



## BOCHK Schools Sports Volunteer Scheme



The BOCHK Schools Sports Volunteer Scheme has been a great success through the support from schools and student volunteers. To continue the valuable achievement, this season, we expand the voluntary opportunity and invite students to volunteer at the **Inter-School Swimming Competition** as student officials and timekeepers; nominated candidates will be selected according to their total services hours and fields of contribution. Preference will be given to the volunteer leaders.

If your school has an interest in the Scheme, please nominate your potential student volunteers by completing the nomination form to our office. To ensure students' safety and excellence in providing voluntary service, training is given to nominated student volunteers in light of their choice of interest in serving the above competition. In addition to the valuable volunteer experiences gained from the scheme, student volunteers can obtain relative Other Learning Experience (OLE) from our scheme.

### **SCHOOLS SPORTS VOLUNTEER**

Date	: 10 September 2022 (Saturday)
Time	: 10:00am – 12: 00nn
Format	: Online Class via Zoom <i>*Login details will be sent to the teacher in charge's email after the application deadline</i>
Eligible Applicant	: Born in or before 2009
Training Course	: I. Fundamental Principle of Voluntary Service, and II. Sports Management in Swimming
Medium of Instruction	: Cantonese
Entry Fee	: Free, all expenses to be supported by Bank of China (Hong Kong)
Swimming Volunteers	: Maximum of 10 new participants and 10 existing Swimming Volunteers per school The allocation will be equally shared among the schools that have applied in case of an overwhelming response; nominated candidates will be selected in accordance to the following orders :- 1. Volunteer leaders 2. Total services hours 3. Fields of contribution

~ APPLICATION DEADLINE: 5 August 2022 (Friday) ~

To : All Member Secondary Schools (HK & Kln)  
Date : 19 July 2022

Tang Wing Yin  
Sports Executive

## Details of BOCHK Schools Sports Volunteer Scheme

### 1. VISION

To cultivate responsible, compassionate and diversified leaders of society in future

### 2. OBJECTIVES

- 2.1 To provide students with a platform to learn from serving our community
- 2.2 To equip students with knowledge apart from books and the ability to think out of the box
- 2.3 To encourage students to explore sports and nurture their genuine interest in sports

### 3. BENEFITS

Attitude	<ul style="list-style-type: none"><li>- To take responsibility for being an attuned world citizen</li><li>- To nurture enthusiasm about sports</li><li>- To cultivate compassion about our society</li></ul>
Skill-set	<ul style="list-style-type: none"><li>- To polish interpersonal skills through collaboration</li><li>- To sharpen communication skills in verbal and physical ways</li><li>- To provide participants with an opportunity to demonstrate their leadership potential</li></ul>
Knowledge	<ul style="list-style-type: none"><li>- To encourage participants to think out of the box</li><li>- To broaden their professional knowledge of sports and sports management</li><li>- To familiarize themselves with their roles in society</li></ul>

### 4. ELIGIBILITY

Students born in or before 2008 and nominated by member schools of HKSSRC are welcome to apply for the scheme.

### 5. TRAINING COURSE

#### 5.1 **FUNDAMENTAL PRINCIPLE OF VOLUNTARY SERVICE**

Date: 10 September 2022 (Saturday)

Time: 10:00am – 11:00am

1 hour Fundamental Principle of Voluntary Service Course is a compulsory course that aims to convey the righteous message of being a proper volunteer and world citizen in today's society to students through its curriculum, including the concept of voluntary services, the elements of a good volunteer, the role in volunteer and its responsibility, the value of voluntary service, and the types of voluntary service.

#### 5.2 **THEORETICAL TRAINING IN SPORTS MANAGEMENT**

1 hour Sports Management Course is also a compulsory course that aims to deliver knowledge of sports management to students and inculcate them with appropriate attitude towards sports management as an official. The curriculum comprises sports regulations, sports safety, sports competition procedures, sportsmanship and the official roles in different sort of positions in a competition.

#### **Sports Management in Swimming**

Date: 10 September 2022 (Saturday)

Time: 11:00am – 12:00nn

6. **LECTURER**

The representative of Aberdeen Kai-Fong Welfare Association will be in charge of Fundamental Principle of Voluntary Service Course.

7. **SERVICE PERIOD**

Students can take the opportunity to apply their knowledge obtained from the courses and volunteer at the following Sports Competition.

Inter-School Swimming Competition:        September to November 2022

8. **UNIFORM**

To serve as a team, the Scheme will provide volunteers with a smart uniform including a polo shirt and windbreaker, not only to reflect the public image of BOCHK Schools Sports Volunteer Scheme, but also that volunteers will wear it with pride and be cultivated their senses of belonging in the BOCHK Schools Sports Volunteer Team.

