Wing	UCC-THT
	6	Huang Haoyuan	HLC
	7	Hung Ngai Yam	SKHTSK
Heat 4	1	Yau Yik Shan	LA
	2	Kung Kit Man	SLCSS
	3	Wang Yuanyi	HW
	4	Xuan Terence Yu	NAMS
	5	Zhang Ka Ho	NWC
	6	Yang Sing Wing	SSS
	7	Shi Jiahui	KTKLGSS
Heat 5	1	Hung Fai Cheung	SKHTSK
	2	Li Wing Yu	NWC
	3	Zhen Libin	MKES
	4	Yu Man Hei	NAMS
	5	Cheung, San Hei	CREATIVE
	6	Chau Tsz Tsung Eugene	SPETER
	7	Lee Pak Yin	HTYC

Heat 6	1	Sin Chun Hei	MKES
	2	Wong Yuen Hei	MS
	3	Tsoi Ho Nam	HWC
	4	Afzal Adnan	JCGSS
	5	Mak Chun Ming	CCCRSS
	6	Lin Wai Hung	CHC
	7	Chan Tsz Yuen	UCC-THT

Heat 7	1	Li Ka Him	HWC
	2	Lam Chun Ting	PLKNPL
	3	Sze Yui Hang	JCGSS
	4	Wong Tsz Chun	LSTLKK
	5	Mok Hong Lun	MS
	6	Kwan Chi Man	QES
	7	Chan Chun Po	HTYC

Event 18	Boys A Grade High Jump		11:00am
	Record : 2.01		Standard : 1.50
Final	1	Yu Hiu Fai	NWC
	2	Lin Chaojun	MKES
	3	Chung Cheuk Kin	MS
	4	Li Shi Yuen	HTYC
	5	Cheung Kai Chung	MKES
	6	Xuan Terence Yu	NAMS
	7	Chung Jared	MFS
	8	Fan Wing Kit	PLKNPL
	9	Chan Chun Long Daniel	HW
	10	Chau Kam Kuen	CCHK
	11	Tse Kin Long	SPCC
	12	Wong Pak Kiu	HLC
	13	SHUM KA HO	CLS-NP
	14	Qiu Kam Hei	CHC
	15	Chan Shi Sum	CREATIVE
	16	Ho Ka Yuen Jason	SKHTSK
	17	Cheng Pang Lam	KSYSS
	18	Lai Pok Man	CHC
	19	Yin Jinen	NWC
	20	Leung Man Lap	MS
	21	Wai Lik Hang	LA
	22	Leung Ching Hei	PLKNPL
	23	Lo Ryan	HW
	24	Tam Cheuk Lap	NAMS
	25	Chau Pui Yu	KSYSS
	26	Yang Michael	SBC
	27	Xie Yiming	LSTLKK
	28	Wong Chi Him	SKHTSK
	29	Lam Chun Ngai	CCHK
	30	Chiu Kwan Kiu	LA
	31	Ho Tsun Pan	LSTLKK
	32	Tse Chun Kit	HLC
	33	Chan Wai Tai	SPETER
	34	CHAN KEI LAM	CLS-NP
	35	Zhai Chun Kit	HWC
	36	Hui Wai Shing	PTAL

Event 19	Boys B Grade Discus	11:30am	
	Record : 54.18	Standard : 20.00	
Final	1	Wong Ho	UCC-THT
	2	Ho Shun Chi	HLC
	3	Wong Ho Yin	HWC
	4	Chan Nok Hin	MMWC
	5	Huan Yuen	JCGSS
	6	Yang Man Kwan	NAMS
	7	Kwong Sze Ho	MS
	8	TAN YUPENG	CLS-NP
	9	Cheung Ka Chun	NWC
	10	Cheng Chak Kwan	CS
	11	Zhang Yueyan	SSS
	12	Cheung Ki Chun	SBC
	13	Huang Ho Pan	HLC
	14	Lau Chun	LSTLKK
	15	Li Hoi Fung Owen	SPCC
	16	Hu Tsz Shing	KTKLGSS
	17	LEUNG KWOK HO	CLS-NP
	18	Huang Kin Ho	MKES
	19	Cheung Chum Ho	CCHK
	20	Zhang Jierun	KSYSS
	21	Feng Hang Lok	HWC
	22	Chung Tze Hei	PLKNPL
	23	Cheung Yu	MS
	24	Lu Ka Chun	CCCRSS
	25	Lau Ho Ming	CCHK
	26	Wong Tsz Wai	QES
	27	Tse Yat Wah	LSTLKK
	28	Yeung Ying Leong	HS
	29	Ng Kai Hin	HTYC
	30	Chan Wang Ming	CCCRSS
	31	Liu Xinhang	NAMS
	32	Kwok Tsz Kiu	HW
	33	Tin Yu Hin	CREATIVE
	34	Lau Chun Yin	PLKNPL
	35	Chan Yat Long	UCC-THT
	36	Wei Si Zhe	JCGSS
	37	Tang Yuk Chun	LA
	38	Ng Wing Lung Ethan	HTYC
	39	Yau Wing Kit Donald	CHC
	40	Kwong Pui Yin	SKHTSK
	41	Rai Shamuyal	SEKSS-WK
	42	Mohammad Awais	KTKLGSS
	43	Yeung Siu Hei	MKES
	44	Choi Tsun Yin	HW
	45	Fu Rhys	CREATIVE
	46	So Chin Hei Isaac	SKHTSK
	47	Wen Kwan Ho	SLCSS
	48	Hong Haolin	PTAL
	49	Zhang Jacky	HS
	50	Wong Pak Ho	SBC
	51	Choi Yung Shun	NWC
	52	Ng Tsz Ho	QES
	53	Leung Ho Lok	CHC
	54	Chiu Yik Kiu	PTAL
	55	Leung Sum Pok	KSYSS
	56	So Kam Fai	SPETER

Event 20	Girls C Grade 100m	11:45am	
	Record : 12.37	Standard : 15.80	
Heat 1	1	Sun Hiu Ching Alicia	SPCC
	2	Kei Tung	SKHTSK
	3	Wong Tsz Yiu	SLCSS
	4	Lin Ue Tung	CS
	5	Chan Tsz Yan	MS
	6	Ng Ka Ying Phoby	SAGC
	7	Ng Cheuk Hei	VSA
	8	Chung Hei Tung	KTLS
Heat 2	1	Yip Hoi Lam	CCHK
	2	Lam Yat On	KTLS
	3	Chan Hong Yau	SPCC
	4	Lam Ching Yu	MMWC
	5	Lin Sally Ching Lui	PLKTNK
	6	Cheung Yan Tung	EVANGEL
	7	Chan Sze Ching	PKMS
	8	Mo Keyin	CHC
Heat 3	1	Lo Joy Ching	MSC
	2	Tsang Yu Laam	SLCSS
	3	Chow Cheung Yan	JCGSS
	4	Wu Angelina Natasha	PLKNPL
	5	Li Lok Ching	PLKCKY
	6	Ng Wing Laam	QES
	7	So Cheong	PLKTNK
	8	Law Constance	UCC-THT
Heat 4	1	Aleena Khadija	NAMS
	2	So Mei Ting	SBC
	3	Tsang Yuen Ching	LSTLKK
	4	So Yu Ching	CCHK
	5	Yung Ka Ching	MFS
	6	Wu Man Huen	SPETER
	7	Tsui Hiu Ning	HLC
	8	Sae Ng Sum Yi	LHYMSS
Heat 5	1	Ma Ka Yi	NWC
	2	Chan Pak Man	HTYC
	3	Wang Yuk Ki	PTAL
	4	Yeung Tsz Ying Mavis	UCC-THT
	5	Ho Tsz Yau	JCGSS
	6	Ng Ming Lam	LSCC
	7	Chan Ying Man Aimee	SCSG
	8	Yuen Tavia Ho Kiu	CCCRSS
Heat 6	1	Ng Hei Tung	KSYSS
	2	Yuen Zara Sau Yee	MKES
	3	Lau Hau Tung	PTAL
	4	Ng Hoi Ting	MMWC
	5	Pang Reggie	PKMS
	6	Kwok Athena	HW
	7	Chong Hei Yu	PLKNPL
	8	Chiu Hei Yau	MFS

