

Standard for Swimming (Division One) 2022-2023

Events	Boys			Girls		
	A	B	C	A	B	C
50m Free Style	29.50	30.00	33.50	35.00	36.00	37.00
100m Free Style	1:14.00	1:15.00	1:17.00	1:27.00	1:28.00	1:29.00
200m Free Style	3:10.00	3:12.00	3:22.00	3:35.00	3:35.00	3:40.00
50m Back Stroke	40.00	40.50	42.00	46.00	47.00	50.00
100m Back Stroke	1:38.00	1:43.00	1:48.00	1:55.00	1:55.00	2:00.00
50m Breast Stroke	40.00	40.00	44.00	47.00	48.00	48.50
100m Breast Stroke	1:35.00	1:36.00	1:39.00	1:55.00	1:55.00	2:00.00
200m Breast Stroke	3:35.00	3:38.00	3:48.00	4:00.00	4:05.00	4:10.00
50m Butterfly	36.50	36.50	39.50	42.00	44.00	45.00
200m Individual Medley	3:30.00	3:33.00	3:38.00	3:40.00	3:50.00	4:00.00
4 x 50m Medley Relay	2:20.00	2:20.00	2:35.00	2:50.00	2:50.00	2:50.00
4 x 50m Free Style Relay	2:03.00	2:05.00	2:15.00	2:25.00	2:25.00	2:25.00