

# GENERAL RULES OF SPORTS COMPETITION

## 1. COMPETITION STARTING TIME

- 1.1 Teams shall be properly dressed and have their team/score sheets filled in before the scheduled time of the match. If any team is not ready to start at the scheduled time, the referee may declare a walk-over.
- 1.2 Members of a team cannot be changed when a match has been started unless otherwise specified in official rules of respective competitions.

## 2. REGISTRATION CARD

- 2.1 No player shall be allowed to play if he/she fails to produce his/her valid student registration card before the start of a match.
- 2.2 Before the start of a match, the staff member-in-charge must hand in all the registration cards to the referee, who will keep them until the end of the match.
- 2.3 Members of the Management Committee have the right to check registration cards at any time.

## 3. DISCIPLINE

- 3.1 Each team shall be accompanied by a staff member of the school, or an authorized member appointed by Head of school. He / she shall remain with the team until the end of the match.
- 3.2 The staff member shall be responsible for the conduct of his/her team members and supporters both on and off the field.
- 3.3 The staff member of the first named team on the fixture will be the duty officer of the match to deal with problem that may arise. The staff member shall report to the Federation Office in event of any special case.
- 3.4 The staff member, or the authorized member must report to the referee before the start of a match.

## 4. FIXTURES

- 4.1 Fixtures lists will be sent at least 7 days in advance whenever possible.
- 4.2 Games can be scheduled during holidays.
- 4.3 No postponement will be entertained.

## 5. REPRESENTATION IN INTERPORT/INTERNATIONAL SCHOOLS SPORTS COMPETITION

Any school with player and/or teacher selected to represent Hong Kong School in Interport/International competition organised by the Federation shall not be scheduled any fixture for that particular sport when the player and/or teacher is not in Hong Kong.

## 6. INCLEMENT WEATHER

### 6.1 GENERAL

- 6.1.1 In the event of the public announcement by the Education Bureau that all schools are to be closed because of adverse weather (e.g. typhoon, rainstorm), all competitions on that day will be cancelled automatically.
- 6.1.2 All competitions will also be cancelled automatically whenever tropical cyclone warning signal No.3, red rainstorm warning or other higher warning signal is hoisted.
- 6.1.3 However, if matches have been started, the duty officer and the referee will decide whether or not the matches will continue. In the case of any cancellation, the Federation will rearrange postponed fixtures accordingly.

- 6.1.4 All competitions/activities will be cancelled automatically when the Air Quality Health Index (AQHI) recorded at the General Station of the affected district (competition /activities venue) reaches the band of 10+ with serious health risk.
- 6.1.5 Staff member, referee and player should refer to the HK Observatory weather report as indication; 6:30 a.m. for competition before 1:00p.m. and 11:00a.m. for competition on or after 1:00p.m..

## **6.2 OUTDOOR**

- 6.2.1 All outdoor competitions will be cancelled automatically when amber rainstorm warning or other higher warning signal is hoisted.
- 6.2.2 All OUTDOOR VOLLEYBALL matches will be cancelled automatically whenever any tropical cyclone warning signal is hoisted.
- 6.2.3 In the event of wet weather, participating teams playing in OUTDOOR COURTS must report to the competition centres. The referee and the duty officer will decide postponement on the fitness of ground condition before the start or during the course of a match. In case of heavy rain, schools may enquire the Federation office at 3:00pm (weekdays) and 9:00am (Saturday).

## **7. UNIFORM**

- 7.1 All athletes must wear appropriate sportswear when participating in the competition.
- 7.2 Unless otherwise specified, athletes are required to wear their uniform tops bearing school name / abbreviation / badge, which should be sewn, stenciled or marked on permanently.
- 7.3 School name / abbreviation / badge is required on both sides for a reversible uniform.
- 7.4 Unless otherwise specified, all athletes should wear identical uniform tops in same colour and style.
- 7.5 Players' numbers should be sewn or stenciled permanently.
- 7.6 Uniform must not contain any slogans or advertising with indecent information, such as gambling, tobacco, spirits, political, and any discriminative, abusive, or unethical statements.

## **8. TEAM COLOUR**

- 8.1 Teams playing in body contact match must wear distinctive colour vests for easy identification. Please refer to respective general rules for regulation on uniform.
- 8.2 Schools entering in Inter-School Football & Handball Competition are requested to supply a list of colours of their teams in early September. No alteration will be made to the team colour lists after the submission deadline. Team colour lists for Football & Handball will be compiled and circulated to all participating schools prior to the commencement of competition.
- 8.3 Special rules on Team colour for Basketball Competition have been stated in the General Rules of Inter-School Basketball Competition.
- 8.4 Schools should supply one colour only per grade. In the case of multi colour shirt, only the main colour should be reported. If any school supplies two colours per grade, the Federation office will choose, by random, one colour to be included in the team colour list.
- 8.5 Teams should wear the colour as indicated in the team colours list, otherwise they will be responsible in the event of clash of colour.

