

Inter-School Swimming Championships 2011/2012

HK Island & Kowloon
Division One (Final Results)

Boys A Grade

50m Free Style

| | | | |
|---|-----------------------|--------|-------|
| 1 | Chow Hiu Lok Jonathan | SJC | 24.42 |
| 2 | Wong Yui Hong | PLKNPL | 24.82 |
| 3 | Cheng Ka Ki Kelvin | SJC | 25.07 |
| 4 | Cheuk Tin Hon | DBS | 25.16 |
| 5 | Chong Tsz Fung | FSS-KT | 25.20 |
| 6 | Law King Yung Darrell | LSC | 25.37 |
| 7 | Kan Tsz Chung | DBS | 25.39 |
| 8 | Chow Tin Lok | RC | 25.65 |

100m Free Style

| | | | |
|---|------------------------|-----|-------|
| 1 | Law Wai Tsun | SJC | 52.75 |
| 2 | Chan Kin Hang Edmund | DBS | 53.42 |
| 3 | Chan Tsz Ho | SJC | 53.80 |
| 4 | Billy Lui Sheung Chung | LSC | 54.48 |
| 5 | Law King Yung Darrell | LSC | 54.53 |
| 6 | Cheuk Tin Hon | DBS | 54.69 |
| 7 | Wong Ching Cornelius | RC | 54.82 |
| 8 | Poon Ching Leung Sunny | YWC | 57.24 |

200m Free Style

| | | | |
|---|------------------------|-----|-----------|
| 1 | Law Wai Tsun | SJC | 1 : 54.62 |
| 2 | Chan Tsz Ho | SJC | 1 : 56.14 |
| 3 | Wong Ching Cornelius | RC | 1 : 57.91 |
| 4 | Sin Chin Ting | LSC | 2 : 0.78 |
| 5 | Lau Chak Lam Nicholas | DBS | 2 : 1.03 |
| 6 | Kwong Chun Kit Thomas | DBS | 2 : 2.77 |
| 7 | Billy Lui Sheung Chung | LSC | 2 : 6.89 |
| 8 | Chan Ching Ho | YWC | 2 : 9.77 |

50m Back Stroke

| | | | |
|---|----------------------|--------|-------|
| 1 | Ching Kim Fu | LSC | 27.58 |
| 2 | Ng Kai Hong Henry | SJC | 27.69 |
| 3 | Wong Sing Tsun Derek | DBS | 28.26 |
| 4 | Lam Jun Hay Nicholas | DBS | 28.67 |
| 5 | Chan Tsz Yin | SJC | 28.91 |
| 6 | Law Wing Yat Adrian | LSC | 29.18 |
| 7 | Chong Tsz Fung | FSS-KT | 29.38 |
| 8 | Kwok Darryl Chun Yin | SPC | 29.92 |

100m Back Stroke

| | | | |
|---|----------------------|------|----------|
| 1 | Ng Kai Hong Henry | SJC | 1 : 0.24 |
| 2 | Wong Sing Tsun Derek | DBS | 1 : 0.99 |
| 3 | Mak King To | SJC | 1 : 1.47 |
| 4 | Ching Kim Fu | LSC | 1 : 1.56 |
| 5 | Law Wing Yat Adrian | LSC | 1 : 3.50 |
| 6 | Lam Jun Hay Nicholas | DBS | 1 : 3.82 |
| 7 | Chau Tsun Ho | SPC | 1 : 5.21 |
| 8 | Hayhoe Luke Kennedy | HKIS | 1 : 6.17 |

50m Breast Stroke

| | | | |
|---|--------------------|--------|-------|
| 1 | Ng Chun Nam Derick | SJC | 29.60 |
| 2 | Ma Chi Wang Damien | DBS | 30.50 |
| 3 | Li Long Yin Lewis | DBS | 30.62 |
| 4 | Lam Cheuk Yin | RC | 31.29 |
| 5 | Szeto Hin Fung | FSS-KT | 32.25 |
| 6 | Fan King Nam | WYK | 32.33 |
| 7 | Wong Pak Nam | YWC | 32.43 |
| 8 | Ho Tsun Ho | SJC | 32.59 |

100m Breast Stroke

| | | | |
|---|--------------------|-----|-----------|
| 1 | Po Yue Kai | SJC | 1 : 6.07 |
| 2 | Ma Chi Wang Damien | DBS | 1 : 6.36 |
| 3 | Li Long Yin Lewis | DBS | 1 : 9.10 |
| 4 | Cheng Herman | LSC | 1 : 10.62 |
| 5 | Lam Cheuk Yin | RC | 1 : 11.00 |
| 6 | Fan King Nam | WYK | 1 : 11.28 |
| 7 | Lee Chun Yin Oscar | YWC | 1 : 13.57 |
| 8 | Wong Pak Nam | YWC | 1 : 16.08 |

200m Breast Stroke

| | | | |
|---|-----------------------|------|-----------|
| 1 | Fan Kwan Ho | LSC | 2 : 24.74 |
| 2 | Po Yue Kai | SJC | 2 : 25.09 |
| 3 | Wong Hackett | DBS | 2 : 30.69 |
| 4 | Lau Chak Lam Nicholas | DBS | 2 : 31.03 |
| 5 | Cheng Herman | LSC | 2 : 37.66 |
| 6 | Lee Chun Yin Oscar | YWC | 2 : 39.27 |
| 7 | Lau Chun Ming Chris | SJC | 2 : 44.26 |
| 8 | Hau Nok Hin | PCMS | 2 : 49.25 |

50m Butterfly

| | | | |
|---|--------------------------|------|-------|
| 1 | Leung Lok Sang | DBS | 26.77 |
| 2 | Allen Benjamin Frederick | LSC | 27.14 |
| 3 | Ho Tsun Ho | SJC | 27.17 |
| 4 | Metcalfe William Ka Fai | HKIS | 27.32 |
| 5 | Chau Tsun Ho | SPC | 27.33 |
| 6 | Kwong Chun Kit Thomas | DBS | 27.49 |
| 7 | Lee Man Yin | SJC | 27.77 |
| 8 | Chan Chun Ting | LSC | 27.87 |

200m Individual Medley

| | | | |
|---|-------------------------|------|-----------|
| 1 | Ng Chun Nam Derick | SJC | 2 : 6.89 |
| 2 | Sin Chin Ting | LSC | 2 : 12.83 |
| 3 | Chan Kin Hang Edmund | DBS | 2 : 13.65 |
| 4 | Mak King To | SJC | 2 : 14.59 |
| 5 | Metcalfe William Ka Fai | HKIS | 2 : 15.45 |
| 6 | Wong Hackett | DBS | 2 : 16.78 |
| 7 | Fan Kwan Ho | LSC | 2 : 20.23 |
| 8 | Hayhoe Luke Kennedy | HKIS | 2 : 26.92 |

4x50m Medley Relay

| | | | |
|---|--|--------|-----------|
| 1 | | SJC | 1 : 46.43 |
| 2 | | DBS | 1 : 49.44 |
| 3 | | LSC | 1 : 51.87 |
| 4 | | FSS-KT | 1 : 54.11 |
| 5 | | SPC | 1 : 57.77 |
| 6 | | PLKNPL | 1 : 58.54 |
| 7 | | WYK | 2 : 1.07 |
| 8 | | PCMS | 2 : 1.90 |

4x50m Free Style Relay

| | | | |
|---|--|------|-----------|
| 1 | | DBS | 1 : 37.23 |
| 2 | | SJC | 1 : 37.57 |
| 3 | | LSC | 1 : 40.56 |
| 4 | | RC | 1 : 42.76 |
| 5 | | HKIS | 1 : 45.96 |
| 6 | | YWC | 1 : 49.27 |
| 7 | | PCMS | 1 : 49.81 |
| 8 | | WYK | 1 : 51.15 |

Boys B Grade**50m Free Style**

| | | | |
|---|-----------------------|--------|-------|
| 1 | Ko Ka Chun Marcus | DBS | 25.06 |
| 2 | Wu Ho Ming | SJC | 25.13 |
| 3 | Siu Shing Sang Samson | DBS | 25.31 |
| 4 | Chen Cheuk Fung | SJC | 25.47 |
| 5 | Lam Ka Chun | FSS-KT | 25.79 |
| 6 | Kwok Pak Hei Dixon | LSC | 25.89 |
| 7 | Sin Ka Yeung | YWC | 26.06 |
| 8 | Tang Jia Jun | LSC | 26.25 |

100m Free Style

| | | | |
|---|--------------------|--------|-------|
| 1 | Au Tsz Ho Michael | DBS | 53.27 |
| 2 | Chan Chun Hei | DBS | 55.16 |
| 3 | Chen Cheuk Fung | SJC | 55.80 |
| 4 | Tse Chun San Marco | SJC | 56.62 |
| 5 | Lam Ka Chun | FSS-KT | 56.94 |
| 6 | Kwok Pak Hei Dixon | LSC | 56.96 |
| 7 | Wong Chun Wai | YWC | 57.81 |
| 8 | Chan Ka Ho | PLKNPL | 59.44 |

200m Free Style

| | | | |
|---|--------------------|------|-----------|
| 1 | Au Tsz Ho Michael | DBS | 1 : 58.28 |
| 2 | Suen Tsz Hin | SJC | 2 : 0.29 |
| 3 | Kwan Pak Hong | DBS | 2 : 2.30 |
| 4 | Lau Ka Chun | SJC | 2 : 2.73 |
| 5 | Ruan Nicholas Lipn | HKIS | 2 : 3.09 |
| 6 | Wong Chun Wai | YWC | 2 : 5.88 |
| 7 | Wu Wing Hei Boris | SPC | 2 : 9.60 |
| 8 | Lai Chun Wai | YWC | 2 : 9.62 |

50m Back Stroke

| | | | |
|---|---------------------|--------|-------|
| 1 | Lau Shiu Yue Barton | DBS | 28.58 |
| 2 | Fung Chun Ho | FSS-KT | 28.84 |
| 3 | Cheung Yau Ming | DBS | 29.13 |
| 4 | Wu Ho Ming | SJC | 29.21 |
| 5 | Mo Tsun Hei | LSC | 29.63 |
| 6 | Mak Andrew | SJC | 29.67 |
| 7 | Choi Lai Wo | LSC | 31.13 |
| 8 | Poon Lok Hang | WYK | 31.64 |

100m Back Stroke

| | | | |
|---|-----------------------|--------|----------|
| 1 | Fung Chun Ho | FSS-KT | 1 : 1.25 |
| 2 | Lau Shiu Yue Barton | DBS | 1 : 1.88 |
| 3 | Kan Sheung Lai Jeremy | DBS | 1 : 3.85 |
| 4 | Mak Andrew | SJC | 1 : 3.93 |
| 5 | Mo Tsun Hei | LSC | 1 : 4.04 |
| 6 | Cheung Kanji | PCMS | 1 : 6.96 |
| 7 | Choi Lai Wo | LSC | 1 : 7.25 |
| 8 | Tse Chun San Marco | SJC | 1 : 8.00 |

50m Breast Stroke

| | | | |
|----|-------------------|-----|-------|
| 1 | Tam Ka Ming | DBS | 30.17 |
| 2 | Ko Ka Chun Marcus | DBS | 31.06 |
| 3 | Ling Jonah | RC | 32.06 |
| 4 | Wong Ching Yin | SJC | 32.43 |
| 5 | Wong Ting Chun | YWC | 32.48 |
| =6 | Wong Chun Lok | LSC | 33.31 |
| =6 | Yu Lai Hang | SJC | 33.31 |
| 8 | Lee Hon Lam | LSC | 35.23 |

100m Breast Stroke

| | | | |
|---|------------------------|-----|-----------|
| 1 | Chu Kai Shing | SJC | 1 : 7.86 |
| 2 | Tam Ka Ming | DBS | 1 : 7.93 |
| 3 | Choi Shing Tung Sutton | DBS | 1 : 8.89 |
| 4 | Ling Jonah | RC | 1 : 9.91 |
| 5 | Leung Tsz Fung | SJC | 1 : 10.82 |
| 6 | Wong Ting Chun | YWC | 1 : 10.97 |
| 7 | Chan Ho Cheung | LSC | 1 : 12.23 |
| 8 | Wong Chun Lok | LSC | 1 : 13.23 |

50m Butterfly

| | | | |
|---|-----------------------|-----|-------|
| 1 | Ho Tin Long | DBS | 26.62 |
| 2 | Leung Ming Fung | SJC | 27.10 |
| 3 | Siu Shing Sang Samson | DBS | 27.21 |
| 4 | Wong Ching Yin | SJC | 27.29 |
| 5 | Tang Jia Jun | LSC | 27.74 |
| 6 | Lee Gwan Cheung | WYK | 28.15 |
| 7 | Chung Chak Yin | YWC | 28.16 |
| 8 | Chan Ho Cheung | LSC | 28.44 |

4x50m Medley Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DBS | 1 : 51.21 |
| 2 | | SJC | 1 : 52.73 |
| 3 | | LSC | 1 : 56.38 |
| 4 | | YWC | 1 : 59.17 |
| 5 | | FSS-KT | 2 : 3.00 |
| 6 | | HKIS | 2 : 4.41 |
| 7 | | WYK | 2 : 5.44 |

Boys C Grade**50m Free Style**

| | | | |
|---|---------------------|-----|-------|
| 1 | Ng Chi Chun Timothy | DBS | 26.92 |
| 2 | Yu Man Lok | YWC | 26.96 |
| 3 | Tso Ka Ho | SJC | 27.00 |
| 4 | Leung Ka Yue | DBS | 27.27 |
| 5 | Lam Ho Yin Martin | LSC | 27.36 |
| 6 | Wong Yu Wai | SJC | 27.88 |
| 7 | Kwong Terry | SPC | 28.55 |

200m Free Style

| | | | |
|---|----------------------|-----|-----------|
| 1 | Fung Tsz Ching Jason | SJC | 2 : 8.84 |
| 2 | Yeung Chun Yin Chris | LSC | 2 : 10.33 |
| 3 | Ng Yu Hin | SJC | 2 : 12.22 |
| 4 | Tse Tsz Fung | DBS | 2 : 12.45 |
| 5 | Tse Hon Ting | YWC | 2 : 15.61 |
| 6 | Lee Tze Hong | LSC | 2 : 17.21 |
| 7 | Tsang Hing Cheung | QC | 2 : 20.45 |
| 8 | Cheng Hei Man Marco | DBS | 2 : 20.84 |

200m Breast Stroke

| | | | |
|---|------------------------|--------|-----------|
| 1 | Choi Shing Tung Sutton | DBS | 2 : 29.68 |
| 2 | Chu Kai Shing | SJC | 2 : 31.07 |
| 3 | Leung Tsz Fung | SJC | 2 : 31.70 |
| 4 | Ng Yan Kin | DBS | 2 : 33.66 |
| 5 | Cheng Chi Yan | LSC | 2 : 42.66 |
| 6 | Lau Chak Lam | FSS-KT | 2 : 42.72 |
| 7 | Jiang Bernard Tang | HKIS | 2 : 45.01 |
| 8 | Li Kin Man | FSS-KT | 2 : 48.53 |

200m Individual Medley

| | | | |
|---|--------------------|------|-----------|
| 1 | Chan Chun Hei | DBS | 2 : 15.36 |
| 2 | Suen Tsz Hin | SJC | 2 : 15.57 |
| 3 | Lui Chun Ting | DBS | 2 : 20.60 |
| 4 | Leung Ming Fung | SJC | 2 : 21.07 |
| 5 | Lai Chun Wai | YWC | 2 : 21.74 |
| 6 | Ruan Nicholas Lipn | HKIS | 2 : 23.06 |
| 7 | Lee Gwan Cheung | WYK | 2 : 26.66 |
| 8 | Cheng Chris | LSC | 2 : 29.45 |

4x50m Free Style Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DBS | 1 : 38.15 |
| 2 | | SJC | 1 : 41.41 |
| 3 | | FSS-KT | 1 : 42.70 |
| 4 | | LSC | 1 : 45.49 |
| 5 | | YWC | 1 : 48.52 |
| 6 | | PLKNPL | 1 : 53.91 |
| 7 | | SPC | 1 : 55.73 |
| 8 | | WYK | 1 : 59.58 |

100m Free Style

| | | | |
|---|-------------------------|-----|----------|
| 1 | Ng Chi Chun Timothy | DBS | 59.01 |
| 2 | Tso Ka Ho | SJC | 59.58 |
| 3 | Lam Ho Yin Martin | LSC | 1 : 0.53 |
| 4 | Wong Yu Wai | SJC | 1 : 1.05 |
| 5 | Leung Ka Yue | DBS | 1 : 1.39 |
| 6 | Lee Tze Hong | LSC | 1 : 2.06 |
| 7 | Yung Cheuk Long Charlie | YWC | 1 : 2.30 |
| 8 | Hui Tsit Man | SPC | 1 : 3.20 |

50m Back Stroke

| | | | |
|---|--------------------------|--------|-------|
| 1 | Lam King Shing Kyle | DBS | 30.46 |
| 2 | Cheng Hei Man Marco | DBS | 30.90 |
| 3 | Sun Kin Ho | LSC | 30.97 |
| 4 | Lui Chun Yin | LSC | 31.48 |
| 5 | Chung Cheuk Hei Matthew | RC | 32.55 |
| 6 | Yiu Chim Hei | SJC | 32.72 |
| 7 | Au-Yeung Chung Hang Feli | SJC | 33.02 |
| 8 | Chan Wai Him | FSS-KT | 33.51 |

100m Back Stroke

| | | | |
|---|-------------------------|-----|-----------|
| 1 | Leung Chun Hoi | SJC | 1 : 6.64 |
| 2 | Lam King Shing Kyle | DBS | 1 : 6.93 |
| 3 | Chi Oscar | LSC | 1 : 8.46 |
| 4 | Ho Chun Him | DBS | 1 : 8.48 |
| 5 | Chung Cheuk Hei Matthew | RC | 1 : 10.80 |
| 6 | Yiu Chim Hei | SJC | 1 : 11.27 |
| 7 | Lui Chun Yin | LSC | 1 : 12.03 |

50m Breast Stroke

| | | | |
|---|-------------------|-----|-------|
| 1 | Ng Chau Lung | WYK | 33.07 |
| 2 | Wong Wai Yan Ryan | SJC | 33.15 |
| 3 | Lau Yan To | DBS | 33.40 |
| 4 | Lau Chun Hei | YWC | 34.71 |
| 5 | Shea Kwan Chun | LSC | 35.16 |
| 6 | Ching Yuk Tsun | LSC | 35.24 |
| 7 | Chan Tin Wai | YWC | 35.50 |
| 8 | Lau Yat Fung | DBS | 35.70 |

100m Breast Stroke

| | | | |
|---|-------------------------|--------|-----------|
| 1 | Lam Ho Ching Horace | LSC | 1 : 13.39 |
| 2 | Wong Wai Yan Ryan | SJC | 1 : 13.75 |
| 3 | Lau Yan To | DBS | 1 : 13.86 |
| 4 | Wong Ho Kiu | RC | 1 : 14.63 |
| 5 | Mak Tai Ye | FSS-KT | 1 : 16.26 |
| 6 | Ching Yuk Tsun | LSC | 1 : 17.33 |
| 7 | Chow Cheuk Loong Justin | SJC | 1 : 17.57 |

200m Breast Stroke

| | | | |
|----|---------------------|--------|-----------|
| 1 | Lam Sheung Nam | DBS | 2 : 32.67 |
| 2 | Lau Yat Fung | DBS | 2 : 39.56 |
| =3 | Shea Kwan Chun | LSC | 2 : 43.19 |
| =3 | Mak Tai Ye | FSS-KT | 2 : 43.19 |
| 5 | Lam Ho Ching Horace | LSC | 2 : 43.40 |
| 6 | Wong Ho Kiu | RC | 2 : 45.71 |
| 7 | Lau Chi Hang | WYK | 2 : 47.75 |
| 8 | Ng Chau Lung | WYK | 2 : 48.29 |

50m Butterfly

| | | | |
|---|-------------------------|--------|-------|
| 1 | Pun Kwong Kin | DBS | 28.49 |
| 2 | Ng Yu Hin | SJC | 28.94 |
| 3 | Lau Chun Hei | YWC | 29.19 |
| 4 | Lo Cheuk Chun | DBS | 30.50 |
| 5 | Tsang Hing Cheung | QC | 30.59 |
| 6 | Yung Cheuk Long Charlie | YWC | 30.73 |
| 7 | Sun Kin Ho | LSC | 30.94 |
| 8 | Chu Kin Fung | PLKNPL | 31.12 |

200m Individual Medley

| | | | |
|---|------------------------|-----|-----------|
| 1 | Leung Chun Hoi | SJC | 2 : 22.49 |
| 2 | Yeung Chun Yin Chris | LSC | 2 : 24.96 |
| 3 | Pun Kwong Kin | DBS | 2 : 26.78 |
| 4 | Tse Tsz Fung | DBS | 2 : 27.25 |
| 5 | Fung Tsz Ching Jason | SJC | 2 : 29.01 |
| 6 | Chi Oscar | LSC | 2 : 29.84 |
| 7 | Tse Hon Ting | YWC | 2 : 36.11 |
| 8 | Cheong Ka Long Michael | SPC | 2 : 39.15 |

4x50m Medley Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DBS | 1 : 58.27 |
| 2 | | SJC | 2 : 1.83 |
| 3 | | LSC | 2 : 4.95 |
| 4 | | YWC | 2 : 6.53 |
| 5 | | FSS-KT | 2 : 9.12 |
| 6 | | RC | 2 : 10.70 |
| 7 | | SPC | 2 : 15.83 |
| 8 | | PCMS | 2 : 16.33 |

4x50m Free Style Relay

| | | | |
|---|--|--------|-----------|
| 1 | | SJC | 1 : 48.81 |
| 2 | | DBS | 1 : 49.53 |
| 3 | | LSC | 1 : 50.59 |
| 4 | | YWC | 1 : 58.36 |
| 5 | | FSS-KT | 2 : 4.34 |
| 6 | | QC | 2 : 5.55 |
| 7 | | RC | 2 : 5.95 |
| 8 | | SPC | 2 : 6.29 |

Girls A Grade**50m Free Style**

| | | | |
|---|--------------------|------|-------|
| 1 | Chung Yan Ting | DGS | 27.43 |
| 2 | Chan Kin Lok | HYS | 27.46 |
| 3 | Wong Ka Yan | DGS | 27.85 |
| 4 | Poon Wan Yi Janice | SFCC | 27.88 |
| 5 | Cheung Ho Ka | GHS | 27.95 |
| 6 | Chan Lai Yee | HYS | 28.28 |
| 7 | Lui Ming Wai | SFCC | 28.93 |
| 8 | Ng Ka Ying | SSGC | 29.32 |

100m Free Style

| | | | |
|---|--------------------|------|----------|
| 1 | Chung Yan Ting | DGS | 59.11 |
| 2 | Chan Lai Yee | HYS | 1 : 0.88 |
| 3 | Wong Ka Yan | DGS | 1 : 1.02 |
| 4 | Lui Ming Wai | SFCC | 1 : 2.48 |
| 5 | Ng Chui Wa | HYS | 1 : 3.17 |
| 6 | Mau Lok Yan Eunice | MCS | 1 : 3.41 |
| 7 | To Sze Wai | GHS | 1 : 5.59 |
| 8 | Lee Yan Ki | GHS | 1 : 6.25 |

200m Free Style

| | | | |
|---|-------------------------|------|-----------|
| 1 | Tang Wing Yung Natasha | IDGS | 2 : 4.60 |
| 2 | Leung Ya Yuan Rachel | DGS | 2 : 7.24 |
| 3 | Cheng Hei Tung | HYS | 2 : 8.18 |
| 4 | Sandra Ho | HYS | 2 : 14.09 |
| 5 | Cheng Hin Yau | SHCC | 2 : 16.81 |
| 6 | Mau Lok Yan Eunice | MCS | 2 : 21.55 |
| 7 | Lee Yan Ki | GHS | 2 : 26.07 |
| 8 | Cheung Choi Yan Tiffany | SPCS | 2 : 29.53 |

100m Back Stroke

| | | | |
|---|------------------------|------|-----------|
| 1 | Cheng Hei Tung | HYS | 1 : 6.15 |
| 2 | Wong How Tsing Natalie | DGS | 1 : 6.24 |
| 3 | Wong Ming Yu Claudia | DGS | 1 : 6.99 |
| 4 | Wong Suet Yan | HYS | 1 : 7.05 |
| 5 | Leung Hoi Yan | SHCC | 1 : 12.39 |
| 6 | Ng Sze Wah | GHS | 1 : 13.69 |
| 7 | Marcopoto Tajin Rose | HKIS | 1 : 14.34 |
| 8 | Kot Chung Ling | GHS | 1 : 16.24 |

100m Breast Stroke

| | | | |
|---|------------------------|--------|-----------|
| 1 | Ma Hei Tung Fiona | DGS | 1 : 14.39 |
| 2 | Yau Wing Sze | HYS | 1 : 19.17 |
| 3 | Cheung Tsz Ching | SFCC | 1 : 21.85 |
| 4 | Ng Yung Hing | FSS-KT | 1 : 22.67 |
| 5 | Lai Yuen Ying | SHCC | 1 : 22.68 |
| 6 | Ngai Hui Yan | HYS | 1 : 22.69 |
| 7 | Lui Hei Ching | DGS | 1 : 22.88 |
| 8 | Cheong Ka Ching Rachel | SPCS | 1 : 24.62 |

50m Butterfly

| | | | |
|---|--------------------------|--------|-------|
| 1 | Chan Kin Lok | HYS | 28.62 |
| 2 | Leung Ya Yuan Rachel | DGS | 29.55 |
| 3 | Lin Ka Lok | HYS | 30.10 |
| 4 | Poon Wan Yi Janice | SFCC | 30.11 |
| 5 | Mak Lee Sze | FSS-KT | 30.93 |
| 6 | Wong Audrey Noulo Man Lc | DGS | 31.06 |
| 7 | Cheng Hin Yau | SHCC | 31.78 |
| 8 | Cheung Ho Ka | GHS | 31.87 |

4x50m Medley Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DGS | 2 : 1.90 |
| 2 | | HYS | 2 : 4.38 |
| 3 | | GHS | 2 : 10.33 |
| 4 | | FSS-KT | 2 : 13.06 |
| 5 | | HKIS | 2 : 15.93 |
| 6 | | SHCC | 2 : 20.56 |
| 7 | | MCS | 2 : 23.90 |
| 8 | | SFCC | 2 : 34.10 |

50m Back Stroke

| | | | |
|---|------------------------|------|-------|
| 1 | Wong How Tsing Natalie | DGS | 30.48 |
| 2 | Wong Suet Yan | HYS | 31.21 |
| 3 | Wong Ming Yu Claudia | DGS | 31.48 |
| 4 | Ngai Hui Yan | HYS | 32.62 |
| 5 | Marcopoto Tajin Rose | HKIS | 33.61 |
| 6 | Yeung Lok Yan Zada | MCS | 33.86 |
| 7 | To Sze Wai | GHS | 34.30 |
| 8 | Kot Chung Ling | GHS | 34.38 |

50m Breast Stroke

| | | | |
|---|------------------------|------|-------|
| 1 | Yau Wing Sze | HYS | 34.50 |
| 2 | Lam Hoi Ying | DGS | 35.71 |
| 3 | Shum Nga Yan | HYS | 36.24 |
| 4 | Ng Ka Ying | SSGC | 37.51 |
| 5 | Tam Wing Yan | GHS | 37.55 |
| 6 | Cleary Grace Elizabeth | HKIS | 37.71 |
| 7 | Yeung Lok Yan Zada | MCS | 38.46 |

200m Breast Stroke

| | | | |
|---|-----------------------|--------|-----------|
| 1 | Ma Hei Tung Fiona | DGS | 2 : 40.29 |
| 2 | Wong Yee Ching | DGS | 2 : 46.69 |
| 3 | Sarah Ho | HYS | 2 : 48.01 |
| 4 | Lam Suet | HYS | 2 : 54.77 |
| 5 | Lai Yuen Ying | SHCC | 2 : 55.51 |
| 6 | Cheung Tsz Ching | SFCC | 2 : 58.49 |
| 7 | Hui Bon Hoa Denise F. | HKIS | 3 : 4.75 |
| 8 | Ng Yung Hing | FSS-KT | 3 : 5.93 |

200m Individual Medley

| | | | |
|---|------------------------|--------|-----------|
| 1 | Wong Yee Ching | DGS | 2 : 24.16 |
| 2 | Tang Wing Yung Natasha | IDGS | 2 : 24.97 |
| 3 | Lam Suet | HYS | 2 : 25.41 |
| 4 | Lin Ka Lok | HYS | 2 : 32.22 |
| 5 | Chan Chi Lun | FSS-KT | 2 : 37.84 |
| 6 | Mak Lee Sze | FSS-KT | 2 : 38.91 |
| 7 | Fan Chun Ka | GHS | 2 : 42.35 |
| 8 | Fung Wun Sze | SSGC | 2 : 43.26 |

4x50m Free Style Relay

| | | | |
|---|--|------|-----------|
| 1 | | DGS | 1 : 48.65 |
| 2 | | HYS | 1 : 50.42 |
| 3 | | SHCC | 1 : 55.88 |
| 4 | | SFCC | 1 : 56.40 |
| 5 | | SSGC | 1 : 57.85 |
| 6 | | SPCS | 2 : 2.29 |
| 7 | | GHS | 2 : 3.53 |
| 8 | | MSS | 2 : 6.35 |

Girls B Grade

50m Free Style

| | | | |
|---|----------------------|------|-------|
| 1 | Ching Cho Miu | GHS | 27.11 |
| 2 | Wan Ching Man Andrea | DGS | 27.50 |
| 3 | Ng Hau Lam | HYS | 27.88 |
| 4 | Leung Chi Ching | DGS | 28.20 |
| 5 | Lai Yin Kwan Yvonne | WYC | 28.98 |
| 6 | Kwong Wai Ying | HYS | 29.43 |
| 7 | Lau Tsz Ching | SSGC | 30.29 |
| 8 | Lau Tracy Chi Kee | WYC | 30.31 |

