

# GENERAL RULES OF ALL HONG KONG RUGBY SEVENS COMPETITION

1. Unless otherwise stated, the rules of World Rugby - Seven-a-side laws variations shall be applied.
2. **SYSTEM OF COMPETITION**
  - 2.1 A single round robin shall be adopted in the preliminary round competition.
  - 2.2 Teams will be allotted to compete in the knockout stage according to their standings in the preliminary round.
  - 2.3 Cup/ Plate / Bowl / Shield Final format will be played subject to the number of participating teams.
  - 2.4 The best teams will be calculated by the system of Classification of Teams.
3. **CLASSIFICATION OF TEAMS**
  - 3.1 3 points shall be awarded for a win, 1 point for a draw, 0 point for a loss, and -3 points for a forfeit/fail to take part (score as 28:0).
  - 3.2 Preliminary Round
    - 3.2.1 No extra time in the preliminary round.
    - 3.2.2 In the event of tie in total points, the "for-against" points shall be awarded with higher ranking;
    - 3.2.3 Should the tie persists, the total number of tries shall be awarded with higher ranking;
    - 3.2.4 Should the tie persists, the winner of the match between the two teams shall be awarded with higher ranking;
    - 3.2.5 Should the tie persists, the winner will be determined by the toss of a coin.
  - 3.3 Knockout Finals and Extra Time Period
    - 3.3.1 In the event of a draw, teams will be given a 1 minute break, the match shall continue with extra period of 5 minutes by using the Golden Goal Method, where the first team to score "points" will become the winner of the match;
    - 3.3.2 Should the tie persists after the extra period, the first team that scored during regular period will be declared the winner of the match;
    - 3.3.3 Should the tie persist, the winner will be determined by the toss of a coin.
4. **TEAMS**
  - 4.1 Boys League -A Grade, B Grade and C Grade.
  - 4.2 Girls League – Senior Grade and Junior Grade.
  - 4.3 Due to the safety reason under World Rugby, an age banding of no more than 4 years biological age difference applies to all competitions of different Grade. Students born on or after the particular year inside the parentheses listed in 4.4 & 4.5 are NOT allow to take part in the competition respectively.
  - 4.4 Boys League - A Grade (on or after 2009),  
B Grade (on or after 2012) and  
C Grade (on or after 2014).
  - 4.5 Girls League - Senior Grade (on or after 2009), and Junior Grade (on or after 2013)
  - 4.6 Each team shall consist of 12 players with 7 players on the field, and 5 reserve players.

There must be at least 5 players present before the start of a match.

4.7 Reserve players must wear the vest as provided at the reserve stand for identification.

4.8 No limitation on substitutions and only be made when the ball is dead and with the permission of the referee.

## **5. UNIFORM**

5.1 All players must wear SAME STYLE and SAME COLOUR shirts bearing school name/abbreviation/badge, each player shall be numbered at the back of his/her shirts.

5.2 If a team fails to dress in uniformed shirts, all players must wear the playing shirts as provided by the organizer.

5.3 In case of clash of colour between competing teams, the team that requires change of shirts (provided by organizer) will be determined by the toss of a coin.

## **6. EQUIPMENT**

6.1 All players must wear socks and sports shoes (sports shoes with metals spikes are forbidden).

6.2 The organizer/referee has the right to suspend one's participation if a player fails to wear a mouth guard.

## **7. TEAM MANAGER**

School Staff or non-full-time staff member authorized by Head of School must accompany their team throughout the competition. Appointed non-fulltime staff member must submit 'Team Manager (non-staff member) Registration Form' to the Federation Office 4 working days before assume duty.

## **8. REPORTING**

8.1 All players must produce their HKSSF Registration Cards when reporting.

8.2 All players must complete and submit the player declaration form (parental agreement) before the competition, failed to provide will not be allowed to play.

8.3 Teams should be ready to play and submit their team sheet to the official 20 minutes before competition, if a full team fails to commence at the scheduled time shall lead to a walkover.

## **9. PRIZES**

The top 4 teams shall receive a trophy and 12 medals in Boys and Girls competitions. Addition trophy will be awarded to the Champion in Cup / Plate / Bow / shield Final by HKCR.

## **10. DISCIPLINE**

10.1 Yellow Card: When a player receives a yellow card during a match, he/she will be temporary suspended for a period of 2 minutes start when he/she sits at the designated area (Sin-Bin). When the period of suspension finished, he/she will then allow to back at the next stoppage of game with the referee's permission. If a player receives 2 yellow cards during a match, which equal to a red card, he/she will be sent off and take no further part from that match and suspended for the next match. When a player has received 3 yellow cards in accumulation in same competition, he/she will be suspended for the next match.

10.2 Red Card: When a player receives a red card during a match, he/she will be sent off and take no further part of that match and suspended for the next match.

10.3 Any players who violate the rules or any unsportsmanlike foul that interferes the

competition, the organizer has the right to debarred such team from further participation and the results of the games already played will be cancelled.

#### **11. PROTEST**

The decision of the referees shall be final and no appeal will be accepted.