- 8.6 The Home Team (the first named team on the fixture) of a match must check the colour of the away team. In case of clash of colour, the Home Team shall change, failing which will lead to walk-over.
- 8.7 In the case when a team fails to supply team colour, a question mark(?) will be indicated in the team colour list. The school will be responsible to change when there is a clash of colour even though the team is not the Home Team of the match, failing which will lead to walk-over.
- 8.8 In the case when both teams fail to supply team colour and there is a clash of colour, either team must change before the official time, failing which will lead to walk over to both teams.
- 8.9 In the case when a team not wearing the colour as indicated in the team colour list and subsequently leading to the clash of colour, the school will be responsible to change, failing which will lead to walk-over.
- 8.10 In the case when two teams not wearing the colours as indicated in the team colour list and subsequently leading to the clash of colour, then both teams are responsible. If either team cannot change its colour, both teams will be disqualified.
- 8.11 In case of similar colour, the referee will decide by lots drawing a team to change its colour.

## **9. COMPETITION VENUE**

Matches will be conducted in public venues. However, participating schools must be prepared to release their courts for competition when required.

## **10. NUMBER OF PARTICIPATING TEAM**

- 10.1 In general, a school may enter one team in a grade. However, a school may enter more than one team in Girls Hockey and Netball.
- 10.2 If the number of schools entered in any grade in a sport is less than 2 teams, then the competition of that grade will be cancelled.
- 10.3 Schools wishing to drop out from competition must inform the Federation Office as early as possible with sufficient reason. The Management Committee will, if necessary, before the commencement of competition, redistribute schools into another groups in order to maintain a balanced number of teams in different groups.

## **11. STAFF MEMBER-IN-CHARGE**

In view of heavy workload of teachers and staff of schools, the Secondary School Sports Council has relaxed the requirement of a Team Manager as follows:-

- Apart from staff member (staff member equivalents to full time staff employed by school), Head of school may appoint responsible adult to take up the role of staff member. He/she will be authorized to be team manager who accompany and remain with the team throughout the entire match/competition.
- Responsible adult must be officially appointed by the Head of School. The following conditions should be observed:-
  - The person must be aged 18 or over, (According to the Collective Personal Accident Insurance Policy, only those aged 70 and under will be covered)
  - The person must not be a current secondary school student.
  - The person cannot serve as team manager of two competing teams in the same match.
  - Schools must complete appropriate application procedure three days before the person assumes the duty of team manager.

## 12. TROPHY, MEDAL AND CERTIFICATE

- 12.1 The HKSSF Logo is subject to copyright of all rights reserved. Should there be any loss of medals, no replacement is allowed unless with the approval of the Federation / Regional Committee.
- 12.2 Maximum number of medals and certificates shall be issued to winning schools / teams according to the specificity of respective sports with details as follows:

### Team

Event	Division	Trophy	Medal				Certificate
			Gold	Silver	Bronze	Black	
Archery	ALL	1	3	3	3	3	3
Athletics	ALL	1	0	0	0	0	0
Badminton	ALL	1	9	9	9	9	9
Basketball	ALL	1	12	12	12	12	12
Beach Volleyball	ALL	1	4	4	4	4	4
Cross Country	D1	1	8	8	8	8	8
	D2	1	8	8	8	8	8
	D3 Boys	1	6	6	6	6	6
	D3 Girls	1	6	6	6	6	6
Fencing	ALL	1	5	5	5	5	5
Football	Boys	1	20	20	20	20	20
	Girls	1	12	12	12	12	12
Gymnastics	ALL	1	5	5	5	5	5
Handball	D1 Boys	1	16	16	16	—	16
	D2 Boys	1	16	16	16	16	16
	Girls	1	16	16	16	16	16
Hockey	ALL	1	16	16	16	16	16
Indoor Rowing	ALL	1	0	0	0	0	0
Life Saving	ALL	1	0	0	0	0	0
Netball	ALL	1	14	14	14	14	14
Rugby	ALL	1	20	20	20	20	20
Rugby Sevens	ALL	1	12	12	12	12	12
Softball	ALL	1	12	12	12	12	12
Squash	Boys	1	7	7	7	7	7
	Girls	1	5	5	5	5	5
Swimming	ALL	1	0	0	0	0	0
Table Tennis	ALL	1	5	5	5	5	5
Tennis	D1	1	8	8	8	—	8
	D2	1	8	8	8	8	8
Tenpin Bowling	ALL	1	3	3	3	3	3
Volleyball	ALL	1	12	12	12	12	12

\* If 8 or less teams, only top 3 position will be awarded.