Heat 7	1	Chan Tsz Pui	CS
	2	Chu Tak Ching	HS
	3	Lee Clarissa Sze Nga	SPETER
	4	Chow Yuet Sum	CHC
	5	Chen Siu Kei	KSYSS
	6	Siu, Giovanna Hoi Ching	PLKCKY
	7	Lee Hoi Yan	HWC
	8	Chen Yan Kei	CCCRSS

Heat 8	1	Choi Sze Yuen	HW
	2	Li Sze Sze	MS
	3	Yap Oi Yan	HTYC
	4	Shen Wing Ki	SAGC
	5	Ng Yin Yan	NAMS
	6	Liang Xiaojia	LSTLKK
	7	Chapman Megan Chloe	VSA
	8	Cheung Yuet	MSC

Heat 9	1	Yeung Ching Chi Mavis	SKHTSK
	2	Lee Ka Ying	NWC
	3	Li Tsz Ching	HLC
	4	Wong Tsz Lam	LHYMSS
	5	Ma Tsz Wai	LSCC
	6	Ho Chiu Tung	QES
	7	Choi Kwan Yat	HS

Event 21	Boys C Grade 100m	11:45am
	Record : 11.21	Standard : 14.20

Heat 1	1	Lai Lik Wang	SKHTSK
	2	Lui Yao Ming	CCHK
	3	Leung Aiden Wai Shun	SPCC
	4	Lu Sai Yan	HWC
	5	TONG PAK KO	CLS-NP
	6	Lai Ka Tseuk	SBC
	7	Lee Hin Pok	HS
	8	Mok Yun Kiu Curtis	PLKTNK

Heat 2	1	Ng Chun Yin	HS
	2	You Xiang	JCGSS
	3	Chen Zitao	SBC
	4	Chau King Lok	EVANGEL
	5	Chan Chun Kin	CHC
	6	Sin Cheuk Hei Kingsley	UCC-THT
	7	MA SIK YEUNG	CLS-NP
	8	Li Ching Him Benjamin	HW

Heat 3	1	Leung Aydan Kwan Hon	EVANGEL
	2	Zhong Yui Chak	QES
	3	Sin Leong Ching	NAMS
	4	Lee Shun Yat Kiehl	MKES
	5	Chan Wai Tung	LA
	6	Wu Jiamiao	KTKLGSS
	7	Feng Pak Hei	HLC
	8	Liao Fun Hi	KSYSS

Heat 4	1	Qiu Kin Ho	KSYSS
	2	Hung Hiu Yan David	MS
	3	Cheung Tsz Hin	SPETER
	4	Lo Chung Tin	HTYC
	5	Lam Ting Cheung	CREATIVE
	6	Wong Pak Lam	MFS
	7	Lau Pak Shing	LSTLKK
	8	Ng Cho Sum	SSS
Heat 5	1	Chan Cheuk Nam	MMWC
	2	Luo Chun Chak	QES
	3	Koo Hoi Sing	MKES
	4	Wang Kwun Fung	PTAL
	5	Ho Ngo Tsing	HW
	6	Lau Chin Wai Aron	MFS
	7	Wong Wai Ting	SSS
	8	Kassongo Ngontay Fabrice	SEKSS-WK
Heat 6	1	Zhou Shunyang	KTKLGSS
	2	Lam Luo Ying	CCHK
	3	Wong Pak Yu	CCCRSS
	4	Yeung Pok Ham	PLKNPL
	5	Lai Ka Lung	NWC
	6	Siu Wan Kei Jason	PLKCKY
	7	Chung Hau Chak	MMWC
	8	Lo Pui Kit	MS
Heat 7	1	Ngai Cho Hin	NWC
	2	Siu Ming Chui	PTAL
	3	Leung Ho Hang	CREATIVE
	4	Chan Pak Yin	HTYC
	5	Du Zhongning	VSA
	6	Nnadikwe Lawrence	PLKTNK
	7	Leung Lap Kwong	UCC-THT
Heat 8	1	Chan Chak Chiu	SPETER
	2	Lo Ho Yin	NAMS
	3	Feng Ho Ting	SLCSS
	4	Yung Chun Ho Tony	HLC
	5	Luk Ho Yeung	LSTLKK
	6	Yeung Lok Hay Hase	PLKCKY
	7	Lau Kaelan Yui Chit	VSA
Heat 9	1	Liang Jun	HWC
	2	Wong Kin Ho Marcus	LA
	3	Lee Chi Sum Samson	SKHTSK
	4	Li Wang Pok	CHC
	5	Zheng O. P. Anson	PLKNPL
	6	Poon Pak Hei	SPCC
	7	Kwok Yik Fung	JCGSS

Event 22	Girls B Grade 100m	11:45am	
	Record : 11.89	Standard : 15.70	
Heat 1	1	Tang Jin	HLC
	2	Chow Yuet	LHYMSS
	3	Cheng Qingqing	NAMS
	4	Lo Wing Sze	PLKTNK
	5	Chan Hoi Tung	SLCSS
	6	Li Shing Fei	SBC
	7	Leung Hoi Lam	CCCRSS
	8	Kam Chun Nga Miya	VSA
Heat 2	1	Wong Man Sze	HLC
	2	Lam Sze Wan	HWC
	3	Chen Nga Lam	MMWC
	4	Wong Po Yan	SPETER
	5	To Long Ching	HTYC
	6	Pfarr Jessica	UCC-THT
	7	Chen Mei Yi	LHYMSS
	8	Leong Sum Yin	MS
Heat 3	1	Xie Jingyi	JCGSS
	2	Hong Tsz Kiu	HTYC
	3	Leung Tsz Kay	CS
	4	Yuen Hau Kwai	PLKNPL
	5	Pang Tsz Ching	CCCRSS
	6	Ng Ching Yin	KTLS
	7	Lau Chung Yin	SPETER
Heat 4	1	Igboanua Whitney Kosi Chigbo	MKES
	2	Lei Xiaoying	UCC-THT
	3	Chui Yuet Long	LSCC
	4	Chan Sze Ki	SLCSS
	5	Lee Tsz Ling	SAGC
	6	Kan Ho Suet	KSYSS
	7	Chen Tsz Nok	QES
Heat 5	1	Wong Ying Hang	SBC
	2	Xu Yingying	NWC
	3	Chu Tak Yuen	HS
	4	Kam Hei Yi Heidi	SKHTSK
	5	Wong Sze Ki	PKMS
	6	Law Tiana	SPCC
	7	Cheng Nok Tung	MSC
Heat 6	1	Tsui Tsz Suen	LSCC
	2	Yu Sum Yan	CS
	3	Zhou Ling Wei Laura	PLKTNK
	4	Kwan Leanne Hei Yi	SPCC
	5	Yeung Hoi Ching Mio	HW
	6	Wong Tsz Chin	MFS
	7	Zhang Qingying	CCHK
Heat 7	1	Yi Caven	CCHK
	2	Chen Pui Ki	NAMS
	3	Cheng Yu Sum	JCGSS
	4	Cheung Tsz Yau	SAGC
	5	Hung Hiu Ching	QES
	6	Wong Hei Nam Kayce	KTLS
	7	Lee Hong Ting	HW

Heat 8	1	Mak Tin Wai	PLKCKY
	2	Lui Hei Yu	SCSG
	3	Sanghu Seerat	PLKNPL
	4	Li Lok Hei	MS
	5	Li Ka Man	NWC
	6	Ali Shiloh Asia	SEKSS-WK
	7	Chan Ho Yiu	SKHTSK

Heat 9	1	Chen Tsz Ying	CHC
	2	Lee Cheuk Tung	MKES
	3	Chan Yuet Ching	PKMS
	4	Ho Si Yu	MMWC
	5	Hui Angelina Ayuka	VSA
	6	Wong Hei Ching	MSC
	7	Chu Tak Sheung	HS

