



## Track Events

Chief Track Judge : Mr. Wong Chi Tang Charlton SWC

Start Referee	: 1. Mr. Kot Hin Tak		
Starters	: 1. Mr. Wong Shu Hei HKT KP	3. Mr. Teacher From Wtsmc	WTSMC
	2. Mr. Wan Yi Lok QC		
	<i>Student from HKT KP</i>		
Recall Starters	: 1. Mr. Ng Chi Kin CCSC	3. Mr. Chan Kwai Chung	HKTAYY3
	2. Ms. Chan Sze Yee CWCCSS		
Starter's Assistants	: 1. Mr. Kam Lik Hin SMS - Chief	4. Mr. Kwok Chun Chung	HKT KP
	2. Ms. Fong Kar Yan BPS	5. Ms. So Mei Ki	PBSS
	3. Mr. Ng Wai Nok FSS-KT	6. Ms. Leung Kit Yi	PBSS
	<i>Student from BPS</i>	<i>Student from FSS-KT</i>	
	<i>Student from PBSS</i>	<i>Student from QC</i>	
	<i>Student from SMS</i>	<i>Student from WESLEY</i>	
Track Umpires	: 1. Mr. Lam Wan Chung HKSS - Chief	10. Mrs. Koon Kin Ho	CLBSS
	2. Ms. Lee Ching Yan HTMS-THT	11. Ms. Yuet Fong Ching	SKWGSS
	3. Ms. Chan Ka Huen HTMS-THT	12. Mr. Lee Ting Chun	SKWGSS
	4. Mr. Tam Siu Wah Ricky KCC	13. Ms. Chan Po Chi	TNSS
	5. Mr. Leung Nok Hin LCMS	14. Ms. Joan Cheng	TNSS
	6. Mr. Lai Ho Ki NCC	15. Mr. Yeung Wai Leung	TVGSS
	7. Mr. Kwok Chi Hong NDC	16. Mr. Tong Shing Hon	WESLEY
	8. Ms. Ng Yee Fan OLRC	17. Mr. Lung Ting Fung	WTSMC
	9. Ms. Wat Lok Kwan Lorr PTCC		
Call Room Judges (Roll Call)	: 1. Mr. Ho Kin Lok WESLEY - Chief	9. Mr. Lam Chun Wah	YCKMC-2
	2. Ms. Thai Hoi Yin BPS	10. Ms. Leung Wai Ching	LWSSS
	3. Ms. Bau Hiu Lam CCSC	11. Mr. Kwok Sze Wai	NWCSS
	4. Mr. Chan Man Ching Le DMS-GP	12. Ms. Chan Hau Yan	PKSS
	5. Ms. Yuen Kit Ping Coof HTCSS	13. Mr. Ho Hoi Hung	QC
	6. Ms. Cheung Man Yee KSSS	14. Ms. Mak Pui Lam	TLGC
	7. Ms. Ng Ching Yan KTSS	15. Mr. Tang Cheuk Hin	WBSS
	8. Ms. Wong Nga Yi LCD		
	<i>Student from CCSC</i>	<i>Student from DMS-GP</i>	
	<i>Student from HTCSS</i>	<i>Student from KTSS</i>	
	<i>Student from NWCSS</i>	<i>Student from WBSS</i>	
Recorders	: Managed by HKSSF Staff		
	<i>Student from TLGC</i>		
Wind Gauge Operators	: Managed by HKSSF Staff	BOCHK Schools Sports Volunteers	
Position	: Managed by HKSSF Staff		
	<i>Student from CCKT</i>	<i>Student from CLBSS</i>	
	<i>Student from HTMS-THT</i>	<i>Student from QUALIED</i>	
	<i>Student from SKWGSS</i>	<i>Student from SWC</i>	
	<i>Student from TNSS</i>	<i>Student from WTSMC</i>	
Student Helpers	: Students of True Light Girls' College		

## Time Table

Divison Three (Area 4)

Day One 20 February 2024

8:15 AM Officials report to duty

This timetable serves as a guide only. The actual event may be held ahead or behind the scheduled time. Competitors are requested to turn up at least 1 hour before the scheduled time of the event.

	No.	Time	Event		Heats /	Final
		8:15am	Officials Report (工作人員報到)			
AM	1	8:30am	High Jump (跳高)	Girls C		34
	2		Triple Jump (三級跳遠)	Boys B		32
	3		Long Jump (跳遠)	Boys C		52
	4		Shot Put (鉛球)	Girls A		46
	5		Discus (鐵餅)	Girls B		42
	6		100m Hurdles (欄)	Girls C	3	
	7		"	Girls B	4	
	8		"	Girls A	3	
	9	9:15am	"	Boys C	4	
	10		"	Boys B	4	
	11		110m Hurdles (欄)	Boys A	3	
	12	9:30am	400m	Girls C	7	
	13		"	Boys C	8	
	14		"	Girls B	7	
	15	10:45am	"	Boys B	8	
	16		"	Girls A	6	
	17		"	Boys A	7	
	18	11:00am	High Jump (跳高)	Boys A		41
	19	11:30am	Discus (鐵餅)	Boys B		46
	20	11:45am	100m	Girls C	9	
	21		"	Boys C	9	
	22		"	Girls B	8	
	23	12:15pm	"	Boys B	9	
	24		"	Girls A	8	
	25		"	Boys A	8	
PM	26	1:45pm	Javelin (標槍)	Boys A		36
	27		Shot Put (鉛球)	Boys B		54
	28		Long Jump (跳遠)	Girls A		53
	29		High Jump (跳高)	Boys C		33
	30	2:00pm	200m	Girls C	8	
	31		"	Boys C	8	
	32		"	Girls B	7	
	33	2:30pm	"	Boys B	8	
	34		"	Girls A	6	
	35		"	Boys A	8	
	36	3:00pm	1500m	Boys C	3	
	37		"	Boys B	4	
	38		"	Boys A	3	
	39	4:00pm	4x100m Relay (接力)	Girls C	4	
	40		"	Girls B	4	
	41		"	Girls A	4	
	42	5:00pm	"	Boys C	4	
	43		"	Boys B	4	
	44		"	Boys A	4	

## List of Participating Schools of Division Three (Area 4)

School	Abbr.	Boys			Girls			
		A	B	C	A	B	C	
1 Aberdeen Technical School	香港仔工業學校	ATS	1	1	1			
2 Bellios Public School	庇理羅士女子中學	BPS				1	1	1
3 Buddhist Tai Hung College	佛教大雄中學	BTHC	1	1	1	1	1	1
4 Caritas Wu Cheng-Chung Secondary School	明愛胡振中中學	CWCCSS	1	1	1	1	1	1
5 CCC Kei To Secondary School	中華基督教會基道中學	CCCKT				1	1	1
6 Cheung Chuk Shan College	張祝珊英文中學	CCSC	1	1	1	1	1	1
7 Chi Lin Buddhist Secondary School	佛教志蓮中學	CLBSS	1	1	1	1		
8 CNEC Lau Wing Sang Secondary School	中華傳道會劉永生中學	LWSSS	1	1	1			1
9 Delia Memorial School (Glee Path)	地利亞修女紀念學校(吉利徑)	DMS-GP	1	1	1	1	1	1
10 Fukien Secondary School (Kwun Tong)	福建中學	FSS-KT	1	1	1			
11 Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	HTMS-THT	1	1	1	1	1	1
12 HKMA David Li Kwok Po College	香港管理專業協會李國寶中學	DLKP	1	1	1	1	1	1
13 HKSYPICIA Wong Tai Shan Memorial College	香港四邑商工總會黃棣珊紀念中學	WTSMC	1	1	1	1	1	1
14 HKTA The Yuen Yuen Institute No.3 Secondary School	香港道教聯合會圓玄學院第三中學	HKTAYY3	1	1	1	1	1	1
15 HKWMA Chu Shek Lun Secondary School	香港布廠商會朱石麟中學	CSL	1	1	1	1	1	1
16 Hong Kong Chinese Women's Club College	香港中國婦女會中學	CWCC	1	1	1	1	1	1
17 Hong Kong International School	香港國際學校	HKIS	1	1	1	1	1	1
18 Hong Kong Sea School	香港航海學校	HKSS	1	1	1			
19 Hong Kong Tang King Po College	香港鄧鏡波書院	HKTKP	1	1	1			
20 Kellett School	啟歷學校	KELLETT	1	1	1	1	1	1
21 Kiangsu-Chekiang College	蘇浙公學	KCC	1	1	1	1	1	1
22 Kit Sam Lam Bing Yim Secondary School	潔心林炳炎中學	KSSS				1	1	1
23 Kowloon Tong School (Secondary Section)	九龍塘學校(中學部)	KTSS	1	1	1	1	1	1
24 Lai Chack Middle School	麗澤中學	LCMS	1	1	1	1	1	1
25 Man Kwan QualiEd College	萬鈞匯知中學	QUALIED	1	1	1	1	1	1
26 Methodist College	循道中學	MDIST	1	1	1	1	1	1
27 Munsang College (Hong Kong Island)	港島民生書院	MSCHK	1	1	1	1	1	1
28 Nam Wah Catholic Secondary School	天主教南華中學	NWCSS	1	1	1	1	1	1
29 Newman Catholic College	天主教新民書院	NCC	1	1	1	1	1	1
30 Notre Dame College	獻主會聖母院書院	NDC	1	1	1	1	1	1
31 Our Lady of the Rosary College	聖母玫瑰書院	OLRC				1	1	1
32 Po Kok Secondary School	寶覺中學	PKSS	1	1	1	1	1	1
33 Precious Blood Secondary School	寶血女子中學	PBSS				1	1	1
34 Pui Tak Canossian College	嘉諾撒培德書院	PTCC				1	1	1
35 Queen's College	皇仁書院	QC	1	1	1			
36 Shaukeiwan Government Secondary School	筲箕灣官立中學	SKWGSS	1	1	1	1	1	1
37 SKH Holy Trinity Church Secondary School	聖公會聖三一堂中學	HTCSS	1	1	1	1	1	1
38 SKH Kei Hau Secondary School	聖公會基孝中學	SKHKH	1	1	1	1	1	1
39 SKH Tsoi Kung Po Secondary School	聖公會蔡功譜中學	SKHTKP	1	1	1	1	1	1
40 St. Mark's School	聖馬可中學	SMS	1	1	1	1	1	1
41 STFA Seaward Woo College	順德聯誼總會胡兆熾中學	SWC				1	1	1
42 Tak Nga Secondary School	德雅中學	TNSS				1	1	1
43 Tang Shiu Kin Victoria Government Secondary School	鄧肇堅維多利亞官立中學	TVGSS	1	1	1	1		1
44 The Methodist Church Hong Kong Wesley College	衛理中學	WESLEY	1	1	1	1	1	1
45 The Salvation Army William Booth Secondary School	救世軍卜維廉中學	WBSS	1	1	1	1	1	1
46 True Light Girls' College	真光女書院	TLGC				1	1	1
47 TWGHs Lee Ching Dea Memorial College	東華三院李潤田紀念中學	LCD	1	1	1	1	1	1
48 Yu Chun Keung Memorial College No. 2	余振強紀念第二中學	YCKMC-2	1	1	1	1	1	1
		Total:	39	39	39	42	40	42

## Standards for Athletics (Division Three) 2023-2024

(updated on : 10 July 2023)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m	13.00	13.50	14.20	15.70	15.70	15.80
200m	26.80	27.80	29.80	34.00	34.00	34.50
400m	1:02.00	1:04.00	1:12.00	1:22.00	1:25.00	1:28.00
800m	2:34.00	2:40.00	2:53.00	3:22.00	3:22.00	3:30.00
1500m	5:30.00	5:40.00	5:58.00	7:08.00	7:08.00	7:08.00
5000m	21:45.00	-	-	-	-	-
100m Hurdles	-	20.50	22.20	22.50	23.00	24.00
110m Hurdles	20.80	-	-	-	-	-
High Jump	1.50	1.45	1.25	1.23	1.20	1.15
Long Jump	4.90	4.60	3.80	3.60	3.40	3.10
Triple Jump	10.00	9.20	-	-	-	-
Shot Put	8.50	8.80	7.00	5.80	6.20	5.50
Discus	18.50	20.00	15.50	14.50	13.80	12.00
Javelin	21.50	17.50	-	13.50	-	-
4 x 100m Relay	51.00	53.00	56.50	1:02.00	1:03.00	1:05.00
4 x 400m Relay	4:13.00	4:28.00	4:50.00	5:28.00	5:35.00	5:45.00

The followings are the specifications of the throwing events and hurdles races.

### Throwing Events (Weight of Implements)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
Shot Put	5 kg	4 kg	4 kg	4 kg	3 kg	3 kg
Discus	1.50 kg	1 kg	1 kg	1 kg	1 kg	1 kg
Javelin	700 gm	600 gm	-	600 gm	500 gm	-

### Hurdles Races (Height of Hurdles)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m Hurdles	-	0.914 m	0.838 m	0.762 m	0.762 m	0.762 m
110m Hurdles	0.914 m	-	-	-	-	-
400m Hurdles	0.838 m	-	-	-	-	-

## Inter-School Athletics Competition

(Last Update : 15 May 2023)

### BOYS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.60	2017-2018	Tse Yee Hin Rico	St. Joseph's Anglo-Chinese School
200m	21.91	2016-2017	Wong Cheuk Hei Herry	Yu Chun Keung Memorial College
		2022-2023	Chung Tsz Sing	Lee Kau Yan Memorial School
400m	49.92	2015-2016	Ajaz-UI-Haq	St. Margaret's Co-Educational English Secondary and Primary School
800m	1:54.89	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:02.02	2022-2023	Chau Hoi Yeung	Wah Yan College (Kowloon)
5000m	15:37.60	2017-2018	Tse Chun Yin	Diocesan Boys' School
110m Hurdles (0.914m)	13.63	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
400m Hurdles (0.84m)	52.86	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
4x100m Relay	42.16	2016-2017	Tsoi Hong Yuen Ma Ka Ho Lo Tsz Yuen Fong Leong Sing	Diocesan Boys' School
4x400m Relay	3:25.18	2022-2023	Choi Man Chiu Tim Yeung Chi Hei Lau Tsun San Chu Lok Yin	Diocesan Boys' School
High Jump	2.01	2017-2018	Lam Hin Chak Timothy	La Salle College
Long Jump	7.89	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.82	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Shot Put (5 kg)	15.48	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.50 kg)	49.69	2015-2016	Tsoi Kin San	Diocesan Boys' School
Javelin (700 gm)	62.06	2016-2017	Lam Ming Yiu	Diocesan Boys' School

### BOYS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	10.63	2022-2023	Chan, Yat Lok	The Independent Schools Foundation Academy
200m	21.90	2022-2023	Leung Ching Hang Wesley	Diocesan Boys' School
400m	49.72	2009-2010	Chan Yan Lam	Diocesan Boys' School
800m	2:00.69	2012-2013	Yeung Chi Ho	Creative Secondary School
1500m	4:10.65	2022-2023	Wang Nok Wang	Diocesan Boys' School
3000m	9:06.64	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
100m Hurdles (0.914m)	13.25	2016-2017	Wong Lok Hei Addis	Cheung Sha Wan Catholic Secondary School
4x100m Relay	43.01	2022-2023	Huang Chun Yu Leung Ching Hang Wesley Zheng Wang Kei Koo Cheuk Fung Jasper	Diocesan Boys' School
4x400m Relay	3:33.81	2017-2018	Fung Chi Lok Tse Cheuk Hin Yau Tse Ho Colin Wong Ching Hoi	Wah Yan College (Kowloon)
High Jump	1.96	2015-2016	Lam Hin Chak Timothy	La Salle College
Long Jump	6.92	2008-2009	Pang Ying Kit	La Salle College
Triple Jump	13.67	2008-2009	Pang Ying Kit	La Salle College
Shot Put (4 kg)	16.33	2012-2013	Yu Chung Yau	Choi Hung Estate Catholic Secondary School
Discus (1 kg)	54.18	2014-2015	Tsoi Kin San	Diocesan Boys' School
Javelin (600 gm)	58.50	2022-2023	Wong Yi Hin	Diocesan Boys' School

