

# THE HONG KONG SCHOOLS SPORTS FEDERATION

Hong Kong Island and Kowloon Secondary Schools Regional Committee

Inter-School Cross-Country Competition 2022-2023

Division Two

## *Boy's Team Overall Results*

<i>Position</i>	<i>School</i>	<i>學校</i>	<i>Abbreviation</i>	<i>BA</i>	<i>BB</i>	<i>BC</i>	<i>Team Point</i>
1	Yu Chun Keung Memorial College	余振強紀念中學	YCKMC	18	10	3	31
2	CMA Secondary School	廠商會中學	CMASS	12	18	0	30
3	Chong Gene Hang College	張振興伉儷書院	CGHC	14	8	6	28
4	Bishop Hall Jubilee School	何明華會督銀禧中學	BHJS	10	14	2	26
5	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HPCCSS	1	12	12	25
6	St. Joseph's College	聖若瑟書院	SJC	8	4	8	20
7	Chinese International School	漢基國際學校	CIS	0	0	18	18
8	St. Stephen's College	聖士提反書院	SSCS	0	0	14	14
9	St. Louis School	聖類斯中學	SLS	2	0	10	12
10	Kwun Tong Maryknoll College	觀塘瑪利諾書院	KTMC	6	3	0	9
10	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	HTMS-THT	3	6	0	9
12	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	CSK	4	1	0	5
13	HKUGA College	港大同學會書院	HKUGA	0	0	4	4
14	TWGHs Wong Fut Nam College	東華三院黃笏南中學	WFN	0	2	1	3
15	The YWCA Hioe Tjo Yoeng College	基督教女青年會丘佐榮中學	HTYC	0	0	0	0

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## *Girl's Team Overall Results*

<i>Position</i>	<i>School</i>	<i>學校</i>	<i>Abbreviation</i>	<i>GA</i>	<i>GB</i>	<i>GC</i>	<i>Team Point</i>
1	St. Stephen's Girls' College	聖士提反女子中學	SSGC	12	18	14	44
2	St. Stephen's College	聖士提反書院	SSCS	18	14	4	36
3	Marymount Secondary School	瑪利曼中學	MSS	8	8	10	26
4	HKUGA College	港大同學會書院	HKUGA	1	6	18	25
5	Queen Elizabeth School	伊利沙伯中學	QES	10	1	6	17
6	Pooi To Middle School	香港培道中學	PTMS	4	4	8	16
7	Maryknoll Convent School	瑪利諾修院學校(中學部)	MCS	0	3	12	15
8	Hon Wah College	漢華中學	HW	14	0	0	14
9	Holy Trinity College	寶血會上智英文書院	HTC	3	10	0	13
10	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	PLKNPL	0	12	0	12
11	St. Clare's Girls' School	聖嘉勒女書院	SCGS	6	0	3	9
12	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	CYT	2	2	0	4
13	Sacred Heart Canossian College	嘉諾撒聖心書院	SHCC	0	0	0	0

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Division Two

Category	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Point G3	Time G1	Time G2	Time G3	Time Finish	Remark	Division	Category	School
1	Boys A Grade	CMASS	6013	Shah Zeeshan	陳明輝	00:22:47.996	00:11:43.746	00:11:43.746	00:19:12.684	12:40:59.929	12:40:59.929	12:48:28.868	12:52:04.179		D2	BA	CMA Secondary School
2	Boys A Grade	YCKMC	6057	Shu Hung Cheung	徐瑞璋	00:22:51.200	00:11:43.427	00:11:43.427	00:19:13.949	12:40:59.610	12:40:59.610	12:48:30.133	12:52:07.383		D2	BA	Yu Chun Keung Memorial College
3	Boys A Grade	CGHC	6005	Gursewak Sarao	高健	00:23:09.230	00:11:43.952	00:11:43.952	00:19:27.214	12:41:00.135	12:41:00.135	12:48:43.397	12:52:25.413		D2	BA	Chona Gene Hang College
4	Boys A Grade	YCKMC	6058	Tung Fu Shing	張富盛	00:23:53.386	00:12:06.234	00:12:06.234	00:20:00.276	12:41:22.418	12:41:22.418	12:49:16.459	12:53:09.569		D2	BA	Yu Chun Keung Memorial College
5	Boys A Grade	SLS	6048	Cheung Yu Curtis	張羽	00:24:25.267	00:11:48.404	00:11:48.404	00:20:03.159	12:41:04.588	12:41:04.588	12:49:19.342	12:53:41.450		D2	BA	St. Louis School
6	Boys A Grade	KTMC	6037	Law Hoi Kwong	羅凱光	00:24:37.859	00:12:29.411	00:12:29.411	00:20:44.811	12:41:45.594	12:41:45.594	12:50:00.995	12:53:54.042		D2	BA	Kwun Tong Maryknoll College
7	Boys A Grade	CGHC	6006	Lau Ho Yin	劉皓賢	00:24:42.915	00:12:13.963	00:12:13.963	00:20:43.879	12:41:30.147	12:41:30.147	12:50:00.063	12:53:59.098		D2	BA	Chong Gene Hang College
8	Boys A Grade	CMASS	6016	Li Yik Shing	李易誠	00:25:20.470	00:12:33.729	00:12:33.729	00:21:10.851	12:41:49.912	12:41:49.912	12:50:27.034	12:54:36.653		D2	BA	CMA Secondary School
9	Boys A Grade	BHJS	6001	Yip Ka Ho	葉家濠	00:25:27.537	00:12:28.640	00:12:28.640	00:21:19.012	12:41:44.823	12:41:44.823	12:50:35.195	12:54:43.720		D2	BA	Bishop Hall Jubilee School
10	Boys A Grade	CSK	6017	Suen Shuk Neai	孫淑潔	00:25:54.274	00:12:37.516	00:12:37.516	00:21:30.765	12:41:53.699	12:41:53.699	12:50:46.948	12:55:10.457		D2	BA	Chan Sui Ki (La Salle) College
11	Boys A Grade	HTMS-THT	6031	Wang Junhe	王駿禾	00:26:07.661	00:12:46.694	00:12:46.694	00:21:45.449	12:42:02.877	12:42:02.877	12:51:01.632	12:55:23.844		D2	BA	Heung To Middle School (Tai Hana Tung)
12	Boys A Grade	HTMS-THT	6029	Lyu Zhuowen	呂卓文	00:26:10.187	00:12:45.481	00:12:45.481	00:21:45.036	12:42:01.664	12:42:01.664	12:51:01.219	12:55:26.370		D2	BA	Heung To Middle School (Tai Hana Tung)
13	Boys A Grade	SJC	6043	FUNG HO CHUN		00:26:16.746	00:13:01.900	00:13:01.900	00:22:08.778	12:42:18.083	12:42:18.083	12:51:24.962	12:55:32.930		D2	BA	St. Joseph's College
14	Boys A Grade	CSK	6020	Liu Cheuk Hin	劉卓軒	00:26:47.333	00:13:37.491	00:13:37.491	00:22:36.304	12:42:53.675	12:42:53.675	12:51:52.487	12:56:03.516		D2	BA	Chan Sui Ki (La Salle) College
15	Boys A Grade	SJC	6041	YEUNG PUN YIN		00:27:18.328	00:12:45.565	00:12:45.565	00:22:39.042	12:42:01.748	12:42:01.748	12:51:55.225	12:56:34.511		D2	BA	St. Joseph's College
16	Boys A Grade	BHJS	6004	Chan Ka Tung	陳家棟	00:27:33.893	00:13:15.514	00:13:15.514	00:22:53.687	12:42:31.698	12:42:31.698	12:52:09.870	12:56:50.076		D2	BA	Bishop Hall Jubilee School
17	Boys A Grade	HTYC	6034	Kong King Yu	孔敬瑜	00:27:42.070	00:13:47.771	00:13:47.771	00:23:22.209	12:43:03.954	12:43:03.954	12:53:38.393	12:58:58.254		D2	BA	The YWCA Hioe Tio Yoeng College
18	Boys A Grade	CIS	6012	NICHOLAS JOSEPE		00:27:48.733	00:13:47.830	00:13:47.830	00:23:21.524	12:43:04.013	12:43:04.013	12:52:37.708	12:57:04.917		D2	BA	Chinese International School
19	Boys A Grade	WFN	6055	Chan Kwun Yiu Mathew	陳鈞堯	00:27:54.080	00:13:55.369	00:13:55.369	00:23:26.891	12:43:11.552	12:43:11.552	12:52:43.075	12:57:10.264		D2	BA	TWGHs Wong Fut Nam College
20	Boys A Grade	YCKMC	6059	Chor Wai Pang	左偉鵬	00:28:04.555	00:13:22.977	00:13:22.977	00:23:29.298	12:42:39.161	12:42:39.161	12:52:45.482	12:57:20.739		D2	BA	Yu Chun Keung Memorial College
21	Boys A Grade	KTMC	6038	Wong Tsz Ho	黃子浩	00:28:10.882	00:13:50.645	00:13:50.645	00:23:37.768	12:43:06.828	12:43:06.828	12:52:53.952	12:57:26.265		D2	BA	Kwun Tong Maryknoll College
22	Boys A Grade	YCKMC	6060	Chen Shun Tin	陳信典	00:28:18.498	00:13:46.963	00:13:46.963	00:23:50.134	12:43:03.146	12:43:03.146	12:53:06.317	12:57:26.681		D2	BA	Yu Chun Keung Memorial College
23	Boys A Grade	SJC	6044	Saïhan Ravn	漢禮仁	00:28:18.909	00:13:38.101	00:13:38.101	00:23:42.712	12:42:54.285	12:42:54.285	12:52:58.896	12:57:35.092		D2	BA	St. Joseph's College
24	Boys A Grade	HPCCSS	6026	So Chun Nee	蘇俊雅	00:28:19.859	00:13:41.388	00:13:41.388	00:23:40.253	12:42:57.571	12:42:57.571	12:52:56.437	12:57:36.042		D2	BA	Hoi Ping Chamber of Commerce Secondary School
25	Boys A Grade	BHJS	6002	Li Yik Chun Edgar	李奕騫	00:28:24.869	00:14:07.724	00:14:07.724	00:23:49.486	12:43:23.907	12:43:23.907	12:53:05.669	12:57:41.052		D2	BA	Bishop Hall Jubilee School
26	Boys A Grade	CGHC	6007	Liang Ngai Tung	梁羿童	00:28:26.365	00:13:35.018	00:13:35.018	00:23:51.865	12:42:51.202	12:42:51.202	12:53:08.048	12:57:42.548		D2	BA	Chong Gene Hang College
27	Boys A Grade	SSCS	6052	LEUNG HO YIN		00:28:32.368	00:13:20.618	00:13:20.618	00:23:30.414	12:42:36.802	12:42:36.802	12:52:46.598	12:57:48.551		D2	BA	St. Stephen's College
28	Boys A Grade	SLS	6046	Lam Him	林謙	00:28:33.750	00:13:42.393	00:13:42.393	00:23:49.743	12:42:58.576	12:42:58.576	12:52:50.926	12:57:49.933		D2	BA	St. Louis School
29	Boys A Grade	WFN	6053	Kwok Hin Chung	郭獻謙	00:28:53.440	00:14:03.596	00:14:03.596	00:24:17.707	12:43:19.779	12:43:19.779	12:53:33.890	12:58:09.623		D2	BA	TWGHs Wong Fut Nam College
30	Boys A Grade	CIS	6009	Daniel Yang	鄧潤坤	00:29:04.983	00:13:42.206	00:13:42.206	00:23:49.567	12:42:58.389	12:42:58.389	12:53:05.750	12:58:21.167		D2	BA	Chinese International School
31	Boys A Grade	CMASS	6014	Lam Chin Choi	林展才	00:29:08.268	00:13:58.412	00:13:58.412	00:24:29.848	12:43:14.595	12:43:14.595	12:53:46.031	12:58:24.452		D2	BA	CMA Secondary School
32	Boys A Grade	CGHC	6008	Lin Ka Lok	林家樂	00:29:12.368	00:14:07.947	00:14:07.947	00:24:19.904	12:43:24.130	12:43:24.130	12:53:36.087	12:58:28.552		D2	BA	Chong Gene Hang College
33	Boys A Grade	HPCCSS	6027	Cheung Ki Wan	張棋雲	00:29:25.038	00:14:19.236	00:14:19.236	00:24:32.534	12:43:35.419	12:43:35.419	12:53:48.717	12:58:41.222		D2	BA	Hoi Ping Chamber of Commerce Secondary School
34	Boys A Grade	KTMC	6039	Chang Cho Pak	張祖柏	00:29:59.330	00:13:56.405	00:13:56.405	00:24:58.951	12:43:12.588	12:43:12.588	12:54:15.135	12:59:15.513		D2	BA	Kwun Tong Maryknoll College
35	Boys A Grade	HPCCSS	6028	Chok Yik Ming	周錫銘	00:30:07.621	00:14:22.919	00:14:22.919	00:24:58.569	12:43:39.102	12:43:39.102	12:54:14.753	12:59:23.804		D2	BA	Hoi Ping Chamber of Commerce Secondary School
36	Boys A Grade	BHJS	6003	LAM HEI YIN		00:30:11.654	00:14:23.714	00:14:23.714	00:25:38.434	12:43:39.897	12:43:39.897	12:54:54.617	12:59:27.837		D2	BA	Bishop Hall Jubilee School
37	Boys A Grade	SSCS	6050	Ho Ivan Bellagio Yui	何睿	00:30:16.732	00:14:14.992	00:14:14.992	00:25:14.470	12:43:31.175	12:43:31.175	12:54:30.653	12:59:32.915		D2	BA	St. Stephen's College
38	Boys A Grade	HTMS-THT	6030	Tse Sheung Kuen	謝湘權	00:30:17.219	00:15:04.852	00:15:04.852	00:25:09.468	12:44:21.036	12:44:21.036	12:54:25.652	12:59:33.402		D2	BA	Heung To Middle School (Tai Hana Tung)
39	Boys A Grade	SLS	6045	Ng Alvin	吳卓謙	00:30:21.160	00:14:59.503	00:14:59.503	00:25:29.190	12:44:15.687	12:44:15.687	12:54:45.373	12:59:37.343		D2	BA	St. Louis School
40	Boys A Grade	SSCS	6051	Ng Yui Chung Joseph	伍春廷	00:30:23.123	00:15:06.374	00:15:06.374	00:25:38.786	12:44:22.558	12:44:22.558	12:54:54.969	12:59:39.306		D2	BA	St. Stephen's College
41	Boys A Grade	HPCCSS	6025	Tse Hou Ting	謝昊廷	00:30:35.105	00:14:10.935	00:14:10.935	00:25:37.019	12:43:27.118	12:43:27.118	12:54:53.202	12:59:51.289		D2	BA	Hoi Ping Chamber of Commerce Secondary School
42	Boys A Grade	CSK	6019	FAN Tsz YEUNG		00:30:36.784	00:14:02.971	00:14:02.971	00:25:00.450	12:43:19.154	12:43:19.154	12:54:16.634	12:59:52.968		D2	BA	Chan Sui Ki (La Salle) College
43	Boys A Grade	CMASS	6015	Li Chak Ho	李澤豪	00:30:41.390	00:14:08.400	00:14:08.400	00:25:44.200	12:43:24.583	12:43:24.583	12:55:00.383	12:59:57.574		D2	BA	CMA Secondary School
44	Boys A Grade	CSK	6018	Yip Lai To	葉澤滔	00:31:05.513	00:15:10.965	00:15:10.965	00:26:17.762	12:44:27.148	12:44:27.148	12:55:35.946	13:00:21.696		D2	BA	Chan Sui Ki (La Salle) College
45	Boys A Grade	SSCS	6049	LEUNG TTIG FUI		00:31:20.511	00:14:33.005	00:14:33.005	00:25:55.481	12:43:49.188	12:43:49.188	12:55:11.664	13:00:36.694		D2	BA	St. Stephen's College
46	Boys A Grade	SJC	6042	Yeung Tin Yuen	楊天元	00:31:32.897	00:14:28.135	00:14:28.135	00:26:32.985	12:43:44.318	12:43:44.318	12:55:49.169	13:00:49.080		D2	BA	St. Joseph's College
47	Boys A Grade	KTMC	6040	Ko Ho Hei Jose	高浩羲	00:31:41.170	00:15:27.633	00:15:27.633	00:26:35.988	12:44:43.816	12:44:43.816	12:55:52.172	13:00:57.353		D2	BA	Kwun Tong Maryknoll College
48	Boys A Grade	HKUGA	6022	Leung Pui Lok	梁沛樂	00:31:47.957	00:14:33.158	00:14:33.158	00:26:04.924	12:43:49.341	12:43:49.341	12:55:21.107	13:01:04.140		D2	BA	HKUGA College
49	Boys A Grade	HTYC	6033	Chan Nok Fung Matthew	陳諾豐	00:32:13.036	00:15:33.306	00:15:33.306	00:26:50.900	12:44:49.489	12:44:49.489	12:56:07.083	13:01:29.220		D2	BA	The YWCA Hioe Tio Yoeng College
50	Boys A Grade	HKUGA	6021	Leung Chun Kiu	梁澤翹	00:32:19.887	00:15:54.166	00:15:54.166	00:27:16.761	12:45:10.349	12:45:10.349	12:56:32.944	13:01:35.271		D2	BA	HKUGA College
51	Boys A Grade	HTYC	6035	Fang Zhengzheng	方正正	00:32:31.112	00:15:47.733	00:15:47.733	00:27:17.545	12:45:03.916	12:45:03.916	12:56:33.728	13:01:47.295		D2	BA	The YWCA Hioe Tio Yoeng College
52	Boys A Grade	WFN	6054	MA ANGUS HO LAM		00:32:39.844	00:14:43.119	00:14:43.119	00:27:13.564	12:45:59.303	12:45:59.303	12:56:29.747	13:01:56.027		D2	BA	TWGHs Wong Fut Nam College
53	Boys A Grade	HTYC	6036	Chung Cheuk Him Elvis	鍾卓謙	00:32:40.493	00:14:34.274	00:14:34.274	00:26:43.566	12:43:50.457	12:43:50.457	12:55:59.749	13:01:56.676		D2	BA	The YWCA Hioe Tio Yoeng College
54	Boys A Grade	CIS	6010	ALEXANDEL CHI KUI AENOLO		00:33:28.476	00:16:15.196	00:16:15.196	00:28:09.222	12:45:31.380	12:45:31.380	12:57:25.405	13:02:44.660		D2	BA	Chinese International School
55	Boys A Grade	CIS	6011	Tvler Douglas Fang	方義鈞	00:34:16.226	00:16:26.439	00:16:26.439	00:29:00.715	12:45:42.623	12:45:42.623	12:58:16.898	13:03:32.409		D2	BA	Chinese International School
56	Boys A Grade	HTMS-THT	6032	Chan Cheuk Hei	陳卓希	00:34:32.419	00:16:12.770	00:16:12.770	00:29:29.010	12:45:28.954							