## Individual / Relay

Event	Ind / Relay	Prize	Position			
			1st	2nd	3rd	4th
Archery	Individual	Medal	* Medal & Certificate will be awarded to top 8 winners			
		Certificate				
Athletics	Individual	Medal	1	1	1	1
		Certificate	1	1	1	1
	Relay	Medal	6	6	6	6
		Certificate	4	4	4	4
Cross Country	Individual	Medal	* Medal & Certificate will be awarded to top 10 winners			
		Certificate				
Fencing	Individual	Medal	1	1	1	1
		Certificate	1	1	1	1
Gymnastics	Individual	Medal	* Medal & Certificate will be awarded to top 8 winners			
		Certificate				
Indoor Rowing	Individual	Medal	* Medal & Certificate will be awarded to top 10 winners			
		Certificate				
	Relay	Medal	4	4	4	4
		Certificate	4	4	4	4
Life Saving	Individual	Medal	1	1	1	0
		Certificate	1	1	1	0
	Pair	Medal	2	2	2	0
		Certificate	2	2	2	0
	Relay	Medal	4	4	4	0
		Certificate	4	4	4	0
Squash	Individual	Medal	1	1	1	1
		Certificate	1	1	1	1
Swimming	Individual	Medal	1	1	1	1
		Certificate	1	1	1	1
	Relay	Medal	6	6	6	6
		Certificate	4	4	4	4
Tenpin Bowling	Individual	Medal	* Medal & Certificate will be awarded to top 8 winners			
		Certificate				

### 12.3 Apply for reissue certificate

- 12.3.1 Applicant must provide correct information and return the incorrect certificate for any reissue of certificate in the present academic season; reissue will only be free of charge if such information is correctly provided by school; otherwise each certification letter will be charged HK\$30.0 as administration fee.
- 12.3.2 No certificate will be issued for previous seasons. Applicants can only apply for certification letter.
- 12.3.3 Application form for the certification letter can be downloaded at the HKSSF Website. Each certification letter will be charged HK\$50.0.
- 12.3.4 Applicant shall pay the fee when collecting the certification letter in person or by his / her authorized representative (with authorized document) at the secretariat office.

# 比賽通則

## 1. 開賽時間

- 1.1 參賽隊員應於賽前換妥球衣及填妥球員名單，如在指定開賽時間仍未能出賽者，則判棄權論。
- 1.2 除有關比賽規則特別規定外，當場開賽後不能更改球員名單。

## 2. 註冊證

- 2.1 運動員於賽前未能出示有效註冊證者不准出賽。
- 2.2 各領隊應將註冊證交給裁判，由裁判保管該等註冊證直至比賽完結為止。
- 2.3 比賽／管委會委員有權於任何時間檢查雙方運動員註冊證。

## 3. 紀 律

- 3.1 參賽隊伍須由該校之教職員或學校委派之領隊率領出賽，直至該場比賽結束為止。
- 3.2 領隊須負責其隊員及支持者在場內及場外之行為操守。
- 3.3 每場比賽排頭位之學校領隊老師為該場比賽場監，負責處理有關突發事宜，並知會會方。
- 3.4 所有領隊必須在開賽前向裁判報到。

## 4. 賽 程

- 4.1 比賽賽程表應於比賽日期七天前寄給各參賽學校。
- 4.2 賽事可能安排在公眾假期內舉行。
- 4.3 不接受任何改期。

## 5. 代表隊伍

參賽學校之運動員或領隊如被選為香港學校代表隊隊員，參加某項埠際或國際比賽，在該運動員或領隊離開香港期間，該校將不被安排該項目賽事。

## 6. 天 氣

### 6.1 一般

- 6.1.1 如天氣惡劣，教育局宣佈學校停課，所有在該日舉行之賽事自動取消。
- 6.1.2 如天文台懸掛三號或以上颱風訊號、紅色或黑色暴雨警告訊號，所有賽事自動取消。
- 6.1.3 如在比賽中天氣轉壞，有關賽事主委（召集人）／裁判可視乎情況決定是否如期舉行。
- 6.1.4 如當天比賽地區之一般空氣質素健康指數達嚴重水平，即級別10+，所有在該受影響地區舉行之賽事或活動自動取消。
- 6.1.5 各領隊老師、裁判及運動員須留意天文台在上午六時三十分之天氣報告，以便察看上午之比賽（下午一時前）是否舉行；而下午之賽事（下午一時或以後）則視乎上午十一時之天氣報告而定。