Event 23	Boys B Grade 100m	12:15pm
	Record : 10.63	Standard : 13.50

Heat 1	1	Yik Ka Lok	CCCRSS
	2	Chow Kin Yin	SLCSS
	3	Chow Lok Ching	CS
	4	Lee Ming Chun	MMWC
	5	Zou Zhuolin	CCHK
	6	Zou Kin Hei	MS
	7	Tse Pak Ho	QES
	8	Lin Jing Hei Anson	HS

Heat 2	1	Huang Kam Po	CHC
	2	Liu Kai Chi	NAMS
	3	Au Yeung Wong Sum	CCHK
	4	Ho Ka Chun	MS
	5	Fung Siu Fung	KSYSS
	6	Ho Wang Him	PLKTNK
	7	Cai Jasper	HS
	8	Yung Yeuk Kiu	MMWC

Heat 3	1	Lin Dao Ying	PTAL
	2	To Ian	LA
	3	Mak Chun Ming	HW
	4	Lai Yau Pak	CHC
	5	Poon Hau Yin	MKES
	6	Lo Cheuk Kiu Keith	HTYC
	7	Yeung Hok Lam Daniel	LSTLKK
	8	Hung Tin Ching Ethan	PLKCKY

Heat 4	1	Fung Ping Kei	HWC
	2	Hun Cheuk Wing	PLKCKY
	3	Lau Kingston	NWC
	4	Wong Chi Chuen	NAMS
	5	Wu Cheuk Wai	PLKTNK
	6	Li Chun Ho	SKHTSK
	7	Yip Shing Chi Marc	VSA
	8	Chau Siu Him	PLKNPL

Heat 5	1	Zhang Hung Yam	SLCSS
	2	Limbu Basant	SEKSS-WK
	3	Liu Long Chiu	PLKNPL
	4	MO JIA JUN	CLS-NP
	5	Xie Haojie	SBC
	6	Cho Hin Man Hadden	SPCC
	7	Leung Ka Wai	HLC
	8	Ma Yiu Chung	JCGSS

Heat 6	1	Loo Chun Keung	NWC
	2	Wong Yik Ka	SPCC
	3	LEE PAK HANG	CLS-NP
	4	Chui Kai Ching Jakin	CS
	5	Chen Xiaowei	PTAL
	6	Wong Kwok Sing	QES
	7	Yau Wai Yin	VSA
	8	Hubb-A-Abbas	JCGSS

Heat 7	1	Hung, Tak Kong	CREATIVE
	2	Tsang Ho Him Ryan	HTYC
	3	Lin Jia Xu	HW
	4	Erno Matthew Raeburn Manimtim	PLKVKTC
	5	Lau King Yan Rex	LA
	6	Liao Xuan Bin	MKES
	7	Guan Jiancheng	KTKLGSS
	8	Su Hilton	UCC-THT

Heat 8	1	Yan Kai Yin	SKHTSK
	2	Yu Ming Hau Akitaka	MFS
	3	Lee Wing Yin	KTKLGSS
	4	Fan Wang Ngai Aaden	KSYSS
	5	Yu Ho Chun	CCCRSS
	6	Li Kin Fung	PLKVKTC
	7	Xian Wing Fai	SSS
	8	Yu Boyuan	CREATIVE

Heat 9	1	Khatri Parmesh	SEKSS-WK
	2	Tam Tsz Him	SPETER
	3	Tsang Shing Hei	SBC
	4	Luo Zihao	LSTLKK
	5	Lin Kong Yat	HLC
	6	Chow Yan Lan Samuel	UCC-THT
	7	Wong Tak Chi Dennis	HWC
	8	Lui Yuk Chuen	MFS

Event 24	Girls A Grade 100m	12:15pm
	Record : 11.85	Standard : 15.70

Heat 1	1	Leung Sin Laam	HWC
	2	Chu Ka Ying	SAGC
	3	Liang Po Man	KSYSS
	4	Chang Ho Yan	MKES
	5	Wong Sze Yui	SCSG
	6	Kwok Kei Wun Louie	HTYC
	7	Lee Pik Yan	SKHTSK
	8	Yeung Sum Yau	UCC-THT

Heat 2	1	Lam Ka Lai	KTLS
	2	Leung Chi Wun	SPCC
	3	Ke Ying Ying	HTYC
	4	Cheng Nok Ching	MSC
	5	Poon Lee Tsun	LSCC
	6	Lai Tsz Wing	MMWC
	7	Yu Pui Yan	MS
Heat 3	1	Siu Yau	CCHK
	2	Tsang Wing Chi	PKMS
	3	Zhu Lok Yi	CCCRSS
	4	Law Man Ching	LHYMSS
	5	Lam Pui Ying	LSCC
	6	Chan Yee Nam Nicole	PLKNPL
	7	Wong Ho Ting	HW
Heat 4	1	Chen Jingqi	CCCRSS
	2	Kong Pak Ue Anson	SAGC
	3	Lau Pui Yi	MS
	4	Huang Chui Yu	SLCSS
	5	Cheuk Hang Sze	NAMS
	6	Lam Sum Ling	LHYMSS
	7	Zheng Xin Yi	PLKNPL
Heat 5	1	Ye Sicheng	KSYSS
	2	Tsang Tsz Mak	KTLS
	3	Cheng Sum Yin	SPETER
	4	Yan Tsz Huen	MSC
	5	Yeung Tin Wing	SBC
	6	Wong Wing Sze	NAMS
	7	Lai On Ying	SKHTSK
Heat 6	1	Lo Kin Chi Ginny	PKMS
	2	Gan Ho Yan	SPCC
	3	Wong Sam Yi	HW
	4	Chung Pui Chi	JCGSS
	5	Koo Lok Yin	MKES
	6	Chan Wan Chit	QES
	7	Ekwegwo Michelle Grace N	SEKSS-WK
Heat 7	1	Cheng Tsz Yu Purple	QES
	2	Yen Ho Lam	JCGSS
	3	Wu Wai Ue	UCC-THT
	4	Chen Jing Yu	CCHK
	5	Wong Peggy Pui Ki	HLC
	6	Yuen Ka Man	HWC
	7	Lau Yan Yu Kirby	MFS

Event 25	Boys A Grade 100m	12:15pm
	Record : 10.60	Standard : 13.00

Heat 1	1	Li Yik Yorkson	JCGSS
	2	Lu Kanghui	NAMS
	3	Pang Tsun Lam	NWC
	4	Ng Ngo Tin	UCC-THT
	5	Wong Hong Chit Alvin	SPCC
	6	Jiang Chun Leung	SBC
	7	Siu Quinton	CHC
	8	Chang Yat Hin	MFS

Heat 2	1	Yeung Yat Hei	UCC-THT
	2	Datta, Kieran Marco Perez	CREATIVE
	3	LEUNG CHI YIU	CLS-NP
	4	Kwok Tsz Hin	QES
	5	Xian Tsz Wik	MS
	6	Wong Ho Him	HLC
	7	Lau Fung	KTKLGSS
	8	Tam Ming Ho	CCHK
Heat 3	1	Chan Yuk Laam Lewis	HW
	2	Wong Yu Sum	NAMS
	3	Chan Tin Hang	HTYC
	4	Chow Tsz Kit	NWC
	5	Tam Ka Lok	SSS
	6	Cheng Pang Lam	KSYSS
	7	Cheung Kai Leong	HWC
	8	Leung Sean Sheung Yat	SPETER
Heat 4	1	Lau Kam Keung	MS
	2	Kwok Chun Hei	LA
	3	Wong Yat Ting	CCHK
	4	Chan Fai Ming	MMWC
	5	Ng Yim Kuen	SPETER
	6	Xu Man Lok	CCCRSS
	7	Shahil	SEKSS-WK
Heat 5	1	Leung Yiu Yam	CHC
	2	Tan Yingxuan	KTKLGSS
	3	Hung Tsun Ming Gordon	HS
	4	Ng Pak Yan Brian	LSTLKK
	5	Yau Yik Shan	LA
	6	Li Chun Yiu	SPCC
	7	Ng, Tsun Wang	CREATIVE
Heat 6	1	Hung Tsz Yu	SEKSS-WK
	2	You Kwan Ming	HW
	3	Pang Ho Chun Jacky	HWC
	4	Lee Chun Wai	SKHTSK
	5	Liang Qixuan	QES
	6	Leung Ching Hei	PLKNPL
	7	Lam Anson	LSTLKK
Heat 7	1	Wong Ka Hei	SKHTSK
	2	Li Wei Bo	SLCSS
	3	Chan Chun Man	MFS
	4	Li Lok Hin	PLKNPL
	5	Luk Chun Ting	JCGSS
	6	Cai Ka Po	HS
	7	Feng Man Pan	MKES
Heat 8	1	Li Hung Yam	HLC
	2	Chen Peiyang	KSYSS
	3	Mohammad-Awais	CLS-NP
	4	Noiwibol Sutichok	SBC
	5	Wong Tsz Him	SSS
	6	Xia Wen	MKES
	7	So Tsz Long	HTYC

