

Inter-School Cross Country Championships 2008/2009  
Division Three (Area 3)

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***Officials Report Duty : 9:00am***

<b><i>Grade</i></b>	<b><i>Check In</i></b>	<b><i>Briefing</i></b>	<b><i>Starting Time</i></b>
Girls C	9:00am	9:40am	10:00am
Girls B	9:15am	10:00am	10:25am
Girls A	9:45am	10:30am	10:50am
Boys C	10:00am	10:40am	11:15am
Boys B	10:40am	11:20am	11:40am
Boys A	11:05am	11:50am	12:10pm

**Time Limit**

Boys A Grade : 34 minutes  
Boys B Grade : 35 minutes  
Boys C Grade : 24 minutes  
Girls A Grade : 28 minutes  
Girls B Grade : 28 minutes  
Girls C Grade : 28 minutes