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Category Position	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Point G3	Time G1	Time G2	Time G3	Time Finish	Remark	Division	Category	School
1	Boys B Grade	HPCSS	5025	Ma Shek Chung	馬碩聰	00:25:23.972	00:12:32.643	00:12:32.643	00:21:17.031	12:41:48.826	12:41:48.826	12:50:33.214	12:54:40.155		D2	BB	Hoi Ping Chamber of Commerce Secondary School
2	Boys B Grade	CGHC	5005	Wang Junhui	王俊輝	00:25:52.676	00:12:44.740	00:12:44.740	00:21:29.521	12:42:00.923	12:42:00.923	12:50:45.704	12:55:08.859		D2	BB	Chong Gene Hang College
3	Boys B Grade	HTMS-THT	5029	Chung Ho Yin	鍾皓賢	00:26:15.552	00:13:00.095	00:13:00.095	00:22:01.345	12:42:16.278	12:42:16.278	12:51:17.529	12:55:31.736		D2	BB	Heung To Middle School (Tai Hang Tung)
4	Boys B Grade	BHJS	5004	Jim Ho Kiu	詹皓喬	00:26:23.964	00:13:22.640	00:13:22.640	00:22:07.031	12:42:38.824	12:42:38.824	12:51:23.215	12:55:40.148		D2	BB	Bishop Hall Jubilee School
5	Boys B Grade	CGHC	5008	Tsang Matthew Wing Lok	曾榮樂	00:26:28.368	00:13:19.280	00:13:19.280	00:22:08.270	12:42:35.464	12:42:35.464	12:51:24.454	12:55:44.552		D2	BB	Chong Gene Hang College
6	Boys B Grade	CMASS	5014	Koo Chun	顧晉	00:26:41.683	00:13:36.895	00:13:36.895	00:22:31.392	12:42:53.079	12:42:53.079	12:51:47.575	12:55:57.866		D2	BB	CMA Secondary School
7	Boys B Grade	YCKMC	5057	Chan Matthew	陳杰鋒	00:26:42.918	00:13:24.324	00:13:24.324	00:22:31.446	12:42:40.508	12:42:40.508	12:51:47.629	12:55:59.101		D2	BB	Yu Chun Keung Memorial College
8	Boys B Grade	HPCSS	5026	Cheng Ho Lam	鄭浩林	00:26:53.231	00:13:18.954	00:13:18.954	00:22:32.492	12:42:35.138	12:42:35.138	12:51:48.675	12:56:09.414		D2	BB	Hoi Ping Chamber of Commerce Secondary School
9	Boys B Grade	CMASS	5013	Yang Ho Vincent	楊皓	00:26:57.574	00:13:36.037	00:13:36.037	00:22:34.695	12:42:52.221	12:42:52.221	12:51:50.878	12:56:13.757		D2	BB	CMA Secondary School
10	Boys B Grade	YCKMC	5058	Chen Yik Fan	陳奕帆	00:26:59.986	00:13:23.218	00:13:23.218	00:22:36.579	12:42:39.402	12:42:39.402	12:51:52.762	12:56:16.169		D2	BB	Yu Chun Keung Memorial College
11	Boys B Grade	BHJS	5002	BOK CHAK LAM	博傑	00:27:38.494	00:13:26.952	00:13:26.952	00:23:08.252	12:42:43.136	12:42:43.136	12:52:24.435	12:56:54.678		D2	BB	Bishop Hall Jubilee School
12	Boys B Grade	CSK	5020	Choi King Heng	蔡敬行	00:27:38.909	00:13:39.969	00:13:39.969	00:23:11.238	12:42:56.153	12:42:56.153	12:52:27.421	12:56:55.093		D2	BB	Chan Sui Ki (La Salle) College
13	Boys B Grade	CMASS	5016	Chan King Nam	陳敬楠	00:27:42.029	00:13:42.659	00:13:42.659	00:23:12.587	12:42:58.842	12:42:58.842	12:52:28.770	12:56:58.213		D2	BB	CMA Secondary School
14	Boys B Grade	BHJS	5001	Chan Chun Tat	陳俊達	00:28:26.201	00:13:45.388	00:13:45.388	00:23:32.059	12:43:01.571	12:43:01.571	12:52:48.243	12:57:42.384		D2	BB	Bishop Hall Jubilee School
15	Boys B Grade	HPCSS	5027	Chow Man Wei	周文希	00:28:30.447	00:13:53.438	00:13:53.438	00:23:56.025	12:43:09.621	12:43:09.621	12:53:12.208	12:57:46.630		D2	BB	Hoi Ping Chamber of Commerce Secondary School
16	Boys B Grade	SJC	5041	CHEUNG HAI TO	黃海滔	00:28:39.434	00:14:01.991	00:14:01.991	00:23:53.000	12:43:18.174	12:43:18.174	12:53:09.183	12:57:55.617		D2	BB	St. Joseph's College
17	Boys B Grade	KTMC	5037	Lai Chin Lone	賴展朗	00:28:43.184	00:14:10.811	00:14:10.811	00:24:10.244	12:43:26.994	12:43:26.994	12:53:26.427	12:57:59.367		D2	BB	Kwun Tong Marvknoll College
18	Boys B Grade	CMASS	5015	Yeung Kit Chuen	楊杰全	00:28:44.240	00:14:42.893	00:14:42.893	00:24:25.189	12:43:59.077	12:43:59.077	12:53:41.372	12:58:00.423		D2	BB	CMA Secondary School
19	Boys B Grade	SJC	5044	Lu Ho Sun	呂昊森	00:28:58.784	00:13:57.449	00:13:57.449	00:24:16.626	12:43:13.632	12:43:13.632	12:53:32.809	12:58:14.967		D2	BB	St. Joseph's College
20	Boys B Grade	WFN	5054	Lau Chi Hong	劉志杭	00:29:06.587	00:13:49.993	00:13:49.993	00:24:09.301	12:43:06.176	12:43:06.176	12:53:25.484	12:58:22.771		D2	BB	TWGHs Wong Fut Nam College
21	Boys B Grade	HKUGA	5024	Leung Tsz Wo	梁子和	00:29:12.235	00:12:32.409	00:12:32.409	00:22:33.243	12:41:48.592	12:41:48.592	12:51:49.426	12:58:28.419		D2	BB	HKUGA College
22	Boys B Grade	HTMS-THT	5031	Zhons Zhiie	鍾志傑	00:29:16.956	00:14:12.646	00:14:12.646	00:24:27.326	12:43:28.829	12:43:28.829	12:53:43.509	12:58:33.140		D2	BB	Heung To Middle School (Tai Hang Tung)
23	Boys B Grade	BHJS	5003	Poon Yuet Man Matthew	潘銳汶	00:29:19.503	00:14:16.584	00:14:16.584	00:24:25.257	12:43:32.767	12:43:32.767	12:53:41.440	12:58:35.687		D2	BB	Bishop Hall Jubilee School
24	Boys B Grade	YCKMC	5059	IP GUANG HONG	葉廣榮	00:29:35.600	00:14:10.333	00:14:10.333	00:24:37.778	12:43:26.516	12:43:26.516	12:53:53.961	12:58:51.783		D2	BB	Yu Chun Keung Memorial College
25	Boys B Grade	KTMC	5038	LI MING KIN	李銘堅	00:29:37.865	00:14:13.111	00:14:13.111	00:25:02.023	12:43:29.294	12:43:29.294	12:53:18.207	12:58:54.048		D2	BB	Kwun Tong Maryknoll College
26	Boys B Grade	HTYC	5034	Yeung Lok Ting	楊樂霆	00:29:38.562	00:13:47.500	00:13:47.500	00:23:42.532	12:43:03.683	12:43:03.683	12:52:58.716	12:58:54.745		D2	BB	The YWCA Hioe T'io Yoeng College
27	Boys B Grade	CIS	5011	Jaemin Benjamin Choi	崔宰	00:29:41.841	00:13:51.044	00:13:51.044	00:24:31.059	12:43:07.227	12:43:07.227	12:53:47.242	12:58:58.024		D2	BB	Chinese International School
28	Boys B Grade	HKUGA	5023	Yan Jayden	嚴韋麟	00:29:53.365	00:14:36.955	00:14:36.955	00:25:06.136	12:43:53.138	12:43:53.138	12:54:22.320	12:59:09.548		D2	BB	HKUGA College
29	Boys B Grade	WFN	5053	Ng Cyrus	吳浩藍	00:29:54.838	00:15:01.515	00:15:01.515	00:25:14.939	12:44:17.699	12:44:17.699	12:54:31.122	12:59:11.021		D2	BB	TWGHs Wong Fut Nam College
30	Boys B Grade	CIS	5010	Owen Lo	呂浩泓	00:30:16.472	00:13:54.433	00:13:54.433	00:25:11.389	12:43:10.616	12:43:10.616	12:54:27.573	12:59:32.655		D2	BB	Chinese International School
31	Boys B Grade	HTMS-THT	5032	Leung Ka Ming	梁嘉銘	00:30:27.102	00:15:07.937	00:15:07.937	00:25:24.160	12:44:24.120	12:44:24.120	12:54:40.343	12:59:43.285		D2	BB	Heung To Middle School (Tai Hang Tung)
32	Boys B Grade	SJC	5042	Siu Ching	蕭政	00:30:39.240	00:14:27.931	00:14:27.931	00:25:37.375	12:43:44.114	12:43:44.114	12:54:53.558	12:59:55.424		D2	BB	St. Joseph's College
33	Boys B Grade	HTYC	5035	CHEUNG NGO PAT	鄭國平	00:30:49.469	00:14:53.402	00:14:53.402	00:25:17.664	12:44:09.586	12:44:09.586	12:54:33.847	13:00:05.653		D2	BB	The YWCA Hioe T'io Yoeng College
34	Boys B Grade	CGHC	5006	TONG TSUN MING	鄧駿榮	00:30:49.508	00:14:58.984	00:14:58.984	00:25:44.037	12:44:15.168	12:44:15.168	12:55:00.220	13:00:05.692		D2	BB	Chong Gene Hang College
35	Boys B Grade	CSK	5019	Tam Chun Yuen	譚峻濤	00:31:09.669	00:14:56.138	00:14:56.138	00:25:52.886	12:44:12.322	12:44:12.322	12:55:09.069	13:00:25.852		D2	BB	Chan Sui Ki (La Salle) College
36	Boys B Grade	SLS	5046	Lam Pak Hei	林柏羲	00:31:11.645	00:14:35.281	00:14:35.281	00:25:53.791	12:43:51.464	12:43:51.464	12:55:09.974	13:00:27.828		D2	BB	St. Louis School
37	Boys B Grade	YCKMC	5060	Wong Sze Lok Justice	黃思樂	00:31:23.505	00:15:17.279	00:15:17.279	00:26:14.433	12:44:33.462	12:44:33.462	12:55:30.617	13:00:39.688		D2	BB	Yu Chun Keung Memorial College
38	Boys B Grade	CIS	5012	Moses Sik Ki Lau	柳錫奇	00:31:35.077	00:13:48.974	00:13:48.974	00:25:58.959	12:43:05.157	12:43:05.157	12:55:15.142	13:00:51.260		D2	BB	Chinese International School
39	Boys B Grade	KTMC	5040	Cheng Pak Wing	張柏榮	00:32:02.923	00:15:02.962	00:15:02.962	00:26:57.458	12:44:19.146	12:44:19.146	12:56:13.641	13:01:19.107		D2	BB	Kwun Tong Maryknoll College
40	Boys B Grade	HTMS-THT	5030	Li Man Hin	李文軒	00:32:07.997	00:13:49.010	00:13:49.010	00:27:03.162	12:43:05.193	12:43:05.193	12:56:19.345	13:01:24.181		D2	BB	Heung To Middle School (Tai Hang Tung)
41	Boys B Grade	CGHC	5007	LEE MAN SHEK	李曼雪	00:32:19.047	00:15:25.409	00:15:25.409	00:27:19.493	12:44:41.592	12:44:41.592	12:56:35.676	13:01:35.231		D2	BB	Chong Gene Hang College
42	Boys B Grade	CSK	5018	Cheung Ting Ho	張庭浩	00:32:37.923	00:15:32.676	00:15:32.676	00:27:10.940	12:44:48.859	12:44:48.859	12:56:27.123	13:01:54.106		D2	BB	Chan Sui Ki (La Salle) College
43	Boys B Grade	WFN	5055	Cheung Yu Hei	張譽曦	00:32:38.093	00:15:36.590	00:15:36.590	00:27:13.777	12:44:52.773	12:44:52.773	12:56:29.960	13:01:54.276		D2	BB	TWGHs Wong Fut Nam College
44	Boys B Grade	SLS	5045	Ng Tsz Yeung	吳梓揚	00:32:41.616	00:15:35.495	00:15:35.495	00:27:31.038	12:44:51.678	12:44:51.678	12:56:47.221	13:01:57.799		D2	BB	St. Louis School
45	Boys B Grade	SJC	5043	CHAN KWAN YU	陳冠權	00:32:46.781	00:15:37.458	00:15:37.458	00:27:32.676	12:44:53.641	12:44:53.641	12:56:48.859	13:02:02.964		D2	BB	St. Joseph's College
46	Boys B Grade	HTYC	5036	Yap Ho Yin	葉浩然	00:32:56.152	00:15:16.715	00:15:16.715	00:27:39.533	12:44:32.898	12:44:32.898	12:56:55.717	13:02:12.335		D2	BB	The YWCA Hioe T'io Yoeng College
47	Boys B Grade	KTMC	5039	Hung Ho Ka	黃皓嘉	00:33:11.305	00:14:21.011	00:14:21.011	00:27:24.522	12:43:37.194	12:43:37.194	12:56:40.705	13:02:27.488		D2	BB	Kwun Tong Maryknoll College
48	Boys B Grade	HKUGA	5022	HUNG LOK LAM	黃皓嘉	00:33:23.324	00:15:50.706	00:15:50.706	00:27:47.613	12:45:06.889	12:45:06.889	12:57:03.797	13:02:39.508		D2	BB	HKUGA College
49	Boys B Grade	HKUGA	5021	Chow Chun Neo	周焜傲	00:33:32.014	00:16:09.186	00:16:09.186	00:27:46.490	12:45:25.370	12:45:25.370	12:57:02.674	13:02:48.198		D2	BB	HKUGA College
50	Boys B Grade	HPCSS	5028	Chau Ching Sum	卓政榮	00:34:02.757	00:14:56.532	00:14:56.532	00:28:12.492	12:44:12.716	12:44:12.716	12:57:28.675	13:03:18.940		D2	BB	Hoi Ping Chamber of Commerce Secondary School
51	Boys B Grade	WFN	5056	Chan Lap Wing	陳立榮	00:34:16.736	00:16:23.519	00:16:23.519	00:28:41.705	12:45:39.703	12:45:39.703	12:57:57.888	13:03:32.919		D2	BB	TWGHs Wong Fut Nam College
52	Boys B Grade	SLS	5048	Chung Ting Man	鍾鼎文	00:34:35.103	00:15:52.388	00:15:52.388	00:28:40.777	12:45:08.571	12:45:08.571	12:57:56.960	13:03:51.286		D2	BB	St. Louis School
53	Boys B Grade	CIS	5009	Edison Huang	黃富鴻	00:34:42.283	00:16:26.924	00:16:26.924	00:29:13.728	12:45:43.108	12:45:43.108	12:58:29.912	13:03:58.466		D2	BB	Chinese International School
54	Boys B Grade	HTYC	5033	Leung No Wai	梁諾維	00:34:42.301	00:16:34.840	00:16:34.840	00:29:23.182	12:45:51.023	12:45:51.023	12:58:39.366	13:03:58.484		D2	BB	The YWCA Hioe T'io Yoeng College
55	Boys B Grade	SLS	5047	Leung Siu Hang	梁兆鏗	00:36:01.360	00:17:13.646	00:17:13.646	00:29:52.929	12:46:29.829	12:46:29.829	12:59:09.112	13:05:17.543		D2	BB	St. Louis School
56	Boys B Grade	CSK	5017	LEE CHUN HEI	李俊輝	00:36:45.821											

**THE HONG KONG SCHOOLS SPORTS FEDERATION**  
**Hong Kong Island and Kowloon Secondary Schools Regional Committee**  
**Inter-School Cross-Country Competition 2022-2023**  
**Division Two**