Event 26	Boys A Grade Javelin	1:45pm	
	Record : 62.06	Standard : 21.50	
Final	1	Ng Chi Chung Lucas	KTKLGSS
	2	Leung Lai Chun	HW
	3	Ma Darwin Tian Cheng	CREATIVE
	4	Fong Kwan Hong	SPETER
	5	Zheng Tianrui	LSTLKK
	6	Ngo Chun Man	KSYSS
	7	Chen Yu Ching	CCCRSS
	8	Ma Tsz Hin	HS
	9	Wong Shing Cheong Daniel	HTYC
	10	Lin Yat Hei	UCC-THT
	11	Akbar Saim	PLKNPL
	12	Gao Kim Pan	HTYC
	13	Kei Phyel Timothy Sy	PLKNPL
	14	Ng Tung Fui	LA
	15	Ng Pui Shun	CCCRSS
	16	Ko Wing Yam	KTKLGSS
	17	Brar Harjoben Singh	CREATIVE
	18	Wong Pak Lam	NWC
	19	Mohammad Uzair Iqbal	JCGSS
	20	Liu Hoi Chi	CCHK
	21	Cheng Kwan Ting	HLC
	22	Lam Pak Hei	HWC
	23	Li Ho On	MS
	24	Lee Kin Fung	HWC
	25	Mok Man Fai	CCHK
	26	Choi Chau Hin	SLCSS
	27	Wong Sze Yuen	LA
	28	An Siyu	SKHTSK
	29	Lun Tsz Yat Matthew	UCC-THT
	30	Leung Sean Sheung Yat	SPETER
	31	Au Yeung Chun	QES
	32	Wong Pak Kiu	HLC
	33	Wong Kwun Leung	MS
	34	Chan Ngai	LSTLKK
	35	Wong Ching Yin	NAMS
	36	Chung Man Fung	CHC
	37	Yeung Chun Wai	HW
	38	Liu Chun Keung	SKHTSK
	39	Mai Yuen Yam	NAMS
	40	Lee Pui Lam	CHC
	41	Kan Kaden	PLKVKTC
	42	Yip Yu Chung	SSS
	43	Wong Chung Hin	PLKVKTC
	44	Yiu Ho	QES
	45	Lai Wai Tin Kelvin	NWC
	46	Ye Lizu	JCGSS

Event 27	Boys B Grade Shot Put	1:45pm	
	Record : 16.33	Standard : 8.80	
Final	1	Fong Tsz San	SLCSS
	2	Lee Kit Long	SKHTSK
	3	Yeung Siu Hei	MKES
	4	Cheung Cheuk Yin	SPETER
	5	Cheung Chum Ho	CCHK
	6	Choi Tsun Yin	HW
	7	Fan Zhao Xian	HLC
	8	Tin Yu Hin	CREATIVE
	9	Feng Hang Lok	HWC
	10	Jones Kruz Henry Zhang Yao	PTAL
	11	Xu Yung Kit	LSTLKK
	12	Zhang Jacky	HS
	13	Chen Nok Yin	NWC
	14	Liu Xinhang	NAMS
	15	Li Hayden Jamie	VSA
	16	Yeung Chun Ho	LA
	17	Kwong Sze Ho	MS
	18	LEUNG KWOK HO	CLS-NP
	19	Wong Man Ho	KSYSS
	20	Cheung Yu	MS
	21	Hu Rain	PLKNPL
	22	Cheung Chun Kit	MMWC
	23	LI HOI LONG	CLS-NP
	24	Ngai Ka Chun	QES
	25	Ko Tin Lok Eden	HTYC
	26	Huang Kin Ho	MKES
	27	Yim Tsz Nok	SKHTSK
	28	Yang Man Kwan	NAMS
	29	Liu Ye Xuan	LSTLKK
	30	Chan Pit Chun	SSS
	31	Chiu Yik Kiu	PTAL
	32	Yau Wing Kit Donald	CHC
	33	Chan Yat Long	UCC-THT
	34	Kwok Tsz Kiu	HW
	35	Wong Wai Nok	JCGSS
	36	Lu Ka Chun	CCCRSS
	37	Zou Hiu Ming	UCC-THT
	38	Lui Chak Hei	QES
	39	Tang Yuk Chun	LA
	40	To Paco	HWC
	41	Cheung Ki Chun	SBC
	42	Mei Rewei	PLKTNK
	43	Lee Tsz San	CCHK
	44	Ng Kai Hin	HTYC
	45	Zhou Sai Kwong	CHC
	46	Huang Zixi	CCCRSS
	47	Zhong Tianshuai	HLC
	48	Lau Chun Yin	PLKNPL
	49	Fu Rhys	CREATIVE
	50	Hu Tsz Shing	KTKLGSS
	51	Wong Pak Ho	SBC
	52	Choi Yung Shun	NWC
	53	Choi Chun Fai	KSYSS
	54	Zhong Jinteng	KTKLGSS
	55	Chen Tsz Lung	JCGSS
	56	Sze Hoi Ching	MFS
	57	Cheng Chak Kwan	CS
	58	Ng Uen Hei	SPETER

Event 28	Girls A Grade Long Jump	1:45pm	
	Record : 5.78	Standard : 3.60	
Final	1	Huang Chui Yu	SLCSS
	2	Chau Hong Wing	SPCC
	3	Yeung Wing Lam	NAMS
	4	Ho Hoi Ki	JCGSS
	5	Li Tsz Hei	PLKNPL
	6	Chong Wing Chi	MFS
	7	Chan Wing Kiu	HW
	8	To Tung Ki	SKHTSK
	9	Wei Siman	JCGSS
	10	Yeung Sum Yau	UCC-THT
	11	Chu Ka Ying	SAGC
	12	Ho Wai Ting	LSCC
	13	Chan Joelie	MSC
	14	Cheng Miu Yan	UCC-THT
	15	Ng Yuk Kwan	LHYMSS
	16	Chan Nga Ching	SBC
	17	Chen Jiaxin	CCHK
	18	Cheung Cathy	SPCC
	19	Chen Jingqi	CCCRSS
	20	Wong Peggy Pui Ki	HLC
	21	Tsang Ping Wynne	MKES
	22	Hung Ka Ying	PKMS
	23	Kwok Yan Ling	MSC
	24	Ng Man Hei	SAGC
	25	Tang Hiu Ying	KTLS
	26	Li Hoi Ching	LSCC
	27	Ng Wing Yin Rainie	MS
	28	Wong Sze Pin Melody	HWC
	29	Aquino Abigale Villanueva	PLKVKTC
	30	Yau Hei Man Vania	MS
	31	Wong Tsz Ying	HTYC
	32	Liu Ka Wai	SKHTSK
	33	Chen Jing Yu	CCHK
	34	Tam Ho Yau	HLC
	35	Chen Tsz Ying	NAMS
	36	Lam Wan Yeung	PLKNPL
	37	Hui Ngo Yau	HW
	38	Wong Sze Yui	SCSG
	39	Au Hoi Yan	QES
	40	Lo Ngo Yin Vincci	KTLS
	41	Kwok Wai Man Angel	LHYMSS
	42	Ke Ying Ying	HTYC
	43	Lau Shuk Wan	QES
	44	Lo Kin Chi Ginny	PKMS