### BOYS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	11.21	2008-2009	Wang Hao Yang	Diocesan Boys' School
200m	22.59	2007-2008	Chan Yan Lam	Diocesan Boys' School
400m	51.23	2007-2008	Chan Yan Lam	Diocesan Boys' School
800m	2:06.64	2018-2019	Slattery Matthew Luke	La Salle College
1500m	4:24.54	2022-2023	Au Ho Chun	Diocesan Boys' School
100m Hurdles (0.84m)	13.57	2008-2009	Liu Chung Lung	St. Joseph's Anglo-Chinese School
4x100m Relay	45.05	2007-2008	Wong Hung Yiu Lau Ho Tung Li Lut Yin Tsu Ka Chon	La Salle College
4x400m Relay	3:45.03	2014-2015	Ma Kenneth Chun Hei Lam Ansen Ng Wing Ho Lau Chung Kei	Diocesan Boys' School
High Jump	1.86	2012-2013	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Secondary School
Long Jump	6.27	2017-2018	Law Ngai Him	CMA Secondary School
Shot Put (4 kg)	14.33	2013-2014	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1 kg)	43.58	2008-2009	Chan Ngan Chuen	Hoi Ping Chamber of Commerce Secondary School

## Inter-School Athletics Competition

(Last Update : 15 May 2023)

### GIRLS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	11.85	2016-2017	Chan Pui Kei	Good Hope School
200m	24.31	2022-2023	Li Tsz To	HKUGA College
400m	57.37	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School
800m	2:17.06	2014-2015	Chan Yee Ki	Diocesan Girls' School
1500m	4:53.27	2014-2015	Chan Yee Ki	Diocesan Girls' School
100m Hurdles (0.762m)	13.76	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4x100m Relay	48.77	2018-2019	Chan Kei Sze Fung Anneke Chu Pui Ching Chan Pui Kei	Good Hope School
4x400m Relay	4:07.82	2014-2015	Chan Tak Yan Lee Suet Ying Chan Yee Ki Lam Christy Ho Yan	Diocesan Girls' School
High Jump	1.74	2018-2019	Lai Yan Hei	Good Hope School
Long Jump	5.78	2022-2023	Jia Wai Yin	St. Margaret's Co-Educational English Secondary and Primary School
Shot Put (4 kg)	10.58	2017-2018	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1 kg)	36.76	2018-2019	Chan Janice	Good Hope School
Javelin (600 gm)	47.16	2013-2014	Lau Hei Ting	Good Hope School

### GIRLS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.89	2015-2016	Chan Pui Kei	Good Hope School
200m	24.96	2015-2016	Chan Pui Kei	Good Hope School
400m	56.27	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:15.76	2000-2001	Sarah Shuttleworth	King George V School
1500m	4:37.99	2018-2019	Wright Cade Cameron	St. Stephen's Girls' College
100m Hurdles (0.762m)	14.42	2015-2016	Wu Yi Lam	Good Hope School
4x100m Relay	49.44	2014-2015	Au Ka Wing Leung Nga Ching Wong Yuen Nam Lam Yan Tung	Diocesan Girls' School
4x400m Relay	3:59.42	2022-2023	Tseng, Hailey Chow Chi Kiu Cheuk Nim Yan Karlsson Jane Christa Ming Suet	Diocesan Girls' School
High Jump	1.75	2009-2010	Fung Wai Yee	Sacred Heart Canossian College
Long Jump	5.76	2021-2022	Jia Wai Yin	St. Margaret's Co-Educational English Secondary and Primary School
Shot Put (3 kg)	12.25	2008-2009	Ho Florence	Good Hope School
Discus (1 kg)	38.34	2017-2018	Chan Janice	Good Hope School
Javelin (500 gm)	48.10	2022-2023	Hui Cyrene	Maryknoll Convent School
Javelin (600 gm)*	42.92	2011-2012	Lau Hei Ting	Good Hope School

\* From 2019-2020, the weight of Girls B Grade Javelin have changed from 600 gm to 500 gm

### GIRLS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	12.37	2022-2023	Wong Wing Tung	Heep Yunn School
200m	25.77	2022-2023	Hui Ching Grace	Heep Yunn School
400m	58.64	2022-2023	Cheng Tsz Yan	Heep Yunn School
800m	2:19.72	1999-2000	Sarah Shuttleworth	King George V School
1500m	4:53.42	2018-2019	Wright Roxanne Scarlet	St. Stephen's Girls' College
100m Hurdles (0.762m)	15.23	2014-2015	Wu Yi Lam	Good Hope School
4x100m Relay	48.41	2022-2023	Wong Wing Tung Hui Ching Grace Ma Hoi Ki Cheng Tsz Yan	Heep Yunn School
4x400m Relay	4:12.52	2022-2023	Chow Choi Ching Sophie Kong Jerika Li Man Ching Yip Yik Tung	Diocesan Girls' School
High Jump	1.66	2006-2007	Wong Siu Ping	Heep Yunn School
Long Jump	5.43	2008-2009	Wu Hoi Ting Dianna	Diocesan Girls' School
Shot Put (3 kg)	10.59	2003-2004	Woo Wing Tung	Diocesan Girls' School
Discus (1 kg)	29.90	2001-2002	Chan Yu Ning	Heep Yunn School

## Inter-School Athletics Competition

### ***Instruction on the Use of Wan Chai Sports Ground***

Heads of schools and teachers in charge of Athletics please read the following information carefully and pass the information to officials and competitors who will attend the Inter-School Athletics Competition to be conducted in the Wanchai Sports Ground.

1. **Safety Precaution**

Competitors must leave the **FIELD** as soon as they finish their events.

Accidents can occur in Javelin and Discus events. Teachers-in-charge must emphasize to their athletes that *the area around the Javelin Runway and Discus circle should be kept clear at all times. Competitors must station in the waiting area and can only enter the throwing area after their numbers are called.*

Competitors participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.

2. All warm up should be done in the warm up track area.

3. Nobody will be allowed to go inside the field (grass area) except appointed officials & competitors of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or students of a school do not follow this regulation, the school concerned is liable to disqualification.

4. The Federation wishes to emphasize that every precaution has been taken against possible risk, damage and injury to all concerned but this relies heavily on the co-operation of participating schools to point out the importance of safety to their teachers and students.

5. **Car Park Arrangement**

**Parking will no longer be available.** Schools or officials must use nearby public car park.

6. **Record Keepers' Office**

The Record Keepers' Office is located on the ground floor of the Sports Ground. Nobody will be allowed to enter the room without permission.

7. **Shoes for competition**

(A) Ordinary Training shoes or P.E. rubber shoes

(B) Spikes shoes: (i) Track event: spikes maximum length up to 7mm.

(ii) Field event: spikes maximum length up to 9mm.

Competitors failing to observe the rules concerning the use of spikes will not be allowed to compete.

8. **Refreshment Kiosk**

Neither food nor drink may be brought into the ground for sale, resale or free distribution.

(wsg)



# Wan Chai Sports Ground

# 灣仔運動場

## Legend 圖列：

— Border of Competition Area (Only Officials and Competitors are allowed to enter the competition area)  
比賽場區 (只限工作人員及運動員進入)

E : Equipment Room 器材室

FC : Female Changing Room 女更衣室

MC : Male Changing Room 男更衣室

O : Office 辦事處

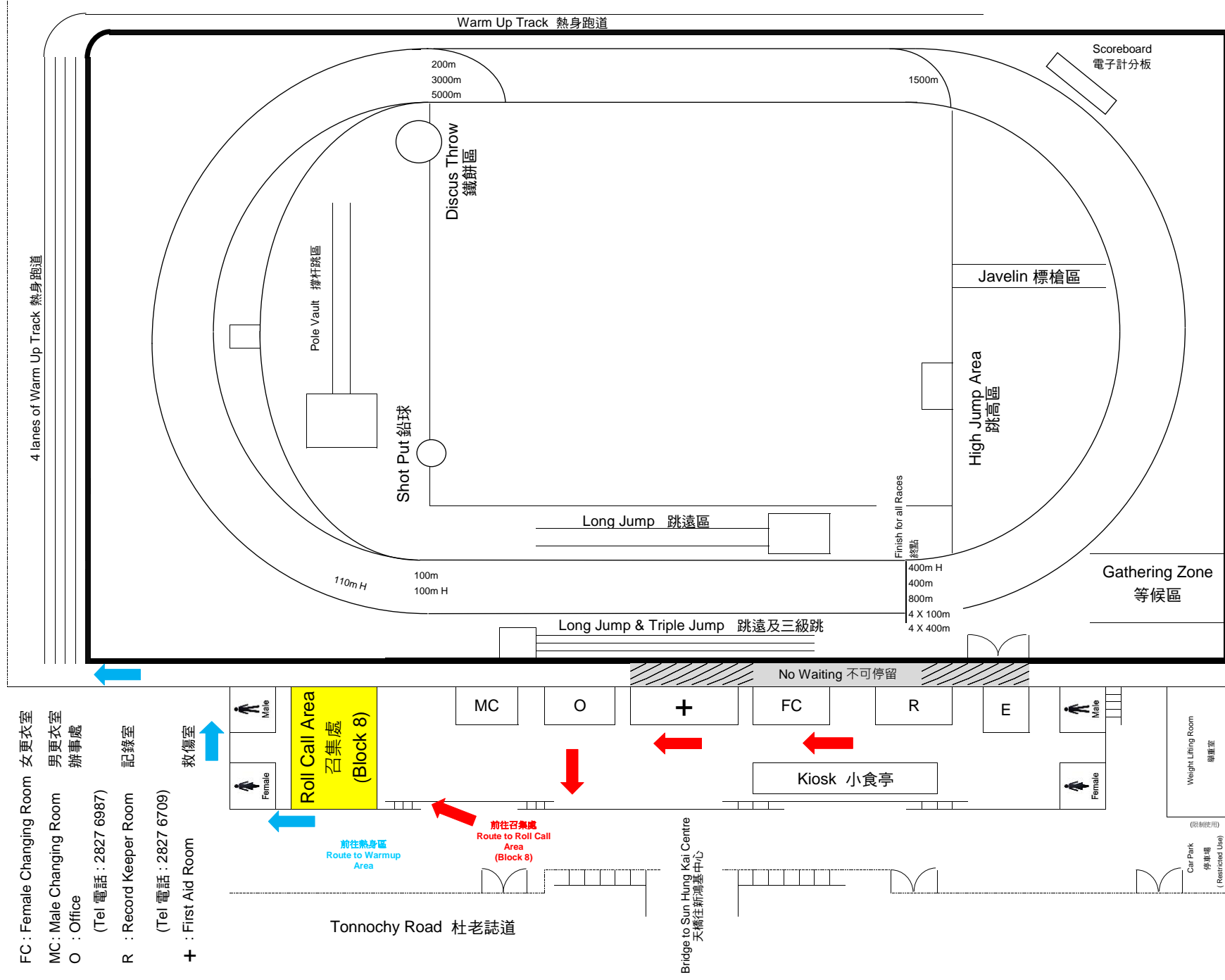
(Tel 電話 : 2827 6987)

R : Record Keeper Room 記錄室

(Tel 電話 : 2827 6709)

+ : First Aid Room 救傷室

Hung Hing Road 鴻興道



Gloucester Road 告士打道

Not to Scale 不按比例

HK Island & Kowloon Secondary Schools Regional Committee  
Inter-School Athletics Competition

**Management of Relay Races**

Participating schools should brief their runners the proper procedure in conducting relay races.

1. Teams are required to fill out the relay form. Forms will be distributed at the Record Keeper Room on the race day morning.
2. Teams will **SUBMIT their relay form and student registration cards** when marshalling. Call Room Judges will then **RETURN the student registration cards** to students after checking.
3. Athletes will be sent directly to their respective relay take-over zone after marshalling.
4. The anchor leg should hand the baton to the official after the race. Throwing the baton is dangerous and any deliberate action shall cause disqualification of a team.

**4 x 400m Relay Race**

1. The 4<sup>th</sup> athlete should stick the lane number label on the right hand side of his shorts.
2. The first runner should take a baton from an official and ready to commence the race in his own lane. The colour of the starting line is White-Blue-White.
3. After the start of a race, the 2<sup>nd</sup> runner shall place himself inside the take-over zones on his own lane. Each take over zone shall be 20m long and marked by blue colour.
4. The 2<sup>nd</sup> runner is not permitted to begin running outside his take-over zone, and shall start within this zone. Similarly, the 3<sup>rd</sup> and 4<sup>th</sup> athletes shall begin running from within their take-over zones.
5. After the passing of baton is completed, the 2<sup>nd</sup> runner shall run in his own lane and may break from his lane immediately he has passed the line after the first bend (break line) which shall be marked in green colour near the start line of 1500m race.
6. The take-over zone of 3<sup>rd</sup> and 4<sup>th</sup> athletes will be the 10m lines either side of the finish line. The athletes in the third and fourth legs shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members are they complete 200m of their legs. Once the incoming athletes have passed this point, the waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the take-over zone. Should any athlete not follow this rule he shall cause the disqualification of his team.
7. Athletes, before receiving and/or after handing over the baton, should keep in their lanes or zones, in this last case until the course is clear to avoid obstruction to other athletes. Should any athlete **willfully impede** a member of another team by running out of position or lane at the finish of his stage, his team shall be disqualified.
8. After a race is completed, the anchor leg should return the baton to an official and return the lane number label.

THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA  
Hong Kong Island & Kowloon Secondary Schools Regional Committee

Inter-School Athletics Competition  
Division Three (Area Four)  
Day One

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competition result of today



Result will be removed from the above link after today and uploaded to our website.  
For competition result of other days, please visit <http://hkssf.org.hk/>

Inter-Secondary Schools Sports Competitions (Hong Kong Island and Kowloon) →  
Various Sports Information → Athletics → Programs and Results

Inter-School Athletics Competition 2023-2024

Division Three (Area 4)

Day One 20 February 2024

Event 1	Girls C Grade High Jump		8:30am
	Record : 1.66		Standard : 1.15
Final	1	Chan Hei Lui	HKTAYY3
	2	Lau Sum Yi	WESLEY
	3	Sit Yu Ching	CWCC
	4	Oberdorfer Jennifer Annika	QUALIED
	5	Chan Tsz Ki	SKHKH
	6	Ho Wing Tung	CCCKT
	7	Tung Tsz Yin Zaida	TNSS
	8	Hui Cheuk Lam	BPS
	9	Suen Kai Yan Karina	PTCC
	10	Chow Yeuk Yin Sugar	PBSS
	11	Lai Nok Ching	PTCC
	12	Ng Hei Ching	KSSS
	13	Wong Hei Yan	HTMS-THT
	14	Man Kit Yin	SWC
	15	Kao Chi Ling	CCSC
	16	Cheng Hoi Tung	WTSMC
	17	Law Ruthie	SMS
	18	Wu Tsz Ham	PBSS
	19	Li Lung Yee Zoe	NCC
	20	Ng Lok Ying	TLGC
	21	Sha Cheuk Tung	BPS
	22	Chan Tsz Ying	WESLEY
	23	Chan Yuen Ho	WTSMC
	24	Lee Hiu Ching	SMS
	25	Ho Chung Kiu	TLGC
	26	Mao Kai Ki	KSSS
	27	Ling Tsz Kwan	HKTAYY3
	28	Ng Hoi Ting	NCC
	29	Ubamos Kaitlyn Margaret	DMS-GP
	30	Fong Yan Ching	QUALIED
	31	Leung Wing Laam	CWCC
	32	Tang Man Yi	HTMS-THT
	33	Woo Nerina	CCSC
	34	Wang Yuhua	SWC

Event 2	Boys B Grade Triple Jump		8:30am
	Record : 13.67		Standard : 9.20
Final	1	Li Ka Hei	WESLEY
	2	Ko Pui Fung	FSS-KT
	3	Tsang Pak Kiu Gordon	ATS
	4	Ma Yat Hei	HTMS-THT
	5	Kwok Chi Sum	HTCSS
	6	Lau Yat Pok	ATS
	7	Cheung Chun Ho	HKTAYY3
	8	Lam Ho Long	SMS
	9	Guo Wen Kai	NCC
	10	Shakir, Muhammad	HKTAYY3
	11	Cheung Ho Kwan Horace	CWCC
	12	Cai Hin Fan	LCMS
	13	Makalinao, Xavier Pasquale Panganiban	DMS-GP
	14	Wang Mingyang	FSS-KT
	15	Chan Kin Long	HKTKP
	16	Ip Zi Hei	SMS
	17	Li Man Hin	HTMS-THT
	18	Cheung Man Hei	WTSMC
	19	Keung Shun Shing	QC
	20	Chan Kin Tung	PKSS
	21	Yu Lok Yin	HTCSS
	22	Liu Pak Lam	NCC
	23	Li Shun Kiu	HKTKP
	24	Ng Chit Ming	QC
	25	Qi Haoyu	CWCC
	26	Xu Chenhao Toby	PKSS
	27	Ho Tsz Yeung	CCSC
	28	Khan Ibtisam	WESLEY
	29	Fung Cheuk Nam	LCD
	30	Leung Sz Lam	NWCSS
	31	Yu Binglin	BTHC
	32	Cai Jingle	LCD

Event 3	Boys C Grade Long Jump	8:30am	
	Record : 6.27	Standard : 3.80	
Final	1	Ng Ching Yiu	CCSC
	2	Ho Chun Yin	WTSMC
	3	Ho Sze Lok	CWCC
	4	Cheung Man Chun	CCSC
	5	Ko Hing Heyson	WESLEY
	6	Check Wang Ching	SKHKH
	7	Lee Sin Ko	YCKMC-2
	8	Zeng Tin Hon	DLKP
	9	Tso Man Wai	LCMS
	10	Kan Pui Hin	HTMS-THT
	11	Chu Hon Man	FSS-KT
	12	Ke Zhehan	WESLEY
	13	Lam Lok Hei	QUALIED
	14	Liu Cheuk Ho Theo	QC
	15	Tasidiq Rahat	CSL
	16	Cheng Chi Hang	FSS-KT
	17	Yiu Tsz Yat	QUALIED
	18	Chan Yiu Kei	SKHTKP
	19	Cheung Pok Ho Kavan	DLKP
	20	Pao King Kiu	QC
	21	Shubhkarman Singh	DMS-GP
	22	Li Hao Lin	NCC
	23	Kwan Ting Hang	BTHC
	24	Ho Chun Sing	ATS
	25	Shi Yeuk Lung	NDC
	26	Wu Wang Ngai	MDIST
	27	Chen Ka Hei	CSL
	28	Cheung Man Hin	SMS
	29	Tang Ho Hin Chester	SKHTKP
	30	Shum Chun Shing	SMS
	31	Hermann Ronald Maron Reyes	CWCCSS
	32	Lin Tsz Chung	HKTAYY3
	33	Lau Hin Wan Curtis	KCC
	34	Sajed Suleman Sajed Minhas	CWCCSS
	35	Chan Yat Long	WTSMC
	36	Chau Yuet Hoi	BTHC
	37	Lee Yik Hei Chester	CWCC
	38	Nie Ming Hin	LCMS
	39	Lee Hau Fun	KTSS
	40	Tse Shing Chun	ATS
	41	Ng Yam Hee	KTSS
	42	Chan Ting Hong Travis	DMS-GP
	43	Man Yu Ki	HKTAYY3
	44	He Long Shing	NWCSS
	45	Yeung Ching Wang	LCD
	46	Li Tsz To	SKHKH
	47	Li Chun Kit	HKTKP
	48	Aguiatan Rolex	HTMS-THT
	49	Leung Tsz Ho	LCD
	50	Ip King Chun	YCKMC-2
	51	Li Junnan	NCC
	52	Li Cheuk Hei	KCC

Event 4	Girls A Grade Shot Put	8:30am	
	Record : 10.58	Standard : 5.80	
Final	1	Wong Tsz Yee	WTSMC
	2	Wong Ka Yu	WESLEY
	3	Yang Chui Shan	LCMS
	4	Lee Wing Tung	NCC
	5	Chan Yee Po	TLGC
	6	Fung Tsz Shan Viola	NWCSS
	7	Wu Natalie Ying	HTMS-THT
	8	Lui Hiu Yung	TNSS
	9	Yu Hoi Ka	BPS
	10	Chen Mung Hin	KSSS
	11	Li Man Wai	PKSS
	12	Ng Hei Man	CCCKT
	13	Chan Tsz Yan	BTHC
	14	Chan Wing Yee	LCD
	15	Cheung Lee Suet	NCC
	16	Shih Ying Shan	CWCC
	17	Cheung Ching Sum	TLGC
	18	So Yan Shuen	SMS
	19	Luong Yan Tong	MDIST
	20	Choi Man Huen	PKSS
	21	Liu Ka Nam	HTMS-THT
	22	Laibba Bibi	PBSS
	23	Dao Hei Ching	OLRC
	24	Gan Zihan	KCC
	25	Lo Yuek Hung Anne	CCSC
	26	Liang Ying An	PTCC
	27	Leung Wing Yu	HTCSS
	28	Zeng Yan Ki	CSL
	29	Zhang Ki Ki	WTSMC
	30	Wang Hau Yan	CWCC
	31	Cheng Hong Ching	KSSS
	32	Wong Hei Lam	SKHKH
	33	Ip Qing Fang	BPS
	34	Lau Wai Yu	OLRC
	35	Mak Ching Man	CCCKT
	36	Fong Sophia Mei Ying	SMS
	37	Yau Fung Ling	NWCSS
	38	Tsoi Lok Yiu Yoyo	SKWGSS
	39	Khan Manaal	HKTAYY3
	40	Wong Yuen Ting	BTHC
	41	Ho Sze Yuen	QUALIED
	42	Liang Sin Yu	SKWGSS
	43	Ma Man Fong	NDC
	44	Khan Suhaba	PBSS
	45	Li Sze Ki	NDC
	46	Yee San Yiu	WESLEY

Event 5	Girls B Grade Discus	8:30am	
	Record : 38.34	Standard : 13.80	
Final	1	Chau Cheuk Tung	NWCSS
	2	Kaur Harman	YCKMC-2
	3	Wong Angela Yu Tung	SMS
	4	Wong Ching Ting	WTSMC
	5	Wong Hiu Tung	WESLEY
	6	Fan Hau Ying	CCSC
	7	Lam Ching Kiu	CCCKT
	8	Wong Tsz Kwan	PBSS
	9	Ko Hoi Ching	CCCKT
	10	Wong Cheuk Ting	HTMS-THT
	11	Tsang Hiu Ching	WBSS
	12	Chu Wing Lam	SMS
	13	Chan Hoi Yuet	SKWGSS
	14	Choi Tsz Ching	WTSMC
	15	Cheung Sum In	NWCSS
	16	Chan Hoi Kiu	TLGC
	17	Chan Yuen Ching	SWC
	18	Chik Ying Laam	WESLEY
	19	Law Hei Tung	SKHKH
	20	Wai Cheuk Yin	LCMS
	21	Hung Hau Ying	SKHKH
	22	Lo Sum Yuet	MDIST
	23	Ho Sin Ying	CWCC
	24	Law Chi Ying Rovina	KSSS
	25	Wan Hiu Sin	QUALIED
	26	Chen Lee Lee Mandy	KSSS
	27	Mok Hay Wun	SKWGSS
	28	Huang Hei Man	SWC
	29	Chan Hoi Ching	PKSS
	30	Lee Lok Lam	QUALIED
	31	Ku Ka Lo	OLRC
	32	Lee Sum Yu	LCMS
	33	Chan Siu Hing	PBSS
	34	Cheung Chui Ying	NCC
	35	Fung Yeuk Kiu	PKSS
	36	Lam Wing Tung Zara	NCC
	37	Law Sum Yuet	CCSC
	38	Yip Chin Wai	OLRC
	39	Chau Hiu Yuk	HTMS-THT
	40	Ho Wing Yan Yanice	TLGC
	41	Wong Yi Laam Jade	CWCC
	42	Fan Gloria Ching Yin	BPS

Event 6	Girls C Grade 100m Hurdles	8:30am	
	Record : 15.23	Standard : 24.00	
Heat 1	1	Fan Pui Lam	CWCC
	2	Chow Hoi Ying	TLGC
	3	Yao Hiukwan	CCCKT
	4	Leung Man Wai	HTMS-THT
	5	Oberdorfer Jennifer Annika	QUALIED
	6	Zeng Yuen Man	WTSMC
	7	Chan Cheuk Lam	BTHC
	8	Choi Cheuk Wing	SWC



Heat 2	1	Chan Lok Yan	QUALIED
	2	Cheng Nga Yu	SMS
	3	Ip En Tang	NCC
	4	Ngan Wing Sze	BTHC
	5	Lee Ngar Nam	BPS
	6	Tse Kit Ying	SWC
	7	Fu Ka Yan	PTCC

Heat 3	1	Law Ruthie	SMS
	2	So Yuen Chi	SKHKH
	3	Cheng Hoi Tung	WTSMC
	4	Mok Pui Yee	NCC
	5	Sit Yu Ching	CWCC
	6	Li Man Hei	HTMS-THT
	7	Lin Tsz Ki	TLGC

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Event 7	Girls B Grade 100m Hurdles	8:30am
	Record : 14.42	Standard : 23.00

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Heat 1	1	Fan Yuqi	HTCSS
	2	Lau Yee Lam	CSL
	3	Randhawa Kaur Jasmeet	DMS-GP
	4	Chan Wang Yu	YCKMC-2
	5	Van Der Noord Alina Johanna Aleida	CWCCSS
	6	Chen Yu Hei	OLRC
	7	Tang Man Hei	HTMS-THT

Heat 2	1	Lu Ziyang	SWC
	2	Chung Yuen Laam	KSSS
	3	Ho Dooriya	QUALIED
	4	Siauw Nam Heung	WTSMC
	5	Wong Hei Wai Canstan	HTMS-THT
	6	Wai Tiffany	CCSC
	7	Leung Chor Wing	TLGC

Heat 3	2	Wong Si Hang	QUALIED
	3	Leung Wai Yiu	BPS
	4	Chan Jenna Abbie	YCKMC-2
	5	Cortez Geraldeen Albern Bartido	NCC
	6	Wong Tsz Ching Joey	CCSC
	7	Shek Hei Ue	KSSS

Heat 4	2	Shen Ip	WTSMC
	3	Zhang Yu Tung	NCC
	4	Huang Nga Wing	CSL
	5	Wong Sum Ying	TLGC
	6	Leung Yuk Yan	NWCCS
	7	Chan Suet Lam	BTHC

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Event 8	Girls A Grade 100m Hurdles	8:30am
	Record : 13.76	Standard : 22.50

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Heat 1	1	Zhu Tingting	NCC
	2	Kwan Man Ching	SKHKH
	3	Chen Zihan	CSL
	4	Yown Oi Sin	BTHC
	5	Li Ming Chu	WTSMC
	6	Chan Jane Hillary	YCKMC-2
	7	Choi Wai Ying Sharon	TLGC
	8	Kwok Wing Sum	SMS

Heat 2	1	Law Hiu Ying	BTHC
	2	Wong Lok Yi	CWCCSS
	3	Cheung Yee Huen Umi	SMS
	4	Chik Pui Yan	DLKP
	5	Lin Danni	WTSMC
	6	Lee Sum Yee	TLGC
	7	Chan Kiu Sin	HKTAYY3

Heat 3	1	Lam Hei Wing	OLRC
	2	Chan Yee Ying	YCKMC-2
	3	Lau Wing Yi	CSL
	4	Lo Hailey	QUALIED
	5	Cheung Chak Ying	CCSC
	6	Tasawar Izza Noor	DMS-GP
	7	Tsoi Sing Yi	CWCC

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Event 9	Boys C Grade 100m Hurdles	9:15am
	Record : 13.57	Standard : 22.20

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Heat 1	1	Ng Kai Yiu	SMS
	2	Law Tang Fung	HTCSS
	3	Man Ho Lam	HKTKP
	4	Ng Wing Yuet	CCSC
	5	Cheung Ho Fai	NCC
	6	Khan Abdul Samih	CWCCSS
	7	Lee Yik Hei Chester	CWCC
	8	Pang Yu Hin	CSL

Heat 2	1	Lam Tai Yu	LCD
	2	Cheung Tsz Yui	SMS
	3	Ip King Chun	YCKMC-2
	4	Tsoi Sing Yu	CWCC
	5	Wong Hoi	DLKP
	6	Chan Yik Hei	QUALIED
	7	Li Chun Kiu	CSL
	8	Wan King Tin	WTSMC

Heat 3	1	Lam Chun Yin	HTMS-THT
	2	Cazzani Antonio Emanuele	CWCCSS
	3	Merlin Christian Dwayne Adres	DMS-GP
	4	Li Yat Hong	HKTAYY3
	5	Chong Tsz Ho	FSS-KT
	6	Zeng Tin Hon	DLKP
	7	Mok Hiu Fung	ATS
	8	Leung Tsz Ho	LCD

Heat 4	1	Chiu Hamish	NCC
	2	Mok Cheuk Hin	QUALIED
	3	Chau Yuet Hoi	BTHC
	4	Huang Kai Xiang	WTSMC
	5	Chen Shi Hong	YCKMC-2
	6	Chan Kai Fuk	ATS
	7	Ogbonna David Chibuike	DMS-GP
	8	Aguiatan Rolex	HTMS-THT