200m Free Style

| | | | |
|---|---------------------|------|-----------|
| 1 | Leung Ya Ting Noel | DGS | 2 : 10.26 |
| 2 | Tiffany Lee | HYS | 2 : 12.67 |
| 3 | Mak Chung Yee | HYS | 2 : 13.90 |
| 4 | Chan On Yi Fiona | DGS | 2 : 18.79 |
| 5 | Yu Sze wing | GHS | 2 : 24.18 |
| 6 | Mok Hiu Yan Rainbow | SPCS | 2 : 26.83 |
| 7 | Choong Su Anne | HKIS | 2 : 27.82 |
| 8 | Pang Wing Kiu | SFCC | 2 : 32.78 |

100m Back Stroke

| | | | |
|---|------------------------|------|-----------|
| 1 | Wendy Cheng | HYS | 1 : 10.05 |
| 2 | Yue Tsz Lam | HYS | 1 : 10.86 |
| 3 | Kong Jamie Ann | DGS | 1 : 11.92 |
| 4 | Tse Sin Yi Cindy | DGS | 1 : 12.55 |
| 5 | Sieh Yingli Yasmin | HKIS | 1 : 13.06 |
| 6 | Lee Audrey Min | SFCC | 1 : 17.64 |
| 7 | Leung Ming Shan Shanna | MCS | 1 : 19.69 |
| 8 | Tang Kwok Yan Tiffany | SPCS | 1 : 20.25 |

100m Breast Stroke

| | | | |
|---|-------------------------|------|-----------|
| 1 | Wong Man Huen | GHS | 1 : 16.30 |
| 2 | Li Cheng Kitty | DGS | 1 : 17.98 |
| 3 | Kwun Pui Pui | HYS | 1 : 18.09 |
| 4 | Wong Oi Wun | HYS | 1 : 19.67 |
| 5 | Mong Shuk Ching Jocelyn | DGS | 1 : 23.28 |
| 6 | Lau Hok Ching | GHS | 1 : 27.45 |
| 7 | Szweda Lila Cardwell | HKIS | 1 : 27.47 |
| 8 | Li Hoi Lam Maisy | SPCS | 1 : 29.75 |

50m Butterfly

| | | | |
|---|----------------------|------|-------|
| 1 | Lam Wing Shan | GHS | 29.15 |
| 2 | Leung Ya Ting Noel | DGS | 29.33 |
| 3 | Ng Hau Lam | HYS | 30.15 |
| 4 | Au Hiu Pui Anson | DGS | 30.30 |
| 5 | Chan Hiu Laam Gloria | SHCC | 30.54 |
| 6 | Mak Yan Yu | HYS | 31.28 |
| 7 | Chan Ka Wing | GHS | 32.81 |
| 8 | Wong Wun Kwan | WYC | 33.51 |

100m Free Style

| | | | |
|---|----------------------|------|----------|
| 1 | Ching Cho Miu | GHS | 59.76 |
| 2 | Wan Ching Man Andrea | DGS | 59.85 |
| 3 | Lam Wing Shan | GHS | 59.89 |
| 4 | Tam Hoi Lam Karen | DGS | 1 : 1.59 |
| 5 | Mak Chung Yee | HYS | 1 : 1.67 |
| 6 | Tiffany Lee | HYS | 1 : 2.47 |
| 7 | Lai Yin Kwan Yvonne | WYC | 1 : 4.32 |
| 8 | Sieh Yingli Yasmin | HKIS | 1 : 5.81 |

50m Back Stroke

| | | | |
|---|------------------------|-------|-------|
| 1 | Au Hiu Pui Anson | DGS | 31.74 |
| 2 | Wong Oi Wun | HYS | 32.39 |
| 3 | Yue Tsz Lam | HYS | 33.41 |
| 4 | Kong Jamie Ann | DGS | 33.86 |
| 5 | Tang Kwok Yan Tiffany | SPCS | 34.81 |
| 6 | Cheng Averyl Sophie H. | YHKIS | 35.31 |
| 7 | Leung Ming Shan Shanna | MCS | 36.32 |
| 8 | Tang Katie Yi Lin | HKIS | 38.36 |

50m Breast Stroke

| | | | |
|---|----------------------|------|-------|
| 1 | Kan Tsz Yiu | HYS | 33.84 |
| 2 | Wong Man Huen | GHS | 33.97 |
| 3 | Ip Rainbow | DGS | 34.02 |
| 4 | Chan Hoi Yue Sindy | DGS | 36.04 |
| 5 | Ng Wing Lam | SHCC | 36.56 |
| 6 | Lau Yui Kei | HYS | 37.40 |
| 7 | Lau Hok Ching | GHS | 39.38 |
| 8 | Leung Yan Yee Eunice | MCS | 39.59 |

200m Breast Stroke

| | | | |
|---|----------------------|--------|-----------|
| 1 | Yeung Jamie Zhen Mei | HKIS | 2 : 39.12 |
| 2 | Ip Rainbow | DGS | 2 : 40.97 |
| 3 | Kwun Pui Pui | HYS | 2 : 47.98 |
| 4 | Yuen Sze Hang Cheryl | DGS | 2 : 51.71 |
| 5 | Ng Wing Lam | SHCC | 2 : 56.73 |
| 6 | Lau Yui Kei | HYS | 2 : 57.20 |
| 7 | Cheng Hoi Ching | FSS-KT | 3 : 0.74 |
| 8 | Li Hoi Lam Maisy | SPCS | 3 : 8.89 |

200m Individual Medley

| | | | |
|---|----------------------|--------|-----------|
| 1 | Kan Tsz Yiu | HYS | 2 : 25.25 |
| 2 | Tam Hoi Lam Karen | DGS | 2 : 28.09 |
| 3 | Yeung Jamie Zhen Mei | HKIS | 2 : 29.09 |
| 4 | Esther To | HYS | 2 : 29.71 |
| 5 | Yu Sze Wing | GHS | 2 : 36.31 |
| 6 | Cheng Hoi Ching | FSS-KT | 2 : 36.33 |
| 7 | Tse Sin Yi Cindy | DGS | 2 : 36.47 |
| 8 | Chan Hiu Laam Gloria | SHCC | 2 : 38.79 |

4x50m Medley Relay

| | | |
|---|------|-----------|
| 1 | DGS | 2 : 1.02 |
| 2 | HYS | 2 : 3.17 |
| 3 | GHS | 2 : 5.48 |
| 4 | HKIS | 2 : 14.25 |
| 5 | SHCC | 2 : 17.12 |
| 6 | SPCS | 2 : 19.17 |
| 7 | WYC | 2 : 21.49 |
| 8 | MCS | 2 : 23.79 |

4x50m Free Style Relay

| | | |
|---|------|-----------|
| 1 | HYS | 1 : 54.54 |
| 2 | DGS | 1 : 55.89 |
| 3 | HKIS | 2 : 4.26 |
| 4 | GHS | 2 : 6.28 |
| 5 | SSGC | 2 : 7.27 |
| 6 | SFCC | 2 : 7.28 |
| 7 | SPCS | 2 : 9.55 |
| 8 | SHCC | 2 : 9.71 |

Girls C Grade**50m Free Style**

| | | | |
|---|--------------------|--------|-------|
| 1 | Hung Nok Yan | DGS | 28.23 |
| 2 | Yeung Pak Wai | DGS | 28.71 |
| 3 | Steffi Sze | HYS | 28.87 |
| 4 | Lam Yu Sze Chelsea | SPCS | 29.20 |
| 5 | Mok Wing Yin Nat | FSS-KT | 29.31 |
| 6 | Yue Wing Suet | HYS | 29.41 |
| 7 | Cheng Lui Kwan | GHS | 29.71 |
| 8 | Vanessa Li | MSS | 31.74 |

100m Free Style

| | | | |
|---|------------------------|------|-----------|
| 1 | Yeung Pak Wai | DGS | 1 : 1.81 |
| 2 | Liu Ho Yee | DGS | 1 : 3.89 |
| 3 | Steffi Sze | HYS | 1 : 4.13 |
| 4 | Yue Wing Suet | HYS | 1 : 5.43 |
| 5 | Cheng Lui Kwan | GHS | 1 : 6.58 |
| 6 | Lieou Chun Kiu Valerie | SPCS | 1 : 11.01 |

200m Free Style

| | | | |
|---|-----------------------|------|-----------|
| 1 | Yiu Sze Hang | DGS | 2 : 18.00 |
| 2 | Tang Yue Man Michelle | DGS | 2 : 18.08 |
| 3 | Stephanie Yeung | MSS | 2 : 18.70 |
| 4 | Tam Sin Hang Megan | SPCS | 2 : 24.62 |
| 5 | Jiang Wing Kiu | GHS | 2 : 24.93 |
| 6 | Ma Lok Yi Daphne | GHS | 2 : 26.33 |
| 7 | Lau Yeuk Lam | HYS | 2 : 29.98 |
| 8 | Au Ching Tung | HYS | 2 : 32.81 |

50m Back Stroke

| | | | |
|---|-------------------|------|-------|
| 1 | Lau Sze Wing | DGS | 31.70 |
| 2 | Ma Ka Yee | HYS | 32.51 |
| 3 | Liu Karen | DGS | 32.68 |
| 4 | Wong Toto Kwan To | MCS | 33.22 |
| 5 | Ip Wai Nam | HYS | 33.68 |
| 6 | Pin On Kiu | SSGC | 36.45 |

100m Back Stroke

| | | | |
|---|--------------------|------|-----------|
| 1 | Lau Sze Wing | DGS | 1 : 7.17 |
| 2 | Ma Ka Yee | HYS | 1 : 9.10 |
| 3 | Liu Karen | DGS | 1 : 11.96 |
| 4 | Wong Toto Kwan To | MCS | 1 : 13.99 |
| 5 | Lam Yu Sze Chelsea | SPCS | 1 : 15.74 |
| 6 | Ho Jing Yin | HYS | 1 : 16.77 |
| 7 | Pin On Kiu | SSGC | 1 : 17.16 |

50m Breast Stroke

| | | | |
|---|-----------------------|------|-------|
| 1 | Chan Wai Tung Jocelyn | DGS | 36.01 |
| 2 | Leung Chun Wing | HYS | 36.81 |
| 3 | Chan Wing Yau Clavel | DGS | 37.31 |
| 4 | Koo Man Yan | WYC | 38.62 |
| 5 | Lee Pik Yui | SSGC | 39.08 |
| 6 | Chang Wai | HYS | 39.49 |
| 7 | Li Yuen Shan | SSGC | 39.96 |

100m Breast Stroke

| | | | |
|---|-----------------------|------|-----------|
| 1 | Chan Wai Tung Jocelyn | DGS | 1 : 18.15 |
| 2 | Lai Jessica | MCS | 1 : 19.05 |
| 3 | Cheung Hui Yan | GHS | 1 : 21.55 |
| 4 | Ip Wai Nam | HYS | 1 : 21.94 |
| 5 | Liu Ho Yee | DGS | 1 : 21.97 |
| 6 | Au Jasmine Ying Tung | MCS | 1 : 23.55 |
| 7 | Lee Pik Yui | SSGC | 1 : 24.95 |

200m Breast Stroke

| | | | |
|---|----------------------|------|-----------|
| 1 | Chiu Wai Tsam | DGS | 2 : 47.22 |
| 2 | Lai Jessica | MCS | 2 : 51.09 |
| 3 | Chan Wing Yau Clavel | DGS | 2 : 55.37 |
| 4 | Cheung Hui Yan | GHS | 2 : 56.76 |
| 5 | Chiang Wai | HYS | 3 : 1.73 |
| 6 | Tam Sin Hang Megan | SPCS | 3 : 4.34 |
| 7 | Leung Chun Wing | HYS | 3 : 4.82 |
| 8 | To Cheuk Hei | SSGC | 3 : 15.40 |

50m Butterfly

| | | | |
|---|----------------------|--------|-------|
| 1 | Hung Nok Yan | DGS | 30.22 |
| 2 | Au Jasmine Ying Tung | MCS | 30.94 |
| 3 | Yiu Sze Hang | DGS | 31.90 |
| 4 | Mak Chung Ying | HYS | 32.52 |
| 5 | Lai Wai Yan | FSS-KT | 32.69 |
| 6 | Mok Wing Yin Nat | FSS-KT | 32.77 |
| 7 | Au Ching Tung | HYS | 33.68 |
| 8 | Jiang Wing Kiu | GHS | 33.97 |

200m Individual Medley

| | | | |
|---|-----------------------|--------|-----------|
| 1 | Chiu Wai Tsam | DGS | 2 : 33.57 |
| 2 | Tang Yue Man Michelle | DGS | 2 : 38.46 |
| 3 | Stephanie Yeung | MSS | 2 : 42.06 |
| 4 | Mak Chung Ying | HYS | 2 : 42.98 |
| 5 | Lai Wai Yau | FSS-KT | 2 : 44.50 |
| 6 | Ma Lok Yi Daphne | GHS | 2 : 45.26 |
| 7 | Ho Jing Yin | HYS | 2 : 47.09 |
| 8 | Tse Hiu Tung Vanessa | WYC | 2 : 50.94 |

4x50m Medley Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DGS | 2 : 7.49 |
| 2 | | MCS | 2 : 12.72 |
| 3 | | GHS | 2 : 17.28 |
| 4 | | SPCS | 2 : 19.40 |
| 5 | | FSS-KT | 2 : 20.87 |
| 6 | | SSGC | 2 : 28.40 |

4x50m Free Style Relay

| | | | |
|---|--|--------|-----------|
| 1 | | DGS | 1 : 55.90 |
| 2 | | HYS | 1 : 56.49 |
| 3 | | MSS | 2 : 7.59 |
| 4 | | SSGC | 2 : 9.65 |
| 5 | | GHS | 2 : 10.07 |
| 6 | | SPCS | 2 : 13.76 |
| 7 | | FSS-KT | 2 : 14.22 |

***** END *****

HONG KONG SCHOOLS SPORTS FEDERATION
 Hong Kong Island and Kowloon Secondary Schools Regional Committee
 Inter-school Swimming Championships 2011/2012
 Division One 27/10/2011

Boys A Grade Day 2

| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
|-----------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|-------|
| 1 SJC | 18 | 18 | 9 | 15 | 15 | 10 | 16 | 11 | 8 | 11 | 15 | 18 | 14 | 178 |
| 2 DBS | 18 | 9 | 13 | 7 | 10 | 13 | 11 | 11 | 12 | 13 | 10 | 14 | 18 | 159 |
| 3 LSC | 18 | 9 | 5 | 3 | 9 | | 11 | 12 | 8 | 15 | 9 | 12 | 12 | 123 |
| 4 RC | 18 | 8 | 4 | 1 | | 5 | 1 | | | 2 | 2 | | 10 | 51 |
| 5 FSS-KT | 18 | 2 | | 4 | | 4 | 2 | 2 | | 2 | | 10 | | 44 |
| 6 YWC | 17 | 3 | 3 | | | 2 | 2 | | | 5 | 1 | | 6 | 39 |
| 7 HKIS | 13 | 2 | | | 1 | | 7 | | 5 | 2 | | | 8 | 38 |
| 7 SPC | 18 | 2 | | | 2 | | 1 | 1 | 4 | 2 | | 8 | | 38 |
| 9 WYK | 18 | 2 | 3 | | | 3 | 2 | | | 2 | | 4 | 2 | 36 |
| 10 PLKNPL | 16 | 1 | | 7 | | | 1 | | | 1 | | 6 | | 32 |
| 11 PCMS | 14 | 2 | | | | | 2 | | | 3 | | 2 | 4 | 27 |
| 12 QC | 17 | 2 | | | | | 2 | | | 1 | | | | 22 |

HONG KONG SCHOOLS SPORTS FEDERATION
 Hong Kong Island and Kowloon Secondary Schools Regional Committee
 Inter-school Swimming Championships 2011/2012
 Division One 27/10/2011

Boys B Grade Day 2

| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
|-----------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|--------|
| 1 DBS | 18 | 17 | 13 | 15 | 13 | 16 | 17 | 15 | 15 | 16 | 16 | 18 | 18 | 207 |
| 2 SJC | 18 | 14 | 13 | 12 | 6 | 7.50 | 14 | 8 | 12 | 15 | 11 | 14 | 14 | 158.50 |
| 3 LSC | 18 | 2 | 3 | 4 | 6 | 3.50 | 3 | 6 | 5 | 6 | 3 | 12 | 10 | 81.50 |
| 4 FSS-KT | 18 | 2 | | 4 | 9 | | 2 | 7 | | 6 | 4 | 8 | 12 | 72 |
| 5 YWC | 18 | 6 | 3 | 2 | | 4 | 6 | | 2 | 1 | 2 | 10 | 8 | 62 |
| 6 WYK | 18 | 2 | | | | | 4 | 1 | 3 | 2 | | 4 | 2 | 36 |
| 7 HKIS | 14 | 6 | | | | | 5 | | | 3 | | 6 | | 34 |
| 8 RC | 16 | 2 | 5 | | | 6 | 2 | | | 2 | | | | 33 |
| 9 SPC | 17 | 4 | | | | | 2 | | | 2 | | | 4 | 29 |
| 10 PCMS | 18 | 2 | | | 3 | | 2 | | | 2 | | | | 27 |
| 11 PLKNPL | 11 | | | | | | | | | | 1 | | 6 | 18 |
| 12 QC | 12 | | | | | | 2 | | | 2 | | | | 16 |

HONG KONG SCHOOLS SPORTS FEDERATION
 Hong Kong Island and Kowloon Secondary Schools Regional Committee
 Inter-school Swimming Championships 2011/2012
 Division One 27/10/2011

Boys C Grade Day 2

| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
|----------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|--------|
| 1 DBS | 18 | 8 | 6 | 14 | 12 | 7 | 13 | 16 | 14 | 18 | 13 | 18 | 14 | 171 |
| 2 SJC | 18 | 17 | 9 | 9 | 12 | 7 | 15 | 5 | 7 | 2 | 12 | 14 | 18 | 145 |
| 3 LSC | 18 | 12 | 12 | 4 | 8 | 7 | 12 | 11 | 2 | 11.50 | 9 | 12 | 12 | 130.50 |
| 4 YWC | 18 | 6 | | 7 | | 7 | 4 | | 9 | 2 | 2 | 10 | 10 | 75 |
| 5 FSS-KT | 18 | 2 | 4 | | | | 2 | 1 | | 7.50 | | 8 | 8 | 50.50 |
| 6 RC | 14 | 2 | 5 | | 4 | | 2 | 4 | | 5 | | 6 | 4 | 46 |
| 7 SPC | 18 | 2 | | 2 | | | 3 | | | 2 | 1 | 4 | 2 | 34 |
| 7 WYK | 16 | 2 | | | | 9 | 2 | | | 5 | | | | 34 |
| 9 QC | 14 | 4 | | | | | | | 4 | 2 | | | 6 | 30 |
| 10 PCMS | 11 | 2 | | | | | | | | 1 | | 2 | | 16 |

| | | | | | | |
|-----------|----|---|---|---|--|----|
| 11 HKIS | 12 | | | | | 12 |
| 12 PLKNPL | 5 | 2 | 1 | 1 | | 9 |

HONG KONG SCHOOLS SPORTS FEDERATION
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Inter-school Swimming Championships 2011/2012
Division One 27/10/2011

Boys Overall Day 2

| School | | A | B | C | Total |
|---------------------------------------|--------|-----|--------|--------|--------|
| 1 DIOCESAN BOYS' SCHOOL | DBS | 159 | 207 | 171 | 537 |
| 2 ST. JOSEPH'S COLLEGE | SJC | 178 | 158.50 | 145 | 481.50 |
| 3 LA SALLE COLLEGE | LSC | 123 | 81.50 | 130.50 | 335 |
| 4 YING WA COLLEGE | YWC | 39 | 62 | 75 | 176 |
| 5 FUKIEN SECONDARY SCHOOL - KWUN TONG | FSS-KT | 44 | 72 | 50.50 | 166.50 |
| 6 RAIMONDI COLLEGE | RC | 51 | 33 | 46 | 130 |
| 7 WAH YAN COLLEGE - KOWLOON | WYK | 36 | 36 | 34 | 106 |
| 8 ST. PAUL'S COLLEGE | SPC | 38 | 29 | 34 | 101 |
| 9 HONG KONG INTERNATIONAL SCHOOL | HKIS | 38 | 34 | 12 | 84 |
| 10 PUI CHING MIDDLE SCHOOL | PCMS | 27 | 27 | 16 | 70 |
| 11 QUEEN'S COLLEGE | QC | 22 | 16 | 30 | 68 |
| 12 PO LEUNG KUK NGAN PO LING COLLEGE | PLKNPL | 32 | 18 | 9 | 59 |

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Girls A Grade Day 2

| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
|----------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|-------|
| 1 DGS | 18 | 18 | 11 | 15 | 13 | 7 | 18 | 15 | 10 | 18 | 15 | 18 | 18 | 194 |
| 2 HYS | 18 | 13 | 10 | 10 | 14 | 15 | 13 | 12 | 15 | 13 | 11 | 14 | 14 | 172 |
| 3 GHS | 17 | 4 | | 4 | 4 | 4 | 4 | 3 | 1 | 2 | 3 | 12 | 4 | 62 |
| 4 SHCC | 14 | 6 | 4 | | 4 | | 2 | | 2 | 6 | | 6 | 12 | 56 |
| 4 SFCC | 15 | 1 | 6 | 7 | | | 1 | | 5 | 4 | 5 | 2 | 10 | 56 |
| 6 FSS-KT | 12 | 2 | 5 | | | | 9 | | 4 | 3 | | 10 | | 45 |
| 7 SSGC | 18 | 2 | | 1 | | 5 | 3 | | | 2 | | | 8 | 39 |
| 8 HKIS | 13 | 2 | | | 2 | 3 | 1 | 4 | | 4 | | 8 | | 37 |
| 8 MCS | 16 | 5 | | | | 2 | 2 | 3 | | 2 | 3 | 4 | | 37 |
| 10 SPCS | 18 | 3 | 1 | | | | 2 | | | 2 | | | 6 | 32 |
| 11 WYC | 16 | 2 | | | | | | | | 2 | | | | 20 |
| 12 MSS | 13 | 2 | | | | | | | | 1 | | | 2 | 18 |

HONG KONG SCHOOLS SPORTS FEDERATION
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Girls B Grade Day 2

| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
|--------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|-------|
| 1 DGS | 18 | 16 | 11 | 12 | 11 | 11 | 11 | 14 | 12 | 14 | 12 | 18 | 14 | 174 |
| 2 HYS | 18 | 15 | 11 | 9 | 16 | 12 | 16 | 13 | 9 | 11 | 7 | 14 | 18 | 169 |
| 3 GHS | 18 | 6 | 12 | 9 | | 9 | 6 | | 11 | 2 | 15 | 12 | 10 | 110 |
| 4 HKIS | 17 | 3 | 2 | | 4 | | 8 | 4 | | 11 | 1 | 10 | 12 | 72 |
| 5 SHCC | 17 | 2 | | | | 4 | 3 | | 4 | 6 | | 8 | 2 | 46 |
| 6 SPCS | 17 | 5 | 1 | | 1 | | 2 | 4 | | 3 | | 6 | 4 | 43 |
| 7 SSGC | 18 | 1 | | 2 | | | 2 | | | 2 | | | 8 | 33 |
| 8 MCS | 18 | 2 | | | 2 | 1 | 2 | 2 | | 2 | | 2 | | 31 |

| | | | | | | | | | | |
|-----------|----|---|---|---|---|---|---|---|---|----|
| 8 SFCC | 16 | 3 | | 3 | 2 | | 1 | | 6 | 31 |
| 10 WYC | 14 | 1 | 5 | | 2 | 1 | 1 | 2 | 4 | 30 |
| 11 FSS-KT | 12 | 1 | | | 5 | | 4 | | | 22 |
| 12 MSS | 15 | 2 | | | | | 2 | | | 19 |

HONG KONG SCHOOLS SPORTS FEDERATION
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Inter-school Swimming Championships 2011/2012
Division One 27/10/2011

| Girls C Grade | | Day 2 | | | | | | | | | | | | |
|---------------|-------|-------|-------|------|-------|------|-------|------|------|-------|-------|-------|-------|-------|
| School | Day 1 | 200FR | 100BR | 50FR | 100BA | 50BR | 200IM | 50BA | 50BU | 200BR | 100FR | 4x50M | 4x50F | Total |
| 1 DGS | 18 | 18 | 13 | 16 | 15 | 15 | 18 | 15 | 15 | 17 | 16 | 18 | 18 | 212 |
| 2 HYS | 18 | 5 | 5 | 9 | 10 | 10 | 9 | 11 | 7 | 8 | 11 | | 14 | 117 |
| 3 GHS | 17 | 9 | 6 | 2 | | | 5 | | 1 | 7 | 4 | 12 | 8 | 71 |
| 3 MCS | 17 | 2 | 10 | | 5 | | 2 | 5 | 7 | 9 | | 14 | | 71 |
| 5 SPCS | 18 | 7 | | 5 | 4 | | 2 | | | 5 | 3 | 10 | 6 | 60 |
| 6 SSGC | 18 | 1 | 2 | | 2 | 6 | 2 | 3 | | 3 | | 6 | 10 | 53 |
| 7 FSS-KT | 17 | 2 | | 4 | | | 6 | | 7 | 2 | | 8 | 4 | 50 |
| 8 MSS | 18 | 7 | | 1 | | | 8 | | | 2 | | | 12 | 48 |
| 9 HKIS | 18 | | | | | | | | | 1 | | | | 19 |
| 10 SHCC | 16 | 1 | | | | | | | | | | | | 17 |
| 11 WYC | 7 | | | | 5 | | 2 | | | | | | | 14 |
| 12 SFCC | 6 | | | | | | | | | | | | | 6 |

HONG KONG SCHOOLS SPORTS FEDERATION
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Inter-school Swimming Championships 2011/2012
Division One 27/10/2011

| Girls Overall | | Day 2 | | | |
|---------------------------------------|--------|-------|-----|-----|-------|
| School | | A | B | C | Total |
| 1 DIOCESAN GIRLS' SCHOOL | DGS | 194 | 174 | 212 | 580 |
| 2 HEEP YUNN SCHOOL | HYS | 172 | 169 | 117 | 458 |
| 3 GOOD HOPE SCHOOL | GHS | 62 | 110 | 71 | 243 |
| 4 MARYKNOLL CONVENT SCHOOL | MCS | 37 | 31 | 71 | 139 |
| 5 ST. PAUL'S CONVENT SCHOOL | SPCS | 32 | 43 | 60 | 135 |
| 6 HONG KONG INTERNATIONAL SCHOOL | HKIS | 37 | 72 | 19 | 128 |
| 7 ST. STEPHEN'S GIRLS' COLLEGE | SSGC | 39 | 33 | 53 | 125 |
| 8 SACRED HEART CANOSSIAN COLLEGE | SHCC | 56 | 46 | 17 | 119 |
| 9 FUKIEN SECONDARY SCHOOL - KWUN TONG | FSS-KT | 45 | 22 | 50 | 117 |
| 10 ST. FRANCIS CANOSSIAN COLLEGE | SFCC | 56 | 31 | 6 | 93 |
| 11 MARYMOUNT SECONDARY SCHOOL | MSS | 18 | 19 | 48 | 85 |
| 12 WA YING COLLEGE | WYC | 20 | 30 | 14 | 64 |

HONG KONG SCHOOLS SPORTS FEDERATION
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 Inter-School Swimming Championships
 Division One
 Day One: 14 October 2011

=====
 Event 1 100m Breast Stroke Girls C
 Standard: 1:55.00 Record: 1:13.50 (2010)

| | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| Heat 1 | | | | | |
| 1 | Cheung Hui Yan | GHS | 1:23.81 | Standard | 7 |
| 2 | Kam Tsz Ching | HYS | 1:24.01 | Standard | 1 |
| 3 | Lee Pik Yui | SSGC | 1:24.83 | Standard | 8 |
| 4 | Anderson Charlotte Kiki | HKIS | 1:27.22 | Standard | |
| 5 | Hui Pak Yiu Sarah | SPCS | 1:28.20 | Standard | |
| 6 | Ho Suet Ying | FSS-KT | 1:39.36 | Standard | |
| 7 | Yeung Jing Ki | SHCC | 1:42.98 | Standard | |
| 8 | Lam Wing | SFCC | 1:48.83 | Standard | |

| | | | | | Final Lane |
|--------|-----------------------|--------|---------|----------|------------|
| Heat 2 | | | | | |
| 1 | Lai Jessica | MCS | 1:21.68 | Standard | 5 |
| 2 | Liu Ho Yee | DGS | 1:21.69 | Standard | 3 |
| 3 | Li Yuen Shan | SSGC | 1:30.81 | Standard | |
| 4 | Wong Man Yan | FSS-KT | 1:34.35 | Standard | |
| 5 | Whitney Chan | MSS | 1:37.85 | Standard | |
| 6 | Hung Wing Yu | SHCC | 1:38.36 | Standard | |
| 7 | Wong Sum Yin | WYC | 1:39.34 | Standard | |
| 8 | Leung Cheuk Chi Flora | SPCS | 1:46.92 | Standard | |

| | | | | | Final Lane |
|--------|-----------------------|------|---------|----------|------------|
| Heat 3 | | | | | |
| 1 | Chan Wai Tung Jocelyn | DGS | 1:18.96 | Standard | 4 |
| 2 | Ip Wai Nam | HYS | 1:23.09 | Standard | 6 |
| 3 | Au Jasmine Ying Tung | MCS | 1:23.43 | Standard | 2 |
| 4 | Koo Man Yan | WYC | 1:25.99 | Standard | |
| 5 | Wei Gwyneth Jia Yu | HKIS | 1:28.09 | Standard | |
| 6 | Candace Liu | MSS | 1:44.86 | Standard | |
| 7 | Mak Tsz Kee | GHS | 1:45.00 | Standard | |
| 8 | Wong Sze Nok Denise | SFCC | 1:59.76 | | |