Event 29	Boys C Grade High Jump		1:45pm
	Record : 1.86		Standard : 1.25
Final	1	Lui Pak Yuen	HLC
	2	Liang Ka Hei	MS
	3	Li Cheong Ho	MKES
	4	Liu Hon Piu	KTKLGSS
	5	Lee Cheuk Yin	HWC
	6	Lam Chit	CREATIVE
	7	Yu Kwan Shing	PTAL
	8	Tang Rui	CREATIVE
	9	Ngan San Fung	NWC
	10	Wong Pak Lam	MFS
	11	Tay Nevan	EVANGEL
	12	Fung Yee Yat	SSS
	13	Lam Ming Hei	NAMS
	14	Au Hayden	PLKNPL
	15	Chung Man Ho	SKHTSK
	16	Chan Wai Chung Jayden	HS
	17	Chu Wing Hang	SSS
	18	Lee Pui Hang	MS
	19	Siu Ho Kei Samuel	HTYC
	20	Li Pawel	SPETER
	21	Fong Chun Hei	LA
	22	Choy Ho Ching	HW
	23	Li Cheuk Fung	NWC
	24	Chan Tin San	MKES
	25	Huang Yu Sheng	JCGSS
	26	Mak Hang Sang	MFS
	27	Poon Chun Lam Roland	HW
	28	Ma Tsz Ho	SKHTSK
	29	Lee Ka Chit	LSTLKK
	30	Yu Cheuk Hang Bryden	PLKNPL
	31	Chow Tin Nok	HWC
	32	Pak Chong Lok	NAMS
	33	Sin Yan Ting	LSTLKK

Event 30	Girls C Grade 200m		2:00pm
	Record : 25.77		Standard : 34.50
Heat 1	1	Leung Hoi Ching	HTYC
	2	Pelet Esztiava Deline	PLKTNK
	3	Ho Wan Ying	LSTLKK
	4	Siu Ho Kiu	KTLS
	5	Mo Keyin	CHC
	6	Zhu Xiya	JCGSS
	7	Kwok King Yue Jasmine	SSS
	8	Tsang Wun Kiu	PTAL
Heat 2	1	Ho Cheuk Lam Chloe	MSC
	2	Chan Ying Lam	HLC
	3	Hui, Nicole Yat Ka	PLKCKY
	4	Ngai Boon Ga Jessica	KTLS
	5	Guo Enxi	LSTLKK
	6	Wu Tsz Ki	PLKTNK
	7	Aleena Khadija	NAMS
	8	Wong Tsz Lam	LHYMSS

Heat 3	1	Yuen Zara Sau Yee	MKES
	2	Lau Eith	SKHTSK
	3	Cheng Hang Chi	VSA
	4	Sun Hiu Ching Alicia	SPCC
	5	Wong Chi Hing	QES
	6	Lin Tsz Mei	NWC
	7	Chen Yan Kei	CCCRSS
	8	Leung Tsz Ying Regina	SAGC
Heat 4	1	To Nga Ting	QES
	2	Chiu Hei Yau	MFS
	3	Lui Hang Yi	PKMS
	4	Lin Wing Lam	MKES
	5	Law Constance	UCC-THT
	6	Wu Yun Shan	SBC
	7	Wong Yuet Ching	MS
	8	Chong Hei Yu	PLKNPL
Heat 5	1	Wu Man Huen	SPETER
	2	Chu Tak Ching	HS
	3	Tam Hiu Lam	CCHK
	4	Chan Ying Man Aimee	SCSG
	5	Lam Melissa	PKMS
	6	Woo Hiu Yan	PLKNPL
	7	Chan Man Yan	MMWC
	8	Tsui Hiu Ning	HLC
Heat 6	1	Ku Wing Ching Jasmine	SPCC
	2	Yeung Ching Chi Mavis	SKHTSK
	3	Yeung Po Yi	MFS
	4	Peng Tsz Ching	CCCRSS
	5	Ng Wai Yee Charice	LSCC
	6	Wu Cheuk Kiu	HTYC
	7	Shen Wing Ki	SAGC
	8	Li Tsz Ching	SBC
Heat 7	1	Cheung Yuen Chi	NWC
	2	Ng Yin Yan	NAMS
	3	Tang Nga Chi	CCHK
	4	Chan Tsz Yan	MS
	5	Wan Tsz Tung	LSCC
	6	Cheung Pui Yi	PTAL
	7	Leung Hau Ying	HWC
Heat 8	1	Tse Hiu Huen	UCC-THT
	2	Wong Chung Yan Abby	PLKCKY
	3	Kwok Athena	HW
	4	Lee Clarissa Sze Nga	SPETER
	5	Hung Yi Ting	HWC
	6	Chan Tsz Pui	CS
	7	Lo Claire Elizabeth An Yi	VSA
Heat 9	1	Lee Lai Man	CHC
	2	Cheung Yan Tung	EVANGEL
	3	Wong Lok Sum Thea	HW
	4	Xie Man Man	SLCSS
	5	Fong Yuen Sum	MSC
	6	Lam Sum Yi	LHYMSS
	7	Choi Kwan Yat	HS

Event 31	Boys C Grade 200m	2:00pm	
	Record : 22.59	Standard : 29.80	
Heat 1	1	Au Joi Shan	LA
	2	Chan Pak Yin	HTYC
	3	Tse Chi Yu Szczesny	CCHK
	4	Lam Chit	CREATIVE
	5	Chan Chun Kin	CHC
	6	Kwan Ziheng Clayton	SPCC
	7	Wong Bong Yui	SKHTSK
	8	Du Zhongning	VSA
Heat 2	1	Wang Tsun Hei	HLC
	2	Siu Ming Chui	PTAL
	3	Li Ching Him Benjamin	HW
	4	You Xiang	JCGSS
	5	Wong Pak Yu	MFS
	6	Wong Cheuk Yin	NWC
	7	Wong Kin Ho Marcus	LA
	8	Chan Zi Tao	SLCSS
Heat 3	1	Kwok Yik Fung	JCGSS
	2	Wong Wai Ting	SSS
	3	Li Wang Pok	CHC
	4	Yu Yun Wang	MS
	5	Leung Aydan Kwan Hon	EVANGEL
	6	Ho Man Chun	SBC
	7	So Kei Nok	PLKCKY
	8	Leung Lap Kwong	UCC-THT
Heat 4	1	Lee Chi Sum Samson	SKHTSK
	2	Yip Ho Tung Markus	VSA
	3	Tsoi Man Lok	CREATIVE
	4	Liang Zhi Hao	KTKLGSS
	5	CHENG KAI HENG	CLS-NP
	6	Fung Wai Ho	NAMS
	7	Sit Jayden	PLKCKY
Heat 5	1	Sin Cheuk Hei Kingsley	UCC-THT
	2	Hung Long Yin	CCHK
	3	CAI KI KAM	CLS-NP
	4	Lu Sai Yan	HWC
	5	Chu Long Yin	HS
	6	Ngai Chi Ho	MKES
	7	Wong Pak Yu	CCCRSS
Heat 6	1	Cheng Chi Chung	EVANGEL
	2	Leung Lai Yin	QES
	3	Yang Yau Kuen	NAMS
	4	Chan Ho Hin Matthew	HTYC
	5	Man Yuet Hok	HWC
	6	Lau Pak Shing	LSTLKK
	7	Ng Cho Sum	SSS
Heat 7	1	Wong Marcus	MFS
	2	Chan Kwai Ki	PLKTNK
	3	Liao Fun Hi	KSYSS
	4	Zhong Yui Chak	QES
	5	Ou Yuk Ning	HLC
	6	Wang Kwun Fung	PTAL
	7	Tai Chi Shing	PLKNPL

Heat 8	1	Cheung Tsz Shing	MS
	2	Lai Ka Lung	NWC
	3	Zheng O. P. Anson	PLKNPL
	4	Leung Aiden Wai Shun	SPCC
	5	Wong Ching Yin	MMWC
	6	Wong Ho Hin	PLKTNK
	7	Chen Zitao	SBC