Event 10	Boys B Grade 100m Hurdles		9:15am
	Record : 13.25		Standard : 20.50
Heat 1	1	Zhu Junkai	BTHC
	2	Wong Long Man	CWCC
	3	Yeung Ho Long	QUALIED
	4	Chun Tsz Hong	HTMS-THT
	5	Lee Chun Nam	NCC
	6	Xu Wa Tsan	SMS
	7	Liu Shun Luo	WTSMC
Heat 2	1	Cheng Timothy	SMS
	2	Liu Mu Cheung	ATS
	3	Lu Jinquan	YCKMC-2
	4	Ho Ka Wai	HTMS-THT
	5	Abdul Hadi	DLKP
	6	Chan Long Ho	CCSC
	7	Dhameliya Sahaj Pareshkumar	DMS-GP
Heat 3	2	Cheung Chun Fung	CWCC
	3	Watts Oliver Daniel	DLKP
	4	Liu Hon San	QUALIED
	5	Chan Kin Long	HKTKP
	6	Kung Tsun Wang Avignon	LCD
	7	Rehman Abubakr	CSL
	Heat 4	2	Deng Shing Fung
3		Khan Anas Sajjad	HKTAYY3
4		Wong Sing Wa	YCKMC-2
5		Cheung Man Hei	WTSMC
6		Li Mingfeng	BTHC
7		Yuen Pak Kiu	FSS-KT
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Event 11	Boys A Grade 110m Hurdles		9:15am
	Record : 13.63		Standard : 20.80
Heat 1	1	Wong Cheuk Hang	ATS
	2	Wong Wang Shun	QUALIED
	3	Mohammad Sameer	DMS-GP
	4	Lai Tsz Chung	CSL
	5	Yeung, Ming	MSCHK
	6	Li Zhuohang	NWCSS
	7	Danial-Yasin	HKTAYY3
	8	Mak Tsz Ching	WTSMC
Heat 2	1	Lui Pok Hin	HTMS-THT
	2	Kwok San Yiu	TVGSS
	3	Tam Shing Chak	MDIST
	4	Huang Weixuan	NCC
	5	Li Yu Pok	YCKMC-2
	6	Sze Chak Pui	CCSC
	7	Lam Man Kit	SMS
	8	Wen Tsz Fung	CSL
Heat 3	1	Chen Aolang	YCKMC-2
	2	Yu Kin Wing	ATS
	3	So Tsz Chun Jason	HKTKP
	4	Ng Cheuk Lam Marcus	HTMS-THT
	5	Lee Kin Chun	QUALIED
	6	Lau Tsun Lam	NCC
	7	Chong Chung Tim	PKSS
	8	Chow Fan Min	TVGSS

Event 12		Girls C Grade 400m	9:30am
		Record : 58.64	Standard : 1:28.00
Heat 1	1	Ahmed Mohiadeen Katheeja Afifa	TLGC
	2	Umwizerwa Tasneem	YCKMC-2
	3	Yip Chi Lam	PTCC
	4	Wong Yeung Yeung	NDC
	5	Li Cheuk Yu	WTSMC
	6	Ge Xinyi	BPS
	7	Zhu Shubing	LCMS
	8	Yuen Yat Yi Hannah	SWC
Heat 2	1	Chu Hoi Hei	MSCHK
	2	Lee Tsz Ching	PKSS
	3	Lui Kei Yiu	SKHKH
	4	Wong Man Wing Vienne	CWCC
	5	Leung Man Wai	HTMS-THT
	6	Lyu Xiaotong	LCMS
	7	Ke Cherry	KSSS
	8	Tsang Hei Lam	SMS
Heat 3	1	Li Sum Yi	OLRC
	2	Kwok Hoi Yu	NCC
	3	Wu Tsz Ham	PBSS
	4	Wong Wing Sum	SWC
	5	Suaverdez Sasha Victoria Peralta	DMS-GP
	6	Chan Hiu Lam	QUALIED
	7	Liang Zijun	TLGC
	8	Wong Ka Ki	PKSS
Heat 4	1	Huang Wing Ki	BTHC
	2	Lai Wing Tung	WESLEY
	3	Leung Sze Yui	QUALIED
	4	Kwok Sin Ying	KSSS
	5	Chan Yen Tung	PBSS
	6	Ip Sze Man	CWCC
	7	Chow Hei Yuet Ellie	SMS
	8	Raof Mahwish	HKTAYY3
Heat 5	1	Choi Cheuk Wing	SKWGSS
	2	Chui Hoi Ying	CSL
	3	Chan Tsz Ying	WESLEY
	4	Lam Charmaine	KTSS
	5	Suen Yi Yi	SKHTKP
	6	Cheung Man Ki	NCC
	7	Chan Wing Ching Vincci	SKHKH
	8	Ho Cheuk Ying Siena	OLRC
Heat 6	1	Kwok Hau Ching	LWSSS
	2	Chow Tsz Sin	BPS
	3	Suaverdez Cassandra Anne	DMS-GP
	4	Liang Minyu	SKWGSS
	5	Tan Wing Yi	PTCC
	6	Chen Ka Yue	YCKMC-2
	7	Wong Ho Yi Kelly	HKTAYY3



Heat 6	1	Yin Chi Long	ATS
	2	Pang Yu Hin	CSL
	3	Li Hao Lin	NCC
	4	Zheng Hongjun	NWCSS
	5	Ren Nga Chun	CWCC
	6	Huang Tsz Ming	NDC
	7	Ma Yi Kai	WTSMC
Heat 7	1	So Siu Fung	KTSS
	2	Zhu Zu Sheng	SKHTKP
	3	Hui Kai Hang	PKSS
	4	Lin Wang Yu	SMS
	5	Nie Ming Hin	LCMS
	6	Cheung Ho Fai	NCC
	7	Man Yu Ki	HKTAYY3
Heat 8	1	Kan Chuen Ki	DLKP
	2	Chan Man Fung	SKHKH
	3	Yip Pak Lai	QUALIED
	4	Lu Chun Choi	LWSSS
	5	Ting, Yu Tung	MSCHK
	6	Leung Chung Hang	FSS-KT
	7	Rodrigues Princeson Peter	DMS-GP

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Event 14	Girls B Grade 400m	9:30am
	Record : 56.27	Standard : 1:25.00

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Heat 1	1	Ng, Yi Yiu	MSCHK
	2	Wong Ming Yue	CCSC
	3	Chan Hoi Tung	KTSS
	4	Tsang Lok Yan	BPS
	5	Xu Zhitong	LCMS
	6	Ho Sin Yung	WESLEY
	7	Keung Tsz Ying	YCKMC-2
	8	Lan Wing Yan	SKHTKP
Heat 2	1	Xiang Avivi Yee Tung	CCCKT
	2	Choy Man Ching	PTCC
	3	Chan Tsz Yau	HTCSS
	4	Chan Siu Hing	PBSS
	5	Li Jiamiao	KSSS
	6	Chan Wing In	BTHC
	7	Ng Cheuk Ying	SWC
	8	Kwok Hang Kiu	CWCC
Heat 3	1	Leung Hoi Ching	PBSS
	2	Kam Yee	BPS
	3	Liu Yuen Ling	NWCSS
	4	Shi Shasha	SKWGSS
	5	Yu Hei Tung	WESLEY
	6	Lau Hiu Ying Winnie	CSL
	7	Lagasca Diana Gabriel Junio	PTCC
	8	Wang Zi Yi	NCC

Heat 4	1	Chen Wing Tung	KSSS
	2	Razack Asmah	HTCSS
	3	Ip Yong Tao	TNSS
	4	Wang Si Wan	LCMS
	5	Lau Ka Man	TLGC
	6	Ma Yan Tung	SKHKH
	7	Lii Wai Yee	SWC
	8	Randhawa Kaur Jasmeet	DMS-GP
Heat 5	1	Liu Yurui	BTHC
	2	Chu Hoi Ching	SKWGSS
	3	Wong Sum Ying	TLGC
	4	Leung Tsz Ki	OLRC
	5	Lau Ka Hei	QUALIED
	6	Chen Hongye	HTMS-THT
	7	Mok Lai Tung	WTSMC
	8	Dholwani Bhoomi Ravindra	CWCCSS
Heat 6	1	Liu Peijia	NCC
	2	Liang Yuanyu	NWCSS
	3	Yang Yu Tung	CWCC
	4	Ho Alice	OLRC
	5	Chu Wing Yi	QUALIED
	6	Chan Pui Ying Angelica Rose	CWCCSS
	7	Yeung Lok Sum	NDC
Heat 7	1	Yeung Hei Man	NDC
	2	Tsui Yan Yuet	HTMS-THT
	3	Zhong Ching Anne	WTSMC
	4	Shek Hoi Ching	PKSS
	5	Tsang Tim Ling	CSL
	6	Chu Pui Ka	HKTAYY3
	7	Olajide Damilola Joy	YCKMC-2

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Event 15	Boys B Grade 400m	10:45am
	Record : 49.72	Standard : 1:04.00

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Heat 1	1	Zhao Tsz Ho	YCKMC-2
	2	Yam Pak Hei	WESLEY
	3	Lau Pui Sen	LWSSS
	4	Chan Pak Ming	SKWGSS
	5	Chiu Chun Man	TVGSS
	6	Watts Oliver Daniel	DLKP
	7	Woo Yue Lam Caleb	CCSC
	8	Tam Yu Yeung	SKHKH
Heat 2	1	Sit Him	WTSMC
	2	Tam Wut Hei	HTMS-THT
	3	Dhaliwal Sukhmandeep Singh	DMS-GP
	4	Yao Dexi	LCMS
	5	Wong Ting Kit	SKHKH
	6	Deng Shing Fung	LCD
	7	Lee Tsz Ho	CSL
	8	Chirikiri Rentaro	KCC

Heat 3	1	Wai Ka Ming	HKTAYY3
	2	Chin Wai Lok	FSS-KT
	3	Yee Ka Wing	HKTKP
	4	Ye Zicong	WTSMC
	5	Leung Chun Yu	LCD
	6	Khandelwal Keshav	DMS-GP
	7	Cheung Chun Sum Sam	SKHTKP
	8	Chan, Tsz Long	MSCHK
Heat 4	1	Chan Pak Sum	NCC
	2	Wong Kam Fu	QUALIED
	3	Fong Cheuk Fung	BTHC
	4	Wong Tsz Hin	PKSS
	5	Fan Damian	KTSS
	6	Wong Ka Po	CSL
	7	Liem Ho Yat Isaac	SMS
	8	Cheung Wang Tai	CWCC
Heat 5	1	Wong Winfred	DLKP
	2	Ho Long Hei	NWCSS
	3	Lai Pui Tung Jaden	HKTKP
	4	Yam, Yu Shan Jeremiah	MSCHK
	5	Cheng Tsz Chung	SKWGSS
	6	Chu Ho Lun	KCC
	7	So Long Yiu	BTHC
	8	Ho Ka Wai	HTMS-THT
Heat 6	1	Chen Wai Ming	NWCSS
	2	Woo Hei Shun Samuel	SMS
	3	Chi Jianxin	MDIST
	4	Leung Lok Yin	WESLEY
	5	Lam Kwong Sum	ATS
	6	Chan Lok Hei	CWCC
	7	Zeng Yuanbin	KTSS
	8	Fu Yu Kit	LCMS
Heat 7	1	Chow Chiu Chun	QC
	2	Ng Tsun Yuen	SKHTKP
	3	Abbas Basil	HKTAYY3
	4	To Ka Wai	ATS
	5	Ma Hiu Yin	QUALIED
	6	Li Houming	TVGSS
	7	Chan Lok Hei	YCKMC-2
Heat 8	1	Chui Chin Ting	QC
	2	Tsui Nguyen Gia Bao Jimmy	NCC
	3	Wong Kwok Ting	PKSS
	4	Pang Mavis	HTCSS
	5	Shum Seen Yeung Lucas	MDIST
	6	Chan Chin Yeung	FSS-KT
	7	Lam Wang Hei	CCSC



Event 16		Girls A Grade 400m	10:45am
		Record : 57.37	Standard : 1:22.00
Heat 1	1	Leung Hiu Yu	QUALIED
	2	Ngai Ching Ying	CCSC
	3	Shi Qiaoyin	WTSMC
	4	Lam Hoi Ying	NCC
	5	Yabut Mackayla Faith Chan	KCC
	6	Cheng Tin Wai	TLGC
	7	Li Wing Yin	SMS
Heat 2	1	Yan Lanxuan	HTMS-THT
	2	Au-Yeung Fong Ying	YCKMC-2
	3	Lo Pui Yau	LCD
	4	Lam Yuen Ting	PBSS
	5	Ng Ka Lam	TLGC
	6	Leung Trinity	PKSS
	7	Chan Yuen Shan Vianna	BPS
Heat 3	1	Tse Chui Shan	KSSS
	2	Cheung Ho Yuet	WTSMC
	3	Asghar Anaum Ali	HKTAYY3
	4	Tong Ho Yi	WBSS
	5	Wong Hong Kiu Jasmine	PKSS
	6	Wang Sai Kai	CWCC
	7	Li Yan	OLRC
Heat 4	1	He Biying	NWCSS
	2	Zhang On Yuen	MDIST
	3	Jiang Yau Chun	BPS
	4	Kwok Pei Pei Rosa	WESLEY
	5	Hui Trina	SMS
	6	Zeng Yaqi	LCMS
	7	Prus Angelina	DMS-GP
Heat 5	1	Liang Yiqing	CWCC
	2	Liu Ka Nam	HTMS-THT
	3	Tsang Tsz Yan	KSSS
	4	Cheung Ming Sum	PBSS
	5	Liu, Pui Hei Charlotte	MSCHK
	6	Wong Joan Yan Shing	KCC
	7	Kwan Man Ching	SKHKH
Heat 6	1	Chan Yu Yan	SKHKH
	2	Wong Ying Wan	BTHC
	3	Lok Tsz Ching	NCC
	4	Kwok Chak Wai Angel	OLRC
	5	Lam Sze Suet	LCMS
	6	Wong Cheuk Lam Rachel	DMS-GP
	7	Zahid,Rabia Zanib	HKTAYY3

Event 17		Boys A Grade 400m	10:45am
		Record : 49.92	Standard : 1:02.00
Heat 1	1	Tsoi Ka Hin	WESLEY
	2	Chan Nok Yin Jeff	FSS-KT
	3	Tiamson Saturn Gabriel Punay	DMS-GP
	4	Pan Omega	TVGSS
	5	Cheung Tsun Hin Carlos	MDIST
	6	Chan Wai Shing	NWCSS
	7	Chow Pak Yun	BTHC
	8	Lee Chi To	HTMS-THT

Heat 2	1	Chau Ka Yee	ATS
	2	Ko Chun Sang	KTSS
	3	Leung Chun Yu	HKTKP
	4	Cheung Yuk Kin	FSS-KT
	5	Lo Tsz Hin	HTCSS
	6	Ng Ming Hei	HTMS-THT
	7	Chen Aolang	YCKMC-2
	8	Manjot-Singh	HKTAYY3
Heat 3	1	Lam Long Yat	BTHC
	2	Chan Ka Wai	NCC
	3	Yeung Chun Hei	CCSC
	4	Ling Tsz Him	SKHKH
	5	Kang Jugraj Singh	DMS-GP
	6	Chan Herbert	QC
	7	Wong Tsz Ho	CSL
	8	Yueh Cheung Pang Andrew	YCKMC-2
Heat 4	1	Chu Hin Yat	PKSS
	2	Chiang Chun Ivan	HKTKP
	3	Pang Junwei	LCMS
	4	Khan Sameer	HKTAYY3
	5	Biswas Shuban Samrat	KCC
	6	Chan Tsz Pang	WESLEY
	7	Wong Tsz Him	SMS
Heat 5	1	Chan Yu Nam	WTSMC
	2	Lam Ho Yin	PKSS
	3	Cheung Ho Wai	CCSC
	4	Chan Pak Hei	CWCC
	5	Chan Lok Hei	TVGSS
	6	Leung Tsz Kin	NCC
	7	Cheung Sum Ho	QUALIED
Heat 6	1	Chan Yui Yin	CWCC
	2	Lee, Cheuk Hang Jeffrey	HKSS
	3	Tan Wai Ching	ATS
	4	Chow Ching Hei Samuel	SMS
	5	Cheung Cheuk Hei	QUALIED
	6	Dhiman Zubin Dev	CWCCSS
	7	Lyu Wenkang	NWCSS
Heat 7	1	Guan Jianteng	WTSMC
	2	Wong Jia Jun	QC
	3	Wong Siu Hei	SKWGSS
	4	Wen Jianhao	CSL
	5	Cheng King To	SKHKH
	6	Fan Yan Qi	LCMS
	7	Yam, Hong Ching	MSCHK