=====
 Event 2 100m Breast Stroke Boys C
 Standard: 1:40.00 Record: 1:09.54 (2010)

| | | | | | Final Lane |
|--------|----------------------|--------|---------|----------|------------|
| Heat 1 | | | | | |
| 1 | Lau Yan To | DBS | 1:15.50 | Standard | 3 |
| 2 | Wong Ho Kiu | RC | 1:17.19 | Standard | 7 |
| 3 | Ching Yuk Tsun | LSC | 1:17.89 | Standard | 1 |
| 4 | Chan Kin Ming | WYK | 1:24.54 | Standard | |
| 5 | Ho Yi Hang | YWC | 1:25.39 | Standard | |
| 6 | Yeung Tsz Yin | FSS-KT | 1:28.17 | Standard | |
| 7 | Yung Ho Wai Arcturns | PCMS | 1:30.67 | Standard | |
| 8 | Lem Jake Oscar Te | HKIS | 1:35.93 | Standard | |

| | | | | | Final Lane |
|--------|-------------------|--------|---------|----------|------------|
| Heat 2 | | | | | |
| 1 | Lam Sheung Nam | DBS | 1:12.14 | Standard | 4 |
| 2 | Wong Wai Yan Ryan | SJC | 1:15.08 | Standard | 5 |
| 3 | Mak Tai Ye | FSS-KT | 1:15.94 | Standard | 6 |
| 4 | Chan Tin Wai | YWC | 1:18.29 | Standard | |
| 5 | Lau Chi Hang | WYK | 1:20.45 | Standard | |
| 6 | Liu Pak Ming | SPC | 1:30.77 | Standard | |
| 7 | Tam Ming Hon | PLKNPL | 1:31.53 | Standard | |
| 8 | Dao Wei Yin | QC | | DN start | |

| | | | | | Final Lane |
|--------|-------------------------|------|---------|----------|------------|
| Heat 3 | | | | | |
| 1 | Lam Ho Ching Horace | LSC | 1:16.11 | Standard | 2 |
| 2 | Chow Cheuk Loong Justin | SJC | 1:18.15 | Standard | 8 |
| 3 | Chan Hiu Hei Ewen | RC | 1:24.14 | Standard | |
| 4 | Yu Shek Fung | QC | 1:24.35 | Standard | |
| 5 | Hung Siu Ching Dickson | PCMS | 1:25.71 | Standard | |
| 6 | Woo Hoi Sang Hysan | SPC | 1:29.33 | Standard | |
| 7 | Liu Vincent Yau Yin | HKIS | 1:30.60 | Standard | |

=====
 Event 3 100m Breast Stroke Girls B
 Standard: 1:50.00 Record: 1:12.46 (2009)

| Heat 1 | | | | | Final Lane |
|--------|----------------------|------|---------|----------|------------|
| 1 | Kwun Pui Pui | HYS | 1:18.54 | Standard | 4 |
| 2 | Kam Wing Lam Lucinda | SHCC | 1:29.38 | Standard | |
| 3 | Leung Yan Yee Eunice | MCS | 1:31.72 | Standard | |
| 4 | Hupez Isabelle M. | HKIS | 1:33.72 | Standard | |
| 5 | Lam Hoi Lok | SSGC | 1:37.43 | Standard | |
| 6 | Hung Wa Fai | WYC | 1:38.48 | Standard | |
| 7 | Valerie Cheung | MSS | 1:38.82 | Standard | |
| 8 | Poon Christie An Kiu | SFCC | 1:39.21 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| 1 | Wong Oi Wun | HYS | 1:21.80 | Standard | 6 |
| 2 | Mong Shuk Ching Jocelyn | DGS | 1:22.50 | Standard | 2 |
| 3 | Lau Hok Ching | GHS | 1:27.75 | Standard | 7 |
| 4 | Li Hoi Lam Maisy | SPCS | 1:28.99 | Standard | 8 |
| 5 | Tse Wan Chau | SHCC | 1:30.58 | Standard | |
| 6 | Chan Kam Chi | FSS-KT | 1:34.92 | Standard | |
| 7 | Yu Chung Sze | SSGC | 1:38.14 | Standard | |
| 8 | Sammi Ku | MSS | 1:47.57 | Standard | |

| Heat 3 | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| 1 | Wong Man Huen | GHS | 1:19.29 | Standard | 5 |
| 2 | Li Cheng Kitty | DGS | 1:21.57 | Standard | 3 |
| 3 | Szweda Lila Cardwell | HKIS | 1:27.94 | Standard | 1 |
| 4 | Lau Chiu Yi | SFCC | 1:33.64 | Standard | |
| 5 | Lam Wing Kiu | FSS-KT | 1:34.59 | Standard | |
| 6 | Teh Leng Suan Priscilla | MCS | 1:44.16 | Standard | |
| 7 | Choi Ling Yu Myra | SPCS | 1:45.85 | Standard | |

=====
Event 4 100m Breast Stroke Boys B
Standard: 1:36.00 Record: 1:05.70 (2009)
=====

| Heat 1 | | | | | Final Lane |
|--------|------------------------|--------|---------|----------|------------|
| 1 | Leung Tsz Fung | SJC | 1:10.97 | Standard | 3 |
| 2 | Choi Shing Tung Sutton | DBS | 1:11.00 | Standard | 6 |
| 3 | Wong Ting Chun | WYC | 1:11.50 | Standard | 2 |
| 4 | Ling Jonah | RC | 1:12.66 | Standard | 7 |
| 5 | Liu Ka Wa | FSS-KT | 1:18.77 | Standard | |
| 6 | Tang Haey Darren | WYK | 1:26.52 | Standard | |
| 7 | Liu Wai Chun | SPC | 1:32.24 | Standard | |
| 8 | Tam Chun Yan | QC | 1:41.83 | | |

| Heat 2 | | | | | Final Lane |
|--------|----------------------|--------|---------|----------|------------|
| 1 | Tam Ka Ming | DBS | 1: 8.01 | Standard | 4 |
| 2 | Chu Kai Shing | SJC | 1: 8.48 | Standard | 5 |
| 3 | Chan Ho Cheung | LSC | 1:13.09 | Standard | 1 |
| 4 | Chau King Shing | PLKNPL | 1:21.52 | Standard | |
| 5 | Xu Michael | HKIS | 1:26.03 | Standard | |
| 6 | Lam Shing Yung | QC | 1:30.10 | Standard | |
| 7 | Chan Yui Ting Derick | PCMS | 1:34.61 | Standard | |
| 8 | Wong Hon Yuen | SPC | | DN start | |

| Heat 3 | | | | | Final Lane |
|--------|-----------------|--------|---------|----------|------------|
| 1 | Wong Chun Lok | LSC | 1:13.91 | Standard | 8 |
| 2 | Lau Chak Lam | FSS-KT | 1:16.60 | Standard | |
| 3 | Lo Cheuk Nam | PLKNPL | 1:21.46 | Standard | |
| 4 | Chan Chi Kin | RC | 1:24.88 | Standard | |
| 5 | Chung Yat Long | YWC | 1:28.38 | Standard | |
| 6 | Zhou Mark Kraft | HKIS | 1:32.32 | Standard | |
| 7 | Yip Bosco | PCMS | 1:32.72 | Standard | |
| 8 | Chan Kit Chung | WYK | 1:33.70 | Standard | |

=====
Event 5 100m Breast Stroke Girls A
Standard: 1:48.00 Record: 1:11.30 (2008)
=====

| Heat 1 | | | | | Final Lane |
|--------|-------------------------|------|---------|----------|------------|
| 1 | Ma Hei Tung Fiona | DGS | 1:14.42 | Standard | 4 |
| 2 | Cheung Tsz Ching | SFCC | 1:22.04 | Standard | 3 |
| 3 | Hui Bon Hoa Denise F. | HKIS | 1:26.43 | Standard | |
| 4 | Tam Wing Yan | GHS | 1:30.31 | Standard | |
| 5 | Kan Sin Yi | WYC | 1:36.95 | Standard | |
| 6 | Yung Hau Yee Crystal | MCS | 1:42.22 | Standard | |
| 7 | Ling Chi Ching Christie | SPCS | 1:43.00 | Standard | |
| 8 | Christina Ng | MSS | 1:44.47 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| 1 | Lai Yuen Ying | SHCC | 1:23.68 | Standard | 2 |
| 2 | Ngai Hui Yan | HYS | 1:25.59 | Standard | 8 |
| 3 | Lloyd Bronwyn Alexandra | HKIS | 1:30.61 | Standard | |
| 4 | Lo Yu Wai Eunice | MCS | 1:44.15 | Standard | |
| 5 | Suen Althea | WYC | 1:44.65 | Standard | |
| 6 | Cheng Yuen Kun | SSGC | 1:45.71 | Standard | |
| 7 | Wong Tsz Chui | FSS-KT | 1:48.23 | | |
| 8 | Cherry Leung | MSS | | DN start | |

| Heat 3 | | | | | Final Lane |
|--------|------------------------|--------|---------|----------|------------|
| 1 | Yau Wing Sze | HYS | 1:19.76 | Standard | 5 |
| 2 | Ng Yung Hing | FSS-KT | 1:22.49 | Standard | 6 |
| 3 | Lui Hei Ching | DGS | 1:23.89 | Standard | 7 |
| 4 | Cheong Ka Ching Rachel | SPCS | 1:25.56 | Standard | 1 |
| 5 | Lee Lok Lam | SSGC | 1:35.73 | Standard | |
| 6 | Wong Ching Nam | GHS | 1:36.19 | Standard | |
| 7 | Lau Tsz Wai | SFCC | 2: 9.20 | | |
| 8 | Ng Chi Wing | SHCC | | DN start | |

=====
 Event 6 100m Breast Stroke Boys A
 Standard: 1:35.00 Record: 1:04.91 (2009)

| Heat 1 | | | | | Final Lane |
|--------|--------------------|--------|---------|----------|------------|
| 1 | Li Long Yin Lewis | DBS | 1: 9.64 | Standard | 3 |
| 2 | Lam Cheuk Yin | RC | 1:11.07 | Standard | 6 |
| 3 | Lee Chun Yin Oscar | YWC | 1:13.60 | Standard | 1 |
| 4 | Lau Tat Hei | PCMS | 1:16.72 | Standard | |
| 5 | Yu Wing Kiu | WYK | 1:17.95 | Standard | |
| 6 | Cheung Kai Ho | LSC | 1:20.88 | Standard | |
| 7 | Lai Jeremy Tsz Kei | HKIS | 1:23.33 | Standard | |
| 8 | Chan Kai Shing | FSS-KT | 1:23.95 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|---------------------|--------|---------|----------|------------|
| 1 | Ma Chi Wang Damien | DBS | 1: 7.27 | Standard | 5 |
| 2 | Fan King Nam | WYK | 1:11.21 | Standard | 2 |
| 3 | Wong Pak Nam | YWC | 1:13.73 | Standard | 8 |
| 4 | Lau Chun Ming Chris | SJC | 1:15.18 | Standard | |
| 5 | Szeto Hin Fung | FSS-KT | 1:15.47 | Standard | |
| 6 | Lam Joy Yan | SPC | 1:17.71 | Standard | |
| 7 | Li Chun Fai | QC | 1:28.12 | Standard | |
| 8 | Leung Tsz Kin | PLKNPL | 1:40.47 | | |

| Heat 3 | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| 1 | Po Yue Kai | SJC | 1: 6.52 | Standard | 4 |
| 2 | Cheng Herman | LSC | 1:11.59 | Standard | 7 |
| 3 | Wong Man Ho Brian | PLKNPL | 1:17.72 | Standard | |
| 4 | Cheung Man Hon | QC | 1:20.04 | Standard | |
| 5 | Chau Tsun Lam | SPC | 1:23.16 | Standard | |
| 6 | Lung Tai Hong Andrew | PCMS | 1:28.44 | Standard | |
| 7 | Chan Tik Tian | HKIS | 1:29.92 | Standard | |
| 8 | Cheng Alexander Waishun | RC | 1:30.16 | Standard | |

=====
 Event 7 50m Free Style Girls C
 Standard: 37.00 Record: 26.80 (2010)

| Heat 1 | | | | | Final Lane |
|--------|---------------------|------|-------|----------|------------|
| 1 | Steffi Sze | HYS | 29.04 | Standard | 3 |
| 2 | Lam Yu Sze Chelsea | SPCS | 29.22 | Standard | 2 |
| 3 | Cheng Lui Kwan | GHS | 30.10 | Standard | 1 |
| 4 | Vanessa Li | MSS | 32.00 | Standard | 8 |
| 5 | Richter Ivy Lauren | HKIS | 32.41 | Standard | |
| 6 | Lo Ho Hang Jolie | SHCC | 33.89 | Standard | |
| 7 | Siu Yee Tsun Evina | MCS | 34.98 | Standard | |
| 8 | Poon Audrey An Tung | SFCC | 36.72 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|----------------------|--------|-------|----------|------------|
| 1 | Yeung Pak Wai | DGS | 28.90 | Standard | 5 |
| 2 | Mok Wing Yin Nat | FSS-KT | 29.41 | Standard | 7 |
| 3 | Wu Elizabeth Hoi Yan | HKIS | 32.27 | Standard | |
| 4 | Liang Hoi Ling | SHCC | 33.39 | Standard | |
| 5 | Mo Hiu Fung | SSGC | 34.27 | Standard | |
| 6 | Siu Wing Man Sabrina | SPCS | 34.53 | Standard | |
| 7 | Lam Ho Kiu | SFCC | 38.71 | | |

Heat 3 Final Lane

| | | | | | |
|---|------------------------|--------|-------|----------|---|
| 1 | Hung Nok Yan | DGS | 28.44 | Standard | 4 |
| 2 | Yue Wing Suet | HYS | 29.17 | Standard | 6 |
| 3 | Fraser Tullia Catriona | GHS | 33.38 | Standard | |
| 4 | Cheung Janne Wing Tung | MCS | 34.85 | Standard | |
| 5 | Jiang Xu Ti | FSS-KT | 35.30 | Standard | |
| 6 | Tong Tsz Ching | SSGC | 35.52 | Standard | |
| 7 | Natalie Shea | MSS | 36.01 | Standard | |

=====
Event 8 50m Free Style Boys C
Standard: 33.50 Record: 25.26 (2005)

| Heat 1 | | | | | Final Lane |
|--------|-------------------|--------|-------|----------|------------|
| 1 | Lam Ho Yin Martin | LSC | 27.42 | Standard | 2 |
| 2 | Leung Ka Yue | DBS | 27.81 | Standard | 7 |
| 3 | Liu Haofeng | HKIS | 28.92 | Standard | |
| 4 | Chan Ngai Chit | FSS-KT | 29.30 | Standard | |
| 5 | Wong Sau Him | RC | 29.68 | Standard | |
| 6 | Cheung Hang Long | WYK | 31.11 | Standard | |
| 7 | Chan Ching Yui | YWC | 31.33 | Standard | |
| 8 | Lee Cheuk Lun | PCMS | 36.90 | | |

| Heat 2 | | | | | Final Lane |
|--------|---------------------|--------|-------|----------|------------|
| 1 | Tso Ka Ho | SJC | 26.97 | Standard | 4 |
| 2 | Ng Chi Chun Timothy | DBS | 27.06 | Standard | 5 |
| 3 | Yu Man Lok | YWC | 27.19 | Standard | 3 |
| 4 | Hui Tsit Man | SPC | 27.96 | Standard | 1 |
| 5 | Tsang Ho Yin | FSS-KT | 28.79 | Standard | |
| 6 | Leung Kwan Chun | QC | 31.17 | Standard | |
| 7 | Tu Chi Yan | WYK | 32.99 | Standard | |
| 8 | Law Ka Lok | PLKNPL | | DN start | |

| Heat 3 | | | | | Final Lane |
|--------|---------------------|--------|-------|----------|------------|
| 1 | Wong Yu Wai | SJC | 27.27 | Standard | 6 |
| 2 | Kwong Terry | SPC | 28.61 | Standard | 8 |
| 3 | Ng Ka Lun | QC | 29.42 | Standard | |
| 4 | Chiu Cheuk Fung | LSC | 29.55 | Standard | |
| 5 | Cha Amos Wing Tung | HKIS | 29.78 | Standard | |
| 6 | Li Kin Fung | PLKNPL | 31.23 | Standard | |
| 7 | Kwong Tsz Fung Ivan | RC | 32.59 | Standard | |
| 8 | Choi Chung Hei | PCMS | 35.35 | | |

=====
Event 9 50m Free Style Girls B
Standard: 36.00 Record: 27.06 (2008)

| Heat 1 | | | | | Final Lane |
|--------|------------------------|------|-------|----------|------------|
| 1 | Ching Cho Miu | GHS | 27.41 | Standard | 4 |
| 2 | Wan Ching Man Andrea | DGS | 27.60 | Standard | 5 |
| 3 | Lau Tracy Chi Kee | WYC | 30.15 | Standard | 8 |
| 4 | Chan Melissa Ching Yin | MCS | 31.57 | Standard | |
| 5 | Ng Wing Ki | SFCC | 34.87 | Standard | |
| 6 | Jennifer Ha | MSS | 35.71 | Standard | |
| 7 | Cheng Megan Tsz Yuek | SPCS | 36.29 | | |
| 8 | Tang Katie Yi Lin | HKIS | | DN start | |

| Heat 2 | | | | | Final Lane |
|--------|-------------------------|--------|-------|----------|------------|
| 1 | Lai Yin Kwan Yvonne | WYC | 29.02 | Standard | 2 |
| 2 | Kwong Wai Ying | HYS | 29.03 | Standard | 7 |
| 3 | Lau Tsz Ching | SSGC | 29.91 | Standard | 1 |
| 4 | Cheng Alexandra Manny H | CHKIS | 31.82 | Standard | |
| 5 | Ho Jun Wai Kristie | MCS | 31.86 | Standard | |
| 6 | Joyce Lee | MSS | 35.85 | Standard | |
| 7 | Lau Anthea | SHCC | 36.62 | | |
| 8 | Li Ka Yi | FSS-KT | 36.72 | | |

| Heat 3 | | | | | Final Lane |
|--------|---------------------|--------|-------|----------|------------|
| 1 | Ng Hau Lam | HYS | 27.65 | Standard | 3 |
| 2 | Leung Chi Ching | DGS | 28.26 | Standard | 6 |
| 3 | Lee Leong Ying | GHS | 31.43 | Standard | |
| 4 | Wong Hei Long | SSGC | 32.61 | Standard | |
| 5 | Ng Yuk Kwan Christy | SPCS | 32.75 | Standard | |
| 6 | Lam Sin Yi | SFCC | 34.03 | Standard | |
| 7 | Sun Tak Yee | SHCC | 34.52 | Standard | |
| 8 | Lee Tsz Ching | FSS-KT | 39.47 | | |

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Event 10 50m Free Style Boys B

Standard: 30.50 Record: 23.91 (2007)

| Heat 1 | | | | | Final Lane |
|--------|-----------------------|--------|-------|----------|------------|
| 1 | Siu Shing Sang Samson | DBS | 25.15 | Standard | 5 |
| 2 | Chen Cheuk Fung | SJC | 25.62 | Standard | 6 |
| 3 | Lam Ka Chun | FSS-KT | 26.06 | Standard | 7 |
| 4 | Chung Chak Yin | YWC | 26.25 | Standard | |
| 5 | Law Ka Hei | WYK | 27.30 | Standard | |
| 6 | How Chun Hei | QC | 27.91 | Standard | |
| 7 | Chan Hok Wah Kelvin | RC | 29.25 | Standard | |
| 8 | Rong Yan Kin | SPC | 30.45 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|----------------------|--------|-------|----------|------------|
| 1 | Ko Ka Chun Marcus | DBS | 24.99 | Standard | 4 |
| 2 | Wu Ho Ming | SJC | 25.28 | Standard | 3 |
| 3 | Tang Jia Jun | LSC | 26.13 | Standard | 1 |
| 4 | Lam Chi Shun | PLKNPL | 28.44 | Standard | |
| 5 | Tsoi Wing Tou David | SPC | 28.78 | Standard | |
| 6 | Lau Siu Huen | QC | 29.32 | Standard | |
| 7 | Lam Hoi Yat Emmanuel | PCMS | 30.20 | Standard | |
| 8 | Xu Michael Kraft | HKIS | 31.83 | | |

| Heat 3 | | | | | Final Lane |
|--------|--------------------|--------|-------|----------|------------|
| 1 | Kwok Pak Hei Dixon | LSC | 25.99 | Standard | 2 |
| 2 | Sin Ka Yeung | YWC | 26.20 | Standard | 8 |
| 3 | Choi Chun Yin | FSS-KT | 26.55 | Standard | |
| 4 | Poon Chun Wing | WYK | 28.46 | Standard | |
| 5 | Chan Chun Wang | PCMS | 28.50 | Standard | |
| 6 | Chau King Shing | PLKNPL | 28.61 | Standard | |
| 7 | Man Ching Ho | RC | 30.92 | | |
| 8 | Advani Jai Nikhil | HKIS | 31.90 | | |

Event 11 50m Free Style Girls A
Standard: 35.00 Record: 26.43 (2009)

| Heat 1 | | | | | Final Lane |
|--------|------------------------|------|-------|----------|------------|
| 1 | Chan Lai Yee | HYS | 28.28 | Standard | 2 |
| 2 | Lui Ming Wai | SFCC | 29.14 | Standard | 1 |
| 3 | Chan Sze Ting | SSGC | 29.38 | Standard | |
| 4 | Yeung Hiu Ching | WYC | 30.45 | Standard | |
| 5 | Lam Yin Wai Jaclyn | MCS | 33.61 | Standard | |
| 6 | Peggy Ho | MSS | 34.28 | Standard | |
| 7 | Liu Jennifer Wen Ching | HKIS | | DN start | |
| 8 | Chung Sze Man | SHCC | | DN start | |

| Heat 2 | | | | | Final Lane |
|--------|------------------|--------|-------|----------|------------|
| 1 | Wong Ka Yan | DGS | 27.81 | Standard | 5 |
| 2 | Chan Kin Lok | HYS | 28.20 | Standard | 6 |
| 3 | Ng Ka Ying | SSGC | 29.31 | Standard | 8 |
| 4 | Christine Chow | MSS | 30.88 | Standard | |
| 5 | Fok Hau Sze | SHCC | 30.93 | Standard | |
| 6 | Ng Sze Wah | GHS | 31.78 | Standard | |
| 7 | Wan Pui Yi Alisa | SPCS | 32.73 | Standard | |
| 8 | Chui Ho Yan | FSS-KT | 37.73 | | |

| Heat 3 | | | | | Final Lane |
|--------|----------------------|------|-------|----------|------------|
| 1 | Chung Yan Ting | DGS | 27.16 | Standard | 4 |
| 2 | Poon Wan Yi Janice | SFCC | 27.82 | Standard | 3 |
| 3 | Cheung Ho Ka | GHS | 28.32 | Standard | 7 |
| 4 | Chan Wing Yue Wynne | WYC | 33.21 | Standard | |
| 5 | Shiao Janice | HKIS | 33.30 | Standard | |
| 6 | Chan Chi Kwan Eunice | SPCS | 33.88 | Standard | |
| 7 | Lau Hoi Ki Angela | MCS | 35.55 | | |

Event 12 50m Free Style Boys A
Standard: 29.50 Record: 23.34 (2009)

| Heat 1 | | | | | Final Lane |
|--------|------------------------|--------|-------|----------|------------|
| 1 | Chong Tsz Fung | FSS-KT | 25.27 | Standard | 6 |
| 2 | Law King Yung Darrell | LSC | 25.36 | Standard | 7 |
| 3 | Chow Tin Lok | RC | 25.55 | Standard | 1 |
| 4 | Kan Tsz Chung | DBS | 25.74 | Standard | 8 |
| 5 | Wong Chun Kit Kendrick | HKIS | 27.82 | Standard | |
| 6 | Lo Chun | YWC | 28.25 | Standard | |
| 7 | Ha Si Chun | WYK | 28.36 | Standard | |

| | | | | | |
|--------|-----------------------|--------|-------|----------|---|
| 8 | Choy Kwan Wai | PCMS | 30.27 | | |
| Heat 2 | | | | | |
| 1 | Chow Hiu Lok Jonathan | SJC | 24.97 | Standard | 5 |
| 2 | Cheuk Tin Hon | DBS | 25.12 | Standard | 3 |
| 3 | Chan Chun Leung | FSS-KT | 25.96 | Standard | |
| 4 | Pang Tsz Wing | PLKNPL | 26.92 | Standard | |
| 5 | Ng Ka Lung | WYK | 26.98 | Standard | |
| 6 | Lam Kwing On | YWC | 27.86 | Standard | |
| 7 | Chan Kai Wang Kelvin | SPC | 29.01 | Standard | |
| 8 | Cheung Man Hon | QC | 29.24 | Standard | |

| | | | | | |
|--------|--------------------------|--------|-------|----------|---|
| Heat 3 | | | | | |
| 1 | Wong Yui Hong | PLKNPL | 24.73 | Standard | 4 |
| 2 | Cheng Ka Ki Kelvin | SJC | 25.32 | Standard | 2 |
| 3 | Allen Benjamin Frederick | LSC | 25.94 | Standard | |
| 4 | Yu Ho Shing | QC | 26.20 | Standard | |
| 5 | Wan Shun Fai | RC | 26.96 | Standard | |
| 6 | Yeung Kin Leung | SPC | 27.88 | Standard | |
| 7 | Mak Kevin Chin Cheung | HKIS | 28.35 | Standard | |
| 8 | Lin Cheuk Yin | PCMS | 28.74 | Standard | |

=====
Event 13 100m Back Stroke Girls C
Standard: 2:00.00 Record: 1:05.24 (2010)

| | | | | | |
|--------|--------------------|--------|---------|----------|---|
| Heat 1 | | | | | |
| 1 | Ma Ka Yee | HYS | 1: 9.20 | Standard | 5 |
| 2 | Lam Yu Sze Chelsea | SPCS | 1:16.40 | Standard | 7 |
| 3 | Ngan Sze Ting | SSGC | 1:19.60 | Standard | |
| 4 | Tam Si Nong | FSS-KT | 1:23.80 | Standard | |
| 5 | Lam Cheuk Yin | GHS | 1:23.84 | Standard | |
| 6 | Crispina Ablong | MCS | 1:27.31 | Standard | |
| 7 | Stephanie Leung | MSS | 1:48.59 | Standard | |

| | | | | | |
|--------|-------------------------|--------|---------|----------|---|
| Heat 2 | | | | | |
| 1 | Liu Karen | DGS | 1:12.63 | Standard | 3 |
| 2 | Wong Toto Kwan To | MCS | 1:14.30 | Standard | 6 |
| 3 | Chyi Natasha Ho Ching | HKIS | 1:18.45 | Standard | |
| 4 | Ma Ho Ying | FSS-KT | 1:23.86 | Standard | |
| 5 | Lee Melissa Wing Sheung | GHS | 1:29.81 | Standard | |
| 6 | Lau Ho Ching Natalie | SPCS | 1:31.08 | Standard | |
| 7 | Hedia Chan | MSS | 1:31.40 | Standard | |

| | | | | | |
|--------|-----------------------|------|---------|----------|---|
| Heat 3 | | | | | |
| 1 | Lau Sze Wing | DGS | 1: 7.75 | Standard | 4 |
| 2 | Pin On Kiu | SSGC | 1:16.34 | Standard | 2 |
| 3 | Ho Jing Yin | HYS | 1:17.61 | Standard | 1 |
| 4 | Hung Jocelyn Anne | HKIS | 1:18.14 | Standard | 8 |
| 5 | Szeto Hiu Nam Natalie | SFCC | 1:56.02 | Standard | |
| 6 | Suen Hiu Tung | WYC | | DN start | |

=====
Event 14 100m Back Stroke Boys C
Standard: 1:50.00 Record: 1:04.65 (2010)

| | | | | | |
|--------|---------------------|--------|---------|----------|---|
| Heat 1 | | | | | |
| 1 | Ho Chun Him | DBS | 1: 9.03 | Standard | 3 |
| 2 | Lui Chun Yin | LSC | 1:12.65 | Standard | 1 |
| 3 | Lee Man Kit | YWC | 1:16.46 | Standard | |
| 4 | Lau Tsz Chung | PCMS | 1:17.54 | Standard | |
| 5 | Liu Vincent Yau Yin | HKIS | 1:18.68 | Standard | |
| 6 | Nip Pak Ho Parco | FSS-KT | 1:21.09 | Standard | |
| 7 | Tong Wai Kit | WYK | 1:32.99 | Standard | |

| | | | | | |
|--------|---------------------|--------|---------|----------|---|
| Heat 2 | | | | | |
| 1 | Lam King Shing Kyle | DBS | 1: 7.74 | Standard | 5 |
| 2 | Yiu Chim Hei | SJC | 1:11.89 | Standard | 7 |
| 3 | Chan Wai Him | FSS-KT | 1:14.11 | Standard | 8 |
| 4 | Cheung Siu Fung | WYK | 1:19.16 | Standard | |
| 5 | Leung Yik Hong | YWC | 1:22.98 | Standard | |
| 6 | Ho Chun Chuen | SPC | 1:25.70 | Standard | |
| 7 | Cheong Yat Chun | QC | | DN start | |

| | | | | | |
|--------|-------------------------|------|---------|----------|---|
| Heat 3 | | | | | |
| 1 | Leung Chun Hoi | SJC | 1: 7.12 | Standard | 4 |
| 2 | Chi Oscar | LSC | 1: 9.69 | Standard | 6 |
| 3 | Chung Cheuk Hei Matthew | RC | 1:10.83 | Standard | 2 |
| 4 | Kwok Sze Chit Ernest | PCMS | 1:22.06 | Standard | |

| | | | | |
|---|--------------------|------|---------|----------|
| 5 | Leung Kwan Chun | QC | 1:22.71 | Standard |
| 6 | Woo Hoi Sang Hysan | SPC | 1:23.37 | Standard |
| 7 | Shih Justin Gerard | HKIS | | DN start |