Heat 9	1	Shui Chun Yiu	HS
	2	Chung Hau Chak	MMWC
	3	Tong Ngon Lam	MKES
	4	Yang Zhili	HW
	5	Li Hoi Ming	SLCSS
	6	Chiu Ngai Chi	KTKLGSS
	7	Mok Tsun Yu	LSTLKK

Event 32	Girls B Grade 200m	2:00pm
	Record : 24.96	Standard : 34.00

Heat 1	1	Huang Kin Ue	MKES
	2	Ali Shiloh Asia	SEKSS-WK
	3	Wong Charlotte	VSA
	4	Luo Kailin	MMWC
	5	Zhang Qingying	CCHK
	6	Zeng Bianca	SPETER
	7	Chan Tsz Tung	PLKTNK
	8	Yuen Hau Kwai	PLKNPL

Heat 2	1	Kwan Cheuk Nam	MFS
	2	Wong Yui	CS
	3	Li Shing Fei	SBC
	4	Cheng Yu Sum	JCGSS
	5	Yuen Chi Yan	MS
	6	Lin Ue Shan	KTLS
	7	Li Ka Hei	SSS
	8	Pfarr Jessica	UCC-THT

Heat 3	1	Wu Wing Sze	PLKTNK
	2	Cheng Nok Tung	MSC
	3	Chu Tak Sheung	HS
	4	Cheng Qingqing	NAMS
	5	Lei Xiaoying	UCC-THT
	6	Chiu Sophia Yin Ting	SPCC
	7	Huang Shen	SSS

Heat 4	1	Ho Sum Yi	SAGC
	2	Leong Sum Yin	MS
	3	Lau Chung Yin	SPETER
	4	Chiu Ka Yi	CCCRSS
	5	Igboanua Whitney Kosi Chigbo	MKES
	6	Kam Hei Yi Heidi	SKHTSK
	7	Yu Sum Yan	CS

Heat 5	1	Chan Yuet Ching	PKMS
	2	Chan Pui Yi	SAGC
	3	Yi Caven	CCHK
	4	Takahashi Yuka	MFS
	5	Chen Pui Ki	NAMS
	6	Chan Yee Lam	HTYC
	7	Luk Tsz Kwan Christy	LSCC

Heat 6	1	To Long Ching	HTYC
	2	Tse, Lok Ying Tammy	PLKCKY
	3	Ho Man Yan	HLC
	4	Tang Tsz Ching	CHC
	5	Chow Yuet	LHYMSS
	6	Chan Yin Kei	LSCC
	7	Chu Tak Yuen	HS

Heat 7	1	Chiu Suet Ching	PKMS
	2	Wun Yee Nam	LHYMSS
	3	He Li Wen	NWC
	4	Iu Yuen Sin	HWC
	5	Yeung Hoi Ching Mio	HW
	6	Fan, Ka Yau Charlotte	PLKCKY
	7	Chen Tsz Nok	QES

Heat 8	1	Law Tiana	SPCC
	2	Chow Muk Yau	CCCRSS
	3	Lin Shiyi	NWC
	4	Ho Si Yu	MMWC
	5	Lee Ka Yan	JCGSS
	6	Ng Ching Yin	KTLS
	7	Leung Tsz Ching	HLC

Heat 9	1	Chan Fei Yeung	PLKNPL
	2	Yu Ka Wing	HW
	3	Wong Ching Yu	QES
	4	Tsui Leann Wing Lam	VSA
	5	Lui Hei Yu	SCSG
	6	Wong Yat Sum	MSC
	7	Lo On Yi	HWC

Event 33	Boys B Grade 200m	2:30pm
	Record : 21.90	Standard : 27.80

Heat 1	1	Tang Po Shing	PLKTNK
	2	Lee Chun Lam	PTAL
	3	Erno Matthew Raeburn Manimtim	PLKVKTC
	4	Cho Hin Man Hadden	SPCC
	5	Yan Kai Yin	SKHTSK
	6	Liu Long Chiu	PLKNPL
	7	Cheung Yik Wai Botan	LA
	8	Luo King Hoi	MKES

Heat 2	1	To Ian	LA
	2	Fung Ping Kei	HWC
	3	LEE PAK HANG	CLS-NP
	4	Chen Chi Yuen	KSYSS
	5	Chen Hui Yan	SKHTSK
	6	Khatri Parmesh	SEKSS-WK
	7	Lee Ho Kai	SPCC
	8	Ho Ka Chun	MS

Heat 3	1	Leung Ka Wai	HLC
	2	Lam Pak Yan	MS
	3	Tse Pak Ho	QES
	4	Guan Jiancheng	KTKLGSS
	5	Au Yeung Wong Sum	CCHK
	6	Chow Yan Lan Samuel	UCC-THT
	7	Xian Wing Fai	SSS
	8	Chan Chak Fung	SBC

Heat 4	1	Chan Ching Nok	PLKNPL
	2	Lyu Zhenhao	NAMS
	3	Yau Wai Yin	VSA
	4	Lo Cheuk Kiu Keith	HTYC
	5	Tam Tsz Him	SPETER
	6	Wong Tse Chun	UCC-THT
	7	Luo Zihao	LSTLKK
	8	Ng Cheong Wah	HW

Heat 5	1	Yee Chung Lun	CCHK
	2	Chow Kin Yin	SLCSS
	3	Ma Yiu Chung	JCGSS
	4	Wong Tak Chi Dennis	HWC
	5	Wong Ho Bun Bryan	KSYSS
	6	Wong Pui Tang	SBC
	7	Hui Ka Hei	MMWC
	8	Lam Ho Man Fergus	CREATIVE

Heat 6	1	Chen Xiaowei	PTAL
	2	Tso Wing Kiu	MFS
	3	Yeung Hok Lam Daniel	LSTLKK
	4	Wong Kai Seng	SPETER
	5	Wong Tok Ham	MKES
	6	Fung Yiu Lap	SSS
	7	Cheng Tsz Fuk	HS

Heat 7	1	Yip Shing Chi Marc	VSA
	2	Feng Lebin	HS
	3	Fung Ho Lam	HW
	4	Yu Ming Hau Akitaka	MFS
	5	Leung Shing To	SLCSS
	6	Huang Kam Po	CHC
	7	Leung Ming Ho	NWC

Heat 8	1	Liu Kai Chi	NAMS
	2	Zhou Ka Wa	NWC
	3	Chan Ho San	HTYC
	4	Li Yuen Chun	CCCRSS
	5	MO JIA JUN	CLS-NP
	6	Yu Boyuan	CREATIVE
	7	Gurung Arosh	PLKTNK

Heat 9	1	Chow Lok Ching	CS
	2	Lee Wing Yin	KTKLGSS
	3	Yu Chun Fung	PLKCKY
	4	Yang Tung Kit	CHC
	5	Wong Kwok Sing	QES
	6	Yau Long Sun	HLC
	7	Hubb-A-Abbas	JCGSS

Event 34	Girls A Grade 200m	2:30pm
	Record : 24.31	Standard : 34.00

Heat 1	1	Chung Pui Chi	JCGSS
	2	LUO HOI YING	CLS-NP
	3	Au-Yeung Lok Yi	SPCC
	4	Leung Hoi Ching	UCC-THT
	5	Chan Wing Ki	HTYC
	6	Chen Jiaxin	CCHK
	7	Sy Mei Han Sabrina	PKMS
	8	Wong Ching Ka	PLKNPL

Heat 2	1	To Yan Tung	LSCC
	2	Chan Wan Chit	QES
	3	Law Man Ching	LHYMSS
	4	Lai Yuet Yee	PKMS
	5	Gan Ho Yan	SPCC
	6	Kuan Hoi Lam	SKHTSK
	7	Lam Ka Lai	KTLS
Heat 3	1	Jiya Oberoi	CLS-NP
	2	Cheng Mei Ling	SPETER
	3	Zheng Xin Yi	PLKNPL
	4	Ng Man Hei	SAGC
	5	Poon Hoi Ching	QES
	6	Lyu Yuxuan	NAMS
	7	Pang Ching Tung	HW
Heat 4	1	Wu Wai Ue	UCC-THT
	2	Tsang Sin Yu	MFS
	3	Yuen Ka Man	HWC
	4	Kwong Hoi Yi	LHYMSS
	5	Cheng Nok Ching	MSC
	6	Kwok Kei Wun Louie	HTYC
	7	Yau Hei Man Vania	MS
Heat 5	1	Chan Hoi Ying	SKHTSK
	2	Leung Sin Laam	HWC
	3	Lo Pui Kwan	KTLS
	4	Chang Ho Yan	MKES
	5	Ng Yeuk Yin	MSC
	6	Deng Wing Yau	MFS
	7	Yu Pui Yan	MS
Heat 6	1	Wong Wing Sze	NAMS
	2	Tsang Ping Wynne	MKES
	3	Wong Ching Lan	CCHK
	4	Ng Wing Yu	LSCC
	5	Kong Pak Ue Anson	SAGC
	6	Wong Ho Ting	HW
	7	Ekwegwo Michelle Grace N	SEKSS-WK