Event 18	Boys A Grade High Jump	11:00am	
	Record : 2.01	Standard : 1.50	
Final	1	Hui Boris	QC
	2	Lui Hing Man	SKHTKP
	3	Yeung, Ming	MSCHK
	4	Lin Ka Chun	NWCSS
	5	Tam Shing Chak	MDIST
	6	Chen, Ka Chun	MSCHK
	7	Li Yu Pok	YCKMC-2
	8	Li Ho Yee	ATS
	9	Wong Chun Wai	WESLEY
	10	Ng Sze Chit	TVGSS
	11	Chan Lok Hei	TVGSS
	12	Zeng Weitao	NCC
	13	Feng Tsz To	KTSS
	14	Chow Pak Yun	BTHC
	15	Cheung Ka Ho	QC
	16	Mo Cuining	LCMS
	17	Cheung Lap Hang Marcus	HKTKP
	18	Su Wan Chak	PKSS
	19	Sotto Jann Briann Anselmo	DMS-GP
	20	Chong Yim	PKSS
	21	Huang Weixuan	NCC
	22	Tsang Chun Kan	HKTKP
	23	Chan Tsun Hin	ATS
	24	Chan Shui Hin	KCC
	25	Yeung Kwun Ho Michael	CCSC
	26	Li Jianhong	SKHTKP
	27	Li Yu Hing	NDC
	28	Kwok Pan Pan	SKHKH
	29	Sidhu Gursharan Preet Singh	DMS-GP
	30	Hau Tsz Chiu	FSS-KT
	31	Chu Kai Ho	QUALIED
	32	Chong Kin Ho	LCD
	33	Waqas, Mohammad	HKTAYY3
	34	Xie Dejun	YCKMC-2
	35	Kwok Hiu Yeung	CWCC
	36	Wong Wai Hin	NDC
	37	Poon Man Hei Joe	KCC
	38	Chan Chin Hang	FSS-KT
	39	Tse Ho Fei	LCD
	40	Ibrahim Muhammad	CWCCSS
	41	Hon Tsun Yu	HKTAYY3

Event 19	Boys B Grade Discus		11:30am
	Record : 54.18		Standard : 20.00
Final	1	Yip Ying Duen	LCD
	2	Lam Chun Hei	WTSMC
	3	Tsoi Wang Sum	HKTAYY3
	4	Lo Ka Hing	ATS
	5	Chiang Heai Miae	CWCC
	6	Lam Kwun Wah	NCC
	7	Lin Ho Hin	NDC
	8	Fu Chuen Ching	LCMS
	9	Chow Cheuk Hin	YCKMC-2
	10	Chan Pak Yan	QC
	11	Wong Yin Wai	WESLEY
	12	Lam Kwong Sum	ATS
	13	Hon Tsz Chun	KCC
	14	Lin Yu Cheung	HTMS-THT
	15	Sin Leung Chi	QUALIED
	16	Xue Junhui	FSS-KT
	17	Tang Wang Chi	QC
	18	Wong Yuk Kit	CCSC
	19	Wang Alan	CWCC
	20	Fu Ching Him	SMS
	21	Zhu Junkai	BTHC
	22	Koenig Alexander Guardiania	YCKMC-2
	23	Lu Hoi Chuen	CSL
	24	Shum Ping Wo Tyler	SMS
	25	Miao Yuk Lam	NWCSS
	26	Lui Ka Tung	WTSMC
	27	Yen, Yiu Sum	MSCHK
	28	Lloyd Allen Bryce	KCC
	29	Chiu William Christopher	LWSSS
	30	Kwan Chin Fan	SKHKH
	31	Hsu Wai Chun	NWCSS
	32	Mao O Wan	LCMS
	33	Yuen Tin Wik	HKTAYY3
	34	Lin Weisheng	FSS-KT
	35	Yung Ka Kit	NCC
	36	Fang Tsang Wai	BTHC
	37	Tai Ka Shing	PKSS
	38	Singh Shikhar Deep	DMS-GP
	39	Chan, Kam Wai	MSCHK
	40	Yip Ho Him	WESLEY
	41	Xie Tung Ping	NDC
	42	Cheng Yiu Chung	CSL
	43	Tsang Hin Yiu	QUALIED
	44	Cheng Hoi Ting	CCSC
	45	Zhang Ziyu	HTMS-THT
	46	Wu Jun Rui	LCD

Event 20	Girls C Grade 100m		11:45am
	Record : 12.37		Standard : 15.80
Heat 1	1	Chan Ho Lam	CCSC
	2	Zaveri Aarvi Harsh	DMS-GP
	3	Lam Charmaine	KTSS
	4	Fong Sum Yuet	WTSMC
	5	Ngai Chi Yau	KSSS
	6	Chu Hoi Hei	MSCHK
	7	Chair Wing Tung Mavis	PTCC
	8	Chung Nga Man	OLRC

Heat 2	1	Chan Tsz Wing	BTHC
	2	Lui Ka Wai	TLGC
	3	Liu Chi Yau	BPS
	4	Wong Cho Yee	DLKP
	5	Yuan Xinyi	NCC
	6	Ip Oi Ching	SWC
	7	Cheng Tsam Yuet	OLRC
	8	Chan Fei Yeung	CWCC
Heat 3	1	Meng Yee Sin	LCMS
	2	Tam Siu Lam Elaline	PKSS
	3	Leung Ianna	DMS-GP
	4	Wan Nicole Mo Suet	LCD
	5	Lam Yan Yi	SMS
	6	Wong Sum Yi	PTCC
	7	Lam Wai Ying Megan	CWCC
	8	Chow Yeuk Yin Sugar	PBSS
Heat 4	1	Yau Yuet Yee	DLKP
	2	Panique Samantha Dale Escalona	HKTAYY3
	3	Yu Man Wai	MDIST
	4	Ng Chui Chi	SMS
	5	Wu Hoi Lam	TLGC
	6	Hsu Hoi Ching	PBSS
	7	Chan Kai Yan	SKHKH
Heat 5	1	Lai Jianing	NDC
	2	Lee Tsz Hang Christie	MSCHK
	3	Chan Hei Yuet	WESLEY
	4	Chen Ka Yue	YCKMC-2
	5	Chan Lok Yan	QUALIED
	6	Chen Shuk Yee	SKHKH
	7	Zhang Sum Yik	TNSS
Heat 6	1	Recto River Zoe Dinoso	NDC
	2	Villacorte Rilie Amber Cataag	CWCCSS
	3	Ho Suen Lee	NWCSS
	4	Wong Ka Man	PKSS
	5	Cheung Hoi Yin	LWSSS
	6	Ho Cheuk Yan	BTHC
	7	Wang Yuhua	SWC
Heat 7	1	Sze Ka Yan	NCC
	2	Chong Pei Wen	KTSS
	3	Gill Laherpreet Kaur	QUALIED
	4	Ho Bo Yu	LWSSS
	5	Li Juan Yan Jolie	HKTAYY3
	6	Kwan Wing Yan	CCSC
	7	Tsang Mei Ki	LCMS
Heat 8	1	Cheng Yee Ching	NWCSS
	2	Chi Yuk Hiu	HTMS-THT
	3	Chan Ho Yan	WTSMC
	4	Ermias Betanya Samuel	YCKMC-2
	5	Deng Pui Shan	CCCKT
	6	Cheung Sze Ming Peary	SKWGSS
	7	Cheng Cho Lam	LCD

Heat 9	1	Tsui Yik Nga	KSSS
	2	Lee Ngar Nam	BPS
	3	Lee Tsz Yung	SKHTKP
	4	Li Wing Kiu Jasmine	HTMS-THT
	5	Ma Tsz Suen	SKWGSS
	6	Chan Yuet Ying Odette	TNSS
	7	Leung Mung Shu Tiffany	HTCSS

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Event 21    Boys C Grade 100m    11:45am  
Record : 11.21    Standard : 14.20

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Heat 1	1	Khan Abdul Samih	CWCCSS
	2	Hussain Muhammad Zain-Ul-Abideen	YCKMC-2
	3	Chen Ka Hei	CSL
	4	Lee Hau Fun	KTSS
	5	Kwan Aydin Yiu Cheung	SKWGSS
	6	Tang Long Tin	SKHKH
	7	Cheng Tsun Hei	HTMS-THT
	8	Zhou Hao Xian	SKHTKP

Heat 2	1	Lam Lok Hei	QUALIED
	2	Tsui, Yat Lun	HKSS
	3	Law Tang Fung	HTCSS
	4	Yee Ka Jia	NWCCS
	5	Li Chun Kit	HKTKP
	6	Pavandeep Singh Hayer	HKTAYY3
	7	Feng Jialin	ATS
	8	Chong Cho Kuen	SKHKH

Heat 3	1	Chan Chun Ki	PKSS
	2	Thapa John	DMS-GP
	3	Wang Yik Ho Eriksson	KTSS
	4	Ngan Pak Him	FSS-KT
	5	Tse Shing Chun	ATS
	6	Ho Tsz Hin	WTSMC
	7	Tse Tsz Yeung Ocean	BTHC
	8	Chu Tsun Hing	CCSC

Heat 4	1	Yip Pui Sum	BTHC
	2	Chong Tsz Ha	SMS
	3	Fu Hao	FSS-KT
	4	Ren Nga Chun	CWCC
	5	Chen Hongji	TVGSS
	6	Tsang Yuen Hei	KCC
	7	Ng Ching Yiu	CCSC

Heat 5	1	Kwok Yuk Kin Kenneth	CWCC
	2	Ng Shing Hin	LWSSS
	3	Ogbonna David Chibuike	DMS-GP
	4	Wong Tsz Chung	WESLEY
	5	Shum Hok Yin Dezmond	KCC
	6	Yick Tristan	LCD
	7	Chan Wing Hong	QC

Heat 6	1	Lau Chun Lok Daran	SKHTKP
	2	Yang Zhi Xuan	HTMS-THT
	3	Rumbaua Nasser Rozz Canta	YCKMC-2
	4	Wong Matthew	LCD
	5	Li Chun Kiu	CSL
	6	Zhong Tsz Hei	MDIST
	7	Woo Hei Nok Arnold	MSCHK

Heat 7	1	Law Chung Yin Ezra	MSCHK
	2	Fung Chun Yin	TVGSS
	3	Tso Man Wai	LCMS
	4	Li Hiu Long	HTCSS
	5	Wong Ying Fan	DLKP
	6	Chan Tsz Ho Daniel	NCC
	7	Yip Kwan Yin	NDC
Heat 8	1	Sze Wai Nok	WESLEY
	2	Lai Chun Yip	QUALIED
	3	Wong Tsz Tsun	LCMS
	4	Man Ho Lam	HKTKP
	5	Wong Po Min	QC
	6	Tang Yi Hao	NCC
	7	Lam Ho Tin	SMS
Heat 9	1	Yeung Tik Hong	HKTAYY3
	2	Chen Dahao	WTSMC
	3	Lee Ho Ting	MDIST
	4	Kan Yip Hang	CWCCSS
	5	Cheung Pok Ho Kavan	DLKP
	6	Lui To Ming	PKSS
	7	Tam Hiu Lam	NWCCS

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Event 22	Girls B Grade 100m	11:45am
	Record : 11.89	Standard : 15.70

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Heat 1	1	Chan, Suet Ying	MSCHK
	2	Ng Ka Wing	PKSS
	3	So Pui Chi	OLRC
	4	Iu Leong Yee	DLKP
	5	Cheung Tsz Yau	PBSS
	6	Yip Oi Kiu	NDC
	7	Lee Ching Yee	CCSC
	8	Liang Wing Yan	CSL
Heat 2	1	Lau Ka Ching	QUALIED
	2	Cheng Kiu Tan	BTHC
	3	Fong Lok Ching	DLKP
	4	Tse Hung Chun	NWCCS
	5	Tse, Nga Kiu	MSCHK
	6	Chan Hau Wa	HTMS-THT
	7	Choi On Kiu	SWC
	8	Chow Tsz Hang	LCMS
Heat 3	1	Chan Sze Pui	KCC
	2	Fung Tsz Kiu	OLRC
	3	Miu Hau Yin	HTCSS
	4	Chen Tianyue	WTSMC
	5	Hu Tung Yi	CSL
	6	Xu Zhitong	LCMS
	7	Yuen Ka Man	SKHKH
	8	Boonmee Kamonphan	LCD

Heat 4	1	Rong Tsz Yin	LCD
	2	Ng Sze Ching	KSSS
	3	Ho Wing Yan Yanice	TLGC
	4	Zuo Yunshu Isabel	BPS
	5	Lee Suet Ying Ice	CCCKT
	6	Tong Nga Yu	NCC
	7	Chong Ka Yan	SWC
	8	Law Nga Yan	SKHTKP

Heat 5	1	Tsang Hiu Ching	WBSS
	2	Alconaba Princess Jehzarien	CWCCSS
	3	Ng Tsz Huen	TNSS
	4	Chow Tsz Ching	PTCC
	5	Xu Meiyun	CWCC
	6	He Zihan	NWCSS
	7	Yu Hei Tung	WESLEY
	8	Ozor Favour Chioma	DMS-GP

Heat 6	1	Lim Vanessa	KSSS
	2	Wong Hei Wai Canstan	HTMS-THT
	3	Xu Zixuan	NCC
	4	Sum Ka Tung	PTCC
	5	Tan Ho Yi	KCC
	6	Hui Sze Man	CWCC
	7	Morales,Angel Jayems Pelasz	HKTAYY3
	8	Wan Man Kei	WTSMC

Heat 7	1	Sin Man Wai	SKWGSS
	2	Olajide Damilola Joy	YCKMC-2
	3	Xu Xu	HKTAYY3
	4	Tsang Tsz Ying Laura	QUALIED
	5	Hsu Hoi Lam	PBSS
	6	Wong Hei Wun	CCCKT
	7	Cheng Hei Ting	CCSC
	8	Mok Yuk Ying	BTHC

Heat 8	1	Lei Wing Kiu	TLGC
	2	Van Der Noord Alina Johanna Aleida	CWCCSS
	3	Ng Ka Ying	SKHTKP
	4	Cheng Yuet Tung	SKWGSS
	5	Keung Tsz Ying	YCKMC-2
	6	Kam Hoi Chun	BPS
	7	Igwegbe Miracle Themnyorochi	DMS-GP

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Event 23	Boys B Grade 100m	12:15pm
	Record : 10.63	Standard : 13.50

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Heat 1	1	Chen Ka Wing	CSL
	2	Lam Tsz Ho	CWCC
	3	Lam Cheuk Yin	SKHTKP
	4	Qiu Shangyong	LCMS
	5	Lam Ka Yan	HKTAYY3
	6	Li Mingfeng	BTHC
	7	Rasca Joshua Russel Elmer J.	DMS-GP
	8	Ko Ka Shek	KCC