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 Event 15 100m Back Stroke Girls B
 Standard: 2:00.00 Record: 1:04.65 (2007)

| Heat 1 | | | | | Final Lane |
|--------|------------------------|------|---------|----------|------------|
| 1 | Kong Jamie Ann | DGS | 1:12.89 | Standard | 3 |
| 2 | Lee Audrey Min | SFCC | 1:19.18 | Standard | 7 |
| 3 | Leung Ming Shan Shanna | MCS | 1:19.97 | Standard | 1 |
| 4 | Tang Kwok Yan Tiffany | SPCS | 1:20.30 | Standard | 8 |
| 5 | Chan Wing Yin Phoebe | WYC | 1:21.97 | Standard | |
| 6 | Chyi Natalie Ho Yee | HKIS | 1:24.85 | Standard | |
| 7 | Ma Pui Sha | GHS | 1:28.89 | Standard | |
| 8 | Coco Leung | MSS | 1:50.43 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|---------------------|--------|---------|----------|------------|
| 1 | Yue Tsz Lam | HYS | 1:11.42 | Standard | 4 |
| 2 | Sieh Yingli Yasmin | HKIS | 1:13.34 | Standard | 2 |
| 3 | Leung Celia Sze Yan | SHCC | 1:23.19 | Standard | |
| 4 | Natalie Dungey | MSS | 1:28.88 | Standard | |
| 5 | Kwok Ka Ying Max | MCS | 1:30.55 | Standard | |
| 6 | Ng Pui Ting | WYC | 1:37.00 | Standard | |
| 7 | Lee Tsz Ching | FSS-KT | 1:37.52 | Standard | |
| 8 | Mo Hiu Nam | SSGC | 1:41.30 | Standard | |

| Heat 3 | | | | | Final Lane |
|--------|------------------------|--------|---------|----------|------------|
| 1 | Wendy Cheng | HYS | 1:11.81 | Standard | 5 |
| 2 | Tse Sin Yi Cindy | DGS | 1:13.19 | Standard | 6 |
| 3 | Ng Wing Yan Jennifer | SPCS | 1:23.02 | Standard | |
| 4 | Pai Yuan Hua | SSGC | 1:24.59 | Standard | |
| 5 | Chao Lung | SHCC | 1:26.74 | Standard | |
| 6 | Cheng Cherry Cheuk Nam | FSS-KT | 1:28.40 | Standard | |
| 7 | Kwok Yi Shan | SFCC | 1:33.17 | Standard | |
| 8 | Lau Rachel | GHS | 1:36.98 | Standard | |

=====
 Event 16 100m Back Stroke Boys B
 Standard: 1:50.00 Record: 1:01.08 (2010)

| Heat 1 | | | | | Final Lane |
|--------|---------------------|--------|---------|----------|------------|
| 1 | Lau Shiu Yue Barton | DBS | 1: 2.99 | Standard | 4 |
| 2 | Fung Chun Ho | FSS-KT | 1: 3.73 | Standard | 5 |
| 3 | Mo Tsun Hei | LSC | 1: 4.52 | Standard | 3 |
| 4 | Cheung Kanji | PCMS | 1: 6.33 | Standard | 7 |
| 5 | Liu Kenny Yau Yuam | HKIS | 1:13.88 | Standard | |
| 6 | Chan Chun Hei | YWC | 1:21.84 | Standard | |
| 7 | Wang Fei Ke Philip | WYK | 1:26.01 | Standard | |
| 8 | Wong Chi Hin | RC | 1:27.70 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|-----------------------|--------|---------|----------|------------|
| 1 | Kan Sheung Lai Jeremy | DBS | 1: 4.62 | Standard | 6 |
| 2 | Tse Chun San Marco | SJC | 1: 7.64 | Standard | 1 |
| 3 | Poon Lok Hang | WYK | 1:11.90 | Standard | |
| 4 | Yeung Tsz Wang | FSS-KT | 1:11.94 | Standard | |
| 5 | Chan Yin Chung | YWC | 1:19.91 | Standard | |
| 6 | How Chun Hei | QC | 1:21.02 | Standard | |
| 7 | Wong Yik Yin Jason | SPC | 1:26.40 | Standard | |

| Heat 3 | | | | | Final Lane |
|--------|-----------------------|------|---------|----------|------------|
| 1 | Mak Andrew | SJC | 1: 5.75 | Standard | 2 |
| 2 | Choi Lai Wo | LSC | 1: 8.48 | Standard | 8 |
| 3 | Kwok Yuk Hang | SPC | 1:13.87 | Standard | |
| 4 | Chan Wai Sum | QC | 1:14.48 | Standard | |
| 5 | Chiu Wan To | PCMS | 1:17.49 | Standard | |
| 6 | Advani Yash Nikhil | HKIS | 1:23.89 | Standard | |
| 7 | Pun Wing Chau Clinton | RC | 1:32.32 | Standard | |

=====
 Event 17 100m Back Stroke Girls A
 Standard: 2:00.00 Record: 1:03.35 (2010)

| Heat 1 | | | | | Final Lane |
|--------|--------------------|------|---------|----------|------------|
| 1 | Wong Suet Yan | HYS | 1:12.22 | Standard | 6 |
| 2 | Lamb Alicia Eileen | HKIS | 1:17.65 | Standard | |
| 3 | Cheng Woon Ting | SHCC | 1:21.06 | Standard | |

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|--------|------------------------|--------|---------|----------|------------|
| 4 | Lau Hoi Shan Rosanna | MCS | 1:23.95 | Standard | |
| 5 | Cheng Yuen Ga | SSGC | 1:29.97 | Standard | |
| 6 | To Kwan Wai | WYC | 1:32.90 | Standard | |
| 7 | Serene Tse | MSS | 1:33.68 | Standard | |
| 8 | Ip Pui Ching Rachael | FSS-KT | 1:42.64 | Standard | |
| Heat 2 | | | | | Final Lane |
| 1 | Cheng Hei Tung | HYS | 1: 7.75 | Standard | 5 |
| 2 | Wong Ming Yu Claudia | DGS | 1: 8.68 | Standard | 3 |
| 3 | Leung Hoi Yan | SHCC | 1:13.55 | Standard | 2 |
| 4 | Kot Chung Ling | GHS | 1:16.56 | Standard | 8 |
| 5 | So Faith | SSGC | 1:18.02 | Standard | |
| 6 | Chan Chun Man | FSS-KT | 1:20.98 | Standard | |
| 7 | Christina Tse | MSS | 1:28.43 | Standard | |
| 8 | Fung Wing Lam Cheryl | SPCS | 1:34.07 | Standard | |
| Heat 3 | | | | | Final Lane |
| 1 | Wong How Tsing Natalie | DGS | 1: 7.21 | Standard | 4 |
| 2 | Marcopoto Tajin Rose | HKIS | 1:15.01 | Standard | 7 |
| 3 | Ng Sze Wah | GHS | 1:16.17 | Standard | 1 |
| 4 | Chan Tsz Yan | SFCC | 1:23.36 | Standard | |
| 5 | Wong Tsz Ching Karen | SPCS | 1:29.61 | Standard | |
| 6 | Hui Pui Yee Pearl | MCS | 1:31.91 | Standard | |
| 7 | Lee Yi Ching Bree Ann | WYC | 1:42.65 | Standard | |

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Event 18 100m Back Stroke Boys A
Standard: 1:40.00 Record: 58.92 (2010)

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|--------|--------------------------|--------|---------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Ching Kim Fu | LSC | 1: 4.56 | Standard | 2 |
| 2 | Hayhoe Luke Kennedy | HKIS | 1: 4.85 | Standard | 7 |
| 3 | Lam Jun Hay Nicholas | DBS | 1: 5.31 | Standard | 1 |
| 4 | Chu Siu Fai | YWC | 1: 8.85 | Standard | |
| 5 | Or Ming Ho | PCMS | 1:11.39 | Standard | |
| 6 | Wong Wai Yee Earnest | RC | 1:17.39 | Standard | |
| 7 | Lo King Yiu | WYK | 1:19.27 | Standard | |
| 8 | Li Long Yat Ronald | FSS-KT | 1:25.51 | Standard | |
| Heat 2 | | | | | Final Lane |
| 1 | Wong Sing Tsun Derek | DBS | 1: 0.98 | Standard | 5 |
| 2 | Mak King To | SJC | 1: 2.82 | Standard | 3 |
| 3 | Chau Tsun Ho | SPC | 1: 6.17 | Standard | 8 |
| 4 | Wun Ting Kwan | YWC | 1: 9.32 | Standard | |
| 5 | Mak Shing Fai | FSS-KT | 1: 9.89 | Standard | |
| 6 | Cheung Ho Lun | WYK | 1:20.44 | Standard | |
| 7 | Leung Tsz Chun | PLKNPL | 1:30.11 | Standard | |
| 8 | Wan King Chiu | QC | | DN start | |
| Heat 3 | | | | | Final Lane |
| 1 | Ng Kai Hong Henry | SJC | 1: 0.32 | Standard | 4 |
| 2 | Law Wing Yat Adrian | LSC | 1: 3.52 | Standard | 6 |
| 3 | Kwok Darryl Chun Yin | SPC | 1: 7.14 | Standard | |
| 4 | Lee Chee Ngai | RC | 1:19.13 | Standard | |
| 5 | Tong Ho Tsung | PCMS | 1:20.94 | Standard | |
| 6 | Lee Lok Tai | QC | 1:27.95 | Standard | |
| 7 | Sziksza Christopher Alan | HKIS | | DN start | |

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Event 19 50m Breast Stroke Girls C
Standard: 48.50 Record: 34.39 (2010)

| | | | | | |
|--------|----------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Leung Chun Wing | HYS | 37.24 | Standard | 5 |
| 2 | Li Yuen Shan | SSGC | 39.69 | Standard | 1 |
| 3 | Lee Cai Yi Frances | SPCS | 42.12 | Standard | |
| 4 | Wong Lok Yee Joyce | SHCC | 43.32 | Standard | |
| 5 | Mak Wing Gi | FSS-KT | 46.72 | Standard | |
| 6 | Tong Wing Yee | GHS | 47.35 | Standard | |
| 7 | Hedia Chan | MSS | 47.42 | Standard | |
| 8 | Hung Lane Fon Ingrid | MCS | 51.51 | | |
| Heat 2 | | | | | Final Lane |
| 1 | Chan Wing Yau Clavel | DGS | 37.29 | Standard | 3 |
| 2 | Koo Man Yan | WYC | 38.98 | Standard | 6 |
| 3 | Hui Pak Yiu Sarah | SPCS | 40.73 | Standard | |
| 4 | Yeung Jing Ki | SHCC | 44.74 | Standard | |
| 5 | Kuan Nicole | HKIS | 45.28 | Standard | |

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|--------|-----------------------|--------|-------|----------|------------|
| 6 | Whitney Chan | MSS | 45.87 | Standard | |
| 7 | Kwok Jommy | MCS | 46.83 | Standard | |
| 8 | Wong Sze Nok Denise | SFCC | 54.02 | | |
| Heat 3 | | | | | Final Lane |
| 1 | Chan Wai Tung Jocelyn | DGS | 35.84 | Standard | 4 |
| 2 | Wei Gwyneth Jia Yu | HKIS | 39.25 | Standard | 2 |
| 3 | Chang Wai | HYS | 39.51 | Standard | 7 |
| 4 | Lee Pik Yui | SSGC | 39.77 | Standard | 8 |
| 5 | Koo Tsz Chun | GHS | 48.06 | Standard | |
| 6 | Lam Ho Kiu | SFCC | 49.06 | | |
| 7 | Jiang Xu Yi | FSS-KT | 50.48 | | |

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Event 20 50m Breast Stroke Boys C
Standard: 44.00 Record: 30.86 (2010)

| | | | | | |
|--------|----------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Ching Yuk Tsun | LSC | 35.22 | Standard | 2 |
| 2 | Chan Tin Wai | YWC | 35.47 | Standard | 7 |
| 3 | Lau Yat Fung | DBS | 36.15 | Standard | 8 |
| 4 | Chan Kin Ming | WYK | 36.82 | Standard | |
| 5 | Chan Hiu Hei Ewen | RC | 38.34 | Standard | |
| 6 | Lam Wai Fung | FSS-KT | 39.98 | Standard | |
| 7 | Yung Ho Wai Arcturns | PCMS | 40.77 | Standard | |
| 8 | Lem Jake Oscar Te | HKIS | 44.23 | | |

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|--------|-------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Lau Yan To | DBS | 33.05 | Standard | 4 |
| 2 | Wong Wai Yan Ryan | SJC | 33.25 | Standard | 5 |
| 3 | Ng Chau Lung | WYK | 33.97 | Standard | 3 |
| 4 | Lau Chun Hei | YWC | 34.84 | Standard | 6 |
| 5 | Chu Kin Fung | PLKNPL | 36.40 | Standard | |
| 6 | Liu Pak Ming | SPC | 40.28 | Standard | |
| 7 | Lau Yat Yan | FSS-KT | 41.56 | Standard | |
| 8 | Kwok Chi Lam | QC | 43.26 | Standard | |

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|--------|------------------------|--------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Shea Kwan Chun | LSC | 35.55 | Standard | 1 |
| 2 | Kwok Po Chun Jason | SJC | 36.53 | Standard | |
| 3 | Kwong Terry | SPC | 36.85 | Standard | |
| 4 | Hung Siu Ching Dickson | PCMS | 37.24 | Standard | |
| 5 | Li Kin Fung | PLKNPL | 37.30 | Standard | |
| 6 | Lee Ho Cheung | QC | 37.52 | Standard | |
| 7 | Lam Ho Ching | RC | 40.35 | Standard | |
| 8 | Fang Brandon Chen Yu | HKIS | | DN start | |

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Event 21 50m Breast Stroke Girls B
Standard: 48.00 Record: 33.77 (2007)

| | | | | | |
|--------|--------------------------|------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Ip Rainbow | DGS | 34.05 | Standard | 4 |
| 2 | Wong Man Huen | GHS | 34.34 | Standard | 3 |
| 3 | Szweda Lila Cardwell | HKIS | 39.67 | Standard | |
| 4 | Chong Ming Chen Samantha | SPCS | 43.21 | Standard | |
| 5 | Jennifer Ha | MSS | 45.80 | Standard | |
| 6 | Teh Leng Suan Priscilla | MCS | 45.89 | Standard | |
| 7 | Lai Ho Yee Edith | SFCC | 48.33 | | |
| 8 | Mak Ho Yi | WYC | 52.74 | | |

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|--------|-------------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Lau Yui Kei | HYS | 36.25 | Standard | 2 |
| 2 | Ng Wing Lam | SHCC | 38.18 | Standard | 7 |
| 3 | Leung Yan Yee Eunice | MCS | 39.14 | Standard | 1 |
| 4 | Harrison Madeleine Jane | HKIS | 42.58 | Standard | |
| 5 | Lam Hoi Lok | SSGC | 43.89 | Standard | |
| 6 | Sammi Ku | MSS | 45.27 | Standard | |
| 7 | Chow Ka Yee | WYC | 49.49 | | |
| 8 | Li Ka Yi | FSS-KT | 54.20 | | |

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|--------|----------------------|------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Kan Tsz Yiu | HYS | 34.28 | Standard | 5 |
| 2 | Chan Hoi Yue Sinty | DGS | 36.12 | Standard | 6 |
| 3 | Lau Hok Ching | GHS | 39.33 | Standard | 8 |
| 4 | Kam Wing Lam Lucinda | SHCC | 39.80 | Standard | |
| 5 | Lau Chiu Yi | SFCC | 41.43 | Standard | |
| 6 | Pun Cheuk Nga | SSGC | 42.02 | Standard | |

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|---|---------------------|--------|-------|----------|
| 7 | Lam Wing Kiu | FSS-KT | 42.88 | Standard |
| 8 | Ho Yuen Ching Khris | SPCS | 44.55 | Standard |

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 Event 22 50m Breast Stroke Boys B
 Standard: 40.00 Record: 30.54 (2009)

| Heat | | | | | Final Lane |
|------|---------------------|--------|-------|----------|------------|
| 1 | Tam Ka Ming | DBS | 30.43 | Standard | 4 |
| 2 | Ling Jonah | RC | 31.59 | Standard | 3 |
| 3 | Wong Ting Chun | YWC | 32.39 | Standard | 6 |
| 4 | Wong Ching Yin | SJC | 32.92 | Standard | 2 |
| 5 | Liu Ka Wa | FSS-KT | 34.77 | Standard | |
| 6 | Tang Haey Darren | WYK | 35.99 | Standard | |
| 7 | Tsoi Wing Tou David | SPC | 37.74 | Standard | |
| 8 | Leung Ka Yau | QC | 40.26 | | |

| Heat | | | | | Final Lane |
|------|-------------------|--------|-------|----------|------------|
| 1 | Ko Ka Chun Marcus | DBS | 31.05 | Standard | 5 |
| 2 | Lee Hon Lam | LSC | 33.50 | Standard | 1 |
| 3 | Yu Lai Hang | SJC | 33.82 | Standard | 8 |
| 4 | Wong Hon Yuen | SPC | 37.20 | Standard | |
| 5 | Leung Kam Ho | QC | 38.27 | Standard | |
| 6 | Tang Ho Man | PCMS | 39.62 | Standard | |
| 7 | Chai Chi Chung | PLKNPL | 40.86 | | |
| 8 | Zhou Mark | HKIS | | DN start | |

| Heat | | | | | Final Lane |
|------|---------------------|--------|-------|----------|------------|
| 1 | Wong Chun Lok | LSC | 32.97 | Standard | 7 |
| 2 | Lo Cheuk Nam | PLKNPL | 35.62 | Standard | |
| 3 | Wan Ching Hin | FSS-KT | 36.56 | Standard | |
| 4 | Yeung Chi Hang | YWC | 37.16 | Standard | |
| 5 | Cheng Sin Hang | PCMS | 37.89 | Standard | |
| 6 | Yeung Tai Yan | WYK | 39.08 | Standard | |
| 7 | Leung Jin Wai Anson | RC | 40.73 | | |
| 8 | Advani Jai Nikhil | HKIS | 44.33 | | |

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 Event 23 50m Breast Stroke Girls A
 Standard: 47.00 Record: 33.80 (2008)

| Heat | | | | | Final Lane |
|------|------------------------|------|-------|----------|------------|
| 1 | Shum Nga Yan | HYS | 35.88 | Standard | 4 |
| 2 | Cleary Grace Elizabeth | HKIS | 37.35 | Standard | 6 |
| 3 | Ng Ka Ying | SSGC | 38.23 | Standard | 7 |
| 4 | Cheung Ching Wing | SFCC | 43.05 | Standard | |
| 5 | Cheng Woon Ting | SHCC | 43.99 | Standard | |
| 6 | Suen Althea | WYC | 44.48 | Standard | |
| 7 | Yung Hau Yee Crystal | MCS | 45.11 | Standard | |
| 8 | Christina Ng | MSS | 46.57 | Standard | |

| Heat | | | | | Final Lane |
|------|------------------------|--------|-------|----------|------------|
| 1 | Yau Wing Sze | HYS | 36.38 | Standard | 5 |
| 2 | Lam Hoi Ying | DGS | 36.67 | Standard | 3 |
| 3 | Cheong Ka Ching Rachel | SPCS | 37.85 | Standard | 2 |
| 4 | Tam Wai Yin | SSGC | 43.87 | Standard | |
| 5 | Wong Tsz Ching | FSS-KT | 47.45 | | |
| 6 | Lam Ya Lik | GHS | 49.97 | | |
| 7 | Cherry Leung | MSS | | DN start | |
| 8 | Ng Chi Wing | SHCC | | DN start | |

| Heat | | | | | Final Lane |
|------|-------------------------|--------|-------|----------|------------|
| 1 | Tam Wing Yan | GHS | 38.44 | Standard | 1 |
| 2 | Yeung Lok Yan Zada | MCS | 38.68 | Standard | 8 |
| 3 | Lui Hei Ching | DGS | 38.73 | Standard | |
| 4 | Lo Hei Ting | FSS-KT | 38.79 | Standard | |
| 5 | Cleary Ella Catherine | HKIS | 38.82 | Standard | |
| 6 | Fung Lang Ling Lorraine | SPCS | 45.16 | Standard | |
| 7 | Lau Tsz Wai | SFCC | 57.88 | | |

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 Event 24 50m Breast Stroke Boys A
 Standard: 40.00 Record: 29.18 (2009)

| Heat | | | | | Final Lane |
|------|--------------------|------|-------|----------|------------|
| 1 | Ma Chi Wang Damien | DBS | 30.42 | Standard | 4 |
| 2 | Yu Wing Kiu | WYK | 32.79 | Standard | |
| 3 | Ho Chun Hei | PCMS | 33.73 | Standard | |

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|--------|------------------------|--------|-------|----------|------------|
| 4 | Chan Chun Leung | FSS-KT | 34.38 | Standard | |
| 5 | Lee Cheuk Wing | LSC | 34.44 | Standard | |
| 6 | Lam Ming Yeung Matthew | RC | 36.30 | Standard | |
| 7 | Ma Yeuk Yu Don | HKIS | 36.39 | Standard | |
| 8 | Chan Curtis | YWC | 37.07 | Standard | |
| Heat 2 | | | | | Final Lane |
| 1 | Li Long Yin Lewis | DBS | 30.73 | Standard | 5 |
| 2 | Fan King Nam | WYK | 32.01 | Standard | 2 |
| 3 | Szeto Hin Fung | FSS-KT | 32.22 | Standard | 7 |
| 4 | Ho Tsun Ho | SJC | 32.45 | Standard | 1 |
| 5 | Wong Pak Nam | YWC | 32.54 | Standard | 8 |
| 6 | Lam Joy Yan | SPC | 34.70 | Standard | |
| 7 | Li Chun Kit | QC | 35.85 | Standard | |
| 8 | Chung Kenex | PLKNPL | 36.34 | Standard | |

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|--------|-----------------------|--------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Ng Chun Nam Derick | SJC | 30.78 | Standard | 3 |
| 2 | Lam Cheuk Yin | RC | 31.20 | Standard | 6 |
| 3 | Lau Tat Hei | PCMS | 33.88 | Standard | |
| 4 | Luk King Sum | QC | 34.75 | Standard | |
| 5 | Chau Tsun Lam | SPC | 34.78 | Standard | |
| 6 | Lau Shing Kwan | LSC | 35.19 | Standard | |
| 7 | Tsang Chi Wa | PLKNPL | 36.50 | Standard | |
| 8 | Mak Kevin Chin Cheung | HKIS | 37.72 | Standard | |

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Event 25 50m Back Stroke Girls C
Standard: 50.00 Record: 30.75 (2007)

| | | | | | |
|--------|-----------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Ma Ka Yee | HYS | 32.88 | Standard | 5 |
| 2 | Pin On Kiu | SSGC | 36.40 | Standard | 1 |
| 3 | Hung Jocelyn Anne | HKIS | 36.45 | Standard | 8 |
| 4 | Tam Si Nong | FSS-KT | 36.66 | Standard | |
| 5 | Law Shu Wah Emma | SPCS | 39.05 | Standard | |
| 6 | Yum Man Yi Emily | SHCC | 42.41 | Standard | |
| 7 | Szeto Hiu Nam Natalie | SFCC | 53.33 | | |
| 8 | Chan Denise | GHS | | DN start | |

| | | | | | |
|--------|----------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Liu Karen | DGS | 32.93 | Standard | 3 |
| 2 | Wong Toto Kwan To | MCS | 33.34 | Standard | 6 |
| 3 | Ngan Sze Ting | SSGC | 36.47 | Standard | |
| 4 | Tse Hiu Tung Vanessa | WYC | 37.33 | Standard | |
| 5 | Cheung Stephanie | SPCS | 40.38 | Standard | |
| 6 | Mak Wing Gi | FSS-KT | 40.55 | Standard | |
| 7 | Lo Ho Hang Jolie | SHCC | 40.78 | Standard | |
| 8 | Natalie Shea | MSS | 42.37 | Standard | |

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|--------|-------------------------|------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Lau Sze Wing | DGS | 31.98 | Standard | 4 |
| 2 | Ip Wai Nam | HYS | 33.37 | Standard | 2 |
| 3 | Chyi Natasha Ho Ching | HKIS | 36.38 | Standard | 7 |
| 4 | Vanessa Li | MSS | 39.18 | Standard | |
| 5 | Lam Cheuk Yin | GHS | 39.31 | Standard | |
| 6 | Wong Ying Ching Cynthia | MCS | 40.38 | Standard | |
| 7 | Chan Yee Ching | SFCC | 44.23 | Standard | |
| 8 | Suen Hiu Tung | WYC | | DN start | |

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Event 26 50m Back Stroke Boys C
Standard: 42.00 Record: 30.11 (2010)

| | | | | | |
|--------|---------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Lui Chun Yin | LSC | 31.63 | Standard | 3 |
| 2 | Lam King Shing Kyle | DBS | 31.79 | Standard | 6 |
| 3 | Liu Haofeng | HKIS | 34.39 | Standard | |
| 4 | Lau Tsz Chung | PCMS | 34.95 | Standard | |
| 5 | Leung Yik Hong | YWC | 36.42 | Standard | |
| 6 | Nip Pak Ho Parco | FSS-KT | 36.83 | Standard | |
| 7 | Cheung Hang Long | WYK | 38.79 | Standard | |

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|--------|---------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Cheng Hei Man Marco | DBS | 30.77 | Standard | 4 |
| 2 | Chan Wai Him | FSS-KT | 33.24 | Standard | 1 |
| 3 | Yiu Chim Hei | SJC | 33.34 | Standard | 8 |
| 4 | Cheung Siu Fung | WYK | 35.21 | Standard | |

| | | | | | |
|--------|---------------------------|------|-------|----------|------------|
| 5 | Ng Cheuk Man Alfredo | YWC | 37.24 | Standard | |
| 6 | Cheung Yat Chun | QC | 38.45 | Standard | |
| 7 | Ho Chun Chuen | SPC | 38.70 | Standard | |
| Heat 3 | | | | | Final Lane |
| 1 | Sun Kin Ho | LSC | 31.40 | Standard | 5 |
| 2 | Chung Cheuk Hei Matthew | RC | 32.45 | Standard | 2 |
| 3 | Au-Yeung Chung Hang Felix | SJC | 33.07 | Standard | 7 |
| 4 | Ng Ka Lun | QC | 36.41 | Standard | |
| 5 | Kwok Sze Chit Ernest | PCMS | 37.68 | Standard | |
| 6 | Yue Chun Hei Fabian | SPC | 38.15 | Standard | |
| 7 | Shih Justin Gerard | HKIS | | DN start | |

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 Event 27 50m Back Stroke Girls B
 Standard: 48.00 Record: 30.02 (2009)

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|--------|----------------------|------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Yue Tsz Lam | HYS | 33.20 | Standard | 3 |
| 2 | Tang Katie Yi Lin | HKIS | 36.12 | Standard | 1 |
| 3 | Chan Wing Yin Phoebe | WYC | 36.69 | Standard | |
| 4 | Leung Celia Sze Yan | SHCC | 38.55 | Standard | |
| 5 | Kwok Ka Ying Max | MCS | 39.83 | Standard | |
| 6 | Selena Yip | MSS | 40.91 | Standard | |
| 7 | Lai Ho Yee Edith | SFCC | 42.75 | Standard | |
| 8 | Yeh Wei Qian | SSGC | 45.15 | Standard | |

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|--------|------------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Wong Oi Wun | HYS | 32.61 | Standard | 5 |
| 2 | Kong Jamie Ann | DGS | 33.31 | Standard | 6 |
| 3 | Ng Wing Yan Jennifer | SPCS | 37.12 | Standard | |
| 4 | Chao Lung | SHCC | 38.27 | Standard | |
| 5 | Cheng Cherry Cheuk Nam | FSS-KT | 39.16 | Standard | |
| 6 | Natalie Dungey | MSS | 40.09 | Standard | |
| 7 | Lau Rachel | GHS | 41.28 | Standard | |
| 8 | Yeung Choi Tung | SSGC | 44.08 | Standard | |

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|--------|---------------------------|------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Au Hiu Pui Anson | DGS | 31.78 | Standard | 4 |
| 2 | Tang Kwok Yan Tiffany | SPCS | 35.21 | Standard | 2 |
| 3 | Cheng Averyl Sophie H. Y. | HKIS | 36.11 | Standard | 7 |
| 4 | Leung Ming Shan Shanna | MCS | 36.64 | Standard | 8 |
| 5 | Lau Tsz Ching | SFCC | 38.66 | Standard | |
| 6 | Ma Pui Sha | GHS | 40.89 | Standard | |
| 7 | Mak Ho Yi | WYC | 49.43 | | |

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 Event 28 50m Back Stroke Boys B
 Standard: 41.00 Record: 27.81 (2007)

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|--------|----------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Cheung Yau Ming | DBS | 29.38 | Standard | 3 |
| 2 | Fung Chun Ho | FSS-KT | 29.42 | Standard | 6 |
| 3 | Mo Tsun Hei | LSC | 29.48 | Standard | 2 |
| 4 | Liu Kenny Yau Yuam | HKIS | 33.92 | Standard | |
| 5 | Chan Chun Hei | YWC | 36.30 | Standard | |
| 6 | Chan Yui Ting Derick | PCMS | 36.80 | Standard | |
| 7 | Wang Fei Ke Philip | WYK | 37.77 | Standard | |
| 8 | Man Ching Ho | RC | 38.20 | Standard | |

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|--------|---------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Lau Shiu Yue Barton | DBS | 28.94 | Standard | 4 |
| 2 | Wu Ho Ming | SJC | 29.31 | Standard | 5 |
| 3 | Poon Lok Hang | WYK | 32.18 | Standard | 8 |
| 4 | Choi Chun Yin | FSS-KT | 33.31 | Standard | |
| 5 | Lam Tsz Kit Wallace | SPC | 33.63 | Standard | |
| 6 | Chan Yin Chung | YWC | 35.41 | Standard | |
| 7 | Lam Kar Hei | QC | 35.83 | Standard | |

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|--------|--------------------|------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Mak Andrew | SJC | 30.34 | Standard | 7 |
| 2 | Choi Lai Wo | LSC | 31.64 | Standard | 1 |
| 3 | Kwok Yuk Hang | SPC | 33.40 | Standard | |
| 4 | Chan Wai Sum | QC | 34.33 | Standard | |
| 5 | Advani Yash Nikhil | HKIS | 38.05 | Standard | |
| 6 | Choy Kwan Ho | PCMS | 38.18 | Standard | |
| 7 | Fung Wing Hin | RC | 39.20 | Standard | |