Category Position	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category	School
1	Boys C Grade	SLS	4045	Lee Caleb	李日橋	00:16:24.207	00:12:19.817	00:12:19.817	12:14:57.502	12:14:57.502	12:19:01.893		D2	BC	St. Louis School
2	Boys C Grade	SSCS	4049	Wong Long Yiu Lester	黃朗堯	00:16:46.045	00:12:40.599	00:12:40.599	12:15:18.285	12:15:18.285	12:19:23.730		D2	BC	St. Stephen's College
3	Boys C Grade	SJC	4041	Fong Tsz Long Jose	方梓朗	00:16:55.673	00:12:52.176	00:12:52.176	12:15:29.862	12:15:29.862	12:19:33.359		D2	BC	St. Joseph's College
4	Boys C Grade	CGHC	4005	Chu Pak Yin	朱栢言	00:16:55.805	00:12:51.777	00:12:51.777	12:15:29.463	12:15:29.463	12:19:33.491		D2	BC	Chong Gene Hang College
5	Boys C Grade	CIS	4010	Henry Schilmann Russell	-	00:17:04.957	00:12:51.224	00:12:51.224	12:15:28.910	12:15:28.910	12:19:42.643		D2	BC	Chinese International School
6	Boys C Grade	HPCCSS	4026	Chan Chik Hung	陳植洪	00:17:15.534	00:12:56.957	00:12:56.957	12:15:34.643	12:15:34.643	12:19:53.220		D2	BC	Hoi Ping Chamber of Commerce Secondary School
7	Boys C Grade	SSCS	4051	Tam Yuk Hon	談旭翰	00:17:18.659	00:12:53.098	00:12:53.098	12:15:30.784	12:15:30.784	12:19:56.345		D2	BC	St. Stephen's College
8	Boys C Grade	HPCCSS	4025	Han Tsun Kwong	幸凌光	00:17:23.284	00:13:11.831	00:13:11.831	12:15:49.517	12:15:49.517	12:20:00.970		D2	BC	Hoi Ping Chamber of Commerce Secondary School
9	Boys C Grade	CSK	4020	Lee Kwun Yui	李冠銳	00:17:23.358	00:13:01.073	00:13:01.073	12:15:38.759	12:15:38.759	12:20:01.044		D2	BC	Chan Sui Ki (La Salle) College
10	Boys C Grade	SJC	4043	Lee Chak Fung Jaiden	李澤楓	00:17:40.727	00:13:01.425	00:13:01.425	12:15:39.111	12:15:39.111	12:20:18.413		D2	BC	St. Joseph's College
11	Boys C Grade	CIS	4011	Jaden Alexander See	施景耀	00:17:47.644	00:13:33.081	00:13:33.081	12:16:10.767	12:16:10.767	12:20:25.330		D2	BC	Chinese International School
12	Boys C Grade	CMASS	4015	Ho Chun Hang	何駿輝	00:17:57.048	00:13:08.067	00:13:08.067	12:15:45.753	12:15:45.753	12:20:34.734		D2	BC	CMA Secondary School
13	Boys C Grade	CIS	4009	Jaeson Daniel Choi	崔焜瑄	00:17:57.942	00:13:33.769	00:13:33.769	12:16:11.455	12:16:11.455	12:20:35.628		D2	BC	Chinese International School
14	Boys C Grade	SLS	4046	Ho Kei Chung Eden	何其翀	00:18:02.760	00:13:32.583	00:13:32.583	12:16:10.269	12:16:10.269	12:20:40.445		D2	BC	St. Louis School
15	Boys C Grade	HPCCSS	4028	Li Shun Hang	李信恒	00:18:04.150	00:13:48.734	00:13:48.734	12:16:26.419	12:16:26.419	12:20:41.835		D2	BC	Hoi Ping Chamber of Commerce Secondary School
16	Boys C Grade	WFN	4054	Lo Ho Ming	羅浩銘	00:18:04.929	00:13:39.255	00:13:39.255	12:16:16.941	12:16:16.941	12:20:42.614		D2	BC	TWGHs Wong Fut Nam College
17	Boys C Grade	CGHC	4008	Kiu Sze Chit	喬詩捷	00:18:05.312	00:13:35.870	00:13:35.870	12:16:13.556	12:16:13.556	12:20:42.997		D2	BC	Chong Gene Hang College
18	Boys C Grade	HKUGA	4024	Leung King Chung	梁景從	00:18:05.374	00:13:48.441	00:13:48.441	12:16:26.126	12:16:26.126	12:20:43.059		D2	BC	HKUGA College
19	Boys C Grade	HKUGA	4022	LIU CHAK ON	黎焜銘	00:18:06.662	00:13:49.371	00:13:49.371	12:16:27.056	12:16:27.056	12:20:44.347		D2	BC	HKUGA College
20	Boys C Grade	CIS	4012	Ryan Ripley	黎焜銘	00:18:08.393	00:13:44.711	00:13:44.711	12:16:22.396	12:16:22.396	12:20:46.078		D2	BC	Chinese International School
21	Boys C Grade	SSCS	4050	Fung Chun Hei	馮俊義	00:18:09.146	00:13:37.650	00:13:37.650	12:16:15.336	12:16:15.336	12:20:46.831		D2	BC	St. Stephen's College
22	Boys C Grade	SSCS	4052	Ma Markus	馬卓謙	00:18:10.678	00:13:39.140	00:13:39.140	12:16:16.826	12:16:16.826	12:20:48.363		D2	BC	St. Stephen's College
23	Boys C Grade	HTMS-THT	4032	WENG HAOJIN	溫鍵鋒	00:18:20.087	00:13:43.101	00:13:43.101	12:16:20.786	12:16:20.786	12:20:57.773		D2	BC	Heung To Middle School (Tai Hang Tung)
24	Boys C Grade	SLS	4047	Zhang Shunda	張順達	00:18:26.251	00:13:47.330	00:13:47.330	12:16:25.015	12:16:25.015	12:21:03.937		D2	BC	St. Louis School
25	Boys C Grade	BHJS	4004	Tse O San Solar	謝鑾燊	00:18:42.126	00:13:34.020	00:13:34.020	12:16:11.706	12:16:11.706	12:21:19.812		D2	BC	Bishop Hall Jubilee School
26	Boys C Grade	HKUGA	4021	Chan Rio	陳曉禧	00:18:46.931	00:13:35.382	00:13:35.382	12:16:13.068	12:16:13.068	12:21:24.617		D2	BC	HKUGA College
27	Boys C Grade	YCKMC	4058	Cheng Pok Man	鄭博文	00:18:48.979	00:14:04.037	00:14:04.037	12:16:41.723	12:16:41.723	12:21:26.665		D2	BC	Yu Chun Keung Memorial College
28	Boys C Grade	CSK	4018	Chan Kai Kiu Elite	陳楷橋	00:19:07.552	00:14:11.309	00:14:11.309	12:16:48.995	12:16:48.995	12:21:45.238		D2	BC	Chan Sui Ki (La Salle) College
29	Boys C Grade	SLS	4048	Tung Hon Lam	董翰林	00:19:07.634	00:14:16.014	00:14:16.014	12:16:53.700	12:16:53.700	12:21:45.320		D2	BC	St. Louis School
30	Boys C Grade	CGHC	4006	Chan Man Yuen	陳文遠	00:19:15.326	00:14:21.563	00:14:21.563	12:16:59.249	12:16:59.249	12:21:53.012		D2	BC	Chong Gene Hang College
31	Boys C Grade	HPCCSS	4027	Ng Yat Kiu	吳一橋	00:19:16.678	00:14:35.301	00:14:35.301	12:17:12.987	12:17:12.987	12:21:54.364		D2	BC	Hoi Ping Chamber of Commerce Secondary School
32	Boys C Grade	SJC	4042	PUN SHING KWAN	潘星權	00:19:18.738	00:14:28.735	00:14:28.735	12:17:06.421	12:17:06.421	12:21:56.424		D2	BC	St. Joseph's College
33	Boys C Grade	KTMC	4038	Lam Chun Yiu	林雋堯	00:19:20.477	00:14:49.187	00:14:49.187	12:17:26.873	12:17:26.873	12:21:58.163		D2	BC	Kwun Tong Maryknoll College
34	Boys C Grade	YCKMC	4057	Leung Kin Pan	梁鍵彬	00:19:34.881	00:14:31.912	00:14:31.912	12:17:09.598	12:17:09.598	12:22:12.566		D2	BC	Yu Chun Keung Memorial College
35	Boys C Grade	SJC	4044	CHAN JONATHAN	陳焜立	00:19:38.708	00:14:51.643	00:14:51.643	12:17:29.329	12:17:29.329	12:22:16.393		D2	BC	St. Joseph's College
36	Boys C Grade	BHJS	4001	Chan Wai Lap	陳煒立	00:19:47.276	00:14:53.401	00:14:53.401	12:17:31.087	12:17:31.087	12:22:24.962		D2	BC	Bishop Hall Jubilee School
37	Boys C Grade	YCKMC	4060	Tsui Chi Hin	徐子軒	00:19:52.834	00:15:02.389	00:15:02.389	12:17:40.075	12:17:40.075	12:22:30.520		D2	BC	Yu Chun Keung Memorial College
38	Boys C Grade	HTMS-THT	4030	Ho Ka Wai	何嘉偉	00:19:55.640	00:15:04.296	00:15:04.296	12:17:41.982	12:17:41.982	12:22:33.326		D2	BC	Heung To Middle School (Tai Hang Tung)
39	Boys C Grade	HKUGA	4023	THO JONATHAN	湯焜立	00:19:57.755	00:14:47.355	00:14:47.355	12:17:25.041	12:17:25.041	12:22:35.441		D2	BC	HKUGA College
40	Boys C Grade	KTMC	4039	Wan Kin Fung	溫鍵鋒	00:20:03.975	00:15:02.507	00:15:02.507	12:17:40.193	12:17:40.193	12:22:41.661		D2	BC	Kwun Tong Maryknoll College
41	Boys C Grade	KTMC	4037	Pang Chi San	彭智森	00:20:13.349	00:14:58.709	00:14:58.709	12:17:36.395	12:17:36.395	12:22:51.035		D2	BC	Kwun Tong Maryknoll College
42	Boys C Grade	BHJS	4002	LAM HO FAI	林煒立	00:20:17.544	00:15:06.325	00:15:06.325	12:17:44.011	12:17:44.011	12:22:55.230		D2	BC	Bishop Hall Jubilee School
43	Boys C Grade	WFN	4053	Liu Pak Hei	劉柏希	00:20:18.321	00:14:47.520	00:14:47.520	12:17:25.206	12:17:25.206	12:22:56.007		D2	BC	TWGHs Wong Fut Nam College
44	Boys C Grade	WFN	4056	HO LAU YAN	何煒立	00:20:18.537	00:14:51.769	00:14:51.769	12:17:29.455	12:17:29.455	12:22:56.223		D2	BC	TWGHs Wong Fut Nam College
45	Boys C Grade	YCKMC	4059	Wong Cheuk Man	黃卓文	00:20:23.397	00:15:07.420	00:15:07.420	12:17:45.105	12:17:45.105	12:23:01.083		D2	BC	Yu Chun Keung Memorial College
46	Boys C Grade	CGHC	4007	Lee Kin Chun	李健俊	00:20:24.740	00:15:30.869	00:15:30.869	12:18:08.555	12:18:08.555	12:23:02.426		D2	BC	Chong Gene Hang College
47	Boys C Grade	BHJS	4003	NGAO CHEUK YAN	吳煒立	00:20:58.230	00:15:36.289	00:15:36.289	12:18:13.975	12:18:13.975	12:23:35.915		D2	BC	Bishop Hall Jubilee School
48	Boys C Grade	WFN	4055	Ma Yong Qiang	馬永鏘	00:21:15.750	00:15:45.475	00:15:45.475	12:18:23.161	12:18:23.161	12:23:53.436		D2	BC	TWGHs Wong Fut Nam College
49	Boys C Grade	CMASS	4016	Ma Steven	馬仕韶	00:21:34.926	00:16:23.660	00:16:23.660	12:19:01.346	12:19:01.346	12:24:12.612		D2	BC	CMA Secondary School
50	Boys C Grade	HTYC	4033	LO CHUNG TIN	羅仲添	00:21:54.964	00:16:28.230	00:16:28.230	12:19:05.916	12:19:05.916	12:24:32.650		D2	BC	The YWCA Hioe Tjo Yoeng College
51	Boys C Grade	CMASS	4014	Zhuang Xiang Jin	莊向津	00:21:56.831	00:16:51.578	00:16:51.578	12:19:29.264	12:19:29.264	12:24:34.517		D2	BC	CMA Secondary School

52	Boys C Grade	CMASS	4013	Wong Cheuk Hei	王緯希	00:22:08.710	00:16:44.443	00:16:44.443	12:19:22.128	12:19:22.128	12:24:46.396		D2	BC	CMA Secondary School
53	Boys C Grade	HTMS-THT	4029	Chen Yin Yuk	陳彥旭	00:22:10.491	00:16:34.903	00:16:34.903	12:19:12.588	12:19:12.588	12:24:48.177		D2	BC	Heung To Middle School (Tai Hang Tung)
54	Boys C Grade	HTMS-THT	4031	Wu Baixian	伍栢賢	00:22:34.162	00:16:49.439	00:16:49.439	12:19:27.125	12:19:27.125	12:25:11.847		D2	BC	Heung To Middle School (Tai Hang Tung)
55	Boys C Grade	HTYC	4036	Yau Chi Wo	邱志和	00:22:37.124	00:16:47.877	00:16:47.877	12:19:25.562	12:19:25.562	12:25:14.810		D2	BC	The YWCA Hioe Tjo Yoeng College
56	Boys C Grade	HTYC	4035	Tai Chun To	戴駿鎔	00:23:07.307	00:17:19.624	00:17:19.624	12:19:57.310	12:19:57.310	12:25:44.993		D2	BC	The YWCA Hioe Tjo Yoeng College
57	Boys C Grade	CSK	4017	Xu Kit Chiu	許傑釗	00:23:14.482	00:17:16.778	00:17:16.778	12:19:54.464	12:19:54.464	12:25:52.168		D2	BC	Chan Sui Ki (La Salle) College
58	Boys C Grade	CSK	4019	Chan Ka Ming Gary	陳嘉鳴	00:23:21.681	00:16:57.225	00:16:57.225	12:19:34.911	12:19:34.911	12:25:59.367		D2	BC	Chan Sui Ki (La Salle) College
59	Boys C Grade	HTYC	4034	SO TSZ LONG		00:23:56.771	00:17:47.464	00:17:47.464	12:20:25.150	12:20:25.150	12:26:34.456		D2	BC	The YWCA Hioe Tjo Yoeng College

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**Division Two**

Category Position	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category	School
1	Girls A Grade	QES	3033	Lam Hoi Ching	林海晴	00:18:22.223	00:13:31.645	00:13:31.645	11:50:10.413	11:50:10.413	11:55:00.991		D2	GA	Queen Elizabeth School
2	Girls A Grade	SSGC	3048	Leung Hun Sum	梁幸心	00:19:57.133	00:15:12.093	00:15:12.093	11:51:50.860	11:51:50.860	11:56:35.901		D2	GA	St. Stephen's Girls' College
3	Girls A Grade	SSCS	3043	Chow Teresa Hiu Nam	周曉楠	00:20:00.635	00:15:10.172	00:15:10.172	11:51:48.939	11:51:48.939	11:56:39.403		D2	GA	St. Stephen's College
4	Girls A Grade	MSS	3022	Ho Tak Yee	何德宜	00:20:06.260	00:15:00.110	00:15:00.110	11:51:38.878	11:51:38.878	11:56:45.028		D2	GA	Marymount Secondary School
5	Girls A Grade	HW	3013	Qiu On Ni	邱安妮	00:20:25.195	00:15:02.665	00:15:02.665	11:51:41.433	11:51:41.433	11:57:03.963		D2	GA	Hon Wah College
6	Girls A Grade	SSCS	3044	Ng Sai Yi	吳世怡	00:20:54.256	00:15:45.336	00:15:45.336	11:52:24.104	11:52:24.104	11:57:33.023		D2	GA	St. Stephen's College
7	Girls A Grade	PTMS	3030	Li Pik Ying	李碧瑩	00:20:58.660	00:15:46.917	00:15:46.917	11:52:25.685	11:52:25.685	11:57:37.427		D2	GA	Pooi To Middle School
8	Girls A Grade	SCGS	3037	Wong Ching Kiu	黃靖嫻	00:20:58.865	00:15:46.223	00:15:46.223	11:52:24.991	11:52:24.991	11:57:37.632		D2	GA	St. Clare's Girls' School
9	Girls A Grade	HW	3014	Fok Hei Wa	霍晞樺	00:21:01.436	00:15:47.155	00:15:47.155	11:52:25.923	11:52:25.923	11:57:40.203		D2	GA	Hon Wah College
10	Girls A Grade	SCGS	3038	Ching Hau Yiu	程巧遙	00:21:05.724	00:15:52.253	00:15:52.253	11:52:31.021	11:52:31.021	11:57:44.491		D2	GA	St. Clare's Girls' School
11	Girls A Grade	QES	3035	Leung Hoi Lam	梁煒琳	00:21:17.226	00:15:41.297	00:15:41.297	11:52:20.065	11:52:20.065	11:57:55.994		D2	GA	Queen Elizabeth School
12	Girls A Grade	SSGC	3047	Chan Venice	陳尉僑	00:21:45.983	00:16:20.391	00:16:20.391	11:52:59.159	11:52:59.159	11:58:24.751		D2	GA	St. Stephen's Girls' College
13	Girls A Grade	MSS	3023	Wong Chi Ki	黃芷琦	00:21:51.559	00:16:17.109	00:16:17.109	11:52:55.877	11:52:55.877	11:58:30.327		D2	GA	Marymount Secondary School
14	Girls A Grade	HTC	3009	Chan Wing Yiu	陳穎瑜	00:21:52.043	00:16:23.843	00:16:23.843	11:53:02.611	11:53:02.611	11:58:30.811		D2	GA	Holy Trinity College
15	Girls A Grade	HW	3015	Ma Cheuk Yiu	馬錦穉	00:21:53.210	00:16:18.420	00:16:18.420	11:52:57.188	11:52:57.188	11:58:31.978		D2	GA	Hon Wah College
16	Girls A Grade	SSCS	3041	Lam See Sun	林思晨	00:21:59.842	00:16:17.189	00:16:17.189	11:52:55.957	11:52:55.957	11:58:38.610		D2	GA	St. Stephen's College
17	Girls A Grade	SSGC	3045	Chan Sze Tsai Marcia	陳思齊	00:22:23.889	00:16:48.260	00:16:48.260	11:53:27.027	11:53:27.027	11:59:02.156		D2	GA	St. Stephen's Girls' College
18	Girls A Grade	HTC	3010	Lo Lok Ching	盧樂晴	00:22:45.378	00:16:50.406	00:16:50.406	11:53:29.173	11:53:29.173	11:59:24.146		D2	GA	Holy Trinity College
19	Girls A Grade	QES	3036	Ho Tsz Ching Alisa	何子靖	00:22:51.781	00:16:54.997	00:16:54.997	11:53:33.765	11:53:33.765	11:59:30.549		D2	GA	Queen Elizabeth School
20	Girls A Grade	SSGC	3046	Kwok Tsz Yan	郭芷瑩	00:22:56.262	00:17:24.027	00:17:24.027	11:54:02.795	11:54:02.795	11:59:35.030		D2	GA	St. Stephen's Girls' College
21	Girls A Grade	HW	3016	Hui Ngo Yau	許傲悠	00:22:59.146	00:17:02.526	00:17:02.526	11:53:41.294	11:53:41.294	11:59:37.914		D2	GA	Hon Wah College
22	Girls A Grade	MSS	3021	Yeung Yuen Kiu	楊婉嫻	00:23:00.150	00:17:02.755	00:17:02.755	11:53:41.523	11:53:41.523	11:59:38.918		D2	GA	Marymount Secondary School
23	Girls A Grade	PTMS	3031	So Chi Ching	蘇梓晴	00:23:09.914	00:17:43.802	00:17:43.802	11:54:22.570	11:54:22.570	11:59:48.682		D2	GA	Pooi To Middle School
24	Girls A Grade	SSCS	3042	Wong Chun Ning	王駿甯	00:23:11.819	00:17:09.737	00:17:09.737	11:53:48.505	11:53:48.505	11:59:50.587		D2	GA	St. Stephen's College
25	Girls A Grade	MSS	3024	Szeto Alib Jaya Richee	司徒芷菱	00:23:25.809	00:17:41.666	00:17:41.666	11:54:20.434	11:54:20.434	12:00:04.577		D2	GA	Marymount Secondary School
26	Girls A Grade	PTMS	3029	Fan Cheuk Lam	樊卓琳	00:23:26.829	00:17:43.397	00:17:43.397	11:54:22.165	11:54:22.165	12:00:05.597		D2	GA	Pooi To Middle School
27	Girls A Grade	CYT	3001	Lai Shuk Yi	黎淑怡	00:23:29.136	00:17:35.781	00:17:35.781	11:54:14.549	11:54:14.549	12:00:07.904		D2	GA	STFA Cheng Yu Tung Secondary School
28	Girls A Grade	QES	3034	Lee Chung Yan	李頌恩	00:23:36.696	00:17:32.286	00:17:32.286	11:54:11.054	11:54:11.054	12:00:15.464		D2	GA	Queen Elizabeth School
29	Girls A Grade	HKUGA	3006	Ho Chan Hung	何陳紅	00:23:53.779	00:18:25.845	00:18:25.845	11:55:04.613	11:55:04.613	12:00:32.546		D2	GA	HKUGA College
30	Girls A Grade	MCS	3020	Ng Ka Huen	伍嘉暉	00:23:59.008	00:17:54.977	00:17:54.977	11:54:33.745	11:54:33.745	12:00:37.775		D2	GA	Maryknoll Convent School
31	Girls A Grade	PLKNPL	3025	Leung Ling Sum	梁靈心	00:23:59.571	00:18:09.423	00:18:09.423	11:54:48.190	11:54:48.190	12:00:38.338		D2	GA	Po Leung Kuk Ngan Po Ling College
32	Girls A Grade	HTC	3012	Chan Wing Hei	陳穎儀	00:24:11.684	00:18:02.263	00:18:02.263	11:54:41.030	11:54:41.030	12:00:50.452		D2	GA	Holy Trinity College
33	Girls A Grade	MCS	3018	Guan Guo Yan Tiffany	官國妍	00:24:22.938	00:18:21.434	00:18:21.434	11:55:00.202	11:55:00.202	12:01:01.706		D2	GA	Maryknoll Convent School
34	Girls A Grade	SCGS	3039	Sv Yuen Man	施婉雯	00:24:25.902	00:18:22.197	00:18:22.197	11:55:00.965	11:55:00.965	12:01:04.670		D2	GA	St. Clare's Girls' School
35	Girls A Grade	CYT	3003	Cheng Pui Ka	鄭珮珈	00:24:42.988	00:18:24.016	00:18:24.016	11:55:02.784	11:55:02.784	12:01:21.756		D2	GA	STFA Cheng Yu Tung Secondary School
36	Girls A Grade	HKUGA	3008	Wu Rachel	吳泳蕙	00:24:45.764	00:19:06.776	00:19:06.776	11:55:45.544	11:55:45.544	12:01:24.532		D2	GA	HKUGA College
37	Girls A Grade	SCGS	3040	Lock Ying To	駱映淘	00:24:50.392	00:18:52.188	00:18:52.188	11:55:30.956	11:55:30.956	12:01:29.160		D2	GA	St. Clare's Girls' School
38	Girls A Grade	HKUGA	3005	Ng Sin Ying Cheryl	潘倩瑩	00:24:53.878	00:18:33.805	00:18:33.805	11:55:12.573	11:55:12.573	12:01:32.646		D2	GA	HKUGA College
39	Girls A Grade	CYT	3004	Jiang Yan Ting	江恩婷	00:24:56.449	00:19:03.755	00:19:03.755	11:55:42.523	11:55:42.523	12:01:35.217		D2	GA	STFA Cheng Yu Tung Secondary School
40	Girls A Grade	PTMS	3032	MAN WING YIN CHLOE		00:25:01.658	00:18:30.616	00:18:30.616	11:55:09.384	11:55:09.384	12:01:40.426		D2	GA	Pooi To Middle School
41	Girls A Grade	PLKNPL	3026	TANG YAN KI GLORIA		00:25:29.223	00:19:13.594	00:19:13.594	11:55:52.362	11:55:52.362	12:02:07.990		D2	GA	Po Leung Kuk Ngan Po Ling College
42	Girls A Grade	HTC	3011	Cai Ching Man	蔡靜雯	00:25:40.893	00:19:20.624	00:19:20.624	11:55:59.392	11:55:59.392	12:02:19.661		D2	GA	Holy Trinity College
43	Girls A Grade	PLKNPL	3027	Kwok Wai Lam	郭煒琳	00:25:46.122	00:19:18.228	00:19:18.228	11:55:56.996	11:55:56.996	12:02:24.890		D2	GA	Po Leung Kuk Ngan Po Ling College
44	Girls A Grade	PLKNPL	3028	HUANG SZE KEI		00:26:07.769	00:19:25.715	00:19:25.715	11:56:04.483	11:56:04.483	12:02:46.537		D2	GA	Po Leung Kuk Ngan Po Ling College
45	Girls A Grade	CYT	3002	Ng Hoi Lam	吳海琳	00:27:28.682	00:20:50.550	00:20:50.550	11:57:29.318	11:57:29.318	12:04:07.450		D2	GA	STFA Cheng Yu Tung Secondary School
46	Girls A Grade	MCS	3019	Tse Yu Sum Maisie	謝宇琛	00:27:29.623	00:20:36.640	00:20:36.640	11:57:15.408	11:57:15.408	12:04:08.391		D2	GA	Maryknoll Convent School
47	Girls A Grade	MCS	3017	Chan Chi Lam	陳姿霖	00:27:32.605	00:20:27.194	00:20:27.194	11:57:05.962	11:57:05.962	12:04:11.373		D2	GA	Maryknoll Convent School
48	Girls A Grade	HKUGA	3007	Chui Tin Heng	徐天行	00:28:53.966	00:21:48.558	00:21:48.558	11:58:27.326	11:58:27.326	12:05:32.734		D2	GA	HKUGA College