Event 35	Boys A Grade 200m	2:30pm
	Record : 21.91	Standard : 26.80

Heat 1	1	Pui Sze Long	CHC
	2	Hung Fai Cheung	SKHTSK
	3	Cai Ka Po	HS
	4	Kwok Chun Hei	LA
	5	Cheung Kai Leong	HWC
	6	Li Yik Yorkson	JCGSS
	7	Jiang Chun Leung	SBC
	8	You Kwan Ming	HW
Heat 2	1	Yu Man Hei	NAMS
	2	Feng Man Pan	MKES
	3	Wong Tsz Chun	LSTLKK
	4	Yang Michael	SBC
	5	Wong Yat Ting	CCHK
	6	Tsang Ho Long	PLKVKTC
	7	Chau Tsz Tsung Eugene	SPETER

Heat 3	1	Mok Ho Long	QES
	2	Li Wei Bo	SLCSS
	3	Leung Yiu Yam	CHC
	4	Wong Hong Chit Alvin	SPCC
	5	Leung Chun Yin	LSTLKK
	6	Ng, Tsun Wang	CREATIVE
	7	Lo Kwun Man	MS
Heat 4	1	Kwok Chung Him Damian	MFS
	2	Luk Chun Ting	JCGSS
	3	Lau Kam Keung	MS
	4	Cheng Yau Ming	KSYSS
	5	Chen Junyue	UCC-THT
	6	Cheung, San Hei	CREATIVE
	7	Hung Ngai Yam	SKHTSK
Heat 5	1	Chan Fai Ming	MMWC
	2	Mohammad-Awais	CLS-NP
	3	Fung How Wun Howard	PLKVKTC
	4	Chan Tin Hang	HTYC
	5	Chan Yuk Laam Lewis	HW
	6	Lu Kanghui	NAMS
	7	Li Hung Yam	HLC
Heat 6	1	Chen Tsz Ho	KTKLGSS
	2	Lam Chun Ting	PLKNPL
	3	Xia Wen	MKES
	4	Leung Ka Kiu	HTYC
	5	LEUNG CHI YIU	CLS-NP
	6	Wong Ho Him	HLC
	7	Hung Tsz Yu	SEKSS-WK
Heat 7	1	Shahil	SEKSS-WK
	2	Chang Yat Hin	MFS
	3	Chan Kai Hong	PLKNPL
	4	Ng Ngo Tin	UCC-THT
	5	Shi Jiahui	KTKLGSS
	6	Lui Kwan Ho	NWC
	7	Law Wai Ho	SPCC
Heat 8	1	Tam Ming Ho	CCHK
	2	Kwok Tsz Hin	QES
	3	Kwong Chung Ki	LA
	4	Ng Yim Kuen	SPETER
	5	Poon Pak Kiu	HWC
	6	Li Wing Yu	NWC
	7	Chau Pui Yu	KSYSS

Event 36		Boys C Grade 1500m	3:00pm
		Record : 4:24.54	Standard : 5:58.00
Heat 1	1	Peng Chi Yuen Matthew	SKHTSK
	2	Chu Chun Hei Jason	HWC
	3	Ng Lok Keung	NAMS
	4	Li Ho Ming	QES
	5	Yu Kwan Shing	PTAL
	6	Yuen Mike	LSTLKK
	7	Subasinghe Mudiyanseelage Shan Farisky	CREATIVE
	8	Lau Cheuk Long	SPCC
	9	Wong Ho Chun	MS
	10	Luo Chung Cheung	HTYC
	11	Sunar Deepson	PLKTNK
	12	He Ho Ming	MKES
	13	Lam Yui	PLKNPL
	14	Si Hau Hei	SPETER
	15	Fok Hei Yin	HW
	16	Khan Haris Muhammad	HLC
Heat 2	1	Lai Kwong Yu	NWC
	2	Ma Yidan	JCGSS
	3	Li Haochen	KSYSS
	4	Shum Mathis Hin Lun	CS
	5	Xie Yik Yin	CCHK
	6	Ho Hiu Lok	CHC
	7	Wong Edison	SPCC
	8	Choy Ming Hoi	LSTLKK
	9	Wong Ngo Ting Scofield	LA
	10	Wong Ye Zhun	KTKLGSS
	11	Zhang Andy Jiangtao	PLKNPL
	12	Zhang Daivi	SBC
	13	Wang Zihan Joseph	HWC
	14	Ke Wang Ngai	PTAL
	15	Kwok Ka Ho	SLCSS
Heat 3	1	Chan Tsz Kwan	HTYC
	2	Wong Ngo Athan	CREATIVE
	3	Hui Yin Nap	NWC
	4	Huang Jun Peng	MS
	5	Lau Hong Nam	SBC
	6	Lui Sheung Cho	QES
	7	Li Yik	MKES
	8	Lui Yao Ming	CCHK
	9	Lin Weixi	KTKLGSS
	10	Lau Yik Hei	HLC
	11	Lo Sui Kiu	HW
	12	Chan Pak Yu	SKHTSK
	13	Dewan Nishe	PLKTNK
	14	Wong Hon Ting	NAMS
	15	Wang Chak Hoi	JCGSS

Event 37	Boys B Grade 1500m	3:00pm	
	Record : 4:10.65	Standard : 5:40.00	
Heat 1	1	Kam Tsz Hin	MFS
	2	Kwan Chi Ho Adrian	VSA
	3	Chen Hui Yan	SKHTSK
	4	Qiu Chengli	KTKLGSS
	5	Choy Ho Tik	MKES
	6	Butt Muhammad Owais	HLC
	7	Xu Henghun	CHC
	8	Chan Chi Yuen	MS
	9	Ip Cheuk Nam	SPETER
	10	Wong Ming San	NWC
	11	Kwok Chun Hei	CS
	12	Huang Hung Kin	SLCSS
	13	Yeung Lok Ting	HTYC
	14	Zeng Kai Kong	PLKTNK
	15	Woo Bono	QES
	16	Chan Pit Ki	SBC
	17	Cheung Ching Nam	CCHK
	18	Lin Chak Wo	UCC-THT
	19	Huen Tsz Wai	PTAL
	20	Li Lok Ho	LSTLKK
Heat 2	1	Du Yichen	KTKLGSS
	2	Wong Yik Chun	NWC
	3	Feng Lok Yeung	HLC
	4	Mai Minghua	CS
	5	Guan Pak Yu	HTYC
	6	Wong King Kam	QES
	7	Chu Christiano Da Silva	CCCRSS
	8	Tse Shun Hoi	NAMS
	9	So Hok Sum	HW
	10	Prince Aaryan	CREATIVE
	11	Wong Chun Hei	MS
	12	Lam Shing Him	HWC
	13	Chu Ho Ting	PLKNPL
	14	Law Yeuk Tin Karl	LA
	15	Ye Yik Chan	LSTLKK
	16	Leung Ting Cheung	SPETER
	17	Zhang Kimi	PLKVKTC
	18	Cheung Chi Hei	JCGSS
	19	Yu Ka Long	SPCC