### 6.2 室外賽事

- 6.2.1 如天文台發出黃色暴雨或其他更高的警告訊號，所有室外賽事自動取消。
- 6.2.2 如天文台懸掛任何颱風訊號，所有室外排球賽事自動取消。
- 6.2.3 如遇潮濕天氣或下雨時，球隊應到場地報到，有關賽事主委（召集人）／裁判將視乎情況決定是否如期舉行。若有疑問，參賽學校，可向本會查詢是否改期（平日賽事：下午三時；星期六賽事：上午九時）。

## 7. 服裝

- 7.1 參賽運動員必須穿著合規格之運動服裝作賽。
- 7.2 所有比賽服之上衣必須永久性縫上、印上或標明學校名稱／簡稱／校徽（除於個別項目特別註明外）。
- 7.3 如使用雙面款式球衣，兩面均須清晰顯示學校名稱／簡稱／校徽。
- 7.4 所有運動員必須穿著同色同款的比賽上衣（除於個別項目特別註明外）。
- 7.5 球員號碼必須永久性縫上或印上於比賽球衣上。
- 7.6 服裝上禁止帶有任何賭博、煙草、烈酒、政治、歧視、辱罵或其他道德道義上不雅的信息。

## 8. 球衣顏色

- 8.1 所有參加球類比賽的球隊隊員須穿著劃一顏色的球衣出賽。而於有身體接觸的賽事，比賽雙方之球衣顏色應有明顯分別。球衣之規定，請參照有關比賽章則。
- 8.2 參加校際足球及手球比賽之學校須於截止日期前填報其球衣顏色，而會方辦事處會編製足球及手球球衣顏色表，並於比賽前郵寄給各參賽學校後將不接納任何更改。
- 8.3 有關籃球之球衣顏色規則請參閱校際籃球比賽章則。
- 8.4 每隊只可填報一種顏色。如球衣多於一種顏色，只可填報主色。如填報多於一種顏色，會方有權隨意選擇其中一種。
- 8.5 每隊隊員須穿著所填報之球衣出賽，否則如遇比賽雙方球衣顏色相同時，該隊應負上責任。
- 8.6 主隊（賽程表上先排名之球隊）須小心查察對隊之顏色。如遇與對隊球衣顏色相同時，須更換另一不同顏色的球衣。未能於法定比賽時間前更換合適球衣者，應判棄權。
- 8.7 如有球隊未能填報其球衣顏色，在球衣顏色表上將以問號（？）作為標記。如遇比賽雙方之球衣顏色相同時，未填報球衣顏色之球隊，無論是否主隊，均有責任更換其球衣。未能於法定比賽時間前更換合適球衣者，應判棄權。
- 8.8 若雙方於賽前均未填報球衣顏色而於比賽時雙方球衣顏色相同時，如任何一方未能於法定時間前更換合適球衣，應判雙方棄權。
- 8.9 如球隊不穿著其所填報之球衣而引致與對隊球衣顏色相同時，無論是否主隊，該球隊有責任更換另一顏色之球衣。未能於法定比賽時間前更換合適球衣者，應判棄權。
- 8.10 如比賽雙方均不穿著所報之球衣引致雙方球衣顏色相同時，比賽雙方均須負責。如其中一隊未能於賽前更換合適球衣，雙方均判棄權。
- 8.11 如遇比賽雙方所穿著之球衣顏色相近時，則由裁判抽籤決定其中一隊應否更換球衣。

## 9. 比賽場地

比賽將安排於公眾場地及各參賽學校的場地舉行。如有需要，參賽學校須提供比賽場地。

## 10. 參賽隊數

- 10.1 原則上各校只可報名一隊參加每組比賽。而於下列公開組比賽項目則可報名多於一隊：女子曲棍球及女子投球。
- 10.2 在任何運動組別中如參賽隊伍少於兩隊，該組比賽則會取消。

10.3 參賽學校報名後如欲退出比賽者，應儘速通知會方。管委會／召集人有權於比賽前重新分配參賽學校，以均衡各分組之參賽隊伍。

## 11. 各項運動領隊之資格

由於各會員學校參賽隊伍眾多，老師工作量大增。經詳細商議後，中學理事會會議決放寬領隊之資格。詳情如下：

- 除學校職員（學校職員為學校聘任之全時間員工）外，各校校長可授權負責任的成年人擔任領隊，率領校隊出賽。
- 該領隊必須由校長正式委任。
- 該領隊年齡必須十八歲或以上。（根據聯會「運動員集體個人意外保險計劃」。受保人年齡限制為七十歲，否則不被該計劃保障。）
- 該領隊必須為非就讀中學人士。
- 在同一場比賽中，該領隊不能同時兼任比賽雙方之領隊。
- 委任程序必須於執行領隊工作前三天完成。