# 全港中學校際七人欖球比賽章則

1. 除特別聲明外，所有賽事均依照國際欖球理事會之七人欖球賽例舉行。
2. **比賽制度**
  - 2.1 初賽階段將以單循環作賽。
  - 2.2 隊伍將根據初賽成績進入淘汰賽。
  - 2.3 將根據參加隊數進行盃賽/碟賽/碗賽/盾賽。
  - 2.4 最佳成績的排列以小組賽計分方法計算。
3. **球隊名次之制定**
  - 3.1 勝方得三分，負方得零分，打和者各得一分，棄權者得負三分（棄權之記錄以失 4 個“入球及得益射門”論，即二十八比零）。
  - 3.2 **小組初賽**
    - 3.2.1 小組初賽不設加時。
    - 3.2.2 如有關隊伍同分時，則以得失球比率定名次；
    - 3.2.3 如再相同時，則以入球分數較多者排先；
    - 3.2.4 如仍未分勝負，則以對賽成績定名次；
    - 3.2.5 如以上未分勝負，兩隊分數依然相同，並以擲毫決定出線權。
  - 3.3 **淘汰賽及決賽加時**
    - 3.3.1 如在指定時間內兩隊未能分出勝負，將休息 1 分鐘，其後採取「黃金得分制」加時比賽 5 分鐘，先得分隊伍為勝；
    - 3.3.2 如加時比賽後兩隊分數仍然相同，將以比賽中首先取得入球的隊伍為勝；
    - 3.3.3 如仍未分勝負，將以擲毫決定出線權。
4. **比賽隊伍**
  - 4.1 設男子甲、乙、丙組。
  - 4.2 設女子高級組（甲、乙一）及初級組（乙二、丙）。
  - 4.3 因應國際欖球理事會頒佈之安全守則，為保障青年球員安全，對賽球員年齡不可超過四年。在 4.4 及 4.5 項的括號內列出之年份或以後出生的學生，將不可參加相關組別賽事。
  - 4.4 **男子組**
    - 甲組（2009 年或以後出生者不能參加）
    - 乙組（2012 年或以後出生者不能參加）
    - 丙組（2014 年或以後出生者不能參加）
  - 4.5 **女子組**
    - 高級組（2009 年或以後出生者不能參加）
    - 初級組（2013 年或以後出生者不能參加）
  - 4.6 每場比賽可提名 12 名註冊運動員作賽，每場比賽限 7 人在場上及 5 人於後備席，最少 5 名球員方可作賽。
  - 4.7 所有後備球員必須穿上後備席上的背心。

4.8 球員更換次數不限，必須於賽事停頓時進行。

## 5. 運動員服裝

5.1 所有球員須穿上印有該校名稱或簡寫或校徽之運動服裝，球衣須為同一款式及顏色，而球衣背後需印上球員號碼。

5.2 如球員未能穿著同一款式及顏色的球衣，必須穿著由大會借用之球衣，否則可被拒絕出賽。

5.3 如對賽隊伍球衣顏色相同，大會將以擲毫決定所屬球隊更換由大會借用之球衣。

## 6. 裝備

6.1 球員必須穿運動襪及運動鞋（禁止穿著金屬釘運動鞋）作賽。

6.2 球員必須配帶牙膠，否則大會/球證有權禁止該球員作賽。

## 7. 領隊

參賽運動員需由學校全職職員或校長向中國香港學界體育聯會申請所授權的非學校教職員領隊帶領出賽，直至比賽完結。「非本校教職員領隊申報表」需於執行領隊工作四個工作天之前遞交至本會。

## 8. 報到

8.1 所有球員必須出示中國香港學界體育聯會運動員註冊證方可作賽。

8.2 所有球員必須於賽事前填交運動員責任聲明書（家長同意書），沒有聲明書之球員將不准作賽。

8.3 各隊伍需於賽前換妥球衣及填妥球員出場名單，並於比賽 20 分鐘前到達所屬場地後備席予工作人員核對。如在指定開賽時間仍未能作賽者，則判棄權論。

## 9. 獎項

各組設冠、亞、季、殿軍，可獲獎盃乙座及獎牌 12 枚。盃賽/碟賽/碗賽/盾賽的冠軍隊伍將獲欖球總會另頒發獎盃乙座。

## 10. 紀律

10.1 黃牌：球員在比賽中被黃牌警告，該球員將會被罰離場比賽時間兩分鐘，該兩分鐘時間將由被罰球員在指定位置坐下後開始計時。當該段時間完結後，該被罰球員可以在下一死球經球證示意後回球場作賽。當球員在同一場比賽中收到兩面黃牌，即等於一面紅牌，該球員將被逐離場，不能再參與該場餘下比賽並於下一場比賽停賽一場。當球員於同一賽事累積 3 面黃牌，該球員將會於下一場比賽停賽一場。

10.2 紅牌：當球員被出示紅牌後，該球員即被勒令離場，並不能參與該場比賽並於下一場比賽停賽一場。

10.3 如參賽運動員違反規則或有不良行為而影響賽事，大會有權取消該隊比賽資格，並且所得之成績亦將會作廢。

## 11. 上訴

一切賽果以當場裁判判決為準，不設上訴。