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Category Position	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category	School
1	Girls B Grade	PLKNPL	2026	Lo Hei Mung Hebe	盧希夢	00:17:36.486	00:13:19.539	00:13:19.539	11:49:58.307	11:49:58.307	11:54:15.254		D2	GB	Po Leung Kuk Ngan Po Ling College
2	Girls B Grade	SCGS	2037	Lam Sze Man	林詩曼	00:19:59.548	00:15:14.682	00:15:14.682	11:51:53.449	11:51:53.449	11:56:38.316		D2	GB	St. Clare's Girls' School
3	Girls B Grade	MSS	2021	Kor Ka Hei	柯家晞	00:20:14.577	00:15:15.964	00:15:15.964	11:51:54.731	11:51:54.731	11:56:53.345		D2	GB	Marymount Secondary School
4	Girls B Grade	HTC	2009	Xie Tsz Ching	謝芷晴	00:20:19.316	00:15:27.074	00:15:27.074	11:52:05.842	11:52:05.842	11:56:58.084		D2	GB	Holy Trinity College
5	Girls B Grade	HKUGA	2006	Chan Lok Ching	陳樂晴	00:20:31.970	00:15:30.181	00:15:30.181	11:52:08.949	11:52:08.949	11:57:10.738		D2	GB	HKUGA College
6	Girls B Grade	HTC	2010	Mok Wing Lam	莫穎琳	00:20:52.628	00:15:38.786	00:15:38.786	11:52:17.554	11:52:17.554	11:57:31.396		D2	GB	Holy Trinity College
7	Girls B Grade	SSGC	2049	Yuen Yee Huen	袁而萱	00:21:37.259	00:16:24.976	00:16:24.976	11:53:03.744	11:53:03.744	11:58:16.027		D2	GB	St. Stephen's Girls' College
8	Girls B Grade	SSGC	2050	Cheng Wing Yan	鄭穎仁	00:21:42.264	00:16:24.842	00:16:24.842	11:53:03.610	11:53:03.610	11:58:21.032		D2	GB	St. Stephen's Girls' College
9	Girls B Grade	PTMS	2030	Sze On Ki	史安琪	00:21:55.726	00:16:29.697	00:16:29.697	11:53:08.465	11:53:08.465	11:58:34.494		D2	GB	Pooi To Middle School
10	Girls B Grade	CYT	2004	Ting Chia Ching	丁嘉晴	00:22:03.778	00:16:46.788	00:16:46.788	11:53:25.555	11:53:25.555	11:58:42.546		D2	GB	STFA Cheng Yu Tung Secondary School
11	Girls B Grade	SSCS	2047	CHUNG TIN WAI ESTHER		00:22:06.244	00:16:28.992	00:16:28.992	11:53:07.760	11:53:07.760	11:58:45.012		D2	GB	St. Stephen's College
12	Girls B Grade	SSCS	2045	Yang Lin Xi	楊林僊	00:22:25.521	00:17:09.086	00:17:09.086	11:53:47.854	11:53:47.854	11:59:04.288		D2	GB	St. Stephen's College
13	Girls B Grade	SSGC	2051	Yeung Yi Ching	楊依靜	00:22:29.530	00:17:11.980	00:17:11.980	11:53:50.748	11:53:50.748	11:59:08.297		D2	GB	St. Stephen's Girls' College
14	Girls B Grade	SSCS	2046	Chan Ying Chuk	陳映竹	00:22:33.985	00:17:09.201	00:17:09.201	11:53:47.969	11:53:47.969	11:59:12.752		D2	GB	St. Stephen's College
15	Girls B Grade	HKUGA	2007	Yip Man Yan	葉泯妍	00:22:40.018	00:16:50.786	00:16:50.786	11:53:29.553	11:53:29.553	11:59:18.786		D2	GB	HKUGA College
16	Girls B Grade	PTMS	2031	Fung Sze Man	馮思敏	00:22:51.781	00:16:59.096	00:16:59.096	11:53:37.864	11:53:37.864	11:59:30.549		D2	GB	Pooi To Middle School
17	Girls B Grade	PLKNPL	2025	Lam Wing Tung	林詠彤	00:23:51.965	00:18:08.293	00:18:08.293	11:54:47.060	11:54:47.060	12:00:30.732		D2	GB	Po Leung Kuk Ngan Po Ling College
18	Girls B Grade	HW	2015	Chan Wing Kiu	陳穎喬	00:23:52.446	00:17:45.294	00:17:45.294	11:54:24.062	11:54:24.062	12:00:31.213		D2	GB	Hon Wah College
19	Girls B Grade	SSGC	2052	Wang Lai Hang Florence	王麗煇	00:24:02.328	00:17:58.987	00:17:58.987	11:54:37.755	11:54:37.755	12:00:41.095		D2	GB	St. Stephen's Girls' College
20	Girls B Grade	MCS	2017	Wong Sheung Kiu	黃湘收	00:24:17.720	00:18:06.946	00:18:06.946	11:54:45.713	11:54:45.713	12:00:56.488		D2	GB	Maryknoll Convent School
21	Girls B Grade	MSS	2023	Chan Hiu Tung Vemyce	陳曉彤	00:24:23.399	00:18:11.725	00:18:11.725	11:54:50.492	11:54:50.492	12:01:02.167		D2	GB	Marymount Secondary School
22	Girls B Grade	HW	2014	Wong Ho Ting	黃可婷	00:24:24.486	00:18:20.235	00:18:20.235	11:54:59.003	11:54:59.003	12:01:03.254		D2	GB	Hon Wah College
23	Girls B Grade	MSS	2022	Cheng Tian Ying Ruth	鄭天穎	00:24:38.049	00:18:29.052	00:18:29.052	11:55:07.820	11:55:07.820	12:01:16.817		D2	GB	Marymount Secondary School
24	Girls B Grade	MCS	2018	Lee Hiu Wai	李曉慧	00:24:43.843	00:18:54.188	00:18:54.188	11:55:32.956	11:55:32.956	12:01:22.611		D2	GB	Maryknoll Convent School
25	Girls B Grade	MCS	2019	Lam Ting Sum Kylie	林建芯	00:24:44.055	00:19:06.144	00:19:06.144	11:55:44.912	11:55:44.912	12:01:22.823		D2	GB	Maryknoll Convent School
26	Girls B Grade	QES	2033	Cheng Tsz Yu	鄭紫瑜	00:24:48.501	00:18:59.515	00:18:59.515	11:55:38.283	11:55:38.283	12:01:27.269		D2	GB	Queen Elizabeth School
27	Girls B Grade	PLKNPL	2028	LI TSZ HEI		00:24:49.696	00:18:35.775	00:18:35.775	11:55:14.543	11:55:14.543	12:01:28.464		D2	GB	Po Leung Kuk Ngan Po Ling College
28	Girls B Grade	HTC	2012	Yuen Wing Yan	阮詠欣	00:24:53.192	00:18:55.776	00:18:55.776	11:55:34.544	11:55:34.544	12:01:31.960		D2	GB	Holy Trinity College
29	Girls B Grade	PLKNPL	2027	LIAO YUXUAN		00:24:58.172	00:18:39.395	00:18:39.395	11:55:18.163	11:55:18.163	12:01:36.940		D2	GB	Po Leung Kuk Ngan Po Ling College
30	Girls B Grade	PTMS	2029	WONG TSZ SHAN		00:24:58.671	00:18:40.162	00:18:40.162	11:55:18.930	11:55:18.930	12:01:37.439		D2	GB	Pooi To Middle School
31	Girls B Grade	SCGS	2038	Li Ka Ying	李嘉鏗	00:25:01.033	00:19:06.156	00:19:06.156	11:55:44.924	11:55:44.924	12:01:39.801		D2	GB	St. Clare's Girls' School
32	Girls B Grade	CYT	2001	Cen Jiayi	岑嘉怡	00:25:16.209	00:19:11.443	00:19:11.443	11:55:50.211	11:55:50.211	12:01:54.976		D2	GB	STFA Cheng Yu Tung Secondary School
33	Girls B Grade	HKUGA	2005	SHOAF CAITLIN AMELIA		00:25:19.066	00:19:08.279	00:19:08.279	11:55:47.047	11:55:47.047	12:01:57.833		D2	GB	HKUGA College
34	Girls B Grade	SSCS	2048	CHAN WING SUM		00:25:19.892	00:19:12.063	00:19:12.063	11:55:50.831	11:55:50.831	12:01:58.659		D2	GB	St. Stephen's College
35	Girls B Grade	QES	2035	Wong Ching Yu	王靖瑜	00:25:27.842	00:19:01.216	00:19:01.216	11:55:39.984	11:55:39.984	12:02:06.609		D2	GB	Queen Elizabeth School
36	Girls B Grade	PTMS	2032	TSANG TSOI LAM		00:25:31.774	00:19:22.048	00:19:22.048	11:56:00.816	11:56:00.816	12:02:10.542		D2	GB	Pooi To Middle School
37	Girls B Grade	HKUGA	2008	Lee Hei Tung	李希彤	00:25:44.676	00:19:09.927	00:19:09.927	11:55:48.695	11:55:48.695	12:02:23.444		D2	GB	HKUGA College
38	Girls B Grade	MCS	2020	Ge Jia En	葛嘉恩	00:25:52.093	00:19:09.645	00:19:09.645	11:55:48.413	11:55:48.413	12:02:30.861		D2	GB	Maryknoll Convent School
39	Girls B Grade	QES	2036	Luk Him Yau Tryphena	陸謙柔	00:27:22.959	00:20:27.862	00:20:27.862	11:57:06.630	11:57:06.630	12:04:01.727		D2	GB	Queen Elizabeth School
40	Girls B Grade	MSS	2024	Lau Lei Ping	劉梨萍	00:27:25.032	00:20:41.814	00:20:41.814	11:57:20.582	11:57:20.582	12:04:03.800		D2	GB	Marymount Secondary School
41	Girls B Grade	QES	2034	Poon Hoi Ching	潘凱晴	00:27:29.558	00:20:46.259	00:20:46.259	11:57:25.027	11:57:25.027	12:04:08.326		D2	GB	Queen Elizabeth School
42	Girls B Grade	CYT	2002	Lau Hui Ning	劉栩寧	00:27:42.162	00:20:46.351	00:20:46.351	11:57:25.119	11:57:25.119	12:04:20.930		D2	GB	STFA Cheng Yu Tung Secondary School
43	Girls B Grade	HTC	2011	CHNEG SHEUNG CHUEN		00:28:09.416	00:21:08.045	00:21:08.045	11:57:46.812	11:57:46.812	12:04:48.183		D2	GB	Holy Trinity College
44	Girls B Grade	CYT	2003	Lai Hiu Ching	賴曉晴	00:28:45.560	00:21:17.760	00:21:17.760	11:57:56.528	11:57:56.528	12:05:24.328		D2	GB	STFA Cheng Yu Tung Secondary School



**THE HONG KONG SCHOOLS SPORTS FEDERATION**  
**Hong Kong Island and Kowloon Secondary Schools Regional Committee**  
**Inter-School Cross-Country Competition 2022-2023**  
**Division Two**