## 12. 獎盃、獎牌及證書

12.1 得獎學校不可自行複製獎盃及獎牌。獎品公司未經本會及／分會准許，不能複製任何獎盃或獎牌。

12.2 獎狀（證書）數目乃按各項比賽最高出賽人數常額發放，本會不接受超額發放申請，有關數目詳列如下：

### 隊際

項目	組別	獎杯	獎牌				證書
			金	銀	銅	鐵	
射 箭	所有組別	1	3	3	3	3	3
田 徑	所有組別	1	0	0	0	0	0
羽毛球	所有組別	1	9	9	9	9	9
籃 球	所有組別	1	12	12	12	12	12
沙灘排球	所有組別	1	4	4	4	4	4
越 野	第一組	1	8	8	8	8	8
	第二組	1	8	8	8	8	8
	第三組 男子	1	6	6	6	6	6
	第三組 女子	1	6	6	6	6	6
劍 擊	所有組別	1	5	5	5	5	5
足 球	男子	1	20	20	20	20	20
	女子	1	12	12	12	12	12
體 操	所有組別	1	5	5	5	5	5
手 球	第一組 男子	1	16	16	16	—	16
	第二組 男子	1	16	16	16	16	16
	女子	1	16	16	16	16	16
曲棍球	所有組別	1	16	16	16	16	16
室內賽艇	所有組別	1	0	0	0	0	0
拯 溺	所有組別	1	0	0	0	0	0
投 球	所有組別	1	14	14	14	14	14
欖 球	所有組別	1	20	20	20	20	20
七人欖球	所有組別	1	12	12	12	12	12
壘 球	所有組別	1	12	12	12	12	12
	男子	1	7	7	7	7	7
壁 球	男子	1	7	7	7	7	7
	女子	1	5	5	5	5	5
游 泳	所有組別	1	0	0	0	0	0
乒乓球	所有組別	1	5	5	5	5	5
網 球	第一組	1	8	8	8	—	8
	第二組	1	8	8	8	8	8
保齡球	所有組別	1	3	3	3	3	3
排 球	所有組別	1	12	12	12	12	12

\* 如參賽隊數為8隊或以下，只設冠、亞、季軍獎項。

## 個人／接力

項目	個人／接力	獎項	名次			
			第一名	第二名	第三名	第四名
射箭	個人	獎牌	* 前8名得獎者將獲發獎牌及證書			
		證書				
田徑	個人	獎牌	1	1	1	1
		證書	1	1	1	1
	接力	獎牌	6	6	6	6
		證書	4	4	4	4
越野	個人	獎牌	* 前10名得獎者將獲發獎牌及證書			
		證書				
劍擊	個人	獎牌	1	1	1	1
		證書	1	1	1	1
體操	個人	獎牌	* 前8名得獎者將獲發獎牌及證書			
		證書				
室內賽艇	個人	獎牌	* 前10名得獎者將獲發獎牌及證書			
		證書				
	接力	獎牌	4	4	4	4
		證書	4	4	4	4
拯溺	個人	獎牌	1	1	1	0
		證書	1	1	1	0
	雙人	獎牌	2	2	2	0
		證書	2	2	2	0
	接力	獎牌	4	4	4	0
		證書	4	4	4	0
壁球	個人	獎牌	1	1	1	1
		證書	1	1	1	1
游泳	個人	獎牌	1	1	1	1
		證書	1	1	1	1
	接力	獎牌	6	6	6	6
		證書	4	4	4	4
保齡球	個人	獎牌	* 前8名得獎者將獲發獎牌及證書			
		證書				

### 12.3 補發證書申請

- 12.3.1 如需更正該年度已簽發之證書，申請人需向本會提供正確資料及交回錯誤版本。如錯誤之學生名字乃由學校提供，學校須繳付每張港幣30元之補領手續費。
- 12.3.2 其他年度所簽發之證書將不獲重發，本會將以「證明書」代替。
- 12.3.3 「證明書」申請表格可於本會網頁下載。申請證明書之手續費為每張港幣50元。
- 12.3.4 申請人需親身或授權其他人（必須出示授權書）到本會領取及繳交有關費用。