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Event 29 50m Back Stroke Girls A
Standard: 46.00 Record: 29.63 (2008)

Heat 1 Final Lane
1 Ngai Hui Yan HYS 32.64 Standard 6
2 Marcopoto Tajin Rose HKIS 33.78 Standard 2
3 Cheung Ching Wing SFCC 38.35 Standard
4 Lam Yin Wai Jaclyn MCS 38.71 Standard
5 Chan Wing Tung SHCC 39.71 Standard
6 Peggy Ho MSS 41.27 Standard
7 To Kwan Wai WYC 41.88 Standard
8 Cheng Yuen Ga SSGC 42.60 Standard

Heat 2 Final Lane
1 Wong Suet Yan HYS 31.98 Standard 5
2 Wong Ming Yu Claudia DGS 31.99 Standard 3
3 To Sze Wai GHS 34.38 Standard 7
4 Leung Hoi Yan SHCC 34.79 Standard
5 Wong Tsz Ching Karen SPCS 40.87 Standard
6 Stephanie Lam MSS 40.92 Standard
7 Cheng Yuen Kun SSGC 43.45 Standard
8 Ip Pui Ching Rachael FSS-KT 47.34

Heat 3 Final Lane
1 Wong How Tsing Natalie DGS 30.42 Standard 4
2 Yeung Lok Yan Zada MCS 34.39 Standard 1
3 Kot Chung Ling GHS 34.57 Standard 8
4 Lo Hei Ting FSS-KT 35.94 Standard
5 Chan Tsz Yan SFCC 38.51 Standard
6 Sat Wai Yin Aster SPCS 38.71 Standard
7 Jiaravanon Pitchaporn HKIS DN start

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Event 30 50m Back Stroke Boys A
Standard: 40.00 Record: 26.37 (2009)

Heat 1 Final Lane
1 Ching Kim Fu LSC 27.95 Standard 5
2 Wong Sing Tsun Derek DBS 28.47 Standard 3
3 Wun Ting Kwan YWC 31.38 Standard
4 Wong Wai Yee Earnest RC 32.88 Standard
5 Or Ming Ho PCMS 32.97 Standard
6 Chung Wai Heng Matthew WYK 34.51 Standard
7 Leung Hiu Fung FSS-KT 36.37 Standard
8 Szikszai Christopher Alan HKIS DN start

Heat 2 Final Lane
1 Ng Kai Hong Henry SJC 27.84 Standard 4
2 Lam Jun Hay Nicholas DBS 29.04 Standard 6
3 Chong Tsz Fung FSS-KT 29.47 Standard 1
4 Hung Leung Fung QC 31.08 Standard
5 Chu Siu Fai YWC 32.40 Standard
6 Tsui Tsz Him SPC 36.01 Standard
7 Lo King Yiu WYK 37.07 Standard
8 Leung Tsz Chun PLKNPL 37.79 Standard

Heat 3 Final Lane
1 Chan Tsz Yin SJC 29.11 Standard 2
2 Law Wing Yat Adrian LSC 29.26 Standard 7
3 Kwok Darryl Chun Yin SPC 29.91 Standard 8
4 Yu Ho Shing QC 31.29 Standard
5 Law Yuen Yung Benson RC 32.60 Standard
6 Kong Chun Long PCMS 34.47 Standard
7 Tsang Chi Wa PLKNPL 34.74 Standard
8 Chan Tik Tian HKIS DN start

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Event 31 50m Butterfly Girls C
Standard: 45.00 Record: 28.89 (2001)

Heat 1 Final Lane
1 Mak Chung Ying HYS 32.17 Standard 6
2 Lai Wai Yan FSS-KT 33.38 Standard 7
3 Jiang Wing Kiu GHS 34.00 Standard 8
4 Carolyn Chan MSS 36.11 Standard
5 Lai Lok Yan SSGC 39.31 Standard
6 Wong Lok Yee Joyce SHCC 40.13 Standard

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|--------|----------------------|------|-------|----------|------------|
| 7 | Lau Ho Ching Natalie | SPCS | 40.28 | Standard | |
| 8 | Lau Ka Mei Lauren | MCS | 43.39 | Standard | |
| Heat 2 | | | | | Final Lane |
| 1 | Au Jasmine Ying Tung | MCS | 31.53 | Standard | 5 |
| 2 | Yiu Sze Hang | DGS | 31.74 | Standard | 3 |
| 3 | Ip Cheuk Yiu Cherry | SPCS | 36.65 | Standard | |
| 4 | Shute Imegen Helena | HKIS | 37.71 | Standard | |
| 5 | Chloe Siu | MSS | 37.93 | Standard | |
| 6 | Liang Hoi Ling | SHCC | 41.26 | Standard | |
| 7 | Wong Sum Yin | WYC | 41.92 | Standard | |
| 8 | Poon Audrey An Tung | SFCC | 45.34 | | |

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|--------|-------------------------|--------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Hung Nok Yan | DGS | 30.59 | Standard | 4 |
| 2 | Mok Wing Yin Nat | FSS-KT | 32.90 | Standard | 2 |
| 3 | Au Ching Tung | HYS | 33.57 | Standard | 1 |
| 4 | Bazarian Alexandra Mary | HKIS | 36.99 | Standard | |
| 5 | Wong Chen Wei | SSGC | 37.36 | Standard | |
| 6 | Koo Tsz Chun | GHS | 39.64 | Standard | |
| 7 | Lam Wing | SFCC | 42.32 | Standard | |

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Event 32 50m Butterfly Boys C
Standard: 44.00 Record: 27.33 (2010)

| | | | | | |
|--------|--------------------------|--------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Tsang Hing Cheung | QC | 31.60 | Standard | 1 |
| 2 | Chu Kin Fung | PLKNPL | 31.79 | Standard | 8 |
| 3 | Lee Ching Lun Curtis | SJC | 31.96 | Standard | |
| 4 | Lam Lap Lai | LSC | 32.54 | Standard | |
| 5 | Cho Lok Hei | SPC | 35.65 | Standard | |
| 6 | Cheung Chun Lok Jonathan | HKIS | 37.43 | Standard | |
| 7 | Yim Wai Ho | FSS-KT | 37.97 | Standard | |

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|--------|-------------------------|--------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Lo Cheuk Chun | DBS | 30.09 | Standard | 6 |
| 2 | Sun Kin Ho | LSC | 30.70 | Standard | 2 |
| 3 | Yung Cheuk Long Charlie | WYC | 30.99 | Standard | 7 |
| 4 | Cha Amos Wing Tung | HKIS | 31.89 | Standard | |
| 5 | Chan Ngai Chit | FSS-KT | 32.44 | Standard | |
| 6 | Li Zaric | WYK | 37.45 | Standard | |

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|--------|--------------------------|-----|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Pun Kwong Kin | DBS | 28.35 | Standard | 4 |
| 2 | Lau Chun Hei | WYC | 28.98 | Standard | 5 |
| 3 | Ng Yu Hin | SJC | 29.25 | Standard | 3 |
| 4 | Cheung Kristopher Ka Wai | SPC | 34.56 | Standard | |
| 5 | Tong Wai Kit | WYK | 43.29 | Standard | |
| 6 | Wong Siu Chung | QC | 44.40 | | |

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Event 33 50m Butterfly Girls B
Standard: 44.00 Record: 27.74 (2009)

| | | | | | |
|--------|------------------------|------|-------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Lam Wing Shan | GHS | 29.60 | Standard | 4 |
| 2 | Leung Ya Ting Noel | DGS | 29.85 | Standard | 3 |
| 3 | Law Wing Hei | WYC | 33.45 | Standard | |
| 4 | Cheung Chi Yan Claudia | SPCS | 33.87 | Standard | |
| 5 | Choong Su Anne | HKIS | 34.52 | Standard | |
| 6 | Leung Che Hung Joyce | MCS | 39.05 | Standard | |
| 7 | Selena Yip | MSS | 39.65 | Standard | |

| | | | | | |
|--------|---------------------------|------|-------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Ng Hau Lam | HYS | 29.65 | Standard | 5 |
| 2 | Wong Wun Kwan | WYC | 32.78 | Standard | 1 |
| 3 | Cheng Averyl Sophie H. Y. | HKIS | 35.69 | Standard | |
| 4 | Ng Wing Ki | SFCC | 37.03 | Standard | |
| 5 | Ho Jun Wai Kristie | MCS | 38.39 | Standard | |
| 6 | Wong Hei Long | SSGC | 39.42 | Standard | |
| 7 | Lau Anthea | SHCC | 41.55 | Standard | |

| | | | | | |
|--------|----------------------|--------|-------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Au Hiu Pui Anson | DGS | 30.17 | Standard | 6 |
| 2 | Chan Hiu Laam Gloria | SHCC | 30.51 | Standard | 2 |
| 3 | Mak Yan Yu | HYS | 31.41 | Standard | 7 |
| 4 | Chan Ka Wing | GHS | 33.37 | Standard | 8 |
| 5 | Lee Yuen Tung | FSS-KT | 33.74 | Standard | |

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|---|--------------------|------|-------|----------|
| 6 | Ho Hay | SSGC | 36.95 | Standard |
| 7 | Lee Hoi Ching Yuco | SPCS | 38.12 | Standard |

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Event 34 50m Butterfly Boys B
Standard: 37.50 Record: 25.86 (2009)

| | | | | Final Lane | |
|--------|---|-----------------------|--------|------------|------------|
| Heat 1 | 1 | Siu Shing Sang Samson | DBS | 27.43 | Standard 3 |
| | 2 | Leung Ming Fung | SJC | 27.69 | Standard 6 |
| | 3 | Lee Gwan Cheung | WYK | 27.88 | Standard 2 |
| | 4 | Chung Chak Yin | YWC | 28.06 | Standard 7 |
| | 5 | Li Kin Man | FSS-KT | 30.16 | Standard |
| | 6 | Rong Yan Kin | SPC | 34.25 | Standard |
| | 7 | Wong Wai Huen | RC | 35.28 | Standard |
| | 8 | Wong Chun Ho | QC | 39.00 | |

| | | | | Final Lane | |
|--------|---|---------------------|--------|------------|------------|
| Heat 2 | 1 | Ho Tin Long | DBS | 26.47 | Standard 4 |
| | 2 | Wong Ching Yin | SJC | 27.20 | Standard 5 |
| | 3 | Tang Jia Jun | LSC | 28.21 | Standard 8 |
| | 4 | Wu Wing Hei Boris | SPC | 29.05 | Standard |
| | 5 | Liu Matthew Wentian | HKIS | 30.79 | Standard |
| | 6 | Lam Chi Shun | PLKNPL | 32.14 | Standard |
| | 7 | Lau Siu Huen | QC | 32.19 | Standard |
| | 8 | Chiu Wan To | PCMS | 32.45 | Standard |

| | | | | Final Lane | |
|--------|---|---------------------|--------|------------|------------|
| Heat 3 | 1 | Chan Ho Cheung | LSC | 28.12 | Standard 1 |
| | 2 | Cheung Kanji | PCMS | 28.80 | Standard |
| | 3 | Chan Ka Ho | PLKNPL | 29.29 | Standard |
| | 4 | Law Ka Hei | WYK | 29.44 | Standard |
| | 5 | Lu Calvin Sean | HKIS | 29.71 | Standard |
| | 6 | Kam Hou Wang | YWC | 30.12 | Standard |
| | 7 | Cheng Yuan Andrew | FSS-KT | 31.51 | Standard |
| | 8 | Chan Hok Wah Kelvin | RC | 33.82 | Standard |

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Event 35 50m Butterfly Girls A
Standard: 42.00 Record: 27.35 (2007)

| | | | | Final Lane | |
|--------|---|------------------------|--------|------------|------------|
| Heat 1 | 1 | Lin Ka Lok | HYS | 30.61 | Standard 6 |
| | 2 | Cheng Hin Yau | SHCC | 31.78 | Standard 7 |
| | 3 | Chan Chi Lun | FSS-KT | 32.52 | Standard |
| | 4 | So Faith | SSGC | 32.68 | Standard |
| | 5 | Yeung Hiu Ching | WYC | 33.80 | Standard |
| | 6 | Stephanie Ng | MSS | 35.94 | Standard |
| | 7 | Cleary Ella Catherine | HKIS | 36.08 | Standard |
| | 8 | Yeung Cheuk Sze Charis | MCS | 39.35 | Standard |

| | | | | Final Lane | |
|--------|---|--------------------------|--------|------------|------------|
| Heat 2 | 1 | Chan Kin Lok | HYS | 29.26 | Standard 4 |
| | 2 | Poon Wan Yi Janice | SFCC | 30.32 | Standard 3 |
| | 3 | Mak Lee Sze | FSS-KT | 31.43 | Standard 2 |
| | 4 | Cheung Ho Ka | GHS | 32.06 | Standard 1 |
| | 5 | Wong Audrey Noulo Man Lo | DGS | 32.12 | Standard 8 |
| | 6 | Fung Wun Sze | SSGC | 32.27 | Standard |
| | 7 | Chan Wing Tung | SHCC | 35.77 | Standard |
| | 8 | Mok Tsz Ling Jillian | SPCS | 37.34 | Standard |

| | | | | Final Lane | |
|--------|---|-----------------------|------|------------|------------|
| Heat 3 | 1 | Leung Ya Yuan Rachel | DGS | 29.68 | Standard 5 |
| | 2 | Fan Chun Ka | GHS | 32.18 | Standard |
| | 3 | Chan Tsz Ching | SFCC | 35.76 | Standard |
| | 4 | Chan Wing Yue Wynne | WYC | 39.28 | Standard |
| | 5 | Chan Chi Kwan Eunice | SPCS | 41.00 | Standard |
| | 6 | Lau Hoi Ki Angela | MCS | 43.29 | |
| | 7 | Jiaravanon Pitchaporn | HKIS | | DN start |

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Event 36 50m Butterfly Boys A
Standard: 37.00 Record: 25.39 (2008)

| | | | | Final Lane | |
|--------|---|--------------------------|------|------------|------------|
| Heat 1 | 1 | Kwong Chun Kit Thomas | DBS | 27.26 | Standard 6 |
| | 2 | Metcalfe William Ka Fai | HKIS | 27.54 | Standard 2 |
| | 3 | Allen Benjamin Frederick | LSC | 28.04 | Standard 8 |

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|--------|------------------------|--------|-------|----------|------------|
| 4 | Wan Shun Fai | RC | 29.41 | Standard | |
| 5 | Ip Claudio Alan | WYK | 29.58 | Standard | |
| 6 | Lam Kwing On | YWC | 31.20 | Standard | |
| 7 | Leung Hiu Fung | FSS-KT | 35.67 | Standard | |
| 8 | Ho Chun Hei | PCMS | | DN start | |
| Heat 2 | | | | | Final Lane |
| 1 | Ho Tsun Ho | SJC | 26.65 | Standard | 4 |
| 2 | Leung Lok Sang | DBS | 26.69 | Standard | 5 |
| 3 | Au Ching Hong | FSS-KT | 28.63 | Standard | |
| 4 | Lai Jeffrey Cheuk Kiu | WYK | 28.91 | Standard | |
| 5 | Lo Chun | YWC | 30.13 | Standard | |
| 6 | Luk King Sum | QC | 30.69 | Standard | |
| 7 | Tai Chung Leung | PLKNPL | 33.04 | Standard | |
| 8 | Tsui Tsz Him | SPC | 34.57 | Standard | |
| Heat 3 | | | | | Final Lane |
| 1 | Chau Tsun Ho | SPC | 27.13 | Standard | 3 |
| 2 | Lee Man Yin | SJC | 27.63 | Standard | 7 |
| 3 | Chan Chun Ting | LSC | 27.84 | Standard | 1 |
| 4 | Hung Leung Fung | QC | 29.32 | Standard | |
| 5 | Pang Tsz Wing | PLKNPL | 30.25 | Standard | |
| 6 | Wong Chun Kit Kendrick | HKIS | 31.23 | Standard | |
| 7 | Fung Kwan To | RC | 33.84 | Standard | |
| 8 | Chan Ting On Andy | PCMS | | DN start | |

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Event 37 100m Free Style Girls C
Standard: 1:29.00 Record: 57.79 (2010)

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|--------|-------------------------|--------|---------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Yue Wing Suet | HYS | 1: 6.16 | Standard | 2 |
| 2 | Anderson Charlotte Kiki | HKIS | 1: 7.59 | Standard | 7 |
| 3 | Fraser Tullia Catriona | GHS | 1:14.40 | Standard | |
| 4 | Chloe Siu | MSS | 1:14.73 | Standard | |
| 5 | Cheng Hoi Man Jennifer | SPCS | 1:15.23 | Standard | |
| 6 | Cheung Janne Wing Tung | MCS | 1:15.34 | Standard | |
| 7 | Lau Sheung Hok | FSS-KT | 1:18.28 | Standard | |
| 8 | Yum Man Yi Emily | SHCC | 1:23.53 | Standard | |
| Heat 2 | | | | | Final Lane |
| 1 | Liu Ho Yee | DGS | 1: 4.90 | Standard | 3 |
| 2 | Wu Elizabeth Hoi Yan | HKIS | 1:11.21 | Standard | 1 |
| 3 | Lieou Chun Kiu Valerie | SPCS | 1:11.79 | Standard | 8 |
| 4 | Tse Long Sum Rachel | SHCC | 1:17.95 | Standard | |
| 5 | Tong Tsz Ching | SSGC | 1:19.15 | Standard | |
| 6 | Chan Yee Ching | SFCC | 1:22.18 | Standard | |
| 7 | Chow Pui Yu | WYC | 1:30.90 | | |
| Heat 3 | | | | | Final Lane |
| 1 | Yeung Pak Wai | DGS | 1: 2.52 | Standard | 4 |
| 2 | Steffi Sze | HYS | 1: 4.50 | Standard | 5 |
| 3 | Cheng Lui Kwan | GHS | 1: 5.67 | Standard | 6 |
| 4 | Yu Hiu Ying | FSS-KT | 1:14.26 | Standard | |
| 5 | Mo Hiu Fung | SSGC | 1:14.70 | Standard | |
| 6 | Siu Yee Tsun Evina | MCS | 1:24.22 | Standard | |
| 7 | Stephanie Leung | MSS | 1:25.99 | Standard | |

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Event 38 100m Free Style Boys C
Standard: 1:17.00 Record: 54.95 (2009)

| | | | | | |
|--------|--------------------------|--------|---------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Ng Chi Chun Timothy | DBS | 59.10 | Standard | 4 |
| 2 | Lam Ho Yin Martin | LSC | 1: 1.10 | Standard | 2 |
| 3 | Yung Cheuk Long Charlie | YWC | 1: 2.41 | Standard | 7 |
| 4 | Tsang Ho Yin | FSS-KT | 1: 3.88 | Standard | |
| 5 | Cheung Chun Lok Joanthan | HKIS | 1:11.48 | Standard | |
| 6 | Kwong Tsz Fung Ivan | RC | 1:12.35 | Standard | |
| 7 | Au Chung Yin Elba | WYK | 1:16.27 | Standard | |
| 8 | Lee Cheuk Lun | PCMS | 1:27.35 | | |
| Heat 2 | | | | | Final Lane |
| 1 | Leung Ka Yue | DBS | 1: 0.22 | Standard | 3 |
| 2 | Tso Ka Ho | SJC | 1: 0.72 | Standard | 6 |
| 3 | Hui Tsit Man | SPC | 1: 3.18 | Standard | 8 |
| 4 | Yu Man Lok | YWC | 1: 3.22 | Standard | |
| 5 | Yu Shing Him | FSS-KT | 1:11.82 | Standard | |

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|--------|-------------------------|--------|---------|----------|------------|
| 6 | Tu Chi Yan | WYK | 1:16.04 | Standard | |
| 7 | Dao Wei Yin | QC | | DN start | |
| 8 | Tsui Sheung Man | PLKNPL | | DN start | |
| Heat 3 | | | | | Final Lane |
| 1 | Wong Yu Wai | SJC | 1: 0.19 | Standard | 5 |
| 2 | Lee Tze Hong | LSC | 1: 2.84 | Standard | 1 |
| 3 | Lee Ho Bond | QC | 1: 6.72 | Standard | |
| 4 | Tam Tsz Shun | RC | 1: 8.05 | Standard | |
| 5 | Yue Chun Hei Fabian | SPC | 1: 8.91 | Standard | |
| 6 | Cheng Ka Hang | PCMS | 1:12.91 | Standard | |
| 7 | Fried Zachary Taylor P. | HKIS | 1:14.67 | Standard | |
| 8 | Law Ka Lok | PLKNPL | | DN start | |

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Event 39 100m Free Style Girls B
Standard: 1:28.00 Record: 58.26 (2007)

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|--------|----------------------|------|---------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Wan Ching Man Andrea | DGS | 1: 1.47 | Standard | 3 |
| 2 | Lam Wing Shan | GHS | 1: 2.19 | Standard | 6 |
| 3 | Sieh Yingli Yasmin | HKIS | 1: 6.38 | Standard | 8 |
| 4 | Mok Hiu Yan Rainbow | SPCS | 1: 7.06 | Standard | |
| 5 | Pang Wing Kiu | SFCC | 1: 7.30 | Standard | |
| 6 | Wong Wun Kwan | WYC | 1: 9.72 | Standard | |
| 7 | Leung Che Hung Joyce | MCS | 1:20.38 | Standard | |
| 8 | Coco Leung | MSS | 1:25.03 | Standard | |

| | | | | | |
|--------|-------------------------|--------|---------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Tiffany Lee | HYS | 1: 3.00 | Standard | 7 |
| 2 | Lai Yin Kwan Yvonne | WYC | 1: 3.63 | Standard | 1 |
| 3 | Natalie Lau | MSS | 1:11.56 | Standard | |
| 4 | Cheng Alexandra Manny H | CHKIS | 1:12.41 | Standard | |
| 5 | Chan Kei Wing | FSS-KT | 1:14.06 | Standard | |
| 6 | Lai Hei Tung Karen | MCS | 1:14.77 | Standard | |
| 7 | Pai Yuan Hua | SSGC | 1:16.22 | Standard | |
| 8 | Choi Ka Man | SHCC | 1:18.34 | Standard | |

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|--------|---------------------|--------|---------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Mak Chung Yee | HYS | 1: 1.02 | Standard | 4 |
| 2 | Ching Cho Miu | GHS | 1: 1.10 | Standard | 5 |
| 3 | Tam Hoi Lam Karen | DGS | 1: 2.82 | Standard | 2 |
| 4 | Lee Audrey Min | SFCC | 1: 8.55 | Standard | |
| 5 | Sun Tak Yee | SHCC | 1:18.32 | Standard | |
| 6 | Chan Lok Wing Chloe | SPCS | 1:23.35 | Standard | |
| 7 | Cheng Wing Shan | SSGC | 1:25.06 | Standard | |
| 8 | Chu Lok Yi | FSS-KT | 1:32.15 | | |

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Event 40 100m Free Style Boys B
Standard: 1:15.00 Record: 52.98 (2010)

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|--------|-------------------------|--------|---------|----------|------------|
| Heat 1 | | | | | Final Lane |
| 1 | Chan Chun Hei | DBS | 55.21 | Standard | 5 |
| 2 | Tse Chun San Marco | SJC | 57.47 | Standard | 6 |
| 3 | Lam Ka Chun | FSS-KT | 58.12 | Standard | 1 |
| 4 | Sin Ka Yeung | YWC | 58.82 | Standard | |
| 5 | Poon Chun Wing | WYK | 1: 5.81 | Standard | |
| 6 | Fung Wing Hin | RC | 1: 9.44 | Standard | |
| 7 | Huang Richard Leo Suhao | SPC | 1:12.64 | Standard | |
| 8 | Chan Hoi Yip | QC | | DN start | |

| | | | | | |
|--------|--------------------------|--------|---------|----------|------------|
| Heat 2 | | | | | Final Lane |
| 1 | Au Tsz Ho Michael | DBS | 53.37 | Standard | 4 |
| 2 | Chen Cheuk Fung | SJC | 56.60 | Standard | 3 |
| 3 | Leung Wai Cheuk Chadwick | LSC | 1: 0.14 | Standard | |
| 4 | Hau Sze Yu | QC | 1: 1.70 | Standard | |
| 5 | Lu Calvin Sean | HKIS | 1: 2.65 | Standard | |
| 6 | Tse Chun Ki | PCMS | 1: 8.29 | Standard | |
| 7 | Cheung Hiu Chun | SPC | 1: 8.63 | Standard | |
| 8 | Chai Chi Chung | PLKNPL | 1:11.80 | Standard | |

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|--------|--------------------|--------|---------|----------|------------|
| Heat 3 | | | | | Final Lane |
| 1 | Kwok Pak Hei Dixon | LSC | 57.70 | Standard | 2 |
| 2 | Wong Chun Wai | YWC | 57.99 | Standard | 7 |
| 3 | Chan Ka Ho | PLKNPL | 58.24 | Standard | 8 |
| 4 | Yeung Tsz Wang | FSS-KT | 1: 0.33 | Standard | |
| 5 | Chan Chun Wang | PCMS | 1: 2.05 | Standard | |

| | | | | |
|---|----------------|------|---------|----------|
| 6 | Li Justin Karl | HKIS | 1: 2.40 | Standard |
| 7 | Tsin Kin Hang | WYK | 1: 7.67 | Standard |
| 8 | Tong Lo Lun | RC | 1:11.06 | Standard |

=====
Event 41 100m Free Style Girls A
Standard: 1:28.00 Record: 57.69 (2008)

| Heat 1 | | | | | Final Lane |
|--------|----------------------|------|---------|----------|------------|
| 1 | Chung Yan Ting | DGS | 59.42 | Standard | 4 |
| 2 | Lui Ming Wai | SFCC | 1: 3.24 | Standard | 6 |
| 3 | Mau Lok Yan Eunice | MCS | 1: 3.99 | Standard | 7 |
| 4 | Lee Yan Ki | GHS | 1: 7.65 | Standard | 8 |
| 5 | Wong Jennifer Hilyan | HKIS | 1: 8.49 | Standard | |
| 6 | Sat Wai Yin Aster | SPCS | 1:15.00 | Standard | |
| 7 | Serene Tse | MSS | 1:23.02 | Standard | |
| 8 | Yeung Ho Ching | WYC | 1:25.42 | Standard | |

| Heat 2 | | | | | Final Lane |
|--------|----------------------|--------|---------|----------|------------|
| 1 | Chan Lai Yee | HYS | 1: 1.43 | Standard | 3 |
| 2 | Lamb Alicia Eileen | HKIS | 1: 7.92 | Standard | |
| 3 | Christina Tse | MSS | 1:13.77 | Standard | |
| 4 | Lau Hoi Shan Rosanna | MCS | 1:14.56 | Standard | |
| 5 | Kwan Katy | FSS-KT | 1:16.23 | Standard | |
| 6 | Li Ki Si | SSGC | 1:17.38 | Standard | |
| 7 | Au Tsz Yan Zoe | WYC | 1:20.81 | Standard | |
| 8 | Chung Sze Man | SHCC | | DN start | |

| Heat 3 | | | | | Final Lane |
|--------|-------------------|--------|---------|----------|------------|
| 1 | Wong Ka Yan | DGS | 1: 1.00 | Standard | 5 |
| 2 | Ng Chui Wa | HYS | 1: 3.69 | Standard | 2 |
| 3 | To Sze Wai | GHS | 1: 5.80 | Standard | 1 |
| 4 | So Ting Yuet | SFCC | 1: 9.52 | Standard | |
| 5 | Cho Man Yee Nora | SHCC | 1:10.35 | Standard | |
| 6 | Wong Yee Tau Rebe | SPCS | 1:17.32 | Standard | |
| 7 | Lau Hei Tung | SSGC | 1:19.03 | Standard | |
| 8 | Wong Tsz Chui | FSS-KT | 1:28.19 | | |

=====
Event 42 100m Free Style Boys A
Standard: 1:14.00 Record: 51.57 (2008)

| Heat 1 | | | | | Final Lane |
|--------|-------------------------|--------|---------|----------|------------|
| 1 | Law King Yung Darrell | LSC | 54.98 | Standard | 6 |
| 2 | Wong Ching Cornelius | RC | 55.13 | Standard | 2 |
| 3 | Cheuk Tin Hon | DBS | 55.75 | Standard | 1 |
| 4 | Liu Hin Lok | WYK | 1: 3.91 | Standard | |
| 5 | Poon Robert Benjamin T. | HKIS | 1: 7.47 | Standard | |
| 6 | Tse Hon Fai | FSS-KT | 1:10.41 | Standard | |
| 7 | Kwan Leong Chun | YWC | 1:14.01 | | |
| 8 | Choy Kwan Wai | PCMS | | DQ | |

| Heat 2 | | | | | Final Lane |
|--------|------------------------|--------|---------|----------|------------|
| 1 | Law Wai Tsun | SJC | 52.56 | Standard | 4 |
| 2 | Chan Kin Hang Edmund | DBS | 53.54 | Standard | 5 |
| 3 | Poon Ching Leung Sunny | YWC | 57.56 | Standard | 8 |
| 4 | Lam King Huen Nicolas | SPC | 1: 3.67 | Standard | |
| 5 | Hung Chun Hin | QC | 1: 5.34 | Standard | |
| 6 | Ha Si Chun | WYK | 1: 6.30 | Standard | |
| 7 | Chung Kenex | PLKNPL | 1: 6.31 | Standard | |
| 8 | Chan Kai Shing | FSS-KT | 1: 9.10 | Standard | |

| Heat 3 | | | | | Final Lane |
|--------|------------------------|--------|---------|----------|------------|
| 1 | Chan Tsz Ho | SJC | 53.69 | Standard | 3 |
| 2 | Billy Lui Sheung Chung | LSC | 55.13 | Standard | 7 |
| 3 | Wong Yui Hong | PLKNPL | 57.86 | Standard | |
| 4 | Ip Shing Him Brian | RC | 1: 0.16 | Standard | |
| 5 | Yeung Kin Leung | SPC | 1: 3.40 | Standard | |
| 6 | Ng Kam Hei | PCMS | 1: 8.16 | Standard | |
| 7 | Lau Kwan Ho Gareth | HKIS | 1: 8.56 | Standard | |
| 8 | Shiu Wai Ki | QC | 1: 8.83 | Standard | |