Category Position	Grade	Abbr.	Bib	Name	姓名	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category	School
1	Girls C Grade	HKUGA	1005	Ng Sum Yau Isa	吳心悠	00:20:16.042	00:15:29.397	00:15:29.397	11:20:00.547	11:20:00.547	11:24:47.193		D2	GC	HKUGA College
2	Girls C Grade	SSGC	1045	Yip Megan Claire	葉慧敏	00:20:20.544	00:15:37.816	00:15:37.816	11:20:08.966	11:20:08.966	11:24:51.695		D2	GC	St. Stephen's Girls' College
3	Girls C Grade	SSGC	1047	Li Hei Yiu	李晞瑤	00:20:33.452	00:15:35.925	00:15:35.925	11:20:07.075	11:20:07.075	11:25:04.603		D2	GC	St. Stephen's Girls' College
4	Girls C Grade	SSGC	1046	Cheng Pak Sze	鄭柏思	00:20:35.897	00:15:37.150	00:15:37.150	11:20:08.300	11:20:08.300	11:25:07.048		D2	GC	St. Stephen's Girls' College
5	Girls C Grade	CYT	1003	But Sum Yuet Avery	畢芯悅	00:20:42.435	00:15:37.734	00:15:37.734	11:20:08.884	11:20:08.884	11:25:13.586		D2	GC	STFA Cheng Yu Tung Secondary School
6	Girls C Grade	MSS	1022	Chan Kalila	陳美瑜	00:21:13.922	00:16:03.277	00:16:03.277	11:20:34.428	11:20:34.428	11:25:45.072		D2	GC	Marymount Secondary School
7	Girls C Grade	MCS	1020	Li Tsz Yee	李芷儀	00:21:33.604	00:16:24.066	00:16:24.066	11:20:55.217	11:20:55.217	11:26:04.754		D2	GC	Maryknoll Convent School
8	Girls C Grade	HKUGA	1006	SUN DJAJA OCEANA		00:21:47.749	00:16:31.719	00:16:31.719	11:21:02.870	11:21:02.870	11:26:18.900		D2	GC	HKUGA College
9	Girls C Grade	HKUGA	1007	Chan Ching Man	陳靖致	00:21:51.221	00:15:48.261	00:15:48.261	11:20:19.411	11:20:19.411	11:26:22.372		D2	GC	HKUGA College
10	Girls C Grade	HTC	1010	Meng Mei Ming	蒙薇名	00:21:58.551	00:16:37.175	00:16:37.175	11:21:08.325	11:21:08.325	11:26:29.702		D2	GC	Holy Trinity College
11	Girls C Grade	MSS	1021	Ho Chung Yee	何仲怡	00:22:02.759	00:16:25.041	00:16:25.041	11:20:56.192	11:20:56.192	11:26:33.910		D2	GC	Marymount Secondary School
12	Girls C Grade	HTC	1009	Wong Ching	黃澄	00:22:17.140	00:16:42.736	00:16:42.736	11:21:13.886	11:21:13.886	11:26:48.291		D2	GC	Holy Trinity College
13	Girls C Grade	QES	1033	Lee Hoi Ming	李凱明	00:22:29.327	00:16:34.695	00:16:34.695	11:21:05.845	11:21:05.845	11:27:00.477		D2	GC	Queen Elizabeth School
14	Girls C Grade	PTMS	1029	Tse Man Wai	謝文慧	00:22:29.705	00:17:02.469	00:17:02.469	11:21:33.619	11:21:33.619	11:27:00.855		D2	GC	Pooi To Middle School
15	Girls C Grade	HKUGA	1008	Tsang Alana	曾心瑜	00:22:39.174	00:17:09.386	00:17:09.386	11:21:40.536	11:21:40.536	11:27:10.324		D2	GC	HKUGA College
16	Girls C Grade	MSS	1023	Yuen Chin Wing Naomi	阮芊穎	00:22:46.078	00:16:40.740	00:16:40.740	11:21:11.890	11:21:11.890	11:27:17.228		D2	GC	Marymount Secondary School
17	Girls C Grade	MCS	1017	Ma Wan Wai Karen	馬芸慧	00:22:48.700	00:17:07.032	00:17:07.032	11:21:38.182	11:21:38.182	11:27:19.850		D2	GC	Maryknoll Convent School
18	Girls C Grade	SSCS	1041	Ma Ho Ho	馬可可	00:22:49.477	00:16:35.254	00:16:35.254	11:21:06.404	11:21:06.404	11:27:20.627		D2	GC	St. Stephen's College
19	Girls C Grade	SSCS	1043	Au Oi Yu Angelina	區譚瑜	00:22:54.404	00:16:55.020	00:16:55.020	11:21:26.170	11:21:26.170	11:27:25.554		D2	GC	St. Stephen's College
20	Girls C Grade	MCS	1018	Ng Yin Ning Veronica	黃彥寧	00:23:14.256	00:17:12.452	00:17:12.452	11:21:43.602	11:21:43.602	11:27:45.407		D2	GC	Maryknoll Convent School
21	Girls C Grade	QES	1035	Kwok Tsz Yau	郭芷攸	00:23:32.712	00:17:28.161	00:17:28.161	11:21:59.312	11:21:59.312	11:28:03.863		D2	GC	Queen Elizabeth School
22	Girls C Grade	MCS	1019	Lam Wai Faye	林煒斐	00:23:34.384	00:17:42.808	00:17:42.808	11:22:13.959	11:22:13.959	11:28:05.535		D2	GC	Maryknoll Convent School
23	Girls C Grade	PLKNPL	1027	Mulunda Bernice Karen	周嘉麗	00:23:46.897	00:17:54.060	00:17:54.060	11:22:25.211	11:22:25.211	11:28:18.047		D2	GC	Po Leung Kuk Ngan Po Ling College
24	Girls C Grade	CYT	1001	Chan Wong Yu	陳煌茹	00:23:58.022	00:17:47.518	00:17:47.518	11:22:18.669	11:22:18.669	11:28:29.172		D2	GC	STFA Cheng Yu Tung Secondary School
25	Girls C Grade	PTMS	1031	Chan Tsz Ting	陳梓婷	00:24:16.133	00:18:07.796	00:18:07.796	11:22:38.946	11:22:38.946	11:28:47.283		D2	GC	Pooi To Middle School
26	Girls C Grade	SCGS	1039	Leung Man Hei Joanne	梁文曦	00:24:17.124	00:18:44.775	00:18:44.775	11:23:15.925	11:23:15.925	11:28:48.274		D2	GC	St. Clare's Girls' School
27	Girls C Grade	PTMS	1030	Lo Wing Lam	羅穎琳	00:24:23.874	00:18:17.774	00:18:17.774	11:22:48.924	11:22:48.924	11:28:55.024		D2	GC	Pooi To Middle School
28	Girls C Grade	PTMS	1032	Li Hiu Ching	李曉晴	00:24:27.891	00:17:20.252	00:17:20.252	11:21:51.403	11:21:51.403	11:28:59.041		D2	GC	Pooi To Middle School
29	Girls C Grade	QES	1034	Ng Wing Laam	吳詠嵐	00:24:45.637	00:18:34.709	00:18:34.709	11:23:05.859	11:23:05.859	11:29:16.788		D2	GC	Queen Elizabeth School
30	Girls C Grade	SSGC	1048	Yeung Wing Laam	楊詠嵐	00:24:52.018	00:18:59.006	00:18:59.006	11:23:30.157	11:23:30.157	11:29:23.169		D2	GC	St. Stephen's Girls' College
31	Girls C Grade	SCGS	1037	Lam Karena Cheuk Nam	林焯楠	00:25:00.685	00:18:56.974	00:18:56.974	11:23:28.125	11:23:28.125	11:29:31.836		D2	GC	St. Clare's Girls' School
32	Girls C Grade	SSCS	1042	Tse Wing Yee	謝穎怡	00:25:05.285	00:18:45.597	00:18:45.597	11:23:16.747	11:23:16.747	11:29:36.436		D2	GC	St. Stephen's College
33	Girls C Grade	SSCS	1044	Chan Jenkie Kately	陳靖祺	00:25:29.049	00:19:05.472	00:19:05.472	11:23:36.623	11:23:36.623	11:30:00.199		D2	GC	St. Stephen's College
34	Girls C Grade	QES	1036	Chow Lok Yee	周洛儀	00:26:22.293	00:19:45.019	00:19:45.019	11:24:16.169	11:24:16.169	11:30:53.444		D2	GC	Queen Elizabeth School
35	Girls C Grade	HW	1014	Li Lai Yi	李麗沂	00:26:26.487	00:20:24.227	00:20:24.227	11:24:55.378	11:24:55.378	11:30:57.638		D2	GC	Hon Wah College
36	Girls C Grade	PLKNPL	1028	Lee Hoi Tung	李鎧同	00:26:56.245	00:20:02.642	00:20:02.642	11:24:33.792	11:24:33.792	11:31:27.395		D2	GC	Po Leung Kuk Ngan Po Ling College
37	Girls C Grade	SCGS	1038	Ngan Wai Wan	顏蔚雲	00:27:08.938	00:20:06.124	00:20:06.124	11:24:37.274	11:24:37.274	11:31:40.088		D2	GC	St. Clare's Girls' School
38	Girls C Grade	CYT	1004	Chan Nok Yi Carly	陳諾兒	00:27:32.322	00:20:35.901	00:20:35.901	11:25:07.052	11:25:07.052	11:32:03.473		D2	GC	STFA Cheng Yu Tung Secondary School
39	Girls C Grade	SCGS	1040	Choi Tsz Ying	蔡梓瑩	00:27:42.240	00:20:40.092	00:20:40.092	11:25:11.243	11:25:11.243	11:32:13.391		D2	GC	St. Clare's Girls' School
40	Girls C Grade	MSS	1024	Yeung Hoi Ting Heidi	楊凱婷	00:28:51.877	00:21:30.352	00:21:30.352	11:26:01.502	11:26:01.502	11:33:23.028		D2	GC	Marymount Secondary School
41	Girls C Grade	HTC	1011	Chung Hoi Ching	鍾海晴	00:29:02.860	00:21:57.594	00:21:57.594	11:26:28.745	11:26:28.745	11:33:34.011		D2	GC	Holy Trinity College
42	Girls C Grade	CYT	1002	Cheng Tsz Yu	鄭紫瑜	00:34:22.915	00:25:54.659	00:25:54.659	11:30:25.809	11:30:25.809	11:38:54.065		D2	GC	STFA Cheng Yu Tung Secondary School

# THE HONG KONG SCHOOLS SPORTS FEDERATION

Hong Kong Island and Kowloon Secondary Schools Regional Committee  
Inter-School Cross-Country Competition 2022-2023  
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## Boys A Grade Team Results

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category/Position	Team/Point	Official/Time	Point G1	Point G2	Point G3	Time G1	Time G2	Time G3	Time Finish	Remark	Division	Category
1	Boys A Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	6057	Shu Hung Cheung	徐鴻璋	2	48	00:22:51.200	00:11:43.427	00:11:43.427	00:19:13.949	12:40:59.610	12:40:59.610	12:48:30.133	12:52:30.383		D2	BA
1	Boys A Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	6058	Tung Fu Shing	童富盛	4	48	00:23:53.886	00:12:06.234	00:12:06.234	00:20:00.276	12:41:22.418	12:41:22.418	12:49:16.459	12:53:09.569		D2	BA
1	Boys A Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	6059	Chor Wai Ping	左偉鵬	20	48	00:28:04.555	00:13:22.977	00:13:22.977	00:23:29.298	12:42:39.161	12:42:39.161	12:52:45.482	12:57:20.739		D2	BA
1	Boys A Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	6060	Chen Shun Tin	陳信典	22	48	00:28:10.498	00:13:46.963	00:13:46.963	00:23:50.134	12:43:03.146	12:43:03.146	12:53:06.317	12:57:26.681		D2	BA
2	Boys A Grade	CGHC	Chong Gene Hang College	張振興信備書院	6005	Gursewak Sarao	喬健	3	68	00:23:09.230	00:11:43.952	00:11:43.952	00:19:27.214	12:41:00.135	12:41:00.135	12:48:43.397	12:52:25.413		D2	BA
2	Boys A Grade	CGHC	Chong Gene Hang College	張振興信備書院	6006	Lau Ho Yin	劉錫賢	7	68	00:24:42.915	00:12:13.963	00:12:13.963	00:20:43.879	12:41:30.147	12:41:30.147	12:50:00.063	12:53:59.098		D2	BA
2	Boys A Grade	CGHC	Chong Gene Hang College	張振興信備書院	6007	Liang Ngai Tung	梁羿榮	26	68	00:28:26.365	00:13:35.018	00:13:35.018	00:23:51.865	12:42:51.202	12:42:51.202	12:53:08.048	12:57:42.548		D2	BA
2	Boys A Grade	CGHC	Chong Gene Hang College	張振興信備書院	6008	Lin Ka Lok	林家傑	32	68	00:29:12.368	00:14:07.947	00:14:07.947	00:24:19.904	12:43:24.130	12:43:24.130	12:53:36.087	12:58:22.552		D2	BA
3	Boys A Grade	CMASS	CMA Secondary School	敝商會中學	6013	Shah Zeeshan	陳明輝	1	83	00:22:47.996	00:11:43.746	00:11:43.746	00:19:12.684	12:40:59.929	12:40:59.929	12:48:28.868	12:52:04.179		D2	BA
3	Boys A Grade	CMASS	CMA Secondary School	敝商會中學	6016	Li Yik Shing	李易誠	8	83	00:25:20.470	00:12:33.729	00:12:33.729	00:21:10.851	12:41:49.912	12:41:49.912	12:50:27.034	12:54:36.653		D2	BA
3	Boys A Grade	CMASS	CMA Secondary School	敝商會中學	6014	Lam Chin Choi	林靄才	31	83	00:29:08.268	00:13:58.412	00:13:58.412	00:24:29.848	12:43:14.595	12:43:14.595	12:53:46.031	12:58:24.452		D2	BA
3	Boys A Grade	CMASS	CMA Secondary School	敝商會中學	6015	Li Chak Ho	李澤豪	43	83	00:30:41.390	00:14:08.400	00:14:08.400	00:25:44.200	12:43:24.583	12:43:24.583	12:55:00.383	12:59:57.574		D2	BA
4	Boys A Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	6001	Yip Ka Ho	葉家濠	9	86	00:25:27.537	00:12:28.640	00:12:28.640	00:21:19.012	12:41:44.823	12:41:44.823	12:50:35.195	12:54:43.720		D2	BA
4	Boys A Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	6004	Chan Ka Tung	陳家權	16	86	00:27:33.893	00:13:15.514	00:13:15.514	00:22:55.687	12:42:31.698	12:42:31.698	12:52:09.870	12:56:50.076		D2	BA
4	Boys A Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	6002	Li Yik Chun Edgar	李奕銜	25	86	00:28:24.869	00:14:07.724	00:14:07.724	00:23:49.486	12:43:23.907	12:43:23.907	12:53:05.669	12:57:41.052		D2	BA
4	Boys A Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	6003	LAM HEI YIN	李奕銜	36	86	00:30:11.654	00:14:23.714	00:14:23.714	00:25:38.434	12:43:39.897	12:43:39.897	12:54:54.612	12:59:27.837		D2	BA
5	Boys A Grade	SIC	St. Joseph's College	聖若瑟書院	6043	FUNG HO CHUN	馮浩軒	13	97	00:26:16.746	00:13:01.900	00:13:01.900	00:22:08.778	12:42:18.083	12:42:18.083	12:51:24.962	12:55:23.930		D2	BA
5	Boys A Grade	SIC	St. Joseph's College	聖若瑟書院	6041	YEUNG PUN YIN	楊潤賢	15	97	00:27:18.328	00:12:45.565	00:12:45.565	00:22:39.042	12:42:01.748	12:42:01.748	12:51:55.225	12:56:34.511		D2	BA
5	Boys A Grade	SIC	St. Joseph's College	聖若瑟書院	6044	Saahnan Ravn	蕭禮仁	23	97	00:28:18.909	00:13:38.101	00:13:38.101	00:23:42.712	12:42:54.285	12:42:54.285	12:52:58.896	12:57:33.502		D2	BA
5	Boys A Grade	SIC	St. Joseph's College	聖若瑟書院	6042	Yeung Tin Yuen	楊天元	46	97	00:31:32.897	00:14:28.135	00:14:28.135	00:26:32.985	12:43:44.318	12:43:44.318	12:55:49.169	13:00:49.080		D2	BA
6	Boys A Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	6037	Lung Ho Kwong	龍耀光	6	108	00:24:37.859	00:12:29.411	00:12:29.411	00:20:44.811	12:41:45.594	12:41:45.594	12:50:00.995	12:55:57.574		D2	BA
6	Boys A Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	6038	Wong Tsz Ho	黃子浩	21	108	00:28:10.082	00:13:50.645	00:13:50.645	00:23:37.268	12:43:06.828	12:43:06.828	12:52:53.952	12:57:26.265		D2	BA
6	Boys A Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	6039	Chang Cho Pak	張招柏	34	108	00:29:59.330	00:13:56.405	00:13:56.405	00:24:58.951	12:43:12.588	12:43:12.588	12:54:15.135	12:59:15.513		D2	BA
6	Boys A Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	6040	Ho Ho Hei Jose	高浩毅	47	108	00:31:41.170	00:15:27.633	00:15:27.633	00:26:35.988	12:44:43.816	12:44:43.816	12:55:52.172	13:00:57.353		D2	BA
7	Boys A Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	6017	Suen Shuk Ngai	孫淑嫻	10	110	00:25:54.274	00:12:37.516	00:12:37.516	00:21:30.765	12:41:53.699	12:41:53.699	12:50:46.948	12:55:10.457		D2	BA
7	Boys A Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	6020	Liu Cheuk Hin	劉卓軒	14	110	00:26:47.333	00:13:37.491	00:13:37.491	00:22:36.304	12:42:53.675	12:42:53.675	12:51:52.487	12:56:03.156		D2	BA
7	Boys A Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	6019	FAN TSZ YEUNG	潘卓軒	42	110	00:30:36.784	00:14:02.971	00:14:02.971	00:25:00.540	12:43:19.154	12:43:19.154	12:54:16.634	12:59:52.968		D2	BA
7	Boys A Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	6018	Yip Lai To	葉禮滔	44	110	00:31:05.513	00:15:10.965	00:15:10.965	00:26:19.762	12:44:27.148	12:44:27.148	12:55:35.946	13:00:21.696		D2	BA
8	Boys A Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	6031	Wang Junbo	王竣禾	11	117	00:26:07.661	00:12:46.694	00:12:46.694	00:21:45.449	12:42:02.877	12:42:02.877	12:51:01.632	12:55:23.840		D2	BA
8	Boys A Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	6029	Lyu Zhuowen	呂卓文	12	117	00:26:10.187	00:12:45.481	00:12:45.481	00:21:45.036	12:42:01.664	12:42:01.664	12:51:01.219	12:55:26.377		D2	BA
8	Boys A Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	6030	Tse Sheung Kuen	謝湘權	38	117	00:30:17.219	00:15:04.852	00:15:04.852	00:25:09.468	12:44:21.036	12:44:21.036	12:54:25.652	12:59:33.402		D2	BA
8	Boys A Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	6032	Chan Cheuk Hei	陳卓希	56	117	00:34:32.419	00:16:12.770	00:16:12.770	00:29:29.010	12:45:28.954	12:45:28.954	12:58:45.194	13:03:48.602		D2	BA
9	Boys A Grade	SLS	St. Louis School	聖類斯中學	6048	Cheung Yu Curtis	張羽	5	129	00:24:25.267	00:11:48.404	00:11:48.404	00:20:03.159	12:41:04.588	12:41:04.588	12:49:19.342	12:53:41.450		D2	BA
9	Boys A Grade	SLS	St. Louis School	聖類斯中學	6046	Lam Him	林謙	28	129	00:28:33.750	00:13:42.393	00:13:42.393	00:23:49.743	12:42:58.576	12:42:58.576	12:53:05.926	12:57:49.933		D2	BA
9	Boys A Grade	SLS	St. Louis School	聖類斯中學	6045	Ng Alvin	吳卓謙	39	129	00:30:21.160	00:14:59.503	00:14:59.503	00:25:29.190	12:44:15.687	12:44:15.687	12:54:45.373	12:59:37.343		D2	BA
9	Boys A Grade	SLS	St. Louis School	聖類斯中學	6047	Chu Chun Kong	朱振聲	57	129	00:34:44.119	00:16:36.100	00:16:36.100	00:28:59.492	12:45:52.283	12:45:52.283	12:58:15.675	13:04:00.302		D2	BA
10	Boys A Grade	HPPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	6026	So Chun Nga	蘇俊雅	24	133	00:28:19.859	00:13:41.388	00:13:41.388	00:23:40.253	12:42:57.571	12:42:57.571	12:52:56.437	12:57:36.042		D2	BA
10	Boys A Grade	HPPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	6027	Cheung Ki Wan	張祺鏗	33	133	00:29:25.038	00:14:19.236	00:14:19.236	00:24:32.534	12:43:35.419	12:43:35.419	12:53:48.717	12:58:41.222		D2	BA
10	Boys A Grade	HPPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	6028	Chow Yik Ming	周焯銘	35	133	00:30:07.621	00:14:22.919	00:14:22.919	00:24:58.569	12:43:39.102	12:43:39.102	12:54:14.753	12:59:23.804		D2	BA
10	Boys A Grade	HPPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	6025	Tse Hoi Ting	謝吳廷	41	133	00:30:35.105	00:14:10.935	00:14:10.935	00:25:37.019	12:43:27.118	12:43:27.118	12:54:53.202	12:59:51.289		D2	BA
11	Boys A Grade	SSCS	St. Stephen's College	聖士提反書院	6052	LEUNG HO YIN	何焯	27	149	00:28:32.368	00:13:20.618	00:13:20.618	00:23:30.414	12:42:36.802	12:42:36.802	12:52:46.598	12:57:48.551		D2	BA
11	Boys A Grade	SSCS	St. Stephen's College	聖士提反書院	6050	Ho Ivan Bellasio Yui	何睿	37	149	00:30:16.732	00:14:14.992	00:14:14.992	00:25:14.470	12:43:31.175	12:43:31.175	12:54:30.653	12:59:32.915		D2	BA
11	Boys A Grade	SSCS	St. Stephen's College	聖士提反書院	6051	Ng Yui Chung Joseph	伍睿中	40	149	00:30:23.123	00:15:06.374	00:15:06.374	00:25:38.786	12:44:22.558	12:44:22.558	12:54:54.969	12:59:39.396		D2	BA
11	Boys A Grade	SSCS	St. Stephen's College	聖士提反書院	6049	LEUNG TTIG FUI	梁錫輝	45	149	00:31:20.511	00:14:33.005	00:14:33.005	00:25:55.481	12:43:49.188	12:43:49.188	12:55:11.664	13:00:36.694		D2	BA
12	Boys A Grade	CIS	Chinese International School	漢基國際學校	6012	NICHOLAS JOSEPE	Daniel Yang	18	157	00:27:48.733	00:13:47.830	00:13:47.830	00:23:21.524	12:43:04.013	12:43:04.013	12:52:37.708	12:57:04.917		D2	BA
12	Boys A Grade	CIS	Chinese International School	漢基國際學校	6009	Daniel Yang	楊潤坤	30	157	00:29:04.983	00:13:42.206	00:13:42.206	00:23:49.567	12:42:58.389	12:42:58.389	12:53:05.750	12:58:21.167		D2	BA
12	Boys A Grade	CIS	Chinese International School	漢基國際學校	6010	ALEXANDEL CHI KUI AENOLO	方義鈞	54	157	00:33:28.476	00:16:15.196	00:16:15.196	00:28:09.222	12:45:31.380	12:45:31.380	12:57:25.405	13:02:44.660		D2	BA
12	Boys A Grade	CIS	Chinese International School	漢基國際學校	6011	Tyler Douglas Fang	方義鈞	55	157	00:34:16.226	00:16:26.439	00:16:26.439	00:29:00.715	12:45:42.623	12:45:42.623	12:58:16.898	13:03:32.409		D2	BA
13	Boys A Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	6055	Chan Kwan Yui Mathew	陳鈞堯	19	158	00:27:54.080	00:13:55.369	00:13:55.369	00:23:26.891	12:43:11.552	12:43:11.552	12:52:43.075	12:57:10.264		D2	BA
13	Boys A Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	6054	Kwok Hin Chung	郭鈞謙	29	158	00:28:53.440	00:14:03.596									

