

# GENERAL RULES OF ALL HONG KONG HOCKEY COMPETITION

1. Unless otherwise stated, the Laws of the International Hockey Federation (FIH) shall be applied.

## 2. SYSTEM OF COMPETITION

2.1 The division system will be adopted if there are at least 16 participating teams in different grades. According to last season's overall results, and the promotion and relegation system, top 8 teams will be in Division One and the rest goes to Division Two. If there are less than 16 teams, all teams will be playing in the same division.

2.2 3 points shall be awarded for a win, 1 point for a draw, 0 point for a loss and -3 points for a forfeit. The score for a forfeit will be 3 : 0.

2.3 If there is a draw on points, winning teams will be decided by

2.3.1 The goal difference will be used to determine the placing.

2.3.2 If still tied, goals for will be counted to determine the placing.

2.3.3 If still tied, the result of the match played between the two teams will be used to determine the placing.

2.3.4 If still tied, coin will be flipped conducted by respective Management Committees to determine the placing.

2.4 Semis and Finals resulting in a tie will be decided by five penalty shootouts followed by sudden death. No extra time to be allowed.

## 3. TEAMS

3.1 Boys – Open Grade

3.2 Girls – Senior & Junior Grade

## 4. BALLS

Both teams shall each supply a match ball of the correct size.

## 5. REGISTRATION CARDS

All players must be registered and registration cards produced at competition.

## 6. PLAYERS AND KIT

6.1 A minimum of 8 players is required to start and continue a game.

6.2 A player can play in one team only and must play in the grade she has been registered. 6.3 It is compulsory for all players to wear shin pads.

6.4 It is compulsory for a Goalkeeper to wear a helmet; otherwise no Goalkeeper will be allowed.

6.5 Mouthguards are strongly recommended.

## 7. COLOURS

7.1 Please refer to General Rules of Sports Competition item 8.

7.2 Team captain should wear an armband of distinguishable colour.

## 8. UMPIRES

Official umpires shall be appointed by the Hockey Hong Kong, China for all match.

## 9. DURATION OF THE MATCH

9.1 Boys Open & Girls Senior Grade: 4 quarters and 15 minutes per quarter.

9.2 Girls Junior Grade: 4 quarters and 12 minutes per quarter.

9.3 No stoppage of time during Penalty Corner & after goal scored.

**10. DISCIPLINE**

10.1 When a player is sent off (red card), the umpire shall forward report to the Convenor for action.

**11. SUBSTITUTION**

Each team can substitute any number of player in a match.

# 全港中學校際曲棍球比賽章則

1. 除特別聲明外，所有比賽均依照國際曲棍球聯合會所訂之比賽規則舉行。

## 2. 球隊名次之制定

2.1 若男子公開組 / 女子高級、初級組之參賽隊伍均達十六隊或以上，將會根據上年度比賽之成績，將頭八名參賽隊伍分配於第一組，其他參賽學校則分配於第二組。否則，所有參賽隊伍將分配於同一組別作賽。

2.2 勝方得三分，賽和各得一分，而負方得零分，棄權得負三分，棄權之記錄為三比零

2.3 如遇兩隊或以上同分時，處理如下：

2.3.1 雙方在所有賽事中之得失球差定名次。

2.3.2 如未分勝負，則以得球較多者排先。

2.3.3 如仍未分勝負，以該隊之間的比賽勝負而定。

2.3.4 如仍未分勝負，則由比賽管理委員會抽籤定名次。

2.4 如在準決賽或冠軍賽打和時，比賽不設加時，即時以互射一對一點球定勝負。如完結後仍賽和，則以「突然死亡」方式定勝負。

## 3. 比賽隊伍

3.1 男子：公開組

3.2 女子：高級組（甲及乙一）及 初級組（乙二及丙）

## 4. 比賽用球

參賽隊伍須各自供應一個標準曲棍球。

## 5. 註冊證

參賽球員必須註冊並於比賽前出示註冊證。

## 6. 球員及裝備

6.1 球隊須有至少八名球員方可開始及繼續球賽。

6.2 運動員只可參加一隊，在其註冊組別中比賽。

6.3 球員必須佩戴護脛。

6.4 守門員必須帶上頭盔方可出賽。

6.5 建議運動員使用護口膠。

## 7. 球衣顏色

7.1 請參照比賽通則第八項。

7.2 隊長應佩戴鮮色臂帶。

## 8. 裁判

各場比賽裁判由中國香港曲棍球總會委派。

## 9. 比賽時間

9.1 男子公開組及女子高級組：共四節 每節十五分鐘。

9.2 女子初級組：共四節 每節十二分鐘。

### 9.3 賽事不設停錶。

#### 10. 紀 律

如有運動員被罰離場（紅牌），裁判員應向主委提交書面報告。

#### 11. 替換球員

在每場比賽中，替換球員不限。