=====
Event 43 4x50m Medley Relay Girls C
Standard: 2:50.00 Record: 2:05.97 (2007)

| Heat 1 | | | | | Final Lane |
|--------|--|-----|---------|----------|------------|
| 1 | | MCS | 2:14.79 | Standard | 4 |

| | | | | |
|--------|--------|---------|----------|------------|
| 2 | DGS | 2:14.90 | Standard | 5 |
| 3 | GHS | 2:17.65 | Standard | 3 |
| 4 | FSS-KT | 2:20.55 | Standard | 6 |
| 5 | SPCS | 2:21.78 | Standard | 2 |
| 6 | HKIS | 2:22.03 | Standard | 7 |
| Heat 2 | | | | Final Lane |
| 1 | HYS | 2:24.38 | Standard | 1 |
| 2 | SSGC | 2:31.72 | Standard | 8 |
| 3 | WYC | 2:36.82 | Standard | |
| 4 | SHCC | 2:43.25 | Standard | |
| 5 | MSS | 2:46.46 | Standard | |
| 6 | SFCC | 3: 2.90 | | |

=====
Event 44 4x50m Medley Relay Boys C
Standard: 2:35.00 Record: 1:56.07 (2010)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | SJC | 2: 4.46 | Standard | 4 |
| 2 | LSC | 2: 8.48 | Standard | 3 |
| 3 | FSS-KT | 2: 9.36 | Standard | 6 |
| 4 | RC | 2:12.33 | Standard | 7 |
| 5 | SPC | 2:15.70 | Standard | 1 |
| 6 | WYK | | DQ | |

| | | | | |
|--------|------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | YWC | 2: 6.05 | Standard | 5 |
| 2 | DBS | 2:11.98 | Standard | 2 |
| 3 | PCMS | 2:15.90 | Standard | 8 |
| 4 | QC | 2:16.15 | Standard | |
| 5 | HKIS | 2:26.76 | Standard | |

=====
Event 45 4x50m Medley Relay Girls B
Standard: 2:50.00 Record: 2:00.67 (2009)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | GHS | 2: 9.27 | Standard | 4 |
| 2 | HYS | 2:14.88 | Standard | 3 |
| 3 | SPCS | 2:20.23 | Standard | 2 |
| 4 | MCS | 2:23.98 | Standard | 8 |
| 5 | FSS-KT | 2:25.45 | Standard | |
| 6 | MSS | 2:53.96 | | |

| | | | | |
|--------|------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | DGS | 2:14.69 | Standard | 5 |
| 2 | SHCC | 2:20.05 | Standard | 6 |
| 3 | HKIS | 2:22.03 | Standard | 7 |
| 4 | WYC | 2:22.34 | Standard | 1 |
| 5 | SFCC | 2:32.37 | Standard | |
| 6 | SSGC | 2:46.18 | Standard | |

=====
Event 46 4x50m Medley Relay Boys B
Standard: 2:20.00 Record: 1:50.47 (2009)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | SJC | 1:58.47 | Standard | 4 |
| 2 | DBS | 1:58.76 | Standard | 5 |
| 3 | YWC | 2: 2.26 | Standard | 3 |
| 4 | WYK | 2: 4.77 | Standard | 7 |
| 5 | PCMS | 2: 9.27 | Standard | |
| 6 | PLKNPL | | DN start | |

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | LSC | 2: 3.29 | Standard | 6 |
| 2 | FSS-KT | 2: 4.71 | Standard | 2 |
| 3 | SPC | 2: 6.80 | Standard | 1 |
| 4 | HKIS | 2: 6.83 | Standard | 8 |
| 5 | RC | 2: 9.16 | Standard | |
| 6 | QC | 2:10.19 | Standard | |

=====
Event 47 4x50m Medley Relay Girls A
Standard: 2:50.00 Record: 2:00.11 (2010)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | FSS-KT | 2:14.71 | Standard | 4 |

| | | | | |
|---|------|---------|----------|---|
| 2 | GHS | 2:15.48 | Standard | 5 |
| 3 | HYS | 2:15.67 | Standard | 3 |
| 4 | MCS | 2:25.12 | Standard | 1 |
| 5 | SPCS | 2:39.67 | Standard | |
| 6 | MSS | | DN start | |

| | | | | |
|--------|------|---------|----------|------------|
| | | | | Final Lane |
| Heat 2 | | | | |
| 1 | DGS | 2:15.78 | Standard | 6 |
| 2 | HKIS | 2:16.86 | Standard | 2 |
| 3 | SHCC | 2:21.83 | Standard | 7 |
| 4 | SFCC | 2:31.44 | Standard | 8 |
| 5 | SSGC | 2:33.97 | Standard | |
| 6 | WYC | 2:34.94 | Standard | |

=====
Event 48 4x50m Medley Relay Boys A
Standard: 2:20.00 Record: 1:45.36 (2010)

| | | | | |
|--------|--------|---------|----------|------------|
| | | | | Final Lane |
| Heat 1 | | | | |
| 1 | SJC | 1:52.01 | Standard | 4 |
| 2 | FSS-KT | 1:55.93 | Standard | 5 |
| 3 | LSC | 1:56.68 | Standard | 3 |
| 4 | SPC | 1:59.91 | Standard | 2 |
| 5 | WYK | 2: 1.63 | Standard | 8 |
| 6 | RC | 2: 8.92 | Standard | |

| | | | | |
|--------|--------|---------|----------|------------|
| | | | | Final Lane |
| Heat 2 | | | | |
| 1 | DBS | 1:56.86 | Standard | 6 |
| 2 | PCMS | 2: 0.57 | Standard | 7 |
| 3 | PLKNPL | 2: 0.63 | Standard | 1 |
| 4 | YWC | 2: 2.13 | Standard | |
| 5 | QC | 2: 3.85 | Standard | |
| 6 | HKIS | 2:20.21 | | |

=====
Event 49 4x50m Free Style Relay Girls C
Standard: 2:25.00 Record: 1:50.80 (2010)

| | | | | |
|--------|------|---------|----------|------------|
| | | | | Final Lane |
| Heat 1 | | | | |
| 1 | DGS | 2: 3.14 | Standard | 4 |
| 2 | MSS | 2: 8.49 | Standard | 3 |
| 3 | SSGC | 2: 8.99 | Standard | 6 |
| 4 | GHS | 2:13.24 | Standard | 2 |
| 5 | SPCS | 2:16.25 | Standard | 1 |
| 6 | SFCC | | DN start | |

| | | | | |
|--------|--------|---------|----------|------------|
| | | | | Final Lane |
| Heat 2 | | | | |
| 1 | HYS | 2: 5.22 | Standard | 5 |
| 2 | HKIS | 2:16.09 | Standard | 7 |
| 3 | FSS-KT | 2:17.19 | Standard | 8 |
| 4 | MCS | 2:20.78 | Standard | |
| 5 | SHCC | 2:24.64 | Standard | |

=====
Event 50 4x50m Free Style Relay Boys C
Standard: 2:15.00 Record: 1:45.65 (2007)

| | | | | |
|--------|--------|---------|----------|------------|
| | | | | Final Lane |
| Heat 1 | | | | |
| 1 | LSC | 1:54.45 | Standard | 4 |
| 2 | SJC | 1:55.87 | Standard | 3 |
| 3 | RC | 2: 7.53 | Standard | 7 |
| 4 | SPC | 2: 7.67 | Standard | 1 |
| 5 | FSS-KT | 2: 9.92 | Standard | 8 |
| 6 | WYK | 2:11.40 | Standard | |

| | | | | |
|--------|------|---------|----------|------------|
| | | | | Final Lane |
| Heat 2 | | | | |
| 1 | DBS | 1:54.99 | Standard | 5 |
| 2 | YWC | 2: 0.99 | Standard | 6 |
| 3 | QC | 2: 6.30 | Standard | 2 |
| 4 | PCMS | 2:20.44 | | |
| 5 | HKIS | | DN start | |

=====
Event 51 4x50m Free Style Relay Girls B
Standard: 2:25.00 Record: 1:50.51 (2009)

| | | | | |
|--------|-----|---------|----------|------------|
| | | | | Final Lane |
| Heat 1 | | | | |
| 1 | HYS | 2: 4.73 | Standard | 5 |
| 2 | GHS | 2: 7.22 | Standard | 3 |

| | | | | |
|--------|--------|---------|----------|------------|
| 3 | SPCS | 2:11.84 | Standard | 8 |
| 4 | MCS | 2:14.99 | Standard | |
| 5 | MSS | 2:16.95 | Standard | |
| 6 | FSS-KT | 2:22.17 | Standard | |
| Heat 2 | | | | Final Lane |
| 1 | DGS | 2: 2.58 | Standard | 4 |
| 2 | SSGC | 2: 9.17 | Standard | 6 |
| 3 | SHCC | 2: 9.60 | Standard | 2 |
| 4 | SFCC | 2:10.09 | Standard | 7 |
| 5 | HKIS | 2:10.11 | Standard | 1 |
| 6 | WYC | 2:22.33 | Standard | |

=====
 Event 52 4x50m Free Style Relay Boys B
 Standard: 2:05.00 Record: 1:38.51 (2007)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | DBS | 1:45.40 | Standard | 5 |
| 2 | SJC | 1:48.00 | Standard | 3 |
| 3 | YWC | 1:49.55 | Standard | 2 |
| 4 | PLKNPL | 1:54.00 | Standard | 7 |
| 5 | WYK | 1:59.55 | Standard | 8 |
| 6 | PCMS | 2: 0.25 | Standard | |

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | FSS-KT | 1:44.89 | Standard | 4 |
| 2 | LSC | 1:48.11 | Standard | 6 |
| 3 | SPC | 1:57.31 | Standard | 1 |
| 4 | HKIS | 2: 0.36 | Standard | |
| 5 | RC | 2: 2.83 | Standard | |
| 6 | QC | 2: 6.64 | | |

=====
 Event 53 4x50m Free Style Relay Girls A
 Standard: 2:25.00 Record: 1:48.66 (2010)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | HYS | 2: 0.45 | Standard | 3 |
| 2 | SPCS | 2: 2.84 | Standard | 7 |
| 3 | GHS | 2: 6.88 | Standard | 1 |
| 4 | MSS | 2: 7.05 | Standard | 8 |
| 5 | FSS-KT | 2:17.16 | Standard | |
| 6 | MCS | 2:19.05 | Standard | |

| | | | | |
|--------|------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | SSGC | 1:57.63 | Standard | 4 |
| 2 | SFCC | 1:58.16 | Standard | 5 |
| 3 | SHCC | 2: 1.22 | Standard | 6 |
| 4 | DGS | 2: 1.53 | Standard | 2 |
| 5 | WYC | 2:23.48 | Standard | |
| 6 | HKIS | | DN start | |

=====
 Event 54 4x50m Free Style Relay Boys A
 Standard: 2:03.00 Record: 1:35.95 (2009)

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 1 | | | | Final Lane |
| 1 | SJC | 1:41.55 | Standard | 4 |
| 2 | RC | 1:44.98 | Standard | 5 |
| 3 | LSC | 1:45.86 | Standard | 6 |
| 4 | WYK | 1:50.82 | Standard | 1 |
| 5 | SPC | 1:52.41 | Standard | |
| 6 | FSS-KT | 1:54.05 | Standard | |

| | | | | |
|--------|--------|---------|----------|------------|
| Heat 2 | | | | Final Lane |
| 1 | DBS | 1:44.99 | Standard | 3 |
| 2 | HKIS | 1:47.62 | Standard | 2 |
| 3 | YWC | 1:48.91 | Standard | 7 |
| 4 | PCMS | 1:52.02 | Standard | 8 |
| 5 | PLKNPL | 1:52.03 | Standard | |
| 6 | QC | 2: 1.15 | Standard | |

HONG KONG SCHOOLS SPORTS FEDERATION
 Hong Kong Island and Kowloon Secondary Schools Regional Committee
 Inter-School Swimming Championships
 Division One
 Day Two: 27 October 2011

=====
 Event 1 200m Free Style Girls C
 Standard: 3:40.00 Record: 2:09.31 (2006)

| | | | | Points |
|---------|---------------------|--------|---------|----------|
| Final 1 | | | | |
| 1 | Lau Sheung Hok | FSS-KT | 2:57.75 | |
| 2 | Hung Wing Yu | SHCC | 3: 6.44 | |
| 3 | Wong Long Kiu | SSGC | 3: 7.04 | |
| 4 | Cheng Yan Ting | SSGC | 3:48.18 | |
| 5 | Emily Lau | MSS | | DN Start |
| 6 | Tse Long Sum Rachel | SHCC | | DN Start |

| Final 2 | | | | Points |
|---------|-------------------------|--------|---------|--------|
| 1 | Tam Sin Hang Megan | SPCS | 2:24.62 | 5 |
| 2 | Jiang Wing Kiu | GHS | 2:24.93 | 4 |
| 3 | Lieou Chun Kiu Valerie | SPCS | 2:37.66 | |
| 4 | Yu Hiu Ying | FSS-KT | 2:38.22 | |
| 5 | Wong Ying Ching Cynthia | MCS | 2:50.91 | |
| 6 | Kwok Jommy | MCS | 3: 9.50 | |

| Final 3 | | | | Points |
|---------|-----------------------|-----|---------|--------|
| 1 | Yiu Sze Hang | DGS | 2:18.00 | 9 |
| 2 | Tang Yue Man Michelle | DGS | 2:18.08 | 7 |
| 3 | Stephanie Yeung | MSS | 2:18.70 | 6 |
| 4 | Ma Lok Yi Daphne | GHS | 2:26.33 | 3 |
| 5 | Lau Yeuk Lam | HYS | 2:29.98 | 2 |
| 6 | Au Ching Tung | HYS | 2:32.81 | 1 |

=====
 Event 2 200m Free Style Boys C
 Standard: 3:30.00 Record: 2:04.73 (2007)

| | | | | Points |
|---------|----------------------|--------|---------|--------|
| Final 1 | | | | |
| 1 | Tsang Hing Cheung | QC | 2:20.45 | 2 |
| 2 | Chau Sing Ha | PLKNPL | 2:24.30 | |
| 3 | Choy Hei Lin | PCMS | 2:27.02 | |
| 4 | Tam Tsz Shun | RC | 2:27.75 | |
| 5 | Lee Ho Bond | QC | 2:29.57 | |
| 6 | Tse Long Hin | PLKNPL | 2:30.92 | |
| 7 | Cheng Ka Hang | PCMS | 2:36.09 | |
| 8 | Chow Hew Yang Harold | RC | 2:56.22 | |

| Final 2 | | | | Points |
|---------|--------------------------|--------|---------|--------|
| 1 | Chan Ching Yui | YWC | 2:27.09 | |
| 2 | Yu Shing Him | FSS-KT | 2:31.74 | |
| 3 | Choi Hin Kit Gilman | FSS-KT | 2:39.88 | |
| 4 | Cheung Kristopher Ka Wai | SPC | 2:43.35 | |
| 5 | Tai James Yeung | SPC | 2:46.73 | |
| 6 | Au Chung Yin Elba | WYK | 2:49.45 | |
| 7 | Lui Nok Man Adrian | WYK | 3: 0.13 | |

| Final 3 | | | | Points |
|---------|----------------------|-----|---------|--------|
| 1 | Fung Tsz Ching Jason | SJC | 2: 8.84 | 9 |
| 2 | Yeung Chun Yin Chris | LSC | 2:10.33 | 7 |
| 3 | Ng Yu Hin | SJC | 2:12.22 | 6 |
| 4 | Tse Tsz Fung | DBS | 2:12.45 | 5 |
| 5 | Tse Hon Ting | YWC | 2:15.61 | 4 |
| 6 | Lee Tze Hong | LSC | 2:17.21 | 3 |
| 7 | Cheng Hei Man Marco | DBS | 2:20.84 | 1 |

=====
 Event 3 200m Free Style Girls B
 Standard: 3:40.00 Record: 2:04.87 (2007)

| | | | | Points |
|---------|----------------|------|---------|--------|
| Final 1 | | | | |
| 1 | Choong Su Anne | HKIS | 2:27.82 | 2 |
| 2 | Pang Wing Kiu | SFCC | 2:32.78 | 1 |
| 3 | Ng Yui Lam | SHCC | 2:33.15 | |
| 4 | Kwok Yi Shan | SFCC | 2:50.66 | |
| 5 | Choi Ka Man | SHCC | 2:50.78 | |

| | | | | |
|---------|-------------------------|--------|---------|----------|
| 6 | Chow Ka Yee | WYC | 3: 9.46 | |
| 7 | Harrison Madeleine Jane | HKIS | | DN Start |
| 8 | Chu Lok Yi | FSS-KT | | DN Start |
| Final 2 | | | | Points |
| 1 | Natalie Lau | MSS | 2:35.51 | |
| 2 | Chan Kei Wing | FSS-KT | 2:41.65 | |
| 3 | Leung Hin Man | GHS | 2:43.98 | |
| 4 | Lai Hei Tung Karen | MCS | 2:44.82 | |
| 5 | Ho Hay | SSGC | 2:49.02 | |
| 6 | Lee Hoi Ching Yuco | SPCS | 2:50.58 | |
| 7 | Joyce Lee | MSS | 3:32.12 | |
| 8 | Lau Tsz Ching | SSGC | | DN Start |

| | | | | |
|---------|------------------------|------|---------|--------|
| Final 3 | | | | Points |
| 1 | Leung Ya Ting Noel | DGS | 2:10.26 | 9 |
| 2 | Tiffany Lee | HYS | 2:12.67 | 7 |
| 3 | Mak Chung Yee | HYS | 2:13.90 | 6 |
| 4 | Chan On Yi Fiona | DGS | 2:18.79 | 5 |
| 5 | Yu Sze wing | GHS | 2:24.18 | 4 |
| 6 | Mok Hiu Yan Rainbow | SPCS | 2:26.83 | 3 |
| 7 | Chan Melissa Ching Yin | MCS | 2:36.38 | |

=====
Event 4 200m Free Style Boys B
Standard: 3:20.00 Record: 1:55.39 (2009)

| | | | | |
|---------|----------------------|------|---------|--------|
| Final 1 | | | | Points |
| 1 | Ruan Nicholas Lipn | HKIS | 2: 3.09 | 4 |
| 2 | Siy Kristofer John | HKIS | 2:12.31 | |
| 3 | Wong Chi Hin | RC | 2:35.40 | |
| 4 | Chan Eric Yin Cheung | PCMS | 2:43.68 | |
| 5 | Lam Pak Lai | SPC | 2:44.54 | |
| 6 | Chan Kit Chung | WYK | 2:58.43 | |
| 7 | Chan Hoi Yip | QC | 3:22.98 | |
| 8 | Wong Chun Ho | QC | 3:30.47 | |

| | | | | |
|---------|----------------------|--------|---------|--------|
| Final 2 | | | | Points |
| 1 | Wong Chun Wai | YWC | 2: 5.88 | 3 |
| 2 | Cheng Chi Yan | LSC | 2:11.24 | |
| 3 | Cheng Chris | LSC | 2:18.73 | |
| 4 | Wong Chun Him | FSS-KT | 2:22.66 | |
| 5 | Wan Ching Hin | FSS-KT | 2:25.13 | |
| 6 | Tsin Kin Hang | WYK | 2:42.69 | |
| 7 | Lam Hoi Yat Emmanuel | PCMS | 3: 3.20 | |

| | | | | |
|---------|-------------------|-----|---------|--------|
| Final 3 | | | | Points |
| 1 | Au Tsz Ho Michael | DBS | 1:58.28 | 9 |
| 2 | Suen Tsz Hin | SJC | 2: 0.29 | 7 |
| 3 | Kwan Pak Hong | DBS | 2: 2.30 | 6 |
| 4 | Lau Ka Chun | SJC | 2: 2.73 | 5 |
| 5 | Wu Wing Hei Boris | SPC | 2: 9.60 | 2 |
| 6 | Lai Chun Wai | YWC | 2: 9.62 | 1 |
| 7 | Wong Ho Dominic | RC | 2:11.53 | |

=====
Event 5 200m Free Style Girls A
Standard: 3:40.00 Record: 2:01.65 (2009)

| | | | | |
|---------|-------------------------|------|---------|--------|
| Final 1 | | | | Points |
| 1 | Wong Jennifer Hilyan | HKIS | 2:30.37 | |
| 2 | So Ting Yuet | SFCC | 2:37.40 | |
| 3 | Shiao Janice | HKIS | 2:43.60 | |
| 4 | Stephanie Lam | MSS | 2:48.20 | |
| 5 | Li Ki Si | SSGC | 2:48.89 | |
| 6 | Lee Yi Ching Bree Ann | WYC | 3:11.38 | |
| 7 | Kai Cheuk Hei | WYC | 3:12.24 | |
| 8 | Fung Lang Ling Lorraine | SPCS | 3:21.40 | |

| | | | | |
|---------|-------------------------|--------|---------|--------|
| Final 2 | | | | Points |
| 1 | Cheung Choi Yan Tiffany | SPCS | 2:29.53 | 1 |
| 2 | Kwan Katy | FSS-KT | 2:41.68 | |
| 3 | Lam Wing Sum | SHCC | 2:42.32 | |
| 4 | Chan Chun Man | FSS-KT | 2:42.46 | |
| 5 | Stephanie Ng | MSS | 2:45.32 | |
| 6 | Leung Chun Nei | GHS | 2:55.82 | |
| 7 | Lau Hei Tung | SSGC | 2:57.75 | |
| 8 | Chong Hiu Yee FiFi | MCS | 3: 3.03 | |

| Final 3 | | | | Points |
|---------|---------------------------|------|---------|--------|
| 1 | Tang Wing Yung Natasha T. | DGS | 2: 4.60 | 9 |
| 2 | Leung Ya Yuan Rachel | DGS | 2: 7.24 | 7 |
| 3 | Cheng Hei Tung | HYS | 2: 8.18 | 6 |
| 4 | Sandra Ho | HYS | 2:14.09 | 5 |
| 5 | Cheng Hin Yau | SHCC | 2:16.81 | 4 |
| 6 | Mau Lok Yan Eunice | MCS | 2:21.55 | 3 |
| 7 | Lee Yan Ki | GHS | 2:26.07 | 2 |

=====
 Event 6 200m Free Style Boys A
 Standard: 3:15.00 Record: 1:53.63 (2008)

| Final 1 | | | | Points |
|---------|-------------------------|--------|---------|----------|
| 1 | Ip Shing Him Brian | RC | 2:15.36 | |
| 2 | Hung Chun Hin | QC | 2:27.49 | |
| 3 | Poon Robert Benjamin T. | HKIS | 2:36.07 | |
| 4 | Kwok Chun Hang | SPC | 2:39.84 | |
| 5 | Lau Kwan Ho Gareth | HKIS | 2:40.79 | |
| 6 | Yam Long Ho Ronald | SPC | 2:59.68 | |
| 7 | Lee Ho Yin | QC | 3:10.70 | |
| 8 | Yung Man Ho | PLKNPL | | DN Start |

| Final 2 | | | | Points |
|---------|------------------------|--------|---------|--------|
| 1 | Chan Ching Ho | YWC | 2: 9.77 | 1 |
| 2 | Poon Ching Leung Sunny | YWC | 2:11.16 | |
| 3 | Ng Ka Lung | WYK | 2:13.83 | |
| 4 | Liu Hin Lok | WYK | 2:26.29 | |
| 5 | Ngai Chun Yin | FSS-KT | 2:30.77 | |
| 6 | Wong Sai Kit | FSS-KT | 2:36.26 | |
| 7 | Chiu Zi Xuan | PCMS | 2:38.82 | |
| 8 | Hung Chun Hin | PCMS | 2:54.94 | |

| Final 3 | | | | Points |
|---------|------------------------|--------|---------|--------|
| 1 | Law Wai Tsun | SJC | 1:54.62 | 9 |
| 2 | Chan Tsz Ho | SJC | 1:56.14 | 7 |
| 3 | Wong Ching Cornelius | RC | 1:57.91 | 6 |
| 4 | Sin Chin Ting | LSC | 2: 0.78 | 5 |
| 5 | Lau Chak Lam Nicholas | DBS | 2: 1.03 | 4 |
| 6 | Kwong Chun Kit Thomas | DBS | 2: 2.77 | 3 |
| 7 | Billy Lui Sheung Chung | LSC | 2: 6.89 | 2 |
| 8 | Lee Lap Yin | PLKNPL | 2:19.95 | |

=====
 Event 7 100m Breast Stroke Girls C
 Standard: 1:55.00 Record: 1:13.50 (2010)

| Final | | | | Points |
|-------|-----------------------|------|---------|----------|
| 1 | Chan Wai Tung Jocelyn | DGS | 1:18.15 | 9 |
| 2 | Lai Jessica | MCS | 1:19.05 | 7 |
| 3 | Cheung Hui Yan | GHS | 1:21.55 | 6 |
| 4 | Ip Wai Nam | HYS | 1:21.94 | 5 |
| 5 | Liu Ho Yee | DGS | 1:21.97 | 4 |
| 6 | Au Jasmine Ying Tung | MCS | 1:23.55 | 3 |
| 7 | Lee Pik Yui | SSGC | 1:24.95 | 2 |
| 8 | Kam Tsz Ching | HYS | | DN Start |

=====
 Event 8 100m Breast Stroke Boys C
 Standard: 1:40.00 Record: 1:09.54 (2010)

| Final | | | | Points |
|-------|-------------------------|--------|---------|--------|
| 1 | Lam Ho Ching Horace | LSC | 1:13.39 | 9 |
| 2 | Wong Wai Yan Ryan | SJC | 1:13.75 | 7 |
| 3 | Lau Yan To | DBS | 1:13.86 | 6 |
| 4 | Wong Ho Kiu | RC | 1:14.63 | 5 |
| 5 | Mak Tai Ye | FSS-KT | 1:16.26 | 4 |
| 6 | Ching Yuk Tsun | LSC | 1:17.33 | 3 |
| 7 | Chow Cheuk Loong Justin | SJC | 1:17.57 | 2 |
| 8 | Lam Sheung Nam | DBS | | DQ |

=====
 Event 9 100m Breast Stroke Girls B
 Standard: 1:50.00 Record: 1:12.46 (2009)

| Final | | | | Points |
|-------|---------------|-----|---------|--------|
| 1 | Wong Man Huen | GHS | 1:16.30 | 9 |

| | | | | |
|---|-------------------------|------|---------|---|
| 2 | Li Cheng Kitty | DGS | 1:17.98 | 7 |
| 3 | Kwun Pui Pui | HYS | 1:18.09 | 6 |
| 4 | Wong Oi Wun | HYS | 1:19.67 | 5 |
| 5 | Mong Shuk Ching Jocelyn | DGS | 1:23.28 | 4 |
| 6 | Lau Hok Ching | GHS | 1:27.45 | 3 |
| 7 | Szweda Lila Cardwell | HKIS | 1:27.47 | 2 |
| 8 | Li Hoi Lam Maisy | SPCS | 1:29.75 | 1 |

=====
Event 10 100m Breast Stroke Boys B
Standard: 1:36.00 Record: 1:05.70 (2009)

| Final | | | | Points |
|-------|------------------------|-----|---------|--------|
| 1 | Chu Kai Shing | SJC | 1: 7.86 | 9 |
| 2 | Tam Ka Ming | DBS | 1: 7.93 | 7 |
| 3 | Choi Shing Tung Sutton | DBS | 1: 8.89 | 6 |
| 4 | Ling Jonah | RC | 1: 9.91 | 5 |
| 5 | Leung Tsz Fung | SJC | 1:10.82 | 4 |
| 6 | Wong Ting Chun | YWC | 1:10.97 | 3 |
| 7 | Chan Ho Cheung | LSC | 1:12.23 | 2 |
| 8 | Wong Chun Lok | LSC | 1:13.23 | 1 |

=====
Event 11 100m Breast Stroke Girls A
Standard: 1:48.00 Record: 1:11.30 (2008)

| Final | | | | Points |
|-------|------------------------|--------|---------|--------|
| 1 | Ma Hei Tung Fiona | DGS | 1:14.39 | 9 |
| 2 | Yau Wing Sze | HYS | 1:19.17 | 7 |
| 3 | Cheung Tsz Ching | SFCC | 1:21.85 | 6 |
| 4 | Ng Yung Hing | FSS-KT | 1:22.67 | 5 |
| 5 | Lai Yuen Ying | SHCC | 1:22.68 | 4 |
| 6 | Ngai Hui Yan | HYS | 1:22.69 | 3 |
| 7 | Lui Hei Ching | DGS | 1:22.88 | 2 |
| 8 | Cheong Ka Ching Rachel | SPCS | 1:24.62 | 1 |

=====
Event 12 100m Breast Stroke Boys A
Standard: 1:35.00 Record: 1:04.91 (2009)

| Final | | | | Points |
|-------|--------------------|-----|---------|--------|
| 1 | Po Yue Kai | SJC | 1: 6.07 | 9 |
| 2 | Ma Chi Wang Damien | DBS | 1: 6.36 | 7 |
| 3 | Li Long Yin Lewis | DBS | 1: 9.10 | 6 |
| 4 | Cheng Herman | LSC | 1:10.62 | 5 |
| 5 | Lam Cheuk Yin | RC | 1:11.00 | 4 |
| 6 | Fan King Nam | WYK | 1:11.28 | 3 |
| 7 | Lee Chun Yin Oscar | YWC | 1:13.57 | 2 |
| 8 | Wong Pak Nam | YWC | 1:16.08 | 1 |

