

# GENERAL RULES OF ALL HONG KONG RUGBY COMPETITION

## 1. MEETING OF PARTICIPATING SCHOOLS

A meeting of participating schools will be held in September to finalize the schedule of competition.

## 2. SYSTEM OF COMPETITION

### 2.1 'A' and 'B' Team

2.1.1 Every school will play each other twice in a league.

2.1.2 Each team shall consist of 15 players.

2.1.3 'A' team shall consist of the best players while the 'B' team shall consist of the second best players.

2.1.4 4 or 5 substitutions will be allowed during the game.

2.1.5 Duration: 35 minutes each half.

2.1.6 Size No. 5 rugby ball will be used.

2.1.7 'A' team and 'B' team fixture will be held on Thursday after school. ||

### 2.2 'C' Team

2.2.1 Each team shall consist of 15 players.

2.2.2 Duration: 30 minutes each half.

2.2.3 Size No. 5 rugby ball will be used.

2.2.4 Fixtures will be played on Tuesday after school. ||

### 2.3 'D' Team

2.3.1 A friendly tournament will be organised.

2.3.2 Each team shall consist of 12 players.

2.3.3 Fixtures will be arranged on Thursday after school. ||

2.3.4 Size No. 4 rugby ball will be used.

2.3.5 Duration: 12 minutes straight through - no half time.

## 3. HOME TEAM RESPONSIBILITY

Home team will be responsible for supplying the match ball and bring along first aid kit.

## 4. REFEREE

Matches will be refereed by teachers of participating schools. Some of the 'A' and 'B' team competition may be refereed by HKRFU Referees.

## 5. UNIFORM

All players will wear shirts, shorts, long socks, boots (either moulded or studs) and must wear gum shields.

## 6. AWARD

Division One A, B & C teams will count towards the HK Island & Kln Bauhinia Bowl Award and New Territories Overall Champion.

## 7. TOURNAMENT

Several tournaments will be held and there will be variations in the numbers of players per team. Participating schools will be informed accordingly.

# 全港中學校際欖球比賽章則

## 1. 參賽學校會議

參賽學校會議將於九月舉行，商討該年度比賽詳情。

## 2. 比賽制度

### 2.1 'A' 及 'B' 隊

2.1.1 每隊與其他同組隊伍比賽兩次。

2.1.2 每隊十五人。

2.1.3 'A' 隊之成員應為該校技術最好的運動員，而 'B' 隊則次之。

2.1.4 每場比賽可更換四至五名球員。

2.1.5 每半場三十五分鐘。

2.1.6 比賽用球為五號欖球。

2.1.7 'A'、'B' 隊比賽將於星期四放學後舉行。 ||

### 2.2 'C' 隊

2.2.1 每隊十五人。

2.2.2 每半場三十分鐘

2.2.3 比賽用球為五號欖球。

2.2.4 比賽將於星期二放學後舉行。 ||

### 2.3 'D' 隊

2.3.1 'D' 隊為友誼賽。

2.3.2 每隊十二人。

2.3.3 比賽將於星期四放學後舉行。 ||

2.3.4 比賽用球為四號欖球。

2.3.5 比賽時間為整場十二分鐘（不設上下半場）。

## 3. 主隊責任

主隊須負責供應比賽用球及急救箱。

## 4. 裁判

比賽須由參賽兩隊之老師執法。而一些重要的 'A' 隊及 'B' 隊賽事則可邀請香港欖球總會的裁判主持比賽。

## 5. 運動員服裝

運動員須穿著合適運動服裝、長襪、球鞋，並須佩戴護口膠。

## 6. 計分項目

只有第一組甲、乙、丙組成績計算入港九紫荊盃獎項及新界全年總錦標。

## 7. 錦標賽

除聯賽外，賽會將安排錦標賽，而每隊人數將與聯賽有所不同。詳情另行通知。