

Inter-School Swimming Championships 2011/2012
Division Three (Hong Kong)

1. Attached please find the Official List. All officials should **report to the covenor at 8:05am** at the Marshalling Stand.

2. Officials
 - 2.1 In view of tight schedule, all officials must report on time or the programme cannot be completed before 6:00pm.
 - 2.2 If any official fails to report duty on time, students from the school concerned will be strictly prohibited from participating in any competition throughout the official absence period and further action will be taken.
 - 2.3 The number of officials is just enough to run a Championships and all officials should expect to work whole day.
 - 2.4 **Official vest will be provided** for easy identification. All officials must wear the vest during duty and return the vest to the Marshalling by the end of each competition day.
 - 2.5 **All officials should wear clean slippers** when entering the Pool Deck Area.

3. Programme
 - 3.1 **PROGRAMME WILL NOT BE MAILED TO SCHOOLS.**
 - 3.2 The Day One Programme will be upload to the HKSSF website on 26th September (www.hkssf.org.hk/hk/sec/events/sw.htm).
 - 3.3 Final Day Programme will be available on the web 11:00am the next working day after competition.

4. Rules
 - 4.1 **One Start rule** will be implemented.
 - 4.2 All 200m races will be swum in straight final format.

5. Marshalling
 - 5.1 The two seating blocks at the left hand side of the pool is for Marshalling.
 - 5.2 Each event will be called twice. All competitors must report to the Marshal.
 - 5.3 Any competitors who arrive after their race being sent to the poolside are liable to disqualification.

6. Registration Card
 - 6.1 Registration card must be produced when competitors report to the Marshal.
 - 6.2 When swimmers finish their race, they must collect their registration cards and go back to the Spectators' Stand / Cool Down Pool immediately. They are not allowed to wander around the Pool Deck Area.

7. Substitution

Substitution can only be done before 8:45am prior to the start of 1st event on Heats Day & should be supported by doctors' certificates.

8. Warm Up
- 8.1 Warm up will be allowed at main pool before competition.
 - 8.2 BOYS' Session: 8:15am – 8:25am.
 - 8.3 GIRLS' Session: 8:25am – 8:35am.
 - 8.4 First event will start at 8:45am.
 - 8.5 Competitors must leave the pool immediately once their warm up session has been ended.
 - 8.6 Competitors must use the stairs allocated on each side of the pool when leaving the pool. **DO NOT pull themselves up at the touch pad area**, as this may affect the operation of the automatic officiating equipment.
 - 8.7 No diving is allowed at the warm up session.
 - 8.8 Time for afternoon warm up will be announced.
9. After finishing their races, swimmers must stay in their own lanes and should not leave until all swimmers have completed the race. Any undue obstruction to other swimmers may lead to disqualification.
10. Cool Down
- The Indoor Training Pool will be opened for cool down during competition. For the sake of swimmers' safety and proper control of the cool down activities, please note for the followings:-
- 10.1 Swimmers are only allowed to use the cool down pool right after their races.
 - 10.2 Swimmers must register with their registration card at the counter before entering the cool down pool.
 - 10.3 Swimmers will only be given 15 minutes for cool down.
 - 10.4 Swimmers must collect their registration card after cool down and return to the spectator stand.
 - 10.5 No spectators will be entertained.
11. Display of Results
- Results will be displayed inside the foyer at the back of the Spectators' Stand.
12. Hygiene
- 12.1 Swimmers, officials entering pool deck area **MUST WEAR SLIPPERS or without shoes**.
 - 12.2 Swimmers should get changed and wash their bodies before warm up in the main pool.
13. Safety
- 13.1 Swimmers must not wander around or chasing each other in the corridor and the Spectators' Stand.
 - 13.2 Please keep the passageway clear to avoid congestion.
 - 13.3 No eating, drinking is allowed at the Spectators' Stand.
 - 13.4 Teachers must instruct their swimmers to look after their personal belongings.
14. Prize Presentation
- 14.1 All winning teams can only send four representatives at the Prize Presentation Ceremony.
 - 14.2 Due to limited space, photo taking is only allowed at the spectator stand.

Leung Chi Shing
Convenor

To : All Div. III (HK) Swimming schools
Date : 24th September 2011