=====
Event 13 50m Free Style Girls C
Standard: 37.00 Record: 26.80 (2010)

| Final | | | | Points |
|-------|--------------------|--------|-------|--------|
| 1 | Hung Nok Yan | DGS | 28.23 | 9 |
| 2 | Yeung Pak Wai | DGS | 28.71 | 7 |
| 3 | Steffi Sze | HYS | 28.87 | 6 |
| 4 | Lam Yu Sze Chelsea | SPCS | 29.20 | 5 |
| 5 | Mok Wing Yin Nat | FSS-KT | 29.31 | 4 |
| 6 | Yue Wing Suet | HYS | 29.41 | 3 |
| 7 | Cheng Lui Kwan | GHS | 29.71 | 2 |
| 8 | Vanessa Li | MSS | 31.74 | 1 |

=====
Event 14 50m Free Style Boys C
Standard: 33.50 Record: 25.26 (2005)

| Final | | | | Points |
|-------|---------------------|-----|-------|--------|
| 1 | Ng Chi Chun Timothy | DBS | 26.92 | 9 |
| 2 | Yu Man Lok | YWC | 26.96 | 7 |
| 3 | Tso Ka Ho | SJC | 27.00 | 6 |
| 4 | Leung Ka Yue | DBS | 27.27 | 5 |
| 5 | Lam Ho Yin Martin | LSC | 27.36 | 4 |
| 6 | Wong Yu Wai | SJC | 27.88 | 3 |
| 7 | Kwong Terry | SPC | 28.55 | 2 |

| | | | | |
|-----------|-----------------------|---------|---------|----------|
| 8 | Hui Tsit Man | SPC | | DQ |
| ===== | | | | |
| Event 15 | 50m Free Style | Girls B | | |
| Standard: | 36.00 | Record: | 27.06 | (2008) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Ching Cho Miu | GHS | 27.11 | 9 |
| 2 | Wan Ching Man Andrea | DGS | 27.50 | 7 |
| 3 | Ng Hau Lam | HYS | 27.88 | 6 |
| 4 | Leung Chi Ching | DGS | 28.20 | 5 |
| 5 | Lai Yin Kwan Yvonne | WYC | 28.98 | 4 |
| 6 | Kwong Wai Ying | HYS | 29.43 | 3 |
| 7 | Lau Tsz Ching | SSGC | 30.29 | 2 |
| 8 | Lau Tracy Chi Kee | WYC | 30.31 | 1 |
| ===== | | | | |
| Event 16 | 50m Free Style | Boys B | | |
| Standard: | 30.50 | Record: | 23.91 | (2007) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Ko Ka Chun Marcus | DBS | 25.06 | 9 |
| 2 | Wu Ho Ming | SJC | 25.13 | 7 |
| 3 | Siu Shing Sang Samson | DBS | 25.31 | 6 |
| 4 | Chen Cheuk Fung | SJC | 25.47 | 5 |
| 5 | Lam Ka Chun | FSS-KT | 25.79 | 4 |
| 6 | Kwok Pak Hei Dixon | LSC | 25.89 | 3 |
| 7 | Sin Ka Yeung | YWC | 26.06 | 2 |
| 8 | Tang Jia Jun | LSC | 26.25 | 1 |
| ===== | | | | |
| Event 17 | 50m Free Style | Girls A | | |
| Standard: | 35.00 | Record: | 26.43 | (2009) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Chung Yan Ting | DGS | 27.43 | 9 |
| 2 | Chan Kin Lok | HYS | 27.46 | 7 |
| 3 | Wong Ka Yan | DGS | 27.85 | 6 |
| 4 | Poon Wan Yi Janice | SFCC | 27.88 | 5 |
| 5 | Cheung Ho Ka | GHS | 27.95 | 4 |
| 6 | Chan Lai Yee | HYS | 28.28 | 3 |
| 7 | Lui Ming Wai | SFCC | 28.93 | 2 |
| 8 | Ng Ka Ying | SSGC | 29.32 | 1 |
| ===== | | | | |
| Event 18 | 50m Free Style | Boys A | | |
| Standard: | 29.50 | Record: | 23.34 | (2009) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Chow Hiu Lok Jonathan | SJC | 24.42 | 9 |
| 2 | Wong Yui Hong | PLKNPL | 24.82 | 7 |
| 3 | Cheng Ka Ki Kelvin | SJC | 25.07 | 6 |
| 4 | Cheuk Tin Hon | DBS | 25.16 | 5 |
| 5 | Chong Tsz Fung | FSS-KT | 25.20 | 4 |
| 6 | Law King Yung Darrell | LSC | 25.37 | 3 |
| 7 | Kan Tsz Chung | DBS | 25.39 | 2 |
| 8 | Chow Tin Lok | RC | 25.65 | 1 |
| ===== | | | | |
| Event 19 | 100m Back Stroke | Girls C | | |
| Standard: | 2:00.00 | Record: | 1:05.24 | (2010) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Lau Sze Wing | DGS | 1: 7.17 | 9 |
| 2 | Ma Ka Yee | HYS | 1: 9.10 | 7 |
| 3 | Liu Karen | DGS | 1:11.96 | 6 |
| 4 | Wong Toto Kwan To | MCS | 1:13.99 | 5 |
| 5 | Lam Yu Sze Chelsea | SPCS | 1:15.74 | 4 |
| 6 | Ho Jing Yin | HYS | 1:16.77 | 3 |
| 7 | Pin On Kiu | SSGC | 1:17.16 | 2 |
| 8 | Hung Jocelyn Anne | HKIS | | DN Start |
| ===== | | | | |
| Event 20 | 100m Back Stroke | Boys C | | |
| Standard: | 1:50.00 | Record: | 1:04.65 | (2010) |
| ----- | | | | |
| Final | | | | Points |

| | | | | |
|---|-------------------------|--------|----------|---|
| 1 | Leung Chun Hoi | SJC | 1: 6.64 | 9 |
| 2 | Lam King Shing Kyle | DBS | 1: 6.93 | 7 |
| 3 | Chi Oscar | LSC | 1: 8.46 | 6 |
| 4 | Ho Chun Him | DBS | 1: 8.48 | 5 |
| 5 | Chung Cheuk Hei Matthew | RC | 1:10.80 | 4 |
| 6 | Yiu Chim Hei | SJC | 1:11.27 | 3 |
| 7 | Lui Chun Yin | LSC | 1:12.03 | 2 |
| 8 | Chan Wai Him | FSS-KT | DN Start | |

=====
Event 21 100m Back Stroke Girls B
Standard: 2:00.00 Record: 1:04.65 (2007)

| Final | | | | Points |
|-------|------------------------|------|---------|--------|
| 1 | Wendy Cheng | HYS | 1:10.05 | 9 |
| 2 | Yue Tsz Lam | HYS | 1:10.86 | 7 |
| 3 | Kong Jamie Ann | DGS | 1:11.92 | 6 |
| 4 | Tse Sin Yi Cindy | DGS | 1:12.55 | 5 |
| 5 | Sieh Yingli Yasmin | HKIS | 1:13.06 | 4 |
| 6 | Lee Audrey Min | SFCC | 1:17.64 | 3 |
| 7 | Leung Ming Shan Shanna | MCS | 1:19.69 | 2 |
| 8 | Tang Kwok Yan Tiffany | SPCS | 1:20.25 | 1 |

=====
Event 22 100m Back Stroke Boys B
Standard: 1:50.00 Record: 1:01.08 (2010)

| Final | | | | Points |
|-------|-----------------------|--------|---------|--------|
| 1 | Fung Chun Ho | FSS-KT | 1: 1.25 | 9 |
| 2 | Lau Shiu Yue Barton | DBS | 1: 1.88 | 7 |
| 3 | Kan Sheung Lai Jeremy | DBS | 1: 3.85 | 6 |
| 4 | Mak Andrew | SJC | 1: 3.93 | 5 |
| 5 | Mo Tsun Hei | LSC | 1: 4.04 | 4 |
| 6 | Cheung Kanji | PCMS | 1: 6.96 | 3 |
| 7 | Choi Lai Wo | LSC | 1: 7.25 | 2 |
| 8 | Tse Chun San Marco | SJC | 1: 8.00 | 1 |

=====
Event 23 100m Back Stroke Girls A
Standard: 2:00.00 Record: 1:03.35 (2010)

| Final | | | | Points |
|-------|------------------------|------|---------|--------|
| 1 | Cheng Hei Tung | HYS | 1: 6.15 | 9 |
| 2 | Wong How Tsing Natalie | DGS | 1: 6.24 | 7 |
| 3 | Wong Ming Yu Claudia | DGS | 1: 6.99 | 6 |
| 4 | Wong Suet Yan | HYS | 1: 7.05 | 5 |
| 5 | Leung Hoi Yan | SHCC | 1:12.39 | 4 |
| 6 | Ng Sze Wah | GHS | 1:13.69 | 3 |
| 7 | Marcopoto Tajin Rose | HKIS | 1:14.34 | 2 |
| 8 | Kot Chung Ling | GHS | 1:16.24 | 1 |

=====
Event 24 100m Back Stroke Boys A
Standard: 1:40.00 Record: 58.92 (2010)

| Final | | | | Points |
|-------|----------------------|------|---------|--------|
| 1 | Ng Kai Hong Henry | SJC | 1: 0.24 | 9 |
| 2 | Wong Sing Tsun Derek | DBS | 1: 0.99 | 7 |
| 3 | Mak King To | SJC | 1: 1.47 | 6 |
| 4 | Ching Kim Fu | LSC | 1: 1.56 | 5 |
| 5 | Law Wing Yat Adrian | LSC | 1: 3.50 | 4 |
| 6 | Lam Jun Hay Nicholas | DBS | 1: 3.82 | 3 |
| 7 | Chau Tsun Ho | SPC | 1: 5.21 | 2 |
| 8 | Hayhoe Luke Kennedy | HKIS | 1: 6.17 | 1 |

=====
Event 25 50m Breast Stroke Girls C
Standard: 48.50 Record: 34.39 (2010)

| Final | | | | Points |
|-------|-----------------------|------|-------|--------|
| 1 | Chan Wai Tung Jocelyn | DGS | 36.01 | 9 |
| 2 | Leung Chun Wing | HYS | 36.81 | 7 |
| 3 | Chan Wing Yau Clavel | DGS | 37.31 | 6 |
| 4 | Koo Man Yan | WYC | 38.62 | 5 |
| 5 | Lee Pik Yui | SSGC | 39.08 | 4 |
| 6 | Chang Wai | HYS | 39.49 | 3 |

| | | | | |
|-----------|------------------------|---------|---------|----------|
| 7 | Li Yuen Shan | SSGC | 39.96 | 2 |
| 8 | Wei Gwyneth Jia Yu | HKIS | | DN Start |
| ===== | | | | |
| Event 26 | 50m Breast Stroke | Boys C | | |
| Standard: | 44.00 | Record: | 30.86 | (2010) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Ng Chau Lung | WYK | 33.07 | 9 |
| 2 | Wong Wai Yan Ryan | SJC | 33.15 | 7 |
| 3 | Lau Yan To | DBS | 33.40 | 6 |
| 4 | Lau Chun Hei | YWC | 34.71 | 5 |
| 5 | Shea Kwan Chun | LSC | 35.16 | 4 |
| 6 | Ching Yuk Tsun | LSC | 35.24 | 3 |
| 7 | Chan Tin Wai | YWC | 35.50 | 2 |
| 8 | Lau Yat Fung | DBS | 35.70 | 1 |
| ===== | | | | |
| Event 27 | 50m Breast Stroke | Girls B | | |
| Standard: | 48.00 | Record: | 33.77 | (2007) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Kan Tsz Yiu | HYS | 33.84 | 9 |
| 2 | Wong Man Huen | GHS | 33.97 | 7 |
| 3 | Ip Rainbow | DGS | 34.02 | 6 |
| 4 | Chan Hoi Yue Sinty | DGS | 36.04 | 5 |
| 5 | Ng Wing Lam | SHCC | 36.56 | 4 |
| 6 | Lau Yui Kei | HYS | 37.40 | 3 |
| 7 | Lau Hok Ching | GHS | 39.38 | 2 |
| 8 | Leung Yan Yee Eunice | MCS | 39.59 | 1 |
| ===== | | | | |
| Event 28 | 50m Breast Stroke | Boys B | | |
| Standard: | 40.00 | Record: | 30.54 | (2009) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Tam Ka Ming | DBS | 30.17 | 9 |
| 2 | Ko Ka Chun Marcus | DBS | 31.06 | 7 |
| 3 | Ling Jonah | RC | 32.06 | 6 |
| 4 | Wong Ching Yin | SJC | 32.43 | 5 |
| 5 | Wong Ting Chun | YWC | 32.48 | 4 |
| 6 | Yu Lai Hang | SJC | 33.31 | 3 |
| 7 | Wong Chun Lok | LSC | 33.31 | 3 |
| 8 | Lee Hon Lam | LSC | 35.23 | 1 |
| ===== | | | | |
| Event 29 | 50m Breast Stroke | Girls A | | |
| Standard: | 47.00 | Record: | 33.80 | (2008) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Yau Wing Sze | HYS | 34.50 | 9 |
| 2 | Lam Hoi Ying | DGS | 35.71 | 7 |
| 3 | Shum Nga Yan | HYS | 36.24 | 6 |
| 4 | Ng Ka Ying | SSGC | 37.51 | 5 |
| 5 | Tam Wing Yan | GHS | 37.55 | 4 |
| 6 | Cleary Grace Elizabeth | HKIS | 37.71 | 3 |
| 7 | Yeung Lok Yan Zada | MCS | 38.46 | 2 |
| 8 | Cheong Ka Ching Rachel | SPCS | | DN Start |
| ===== | | | | |
| Event 30 | 50m Breast Stroke | Boys A | | |
| Standard: | 40.00 | Record: | 29.18 | (2009) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Ng Chun Nam Derick | SJC | 29.60 | 9 |
| 2 | Ma Chi Wang Damien | DBS | 30.50 | 7 |
| 3 | Li Long Yin Lewis | DBS | 30.62 | 6 |
| 4 | Lam Cheuk Yin | RC | 31.29 | 5 |
| 5 | Szeto Hin Fung | FSS-KT | 32.25 | 4 |
| 6 | Fan King Nam | WYK | 32.33 | 3 |
| 7 | Wong Pak Nam | YWC | 32.43 | 2 |
| 8 | Ho Tsun Ho | SJC | 32.59 | 1 |
| ===== | | | | |
| Event 31 | 200m Individual Medley | Girls C | | |
| Standard: | 4:20.00 | Record: | 2:24.57 | (2006) |
| ----- | | | | |

| Final 1 | | | | Points |
|---------|----------------------|------|---------|--------|
| 1 | Tse Hiu Tung Vanessa | WYC | 2:50.94 | 1 |
| 2 | Crispina Ablong | MCS | 2:54.78 | |
| 3 | Law Shu Wah Emma | SPCS | 3: 2.06 | |
| 4 | Ip Cheuk Yiu Cherry | SPCS | 3: 4.44 | |
| 5 | Wong Chen Wei | SSGC | 3: 4.68 | |
| 6 | Lau Ka Mei Lauren | MCS | 3:25.77 | |

| Final 2 | | | | Points |
|---------|-----------------|--------|---------|--------|
| 1 | Stephanie Yeung | MSS | 2:42.06 | 6 |
| 2 | Lai Wai Yau | FSS-KT | 2:44.50 | 4 |
| 3 | Chan Denise | GHS | 2:54.44 | |
| 4 | Carolyn Chan | MSS | 3: 1.88 | |
| 5 | Ma Ho Ying | FSS-KT | 3: 4.40 | |
| 6 | Lai Lok Yan | SSGC | 3: 7.69 | |

| Final 3 | | | | Points |
|---------|-----------------------|-----|---------|--------|
| 1 | Chiu Wai Tsam | DGS | 2:33.57 | 9 |
| 2 | Tang Yue Man Michelle | DGS | 2:38.46 | 7 |
| 3 | Mak Chung Ying | HYS | 2:42.98 | 5 |
| 4 | Ma Lok Yi Daphne | GHS | 2:45.26 | 3 |
| 5 | Ho Jing Yin | HYS | 2:47.09 | 2 |

=====
Event 32 200m Individual Medley Boys C
Standard: 3:50.00 Record: 2:16.44 (2009)

| Final 1 | | | | Points |
|---------|----------------------|--------|---------|--------|
| 1 | Chau Sing Ha | PLKNPL | 2:55.70 | |
| 2 | Wong Sau Him | RC | 3: 0.50 | |
| 3 | Luk Wai Hang | WYK | 3:21.43 | |
| 4 | Chow Hew Yang Harold | RC | 3:22.03 | |
| 5 | Lui Nok Man Adrian | WYK | 3:26.29 | |
| 6 | Mak Chun Hin | QC | 4: 0.32 | |
| 7 | Li Wang Lok | QC | 4: 4.75 | |

| Final 2 | | | | Points |
|---------|-------------------|--------|---------|--------|
| 1 | Pun Kwong Kin | DBS | 2:26.78 | 6 |
| 2 | Tse Hon Ting | YWC | 2:36.11 | 2 |
| 3 | Lee Man Kit | YWC | 2:42.21 | |
| 4 | Lee Man Hon Marco | FSS-KT | 2:56.25 | |
| 5 | Cho Lok Hei | SPC | 2:56.74 | |
| 6 | Leung Shing Fung | FSS-KT | 3:10.54 | |

| Final 3 | | | | Points |
|---------|------------------------|-----|---------|--------|
| 1 | Leung Chun Hoi | SJC | 2:22.49 | 9 |
| 2 | Yeung Chun Yin Chris | LSC | 2:24.96 | 7 |
| 3 | Tse Tsz Fung | DBS | 2:27.25 | 5 |
| 4 | Fung Tsz Ching Jason | SJC | 2:29.01 | 4 |
| 5 | Chi Oscar | LSC | 2:29.84 | 3 |
| 6 | Cheong Ka Long Michael | SPC | 2:39.15 | 1 |

=====
Event 33 200m Individual Medley Girls B
Standard: 3:50.00 Record: 2:22.55 (2009)

| Final 1 | | | | Points |
|---------|----------------------|------|---------|--------|
| 1 | Yeung Jamie Zhen Mei | HKIS | 2:29.09 | 6 |
| 2 | Chan Hiu Laam Gloria | SHCC | 2:38.79 | 1 |
| 3 | Lau Tracy Chi Kee | WYC | 2:49.54 | |
| 4 | Hupez Isabelle M. | HKIS | 2:52.50 | |
| 5 | Ng Yui Lam | SHCC | 2:53.31 | |
| 6 | Law Wing Hei | WYC | 2:54.13 | |
| 7 | Lam Sin Yi | SFCC | 3: 5.57 | |
| 8 | Lau Tsz Ching | SFCC | 3:17.64 | |

| Final 2 | | | | Points |
|---------|------------------------|--------|---------|--------|
| 1 | Cheung Chi Yan Claudia | SPCS | 2:49.10 | |
| 2 | Li Hong Wing Joanne | SPCS | 2:56.29 | |
| 3 | Lee Yuen Tung | FSS-KT | 3: 7.12 | |
| 4 | Pun Cheuk Nga | SSGC | 3:18.63 | |
| 5 | Cheng Wing Shan | SSGC | 3:21.07 | |
| 6 | Chan Hoi Ying Sabrina | MCS | 3:35.25 | |
| 7 | Cheug Tseng Zita | MCS | 3:49.64 | |

| Final 3 | | | | Points |
|---------|-------------------|-----|---------|--------|
| 1 | Kan Tsz Yiu | HYS | 2:25.25 | 9 |
| 2 | Tam Hoi Lam Karen | DGS | 2:28.09 | 7 |
| 3 | Esther To | HYS | 2:29.71 | 5 |

| | | | | |
|---|------------------|--------|---------|---|
| 4 | Yu Sze Wing | GHS | 2:36.31 | 4 |
| 5 | Cheng Hoi Ching | FSS-KT | 2:36.33 | 3 |
| 6 | Tse Sin Yi Cindy | DGS | 2:36.47 | 2 |
| 7 | Chan Ka Wing | GHS | 2:46.41 | |

=====
Event 34 200m Individual Medley Boys B
Standard: 3:40.00 Record: 2:08.99 (2009)

| Final 1 | | | | Points |
|---------|-------------------------|------|---------|--------|
| 1 | Ruan Nicholas Lipn | HKIS | 2:23.06 | 3 |
| 2 | Siy Kristofer John | HKIS | 2:31.94 | |
| 3 | Ng Tsz Ching | WYK | 2:56.77 | |
| 4 | Tse Chun Ki | PCMS | 3: 0.98 | |
| 5 | Choy Kwan Ho | PCMS | 3: 1.57 | |
| 6 | Lam Kar Hei | QC | 3:10.00 | |
| 7 | Huang Richard Leo Suhao | SPC | 3:17.36 | |
| 8 | Pun Wing Chau Clinton | RC | 3:20.58 | |

| Final 2 | | | | Points |
|---------|--------------------------|--------|---------|--------|
| 1 | Cheng Chris | LSC | 2:29.45 | 1 |
| 2 | Leung Wai Cheuk Chadwick | LSC | 2:29.67 | |
| 3 | Cheng Yuan Andrew | FSS-KT | 2:31.06 | |
| 4 | Hau Sze Yu | QC | 2:35.57 | |
| 5 | Wong Chun Him | FSS-KT | 2:43.47 | |
| 6 | Kam Hou Wang | YWC | 2:45.75 | |
| 7 | Cheung Hiu Chun | SPC | 3: 1.44 | |

| Final 3 | | | | Points |
|---------|-----------------|-----|---------|--------|
| 1 | Chan Chun Hei | DBS | 2:15.36 | 9 |
| 2 | Suen Tsz Hin | SJC | 2:15.57 | 7 |
| 3 | Lui Chun Ting | DBS | 2:20.60 | 6 |
| 4 | Leung Ming Fung | SJC | 2:21.07 | 5 |
| 5 | Lai Chun Wai | YWC | 2:21.74 | 4 |
| 6 | Lee Gwan Cheung | WYK | 2:26.66 | 2 |
| 7 | Wong Ho Dominic | RC | 2:34.90 | |

=====
Event 35 200m Individual Medley Girls A
Standard: 3:40.00 Record: 2:17.80 (2009)

| Final 1 | | | | Points |
|---------|------------------------|------|---------|----------|
| 1 | Chan Tsz Ching | SFCC | 2:56.02 | |
| 2 | Cleary Grace Elizabeth | HKIS | 3: 9.21 | |
| 3 | Tam Wai Yin | SSGC | 3:12.83 | |
| 4 | Leong Nok Huen Hilda | SPCS | 3:15.46 | |
| 5 | Yeung Cheuk Sze Charis | MCS | 3:23.22 | |
| 6 | Hui Pui Yee Pearl | MCS | 3:27.63 | |
| 7 | Liu Jennifer Wen Ching | HKIS | | DN Start |

| Final 2 | | | | Points |
|---------|-------------------------|--------|---------|--------|
| 1 | Chan Chi Lun | FSS-KT | 2:37.84 | 4 |
| 2 | Fan Chun Ka | GHS | 2:42.35 | 2 |
| 3 | Cheung Choi Yan Tiffany | SPCS | 2:47.53 | |
| 4 | Fok Hau Sze | SHCC | 2:50.85 | |
| 5 | Cho Man Yee Nora | SHCC | 2:52.57 | |
| 6 | Chiu Wing Kei | GHS | 2:55.57 | |

| Final 3 | | | | Points |
|---------|---------------------------|--------|---------|--------|
| 1 | Wong Yee Ching | DGS | 2:24.16 | 9 |
| 2 | Tang Wing Yung Natasha T. | DGS | 2:24.97 | 7 |
| 3 | Lam Suet | HYS | 2:25.41 | 6 |
| 4 | Lin Ka Lok | HYS | 2:32.22 | 5 |
| 5 | Mak Lee Sze | FSS-KT | 2:38.91 | 3 |
| 6 | Fung Wun Sze | SSGC | 2:43.26 | 1 |

=====
Event 36 200m Individual Medley Boys A
Standard: 3:30.00 Record: 2:09.88 (2010)

| Final 1 | | | | Points |
|---------|-------------------------|------|---------|----------|
| 1 | Metcalfe William Ka Fai | HKIS | 2:15.45 | 4 |
| 2 | Hayhoe Luke Kennedy | HKIS | 2:26.92 | 1 |
| 3 | Law Yuen Yung Benson | RC | 2:48.51 | |
| 4 | Kwok Chun Hang | SPC | 3: 2.78 | |
| 5 | Shiu Wai Ki | QC | 3: 5.69 | |
| 6 | Lam King Huen Nicolas | SPC | | DN Start |
| 7 | Chow Tin Lok | RC | | DQ |

| | | | | | |
|---------|------------------------|--------|---------|----------|--------|
| 8 | Tai Chung Leung | PLKNPL | | DN Start | |
| Final 2 | | | | | Points |
| 1 | Fan Kwan Ho | LSC | 2:20.23 | | 2 |
| 2 | Chan Ching Ho | YWC | 2:29.73 | | |
| 3 | Hau Nok Hin | PCMS | 2:30.26 | | |
| 4 | Chan Ting On Andy | PCMS | 2:39.49 | | |
| 5 | Chan Curtis | YWC | 2:44.07 | | |
| 6 | Cheung Ho Lun | WYK | 2:51.28 | | |
| 7 | Chung Wai Heng Matthew | WYK | 2:56.54 | | |
| 8 | Lee Lok Tai | QC | 3:16.74 | | |

| | | | | | |
|---------|----------------------|--------|---------|--|--------|
| Final 3 | | | | | Points |
| 1 | Ng Chun Nam Derick | SJC | 2: 6.89 | | 9 |
| 2 | Sin Chin Ting | LSC | 2:12.83 | | 7 |
| 3 | Chan Kin Hang Edmund | DBS | 2:13.65 | | 6 |
| 4 | Mak King To | SJC | 2:14.59 | | 5 |
| 5 | Wong Hackett | DBS | 2:16.78 | | 3 |
| 6 | Au Ching Hong | FSS-KT | 2:31.14 | | |
| 7 | Mak Shing Fai | FSS-KT | 2:32.20 | | |
| 8 | Lee Lap Yin | PLKNPL | 2:41.37 | | |

=====
Event 37 50m Back Stroke Girls C
Standard: 50.00 Record: 30.75 (2007)

| | | | | | |
|-------|-----------------------|------|-------|----------|--------|
| Final | | | | | Points |
| 1 | Lau Sze Wing | DGS | 31.70 | | 9 |
| 2 | Ma Ka Yee | HYS | 32.51 | | 7 |
| 3 | Liu Karen | DGS | 32.68 | | 6 |
| 4 | Wong Toto Kwan To | MCS | 33.22 | | 5 |
| 5 | Ip Wai Nam | HYS | 33.68 | | 4 |
| 6 | Pin On Kiu | SSGC | 36.45 | | 3 |
| 7 | Hung Jocelyn Anne | HKIS | | DN Start | |
| 8 | Chyi Natasha Ho Ching | HKIS | | DN Start | |

=====
Event 38 50m Back Stroke Boys C
Standard: 42.00 Record: 30.11 (2010)

| | | | | | |
|-------|---------------------------|--------|-------|--|--------|
| Final | | | | | Points |
| 1 | Lam King Shing Kyle | DBS | 30.46 | | 9 |
| 2 | Cheng Hei Man Marco | DBS | 30.90 | | 7 |
| 3 | Sun Kin Ho | LSC | 30.97 | | 6 |
| 4 | Lui Chun Yin | LSC | 31.48 | | 5 |
| 5 | Chung Cheuk Hei Matthew | RC | 32.55 | | 4 |
| 6 | Yiu Chim Hei | SJC | 32.72 | | 3 |
| 7 | Au-Yeung Chung Hang Felix | SJC | 33.02 | | 2 |
| 8 | Chan Wai Him | FSS-KT | 33.51 | | 1 |

=====
Event 39 50m Back Stroke Girls B
Standard: 48.00 Record: 30.02 (2009)

| | | | | | |
|-------|---------------------------|------|-------|--|--------|
| Final | | | | | Points |
| 1 | Au Hiu Pui Anson | DGS | 31.74 | | 9 |
| 2 | Wong Oi Wun | HYS | 32.39 | | 7 |
| 3 | Yue Tsz Lam | HYS | 33.41 | | 6 |
| 4 | Kong Jamie Ann | DGS | 33.86 | | 5 |
| 5 | Tang Kwok Yan Tiffany | SPCS | 34.81 | | 4 |
| 6 | Cheng Averyl Sophie H. Y. | HKIS | 35.31 | | 3 |
| 7 | Leung Ming Shan Shanna | MCS | 36.32 | | 2 |
| 8 | Tang Katie Yi Lin | HKIS | 38.36 | | 1 |

=====
Event 40 50m Back Stroke Boys B
Standard: 41.00 Record: 27.81 (2007)

| | | | | | |
|-------|---------------------|--------|-------|--|--------|
| Final | | | | | Points |
| 1 | Lau Shiu Yue Barton | DBS | 28.58 | | 9 |
| 2 | Fung Chun Ho | FSS-KT | 28.84 | | 7 |
| 3 | Cheung Yau Ming | DBS | 29.13 | | 6 |
| 4 | Wu Ho Ming | SJC | 29.21 | | 5 |
| 5 | Mo Tsun Hei | LSC | 29.63 | | 4 |
| 6 | Mak Andrew | SJC | 29.67 | | 3 |
| 7 | Choi Lai Wo | LSC | 31.13 | | 2 |
| 8 | Poon Lok Hang | WYK | 31.64 | | 1 |

=====
Event 41 50m Back Stroke Girls A
Standard: 46.00 Record: 29.63 (2008)

| Final | | | | Points |
|-------|------------------------|------|-------|--------|
| 1 | Wong How Tsing Natalie | DGS | 30.48 | 9 |
| 2 | Wong Suet Yan | HYS | 31.21 | 7 |
| 3 | Wong Ming Yu Claudia | DGS | 31.48 | 6 |
| 4 | Ngai Hui Yan | HYS | 32.62 | 5 |
| 5 | Marcopoto Tajin Rose | HKIS | 33.61 | 4 |
| 6 | Yeung Lok Yan Zada | MCS | 33.86 | 3 |
| 7 | To Sze Wai | GHS | 34.30 | 2 |
| 8 | Kot Chung Ling | GHS | 34.38 | 1 |