Heat 2	1	Liang Xuanrui	LWSSS
	2	Liang Zian	HTMS-THT
	3	Hou Jia Jun	ATS
	4	Hung Kwok Hong	NCC
	5	Lin, Chun King	MSCHK
	6	Odulio Rocco Joaquin	CWCCSS
	7	Tam Andy Po Chung	PKSS
	8	Lee Pui Lam	SMS
Heat 3	1	Leung Zyrus	SKWGSS
	2	Lam Man Ho	LCD
	3	Cheng Timothy	SMS
	4	Liang Chung On	NWCSS
	5	Tang Pak Hong	CCSC
	6	Leng Fei Hung	MDIST
	7	Wong Ching Lam	SKHKH
	8	Choi Kam Shing	NDC
Heat 4	1	Lui Lok Him	BTHC
	2	Lam Chun Ho	FSS-KT
	3	Ho, Yik Long	MSCHK
	4	Leung Ho Long	PKSS
	5	Tse Ka Kit	WESLEY
	6	Chan Yan Ho Kenneth	LWSSS
	7	Kwok Hin Tung	HKTAYY3
Heat 5	1	Wong Pak To	KCC
	2	Yuen Pak Kiu	FSS-KT
	3	Chan, King Chung	HKSS
	4	Wan Pun Ho Bruno	DMS-GP
	5	Lau Chun Him	DLKP
	6	Lai Wing Hei	HTCSS
	7	Yung Chun Wah	SKWGSS
Heat 6	1	Lin Zeyuan	KTSS
	2	Wong Tin Ngo Carlton	QC
	3	Qiu Cheuk Ngai Kevin	NCC
	4	Hamza	YCKMC-2
	5	Feng Xueqian	NWCSS
	6	Lam Pak Shing	QUALIED
	7	Kwok Hung Piu	CSL
Heat 7	1	To Tin Pok	CCSC
	2	Chui O Chit Oren	WESLEY
	3	Zou Zixi	WTSMC
	4	Kwok Yui	LCD
	5	Law Tsz Fung	MDIST
	6	Li Bincheng	TVGSS
	7	Cheung Wai Kit	HTCSS
Heat 8	1	Ng Cheuk Lap Cayden	WTSMC
	2	Cheung Yiu Kit Wesley	ATS
	3	Chen Lyuzhou	NDC
	4	He Cheng Le	HKTKP
	5	Inaki Boube	YCKMC-2
	6	Li Clarence	LCMS
	7	Pang Pak Kiu	KTSS

Heat 9	1	Qi Haoyu	CWCC
	2	Man Hiu Yeung	HKTKP
	3	Chan, Chung Hang Hadden	HKSS
	4	Zou Tsz Yui	SKHKH
	5	Wan Chi Yui	QC
	6	Tam Wut Hei	HTMS-THT
	7	Chan Pak To	QUALIED

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Event 24      Girls A Grade 100m      12:15pm  
Record : 11.85      Standard : 15.70

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Heat 1	1	Mok Mei Chun	SKHTKP
	2	Law Sze Lam Roselyn	BPS
	3	Chan Sophia Aira Miles Estrada	PBSS
	4	Wong Lok Yi	CWCCSS
	5	Ou Liujun	NCC
	6	Au Yeung Hei Tung	TLGC
	7	Silva Gaile Au	OLRC
	8	Yang Kaixin	CSL
Heat 2	1	Chan Sze Ming	OLRC
	2	Li Sze Ki	NDC
	3	Chan Hiu Ching	SKHTKP
	4	Lee Ka Yan	KSSS
	5	Liang Yingtao	LCMS
	6	Sum Wai	TVGSS
	7	Li Man Wai	PKSS
	8	Ajaezu Helen Chioma	HKTAYY3
Heat 3	1	Lung Lai Wan	PKSS
	2	Wong Ka Yan	TNSS
	3	Liang Ying An	PTCC
	4	Ouyang Yan Emily	TVGSS
	5	Wong Ka Yu	WESLEY
	6	Chui Yuen Ting	WTSMC
	7	Li Ka Man	LCMS
	8	Chan Jane Hillary	YCKMC-2
Heat 4	1	Chik Pui Yan	DLKP
	2	Li Yan Yee	NWCSS
	3	Liu Wing Tung	HTMS-THT
	4	Qu Yi Ting Annie	CCSC
	5	Liu Chole	KCC
	6	Lau Wing Tung	SKHKH
	7	Tse Man Yi Anson	CCCKT
Heat 5	1	Wang Yee Shan	CSL
	2	Cheung Yee Huen Umi	SMS
	3	Sze Cher	CWCC
	4	Chan Cho Yung	TLGC
	5	Li Ming Chu	WTSMC
	6	Wong Ka Yu Oscar	LCD
	7	Wong Oi Kuen	HTCSS
Heat 6	1	Chan Yee Ying	YCKMC-2
	2	Tse Shan Yi	NWCSS
	3	Tsang Wai Ka	HTMS-THT
	4	Yown Oi Sin	BTHC
	5	Yiu Wai Sze	LCD
	6	Lau Yan Yuet	SMS
	7	Sajed Issma Sajed Abrogar	CWCCSS

Heat 7	1	Lui Cheuk Lam	BPS
	2	Arina-Tseo-Ming-En-Tseo-Nai-Woo	CWCC
	3	Wong Ka Shuen	WESLEY
	4	Law Ching Shong Bonita	CCCKT
	5	Yung Yu Ting Charlotte	NDC
	6	Wu Yee Lam	SKHKH
	7	Zeng Sum Yu	KSSS

Heat 8	2	Cai Jin Yun	NCC
	3	Masih Sam Althea Nicolie Traspe	DMS-GP
	4	Chan Kwan Ham Gwenyth	TNSS
	5	Yu Ka Yee	WBSS
	6	Wong Wai Laam	PBSS
	7	Tang Sin Yau	BTHC

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Event 25	Boys A Grade 100m	12:15pm
	Record : 10.60	Standard : 13.00

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Heat 1	1	Wong Sung Chi	HTCSS
	2	Tai Siu Wang	QC
	3	Chung Chun Hung	CWCC
	4	Ale Shawon	DMS-GP
	5	Liang Yui Man	LCD
	6	Choi Cheuk Hei	BTHC
	7	Leung Chun Yu	HKTKP
	8	Lan Chung Hing	NWSS

Heat 2	1	Chung Cheuk Fung	QC
	2	Lin Chi Yin	LWSSS
	3	Chen Ching Kai	BTHC
	4	Yip Tin Long	SKWGSS
	5	Chen Erji	SKHTKP
	6	Hou Sheng Wei	ATS
	7	Chan Ivan Chun Hei	DLKP
	8	Fan Yan Qi	LCMS

Heat 3	1	Ifeanyi-Ubah Chideraa Morton	LCMS
	2	Lo Man Him Hime	TVGSS
	3	Chan Yui Yin	CWCC
	4	Chukwuka Genesis Chidera	DMS-GP
	5	Feng Tsz Kin	WBSS
	6	Cheung Ho Hon	SKHKH
	7	Leung, Chun Ching	MSCHK
	8	Chen For Kam	HTMS-THT

Heat 4	1	Sze Chak Pui	CCSC
	2	Liao Winson	FSS-KT
	3	Choy Pak Yin Jeffrey	KCC
	4	Luk Shing Keung	LCD
	5	Ng Ka Lok	PKSS
	6	Yee Hei Ming	HTMS-THT
	7	Liu Chit	QUALIED
	8	Feng Chun Kit	KTSS

Heat 5	1	Chen, Ka Chun	MSCHK
	2	Kwok Ka Ming	YCKMC-2
	3	Lam Bei Pak Isaac	SMS
	4	Ting Hiu Fung	HKTAYY3
	5	Chan Chun Kin	TVGSS
	6	Li Yu Hing	NDC
	7	Ko Long Ching	FSS-KT
	8	Yeung Ka Chun	NWCSS
Heat 6	1	Mohammad-Hassan	CSL
	2	Wong Hiu Long	WBSS
	3	Lam Yu Cheung Dylan	WESLEY
	4	Shi Wai Ho	LWSSS
	5	Wong Tsun Kit	HKTAYY3
	6	Cheung Kin Long	PKSS
	7	Mason Frank Vin	KCC
Heat 7	1	Sy Siu Lun	CCSC
	2	Lau Chun Hay	NCC
	3	Koo Chun Cheong	SMS
	4	Li Haixin	KTSS
	5	Chan Ian	HKTKP
	6	Chan Chak Ching	SKWGSS
	7	Khan Moaviya	YCKMC-2
Heat 8	1	Pun Kin Ming	SKHKH
	2	Cheung Lap Keung	NDC
	3	Yip Yu Ching	CSL
	4	Cheung Hiu Tong	WESLEY
	5	Lok Kai Chung	NCC
	6	Ho Pak Hei	ATS
	7	Mo Zijie	WTSMC

Event 26	Boys A Grade Javelin	1:45pm	
	Record : 62.06	Standard : 21.50	
Final	1	Lee Ka Wai	QC
	2	Yu Ka Wai	NDC
	3	Ng Yu Hin Jeffrey	BTHC
	4	Pak Ka Ho	ATS
	5	Namhat Natapong	LCD
	6	Lama, Krish	HKTAYY3
	7	Cheung Pak Hei	YCKMC-2
	8	Tsang Wa Ching	ATS
	9	Dai Chun Yin	DLKP
	10	Yeung Ka Hin	PKSS
	11	Lau Yat To	SMS
	12	Wang Juelel	CSL
	13	Zhang Hao Chak Dennis	QC
	14	Lan Chung Hing	NWCSS
	15	Chan Chak Ching	SKWGSS
	16	Leung Pak Lam Jacky	SMS
	17	Yip Tsz Wang	CCSC
	18	Lu Yik Hei	PKSS
	19	Mohammad Saad Bin Naseem	CSL
	20	Kwok Sui Hei	CCSC
	21	Wong Chor Yan	HTMS-THT
	22	Wong Kam Chun	TVGSS
	23	Mai Yuandong	NCC
	24	Leung Yui Chit Andrew	TVGSS
	25	Lam Kam Fung	HTMS-THT
	26	Mcneill Marc Kelvin	YCKMC-2
	27	Luk Yu Tat	SKHKH
	28	Yip Chi Hong	KTSS
	29	Sze Pak Hoi	WESLEY
	30	Tang Yu Shun	SKHKH
	31	Tsoi Ka Fu	LCD
	32	Cheung Ka Lok	HKTAYY3
	33	Lau Tsun Lam	NCC
	34	Tam Tsun Yin	WESLEY
	35	Chan Yuen On	KTSS
	36	Chi Hong Yau	NDC

Event 27	Boys B Grade Shot Put	1:45pm	
	Record : 16.33	Standard : 8.80	
Final	1	Lam Kwun Wah	NCC
	2	Bhullar Sukhman Singh	DMS-GP
	3	Wong, Yim Wa	HKSS
	4	Sin Leung Chi	QUALIED
	5	Lloyd Allen Bryce	KCC
	6	Yen, Yiu Sum	MSCHK
	7	Wong Long Man	CWCC
	8	Chen Cheung Yu	ATS
	9	Chiu Him	WTSMC
	10	Yip Zi Hao	LCD
	11	Fu Chuen Ching	LCMS
	12	Hu Wenxin	PKSS
	13	Hon Tsz Chun	KCC
	14	Gan Chun Yin	PKSS
	15	Abdul Hadi	DLKP
	16	Chow Cheuk Hin	YCKMC-2
	17	Tsoi Yan Lok Lukas	ATS
	18	Fang Tsang Wai	BTHC
	19	Wu Jun Rui	LCD
	20	Xue Junhui	FSS-KT
	21	Wang Alan	CWCC
	22	Wong Ching Hon King	HKTKP
	23	Lin Yu Cheung	HTMS-THT
	24	Tang Wang Chi	QC
	25	Wong Yuk Kit	CCSC
	26	Mak Chun Yiu	WESLEY
	27	Lai Wing Ho	MDIST
	28	Tso Pak Ho	SKHKH
	29	Li Ming Kai	NDC
	30	Zeng Hao	SKWGSS
	31	Yu Jiwen	NDC
	32	Cheng Yiu Chung	CSL
	33	Chan Chun Yin	SKWGSS
	34	Wong Yin Wai	WESLEY
	35	Tse, Ming Ming	HKSS
	36	Singh Shikhar Deep	DMS-GP
	37	Ng Tsz Kit	WTSMC
	38	Leung Kwan Ho	SMS
	39	Zhao Tsun Cheung	LCMS
	40	Chan Pak Yan	QC
	41	Cheng Hoi Ting	CCSC
	42	Huang Zhongyu	NWCSS
	43	Chiu William Christopher	LWSSS
	44	Tsoi Wang Sum	HKTAYY3
	45	Koenig Alexander Guardiania	YCKMC-2
	46	Yuen Tin Wik	HKTAYY3
	47	Au Yeung Tsz Lun	BTHC
	48	Chan, Kam Wai	MSCHK
	49	Wong Pak Ho	QUALIED
	50	Zhang Ziyu	HTMS-THT
	51	Lu Hoi Chuen	CSL
	52	Fu Ching Him	SMS
	53	Tang Kin Long Michael	FSS-KT
	54	Yung Ka Kit	NCC

Event 28	Girls A Grade Long Jump	1:45pm	
	Record : 5.78	Standard : 3.60	
Final	1	Li Wai Man	SKHTKP
	2	Lung Lai Wan	PKSS
	3	Sum Wai	TVGSS
	4	Leung Wing Sze	OLRC
	5	Cai Jin Yun	NCC
	6	Ho Tsz Ying Cherry	PKSS
	7	Ma Chit Lam	HTMS-THT
	8	Tse Ka Yan	HTCSS
	9	Kwok Wing Sum	SMS
	10	Tang Sin Yau	BTHC
	11	Lam Pak Hei	WESLEY
	12	Cheung Ming Sum	PBSS
	13	Liang Yingtao	LCMS
	14	Mok Miu Yan	TLGC
	15	So Ka Yiu	HTCSS
	16	Law Ching Shong Bonita	CCCKT
	17	Zhang Xiaojun	SKWGSS
	18	Tsoi Sing Yi	CWCC
	19	Ouyang Yan Emily	TVGSS
	20	Chan Sze Ming	OLRC
	21	Tsang Leanne Lai Yan	WTSMC
	22	Au Cho Wa	NDC
	23	Chen Zihan	CSL
	24	Ma Sheung Ying	KSSS
	25	Chan Ching Man	CCCKT
	26	Yung Yu Ting Charlotte	NDC
	27	Leung Tin Ching	BPS
	28	Zeng Yaxin	LCMS
	29	Hong Tsz Yan	QUALIED
	30	Lam Hiu Ching	CWCCSS
	31	Cheung Chak Ying	CCSC
	32	Chan Sophia Aira Miles Estrada	PBSS
	33	Liu Wing Tung	HTMS-THT
	34	Yu Hoi Ka	BPS
	35	Lin Danni	WTSMC
	36	Zhou Wanyi	YCKMC-2
	37	Chan Tsz Yan	BTHC
	38	Wong In Laam	CWCC
	39	Gan Zihan	KCC
	40	Cheung Hoi Lam	NCC
	41	Yu Ka Yee	WBSS
	42	Chan Cho Yung	TLGC
	43	Lau Yan Yuet	SMS
	44	Wu Yee Lam	SKHKH
	45	Hui Jia Yu	LCD
	46	Tse Chui Shan	KSSS
	47	Hon Wing Sze	HKTAYY3
	48	Chan Kwan Ham Gwenyth	TNSS
	49	Chan Wing Kiu	SKWGSS
	50	Wong Ka Shuen	WESLEY
	51	Kwok Wai Yu	CWCCSS
	52	Chan Kiu Sin	HKTAYY3
	53	Yang Kaixin	CSL