# THE HONG KONG SCHOOLS SPORTS FEDERATION

Hong Kong Island and Kowloon Secondary Schools Regional Committee

Inter-School Cross-Country Competition 2022-2023

Division Two

## Boys B Grade Team Results

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category	Position	TeamPoint	OfficialTime	Point G1	Point G2	Point G3	Time G1	Time G2	Time G3	Time Finish	Remark	Division	Category
1	Boys B Grade	CMASS	CMA Secondary School	廠商會中學	5014	Koo Chun	顧晉		6	46	00:26:41.683	00:13:36.895	00:13:36.895	00:22:31.392	12:42:53.079	12:42:53.079	12:51:47.575	12:56:57.866		D2	BB
1	Boys B Grade	CMASS	CMA Secondary School	廠商會中學	5013	Yang Ho Vincent	楊皓		9	46	00:26:57.574	00:13:36.037	00:13:36.037	00:22:34.695	12:42:52.221	12:42:52.221	12:51:50.878	12:56:13.757		D2	BB
1	Boys B Grade	CMASS	CMA Secondary School	廠商會中學	5016	Chan King Nam	陳敬楠		13	46	00:27:42.029	00:13:42.659	00:13:42.659	00:23:12.587	12:42:58.842	12:42:58.842	12:52:28.770	12:56:58.213		D2	BB
1	Boys B Grade	CMASS	CMA Secondary School	廠商會中學	5015	Yeung Kit Chuen	楊杰全		18	46	00:28:44.240	00:14:42.893	00:14:42.893	00:24:25.189	12:43:59.077	12:43:59.077	12:53:41.372	12:58:00.423		D2	BB
2	Boys B Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	5004	Jim Ho Kiu	詹皓喬		4	52	00:26:23.964	00:13:22.640	00:13:22.640	00:22:07.031	12:42:38.824	12:42:38.824	12:51:23.215	12:55:40.148		D2	BB
2	Boys B Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	5002	BOK CHAK LAM	潘鐵文		11	52	00:27:38.494	00:13:26.952	00:13:26.952	00:23:08.252	12:42:43.136	12:42:43.136	12:52:24.435	12:56:54.678		D2	BB
2	Boys B Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	5001	Chan Chun Tat	陳俊達		14	52	00:28:26.201	00:13:45.388	00:13:45.388	00:23:32.059	12:43:01.571	12:43:01.571	12:52:48.243	12:57:42.384		D2	BB
2	Boys B Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	5003	Poon Yuet Man Matthew	潘越文		23	52	00:29:19.503	00:14:16.584	00:14:16.584	00:24:25.257	12:43:32.767	12:43:32.767	12:53:41.440	12:58:35.687		D2	BB
3	Boys B Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	5025	Ma Shek Chung	馬頌聰		1	74	00:25:23.972	00:12:32.643	00:12:32.643	00:21:17.031	12:41:48.826	12:41:48.826	12:50:33.214	12:54:40.155		D2	BB
3	Boys B Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	5026	Cheng Ho Lam	鄭浩林		8	74	00:26:53.231	00:13:18.954	00:13:18.954	00:22:32.492	12:42:35.138	12:42:35.138	12:51:48.675	12:56:09.414		D2	BB
3	Boys B Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	5027	Chow Man Hei	周文希		15	74	00:28:30.447	00:13:53.438	00:13:53.438	00:23:56.025	12:43:09.621	12:43:09.621	12:53:12.208	12:57:46.630		D2	BB
3	Boys B Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	5028	Cheuk Ching Sum	卓政琛		50	74	00:34:02.757	00:14:56.532	00:14:56.532	00:28:12.492	12:44:12.716	12:44:12.716	12:57:28.675	13:03:18.940		D2	BB
4	Boys B Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	5057	Chan Matthew	陳杰鋒		7	78	00:26:42.918	00:13:24.324	00:13:24.324	00:22:31.446	12:42:40.508	12:42:40.508	12:51:47.629	12:55:59.101		D2	BB
4	Boys B Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	5058	Chan Yen Fan	陳奕帆		10	78	00:26:59.986	00:13:23.218	00:13:23.218	00:22:36.579	12:42:39.402	12:42:39.402	12:51:52.762	12:56:16.169		D2	BB
4	Boys B Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	5059	IP GUAN HONG	黃冠榮		24	78	00:29:35.600	00:14:10.333	00:14:10.333	00:24:37.778	12:43:26.516	12:43:26.516	12:53:53.961	12:58:51.783		D2	BB
4	Boys B Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	5060	Wong Sze Lok Justice	黃思樂		37	78	00:31:23.505	00:15:17.279	00:15:17.279	00:26:14.433	12:44:33.462	12:44:33.462	12:55:30.617	13:00:39.688		D2	BB
5	Boys B Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	5005	Wang Junhui	王俊輝		2	82	00:25:52.676	00:12:44.740	00:12:44.740	00:21:29.521	12:42:00.923	12:42:00.923	12:50:45.704	12:55:08.859		D2	BB
5	Boys B Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	5008	Tsang Matthew Wing Lok	曾榮樂		5	82	00:26:28.368	00:13:19.280	00:13:19.280	00:22:08.270	12:42:35.464	12:42:35.464	12:51:24.454	12:55:44.552		D2	BB
5	Boys B Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	5006	TONG TSUN MING			34	82	00:30:49.508	00:14:58.984	00:14:58.984	00:25:44.037	12:44:15.168	12:44:15.168	12:55:00.220	13:00:05.692		D2	BB
5	Boys B Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	5007	LEE MAN SHEK			41	82	00:32:19.047	00:15:25.409	00:15:25.409	00:27:19.493	12:44:41.592	12:44:41.592	12:56:35.676	13:01:35.231		D2	BB
6	Boys B Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	5029	Chung Ho Yin	鍾皓賢		3	96	00:26:15.552	00:13:00.095	00:13:00.095	00:22:01.345	12:42:16.278	12:42:16.278	12:51:17.529	12:55:31.736		D2	BB
6	Boys B Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	5031	Zhong Zhujie	鍾志傑		22	96	00:29:16.956	00:14:12.646	00:14:12.646	00:24:27.326	12:43:28.829	12:43:28.829	12:53:43.509	12:58:33.140		D2	BB
6	Boys B Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	5032	Leung Ka Ming	梁嘉銘		31	96	00:30:27.102	00:15:07.937	00:15:07.937	00:25:24.160	12:44:24.120	12:44:24.120	12:54:40.343	12:59:43.285		D2	BB
6	Boys B Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	5030	Li Man Hin	李汶軒		40	96	00:32:07.997	00:13:49.010	00:13:49.010	00:27:03.162	12:43:05.193	12:43:05.193	12:56:19.345	13:01:24.811		D2	BB
7	Boys B Grade	SJC	St. Joseph's College	聖若瑟書院	5041	CHEUNG WAI TO			16	112	00:28:39.434	00:14:01.991	00:14:01.991	00:23:53.000	12:43:18.174	12:43:18.174	12:53:09.183	12:57:55.617		D2	BB
7	Boys B Grade	SJC	St. Joseph's College	聖若瑟書院	5042	Lu Ho Sun	呂昊森		19	112	00:28:58.784	00:13:57.449	00:13:57.449	00:24:16.626	12:43:13.632	12:43:13.632	12:53:32.809	12:58:14.967		D2	BB
7	Boys B Grade	SJC	St. Joseph's College	聖若瑟書院	5044	Siu Ching	蕭政		32	112	00:30:39.240	00:14:27.931	00:14:27.931	00:25:37.375	12:43:44.114	12:43:44.114	12:54:53.558	12:59:55.424		D2	BB
7	Boys B Grade	SJC	St. Joseph's College	聖若瑟書院	5043	CHAN KWAN YU			45	112	00:32:46.781	00:15:37.458	00:15:37.458	00:27:32.676	12:44:53.641	12:44:53.641	12:56:48.859	13:02:02.964		D2	BB
8	Boys B Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	5077	Lai Chin Long	賴展朗		17	128	00:28:43.184	00:14:10.811	00:14:10.811	00:24:10.244	12:43:26.994	12:43:26.994	12:53:26.427	12:57:59.367		D2	BB
8	Boys B Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	5038	LI MING KIN			25	128	00:29:37.865	00:14:13.111	00:14:13.111	00:25:02.023	12:43:29.294	12:43:29.294	12:54:18.207	12:58:54.048		D2	BB
8	Boys B Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	5040	Cheung Pak Wing	張柏榮		39	128	00:32:02.923	00:15:02.962	00:15:02.962	00:26:57.458	12:44:19.146	12:44:19.146	12:56:13.641	13:01:19.107		D2	BB
8	Boys B Grade	KTMC	Kwun Tong Maryknoll College	觀塘瑪利諾書院	5039	Wong Ho Ka	黃皓嘉		47	128	00:33:11.305	00:14:21.011	00:14:21.011	00:27:24.522	12:43:37.194	12:43:37.194	12:56:40.705	13:02:27.488		D2	BB
9	Boys B Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	5054	Lau Chi Hong	劉志航		20	143	00:29:06.587	00:13:49.993	00:13:49.993	00:24:09.301	12:43:06.176	12:43:06.176	12:53:25.484	12:58:22.771		D2	BB
9	Boys B Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	5053	Ng Cyrus	吳裕藍		29	143	00:29:54.838	00:15:01.515	00:15:01.515	00:25:14.939	12:44:17.699	12:44:17.699	12:54:31.122	12:59:11.021		D2	BB
9	Boys B Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	5055	Cheung Yu Hei	張譽曦		43	143	00:32:38.093	00:15:36.590	00:15:36.590	00:27:13.777	12:44:52.773	12:44:52.773	12:56:29.960	13:01:54.276		D2	BB
9	Boys B Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃勿南中學	5056	Chan Lap Wing	陳立榮		51	143	00:34:16.736	00:16:23.519	00:16:23.519	00:28:41.705	12:45:39.703	12:45:39.703	12:57:57.888	13:03:32.919		D2	BB
10	Boys B Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	5020	Choi King Heng	蔡敬行		12	145	00:27:38.909	00:13:39.969	00:13:39.969	00:23:11.238	12:42:56.153	12:42:56.153	12:52:27.421	12:56:55.093		D2	BB
10	Boys B Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	5019	Tam Chun Yuen	譚峻遠		35	145	00:31:09.669	00:14:56.138	00:14:56.138	00:25:52.886	12:44:12.322	12:44:12.322	12:55:09.069	13:00:25.852		D2	BB
10	Boys B Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	5018	Cheung Ting Ho	張庭浩		42	145	00:32:37.923	00:15:32.676	00:15:32.676	00:27:10.940	12:44:48.859	12:44:48.859	12:56:27.123	13:01:54.106		D2	BB
10	Boys B Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	5017	LEE CHUN HEI			56	145	00:36:45.821	00:18:02.249	00:18:02.249	00:30:52.887	12:47:18.432	12:47:18.432	12:56:07.071	13:06:02.004		D2	BB
11	Boys B Grade	HKUGA	HKUGA College	港大同學會書院	5024	Leung Tsz Wo	梁子和		21	146	00:29:12.235	00:12:32.409	00:12:32.409	00:22:33.243	12:41:48.592	12:41:48.592	12:51:49.426	12:58:28.419		D2	BB
11	Boys B Grade	HKUGA	HKUGA College	港大同學會書院	5023	Yan Jayden	嚴韋麟		28	146	00:29:53.365	00:14:36.955	00:14:36.955	00:25:06.136	12:43:53.138	12:43:53.138	12:54:22.320	12:59:09.548		D2	BB
11	Boys B Grade	HKUGA	HKUGA College	港大同學會書院	5022	HUNG LOK LAM			48	146	00:33:23.324	00:15:50.706	00:15:50.706	00:27:47.613	12:45:06.889	12:45:06.889	12:57:03.797	13:02:39.508		D2	BB
11	Boys B Grade	HKUGA	HKUGA College	港大同學會書院	5021	Chow Chun Ngo	周尚傲		49	146	00:33:32.014	00:16:09.186	00:16:09.186	00:27:46.490	12:45:25.370	12:45:25.370	12:57:02.674	13:02:48.198		D2	BB
12	Boys B Grade	CIS	Chinese International School	漢基國際學校	5																

**THE HONG KONG SCHOOLS SPORTS FEDERATION**  
**Hong Kong Island and Kowloon Secondary Schools Regional Committee**  
**Inter-School Cross-Country Competition 2022-2023**  
**Division Two**