=====
Event 42 50m Back Stroke Boys A
Standard: 40.00 Record: 26.37 (2009)

| Final | | | | Points |
|-------|----------------------|--------|-------|--------|
| 1 | Ching Kim Fu | LSC | 27.58 | 9 |
| 2 | Ng Kai Hong Henry | SJC | 27.69 | 7 |
| 3 | Wong Sing Tsun Derek | DBS | 28.26 | 6 |
| 4 | Lam Jun Hay Nicholas | DBS | 28.67 | 5 |
| 5 | Chan Tsz Yin | SJC | 28.91 | 4 |
| 6 | Law Wing Yat Adrian | LSC | 29.18 | 3 |
| 7 | Chong Tsz Fung | FSS-KT | 29.38 | 2 |
| 8 | Kwok Darryl Chun Yin | SPC | 29.92 | 1 |

=====
Event 43 50m Butterfly Girls C
Standard: 45.00 Record: 28.89 (2001)

| Final | | | | Points |
|-------|----------------------|--------|-------|--------|
| 1 | Hung Nok Yan | DGS | 30.22 | 9 |
| 2 | Au Jasmine Ying Tung | MCS | 30.94 | 7 |
| 3 | Yiu Sze Hang | DGS | 31.90 | 6 |
| 4 | Mak Chung Ying | HYS | 32.52 | 5 |
| 5 | Lai Wai Yan | FSS-KT | 32.69 | 4 |
| 6 | Mok Wing Yin Nat | FSS-KT | 32.77 | 3 |
| 7 | Au Ching Tung | HYS | 33.68 | 2 |
| 8 | Jiang Wing Kiu | GHS | 33.97 | 1 |

=====
Event 44 50m Butterfly Boys C
Standard: 44.00 Record: 27.33 (2010)

| Final | | | | Points |
|-------|-------------------------|--------|-------|--------|
| 1 | Pun Kwong Kin | DBS | 28.49 | 9 |
| 2 | Ng Yu Hin | SJC | 28.94 | 7 |
| 3 | Lau Chun Hei | YWC | 29.19 | 6 |
| 4 | Lo Cheuk Chun | DBS | 30.50 | 5 |
| 5 | Tsang Hing Cheung | QC | 30.59 | 4 |
| 6 | Yung Cheuk Long Charlie | YWC | 30.73 | 3 |
| 7 | Sun Kin Ho | LSC | 30.94 | 2 |
| 8 | Chu Kin Fung | PLKNPL | 31.12 | 1 |

=====
Event 45 50m Butterfly Girls B
Standard: 44.00 Record: 27.74 (2009)

| Final | | | | Points |
|-------|----------------------|------|-------|--------|
| 1 | Lam Wing Shan | GHS | 29.15 | 9 |
| 2 | Leung Ya Ting Noel | DGS | 29.33 | 7 |
| 3 | Ng Hau Lam | HYS | 30.15 | 6 |
| 4 | Au Hiu Pui Anson | DGS | 30.30 | 5 |
| 5 | Chan Hiu Laam Gloria | SHCC | 30.54 | 4 |
| 6 | Mak Yan Yu | HYS | 31.28 | 3 |
| 7 | Chan Ka Wing | GHS | 32.81 | 2 |
| 8 | Wong Wun Kwan | WYC | 33.51 | 1 |

=====
Event 46 50m Butterfly Boys B
Standard: 37.50 Record: 25.86 (2009)

| Final | | | | Points |
|-------|-------------|-----|-------|--------|
| 1 | Ho Tin Long | DBS | 26.62 | 9 |

| | | | | |
|---|-----------------------|-----|-------|---|
| 2 | Leung Ming Fung | SJC | 27.10 | 7 |
| 3 | Siu Shing Sang Samson | DBS | 27.21 | 6 |
| 4 | Wong Ching Yin | SJC | 27.29 | 5 |
| 5 | Tang Jia Jun | LSC | 27.74 | 4 |
| 6 | Lee Gwan Cheung | WYK | 28.15 | 3 |
| 7 | Chung Chak Yin | YWC | 28.16 | 2 |
| 8 | Chan Ho Cheung | LSC | 28.44 | 1 |

=====
Event 47 50m Butterfly Girls A
Standard: 42.00 Record: 27.35 (2007)

| Final | | | | Points |
|-------|--------------------------|--------|-------|--------|
| 1 | Chan Kin Lok | HYS | 28.62 | 9 |
| 2 | Leung Ya Yuan Rachel | DGS | 29.55 | 7 |
| 3 | Lin Ka Lok | HYS | 30.10 | 6 |
| 4 | Poon Wan Yi Janice | SFCC | 30.11 | 5 |
| 5 | Mak Lee Sze | FSS-KT | 30.93 | 4 |
| 6 | Wong Audrey Noulo Man Lo | DGS | 31.06 | 3 |
| 7 | Cheng Hin Yau | SHCC | 31.78 | 2 |
| 8 | Cheung Ho Ka | GHS | 31.87 | 1 |

=====
Event 48 50m Butterfly Boys A
Standard: 37.00 Record: 25.39 (2008)

| Final | | | | Points |
|-------|--------------------------|------|-------|--------|
| 1 | Leung Lok Sang | DBS | 26.77 | 9 |
| 2 | Allen Benjamin Frederick | LSC | 27.14 | 7 |
| 3 | Ho Tsun Ho | SJC | 27.17 | 6 |
| 4 | Metcalfe William Ka Fai | HKIS | 27.32 | 5 |
| 5 | Chau Tsun Ho | SPC | 27.33 | 4 |
| 6 | Kwong Chun Kit Thomas | DBS | 27.49 | 3 |
| 7 | Lee Man Yin | SJC | 27.77 | 2 |
| 8 | Chan Chun Ting | LSC | 27.87 | 1 |

=====
Event 49 200m Breast Stroke Girls C
Standard: 4:36.00 Record: 2:36.64 (2008)

| Final 1 | | | | Points |
|---------|-----------------------|------|---------|--------|
| 1 | To Cheuk Hei | SSGC | 3:15.40 | 1 |
| 2 | Kuan Nicole | HKIS | 3:29.86 | |
| 3 | Leung Cheuk Chi Flora | SPCS | 3:40.89 | |
| 4 | Wong Long Kiu | SSGC | 3:56.10 | |
| 5 | Hung Lane Fon Ingrid | MCS | 4: 9.37 | |
| 6 | Tracy Ma | MSS | 4:17.52 | |

| Final 2 | | | | Points |
|---------|----------------------|--------|---------|--------|
| 1 | Chan Wing Yau Clavel | DGS | 2:55.37 | 6 |
| 2 | Tam Sin Hang Megan | SPCS | 3: 4.34 | 3 |
| 3 | Wong Man Yan | FSS-KT | 3:19.48 | |
| 4 | Ho Suet Ying | FSS-KT | 3:23.90 | |
| 5 | Mak Tsz Kee | GHS | 3:35.46 | |
| 6 | Candace Liu | MSS | 3:42.93 | |

| Final 3 | | | | Points |
|---------|-----------------|-----|---------|--------|
| 1 | Chiu Wai Tsam | DGS | 2:47.22 | 9 |
| 2 | Lai Jessica | MCS | 2:51.09 | 7 |
| 3 | Cheung Hui Yan | GHS | 2:56.76 | 5 |
| 4 | Chiang Wai | HYS | 3: 1.73 | 4 |
| 5 | Leung Chun Wing | HYS | 3: 4.82 | 2 |

=====
Event 50 200m Breast Stroke Boys C
Standard: 4:00.00 Record: 2:33.11 (2010)

| Final 1 | | | | Points |
|---------|----------------|--------|---------|----------|
| 1 | Lau Chi Hang | WYK | 2:47.75 | 2 |
| 2 | Yu Shek Fung | QC | 2:51.25 | |
| 3 | Lee Ho Cheung | QC | 3: 4.90 | |
| 4 | Choy Hai Lin | PCMS | 3: 5.56 | |
| 5 | Lam Ho Ching | RC | 3:15.22 | |
| 6 | Choi Chung Hei | PCMS | 4:12.46 | |
| 7 | Tam Ming Hon | PLKNPL | | DN Start |

| Final 2 | | | | Points |
|---------|--------------|-----|---------|--------|
| 1 | Lau Yat Fung | DBS | 2:39.56 | 7 |

| | | | | |
|---------|-------------------------|--------|---------|--------|
| 2 | Ng Chau Lung | WYK | 2:48.29 | 1 |
| 3 | Kwok Po Chun Jason | SJC | 2:49.30 | |
| 4 | Ho Yi Hang | YWC | 3: 1.75 | |
| 5 | Yeung Tsz Yin | FSS-KT | 3: 9.36 | |
| 6 | Lau Ryan Ching Nam | YWC | 3:21.79 | |
| 7 | Choi Ching Fung | SPC | 3:40.05 | |
| Final 3 | | | | Points |
| 1 | Lam Sheung Nam | DBS | 2:32.67 | 9 |
| 2 | Shea Kwan Chun | LSC | 2:43.19 | 6 |
| 3 | Mak Tai Ye | FSS-KT | 2:43.19 | 6 |
| 4 | Lam Ho Ching Horace | LSC | 2:43.40 | 4 |
| 5 | Wong Ho Kiu | RC | 2:45.71 | 3 |
| 6 | Chow Cheuk Loong Justin | SJC | 2:48.55 | |
| 7 | Cheong Ka Long Michael | SPC | 2:55.83 | |

=====
Event 51 200m Breast Stroke Girls B
Standard: 4:30.00 Record: 2:33.35 (2009)

| | | | | |
|---------|-----------------------|------|---------|--------|
| Final 1 | | | | Points |
| 1 | Yeung Jamie Zhen Mei | HKIS | 2:39.12 | 9 |
| 2 | Fried Brittany Lauren | HKIS | 3:15.90 | |
| 3 | Tse Wan Chau | SHCC | 3:19.99 | |
| 4 | Mo Hiu Nam | SSGC | 3:26.80 | |
| 5 | Hung Wa Fai | WYC | 3:27.64 | |
| 6 | Poon Christie An Kiu | SFCC | 3:35.28 | |
| 7 | Yu Chung Sze | SSGC | 3:37.91 | |
| 8 | Yammie Cheng | MSS | 4:11.94 | |

| | | | | |
|---------|-----------------------|------|---------|--------|
| Final 2 | | | | Points |
| 1 | Li Hoi Lam Maisy | SPCS | 3: 8.89 | 1 |
| 2 | Li Hong Wing Joanne | SPCS | 3:19.16 | |
| 3 | Lee Leong Ying | GHS | 3:25.79 | |
| 4 | Chan Hoi Ying Sabrina | MCS | 3:31.93 | |
| 5 | Valerie Cheung | MSS | 3:38.48 | |
| 6 | Liu Chloe On Fei | MCS | 3:40.50 | |
| 7 | Kwok Tsoi Yu | GHS | 3:47.00 | |

| | | | | |
|---------|----------------------|--------|---------|--------|
| Final 3 | | | | Points |
| 1 | Ip Rainbow | DGS | 2:40.97 | 7 |
| 2 | Kwun Pui Pui | HYS | 2:47.98 | 6 |
| 3 | Yuen Sze Hang Cheryl | DGS | 2:51.71 | 5 |
| 4 | Ng Wing Lam | SHCC | 2:56.73 | 4 |
| 5 | Lau Yui Kei | HYS | 2:57.20 | 3 |
| 6 | Cheng Hoi Ching | FSS-KT | 3: 0.74 | 2 |
| 7 | Chan Kam Chi | FSS-KT | 3:27.79 | |

=====
Event 52 200m Breast Stroke Boys B
Standard: 3:45.00 Record: 2:24.95 (2009)

| | | | | |
|---------|---------------------|------|---------|----------|
| Final 1 | | | | Points |
| 1 | Jiang Bernard Tang | HKIS | 2:45.01 | 2 |
| 2 | Chan Chi Kin | RC | 3: 4.67 | |
| 3 | Lam Shing Yun | QC | 3:19.15 | |
| 4 | Yip Bosco | PCMS | 3:20.18 | |
| 5 | Leung Jin Wai Anson | RC | 3:22.83 | |
| 6 | Tam Chun Yan | QC | 3:23.58 | |
| 7 | Tang Ho Man | PCMS | 3:28.31 | |
| 8 | Li Justin Karl | HKIS | | DN Start |

| | | | | |
|---------|----------------|-----|---------|--------|
| Final 2 | | | | Points |
| 1 | Ng Yan Kin | DBS | 2:33.66 | 5 |
| 2 | Chan Yin Chung | LSC | 2:54.00 | |
| 3 | Yeung Chi Hang | YWC | 3: 0.69 | |
| 4 | Yeung Tai Yan | WYK | 3: 2.45 | |
| 5 | Ng Tsz Ching | WYK | 3:18.56 | |
| 6 | Liu Wai Chun | SPC | 3:31.64 | |
| 7 | Poon Chi Ngai | YWC | | DQ |

| | | | | |
|---------|------------------------|--------|---------|--------|
| Final 3 | | | | Points |
| 1 | Choi Shing Tung Sutton | DBS | 2:29.68 | 9 |
| 2 | Chu Kai Shing | SJC | 2:31.07 | 7 |
| 3 | Leung Tsz Fung | SJC | 2:31.70 | 6 |
| 4 | Cheng Chi Yan | LSC | 2:42.66 | 4 |
| 5 | Lau Chak Lam | FSS-KT | 2:42.72 | 3 |
| 6 | Li Kin Man | FSS-KT | 2:48.53 | 1 |

| | | | | |
|-----------|-------------------------|---------|---------|----------|
| 7 | Lam Tsz Kit Wallace | SPC | 3:15.53 | |
| ===== | | | | |
| Event 53 | 200m Breast Stroke | Girls A | | |
| Standard: | 4:30.00 | Record: | 2:32.28 | (2009) |
| ----- | | | | |
| Final 1 | | | | Points |
| 1 | Wong Yee Ching | DGS | 2:46.69 | 7 |
| 2 | Cheung Tsz Ching | SFCC | 2:58.49 | 3 |
| 3 | Hui Bon Hoa Denise F. | HKIS | 3: 4.75 | 2 |
| 4 | Lloyd Bronwyn Alexandra | HKIS | 3:10.97 | |
| 5 | Kan Sin Yi | WYC | 3:29.00 | |
| 6 | Wong Yee Tau Rebe | SPCS | 3:41.91 | |
| 7 | Yeung Ho Ching | WYC | 4:23.10 | |
| 8 | Charlotte Chan | MSS | | DN Start |
| Final 2 | | | | Points |
| 1 | Chan Sze Ting | SSGC | 3:13.54 | |
| 2 | Chiu Wing Kei | GHS | 3:19.84 | |
| 3 | Wong Ching Nam | GHS | 3:23.42 | |
| 4 | Tang Tsz Yin | SPCS | 3:26.31 | |
| 5 | Lee Lok Lam | SSGC | 3:30.67 | |
| 6 | Chong Hiu Yee FiFi | MCS | 3:37.62 | |
| 7 | Tse Ka Man Carmen | MCS | 3:37.90 | |
| 8 | Wong Tsz Ching | FSS-KT | 4: 5.52 | |
| Final 3 | | | | Points |
| 1 | Ma Hei Tung Fiona | DGS | 2:40.29 | 9 |
| 2 | Sarah Ho | HYS | 2:48.01 | 6 |
| 3 | Lam Suet | HYS | 2:54.77 | 5 |
| 4 | Lai Yuen Ying | SHCC | 2:55.51 | 4 |
| 5 | Ng Yung Hing | FSS-KT | 3: 5.93 | 1 |
| 6 | Lam Wing Sum | SHCC | 3:12.95 | |
| 7 | Christine Chow | MSS | 3:16.18 | |
| ===== | | | | |
| Event 54 | 200m Breast Stroke | Boys A | | |
| Standard: | 3:40.00 | Record: | 2:22.41 | (2009) |
| ----- | | | | |
| Final 1 | | | | Points |
| 1 | Wong Man Ho | PLKNPL | 2:57.28 | |
| 2 | Lam Ming Yeung Matthew | RC | 2:59.91 | |
| 3 | Ma Yeuk Yu Don | HKIS | 3: 5.64 | |
| 4 | Lai Jeremy Tsz Kei | HKIS | 3: 5.67 | |
| 5 | Chan Kai Wang Kelvin | SPC | 3:24.21 | |
| 6 | Yam Long Ho Ronald | SPC | 3:29.58 | |
| 7 | Lam Kwan Ho Andrew | RC | 3:39.21 | |
| 8 | Yung Man Ho | PLKNPL | | DN Start |
| Final 2 | | | | Points |
| 1 | Hau Nok Hin | PCMS | 2:49.25 | 1 |
| 2 | Lai Jeffrey Cheuk Kiu | WYK | 2:49.71 | |
| 3 | Lin Cheuk Yin | PCMS | 3: 8.62 | |
| 4 | Li Chun Kit | QC | 3:10.51 | |
| 5 | Wong Nok Ching Joshua | WYK | 3:13.83 | |
| 6 | Fung Tsun On | YWC | 3:16.69 | |
| 7 | Ho Chung Yau | FSS-KT | 3:23.70 | |
| 8 | Li Chun Fai | QC | | DN Start |
| Final 3 | | | | Points |
| 1 | Fan Kwan Ho | LSC | 2:24.74 | 9 |
| 2 | Po Yue Kai | SJC | 2:25.09 | 7 |
| 3 | Wong Hackett | DBS | 2:30.69 | 6 |
| 4 | Lau Chak Lam Nicholas | DBS | 2:31.03 | 5 |
| 5 | Cheng Herman | LSC | 2:37.66 | 4 |
| 6 | Lee Chun Yin Oscar | YWC | 2:39.27 | 3 |
| 7 | Lau Chun Ming Chris | SJC | 2:44.26 | 2 |
| 8 | Ngai Chun Yin | FSS-KT | 3: 3.09 | |
| ===== | | | | |
| Event 55 | 100m Free Style | Girls C | | |
| Standard: | 1:29.00 | Record: | 57.79 | (2010) |
| ----- | | | | |
| Final | | | | Points |
| 1 | Yeung Pak Wai | DGS | 1: 1.81 | 9 |
| 2 | Liu Ho Yee | DGS | 1: 3.89 | 7 |
| 3 | Steffi Sze | HYS | 1: 4.13 | 6 |
| 4 | Yue Wing Suet | HYS | 1: 5.43 | 5 |

| | | | | |
|---|-------------------------|------|---------|----------|
| 5 | Cheng Lui Kwan | GHS | 1: 6.58 | 4 |
| 6 | Lieou Chun Kiu Valerie | SPCS | 1:11.01 | 3 |
| 7 | Anderson Charlotte Kiki | HKIS | | DN Start |
| 8 | Wu Elizabeth Hoi Yan | HKIS | | DN Start |

=====
Event 56 100m Free Style Boys C
Standard: 1:17.00 Record: 54.95 (2009)

| Final | | | | Points |
|-------|-------------------------|-----|---------|--------|
| 1 | Ng Chi Chun Timothy | DBS | 59.01 | 9 |
| 2 | Tso Ka Ho | SJC | 59.58 | 7 |
| 3 | Lam Ho Yin Martin | LSC | 1: 0.53 | 6 |
| 4 | Wong Yu Wai | SJC | 1: 1.05 | 5 |
| 5 | Leung Ka Yue | DBS | 1: 1.39 | 4 |
| 6 | Lee Tze Hong | LSC | 1: 2.06 | 3 |
| 7 | Yung Cheuk Long Charlie | YWC | 1: 2.30 | 2 |
| 8 | Hui Tsit Man | SPC | 1: 3.20 | 1 |

=====
Event 57 100m Free Style Girls B
Standard: 1:28.00 Record: 58.26 (2007)

| Final | | | | Points |
|-------|----------------------|------|---------|--------|
| 1 | Ching Cho Miu | GHS | 59.76 | 9 |
| 2 | Wan Ching Man Andrea | DGS | 59.85 | 7 |
| 3 | Lam Wing Shan | GHS | 59.89 | 6 |
| 4 | Tam Hoi Lam Karen | DGS | 1: 1.59 | 5 |
| 5 | Mak Chung Yee | HYS | 1: 1.67 | 4 |
| 6 | Tiffany Lee | HYS | 1: 2.47 | 3 |
| 7 | Lai Yin Kwan Yvonne | WYC | 1: 4.32 | 2 |
| 8 | Sieh Yingli Yasmin | HKIS | 1: 5.81 | 1 |

=====
Event 58 100m Free Style Boys B
Standard: 1:15.00 Record: 52.98 (2010)

| Final | | | | Points |
|-------|--------------------|--------|-------|--------|
| 1 | Au Tsz Ho Michael | DBS | 53.27 | 9 |
| 2 | Chan Chun Hei | DBS | 55.16 | 7 |
| 3 | Chen Cheuk Fung | SJC | 55.80 | 6 |
| 4 | Tse Chun San Marco | SJC | 56.62 | 5 |
| 5 | Lam Ka Chun | FSS-KT | 56.94 | 4 |
| 6 | Kwok Pak Hei Dixon | LSC | 56.96 | 3 |
| 7 | Wong Chun Wai | YWC | 57.81 | 2 |
| 8 | Chan Ka Ho | PLKNPL | 59.44 | 1 |

=====
Event 59 100m Free Style Girls A
Standard: 1:28.00 Record: 57.69 (2008)

| Final | | | | Points |
|-------|--------------------|------|---------|--------|
| 1 | Chung Yan Ting | DGS | 59.11 | 9 |
| 2 | Chan Lai Yee | HYS | 1: 0.88 | 7 |
| 3 | Wong Ka Yan | DGS | 1: 1.02 | 6 |
| 4 | Lui Ming Wai | SFCC | 1: 2.48 | 5 |
| 5 | Ng Chui Wa | HYS | 1: 3.17 | 4 |
| 6 | Mau Lok Yan Eunice | MCS | 1: 3.41 | 3 |
| 7 | To Sze Wai | GHS | 1: 5.59 | 2 |
| 8 | Lee Yan Ki | GHS | 1: 6.25 | 1 |

=====
Event 60 100m Free Style Boys A
Standard: 1:14.00 Record: 51.57 (2008)

| Final | | | | Points |
|-------|------------------------|-----|-------|--------|
| 1 | Law Wai Tsun | SJC | 52.75 | 9 |
| 2 | Chan Kin Hang Edmund | DBS | 53.42 | 7 |
| 3 | Chan Tsz Ho | SJC | 53.80 | 6 |
| 4 | Billy Lui Sheung Chung | LSC | 54.48 | 5 |
| 5 | Law King Yung Darrell | LSC | 54.53 | 4 |
| 6 | Cheuk Tin Hon | DBS | 54.69 | 3 |
| 7 | Wong Ching Cornelius | RC | 54.82 | 2 |
| 8 | Poon Ching Leung Sunny | YWC | 57.24 | 1 |

=====
Event 61 4x50m Medley Relay Girls C

Standard: 2:50.00 Record: 2:05.97 (2007)

| Final | | | Points |
|-------|--------|---------|----------|
| 1 | DGS | 2: 7.49 | 18 |
| 2 | MCS | 2:12.72 | 14 |
| 3 | GHS | 2:17.28 | 12 |
| 4 | SPCS | 2:19.40 | 10 |
| 5 | FSS-KT | 2:20.87 | 8 |
| 6 | SSGC | 2:28.40 | 6 |
| 7 | HKIS | | DN Start |
| 8 | HYS | | DN Start |

Event 62 4x50m Medley Relay Boys C
Standard: 2:35.00 Record: 1:56.07 (2010)

| Final | | | Points |
|-------|--------|---------|--------|
| 1 | DBS | 1:58.27 | 18 |
| 2 | SJC | 2: 1.83 | 14 |
| 3 | LSC | 2: 4.95 | 12 |
| 4 | YWC | 2: 6.53 | 10 |
| 5 | FSS-KT | 2: 9.12 | 8 |
| 6 | RC | 2:10.70 | 6 |
| 7 | SPC | 2:15.83 | 4 |
| 8 | PCMS | 2:16.33 | 2 |

Event 63 4x50m Medley Relay Girls B
Standard: 2:50.00 Record: 2:00.67 (2009)

| Final | | | Points |
|-------|------|---------|--------|
| 1 | DGS | 2: 1.02 | 18 |
| 2 | HYS | 2: 3.17 | 14 |
| 3 | GHS | 2: 5.48 | 12 |
| 4 | HKIS | 2:14.25 | 10 |
| 5 | SHCC | 2:17.12 | 8 |
| 6 | SPCS | 2:19.17 | 6 |
| 7 | WYC | 2:21.49 | 4 |
| 8 | MCS | 2:23.79 | 2 |

Event 64 4x50m Medley Relay Boys B
Standard: 2:20.00 Record: 1:50.47 (2009)

| Final | | | Points |
|-------|--------|---------|--------|
| 1 | DBS | 1:51.21 | 18 |
| 2 | SJC | 1:52.73 | 14 |
| 3 | LSC | 1:56.38 | 12 |
| 4 | YWC | 1:59.17 | 10 |
| 5 | FSS-KT | 2: 3.00 | 8 |
| 6 | HKIS | 2: 4.41 | 6 |
| 7 | WYK | 2: 5.44 | 4 |
| 8 | SPC | | DQ |

Event 65 4x50m Medley Relay Girls A
Standard: 2:50.00 Record: 2:00.11 (2010)

| Final | | | Points |
|-------|--------|---------|--------|
| 1 | DGS | 2: 1.90 | 18 |
| 2 | HYS | 2: 4.38 | 14 |
| 3 | GHS | 2:10.33 | 12 |
| 4 | FSS-KT | 2:13.06 | 10 |
| 5 | HKIS | 2:15.93 | 8 |
| 6 | SHCC | 2:20.56 | 6 |
| 7 | MCS | 2:23.90 | 4 |
| 8 | SFCC | 2:34.10 | 2 |

Event 66 4x50m Medley Relay Boys A
Standard: 2:20.00 Record: 1:45.36 (2010)

| Final | | | Points |
|-------|-----|---------|--------|
| 1 | SJC | 1:46.43 | 18 |
| 2 | DBS | 1:49.44 | 14 |
| 3 | LSC | 1:51.87 | 12 |

| | | | |
|---|--------|---------|----|
| 4 | FSS-KT | 1:54.11 | 10 |
| 5 | SPC | 1:57.77 | 8 |
| 6 | PLKNPL | 1:58.54 | 6 |
| 7 | WYK | 2: 1.07 | 4 |
| 8 | PCMS | 2: 1.90 | 2 |

=====
Event 67 4x50m Free Style Relay Girls C
Standard: 2:25.00 Record: 1:50.80 (2010)

| Final | | | Points |
|-------|--------|----------|--------|
| 1 | DGS | 1:55.90 | 18 |
| 2 | HYS | 1:56.49 | 14 |
| 3 | MSS | 2: 7.59 | 12 |
| 4 | SSGC | 2: 9.65 | 10 |
| 5 | GHS | 2:10.07 | 8 |
| 6 | SPCS | 2:13.76 | 6 |
| 7 | FSS-KT | 2:14.22 | 4 |
| 8 | HKIS | DN Start | |

=====
Event 68 4x50m Free Style Relay Boys C
Standard: 2:15.00 Record: 1:45.65 (2007)

| Final | | | Points |
|-------|--------|---------|--------|
| 1 | SJC | 1:48.81 | 18 |
| 2 | DBS | 1:49.53 | 14 |
| 3 | LSC | 1:50.59 | 12 |
| 4 | YWC | 1:58.36 | 10 |
| 5 | FSS-KT | 2: 4.34 | 8 |
| 6 | QC | 2: 5.55 | 6 |
| 7 | RC | 2: 5.95 | 4 |
| 8 | SPC | 2: 6.29 | 2 |

=====
Event 69 4x50m Free Style Relay Girls B
Standard: 2:25.00 Record: 1:50.51 (2009)

| Final | | | Points |
|-------|------|---------|--------|
| 1 | HYS | 1:54.54 | 18 |
| 2 | DGS | 1:55.89 | 14 |
| 3 | HKIS | 2: 4.26 | 12 |
| 4 | GHS | 2: 6.28 | 10 |
| 5 | SSGC | 2: 7.27 | 8 |
| 6 | SFCC | 2: 7.28 | 6 |
| 7 | SPCS | 2: 9.55 | 4 |
| 8 | SHCC | 2: 9.71 | 2 |

=====
Event 70 4x50m Free Style Relay Boys B
Standard: 2:05.00 Record: 1:38.51 (2007)

| Final | | | Points |
|-------|--------|---------|--------|
| 1 | DBS | 1:38.15 | 18 |
| 2 | SJC | 1:41.41 | 14 |
| 3 | FSS-KT | 1:42.70 | 12 |
| 4 | LSC | 1:45.49 | 10 |
| 5 | YWC | 1:48.52 | 8 |
| 6 | PLKNPL | 1:53.91 | 6 |
| 7 | SPC | 1:55.73 | 4 |
| 8 | WYK | 1:59.58 | 2 |

=====
Event 71 4x50m Free Style Relay Girls A
Standard: 2:25.00 Record: 1:48.66 (2010)

| Final | | | Points |
|-------|------|---------|--------|
| 1 | DGS | 1:48.65 | 18 |
| 2 | HYS | 1:50.42 | 14 |
| 3 | SHCC | 1:55.88 | 12 |
| 4 | SFCC | 1:56.40 | 10 |
| 5 | SSGC | 1:57.85 | 8 |
| 6 | SPCS | 2: 2.29 | 6 |
| 7 | GHS | 2: 3.53 | 4 |
| 8 | MSS | 2: 6.35 | 2 |

=====

Event 72 4x50m Free Style Relay Boys A
Standard: 2:03.00 Record: 1:35.95 (2009)

| Final | | | Points |
|-------|------|---------|--------|
| 1 | DBS | 1:37.23 | 18 |
| 2 | SJC | 1:37.57 | 14 |
| 3 | LSC | 1:40.56 | 12 |
| 4 | RC | 1:42.76 | 10 |
| 5 | HKIS | 1:45.96 | 8 |
| 6 | YWC | 1:49.27 | 6 |
| 7 | PCMS | 1:49.81 | 4 |
| 8 | WYK | 1:51.15 | 2 |