9. **RECOGNITION CEREMONY**

Students who completed all the courses and services will be awarded a certificate for their contribution and be invited to attend a Recognition Ceremony. Further details are to be issued.



由香港學界體育聯會港島及九龍地域中學分會及中國銀行(香港)成立的中銀香港學界體育志願者計劃，多得各校及學生志願者的支持，取得空前成功。為了延續各同學的義工精神，本會今年將邀請同學於**中學校際游泳比賽**擔任學生工作人員及計時員。本會將會依照參加者過往的服務時數及服務範疇作優先考慮。志願者領袖將獲優先取錄。

如 貴校有意參加是次計劃，請將填妥之報名表送交本會辦事處，以提名具潛質的學生參加本計劃。為提升學生志願者的表現及確保學生的安全，本會將提供培訓課程。完成整項計劃後，學生志願者除獲得寶貴經驗外，同時亦可將有關時數計算入其他學習經歷內。

## 學界體育志願者

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- 日期：2022年9月10日(星期六)
- 時間：上午十時至中午十二時
- 上課形式：透過網上平台 (Zoom) 進行  
**\*登入之安排將於報名截止日期後以電郵形式通知學校老師**
- 報名資格：出生於2009年或之前的學生
- 課程：I. 義工服務基礎訓練，及  
II. 游泳管理訓練
- 授課語言：廣東話
- 費用：免費(由中國銀行(香港)贊助)
- 游泳比賽志願者：每校最多可提名十名新參加者及十名現有游泳比賽志願者  
如參加人數眾多，名額將平均分配予各參加學校；  
獲選的優先次序如下：  
1. 志願者領袖  
2. 服務時數  
3. 服務範疇
- 截止日期：二零二二年八月五日(星期五)

鄧永賢  
體育幹事

致：港島及九龍地域中學各會員學校  
日期：二零二二年七月十九日

**香港學界體育聯會  
港島及九龍地域中學分會**

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**中銀香港學界體育志願者計劃**

**1. 抱負**

致力培養負責、體諒和多元的未來社會領袖

**2. 目標**

- 2.1 為學生提供一個服務社區的平台
- 2.2 裝備學生課本以外的知識，擴展思考領域
- 2.3 鼓勵學生探索體育範疇及培養其為終生志趣

**3. 計劃之核心**

態度	<ul style="list-style-type: none"><li>- 肩負己責，成為一個通達的世界公民</li><li>- 培養對體育的熱誠</li><li>- 啟迪對身邊事物的體諒</li></ul>
技巧	<ul style="list-style-type: none"><li>- 通過合作琢磨人際技巧</li><li>- 訓練言語和肢體的溝通技巧</li><li>- 提供展示領導才能的機會</li></ul>
知識	<ul style="list-style-type: none"><li>- 鼓勵學生跳出框框，開發多元進路</li><li>- 拓展學生體育管理的專業知識</li><li>- 使學生了解自己的社會角色</li></ul>

**4. 參加資格**

出生於 2009 年或之前，並由本會會員學校所推薦的中學生皆歡迎申請。

**5. 訓練課程**

**5.1 義工服務基礎訓練課程**

日期：2022 年 9 月 10 日（星期六）

時間：上午 10 時至 11 時

1 小時的義工服務基礎訓練課程為參加是次計劃所要求的部份，目的為學生志願者吸取作為一個恰當義工的正面信息，成為當代世界公民。其課程包括：義工概論、優秀義工的元素、義工的角色與責任、義工服務的價值、義工服務的種類與其創新的蹊徑。

## 5.2 體育管理訓練課程

1 小時的體育管理訓練課程亦為參加是次計劃所要求的部份。目的為學生志願者傳遞深入淺出的體育管理知識和灌輸作為一個體育管理工作人員應有的態度。課程包括比賽通則、體育安全、比賽程序、體育精神及各項工作人員的崗位。

### 游泳管理訓練課程

日期：2022 年 9 月 10 日（星期六）

時間：上午 11 時至中午 12 時

## 6. 講者

義工服務基礎訓練課程由香港仔坊會代表擔任主講。

## 7. 服務時期

學生志願者將根據提名的意願協助中學校際比賽擔任輔助裁判工作。

中學校際游泳比賽：2022 年 9 月至 11 月

## 8. 學生志願者制服

為使志願者能展示此計劃之形象予公眾人仕及能讓學生志願者以參加此計劃為榮，是次計劃將給予各學生志願者一套指定制服，包括開領短袖衫和風褸各一件以增強其身為中銀香港學界體育志願者的歸屬感。

## 9. 嘉許典禮

完成課程及服務之學生將會被邀請出席嘉許典禮。詳情將稍後公佈。