Event 29	Boys C Grade High Jump		1:45pm
	Record : 1.86		Standard : 1.25
Final	1	Sze King Hon	NCC
	2	Li Yat Hong	HKTAYY3
	3	Ng Wang Chit	PKSS
	4	Cheung Man Chun	CCSC
	5	Hui Ka Lun	CWCC
	6	Chow Sun Tung	SKHKH
	7	Yeung Lai Kiu	DMS-GP
	8	You Kai Hong	FSS-KT
	9	Wong Tsz Sum	SKWGSS
	10	Peng Bo	NCC
	11	Chan Pak Long	BTHC
	12	Cheung Tsz Yui	SMS
	13	Lam Tai Yu	LCD
	14	Diyora Mithil Pareshkumar	DMS-GP
	15	Tsang Chung Yiu Nathan	WESLEY
	16	Chan Yik Hei	QUALIED
	17	Wong Yin Nam	SKHKH
	18	Cheng Chi Ho	HKTAYY3
	19	Shum Chun Shing	SMS
	20	Lo Yan Hei	CWCC
	21	Cheung Tsz Chun	WESLEY
	22	Rai Heles	DLKP
	23	Ng Wing Yuet	CCSC
	24	Hermann Ronald Maron Reyes	CWCCSS
	25	Yang Zhi Xuan	HTMS-THT
	26	Lau Cheuk Ho Eamon	QC
	27	Chan Wang Tat	PKSS
	28	Yiu Tsz Yat	QUALIED
	29	Lo Sin Wa	LCD
	30	Cheung Wang Shun	DLKP
	31	Ren Hao Rui	QC
	32	Li Kwan Lung	FSS-KT
	33	Wang Yi Heng Gavie	HTMS-THT
Event 30	Girls C Grade 200m		2:00pm
	Record : 25.77		Standard : 34.50
Heat 1	1	Lai Tin Man	CSL
	2	Gill Laherpreet Kaur	QUALIED
	3	Yip Sze Pui	KTSS
	4	Ng Chui Chi	SMS
	5	Ma Tsz Suen	SKWGSS
	6	Liu Zhicheng	SKHTKP
	7	Cheung Hoi Kiu	LCD
	8	Chow Tsz Sin	BPS
Heat 2	1	Chen Shuk Yee	SKHKH
	2	Yuen Yat Yi Hannah	SWC
	3	So Sum Yee Jamie	BTHC
	4	Fong Sum Yuet	WTSMC
	5	Panique Samantha Dale Escalona	HKTAYY3
	6	Raichura Vanshi Anand	DLKP
	7	Raveendra Kumar Leoneeta	DMS-GP
	8	Khan Eman	YCKMC-2



Heat 3	1	Cheng Tsam Yuet	OLRC
	2	Deng Pui Shan	CCCKT
	3	Yu Man Wai	MDIST
	4	Siu On Kiu Charlotte	SMS
	5	Lui Ka Wai	TLGC
	6	Lin Ming Wai	LCMS
	7	Ngai Chi Yau	KSSS
	8	Lau Sum Yi	WESLEY
Heat 4	1	Chung Nga Man	OLRC
	2	Li Wing Kiu Jasmine	HTMS-THT
	3	Liu Yan Chi	KSSS
	4	Cheng Cho Lam	LCD
	5	Wong Sum Yi	PTCC
	6	Wong Ka Man	PKSS
	7	Choy Hei Yin Alice	PBSS
	8	Hung Wai Ching	LWSSS
Heat 5	1	Yuan Xinyi	NCC
	2	Tang Pui Yu	SKHKH
	3	Cheung Ki Kit	KTSS
	4	Ho Cheuk Yan	BTHC
	5	Ng Sze Man	MSCHK
	6	Rong Yi Man	CSL
	7	Chan Fei Yeung	CWCC
	8	Leung Mung Shu Tiffany	HTCSS
Heat 6	1	Wan Cheuk Shan Nicole	TLGC
	2	Law Wai Ling	TNSS
	3	Yip Hei Yau	PKSS
	4	Thapa Angel	YCKMC-2
	5	Chan Ho Yan	WTSMC
	6	Tsang Mei Ki	LCMS
	7	Wong Man Wing Vienne	CWCC
	8	Ip Oi Ching	SWC
Heat 7	1	Cheung Sze Ming Peary	SKWGSS
	2	Kwok Hoi Yu	NCC
	3	Fong Yan Ching	QUALIED
	4	Chukwuka Chinaza Gabrielle	DMS-GP
	5	Tsang Nok Man	MSCHK
	6	Wong Tsz Ching	PTCC
	7	Chan Hei Yuet	WESLEY
Heat 8	1	Wong Wing Tung	HTMS-THT
	2	Tan Wan Yi	BPS
	3	Hsu Hoi Ching	PBSS
	4	Cheng Yee Ching	NWCSS
	5	Li Juan Yan Jolie	HKTAYY3
	6	Chan Yuet Ying Odette	TNSS
	7	Leu Lok Yee	LWSSS

Event 31	Boys C Grade 200m	2:00pm	
	Record : 22.59	Standard : 29.80	
Heat 1	1	Wong Tsz Tsun	LCMS
	2	Cheung Tsz Kin	WTSMC
	3	Lau Hin Wan Curtis	KCC
	4	Lee King Hei	HTCSS
	5	Tang Ho Hin Chester	SKHTKP
	6	Lee Ho Nam	HKTKP
	7	Xie Ying Feng	CWCC
	8	Sze Wai Nok	WESLEY
Heat 2	1	Chan Wang Tat	PKSS
	2	Siu Ho Lam Esmond	NWCSS
	3	Tang Long Tin	SKHKH
	4	Chan Tsz Ho Daniel	NCC
	5	Ho Sze Lok	CWCC
	6	Kwan Aydin Yiu Cheung	SKWGSS
	7	Chu Tsun Hing	CCSC
	8	Chor Pak Yu	ATS
Heat 3	1	Ogbonna Christian Chukwuemeka	DMS-GP
	2	Wu Chun Yee	SMS
	3	Cheng Tsun Hei	HTMS-THT
	4	Ting, Yu Tung	MSCHK
	5	Rumbaua Nasser Rozz Canta	YCKMC-2
	6	Hung Wai Lim	PKSS
	7	Fu Hao	FSS-KT
	8	Yeung Tik Hong	HKTAYY3
Heat 4	1	Wong Long Kwan	SMS
	2	Shi Yeuk Lung	NDC
	3	Lai Wa Kit	LCMS
	4	Wong Tsz Chung	WESLEY
	5	Wang Yik Ho Eriksson	KTSS
	6	Tse Tsz Yeung Ocean	BTHC
	7	Hussain Muhammad Zain-Ul-Abideen	YCKMC-2
	8	Sze King Hon	NCC
Heat 5	1	Leung Hi	QUALIED
	2	Kan Chuen Ki	DLKP
	3	Yip Pui Sum	BTHC
	4	Cheung Yota	ATS
	5	Chen Hongji	TVGSS
	6	Law Man Yuk	SKHTKP
	7	Thapa John	DMS-GP
	8	Ngan Pak Him	FSS-KT
Heat 6	1	Lu Yaozhi	MDIST
	2	Pavandeep Singh Hayer	HKTAYY3
	3	Tam Hiu Lam	NWCSS
	4	Ng Shing Hin	LWSSS
	5	Lai Chun Yip	QUALIED
	6	Wong Matthew	LCD
	7	Cao Jing	HTMS-THT
	8	Siu Yik Lok Avi	HKTKP

Heat 7	1	Leung Ip Ka	CCSC
	2	Yan Wai Hung	WTSMC
	3	Chow Sun Tung	SKHKH
	4	Woo Hei Nok Arnold	MSCHK
	5	Wong Tsz Hin	KTSS
	6	Cazzani Antonio Emanuele	CWCCSS
	7	Chan Wing Hong	QC

Heat 8	1	Yick Tristan	LCD
	2	Cheung Ho Yeung Harvey	MDIST
	3	Fung Chun Yin	TVGSS
	4	Kan Yip Hang	CWCCSS
	5	Wong Ying Fan	DLKP
	6	Wong Po Min	QC
	7	Li Hiu Long	HTCSS

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Event 32	Girls B Grade 200m	2:00pm
	Record : 24.96	Standard : 34.00

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Heat 1	1	Morales,Angel Jayems Pelasz	HKTAYY3
	2	Li Jiamiao	KSSS
	3	Xie Zixin	LCMS
	4	Liang Wing Yan	CSL
	5	Chan, Suet Ying	MSCHK
	6	Lam Hoi Shuen	WESLEY
	7	Zhang Yu Tung	NCC
	8	Miu Hau Yin	HTCSS

Heat 2	1	Jivani Driva Sanjaybhai	DMS-GP
	2	Wong Miki	LCD
	3	Xu Zixuan	NCC
	4	Yeung Hi Sin	KCC
	5	Hsu Hoi Lam	PBSS
	6	Chan Tsz Yau	HTCSS
	7	Lei Wing Kiu	TLGC
	8	Cheng Yuet Tung	SKWGSS

Heat 3	1	Wong Hei Wun	CCCKT
	2	Wong Mei Yan	BPS
	3	Chan Tsz In	PTCC
	4	Tse Hung Chun	NWCSS
	5	Pun Chau Yee	PKSS
	6	Ng Cheuk Ying	SWC
	7	Sze Chun Yi	HTMS-THT
	8	Shum Yui Ki	CWCC

Heat 4	1	Balal Riya	CWCCSS
	2	Ko Hoi Ching	CCCKT
	3	Li Man Yui	LCMS
	4	Ng Yu Tung	KSSS
	5	Cheng Hei Ting	CCSC
	6	Lee Hei Yan	OLRC
	7	Chung Wai Kiu	HTMS-THT
	8	Yeung Kwan Ting	HKTAYY3

Heat 5	1	Kulkarni Ramyashri	DMS-GP
	2	Yang Sum Yu	LCD
	3	Tang Long Ching	SKHKH
	4	Chor Yat Tung	BTHC
	5	Chan Sze Wing	TLGC
	6	Sellers Scarlett Eve Stenhouse-Stewart	YCKMC-2
	7	Tsang Sin Ki	CSL
	8	Tse, Nga Kiu	MSCHK
Heat 6	1	Kwok Hang Kiu	CWCC
	2	Yuen Megan Hei Kiu	TNSS
	3	Sin Man Wai	SKWGSS
	4	Hui Tsz Kiu	QUALIED
	5	Feroz Sana	CWCCSS
	6	Wan Man Kei	WTSMC
	7	Cheng Kiu Tan	BTHC
	8	Choi On Kiu	SWC
Heat 7	1	Yip Oi Kiu	NDC
	2	Tsang Lok Yan	BPS
	3	Lau Ka Hei	QUALIED
	4	Fung Tsz Kiu	OLRC
	5	Leung Hoi Ching	PBSS
	6	Chen Tianyue	WTSMC
	7	Sum Ka Tung	PTCC
	8	Chan Wang Yu	YCKMC-2

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Event 33	Boys B Grade 200m	2:30pm
	Record : 21.90	Standard : 27.80

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Heat 1	1	Tam Andy Po Chung	PKSS
	2	Chan Lok Hei	CWCC
	3	Lam Man Ho	LCD
	4	Chan, King Chung	HKSS
	5	Wong Pak Hei	KCC
	6	Chan Tsz Lok Leo	FSS-KT
	7	Yung Chun Wah	SKWGSS
	8	Pang Mavis	HTCSS
Heat 2	1	Fung Cheuk Hin	HTMS-THT
	2	Pang Pak Kiu	KTSS
	3	Lui Lok Him	BTHC
	4	Yuen Yat Dan	QC
	5	Lin, Chun King	MSCHK
	6	Choy Pak Hin	CWCC
	7	Liang Xuanrui	LWSSS
	8	Tang Pak Hong	CCSC
Heat 3	1	Wong, Ka Chun	MSCHK
	2	Cheung Chun Ho	HKTAYY3
	3	Leng Fei Hung	MDIST
	4	Chin Wai Lok	FSS-KT
	5	Chan Kai Ting	PKSS
	6	Man Hiu Yeung	HKTKP
	7	Chu Wing Him	BTHC
	8	Lau Chun Him	DLKP

Heat 4	1	Zeng Jinzhou	LCMS
	2	Wong Cho Yeung	MDIST
	3	Guo Wen Kai	NCC
	4	Leung Sz Lam	NWCSS
	5	Biswakarma Ayush	DMS-GP
	6	Liem Ho Yat Isaac	SMS
	7	Tan Shiming	WTSMC
	8	Chen Ka Wing	CSL
Heat 5	1	Shum Leung Kiu Lincoln	KCC
	2	Chan Lok Hei	YCKMC-2
	3	Yeung Ting Hin Isaac	SKWGSS
	4	Lai Man Kit	CCSC
	5	Wong Tin Ngo Carlton	QC
	6	Liu, Hoi Kiu	HKSS
	7	Huang Jun Xi	HTMS-THT
Heat 6	1	Ip Chung To	SKHKH
	2	Cheung Wai Kit	HTCSS
	3	Tse Ka Kit	WESLEY
	4	Yao Dexi	LCMS
	5	Cheung Ching Nam	DMS-GP
	6	Wong Ka Po	CSL
	7	Wong Kam Fu	QUALIED
Heat 7	1	Hou Jia Jun	ATS
	2	Lee Pui Lam	SMS
	3	Abbas Basil	HKTAYY3
	4	Zou Zixi	WTSMC
	5	Kwok Yui	LCD
	6	Liang Chung On	NWCSS
	7	Kwan Chin Fan	SKHKH
Heat 8	1	Chui O Chit Oren	WESLEY
	2	Cheung Yiu Kit Wesley	ATS
	3	Qiu Cheuk Ngai Kevin	NCC
	4	Ma Hiu Yin	QUALIED
	5	Choi Kam Shing	NDC
	6	Wong Adrian	HKTKP
	7	Malonzo Jann Miguel Loyola	YCKMC-2

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Event 34	Girls A Grade 200m	2:30pm	
	Record : 24.31	Standard : 34.00	
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Heat 1	1	Ou Liujun	NCC
	2	Li Wing Yin	SMS
	3	Prus Angelina	DMS-GP
	4	Zahid,Rabia Zanib	HKTAYY3
	5	Chui Yuen Ting	WTSMC
	6	Ng Yan Hei	MDIST
	7	Zeng Yaxin	LCMS
	8	Mok Hoi Ching	BPS
Heat 2	1	Chan Yee Ling	KTSS
	2	Lam Yuen Ting	PBSS
	3	Kan Man Wai	MDIST
	4	Jiang Yau Chun	BPS
	5	Wong Joan Yan Shing	KCC
	6	Au-Yeung Fong Ying	YCKMC-2
	7	Au Yat Ka	OLRC

Heat 3	1	Ajaezu Helen Chioma	HKTAYY3
	2	Sze Cher	CWCC
	3	Leung Man Hei	SKHKH
	4	Chan Hiu Ching	SKHTKP
	5	Lee Ka Yan	KSSS
	6	So Kit Yuen	PKSS
	7	Masih Sam Althea Nicolie Traspe	DMS-GP

Heat 4	1	Wong Ka Yan	TNSS
	2	Kwok Wai Yu	CWCCSS
	3	Fung Yat Ka	LCD
	4	Shum Yolanda	CCSC
	5	Lai Yan Tung	TVGSS
	6	Au Yeung Hei Tung	TLGC
	7	Chui Kin Nga	WTSMC

Heat 5	1	Lam Shuk Mei	TVGSS
	2	Lo Hailey	QUALIED
	3	Cheng Tin Wai	TLGC
	4	Yeung Ka Wai	PKSS
	5	Hui Trina	SMS
	6	Arina-Tseo-Ming-En-Tseo-Nai-Woo	CWCC
	7	Zeng Yaqi	LCMS

Heat 6	1	Wong Wai Laam	PBSS
	2	Wang Yee Shan	CSL
	3	Lok Tsz Ching	NCC
	4	Lee Sum Yee Emiko	LCD
	5	Tsang Tsz Yan	KSSS
	6	To Yuet Yau	WBSS
	7	Hong Zilin	SKHTKP

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Event 35	Boys A Grade 200m	2:30pm
	Record : 21.91	Standard : 26.80