**Boys C Grade Team Results**

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category	Position	Team Point	Official Time	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category
1	Boys C Grade	CIS	Chinese International School	漢基國際學校	4010	Henry Schilmann Russell	-		5	49	00:17:04.957	00:12:51.224	00:12:51.224	12:15:28.910	12:15:28.910	12:19:42.643		D2	BC
1	Boys C Grade	CIS	Chinese International School	漢基國際學校	4011	Jaden Alexander See	施景耀		11	49	00:17:47.644	00:13:33.081	00:13:33.081	12:16:10.767	12:16:10.767	12:20:25.330		D2	BC
1	Boys C Grade	CIS	Chinese International School	漢基國際學校	4009	Jacson Daniel Choi	崔景賢		13	49	00:17:57.942	00:13:33.769	00:13:33.769	12:16:11.455	12:16:11.455	12:20:35.628		D2	BC
1	Boys C Grade	CIS	Chinese International School	漢基國際學校	4012	Ryan Ripley	黎冠銘		20	49	00:18:08.393	00:13:44.711	00:13:44.711	12:16:22.396	12:16:22.396	12:20:46.078		D2	BC
2	Boys C Grade	SSCS	St. Stephen's College	聖士提反書院	4049	Wong Long Yiu Lester	黃朗堯		2	52	00:16:46.045	00:12:40.599	00:12:40.599	12:15:18.285	12:15:18.285	12:19:23.730		D2	BC
2	Boys C Grade	SSCS	St. Stephen's College	聖士提反書院	4051	Tam Yuk Hon	談旭翰		7	52	00:17:18.659	00:12:53.098	00:12:53.098	12:15:30.784	12:15:30.784	12:19:56.345		D2	BC
2	Boys C Grade	SSCS	St. Stephen's College	聖士提反書院	4050	Fung Chun Hei	馮俊義		21	52	00:18:09.146	00:13:37.650	00:13:37.650	12:16:15.336	12:16:15.336	12:20:46.831		D2	BC
2	Boys C Grade	SSCS	St. Stephen's College	聖士提反書院	4052	Ma Markus	馬卓謙		22	52	00:18:10.678	00:13:39.140	00:13:39.140	12:16:16.826	12:16:16.826	12:20:48.363		D2	BC
3	Boys C Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	4026	Chan Chik Hung	陳植洪		6	60	00:17:15.534	00:12:56.957	00:12:56.957	12:15:34.643	12:15:34.643	12:19:53.220		D2	BC
3	Boys C Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	4025	Han Tsun Kwong	幸凌光		8	60	00:17:23.284	00:13:11.831	00:13:11.831	12:15:49.517	12:15:49.517	12:20:00.970		D2	BC
3	Boys C Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	4028	Li Shun Hane	李信桓		15	60	00:18:04.150	00:13:48.734	00:13:48.734	12:16:26.419	12:16:26.419	12:20:41.835		D2	BC
3	Boys C Grade	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	4027	Ng Yat Kiu	吳一橋		31	60	00:16:24.678	00:14:35.301	00:14:35.301	12:17:12.987	12:17:12.987	12:21:54.364		D2	BC
4	Boys C Grade	SLS	St. Louis School	聖類斯中學	4045	Lee Caleb	李日橋		1	68	00:16:16.207	00:12:19.817	00:12:19.817	12:14:57.502	12:14:57.502	12:19:01.893		D2	BC
4	Boys C Grade	SLS	St. Louis School	聖類斯中學	4046	Ho Kei Chung Eden	何其翀		14	68	00:18:02.760	00:13:32.583	00:13:32.583	12:16:10.269	12:16:10.269	12:20:40.445		D2	BC
4	Boys C Grade	SLS	St. Louis School	聖類斯中學	4047	Zhana Shunda	張顯達		24	68	00:18:26.251	00:13:47.330	00:13:47.330	12:16:25.015	12:16:25.015	12:21:03.937		D2	BC
4	Boys C Grade	SLS	St. Louis School	聖類斯中學	4048	Tung Hon Lam	董翰林		29	68	00:19:07.634	00:14:16.014	00:14:16.014	12:16:53.700	12:16:53.700	12:21:45.320		D2	BC
5	Boys C Grade	SJC	St. Joseph's College	聖若瑟書院	4041	Fong Tsz Long Jose	方梓朗		3	80	00:16:55.673	00:12:52.176	00:12:52.176	12:15:29.862	12:15:29.862	12:19:33.359		D2	BC
5	Boys C Grade	SJC	St. Joseph's College	聖若瑟書院	4043	Lee Chak Fung Jaiden	李澤楓		10	80	00:17:40.727	00:13:01.425	00:13:01.425	12:15:39.111	12:15:39.111	12:20:18.413		D2	BC
5	Boys C Grade	SJC	St. Joseph's College	聖若瑟書院	4042	PUN SHING KWAN			32	80	00:19:18.738	00:14:28.735	00:14:28.735	12:17:06.421	12:17:06.421	12:21:56.424		D2	BC
5	Boys C Grade	SJC	St. Joseph's College	聖若瑟書院	4044	CHAN JONATHAN			35	80	00:19:38.708	00:14:51.643	00:14:51.643	12:17:29.329	12:17:29.329	12:22:16.393		D2	BC
6	Boys C Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	4005	Chu Pak Yin	朱栢言		4	97	00:16:55.805	00:12:51.777	00:12:51.777	12:15:29.463	12:15:29.463	12:19:33.491		D2	BC
6	Boys C Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	4008	Xiu Sze Chit	喬詩捷		17	97	00:18:05.312	00:13:35.870	00:13:35.870	12:16:13.556	12:16:13.556	12:20:42.997		D2	BC
6	Boys C Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	4006	Chan Man Yuen	陳汶遠		30	97	00:19:15.326	00:14:21.563	00:14:21.563	12:16:59.249	12:16:59.249	12:21:53.012		D2	BC
6	Boys C Grade	CGHC	Chong Gene Hang College	張振興伉儷書院	4007	Lee Kin Chun	李健俊		46	97	00:20:24.740	00:15:30.869	00:15:30.869	12:18:08.555	12:18:08.555	12:23:02.426		D2	BC
7	Boys C Grade	HKUGA	HKUGA College	港大同學會書院	4024	Leung King Chung	梁景從		18	102	00:18:05.374	00:13:48.441	00:13:48.441	12:16:26.126	12:16:26.126	12:20:43.059		D2	BC
7	Boys C Grade	HKUGA	HKUGA College	港大同學會書院	4022	LIU CHAK ON			19	102	00:18:06.662	00:13:49.371	00:13:49.371	12:16:27.056	12:16:27.056	12:20:44.347		D2	BC
7	Boys C Grade	HKUGA	HKUGA College	港大同學會書院	4021	Chan Rio	陳曉晴		26	102	00:18:46.931	00:13:35.382	00:13:35.382	12:16:13.068	12:16:13.068	12:21:24.617		D2	BC
7	Boys C Grade	HKUGA	HKUGA College	港大同學會書院	4023	THO JONATHAN			39	102	00:19:57.755	00:14:47.355	00:14:47.355	12:17:25.041	12:17:25.041	12:22:35.441		D2	BC
8	Boys C Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	4058	Cheng Pok Man	鄭博文		27	143	00:18:48.979	00:14:04.037	00:14:04.037	12:16:41.723	12:16:41.723	12:21:26.665		D2	BC
8	Boys C Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	4057	Leung Kin Pan	梁鏗彬		34	143	00:19:34.881	00:14:31.912	00:14:31.912	12:17:09.598	12:17:09.598	12:22:12.566		D2	BC
8	Boys C Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	4060	Tsui Chi Hin	徐子軒		37	143	00:19:52.834	00:15:02.389	00:15:02.389	12:17:40.075	12:17:40.075	12:22:30.520		D2	BC
8	Boys C Grade	YCKMC	Yu Chun Keung Memorial College	余振強紀念中學	4059	Wong Cheuk Man	黃卓文		45	143	00:20:23.397	00:15:07.420	00:15:07.420	12:17:45.105	12:17:45.105	12:23:01.083		D2	BC
9	Boys C Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	4004	Tse O San Solar	謝耀宗		25	150	00:18:42.126	00:13:34.020	00:13:34.020	12:16:11.706	12:16:11.706	12:21:19.812		D2	BC
9	Boys C Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	4001	Chan Wai Lap	陳煒立		36	150	00:19:47.276	00:14:53.401	00:14:53.401	12:17:31.087	12:17:31.087	12:22:24.962		D2	BC
9	Boys C Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	4002	LAM HO FAI			42	150	00:20:17.544	00:15:06.325	00:15:06.325	12:17:44.011	12:17:44.011	12:22:55.230		D2	BC
9	Boys C Grade	BHJS	Bishop Hall Jubilee School	何明華會督銀禧中學	4003	NGAO CHEUK YAN			47	150	00:20:58.200	00:15:36.289	00:15:36.289	12:18:13.975	12:18:13.975	12:23:35.915		D2	BC
10	Boys C Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃笏南中學	4054	Lo Ho Ming	羅浩銘		16	151	00:18:04.929	00:13:39.255	00:13:39.255	12:16:16.941	12:16:16.941	12:20:42.614		D2	BC
10	Boys C Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃笏南中學	4053	Liu Pak Hei	劉柏希		43	151	00:20:18.321	00:14:47.520	00:14:47.520	12:17:25.206	12:17:25.206	12:22:56.007		D2	BC
10	Boys C Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃笏南中學	4056	HO LAU YAN			44	151	00:20:18.537	00:14:51.769	00:14:51.769	12:17:29.455	12:17:29.455	12:22:56.223		D2	BC
10	Boys C Grade	WFN	TWGHs Wong Fut Nam College	東華三院黃笏南中學	4055	Ma Yong Qiang	馬永鏘		48	151	00:21:15.750	00:15:45.475	00:15:45.475	12:18:23.161	12:18:23.161	12:23:53.436		D2	BC
11	Boys C Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺喇沙書院	4020	Lee Kwun Yui	李冠銳		9	152	00:17:23.358	00:13:01.073	00:13:01.073	12:15:38.759	12:15:38.759	12:20:01.044		D2	BC
11	Boys C Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺喇沙書院	4018	Chan Kai Kiu Elite	陳楷楷		28	152	00:19:07.552	00:14:11.309	00:14:11.309	12:16:48.995	12:16:48.995	12:21:45.238		D2	BC
11	Boys C Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺喇沙書院	4017	Xu Kit Chiu	許傑鈞		57	152	00:23:14.482	00:17:16.778	00:17:16.778	12:19:54.464	12:19:54.464	12:25:52.168		D2	BC
11	Boys C Grade	CSK	Chan Sui Ki (La Salle) College	陳瑞祺喇沙書院	4019	Chan Ka Ming Gary	陳嘉鳴		58	152	00:23:21.681	00:16:57.225	00:16:57.225	12:19:34.911	12:19:34.911	12:25:59.367		D2	BC
12	Boys C Grade	CMASS	CMA Secondary School	廠商會中學	4015	Ho Chun Hang	何駿鏗		12	164	00:17:57.048	00:13:08.067	00:13:08.067	12:15:45.753	12:15:45.753	12:20:34.734		D2	BC
12	Boys C Grade	CMASS	CMA Secondary School	廠商會中學	4016	Ma Steven	馬仕韶		49	164	00:21:34.926	00:16:23.660	00:16:23.660	12:19:01.346	12:19:01.346	12:24:12.612		D2	BC
12	Boys C Grade	CMASS	CMA Secondary School	廠商會中學	4014	Zhuang Xiang Jin	莊向津		51	164	00:21:56.831	00:16:51.578	00:16:51.578	12:19:29.264	12:19:29.264	12:24:34.517		D2	BC
12	Boys C Grade	CMASS	CMA Secondary School	廠商會中學	4013	Wong Cheuk Hei	王錦希		52	164	00:22:08.710	00:16:44.443	00:16:44.443	12:19:22.128	12:19:22.128	12:24:46.396		D2	BC
13	Boys C Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	4032	WENG HAOJIN			23	168	00:18:20.087	00:13:43.101	00:13:43.101	12:16:20.786	12:16:20.786	12:20:57.773		D2	BC
13	Boys C Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	4030	Ho Ka Wai	何嘉偉		38	168	00:19:55.640	00:15:04.296	00:15:04.296	12:17:41.982	12:17:41.982	12:22:33.326		D2	BC
13	Boys C Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	4029	Chen Yin Yuk	陳彦旭		53	168	00:22:10.491	00:16:34.903	00:16:34.903	12:19:12.588	12:19:12.588	12:24:48.177		D2	BC
13	Boys C Grade	HTMS-THT	Heung To Middle School (Tai Hang Tung)	香島中學(大坑東)	4031	Wu Baixian	伍柏賢		54	168	00:22:34.162	00:16:49.439	00:16:49.439	12:19:27.125	12:19:27.125	12:25:11.847		D2	BC
14	Boys C Grade	HTYC	The YWCA Hioe Tjo Yoeng College	基督教女青年會伍榮中學	4033	LO CHUNG TIN			50	220	00:21:54.964	00:16:28.230	00:16:28.230	12:19:05.916	12:19:05.916	12:24:32.650		D2	BC
14	Boys C Grade	HTYC	The YWCA Hioe Tjo Yoeng College	基督教女青年會伍榮中學	4036	Yau Chi Wo	邱志和		55	220	00:22:37.124	00:16:47.877	00:16:47.877	12:19:25.562	12:19:25.562	12:25:14.810		D2	BC
14	Boys C Grade	HTYC	The YWCA Hioe Tjo Yoeng College	基督教女青年會伍榮中學	4035	Tai Chun To	戴駿皓		56	220	00:23:07.307	00:17:19.624	00:17:19.624	12:19:57.310	12:19:57.310	12:25:44.993		D2	BC
14	Boys C Grade	HTYC	The YWCA Hioe Tjo Yoeng College	基督教女青年會伍榮中學	4034	SO TSZ LONG			59	220	00:23:56.771	00:17:47.464	00:17:47.464	12:20:25.150	12:20:25.150	12:26:34.456		D2	BC

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**Girls A Grade Team Results**

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category	Position	TeamPoint	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category
1	Girls A Grade	SSCS	St. Stephen's College	聖士提反書院	3043	Chow Teresa Hiu Nam	周曉楠		3	49	00:20:00.635	00:15:10.172	00:15:10.172	11:51:48.939	11:51:48.939	11:56:39.403		D2	GA
1	Girls A Grade	SSCS	St. Stephen's College	聖士提反書院	3044	Ng Sai Yi	吳世怡		6	49	00:20:54.256	00:15:45.336	00:15:45.336	11:52:24.104	11:52:24.104	11:57:33.023		D2	GA
1	Girls A Grade	SSCS	St. Stephen's College	聖士提反書院	3041	Lam See Sun	林思晨		16	49	00:21:59.842	00:16:17.189	00:16:17.189	11:52:55.957	11:52:55.957	11:58:38.610		D2	GA
1	Girls A Grade	SSCS	St. Stephen's College	聖士提反書院	3042	Wong Chun Ning	王駿甯		24	49	00:23:11.819	00:17:09.737	00:17:09.737	11:53:48.505	11:53:48.505	11:59:50.587		D2	GA
2	Girls A Grade	HW	Hon Wah College	漢華中學	3013	Qiu On Ni	邱安妮		5	50	00:20:25.195	00:15:02.665	00:15:02.665	11:51:41.433	11:51:41.433	11:57:03.963		D2	GA
2	Girls A Grade	HW	Hon Wah College	漢華中學	3014	Fok Hei Wa	霍晞權		9	50	00:21:01.436	00:15:47.155	00:15:47.155	11:52:25.923	11:52:25.923	11:57:40.203		D2	GA
2	Girls A Grade	HW	Hon Wah College	漢華中學	3015	Ma Cheuk Yiu	馬錦穠		15	50	00:21:53.210	00:16:18.420	00:16:18.420	11:52:57.188	11:52:57.188	11:58:31.978		D2	GA
2	Girls A Grade	HW	Hon Wah College	漢華中學	3016	Hui Ngo Yau	許傲悠		21	50	00:22:59.146	00:17:02.526	00:17:02.526	11:53:41.294	11:53:41.294	11:59:37.914		D2	GA
3	Girls A Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	3048	Leung Hun Sum	梁幸心		2	51	00:19:57.133	00:15:12.093	00:15:12.093	11:51:50.860	11:51:50.860	11:56:35.901		D2	GA
3	Girls A Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	3047	Chan Venice	陳尉儀		12	51	00:21:45.983	00:16:20.391	00:16:20.391	11:52:59.159	11:52:59.159	11:58:24.751		D2	GA
3	Girls A Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	3045	Chan Sze Tsai Marcia	陳思齊		17	51	00:22:23.389	00:16:48.260	00:16:48.260	11:53:27.027	11:53:27.027	11:59:02.156		D2	GA
3	Girls A Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	3046	Kwok Tsz Yan	郭芷恩		20	51	00:22:56.262	00:17:24.027	00:17:24.027	11:54:02.795	11:54:02.795	11:59:35.030		D2	GA
4	Girls A Grade	QES	Queen Elizabeth School	伊利沙伯中學	3033	Lam Hoi Ching	林海晴		1	59	00:18:22.223	00:13:31.645	00:13:31.645	11:50:10.413	11:50:10.413	11:55:00.991		D2	GA
4	Girls A Grade	QES	Queen Elizabeth School	伊利沙伯中學	3035	Leung Hoi Lam	梁悅琳		11	59	00:21:17.226	00:15:41.297	00:15:41.297	11:52:20.065	11:52:20.065	11:57:55.994		D2	GA
4	Girls A Grade	QES	Queen Elizabeth School	伊利沙伯中學	3036	Ho Tsz Ching Alisa	何子靖		19	59	00:21:51.781	00:16:54.997	00:16:54.997	11:53:33.765	11:53:33.765	11:59:30.549		D2	GA
4	Girls A Grade	QES	Queen Elizabeth School	伊利沙伯中學	3034	Lee Chung Yan	李頌恩		28	59	00:23:36.696	00:17:32.286	00:17:32.286	11:54:11.054	11:54:11.054	12:00:15.464		D2	GA
5	Girls A Grade	MSS	Marymount Secondary School	瑪利曼中學	3022	Ho Tak Yee	何德宜		4	64	00:20:06.260	00:15:00.110	00:15:00.110	11:51:38.878	11:51:38.878	11:56:45.028		D2	GA
5	Girls A Grade	MSS	Marymount Secondary School	瑪利曼中學	3023	Wong Chi Ki	黃芷琦		13	64	00:21:51.559	00:16:17.109	00:16:17.109	11:52:55.877	11:52:55.877	11:58:30.327		D2	GA
5	Girls A Grade	MSS	Marymount Secondary School	瑪利曼中學	3021	Yung Yuen Kin	楊婉嫻		22	64	00:23:00.150	00:17:02.755	00:17:02.755	11:53:41.523	11:53:41.523	11:59:38.918		D2	GA
5	Girls A Grade	MSS	Marymount Secondary School	瑪利曼中學	3024	Szeto Alib Java Richee	司徒芷菱		25	64	00:23:25.809	00:17:41.666	00:17:41.666	11:54:20.434	11:54:20.434	12:00:04.577		D2	GA
6	Girls A Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	3037	Wong Ching Kiu	黃靖翹		8	89	00:20:58.865	00:15:46.223	00:15:46.223	11:52:24.991	11:52:24.991	11:57:37.632		D2	GA
6	Girls A Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	3038	Ching Hau Yu	程巧遙		10	89	00:21:05.724	00:15:52.253	00:15:52.253	11:52:31.021	11:52:31.021	11:57:44.941		D2	GA
6	Girls A Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	3039	Sy Yuen Man	施婉雯		34	89	00:24:25.902	00:18:22.197	00:18:22.197	11:55:00.965	11:55:00.965	12:01:04.670		D2	GA
6	Girls A Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	3040	Lock Ying To	駱映淘		37	89	00:24:50.392	00:18:52.188	00:18:52.188	11:55:30.956	11:55:30.956	12:01:29.160		D2	GA
7	Girls A Grade	PTMS	Pooi To Middle School	香港培道中學	3030	Li Pik Ying	李碧瑩		7	96	00:20:58.660	00:15:46.917	00:15:46.917	11:52:25.685	11:52:25.685	11:57:37.427		D2	GA
7	Girls A Grade	PTMS	Pooi To Middle School	香港培道中學	3031	So Chi Ching	蘇梓晴		23	96	00:23:09.914	00:17:43.802	00:17:43.802	11:54:22.570	11:54:22.570	11:59:48.682		D2	GA
7	Girls A Grade	PTMS	Pooi To Middle School	香港培道中學	3029	Fan Cheuk Lam	樊卓琳		26	96	00:23:26.829	00:17:43.397	00:17:43.397	11:54:22.165	11:54:22.165	12:00:05.597		D2	GA
7	Girls A Grade	PTMS	Pooi To Middle School	香港培道中學	3032	MAN WING YIN CHLOE			40	96	00:25:01.658	00:18:30.616	00:18:30.616	11:55:09.384	11:55:09.384	12:01:40.426		D2	GA
8	Girls A Grade	HTC	Holy Trinity College	寶血會上智英文書院	3009	Chen Wing Yu	陳穎洵		14	106	00:21:52.043	00:16:23.843	00:16:23.843	11:53:02.611	11:53:02.611	11:58:30.811		D2	GA
8	Girls A Grade	HTC	Holy Trinity College	寶血會上智英文書院	3010	Lo Lok Ching	盧樂晴		18	106	00:22:45.378	00:16:50.406	00:16:50.406	11:53:29.173	11:53:29.173	11:59:24.146		D2	GA
8	Girls A Grade	HTC	Holy Trinity College	寶血會上智英文書院	3012	Chan Wing Hei	陳穎儀		32	106	00:24:11.684	00:18:02.263	00:18:02.263	11:54:41.030	11:54:41.030	12:00:50.452		D2	GA
8	Girls A Grade	HTC	Holy Trinity College	寶血會上智英文書院	3011	Cai Ching Man	蔡靜雯		42	106	00:25:40.893	00:19:20.624	00:19:20.624	11:55:59.392	11:55:59.392	12:02:19.661		D2	GA
9	Girls A Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	3001	Lai Shuk Yi	黎淑怡		27	146	00:23:29.136	00:17:35.781	00:17:35.781	11:54:14.549	11:54:14.549	12:00:07.904		D2	GA
9	Girls A Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	3003	Cheng Pui Ka	鄭珮珈		35	146	00:24:42.988	00:18:24.016	00:18:24.016	11:55:02.784	11:55:02.784	12:01:21.756		D2	GA
9	Girls A Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	3004	Jiang Yan Ting	江恩婷		39	146	00:24:56.449	00:19:03.755	00:19:03.755	11:55:42.523	11:55:42.523	12:01:35.217		D2	GA
9	Girls A Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	3002	Ng Hoi Lam	吳海琳		45	146	00:27:28.682	00:20:50.550	00:20:50.550	11:57:29.318	11:57:29.318	12:04:07.450		D2	GA
10	Girls A Grade	HKUGA	HKUGA College	港大同學會書院	3006	Ho Chan Hung	何陳紅		29	151	00:23:53.779	00:18:25.845	00:18:25.845	11:55:04.613	11:55:04.613	12:00:32.546		D2	GA
10	Girls A Grade	HKUGA	HKUGA College	港大同學會書院	3008	Wu Rachel	吳泳馨		36	151	00:24:45.764	00:19:06.776	00:19:06.776	11:55:45.544	11:55:45.544	12:01:24.532		D2	GA
10	Girls A Grade	HKUGA	HKUGA College	港大同學會書院	3005	Ng Sin Ying Cheryl	潘瀟瑩		38	151	00:24:53.878	00:18:33.805	00:18:33.805	11:55:12.573	11:55:12.573	12:01:32.646		D2	GA
10	Girls A Grade	HKUGA	HKUGA College	港大同學會書院	3007	Chui Tin Heng	徐天行		48	151	00:28:53.966	00:21:48.558	00:21:48.558	11:58:27.326	11:58:27.326	12:05:32.734		D2	GA
11	Girls A Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	3020	Ng Ka Huen	伍嘉暉		30	156	00:23:59.008	00:17:54.977	00:17:54.977	11:54:33.745	11:54:33.745	12:00:37.775		D2	GA
11	Girls A Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	3018	Guan Guo Yan Tiffany	官軾妍		33	156	00:24:22.938	00:18:21.434	00:18:21.434	11:55:00.202	11:55:00.202	12:01:01.706		D2	GA
11	Girls A Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	3019	Tse Yu Sum Maisie	謝宇琛		46	156	00:27:29.623	00:20:36.640	00:20:36.640	11:57:15.408	11:57:15.408	12:04:08.391		D2	GA
11	Girls A Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	3017	Chan Chi Lam	陳姿霖		47	156	00:27:32.605	00:20:27.194	00:20:27.194	11:57:05.962	11:57:05.962	12:04:11.373		D2	GA
12	Girls A Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	3025	Leung Ling Sum	梁靈心		31	159	00:23:59.571	00:18:09.423	00:18:09.423	11:54:48.190	11:54:48.190	12:00:38.338		D2	GA
12	Girls A Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	3026	TANG YAN KI GLORIA			41	159	00:25:29.223	00:19:13.594	00:19:13.594	11:55:52.362	11:55:52.362	12:02:07.990		D2	GA
12	Girls A Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	3027	Kwok Wai Lam	郭煒琳		43	159	00:25:46.122	00:19:18.228	00:19:18.228	11:55:56.996	11:55:56.996	12:02:24.890		D2	GA
12	Girls A Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	3028	HUANG SZE KEI			44	159	00:26:07.769	00:19:25.715	00:19:25.715	11:56:04.483	11:56:04.483	12:02:46.537		D2	GA