Heat 3	1	Cheng Ka Kin	PLKVKTC
	2	Liang Xikun	SPCC
	3	Chiu Chun Yuen	JCGSS
	4	Fung Hei Long	SBC
	5	Kwok Yuk	SLCSS
	6	Kwong Yau Lam	PLKNPL
	7	MENESES CALVIN C.	CLS-NP
	8	Lee Jasper	HW
	9	Chan Taylor	CCHK
	10	Wang Jinhao	NAMS
	11	Leung Shu Pak	LA
	12	Sze Hoi Yuk	PTAL
	13	Wong Tik	HWC
	14	Su Ka Lok	UCC-THT
	15	Lo Pak Yim	MKES
	16	Shum Ying Hang Maurice	CHC
	17	Lam, Yu Kwong Nathan	CREATIVE
	18	Ku Pak Long	SKHTSK
	19	Wong Pui Yin Owen	PLKCKY

Event 38	Boys A Grade 1500m	3:00pm
	Record : 4:02.02	Standard : 5:30.00

Heat 1	1	Wu Ho Wang	SPETER
	2	Feng Junhong	KTKLGSS
	3	Choi Kit Ting	JCGSS
	4	So Tsz Wai	PLKNPL
	5	Lam Li Hoi Chong	SBC
	6	Cheung Hin Yu Evan	LA
	7	Ng Pak Chun	HW
	8	Lo Hin Ching	CREATIVE
	9	Sze Sum Tik	NAMS
	10	Wong Hiu Fung	PLKVKTC
	11	Gu Man King	CHC
	12	Mak Kwan Chuen	MKES
	13	Yung Yui Hei Dominic	MFS
	14	Kong Ming Chak	HS
	15	Kong King Yu	HTYC
	16	Feng Chun Hei	LSTLKK
	17	Chan Ka Lok	HLC
	18	Zhao Ruxuan	KSYSS

Heat 2	1	Wang Yuanzheng	HW
	2	Horgan Patrick Aloun	CREATIVE
	3	Cheng Yam Tat	MKES
	4	Kwok Wang Hei	MFS
	5	Wan Yu Chiu	NAMS
	6	Feng Zizhao	MS
	7	Cheng Chun Ngai	NWC
	8	Huang Kwo Fung	SLCSS
	9	Kwong Pak Ho Thierry	SKHTSK
	10	PIN LOK HIM	CLS-NP
	11	Yang Wai Ho	UCC-THT
	12	Kong Yiu Wang Jayden	SPCC
	13	Wong Man Leong Winston	QES
	14	Tsoi Ho Nam	HWC
	15	Leung Yat Sum	SPETER
	16	Luo Tsz Hin	JCGSS
	17	Ko Lok Hong	CCHK

Heat 3	1	Lee Man Chung	NWC
	2	Wong Wan Fai	SKHTSK
	3	Wong Yui To	UCC-THT
	4	Hong Kuen Hon	CCHK
	5	Fang Zhengzheng	HTYC
	6	WONG TSUN	CLS-NP
	7	Li Zhongjie	CHC
	8	Zhang Xuanrong	KTKLGSS
	9	Chan Tak Yan	SBC
	10	Kong Kwok Wa	LSTLKK
	11	Fung Leong Kwan	SPCC
	12	Lau Ho Pong	HLC
	13	Lam To Po	MS
	14	Woo Alok	QES
	15	Wong Shun Chit Marcus	PLKNPL
	16	Lo Chun Hei	KSYSS
	17	Man Cheuk Nam	PLKVKTC

Event 39 Girls C Grade 4x100m Relay 4:00pm
Record : 48.41 Standard : 1:05.00

Heat 1	1		SPCC
	2		HLC
	3		PKMS
	4		HW
	5		PLKCKY
	6		SLCSS
	7		LSCC
Heat 2	1		PLKTNK
	2		KTLS
	3		SAGC
	4		SBC
	5		NAMS
	6		MMWC
	7		MSC
Heat 3	1		NWC
	2		SPETER
	3		VSA
	4		CCHK
	5		MFS
	6		QES
	7		PTAL
Heat 4	1		JCGSS
	2		UCC-THT
	3		HS
	4		SCSG
	5		SKHTSK
	6		LHYMSS
	7		PLKNPL
Heat 5	2		MS
	3		EVANGEL
	4		LSTLKK
	5		CHC
	6		HWC
	7		HTYC

Event 40	Girls B Grade 4x100m Relay	4:00pm
	Record : 49.44	Standard : 1:03.00
Heat 1	1	CCCRSS
	2	PKMS
	3	CCHK
	4	SPETER
	5	PLKNPL
	6	LSCC
	7	PTAL
	8	MFS
Heat 2	1	LHYMSS
	2	MKES
	3	MS
	4	MSC
	5	UCC-THT
	6	PLKTNK
	7	HLC
Heat 3	1	PLKCKY
	2	VSA
	3	EVANGEL
	4	SBC
	5	SCSG
	6	NWC
	7	MMWC
Heat 4	1	SAGC
	2	HWC
	3	CS
	4	QES
	5	HW
	6	NAMS
	7	SLCSS
Heat 5	1	KTLS
	2	HTYC
	3	CHC
	4	SPCC
	5	SKHTSK
	6	JCGSS
	7	HS

Event 41	Girls A Grade 4x100m Relay	4:00pm
	Record : 48.77	Standard : 1:02.00
Heat 1	1	KTLS
	2	HWC
	3	PLKNPL
	4	MKES
	5	MMWC
	6	LHYMSS
	7	MSC
Heat 2	1	SAGC
	2	NAMS
	3	MS
	4	HW
	5	SCSG
	6	SPCC
	7	CLS-NP

Heat 3	1	MFS
	2	SLCSS
	3	HTYC
	4	HLC
	5	HS
	6	QES
	7	KSYS
Heat 4	1	JCGSS
	2	UCC-THT
	3	CCHK
	4	PKMS
	5	SKHTSK
	6	PTAL
	7	LSCC

Event 42	Boys C Grade 4x100m Relay	5:00pm
	Record : 45.05	Standard : 56.50

Heat 1	1	LSTLKK
	2	HS
	3	KSYS
	4	MS
	5	HW
	6	EVANGEL
	7	SKHTSK
	8	NWC
Heat 2	1	SPETER
	2	HTYC
	3	CCHK
	4	KTKLGSS
	5	MFS
	6	HWC
	7	PLKTNK
	8	PTAL
Heat 3	1	PLKCKY
	2	CREATIVE
	3	VSA
	4	MMWC
	5	UCC-THT
	6	CHC
	7	CLS-NP
	8	SBC
Heat 4	1	NAMS
	2	QES
	3	SPCC
	4	JCGSS
	5	MKES
	6	PLKNPL
	7	HLC
	8	LA

Event 43	Boys B Grade 4x100m Relay	5:00pm
	Record : 43.01	Standard : 53.00
Heat 1	1	MFS
	2	HS
	3	NWC
	4	CREATIVE
	5	PLKTNK
	6	PLKCKY
	7	PLKNPL
Heat 2	1	SBC
	2	SPCC
	3	HWC
	4	KTKLGSS
	5	LA
	6	SPETER
	7	VSA
Heat 3	1	UCC-THT
	2	SKHTSK
	3	HLC
	4	QES
	5	MMWC
	6	KSYSS
	7	MKES
Heat 4	1	CLS-NP
	2	LSTLKK
	3	CCHK
	4	NAMS
	5	CHC
	6	SLCSS
	7	JCGSS
Heat 5	2	PLKVKTC
	3	MS
	4	HTYC
	5	PTAL
	6	HW
	7	EVANGEL

Event 44	Boys A Grade 4x100m Relay	5:00pm
	Record : 42.16	Standard : 51.00
Heat 1	1	LA
	2	CREATIVE
	3	MMWC
	4	CHC
	5	NWC
	6	CLS-NP
	7	QES
	8	NAMS
Heat 2	1	HTYC
	2	CCHK
	3	MS
	4	HWC
	5	SSS
	6	SPETER
	7	MKES
	8	PLKNPL

Heat 3	1	KTKLGSS
	2	PLKVKTC
	3	SKHTSK
	4	HW
	5	MFS
	6	SPCC
	7	KSYSS

Heat 4	1	LSTLKK
	2	JCGSS
	3	HS
	4	HLC
	5	UCC-THT
	6	SBC
	7	PTAL