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Heat 1	1	Hau Yiu Kwan	SKHKH
	2	Tso Tsz Chun Gareth	KCC
	3	Choi Cheuk Hei	BTHC
	4	Sotto Jann Briann Anselmo	DMS-GP
	5	Lui Hing Man	SKHTKP
	6	Shek Yu Hang	LCMS
	7	Lu Yik Hei	PKSS
	8	Feng Tsz To	KTSS

Heat 2	1	Chung Yiu Sing	LCMS
	2	Wen Jianhao	CSL
	3	Lok Kai Chung	NCC
	4	Tsang, Tsz Yui Max	HKSS
	5	Feng Chun Kit	KTSS
	6	Manjot-Singh	HKTAYY3
	7	Tam Yu Hong	TVGSS
	8	Chung Cheuk Fung	QC

Heat 3	1	Chen Wai Ho	SKHKH
	2	Cheung Sum Ho	QUALIED
	3	Lyu Wenkang	NWCSS
	4	Yam, Hong Ching	MSCHK
	5	Wong Siu Hei	SKWGSS
	6	Cheng Pok Man	TVGSS
	7	Khan Moaviya	YCKMC-2

Heat 4	1	Singh Jashanjeet	CWCCSS
	2	Sun Man Lok	WESLEY
	3	Shi Wai Ho	LWSSS
	4	Chen For Kam	HTMS-THT
	5	Ng Chun Ki	CCSC
	6	Ko Long Ching	FSS-KT
	7	Gianan Jared Narazo	HKTAYY3
Heat 5	1	Chung Chun Hung	CWCC
	2	Choy Pak Yin Jeffrey	KCC
	3	Lam Bei Pak Isaac	SMS
	4	Luk Shing Keung	LCD
	5	Liu Chit	QUALIED
	6	Chow Tsz Lok	ATS
	7	Tiamson Saturn Gabriel Punay	DMS-GP
Heat 6	1	Lam Yu Cheung Dylan	WESLEY
	2	Leung, Chun Ching	MSCHK
	3	Choi Tsz Hin	WTSMC
	4	Chan Yip Lam	HKTKP
	5	Lam Man Kit	SMS
	6	Chan Pak Hei	CWCC
	7	Wang Zimo	FSS-KT
Heat 7	1	Lo Tsz Hin	HTCSS
	2	Chan Fung Wang	HKTKP
	3	Hou Sheng Wei	ATS
	4	Chau Wing Yiu	CSL
	5	Chen Ching Kai	BTHC
	6	Liang Yui Man	LCD
	7	So Shing Hei Matt	YCKMC-2
Heat 8	1	Chan Ka Wai	NCC
	2	Yip Tin Long	SKWGSS
	3	Lai Lok To	NWCSS
	4	Huang Xi	HTMS-THT
	5	Lee Ka Wai	QC
	6	Cheung Ho Wai	CCSC
	7	Cheung Kin Long	PKSS

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Event 36	Boys C Grade 1500m	3:00pm
	Record : 4:24.54	Standard : 5:58.00

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Heat 1	1	Wong Lung	HTCSS
	2	Lai Chun Yau	SKHKH
	3	Hsien Wai Ting	LWSSS
	4	Mohammad Saif Bin Naseem	CSL
	5	Chan Yu Hei	BTHC
	6	Deng Yujun	HKTKP
	7	Wong Chi Pok	PKSS
	8	Yan, Ho Yin	HKSS
	9	Leung Chun Hin	LCD
	10	Tse Pak Chiu	QC
	11	Xu Zixuan	WTSMC
	12	Yin Chi Long	ATS
	13	Pang Ching Hang	SMS
	14	Lai Zhuoqing	LCMS
	15	Ng Yin Ching	FSS-KT
	16	Zhang Ho Hei	NCC

Heat 2	1	Yeung Yat Ho	WTSMC
	2	Mo Hei Man Hayman	QC
	3	Fang Ziyu	HTMS-THT
	4	Yonghang Samen	DMS-GP
	5	Ng Chun Ho	KTSS
	6	Lo Pak Wing	LCD
	7	Yu Ngai Fung	NWCSS
	8	Wang Ka Hei	BTHC
	9	Yu Wing Lam	WBSS
	10	Wong Tsz Wun	WESLEY
	11	Ma Aiden Wun Hin	DLKP
	12	Leung Tsun Hei	NCC
	13	Keung Ho Cheung Horus	ATS
	14	Chan Man Fung	SKHKH
	15	Cheng Chi Ho	HKTAYY3
	16	Chan Kai Yu	QUALIED

Heat 3	1	Chan Hay Yeung	WESLEY
	2	Zhong Tsz Hei	MDIST
	3	Lam, Pak Yin	HKSS
	4	Chan Ting Hong Travis	DMS-GP
	5	Siu Yat Shing Alvin	SKWGSS
	6	Lee Tin Long Sky	KTSS
	7	Chan Tsz Shun	LWSSS
	8	Yu Hok Chun	NWCSS
	9	Hui Sze Yin	DLKP
	10	Huang Jian Hao	HTMS-THT
	11	Chen Kan Ting	LCMS
	12	Zheng Chin Yik Robin	FSS-KT
	13	Tai Chi Ming	HKTAYY3
	14	Cheuk Chon Hei	QUALIED
	15	Lee Siu Kwan	SMS

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Event 37	Boys B Grade 1500m	3:00pm
	Record : 4:10.65	Standard : 5:40.00

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Heat 1	1	Yuan Jiayi	HTCSS
	2	Wong Kwok Ting	PKSS
	3	Ng Sai Ho	SKHKH
	4	Lin, Kin To	HKSS
	5	Yee Ka Wing	HKTKP
	6	Tsang Yiu Ting	FSS-KT
	7	I-Gede-Surya-Bhattarai	QC
	8	Leung Kai Chi	NWCSS
	9	Leung Ka Ming	HTMS-THT
	10	Liu Sung Yuen	ATS
	11	Lam Leong Hei	WESLEY
	12	Yau Ka Po	LCMS
	13	Lee Chi Chung	WTSMC
	14	Ko Tsz Yiu	CLBSS
	15	Chueng Chi Daniel	KCC
	16	Lai Man Kei	NCC



Heat 2	1	Chung Ho Yin	HTMS-THT
	2	So O Tong Otong	LCMS
	3	Lam Ip Fung	NWCSS
	4	Qiu Pak Cheung	ATS
	5	Leung Ho Sum	CSL
	6	Wong Hoi To Irvin	CWCC
	7	Wong Winfred	DLKP
	8	Lam Lang Kai	HKTKP
	9	Wong Fu Yau	HTCSS
	10	Cheung Ho Ho	NCC
	11	Wai Ka Ming	HKTAYY3
	12	Long Lee Chun	WTSMC
	13	Yu Hong Yin	CLBSS
	14	Nalbo Anmol	DMS-GP
	15	Li Chun Yin	YCKMC-2

Heat 3	1	Yip Ho Him	WESLEY
	2	Lo King Wang	KTSS
	3	Yung Tak Wing	NDC
	4	Chan Hing Ming	LCD
	5	Li Bincheng	TVGSS
	6	Wong Pak Hei	CCSC
	7	Chiu Nam Wing	SKHKH
	8	Lam Chiu Yin	BTHC
	9	Ip Tsz Chung	CSL
	10	Lee Tsz Lok	LWSSS
	11	Volavka Gabriel Finn	YCKMC-2
	12	Chu Wing Cheong	QUALIED
	13	Mok Lai Yuen	SMS
	14	De Guzman Jean Roven Taro	DMS-GP
	15	Huang Ho Yin	PKSS

Heat 4	1	Lai Ching To	FSS-KT
	2	Qiu, Yuen Chun	HKSS
	3	Fan Chun Hei	LWSSS
	4	Gao Wenxuan	QC
	5	Chu Hon Yin	DLKP
	6	Au Shing Hin	NDC
	7	Chan Sze Man	TVGSS
	8	Wong Tsz Ho	SKWGSS
	9	Du Shing Wa	BTHC
	10	Leung Ho Yiu	QUALIED
	11	Justin Yang	KCC
	12	Kwok Chun On	HKTAYY3
	13	Leong Cheuk Nam	SMS
	14	Kwok Pak Ting	LCD
	15	Ma Fung Hong	CWCC

Event 38		Boys A Grade 1500m	3:00pm
		Record : 4:02.02	Standard : 5:30.00
Heat 1	1	Xiao Zishan	LCMS
	2	Chan Tsz Pang	WESLEY
	3	Karunarathna Chirath Jeyden	DMS-GP
	4	Lam Chak Shing	SKHKH
	5	Samsul Ahmed Tanim	HTCSS
	6	You Ming Seng Sunny	HTMS-THT
	7	Wang Kwan	NCC
	8	Ng Ka Lok	PKSS
	9	Yip Hon Kwan	QC
	10	Law Tsz Hin	LCD
	11	Lum Tsz Nok	QUALIED
	12	Wu Jieyu	NWCSS
	13	Cheuk Ching Yiu	HKTAYY3
	14	Tam Yu Hong	TVGSS
	15	Wang Zibin	NDC
	16	Lin Kong Cheong	SKHTKP
	17	Lui Lam Anson	FSS-KT
	18	Wu Ruixin	WBSS
Heat 2	1	Chan Fung Wang	HKTKP
	2	Yi Yunchang	TVGSS
	3	Tsui Ka Shing	BTHC
	4	Wang Jinjie	SKHTKP
	5	Ip Ngai Sing	NCC
	6	Lao Hon Fai	KCC
	7	Leung Kam Yuet	ATS
	8	Khan Aayan	YCKMC-2
	9	Tong Lok Yin	SMS
	10	Zhou Jianhao	LCMS
	11	Kwok Shing Ho Kurtis	CCSC
	12	Wang Junhe	HTMS-THT
	13	Wang Yan Kwai	CSL
	14	Feng Nok Yin	KTSS
	15	Sidhu Pukhraj Singh	HKTAYY3
	16	Luo Kwok Cheung	CWCC
	17	Wu Jiajun	NWCSS
	18	Tam Ka Lok	CLBSS
Heat 3	1	Sit Chin Man	PKSS
	2	Siu Ho Chung	HKTKP
	3	Lee Cheuk Yin	CCSC
	4	Kwok Pan Pan	SKHKH
	5	Lam Hin Wang	ATS
	6	Wong Lok Yin	YCKMC-2
	7	Khan Mohmmad Abrahaem	DMS-GP
	8	Hui Yat Hang	FSS-KT
	9	Lin Chun Lung	WTSMC
	10	Premkumar Vipra Shree	CWCCSS
	11	Wong Chak Lam	WBSS
	12	Wang Yan Hon	CSL
	13	Young Haron Yuk Miu	CWCC
	14	Yu Cheuk Long	SMS
	15	Tsang Chun Hei	QC
	16	Lam See Yee	CLBSS
	17	Kok Chun	SKWGSS
	18	Ou Chung Yin	WESLEY

Event 39		Girls C Grade 4x100m Relay	4:00pm
		Record : 48.41	Standard : 1:05.00
Heat 1	1	NCC	
	2	WESLEY	
	3	KSSS	
	4	YCKMC-2	
	5	SKWGSS	
	6	HKTAYY3	
	7	SWC	
	8	TLGC	
Heat 2	1	BPS	
	2	KTSS	
	3	PTCC	
	4	WTSMC	
	5	BTHC	
	6	MDIST	
	7	SKHKH	
	8	SMS	
Heat 3	1	PBSS	
	2	OLRC	
	3	PKSS	
	4	CCCKT	
	5	LWSSS	
	6	DMS-GP	
	7	MSCHK	
	8	CWCC	
Heat 4	1	LCMS	
	2	TNSS	
	3	CCSC	
	4	LCD	
	5	NDC	
	6	QUALIED	
	7	HTMS-THT	

Event 40		Girls B Grade 4x100m Relay	4:00pm
		Record : 49.44	Standard : 1:03.00
Heat 1	1	LCMS	
	2	QUALIED	
	3	SKWGSS	
	4	CCCKT	
	5	SWC	
	6	NCC	
	7	NDC	
	8	BPS	
Heat 2	1	CCSC	
	2	TLGC	
	3	TNSS	
	4	SKHKH	
	5	MSCHK	
	6	DMS-GP	
	7	CWCC	
	8	PTCC	

Heat 3	1	YCKMC-2
	2	WTSMC
	3	MDIST
	4	OLRC
	5	PKSS
	6	CSL
	7	WESLEY

Heat 4	1	HTCSS
	2	LCD
	3	CWCCSS
	4	HKTAYY3
	5	BTHC
	6	HTMS-THT
	7	KSSS

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Event 41	Girls A Grade 4x100m Relay	4:00pm
	Record : 48.77	Standard : 1:02.00

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Heat 1	1	TNSS
	2	CWCC
	3	YCKMC-2
	4	DMS-GP
	5	KSSS
	6	NCC
	7	SKWGSS
	8	TVGSS

Heat 2	1	SMS
	2	WBSS
	3	MDIST
	4	CSL
	5	LCD
	6	PKSS
	7	CCSC
	8	PBSS

Heat 3	1	HTCSS
	2	BTHC
	3	LCMS
	4	CCCKT
	5	SKHTKP
	6	OLRC
	7	BPS

Heat 4	1	WTSMC
	2	HTMS-THT
	3	WESLEY
	4	TLGC
	5	KCC
	6	PTCC
	7	SKHKH

Event 42	Boys C Grade 4x100m Relay	5:00pm
	Record : 45.05	Standard : 56.50
Heat 1	1	MDIST
	2	LCMS
	3	HKTAYY3
	4	YCKMC-2
	5	SKHTKP
	6	ATS
	7	SKWGSS
	8	QUALIED
Heat 2	1	LWSSS
	2	CWCC
	3	MSCHK
	4	NCC
	5	NWCSS
	6	QC
	7	PKSS
	8	BTHC
Heat 3	1	CCSC
	2	DMS-GP
	3	WTSMC
	4	KTSS
	5	DLKP
	6	SKHKH
	7	FSS-KT
Heat 4	1	HTCSS
	2	HKTKP
	3	CWCCSS
	4	LCD
	5	HTMS-THT
	6	SMS
	7	WESLEY

Event 43	Boys B Grade 4x100m Relay	5:00pm
	Record : 43.01	Standard : 53.00
Heat 1	1	HKTKP
	2	ATS
	3	CWCC
	4	LCMS
	5	SKWGSS
	6	TVGSS
	7	BTHC
	8	WTSMC
Heat 2	1	HTCSS
	2	MSCHK
	3	LCD
	4	WESLEY
	5	NDC
	6	HTMS-THT
	7	KCC
	8	DLKP

Heat 3	1	NCC
	2	SMS
	3	QUALIED
	4	CSL
	5	HKSS
	6	HKTAYY3
	7	MDIST
	8	NWCSS

Heat 4	1	SKHKH
	2	QC
	3	PKSS
	4	YCKMC-2
	5	FSS-KT
	6	DMS-GP
	7	CCSC

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Event 44	Boys A Grade 4x100m Relay	5:00pm
	Record : 42.16	Standard : 51.00

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Heat 1	1	SKHTKP
	2	SKWGSS
	3	DMS-GP
	4	KCC
	5	WESLEY
	6	NWCSS
	7	HKTAYY3
	8	LCMS

Heat 2	1	CCSC
	2	ATS
	3	PKSS
	4	FSS-KT
	5	HTMS-THT
	6	NCC
	7	QC
	8	CWCC

Heat 3	1	YCKMC-2
	2	SMS
	3	SKHKH
	4	BTHC
	5	TVGSS
	6	MSCHK
	7	HKTKP
	8	LCD

Heat 4	1	NDC
	2	CSL
	3	WTSMC
	4	KTSS
	5	MDIST
	6	CWCCSS
	7	QUALIED