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**Girls B Grade Team Results**

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category	Position	TeamPoint	OfficialTime	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category
1	Girls B Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	2049	Yuen Yee Huen	袁而萱		7	47	00:21:37.259	00:16:24.976	00:16:24.976	11:53:03.744	11:53:03.744	11:58:16.027		D2	GB
1	Girls B Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	2050	Cheng Wing Yan	鄭穎仁		8	47	00:21:42.264	00:16:24.842	00:16:24.842	11:53:03.610	11:53:03.610	11:58:21.032		D2	GB
1	Girls B Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	2051	Yeung Yi Ching	楊依靜		13	47	00:22:29.530	00:17:11.980	00:17:11.980	11:53:50.748	11:53:50.748	11:59:08.297		D2	GB
1	Girls B Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	2052	Wang Lai Hing Florence	王麗頌		19	47	00:24:02.328	00:17:58.987	00:17:58.987	11:54:37.755	11:54:37.755	12:00:41.095		D2	GB
2	Girls B Grade	SSCS	St. Stephen's College	聖士提反書院	2047	CHUNG TIN WAI ESTHER			11	71	00:22:06.244	00:16:28.992	00:16:28.992	11:53:07.760	11:53:07.760	11:58:45.012		D2	GB
2	Girls B Grade	SSCS	St. Stephen's College	聖士提反書院	2045	Yang Lin Xi	楊林禧		12	71	00:22:25.221	00:17:09.086	00:17:09.086	11:53:47.854	11:53:47.854	11:59:04.288		D2	GB
2	Girls B Grade	SSCS	St. Stephen's College	聖士提反書院	2046	Chan Ying Chuk	陳映竹		14	71	00:22:33.985	00:17:09.201	00:17:09.201	11:53:47.969	11:53:47.969	11:59:12.752		D2	GB
2	Girls B Grade	SSCS	St. Stephen's College	聖士提反書院	2048	CHAN WING SUM			34	71	00:25:19.892	00:19:12.063	00:19:12.063	11:55:50.831	11:55:50.831	12:01:58.659		D2	GB
3	Girls B Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	2026	Lo Hei Mung Hebe	盧希夢		1	74	00:17:36.486	00:13:19.539	00:13:19.539	11:49:58.307	11:49:58.307	11:54:15.254		D2	GB
3	Girls B Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	2025	Lam Wing Tung	林詠彤		17	74	00:23:51.965	00:18:08.293	00:18:08.293	11:54:47.060	11:54:47.060	12:00:30.732		D2	GB
3	Girls B Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	2028	LI TSZ HEI			27	74	00:24:49.696	00:18:35.775	00:18:35.775	11:55:14.543	11:55:14.543	12:01:28.464		D2	GB
3	Girls B Grade	PLKNPL	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	2027	LIAO YUXUAN			29	74	00:24:58.172	00:18:39.395	00:18:39.395	11:55:18.163	11:55:18.163	12:01:36.940		D2	GB
4	Girls B Grade	HTC	Holy Trinity College	寶血會上智英文書院	2009	Xie Tsz Ching	謝芷晴		4	81	00:20:19.316	00:15:27.074	00:15:27.074	11:52:05.842	11:52:05.842	11:56:58.084		D2	GB
4	Girls B Grade	HTC	Holy Trinity College	寶血會上智英文書院	2010	Mok Wing Lam	莫穎琳		6	81	00:20:52.628	00:15:38.786	00:15:38.786	11:52:17.554	11:52:17.554	11:57:31.396		D2	GB
4	Girls B Grade	HTC	Holy Trinity College	寶血會上智英文書院	2012	Yuen Wing Yan	阮詠欣		28	81	00:24:53.192	00:18:55.776	00:18:55.776	11:55:34.544	11:55:34.544	12:01:31.960		D2	GB
4	Girls B Grade	HTC	Holy Trinity College	寶血會上智英文書院	2011	CHNEG SHEUNG CHUEN			43	81	00:28:09.416	00:21:08.045	00:21:08.045	11:57:46.812	11:57:46.812	12:04:48.183		D2	GB
5	Girls B Grade	MSS	Marymount Secondary School	瑪利曼中學	2021	Kor Ka Hei	柯家唏		3	87	00:20:14.577	00:15:15.964	00:15:15.964	11:51:54.731	11:51:54.731	11:56:53.345		D2	GB
5	Girls B Grade	MSS	Marymount Secondary School	瑪利曼中學	2023	Chan Hiu Tung Vernyce	陳曉彤		21	87	00:24:23.399	00:18:11.725	00:18:11.725	11:54:50.492	11:54:50.492	12:01:02.167		D2	GB
5	Girls B Grade	MSS	Marymount Secondary School	瑪利曼中學	2022	Cheng Tian Ying Ruth	鄭天穎		23	87	00:24:38.049	00:18:29.052	00:18:29.052	11:55:07.820	11:55:07.820	12:01:16.817		D2	GB
5	Girls B Grade	MSS	Marymount Secondary School	瑪利曼中學	2024	Lau Lei Ping	劉潔萍		40	87	00:27:25.032	00:20:41.814	00:20:41.814	11:57:20.582	11:57:20.582	12:04:03.800		D2	GB
6	Girls B Grade	HKUGA	HKUGA College	港大同學會書院	2006	Chan Lok Ching	陳樂晴		5	90	00:20:31.970	00:15:30.181	00:15:30.181	11:52:08.949	11:52:08.949	11:57:10.738		D2	GB
6	Girls B Grade	HKUGA	HKUGA College	港大同學會書院	2007	Yip Man Yan	葉浪妍		15	90	00:22:40.018	00:16:50.786	00:16:50.786	11:53:29.553	11:53:29.553	11:59:18.786		D2	GB
6	Girls B Grade	HKUGA	HKUGA College	港大同學會書院	2005	SHOAF CAITLIN AMELIA			33	90	00:25:19.066	00:19:08.279	00:19:08.279	11:55:47.047	11:55:47.047	12:01:57.833		D2	GB
6	Girls B Grade	HKUGA	HKUGA College	港大同學會書院	2008	Lee Hei Tung	李希彤		37	90	00:25:44.676	00:19:09.927	00:19:09.927	11:55:48.695	11:55:48.695	12:02:23.444		D2	GB
7	Girls B Grade	PTMS	Pooi To Middle School	香港培道中學	2030	Sze On Ki	史安琪		9	91	00:21:55.726	00:16:29.697	00:16:29.697	11:53:08.465	11:53:08.465	11:58:34.494		D2	GB
7	Girls B Grade	PTMS	Pooi To Middle School	香港培道中學	2031	Fung Sze Man	馮思敏		16	91	00:22:51.781	00:16:59.096	00:16:59.096	11:53:37.864	11:53:37.864	11:59:30.549		D2	GB
7	Girls B Grade	PTMS	Pooi To Middle School	香港培道中學	2029	WONG TSZ SHAN			30	91	00:24:58.671	00:18:40.162	00:18:40.162	11:55:18.930	11:55:18.930	12:01:37.439		D2	GB
7	Girls B Grade	PTMS	Pooi To Middle School	香港培道中學	2032	TSANG TSOI LAM			36	91	00:25:31.774	00:19:22.048	00:19:22.048	11:56:00.816	11:56:00.816	12:02:10.542		D2	GB
8	Girls B Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	2017	Wong Sheung Kiu	黃湘岐		20	107	00:24:17.720	00:18:06.946	00:18:06.946	11:54:45.713	11:54:45.713	12:00:56.488		D2	GB
8	Girls B Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	2018	Lee Hiu Wai	李曉慧		24	107	00:24:43.843	00:18:54.188	00:18:54.188	11:55:32.956	11:55:32.956	12:01:22.611		D2	GB
8	Girls B Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	2019	Lam Ting Sum Kylie	林廷芷		25	107	00:24:44.055	00:19:06.144	00:19:06.144	11:55:44.912	11:55:44.912	12:01:22.823		D2	GB
8	Girls B Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	2020	Ge Jia En	葛嘉恩		38	107	00:25:52.093	00:19:09.645	00:19:09.645	11:55:48.413	11:55:48.413	12:02:30.861		D2	GB
9	Girls B Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	2004	Ting Chia Ching	丁嘉晴		10	128	00:22:03.778	00:16:46.788	00:16:46.788	11:53:25.555	11:53:25.555	11:58:42.546		D2	GB
9	Girls B Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	2001	Cen Jiavi	岑嘉怡		32	128	00:25:16.209	00:19:11.443	00:19:11.443	11:55:50.211	11:55:50.211	12:01:54.976		D2	GB
9	Girls B Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	2002	Lau Hui Ning	劉翺寧		42	128	00:27:42.162	00:20:46.351	00:20:46.351	11:57:25.119	11:57:25.119	12:04:20.930		D2	GB
9	Girls B Grade	CYT	STFA Cheng Yu Tung Secondary School	順德聯誼總會鄭裕彤中學	2003	Lai Hiu Ching	賴曉晴		44	128	00:28:45.560	00:21:17.760	00:21:17.760	11:57:56.528	11:57:56.528	12:05:24.328		D2	GB
10	Girls B Grade	QES	Queen Elizabeth School	伊利沙伯中學	2033	Cheng Tsz Yu	鄭紫瑜		26	141	00:24:48.501	00:18:59.515	00:18:59.515	11:55:38.283	11:55:38.283	12:01:27.269		D2	GB
10	Girls B Grade	QES	Queen Elizabeth School	伊利沙伯中學	2035	Wong Ching Yu	王靖瑜		35	141	00:25:27.842	00:19:01.216	00:19:01.216	11:55:39.984	11:55:39.984	12:02:06.609		D2	GB
10	Girls B Grade	QES	Queen Elizabeth School	伊利沙伯中學	2036	Luk Him Yau Tryphena	陸謙柔		39	141	00:27:22.959	00:20:27.862	00:20:27.862	11:57:06.630	11:57:06.630	12:04:01.727		D2	GB
10	Girls B Grade	QES	Queen Elizabeth School	伊利沙伯中學	2034	Poon Hoi Ching	潘凱晴		41	141	00:27:29.558	00:20:46.259	00:20:46.259	11:57:25.027	11:57:25.027	12:04:08.326		D2	GB

**THE HONG KONG SCHOOLS SPORTS FEDERATION**  
**Hong Kong Island and Kowloon Secondary Schools Regional Committee**  
**Inter-School Cross-Country Competition 2022-2023**  
**Division Two**

**Girls C Grade Team Results**

Position	Grade	Abbr.	School	學校	Bib	Name	姓名	Category	Position	Team Point	Official Time	Point G1	Point G2	Time G1	Time G2	Time Finish	Remark	Division	Category
1	Girls C Grade	HKUGA	HKUGA College	港大同學會書院	1005	Ng Sum Yau Isa	吳心悠		1	33	00:20:16.042	00:15:29.397	00:15:29.397	11:20:00.547	11:20:00.547	11:24:47.193		D2	GC
1	Girls C Grade	HKUGA	HKUGA College	港大同學會書院	1006	SUN DIAJA OCEANA			8	33	00:21:47.749	00:16:31.719	00:16:31.719	11:21:02.870	11:21:02.870	11:26:18.900		D2	GC
1	Girls C Grade	HKUGA	HKUGA College	港大同學會書院	1007	Chan Ching Man	陳靖汶		9	33	00:21:51.221	00:15:48.261	00:15:48.261	11:20:19.411	11:20:19.411	11:26:22.372		D2	GC
1	Girls C Grade	HKUGA	HKUGA College	港大同學會書院	1008	Tsang Alana	曾心瑜		15	33	00:22:39.174	00:17:09.386	00:17:09.386	11:21:40.536	11:21:40.536	11:27:10.324		D2	GC
2	Girls C Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	1045	Yip Megan Claire	葉慧敏		2	39	00:20:20.544	00:15:37.816	00:15:37.816	11:20:08.966	11:20:08.966	11:24:51.695		D2	GC
2	Girls C Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	1047	Li Hei Yiu	李晞瑤		3	39	00:20:33.452	00:15:35.925	00:15:35.925	11:20:07.075	11:20:07.075	11:25:04.603		D2	GC
2	Girls C Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	1046	Cheng Pak Sze	鄭柏思		4	39	00:20:35.897	00:15:37.150	00:15:37.150	11:20:08.300	11:20:08.300	11:25:07.048		D2	GC
2	Girls C Grade	SSGC	St. Stephen's Girls' College	聖士提反女子中學	1048	Yeung Wing Lam	楊詠嵐		30	39	00:24:52.018	00:18:59.006	00:18:59.006	11:23:30.157	11:23:30.157	11:29:23.169		D2	GC
3	Girls C Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	1020	Li Tsz Yee	李芷儀		7	66	00:21:33.604	00:16:24.066	00:16:24.066	11:20:55.217	11:20:55.217	11:26:04.754		D2	GC
3	Girls C Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	1017	Ma Wan Wai Karen	馬芸慧		17	66	00:22:48.700	00:17:07.032	00:17:07.032	11:21:38.182	11:21:38.182	11:27:19.850		D2	GC
3	Girls C Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	1018	Ng Yin Ning Veronica	黃彥寧		20	66	00:23:14.256	00:17:12.452	00:17:12.452	11:21:43.602	11:21:43.602	11:27:45.407		D2	GC
3	Girls C Grade	MCS	Maryknoll Convent School	瑪利諾修院學校(中學部)	1019	Lam Wai Faye	林熾婁		22	66	00:23:34.384	00:17:42.808	00:17:42.808	11:22:13.959	11:22:13.959	11:28:05.535		D2	GC
4	Girls C Grade	MSS	Marvmount Secondary School	瑪利曼中學	1022	Chan Kahla	陳美瑜		6	73	00:21:13.922	00:16:03.277	00:16:03.277	11:20:34.428	11:20:34.428	11:25:45.072		D2	GC
4	Girls C Grade	MSS	Marvmount Secondary School	瑪利曼中學	1021	Ho Chung Yee	何仲怡		11	73	00:22:02.759	00:16:25.041	00:16:25.041	11:20:56.192	11:20:56.192	11:26:33.910		D2	GC
4	Girls C Grade	MSS	Marvmount Secondary School	瑪利曼中學	1023	Yuen Chin Wing Naomi	阮芊穎		16	73	00:22:46.078	00:16:40.740	00:16:40.740	11:21:11.890	11:21:11.890	11:27:17.228		D2	GC
4	Girls C Grade	MSS	Marvmount Secondary School	瑪利曼中學	1024	Yeung Hoi Ting Heidi	楊凱婷		40	73	00:28:51.877	00:21:30.352	00:21:30.352	11:26:01.502	11:26:01.502	11:33:23.028		D2	GC
5	Girls C Grade	PTMS	Pooi To Middle School	香港培道中學	1029	Tse Man Wai	謝文慧		14	94	00:22:29.705	00:17:02.469	00:17:02.469	11:21:33.619	11:21:33.619	11:27:00.855		D2	GC
5	Girls C Grade	PTMS	Pooi To Middle School	香港培道中學	1031	Chan Tsz Ting	陳梓婷		25	94	00:24:16.133	00:18:07.796	00:18:07.796	11:22:38.946	11:22:38.946	11:28:47.283		D2	GC
5	Girls C Grade	PTMS	Pooi To Middle School	香港培道中學	1030	Lo Wing Lam	羅穎琳		27	94	00:24:23.874	00:18:17.774	00:18:17.774	11:22:48.924	11:22:48.924	11:28:55.024		D2	GC
5	Girls C Grade	PTMS	Pooi To Middle School	香港培道中學	1032	Li Hiu Ching	李曉晴		28	94	00:24:27.891	00:17:20.252	00:17:20.252	11:21:51.403	11:21:51.403	11:28:59.041		D2	GC
6	Girls C Grade	QES	Queen Elizabeth School	伊利沙伯中學	1033	Lee Hoi Ming	李凱明		13	97	00:22:29.327	00:16:34.695	00:16:34.695	11:21:05.845	11:21:05.845	11:27:00.477		D2	GC
6	Girls C Grade	QES	Queen Elizabeth School	伊利沙伯中學	1035	Kwok Tsz Yau	郭芷攸		21	97	00:23:32.712	00:17:28.161	00:17:28.161	11:21:59.312	11:21:59.312	11:28:03.863		D2	GC
6	Girls C Grade	QES	Queen Elizabeth School	伊利沙伯中學	1034	Ng Wing Lam	吳詠嵐		29	97	00:24:45.637	00:18:34.709	00:18:34.709	11:23:05.859	11:23:05.859	11:29:16.788		D2	GC
6	Girls C Grade	QES	Queen Elizabeth School	伊利沙伯中學	1036	Chow Lok Yee	周洛儀		34	97	00:26:22.293	00:19:45.019	00:19:45.019	11:24:16.169	11:24:16.169	11:30:53.444		D2	GC
7	Girls C Grade	SSCS	St. Stephen's College	聖士提反書院	1041	Ma Ho Ho	馬可		18	102	00:22:49.477	00:16:35.254	00:16:35.254	11:21:06.404	11:21:06.404	11:27:20.627		D2	GC
7	Girls C Grade	SSCS	St. Stephen's College	聖士提反書院	1043	Au Oi Yu Angelina	區議瑜		19	102	00:22:54.404	00:16:55.020	00:16:55.020	11:21:26.170	11:21:26.170	11:27:25.554		D2	GC
7	Girls C Grade	SSCS	St. Stephen's College	聖士提反書院	1042	Tse Wing Yee	謝穎怡		32	102	00:25:05.285	00:18:45.597	00:18:45.597	11:23:16.747	11:23:16.747	11:29:36.436		D2	GC
7	Girls C Grade	SSCS	St. Stephen's College	聖士提反書院	1044	Chan Jenkie Kately	陳靖琪		33	102	00:25:29.049	00:19:05.472	00:19:05.472	11:23:36.623	11:23:36.623	11:30:00.199		D2	GC
8	Girls C Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	1039	Leung Man Hei Joanne	梁文曦		26	133	00:24:17.124	00:18:44.775	00:18:44.775	11:23:15.925	11:23:15.925	11:28:48.274		D2	GC
8	Girls C Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	1037	Lam Karena Cheuk Nam	林焯楠		31	133	00:25:00.685	00:18:56.974	00:18:56.974	11:23:28.125	11:23:28.125	11:29:31.836		D2	GC
8	Girls C Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	1038	Ngan Wai Wan	顏蔚雲		37	133	00:27:08.938	00:20:06.124	00:20:06.124	11:24:37.274	11:24:37.274	11:31:40.088		D2	GC
8	Girls C Grade	SCGS	St. Clare's Girls' School	聖嘉勒女書院	1040	Choi Tsz Ying	蔡梓瑩		39	133	00:27:42.240	00:20:40.092	00:20:40.092	11:25:11.243	11:25:11.243	11:32:13.391		D2	GC